

# Carbon monoxide inhibits the anticoagulant activity of phospholipase A<sub>2</sub> purified from *Crotalus adamanteus* venom

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#### Abstract

Snake venom contains a myriad of classes of enzyme which have been investigated for medicinal and toxinological purposes, including phospholipase  $A_2$  (PLA<sub>2</sub>), which is responsible for anticoagulant, myotoxic and neurotoxic effects. Given the importance of PLA<sub>2</sub>, the purposes of the present investigation were to characterize the coagulation kinetic behavior of a PLA<sub>2</sub> purified from *Crotalus adamanteus* venom (Ca-PLA<sub>2</sub>) in human plasma with thrombelastography and determine if carbon monoxide could inhibit its activity. Coagulation kinetics were determined in human plasma with a range of Ca-PLA<sub>2</sub> activity (0–2 U/ml) via thrombelastography. Then, using carbon monoxide releasing molecule-2 or its inactivated molecule (0 or 100  $\mu$ M), the vulnerability of Ca-PLA<sub>2</sub> activity to carbon monoxide mediated inhibition was assessed. Lastly, the inhibitory response of Ca-PLA<sub>2</sub> activity to exposure to carbon monoxide releasing molecule-2 (0–100  $\mu$ M) was determined. Ca-PLA<sub>2</sub> activity degraded the velocity of clot growth and clot strength in an activity dependent, exponential manner. Carbon monoxide inhibited Ca-PLA<sub>2</sub> activity in a concentration dependent fashion, with loss of detectable activity at 100  $\mu$ M of carbon monoxide releasing molecule-2. These findings, while preliminary, open the possibility that other PLA<sub>2</sub> contained in snake venom with multiple toxicities (e.g., myotoxin, neurotoxin) may be heme bearing and CO-inhibitable, which have profound potential basic and clinical science implications.

Keywords Carbon monoxide  $\cdot$  Phospholipase  $A_2 \cdot$  Thrombelastography  $\cdot$  Anticoagulation

# Highlights

- Snake venom phospholipase A<sub>2</sub> enzymes (PLA<sub>2</sub>) play key roles in inflammation and toxicity.
- PLA<sub>2</sub> are involved in processes such as local tissue destruction and neuromuscular blockade causing respiratory arrest.
- Using thrombelastography, it was demonstrated that carbon monoxide inhibited a PLA<sub>2</sub> derived from the Eastern diamondback rattlesnake.
- Vulnerability to carbon monoxide inhibition is the sine qua non of heme bearing enzymes.

Vance G. Nielsen vgnielsen333@gmail.com • If these preliminary observations are broadly applicable, then they have profound potential implications concerning the investigation and management of PLA<sub>2</sub> toxicity.

# Introduction

Snake venom contains a myriad of hemostatically active enzymes and proteins which have been investigated for medicinal and toxinological purposes [1]. These proteins may be procoagulant in nature, directly or indirectly activating thrombin or via thrombin-like activity; conversely, venom can contain proteins that inflict an anticoagulant effect by inhibiting platelet activity, destroying coagulation proteins, or degrading lipids critical to thrombin generation [1]. One particularly important type of snake venom enzyme is phospholipase  $A_2$  (PLA<sub>2</sub>), which is responsible for anticoagulant, myotoxic and neurotoxic effects [2]. PLA<sub>2</sub> are calcium-dependent and hydrolyze glycerophospholipids at the sn-2 position of the glycerol backbone, freeing fatty acids and lysophospholipids [2], such as those found in plasma

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phospholipids that are critical to coagulation [3, 4]. Taken as a whole, while  $PLA_2$  are typically site-directed in mediating their whole organism toxicity, they can affect plasmatic coagulation by destroying circulating phospholipids in vitro and in vivo.

As an example of such snake venom PLA<sub>2</sub> activity effects, an isolated, purified protein from Naja sputatrix was demonstrated to be anticoagulant in nature in platelet poor rabbit plasma four decades ago [5]. However, the anticoagulant activity was demonstrated with a crude kaolin-cephalin clotting time method that provided little insight into PLA<sub>2</sub> mediated effects on coagulation [5]. Of interest, our laboratory has demonstrated with thrombelastographic methods that four diverse Naja species venoms possessed activity that is anticoagulant and carbon monoxide (CO) inhibitable [6, 7]. During the conduct of these investigations [6, 7] it was posited that the Naja species' venoms exerted their anticoagulant effects via snake venom metalloproteinase (SVMP) or serine protease (SVSP) activity as the thrombelastographic pattern was similar to that seen after exposure of plasma to venom derived from vipers with fibrinogenolytic SVMP/ SVSP [8, 9]. However, proteomic analyses of the Naja species' venoms we assessed via thrombelastography [6, 7] have been demonstrated to have up to ten-fold more PLA<sub>2</sub> activity than SVMP/SVSP activity [10-12]. Given that it has been demonstrated that a purified, isolated SVMP that was fibrinogenolytic was further determined to be heme bearing and CO inhibitable [13], it may also be possible that  $PLA_2$  activity may have been inhibited by CO in Naja species venom by a similar mechanism given the degree of whole venom activity inhibition [6, 7]. In summary, another class of snake venom enzyme, PLA<sub>2</sub>, may be inhibited by CO.

The goals of the present investigation were to characterize the coagulation kinetic behavior of a purified snake venom  $PLA_2$  in human plasma with thrombelastography and determine if CO could inhibit its activity. As a secondary goal, the inhibitory effects of the  $PLA_2$  activity inhibitor, quinacrine [14–16], was assessed in this system to potentially assist in the isolation of activity from SVMP/SVSP mediated effects in future investigations with venom containing multiple enzyme classes [10–12]. To achieve these goals a commercially available, well-characterized  $PLA_2$ derived from the venom of the Eastern diamondback rattlesnake (*Crotalus adamanteus*) that inflicts tissue edema was selected [17–19].

### **Materials and methods**

#### Human plasma and chemicals

Pooled normal human plasma anticoagulated with sodium citrate (nine parts blood to one part 0.105M sodium

citrate) was obtained from George King Bio-Medical, Overland Park, KS, USA and stored at - 80 °C. Calcium-free phosphate buffered saline (PBS), tricarbonyldichlororuthenium (II) dimer (CORM-2, a CO releasing molecule), dimethyl sulfoxide (DMSO) and quinacrine dihydrochloride, were obtained from Sigma-Aldrich, St. Louis, MO, USA. Calcium chloride was obtained from Haemonetics Inc., Braintree, MA, USA. One milligram of purified, dialyzed, lyophilized PLA<sub>2</sub> derived from C. adamanteus venom (hereafter referred to as Ca-PLA<sub>2</sub>) was obtained form from Worthington Biochemical Corporation, Lakewood, NJ, USA. The specific activity of this preparation was 510 U/mg protein, with a unit liberating 1 µmole of acid from soybean lecithin per minute at 25 °C and pH 8.9. Ca-PLA<sub>2</sub> was dissolved into PBS for a final activity of 0.5 U/µl, aliquoted and stored at -80 °C.

# Thrombelastographic analyses of human plasma coagulation kinetics

Plasma was rapidly thawed in a water bath at 37 °C just prior to experimentation. One milliliter samples of plasma had a 1% addition of subsequently described Ca-PLA<sub>2</sub> mixtures prior to analysis. The sample was immediately placed into three disposable cups (320 µl per cup) with addition of 20 µl PBS in a computer-controlled thrombelastograph® hemostasis system (Model 5000, Haemonetics Inc., Braintree, MA, USA) and then 20 µl of CaCl<sub>2</sub> was added to commence contact activation of coagulation (from the plastic surfaces), with the sample mixed by raising the cup over the plastic pin five times. As it was anticipated that Ca-PLA<sub>2</sub> was an anticoagulant enzyme, data was collected for 30 min at 37 °C. The following elastic modulus-based parameters previously described [6–9] were determined: time to maximum rate of thrombus generation (TMRTG): this is the time interval (minutes) observed prior to maximum speed of clot growth; maximum rate of thrombus generation (MRTG): this is the maximum velocity of clot growth observed (dynes/cm<sup>2</sup>/s); and total thrombus generation (TTG, dynes/cm<sup>2</sup>), the final viscoelastic resistance observed after clot formation.

# Activity-response association of Ca-PLA<sub>2</sub> activity and plasma coagulation kinetics

Ca-PLA<sub>2</sub> was diluted in PBS so that the addition of 10  $\mu$ l of the mixture to 1 ml of plasma would result in a final concentration of 0, 0.25, 0.5, 1.0 or 2.0 U/ml. Each Ca-PLA<sub>2</sub> activity was tested in triplicate (1 ml preparation previously described divided into three individual thrombelastographic channels).

Based on the results of the aforementioned experiments, an activity of 0.5 U/ml was chosen for experimentation involving exposure of Ca-PLA<sub>2</sub> to CO via CORM-2. Solutions were made with the ratio of 1  $\mu$ l of Ca-PLA<sub>2</sub> (0.5 U) being diluted in 9  $\mu$ l of PBS containing 1% DMSO, CORM-2 or inactivated CORM-2 (iRM). CORM-2 was inactivated as previously presented [6–9]. These solutions were then incubated for 5 min at room temperature prior to being placed in plasma. Therefore, the experimental conditions were: (1) PBS without Ca-PLA<sub>2</sub> (0.5 U) and 100  $\mu$ M CORM-2; (4) PBS with Ca-PLA<sub>2</sub> (0.5 U) and 100  $\mu$ M iRM. Each condition was represented with six replicates composed of individual samples with all constituents placed sequentially into the thrombelastographic cup.

# Activity-response association of Ca-PLA<sub>2</sub> activity over a range of CORM-2 concentrations

Solutions were made with the ratio of 1  $\mu$ l of Ca-PLA<sub>2</sub> (0.5 U) being diluted in 9  $\mu$ l of PBS containing 1% DMSO/ CORM-2 with a final concentration of 0, 25, 50, 75 or 100  $\mu$ M CORM-2. This mixture was incubated at room temperature for 5 min prior to placement into plasma and subsequent thrombelastographic analysis. Each concentration of CORM-2 was represented in triplicate as separate plasma samples within the thrombelastographic cup with Ca-PLA<sub>2</sub> solutions added.

#### Effects of quinacrine on Ca-PLA<sub>2</sub> activity in plasma

Quinacrine has been demonstrated to inhibit PLA2 from various venoms in a range of 10  $\mu$ M–2 mM [14–16] in in vitro and in vivo settings. Thus, a middle range concentration was chosen so the final concentration of quinacrine in plasma with a 1% (v/v) addition would be 100  $\mu$ M for experimentation. Solutions were made with the ratio of 1  $\mu$ l of Ca-PLA<sub>2</sub> (0.5 U) being diluted in 9  $\mu$ l of PBS containing 0–10 mM quinacrine and incubated for 5 min at room temperature prior to placement in plasma. Given the aforementioned, the experimental conditions were: 1) PBS without Ca-PLA<sub>2</sub>; 2) PBS with Ca-PLA<sub>2</sub> (0.5 U); 3) PBS with quinacrine 10 mM; 4) PBS with Ca-PLA<sub>2</sub> (0.5 U) and quinacrine 10 mM. Each condition was represented with six replicates composed of individual samples with all constituents placed sequentially into the thrombelastographic cup.

#### Statistical analyses

Data are presented as raw data or mean  $\pm$  SD. Graphics depicting raw coagulation kinetic data were generated with commercially available programs (OrigenPro 2017, OrigenLab Corporation, Northampton, MA, USA; Corel-DRAW X8, Corel Corporation, Mountain View, CA, USA). Modeling of the association between coagulation kinetic parameter values and copper concentration was performed with one of these programs as well (OrigenPro 2017). A commercially available statistical program was used for oneway analysis of variance followed by Holm-Sidak post hoc analysis to assess the effects of CORM-2 or quinacrine on Ca-PLA<sub>2</sub> activity (SigmaStat 3.1, Systat Software, Inc., San Jose, CA, USA). P < 0.05 was considered significant.

## Results

### Activity-response association of Ca-PLA<sub>2</sub> activity and plasma coagulation kinetics

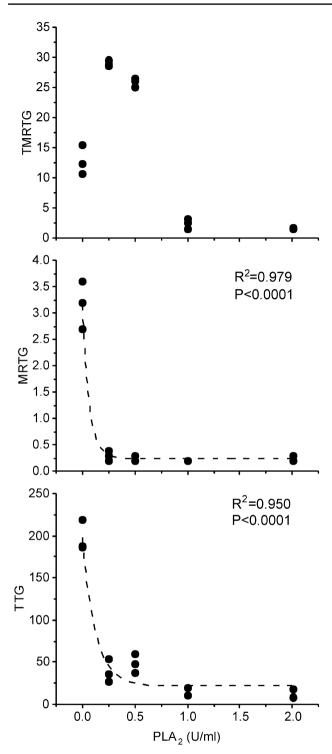
The data generated by these experiments are depicted in Fig. 1. With regard to TMRTG, there was a biphasic response as Ca-PLA<sub>2</sub> activity increased with 0.25 and 0.5 U/ml activities associated with an increase in TMRTG values followed by a rapid decrease in plasma exposed to 1.0 and 2.0 U/ml. In contrast, both MRTG and TTG values decreased in exponential decay patterns with increasing Ca-PLA<sub>2</sub> activity. Given these activity-coagulation kinetic results, all subsequent experimentation was performed with a maximum Ca-PLA<sub>2</sub> activity of 0.5 U/ml.

#### Effects of CORM-2 on Ca-PLA<sub>2</sub> activity in plasma

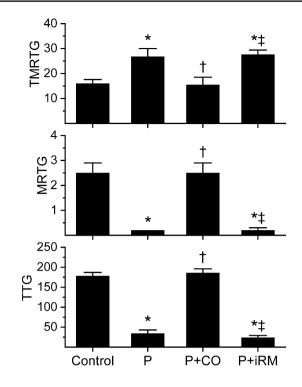
These results are displayed in Fig. 2. Compared to plasma without active additives, plasma with Ca-PLA<sub>2</sub> activity demonstrated significantly greater TMRTG values and significantly smaller MRTG and TTG values. Exposure of Ca-PLA<sub>2</sub> activity to CORM-2 restored coagulation kinetic parameter values to those observed in plasma without active additives and significantly different from samples with Ca-PLA<sub>2</sub> activity without CORM-2 exposure. Lastly, in plasma with addition of Ca-PLA<sub>2</sub> activity exposed to iRM, coagulation kinetic parameters were compromised to the same extent as samples only exposed to Ca-PLA<sub>2</sub> activity and significantly different from the other two conditions.

# Activity-response association of Ca-PLA<sub>2</sub> activity over a range of CORM-2 concentrations

Figure 3 contains the results of these experiments. Exposure of Ca-PLA<sub>2</sub> activity to CORM-2 resulted in a concentration-dependent decrease in the effects of Ca-PLA<sub>2</sub> activity on plasmatic coagulation kinetics. There was a linear decrease in TMRTG values with increasing concentrations of CORM-2; an exponential increase in MRTG values with increasing



**Fig. 1** Effects of Ca-PLA<sub>2</sub> activity (0–2 U/ml) on plasmatic coagulation kinetics. Each concentration of Ca-PLA<sub>2</sub> was represented by n=3 replicates. *TMRTG* time to maximum rate of thrombus generation (min); *MRTG* maximum rate of thrombus generation (dynes/cm<sup>2</sup>/s); *TTG* total thrombus generation (dynes/cm<sup>2</sup>). The equations for the association of Ca-PLA<sub>2</sub> activity on each coagulation kinetic parameter was modeled and depicted as a dashed line, with the coefficient of determination (R<sup>2</sup>) and level of significance indicated. There was no equation generated for TMRTG secondary to its activity dependent, biphasic response. The equations for the associations of the other two parameters are as follows: MRTG (dynes/cm<sup>2</sup>/s)=2.93e<sup>(-Ca-PLA<sub>2</sub></sup> U<sup>ml/0.066)</sup>+0.233; TTG (dynes/cm<sup>2</sup>)=176e<sup>(-Ca-PLA<sub>2</sub></sup> U<sup>ml/0.126)</sup>+22

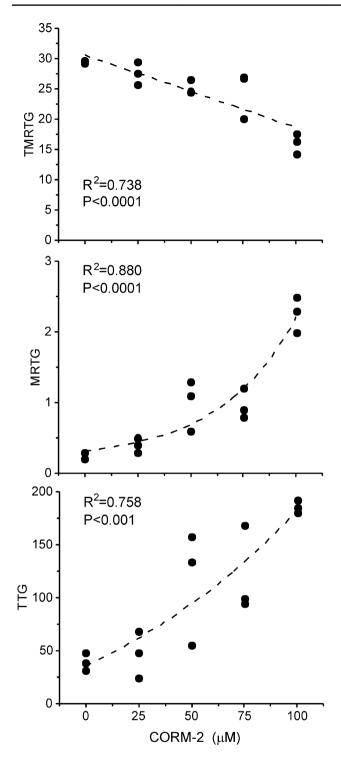


**Fig. 2** Effects of exposure to CORM-2 and iRM on Ca-PLA<sub>2</sub> activity mediated changes in plasmatic coagulation kinetics. Data are displayed as mean±SD. Each experimental condition was represented by n=6 replicates. *TMRTG* time to maximum rate of thrombus generation (min); *MRTG* maximum rate of thrombus generation (dynes/cm<sup>2</sup>/s); *TTG* total thrombus generation (dynes/cm<sup>2</sup>). Control=plasma without active additives; P=0.5 U/ml Ca-PLA<sub>2</sub> activity; P+CO=0.5 U/ml Ca-PLA<sub>2</sub> activity exposed to 100  $\mu$ M CORM-2; P+iRM=0.5 U/ml Ca-PLA<sub>2</sub> activity exposed to 100  $\mu$ M inactivated CORM-2. \*P<0.05 versus control; <sup>†</sup>P<0.05 versus P; <sup>‡</sup>P<0.05 versus P+CO

concentrations of CORM-2; and, an exponential increase in TTG values with increasing concentrations of CORM-2.

#### Effects of Quinacrine on Ca-PLA<sub>2</sub> activity in plasma

The data generated by these experiments can be found in Fig. 4, and the experiments performed in this series utilized a lot of pooled normal plasma different from the preceding experiments. Exposure of Ca-PLA<sub>2</sub> activity to quinacrine had no significant effect on the degradation of plasmatic coagulation kinetics. Critically, plasma exposed to quinacrine alone demonstrated significantly increased TMRTG values, decreased MRTG values and decreased TTG values compared to plasma samples without any active additives.



**Fig. 3** Effects of increasing CORM-2 concentration (0-100  $\mu$ M) exposure on Ca-PLA<sub>2</sub> activity (0.5 U/ml) on plasmatic coagulation kinetics. Each concentration of CORM-2 was represented by n=3 replicates. *TMRTG* time to maximum rate of thrombus generation (min); *MRTG* maximum rate of thrombus generation (dynes/cm<sup>2</sup>/s); *TTG* total thrombus generation (dynes/cm<sup>2</sup>). The equations for the association of CORM-2 concentration on Ca-PLA<sub>2</sub> activity mediated changes of each coagulation parameter was modeled and depicted as a dashed line, with the coefficient of determination (R<sup>2</sup>) and level of significance indicated. The equations for the associations of are as follows: TMRTG (min)=30.6-[0.200 (Ca-PLA<sub>2</sub> U/ml)]; MRTG (dynes/cm<sup>2</sup>/s)=0.126e<sup>(Ca-PLA<sub>2</sub></sup> U/ml/36.0) + 0.189; TTG (dynes/cm<sup>2</sup>)=116e<sup>(Ca-PLA<sub>2</sub></sup> U/ml/122) - 80

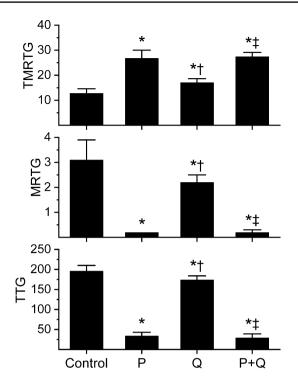


Fig. 4 Effects of exposure to quinacrine (100  $\mu$ M) on Ca-PLA<sub>2</sub> activity mediated changes in plasmatic coagulation kinetics. Data are displayed as mean  $\pm$  SD. Each experimental condition was represented by n=6 replicates. *TMRTG* time to maximum rate of thrombus generation (min); *MRTG* maximum rate of thrombus generation (dynes/cm<sup>2</sup>/s); *TTG* total thrombus generation (dynes/cm<sup>2</sup>). Control=plasma without active additives; P=0.5 U/ml Ca-PLA<sub>2</sub> activity; Q=100  $\mu$ M quinacrine; P+Q=0.5 U/ml Ca-PLA<sub>2</sub> activity with 100  $\mu$ M quinacrine. \*P<0.05 versus control; <sup>†</sup>P<0.05 versus Q

## Discussion

The primary findings of this study were that Ca-PLA<sub>2</sub> acted as an anticoagulant in human plasma in this thrombelastographic system, the anticoagulant effect was Ca-PLA<sub>2</sub> activity-dependent, and Ca-PLA<sub>2</sub> activity was inhibitable in a CO concentration-dependent manner. This apparent in vitro anticoagulant effect of Ca-PLA<sub>2</sub> in human plasma is distinctly different from its known in vivo properties of inflicting paw swelling in mice [19]. C. adamanteus venom is a known defibrinogenating agent with a complex proteome [20], and our laboratory confirmed with thrombelastography that the predominant coagulation kinetic profile of this venom in human plasma was consistent with a previously characterized SVSP with thrombin-like activity that was inhibited by CO [21]. Considered as a whole, these data support the concept that thrombelastographic assessments of snake venom PLA<sub>2</sub> activity can be determined independent of the typical in vivo site of action (e.g., local tissue destruction, neuromuscular junction inhibition) via PLA<sub>2</sub> mediated catalysis of plasmatic phospholipases critical to coagulation kinetics. If this paradigm is supported by similar results with diverse  $PLA_2$  activities, it may be possible to assess the effects of inhibitors, such as CO, on myotoxin and neurotoxin activities (as lipases) via in vitro thrombelastographic assessments, complementing in vivo assessments of tissue injury and neurotoxicity in animal models.

Quinacrine exposure had no important effect on Ca-PLA<sub>2</sub> activity at concentrations of quinacrine that significantly diminished normal plasmatic coagulation kinetics (Fig. 4). The reason for such failure to inhibit Ca-PLA<sub>2</sub> activity may be that this particular enzyme is not sensitive to quinacrine inhibition in contrast to the snake venom enzymes demonstrated to [14–16] be inhibited. Another possibility is that the concentration of quinacrine required to inhibit Ca-PLA<sub>2</sub> activity may be far greater than 100 µM; however, the concentration of quinacrine required to inhibit Ca-PLA<sub>2</sub> activity may inhibit plasmatic coagulation to the point that assessments with thrombelastography are not possible. In sum, while quinacrine inhibition may be worthwhile as a diagnostic method to detect PLA<sub>2</sub> activity in snake venom or modulate other PLA2 activity in other settings, detection of inhibition of Ca-PLA2 activity with human plasmatic coagulation kinetics is likely not possible.

The biphasic effect of Ca-PLA<sub>2</sub> activity on TMRTG (Fig. 1) is difficult to explain, where in at the greatest Ca-PLA<sub>2</sub> activities TMRTG values decreased far below values obtained from plasma without any active additives. The thrombi formed in the presence of large Ca-PLA<sub>2</sub> activities commenced coagulation very quickly, but were still very slow growing and very weak. The vast majority of citations demonstrate anticoagulant, not procoagulant properties of PLA<sub>2</sub> activity in plasmatic milieus with only one except that I could identify. A unique PLA<sub>2</sub> isolated from the venom of Gloydius ussuriensis demonstrated thrombin-like activity [22], initiating coagulation rapidly in an activity-dependent manner without engagement of factor XIII, which would be predicted to affect TMRTG values in a fashion similar to that seen with 1-2 U/ml Ca-PLA<sub>2</sub> activity displayed in Fig. 1. Therefore, based on known PLA<sub>2</sub> effects, it may be possible that Ca-PLA<sub>2</sub> may have latent thrombin-like activity resulting in fibrinogen polymerization that is independent of plasma phospholipid concentrations in addition to its known phospholipase activity. While interesting, this particular finding and its potential implications are beyond the scope of the present work and should be a subject of future investigation.

In conclusion, the present work documents the first in vitro characterization of a  $PLA_2$  activity in human plasma with thrombelastography. Further, this  $PLA_2$  was demonstrated to be CO-inhibitable, strongly supporting that it is heme bearing and heme modulated as seen with a purified SVMP [13]. These findings, while preliminary, open the possibility that other  $PLA_2$  contained in snake venom with multiple toxicities (e.g., myotoxin, neurotoxin) may be heme bearing and CO-inhibitable, which have profound potential basic and clinical science implications. It has already been demonstrated in vivo with a rabbit model of envenomation that CO inhibits the anticoagulant effects of the SVMP-rich, fibrinogenolytic venom of *Crotalus atrox* [23]; inhibition of neurotoxic venom by the same mechanism could be lifesaving. Further, I have posited in several works that CO delivered by various releasing molecules into the bite site may serve as a way to delay coagulopathy prior to antivenom administration [6–9, 21]. In conclusion, the present work may serve as the rational basis for future in vitro and in vivo investigation to determine if PLA<sub>2</sub> with various effects are CO-inhibitable.

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#### **Compliance with ethical standards**

**Conflict of interest** The author declares that he has no conflict of interest.

Ethical approval This was an in vitro investigation and did not involve any living subjects.

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