

Comparison of cost-effectiveness of anticoagulation with dabigatran, rivaroxaban and apixaban in patients with non-valvular atrial fibrillation across countries

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Abstract We did a cost-utility analysis for the new oral anticoagulants (NOACs) in the German population based on the quality-adjusted life years (QALY), total costs, and incremental cost-effectiveness ratios (ICER). The aim of our investigation was to examine cost-utility for current German drug market costs and compared to other countries. Outcome data were taken from dabigatran's RE-LY, rivaroxaban's ROCKET AF, and apixaban's ARISTOTLE trials. A Markov decision model, the Monte Carlo simulation (MCS), and further sensitivity analyses were used to simulate comparisons between NOACs over a follow up period of 20 years. The main perspective used for the analyses is from a German public health care insurance perspective. The base-case analyses of a 65 years old

person with a CHADS2 score >1 resulted in 7.56–7.64 QALYs gained for warfarin. NOACs added 0.04–0.19 QALYs. Total costs for warfarin ranged from 7622 to 9069€ and for NOACs from 19537 to 20048€. The sensitivity analysis indicated that current German market costs for the NOACs exceed a willingness-to-pay threshold of (hypothetical) 50000€/QALY in all treatment regimen. The MCS showed willingness-to-pay thresholds from 60500€/QALY for apixaban to 278000€/QALY for dabigatran 110 mg bid, with values for dabigatran 150 mg bid and rivaroxaban in between. In conclusion, from a German public health care insurance perspective current market costs are high in relation to the quality of life gained. These results from clinical studies (efficacy) remain to be confirmed under real life conditions (effectiveness).

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Introduction

The demographic change with an increase of the proportion of the elderly leads to an increased incidence and prevalence of atrial fibrillation. The annual incidence of stroke in patients with atrial fibrillation (NVAf) who are not receiving antithrombotic therapy is 4.5 % [1, 2]. Patients with NVAf and two risk factors for stroke (CHADS2-score) have to undergo antithrombotic therapy which has proven beneficial and clinically relevant endpoint effects on stroke, mortality and quality of life [3]. For NVAf patients with a CHADS2-Score of two or above, major international and national clinical guidelines recommend long-term anticoagulation with vitamin K antagonists

adjusted to an international normalized ratio (INR) target of 2.0–3.0 or new oral anticoagulants (NOAC) [4–8].

Disadvantages of warfarin include a genetic determination of the metabolism, narrow therapeutic window, wide inter- and intra-individual variability of the dose-effect relation, drug- and food-interactions; thus its clinical use is difficult and frequent INR monitoring and dose adjustments are mandatory [9–12]. Over- or under-anticoagulation may lead to serious bleeding or increased risk of embolic events [13, 14]. In clinical practice the time spend in therapeutic INR range is about 60 % lower than in an clinical trial setting due to the lack of protocol-driven management [15, 16].

NOACs (dabigatran etexilate, rivaroxaban and apixaban) have proven to be superior or at least equivalent for stroke prevention and occurrence of severe bleeding complications in patients with non-valvular atrial fibrillation (NVAF) compared to dose-adjusted warfarin. In the RE-LY trial 110 mg bid dabigatran was non-inferior and 150 mg bid dabigatran was superior to dose-adjusted warfarin for prevention of stroke and systemic embolism and both doses resulted in less cerebral bleeding [17]. In the double blind ROCKET AF trial [18] patients on rivaroxaban 20 mg od had reduced rates of stroke and systemic embolism and comparable major bleeding incidences compared to warfarin [19]. In the double blind ARISTOTLE trial [20] apixaban was associated with lower rates of strokes and major bleeding and reduced mortality in comparison to warfarin [21]. A total of four independent network meta-analyses demonstrated differences for the efficacy and safety of the four NOAC treatment regimens across the studies (for review see [22]). Similar differences may be identified for the pharmacoeconomic effects of the four NOAC treatment regimes using the same body of trial information.

The main restriction for prescribing NOACs is their higher daily costs compared to warfarin. However, from a health care insurance perspective the NOACs would be beneficial, if the insurance is prepared to pay defined additional costs for the benefit of the NOACs. Recent publications addressed the pharmacoeconomic aspects of dabigatran in the US [23], Canada [24], England [25, 26], Denmark [27], and Sweden [28], and of rivaroxaban in the US [29]. Dabigatran 150 mg bid, rivaroxaban and apixaban were analysed for the cost-effectiveness in US [30]. In this study we also include dabigatran 110 mg bid in addition to these three treatment options to cover a broader spectrum of the cost-effectiveness assessment in Germany. Our aim was to scientifically challenge the general assumption that retail costs for the NOACs in Germany may not be cost-effective. For this, quality-adjusted live years (QALYs), total costs (one time costs for events, rehabilitation costs for inpatient and ambulant care, inpatient medical

treatment costs, daily costs for drugs) and incremental cost-effectiveness ratio (ICER) based on the data of the three large studies were analysed and compared.

Methods

Markov decision model and data sources

We used four structural identical, but different for input parameters, Markov decision models to compare 5 treatment options for the prevention of stroke in patients with NVAF [31, 32]. These treatments were dose-adjusted warfarin versus dabigatran 110 and 150 mg bid (RE-LY study [17]), warfarin versus rivaroxaban 20 mg od (ROCKET AF trial [19]) and warfarin versus apixaban 5 mg bid (ARISTOTLE trial [21]). The following health states and outcome events were included: healthy with NVAF, transient ischemic attack, ischemic stroke (fatal, moderate to severe, mild), hemorrhage (fatal, moderate to severe intracranial, mild intracranial, major non-cerebral, minor non-cerebral), myocardial infarction (MI), recurrent and combined events, and death (Fig. 1). We extracted or calculated the mortality rates (death from vascular cause and death from any other cause) from the clinical trials [17, 19, 21] and published mortality tables for the German population [33]. Definitions of these events were taken from the clinical studies [17, 19, 21]. Event probabilities were not included if they were not reported consistently across the studies (systemic embolism, pulmonary embolism, hemorrhagic stroke, bleeding in other location) (Tables 1, 2, 3, 4).

The base case population was a hypothetical cohort of patients with the starting age of 65 years with NVAF who were at increased risk for stroke (CHADS2-score > 1) and had no contraindications to anticoagulation, in accordance with the study data [17, 19, 21]. Our results were expressed in QALY, 2012 euro, and incremental cost-effectiveness ratios (ICER; total costs (€, NOAC)-total costs (€, warfarin)/QALY (NOAC)-QALY/warfarin)). We applied utilities and costs to each outcome yearly or event driven, and discounted costs and benefits at 5 % annually [34, 35]. A half cycle correction was done for each model, using a cycle length of 1 year. We quantified QALYs, risk for adverse events, and net cost for a time horizon of 20 years for the German population [36]. Our perspective is from a German public health care insurance.

Probability of adverse outcome events and of endpoints

The 95 % confidence intervals (CIs) for the RE-LY, ROCKET AF and ARISTOTLE studies were calculated from the published data [17, 19, 21] and were found to be

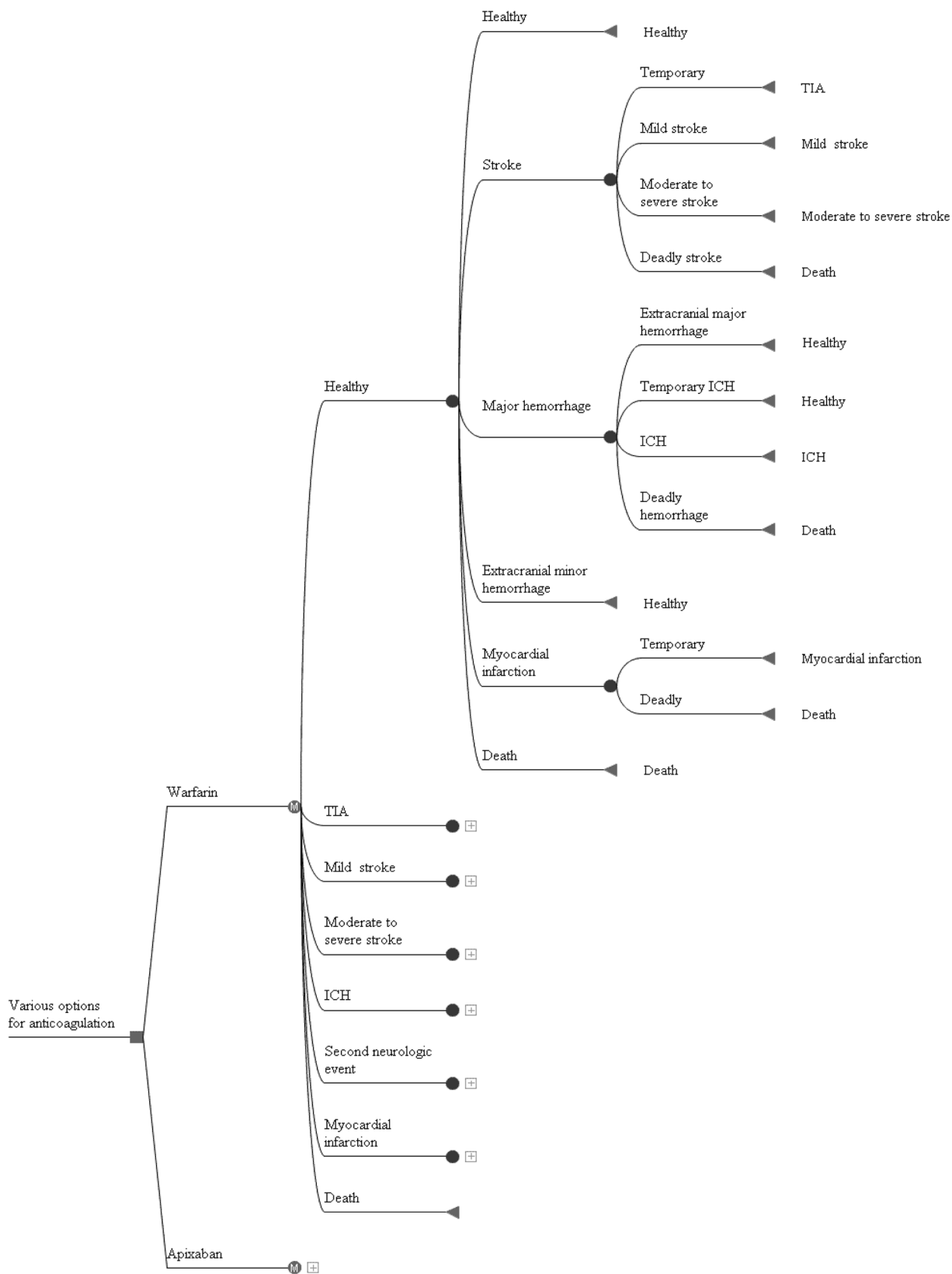


Fig. 1 Outline of the Markov Model for data of the RE-LY, ROCKET AF, and ARISTOTLE studies. Here “Apixaban” is given as an example for each Markov Model used for every NOAC. *ICH* intracerebral hemorrhage, *TIA* transient ischemic attack

Table 1 Base-case values and ranges used in sensitivity analyses for dabigatran 110 mg bid

Variable	Base-case value (Range)	Reference
Stroke		
Annual rate of ischemic stroke (%)		
NOAC	1.34 (1.13–1.55)	[17]
Warfarin	1.2 (1.00–1.40)	[17]
Ischemic strokes with warfarin or NOAC (%)		
Fatal (within 30d)	8.20 (5.50–10.90)	[23, 42]
Moderate to severe neurologic sequelae	40.20 (35.30–45.10)	[23, 42]
Mild neurologic sequelae	42.50 (37.60–47.40)	[23, 42]
No residual neurologic sequelae	9.10 (6.20–12.00)	[23, 42]
Hemorrhage		
Annual rate of ICH (%)		
NOAC	0.23 (0.14–0.32)	[17]
Warfarin	0.74 (0.58–0.90)	[17]
Annual rate of extracranial hemorrhage (%)		
NOAC	2.51 (2.23–2.79)	[17]
Warfarin	2.67 (2.38–2.96)	[17]
Annual rate of major hemorrhage (%)		
NOAC	2.71 (2.41–3.01)	[17]
Warfarin	3.36 (3.03–3.69)	[17]
Annual rate of minor hemorrhage (%)		
NOAC	13.20 (12.51–13.81)	[17]
Warfarin	16.40 (15.64–17.10)	[17]
Myocardial infarction		
Annual rate of myocardial infarction (%)		
NOAC	0.72 (0.57–0.87)	[17]
Warfarin	0.53 (0.40–0.66)	[17]
Death		
Age at start (years)	65	Assumption
Death of cardio-vascular cause (%/yr)		
NOAC	2.43 (2.15–2.71)	[17]
Warfarin	2.69 (2.39–2.99)	[17]
Death of other than cardiovascular or of unknown cause (%/yr)	Age adjusted from mortality tables (see reference)	[33]
Quality of life estimates (utility)		
NOAC	0.994 (0.975–1.00)	[23, 37, 41, 42]
Warfarin	0.987 (0.953–1.00)	[23, 41, 42]
Neurological sequelae		
Mild	0.87 (0.00–1.00)	[45]
Moderate	0.68 (0.00–1.00)	[45]
Serious	0.52 (0.00–1.00)	[45]
Recurrent event	0.12 (0.00–1.00)	[37]
Myocardial infarction	0.5 (0.00–1.00)	Assumption [23, 44]
Hemorrhage		
Major hemorrhage	0.85 (0.00–1.00)	Assumption [23, 43, 46]
Minor hemorrhage	0.95 (0.00–1.00)	[23, 42]
Costs		
Daily cost of medicine (euro)		
NOAC	3.38 (1.00–5.00)	[50]
Warfarin	0.20 (0.10–1.00)	[50]
Costs per INR determination	0.64 (0.46–0.79)	Assumption
One-time costs of neurologic event (stroke or intracranial hemorrhage) (euro)		
Serious	7000 (901–46558)	[38]

Table 1 continued

Variable	Base-case value (Range)	Reference
Moderate	4233 (901–46558)	[38]
Mild	3942 (2014–4233)	[38]
One-time costs for myocardial infarction (euro)	10000 (2743–48023)	[38]
One-time costs for hemorrhage (euro)		
Major hemorrhage	2500 (891–5415)	[47]
Minor hemorrhage	50 (0.00–100)	Assumption
Rehabilitation costs (euro)		
Annual ambulant rehabilitation costs	2300 (1800–2800)	[59]
Inpatient rehabilitation costs per patient	8000 (2000–14000)	[59]
Annual costs for further medical treatment	2900 (2300–4000)	[59]
Costs in case of death (euro)	2500	[38]
Discounting (%)	5 (0–10)	[34, 35, 48]

identical, in case of dabigatran, as published by Freeman et al. [23].

Intention to treat values for ischemic stroke, myocardial infarction, death from cardio-vascular cause and death from non-vascular cause were taken from the RE-LY [17], ROCKET AF [19] and ARISTOTLE trials [21]. The on-treatment values (OT) were also taken for bleeding events (minor bleeding, major bleeding and ICH) [17, 19, 21]. These data were used for further calculations in the sensitivity analyses.

Severity of stroke and hemorrhage

Ischemic stroke was classified into four categories: fatal, moderate to severe, mild, and no neurologic deficit. This kind of classification was also used by Freeman et al. [23]. We assumed that a second mild ischemic stroke resulted in a moderate to severe ischemic stroke or death and that a second moderate stroke resulted in a severe ischemic stroke, reduced life quality or death. This assumption is analogous to that published by Shah and Gage [37].

Hemorrhage was classified in five categories: fatal, ICH with moderate to severe neurologic sequelae, ICH with no neurological deficit, major extracerebral hemorrhage, and minor extracerebral hemorrhage. This is categorization combines those described by Shah and Gage [37] and Freeman et al. [23], and, thereby represents a novel approach. If a moderate to severe ischemic stroke occurred in one patient together with or following an ICH a moderate to severe neurologic outcome was anticipated. Each outcome was assigned to a different decrease of quality of life and different costs based on the German health care system (in Euro [38]).

Mortality rates

We extracted or calculated the mortality rates (death from vascular cause and death from any other cause) from the clinical trials and published data for each treatment option.

In detail the annual rates for death from vascular cause were 2.69 % for warfarin versus 2.43 % for dabigatran 110 mg (Table 1) and 2.28 % for dabigatran 150 mg (Table 2) [17]. Rates for warfarin versus rivaroxaban (Table 3) were 1.53 and 1.71 %, and for warfarin versus apixaban (Table 4) 2.02 and 1.80 % [19, 21].

The annual rates for death from any other cause were taken from published German mortality tables [33].

Quality of life utilities

To calculate quality-adjusted life years (QALY = survived life years adjusted for quality of live) [39]), we multiplied the time spent within a health state with the corresponding utility value. There was discounting for all utility values in our model [40]. We took the utility values for warfarin from data on patients with NVAf who underwent time trade-off and standard gamble methods to estimate their quality of life [23, 41]. A utility of “1” represents a completely healthy status and a utility of “0” represents death. The mean utility was 0.987 for warfarin, it was taken from published data [23, 41, 42]. To estimate the utilities for dabigatran, rivaroxaban and apixaban we used published estimates of utility for ximelagatran [23, 42]. This resulted in a utility of 0.994 for both doses of dabigatran; for our model it was assumed that these estimates were similar for rivaroxaban and apixaban [23, 42]. The utilities for the other diseases were taken from published data (Tables 1, 2, 3, 4) [23, 37, 41–46].

Costs for drugs and outcome events

Costs were expressed in Euro and reflected from the health care insurance perspective in Germany in 2012. The one-time costs for most events were taken from the Institute for payment regulations in German hospitals (Institut für Entgeltsystem im Krankenhaus, *InEK*) which included German-Diagnosis Related Groups (G-DRGs) [38]. Only the

Table 2 Base-case values and ranges used in sensitivity analyses for dabigatran 150 mg bid

Variable	Base-case value (Range)	Reference
Stroke		
Annual rate of ischemic stroke (%)		
NOAC	0.92 (0.75–1.09)	[17]
Warfarin	1.2 (1.00–1.40)	[17]
Ischemic strokes with warfarin or NOAC (%)		
Fatal (within 30d)	8.20 (5.50–10.90)	[23, 42]
Moderate to severe neurologic sequelae	40.20 (35.30–45.10)	[23, 42]
Mild neurologic sequelae	42.50 (37.60–47.40)	[23, 42]
No residual neurologic sequelae	9.10 (6.20–12.00)	[23, 42]
Hemorrhage		
Annual rate of ICH (%)		
NOAC	0.30 (0.20–0.40)	[17]
Warfarin	0.74 (0.58–0.90)	[17]
Annual rate of extracranial hemorrhage (%)		
NOAC	2.84 (2.54–3.14)	[17]
Warfarin	2.67 (2.38–2.96)	[17]
Annual rate of major hemorrhage (%)		
NOAC	3.11 (2.80–3.24)	[17]
Warfarin	3.36 (3.03–3.69)	[17]
Annual rate of minor hemorrhage (%)		
NOAC	14.80 (14.15–15.53)	[17]
Warfarin	16.40 (15.64–17.10)	[17]
Myocardial infarction		
Annual rate of myocardial infarction (%)		
NOAC	0.74 (0.59–0.89)	[17]
Warfarin	0.53 (0.40–0.66)	[17]
Death		
Age at start (years)	65	Assumption
Death of cardio-vascular cause (%/yr)		
NOAC	2.28 (2.01–2.55)	[17]
Warfarin	2.69 (2.39–2.99)	[17]
Death of other than cardiovascular or of unknown cause (%/yr)	Age adjusted from mortality tables (see reference)	[33]
Quality of life estimates (utility)		
NOAC	0.994 (0.975–1.00)	[23, 37, 41, 42]
Warfarin	0.987 (0.953–1.00)	[23, 41, 42]
Neurological sequelae		
Mild	0.87 (0.00–1.00)	[45]
Moderate	0.68 (0.00–1.00)	[45]
Serious	0.52 (0.00–1.00)	[45]
Recurrent event	0.12 (0.00–1.00)	[37]
Myocardial infarction	0.5 (0.00–1.00)	Assumption [23, 44]
Hemorrhage		
Major hemorrhage	0.85 (0.00–1.00)	Assumption [23, 43, 46]
Minor hemorrhage	0.95 (0.00–1.00)	[23, 42]
Costs		
Daily cost of medicine (euro)		
NOAC	3.38 (1.00–5.00)	[50]
Warfarin	0.20 (0.10–1.00)	[50]
Costs per INR determination	0.64 (0.46–0.79)	Assumption
One-time costs of neurologic event (stroke or intracranial hemorrhage) (euro)		
Serious	7000 (901–46558)	[38]

Table 2 continued

Variable	Base-case value (Range)	Reference
Moderate	4233 (901–46558)	[38]
Mild	3942 (2014–4233)	[38]
One-time costs for myocardial infarction (euro)	10000 (2743–48023)	[38]
One-time costs for hemorrhage (euro)		
Major hemorrhage	2500 (891–5415)	[47]
Minor hemorrhage	50 (0–100)	Assumption
Rehabilitation costs (euro)		
Annual ambulant rehabilitation costs	2300 (1800–2800)	[59]
Inpatient rehabilitation costs per patient	8000 (2000–14000)	[59]
Annual costs for further medical treatment	2900 (2300–4000)	[59]
Costs in case of death (euro)	2500	[38]
Discounting (%)	5 (0–10)	[34, 35, 48]

costs for bleeding events were taken from published literature because they are not included into the G-DRGs [47]. This analysis excluded indirect costs. We projected costs over a time horizon of 20 years for the German population [36]; future costs and life-years were discounted at 5 % (0 and 10 % in the sensitivity analyses) per year. Our discount rate was derived from the mean of common discount rates for better comparability between countries [34, 35, 48, 49]. Rehabilitation costs were used after ischemic strokes, ICH, and myocardial infarction, we assumed that other major bleedings were just temporally and did not need any rehabilitation.

We calculated 153€ as annual cost for warfarin therapy combining drug costs with average established patient office visits per year [50, 51] including a mean of three weeks as interval for INR measurements. The retail costs were taken from pharmacies and the “Red list” (German equivalent of “The Physicians’ Desk Reference Manual” in the US, for example) [50]. Cost ranges for the NOACs were set between less than the real-world retail costs and up to 5.00€ per day and for warfarin the costs ranges from 0.10€ per day up to 1.00€ per day. Additionally we calculated total costs for warfarin and NOAC groups, based on events from the three NOAC trials and on event costs according to the *InEK*. These entries were used to examine the cost-effectiveness of each NOAC, depending on the event probabilities from each trial (Tables 1, 2, 3, 4).

Sensitivity analyses

One-way sensitivity analyses of all variables were included in the decision models over their plausible ranges. Ranges for clinical events were derived from CI for event probabilities of the RE-LY, ROCKET AF, and ARISTOTLE trials [17, 19, 21]. Medication costs for warfarin/phenprocoumon ranged from 0.10 to 1.00€ per day [50, 51]. For the NOACs we evaluated a cost range from 1.00€ to a maximum of 5.00€ per day. Two-way sensitivity analyses were

performed for combinations of stroke and ICH using the values of warfarin.

These results were then compared with data from other countries [23–25, 27–30, 52, 53].

Subgroup analyses with different discount rates (0 and 10 %) were done to analyse the influence of discount rates on the model [40]. These analyses are shown in detail in the technical appendix.

Probabilistic sensitivity analysis

The Monte Carlo simulation (MCS) were made using random sampling and random distribution of variables for 10,000 times to simulate outcomes in probabilistic sensitivity analyses. Beta distribution of the event probabilities was assumed for the calculation except for sub-categories of stroke using dirichlet distribution as in published data for every model to ensure a better comparability [23]. We used dirichlet distribution to show how probable our sub-classification could occur. Utilities followed a beta-distribution. We were calculating the maximum and minimum range of costs for each adverse event based on the German *InEK* and we used gamma- and log normal distribution.

Statistical methods

The models and analyses were created with TreeAge Pro 2012 and Microsoft Excel 2003.

Results

Base-case analysis

Dabigatran 110 mg bid versus warfarin

The quality-adjusted life expectancy was 7.64 QALYs with warfarin and 7.68 QALYs with dabigatran 110 mg bid.

Table 3 Base-case values and ranges used in sensitivity analyses for rivaroxaban od

Variable	Base-case value (Range)	Reference
Stroke		
Annual rate of ischemic stroke (%)		
NOAC	1.34 (1.12–1.55)	[19]
Warfarin	1.42 (1.20–1.63)	[19]
Ischemic strokes with warfarin or NOAC (%)		
Fatal (within 30d)	8.20 (5.50–10.90)	[23, 42]
Moderate to severe neurologic sequelae	40.20 (35.30–45.10)	[23, 42]
Mild neurologic sequelae	42.50 (37.60–47.40)	[23, 42]
No residual neurologic sequelae	9.10 (6.20–12.00)	[23, 42]
Hemorrhage		
Annual rate of ICH (%)		
NOAC	0.5 (0.37–0.63)	[19]
Warfarin	0.7 (0.55–0.85)	[19]
Annual rate of extracranial hemorrhage (%)		
NOAC	3.11 (2.78–3.44)	[19]
Warfarin	2.71 (2.40–3.02)	[19]
Annual rate of major hemorrhage (%)		
NOAC	3.6 (3.24–3.96)	[19]
Warfarin	3.4 (3.06–3.74)	[19]
Annual rate of minor hemorrhage (%)		
NOAC	11.8 (11.13–12.47)	[19]
Warfarin	11.4 (10.74–12.06)	[19]
Myocardial infarction		
Annual rate of myocardial infarction (%)		
NOAC	0.91 (0.73–1.09)	[19]
Warfarin	1.12 (0.92–1.32)	[19]
Death		
Age at start (years)	65	Assumption
Death of cardio-vascular cause (%/yr)		
NOAC	1.53 (1.30–1.76)	[19]
Warfarin	1.71 (1.47–1.95)	[19]
Death of other than cardiovascular or of unknown cause (%/yr)	Age adjusted from mortality tables (see reference)	[33]
Quality of life estimates (utility)		
NOAC	0.994 (0.975–1.00)	[23, 37, 41, 42]
Warfarin	0.987 (0.953–1.00)	[23, 41, 42]
Neurological sequelae		
Mild	0.87 (0.00–1.00)	[45]
Moderate	0.68 (0.00–1.00)	[45]
Serious	0.52 (0.00–1.00)	[45]
Recurrent event	0.12 (0.00–1.00)	[37]
Myocardial infarction	0.5 (0.00–1.00)	Assumption [23, 44]
Hemorrhage		
Major hemorrhage	0.85 (0.00–1.00)	Assumption [23, 43, 46]
Minor hemorrhage	0.95 (0.00–1.00)	[23, 42]
Costs		
Daily cost of medicine (euro)		
NOAC	3.20 (1.00–5.00)	[50]
Warfarin	0.20 (0.10–1.00)	[50]
Costs per INR determination	0.64 (0.46–0.79)	Assumption
One-time costs of neurologic event (stroke or intracranial hemorrhage) (euro)		
Serious	7000 (901–46558)	[38]

Table 3 continued

Variable	Base-case value (Range)	Reference
Moderate	4233 (901–46558)	[38]
Mild	3942 (2014–4233)	[38]
One-time costs for myocardial infarction (euro)	10000 (2743–48023)	[38]
One-time costs for hemorrhage (euro)		
Major hemorrhage	2500 (891–5415)	[47]
Minor hemorrhage	50 (0–100)	Assumption
Rehabilitation costs (euro)		
Annual ambulant rehabilitation costs	2300 (1800–2800)	[59]
Inpatient rehabilitation costs per patient	8000 (2000–14000)	[59]
Annual costs for further medical treatment	2900 (2300–4000)	[59]
Costs in case of death (euro)	2500	[38]
Discounting (%)	5 (0–10)	[34, 35, 48]

Total costs were 7622€ for warfarin and 20048€ for dabigatran 110 mg bid. The ICER for dabigatran 110 mg bid was 294349€ per QALY compared to warfarin (Table 5).

Dabigatran 150 mg bid versus warfarin

In the case of the higher dose of dabigatran the QALYs were 7.64 for warfarin and 7.71 for dabigatran 150 mg bid. Total costs were 7622€ for warfarin and 19537€ for dabigatran 150 mg bid. The ICER was 163184€ per QALY for dabigatran 150 mg bid compared to warfarin (Table 5).

Rivaroxaban 20 mg od versus warfarin

From the ROCKET AF trial 7.59 QALYs were calculated for patients under treatment with warfarin and 7.67 QALYs for patients on treatment with rivaroxaban, respectively. This resulted in total costs of 9069€ for warfarin and 19874€ for rivaroxaban over the whole observation period. The ICER for rivaroxaban was calculated with 133926€ per QALY compared to warfarin (Table 5).

Apixaban 5 mg bid versus warfarin

Calculations from the data of the ARISTOTLE trial resulted in quality-adjusted life years of 7.56 QALYs for warfarin and 7.75 QALYs for apixaban. Altogether the cost over of the whole observation period were 8915€ for warfarin and 19885€ for apixaban. The ICER compared apixaban with warfarin was 57245€ per QALY (Table 5).

One-way sensitivity analyses

Some variables showed greater importance for the outcome of the cost-effectiveness of the NOACs than others in the one-way sensitivity analyses. These key variables included drug costs, utilities for drugs, and risks for stroke and major bleeding for warfarin and NOACs.

Costs

The daily cost of NOACs had the greatest effect on the cost-effectiveness. At daily costs of dabigatran 110 mg bid from 1.00 to 5.00€ the ICERs varied from 97489€ per QALY to over 500000€ per QALY. For dabigatran 150 mg bid the ICERs ranged from 49904 to 372339€ per QALY at daily costs of 1.00–5.00€. Rivaroxaban had ICERs ranging from 40371 to 333132€ per QALY at 1.00–5.00€ per day, and for apixaban the ICERs were 9808–134784€ per QALY at 1.00–5.00€ per day. Increasing the costs of warfarin up to 1.00€ per day did not decrease the ICERs below 50000€ per QALY in case of all NOACs, except of apixaban bid.

Utility

The quality of life utilities for the drugs were sensitive in our models. ICERs stood between dominance for warfarin to above 290000€ per QALY for dabigatran 110 mg bid, above to 150000€ per QALY for dabigatran 150 mg bid, above to 120000€ per QALY for rivaroxaban and above to 50000€ per QALY for apixaban.

Ischemic stroke

The cost-effectiveness for the NOACs compared to warfarin was sensitive to changes in the rates of ischemic stroke. Over a range of different event probabilities, the ICERs for dabigatran 110 mg bid ranged from 200912€/QALY to over 500000€/QALY, for dabigatran 150 mg bid from 132622 to 209980€/QALY, for rivaroxaban from 105699 to 179773€/QALY and for apixaban from 52717 to 62443€/QALY compared to warfarin.

Risks for major bleeding

ICERs for the NOACs compared to warfarin changes moderately in relation to different risk-rates for major

Table 4 Base-case values and ranges used in sensitivity analyses for apixaban bid

Variable	Base-case value (Range)	Reference
Stroke		
Annual rate of ischemic stroke (%)		
NOAC	0.97 (0.82–1.12)	[21]
Warfarin	1.05 (0.89–1.21)	[21]
Ischemic strokes with warfarin or NOAC (%)		
Fatal (within 30d)	8.20 (5.50–10.90)	[23, 42]
Moderate to severe neurologic sequelae	40.20 (35.30–45.10)	[23, 42]
Mild neurologic sequelae	42.50 (37.60–47.40)	[23, 42]
No residual neurologic sequelae	9.10 (6.20–12.00)	[23, 42]
Hemorrhage		
Annual rate of ICH (%)		
NOAC	0.33 (0.24–0.42)	[21]
Warfarin	0.80 (0.66–0.94)	[21]
Annual rate of extracranial hemorrhage (%)		
NOAC	1.79 (1.58–2.00)	[21]
Warfarin	2.27 (2.03–2.51)	[21]
Annual rate of major hemorrhage (%)		
NOAC	2.13 (1.90–2.36)	[21]
Warfarin	3.09 (2.81–3.37)	[21]
Annual rate of minor hemorrhage (%)		
NOAC	14.03 (13.37–14.69)	[21]
Warfarin	19.79 (18.96–20.62)	[21]
Myocardial infarction		
Annual rate of myocardial infarction (%)		
NOAC	0.53 (0.42–0.64)	[21]
Warfarin	0.61 (0.49–0.73)	[21]
Death		
Age at start (years)	65	Assumption
Death of cardio-vascular cause (%/yr)		
NOAC	1.80 (1.60–2.00)	[21]
Warfarin	2.02 (1.81–2.23)	[21]
Death of other than cardiovascular or of unknown cause (%/yr)	Age adjusted from mortality tables (see reference)	[33]
Quality of life estimates (utility)		
NOAC	0.994 (0.975–1.00)	[23, 37, 41, 42]
Warfarin	0.987 (0.953–1.00)	[23, 41, 42]
Neurological sequelae		
Mild	0.87 (0.00–1.00)	[45]
Moderate	0.68 (0.00–1.00)	[45]
Serious	0.52 (0.00–1.00)	[45]
Recurrent event	0.12 (0.00–1.00)	[37]
Myocardial infarction	0.5 (0.00–1.00)	Assumption [23, 44]
Hemorrhage		
Major hemorrhage	0.85 (0.00–1.00)	Assumption [23, 43, 46]
Minor hemorrhage	0.95 (0.00–1.00)	[23, 42]
Costs		
Daily cost of medicine (euro)		
NOAC	3.54 (1.00–5.00)	[50]
Warfarin	0.20 (0.10–1.00)	[50]
Costs per INR determination	0.64 (0.46–0.79)	Assumption
One-time costs of neurologic event (stroke or intracranial hemorrhage) (euro)		
Serious	7000 (901–46558)	[38]

Table 4 continued

Variable	Base-case value (Range)	Reference
Moderate	4233 (901–46558)	[38]
Mild	3942 (2014–4233)	[38]
One-time costs for myocardial infarction (euro)	10000 (2743–48023)	[38]
One-time costs for hemorrhage (euro)		
Major hemorrhage	2500 (891–5415)	[47]
Minor hemorrhage	50 (0–100)	Assumption
Rehabilitation costs (euro)		
Annual ambulant rehabilitation costs	2300 (1800–2800)	[59]
Inpatient rehabilitation costs per patient	8000 (2000–14000)	[59]
Annual costs for further medical treatment	2900 (2300–4000)	[59]
Costs in case of death (euro)	2500	[38]
Discounting (%)	5 (0–10)	[34, 35, 48]

Table 5 Results of the Base-Case analysis for a 65 year old population over a time horizon of 20 years from a German healthcare insurance perspective

Trial	Anticoagulant	QALY	Total costs (€)	ICER (€/QALY)
RE-LY	D110 mg bid	7.68	20048	294349
	Warfarin	7.64	7622	
RE-LY	D150 mg bid	7.71	19537	163184
	Warfarin	7.64	7622	
ROCKET	R20 mg od	7.67	19874	133926
	Warfarin	7.59	9069	
ARISTOTLE	A5 mg bid	7.75	19885	57245
	Warfarin	7.56	8915	

The table shows four base-case cost-utility analyses for NOACs directly compared to warfarin according to the data from RE-LY [17], ROCKET AF [19] and ARISTOTLE [21] studies. In this analyses are included only direct costs (one time costs for events, rehabilitation costs for inpatient and ambulant care, inpatient medical treatment costs, daily costs for drugs)

bleeding. The ranges of the ICERs for dabigatran 110 mg bid were 266979–327767€/QALY, for dabigatran 150 mg bid 153821–173693€/QALY, for rivaroxaban 127816–140591€/QALY and for apixaban 56380–58133€/QALY compared to warfarin.

Risk for intracerebral hemorrhage

The ICER differed slightly in case of ICH for all NOACs. Differences were about 1000€ (for apixaban) and 5000€ per QALY (for dabigatran 110 mg), dabigatran 150 mg and rivaroxaban were in between these values.

Two-way sensitivity analyses

The two-way sensitivity analyses of key variables for varying risk-rates for ischemic stroke and ICH showed that

none of the NOACs were preferred as a therapy for combinations of moderate to high risks for ischemic stroke and any type of ICH at a set willingness to pay of 50000€ per QALY against INR dose adjusted warfarin.

Probabilistic sensitivity analyses—Monte Carlo simulation

We checked various willingness-to-pay thresholds using the probabilistic sensitivity analysis (PSA) in the MCS by varying all variables simultaneously. As results dabigatran 110 mg bid was cost-effective at willingness-to-pay threshold of 278000€ per QALY and higher (Fig. 2 in the technical appendix), dabigatran 150 mg bid at a threshold of 175500€ per QALY and higher (Fig. 3 in the technical appendix), rivaroxaban at a threshold of 136500€ per QALY and higher (Fig. 4 in the technical appendix), and apixaban at a threshold of 60500€ per QALY and higher (Fig. 5 in the technical appendix). The PSA results were similar to the base case results.

Subgroup analyses

Base-case data for a 65–85 year old cohort from the German public health care insurance perspective with 0 % discount

When discounting costs and utility values with 0 % the absolute numbers of QALYs and total costs increased and the ICER decreased (Table 7, technical appendix).

Base-case data for a 65–85 year old cohort from the German public health care insurance perspective with 10 % discount

When discounting costs and utility values with 10 % the absolute numbers of QALYs and total costs decreased, but the ICER increased (Table 8, technical appendix).

Discussion

The present study compares the cost-effectiveness of the four treatment regimens with dabigatran 110 mg bid, dabigatran 150 mg bid, rivaroxaban 20 mg od, and apixaban 5 mg bid for prevention of ischemic stroke and systemic embolic events in patients with NVAF based on the data of the RE-LY, ROCKET AF, and ARISTOTLE trial using the costs of the German health care system. Warfarin data of each study were used as comparator. The QALYs and ICERs gained versus warfarin differed between the NOACs. Dabigatran 110 mg bid was the least cost-effective and apixaban 5 mg bid the most cost-effective treatment with dabigatran 150 mg bid and rivaroxaban 20 mg od in between. From the public health care insurance view, none treatment regimen was cost-effective at a hypothetical willingness to pay threshold of EUR 50000 for patients at a moderate or higher risk of stroke (CHADS2-score > 1) compared to INR-adjusted warfarin with current German market costs.

Cost-utility analysis were reported so far for the two doses of dabigatran using health care costs and willingness to pay in US [23, 37], Canada [24], United Kingdom [25, 26], Denmark [27] and Sweden [28], for rivaroxaban in the US [29], as well as for all NOACs versus warfarin in the US [54], and as a comparative analysis for dabigatran and rivaroxaban in Canada [55]. All analyses for dabigatran used the Markov model for calculation of the QALYs and ICERs, and a one-way and two-way sensitivity analysis. In addition, we calculated these data for rivaroxaban and apixaban as well as for a certain range of daily costs for warfarin and daily costs of the NOACs for Germany. The cost data we used for the Markov model were comparable to those used in other countries [23–27, 29] (Table 6).

In the US, Freeman et al. showed 10.28 QALYs for warfarin in comparison to 10.70 QALYs for dabigatran 110 mg bid and 10.84 QALYs for dabigatran 150 mg bid [23]. Another cost-effectiveness study from the US showed 8.40 QALYs for warfarin, 8.54 QALYs for dabigatran 110 mg and 8.65 QALYs for dabigatran 150 mg [37]. Other results from the US reported 3.91 QALYs for warfarin and 4.27 QALYs for dabigatran 150 mg bid [53]. However, these and our data showed absolute differences of about 0.04 QALYs up to 0.56 QALYs gained by treatment with dabigatran over warfarin. This may be caused by the lower incidence of ischemic stroke and systemic embolism reported for the higher dose of dabigatran in the RE-LY study. For rivaroxaban about 0.10 higher QALYs were reported in the US [29] as in our study were 0.08 QALYs compared to warfarin using the data of the ROCKET AF trial. In the publication of Harrington et al. the QALYs were 8.41 for dabigatran 150 mg, 8.26 for rivaroxaban and 8.47 for apixaban [54]. For the present

study apixaban shows improvement by about 0.19 QALYs as compared to warfarin based on the data of the ARISTOTLE trial. The detailed description of these data show that the absolute values for QALYs yield higher variations between studies than the relative QALYs gained with one treatment over another and across studies. The differences of QALYs between rivaroxaban and apixaban need confirmation across countries before drawing specific conclusions.

These data from the literature support our decision to use the warfarin control of every study individually because age, gender, CHADS2 score, and time in therapeutic range (TTR) of the INR differed between the studies. The individual control groups of every study are also used for indirect comparisons of the efficacy and safety of the 4 treatment regimens of the RE-LY, ROCKET AF, and ARISTOTLE trials [56]. Therefore we decided to perform our cost effectiveness analysis strictly only using the results of these studies and German mortality tables. Harrington et al. performed the analysis for each NOAC versus warfarin by pooling the data of the RE-LY, ROCKET AF, and ARISTOTLE studies. We used the data of the warfarin control group of the individual studies. For the cost effectiveness analysis we included the actual market prices from Germany which are available in the US only for dabigatran.

When comparing the ICERs for different countries results are related to the comparison of the QALYs in these countries. Data from the US showed that at a cost over 9.36\$ per day for low-dose dabigatran, the ICER compared with warfarin exceeded 50000\$ per QALY. At a cost over 13.70\$ per day for high-dose dabigatran, the ICER compared with warfarin exceeded 50000\$ per QALY. These results were robust over a wide range of model assumptions but were sensitive to dabigatran costs [23]. Other cost-utility analyses showed that the ICER were less than 25000\$ per QALY at daily costs for warfarin of 1.14\$ versus dabigatran 150 mg bid of 6.75\$ [53]. Shah and Gage showed that 9\$ for dabigatran 110 mg bid and 150 mg bid both exceeding 50000\$ per QALY [37]. Others reported lower daily costs for both doses of dabigatran and only 12286\$ per QALY using other input variables such as age below and above 80 years [52]. The cost-effectiveness model illustrated that costs of ICER were not exceeding 30000\$ per QALY, when the costs for warfarin were 1\$ per day and for rivaroxaban 6.80\$ per day [29].

In our model daily costs of 3.38€ for dabigatran 110 mg bid and for dabigatran 150 mg bid and 3.20€ for rivaroxaban and for apixaban at daily costs of 3.54€ exceeded the (theoretical) willingness to pay threshold of 50000€ per QALY compared to daily costs of warfarin of 0.20€.

The comparisons show the high variation of results when comparing different daily costs for NOACs and

Table 6 Comparison across countries

Study name	Country	Time horizon	Drug	Costs in total	QALYs	Δ QALY	ICERs	Reference
Cost-effectiveness of apixaban, dabigatran, rivaroxaban, and warfarin for stroke prevention in atrial fibrillation	United States	Lifetime	Dabigatran 150 mg	82719\$	8.41	0.44		[54]
			Rivaroxaban	78738\$	8.26	0.29		
			Apixaban	85326\$	8.47	0.50		
			Warfarin	77813\$	7.97			
Cost-effectiveness of dabigatran compared with warfarin for stroke prevention in atrial fibrillation	United States	Lifetime	Dabigatran 150 mg	168398\$	10.84	0.56	45372\$/QALY	[23]
			Dabigatran 110 mg	164576\$	10.7	0.42	51372\$/QALY	
			Warfarin	143193\$	10.28			
Cost-effectiveness of dabigatran for stroke prophylaxis in atrial fibrillation	United States	20 years	Dabigatran 150 mg	43700\$	8.65	0.25	86000\$/QALY	[37]
			Dabigatran 110 mg	44300\$	8.54	0.14	150000\$/QALY	
			Warfarin	23000\$	8.4			
			Dabigatran 150 mg	43700\$	8.65	0.48	50000\$/QALY	
			Dabigatran 110 mg	44300\$	8.54	0.37	66000\$/QALY	
			Aspirin	20000\$	8.17			
			Warfarin	23000\$	8.4	0.08	Dominance	
			Aspirin + Clopidogrel	34000\$	8.32		Lost	
			Warfarin	23000\$	8.4	0.23	12500\$/QALY	
			Aspirin	20000\$	8.17			
			Aspirin + Clopidogrel	34000\$	8.32	0.15	99000\$/QALY	
Cost-effectiveness of rivaroxaban compared to warfarin for stroke prevention in atrial fibrillation	United States	Lifetime	Rivaroxaban	94456\$	10.03	0.22	27498\$/QALY	[29]
			Warfarin	88544\$	9.81			
Cost-effectiveness of apixaban compared with aspirin for stroke prevention in atrial fibrillation among patients unsuitable for warfarin	United States	10 years	Apixaban	44232\$	6.87	0.36		[60]
			Aspirin	50066\$	6.51			
Cost-effectiveness of dabigatran etexilate for the prevention of stroke and systemic embolism in atrial fibrillation: A Canadian payer perspective	Canada	Lifetime	Base case: Dabigatran etexilate sequential dosing vs. "trial-like" warfarin					[24]
			Dabigatran	45124\$	7.29	0.21	10440\$/QALY	
			Warfarin	42946\$	7.08			
			Scenario 1: Dabigatran etexilate sequential dosing vs. "real-world" prescribing					
			Dabigatran	45124\$	7.29	0.28	3962\$/QALY	
			Warfarin	44020\$	7.01			
			Scenario 2: Dabigatran etexilate 150 mg bid vs. "trial-like" warfarin					
			Dabigatran	41824\$	6.86	0.18	9041\$/QALY	
			Warfarin	40169\$	6.68			
			Scenario 3: Dabigatran etexilate 110 mg bid vs. "trial-like" warfarin					
Dabigatran	44379\$	6.82	0.14	29994\$/QALY				
Dabigatran	40169\$	6.68						
Dabigatran versus rivaroxaban for the prevention of stroke and systemic embolism in atrial fibrillation in Canada	Canada	Lifetime	Indirect comparison:					[55]
			Dabigatran	59613\$	6.167	0.152		
			Rivaroxaban	59766\$	6.015			
			Dabigatran				6889\$/QALY	
			Warfarin					
			Rivaroxaban				22475\$/QALY	
Warfarin								

Table 6 continued

Study name	Country	Time horizon	Drug	Costs in total	QALYs	Δ QALY	ICERs	Reference
Cost-effectiveness of dabigatran etexilate for the prevention of stroke and systemic embolism in UK patients with atrial fibrillation	United Kingdom	Lifetime	Patients under 80 years					[26]
			Dabigatran	19645£	8.06	0.24	4831£/QALY	
			Warfarin	18474£	7.82			
			Dabigatran	19961£	7.99	0.87	3457£/QALY	
			Aspirin	18562£	7.59	0.47		
			No treatment	20475£	7.12			
Patients over 80 years	Dabigatran	10424£	4.11	0.07	7090£/QALY			
	Warfarin	9919£	4.04					
Dabigatran etexilate versus warfarin in management of non-valvular atrial fibrillation in UK context: quantitative benefit-harm and economic analyses	United Kingdom	Lifetime	Dabigatran 150 mg	9850£	6.536	0.146	23082£/QALY	[25]
			Dabigatran 110 mg	10529£	6.484	0.094	43074£/QALY	
			Warfarin	6480£	6.39			
Cost-effectiveness of dabigatran etexilate for stroke prevention in non-valvular atrial fibrillation. Applying RE-LY to clinical practice in Denmark	Denmark	Lifetime	Dabigatran	18752 €	8.59	0.27	7000€/QALY	[27]
			Warfarin	16886 €	8.32			
Cost-effectiveness of dabigatran compared with warfarin for patients with atrial fibrillation in Sweden	Sweden	20 years	Dabigatran	27009 €	8.6	0.29	7742€/QALY	[28]
			Warfarin	24797 €	8.31			
Our Results for the patient cohort starting with the age of 65 years	Germany	20 years	Dabigatran 150 mg	19537 €	7.71	0.07	163184€/QALY	
			Dabigatran 110 mg	20048 €	7.68	0.04	294349€/QALY	
			Warfarin	7622 €	7.64			
			Rivaroxaban	19874 €	7.67	0.08	133926€/QALY	
			Warfarin	9069 €	7.59			
			Apixaban	19885 €	7.75	0.19	57245€/QALY	
Warfarin	8915 €	7.56						

warfarin depending on the input variables into the Markov model and the Monte-Carlo simulation. The results of our model using input variables for a ≥ 65 year old person with NVAF and a CHADS2 score > 1 and the costs for outcome events according to reimbursement by public health insurance demonstrate values for QALYs, total costs and ICERs in Germany within the range of other European and north-American countries [23–30, 37, 52, 53]. The difference to the other countries is that a willingness to pay threshold is not defined by authorities in Germany [35] and we therefore used a theoretical willingness to pay threshold.

Some limitations of our study have to be addressed. RE-LY trial was open for warfarin therapy and blinded for the two doses of dabigatran [17], whereas the ROCKET-AF trial [19] and ARISTOTLE trial [21] were double blind and double dummy. The three studies differed regarding the risk factor profile of patients included into the trial and the time in therapeutic range of the INR and some other biographic data. Only one study was available for each treatment option, treatment could not be changed in the Markov model, and a return to a complete health status

following an event was not included because this was not reported in the publications [17, 19, 21]. The minor and non-major bleeding complications are reported differently in the studies and were included as reported. The investigation included a large set of variables which may increase the variance of the results: 4 NOACs, 7 endpoints, and sub-classifications of the outcome of events were included into the comparison. Quality of life utilities were taken from the literature [23, 42, 44, 45, 57] because they were not reported in the studies. In case of warfarin the quality of life value was taken from published data [23, 41, 42] and is slightly lower than for the NOACs. Probably one reason for a lower quality of life value for warfarin in comparison to the NOACs is the INR-determination to adjust the correct warfarin dose and therefore the visit of the doctor's office. In none other CEA we found other warfarin values for quality of life different from the used in this model. The QALYs of the NOACs were taken from published data using ximelagatran [42]. However, the same approach was used in the literature to analyse the cost-effectiveness for one [23–28, 37] or more NOACs in NVAF [29] and following knee and hip replacement surgery [58]. The model

utility values are mostly derived from published data, as you can see in the Tables 1, 2, 3, and 4. We had to make some assumptions, for myocardial infarction, major and minor bleeding events because the published data seemed to be different from our clinical practice experience. We lower the utility value after a MI and increased the utility value for major and minor bleeding events to correlate them with our clinical practice experience. It still can be questioned how far this influenced our model results; because of similar model results in other countries we think our approach is appropriate.

In conclusion, at current market costs of the NOACs none therapeutic regimens seem to be cost-effective from a German public health care insurance perspective. The larger reduction in medical cost by apixaban was mainly driven by reductions in the risks for ischemic stroke and major bleeding events as compared to the two doses of dabigatran and rivaroxaban. Real life use of NOACs for prevention of embolic events in patients with NVAF should be generated to identify cost effectiveness analyses in clinical practice for Germany and across countries.

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