

# On Harnack's Inequality for the Linearized Parabolic Monge-Ampère Equation

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**Abstract** It is shown that the parabolic Harnack property stands as an intrinsic feature of the Monge-Ampère quasi-metric structure by proving Harnack's inequality for non-negative solutions to the linearized parabolic Monge-Ampère equation under minimal geometric assumptions.

**Keywords** Linearized parabolic Monge-Ampère equation · Monge-Ampère measure · Harnack's inequality

**Mathematics Subject Classification (2010)** Primary 35K96 · 35K10 · Secondary 35K65 · 35A15

## 1 Introduction and Main Result

The results in this article constitute the parabolic part of a program started in [7, 9] (where the elliptic case was treated) with the dominant theme of establishing Harnack's property within the Monge-Ampère quasi-metric structure under minimal geometric assumptions. As a consequence, the Harnack property is shown to hold as an intrinsic feature of the Monge-Ampère quasi-metric space (see more on this below). The rest of this section will be devoted to a detailed description of our main result, the plan of the proof, and the distinguishing features of the techniques involved.

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Throughout the article  $\varphi : \mathbb{R}^n \rightarrow \mathbb{R}$  will be a strictly convex, twice continuously differentiable function with  $D^2\varphi(x) > 0$  for every  $x \in \mathbb{R}^n$ . We will be concerned with the typically degenerate and singular parabolic operator

$$L_\varphi(u) := u_t - \text{trace}((D^2\varphi)^{-1}D^2u). \tag{1.1}$$

The natural measure-theoretic and geometric objects for understanding  $L_\varphi$  are dictated by  $\varphi$  as well. The Monge-Ampère measure associated to  $\varphi$  is  $d\mu_\varphi(x) := \det D^2\varphi(x) dx$  and, given  $x \in \mathbb{R}^n$  and  $r > 0$ , a section of  $\varphi$  centered at  $x$  with height  $r$  is the open bounded convex set

$$S_\varphi(x, r) := \{y \in \mathbb{R}^n : \varphi(y) - \varphi(x) - \langle \nabla\varphi(x), y - x \rangle < r\}.$$

Our main result is the following:

**Theorem 1** (Parabolic Harnack inequality) *Assume  $\mu_\varphi \in (DC)_\varphi$ . There exist geometric constants  $C_H, C_K \geq 1$  such that for every  $(x_0, t_0) \in \mathbb{R}^{n+1}$ , every  $R > 0$ , and every non-negative solution  $u$  to*

$$L_\varphi(u) = 0 \quad \text{in } S_\varphi(x_0, C_K R) \times (t_0 - 3R/2, t_0 + 2R],$$

we have

$$\sup_{Q^-} u \leq C_H \inf_{Q^+} u,$$

where  $Q^+ := S_\varphi(x_0, R) \times (t_0 + R, t_0 + 2R]$  and  $Q^- := S_\varphi(x_0, R) \times (t_0 - R, t_0]$ .

Based on the pioneering work of L. Caffarelli and C. Gutiérrez [1, 2] in the elliptic context, Q. Huang successfully implemented a program to prove Theorem 1 in [6] under the stronger hypothesis  $\mu_\varphi \in (\mu_\infty)$  (see [6, Theorem 1.1]). Thus, as the primary purpose of this article, we establish Theorem 1 under the weaker (and minimal) assumption  $\mu_\varphi \in (DC)_\varphi$ . A brief comment on the hypotheses  $\mu_\varphi \in (\mu_\infty)$  versus  $\mu_\varphi \in (DC)_\varphi$  follows.

The hypothesis  $\mu_\varphi \in (\mu_\infty)$  corresponds to a Coifman-Fefferman-type property for  $\mu_\varphi$ . That is,  $\mu_\varphi \in (\mu_\infty)$  if and only if there exist constants  $0 < \alpha \leq 1 \leq C$  such that for every section  $S := S_\varphi(x_0, r)$  and every Borel set  $E \subset S$  it holds true that

$$\frac{\mu_\varphi(E)}{\mu_\varphi(S)} \leq C \left( \frac{|E|}{|S|} \right)^\alpha, \tag{1.2}$$

where  $|F|$  denotes the Lebesgue measure of a set  $F \subset \mathbb{R}^n$ . Property (1.2) has been extensively used by Caffarelli-Gutiérrez [2] and Huang [6] in order to obtain Harnack’s inequalities in the degenerate elliptic and parabolic settings, respectively. Following [2, 5] we write  $\mu_\varphi \in (DC)_\varphi$  if there exist constants  $\alpha_0 \in (0, 1)$  and  $C_0 \geq 1$  such that

$$\mu_\varphi(S_\varphi(x, r)) \leq C_0 \mu_\varphi(\alpha_0 S_\varphi(x, r)) \quad \forall x \in \mathbb{R}^n, \forall r > 0, \tag{1.3}$$

where  $\alpha_0 S_\varphi(x, r)$  is the  $\alpha_0$ -contraction of  $S_\varphi(x, r)$  with respect to its center of mass (the center of mass being computed with respect to Lebesgue measure). Constants depending only on  $\alpha_0$  and  $C_0$  in Eq. 1.3, as well as on dimension  $n$ , will be called *geometric constants*.

It turns out that  $\mu_\varphi \in (\mu_\infty)$  implies  $\mu_\varphi \in (DC)_\varphi$  (with the reverse implication not being true in general) and that the difference between properties (1.2) and (1.3) can be regarded

as the one between Muckenhoupt’s  $A_\infty$  weights and doubling weights. In particular, notice how, as opposed to Eq. 1.2, condition (1.3) requires no a priori regularity with respect to Lebesgue measure. (For a more detailed comparison between  $(DC)_\varphi$  and  $(\mu_\infty)$ , see [3, Section 3].) More importantly, the condition  $\mu_\varphi \in (DC)_\varphi$  turns out to be equivalent to a quasi-metric structure associated to  $\varphi$  (see Section 2) that requires no a priori intervention of Lebesgue measure or Euclidean balls. Thus, the relevance of Theorem 1 stems from placing the parabolic Harnack inequality as an *intrinsic* feature of the Monge-Ampère quasi-metric structure.

In both the elliptic and parabolic settings treated in [2, 6], the method for obtaining Harnack’s inequality was modeled after the work of N. Krylov and M. Safonov on uniformly elliptic and parabolic operators in non-divergence form which consists of three basic steps: a mean-value property for positive sub-solutions, a double-ball property for positive super-solutions, and a suitable covering lemma to obtain a power-like decay of the distribution function of a positive solution. Despite the degeneracy of the linearized elliptic and parabolic Monge-Ampère operators, this method was carried out in [2, 6] with the hypothesis  $\mu_\varphi \in (\mu_\infty)$  playing a key role in overcoming such degeneracy. In this work we use the same approach, but with different techniques that overcome the degeneracy under  $\mu_\varphi \in (DC)_\varphi$  only.

### 1.1 Plan of the Proof of Theorem 1

In Q. Huang’s implementation of the method above in the parabolic case, the mean-value property for positive sub-solutions (a combination of Lemma 4.2 and Theorem 4.2 in [6]) is obtained just under  $\mu_\varphi \in (DC)_\varphi$ . More precisely, the computations from [6, pp. 2051–53] imply the following mean-value inequality for sub-solutions under the assumption  $\mu_\varphi \in (DC)_\varphi$  only.

**Theorem 2** ([6, pp. 2051–53]) *Assume  $\mu_\varphi \in (DC)_\varphi$ . For every  $q > 0$  and  $0 < \tau' < \tau$ , there exists a constant  $K_9 > 0$ , depending only on geometric constants as well as on  $q$  and  $\tau'/\tau$ , such that for every  $(x_0, t_0) \in \mathbb{R}^{n+1}$ , every  $R > 0$ , and every  $u \geq 0$  satisfying  $L_\varphi(u) \leq 0$  in  $Q^\tau(K)$ , where*

$$Q^\tau(K) := S_\varphi(x_0, KR) \times (t_0 - \tau R, t_0]$$

(and  $K$  is as in Eq. 2.12), we have

$$\sup_{Q'} u \leq K_9 \left( \frac{1}{\mathcal{M}(Q^\tau(K))} \iint_{Q^\tau(K)} u^q d\mathcal{M} \right)^{\frac{1}{q}}, \tag{1.4}$$

where  $Q' := S(x_0, \tau'R/\tau) \times (t_0 - \tau'R, t_0]$ .

On the other hand, the hypothesis  $\mu_\varphi \in (\mu_\infty)$  was used in [6] twice: once to build a Calderón-Zygmund covering lemma based on parabolic cylinders (see [6, Theorem 2.1]) and then to prove the so-called double-ball property for positive super-solutions (see [6, Lemma 3.3]). In turn, those results led to a power-like decay property for solutions, see Theorem 4.1 and Corollary 4.1 in [6]. As mentioned, in this work the hypothesis  $\mu_\varphi \in (\mu_\infty)$  is bypassed and, after suitable preparations, in Section 6 we prove.

**Theorem 3** Assume  $\mu_\varphi \in (DC)_\varphi$ . There exist geometric constants  $K_{10} > 0$  and  $0 < \delta_1 < 1$  such that every positive solution  $u$  of

$$L_\varphi(u) = 0 \quad \text{in } S_\varphi(x_0, 8K^2R) \times (t_0 - 3R/2, t_0 + 2R]$$

satisfies

$$\left( \frac{1}{\mathcal{M}(Q^-)} \iint_{Q^-} u^{\delta_1} d\mathcal{M} \right)^{\frac{1}{\delta_1}} \leq K_{10} \inf_{Q^+} u. \tag{1.5}$$

Thus, Theorem 3 encompasses Theorem 4.1 and Corollary 4.1 in [6] and Theorem 1 follows from Theorem 2 and Theorem 3.

The proof of Theorem 3 relies on taking advantage of the variational side of  $L_\varphi$ . The connection between the divergence and non-divergence forms for  $L_\varphi$  comes from the fact that  $A_\varphi(x)$ , the matrix of co-factors of  $D^2\varphi(x)$

$$A_\varphi(x) := D^2\varphi(x)^{-1} \det D^2\varphi(x) \quad \forall x \in \mathbb{R}^n,$$

possesses the null-Lagrangian property; namely,

$$\operatorname{div}(A_\varphi \nabla h)(x) = \operatorname{trace}(A_\varphi(x) D^2 h(x)), \tag{1.6}$$

for every function  $h$  that is twice-differentiable function at a point  $x \in \mathbb{R}^n$ . The identity (1.6) follows from fact that the columns of  $A_\varphi$  are divergence-free.

Indeed, Eq. 1.6 will allow us to deal with  $L_\varphi$  as a divergence-form operator whose degeneracy will be addressed by Poincaré-type inequalities adapted to  $\varphi$  (see Section 2.1). That is, as opposed to the techniques in [2, 6] based on the ABP maximum principle, our techniques will hinge upon Poincaré-type inequalities and integration by parts. This approach was introduced in [7, 9] in the elliptic Monge-Ampère setting.

The rest of the article is organized as follows: In Section 2 the notation and basic properties for the Monge-Ampère quasi-metric structure are recorded. In Section 3, and always under the hypothesis  $\mu_\varphi \in (DC)_\varphi$  only, we prove a uniform “size-transfer”, from parabolic cylinders to sections, for positive super-solutions. Meaning that whenever a positive super-solution is large in a portion of a parabolic cylinder, then, in a shorter time range and as functions of the space variable only, they remain uniformly above zero in a portion of an inner section (see Theorem 8). Then, by means of Poincaré-type inequalities and integration by parts, in Section 4 we prove an arbitrarily sensitive critical-density property (see Theorem 10).

In Section 5, it is shown how Theorem 10, along with a suitable calibration of some constants, implies the double-ball property for positive super-solutions (see Theorem 11). Also, a new proof for Lemma 3.3 in [6], but under  $\mu_\varphi \in (DC)_\varphi$  only, is included in the form of Corollary 12.

Theorem 3 is proved in Section 6 where the role of the Calderón-Zygmund covering lemma in [6] is played by the so-called *crawling ink spots theorem*. To achieve this, the approach implemented by Schwab-Silvestre [10, Section 6] in the context of parabolic integro-differential equations with very irregular kernels has been adapted to the Monge-Ampère setting.

Throughout the article one can assume that the sub- and super-solutions under consideration are classical ones, keeping in mind that all constants involved will always be geometric constants, in particular, they depend on neither the smoothness of the sub- and super-solutions nor the largest or smallest eigenvalues of the Hessian  $D^2\varphi$ .

## 2 Preliminaries and Notation

For  $x, y \in \mathbb{R}^n$  set

$$\delta_\varphi(x, y) := \varphi(y) - \varphi(x) - \langle \nabla\varphi(x), y - x \rangle. \tag{2.7}$$

Then, for  $x \in \mathbb{R}^n$  and  $r > 0$ , the section  $S_\varphi(x, r) = \{y \in \mathbb{R}^n : \delta_\varphi(x, y) < r\}$ . Notice that, due the strict convexity of  $\varphi$ ,  $\delta_\varphi(x, y) = 0$  if and only if  $x = y$ .

The parabolic Monge-Ampère measure in  $\mathbb{R}^{n+1}$  is defined by

$$d\mathcal{M}(x, t) := \det D^2\varphi(x) dx dt \quad \forall (x, t) \in \mathbb{R}^{n+1}. \tag{2.8}$$

The condition  $\mu_\varphi \in (\text{DC})_\varphi$  implies the existence of a geometric constant  $K_d \geq 1$  such that

$$\mu_\varphi(S_\varphi(x, 2r)) \leq K_d \mu_\varphi(S_\varphi(x, r)) \quad \forall x \in \mathbb{R}^n, \forall r > 0. \tag{2.9}$$

By setting  $\nu := \log_2 K_d$ , Eq. 2.9 yields

$$\mu_\varphi(S_\varphi(x, R_2)) \leq K_d \left(\frac{R_2}{R_1}\right)^\nu \mu_\varphi(S_\varphi(x, R_1)) \quad \forall x \in \mathbb{R}^n, \forall 0 < R_1 < R_2. \tag{2.10}$$

Also, for a geometric constant  $K \geq 1$ , we have

$$\delta_\varphi(x, y) \leq K \delta_\varphi(y, x) \quad \forall x, y \in \mathbb{R}^n \tag{2.11}$$

as well as the following symmetrized  $K$ -quasi-triangle inequality which holds true for every  $x, y, z \in \mathbb{R}^n$

$$\delta_\varphi(x, y) \leq K (\min\{\delta_\varphi(z, x), \delta_\varphi(x, z)\} + \min\{\delta_\varphi(z, y), \delta_\varphi(y, z)\}). \tag{2.12}$$

Conversely, if Eqs. 2.11 and 2.12 hold true for some  $K \geq 1$ , then so does Eq. 1.3 with some constants  $\alpha_0$  and  $C_0$  depending only on  $K$  and dimension  $n$ . That is, the condition  $\mu_\varphi \in (\text{DC})_\varphi$  exactly determines when the pair  $(\mathbb{R}^n, \delta_\varphi)$  becomes a quasi-metric space (in the sense of Eqs. 2.11 and 2.12). Hence, the condition  $\mu_\varphi \in (\text{DC})_\varphi$  is referred to as a minimal geometric hypothesis, in the sense that a quasi-metric space represents a minimal platform on which real-analysis techniques can be carried out. See [2, 3, 5], [4, Chapter 3], and references therein, for more on the Monge-Ampère quasi-metric structure and its related real analysis.

In Sections 3 and 4 it will be necessary to deal with measures of “thin annuli” of the form  $S_\varphi(x_0, R) \setminus S_\varphi(x_0, \beta R)$  with  $0 < \beta < 1$  and  $\beta$  close to 1. To this end we resort to the following lemma by Caffarelli-Gutiérrez in [1].

**Lemma 4** ([1, Lemma 2]) *Suppose that  $\mu_\varphi$  satisfies the doubling condition (2.9). Then, given  $R > 0$  and  $\epsilon > 0$  there exists  $\xi \in (1, 2]$ , depending only on  $R$  and  $\epsilon$ , such that  $\xi - \epsilon \geq 1$  and*

$$\frac{\mu_\varphi(S_\varphi(x_0, \xi R) \setminus S_\varphi(x_0, (\xi - \epsilon)R))}{\mu_\varphi(S_\varphi(x_0, \xi R))} \leq \epsilon \log K_d. \tag{2.13}$$

*Remark 5* Lemma 4 will be used in the following way: for every  $x_0 \in \mathbb{R}^n$ ,  $R > 0$ , and  $\beta \in (0, 1)$  we have that

$$\mu_\varphi(S_\varphi(x_0, R')) \leq \frac{\mu_\varphi(S_\varphi(x_0, \beta R'))}{1 - 2(1 - \beta) \log K_d}, \tag{2.14}$$

with  $R' := \xi R$  and  $\xi = \xi(R, \beta) \in (1, 2]$ . Indeed, given  $x_0 \in \mathbb{R}^n$ ,  $R > 0$ , and  $\beta \in (0, 1)$ , set  $\epsilon := 2(1 - \beta)$ . Then, let  $\xi = \xi(R, \epsilon)$  be as in Lemma 4 so that putting  $R' := \xi R$  and  $\epsilon' := \epsilon/\xi$ , Eq. 2.13 means

$$\frac{\mu_\varphi(S_\varphi(x_0, R') \setminus S_\varphi(x_0, (1 - \epsilon')R'))}{\mu_\varphi(S_\varphi(x_0, R'))} \leq \xi \epsilon' \log K_d. \tag{2.15}$$

Next, by setting  $\beta' := 1 - \epsilon' = 1 - \epsilon/\xi$  we have

$$1 - \epsilon < 1 - \epsilon/\xi = \beta' \leq 1 - \epsilon/2 = \beta$$

and Eq. 2.15 gives

$$\begin{aligned} \mu_\varphi(S_\varphi(x_0, R')) &= \mu_\varphi(S_\varphi(x_0, R') \setminus S_\varphi(x_0, \beta' R')) + \mu_\varphi(S_\varphi(x_0, \beta' R')) \\ &\leq \epsilon \log K_d \mu_\varphi(S_\varphi(x_0, R')) + \mu_\varphi(S_\varphi(x_0, \beta' R')), \end{aligned}$$

so that Eq. 2.14 follows from

$$\mu_\varphi(S_\varphi(x_0, R')) \leq \frac{\mu_\varphi(S_\varphi(x_0, \beta' R'))}{1 - \epsilon \log K_d} \leq \frac{\mu_\varphi(S_\varphi(x_0, \beta R'))}{1 - 2(1 - \beta) \log K_d}.$$

### 2.1 Poincaré-Type Inequalities

The appropriate notion of gradient is also adapted to the convex function  $\varphi$ . Given a function  $v$  differentiable at a point  $x \in \mathbb{R}^n$  we define

$$\nabla^\varphi v(x) := D^2\varphi(x)^{-\frac{1}{2}} \nabla v(x). \tag{2.16}$$

Poincaré and Sobolev inequalities for the Monge-Ampère quasi-metric structure (that is, under the assumption  $\mu_\varphi \in (DC)_\varphi$  only) with respect to  $\nabla^\varphi$  have been proved in [7, 8]. The next theorem extends the Poincaré-type inequalities from [7] to allow for averages of functions on arbitrary measurable subsets of the Monge-Ampère sections.

**Theorem 6** *Assume  $\mu_\varphi \in (DC)_\varphi$ . There exist geometric constants  $K_3, K_5, K_0 \geq 1$  such that for every section  $S := S_\varphi(x_0, r)$  and every (Lebesgue-measurable) subset  $\mathcal{N} \subset S$ , the following Poincaré-type inequalities hold true:*

(i) *For every  $h \in C^1(S)$  we have*

$$\int_S |h - h_{\mathcal{N}}| dx \leq K_3 \frac{|S|}{|\mathcal{N}|} \left( r |S| \int_S |\nabla^\varphi h|^2 dx \right)^{\frac{1}{2}}, \tag{2.17}$$

where  $h_{\mathcal{N}} := \frac{1}{|\mathcal{N}|} \int_{\mathcal{N}} h(x) dx$ .

(ii) *For every  $h \in C^1(S_\varphi(x_0, K_0^2 r))$  we have*

$$\int_S |h - h_{\mathcal{N}}^\varphi| d\mu_\varphi \leq K_5 \frac{\mu_\varphi(S)}{\mu_\varphi(\mathcal{N})} \left( r \mu_\varphi(S) \int_{S_\varphi(x_0, K_0^2 r)} |\nabla^\varphi h|^2 d\mu_\varphi \right)^{\frac{1}{2}}, \tag{2.18}$$

where  $h_{\mathcal{N}}^\varphi := \frac{1}{\mu_\varphi(\mathcal{N})} \int_{\mathcal{N}} h(x) d\mu_\varphi(x)$ .

The proof of Theorem 6 proceeds as the one for Theorem 1.3 in [7] and we briefly sketch it. Starting with an affine transformation  $T$  that normalizes  $S$  so that  $T(\mathcal{N}) \subset T(S) \subset B(0, 1)$  and  $T(S)$  is convex. For  $h \in C^1(S)$  define  $\bar{h} \in C^1(T(S))$  as

$$\bar{h}(y) := h(T^{-1}y) \quad \forall y \in T(S).$$

By the usual Poincaré inequality on convex sets (see, for instance, Lemma 5.2.1 [11, p.146]), there exists a constant  $C^* \geq 1$ , depending only on dimension  $n$ , such that

$$\int_{T(S)} |\bar{h}(y) - \bar{h}_{T(\mathcal{N})}| dy \leq \frac{C^* \text{diam}(T(S))^{n+1}}{|T(\mathcal{N})|} \int_{T(S)} |\nabla \bar{h}(y)| dy, \tag{2.19}$$

with

$$h_{T(\mathcal{N})} := \frac{1}{|T(\mathcal{N})|} \int_{T(\mathcal{N})} \bar{h}(y) dy.$$

Then Eq. 2.17 follows by reasoning along the lines of the proof of Theorem 1.3 in [7, Section 5] and, by means of the convex conjugate of  $\varphi$ , so does Eq. 2.18. See [7, Section 5] and [8, Section 4] for further details.

### 3 A Uniform Estimate from Parabolic Cylinders to Sections

From this point on we fundamentally depart from the non-variational techniques (based on maximum principles) used in [2] and [6]. Instead, we implement a mix of techniques from the context of divergence-form parabolic operators (see, for instance, [11, Section 5.2] on Harnack’s inequality for the heat equation) and from [7, 9] where the degeneracy of the linearized elliptic Monge-Ampère operator has been dealt with by exploring the variational side of the operator.

We start by mentioning the following lemma whose proof can be found, for instance, in [11, p.148].

**Lemma 7** ([11, p.148]) *There exists a twice continuously differentiable function  $g : (0, \infty) \rightarrow [0, \infty)$  such that*

- (i)  $g'(s) \leq 0$  for every  $s > 0$ ,
- (ii)  $g''(s) \geq (g'(s))^2 - g'(s)$  for every  $s > 0$ ,
- (iii)  $g$  satisfies

$$g(s) = \log \left( \frac{1 - e^{-1}}{1 - e^{-s}} \right) \quad \forall s \in (0, 1/2),$$

- (iv)  $g(s) = 0$  for every  $s \geq 1$ .

As mentioned in the introduction, the next theorem quantifies the fact that whenever a non-negative super-solution  $u$  is large in a portion of a parabolic cylinder, then, for  $t$  in a shorter time range, the functions  $u(\cdot, t)$  remain uniformly above zero in a portion of an inner section.

**Theorem 8** *Assume  $\mu_\varphi \in (DC)_\varphi$ . Given  $(x_0, t_0) \in \mathbb{R}^{n+1}$  and  $R > 0$ , suppose that  $u$  satisfies  $L_\varphi(u) \geq 0$  and  $u > 0$  in  $Q_{2R}$  where*

$$Q_{2R}(x_0, t_0) := S_\varphi(x_0, 2R) \times (t_0 - 2R, t_0].$$

Let  $\alpha, \beta, \varepsilon$ , and  $\sigma$  be any numbers satisfying  $0 < \sigma < \varepsilon < \beta < 1$  and

$$\frac{(1 - \varepsilon)}{(1 - \sigma)} < (1 - \alpha)[1 - 2(1 - \beta) \log K_d], \tag{3.20}$$

in particular,  $\beta$  needs to be close enough to 1 so that  $1 - 2(1 - \beta) \log K_d > 0$ . Let us put

$$Q_{R'} := S_\varphi(x_0, R') \times (t_0 - R', t_0]$$

with  $R' := \xi R \in (R, 2R]$  and  $\xi = \xi(R, \beta)$  as in Remark 5.

Then, there is a constant  $\lambda \in (0, 1)$ , depending only on geometric constants as well as on  $\alpha, \beta, \varepsilon$ , and  $\sigma$ , such that the inequality

$$\mathcal{M}(\{(x, t) \in Q_{R'} : u(x, t) \geq 1\}) \geq \varepsilon \mathcal{M}(Q_{R'}) \tag{3.21}$$

implies that

$$\mu_\varphi(\{x \in S_\varphi(x_0, \beta R') : u(x, t) \geq \lambda\}) \geq \alpha \mu_\varphi(S_\varphi(x_0, \beta R')) \quad \forall t \in (t_0 - \sigma R', t_0]. \tag{3.22}$$

*Proof* Set  $S := S_\varphi(x_0, R')$ . Take  $\zeta \in C_0^1(S)$  (independent of time  $t$ ) to be specified later and any  $t_1, t_2 \in \mathbb{R}$  such that  $t_0 - R' \leq t_1 < t_2 \leq t_0$ . For a function  $G : (0, \infty) \rightarrow [0, \infty)$  satisfying

$$G \in C^2(0, \infty), \quad G' \leq 0, \quad \text{and} \quad G'' \geq (G')^2, \tag{3.23}$$

also to be fixed later, multiply the inequality  $L_\varphi(u) \geq 0$ , which means

$$u_t - \text{trace}((D^2\varphi)^{-1} D^2u) \geq 0,$$

by  $\zeta^2 G'(u) \chi_{[t_1, t_2]}(\leq 0)$  and integrate over  $S \times [t_1, t_2]$  with respect to  $d\mathcal{M}$  to obtain

$$\int_{t_1}^{t_2} \int_S \left[ \zeta^2 G'(u) u_t \mu_\varphi - \text{trace}(A_\varphi D^2u) \zeta^2 G'(u) \right] dx dt \leq 0. \tag{3.24}$$

By applying the null-Lagrangian property (1.6) and integrating by parts, for each fixed  $t \in [t_0 - R, t_0]$ , Eq. 3.24 now reads as

$$\int_{t_1}^{t_2} \int_S \left[ \zeta^2 G'(u) u_t \mu_\varphi + \langle A_\varphi \nabla u, \nabla(\zeta^2 G'(u)) \rangle \right] dx dt \leq 0. \tag{3.25}$$

Setting  $w := G(u)$  and recalling the definition of  $\nabla^\varphi$  in Eqs. 2.16, 3.25 yields

$$\int_{t_1}^{t_2} \int_S \left[ \zeta^2 w_t + G'' \zeta^2 |\nabla^\varphi u|^2 + \langle \nabla^\varphi w, \nabla^\varphi(\zeta^2) \rangle \right] d\mathcal{M} \leq 0. \tag{3.26}$$

Now, by using Eq. 3.26, we can bound

$$\begin{aligned} & \int_{t_1}^{t_2} \int_S \left[ \zeta^2 w_t + \langle \nabla^\varphi w, \nabla^\varphi(\zeta^2) \rangle + \zeta^2 |\nabla^\varphi w|^2 \right] d\mathcal{M} \\ &= \int_{t_1}^{t_2} \int_S \left[ \zeta^2 w_t + G'' \zeta^2 |\nabla^\varphi u|^2 + \langle \nabla^\varphi w, \nabla^\varphi(\zeta^2) \rangle \right] d\mathcal{M} \\ &+ \int_{t_1}^{t_2} \int_S \left[ -G'' \zeta^2 |\nabla^\varphi u|^2 + \zeta^2 |\nabla^\varphi w|^2 \right] d\mathcal{M} \\ &\leq \int_{t_1}^{t_2} \int_S \left[ -G'' \zeta^2 |\nabla^\varphi u|^2 + \zeta^2 |\nabla^\varphi w|^2 \right] d\mathcal{M} \\ &= \int_{t_1}^{t_2} \int_S \left[ -G'' + (G')^2 \right] \zeta^2 |\nabla^\varphi u|^2 d\mathcal{M} \leq 0, \end{aligned}$$



where in the last line we used that  $\nabla^\varphi w = G'(u)\nabla^\varphi u$  and Eq. 3.23. Consequently,

$$\int_{t_1}^{t_2} \int_S \left( \zeta^2 w_t + \zeta^2 |\nabla^\varphi w|^2 \right) d\mathcal{M} \leq - \int_{t_1}^{t_2} \int_S \langle \nabla^\varphi w, \nabla^\varphi (\zeta^2) \rangle d\mathcal{M}$$

and, by Cauchy-Schwarz and Young’s inequalities,

$$\begin{aligned} & \int_{t_1}^{t_2} \int_S \left( \zeta^2 w_t + \zeta^2 |\nabla^\varphi w|^2 \right) d\mathcal{M} \leq \int_{t_1}^{t_2} \int_S |\langle \nabla^\varphi w, \nabla^\varphi (\zeta^2) \rangle| d\mathcal{M} \\ & \leq 2 \int_{t_1}^{t_2} \int_S \zeta |\nabla^\varphi w| |\nabla^\varphi \zeta| d\mathcal{M} \\ & \leq 2 \left( \int_{t_1}^{t_2} \int_S \zeta^2 |\nabla^\varphi w|^2 d\mathcal{M} \right)^{\frac{1}{2}} \left( \int_{t_1}^{t_2} \int_S |\nabla^\varphi \zeta|^2 d\mathcal{M} \right)^{\frac{1}{2}} \\ & \leq \frac{1}{2} \int_{t_1}^{t_2} \int_S \zeta^2 |\nabla^\varphi w|^2 d\mathcal{M} + 2 \int_{t_1}^{t_2} \int_S |\nabla^\varphi \zeta|^2 d\mathcal{M}. \end{aligned}$$

Therefore,

$$\begin{aligned} & \int_{t_1}^{t_2} \int_S \left( \zeta^2 w_t + \frac{1}{2} \zeta^2 |\nabla^\varphi w|^2 \right) d\mu_\varphi dt \leq 2 \int_{t_1}^{t_2} \int_S |\nabla^\varphi \zeta|^2 d\mu_\varphi dt \\ & = 2(t_2 - t_1) \int_S |\nabla^\varphi \zeta|^2 d\mu_\varphi \leq 2R' \int_S |\nabla^\varphi \zeta|^2 d\mu_\varphi. \end{aligned} \tag{3.27}$$

Next, in order to estimate  $\int_S |\nabla^\varphi \zeta|^2 d\mu_\varphi$ , we proceed along the lines of some computations in [9, Section 6], this is the step where the degeneracy of  $L_\varphi$  is circumvented by means of the null Lagrangian property (1.6). Details follow. For  $\beta \in (0, 1)$  as in the statement of the theorem (it will be helpful to bear in mind that  $\beta$  is close to 1), let  $h : \mathbb{R} \rightarrow [0, 1]$  be a differentiable function such that

$$h \equiv 1 \text{ in } [0, \beta R'], \quad h \equiv 0 \text{ in } [R', \infty), \quad \text{and} \quad \|h'\|_{L^\infty} \leq \frac{1}{R'(1 - \beta)}. \tag{3.28}$$

Recalling the definition of  $\delta_\varphi$  in Eq. 2.7, for  $x \in \mathbb{R}^n$  set

$$\delta_{x_0}(x) := \delta_\varphi(x_0, x) \quad \text{and} \quad \zeta_0(x) := h(\delta_{x_0}(x))$$

so that  $\zeta_0 \in C_0^1(S)$  and  $\nabla \zeta_0(x) = h'(\delta_{x_0}(x))\nabla \delta_{x_0}(x)$ . Integrating by parts again (notice that  $\delta_{x_0}(x) = R'$  for every  $x \in \partial S$ ) and using the null-Lagrangian property (1.6), we can write

$$\begin{aligned} & \int_S |\nabla^\varphi \zeta_0|^2 d\mu_\varphi = \int_S \langle A_\varphi \nabla \zeta_0, \nabla \zeta_0 \rangle dx = \int_S h'(\delta_{x_0})^2 \langle A_\varphi \nabla \delta_{x_0}, \nabla \delta_{x_0} \rangle dx \\ & \leq \|h'\|_{L^\infty}^2 \int_S \langle A_\varphi \nabla \delta_{x_0}, \nabla \delta_{x_0} \rangle dx = -\|h'\|_{L^\infty}^2 \int_S \langle A_\varphi \nabla \delta_{x_0}, \nabla (R' - \delta_{x_0}) \rangle dx \\ & = \|h'\|_{L^\infty}^2 \int_S \operatorname{div}(A_\varphi \nabla \delta_{x_0})(R' - \delta_{x_0}) dx \\ & = \|h'\|_{L^\infty}^2 \int_S \operatorname{trace}(A_\varphi D^2 \delta_{x_0})(R' - \delta_{x_0}) dx \\ & = \|h'\|_{L^\infty}^2 \int_S \operatorname{trace}(A_\varphi D^2 \varphi)(R' - \delta_{x_0}) dx = n \|h'\|_{L^\infty}^2 \int_S (R' - \delta_{x_0}) \mu_\varphi dx \\ & \leq \frac{nR'}{R'^2(1 - \beta)^2} \mu_\varphi(S) = \frac{n}{R'(1 - \beta)^2} \mu_\varphi(S). \end{aligned}$$

Putting this together with Eq. 3.27 implies that for every  $t_1, t_2$  in  $[t_0 - R', t_0]$ , with  $t_1 < t_2$ , the following inequality holds true

$$\int_{t_1}^{t_2} \int_S \left( \zeta_0^2 w_t + \frac{1}{2} \zeta_0^2 |\nabla^\varphi w|^2 \right) d\mathcal{M} \leq \frac{2n}{(1 - \beta)^2} \mu_\varphi(S). \tag{3.29}$$

For  $\lambda > 0$  to be fixed later, set  $w = G(u) := g(u + \lambda) \geq 0$  where  $g$  is the function from Lemma 7. For  $t \in [t_0 - R', t_0]$  set

$$\mu(t) := \mu_\varphi(\{x \in S_\varphi(x_0, R') : u(x, t) \geq 1\})$$

and

$$N_t := \{x \in S_\varphi(x_0, \beta R') : u(x, t) \geq \lambda\}.$$

From Eq. 3.21 we have

$$\int_{t_0 - R'}^{t_0} \mu(t) dt = \mathcal{M}(\{(x, t) \in Q_{R'} : u(x, t) \geq 1\}) \geq \varepsilon \mathcal{M}(Q_{R'}) = \varepsilon \mu_\varphi(S) R'.$$

Therefore, since we also have  $\mu(t) \leq \mu_\varphi(S)$  for every  $t \in [t_0 - R', t_0]$ ,

$$\int_{t_0 - R'}^{t_0 - \sigma R'} \mu(t) dt = \int_{t_0 - R'}^{t_0} \mu(t) dt - \int_{t_0 - \sigma R'}^{t_0} \mu(t) dt \geq (\varepsilon - \sigma) \mu_\varphi(S) R'.$$

By the mean-value theorem there is  $\tau \in [t_0 - R', t_0 - \sigma R']$  such that

$$\mu(\tau) \geq \frac{\varepsilon - \sigma}{1 - \sigma} \mu_\varphi(S). \tag{3.30}$$

Now, using Eq. 3.29 with  $t_1 := \tau$  and any  $t_2 \in (t_0 - \sigma R', t_0]$  followed by the doubling property (2.10), we can write

$$\begin{aligned} & \int_S \zeta_0^2(x) w(x, t_2) d\mu_\varphi(x) \\ &= \int_\tau^{t_2} \int_S \zeta_0^2(x) w_t(x, t) d\mu_\varphi(x) dt + \int_S \zeta_0^2(x) w(x, \tau) d\mu_\varphi(x) \\ &\leq \frac{2n \mu_\varphi(S_\varphi(x_0, R'))}{(1 - \beta)^2} + \int_S \zeta_0^2(x) w(x, \tau) d\mu_\varphi(x) \\ &\leq \frac{2n K_d \mu_\varphi(S_\varphi(x_0, \varepsilon R'))}{(1 - \beta)^2 \varepsilon^\nu} + \int_S \zeta_0^2(x) w(x, \tau) d\mu_\varphi(x), \end{aligned}$$

which, since  $\varepsilon < \beta < 1$ , implies that

$$\int_S \zeta_0^2(x) w(x, t_2) d\mu_\varphi(x) \leq \frac{2n K_d \mu_\varphi(S_\varphi(x_0, \beta R'))}{(1 - \beta)^2 \varepsilon^\nu} + \int_S \zeta_0^2(x) w(x, \tau) d\mu_\varphi(x). \tag{3.31}$$

On the other hand, by using that  $u(\cdot, t) < \lambda$  in  $S_\varphi(x_0, \beta R') \setminus N_t$ , that  $w = g(u + \lambda)$  with  $g' \leq 0$ , and that  $\zeta_0 \equiv 1$  in  $S_\varphi(x_0, \beta R')$ , we get

$$\begin{aligned} \int_S \zeta_0^2(x) w(x, t_2) d\mu_\varphi(x) &\geq \int_{S_\varphi(x_0, \beta R')} w(x, t_2) d\mu_\varphi(x) \\ &\geq \int_{S_\varphi(x_0, \beta R') \setminus N_{t_2}} w(x, t_2) d\mu_\varphi(x) \\ &\geq g(2\lambda) \mu_\varphi(S_\varphi(x_0, \beta R') \setminus N_{t_2}). \end{aligned}$$

Also, since  $g \equiv 0$  in  $[1, \infty)$  and  $w = g(u + \lambda) \leq g(\lambda)$ , Eq. 3.30 yields

$$\begin{aligned} \int_S \zeta_0^2(x)w(x, \tau) d\mu_\varphi(x) &\leq \int_S w(x, \tau) d\mu_\varphi(x) = \int_{\{x \in S: u(x, \tau) < 1\}} w(x, \tau) d\mu_\varphi(x) \\ &\leq g(\lambda) \mu_\varphi(\{x \in S : u(x, \tau) < 1\}) \\ &= g(\lambda)(\mu_\varphi(S) - \mu(\tau)) \leq \left(\frac{1 - \varepsilon}{1 - \sigma}\right) g(\lambda) \mu_\varphi(S) \\ &\leq \left(\frac{1 - \varepsilon}{1 - \sigma}\right) \frac{g(\lambda) \mu_\varphi(S_\varphi(x_0, \beta R'))}{1 - 2(1 - \beta) \log K_d}, \end{aligned} \tag{3.32}$$

where for the last inequality we used Eq. 2.14. Connecting the above inequalities through Eq. 3.31, for any  $t_2 \in (t_0 - \sigma R', t_0]$  it follows that

$$\begin{aligned} g(2\lambda) \mu_\varphi(S_\varphi(x_0, \beta R') \setminus N_{t_2}) &\leq \frac{2nK_d \mu_\varphi(S_\varphi(x_0, \beta R'))}{(1 - \beta)^2 \varepsilon^v} \\ &\quad + \left(\frac{1 - \varepsilon}{1 - \sigma}\right) \frac{g(\lambda) \mu_\varphi(S_\varphi(x_0, \beta R'))}{[1 - 2(1 - \beta) \log K_d]}. \end{aligned}$$

That is, for every  $t_2 \in (t_0 - \sigma R', t_0]$ , we obtained

$$\begin{aligned} \frac{\mu_\varphi(S_\varphi(x_0, \beta R') \setminus N_{t_2})}{\mu_\varphi(S_\varphi(x_0, \beta R'))} &\leq \frac{2nK_d}{(1 - \beta)^2 \varepsilon^v g(2\lambda)} \\ &\quad + \frac{(1 - \varepsilon)g(\lambda)}{(1 - \sigma)g(2\lambda)[1 - 2(1 - \beta) \log K_d]}. \end{aligned}$$

Therefore, given any  $\alpha, \varepsilon, \beta, \sigma$  as in Eq. 3.20, by (iii) in Lemma 7 we can choose  $\lambda \in (0, 1)$ , close to 0 and depending only on  $\alpha, \varepsilon, \beta, \sigma$ , dimension  $n$ , and the geometric constant  $K_d$ , such that

$$\frac{2nK_d}{(1 - \beta)^2 \varepsilon^v g(2\lambda)} + \frac{(1 - \varepsilon)g(\lambda)}{(1 - \sigma)g(2\lambda)[1 - 2(1 - \beta) \log K_d]} < (1 - \alpha).$$

Consequently,

$$\mu_\varphi(N_{t_2}) \geq \alpha \mu_\varphi(S_\varphi(x_0, \beta R')) \quad \forall t_2 \in (t_0 - \sigma R', t_0]$$

and this is precisely (3.22). □

### 4 An Arbitrarily Sensitive Critical-Density Property

Our next lemma, combined with Theorem 8, will imply that every density is critical (Theorem 10 below).

**Lemma 9** *Assume  $\mu_\varphi \in (DC)_\varphi$ . Let  $K_0 > 1$  be the geometric constant from Theorem 6. Given  $(x_0, t_0) \in \mathbb{R}^{n+1}$  and  $R > 0$ , set  $Q_{2R} := S_\varphi(x_0, 2R) \times (t_0 - 2R, t_0]$  and*

$$Q_R^* := S_\varphi(x_0, 4K_0^2 R) \times (t_0 - 2R, t_0].$$

Suppose that  $u$  satisfies  $L_\varphi(u) \geq 0$  and  $u > 0$  in  $Q_R^*$  and that there are some constants  $\alpha, \beta, \lambda, \sigma \in (0, 1)$  such that

$$\mu_\varphi(\{x \in S_\varphi(x_0, \beta R') : u(x, t) \geq \lambda\}) \geq \alpha \mu_\varphi(S_\varphi(x_0, \beta R')) \quad \forall t \in (t_0 - \sigma R', t_0] \quad (4.33)$$

where  $R' := \xi R \in (R, 2R]$  and  $\xi = \xi(R, \beta)$  are always as in Remark 5. Fix an arbitrary  $\sigma' \in (0, \sigma)$ . Then, there exists  $\theta \in (0, 1)$ , depending only on geometric constants as well as on  $\alpha, \beta, \lambda, \sigma$  and  $\sigma'$ , such that

$$u(x, t) \geq \theta \lambda \quad \forall (x, t) \in Q'_{\beta, \sigma, \sigma'} := S(x_0, \sigma' \beta R' / (K\sigma)) \times (t_0 - \sigma' R', t_0]. \quad (4.34)$$

*Proof* Let us put  $\gamma := \theta \lambda$ , where  $\theta \in (0, 1)$  will be determined later on. Since we are assuming  $L_\varphi(u) \geq 0$  in  $Q_R^*$ , by replicating the proof of Theorem 8 up through the point where we obtained (3.29), again with  $w := G(u)$  where  $G$  satisfies (3.23), but now with the section  $S_0 := S_\varphi(x_0, 2K_0^2 R')$  and  $\zeta(x) := h(\delta_\varphi(x_0, x))$  with  $h$  such that, instead of Eq. 3.28, it verifies  $h \equiv 1$  in  $[0, K_0^2 R']$ ,  $h \equiv 0$  in  $[2K_0^2, \infty)$ , and  $\|h'\|_{L^\infty} \leq 1/K_0^2$ , for every  $t_1, t_2$  in  $[t_0 - R', t_0]$ , with  $t_1 < t_2$ , we obtain

$$\int_{t_1}^{t_2} \int_{S_0} \left( \zeta^2 w_t + \frac{1}{2} \zeta^2 |\nabla^\varphi w|^2 \right) d\mathcal{M} \leq \frac{2n}{K_0^4} \mu_\varphi(S_0). \quad (4.35)$$

Now by Eq. 4.35 with  $t_1 := t_0 - \sigma R'$  and  $t_2 := t_0$

$$\int_{t_0 - \sigma R'}^{t_0} \int_{S_0} \left( \zeta^2 w_t + \frac{1}{2} \zeta^2 |\nabla^\varphi w|^2 \right) d\mathcal{M} \leq \frac{2n}{K_0^4} \mu_\varphi(S_0). \quad (4.36)$$

At this point we choose  $G$  as  $w := G(u) := g\left(\frac{u+\gamma}{\lambda}\right)$ , where  $g$  is always as in Lemma 7. In particular, the fact that  $g' \leq 0$  implies that  $w \leq g(\gamma/\lambda)$  in  $Q_R^*$ ; therefore,

$$\begin{aligned} \int_{t_0 - \sigma R'}^{t_0} \int_{S_0} \zeta^2 w_t d\mathcal{M} &= \int_{S_0} \zeta^2(x) [w(x, t_0) - w(x, t_0 - \sigma R')] d\mu_\varphi(x) \\ &\geq - \int_{S_0} \zeta^2(x) w(x, t_0 - \sigma R') d\mu_\varphi(x) \geq -g(\gamma/\lambda) \mu_\varphi(S_0). \end{aligned}$$

Along with Eq. 4.36, this yields

$$\begin{aligned} \int_{t_0 - \sigma R'}^{t_0} \int_{S_\varphi(x_0, K_0^2 R')} |\nabla^\varphi w|^2 d\mathcal{M} &\leq \int_{t_0 - \sigma R'}^{t_0} \int_{S_0} \zeta^2 |\nabla^\varphi w|^2 d\mathcal{M} \\ &\leq \left( \frac{4n}{K_0^4} + 2g(\gamma/\lambda) \right) \mu_\varphi(S_0). \end{aligned} \quad (4.37)$$

From the facts that  $g' \leq 0$  and  $g \equiv 0$  in  $[1, \infty)$  and the hypothesis (4.33), for every  $t \in (t_0 - \sigma R', t_0]$  we have

$$\begin{aligned} \alpha \mu_\varphi(S_\varphi(x_0, \beta R')) &\leq \mu_\varphi(\{x \in S_\varphi(x_0, \beta R') : u(x, t) \geq \lambda\}) \\ &\leq \mu_\varphi(\{x \in S_\varphi(x_0, \beta R') : w(x, t) = 0\}). \end{aligned}$$

Now, for each fixed  $t \in (t_0 - \sigma R', t_0]$ , we use the Poincaré inequality (2.18) from Theorem 6 with the function  $w(\cdot, t)$ , the section  $S_\varphi(x_0, \beta R')$  and the set  $\mathcal{N} := \{x \in S_\varphi(x_0, \beta R') : w(x, t) = 0\}$  to obtain

$$\int_{S_\varphi(x_0, \beta R')} w(x, t) d\mu_\varphi(x) \leq \alpha^{-1} K_5 (\beta R')^{\frac{1}{2}} \mu_\varphi(S_\varphi(x_0, \beta R'))^{\frac{1}{2}} \times \left( \int_{S(x_0, \beta K_0^2 R')} |\nabla^\varphi w(x, t)|^2 d\mu_\varphi(x) \right)^{\frac{1}{2}}$$

which, after integration in  $t$  over  $(t_0 - \sigma R', t_0]$  and the Cauchy-Schwarz inequality, yields

$$\int_{t_0 - \sigma R'}^{t_0} \int_{S_\varphi(x_0, \beta R')} w d\mathcal{M} \leq \alpha^{-1} K_5 (\beta \sigma)^{\frac{1}{2}} R' \mu_\varphi(S_\varphi(x_0, \beta R'))^{\frac{1}{2}} \left( \int_{t_0 - \sigma R'}^{t_0} \int_{S(x_0, \beta K_0^2 R')} |\nabla^\varphi w|^2 d\mathcal{M} \right)^{\frac{1}{2}}.$$

Then, by Eq. 4.37 and the doubling property (2.10), we can further estimate

$$\begin{aligned} & \int_{t_0 - \sigma R'}^{t_0} \int_{S_\varphi(x_0, \beta R')} w d\mathcal{M} \\ & \leq \alpha^{-1} K_5 (\beta \sigma)^{\frac{1}{2}} R' \mu_\varphi(S_\varphi(x_0, \beta R'))^{\frac{1}{2}} \mu_\varphi(S_0)^{\frac{1}{2}} \left( \frac{4n}{K_0^4} + 2g(\gamma/\lambda) \right)^{\frac{1}{2}} \\ & \leq K_d^{\frac{1}{2}} K_5 \alpha^{-1} (\beta \sigma)^{\frac{1}{2}} (2K_0^2/\beta)^{\frac{v}{2}} R' \mu_\varphi(S_\varphi(x_0, \beta R')) \left( \frac{4n}{K_0^4} + 2g(\gamma/\lambda) \right)^{\frac{1}{2}}. \end{aligned}$$

Setting  $K(\alpha, \beta, \sigma) := K_d^{\frac{1}{2}} K_5 \alpha^{-1} (\beta/\sigma)^{\frac{1}{2}} (2K_0^2/\beta)^{\frac{v}{2}}$  and

$$Q := S_\varphi(x_0, \beta R') \times (t_0 - \sigma R', t_0] \subset Q_{2R} \subset Q_R^*$$

we get

$$\frac{1}{\mathcal{M}(Q)} \iint_Q w d\mathcal{M} \leq K(\alpha, \beta, \sigma) \left( \frac{4n}{K_0^4} + 2g(\gamma/\lambda) \right)^{\frac{1}{2}}. \tag{4.38}$$

On the other hand, since  $L_\varphi(u) \geq 0$ ,  $G'(u) \leq 0$ , and  $G''(u) \geq 0$  in all of  $Q_R^*$  we have

$$\begin{aligned} L_\varphi(w) &= w_t - \text{trace}((D^2\varphi)^{-1} D^2 w) \\ &= G'(u)u_t - G'(u) \text{trace}((D^2\varphi)^{-1} D^2 u) - G''(u) \text{trace}((D^2\varphi)^{-1} \nabla u \otimes \nabla u) \\ &= G'(u)L_\varphi(u) - G''(u) \text{trace}((D^2\varphi)^{-1} \nabla u \otimes \nabla u) \\ &\leq -G''(u) \text{trace}((D^2\varphi)^{-1} \nabla u \otimes \nabla u) = -G''(u)|\nabla^\varphi u|^2 \leq 0. \end{aligned}$$

Hence, by applying Theorem 2 (with  $q = 1$ ,  $\tau = \sigma$  and  $\tau' = \sigma'$ ) to  $w$  in  $Q \subset Q_R^*$  it follows that, for  $K_9 > 0$  as in Theorem 2,

$$\sup_{Q_{\beta, \sigma, \sigma'}} w \leq \frac{K_9}{\mathcal{M}(Q)} \iint_Q w d\mathcal{M}, \tag{4.39}$$

with  $Q_{\beta,\sigma,\sigma'} := S(x_0, \sigma' \beta R' / (\sigma K)) \times (t_0 - \sigma' R', t_0]$ . Recalling that  $\theta := \gamma / \lambda$ , by property (iii) in Lemma 7 we can choose  $\theta \in (0, 1)$  small enough, depending only on geometric constants as well as  $\alpha, \beta$ , and  $\sigma' / \sigma$ , so that

$$g(2\gamma / \lambda) > K_9 K(\alpha, \beta, \sigma) \left( \frac{4n}{K_0^4} + 2g(\gamma / \lambda) \right)^{\frac{1}{2}}. \tag{4.40}$$

Then, we claim that

$$\inf_{Q'_{\beta,\sigma,\sigma'}} u \geq \gamma. \tag{4.41}$$

Indeed, if there were  $(x', t') \in Q'_{\beta,\sigma,\sigma'}$  such that  $u(x', t') < \gamma$ , then the fact that  $g' \leq 0$ , Eqs. 4.38, and 4.39 would imply

$$\begin{aligned} g(2\gamma / \lambda) &\leq g((u(x', t') + \gamma) / \lambda) = w(x', t') \leq \sup_{Q'_{\beta,\sigma,\sigma'}} w \\ &\leq \frac{K_9}{\mathcal{M}(Q)} \iint_Q w \, d\mathcal{M} \leq K_9 K(\alpha, \beta, \sigma) \left( \frac{4n}{K_0^4} + 2g(\gamma / \lambda) \right)^{\frac{1}{2}}, \end{aligned}$$

contradicting (4.40). Hence, Eq. 4.41 holds and the proof is complete. □

**Theorem 10** (Every density is critical). *Assume  $\mu_\varphi \in (DC)_\varphi$ . Then, for every  $\varepsilon_c \in (0, 1)$  and every  $\sigma, \sigma'$  with  $0 < \sigma' < \sigma < \varepsilon_c / (2K_d) < 1$  there exist constants  $\beta, \gamma \in (0, 1)$ , depending only on  $\sigma, \sigma', \varepsilon_c$  and geometric constants, such that for every  $(x_0, t_0) \in \mathbb{R}^{n+1}$ ,  $R > 0$ , and  $u$  satisfying  $L_\varphi(u) \geq 0$  and  $u > 0$  in  $Q_R^* := S_\varphi(x_0, 4K_0^2 R) \times (t_0 - 2R, t_0]$  the inequality*

$$\mathcal{M}(\{(x, t) \in Q_R : u(x, t) \geq 1\}) \geq \varepsilon_c \mathcal{M}(Q_R), \tag{4.42}$$

where  $Q_R := S_\varphi(x_0, R) \times (t_0 - R, t_0]$ , implies

$$\inf_{Q_{\beta,\sigma,\sigma'}} u \geq \gamma, \tag{4.43}$$

where  $Q_{\beta,\sigma,\sigma'} := S(x_0, \beta \sigma' R / (\sigma K)) \times (t_0 - \sigma' R, t_0]$ .

*Proof* Given  $\varepsilon_c \in (0, 1)$  (think  $\varepsilon_c$  close to 0) put  $\varepsilon := \varepsilon_c / (2K_d)$ . Given  $\sigma, \sigma'$  with  $0 < \sigma' < \sigma < \varepsilon < 1$ , choose  $\alpha, \beta \in (0, 1)$  as in Eq. 3.20 of Theorem 8 (that is,  $\beta$  close to 1 and  $\alpha$  close to 0). For this choice of  $\beta$ , let  $R' = \xi R$ , with  $\xi = \xi(\alpha, \beta) \in (1, 2]$ , be as in Remark 5 and set

$$Q_{R'} := S_\varphi(x_0, R') \times (t_0 - R', t_0]$$

so that  $Q_R \subset Q_{R'}$  and, by the doubling property (2.9),

$$\mathcal{M}(Q_R) = \mu_\varphi(S_\varphi(x_0, R))R \geq \frac{1}{2K_d} \mu_\varphi(S_\varphi(x_0, 2R))2R \geq \frac{\mathcal{M}(Q_{R'})}{2K_d},$$

which, along with Eq. 4.42, yields

$$\mathcal{M}(\{(x, t) \in Q_{R'} : u(x, t) \geq 1\}) \geq \frac{\varepsilon_c}{2K_d} \mathcal{M}(Q_{R'}) = \varepsilon \mathcal{M}(Q_{R'}). \tag{4.44}$$

By means of Eq. 4.44 and Theorem 8, the values of  $\alpha, \beta, \sigma,$  and  $\sigma'$  chosen above produce  $\lambda \in (0, 1)$  satisfying (3.22) and then Lemma 9 gives  $\gamma \in (0, 1)$  with

$$\inf_{Q'_{\beta,\sigma,\sigma'}} u \geq \gamma, \tag{4.45}$$

where  $Q'_{\beta,\sigma,\sigma'} := S(x_0, \beta\sigma'R'/(\sigma K)) \times (t_0 - \sigma'R', t_0]$ . Now, since  $Q_{\beta,\sigma,\sigma'} \subset Q'_{\beta,\sigma,\sigma'}$  (due to the fact that  $R < R'$ ), Eq. 4.43 follows from Eq. 4.45.  $\square$

### 5 The Double-Ball Property

With Theorem 10 in hand, we are now in position to prove the double-ball property (also known as property of *expansion of positivity*) for super-solutions under the hypothesis  $\mu_\varphi \in (DC)_\varphi$  only.

**Theorem 11** (The double-ball property) *Assume  $\mu_\varphi \in (DC)_\varphi$  and introduce the geometric constant*

$$\kappa_0 := \frac{1}{K_d(4K)^{\nu+1}} \in (0, 1). \tag{5.46}$$

*Then, for every  $\tau \in (0, 2K]$ ,  $(x_0, t_0) \in \mathbb{R}^{n+1}$ ,  $R > 0$ , and  $u$  satisfying  $L_\varphi(u) \geq 0$  and  $u > 0$  in  $S_\varphi(x_0, 4K_0^2KR) \times (t_0 - 2KR, t_0]$ , the following implication holds true*

$$\inf_{Q_1} u \geq 1 \Rightarrow \inf_{Q_2} u \geq \gamma, \tag{5.47}$$

where

$$Q_1 := S_\varphi(x_0, R/2) \times (t_0 - \tau R, t_0] \quad \text{and} \quad Q_2 := S_\varphi(x_0, R) \times (t_0 - \kappa_0\tau R, t_0].$$

*Proof* Given  $\tau \in (0, 2K]$ , set  $\varepsilon_c := 2\kappa_0\tau \in (0, 1)$ ,  $\sigma' := \varepsilon_c/(4K_d)$ , and  $\sigma \in (\sigma', 1)$  close enough to  $\sigma'$  so that  $\sigma'/\sigma > 4/5$ , and let  $\beta$  be as in Theorem 10 (notice that  $\beta$  will depend on  $\tau$ , but we can always assume  $\beta > 5/6$ , since, by Eq. 3.20,  $\beta$  must be close to 1).

Assume  $\inf_{Q_1} u \geq 1$  and, by contradiction, suppose that  $\inf_{Q_2} u \geq \gamma$  does not hold. Now, since  $\sigma'/\sigma > 4/5$  and  $\beta > 5/6$ , we get  $2\sigma'\beta/\sigma > 4/3$  and consequently

$$Q_2 = S(x_0, R) \times (t_0 - \sigma'R, t_0] \subset S(x_0, 2\sigma'\beta R/\sigma) \times (t_0 - 2\sigma'KR, t_0] =: Q'_2.$$

From the assumption  $\inf_{Q_2} u < \gamma$  it then follows that  $\inf_{Q'_2} u < \gamma$  and, by Theorem 10 applied with the just chosen values of  $\sigma', \sigma, \varepsilon_c$  (and with  $R$  replaced by  $2KR$ ), we get

$$\mathcal{M}(Q_{2KR} \cap \{u \geq 1\}) < \varepsilon_c \mathcal{M}(Q_{2KR}), \tag{5.48}$$

where  $Q_{2KR} := S_\varphi(x_0, 2KR) \times (t_0 - 2KR, t_0]$ . Since  $\tau \leq 2K$  we obtain the inclusion  $Q_1 \subset Q_{2KR} \cap \{u \geq 1\}$  and, from Eq. 5.48, the doubling property (2.10), and the definitions of  $\varepsilon_c := 2\kappa_0\tau$  and of  $\kappa_0$  in Eq. 5.46,

$$\begin{aligned} \mathcal{M}(Q_1) &\leq \mathcal{M}(Q_{2KR} \cap \{u \geq 1\}) < \varepsilon_c \mathcal{M}(Q_{2KR}) = \varepsilon_c \mu_\varphi(S_\varphi(x_0, 2KR))2KR \\ &\leq \varepsilon_c K_d(4K)^\nu \mu_\varphi(S_\varphi(x_0, R/2))2KR \\ &= \kappa_0 K_d(4K)^{\nu+1} \mu_\varphi(S_\varphi(x_0, R/2))R\tau \\ &= \mu_\varphi(S_\varphi(x_0, R/2))\tau R = \mathcal{M}(Q_1), \end{aligned}$$

leading to the contradiction  $\mathcal{M}(Q_1) < \mathcal{M}(Q_1)$ . Hence, the implication (5.47) must hold true.  $\square$

As a consequence of Theorem 11, one can prove the next result which plays the role of Lemma 3.3 in [6] (where  $\mu_\varphi \in (\mu_\infty)$  was assumed).

**Corollary 12** *Assume  $\mu_\varphi \in (DC)_\varphi$ . Given  $0 < M < N$  with  $N - M \leq 4K$ , there exists  $\gamma \in (0, 1)$ , depending only on  $M, N$ , and geometric constants, such that for every  $(x_0, t_0) \in \mathbb{R}^{n+1}$ ,  $R > 0$ , and  $u$  satisfying  $L_\varphi(u) \geq 0$  and  $u > 0$  in  $S_\varphi(x_0, 4K_0^2KR) \times (t_0 - 2KR, t_0]$ , the following implication holds true*

$$\inf_{Q_N} u \geq 1 \implies \inf_{Q_M} u \geq \gamma, \tag{5.49}$$

where

$$Q_N := S_\varphi(x_0, R/2) \times (t_0 - NR, t_0] \quad \text{and} \quad Q_M := S_\varphi(x_0, R) \times (t_0 - MR, t_0].$$

*Proof* Given  $0 < M < N$  with  $N - M \leq 4K$ , set  $\tau := (N - M)/2$ . For every  $t' \in (t_0 - MR, t_0]$  it follows that  $(t' - \tau R, t'] \subset (t_0 - NR, t_0]$  and then  $S_\varphi(x_0, R/2) \times (t' - \tau R, t'] \subset Q_N$ . Thus,  $\inf_{Q_N} u \geq 1$  implies

$$\inf_{S_\varphi(x_0, R/2) \times (t' - \tau R, t']} u \geq 1.$$

Next, Theorem 11 applied to  $u$  on  $S_\varphi(x_0, R/2) \times (t' - \tau R, t']$  yields

$$\inf_{S_\varphi(x_0, R) \times (t' - \kappa_0 \tau R, t']} u \geq \gamma. \tag{5.50}$$

Since (5.50) holds true for every  $t' \in (t_0 - MR, t_0]$ , we get  $\inf_{Q_M} u \geq \gamma$ . □

### 6 Proof of Theorem 3

Some further notation and preparations are in order. Given a parabolic cylinder  $Q := S_\varphi(x_1, \rho) \times (t_1 - \rho, t_1]$  and  $m \in \mathbb{N}$ , let  $Q_m$  be the parabolic cylinder defined as

$$Q_m := S_\varphi(x_1, \rho) \times (t_1, t_1 + m\rho].$$

In order to prove Theorem 3 we will use the following version of the result known as the *crawling ink spots theorem* (see [10, Section 6]). Namely,

**Theorem 13** *Fix  $\mu \in (0, 1)$  and  $m \in \mathbb{N}$ . Suppose that for (Lebesgue-measurable) subsets  $E \subset F \subset S_\varphi(x_0, R) \times \mathbb{R}$  the following two conditions hold true:*

(i) *for every  $(x, t) \in F$  there exists a parabolic cylinder  $Q \subset S_\varphi(x_0, R) \times \mathbb{R}$  such that  $(x, t) \in Q$  and*

$$\mathcal{M}(E \cap Q) \leq (1 - \mu)\mathcal{M}(Q), \tag{6.51}$$

(ii) *for every parabolic cylinder  $Q \subset S_\varphi(x_0, R) \times \mathbb{R}$  with  $\mathcal{M}(E \cap Q) \geq (1 - \mu)\mathcal{M}(Q)$  it follows that  $Q_m \subset F$ .*

Then,

$$\mathcal{M}(E) \leq \frac{(m + 1)}{m} (1 - \kappa\mu)\mathcal{M}(F), \tag{6.52}$$

where  $\kappa := (5K)^{-\nu}(10K_d)^{-1} \in (0, 1)$ .

The proof of Theorem 13 follows, just as in Appendix A in [10] (and see also Lemma 2.3 in [6]), from the Vitali covering lemma and the doubling condition (2.9). Another advantage



of Theorem 13 (besides not requiring  $\mu_\varphi \in (\mu_\infty)$ ) is that it can be implemented locally (because so can the Vitali covering lemma), thus allowing for the possibility that the domain of the convex function  $\varphi$  be a bounded convex open subset, instead of all of  $\mathbb{R}^n$ . We mention in passing that the proof of the Calderón-Zygmund decomposition in [6, Theorem 2.1] requires, in the notation from [6, p. 2033], that  $\lim_{r \rightarrow \infty} a(r) = 0$ , which necessitates that the domain of  $\varphi$  be all of  $\mathbb{R}^n$ .

Another element in the proof of Theorem 3 will be Lemma 4.1 from [6] which prescribes the smallness of radii of parabolic cylinders satisfying a critical density estimate. For fixed  $z_0 := (x_0, t_0) \in \mathbb{R}^{n+1}$  and  $R > 0$ , set

$$\begin{aligned} \tilde{Q}(z, R) &:= S_\varphi(x_0, R) \times (t_0 - R/2, t_0 + R/2) \\ Q_A &:= S_\varphi(x_0, 2R) \times (t_0 - 3R/2, t_0 + R/2) \\ Q_B &:= S_\varphi(x_0, 8K^2R) \times (t_0 - 3R/2, t_0 + 2R). \end{aligned}$$

**Lemma 14** ([6, Lemma 4.1]) *There exist geometric constants  $C_2, M_2, \delta_0, \varepsilon_0 > 0$  such that for every positive solution  $u$  of  $L_\varphi(u) = 0$  in  $Q_B$  with  $\inf_{Q^+} u \leq 1$ , every  $z' = (x', t') \in Q_A$ , every  $\rho > 0$ , and every  $M > M_2$ , the inequality*

$$\mathcal{M}\{z \in \tilde{Q}(z', \rho) : u(z) \geq M\} \geq (1 - \varepsilon_0)\mathcal{M}(\tilde{Q}(z', \rho)) \tag{6.53}$$

implies that  $\rho \leq C_2M^{-\delta_0}R$ .

The proof of this Lemma, that is, of Lemma 4.1 in [6], ultimately relies on Lemma 3.3 in [6] which, as mentioned, corresponds to our Corollary 12. Therefore, all constants involved are geometric constants depending only on dimension  $n$  and the constants  $\alpha_0, C_0$  in Eq. 1.3 (or, equivalently, on  $K$  in Eqs. 2.11 and 2.12).

The next lemma says that whenever sub-solutions attain critical density in a parabolic cylinder, then they are uniformly bounded away from zero forward in time. More precisely,

**Lemma 15** *Assume  $\mu_\varphi \in (DC)_\varphi$ . Let  $(x_1, t_1) \in \mathbb{R}^{n+1}$ ,  $\rho > 0$ , and  $u$  satisfy  $L_\varphi(u) \geq 0$  and  $u > 0$  in  $Q_\rho^* := S_\varphi(x_1, 4K_0^2\rho) \times (t_1 - 2\rho, t_1]$ . Set  $Q := S_\varphi(x_1, \rho) \times (t_1 - \rho, t_1]$  and suppose that*

$$\mathcal{M}(\{u \geq 1\} \cap Q) \geq \varepsilon_1\mathcal{M}(Q) \tag{6.54}$$

for some  $\varepsilon_1 \in (0, 1)$ . Then, for every  $m \in \mathbb{N}$  there exists  $\gamma_m \in (0, 1)$ , depending only on  $\varepsilon_1, m$ , and geometric constants, such that

$$\inf_{Q_m} u \geq \gamma_m, \tag{6.55}$$

where  $Q_m := S_\varphi(x_1, \rho) \times (t_1, t_1 + m\rho]$ .

*Proof* Given  $m \in \mathbb{N}$ , let  $\tau \in \mathbb{R}$  satisfy  $0 \leq \tau \leq m/(2K)$  and set

$$Q^\tau := S_\varphi(x_1, 2(\tau + 1)K\rho) \times (t_1 - 2K\rho, t_1 + 2K\tau\rho]$$

so that  $Q \subset Q^\tau$  and, by Eq. 6.54 and the doubling property (2.9),

$$\begin{aligned} \mathcal{M}(\{u \geq 1\} \cap Q^\tau) &\geq \mathcal{M}(\{u \geq 1\} \cap Q) \geq \varepsilon_1\mathcal{M}(Q) \\ &\geq \frac{\varepsilon_1\mathcal{M}(Q^\tau)}{K_d[2K(1 + \tau)]^{\nu+1}} \geq \frac{\varepsilon_1\mathcal{M}(Q^\tau)}{K_d(2K + m)^{\nu+1}} =: \varepsilon(m)\mathcal{M}(Q^\tau). \end{aligned}$$

Next, for every  $\sigma'_m, \sigma_m \in (0, 1)$  with  $\sigma'_m < \sigma_m < \varepsilon(m)/(2K_d)$ , Theorem 10 (applied with  $\varepsilon_c := \varepsilon(m)$ ,  $R := R_\tau := 2(\tau + 1)K\rho$  and  $t_0 := t_1 + 2K\tau\rho$ ) yields  $\beta_m, \gamma_m \in (0, 1)$ , depending only on  $\sigma_m, \sigma'_m, \varepsilon(m)$  and geometric constants (in particular, they are independent of  $\tau$ ) such that

$$Q_{\beta_m, \sigma_m, \sigma'_m}^\tau \inf u \geq \gamma_m \quad \forall \tau \in [0, m/(2K)], \tag{6.56}$$

where  $Q_{\beta_m, \sigma_m, \sigma'_m}^\tau := S(x_1, \beta_m \sigma'_m R_\tau / (\sigma_m K)) \times (t_1 + 2K\tau\rho - \sigma'_m R_\tau, t_1 + 2K\tau\rho]$ . As before, by choosing  $\sigma'_m, \sigma_m \in (0, 1)$  also satisfying  $\sigma'_m/\sigma_m > 4/5$  and assuming that  $\beta_m > 5/6$ , we get  $2\sigma'_m \beta_m / \sigma_m > 4/3$  so that

$$\frac{\beta_m \sigma'_m R_\tau}{\sigma_m K} = \frac{2\beta_m \sigma'_m (\tau + 1)K\rho}{\sigma_m K} \geq \frac{4(\tau + 1)\rho}{3} > \rho \quad \forall \tau \in [0, m/(2K)],$$

and we get the inclusion

$$S_\varphi(x_1, \rho) \subset S_\varphi(x_1, \beta_m \sigma'_m R_\tau / (\sigma_m K)) \quad \forall \tau \in [0, m/(2K)]. \tag{6.57}$$

Also, as  $\tau$  moves along the interval  $[0, m/(2K)]$  the time intervals  $(t_1 + 2K\tau\rho - \sigma'_m R_\tau, t_1 + 2K\tau\rho]$  cover all of  $(t_1, t_1 + m\rho]$ , which, combined with Eq. 6.57, implies that the cylinders  $Q_{\beta_m, \sigma_m, \sigma'_m}^\tau$  cover all of  $Q_m$ . Hence, the lower-bound estimate (6.56), which is uniform in  $\tau$ , gives (6.55). □

of Theorem 3 By homogeneity, we can assume that  $\inf_{Q^+} u = 1$ . Let  $\varepsilon_0, \kappa \in (0, 1)$  be the geometric constants from Lemma 14 and Theorem 13, respectively, and choose  $m \in \mathbb{N}$  large enough so that

$$\varepsilon_2 := \frac{(m + 1)}{m} (1 - \kappa\varepsilon_0) < 1. \tag{6.58}$$

Let  $\gamma_m \in (0, 1)$  be as in Lemma 15 corresponding to  $m$  as in Eq. 6.58 and to  $\varepsilon_1 := (1 - \varepsilon_0)$ . Next, fix  $M > 0$  such that

$$M^{\delta_0} > \max\{2C_2 m, \varepsilon_2^{-1}\} \quad \text{and} \quad M > \max\{M_2, \gamma_m^{-1}\} \tag{6.59}$$

where  $C_2, \delta_0$ , and  $M_2$  are the geometric constants from Lemma 14. The choices above make  $m$  and  $M$  geometric constants.

Given  $M$  as in Eq. 6.59 and  $k \in \mathbb{N}$ , let us put

$$E := \{u \geq M^{k+1}\} \cap Q^-$$

and

$$F := \{u \geq M^k\} \cap S_\varphi(x_0, R) \times (t_0 - R, t_0 + C_2 m M^{-k\delta_0} R]. \tag{6.60}$$

Notice that by the choice of  $M$  in Eq. 6.59 we have  $t_0 + C_2 m M^{-k\delta_0} R < t_0 + R/2$ ; in particular,  $F \subset Q_A$ . In order to use Theorem 13 with  $E \subset F \subset Q_A$  let us check that its two conditions hold true.

First, given  $(x, t) \in F$  (hence  $(x, t) \in Q_A$ ) pick any  $r > 0$  with

$$\max\{C_2 M^{-\delta_0} R, \delta_\varphi(x_0, x)\} < r < R,$$

so that  $\delta_\varphi(x_0, x) < r < R$  gives  $x \in S_\varphi(x_0, r)$  and then

$$(x, t) \in Q_r := S_\varphi(x_0, r) \times (t - r/2, t + r/2] \subset S_\varphi(x_0, R) \times \mathbb{R}.$$

Now, the inequality  $C_2 M^{-\delta_0} R < r$  implies that  $r > C_2 M^{-\delta_0(k+1)} R$  and, by Lemma 14 (used with  $M^{k+1}$  instead of  $M$ ), the cylinder  $Q_r$  satisfies

$$\mathcal{M}(\{u \geq M^{k+1}\} \cap Q_r) < (1 - \varepsilon_0)\mathcal{M}(Q_r)$$

which, combined with the trivial inclusion

$$E \cap Q_r = \{u \geq M^{k+1}\} \cap Q^- \cap Q_r \subset \{u \geq M^{k+1}\} \cap Q_r,$$

yields

$$\mathcal{M}(E \cap Q_r) < (1 - \varepsilon_0)\mathcal{M}(Q_r)$$

and condition (i) in Theorem 13 is met with  $\mu := \varepsilon_0$  and  $Q := Q_r$ .

Next, given any cylinder  $Q := S_\varphi(x_1, \rho) \times (t_1 - \rho, t_1]$  such that  $Q \subset S_\varphi(x_0, R) \times \mathbb{R}$  and  $\mathcal{M}(E \cap Q) \geq (1 - \varepsilon_0)\mathcal{M}(Q)$ , we will show that

$$Q_m := S_\varphi(x_1, \rho) \times (t_1, t_1 + m\rho] \subset F. \tag{6.61}$$

From  $\mathcal{M}(E \cap Q) \geq (1 - \varepsilon_0)\mathcal{M}(Q)$  and the inclusion  $Q \supset Q \cap Q^-$  we get

$$\mathcal{M}(\{u \geq M^{k+1}\} \cap Q) \geq \mathcal{M}(E \cap Q) \geq (1 - \varepsilon_0)\mathcal{M}(Q).$$

Then, by Lemma 15 used with  $\varepsilon_1 := (1 - \varepsilon_0)$  and with  $uM^{-(k+1)}$  in place of  $u$  we obtain that

$$\inf_{Q_m} uM^{-(k+1)} \geq \gamma_m$$

and then

$$\inf_{Q_m} u \geq \gamma_m M^{k+1} \geq M^k,$$

where for the last inequality we used Eq. 6.59. That is, we have proved that

$$Q_m \subset \{u \geq M^k\}. \tag{6.62}$$

Also, the fact that  $\mathcal{M}(E \cap Q) \geq (1 - \varepsilon_0)\mathcal{M}(Q) > 0$  implies the existence of  $(x'', t'') \in Q^- \cap Q$ . Then  $t'' \leq t_0$  and  $0 \leq t_1 - t'' \leq \rho$  and, due to Lemma 14 used with  $M^{k+1}$  in place of  $M$ , it follows that  $\rho \leq C_2 M^{-\delta_0(k+1)} R$ . Therefore,

$$\begin{aligned} t_1 + m\rho &= t'' + (t_1 - t'') + m\rho \leq t_0 + (m + 1)\rho \\ &\leq t_0 + C_2(m + 1)M^{-\delta_0(k+1)} R < t_0 + C_2 m M^{-\delta_0 k} R. \end{aligned}$$

On the other hand, since  $t_1 - t'' \geq 0$  and  $t_0 - R < t''$ , we get

$$t_1 = t_1 - t'' + t'' > t_0 - R.$$

Consequently,

$$Q_m \subset S_\varphi(x_0, R) \times (t_0 - R, t_0 + C_2 m M^{-k\delta_0} R). \tag{6.63}$$

Thus, by Eqs. 6.62, 6.63, and the definition of  $F$  in Eq. 6.60 the inclusion (6.61) holds true and condition (ii) in Theorem 13 is met as well.

From Theorem 13 we then obtain that, for every  $k \in \mathbb{N}$ ,

$$\begin{aligned} \mathcal{M}(\{u \geq M^{k+1}\} \cap Q^-) &= \mathcal{M}(E) \leq \frac{(m + 1)}{m} (1 - \kappa \varepsilon_0) \mathcal{M}(F) =: \varepsilon_2 \mathcal{M}(F) \\ &\leq \varepsilon_2 \mathcal{M}(\{u \geq M^k\} \cap Q^-) + \varepsilon_2 C_2 m M^{-k\delta_0} \mu_\varphi(S_\varphi(x_0, R)) R \\ &= \varepsilon_2 \mathcal{M}(\{u \geq M^k\} \cap Q^-) + \varepsilon_2 C_2 m M^{-k\delta_0} \mathcal{M}(Q^-), \end{aligned}$$

which yields

$$\frac{\mathcal{M}(\{u \geq M^{k+1}\} \cap Q^-)}{\mathcal{M}(Q^-)} \leq \varepsilon_2 \frac{\mathcal{M}(\{u \geq M^k\} \cap Q^-)}{\mathcal{M}(Q^-)} + \varepsilon_2 C_2 m M^{-k\delta_0} \tag{6.64}$$

for every  $k \in \mathbb{N}$ . In order to prove (1.5), for  $k \in \mathbb{N}$  set

$$m_k := \frac{\mathcal{M}(\{u \geq M^k\} \cap Q^-)}{\mathcal{M}(Q^-)} \quad \text{and} \quad b_k := \varepsilon_2 C_2 m M^{-k\delta_0}$$

so that Eq. 6.64 implies that

$$m_{k+1} \leq \varepsilon_2^k m_1 + \sum_{j=1}^k b_j \varepsilon_2^{k-j} \quad \forall k \in \mathbb{N}. \quad (6.65)$$

Then, from the fact that  $\varepsilon_2 M^{\delta_0} > 1$ , the sum in Eq. 6.65 can be bounded by a convergent geometric series to obtain

$$m_{k+1} \leq \left( 1 + \frac{\varepsilon_2^2 C_2 m M^{\delta_0}}{M^{\delta_0} \varepsilon_2 - 1} \right) \varepsilon_2^k \quad \forall k \in \mathbb{N}$$

and Eq. 1.5 follows with  $\delta_1$  and  $K_{10}$  depending only on the geometric constants  $\varepsilon_2$ ,  $C_2$ ,  $m$ ,  $\delta_0$ , and  $M$ .  $\square$

Finally, having proved Theorem 3 under  $\mu_\varphi \in (\text{DC})_\varphi$  only, the proof of Theorem 1 follows just as in [6, pp. 2051–53].

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