



Sporadic pituitary adenoma with somatic double-hit loss of *MEN1*

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Abstract

Purpose Pituitary adenomas commonly arise in patients with *MEN1* syndrome, an autosomal dominant condition predisposing to neuroendocrine tumor formation, and typically diagnosed in patients with a relevant family cancer history. In these patients with existing germline loss of *MEN1* on one allele, somatic loss of the second *MEN1* allele leads to complete loss of the *MEN1* protein, menin, and subsequent tumor formation.

Methods Whole exome sequencing was performed on the tumor and matching blood under an institutional board approved protocol. DNA extraction and analysis was conducted according to previously described methods.

Results We describe a 23 year-old patient with no significant past medical history or relevant family history who underwent surgical resection of a symptomatic and medically resistant prolactinoma. Whole exome sequencing of tumor and blood samples revealed somatic loss of *MEN1* at both alleles, suggesting a double hit mechanism, with no underlying germline *MEN1* mutation.

Conclusion To our knowledge, this is the first case of pituitary adenoma to arise from somatic loss of *MEN1* and in the absence of an underlying germline *MEN1* mutation.

Keywords Pituitary adenoma · *MEN1* · Menin · *PRKN* · Parkin · Prolactinoma

Introduction

Multiple endocrine neoplasia type 1 (*MEN1*) is an autosomal dominant inherited disorder predisposing to multiple tumors, most commonly those of the parathyroid, pancreas, and pituitary gland, with the latter affecting 30–40%

of patients [1]. 90% of patients with *MEN1* syndrome are diagnosed with a relevant family history, while the remaining 10% present with a *de novo* germline mutation [2]. *MEN1* mutated pituitary adenomas, like other *MEN1* related tumors, form after a second change on the other *MEN1* allele at the somatic level, resulting in complete loss of the *MEN1* protein, menin.

We describe the first case to our knowledge of a pituitary adenoma, arising from somatic loss of both alleles of *MEN1*, and notably in the absence of an underlying germline *MEN1* mutation. Interestingly, whole exome sequencing also detected a pathogenic germline mutation in the Parkin RBR E3 ubiquitin protein ligase (*PRKN*) gene, which encodes the multifunctional ubiquitin ligase Parkin and has been linked to development of autosomal recessive juvenile parkinsonism [3]. Notably, *PRKN* mutations have been increasingly reported in various human cancers whereby under-expression or loss of Parkin carries clinical prognostic significance [4]. We review the relevant literature and hypothesize on potential mechanisms linking loss of *PRKN* and a predisposition to mutations of hallmark oncogenes, such as *MEN1*.

Christopher S. Hong and Hasan Alanya shared first authorship.

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Methods

Whole exome sequencing (WES) was performed on the tumor and matching blood in accordance with our previously described methods [5]. DNA extraction, exome capture (IDT xGen Exome Research Panel Version 1, with additional spike-ins), and sequencing was carried out at Yale Cancer for Genome Analysis (YCGA) with Illumina NovaSeq 600 WES system, resulting in 2×101 -bp reads. High mean coverage of 301.8X and 141.8X was achieved for tumor and blood respectively. Downstream analysis including alignment to reference genome (Grch37), marking duplicates, and local realignment was performed using GATK (v3.4, Grch37). Germline single-nucleotide variations (SNVs), insertions/deletions (INDELs) were identified using GATK HaplotypeCaller (v3.4). Annotations of the variants were performed using ANNOVAR (version 2019-10-24) and VEP (v95). Rare germline variants were identified by filtering out variants with allele-frequency $> 1\%$ in the control databases, such as gnomAD-genome and gnomAD-exome (release 170,228), for all the subpopulations. For somatic variant discovery, MuTect (v2.7) and Indelocator (IndelGenotyperV2) were used to call SNVs and INDELs, respectively. Somatic calls were further filtered based on the variant allele frequency (VAF) in the matching normal sample and tumor tissue, as well as the frequency of these variants in control databases such as 1000Genomes, ExAC and NHLBI ($< 1\%$). Copy number variations (CNV) were identified using GATK (v4)'s corresponding CNV workflow for both somatic and germline analysis. Somatic CNVs and loss-of-heterozygosity (LOH) was assessed using the matching normal sample to normalize and denoise the CNV events for the tumor. Germline CNV analysis was carried out in cohort mode with default parameters for the workflow using a panel of 114 blood samples obtained from other sequencing projects carried out by our group and sequenced with the same capture method.

Case presentation

A 23-year-old male with a known prolactinoma was referred for neurosurgical consultation. His oncologic history was as follows. His prolactinoma had been diagnosed 10 years earlier when he presented with several months of headache and polydipsia. Magnetic resonance imaging (MRI) at the time revealed a 5 cm sellar mass and serum testing identified elevated prolactin (PRL) levels (6730 ng/mL). There was no relevant family history of neuroendocrine tumors to suggest an underlying diagnosis of any of the multiple endocrine neoplasia syndromes. Likewise, results from a comprehensive metabolic panel were all within normal limits, and he had no gastrointestinal, urinary, or hypoglycemic symptoms

to suggest the presence of an additional neuroendocrine tumor. On visual field testing, the patient exhibited bitemporal hemianopsia (Fig. 1A, B). The patient was started on cabergoline and repeat imaging obtained four months later demonstrated reduction in tumor size, decreased prolactin levels (PRL 176 ng/mL), as well as clinical improvement of his visual deficits (Fig. 1C, D). Unfortunately, he was then lost to follow-up for the next two years, after which he re-presented with worsening vision and admitted to non-compliance with cabergoline over the past year. Interval imaging revealed regrowth of the lesion to 3 cm, prompting increasing his cabergoline dosing. The patient was then lost to follow-up for another 1.5 years until he presented to the emergency department after a seizure. MRI demonstrated a large 3.6 cm lobulated sellar mass with suprasellar extension, causing effacement of the left lateral ventricle (Fig. 2A, B). Pre-operative labs were notable for a PRL > 4700 ng/mL. On examination, the patient demonstrated severe gynecomastia without galactorrhea, as well as bitemporal hemianopsia. Given concern for development of tumor resistance to cabergoline as well as his history of inconsistent medication compliance, he was referred for surgical resection.

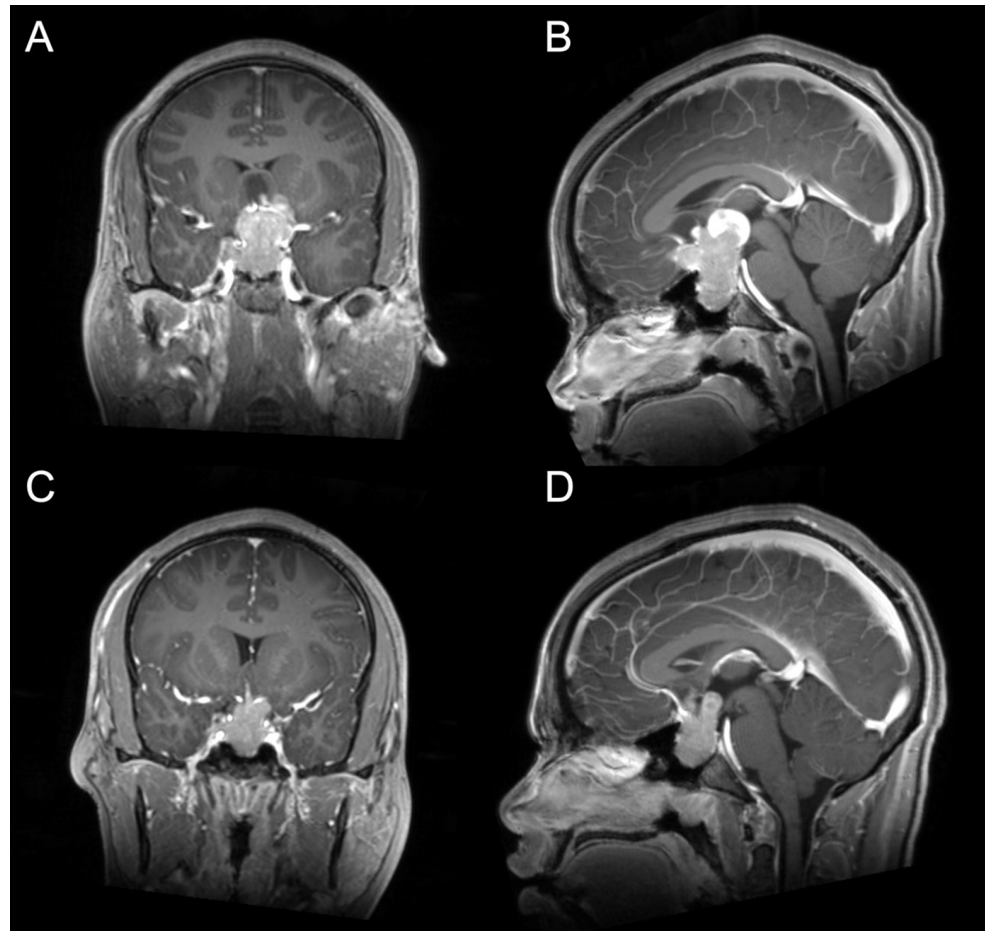
After obtaining informed consent, the patient subsequently underwent endoscopic endonasal resection of his tumor. The majority of the tumor was resected, and the optic chiasm was adequately decompressed (Fig. 2C, D). A small residual portion of tumor was left anterolaterally where it was significantly adhered to the carotid bifurcation. Post-operatively, he experienced transient diabetes insipidus and maintained a normal hypothalamus-pituitary axis, precluding any need for steroids. At last follow-up, he had been weaned to a lower dose of 0.5 mg cabergoline three times weekly. He reported improvement in his vision, energy levels, and denied any breast tenderness or galactorrhea, polyuria or polydipsia.

Final pathology revealed an adenohypophyseal neoplasm with round to oval nuclei, stippled chromatin, variably distinct nucleoli, and eosinophilic cytoplasm (Fig. 3A). Sheet-like growth was highlighted by reticulin staining (Fig. 3B). Mitotic activity was rare (Ki-67 index $< 1\%$) and necrosis was absent. Immunohistochemical staining was positive for synaptophysin, PIT-1, Cam5.2, and prolactin (Fig. 3C), taken together consistent with a diagnosis of prolactinoma.

Genomics findings

We conducted WES on both the tumor and matching blood samples in order to detect somatic alterations specific to the tumor, as well as to uncover any rare germline alterations that could be pertinent to the presented pathology. Our analysis revealed 11 somatic SNV/INDELs with variant allele frequency (VAF) greater than 10% in the tumor. Only

Fig. 1 Serial MRI of the patient's tumor leading up to surgery. Representative T1-weighted post-contrast (A) coronal and (B) sagittal images demonstrate a 3.5 cm sellar lesion at time of original diagnosis. (C, D) Repeat imaging obtained four months after cabergoline treatment demonstrated interval reduction in tumor size



one of these 11 identified somatic SNV/INDELS, *MEN1* (NM_000244, p.G161R), was previously reported to be cancer related. *MEN1* (NM_000244, p.G161R), was reported to be “Likely-pathogenic” by ClinVar [6] (RCV001269563.1) and predicted to be deleterious by SIFT [7], Polyphen2 [8], FATHMM [9], and MetaSVM [10]. Our somatic CNV analysis yielded an intriguing result, as only 4.2% of the genome showed alterations due to a somatic CNV event. The analysis revealed the deletion of the entire chromosome 11, which overlaps with the *MEN1* locus. Additionally, the variant allele frequency (VAF) of the *MEN1*-p.G161R missense mutation was 71.5% in the tumor sample, suggesting a somatic double-hit mechanism (Fig. 4).

Rare germline variant analysis revealed 1194 coding region and splicing variants, with only three “Pathogenic” (*PRKN*: p.R126W: NM_013988, *CASPI4*: p.D154fs: NM_012114), or “Likely pathogenic” (*DHCR7*: p.G147D: NM_001163817) variants per ClinVar. Interestingly, germline analysis did not reveal any SNV/INDELS or CNVs on *MEN1* gene. None of these pathogenic/likely pathogenic rare variants were previously reported to be associated with familial or early-onset pituitary adenoma, or any other neuroendocrine tumor syndromes. The pathogenic *PRKN*:

p.R126W mutation identified in this study is noteworthy as it affects the RING finger 1 domain of the Parkin protein, which impairs mitochondrial ubiquitination by disrupting the catalytic site and proper protein localization [12, 13]. This mutation has also been found in cases of familial early-onset Parkinson’s disease [14–16], as well as in somatic and germline forms of lung cancer [11, 17]. Furthermore, a recent study that examined the germline genomic profiles of children, adolescents, and young adults with solid tumors found a higher frequency of *PRKN* loss-of-function mutations [4].

Discussion

Despite the genetically unremarkable profile of the vast majority of pituitary tumors, the common molecular mechanisms that drive them remain yet to be discovered. However, in recent years, a subset of functional pituitary tumors have been associated with recurrent somatic gain-of-function mutations, including mutations of *GNAS* in growth hormone (GH)-secreting tumors causing acromegaly [18] and mutations of *USP8* in cortisol-secreting tumors

Fig. 2 Pre- and post-operative MRI of the patient's tumor. Representative T1-weighted post-contrast (A) coronal and (B) sagittal images obtained at time of seizure presentation and preceding surgery showed tumor regrowth, concerning for development of tumor resistance to medical therapy. (C, D) Post-operative imaging obtained one day after surgery showed interval tumor removal and decompression of the optic chiasm

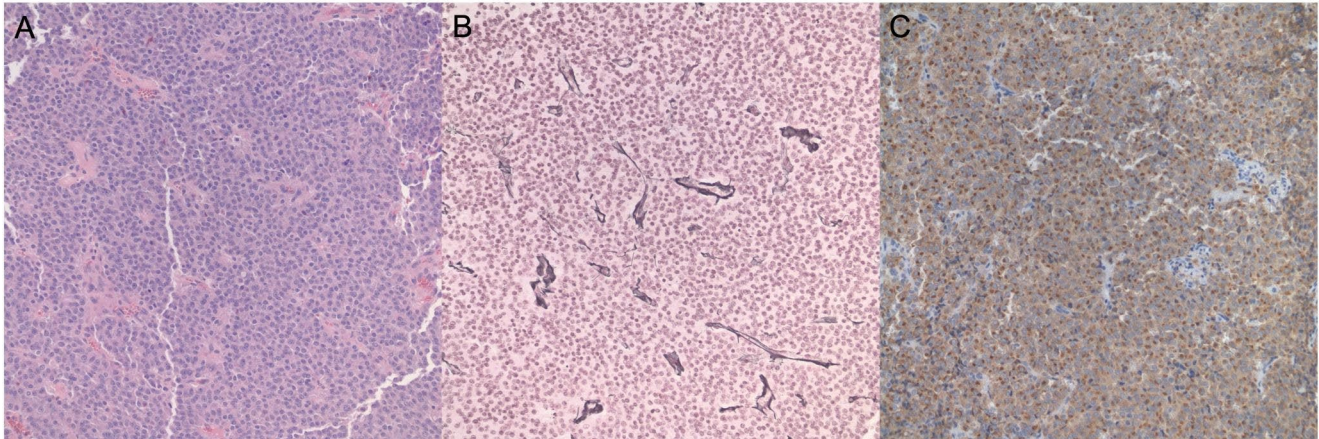
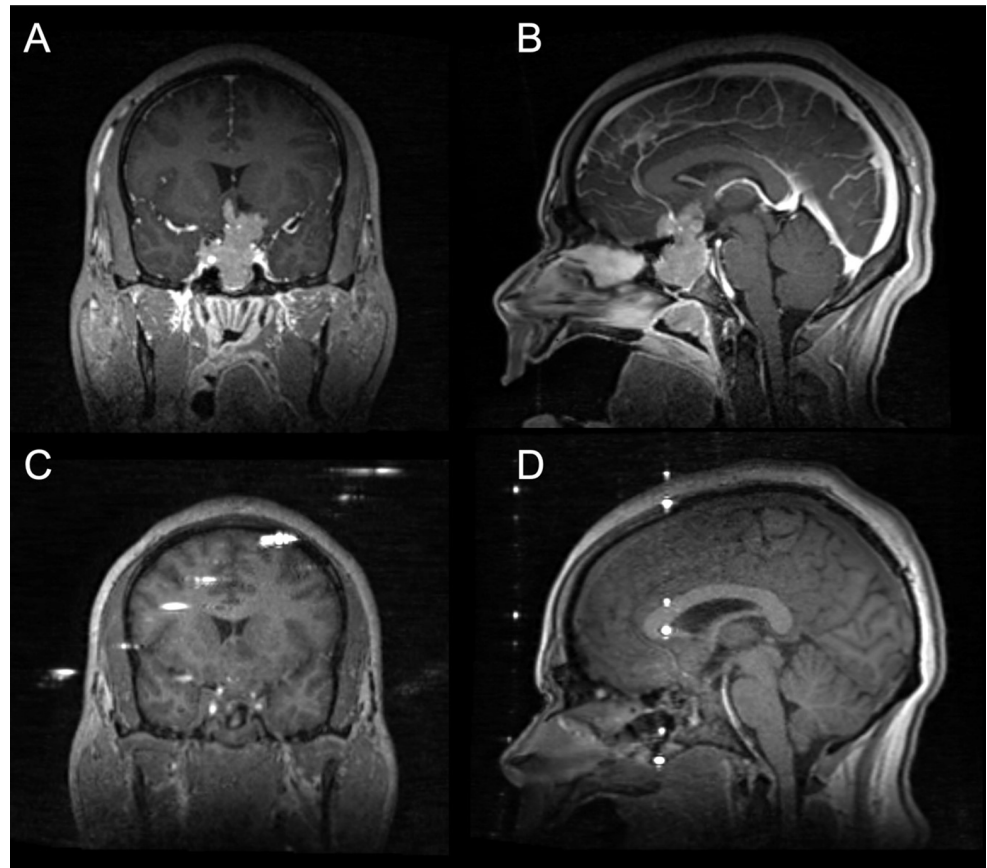


Fig. 3 Pathology. Representative photomicrographs of resected tissue with (A) H&E stain, (B) reticulin staining, and (C) immunohistochemical staining for prolactin depict histologic features consistent with prolactinoma. Magnification x200

causing Cushing disease [19]. On the other hand, a minority of pituitary tumors (~5%) are hereditary, presenting with a relevant family history and/or *de novo* germline mutations. Examples of such tumor-predisposing syndromes include germline *PRKARIA* mutations in Carney complex and germline *AIP* mutations among others [20, 21]. That said, syndromic pituitary tumors have been most commonly and classically associated with MEN1 syndrome [22].

The *MEN1* gene has been identified as the primary genetic contributor to multiple endocrine neoplasia type 1, a disorder characterized by the development of tumors in multiple endocrine glands. To date, over 1,300 distinct mutations in the *MEN1* gene have been identified as causative factors for MEN1. The most commonly affected endocrine glands in MEN1 include the parathyroid, pancreas, and pituitary, the latter of which leads to pituitary adenoma

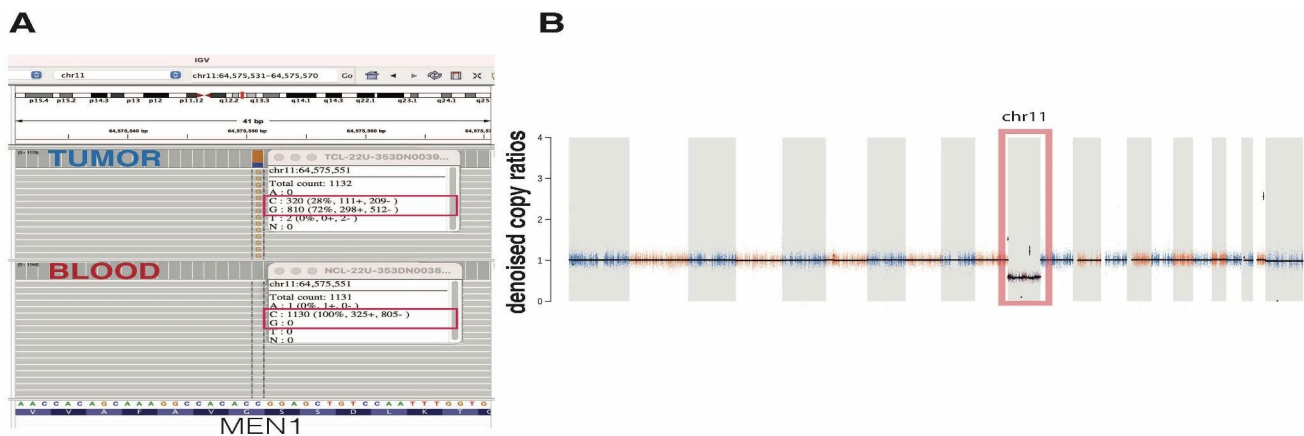


Fig. 4 Somatic bi-allelic loss of *MEN1*. **(A)** A somatic deleterious *MEN1* missense mutation with increased VAF, overlapping with **(B)** a somatic deletion of chr11 indicates somatic bi-allelic loss of *MEN1*.

formation in approximately 40% of patients [23, 24]. The majority of *MEN1* gene mutations result in the production of a truncated, non-functional form of the protein menin, or a protein that is rapidly degraded. This leads to the absence of functional menin in affected cells, as a result of the loss of function of one copy of the *MEN1* gene. In instances where both copies of the *MEN1* gene are altered, no functional menin is produced. Menin is a tumor suppressor protein that is involved in transcriptional regulation of genomic stability and transcription, as well as cell cycle control during cell division [25]. The specific mechanism by which the loss of menin leads to tumor formation in endocrine glands remains to be fully understood.

Interestingly, germline *MEN1* mutations have been diagnosed in young patients with sporadic pituitary adenomas and no relevant family history. Cuny et al. screened 174 such patients, all under age 30, and detected germline *MEN1* mutations in 3.4% of patients [26]. However, to our knowledge, this is the first report of a pituitary adenoma, arising from a somatic loss of both alleles, resulting in complete loss of functional menin. Sequencing of germline DNA did not reveal an underlying *MEN1* germline mutation, supported by the fact that our patient had no relevant family history or clinical findings of MEN1 syndrome. Interestingly, somatic double hit mutations have been identified in other neuroendocrine tumors in the absence of a germline *MEN1* mutation, including those of the pancreas and parathyroid gland [27–29]. However, similar studies in pituitary adenomas have failed to find a case where somatic loss of both *MEN1* alleles was identified [30–32]. As such, our case, while rare, demonstrates that somatic double hit mutations in *MEN1* can occur and likely contributes to the pathogenesis of sporadic pituitary adenoma.

Although we have not found any other germline mutations previously linked to familial or early-onset pituitary adenomas or neuroendocrine tumor syndromes, the discovery of

a pathogenic *PRKN* mutation is intriguing. Mutations in *PRKN* have been linked to autosomal recessive juvenile parkinsonism, an inherited form of Parkinson’s disease [3]. The gene encodes Parkin, which is a ubiquitin ligase that has been most notably studied in neuroprotection. Its functions include maintaining protein and mitochondrial homeostasis through regulation of cellular autophagy and mitophagy [33–35]. *PRKN* also plays a role in regulation of the cell cycle, apoptosis, and reactive oxygen species, and, interestingly, there are increasing data to suggest a role for *PRKN* in various human cancers via its role as a potential tumor suppressor gene [36–38]. Numerous mechanisms for *PRKN* in tumorigenesis have been described, including regulation of the G1/S-phase cell cycle transition [39], stabilization of the anaphase promoting complex during mitosis [40], and maintenance of cellular metabolism and suppression of glycolysis via interaction with TP53 [41]. Additionally, a recent review of clinical findings of *PRKN* abnormalities in human patients described downregulation of *PRKN* across many different cancers, including a role for predicting poor clinical prognosis in patients with cancers of the brain, nasopharynx, breast, and lung among others [42]. Notably, several studies have also shown germline mutations to predispose patients to development of lung cancer [43, 44], including one group who detected the same germline variant seen in our patient in a family with eight cases of lung cancer [11]. This gene is known to cause juvenile Parkinson’s disease and has recently been linked to a higher frequency of loss-of-function germline mutations in children, adolescents, and young adults with solid tumors [4]. However, it remains unclear whether germline loss-of-function *PRKN* mutations have clinical significance in terms of cancer predisposition. Interestingly, this variant is also one of the most common variants detected in patients with autosomal recessive juvenile parkinsonism [45]. *PRKN* promotes apoptosis in cancer cells via ubiquitination and degradation of the Bcl-2 family

proteins [46]. That said, there is no established mechanistic link between the germline *PRKN* and somatic *MEN1* mutations, detected in our case. Lastly, several studies have demonstrated *PRKN* deficiency results in increased inflammation and genomic instability [11, 40, 47]. As such, one hypothesis could be that a combination of loss of normal apoptosis and regulation of reactive oxygen species may predispose to genomic instability, leading to mutations of hallmark oncogenes, such as *MEN1*. Clearly, further studies are needed to answer this question.

In conclusion, we describe a case of a sporadic pituitary adenoma with somatic loss of both *MEN1* alleles in the absence of an underlying germline mutation. Additionally, we detected a pathogenic germline mutation in *PRKN*, for which there is increasing evidence to suggest a role as a tumor suppressor gene. Further genomic reports are needed to establish whether there is a mechanistic link between germline *PRKN* mutations and increased cancer predisposition risk.

Author contributions C.S.H. and H.A. wrote the main manuscript text. C.S.H., H.A., and M.D. prepared the figures. C.S.H., S.B.O., and E.Z.E. conceptualized the study and provided supervision. All authors were involved in the clinical care of the patient and reviewed the manuscript.

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Data Availability Additional data may be requested from the corresponding author.

Declarations

Competing interests The authors declare no competing interests.

Ethical approval This study was approved under an institutional board approved protocol. Written informed consent was obtained.

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