

# ‘Ectopic’ suprasellar type IIa PRL-secreting pituitary adenoma

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## Abstract

**Background** Ectopic pituitary adenomas (EPAs) are rare, and the suprasellar cistern seems to be the most common location. At this time, no detailed original classification, diagnosis, or treatment protocols for suprasellar pituitary adenomas (SPAs) have been described.

**Case description** A 19-year-old man showed visual disturbances and lack of libido for 3 years, he suffered a sharp decline in vision with only light perception in the last week. Magnetic resonance imaging scans revealed a large suprasellar cystic lesion with a normal pituitary in the sella turcica. Endocrinological findings showed an extremely high prolactin level of 1250 ng/mL. Because of the sharp decline in vision, the patient underwent total removal of the suprasellar lesion using a transfrontal interhemispheric approach. The tumor pedicle originated in the lower pituitary stalk without any connection to the anterior pituitary gland in the sella turcica, while the diaphragma sellae was incomplete. Clinical and endocrinological cure criteria were fulfilled and postoperative pathology confirmed a prolactin-secreting pituitary adenoma.

**Conclusion** Ectopic suprasellar pituitary adenomas (ESPAs) are extremely rare intracranial extracerebral tumors. SPAs can be classified into three types according to their origin and their relationship with surrounding tissue. Only type III is theoretically a true ectopic, based on

previous reports. Thus, ESPAs are uncommon compared to other EPAs. Our case is the first reported case of a type IIa ‘E’SPA and the first description of this subtype classification until now. The pars tuberalis may be different from the pars distalis, and each subtype of adenohypophyseal cells may have different migration characteristics, which leads to different proportions of each hormone-secreting subtype in SPAs and EPAs. Transsphenoidal surgery is minimally invasive, but transcranial surgery may remain a universal option for the treatment of suprasellar lesions.

**Keywords** Ectopic suprasellar pituitary adenoma · Suprasellar · Pituitary adenoma · Subdiaphragmatic · Supradiaphragmatic · Diaphragma sellae

## Introduction

Pituitary adenomas are the most common lesion found in the sellar space, and ectopic pituitary adenomas (EPAs) are extremely rare. Their origin is identical to the adenohypophysis but they grow completely outside of the sella turcica [1], without any continuity with the intrasellar normal pituitary gland. Since Erdheim [2] reported the first case of EPA in 1909, about 100 cases have been reported in the literature [1, 3–5], with tumor sites including sphenoid sinus [1, 5–11], suprasellar cistern [1, 3, 10–14], cavernous sinus [3, 6, 12, 15], clivus [16], nasal cavity, sphenoid wing, petrous temporal bone, superior orbital fissure, temporal lobe [17], and the third ventricle [18]. Suprasellar cisterns are the most common ectopic location [1]. However, according to our understanding of the origin of suprasellar pituitary adenomas (SPAs), many adenomas previously considered ectopic, attached to the pituitary stalk above diaphragma sellae (DS), are misclassified as

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true ectopic adenomas originating from leptomeninges of the peri-infundibular region [1, 3, 5]. Thus, it is important to have a detailed classification of the origin of SPAs, and the true incidence of suprasellar cisterns among all ectopic locations should be reevaluated. Here, we report a case of ‘ectopic’ suprasellar subdiaphragmatic prolactinoma and report this subtype of ‘ectopic’ SPAs with a large size, clear intraoperative image, and satisfactory prognosis after craniotomy. A brief review of 36 ectopic suprasellar pituitary adenomas (ESPAs) are presented (including our case) (Table 1) to provide improved original classification, diagnosis, and treatment protocols.

## Case description

A 19-year-old man presented with decreased visual acuity and progressive visual field defects for 3 years, he suffered a sharp decline in vision with only light perception in the last week and was admitted to our department. He also complained of lack of libido over the past few years and a childish appearance, which was indicative of dysplasia of male secondary sexual characteristics. Physical examination was normal except for the visual disturbance. Visual acuity was only light perception in both eyes. Endocrinological findings showed an extremely high prolactin (PRL) level of 1250 ng/mL (normal, 2.1–17.7 ng/mL), while total testosterone (TT) level was slightly lower, 169.9 ng/dl (normal, 241.0–827.0 ng/dl); other pituitary hormone levels, including growth hormone (GH), insulin-like growth factor-1 (IGF-1), adrenocorticotrophic hormone (ACTH), follicle-stimulating hormone (FSH), luteinizing hormone (LH), and thyroid-stimulating hormone (TSH) levels were within normal limits. Magnetic resonance imaging (MRI) scans revealed a large suprasellar cystic lesion with an enhanced surrounding capsule. It pushed the pituitary gland and stalk slightly to the left and the optic chiasm slightly upward (Fig. 1). Preoperative diagnoses mainly focused on suprasellar prolactinoma.

Because of the sharp decline in vision, the patient was not accepted any medical treatment (such like cabergoline). Instead, he underwent a timely tumor resection of craniotomy through a right-sided transfrontal interhemispheric approach to decompress optic nerves completely. Intraoperative situations are shown in Fig. 2, and the tumor was located in the suprasellar cisterns with a dark red capsule and yellowish cyst fluid inside. A substantial part of the tumor was soft and reddish and could be easily aspirated. When isolating the tumor step by step, we could see that the tumor pedicle originated in the lower pituitary stalk without any connection to the anterior pituitary gland in the sella turcica, while the diaphragma sellae was incomplete. It pushed the pituitary gland and stalk posterior to the left,

the optic nerves were displaced bilaterally, and the optic chiasm was compressed upward (Fig. 2). Histopathological examination (hematoxylin and eosin stain) of the tumor specimen revealed typical acidophilic or chromophobe adenoma cells with rich sinusoidal structures (Fig. 3). Immunohistochemical staining for hormones showed that the tumor was strongly positive for PRL, but was negative for GH, ACTH, FSH, LH, and TSH.

The patient’s postoperative course was satisfactory. His vision returned to 0.2 (4.3) in both eyes and the visual field showed a bitemporal hemianopsia. He developed transient diabetes insipidus, but recovered quickly, within 1 week. The PRL level dropped to 8.8 ng/mL on the third postoperative day and was maintained for the next 2 months; the TT level increased gradually to normal limits during the next 3 months. Other endocrinological hormones including GH, IGF-1, ACTH, FSH, LH, and TSH were all within normal limits during follow-up. An MRI scan 6 months after operation showed that the tumor had been completely resected from the suprasellar region and the pituitary gland and stalk were well-preserved (Figs. 1, 2).

## Discussion

The pituitary gland includes the adenohypophysis and neurohypophysis. The adenohypophysis originates extracranially and elongates upward, and it later becomes attached to the neurohypophysis, which is formed by the descent of the infundibular recess [3]. The adenohypophysis consists of the pars distalis, the pars intermedia, and the pars tuberalis. The pars distalis originates from the thickened anterior wall of Rathke’s pouch. It is the primary mass of the pituitary and synthesizes and secretes various hormones. The pars intermedia is a remnant of the posterior wall of Rathke’s pouch and is considered vestigial in humans [3]. The pars tuberalis is the upward extension from the pars distalis and surrounds the pituitary stalk anteriorly. The neurohypophysis consists of the pars nervosa, which is the inferior elongation of the hypothalamus, and adheres to pars intermedia forming the posterior lobe (neurohypophysis).

EPAs are rare intracranial extracerebral tumors. Their origin is identical with the adenohypophysis but they grow completely outside of the sella turcica [1]. The suprasellar cistern is the most common location for EPAs. However, not every SPA is an EPA; most of them are not. According to previous anatomical analyses, the origins of SPAs can be classified into three types (Table 2; Fig. 4). Type I are SPAs originating from pars distalis, the superior portion of the anterior pituitary tissue, and extending superiorly through the DS. Type II are SPAs originating from pars tuberalis, an elevated portion of the anterior pituitary tissue and mainly constituting the pituitary stalk, which is the most common

**Table 1** Reported cases of ectopic suprasellar pituitary adenomas

Case no.	Series (ref. no.)	Age (years)/Sex	Symptoms	Diagnosis	Elevated hormone levels	IHC	Subtype of SPAs
1	Ogilvy and Jakubowski (1973) [19]	49/F	Acromegaly	TCS	GH	NA	NA
2	Rothman et al. (1976) [20]	15/M	Seizure, headache	TCS	NF	No	I Ib
3	Hamada et al. (1990) [8]	53/F	Visual disturbance	TCS	NF	No	I Ib
4	Iwai et al. (1990) [21]	26/M	Headache, vomiting, visual disturbance	TCS	PRL and GH	PRL and GH	NA
5	Matsumura et al. (1990) [22]	71/M	Dizziness, unsteadiness	TCS	NF	ACTH	I Ib
6	Tamaki et al. (1991) [9]	56/M	Dizziness, vomiting, diplopia	TCS	PRL	PRL	III
7	Luk et al. (1992) [23]	34/F	Diabetes insipidus, amenorrhea	TCS	PRL	No	I Ib
8	Lindboe et al. (1993) [7]	34/F	Amenorrhea, headache, visual disturbances	TCS	ACTH and TSH	ACTH and TSH	NA
9	Tal (1993) [24]	32/F	Cushing's syndrome	TCS	ACTH	NA	I Ib
10	Dyer et al. (1994) [25]	20/F	Amenorrhea, galactorrhea	TSS→TCS	PRL	NA	I Ib
11	Dyer et al. (1994) [25]	13/M	Cushing's syndrome	TSS→TCS	ACTH	ACTH	I Ib
12	Dyer et al. (1994) [25]	14/F	Cushing's syndrome	TSS→medication	ACTH	NA	III
13	Dyer et al. (1994) [25]	22/F	Nelson's syndrome	TSS→GKRS	ACTH	NA	NA
14	Kohno et al. (1994) [26]	33/F	Visual disturbance	TCS	NF	No	I Ib
15	Tanaka et al. (1994) [27]	57/M	Bitemporal hemianopsia	TCS	NF	No	NA
16	Akimoto et al. (1995) [28]	68/M	Memory, gait, incontinence	TCS	NF	No	NA
17	Takahata et al. (1995) [29]	37/F	Cushing's syndrome	TCS	ACTH	ACTH	III
18	Mason et al. (1997) [30]	29/F	Cushing's syndrome	TSS	ACTH	ACTH	I Ib
19	Mason et al. (1997) [30]	41/M	Cushing's syndrome	TSS	ACTH	ACTH	I Ib
20	Mason et al. (1997) [30]	26/F	Cushing's syndrome	TSS	ACTH	ACTH	I Ib
21	Mason et al. (1997) [30]	34/M	Cushing's syndrome	TSS	ACTH	ACTH	I Ib
22	Nagatani et al. (1997) [31]	61/F	Visual disturbance	TCS	PRL	PRL	III
23	Jung et al. (2000) [32]	23/F	Cushing's syndrome	TCS	ACTH	ACTH	I Ib
24	Hou et al. (2002) [3]	11/M	Cushing's syndrome	TSS→TCS	ACTH	ACTH	I Ib
25	Ueda et al. (2003) [33]	21/M	Visual disturbance, hyperprolactinemia	TCS	PRL	PRL	III
26	Peker et al. (2005) [34]	37/F	Menstrual dysregulation and bitemporal hemianopsia	TCS	PRL	PRL	I Ib

**Table 1** (continued)

Case no.	Series (ref. no.)	Age (years)/Sex	Symptoms	Diagnosis	Elevated hormone levels	IHC	Subtype of SPAs
27	Caranci et al. (2006) [5]	25/F	Amenorrhea, frontal headache	TSS→TSS	NF	No	NA
28	Dam-Hieu et al. (2007) [35]	20/F	Cushing's syndrome	TSS→TCS	ACTH	ACTH	Iib
29	Dam-Hieu et al. (2007) [35]	41/F	Cushing's syndrome	TCS	ACTH	ACTH	Iib
30	Guerrero et al. (2007) [1]	31/M	Chronic headache, acromegaly	TCS	GH	GH and PRL	III
31	So et al. (2008) [36]	49/M	Headache	TCS	NF	No	NA
32	Mizutani et al. (2009) [12]	52/F	No	TCS	NF	No	III
33	Kinoshita et al. (2012) [37]	59/F	Chronic headache	TSS	NF	TSH and PRL	III
34	Fuminari et al. (2015) [38]	61/M	Visual disturbance	TSS (3D)	NF	No	III
35	Wang et al. (2016) [39]	46/M	Heart palpitation, weight loss, and visual disturbance	TSS	TSH	TSH	III
36	Current case	19/M	Visual disturbance, libido lack	TCS	PRL	PRL	Iia

TCS transcranial surgery, TSS transsphenoidal surgery, IHC immunohistochemistry, F female, M male, ACTH adrenocorticotrophic hormone, GH growth hormone, PRL prolactin, GKRS gamma knife radiosurgery, SPA suprasellar pituitary adenoma, NF non-functioning adenoma, No no positive IHC, NA not available

source of SPAs in reported cases [8, 10, 12, 38]. Type III are SPAs originating from residual cells of Rathke's pouch. When the pars tuberalis of Rathke's pouch migrate upward to the hypothalamus at late stages, adenohypophyseal cells of pars tuberalis may migrate aberrantly to the suprasellar peri-infundibular region. These cells are not in continuity with the pars tuberalis (pituitary stalk) and are considered to be the source of ESPAs in this region [6, 40]. Type II SPAs can be further classified into a subdiaphragmatic subtype (Type Iia) and a supradiaphragmatic subtype (Type Iib), according to their relationship with DS. Furthermore, type I and type II SPAs cannot be called ectopic because of their continuity with anterior lobe tissue, only type III SPAs are real ectopic. Thus, ESPAs are less common than other EPAs.

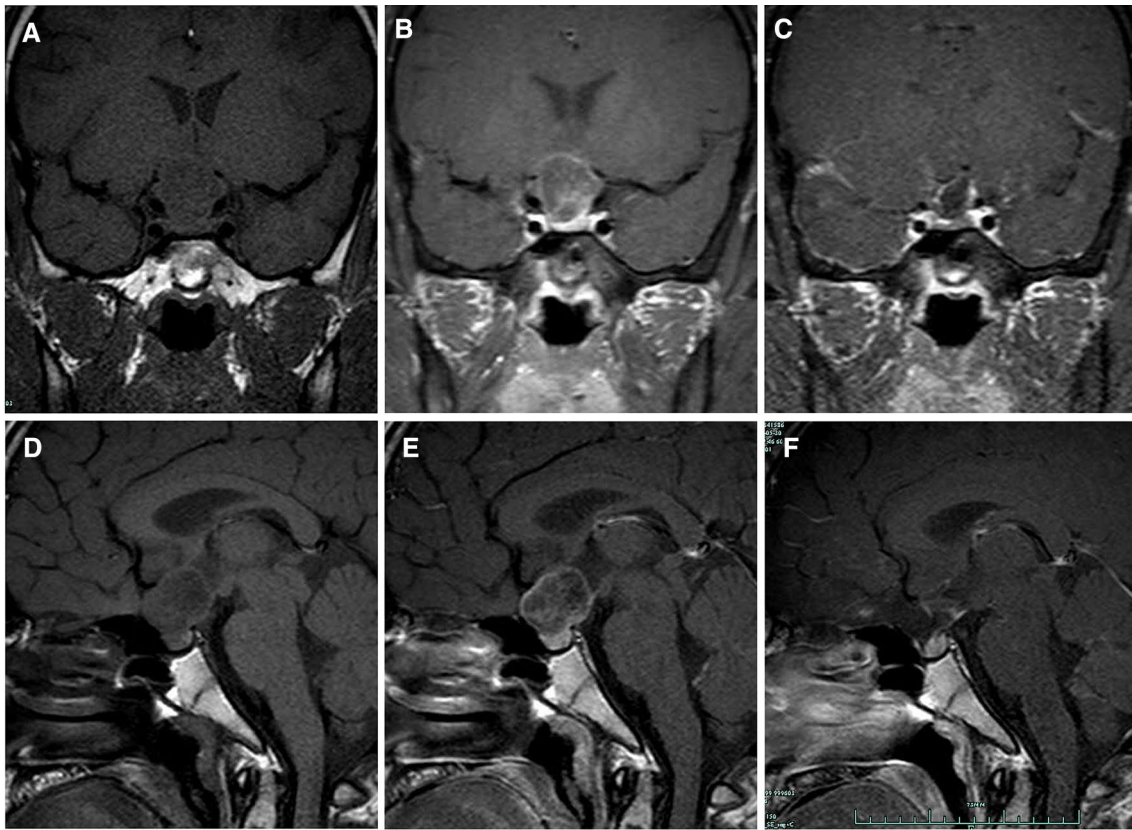
Based on a retrospective review of all reported cases of ESPAs (Table 1), 28 could be found at their original location based on their description. However, the majority (17 cases) originated from pars tuberalis with complete DS (Type Iib), and only ten cases originated from ectopic adenohypophyseal cells of the suprasellar peri-infundibular region without any connection to the pituitary stalk (Type III). This is a theoretically real ectopic [41] and agrees with the results of Jouanneau et al. [42] Thus, the proportion of ESPAs among all EPAs may be over-estimated and we should correct the evaluation of SPAs according to their relationship with surrounding tissue (anterior pituitary,

pituitary stalk and diaphragma sellae; Table 2). However, we report an SPA originating from the lower pituitary stalk with incomplete DS (Fig. 2), which is the first reported case of 'ectopic' suprasellar type Iia pituitary adenoma and the first description of this subtype classification.

Among the 18 cases of type II (a + b) SPAs, the majority (ten cases, 55.6%) were ACTH-secreting adenomas, four were PRL-secreting adenomas (22.2%), and four were nonfunctioning (22.2%). This differed from the proportion of each hormone-secreting subtype of intrasellar pituitary tumor. For the remaining ten cases of type III ESPAs, the hormonal distributions were as follows: three cases were PRL-secreting adenomas (30.0%), two were ACTH-secreting adenomas (20.0%), one was a GH-secreting adenoma (10.0%), one was a TSH-secreting adenoma (10.0%), and three were nonfunctioning (30.0%). This proportion is slightly different from the proportion of reported ectopic adenomas across all locations [1, 4]. It is possible that the pars tuberalis may differ from the pars distalis, and each subtype of adenohypophyseal cell may have different migration characteristics. Further embryological and histological studies are required to confirm our hypothesis.

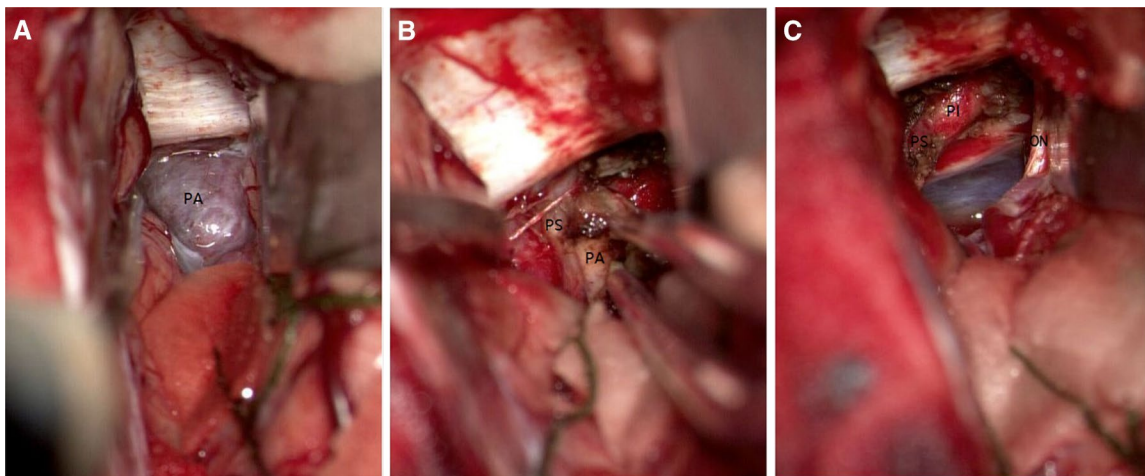
The surgical strategy for suprasellar adenomas, unlike for intrasellar pituitary adenomas, remains controversial. Before the 2000s, although the resection of SPA through transsphenoidal surgery (TSS) was attempted [3, 25, 30, 35], transcranial surgery (TCS) was more acceptable.





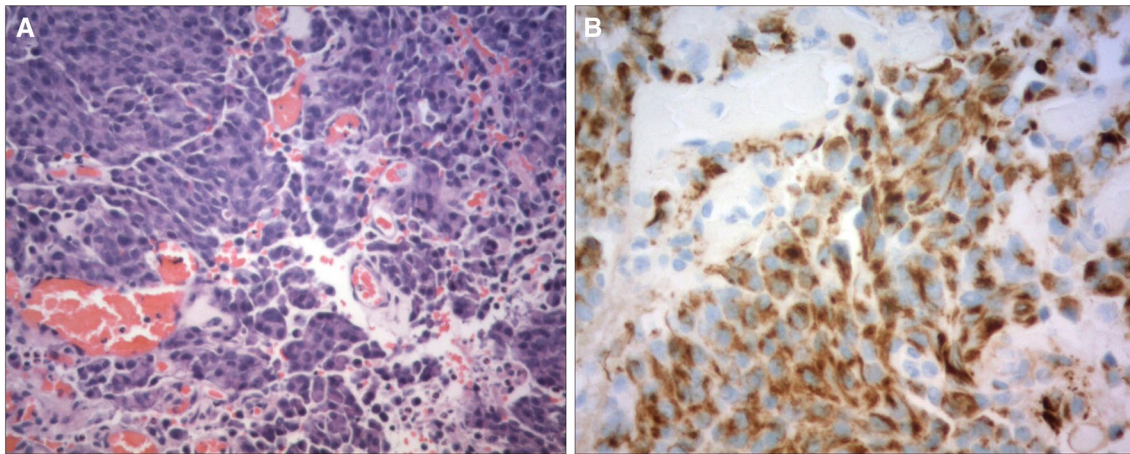
**Fig. 1** Pre- and postoperative magnetic resonance image (MRI). A large cystic lesion with an apparent boundary located in the suprasellar region. It appeared hypointense on T1-weighted images (T1WI) (**a, d**), while the capsule was significantly enhanced with gadolinium diethylenetriamine pentaacetic acid (Gd-DTPA) (**b, e**). The pituitary

gland and stalk was pushed posterior to the left and the optic chiasm was compressed slightly upward. Post-op MRI showed that the lesion was completely resected from the suprasellar region and the pituitary gland and stalk were well-preserved (**c, f**)



**Fig. 2** Intraoperative findings. The tumor was located in the suprasellar cisterns with a dark red capsule (**a**). When isolating the tumor step by step, a substantial part of the tumor was soft and reddish, with yellowish cyst fluid inside (**b**). The tumor pedicle originated in the lower pituitary stalk without any connection to the anterior pituitary

gland in the sella turcica, and the diaphragma sellae is incomplete (**c**). It pushed the pituitary gland and stalk posterior to the left, the optic nerves were displaced bilaterally, and the optic chiasm was compressed upward. PA pituitary adenoma, PS pituitary stalk, PI pituitary, ON optic nerve



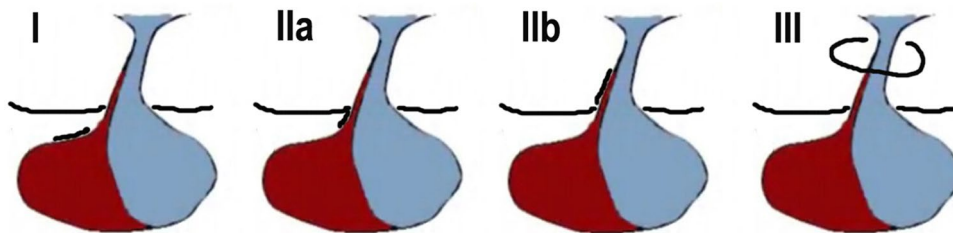
**Fig. 3** Postoperative histopathology (A,  $\times 100$ ; B,  $\times 200$ ). Hematoxylin and eosin stain of the tumor specimen revealed typical acidophilic or chromophobe adenoma cells with rich sinusoidal structures (a).

Immunohistochemical staining for hormones showed that the tumor was strongly positive for prolactin (b)

**Table 2** Anatomic origin of suprasellar pituitary adenoma and its relationship with surrounding tissue

Classification	Anterior pituitary	Pituitary stalk	Diaphragma sella	Ectopic
Originated from AP (I)	No clearance	Clearance	Incomplete	×
Originated from PS (II)	Clearance	No clearance	Subdiaphragmatic—incomplete (IIa)	×
			Supradiaphragmatic—complete (IIb)	×
Originated from SPIR (III)	Clearance	Clearance	Complete	√

AP anterior pituitary, PS pituitary stalk, SPIR suprasellar peri-infundibular region



**Fig. 4** The anatomic origin of suprasellar pituitary adenoma (SPA). It can be classified into three types. Type I are SPAs originating from pars distalis, the superior portion of the anterior pituitary tissue, and extending superiorly through the diaphragma sella (DS). Type II are SPAs originating from pars tuberalis, an elevated portion of anterior pituitary tissue and mainly constitute pituitary stalk. This type could further be classified into a subdiaphragmatic subtype (Type IIa) and

a supradiaphragmatic subtype (Type IIb) according to the relationship with DS. Type III are SPAs originating from residual cells of Rathke's pouch. When the pars tuberalis of Rathke's pouch migrates upward to the hypothalamus in late stages, adenohypophyseal cells of pars tuberalis may migrate aberrantly to the suprasellar peri-infundibular region. These cells are not in continuity with the pars tuberalis (pituitary stalk)

With the development of neuroendoscopic equipment and technology, as well as an increased understanding of saddle area anatomy, TSS is easier to perform. Mason et al. [30] described the transsphenoidal/transdiaphragmatic route through the posterior portion of the planum sphenoidale to reach suprasellar tumors. Fuminari et al. [38] considered the endoscopic view as lacking a steric sense, and they applied 3D endoscopy for suprasellar surgery to

increase understanding of the 3D forms of these structures. We believe that this technology requires advanced training. Although it is minimally invasive and useful, it should not be applied to all cases of suprasellar lesions, particularly lesions with a hard texture, rich blood supply, and involving the cavernous sinus or carotid artery. The limited operating space, difficult hemostasis, and CSF fistula require improvement [24, 25, 32, 33, 35]. However, TCS may

remain a universal option for the treatment of suprasellar lesions.

## Conclusions

Ectopic suprasellar pituitary adenomas (ESPAs) are extremely rare intracranial extracerebral tumors. SPAs can be classified into three types according to their origin and their relationship with surrounding tissue (anterior pituitary, pituitary stalk, and diaphragma sellae). Only type III is theoretically a true ectopic, based on previous reports. Thus, ESPAs are uncommon compared to other EPAs. Our case is the first reported case of a type IIa ‘E’ SPA and the first description of this subtype classification until now. The pars tuberalis may be different from the pars distalis, and each subtype of adenohypophyseal cells may have different migration characteristics, which leads to different proportions of each hormone-secreting subtype in SPAs and EPAs. Transsphenoidal surgery is minimally invasive, but transcranial surgery may remain a universal option for the treatment of suprasellar lesions.

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## Compliance with ethical standards

**Conflict of interest** The authors have no personal, financial, or institutional interest in any of the drugs, materials, or devices described in this article.

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