



# The Production of Plasma Activated Water in Controlled Ambient Gases and its Impact on Cancer Cell Viability

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## Abstract

The present study investigated the effect of plasma-produced reactive oxygen (ROS) and nitrogen (RNS) species on cancer cell viability. Reactive species were generated in deionized water by using an atmospheric pressure Ar plasma jet within the controlled ambient gases (air, O<sub>2</sub> or N<sub>2</sub>), which allowed the production of plasma-activated water containing only ROS (e.g. O<sub>3</sub>, H<sub>2</sub>O<sub>2</sub>) or both ROS and RNS (e.g. H<sub>2</sub>O<sub>2</sub>, NO<sub>2</sub><sup>-</sup>, NO<sub>3</sub><sup>-</sup>). A considerable amount of H<sub>2</sub>O<sub>2</sub> was produced in all ambient gases, and its generation rate was highest in N<sub>2</sub> and lowest in O<sub>2</sub>. The latter was connected with a H<sub>2</sub>O<sub>2</sub> precursor, OH, efficient quenching in O<sub>2</sub> ambient gas. Small quantities of NO<sub>2</sub><sup>-</sup> were generated during short (<5 min) plasma treatments in ambient air and N<sub>2</sub>. The highest amount of NO<sub>3</sub><sup>-</sup> was produced in N<sub>2</sub> ambient gas. Ozone was detected only in the case of O<sub>2</sub> environment. Cell viability studies were carried out by utilizing two cancer cell lines: 4T1 (breast cancer) and PPC-1 (prostate cancer). The results of the colorimetric succinate dehydrogenase activity assay showed that the studied cell lines had a similar sensitivity to the plasma activated medium. The impact of medium produced in the O<sub>2</sub> ambient environment was determined by H<sub>2</sub>O<sub>2</sub> content. The equivalent amount of H<sub>2</sub>O<sub>2</sub> in the plasma activated medium produced in the N<sub>2</sub> ambient environment caused an almost two-fold higher viability than in the case of the O<sub>2</sub> ambient gas. It is proposed that this was due to the cellular proliferation enhancing effect of NH<sub>3</sub>.

**Keywords** Plasma treatment · Plasma activated medium · Cancer cell viability · Reactive oxygen and nitrogen species

## Introduction

Cold atmospheric pressure plasmas can be used to generate various reactive oxygen (ROS) and reactive nitrogen species (RNS). These plasma-generated reactive oxygen and nitrogen species (RONS) have shown potential applicability in cancer therapy [1, 2]. In anti-cancer

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studies, two different plasma treatment techniques have been applied- direct and indirect treatment [3]. In case of direct plasma treatment, cells in suspension are directly exposed to plasma. This results in the exposure of cells to newly generated RONS, and other plasma entailed effects such as electrons, UV radiation, electric field, higher plasma temperature [4]. In addition to long-lifetime RONS ( $O_3$ ,  $H_2O_2$ ,  $NO_2^-$ ,  $NO_3^-$ ), short-lifetime RONS ( $OH$ ,  $NO$ ,  $NO_2$ ,  $ONOO^-$ ,  $O$ ,  $O_2^-$ ) could also have a biological impact in direct treatment. In the case of indirect treatment prior to exposure to cells a liquid is treated with plasma to generate plasma-activated medium [5] (plasma activated medium is hereafter abbreviated as PAM, and it describes plasma treated cell growth medium or plasma activated water (PAW) added to a cell growth medium). Indirect treatment involves only long-lifetime RONS.

Despite extensive *in vitro* and *in vivo* studies [3, 6, 7] demonstrating the anti-cancer effect of plasma produced RONS, there is still no general consensus on the biological mechanism(s) and role of particular RONS in plasma treatment selectivity. It has been established that the diffusion of ROS into a cancer cell is facilitated when compared to their healthy counterparts due to an increased number of aquaporins (AQPs) and a lower level of cholesterol in the cancer cell's membrane [8–10]. Among different RONS,  $H_2O_2$  is one of the key particles [5, 11, 12], and it is well known that even very small amounts of  $H_2O_2$  could be cytotoxic [13]. The diffusion of  $H_2O_2$  into the cell is determined by the expression of AQP 1, 3, 5, and 8 [14, 15]. Compared to the ROS, relatively little is known about the impact of RNS; although, the transport of several RNS into cell (through phospholipid bilayers) is found to be even easier than ROS e.g.  $H_2O_2$  [16]. It seems that RNS ( $NO_2^-$  and  $NO_3^-$ ) alone in the PAM has no effect on cell viability [17], while the simultaneous action of  $NO_2^-$  and  $H_2O_2$  reduces cancer cell viability [12, 17, 18].  $NO_3^-$  has been considered to have both cytotoxic [19] and non-cytotoxic effects [17].

The complexity of plasma and liquid phase chemistry complicates the specification of the role of particular RONS in the anti-cancer effect. The composition of RONS in the liquid depends on several factors, including the configuration and type of the plasma source, the plasma's parameters, and the composition of liquid used in the plasma treatment (e.g. water, cell culture medium) [20–25]. Plasma jet is a plasma source that is often used in plasma medicine for RONS production. Plasma jet is usually produced in a stream of noble gas inside a dielectric tube and it expands to ambient gas where plasma particles react with ambient gas molecules and form precursors of RONS, which can dissolve into the treated liquid. Experiments carried out in ambient air environment have demonstrated that cancer cell viability decreases with increasing treatment time/plasma power [11, 20, 24] and the decreasing distance between jet nozzle and water surface [26]. The treatment of liquids in the ambient air is the most commonly used, and the simplest way, to generate a wide variety of reactive species, because air contains ca 78%  $N_2$ , 21%  $O_2$ , and additionally a small amount of other gases like  $CO_2$ ,  $H_2O$ , etc. PAM treated in ambient air always contains both ROS and RNS due to reactions with air particles. Controlled ambient gas (e.g. pure  $N_2$ ,  $O_2$  or their mixtures), on the other hand, broadens the range of variation in RONS composition. Thus, in principle, it is possible to completely avoid RNS production. The most common technique for controlling ambient gas composition is to use the flow of shielding gases separating the treatment zone from the ambient air [17, 27, 28]; however, it is technically challenging to completely shield the treated liquid from open air and, thus, air particles could still participate in RONS formation [17]. Another possibility to control plasma jet ambient gas composition is to use a reactor isolated from open air and filled with desired ambient gas [29]. Some of isolated reactors are vacuum compatible. The option to vacuum the system before plasma treatment enables furthermore decrease the content of impurity gases in the ambient gas [30]. Additionally, isolated reactors allow to control gas pressure

and dynamics above liquid surface during the plasma treatment and, thus, increase the reproducibility of the process.

Plasma treated liquid is produced by an indirect method on the basis of cell growth medium or less frequently distilled water. The anti-cancer effect of both PAW added to the cell growth medium and plasma treated cell growth medium has been reported to be similar [5]. The plasma treatment of water has a remarkably simpler liquid phase chemistry, and the number of different reactive particles is expected to be smaller in PAW. Thus, the interpretation of its biological impact should be more straightforward.

Besides RONS composition and concentration, there are several side effects that could influence biological impact of PAM and complicate the comparison between different experiments. In the case of indirect plasma treatment, one critical parameter is the post-manufacturing timespan of PAM prior to using it in biological tests. First of all, the chemical composition of PAM could change after the end of the plasma treatment, e.g. remarkable decrease of  $O_3$ ,  $H_2O_2$  and  $NO_2^-$  concentration in water have been observed during the post-manufacturing time [31, 32]. Secondly, the plasma treatment may increase the temperature of PAM. In this case it is necessary to cool PAM before cell treatment, because the temperature over 40 °C induces macromolecular changes, affects functions in cellular compartments and finally, it can lead to cell death [33]. Likewise, the plasma treatment could drastically change solution pH [24, 29] and this may also affect PAM toxicity.

The aim of the current study was to investigate RONS formation in PAW produced in well-defined ambient gases ( $N_2/O_2/air$ ) and evaluate the influence of different ROS/RNS compositions on the viability of cancer cells. As our experimental setup allowed the production of PAW containing only ROS, or mixtures of ROS and RNS, it was possible to differentiate the biological impact of these species.

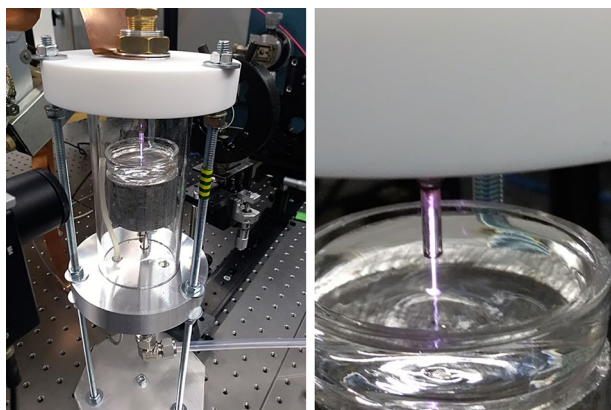
## Materials and Methods

### PAW Preparation

The production of PAW was carried out inside a hermetic chamber, Fig. 1.

The plasma jet used for PAW production was induced inside a quartz tube (inner diameter 1 mm) with the Kurt J. Lesker AT6 radiofrequency (RF) power supply at a

**Fig. 1** Photos of PAW preparation in the isolated chamber. The Ar plasma jet expands from the quartz tube to ambient gas before reaching to the water surface. As a result of reactions between plasma particles, ambient gas, and water molecules, RONS will be formed in the water



frequency of 13.6 MHz. Most experiments were carried out at a generator output power of 50 W. The electrode connected to the RF power supply was formed by tightly wrapped wire around the tube placed at 10 mm upstream of the tube's nozzle. The width of the electrode was 30 mm. The surface of the plasma-treated deionized water (DI water) was approximately 5 mm downstream from the tube nozzle. The flow rates of gases were regulated by the Alicat Scientific mass flow controller. The flow rate of the Ar feed gas was 300 sccm (standard cube centimeter per minute). Some experiments were carried out in open air, while the influence of N<sub>2</sub> or O<sub>2</sub> ambient gas was studied in a chamber isolated from the open air. The flow rate of ambient gas was kept at 500 sccm. All experiments were conducted at atmospheric pressure. Before the experiments with the isolated chamber, the chamber was evacuated down to the base pressure of 0.02 Torr (to remove air particles from the feed and ambient gas tubes), and subsequently the desired gas flow rates were set. After this, the chamber was filled to 760 Torr and a Petri dish with DI water was placed inside the chamber. To minimize the content of air gases, the chamber was evacuated down to 100 Torr and filled to 850 Torr ten times. This procedure ensured that air particles were removed from both gas and liquid phases; this was confirmed in spectral measurements, where optical spectra registered outside the tube in O<sub>2</sub> ambient gas did not reveal N<sub>2</sub> bands, and NO<sub>2</sub><sup>-</sup> and NO<sub>3</sub><sup>-</sup> bands in the water absorption spectra were also missing. As the next step, the atmospheric pressure was set in the chamber, and water was kept in the established gas environment without plasma for 5 min. Finally, the plasma jet was ignited.

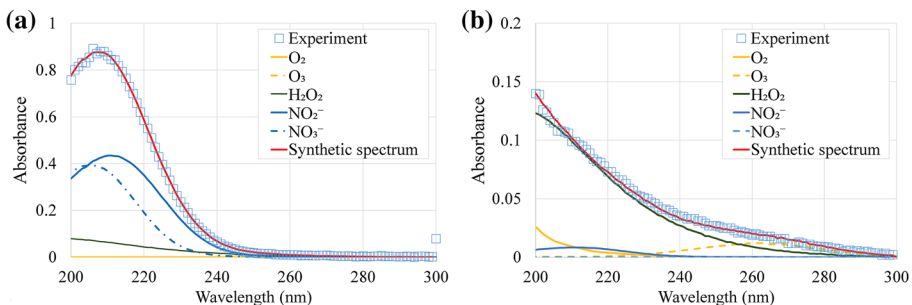
The plasma water treatment experiments occurred in contact mode [24], which was established on the basis of visual appearance (Fig. 1) and electrical characteristics. The electrical characteristics were recorded with the oscilloscope TDS-540B by using a 1:100 Tektronix voltage probe P5100 and a McPherson current monitor 6585. The phase shift  $\varphi$ , between  $i$  and  $u$ , was determined on the basis of oscillograms. The plasma power was calculated similarly as described in our earlier studies [34, 35] according to the formula  $P = \frac{1}{T} \int_0^T i_p(t)u_p(t)dt$ . At 50 W output power of the RF power supply, the plasma power, measured 5 min after the discharge ignition, was  $\approx 9$  W; it was almost independent on the ambient gas utilized. The line-integrated argon metastable 1s<sub>5</sub> state atoms' concentration,  $n_m l_a$ , near the water surface was determined by using a set of tunable diode laser absorption spectroscopy (TDLAS) Thorlabs TLK-L780M. Here  $n_m$  is the density of Ar 1s<sub>5</sub> state atoms and  $l_a$  is the absorption path length. The stability of laser operation was checked with a Fabry–Perot interferometer Thorlabs SA-200. The laser light intensity passing through the plasma jet was registered with the photodetector Thorlabs APD110A2. The electron density and temperature near the water's surface were determined from Stark broadening of the hydrogen H $\alpha$  line (656 nm) and Ar continuum radiation in the spectral range 350...650 nm as described in studies [36, 37]. The H $\alpha$  line and the N<sub>2</sub> band at 380 nm (vibrational transition 0–2) used for gas temperature estimation were recorded using a MDR-23 spectrometer (experimentally determined instrumental full width at half maximum 0.06 nm). The gas temperature was estimated as described in our previous study [38]. For temperature estimation in the case of O<sub>2</sub> ambient gas, a small amount of N<sub>2</sub> (0.03%) was introduced into Ar feed gas. Ar continuum radiation was recorded with an Ocean Optics USB4000 spectrometer (spectral range 185...850 nm, resolution  $\approx 1$  nm). The relative spectral sensitivity of spectrometers was determined with an Ocean Optics DH-2000-Cal calibrated light source. The spatial resolution of spectral measurements was 0.5 mm.

## PAW Characterization

The total amount of DI water used in the plasma treatment experiment was 12.2 mL. The treatment duration was varied from 0.5 to 30 min. The water mass and temperature were measured before and after the plasma treatment by balance Kern EG 220 3-NM and the infrared thermometer Meterman IR608, respectively. The temperature was estimated approximately one minute after the end of plasma treatment. 4 mL of PAW was used for RONS composition analysis, while the rest of PAW was used for cell viability tests and pH measurements. The pH of PAW was measured with the pH-meter SevenCompact S210. The analysis of RONS composition in PAW was performed within 3 min after the end of plasma treatment by using UV-absorption spectroscopy, as described in our previous work [24]. In brief, the absorption spectra, as recorded by the Ocean Optics USB4000 spectrometer, were fitted numerically with synthetic spectra, which were obtained from a linear combination of  $O_2$ ,  $O_3$ ,  $NO_2^-$ ,  $NO_3^-$ , and  $H_2O_2$  absorption spectra. For a determination of the  $O_3$  absorption profile, DI water was treated with ozone produced by a homemade ozone generator, and  $O_3$  concentration in water was calculated by using molar attenuation coefficient  $5.2 \text{ mM}^{-1} \text{ cm}^{-1}$  at peak value of absorbance [39]. Examples of fitted experimental and synthetic spectra together with the absorption spectra of individual species are shown in Fig. 2.

## Cell Viability Tests

PPC-1 prostate carcinoma cells and 4T1 breast cancer cells were cultured in DMEM (Life Technologies) and supplemented with 10% (v/v) fetal bovine serum (Atlantic Biologicals) and 1% (v/v) Penicillin and Streptomycin (Life Technologies) at  $37^\circ \text{C}$  in a humidified incubator containing 5% (v/v)  $CO_2$ . 10,000 cells per well (200  $\mu\text{L}$ /well) were seeded in 96-well flat-bottomed tissue culture-coated microplates (Falcon) followed by an overnight incubation. The medium was replaced with a fresh medium (100  $\mu\text{L}$  medium/well), and freshly prepared PAW (or deionized water negative control) was added subsequently (100  $\mu\text{L}$ /well). PAW was added to the cells within 3 min after the plasma treatment, with an initial 30 s reserved for PAW cooling. After incubation in the  $CO_2$  incubator for 48 h, the cell viability was studied colorimetrically by using the 3-(4, 5-dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium bromide (MTT) assay (Sigma-Aldrich) as described in our previous work [24].



**Fig. 2** Examples of experimental and synthetic spectra together with absorption spectra of individual species used in fitting in the case of (a)  $N_2$  and (b)  $O_2$  ambient gases

## Uncertainty Estimation

Uncertainties shown in figures are of A-type at a confidence level of 90%. They were calculated from statistical standard deviation according to the formula  $t\text{stddev}/\sqrt{n}$ , where  $t$  is the student coefficient and  $n$  is the number of repeated experiments.

## Results and Discussion

### PAW Temperature and Mass Loss

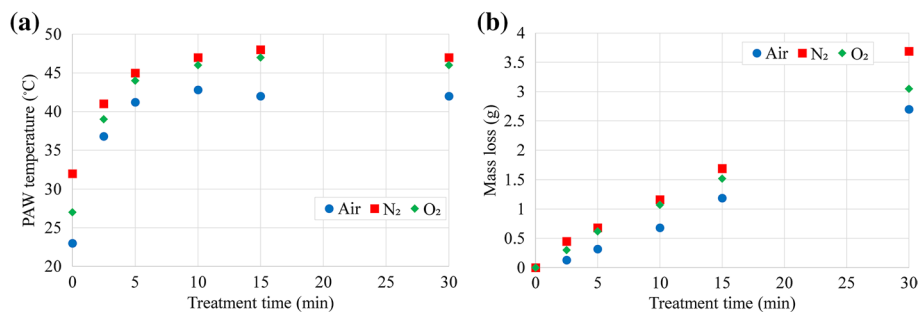
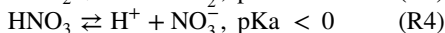
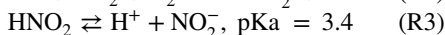
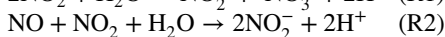
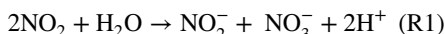
Figure 3 shows the PAW temperature and mass loss due to evaporation as a function of plasma treatment time.

Plasma treatment increased quickly the water temperature and it reached a stable level in  $\sim 7$ – $10$  min. The highest temperature, and mass loss due to evaporation, was observed in the case of  $\text{N}_2$  environment and the lowest in the ambient air. The mass loss of PAW increased in time, and after the 30-min treatment, the mass loss ranged from 2.7 to 3.7 g. Using the vaporization heat of water at  $50^\circ\text{C}$ ,  $2400\text{ kJ/kg}$ , the power transferred to the water (for evaporation of 3 g water for 30 min) is approximately half of the plasma power, 4 W. The considerable mass loss limited the time of plasma treatment and affected the concentration of the RONS in the PAW.

### PAW pH

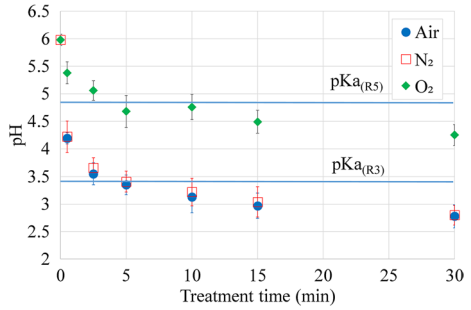
PAW pH decreased with plasma treatment time, and the decrease rate depended on ambient gas utilized, Fig. 4.

In the case of PAW production in  $\text{N}_2$  containing ambient gases, the pH decrease is connected with formation of  $\text{NO}_2^-$  and  $\text{NO}_3^-$  [32, 39, 40]:



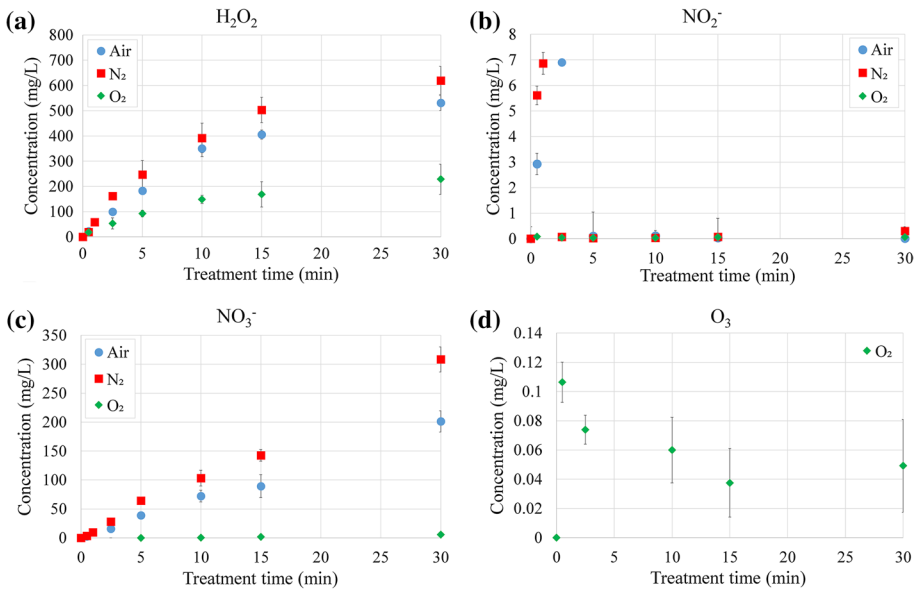
**Fig. 3** Dependence of PAW temperature (a) and mass loss (b) on plasma treatment time. B-type uncertainties of temperature and mass loss determination were  $2^\circ\text{C}$  and  $0.2\text{ mg}$ , respectively

**Fig. 4** The relationship between PAW pH and treatment time in the case of different ambient gases. The horizontal thick lines correspond to the pKa of reactions (R3, R5)

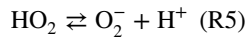


If PAW acidification is defined by reactions (R1-R4), then the sum of the concentration of anions  $[\text{NO}_2^-] + [\text{NO}_3^-]$  should be equal to the concentration of protons. This equality was found, for example, in our previous work [24]. Nevertheless, with the concentrations of anions ("RONS composition of PAW" section, Fig. 5) and protons (calculated from pH, Fig. 4) in the present study, the ratio  $([\text{NO}_2^-] + [\text{NO}_3^-])/[\text{H}^+]$  was larger than one. This suggests that some other cation besides  $\text{H}^+$  should be present in PAW. One possible candidate is ammonium,  $\text{NH}_4^+$ , which has been found at relative high concentrations in water treated at  $\text{O}_2$  deficient conditions [39, 41].

Compared with air or  $\text{N}_2$ , the pH decrease was smaller in the PAW produced in the  $\text{O}_2$  environment. In an earlier study [42], the acidification of DI water in underwater plasma treatment (i.e. without  $\text{N}_2$  presence) was explained with hydroperoxyl radical  $\text{HO}_2$  deprotonation:



**Fig. 5** Concentrations of  $\text{H}_2\text{O}_2$  (a),  $\text{NO}_2^-$  (b),  $\text{NO}_3^-$  (c),  $\text{O}_3$  (d) in PAW as a function of plasma treatment time for used ambient gases

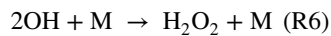


The pKa of this process is 4.8, which is close to the minimal pH value in the case of O<sub>2</sub> ambient gas.

### RONs Composition of PAW

The production of long-lifetime RONs as a function of treatment time for used ambient gases is shown in Fig. 5.

The H<sub>2</sub>O<sub>2</sub> concentration increased with treatment time. The highest H<sub>2</sub>O<sub>2</sub> concentration was found in the case of the N<sub>2</sub> environment (≈600 mg/L) and lowest in the O<sub>2</sub> environment (≈250 mg/L). Similar trends in the dependence between H<sub>2</sub>O<sub>2</sub> concentration and ambient gas during PAW production have been also observed in some earlier studies [17, 43]; however, there is no clear understanding in the mechanism(s) causing remarkably lower H<sub>2</sub>O<sub>2</sub> concentration in the case of O<sub>2</sub> ambient gas. H<sub>2</sub>O<sub>2</sub> forms in gas- or liquid phase [44–49] according to the reaction:



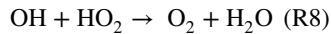
Assuming H<sub>2</sub>O<sub>2</sub> formation in the gas phase, the rate constant of the reaction (R6) is  $k_{\text{R6}} (\text{M}=\text{N}_2) = 1.4 \times 10^{-33} \text{ cm}^6\text{s}^{-1}$  [50]. The gas temperature, necessary for the calculation of rate constant,  $T_g \approx 1500 \text{ K}$ , was similar for both N<sub>2</sub> and O<sub>2</sub> ambient gases. According to data obtained from experiments at lower temperatures, the rate constants in N<sub>2</sub> and O<sub>2</sub> ambient gases are comparable [51, 52]. Independently from used ambient gas, H<sub>2</sub>O<sub>2</sub> concentration was relatively stable in PAW; therefore, lower H<sub>2</sub>O<sub>2</sub> concentration in the case of O<sub>2</sub> ambient gas could be connected with a lower concentration of its precursor, OH, in the gas phase— i.e. either the OH production rate is lower, or its quenching rate is higher in O<sub>2</sub> environment. OH radicals form from water vapor near the water surface [44, 53] mainly by H<sub>2</sub>O dissociation by impact with Ar metastable state atoms or electrons [54, 55]. The lower H<sub>2</sub>O<sub>2</sub> concentration in the case of O<sub>2</sub> ambient gas could not be due to a different amount of water vapor above the water surface as mass loss due to evaporation up to 15 min treatment durations is same in N<sub>2</sub> and O<sub>2</sub> ambient gases (Fig. 3b), H<sub>2</sub>O<sub>2</sub> concentration, at the same time, is more than two times lower. According to our TDLAS measurements performed 1 mm from the water surface, a similar line integrated Ar metastable atom concentration ( $n_m l_a \approx 2 \times 10^{14} \text{ m}^{-2}$ ) was presented in all used ambient gases. Assuming that the absorption path length,  $l_a$  is similar in all ambient gases, the OH production rate, through the H<sub>2</sub>O dissociation by metastable Ar atoms, should be ambient gas independent. The rate of H<sub>2</sub>O electron impact dissociation depends on electron concentration ( $n_e$ ) and energy ( $T_e$ ). Near the water surface (1 mm from the surface),  $n_e$  was highest in O<sub>2</sub> environment ( $6 \times 10^{14} \text{ cm}^{-3}$ ) and lowest in N<sub>2</sub> ( $3 \times 10^{14} \text{ cm}^{-3}$ ). In N<sub>2</sub> containing ambient gases, the reliable determination of  $T_e$  was possible only at distances > 2 mm from water surface. At 3 mm distances,  $T_e \approx 0.5 \text{ eV}$  was similar in all ambient gases utilized. Thus, the electron impact production rate of OH should be highest in O<sub>2</sub> ambient gas due to higher  $n_e$ . Consequently, the notably lower H<sub>2</sub>O<sub>2</sub> concentration in O<sub>2</sub> ambient gas should be the result of more efficient OH quenching. In O<sub>2</sub> ambient gas, OH could be quenched in the reaction with ozone [56]:



At atmospheric pressure and gas temperature  $T_g = 1500 \text{ K}$ , the rate constant of reaction (R7) is approximately three orders of magnitude larger ( $k_{\text{R7}} = 6.3 \times 10^{-12} \text{ cm}^3\text{s}^{-1}$



[57]) than (R6). Therefore, the quenching of OH in (R7) could be the reason for reduced  $\text{H}_2\text{O}_2$  concentration in the case of ambient  $\text{O}_2$ . The maximum value of  $\text{O}_3$  concentration in PAW, approximately 0.1 mg/L, was reached after 0.5 min of treatment. By using Henry's law of solubility, the calculated  $\text{O}_3$  concentration in the gas phase is  $[\text{O}_3] = 1 \times 10^{15} \text{ cm}^{-3}$  (Henry's law coefficient for  $\text{O}_3$ ,  $H_{\text{O}_3} = 1 \times 10^{-7} \text{ mol L}^{-1} \text{ Pa}^{-1}$  [58]) and the quenching frequency of OH in reaction (R7) is  $k_{\text{R7}} [\text{O}_3] \approx 6 \times 10^3 \text{ s}^{-1}$ . Another effective OH quenching mechanism in ambient  $\text{O}_2$  gas is the reaction with  $\text{HO}_2$  [59]:



At gas temperature 1500 K, the rate constant of reaction (R8) is  $k_{\text{R8}} = 5.7 \times 10^{-11} \text{ cm}^3 \text{ s}^{-1}$  [60]. At concentration  $[\text{HO}_2] \sim 10^{14} \text{ cm}^{-3}$ , found in the modeling study of Ar plasma jet water treatment [61], the quenching frequencies of OH in reactions (R7) and (R8) are similar. The quenching of OH by atomic oxygen could be also important in  $\text{O}_2$  ambient gas as the rate constant of this reaction is high ( $2 \times 10^{-11} \text{ cm}^3 \text{ s}^{-1}$  [62]).

At longer treatment times, the production rate of  $\text{H}_2\text{O}_2$  was saturated (Fig. 5a). One possible reason for this saturation is that the distance between the plasma nozzle and water surface increased over time. The water loss due to evaporation reached up to  $\approx 3 \text{ g}$  after the 30-min plasma treatment (Fig. 3b), resulting in a ca 1 mm (i.e. 20%) distance increase.

$\text{NO}_2^-$  and  $\text{NO}_3^-$  were detected in the PAW in the case of air and  $\text{N}_2$  ambient gases (Fig. 5b, c). The concentration of the most abundant RNS,  $\text{NO}_3^-$ , increased with treatment time, and after 30 min plasma treatment reached up to 300 and 200 mg/L in the ambient  $\text{N}_2$  and air, respectively. The  $\text{NO}_3^-$  concentration increase in time was almost linear; although, the distance between plasma nozzle and water surface increased. This may be due to the increased gas phase production of the  $\text{NO}_3^-$  precursor,  $\text{NO}_2$  (reactions R1,R2), with the increase of distance [22]. The concentration of  $\text{NO}_2^-$  initially increased with treatment time and peaked after 1–2.5 min of plasma treatment up to  $\approx 7 \text{ mg/L}$  in both ambient  $\text{N}_2$  and air. Further treatment caused the abrupt decrease of  $\text{NO}_2^-$  concentration down to zero. Both  $\text{NO}_2^-$  and  $\text{NO}_3^-$  are formed via reactions between plasma produced nitrogen oxide compounds and  $\text{H}_2\text{O}$  (R1, R2), and/or dissolved  $\text{HNO}_2$  and  $\text{HNO}_3$  in the water (R3, R4). The disappearance of  $\text{NO}_2^-$  after a few minutes of plasma treatment is possibly due to the fast acidification of PAW (Fig. 4), which causes the formation of  $\text{HNO}_2$  by reaction (R3). The increase in  $\text{H}_2\text{O}_2$  concentration during plasma treatment results in additional  $\text{NO}_2^-$  removal via reaction



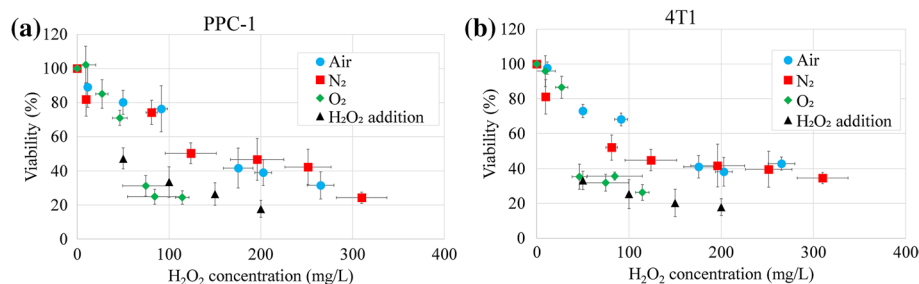
The product of reaction (R9), ONOOH, is mostly converted into  $\text{HNO}_3$ , and the latter dissociates according to reaction (R4) forming  $\text{NO}_3^-$  [32]. In order to estimate the importance of reaction (R9) in  $\text{NO}_2^-$  disappearance, we investigated the temporal dynamics of RONS concentration after 0.5 min of plasma treatment during the 60-min post treatment period in the case of  $\text{N}_2$  ambient gas. The selected treatment duration ensured a relative high pH value ( $\text{pH} = 4.2$ )— the disappearance of  $\text{NO}_2^-$  in reaction (R3) was not important due to the remarkably lower pKa of this reaction. A slow and linear decrease in concentration was observed for  $\text{NO}_2^-$  (slope  $-0.57 \text{ } \mu\text{M}/\text{minute}$ ,  $R^2 = 0.83$ ) while  $\text{NO}_3^-$  concentration increased linearly (slope  $0.40 \text{ } \mu\text{M}/\text{minute}$ ,  $R^2 = 0.95$ ). The concentration of  $\text{H}_2\text{O}_2$  remained relatively low after 0.5 min of plasma treatment (Fig. 5a), and we did not detect clear temporal trends for  $\text{H}_2\text{O}_2$  concentration.

## Cell Viability Tests

The viability decreased with plasma treatment time in the case of PAM containing ROS and RNS mixtures (PAW produced in ambient air and  $N_2$ ) and only ROS (PAW produced in  $O_2$  ambient) thus indicating that reduced cell viability was primarily caused by ROS and not RNS. Figure 6 shows cell viability's dependence on the concentration of the most abundant ROS,  $H_2O_2$ .

Both cell lines followed similar trends within margins of uncertainty. The viability decreased with an increase in  $H_2O_2$  concentration, whereas the lowest viability at the given  $H_2O_2$  was found for PAW produced in  $O_2$  ambient gas. The PAW produced in  $O_2$  ambient gas contained  $H_2O_2$  and  $O_3$  (Fig. 5d), and thus the lower viability found in  $O_2$  ambient gas could be due to the presence of  $O_3$ . Moreover, according to a modelling study,  $O_3$  transport through phospholipid bilayers is even more efficient than that of  $H_2O_2$  [16]. However, in our experiments,  $O_3$  concentration was relatively low and unlikely has an impact on cell viability as even several times higher  $O_3$  concentration caused only a ~15% decrease in the viability of human colon carcinoma cells HT29 [63].  $^1O_2$  is another ROS which has been suggested to be important in cell viability and detected in plasma treated liquid, but its lifetime is too short to be important in the case of indirect treatment [64]. Thus,  $H_2O_2$  was considered the main reactive compound in determining viability in our experiment. In order to check this assumption,  $H_2O_2$  solutions with similar concentrations to that produced by plasma were made and added to cells (100  $\mu$ L mixture of DI water and  $H_2O_2$  was added to 100  $\mu$ L DMEM containing cells). Equivalent quantities of  $H_2O_2$  produced by plasma in  $O_2$  ambient gas, or added directly to the cell growth medium, had the same effect on cell viability (Fig. 6). Therefore, we can conclude that the decrease of cell viability is determined mainly by  $H_2O_2$ . As referred to in the introduction section of this paper, the transport of  $H_2O_2$  through the cell membrane depends on the expression of aquaporins 1, 3, 5, and 8. A similar sensitivity to  $H_2O_2$  indicates on expression of these aquaporins in 4T1 and PPC-1 cell lines. We did not find studies concerning the expression of aquaporins in the utilized cell lines; however, there is indirect evidence that suggests that both cell lines possess these aquaporins. As a triple negative breast cancer cell line, 4T1 is expected to express aquaporins 3 and 5 [65]. While a study on similar prostate cell line, PC3 [66], suggests that in PPC-1, aquaporins 1, 3, and 5 are expressed.

PAW treated less than 2.5 min in ambient air or  $N_2$  contained also  $NO_2^-$ , which acts synergistically with  $H_2O_2$  to induce cell death [17, 18]. In our study, the  $NO_2^-$  concentration had a sharp maximum for plasma treatment after 0.5–1 min (Fig. 5b) but, within the



**Fig. 6** Viability of PPC-1 (a) and 4T1 (b) cell lines as a function of  $H_2O_2$  concentration. Note that  $H_2O_2$  concentration is given by taking into account PAW dilution in DMEM (1:1)

margins of uncertainty, we did not detect a local minimum of viability for these treatments. We explain this result with the dominant impact of  $\text{H}_2\text{O}_2$ , which in our experiment exceeds  $\text{NO}_2^-$  concentration several times and probably masks the influence of  $\text{NO}_2^-$ .

Our results showed that RNS containing PAM had a smaller suppressive effect on viability than cell growth media where the equivalent amount of  $\text{H}_2\text{O}_2$  was added, i.e. some nitrogen compounds alleviate the influence of  $\text{H}_2\text{O}_2$ . No such effect has been found for  $\text{NO}_2^-$  and  $\text{NO}_3^-$  [17]. From the disbalance between  $[\text{H}^+]$  and  $[\text{NO}_2^- + \text{NO}_3^-]$ , we hypothesized that RNS-containing PAW may contain some other cation, likely  $\text{NH}_4^+$ . In this case, approximately 5% of total  $\text{NH}_3$  and  $\text{NH}_4^+$  exist in the liquid as  $\text{NH}_3$  (calculated for 37 °C and pH 7.6 according to data given in [67]). It has been shown that ammonia can be incorporated in glutamine, an amino acid required for the growth and proliferation of cells [68]. This indirect pathway could explain the lower cytotoxicity of PAM containing RNS.

Besides the action of RONS, the decrease in cell viability could be due to side effects like DMEM acidification or an insufficient amount of nutrients after DMEM containing cells were mixed with PAW or DI water. To check whether the low pH of PAW influences the pH of cell growth media, the PAW with the lowest used pH (2.8) was added to DMEM in the same amount as in viability tests and pH was measured as a function of time. The addition of PAM to DMEM affected the pH of the mixture only slightly due to the presence of buffering agents in the DMEM (Fig. 7).

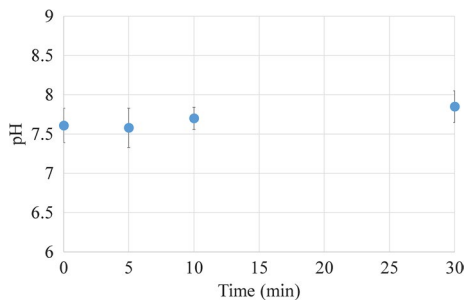
To check whether the amount of PAW/DI water in DMEM can influence cell viability results, we performed some additional cellular viability tests where the amount of PAW/DI water added to DMEM with cells (50  $\mu\text{L}$  PAW/DI water to 150  $\mu\text{L}$  DMEM) was smaller than in our main tests. We found that amount of PAW/DI water had no effect on viability since viability as a function of  $\text{H}_2\text{O}_2$  concentration still coincided with the viability shown in Fig. 6 for 100  $\mu\text{L}$  PAM/100  $\mu\text{L}$  DMEM. A similar result was also obtained when we used PAM produced at lower generator power (40 W).

## Summary and Conclusions

In our study, the influence of indirect plasma treatment on cancer cell viability was investigated. PAW was produced in different ambient gases (air,  $\text{N}_2$  or  $\text{O}_2$ ) by the atmospheric pressure RF argon plasma jet in contact mode. The concentrations of  $\text{O}_2$ ,  $\text{O}_3$ ,  $\text{H}_2\text{O}_2$ ,  $\text{NO}_2^-$ , and  $\text{NO}_3^-$  in PAW were determined.

The use of different ambient gases during plasma treatment resulted in remarkable differences in RONS composition and concentration in PAW. The concentration of  $\text{H}_2\text{O}_2$

**Fig. 7** Temporal dependence of pH after mixing 100  $\mu\text{L}$  PAW (pH = 2.8) and 100  $\mu\text{L}$  DMEM



increased with treatment time in all used ambient gases, whereas its production rate was highest in  $N_2$  and lowest in  $O_2$  ambient gas. A small amount of  $NO_2^-$  was detected in the case of  $N_2$  containing ambient gases only after the first minutes of plasma treatment. The production rate of  $NO_3^-$  was almost constant in the ambient air and  $N_2$ , while its value was highest in  $N_2$  ambient gas.

The application of PAM to cancer cell lines resulted in a decrease in cell viability. Two studied cancer cell lines—4T1 (breast cancer) and PPC-1 (prostate cancer)—showed similar sensitivity to PAM treatment. The lowest cell viability was found in the case of  $O_2$  ambient gas, and in this case the impact of PAM on cell viability could be explained solely by the effect of  $H_2O_2$ . The cell viability remained almost two times higher when PAM was produced in  $N_2$  ambient gas or air, and this was explained through the proliferation enhancing effect of  $NH_3$ . The viability results were verified against possible PAW-associated side effects.

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#### Declarations

**Conflict of interest** The authors have no conflicts of interest to declare that are relevant to the content of this article.

**Data material** The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request.

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