

Design and simulation of photonic crystal fbre sensor for harmful chemicals detection in polycarbonate plastics

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Abstract

A photonic crystal fber (PCF) sensor for detecting harmful chemicals such as di(2-ethylhexyl) phthalate (DEHP), bisphenol A (BPA), and bisphenol S (BPS) in polycarbonate plastics has been proposed using fused silica as the substrate, consisting of a decagonal core hole and 2 layers of circular cladding air holes arranged in a hexagonal pattern, and numerically analysed using COMSOL Multiphysics with the Finite Element Method. The PCF sensor was evaluated for the effective area, nonlinear coefficient, chromatic dispersion, V-parameter, power fraction, relative sensitivity, and confnement loss from the visible to infrared wavelength range. The results show relative sensitivities of 99.14%, 99.93%, and 99.95% for DEHP, BPA, and BPS, respectively, at an optimum wavelength of 0.4 µm, with confinement losses ranging from 10^{-21} to 10^{-17} dB/m for all the test analytes. The design was also shown to be robust against variations in cladding air hole layers and global dimensions, making it a promising candidate for practical sensing applications in the plastic production industry. Furthermore, the sensor's ability to achieve low confnement losses, low chromatic dispersion, and a high nonlinear coefficient demonstrates its suitability for a range of other applications including optical communication, supercontinuum generation, and light illumination.

Keywords Chemical sensor · Photonic crystal fbre · Polycarbonate plastics · Relative sensitivity · Confnement loss

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1 Introduction

Plastic is a widely used material in daily life, commonly found in consumer products such as containers and bottles that serve essential functions. However, the presence of harmful chemicals such as di(2-ethylhexyl) phthalate (DEHP), bisphenol A (BPA), and bisphenol S (BPS) in plastics has raised signifcant concerns regarding their safety (Wang et al. [2022;](#page-17-0) Carli et al. [2022](#page-16-0)). Bisphenol A (BPA) is a harmful substance utilised in the production of polycarbonate plastics, epoxy resins, and some polysulfones (Rather and Wael [2013;](#page-17-1) Williams et al. [2013\)](#page-17-2). Polycarbonate plastics are used in a wide range of products, including water bottles, food and water storage containers, baby bottles, utensils, medical equipment, and more (Rustagi et al. [2011\)](#page-17-3). Once released, BPA acts as an endocrine-disrupting compound that can interfere with oestrogen hormones, leading to various health issues such as infertility, diabetes, obesity, behavioural changes, resistance to chemotherapy, and cancer (Rogers et al. [2013;](#page-17-4) Nomiri et al. [2019](#page-16-1); Cimmino et al. [2020](#page-16-2)). To address these concerns, many countries have imposed regulations to limit the use of BPA, particularly in infantrelated polycarbonate products. However, Bisphenol S (BPS), which is used as a substitute for BPA and is known for its heat resistance and safety, also poses similar health risks (Žalmanová et al. [2016](#page-17-5)). Additionally, di(2-ethylhexyl) phthalate (DEHP), which is utilized to add fexibility to plastics, can be found in products such as foam toys, pacifers, mats, diapers, bed linen, and medical equipment, posing a signifcant risk, particularly to children who are two years old or younger (Lundin [1986;](#page-16-3) Green et al. [2005;](#page-16-4) Braun et al. [2013](#page-15-0)).

Liquid chromatography is a reliable method for detecting certain chemicals with high sensitivity and accuracy (Ballesteros-Gómez et al. [2009](#page-15-1); Zhou et al. [2014](#page-17-6)). However, it is a laboratory technique that requires skilled professionals, specialized laboratories, and expensive equipment. Direct electrochemical analysis is another option, but it requires a high oxidation potential for detection (Dong et al. [2017\)](#page-16-5). Therefore, there is a need for a sensitive, robust, and feasible detection method. Optical techniques, particularly photonic crystal fbres (PCFs), have become increasingly popular in analytical chemistry due to their unique properties. PCFs are a type of optical fbre that can be used for a variety of applications, such as nonlinear optics, medical science, and chemical and biological sensing. Hence, PCF is an ideal choice for detecting the chemicals BPA, BPS, and DEHP.

Several researchers have proposed various designs for sensing harmful chemicals in plastic components. For example, Jibon et al. (Jibon et al. [2021\)](#page-16-6) highlighted the risks posed by DEHP, BPA, and BPS and proposed a PCF-based sensor to detect these chemicals. The sensor design includes a circular core hole (diameter $d=1.4 \text{ }\mu\text{m}$) with surrounding elliptical air holes ($d_m = 0.45$ µm and $d_n = 0.6$ µm) arranged in a "floral layer". Additionally, four layers of cladding air holes consisting of circular and elliptical holes in a dodecagonal arrangement were added. The second layer air holes follow *d*=0.75×*Λ*/2, and the remaining holes are determined by $d = 0.54 \times \frac{\Lambda}{2}$. This complicated architecture yielded relative sensitivities of 94.9% for DEHP, 96.5% for BPA, and 97.6% for BPS at the optimum wavelength. Niger and Hasin (2019) recommended a different PCF design for the same purpose. The sensor architecture is based on Zeonex material and includes a large square core hole with square and rectangular air holes in the cladding cavity. The square core hole measures 500 µm in length for analyte infltration, and the frst layer has square holes with a length of 240 μ m, while the other layers have rectangular holes of different lengths (R1 = 1020 μ m, $R2=250 \mu m$, $R3=850 \mu m$ and $R4=220 \mu m$). This PCF sensor is considered a large-scale design of a total fbre diameter of 1.25 mm and resulted in relative sensitivities over 94% for all test analytes, with 94.3% for DEHP, 95.8 for BPA, and 96.1% for BPS.

Previous intricate designs of PCFs (Jibon et al. [2021](#page-16-6); Niger and Hasin [2019](#page-16-7)) have demonstrated reasonable relative sensitivity in the detection of chemicals such as BPA, DEHP, and BPS within plastic materials. However, these earlier designs often necessitated the use of distinct raw materials, resulting in reduced cost-efectiveness when considering large-scale applications. Moreover, it has become evident that for highly sensitive sensing purposes, a smaller microstrucuted design suffices. Considering these factors, this study introduced a novel PCF design characterised by its simplicity, cost-efectiveness, and outstanding sensing capabilities. Operating in the visible to infrared wavelength range of 0.4–2.8 µm, the proposed design features a single decagonal core hole complemented by two layers of circular cladding air holes, arranged in a hexagonal lattice. This innovative structural arrangement leads to signifcantly improved optical and sensing outcomes, with relative sensitivities consistently exceeding 99%, and confnement losses remaining impressively low, ranging from 10^{-21} to 10^{-17} dB/m for all the test analytes.

2 Design

The proposed PCF sensor for chemical detection, shown in Fig. [1](#page-2-0), presents a signifcant improvement over prior designs due to its simple confguration. It comprises the core, cladding, and Perfectly Matched Layer (PML). The core is positioned as the centre of the fbre, and it is a decagonal hollow core that allows for the penetration of analytes, with a length denoted as *l*. The cladding region is designed with 18 hexagonally arranged air holes in 2 layers, each with a diameter of *d*, and pitch distance *Λ* between corresponding air holes, to reduce the refractive index for proper light confnement. Furthermore, a PML encompasses the entire structure of the fbre sensor, preventing the leakage of light.

The novel PCF sensor design has been formulated to detect the diferent harmful chemicals in polycarbonate plastics within the visible and infrared (IR) domain. The study encompasses an examination of the refractive indices n pertaining to the test analytes of chemicals, namely DEHP ($n=1.4870$), BPA ($n=1.5850$), and BPS ($n=1.6450$) (Jibon et al. [2021;](#page-16-6) Niger and Hasin [2019](#page-16-7)). The envisaged operating wavelength range for this sensor spans from 0.4 to 2.8 μ m.

The proposed PCF, despite its hollow core, undergoes infltration with test analytes (DEHP, BPA, and BPS). This results in the core having a refractive index higher than that of the surrounding cladding (approximately n \approx 1.00). Consequently, the predominant light guiding mechanism employed by this PCF is the modifed Total Internal Refection $(m-TIR)$. Within this mechanism, light is efficiently guided through the core of the PCF via a combination of total internal refection occurring at the core-cladding boundary, and refection facilitated by the presence of air holes within the cladding region.

To accommodate fabrication feasibility, a total diameter of $15.3 \mu m$ is achieved that follows a *d*/*Λ* ratio of 0.90, with 10% of the cladding space between air holes. The core length *l* is 2.7 µm, air hole diameter *d* is 2.7 µm with pitch distance $\Lambda = 3.0$ µm. A PML with a width of 10% of the total fbre diameter is set to absorb light leakage, which is a commonly accepted value in numerical studies (Islam et al. [2019](#page-16-8); Ahmed et al. [2017\)](#page-15-2). Fused silica is selected as the substrate with the refractive index *n* determined with respect to operating wavelength (Habib et al. [2021,](#page-16-9) [2022](#page-16-10)):

$$
n^2 = 1 + \frac{0.69617\lambda^2}{\lambda^2 - 0.0684^2} + \frac{0.40794\lambda^2}{\lambda^2 - 0.11624^2} + \frac{0.89748\lambda^2}{\lambda^2 - 9.89616^2}
$$
(1)

where λ is the operating wavelength.

Furthermore, the efects of increasing the cladding diameter on the proposed design have been studied. To increase the cladding diameter, more cladding air hole layers are added, resulting in a cladding structure with three and four layers. The addition of more cladding air hole layers allows for a lower refractive index of the cladding, which shall infuence the optical and sensing results. Similarly, the cladding diameter has also been decreased by removing a cladding air hole layer to see its impact.

In the proposed experimental setup for the sensing mechanism, the sensor employs a comprehensive confguration that comprises essential components: precise alignment of a high-intensity light source, the proposed PCF sensor, single-mode fbres (SMFs) for optical signal transmission, an optical spectrum analyser (OSA) for spectral characterisation, and a computer for data processing. The core of the PCF is the function for the infltration of the test analytes and serves as the point of incidence for the incident light, guided by the SMF. The interaction between the infltrated analyte and the guided light within the core of the PCF results in evanescent feld efects, inducing changes in the optical properties of the propagating light. The OSA meticulously captures these spectral alterations, allowing for precise monitoring of the light-analyte interaction efects. Subsequently, the acquired data is subjected to analysis and processing by a computer, facilitating the determination of vital properties and characteristics of the test analytes.

3 Methodology

The proposed sensor design for chemical sensing in plastics is evaluated through a numerical study using COMSOL Multiphysics v5.6 mode solver, which implements the Finite Element Method (FEM) simulation technique. FEM is a mathematical method that divides the fbre structure into small segments and calculates the electromagnetic felds of each segment. A fine meshing of the design is applied, resulting in 2721 mesh vertices, 3634 triangular segments, 666 edge elements, and 90 vertex elements.

The numerical values obtained from the simulation are used to evaluate the optical and sensing parameters of the PCF sensor, operating in 0.4–2.8 µm wavelengths; the visible to

infrared wavelengths. These parameters include the efective refractive index, efective area, nonlinear coefficient, chromatic dispersion, V-parameter, power fraction, relative sensitivity, and confnement loss. The evaluation of these parameters is crucial in determining the performance of the sensor for sensing applications, but also in other applications such as optical communication, supercontinuum generation, and illumination.

Efective area of a waveguide quantifes the maximum volume of light in the total transmitting area, and it is defned as (Yakasai et al. [2019;](#page-17-7) Begum and Abas December [2018](#page-15-3); Kaijage et al. [2013](#page-16-11); Abbaszadeh et al. [2022](#page-15-4); Miyagi et al. [2010](#page-16-12)):

$$
A_{\rm eff} = \frac{(\int_{-\infty}^{\infty} \int_{-\infty}^{\infty} |E|^2 dx dy)^2}{\int_{-\infty}^{\infty} \int_{-\infty}^{\infty} |E|^4 dx dy} Re(n_{\rm eff})
$$
(2)

where E is the electric field and $Re(n_{\text{eff}})$ is the real part of the effective refractive index.

Nonlinear coefficient is the measure of the ability of the fibre to generate nonlinear optical efects, and it is found by Begum and Abas December [\(2018](#page-15-3)), Hossain et al. [\(2018\)](#page-16-13), Agbemabiese and Akowuah [\(2020\)](#page-15-5):

$$
\gamma = \left(\frac{2\pi}{\lambda}\right) \left(\frac{n_2}{A_{\text{eff}}}\right) \tag{3}
$$

where n_2 is the nonlinear refractive index.

Chromatic dispersion is the broadening of optical pulse due to the diferent propagation speed of diferent wavelengths of light, and it is defned as (Begum and Abas December [2018;](#page-15-3) Agbemabiese and Akowuah [2020](#page-15-5); Begum et al. [2009](#page-15-6); Hai et al. [2008\)](#page-16-14):

$$
D = -\frac{\lambda}{c} \frac{d^2}{d\lambda^2} Re(n_{\rm eff})
$$
 (4)

where c is the speed of light in free space.

V-Parameter is a dimensionless parameter that is used to determine a number of modes of an optical fbre, and it can be measured by Habib et al. ([2020](#page-16-15)), Rana et al. ([2016](#page-16-16)):

$$
V_{\rm eff} = \frac{2\pi}{\lambda} R \sqrt{n_{co}^2 - n_{cl}^2} \tag{5}
$$

where *R* is the radius of the core, and $n_{\rm co}$ and $n_{\rm cl}$ are the refractive index of core and cladding, respectively.

Power fraction is the ratio of optical power in the core to the total power of the entire fbre, and it is determined by Maidi et al. [\(2022a,](#page-16-17) [b\)](#page-16-18):

$$
P = \frac{(sample) \int \text{Re}(E_x H_y - E_y H_x) dxdy}{(total) \int \text{Re}(E_x H_y - E_y H_x) dxdy} \times 100
$$
 (6)

where E_x and E_y are the electric fields in *x*- and *y*-directions, respectively, and H_x and H_y are the magnetic felds, in *x*- and *y*-directions, respectively.

Relative sensitivity measures the sensing capabilities of the PCF by the interaction between the light signal and analytes, and it is found by Maidi et al. [\(2022a,](#page-16-17) [b\)](#page-16-18):

$$
S = \frac{n_r}{\text{Re}(n_{\text{eff}})} \times P \tag{7}
$$

where n_r is the refractive index of the test analyte.

Confnement loss quantifes the amount of light leakage from the core, and it is defned as (Maidi et al. [2021a](#page-16-19), [b\)](#page-16-20):

$$
L_c = \frac{40\pi}{\ln(10)\lambda} \text{Im}\left(n_{\text{eff}}\right) \times 10^6 \tag{8}
$$

where $Im(n_{eff})$ is the imaginary part of the effective refractive index.

4 Results and discussion

The mode feld distribution profle of DEHP, BPA, and BPS at the optimum wavelength λ = 0.4 µm can be observed in Fig. [2](#page-5-0). This provides valuable insights into the spatial distribution of light in the proposed PCF sensor and the interaction between the analytes and the fbre. Based on this profle, the optical and sensing parameters of the sensor are evaluated, including effective refractive index, effective area, nonlinear coefficient, chromatic dispersion, V-parameter, power fraction, relative sensitivity, and confnement loss.

Efective refractive index results of the proposed PCF sensor in detecting DEHP, BPA, and BPS in plastics are shown in Fig. [3.](#page-6-0) The results demonstrate a nonlinear decrease in efective refractive index with respect to wavelength. Notably, BPS exhibits the highest refractive index among the analytes, followed by BPA and DEHP. This correlation refects the individual refractive index values of each analyte, with higher refractive index resulting in higher efective refractive index due to the combination of substrate and analyte refractive indices.

Efective area quantifes the amount of light transmitted through the area of the fbre and the efective area results of the proposed PCF of DEHP, BPA, and BPS chemicals across the operating wavelength range is presented in Fig. [4.](#page-6-1) The data demonstrate an increasing trend in efective area with increasing wavelength, with BPA and BPS exhibiting a linear increase and DEHP displaying a non-linear increase. This behaviour can be attributed to the confnement of light, which starts to escape to the surrounding cladding area as the wavelength increases, resulting in an increased efective area. At the optimum wavelength λ = 0.4 μ m, effective areas for DEHP, BPA, and BPS are 3.47 μ m², 3.03 μ m², and 2.94 μ m², respectively.

Fig. 2 Mode feld profle of the proposed PCF sensor at operating wavelength of 0.4 µm for **a** DEHP **b** BPA **c** BPS

Equation (3) (3) shows that nonlinear coefficient of an optical fibre is inversely proportional to its effective area. The nonlinear coefficient measures the magnitude of the nonlinear efects induced by the light beam in the waveguide of the fbre. The obtained nonlinear coefficients for all test analytes exhibit a decreasing trend with respect to wavelength, as shown in Fig. [5.](#page-7-0) This trend further suggests an inverse proportionality between nonlinear coefficient and wavelength. Specifically, DEHP demonstrates the lowest nonlinear coefficient among the analytes, followed by BPA and then BPS. The assessed nonlinear coefficients are $136 \text{ W}^{-1} \text{ km}^{-1}$ for DEHP, $156 \text{ W}^{-1} \text{ km}^{-1}$ for BPA, and $160 \text{ W}^{-1} \text{ km}^{-1}$ for BPS. These favourable high nonlinear coefficient results are advantageous for supercontinuum generation as well.

Figure [6](#page-7-1) shows the chromatic dispersion outcomes against the wavelength of the proposed PCF sensor for DEHP, BPA, and BPS. Chromatic dispersion is defned as the quantifcation of the spreading of light signal as they propagate through the fbre. The

DEHP, BPA, and BPS

Fig. 6 Chromatic dispersion against operating wavelength results of the proposed PCF for DEHP, BPA, and BPS

results illustrate that the chromatic dispersion for the test analytes decreases with the increase in wavelength. Nevertheless, the dispersion results lie within a small range of about−0.002 ps/nm·km to−0.007 ps/nm·km. This indicates that the chromatic dispersion is negligible, which implies the proposed PCF design has enhanced transmission quality and reduced signal distortion. At 0.4 μ m operating wavelength, the chromatic dispersions are−0.0017 ps/nm·km,−0.0020 ps/nm·km, and−0.0021 ps/nm·km for DEHP, BPA, and BPS. The low dispersion values obtained at 1.55 μ m also indicates its potential suitability for optical communication applications.

V-Parameter is the property for determining the number of modes in the PCF sensor. Figure [7](#page-8-0) displays the V-Parameter results for the proposed PCF sensor in detecting DEHP, BPA, and BPS chemicals. The V-Parameter data show a decreasing curve trend across the wavelength range of $0.4-2.8$ µm. According to Habib et al. ([2020\)](#page-16-15), Rana et al. [\(2016](#page-16-16)),

V-parameter values below 2.405 indicate single-mode fbre behaviour, whereas values above 2.405 indicate multimode behaviour. Thus, the proposed PCF sensor in the study functions as a single-mode fbre for all test analytes, including DEHP, BPA, and BPS.

Power fraction is a measure of the intensity of light in the core relative to the total fbre. The power fraction results of the proposed sensor in detecting chemical analytes are presented in Fig. [8,](#page-8-1) plotted against the operating wavelength. The graph shows a decreasing trend as wavelength increases, with DEHP demonstrating an almost linear line. This observation indicates that more light is concentrated in the core at lower wavelengths. Furthermore, at the optimum wavelength of 0.4 µm, the power fraction of BPA and BPS are found to be close to each other. At the optimum operating wavelength, the power fractions for all test analytes are above 98%.

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Relative sensitivity is a measure of the sensing capabilities of the proposed PCF sensor, based upon the interaction between the light signal and the injected test analytes. As showcased in Fig. [9,](#page-9-0) the graph demonstrates the results of relative sensitivities of DEHP, BPA, and BPS with respect to wavelength for the proposed PCF; demonstrating almost similar trend to power fraction. Notably, there is a direct correlation between relative sensitivity and the refractive index of the analytes. BPS has the highest refractive index and yields the highest relative sensitivities, followed by BPA, and then DEHP. This conspicuous observation underscores an augmented interaction between the incident light and infltrated analytes characterised by the relative sensitivity values. This phenomenon can be elucidated by the fundamental principles governing optical sensing within the PCF. When the refractive index of the analyte is closer to that of the background material (in this case, fused silica), the optical properties of the infltrated medium more strongly infuence the behaviour of light within the core. In essence, when the refractive index of the analyte is higher, there is a greater disparity between the refractive indices of the background material and analyte. This leads to a more pronounced changed in the optical properties of the guided light, resulting in higher sensitivity. At the optimum value, the depicted relative sensitivities are 99.14%, 99.93%, and 99.95% for DEHP, BPA, and BPS, respectively.

Figure [10](#page-10-0) presents the confnement loss results for DEHP, BPA, and BPS chemicals in the proposed PCF sensor over the operating wavelength range. The graph illustrates that the confnement loss increases with increasing wavelength for all the test analytes. This can be attributed to the phenomenon where light signal escapes from the core and enters the cladding region as the wavelength increases. Consequently, the interaction between light and analyte decreases at higher wavelengths. The confnement of light is more efective when the refractive index of the analyte is higher than that of the substrate, as observed in this study. Specifcally, BPS exhibits the lowest confnement loss, suggesting better confnement of light due to its higher refractive index than DEHP and BPA. At the wavelength of 0.4 µm, the confinement losses for DEHP, BPA, and BPS are 1.26×10^{-17} dB/m, 2.37×10^{-19} dB/m, and 8.91×10^{-21} dB/m, respectively. Furthermore, the low confinement losses observed at 1.55 μ m suggest its prospective applicability in optical communication.

To further investigate the impact of the proposed PCF sensor design on the sensing of chemicals in plastics, variations in the cladding area were studied by adding and removing cladding air holes and layers. Figure [11](#page-11-0) presents the effects of the varying number of cladding air hole layers by 1 and 3 rings, compared to the optimal 2 rings of cladding air hole design, on relative sensitivity. The results show overlapping data points, indicating that no signifcant efects were observed on the relative sensitivity of the test analytes. Therefore, the proposed PCF sensor design was found to be robust and insensitive to changes in the number of cladding air holes and layers for the detection of DEHP, BPA, and BPS chemicals.

Confnement loss variation with the number of rings of cladding air holes for the detection of the chemical test analytes against the operating wavelength is shown in Fig. [12](#page-12-0). It is observed that as the number of cladding air hole layers is decreased, the confnement loss increases, and as the number of cladding air hole layers is increased, the confnement loss decreases. This efect is noticeable for all the test analytes: DEHP, BPA, and BPS. The reason behind this phenomenon is that by adding more air holes in the cladding region, the refractive index of the cladding reduces, resulting in a signifcant refractive index diference between the core and cladding. Similarly, if the cladding air hole layers are reduced, the diference in refractive index between the core and cladding becomes smaller, resulting in higher confnement losses.

Moreover, given the absence of any discernible impact on the relative sensitivity with the inclusion or exclusion of cladding air holes, further experimentation was conducted. Figure [13](#page-13-0) shows the changes in relative sensitivity against wavelength due to 1% and 2% increments and decrements in the pitch distance and cladding air hole diameter for all test analytes (DEHP, BPA, and BPS). Results indicate that no signifcant efects are observed at the optimum wavelength of 0.4 µm. However, variations from the optimum results are seen as the wavelength increases. When the global dimensions are increases by 1% and 2%, relative sensitivities decrease, with 2% variations having a larger efect than 1% variations. On the other hand, when the global dimensions are decreased by 1% and 2%, relative sensitivities increase, with the results being higher for lower percentage

variations. Nevertheless, these variations are not substantial, indicating the robustness of the sensing capabilities and the fabrication of the proposed sensor design.

To evaluate the efects of cladding air hole rings and global dimension variations on the proposed design, relative sensitivity values at the optimum wavelength of 0.4 µm are presented in Table [1](#page-13-1). The table compares the relative sensitivity values for the optimum design with those obtained by adding and remove cladding air hole layer and altering the global dimensions. The results suggest that even with the addition or removal of cladding air hole layers, the proposed design maintains high relative sensitivities.

Table [2](#page-14-0) presents a comparison of the relative sensitivity results obtained using the proposed PCF sensor and prior PCFs in detecting DEHP, BPA, and BPS. The proposed PCF sensor, which features a simpler design of a single core hole and 2 layers of cladding air holes, yields higher relative sensitivities compared to complex designs. These fndings suggest that a simpler PCF sensor design ofers advantages, such as lower fabrication complexity, costefectiveness, and ease of integration in sensing methods. Therefore, the proposed PCF design is a promising candidate for practical sensing applications.

5 Conclusion

A simple design consisting of one decagonal core hole and two layers of circular cladding air holes arranged hexagonally has been proposed as a PCF sensor for the detection of harmful chemicals in polycarbonate plastics from visible to infrared wavelengths of 0.4–2.8 µm. The proposed structure has been modelled on COMSOL Multiphysics and numerically studied using the FEM technique, enabling visualisation of the light signal distribution in the fbre sensor. Optical and sensing parameters, such as efective refractive index, effective area, nonlinear coefficient, V-parameter, chromatic dispersion, power fraction, relative sensitivity, and confnement loss, have been assessed. Relative sensitivities yielded for DEHP, BPA, and BPS are 99.14%, 99.93%, and 99.95%, respectively, and depicted confinement losses of about 10^{-21} to 10^{-17} dB/m for all the test analytes.

Additionally, the results suggest that higher confnement of light is achieved by increasing the cladding region through the addition of more air holes, which leads to higher refractive index of the analyte than the substrate refractive index. The efects of variations in cladding air hole layers have no impact on relative sensitivity. However, minute changes in relative sensitivity were observed when global dimensions were varied. This proposed design holds promise as a practical sensing application and has the potential to improve the efficiency and accuracy of chemical analysis in plastic materials. Moreover, the remarkable

Variation	Relative sensitivity $(\%)$		
	DEHP	BPA	BPS
Optimum	99.14	99.93	99.95
1 cladding air hole ring	99.14	99.93	99.95
3 cladding air hole rings	99.14	99.93	99.95
$+1\%$ of global dimensions	99.13	99.92	99.94
-1% of global dimensions	99.16	99.93	99.97
$+2\%$ of global dimensions	99.11	99.92	99.93
-2% of global dimensions	99.18	99.94	99.98

Table 1 Relative sensitivity results because of variations in cladding air hole rings and global dimensions

attributes of the proposed PCF extend beyond its sensing capabilities; the obtained low confinement losses, minimal chromatic dispersion, and a notably high nonlinear coefficient position it as an enticing candidate for an array of optical applications. Notably, it can contribute to the felds of optical communication, supercontinuum generation, and visible light illumination. These versatile potential uses enhance the signifcance of the research and highlights the broader spectrum of applications that can beneft from this innovative PCF design. However, one primary application can be in the production stage of plastics, where

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the PCF sensor can ensure the health grade of plastics for human use, further enhancing its practicality and impact. On the other hand, it is essential to acknowledge the limitations inherent from this simulation-based study. To address this, the future work will encompass the fabrication of the proposed PCF sensor, followed by rigorous experimentation to validate the simulated results, thereby bridging the gap between simulation and practical applications. Moreover, the study can be extended to exploring optimisation strategies, diversifying diferent analyte detection, and evaluating the robustness of the proposed sensor under varying environmental conditions; these shall augment the applicability of the sensor and contribute to the continued progress of chemical sensing.

Authors' contributions Conceptualization: Abdul Mu'iz Maidi and Feroza Begum; Methodology: Abdul Mu'iz Maidi and Feroza Begum; Software: Abdul Mu'iz Maidi and Feroza Begum; Validation: Md Abul Kalam and Feroza Begum; Formal analysis: Abdul Mu'iz Maidi and Feroza Begum; Investigation: Abdul Mu'iz Maidi, Rudi Salam, and Feroza Begum; Resources: Md Abul Kalam and Feroza Begum; Data curation: Abdul Mu'iz Maidi and Feroza Begum; Writing—original draft preparation: Abdul Mu'iz Maidi; Writing—review and editing: Abdul Mu'iz Maidi and Feroza Begum; Visualization: Rudi Salam and Feroza Begum; Supervision: Feroza Begum; Project administration: Feroza Begum; Funding acquisition: Feroza Begum. All authors have read and agreed to the published version of the manuscript.

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Availability of data and materials The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request.

Declarations

Competing interests The authors declare no competing interests.

Ethical approval Not applicable.

Competing interest The authors have no relevant fnancial or non-fnancial interests to disclose.

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