ORIGINAL PAPER

Transitions of zonal flows in a two-layer quasi-geostrophic ocean model

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Received: 5 October 2021 / Accepted: 10 May 2022 / Published online: 24 May 2022 © The Author(s), under exclusive licence to Springer Nature B.V. 2022

Abstract We consider a 2-layer quasi-geostrophic ocean model where the upper layer is forced by a steady Kolmogorov wind stress in a periodic channel domain, which allows to mathematically study the nonlinear development of the resulting flow. The model supports a steady parallel shear flow as a response to the wind stress. As the maximal velocity of the shear flow (equivalently the maximal amplitude of the wind forcing) exceeds a critical threshold, the zonal jet destabilizes due to baroclinic instability and we numerically demonstrate that a first transition occurs. We obtain reduced equations of the system using the formalism of dynamic transition theory and establish two scenarios which completely describe this first transition. The generic scenario is that a conjugate pair of

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modes loses stability and a Hopf bifurcation occurs as a result. Under an appropriate set of parameters describing related midlatitude oceanic flows, we show that this first transition is continuous: a supercritical Hopf bifurcation occurs and a stable time periodic solution bifurcates. We also investigate the case of double Hopf bifurcations which occur when four modes of the linear stability problem simultaneously destabilize the zonal jet. In this case, we prove that, in the relevant parameter regime, the flow exhibits a continuous transition accompanied by a bifurcated attractor homeomorphic to $S³$. The topological structure of this attractor is analyzed in detail and is shown to depend on the system parameters. In particular, this attractor contains (stable or unstable) time-periodic solutions and a quasiperiodic solution.

Keywords Quasi-geostrophic flow · Center manifold reduction · Dynamic transitions · Linear instability

Mathematics Subject Classification 34C23 · 37N10 · 37L10

1 Introduction

Baroclinic instability is among the most important geophysical fluid dynamical instabilities playing a crucial role in the dynamics of atmospheres and oceans. In particular, this instability mechanism is the dominant process in atmospheric dynamics shaping the cyclones and anticyclones that dominate weather in mid-latitudes, as well as the mesoscale ocean eddies that play various roles in oceanic dynamics and the transport of heat and salt [\[36](#page-17-0)]. Much is known on the linear stability of zonal jets in a horizontally unbounded ocean in the quasi-geostrophic (QG) flow regime. Classical models, such as the continuously stratified Eady model [\[14\]](#page-17-1) and the two-layer Phillips model [\[27](#page-17-2)], have led to a detailed understanding of the mechanism of baroclinic instability of a zonal jet in the inviscid case. Long waves destabilize the zonal jet with maximum growth rates occurring for perturbations having wavelengths on the order of the Rossby deformation radius, typically $50 - 100$ km for the mid-latitude ocean [\[35](#page-17-3)].

In case linear friction is included in the two-layer model, the neutral curve has a minimum at (k_c, μ_c) where k_c is the critical wavenumber and μ_c the critical value of the control parameter (e.g., the maximum speed of the zonal jet). The nonlinear development of these perturbations has been extensively analyzed in the weakly nonlinear case $[18, 25, 28, 39]$ $[18, 25, 28, 39]$ $[18, 25, 28, 39]$. In the regime $|k - k_c| = \mathcal{O}(\epsilon)$ and $|\mu - \mu_c| = \mathcal{O}(\epsilon^2)$, [\[37\]](#page-17-8) showed that on a long time scale $T = \epsilon^2 t$ and large spatial scale $X = \epsilon(x - c_g t)$, where c_g is the group velocity of the waves at criticality, the complex amplitude *A* of the wave packet destabilizing the jet satisfies a Ginzburg–Landau equation, written as

$$
\frac{\partial A}{\partial T} = \gamma_1 A + \gamma_2 \frac{\partial^2 A}{\partial X^2} - \gamma_3 A |A|^2,
$$

where the γ_i are complex constants. [\[37\]](#page-17-8) also showed that the fixed point solution of this equation can become unstable to sideband instabilities. Subsequent analysis has shown [\[13\]](#page-17-9) that upgradient momentum transport can occur due to the self-interaction of the instabilities leading to rectification of the zonal jet.

In reality, the ocean basins are zonally bounded by continents and the midlatitude zonal jets are part of the gyre system, for example the subpolar gyre and subtropical gyre in the North Atlantic, forced by the surface wind stress through Ekman pumping [\[26](#page-17-10)]. The problem of baroclinic instability of such non-parallel flows is much more complicated and has so far only been tackled numerically. When the wind-forced QG equations are discretized, the linear stability problem for the gyre flow results in a large-dimensional generalized eigenvalue problem, typically of dimension $10⁴$. There are many results for the one-layer single- and double-gyre flows (for an overview, see [\[11,](#page-17-11) Chap. 5]), but in this

case there is no baroclinic instability. There are relatively few results for the two-layer case. In [\[12\]](#page-17-12), it was shown that in the two-layer case the double-gyre flow becomes unstable through a sequence of Hopf bifurcations. The perturbation flow patterns at criticality are "banana-shaped," locally resembling those of baroclinic instability in the Philips model. Stable periodic orbits result from these Hopf bifurcations, typically given rise to meandering motion of the gyre boundary.

As an intermediate, more analytically tractable case, we consider here the baroclinic instability of a zonal jet for a two-layer QG model in a zonally periodic channel. In this case, the properties of the bounded geometry are somehow represented, as the patterns of the unstable modes are restricted by the periodicity of the channel, so a sequence of Hopf bifurcations is expected just as in the more realistic gyre case. In addition, parallel flow solutions exist in the zonally periodic channel which simplifies the linear stability problem substantially such that a more detailed nonlinear analysis, akin to that in the horizontally unbounded case, can be performed. The parallel flow can also be connected to the surface wind stress, as in the full gyre case, but at the expense of adding an additional linear friction term to the upper layer vorticity equation; for more details, see Sect. [2.](#page-2-0) In this way, the situation studied is more relevant for the stability of the Antarctic Circumpolar Current, than for the midlatitude gyre circulations.

The case specifically studied in the paper is the circulation set up by a time-independent Kolmogorov windstress field (for $k = 1, 2, \ldots$)

$$
\tau^x(y) = -\tau \frac{\tau_0}{k\pi} \cos k\pi \frac{y}{L_y}; \ \tau^y = 0
$$

where τ_0 is a characteristic mid-latitude wind-stress value. This wind stress forces an ocean in a periodic channel $[0, \mathbb{R}/(2L_x\mathbb{Z})] \times [-L_y, L_y]$ on the β -plane. The case $k = 1$ and $k = 2$ are often referred to as the single- and double-gyre forcing. The stratification is modeled in terms of a two-layer system and the wind stress only directly forces the upper layer. As a response to this wind stress, the system supports a basic shear flow ψ^s . The amplitude τ that controls the wind-stress curl, or equivalently the maximal velocity of the shear flow ψ^s is chosen as the bifurcation parameter.

We first perform a numerical linear stability analysis of this basic shear flow; for small values of τ , all associated eigenvalues have negative real parts such that the jet is stable. When the aspect ratio of the channel $a = L_y/L_x$ is large, the eigenvalues remain in the left complex plane regardless of the value of τ . However, when the aspect ratio gets small, the basic shear flow loses stability at a critical τ in the form of a single conjugate pair or two conjugate pairs of eigenvalues crossing the imaginary axis, giving rise to either a Hopf or a double Hopf bifurcation. We next use the idea and method of the dynamic transition theory [\[20](#page-17-13)[,21](#page-17-14)], which is aimed to determine all the local attractors near a transition. The approach allows for a classification near the instability onset of all transitions into three classes known as continuous, catastrophic and random types [\[21\]](#page-17-14). In this way, our study extends previous results using this approach on the single-layer barotropic case [\[10,](#page-17-15)[32\]](#page-17-16), the two-layer case for constant zonal jet velocities [\[3\]](#page-16-0) and the barotropic Munk western boundary layer current profile case [\[15](#page-17-17)], to the zonally periodically bounded two-layer case.

Using the center manifold reduction, we obtain effective reduced (ordinary differential equation, ODE) models describing this transition. The dynamic transition theory identifies then transition numbers that qualifies the transition's type and are calculated from the reduced ODE's coefficients. The case of a Hopf bifurcation is generic while the case of a double Hopf bifurcation is degenerate and requires fine-tuning of the aspect ratio to critical values where two conjugate pairs of eigenmodes with consecutive wavenumbers have their eigenvalues crossing the imaginary axis simultaneously. Using standard parameter values describing the midlatitude related oceanic flows, we perform numerical computations of the transition number for the forcing patterns corresponding to $k = 1, 2, 3$ and the aspect ratios $a \geq 3$. We find that in the parameter regimes we are interested in, the Hopf bifurcation is supercritical and a stable limit cycle bifurcates. For the double Hopf bifurcation, we find that after the corresponding transition takes place, the system exhibits a bifurcated local attractor [\[20](#page-17-13)] near the basic shear flow which is homeomorphic to the 3D-sphere. The topological structure of this attractor is analyzed and depending on the parameters, it is found to contain a combination of limit cycles and a quasi-periodic solution.

The paper is organized as follows. In Sect. [2,](#page-2-0) the quasi-geostrophic model is presented. This is followed by Sect. [3](#page-3-0) where the theory and numerical results for the linear stability problem (Sect. [3.1\)](#page-3-1), the Hopf bifurcation case (Sect. [3.2\)](#page-6-0) and the double-Hopf bifurcation case (Sect. [3.3\)](#page-9-0) are presented. These results are summarized and discussed in Sect. [4.](#page-12-0) Appendices A and B contain details regarding the proofs of the transition theorems and the explicit formulas of the corresponding reduced ODE's coefficients, in the Hopf and double-Hopf cases, respectively. Appendices C and D, as for them, provide details about for the numerical treatment of the linear stability analysis and the practical computation of the transition numbers. Finally, the set of model parameters used in the numerical study of the problem is given in "Appendix E."

2 The model

We consider two layers of homogeneous fluids, each with a different and constant density ρ_1 and ρ_2 and with equilibrium layer thicknesses H_1 and H_2 , on a midlatitude β -plane with Coriolis parameter $f = f_0 + \beta_0 y$. The lighter fluid in layer 1 is assumed to lie on top of the heavier one in layer 2 so that the stratification is statically stable, i.e., $\rho_1 < \rho_2$; bottom topography is neglected.

This flow can be modeled by the two-layer QG model $[25]$ $[25]$ using the geostrophic stream function ψ_i and the vertical component of the relative vorticity ζ_i in each layer ($i = 1, 2$). The quantities ψ_i and ζ_i are non-dimensionalized by UL_y and U/L_y , respectively, wind stress with τ_0 , length with L_y , and time with L_v/U , where *U* is a characteristic horizontal velocity. By choosing $U = \tau_0/(\rho_0 \beta_0 L_y H_1)$, where ρ_0 is a reference density, the dimensionless equations on the domain $(0, 2/a) \times (-1, 1)$ (with $a = L_y/L_x$) become

$$
\begin{aligned}\n\left[\frac{\partial}{\partial t} + \{\psi_1, \cdot\}\right] (\Delta \psi_1 + F_1(\psi_2 - \psi_1) + \beta y) \\
&= -r_1 \Delta \psi_1 - \tau \beta \sin k \pi y \\
\left[\frac{\partial}{\partial t} + \{\psi_2, \cdot\}\right] (\Delta \psi_2 + F_2(\psi_1 - \psi_2) + \beta y) \\
&= -r_2 \Delta \psi_2,\n\end{aligned}
$$
\n(1)

where $\{f, g\} = f_x g_y - f_y g_x$ is the usual Jacobian operator and

$$
\mathcal{F}_1 = -r_1 \Delta \psi_1,
$$

represents the damping of upper layer vorticity due to frictional processes. In the bottom layer, we include a linear (Ekman) friction term $-r_2\Delta\psi_2$; in both layers, Laplacian friction terms are neglected due to the absence of continental boundary layers making such terms much smaller than the other ones. The expressions for the dimensional and dimensionless parameters, with their standard values at a latitude 45◦N, are given in Table [2.](#page-16-1)

For the boundary conditions, we assume periodicity in the *x*-direction and free-slip boundaries in the *y*direction. Hence, the conditions are

$$
\psi_i \mid_{x=0} = \psi_i \mid_{x=2/a}, \qquad i = 1, 2.
$$

$$
\psi_i \mid_{y=\pm 1} = \frac{\partial^2 \psi_i}{\partial y^2} \mid_{y=\pm 1} = 0, \qquad i = 1, 2.
$$
 (2)

In actual ocean basins, a steady zonal jet is generated by the applied wind stress through Ekman pumping, a Sverdrup balance and a western boundary layer flow [\[26\]](#page-17-10). Due to the periodic boundary conditions used here, such a flow cannot be captured in this model. However, due to the presence of the large upper layer friction, which corrects for the absence of the Sverdrup balance, the equations allow a steady state of the form

$$
\psi_1^s = \Psi \sin k\pi y, \qquad \psi_2^s = 0,
$$
\n(3)

which relates to the wind stress field, when \mathcal{F}_1 − $\tau \beta \sin k \pi y = 0$. In this paper, we will assume that the wind-stress vorticity input is balanced by vorticity decay due to the linear friction term $\mathcal{F}_1 = -r_1 \Delta \psi_1$, being aware that a larger friction coefficient r_1 is needed than can be justified from existing dissipative processes in the ocean. In this case, it follows that

$$
\Psi = \frac{\tau \beta}{(k\pi)^2 r_1}.
$$
\n(4)

The parameter Ψ appearing in [\(3\)](#page-3-2) can then be chosen as the control parameter as is the case in this study, instead of τ . It can be interpreted as the maximal (zonal) velocity of the shear flow (after taking the derivative in *y* of [\(3\)](#page-3-2)) or equivalently the maximal amplitude of the wind forcing according to (4) .

By considering the perturbation $\psi'_i = \psi_i - \psi_i^s$, $i =$ 1, 2, we can write the system into the following operator form (after dropping the prime notation)

$$
\mathcal{M}\partial_t \psi = \mathcal{N}\psi + \mathcal{G}(\psi), \qquad \psi = (\psi_1, \psi_2), \tag{5}
$$

where M and N are the linear operators defined as

$$
\mathcal{M}\psi = \begin{bmatrix} \Delta \psi_1 + F_1(\psi_2 - \psi_1) \\ \Delta \psi_2 + F_2(\psi_1 - \psi_2) \end{bmatrix},
$$
(6)

and

N ψ

$$
\hat{\underline{\otimes}}
$$
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$$
= \begin{bmatrix} \Psi k \pi \cos k \pi y \left((k \pi)^2 \frac{\partial \psi_1}{\partial x} + F_1 \frac{\partial \psi_2}{\partial x} + \frac{\partial \Delta \psi_1}{\partial x} \right) \\ - \beta \frac{\partial \psi_1}{\partial x} - r_1 \Delta \psi_1 - \Psi k \pi F_2 \cos k \pi y \frac{\partial \psi_2}{\partial x} \\ - \beta \frac{\partial \psi_2}{\partial x} - r_2 \Delta \psi_2 \end{bmatrix} .
$$
\n(7)

Lastly, the bilinear nonlinearity is given explicitly by

$$
\mathcal{G}(\psi) = \begin{bmatrix} -\{\psi_1, \Delta \psi_1 + F_1(\psi_2 - \psi_1)\} \\ -\{\psi_2, \Delta \psi_2 + F_2(\psi_1 - \psi_2)\} \end{bmatrix}.
$$
 (8)

The operators $\mathcal G$ and $\mathcal N$ are well-defined mappings, $G: H_1 \to H_{-1}$ and $\mathcal{N}: H_0 \to H_{-1}$, on the following functional spaces:

$$
H_1 = \{ \psi = (\psi_1, \psi_2) \in H^4(\Omega)
$$

\n
$$
\times H^4(\Omega) | \psi \text{ satisfies (2)} \},
$$

\n
$$
H_0 = \{ \psi = (\psi_1, \psi_2) \in H^2(\Omega)
$$

\n
$$
\times H^2(\Omega) | \psi \text{ satisfies (2)} \},
$$

\n
$$
H_{-1} = L^2(\Omega)^2.
$$
 (9)

Here,

 $\Omega = (0, 2/a) \times (-1, 1)$, with $a = L_y/L_x$, (10) and $H^4(\Omega)$, $H^2(\Omega)$, $L^2(\Omega)$ are the usual Sobolev and Lebesgue function spaces endowed with their natural inner products. These functional spaces account for spatial regularity of the solution ψ for which $H^p(\Omega)$ denotes the space of square-integrable functions that possess *p*th-order derivatives (in the distribution sense) that are themselves square-integrable; see e.g., [\[2](#page-16-2)]. Using this functional framework, it can be shown that Eq. [\(5\)](#page-3-5) is well-posed by application of e.g., a standard approximation method (such as Galerkin) [\[1](#page-16-3)].

3 Results

In this section, we first present the linear stability analysis of the basic shear flow and then we move on to describe the first transitions due to the instabilities, covering both the Hopf and double Hopf bifurcations. Although in realistic ocean basins the aspect ratio *a* would be small, we allow here the full range of *a* to also study the nonlinear interactions of localized instabilities.

3.1 Linear stability analysis

We first investigate the linear stability of the basic solution. For this purpose, we denote the eigenmodes of the **Fig. 1** The first 240 eigenvalues at the critical parameter when $m_c = 2, a = 10, k = 1$ and $N_{v} = 240$

linear problem by

$$
\psi_{m,j}(x, y) = e^{i\alpha_m x} Y_j(y), \quad j \in \mathbb{N}, m \in \mathbb{Z},
$$

$$
\alpha_m = a m \pi.
$$

with eigenvalues $\sigma_{m,j}$, i.e.,

$$
\sigma_{m,j} \mathcal{M} \psi_{m,j} = \mathcal{N} \psi_{m,j}.
$$
\n(11)

Since the linear operators *M* and *N* are real, we have

$$
\overline{\sigma_{m,j}} = \sigma_{-m,j}, \qquad \overline{\psi_{m,j}} = \psi_{-m,j}, \qquad \forall m \in \mathbb{N}.
$$

This eigenvalue problem is solved numerically by means of a standard Legendre–Galerkin method; see Appendix C. A typical picture of the spectrum near the criticality is given in Fig. [1.](#page-4-0) This figure shows that many eigenvalues are clustered near the imaginary axis at the critical parameter value $\Psi = \Psi_c$ as defined in [\(13\)](#page-4-1).

We assume (as confirmed numerically for the parameter regimes considered below) that the eigenvalues are ordered so that for each integer m , $\sigma_{m,1}$ has the largest real part among the $\sigma_{m,j}$, for any nonnegative integer *j*.

For each (nonnegative) wavenumber *m*, we define Ψ_m , when it exists, to be the value of Ψ for which the eigenvalue $\sigma_{m,1}$ crosses the imaginary axis, that is

$$
Re(\sigma_{m,1}) = Re(\sigma_{-m,1}) = \begin{cases} < 0, & \text{if } \Psi < \Psi_m \\ = 0, & \text{if } \Psi = \Psi_m \\ > 0, & \text{if } \Psi > \Psi_m \end{cases} . (12)
$$

Hence $\Psi = \Psi_m$ defines a neutral stability curve in the (a, Ψ) -plane. In Fig. [2,](#page-5-0) these neutral curves are plotted for zonal wave numbers $m = 1, 2, 3, 4$.

Our numerical analysis suggests that for any *m*, Ψ*^m* is well-defined only for aspect ratios of the basin characteristic lengths smaller than a threshold *am* (depending on *m*), that is for $a < a_m$. The threshold a_m is defined by a vertical asymptote condition, namely

$$
\lim_{a\to a_m-}\Psi_m=\infty.
$$

Moreover, we numerically observe that the *am* are ordered such that

 $\infty > a_1 > a_2 > \cdots$

We define then the **critical maximal shear flow's velocity**, Ψ_c , and the critical zonal wavenumber, m_c , by

$$
\Psi_c = \min_{m \in \mathbb{N}} \Psi_m,\tag{13}
$$

and,

$$
m_c = \underset{m \in \mathbb{N}}{\operatorname{argmin}} \Psi_m,\tag{14}
$$

respectively.

A typical structure of the spectrum at the critical parameter value, $\Psi = \Psi_c$, is shown in Fig. [1](#page-4-0) where a conjugate pair of eigenvalues is about to cross the imaginary axis. The eigenvalues on the real axis correspond to the wavenumber $m = 0$ and are always stable although they may be very close to zero as shown in Fig. [1.](#page-4-0)

To describe the solutions near the onset of transition $\Psi = \Psi_c$, we define the spatio-temporal function

$$
f_m(x, y, t) = 2 \operatorname{Re} \left(e^{i \operatorname{Im} (\sigma_{m,1})t} \psi_{m,1}(x, y) \right), \quad m \in \mathbb{Z},
$$
\n(15)

where $\sigma_{m,1}$ is the first eigenvalue and $\psi_{m,1}$ is its associated eigenfunction. The spatial structure of the eigenmodes $\psi_{m_c,1}$ is shown in Fig. [3,](#page-5-1) revealing the well-known "banana-shaped" patterns characteristics of baroclinic instability.

Fig. 2 Neutral stability curves Ψ_m , $m = 1, 2, 3, 4$ defined in [\(12\)](#page-4-2), for wind-stress profiles defined by $k = 1, 2, 3$. For values of $\Psi > \Psi_m$, the shear flow (ψ_1^s, ψ_2^s) in [\(3\)](#page-3-2) becomes unstable to a perturbation pattern with wavenumber α*m*

The values of Ψ_c with respect to the aspect ratio *a* for $k = 1, 2, 3$ is shown in Fig. [4.](#page-7-0) By the previous remarks,

$$
\lim_{a \to a_1^-} \Psi_c = \lim_{a \to a_1^-} \Psi_1 = \infty.
$$
 (16)

By (16) , *for a* > a_1 *, the system is linearly stable.* As is expected, the neutral stability curves (Fig. [2\)](#page-5-0) approach the asymptote $\Psi_c \to \infty$ as *a* converges to the critical aspect ratio a_1 over which the system is linearly stable for all Ψ . Our numerical results in Fig. [4](#page-7-0) show that for aspect ratios *a* in the range $3 \le a \le 20$, the critical maximal shear velocity $\Psi_c \approx 0.1, 0.04, 0.03$ for $k = 1, 2, 3$, respectively. By [\(4\)](#page-3-3), this value of critical maximal shear velocity corresponds to an upper layer friction that is approximately,

$$
r_1 \approx \frac{\tau \beta}{k^2 \pi^2 \Psi_c} \approx \frac{10^3}{k},
$$

which is indeed much larger than can be justified from dissipative processes in the ocean but, as explained in Sect. [2,](#page-2-0) is needed here to connect the background zonal jet to the applied wind stress as a Sverdrup balance is absent in the original model formulation.

The friction term in the lower layer however is physical (Ekman friction) and for this study, it is fixed at $r_2 = 5.0$, see Table [2.](#page-16-1) Also, from Fig. [2,](#page-5-0) we see that for small aspect ratios, many modes become unstable as Ψ_c is exceeded.

For $a < a_1$, the system has a first transition at $\Psi =$ Ψ*c* and exactly one of the following two principal of exchange of stability (PES) condition holds:

The PES condition [\(17\)](#page-6-1) has been rigorously verified for Kolmogorov flows in [\[22](#page-17-18)] via a continued fraction method. This method has later been extended for the single layer QG model for the $k = 1$ case in [\[32](#page-17-16)] and for $k \ge 2$ in [\[19](#page-17-19)] where k is the forcing frequency in [\(1\)](#page-2-1). It is still an open problem to rigorously verify the PES condition for the current problem.

3.2 Hopf bifurcation

We first investigate the generic Hopf transition scenario based on the attractor bifurcation theorem [\[20](#page-17-13), The-

$$
Re(\sigma_{m,1}) = Re(\sigma_{-m,1}) \begin{cases} < 0, \text{ if } \Psi < \Psi_c \\ = 0, \text{ if } \Psi = \Psi_c & \text{ if } m = m_c \\ > 0, \text{ if } \Psi > \Psi_c \end{cases} \tag{17}
$$
\n
$$
Re(\sigma_{m,1}) = Re(\sigma_{-m,1}) < 0 \qquad \text{ if } m \neq m_c
$$
\n
$$
Re(\sigma_{m,1}) = Re(\sigma_{-m,1}) \begin{cases} < 0, \text{ if } \Psi < \Psi_c \\ = 0, \text{ if } \Psi = \Psi_c & \text{ if } m \in \{m_c, m_c + 1\} \\ > 0, \text{ if } \Psi > \Psi_c \end{cases} \tag{18}
$$
\n
$$
Re(\sigma_{m,1}) = Re(\sigma_{-m,1}) < 0 \qquad \text{ if } m \notin \{m_c, m_c + 1\}.
$$

According to [\(17\)](#page-6-1) and [\(18\)](#page-6-1) either, two or four eigenvalues become unstable as Ψ crosses Ψ_c . The case of two critical eigenvalues is generic and results into a Hopf bifurcation. The case of four critical eigenvalues results in a double Hopf bifurcation and requires the fine-tuning of the aspect ratio $a = a_{DH}$ so that $\Psi_c = \Psi_{m_c} = \Psi_{m_c+1}$. The values of a_{DH} where double Hopf transition occurs is given in Table [1.](#page-7-1)

Although the double Hopf transition is not generic, its analysis gives an insight into regimes of moderate values of Ψ where multiple eigenvalues are unstable. In Fig. [5,](#page-7-2) we show the dominant part of the spectrum of the linearized operator at a critical aspect ratio a_{DH} .

We recall that the neutral stability curves (shown in Fig. [2\)](#page-5-0) are found by identifying the set of parameter values (here in the (a, Ψ) -plane) for which the real part of the critical eigenvalue is zero while the rest of the eigenvalues have a negative real part, i.e., are associated with a stable mode. By a continuity argument, we can thus infer that in a neighborhood of such critical curves the PES condition is satisfied, for instance when Ψ crosses the critical value Ψ_c (depending on *a* and *k*) shown in Fig. [2.](#page-5-0)

orem 5.2] and the dynamical transition theorem [\[21,](#page-17-14) Theorem 2.1.3]. For proofs of the following lemma and theorem, see Appendix A).

Lemma 1 *Assume that the PES condition* [\(17\)](#page-6-1) *holds. Then, the transition and stability of the steady-state solution* [\(3\)](#page-3-2) *to Eq.* [\(5\)](#page-3-5)*, in the vicinity of the critical maximal shear flow's velocity* $\Psi = \Psi_c$ *and for any sufficiently small initial data, are equivalent to the stability of the zero solution of the following reduced equation*

$$
\frac{dz}{dt} = \sigma_{m_c,1}z + Pz|z|^2 + o(|z|^3),\tag{19}
$$

where z(*t*) *denotes the complex amplitude aiming at approximating the projection of the model's solution onto the critical mode* $\psi_{m_c,1}$ *. The coefficient P is defined in Eq.* [\(33\)](#page-13-0) *of Appendix A and is called the transition number.*

The analysis of Lemma [1](#page-6-2) yields the following theorem.

Theorem 1 *Assume that the first critical eigenvalue is purely complex with a simple multiplicity, that is the PES condition* [\(17\)](#page-6-1) *is satisfied. Then the following assertions hold true.*

Fig. 4 The critical maximal shear flow's velocity Ψ*c* dependence on the channel's aspect ratio *a* for $k = 1, 2$ and $k = 3$

Table 1 The double Hopf transition numbers

Here $k = 1, 2$ is the wavenumber of the forcing, m_c and $m_c + 1$ are the wavenumbers of the first two critical modes which become unstable simultaneously at the critical aspect ratio a_{DH} . *A*, *B*, *C*, *D* are the coefficients of the double Hopf transition normalized with respect to the maximum absolute value of those coefficients. The parameters δ and θ are defined by [\(24\)](#page-10-0)

(1) If $\text{Re}(P) < 0$ *, then Eq.* (5*) in* H_1 [see (9*)*] *undergoes a continuous transition accompanied by a supercritical Hopf bifurcation on* $\Psi > \Psi_c$, with Ψ*^c defined in* [\(13\)](#page-4-1)*. In particular, the steady-state solution bifurcates to a stable periodic solution* ψ *on* $\Psi > \Psi_c$, *satisfying* $\psi \to \mathbf{0}$ *as* $\Psi \to \Psi_c$ *and has the following approximation*

$$
\psi(x, y, t) = \left(\frac{-\operatorname{Re}(\sigma_{m_c, 1})}{\operatorname{Re}(P)}\right)^{\frac{1}{2}} f_{m_c}(x, y, t)
$$

$$
+ o\left(|\Psi - \Psi_c|^{\frac{1}{2}}\right).
$$
(20)

The spatial structure of the time periodic solution ψ *is shown at t* = 0 *for different aspect ratios a in Fig. [3.](#page-5-1)*

(2) If $\text{Re}(P) > 0$ *, then Eq.* [\(5\)](#page-3-5) *in H*₁ *[see* [\(9\)](#page-3-6)*] undergoes a jump transition on* $\Psi < \Psi_c$ *accompanied by a subcritical Hopf bifurcation. In particular, an unstable periodic solution* ψ *given by* [\(20\)](#page-7-3) *bifurcates on* $\Psi < \Psi_c$ *and there is no periodic solution bifurcating from* $\mathbf{0}$ *on* $\Psi > \Psi_c$ *. Moreover, there is a singularity separation at some* $\Psi_s < \Psi_c$ *generating an attractor and an unstable periodic solution* ψ*.*

When the PES condition [\(17\)](#page-6-1) holds, the system exhibits a Hopf bifurcation as described by Theorem [1.](#page-6-3) The type of transition boils down to the determination of the transition number *P* given in [\(33\)](#page-13-0) of "Appendix A." For the practical calculation of this number, we refer to "Appendix D." A numerical evaluation of *P* **Fig. 6** The real part of the transition number *P* compared to the channel aspect ratio *a* normalized by the largest absolute value of Re *P*. The parameters are as set in Table 2

Fig. 7 The effect of P_0 (of $m = 0$ modes) compared to the effect P_2 (of $2m_c$ modes) on the transition number

as reported in Fig. [6](#page-8-0) shows that for a low-frequency forcing $(k = 1, 2, 3)$, *generally* $Re(P) < 0$ and as a result *only continuous transition (supercritical Hopf bifurcation) is possible for the parameter regime we have selected*. In Fig. [6,](#page-8-0) we also display the critical wavenumber m_c . In the range $4 \le a \le 20$, the critical wavenumber m_c is found to range from 1 to 4.

There are discontinuities in *P* vs *a* plot in Fig. [6](#page-8-0) of the transition number which are due to the changes in the critical zonal wavenumber m_c . These discontinuities take place at double Hopf bifurcation aspect ratios where two consecutive zonal wavenumbers become critical simultaneously which is investigated in the next section. However, there are also discontinuities in Fig. $6, k = 1$ $6, k = 1$ case (for example near $a = 16$) whose origin is mysterious.

As detailed in "Appendix A," the transition number *P* accounts for two types of nonlinear interactions between the eigenmodes, and is written

$$
P=P_0+P_2,
$$

where P_0 accounts for nonlinear interactions between the critical modes and the zonally homogeneous (sta-

ble) modes $m = 0$ (see [\(34\)](#page-14-0)), while P_2 accounts for the interactions between the critical modes and the modes having a wavenumber twice that of the critical modes (see [\(35\)](#page-14-1)). A comparison of typical numerical values of P_0 and P_2 shows that P_2 is several orders of magnitudes smaller than P_0 ; see Fig. [7.](#page-8-1) We refer to $[4,$ $[4,$ Theorem III.1] for a similar transition number diagnosing also the type of Hopf bifurcations arising, generically, in delay differential equations, and whose nature is also characterized by the interactions of linearized modes through the model's nonlinear terms.

In our case,

$$
P_0 = \sum_{j=0}^{\infty} P_{0,j}
$$

where $P_{0,i}$ measures the contribution to P of the j th mode with zero-wavenumber $(m = 0)$ interacting with the critical mode; see (34) again. Figure [8](#page-9-1) shows

that the dependence of $P_{0,j}$ on *j* is essentially linear. We believe the results in Figs. [7](#page-8-1) and [8](#page-9-1) may help when choosing the modes to include in a simulation when the maximal shear velocity is well above the criticality.

We also compare the dimensional time period of the bifurcated solution (20) to the (dimensional) length of the channel in Fig. [9.](#page-10-1) With the default parameters as chosen in Table [2,](#page-16-1) our simulations yield a solution with time period of 180-380 days depending on the channel length of 100-700kms.

3.3 Double Hopf bifurcation

In this section, we are interested in the transitions that take place at the critical aspect ratios a_{DH} where four modes with consecutive wavenumbers m_c , $m_c + 1$ become unstable as given by the PES condition [\(18\)](#page-6-1).

Fig. 9 The (dimensional) time period $T_{\text{dim}} = \frac{2\pi}{\text{Im}(\sigma_{m_c,1})} \frac{L_y}{U}$ compared to the (dimensional) length of the channel $L_{\text{dim}} = 2L_v/a$ of the both stable and unstable bifurcated time periodic solution [\(20\)](#page-7-3) in the Hopf bifurcation case. Here, L_v and *U* are the characteristic scales defined in Table [2.](#page-16-1) The jumps in the derivative of the time period of the bifurcated solution is due to the change of the imaginary part Im $\sigma_{m_c,1}$ of the critical eigenvalue at the double Hopf aspect ratios a_{DH}

We first present the reduced equations in this case (for proofs, see Appendix B).

Lemma 2 *Assume that the PES condition* [\(18\)](#page-6-1) *holds. Then, the transition and stability of the steady-state solution* [\(3\)](#page-3-2) *of Eq.* [\(5\)](#page-3-5) *in H*¹ *[see* [\(9\)](#page-3-6)*], in the vicinity of the critical zonal shear flow's velocity,* $\Psi = \Psi_c$ *, and for any sufficiently small initial data are equivalent to the stability of the zero solution of the following system*

$$
\frac{dz_1}{dt} = \sigma_{m_c,1}z_1 + z_1(A|z_1|^2 + B|z_2|^2) + o(|z|)^3),
$$
\n(21)
\n
$$
\frac{dz_2}{dt} = \sigma_{m_c+1,1}z_2 + z_2(C|z_1|^2 + D|z_2|^2) + o(|z|)^3),
$$

where $z_1(t)$ *and* $z_2(t)$ *denote the complex amplitudes aiming at approximating the projection of the model's solution onto the critical modes* $\psi_{m_c,1}$ *and* $\psi_{m_c+1,1}$ *, respectively.*

The transition numbers A, *B*,*C*, *D are determined by the nonlinear interactions of these critical modes with higher modes given by [\(37\)](#page-14-2). More precisely, the terms A and D account for the self-interactions among the critical modes, while the terms B and C account for the cross-interactions between the critical modes with the higher modes.*

It is known that Eq. (21) exhibits a zoo of dynamical behaviors. We refer to [\[16](#page-17-20)] for a detailed analysis of all possible cases. Here, we restrict our attention to the case

$$
Re(A) < 0, \, Re(B) < 0, \, Re(B) + Re(C) < 0, \, Re(D)
$$

$$
\langle 0, \rangle \tag{22}
$$

which is the only case we observe in our numerical experiments, see Table [1.](#page-7-1) Under these conditions it is known that the transition is continuous (see Theorem 2.3 in [\[17\]](#page-17-21)). For the next theorem, let us define the numbers

$$
\lambda_1 = Re(\sigma_{m_c,1}), \qquad \lambda_2 = Re(\sigma_{m_c+1,1}). \tag{23}
$$
\n
$$
\delta = \frac{Re(C)}{Re(A)}, \qquad \theta = \frac{Re(B)}{Re(D)}
$$
\n
$$
\eta_1 = \left(\frac{\lambda_1 - \theta \lambda_2}{(\theta \delta - 1) Re(A)}\right)^{\frac{1}{2}},
$$
\n
$$
\eta_2 = \left(\frac{\lambda_2 - \delta \lambda_1}{(\theta \delta - 1) Re(D)}\right)^{\frac{1}{2}}.
$$
\n(24)

Recalling f_{m_c} defined in [\(15\)](#page-4-3) (with $m = m_c$), we define the following spatio-temporal profiles

$$
\psi_{p}^{m_{c}}(x, y, t) = \left(-\frac{\lambda_{1}}{\text{Re}(A)}\right)^{\frac{1}{2}} f_{m_{c}}(x, y, t)
$$

+ $\sigma \left(|\Psi - \Psi_{c}|^{\frac{1}{2}}\right),$

$$
\psi_{p}^{m_{c}+1}(x, y, t) = \left(\frac{\lambda_{2}}{\text{Re}(D)}\right)^{\frac{1}{2}} f_{m_{c}+1}(x, y, t) \qquad (25)
$$

+ $\sigma \left(|\Psi - \Psi_{c}|^{\frac{1}{2}}\right),$

$$
\psi_{qp}(x, y, t) = \eta_{1} f_{m_{c}}(x, y, t) + \eta_{2} f_{m_{c}+1}(x, y, t)
$$

+ $\sigma \left(|\Psi - \Psi_{c}|^{\frac{1}{2}}\right)$

Theorem 2 *Assume that the conditions of Lemma* [2](#page-10-3) *as well as condition* [\(22\)](#page-10-4) *hold. Then Eq.* [\(5\)](#page-3-5) *undergoes a continuous transition at* $\Psi = \Psi_c$, and an S^3 attractor Σ *bifurcates on* $\Psi > \Psi_c$ *, which converges to* **0** *as* Ψ *approaches to* Ψ*^c from right. Depending on the values of* θ *and* δ*, there are three transition scenarios as shown in Fig.* [10](#page-11-0)*. In each scenario, near the onset of transition* $(\lambda_1, \lambda_2) = (0, 0)$ *, the* $\lambda_1 - \lambda_2$ *plane is dissected into several regions with distinct topological structures for the attractor* Σ *as given in Fig.* [11](#page-11-1)*.*

- *Remark 1* 1. If $z_2 = 0$ or $z_1 = 0$, Eq. [\(21\)](#page-10-2) reduces to the Eq. [\(19\)](#page-6-4) with $A = P$ or $D = P$, respectively. Thus, Lemma [1](#page-6-2) and Theorem [1](#page-6-3) are special cases of Lemma [2](#page-10-3) and Theorem [2,](#page-10-5) respectively.
- 2. We note that the features of the spatial structures of upper vs lower layer of the bifurcated periodic solutions in Fig. [3](#page-5-1) and the quasi-periodic solution in Fig. [12](#page-12-1) do not alter much. We expect that the

Fig. 10 The regions in the $\lambda_1 - \lambda_2$ plane with different dynamical behaviors. In region V, the basic steady state is locally asymptotically stable. In regions IV and VI, the system undergoes a supercritical Hopf bifurcation. The dynamics in regions I, II

and III is the double Hopf bifurcation scenario and the details are given in Fig. [11.](#page-11-1) The lines T_1 and T_2 in the figure have slopes $1/θ$ and δ (as defined in [\(24\)](#page-10-0)), respectively

Fig. 11 The dynamics in the regions given in the first quadrant of Fig. [10.](#page-11-0) ψ_p^{mc} , ψ_p^{mc+1} are time-periodic with zonal wavenumbers m_c and $m_c + 1$, respectively. ψ_{qp} is the quasiperiodic solution given in [\(25\)](#page-10-6)

situation would be different if bottom topography is included.

The transition scenario of double Hopf transition is given by Theorem [2](#page-10-5) by Fig. [10](#page-11-0) and Fig. [11.](#page-11-1) We find that near the onset of transition, depending on the fluctuations the basic state experiences a transition either to a time periodic solution or to a quasi-periodic solution. Our results in Table [1](#page-7-1) show that the three scenarios sketched in Fig. [10](#page-11-0) are realizable.

In particular, near a double Hopf transition point, one of the following three possibilities must occur posttransition, $\Psi > \Psi_c$:

- (i) there is only a single stable limit cycle,
- (ii) there are two distinct stable limit cycles, and an unstable quasi-periodic solution
- (iii) there is a stable quasi-periodic solution and either one or two unstable limit cycles.

For the double Hopf transition, Theorem [2](#page-10-5) basically tells that all of the above local structures, the timeperiodic solution and the 2D torus, if they exist, reside in a local attractor homeomorphic to the threedimensional sphere. The existence of this attracting 3D sphere is guaranteed by the attractor bifurcation theorem; see [\[20](#page-17-13), Theorem 6.1].

Fig. 12 Real part of the upper and lower layers of the time quasiperiodic solution ψ_{qp} given in Theorem [2](#page-10-5) at $t = 0$ for $k = 1$ and $a = 5.722$ where the first two critical wavenumbers are $m_c = 1$ and $m_c = 2$

4 Summary and discussion

In this paper, we investigated the stability of a parallel zonal jet forced by a Kolmogorov-type wind stress in a periodic zonal channel, using a two-layer quasi-geostrophic (QG) model. This problem is, in terms of complexity, situated between the horizontally unbounded problem [\[27](#page-17-2),[37\]](#page-17-8) and the fully bounded gyre problem [\[12](#page-17-12)]. More precisely, the effect of boundaries is captured by the interactions of only a few modes (solutions of the linear stability problem), while still keeping a parallel flow which is connected to the windstress field.

Our results show, in the continuity of earlier works [\[3](#page-16-0)[,10](#page-17-15)[,15](#page-17-17),[19](#page-17-19)], that the zonal shear flow is linearly stable if its maximal amplitude Ψ , or equivalently the maximal amplitude τ of the wind-stress curl (see [\(4\)](#page-3-3)), is below a critical threshold Ψ_c . Moreover, as this critical threshold is exceeded, generically a Hopf bifurcation occurs; see Theorem [1.](#page-6-3) To derive this result, we approached the problem by means of dynamic transition theory determining all the attractors near the onset of instability. These attractors then describe how the onset of linear instability translates into the emergence of nonlinear patterns for the actual flow; see [\(20\)](#page-7-3).

Our approach allows for computing the coefficients of the Hopf reduced equation [\(19\)](#page-6-4) by means of explicit formulas involving the interactions between the critical mode and the (zonal) stable ones through the nonlinear terms; see (33) – (35) . A numerical examination of these

coefficients reveals that instead of infinitely many (stable) modes which would affect the type of transition (supercritical vs subcritical Hopf), the transition is in fact determined by the interactions between the conjugate pair of critical modes losing stability and only the first few zonally homogeneous $(m = 0)$ modes. That the interactions with the zonal-mean modes are the determining factors governing the flow patterns emerging after the onset of instability may be viewed as consistent with other works that have shown (in more turbulent regimes) that baroclinic turbulence statistics can be well recovered for certain geophysical flows by omitting the effects of the interactions among the higher-order modes (eddy-eddy interactions); see e.g., [\[9](#page-17-22)[,23](#page-17-23)[,24](#page-17-24),[33\]](#page-17-25).

We also investigated the double Hopf bifurcation scenario which takes place at critical length scales where four modes with consecutive wavenumbers become critical. By a rigorous center manifold analysis, we obtain the coefficients of the 4D-ODE system. Our results show that for the parameters we have considered, there exists a quasi-periodic solution that bifurcates. This quasi-periodic solution is a linear combination of two periodic solutions and may be stable depending on the parameters; see Sect. [3.3.](#page-9-0) From a transition point of view, in the double Hopf transition, an attractor homeomorphic to 3D sphere bifurcates; see Theorem [2.](#page-10-5) This attractor contains stable/unstable limit cycles and stable/unstable invariant torus (supporting a quasi-periodic solution).

Overall, our results add more details to the nonlinear development of baroclinic instabilities on a nonconstant parallel zonal jet, in that the periodic solutions can become unstable to torus bifurcations and give rise to quasi-periodic behavior. Such a scenario was also found for the barotropic double gyre flow [\[38](#page-17-26)], but only in a weakly nonlinear framework using a set of (reduced) amplitude equations. The transition scenario found for the zonally periodic zonal jet is likely to be more relevant for the ocean circulation than the sideband instabilities in the zonally unbounded zonal jet case which require a nearby band of wavenumbers to be unstable.

In our set-up, the linear friction coefficient in the upper layer is relatively large and as explained needed to balance the vorticity input by the wind stress for generating the zonal jet.When this friction is decreased, more modes will become unstable near the critical point and their interactions are expected to give a detailed

view on the development of the unstable modes into ocean vortices, or eddies, due to baroclinic instabilities. In that respect, the dynamic transition theory adopted here, along with extensions based on the variational approach of $[5,6]$ $[5,6]$ $[5,6]$ and its stochastic rectification $[7]$ $[7]$ to handle regimes beyond the onset of instability, provides a way forward to develop a mathematical theory of such ocean-eddy formation processes. The results derived here combined with recent advances in the rigorous analysis of transitions arising in stochastically driven flows [\[8](#page-17-27)] open new prospects for the study of regime transitions in stochastically forced ocean models [\[29](#page-17-28), [34](#page-17-29)].

Acknowledgements The authors are grateful for two anonymous reviewers for their insightful comments. This work has been partially supported by the European Research Council (ERC) under the European Union's Horizon 2020 research and innovation program (Grant Agreement No. 810370). This study was also supported by a Ben May Center grant for theoretical and/or computational research.

Data availability The datasets generated during the current study are available from the corresponding author on reasonable request.

Declarations

Conflict of interest The authors declare that they have no conflict of interest.

Appendix A: Proof of Lemma [1](#page-6-2) and Theorem [1](#page-6-3)

We first proceed with the proof of Lemma [1](#page-6-2) For this, we denote the adjoint modes by

$$
\psi_{m,j}^* = e^{i\alpha_m x} Y_m^*(y).
$$

We denote the critical eigenmode and the critical eigenvalue by

$$
\psi_c = \psi_{m_c,1}, \qquad \sigma_c = \sigma_{m_c,1}.
$$

We denote the bilinear operator $\mathcal G$ as

$$
\mathcal{G}(u) = G_2(u, u)
$$

where $G_2(u, v)$ is linear in each component. Let us define now

$$
G_s(u, v) = G_2(u, v) + G_2(v, u). \tag{26}
$$

The center part of the solution is

$$
u_c = z(t)\psi_c + c.c.
$$
 (27)

where c.c. stands for complex conjugate of the terms before.

The evolution of $z(t)$ near the onset of transition is obtained by the projection onto the critical mode ψ_c .

$$
\dot{z} = \sigma_c z + \frac{1}{\langle \mathcal{M}\psi_c, \psi_c^* \rangle} \langle \mathcal{G}(u_c + \Phi), \psi_c^* \rangle.
$$
 (28)

where Φ is the center manifold function. We will obtain its quadratic approximation Φ_2 given by

$$
\Phi = \Phi_2(z, \overline{z}) + o(2)
$$

Here

 $o(n) = o\left(|(z,\overline{z})|^n\right)$

denotes higher than *n*-th order terms in z , \overline{z} .

Using notation (26) , the reduced Eq. (28) can be written

$$
\dot{z} = \sigma_c z + \frac{1}{\langle \mathcal{M}\psi_c, \psi_c^* \rangle} \langle G_s(u_c, \Phi_2), \psi_c^* \rangle + o(3). \quad (29)
$$

To obtain a closed system, we need to approximate the center manifold function. The approximation of the center manifold in this case reads, see [\[30](#page-17-30)],

$$
\Phi_2 = (2\sigma_c - \mathcal{L})^{-1} \Pi_s G_2(z\psi_c, z\psi_c)
$$

+ $(\sigma_c + \overline{\sigma}_c - \mathcal{L})^{-1} \Pi_s G_2$
 $(z\psi_c, \overline{z\psi_c}) + c.c.$ (30)

where $\mathcal{L} = \Pi_s \mathcal{M}^{-1} \mathcal{N}$ and Π_s is the projection on the stable space. Using formula (30) , we obtain the following expansion of the center manifold (see also [\[5,](#page-16-5) Theorem 2])

$$
\Phi_2 = z^2 \sum_{j \ge 1} g_{2m_c,j} \psi_{2m_c,j} + |z|^2 \sum_{j \ge 1} g_{0,j} \psi_{0,j} + c.c.
$$
\n(31)

Here

$$
g_{0,j} = \frac{1}{(\sigma_c + \overline{\sigma}_c - \sigma_{0,j}) \langle \mathcal{M}\psi_{0,j}, \psi^*_{0,j} \rangle}
$$

\n
$$
\langle G_2(\psi_c, \overline{\psi_c}), \psi^*_{0,j} \rangle
$$

\n
$$
g_{2m_c,j} = \frac{1}{(2\sigma_c - \sigma_{2m_c,j}) \langle \mathcal{M}\psi_{2m_c,j}, \psi^*_{2m_c,j} \rangle}
$$

\n
$$
\langle G_2(\psi_c, \psi_c), \psi^*_{2m_c,j} \rangle,
$$
\n(32)

are the coefficients of the center manifold function.

We write (29) as (19) , that is

$$
\dot{z} = \sigma_c z + P z |z|^2 + o(3).
$$

which finishes the proof of Lemma [1.](#page-6-2)

Recalling the definition of G_s given in [\(26\)](#page-13-1), the transition number *P* can then be written as

$$
P = P_0 + P_2,\tag{33}
$$

where

$$
P_0 = \sum_{j \ge 1} P_{0,j}, \qquad P_{0,j} = \frac{1}{\langle \mathcal{M}\psi_c, \psi_c^* \rangle}
$$

$$
(g_{0,j} + c.c.) \langle G_s(\psi_c, \psi_{0,j}), \psi_c^* \rangle,
$$
 (34)

denotes the contribution of the zero-wavenumber (stable) modes $\psi_{0,i}$ while

$$
P_2 = \sum_{j\geq 1} P_{2,j}, \qquad P_{2,j} = \frac{1}{\langle \mathcal{M}\psi_c, \psi_c^* \rangle}
$$

$$
g_{2m_c,j} \langle G_s(\overline{\psi_c}, \psi_{2m_c,j}), \psi_c^* \rangle,
$$
(35)

denotes the contribution of the modes $\psi_{2m_c,j}$ on the transition number, respectively. The transition type depends on the real part of the transition number *P*. The proof of Theorem [1](#page-6-3) follows from the standard Hopf bifurcation analysis of the reduced equation.

Appendix B: Proof of Lemma [2](#page-10-3) and Theorem [2](#page-10-5)

As the reduction in the case of (18) is similar to the case of (17) given in the previous section, we will only mention the differences between these two cases. Under assumption (18) , we write the center part of the solution as

$$
u_c = z_1(t)\psi_1 + z_2(t)\psi_2 + c.c.
$$

where the first two critical modes are

$$
\psi_1 = \psi_{m_c,1}, \quad \psi_2 = \psi_{m_c+1,1}, \quad \psi_{-1} = \psi_{-m_c,1},
$$

$$
\psi_{-2} = \psi_{-m_c-1,1}.
$$

with corresponding eigenvalues

$$
\sigma_1 = \sigma_{m_c,1}, \quad \sigma_2 = \sigma_{m_c+1,1}, \quad \sigma_{-1} = \sigma_{-m_c,1},
$$

\n $\sigma_{-2} = \sigma_{-m_c-1,1}$

Eq. [\(29\)](#page-13-4) becomes the system

$$
\dot{z}_j = \sigma_j z_j + \frac{1}{\langle \mathcal{M}\psi_j, \psi_j^* \rangle} \langle \mathcal{G}(u_c + \Phi_2), \psi_j^* \rangle + o(3),
$$

$$
j = 1, 2.
$$
 (36)

and the center manifold function (30) is replaced by

$$
\Phi_2 = \sum_{|j|, |k|=1}^{2} z_j z_k \Psi_{j,k} + o(2),
$$

$$
\Psi_{j,k} = (\sigma_j + \sigma_k - \mathcal{L})^{-1} \Pi_s G_2(\psi_j, \psi_k),
$$

where Π_s denotes the projector onto the stable subspace.

Now, Eq. (36) becomes (21) with the coefficients defined below:

$$
A = g_{1,1,-1,1} + g_{1,-1,1,1} + g_{-1,1,1,1}
$$

\n
$$
B = g_{1,2,-2,1} + g_{1,-2,2,1} + g_{2,1,-2,1}
$$

\n
$$
+ g_{2,-2,1,1} + g_{-2,1,2,1} + g_{-2,2,1,1}
$$

\n
$$
C = g_{2,1,-1,2} + g_{2,-1,1,2} + g_{1,2,-1,2}
$$

\n
$$
+ g_{1,-1,2,2} + g_{-1,2,1,2} + g_{-1,1,2,2}
$$

\n
$$
D = g_{2,2,-2,2} + g_{2,-2,2,2} + g_{-2,2,2,2}
$$

\n
$$
g_{i,j,k,l} = \frac{1}{\langle \mathcal{M}\psi_l, \psi_l^* \rangle} \langle G_s(\psi_i, \Psi_{j,k}, \psi_l^*) \rangle,
$$

\n
$$
\Psi_{j,k} = (\sigma_j + \sigma_k - \mathcal{L})^{-1} \Pi_s G_2(\psi_j, \psi_k)
$$

We note that the above coefficients contain only *gi*,*j*,*k*,*^l* for which $i + j + k = l$. The expansion of the center manifold coefficients can be written more explicitly as (see also [\[5,](#page-16-5) Theorem 2])

$$
\Psi_{j,k} = \sum_{i=1}^{\infty} \frac{\langle G_2(\psi_{m_j}, \psi_{m_k}), \psi_{m_j+m_k,i}^* \rangle}{\langle \mathcal{M}\psi_{m_j+m_k,i}, \psi_{m_j+m_k,i}^* \rangle}
$$

$$
(\sigma_j + \sigma_k - \sigma_{m_j+m_k})^{-1} \psi_{m_j+m_k,i}
$$

Now we analyze Eq. (21) by first putting them in polar form

$$
z_j = \rho_i e^{i\gamma_j}, \quad j = 1, 2
$$

which yields

$$
\dot{\rho}_1 = Re(\sigma_1)\rho_1 + \rho_1(Re(A)\rho_1^2 + Re(B)\rho_2^2) + \text{ h.o.t.}
$$

\n
$$
\dot{\rho}_2 = Re(\sigma_2)\rho_2 + \rho_2(Re(C)\rho_1^2 + Re(D)\rho_2^2) + \text{ h.o.t.}
$$
\n(38)

and

$$
\dot{\gamma_1} = Im(\sigma_1) + \text{ h.o.t.}
$$

$$
\dot{\gamma_2} = Im(\sigma_2) + \text{ h.o.t.}
$$

For the specific case of (22) , Eq. (38) always admits the solutions which represent the periodic solutions

$$
(\rho_1, \rho_2) = \left(-\frac{Re(\sigma_1)}{Re(A)}, 0\right),
$$

$$
(\rho_1, \rho_2) = \left(0, -\frac{Re(\sigma_2)}{Re(D)}\right),
$$

with respective eigenvalues

$$
\begin{aligned}\n\kappa_1 &= -2\sigma_1, & \kappa_2 &= \sigma_2 - \delta \sigma_1 \\
\kappa_1 &= -2\sigma_2, & \kappa_2 &= \sigma_1 - \theta \sigma_2\n\end{aligned}
$$

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Also, Eq. [\(38\)](#page-14-4) admits the following solution which represents a quasi-periodic solution

$$
(\rho_1, \rho_2) = \left(\frac{\sigma_1 - \theta \sigma_2}{Re(A)(\theta \delta - 1)}, \frac{\sigma_2 - \delta \sigma_1}{Re(D)(\theta \delta - 1)}\right).
$$

Since the Jacobian matrix of the right-hand side of [\(38\)](#page-14-4) at the quasi-periodic solution has determinant

$$
\frac{-4(\sigma_2-\delta\sigma_1)(\sigma_1-\theta\sigma_2)}{\theta\delta-1}.
$$

With this information, the transition scenarios summarized in Figs. [10](#page-11-0) and [11](#page-11-1) can be obtained by a standard analysis. To prove the claim on the bifurcation of an *S*³-attractor, we need to prove that $(\rho_1, \rho_2) = (0, 0)$ is locally stable equilibrium of [\(38\)](#page-14-4) at $\Psi = \Psi_c$, that is when $\text{Re}(\sigma_1) = \text{Re}(\sigma_2) = 0$. In this case by assumption (22) , from (38) , we can obtain

$$
\frac{d}{dt}(\rho_1^2 + \rho_2^2) = Re(A)\rho_1^4 + (Re(B) + Re(C))\rho_1^2 \rho_2^2 + Re(D)\rho_2^4 < 0
$$

which proves the claim.

Appendix C: Numerical treatment of the linear stability problem

To solve the eigenvalue problem numerically, we first plugin the ansatz

$$
\psi(x, y) = e^{i\alpha_m x} Y_j(y), \qquad j \in \mathbb{N}, m \in \mathbb{Z},
$$

$$
\alpha_m := am\pi.
$$
 (39)

into the eigenvalue problem

$$
\sigma \mathcal{M}\psi(x, y) = \mathcal{N}(y)\psi(x, y),
$$

to obtain

$$
\sigma \widetilde{\mathcal{M}} Y(y) = \widetilde{\mathcal{N}}(y) Y(y), \qquad Y(y) = (Y_1(y), Y_2(y)) \tag{40}
$$

Here the linear operators $\widetilde{\mathcal{M}}$ and $\widetilde{\mathcal{N}}(y)$ are defined as

$$
\widetilde{\mathcal{M}} = \begin{bmatrix} \Delta_m - F_1 & F_1 \\ F_2 & \Delta_m - F_2 \end{bmatrix}, \qquad \widetilde{\mathcal{N}}(\mathbf{y}) = \begin{bmatrix} N_{11} & N_{12} \\ N_{21} & N_{22} \end{bmatrix}
$$
\n(41)

where

$$
N_{11} = c_1 \cos k\pi y \left((k\pi)^2 + \Delta_m \right) - \beta i \alpha_m - r_1 \Delta_m
$$

$$
N_{12} = c_1 F_1 \cos k\pi y
$$

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$$
N_{21} = 0
$$

\n
$$
N_{22} = -c_1 F_2 \cos k \pi y - \beta i \alpha_m - r_2 \Delta_m
$$

\n
$$
\Delta_m = D^2 - \alpha_m^2, \qquad D = \frac{\partial}{\partial y}
$$

\n
$$
c_1 = \Psi k \pi i \alpha_m.
$$
\n(42)

The eigenvalue problem (40) is supplemented with the following boundary conditions

$$
Y_i(\pm 1) = D^2 Y_i(\pm 1) = 0, \qquad i = 1, 2. \tag{43}
$$

We use Legendre–Galerkin method to discretize and solve (40) with boundary conditions (43) . We refer to [\[31\]](#page-17-31) for the details of the Legendre–Galerkin method and to [\[10\]](#page-17-15) for its use in dynamical transition problems.

Let $\{L_i\}$ be the Legendre polynomials and consider compact combinations of the Legendre polynomials

$$
f_j(y) = L_j(y) + \sum_{k=1}^{4} c_{jk} L_{j+k}(y)
$$

with c_{jk} chosen so that f_j satisfy the boundary conditions [\(43\)](#page-15-1), i.e.,

$$
f_j(\pm 1) = D^2 f_j(\pm 1) = 0.
$$

To discretize the eigenvalue problem, we plug

$$
Y_i^{N_y}(y) = \sum_{j=0}^{N_y - 1} y_j^{(i)} f_j(y), \quad \widehat{Y}_i = [y_0^{(i)}, \dots, y_{N_y - 1}^{(i)}]^T,
$$

\n $i = 1, 2.$ (44)

into [\(40\)](#page-15-0) to obtain

$$
\sigma \left[\hat{\Delta}_m - F_1 A_3 \hat{F}_1 A_3 \right] \left[\hat{Y}_1 \right]
$$
\n
$$
= \left[\hat{N}_{11} \hat{N}_{12} \right] \left[\hat{Y}_1 \right]
$$
\n
$$
= \left[\hat{N}_{21} \hat{N}_{22} \right] \left[\hat{Y}_2 \right]
$$
\n
$$
\hat{N}_{11} = c_1 (k\pi)^2 A_5 + c_1 \left(A_4^T - \alpha_m^2 A_5 \right)
$$
\n
$$
- \beta i \alpha_m A_3 - r_1 \hat{\Delta}_m
$$
\n
$$
\hat{N}_{12} = c_1 F_1 A_5
$$
\n
$$
\hat{N}_{21} = 0
$$
\n
$$
\hat{N}_{22} = -c_1 F_2 A_5 - \beta i \alpha_m A_3 - r_2 \hat{\Delta}_m
$$
\nHere\n
$$
A_1 = (D^4 f_j, f_k), \qquad A_2 = (D^2 f_j, f_k),
$$
\n
$$
A_3 = (f_j, f_k),
$$
\n
$$
A_4 = (\cos k \pi y D^2 f_j, f_k), \qquad A_5 = (\cos k \pi y f_j, f_k),
$$
\n
$$
\hat{\Delta}_m = A_2 - \alpha_m^2 A_3,
$$
\n(47)

with $(f, g) = \int_{-1}^{1} f(y)g(y) dy$. The explicit expression of the matrices A_i , $i = 1, \ldots, 5$ can be found in [\[10\]](#page-17-15).

Appendix D: Practical aspects for the calculation of the transition number

The practical calculation of the P_0 -term in (34) and the P_2 -term in (35) , boils down to the efficient calculation of the inner and trilinear products involved therein. In that respect, we provide here explicit expressions of the latter. They are given by

$$
\langle \mathcal{M}\psi_{m,j}, \psi_{m,j}^* \rangle = i\alpha_m \int_{-1}^1 \left((D^2 - \alpha_m^2 - F_1) Y_{m,j}^1 + F_1 D Y_{m,j}^2 \right) \overline{Y_{m,j}^{*1}} dy
$$

+ $i\alpha_m \int_{-1}^1 \left((D^2 - \alpha_m^2 - F_2) Y_{m,j}^2 + F_2 D Y_{m,j}^1 \right) \overline{Y_{m,j}^{*2}} dy,$

and

$$
\langle G_2(\psi_{m,j}, \psi_{n,k}), \psi_{p,l}^* \rangle = -\delta_{m+n-p}
$$

\n
$$
\left(\int_{-1}^1 G_2^1 \overline{Y_{p,l}^{*,1}} + G_2^2 \overline{Y_{p,l}^{*,2}} \right) dy,
$$

\n
$$
G_2^1 = i \alpha_m Y_{m,j}^1 \left(D(D^2 - \alpha_n^2 - F_1) Y_{n,k}^1 + F_1 D Y_{n,k}^2 \right)
$$

\n
$$
- i \alpha_n \left((D^2 - \alpha_n^2 - F_1) Y_{n,k}^1 + F_1 Y_{n,k}^2 \right) D Y_{m,j}^1
$$

\n
$$
G_2^2 = i \alpha_m Y_{m,j}^2 \left(D(D^2 - \alpha_n^2 - F_2) Y_{n,k}^2 + F_2 D Y_{n,k}^1 \right)
$$

\n
$$
- i \alpha_n \left((D^2 - \alpha_n^2 - F_2) Y_{n,k}^2 + F_2 Y_{n,k}^1 \right) D Y_{m,j}^2.
$$

In practice, the integrals can be evaluated by any commonly used quadrature rules in which the values of the integrand are evaluated at quadrature points. In our calculations, we use

$$
\int_{-1}^{1} f(y) \, dy = \sum_{n=0}^{N_y} f(y_n) \omega_n,
$$

where y_n and ω_n are Legendre–Gauss–Lobatto quadrature points and weights, respectively.

Appendix E: Model parameters

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