

# Preclinical Evidence for a Role of the Nicotinic Cholinergic System in Parkinson's Disease

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**Abstract** One of the primary deficits in Parkinson's disease (PD) is the loss of dopaminergic neurons in the substantia nigra pars compacta which leads to striatal dopaminergic deficits that underlie the motor symptoms associated with the disease. A plethora of animal models have been developed over the years to uncover the molecular alterations that lead to PD development. These models have provided valuable information on neurotransmitter pathways and mechanisms involved. One such a system is the nicotinic cholinergic system. Numerous studies show that nigrostriatal damage affects nicotinic receptor-mediated dopaminergic signaling; therefore therapeutic modulation of the nicotinic cholinergic system may offer a novel approach to manage PD. In fact, there is evidence showing that nicotinic receptor drugs may be useful as neuroprotective agents to prevent Parkinson's disease progression. Additional preclinical studies also show that nicotinic receptor drugs may be beneficial for the treatment of L-dopa induced dyskinesias. Here, we review preclinical findings supporting the idea that nicotinic receptors are valuable therapeutic targets for PD.

**Keywords** L-dopa · Neuroprotection · Nicotine · Nicotinic · Dyskinesias · Parkinson's disease

## Parkinson's Disease Overview

Parkinson's disease (PD) is the second most common neurodegenerative disorder among the population over 65 years of age worldwide (Bertram and Tanzi 2005). The main neuronal deficit in PD consists of a loss of dopaminergic neurons in the substantia nigra pars compacta (SNc) that leads to striatal dopamine (DA) deficiency. This dopaminergic loss is linked to motor deficits like akinesia, rigidity, resting tremor and postural instability (Di Monte et al. 2000; Meissner et al. 2011; Obeso et al. 2004, 2010; Schapira and Jenner 2011; Wichmann et al. 2011; Wullner et al. 1994). In addition, there are non-motor symptoms such as cognitive deficits (e.g., mild to severe memory impairment), emotional changes (e.g., depression, apathy and anxiety), sleep perturbations (e.g., insomnia, hypersomnia, rapid eye movement sleep behavior disorder, sleep apnea), autonomic dysfunction (e.g., bladder disturbances, orthostatic hypotension, sweating), sensory symptoms (e.g., pain, visual and olfactory deficits, paresthesia) and gastrointestinal symptoms (e.g., constipation, nausea, dysphagia) that are associated with the degeneration of the dopaminergic and other neurotransmitter systems (Barone 2010; Bastide et al. 2015; Bohnen and Albin 2011; Huot et al. 2013; Schaeffer et al. 2014). Current treatment options focus on using dopamine replacement therapy to increase dopamine transmission and counterbalance the motor deficits caused by the degeneration of dopaminergic neurons. However, this strategy leads to various side effects such as motor fluctuations and the development of abnormal involuntary movements or L-dopa induced dyskinesias (LIDs). Given the limited available treatments for this increasingly prevalent disease, research continues to focus on uncovering the molecular defects in PD with the aim to develop novel targeted therapeutics.

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Ninety percent of PD cases are of sporadic nature, with risk factors such as age, drug abuse, and gene-environment interactions known to contribute to this form of PD (Blesa and Przedborski 2014; Hirsch et al. 2013; Terzioglu and Galter 2008; Valadas et al. 2015). The remaining 10 % of PD cases are familial forms linked to genetic mutations (Blesa and Przedborski 2014; Hirsch et al. 2013; Terzioglu and Galter 2008; Valadas et al. 2015). Interestingly, genome wide association studies have now shown that some of the genes associated to familial forms of PD may also be risk factors for sporadic forms of the disease (Lesage and Brice 2009). These findings together with the strong resemblance between familial and sporadic PD cases suggest that the affected pathways may be similar or overlapping. For many decades, the pathological focus of PD research had been on the neurodegeneration of the nigrostriatal dopaminergic pathway which most likely underlies the motor symptoms of the disease. However, PD is a heterogeneous disease that affects multiple neurotransmitter systems and various brain circuits that contribute to the motor and non-motor symptoms experienced by patients (Barone 2010; Bastide et al. 2015; Huot et al. 2013). In fact, a role for the serotonergic, noradrenergic, glutamatergic, GABAergic, and cholinergic systems has been identified over the last decade. The focus of this review will be on the nicotinic cholinergic system as it is well known to interact and modulate multiple neurotransmitter systems in the basal ganglia.

### Role of the Nicotinic Cholinergic System in Parkinson's Disease

Normal function of the basal ganglia is dependent on the equilibrium reached between the midbrain dopaminergic and striatal cholinergic systems (Lim et al. 2014). Cholinergic interneurons comprise 1–2 % of striatal neurons and they constitute the main source of acetylcholine in this brain region (Bohnen and Albin 2011; Lenz and Lobo 2013; Zhou et al. 2001). Multiple studies have shown that acetylcholine regulates striatal DA release via an interaction at various nicotinic receptors (nAChRs) (Exley and Cragg 2008; Perez et al. 2010; Quik and Wonnacott 2011; Rice and Cragg 2004; Zhang and Sulzer 2004; Zhou et al. 2001). These receptors are pentameric ligand-gated ion channels of which there are multiple subtypes comprised of either  $\alpha$  subunits or a combination of  $\alpha$  and  $\beta$  subunits (Albuquerque et al. 2009; Millar and Gotti 2009; Quik and Wonnacott 2011). Extensive studies have shown that the main nAChRs functionally active in the nigrostriatal pathway are the  $\beta 2^*$  nAChRs which include the  $\alpha 6\beta 2^*$  and  $\alpha 4\beta 2^*$  receptor subtypes (the asterisks indicate the possible presence of other nAChR subunits in the receptor complex), with a minor population of the  $\alpha 7$  nAChR subtype (Champiaux et al. 2003; Quik and Wonnacott 2011).  $\alpha 6\beta 2^*$

nAChRs are highly localized to dopaminergic neurons and terminals while  $\alpha 4\beta 2^*$  nAChRs are abundantly expressed in DA neurons and terminals, GABAergic interneurons and medium spiny neurons as well as afferents. By contrast, nigrostriatal  $\alpha 7$  nAChRs are thought to be primarily expressed on glutamatergic terminals. Additionally,  $\alpha 4\beta 2^*$  and  $\alpha 7$  nAChRs are widely expressed in other neuronal circuits and connections of the basal ganglia such as the cortex and thalamic regions where they regulate GABA and glutamate transmission, respectively, to ultimately influence nigrostriatal dopaminergic transmission. Given this ability of nAChRs to regulate basal ganglia function and motor control, preclinical studies using available animal models have been carried out to elucidate the role of these receptors on diseases such as PD.

Thus far, the two most commonly used animal models to study the involvement of the nicotinic cholinergic system in PD are the 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP) and 6-hydroxydopamine (6-OHDA) rodent and primate models (Table 1). Both of these models are typically used to simulate the robust degeneration of the nigrostriatal pathway and subsequent motor deficits that occur in PD. MPTP is widely used in mice and primates via various treatment regimens or administration methods that can lead to acute nigrostriatal lesions or relatively gradual dopaminergic losses. In mice and primates, MPTP intoxication leads to a greater DA loss in the dorsal regions than the ventral regions of the striatum similar to that observed in the human condition. In addition, although there is a lack of Lewy body (LB) pathology in this model, studies investigating  $\alpha$ -synuclein expression after MPTP exposure show intraneuronal inclusions reminiscent of LBs in monkeys (Forno et al. 1986; Kowall et al. 2000) but not in mice (Alvarez-Fischer et al. 2008; Shimoji et al. 2005). Behaviorally, MPTP-treated monkeys show features analogous to those observed with PD that are lacking in mice. Yet, motor alterations in mice may be detected using a battery of tests (Fleming and Chesselet 2006; Taylor et al. 2010). A number of non-motor symptoms such as cognitive impairments and sleep disturbances have also been reported in primates but not mice (Fox and Brotchie 2010; Johnston and Fox 2015; Porras et al. 2012).

6-OHDA is a selective catecholaminergic neurotoxin that is used to generate DAergic nigrostriatal lesions in rats and mice (Ungerstedt 1968). It is typically administered as a unilateral injection into the SNc, medial forebrain bundle or striatum as it does not cross the brain–blood barrier. Similar to the MPTP model, injection of 6-OHDA selectively and rapidly degenerates SNc DA neurons and striatal DA terminals (Faull and Laverty 1969; Javoy et al. 1976; Przedborski et al. 1995; Sarre et al. 2004; Ungerstedt 1968). Behavioral assessments of motor impairments in the unilateral 6-OHDA model have been done using drug-induced rotation tests (amphetamines or DA agonist) (Dunnett and Lelos 2010). However, such assays

**Table 1** Summary of characteristic features of MPTP and 6-OHDA PD animal models

		MPTP		6-OHDA	
		Mice	Primates	Mice	Rats
Pathology	SNc DA neuron loss	+	+	+	+
	Striatal DA loss	+	+	+	+
	$\alpha$ -synuclein inclusions	-	+	-	-
Phenotype	Motor deficits	+	+	+	+
	Non-motor symptoms	-	+	+	+
	L-dopa responsive	+	+	+	+
nAChR expression	$\alpha 4\beta 2^*$	↓	↓	↓	↓
	$\alpha 6\beta 2^*$	↓↓	↓↓	↓↓	↓↓
	$\alpha 7$	-	-	-	-
nAChR-mediated DA release	$\alpha 4\beta 2^*$	↓	↓	↓	↓
	$\alpha 6\beta 2^*$	↓↓	↓↓	↓↓	↓↓
	$\alpha 7$	-	-	-	-

+ indicates that a positive result has been observed; – indicates the absence of the specific characteristic; ↓ indicates a significant decrease; ↓↓ indicates a greater decrease. See text for references

may not be that reliable for preclinical drug testing and drug-free motor tests have now been developed (Schallert et al. 2000). With respect to the non-motor aspects of PD, studies have now shown that the rodent 6-OHDA models also present with cognitive, psychiatric and gastro-intestinal deficits relevant to PD (Campos et al. 2013; Carvalho et al. 2013; Darvas et al. 2014; De Leonibus et al. 2007; Tieu 2011).

In the remainder of this review, we will discuss studies using MPTP-treated mice or primates as well as 6-OHDA-lesioned mice or rats to determine how the nicotinic cholinergic system is affected with nigrostriatal damage and how nAChR targeted drugs may be promising therapeutics for PD management.

### Alterations in nAChR-Mediated Function Contribute to Changes in Dopaminergic Transmission in PD Models

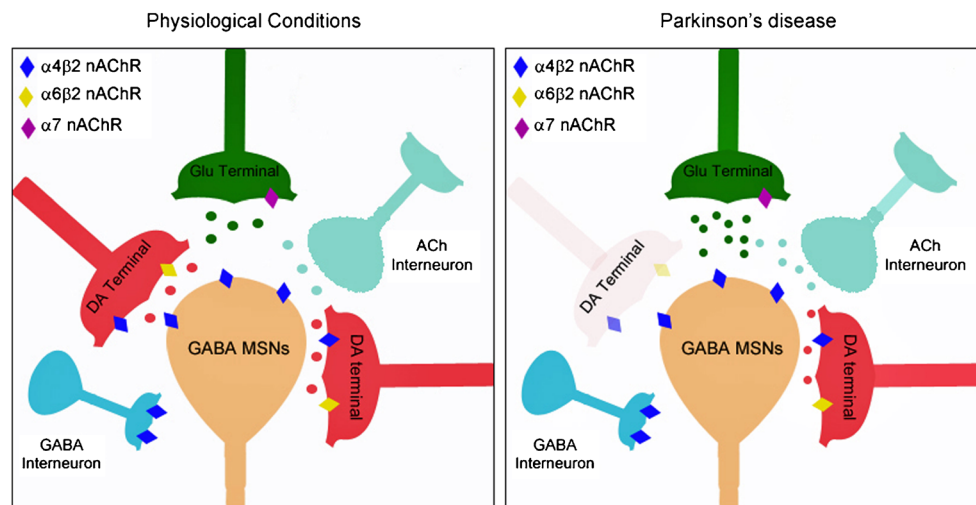
Under normal physiological conditions, activation of nAChRs promotes striatal DA release as these receptors are strategically expressed on DA neurons and terminals as well as GABAergic and glutamatergic neurons and terminals within the basal ganglia circuitry (Quik and Wonnacott 2011; Quik et al. 2015). Nigrostriatal damage alters nAChR expression and their contribution to the release process (Fig. 1). Receptor studies show decreases in  $\alpha 4\beta 2^*$  and  $\alpha 6\beta 2^*$  nAChRs in MPTP- and 6-OHDA-lesioned animals, with nigrostriatal damage having a greater effect on the  $\alpha 6\beta 2^*$  nAChR subtype (Bordia et al. 2007; Perez et al. 2010; Quik et al. 2003). Further studies using striatal synaptosomal preparations and tissue slices from lesioned animals also revealed a decline in DA release mediated via these receptor subtypes (McCallum et al. 2006; Perez et al. 2008, 2010; Quik et al. 2006a; Quik and Wonnacott 2011). In contrast, although no alterations in  $\alpha 7$

receptor expression or its mediation of striatal DA release have been found thus far, the dense expression of this receptor subtype in neuronal circuits that regulate striatal function suggests their involvement in PD (Quik et al. 2015).

Additionally, work using cyclic voltammetry in striatal slices has shown that the control exerted by  $\alpha 4\beta 2^*$  and  $\alpha 6\beta 2^*$  nAChRs on DA release is dependent on DA neuron firing frequency (Exley and Cragg 2008; Perez et al. 2010; Perez and Quik 2011; Rice and Cragg 2004; Zhang and Sulzer 2004; Zhou et al. 2001). Interestingly, studies in 6-OHDA lesioned rodents show a dysregulation of DA release after nigrostriatal damage such that release is less sensitive to DA neuron activity (Jennings et al. 2015; Perez et al. 2010). Importantly, these impairments in DA release appear to be exacerbated by a loss of nAChR activation suggesting that nAChR drugs may ameliorate the dopaminergic imbalance observed in PD and may thus be useful therapeutic targets.

### Protective Effect of nAChR Drugs Against Neuronal Damage In Vitro and In Vivo

A main focus of PD research has been on identifying molecular targets that could help develop novel drugs that not only treat PD symptoms but also potentially reverse or halt its progression (Kalia et al. 2015). The initial rationale for testing the ability of nAChR drugs as PD therapies emerged from epidemiological studies showing an inverse relationship between smoking and PD incidence (Hernan et al. 2001; Morens et al. 1995; Posadas et al. 2013; Quik 2004; Quik et al. 2014; Tanner 2010). These reports showed that the decrease in Parkinson's disease incidence correlated with the number of cigarettes consumed and years of smoking (Elbaz and Moisan 2008; Noyce et al. 2012; Searles Nielsen et al. 2012; Tanner



**Fig. 1** Schematic of the changes in striatal nAChR expression observed with nigrostriatal damage. Under physiological conditions,  $\alpha 6\beta 2^*$  nAChRs are highly localized to dopaminergic terminals while  $\alpha 4\beta 2^*$  nAChRs are abundantly expressed in DA neurons and terminals, GABAergic interneurons and medium spiny neurons as well as afferents. Striatal  $\alpha 7$  nAChRs are thought to be primarily expressed on glutamatergic terminals and further influence nigrostriatal dopaminergic transmission. Nigrostriatal damage leads to a selective loss of dopaminergic terminals and a consequent decrease in striatal dopamine

release. This dopaminergic loss is associated with parallel decreases in  $\alpha 6\beta 2^*$  nAChR expression and its influence on DA release. Albeit to a much lesser extent,  $\alpha 4\beta 2^*$  nAChR expression and function is also significantly decreased with nigrostriatal damage. Thus, declines in  $\alpha 6\beta 2^*$  and  $\alpha 4\beta 2^*$  nAChR-mediated dopamine release contribute to the overall dampening in striatal dopaminergic tone observed with DA neuron degeneration. In contrast, although there is enhanced glutamatergic tone after nigrostriatal damage, striatal  $\alpha 7$  nAChR expression and function has not been reported to be affected

2010; Wirdefeldt et al. 2011). Remarkably, this reduced risk was lost with smoking cessation (Noyce et al. 2012). In addition, other forms of tobacco use also decreased the incidence of Parkinson's disease (Ritz et al. 2007). Importantly, the inverse correlation between Parkinson's disease and tobacco use was not due to a selective mortality (Elbaz and Moisan 2008; Noyce et al. 2012; Searles Nielsen et al. 2012; Tanner 2010; Wirdefeldt et al. 2011). These collected findings together with the known ability of nAChRs to regulate nigrostriatal dopaminergic function led researchers to explore nicotine's potential as a neuroprotective agent.

In vitro and in vivo studies with selective nAChR subtype drugs as well as genetically modified mice, rats and primates have now shown that nicotine protects against neuronal damage induced by 6-OHDA, MPTP, rotenone, paraquat, methamphetamine, glutamate, and  $\beta$ -amyloid via an interaction at  $\beta 2^*$  and  $\alpha 7$  nAChRs (Akaike et al. 1994; Bordia et al. 2015b; Cormier et al. 2003; Huang et al. 2009; Khwaja et al. 2007; Quik et al. 2006a, 2007b; Riveles et al. 2008; Ryan et al. 2001; Serriere et al. 2015; Shimohama et al. 1996; Takeuchi et al. 2009; Vieira-Brock et al. 2015) (Table 2). Activation of these nAChR subtypes activates the ERK/MAPK, PI3K/AKT and JAK2/STAT3 pathways (Quik and Wonnacott 2011; Shimohama 2009). This activation can occur via calcium dependent and independent mechanisms that lead to decreased transcription of pro-inflammatory cytokines such as NF- $\kappa$ B and enhanced activity of cell survival proteins (Bcl-2, Bcl-x) that obstruct the neurodegenerative process. Thus, it is now well accepted that not only nicotine but also subtype specific

nAChR drugs protect against neurotoxic insults. However, studies in rodents and primates have now shown that although nicotine can protect against ongoing neuronal damage, it cannot restore neuronal integrity/function once damaged has occurred (Huang et al. 2009). Therefore, nAChR drugs could be of most value when given during the early stages of the disease to slow down its progression. In fact, a phase 2 clinical trial (NCT01560754) is currently underway to assess the disease-modifying potential of nicotine in early PD patients. This is important as being able to slow down the progression of the disease could significantly improve a patient's prognosis.

### Effect of nAChR Drugs on the Motor Deficits Related to PD

In addition to the potential of nAChR drugs to protect against nigrostriatal damage, it was important to establish whether they could also be beneficial to treat the motor symptoms associated with PD. Preclinical studies show that treatment with nicotine or other nAChR drugs improves motor deficits in parkinsonian mice, rats and monkeys in some studies (Kucinski et al. 2013; Meshul et al. 2002) but not others (Bordia et al. 2008; Huang et al. 2011b; Quik et al. 2007a; Zhang et al. 2013, 2014a). Similar inconsistencies have been reported in clinical trials which tested the acute or immediate effect of nicotine or a nAChR agonist on Parkinson's disease motor function. Open label trials have reported an improvement in parkinsonism with smoking, intravenous nicotine



**Table 2** nAChR drugs protect against DAergic damage in preclinical PD models

nAChR subtype	nAChR drug	Toxin	Model system	References
Multiple	Nicotine	6-OHDA	SH-SY5Y cells	(Riveles et al. 2008)
			Rats	(Abin-Carriquiry et al. 2002; Costa et al. 2001; Huang et al. 2009; Ryan et al. 2001; Soto-Otero et al. 2002)
		MPTP	Mice <sup>a</sup>	(Gao et al. 1998; Janson et al. 1991, 1992; Parain et al. 2003)
			Squirrel monkeys	(Huang et al. 2009; Quik et al. 2006a, b, 2010)
			Mice	(Takeuchi et al. 2009)
		Rotenone	Mice	(Khwaja et al. 2007)
		Paraquat	Mice	(Ryan et al. 2001)
Metamphetamine	Mice	(Vieira-Brock et al. 2015)		
$\beta 2^a$	ABT-089	6-OHDA	Rats	(Bordia et al.)
$\alpha 7$	PNU-282987	MPTP	Mice	(Stuckenholz et al. 2013)
	DMXB	6-OHDA	Rats	(Bordia et al. 2015b; Suzuki et al. 2013)
	ABT-107	6-OHDA	Rats	(Bordia et al. 2015b)
	PHA-543613	6-OHDA	Rats	(Serriere et al. 2015)

<sup>a</sup> It should be noted that nicotine neuroprotection in MPTP treated mice is not as reproducible as in the MPTP primate model or 6-OHDA rat model. For a complete review see Quik et al. 2007b

infusions, the nicotine patch and the nicotine gum (Hanagasi et al. 2007; Ishikawa and Miyatake 1993; Kelton et al. 2000; Mitsuoka et al. 2002; Villafane et al. 2007), with the exception of one trial (Lemay et al. 2004). By contrast, the opposite trend has been observed in double-blinded studies in which only one study has reported a positive effect of nicotine on motor deficits (Clemens et al. 1995; Ebersbach et al. 1999; Fagerstrom et al. 1994; Parkinson Study 2006; Vieregge et al. 2001). Thus, it is still unclear whether nicotinic drugs could be of benefit for the treatment of PD motor symptoms.

### nAChR Drugs for the Treatment of the Non-Motor Symptoms of PD

The non-motor symptoms associated with PD likely result from neurodegeneration of multiple neuronal systems that lead to neurotransmitter deficits extending beyond the declines in nigrostriatal DA. Alterations in cholinergic neurotransmission with PD are thought to be a contributing factor to non-motor symptoms such as cognitive impairment including dementia, depression and/or apathy, sleep abnormalities, and olfactory deficiencies (Barone 2010; Bohnen and Albin 2011; Muller and Bohnen 2013; Posadas et al. 2013). As nAChRs are widely expressed in brain regions involved in these physiological processes, nicotine and/or other nAChR drugs may be useful to treat some of the non-motor symptoms associated with PD (Albuquerque et al. 2009; Dineley et al. 2015; Hurst et al. 2013; Quik et al. 2014).

Preclinical and clinical studies have shown that nicotine and nAChR drugs improve cognitive performance in a variety of disease conditions such as Alzheimer's disease and

neuropsychiatric disorders (Bitner et al. 2010; Cincotta et al. 2008; Geerts 2012; Hamsch et al. 2014; Jubelt et al. 2008; Lombardo and Maskos 2015; Wallace et al. 2011; Wallace and Porter 2011). In preclinical Alzheimer's disease models, nicotinic drugs have improved cognition in a delay matching to sample task in monkeys, social recognition in rats and two-trial inhibitory avoidance in mice (Bitner et al. 2010). In addition, these drugs have restored impaired pre-pulse inhibition, working memory, episodic memory and social recognition in rodent models of schizophrenia (Hamsch et al. 2014; Jubelt et al. 2008). Positive effects with nAChR drugs have also been observed in humans. The general nicotinic agonist varenicline improved performance in the Digital Symbol Substitution Test, the Wisconsin Card Substitution Test as well as the Cognition Performance Test hit reaction time and Stroop Interference in patients with Schizophrenia (Shim et al. 2012). In addition, varenicline also improved performance in a stop signal task assessing lapses in attention in treatment-seeking smokers (Rhodes et al. 2012). Similarly, the  $\beta 2^*$  selective nAChR agonist TC-1734 improved age-associated memory impairment in a randomized placebo-controlled double-blinded study using a Cognitive Drug Research computerized test battery and a Subject Global Impression Scale of Cognition (SCI-Cog) test (Dunbar et al. 2011).

Of relevance to PD, preclinical studies in MPTP-treated primates have shown that nicotine and nAChR agonists are able to alleviate cognitive deficits in executive function, visuospatial function and attention (Bohnen et al. 2012, 2013; Decamp and Schneider 2009). Clinical studies also showed that nicotine can improve semantic processing in PD patients under general and strategy-based priming procedures (Holmes

et al. 2011a, b). Thus, the therapeutic effects of nAChR drugs may extend beyond their use to prevent PD progression.

### Role for the Cholinergic System in the Management of LIDs

An additional motor complication commonly observed in PD patients arises from the use of the DA precursor L-dopa, which is the main therapeutic agent used to treat the motor deficits associated with the disease. L-dopa has been used as a therapy for PD since the early 1960's as it enhances synaptic DA transmission to alleviate the dopaminergic deficit that arises with nigrostriatal damage. Although it still remains the most effective treatment for the motor symptoms of PD, long-term L-dopa use is complicated by the development of fluctuations in motor response (Quinn et al. 1982; Quinn 1998). This side effect includes unpredictable changes in mobility, a decrease in the duration of L-dopa action and LIDs (Bastide et al. 2015; Heumann et al. 2014; Huot et al. 2013). LIDs are abnormal involuntary movements that develop in the majority of patients within the first decade of treatment and can be very debilitating (Ahlskog and Muentner 2001; Huot et al. 2013; Schaeffer et al. 2014). To date, amantadine and deep brain stimulation are the only two approved therapies for the management of LIDs (Brotchie 2010; Heumann et al. 2014; Merola et al. 2014; Rizzone et al. 2014; Schaeffer et al. 2014; Tambasco et al. 2012). Although effective, both of these approaches have their associated complications that limit their usefulness. Thus, there is still a need to develop novel and efficient anti-dyskinetic tools. To achieve this, preclinical studies in rodent and primate models of LIDs have been widely used to broaden our understanding of the pathophysiology related to LIDs, identify promising molecular targets, and facilitate preclinical testing of novel therapeutics.

The most commonly used animal model to study LIDs was developed by Cenci and coworkers (Cenci and Lundblad 2007; Lundblad et al. 2002, 2005). Initial work showed that prolonged administration of L-dopa to 6-OHDA-lesioned rodents leads to abnormal involuntary movements (AIMs) that resemble human LIDs in their topographical distribution and time course. These AIMs consists of twisting movements of the neck and trunk toward the side contralateral to the lesion (axial AIMs), purposeless jaw movements with or without contralateral tongue protrusion (oral AIMs) and purposeless tapping or movement of the forelimb contralateral to the lesion side (forelimb AIMs) (Bastide et al. 2015; Breger et al. 2013; Cenci and Lundblad 2007; Cenci et al. 2002; Francardo et al. 2011; Lundblad et al. 2002, 2005; Winkler et al. 2002). Enhanced circular locomotion with a contralateral side bias (locomotive AIMs) is also observed with L-dopa administration. However, the clinical relevance of this latter AIM subtype is limited by the fact that numerous other drugs that do not lead

to LIDs also enhance contralateral rotations in unilaterally-lesioned rodents (Lundblad et al. 2002). In general, the severity of AIMs is rated based on the proportion of time during which these behaviors are observed. It is also useful to include an amplitude score for each AIM category to enable comparison between animals with a wide range of DA denervation (Cenci and Lundblad 2007; Winkler et al. 2002).

Chronic L-dopa treatment to MPTP-treated primates results in dyskinetic movements that are remarkably analogous to those observed in humans. Rating scales to evaluate LIDs severity in primates include the abnormal involuntary movement scale (AIMS), the dyskinesia disability scale for MPTP-treated primates, the monkey quality of ON-time rating, the global non-human primate dyskinesia rating scale, the quantitative dyskinesia scale and the St. Kitts biomedical primate dyskinesia scale (Boraud et al. 2001; Boyce et al. 1990; Gomez-Mancilla and Bedard 1993; Henry et al. 1999; Johnston et al. 2010; Johnston and Fox 2015; Pearce et al. 1995; Petzinger et al. 2001; Potts et al. 2015; Tan et al. 2002). These scales take into account choreic and dystonic movements of the limbs, trunk or neck as well as repetitive purposeless movements not observed in the absence of L-dopa. The clinical relevance of these scales has been recently reviewed and revised by Fox and colleagues in an attempt to establish a standardized rating scale with clinical applicability that can be used for translational basic research (Fox et al. 2012).

In general, rodent and primate models have been instrumental to our understanding of the mechanisms and neural circuits involved in LIDs as well as for testing of numerous therapeutic drug candidates (for review see (Bastide et al. 2015)). We will focus on preclinical studies highlighting the ability of nAChR drugs to decrease LIDs in rodent and primate models.

### Non Selective nAChR Drugs Decrease LIDs in Animal Models

Alterations in the nicotinic cholinergic system have also been implicated in the pathological events leading to LIDs (Bastide et al. 2015; Huot et al. 2013; Schaeffer et al. 2014). The first evidence for this came from studies showing that nicotine decreased LIDs by ~50 % in a small cohort of MPTP-treated primates (Quik et al. 2007a). Additional studies in mice, rats and primates have since shown that route of administration and treatment regimen (pre- vs post-treatment) do not affect nicotine's antidyskinetic effect (Bordia et al. 2008; Huang et al. 2011b; Quik et al. 2013c, d) (Table 3). Experiments with the non-specific nAChR agonist varenicline as well as with the general nAChR blocker mecamylamine have yielded similar results (Bordia et al. 2010; Huang et al. 2011a) (Table 3). Thus, it appears that nAChR agonists may exert their antidyskinetic effect via a receptor desensitization block as agonists and antagonists yield similar results. Altogether,

**Table 3** nAChR drugs decrease LIDs in parkinsonian animal models

nAChR subtype	nAChR drug	Toxin	Model system	% decrease	References
Multiple	Nicotine	6-OHDA	Mice	40–50 %	(Bordia et al. 2015a; Huang et al. 2011b; Quik et al. 2012, 2013b)
			Rats	~50 %	(Bordia et al. 2008, 2010, 2013)
	Varenicline	6-OHDA	Squirrel monkeys	50–60 %	(Quik et al. 2007a, 2013c, d)
			Rats	40–50 %	(Huang et al. 2011a)
$\beta 2^*$	A-85380	6-OHDA	Squirrel monkeys		(Zhang et al. 2013)
			Rats	40–50 %	(Huang et al. 2011a)
	Sazetidine	6-OHDA	Rats	20–30 %	(Quik et al. 2013a)
			Rats	20–30 %	(Quik et al. 2013a)
	TC-2696	6-OHDA	Rats	20–30 %	(Quik et al. 2013a)
			Rats	20–30 %	(Quik et al. 2013a)
	TC-10165	6-OHDA	Rats	20–30 %	(Quik et al. 2013a)
			Rats	20–30 %	(Quik et al. 2013a)
	TC-10600	6-OHDA	Rats	20–30 %	(Quik et al. 2013a)
			Rats	20–30 %	(Quik et al. 2013a)
	TC-8831	6-OHDA	Rats	20–30 %	(Quik et al. 2013a)
MPTP			Macaque monkeys	Up to 60 %	(Johnston et al. 2013)
ABT-089	MPTP	Squirrel monkeys	30–50 %	(Zhang et al. 2013)	
		Squirrel monkeys	30–50 %	(Zhang et al. 2014a)	
$\alpha 7$	ABT-894	MPTP	Squirrel monkeys	50–70 %	(Zhang et al. 2014a, b)
			Squirrel monkeys	40–60 %	(Zhang et al. 2014b)
$\alpha 7$	ABT-107	MPTP	Squirrel monkeys	40–60 %	(Zhang et al. 2014b)
			Squirrel monkeys	~60 %	(Zhang et al. 2015b)
$\alpha 7$	AQW051	MPTP	Cynomolgus monkeys	~60 %	(Di Paolo et al. 2014)

these observations indicate that nicotinic drugs not only interfere with LIDs development but also reduce existing LIDs. In fact, a small phase I/II clinical trial with nicotine by Neurtalus Inc. has demonstrated the potential of nicotinic drugs to reduce dyskinesias in PD patients with LIDs (<http://www.pnewswire.com/news-releases/>).

### $\beta 2^*$ and $\alpha 7$ nAChR-Selective Drugs Decrease LIDs in Animal Models

As non-selective nAChR drugs interact with multiple nAChR subtypes in the peripheral and central nervous system, basic research in the last few years has focused on identifying the specific nAChRs involved in their antidyskinetic effect. Studies in 6-OHDA-lesioned genetically modified mice have shown that nicotine reduces LIDs via  $\beta 2^*$  and  $\alpha 7$  nAChRs. Specifically, it appears that  $\beta 2^*$  nAChRs are required for the appearance of LIDs as well as for the antidyskinetic effect of nicotine, with the relevant receptors being the  $\alpha 4\beta 2^*$  and  $\alpha 6\beta 2^*$  nAChR subtypes (Bordia et al. 2015a; Huang et al. 2011b; Quik et al. 2012). By contrast, studies with  $\alpha 7$  nAChR null mice show that these receptors partly suppress the occurrence of LIDs and are also involved in the mechanism of action through which nicotine decreases LIDs (Quik et al. 2013b). Altogether, these findings suggested that nAChR subtype selective drugs may be beneficial therapeutic agents for LIDs management.

Initial studies to determine the usefulness of nAChR drugs focused on  $\beta 2^*$  nAChRs as these are the main subtype expressed in the nigrostriatal pathway.  $\beta 2^*$  nAChR agonists such as A-85380, sazetidine, TC-2696, TI-10165, TC-8831, TC-10600, ABT-089 and ABT-894 decreased LIDs incidence by 20–60 % in dyskinetic rats and primates (Bordia et al. 2013; Huang et al. 2011a; Johnston et al. 2013; Quik et al. 2013a, 2014, 2015; Zhang et al. 2013, 2014a) (Table 3). These drugs decreased LIDs in L-dopa naïve as well as L-dopa primed animals without worsening parkinsonism. Importantly, no tolerance developed with any of the doses tested. Thus, drugs targeting the  $\beta 2^*$  nAChR subtype alone appear to be a good therapeutic approach to decrease LIDs.

Nicotine also appears to exert its antidyskinetic effect via  $\alpha 7$  nAChRs. Although this receptor subtype is not densely expressed in the basal ganglia, it is widely expressed on other neuronal circuits that regulate basal ganglia function (Quik et al. 2015). Therefore, studies were carried out in monkeys to test the ability of the  $\alpha 7$  nAChR agonists AQW051, ABT-107 and ABT-126 to modulate LIDs expression (Di Paolo et al. 2014; Zhang et al. 2015a; Zhang et al. 2014b, 2015b). Interestingly, ABT-107 and ABT-126 decreased LIDs to the same extent as  $\beta 2^*$  nAChR agonists (Table 3). In addition, co-administration of  $\alpha 7$  and  $\beta 2^*$  nAChR agonists did not increase the extent by which either type of drug alone decrease LIDs suggesting they exert their therapeutic effect through a common mechanism of action.

Altogether, preclinical evidence indicates that  $\beta 2^*$  and  $\alpha 7$  nAChR agonists are similarly effective to alleviate LIDs. Thus, both classes of drugs may be promising antidyskinetic agents to test in the clinical setting.

## Summary

PD is a complex disease with a multi-factorial etiology. Although none of the currently available preclinical models fully reproduce the human condition, they have provided a wealth of information regarding the molecular and cellular mechanism contributing to the disease. Preclinical studies on the complex interaction between various neurotransmitter systems in PD have identified nAChRs as plausible targets to not only delay disease progression but to alleviate the motor and non-motor symptoms (e.g., cognitive impairment, depression, anxiety) observed in PD. Thus, it may be of value to test nAChR drugs in clinical trials as therapies for PD management.

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