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Narirutin Attenuates Cerebral Ischemia‑Reperfusion Injury by Suppressing the TXNIP/NLRP3 Pathway

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Abstract

Narirutin (Nar) is a favonoid that is abundantly present in citrus fruits and has attracted considerable attention because of its diverse pharmacological activities and low toxicity. Here, we evaluated the preventive efects of Nar in middle cerebral artery occlusion/reperfusion (MCAO/R)-injured mice and oxygen–glucose deprivation/reperfusion (OGD/R)-injured bEnd.3 cells. Pretreatment with Nar (150 mg/kg) for 7 days effectively reduced infarct volume, improved neurological deficits, and significantly inhibited neuronal death in the hippocampus and cortex in MCAO/R-injured mice. Moreover, anti-apoptotic efects of Nar (50 µM) were observed in OGD/R-injured bEnd.3 cells. In addition, Nar pre-administration regulated blood-brain barrier function by increasing tight junction-related protein expression after MCAO/R and OGD/R injury. Nar also inhibited NOD-like receptor protein 3 (NLRP3) infammasome activation by reducing the expression of thioredoxin-interacting protein (TXNIP) in vivo and in vitro. Taken together, these results provide new evidence for the use of Nar in the prevention and treatment of ischemic stroke.

Graphical Abstract

Li Luo and Saiying Wang have contributed equally to this work.

Extended author information available on the last page of the article

Keywords Narirutin · Cerebral ischemic-reperfusion injury · Blood-brain barrier · Infammation · NOD-like receptor protein 3 infammasome · Thioredoxin interacting protein

Introduction

Stroke is considered a major fatal disease worldwide, with high incidence, mortality, disability, and recurrence rates [\[1](#page-11-0)]. Nearly 87% of stroke cases result from ischemic stroke. At present, there is a lack of efective treatments for ischemic stroke, mainly because of the complex molecular mechanisms underlying this disease [[2](#page-11-1)]. Ischemic stroke occurs when a sudden lack of blood flow, oxygen, or nutrients to the brain leads to rapid cell death. Rapid reperfusion is the standard treatment for cerebral ischemia; however, it usually causes infammation, oxidative stress, and damage to the blood-brain barrier (BBB), resulting in severe neuronal damage and ischemic neuronal cell death [\[3](#page-11-2), [4\]](#page-11-3). Therefore, prevention may be an efective strategy to protect against cerebral ischemia-reperfusion (I/R) injury [\[5](#page-11-4)].

Previous studies have shown that infammation plays a key role in stroke pathology and has a signifcant impact on stroke prognosis [[6](#page-12-0), [7\]](#page-12-1). The increase in infammatory cell infltration mediated by infammatory factors leads to the release of infammatory mediators and reactive oxygen species, which trigger an infammatory cascade, causing neurovascular, BBB, and neuronal injury [[8\]](#page-12-2). Therefore, inhibition of the infammatory response may be efective in controlling ischemic stroke. The NOD-like receptor protein 3 (NLRP3) infammasome, a multimolecular complex comprising the NLRP3 receptor, an apoptosis-associated speck-like protein containing a CARD (ASC), and caspase-1, is currently considered an important molecular player for regulating the release of pro-infammatory cytokines and mediating infammatory damage after cerebral ischemia [[9–](#page-12-3)[11\]](#page-12-4). Many drugs and natural substances that inhibit NLRP3 infammasome activation have been studied for the treatment of ischemic stroke. For example, NLRP3 infammasome inhibitors, such as MCC950, CY-09, and the herbal component oridonin, have been shown to reduce infarct volume and improve neurological deficits and BBB integrity by inhibiting inflammatory cytokines, pyroptosis, and oxidative stress in ischemic regions after cerebral I/R injury [[11](#page-12-4)–[14\]](#page-12-5). Therefore, the NLRP3 infammasome has been identifed as a potential therapeutic target for ischemic stroke. In addition, recent studies have reported that thioredoxin-interacting protein (TXNIP), a redox-regulated protein, dissociates from the complex under oxidative stress conditions, such as stroke, and rapidly binds to and activates the NLRP3 infammasome [\[15,](#page-12-6) [16](#page-12-7)]. Furthermore, TXNIP binding to NLRP3 is crucial for infammasome activation, and inhibition of TXNIP could directly reduce the activation of the NLRP3 infammasome. Also, the expression of TXNIP and the NLRP3 infammasome exhibit the same trend in cerebral I/R injury [\[15](#page-12-6), [17,](#page-12-8) [18](#page-12-9)]. Therefore, inhibiting activation of the TXNIP/NLRP3 pathway may be an important strategy for the prevention and treatment of cerebral I/R injury.

Narirutin (Nar) is a favonoid that is abundantly present in citrus fruits, such as grapefruits, mandarins, and oranges [[19](#page-12-10)]. Nar has been reported to exert multiple biological activities, including anti-infammatory, antioxidant, antiobesity, anti-allergy, neuroprotective, anti-Alzheimer's disease, and anti-tumor activities [\[20–](#page-12-11)[24\]](#page-12-12). A recent study indicated that the Nar-rich fraction obtained from grapefruit peels can protect against cerebral I/R injury caused by transient bilateral common carotid artery occlusion (tBCCAO) in rats by reducing oxidative damage [[25](#page-12-13)]. In addition, Ri et al. reported that the anti-infammatory properties of Nar were mediated by the inhibition of NLRP3 infammasome priming processes and NLRP3-ASC interactions in macrophages, thereby suppressing the NLRP3 infammasome [[26\]](#page-12-14). However, it is unclear whether Nar plays a neuroprotective role in cerebral I/R injury by suppressing NLRP3 infammasome activation.

In the present study, an in vivo middle cerebral artery occlusion/reperfusion (MCAO/R) mouse model and an in vitro oxygen–glucose deprivation/reperfusion (OGD/R) cell model were established to determine the preventive efects of Nar on cerebral I/R injury and to explore the possible underlying molecular mechanisms, thus providing a basis for the development of new therapies to prevent cerebral I/R injury.

Materials and Methods

Drugs and Antibodies

Nar was purchased from Shanghai Pure One Biotechnology (purity>98%, Shanghai, China). The following antibodies were used: anti-Bax (14,796, Cell Signaling Technology, 1:1000), anti-Caspase-3 (9664, Cell Signaling Technology, 1:1000), anti-Bcl-2 (3498, Cell Signaling Technology, 1:1000), anti-P-glycoprotein (ab170904, Abcam, 1:1000), anti-ZO-1 (21773-1-AP; Proteintech, 1:500), anti-occludin (13409-1-AP, Proteintech, 1:1000), anti-claudin3 (ab15102, Abcam, 1:1000), anti-TXNIP (ab188865, Abcam, 1:1000), anti-NLRP3 (15,101 S, Cell Signaling Technology, 1:1000), anti-ASC (NBP1-78977, Novus Biologicals, 1:1000), anti-Caspase-1 (24,232 S, Cell Signaling Technology, 1:1000), anti-IL-1β (16806-1-AP, Proteintech, 1:1000), anti-IL-18 (ab207323, Abcam, 1:1000), and anti-β-actin (A5441, Sigma, 1:10000).

Animals and Treatment

Male C57BL/6 mice (6–8 week) were used in the study. All mice were maintained at a temperature of 25 ± 1 °C, a relative humidity of 50–60%, and under a 12:12 h light–dark cycle. Food and water were freely available to the mice, which were kept in random groups of six per cage. Before the experiments, all mice were fed a commercial chow diet and acclimated to the laboratory environment for at least 1 week. All procedures were approved by the Ethics Committee for Animal Experimentation of the Fourth Military Medical University (approval no. KY20193145).

The mice were randomly divided into four groups: sham, sham + Nar (150 mg/kg), MCAO/R, and MCAO/R + Nar (150 mg/kg). Each group consisted of 16 mice. The dose of Nar was selected based on a previous study [[25\]](#page-12-13). Nar was dissolved in 0.9% saline containing 1% dimethyl sulfoxide (DMSO) and administered daily via oral gavage for seven consecutive days before MCAO/R. The sham and MCAO/R groups were injected with an equal volume of 0.9% saline containing 1% DMSO at the same time.

In Vivo Experiments

MCAO/R Model

The MCAO model was established as described previously [\[27](#page-12-15)]. Briefy, anesthetized mice were exposed to right carotid bifurcation. A nylon monoflament (RWD Life Science, San Diego, CA, USA) was inserted into the common carotid artery and the anchored line was inserted into the internal carotid artery after the external carotid artery was cut open. Blood flow was monitored using a Laser Speckle Doppler fowmeter (RFLSI III; RWD Life Sciences). Cerebral blood flow was restored by removing the monofilament after 1.5 h of transient occlusion, which was monitored to guarantee blood reperfusion. A similar treatment was administered to the sham and sham + Nar groups but without a monoflament. Brain samples were collected 24 h after reperfusion.

Neurobehavioral Evaluation

Neurobehavioral tests were conducted 24 h after reperfusion using a modifed neurological severity scoring (mNSS) system, according to a previous report [\[27\]](#page-12-15). The higher the mNSS score (0, normal; 18, maximal deficit), the more severe the neurological and behavioral disorders.

Assessment of Infarct Volume

Infarct volume was assessed using 2,3,5-triphenyltetrazolium chloride (TTC) staining as previously described [[28\]](#page-12-16). Briefly, the mice were sacrificed, and the entire brain was rapidly removed and cooled for 30 min at − 20 °C. Starting from the frontal pole, coronal Sect. (2 mm) were dissected, immersed in 2% TTC for 30 min at 37 °C, and fxed with 4% paraformaldehyde for 24 h. After obtaining digital images of the brain slices, unstained areas (white areas) were defned as infarcts, and the sizes of the infarcts on both sides of each slice were measured using ImageJ software (NIH, Bethesda, MD, USA).

Hematoxylin and Eosin Staining

To evaluate pathological changes, hematoxylin and eosin (HE) staining was performed as previously reported [[29](#page-12-17)]. The brains were perfused with 4% paraformaldehyde for 4 h at 4 °C, then dehydrated in 20% and 30% sucrose solutions for 24 h. Brain slices $(5 \mu m)$ containing the hippocampus and cortex were cut using a cryostat (Leica CM1800) and then immediately mounted on slides. Sections were stained with hematoxylin solution for 15 min, counterstained with eosin solution for 5 min, subjected to gradient alcohol dehydration, made transparent, and sealed. The sections were observed under a high-power bright-feld microscope (Nikon Ni). Cells with clearly visible nucleoli were considered intact and the proportion of intact cells was recorded.

Nissl Staining

Morphological changes in ischemic penumbra cells after MCAO/R were observed using Nissl staining [[27](#page-12-15)]. Brain slices were prepared as previously described [[22\]](#page-12-18). Frozen sections were stained with 0.1% toluidine blue for 5 min, rinsed with phosphate-buffered saline (PBS), dehydrated in a graded alcohol series, and mounted with a neutral sealant. The number of Nissl-positive cells in the penumbra of each section was counted under a light microscope (FV-1000; Olympus, Tokyo, Japan).

TUNEL Staining

A fuorescent terminal deoxynucleotidyl transferase nickend labeling (TUNEL) kit was used to quantify cell death according to the manufacturer's protocol (Roche Diagnostics Corporation, Indianapolis, IN, USA) [[27](#page-12-15)]. The number of TUNEL-positive cells in the hippocampal CA1 region and

cortex were counted using light microscopy at ×400 magnifcation (FV-1000; Olympus, Tokyo, Japan).

In Vitro Experiments

Cell Culture and Drug Treatment

Mouse brain microvascular vessel-derived endothelial (bEnd.3) cells were obtained from Sixin Biotechnology (Shanghai, China). Cells were cultured in Dulbecco's modifed Eagle's medium (DMEM) (AF29498406, HyClone) supplemented with 10% fetal bovine serum (2206993CP, Gibco) and 1% penicillin–streptomycin mixture (20191028, Solarbio). The medium was changed every 2 days.

The cells were divided into four groups: control, control+Nar, OGD/R, and OGD/R+Nar. Cells in the control and control+Nar groups were cultured under normal conditions. Nar was dissolved in DMSO and added to the cell culture medium at a fnal concentration of 0.1%. The efective concentration of Nar was determined by subjecting cells to a cell counting kit-8 (CCK-8) assay after exposure to various Nar concentrations (12.5, 25, 50, 100, or 200 µM). Nar was administered 4, 8, 12, and 24 h before OGD to determine the efective administration time.

OGD/R Model In Vitro

bEnd.3 cells were subjected to anoxia-glucose deprivation followed by glucose reoxygenation to simulate an in vitro ischemia/reperfusion environment [[27\]](#page-12-15). Briefy, the cells were rinsed thrice with PBS, and glucose-free DMEM (2120596, GIBCO) was used to replace the normal medium. The cells were then transferred to a hypoxic chamber (95% $N₂/5\% CO₂$, MIC-101, Billups-Rothenberg, USA) and incubated for 1.5 h at 37 °C. The cells were then cultured for an additional 24 h of reperfusion under normal conditions.

Cell Viability Analysis

Cell viability was determined using a CCK-8 assay according to the manufacturer's instructions [[27\]](#page-12-15). Briefy, 10 µl of CCK-8 reagent (BS350B, Biosharp, Hefei, China) was added to each well and cells were incubated at 37 °C for 4 h. Absorbance was measured at 490 nm using a microplate reader (Infnite M200 Pro, TECAN). Cell viability (%) $=$ [OD (experiment) \times OD (blank)]/[OD (control) \times OD $(blank)] \times 100.$

Lactate Dehydrogenase Release Assay

Cytotoxicity was quantitatively detected by measuring the lactate dehydrogenase (LDH) activity released by injured cells into the medium [\[30](#page-12-19)]. After treating the cells with 0.5%

Triton X-100, the medium containing detached cells was collected and centrifuged. The supernatant was used for an LDH activity assay using an assay kit (Beyotime Biotechnology) according to the manufacturer's instructions.

Flow Cytometric Analysis

The annexin V/propidium iodide (PI) double staining pro-cedure was used to assess apoptosis [\[27\]](#page-12-15). Briefly, 1×10^6 cells were seeded into each well of a six-well plate. Cells were harvested and washed with $1\times$ Annexin V-FITC binding buffer, then stained with Annexin V-FITC $(5 \mu l)$ and PI (5 µl) at 25 °C in the dark for 15 min. Cell fluorescence was immediately analyzed using fow cytometry. Annexin V-FITC-positive and PI-positive cells were used to calculate apoptotic rates.

Measurement of Transendothelial Electrical Resistance

Transendothelial electrical resistance (TEER) was measured using a Millicell ERS cell resistor (Millipore, USA) to assess the integrity of the monolayer cell barrier [[27](#page-12-15)]. Briefly, 2×10^5 cells were seeded into the upper chamber of a Transwell insertion chamber (3460; Corning, NY, USA) in 0.5 ml DMEM (1.5 ml of the same medium was added to the lower chamber to inhibit pressure gradient formation). The TEER value $(\Omega \text{ cm}^2)$ was measured by subtracting the resistance of a blank Transwell chamber without cells and standardized by the area of the culture insert.

FITC‑Dextran Assay

A FITC-dextran assay was used to investigate cell permeability, as previously reported [[27](#page-12-15)]. After OGD and reoxygenation for 24 h, the medium was removed, and fresh medium containing 1% FITC-dextran (MW 1000, MCE) was added to the cells for 30 min. Then, 100 µl medium from the lower chamber was obtained, and the fuorescence intensity was measured using a microplate reader (Infnite M200 Pro, TECAN) at the excitation and emission wavelengths of 490 and 520 nm, respectively. The relative cell permeability was calculated by normalizing to the control group.

Western Blot Analysis

Western blot analysis was performed as previously described [[31](#page-12-20)]. Ischemic penumbra tissue and cells were homogenized in ice-cold RIPA lysis bufer containing phosphatase and protease inhibitors. Protein concentration was determined using a bicinchoninic acid protein assay. Proteins were analyzed using sodium dodecyl sulfate-polyacrylamide gel electrophoresis and electrotransferred onto polyvinylidene fuoride membranes (Invitrogen, Carlsbad, CA, USA). The membranes were then incubated with primary antibodies overnight at 4 °C. Subsequently, the membranes were washed thrice with TBST and incubated with horseradish peroxidase-conjugated secondary antibodies (anti-rabbit or anti-mouse IgG, 1:10000). Protein bands were quantifed using ImageJ (NIH, Bethesda, MD, USA). For data analysis, band intensities were normalized to actin and expressed as percentages of the relative intensities.

Statistical Analysis

Data analysis was performed using Prism 8 software (GraphPad Software, San Diego, CA, USA). Data are expressed as the mean \pm SEM for at least three independent experiments. Multigroup analysis were performed using one-way analysis of variance (ANOVA). $p < 0.05$ was considered statistically signifcant.

Results

Nar Decreases Infarct Volume and Improves Neurological Defcits in MCAO/R Injured Mice

To determine the protective effects of Nar against MCAO/R injury, we performed TTC staining and neurological evaluations. The results indicated that, compared to the sham group, MCAO/R injury caused a larger infarct volume **(**Fig. [1](#page-4-0)B, C**)** and a signifcant increase in neurologi-cal deficits (Fig. [1D](#page-4-0)). Pretreatment with Nar (150 mg/kg) before MCAO/R injury significantly reduced infarct size (MCAO/R group vs. MCAO/R + Nar group: $36.25 \pm 1.98\%$ vs. $21.50 \pm 1.54\%$) and improved neurological impairment (MCAO/R group vs. MCAO/R + Nar group: 9.75 ± 0.53 vs. 5.25 ± 0.37). No obvious differences were observed between the Sham and Sham+Nar groups in the above tests. These results suggest that pretreatment with Nar protected MCAO/R mice from injury.

Fig. 1 Pretreatment with narirutin reduces MCAO-induced brain infarction and neurological deficits. A The chemical structure of narirutin (Nar). **B** Representative photographs of TTC staining 24 h after MCAO/R injury. **C** Statistical analysis of infarct volume. **D**

Neurological deficit scores 24 h after MCAO/R injury. $n=8$ mice per group; ∗∗*p*<0.01 versus Sham group; ##*p*<0.01 versus MCAO/R group, one-way ANOVA with Tukey's multiple comparisons test

Nar Reduces Neuronal Death After MCAO/R Injury

To examine the effect of Nar on neuronal death, HE and Nissl staining were performed to assess morphological changes in the hippocampus and cortex. In the Sham and Sham+Nar groups, the cell morphology and density were normal, and no cell death was observed in the hippocampal CA1 region **(**Fig. [2A](#page-5-0)–D**)**. Similarly, there were no obvious changes in cell morphology or density in the cortex between the Sham and Sham+Nar groups (Fig. S1A–D), indicating that administration of Nar had no efect on normal cells. However, most MCAO/R-injured mice displayed a disordered cell arrangement and neuronal death, and pretreatment with Nar significantly ameliorated these pathological abnormalities in the hippocampal CA1 region **(**Fig. [2](#page-5-0)A–D**)** and cortex (Fig. S1A–D). Consistent with these results, TUNEL staining revealed that the percentage of apoptotic cells in the hippocampal CA1 region was signifcantly higher in the MCAO/R group compared to the Sham group, but was obviously reduced after Nar pretreatment **(**Fig. [3A](#page-6-0), B**)**. Meanwhile, the same results were observed in the cortex, where the number of TUNEL-positive cells decreased remarkably in the $MCAO/R + Nar$ group compared to the Sham group (Fig. S1E, F). In addition, compared with the Sham and Sham+Nar groups, the expression of the apoptosis-related proteins Caspase-3 and Bax in the infarct area of MCAO/R mice was elevated and that of Bcl-2 was decreased, while pretreatment with Nar efectively reversed these alterations **(**Fig. [3C](#page-6-0)–F**)**. These fndings further indicate that pre-administration of Nar can inhibit neuronal death after MCAO/R in mice.

Nar Inhibits OGD/R‑Induced Apoptosis of bEnd.3 Cells

We further evaluated the protective effects of Nar against apoptosis in bEnd.3 cells. First, CCK-8 and LDH release assays were performed to determine the appropriate Nar concentration and time of administration. Normal cultured bEnd.3 cells were treated with diferent concentrations of Nar (12.5, 25, 50, 100, or 200 µM), and toxicity was evaluated using the CCK-8 assay. The results showed no signifcant changes in cell viability **(**Fig. [4A](#page-7-0)**)**, indicating that Nar did not have a cytotoxic efect on bEnd.3 cells. Next, we explored the effective concentration of Nar and found that cell viability was signifcantly increased after co-incubation with 25, 50, 100, or 200 µM Nar compared to the untreated OGD/R group, while there was no signifcant change in cell viability after exposure to 12.5 µM Nar **(**Fig. [4B](#page-7-0)**)**. Therefore, we chose 50 µM as the efective

Fig. 2 Pretreatment with narirutin improves morphological changes in the hippocampus of MCAO/R-injured mice. **A**, **B** HE staining showing morphological neuronal changes (**A**) and the number of intact cells (**B**) in the hippocampal CA1 region after MCAO/R injury. Scale bar $=50 \mu m$. **C**, **D** Nissl staining showing morphological neu-

ronal changes (**C**) and the number of intact cells (**D**) in the hippocampal CA1 region after MCAO/R injury. Scale bar =50 μm. *n*=6 slices from two mice per group; ∗∗*p*<0.01 versus Sham group; ##*p*<0.01 versus MCAO/R group; *ns* not signifcant, one-way ANOVA with Tukey's multiple comparisons test

Fig. 3 Narirutin inhibits neuronal death in the hippocampus of MCAO/R-injured mice. **A**, **B** TUNEL staining showing the survival of neurons (**A**) and the number of TUNEL-positive cells (**B**) in the hippocampal CA1 region after MCAO/R injury. Scale bar =50 μm. *n*=6 slices from two mice per group. **C**–**F** Western blotting analy-

concentration for subsequent experiments. Next, the cells were treated with Nar $(50 \mu M)$ for 4, 8, 12, or 24 h before exposure to OGD/R to determine the appropriate administration time. Cell viability was dramatically reduced (Fig. [4](#page-7-0)C) and the release of LDH was signifcantly elevated (Fig. [4D](#page-7-0)) in the OGD/R group compared to the control group, and pre-administration of Nar reversed these changes at 8, 12, and 24 h. Finally, we exposed bEnd.3 cells to Nar for 8 h with 50 μ M for further analysis of the anti-apoptotic efects. Flow cytometric analysis revealed that pretreatment with Nar signifcantly decreased the apoptotic index of bEnd.3 cells **(**Fig. [5A](#page-8-0), B) compared to that in the OGD/R group. Moreover, the elevated Caspase-3 and Bax expression and reduced Bcl-2 expression observed in OGD/R cells were reversed by Nar administration (Fig. [5C](#page-8-0)–F). Taken together, these results show that pre-administration of Nar prevents neuronal apoptosis after OGD/R in vitro.

sis of apoptosis-related proteins Caspase-3 (**D**), Bax (**E**), and Bcl-2 (**F**) in the infarct brain tissue. *n*=6 mice per group; ∗∗*p*<0.01 versus Sham group; ##*p*<0.01 versus MCAO/R group; *ns* not signifcant, one-way ANOVA with Tukey's multiple comparisons test

Nar Improves BBB Permeability After MCAO/R Injury In Vivo and OGD/R Injury In Vitro

After cerebral I/R injury, secondary brain injury due to BBB disruption is the main cause of death [\[32](#page-12-21)]. Thus, BBB repair may be an efective strategy for treating cerebral I/R injury. Tight junctions (TJs) are critical structural components of the BBB; hence, we investigated whether pretreatment with Nar could protect the damaged BBB after MCAO/R by measuring the expression of TJ-related proteins. Compared to the Sham and Sham+Nar groups, the expression of P-glycoprotein (P-gp), ZO-1, occludin, and claudin3 was remarkably decreased in the MCAO/R group, and pretreatment with Nar effectively reversed these changes (Fig. [6A](#page-9-0)–E). In addition, we further confrmed the efect of Nar on BBB permeability by performing a FITC-dextran leakage test (Fig. [7A](#page-10-0)) and TEER measurements (Fig. [7B](#page-10-0)) in bEnd.3 cells after OGD/R. The results showed that the administration of Nar

B

Fig. 4 Pretreatment with narirutin increases the viability of bEnd.3 cells following OGD/R injury and reduces LDH release. **A** Normal bEnd.3 cells were cultured with diferent concentrations of narirutin $(12.5, 25, 50, 100, \text{or } 200 \mu\text{M})$, and cell viability was assessed using a CCK-8 assay. **B** CCK-8 assay showing the effect of narirutin treatment (12.5, 25, 50, 100, or 200 µM) for 24 h before exposure to OGD/R injury on the viability of bEnd.3 cells. **C** Cells were

reversed the OGD/R-induced low FITC-dextran penetration and high TEER values. Moreover, the decreased expression of P-gp, ZO-1, occludin, and claudin3 in the OGD/R group was significantly increased by Nar treatment (Fig. [7](#page-10-0)C–G). These data suggest that pretreatment with Nar can regulate BBB permeability and maintain BBB integrity after MCAO/R in vivo and OGD/R in vitro.

Nar Inhibits TXNIP/NLRP3 Pathway Activation Following MCAO/R and OGD/R

To assess whether Nar regulates the TXNIP/NLRP3 pathway in MCAO/R- and OGD/R-induced injury, we analyzed the expression levels of relevant pathway molecules using western blotting. The results demonstrated that pretreatment with Nar effectively inhibited the expression of TXNIP, NLRP3, ASC, Caspase-1, IL-1β, and IL-18 in MCAO/R-injured

treated with narirutin (50 μ M) for 4, 8, 12, or 24 h before exposure to OGD/R injury. **D** LDH release assay showing the effect of narirutin treatment (50 μ M) for 4, 8, 12, or 24 h before exposure to OGD/R injury on cytotoxicity of bEnd.3 cells. *n*=6; ∗∗*p*<0.01 versus Control group; #*p*<0.05, ##*p*<0.01 versus OGD/R group, one-way ANOVA with Tukey's multiple comparisons test

mice, and no signifcant diference was observed between the Sham and Sham + Nar groups (Fig. 8). Similar results were observed in bEnd.3 cells (Fig. S2). The expression of these proteins increased signifcantly after OGD/R and was efectively blocked by Nar exposure. Therefore, these results suggest that Nar inhibits the activation of the TXNIP/NLRP3 signaling pathway after MCAO/R and OGD/R injuries.

Discussion

Previous studies have demonstrated that pretreatment with a Nar-rich fraction (150 and 300 mg/kg) for 7 days reduced tBCCAO-induced cerebral I/R injury in rats through its free radical-scavenging capacity and ability to ameliorate oxidative damage [[25](#page-12-13)]. In the present study, we further demonstrated that pretreatment with Nar (150 mg/kg) signifcantly

Fig. 5 Narirutin inhibits OGD/R-induced apoptosis of bEnd.3 cells. **A** Flow cytometric analysis of apoptosis in bEnd.3 cells 24 h after OGD/R injury. **B** Statistical analysis of the percentage of apoptotic cells. **C**–**F** Western blotting analysis of apoptosis-related proteins

Caspase-3 (**D**), Bax (**E**), and Bcl-2 (**F**) in bEnd.3 cells 24 h after OGD/R injury. *n*=6; ∗∗*p*<0.01 versus Control group; ##*p*<0.01 versus OGD/R group; *ns* not signifcant, one-way ANOVA with Tukey's multiple comparisons test

reduced infarct size, neurological deficits, histopathological damage, and neuronal death in MCAO/R-injured mice, and these efects may be related to the regulation of BBB damage and the inhibition of TXNIP/NLRP3 activation. The results of in vitro experiments showed that co-incubation with Nar (25, 50, 100, and 200 µM) increased viability in OGD/R-injured bEnd.3 cells. Moreover, pre-administration with 50 μ M Nar for 8 h effectively reduced neuronal apoptosis and endothelial barrier leakage, up-regulated the expression of TJ-related proteins, and regulated the TXNIP/NLRP3

Fig. 6 Narirutin upregulates the expression of TJ-related proteins after MCAO/R injury. **A** Representative western blot bands of TJrelated proteins. **B**–**E** Quantitative analysis of the expression levels of P-gp (**B**), ZO-1 (**C**), Occludin (**D**), and Claudin3 (**E**) in the

infarct brain tissue. *n*=6 mice per group; ∗∗*p*<0.01 versus Sham group; ##*p*<0.01 versus MCAO/R group; *ns* not signifcant, one-way ANOVA with Tukey's multiple comparisons test

infammasome. Together, these data suggest that Nar may be considered an efective potential candidate drug for the prevention of ischemic stroke.

Increasing evidence indicates that BBB dysfunction is a critical pathological mechanism in ischemic stroke [\[33,](#page-12-22) [34](#page-12-23)]. The BBB is primarily composed of endothelial cells, pericytes, neurons, astrocytes, and basement membranes [[35](#page-13-0)]. The key components of the BBB are the brain microvascular endothelial cells, which are linked through interactions between TJ proteins to form a physical "barrier" essential for maintaining BBB integrity [[35](#page-13-0)]. Among the TJ components, P-gp, ZO-1, occluding, and claudin3 are the most important proteins [[36\]](#page-13-1). Previous studies by our laboratory and others have indicated that BBB permeability and integrity are impaired after MCAO/R and OGD/R injuries [\[27,](#page-12-15) [37](#page-13-2)]. Our fndings in the present study are consistent with previous reports, as we found that P-gp, ZO-1, occludin, and claudin3 were decreased in MCAO/R-injured mice. Similar results were observed in OGD/R-injured bEnd.3 cells, with exhibited reduced TJ-related proteins expression, low FITC-dextran penetration, and high TEER values. Notably, our fndings suggest that pre-administration of Nar can restore BBB permeability and integrity after MCAO/R injury in vivo and OGD/R injury in vitro, indicating that regulation of BBB function may be an important mechanistic component underlying the protective efects of Nar, contributing to the observed reduction in cell death.

Inflammation plays a key role in the pathology of ischemic stroke, and previous studies have shown that it is a major cause of BBB breakdown [\[38–](#page-13-3)[40\]](#page-13-4). Therefore, targeting neuroinfammation may be a promising therapeutic strategy for treating ischemic stroke. As the most wellcharacterized infammasome, the NLRP3 infammasome is closely associated with the infammatory response and plays an important role in the development of ischemic stroke [[10](#page-12-24), [11](#page-12-4)]. The NLRP3 infammasome promotes the formation of active caspase-1, which leads to the release of infammatory cytokines IL-1β and IL-18. In addition,

Fig. 7 Narirutin improves BBB permeability and increases the expression of TJ-related proteins after OGD/R injury. **A** FITC-dextran leakage test in OGD/R-injured bEnd.3 cells after pretreatment with narirutin (50 μ M) for 8 h. **B** TEER values of a monolayer of OGD/R-injured bEnd.3 cells after pretreatment with narirutin (50

studies have shown that the upregulation of NLRP3 is an early event occurring within the frst 24 h of cerebral I/R injury, corresponding to the hyperacute and acute phases of human stroke [\[11,](#page-12-4) [41](#page-13-5)]. Yang et al. found that NLRP3 deficiency reduced brain damage in mice after ischemic stroke by reducing cerebral infarction and BBB damage [[42\]](#page-13-6). Therefore, blocking the NLRP3 inflammasome is an important therapeutic strategy in ischemic stroke. TXNIP is an inhibitor and modulator of endogenous thioredoxin, which rapidly binds to and activates the NLRP3 infammasome, and TXNIP inhibition directly reduces NLRP3 infammasome activity [[15](#page-12-6)]. Recent studies have shown that TXNIP expression is upregulated after cerebral I/R injury, similar to the trend observed for NLRP3 expression [[18,](#page-12-9) [37](#page-13-2)]. Thus, regulation of the TXNIP/NLRP3 pathway may be beneficial for the prevention and treatment of ischemic stroke. Indeed, in this study, increased expression of TXNIP, NLRP3, ASC, Caspase-1, IL-1β, and IL-18 was observed in both injury models, and pretreatment with Nar

µM) for 8 h. **C**–**G** Western blotting analysis of TJ-related proteins P-gp (**D**), ZO-1 (**E**), Occludin (**F**), and Claudin3 (**G**) in the diferent groups. *n*=6; ∗∗*p*<0.01 versus Control group; ##*p*<0.01 versus OGD/R group; *ns* not signifcant, one-way ANOVA with Tukey's multiple comparisons test

efectively inhibited the expression of these proteins. This is consistent with the fndings of Ri et al., who reported that Nar inhibits NLRP3-ASC interactions in LPS/ATPstimulated bone marrow-derived macrophages, thereby suppressing NLRP3 infammasome assembly and reducing the release of proinfammatory factors [[26\]](#page-12-14). Taken together, these fndings suggest that the reduction in BBB destruction and cell death by Nar may be associated with inhibition of TXNIP/NLRP3 pathway activation.

In summary, the present study demonstrated that pretreatment with Nar can signifcantly prevent MCAO/R injury in mice and OGD/R injury in bEnd.3 cells. Our fndings also extend those of previous studies, suggesting that the neuroprotective efect of Nar is not only related to the inhibition of oxidative stress but also to the inhibition of the TXNIP/ NLRP3 signaling pathway and involves the reduction of BBB breakdown and cell death. Further studies are needed to assess whether other signaling pathways are also involved in the protective efects of Nar against cerebral I/R injury.

Fig. 8 Narirutin inhibits TXNIP/NLRP3 pathway activation following MCAO/R injury. **A** Representative western blot bands of TXNIP, NLRP3, ASC, Caspase-1, IL-1β, and IL-18 in MCAO/R-injured mice. **B**–**G** Quantitative analysis of the expression levels of TXNIP

In short, Nar can be considered a promising compound for further development in the prevention and treatment of ischemic stroke.

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Author Contributions MZ and AL conceived the study. LL and SW contributed to the experiments. WL and ZZ performed the data analysis. LL drafted and edited the manuscript. All authors read and approved the fnal version.

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Data Availability The data that support the fndings of this study are available from the corresponding author upon reasonable request.

Declarations

Conflict of interest The authors declare that they have no confict of interest.

(**B**), NLRP3 (**C**), ASC (**D**), Caspase-1 (**E**), IL-1β (**F**), and IL-18 (**G**) in the infarct brain tissue. $n=6$ mice per group; ** $p < 0.01$ versus Sham group; ##*p*<0.01 versus MCAO/R group; *ns* not signifcant, one-way ANOVA with Tukey's multiple comparisons test

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