



# Liraglutide Ameliorates Cerebral Ischemia in Mice via Antipyroptotic Pathways

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Received: 25 November 2021 / Revised: 3 March 2022 / Accepted: 8 March 2022 / Published online: 29 March 2022  
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## Abstract

It was recently shown that pyroptosis, an inflammatory form of programmed cell death, is critically involved in the pathogenesis of ischemic stroke. Liraglutide (Lg) is a novel long-acting analog of glucagon-like peptide-1 that has potential protective effects against stroke. However, the relationship between Lg and pyroptosis in the brain is not well defined. In this study, we found that injection of Lg significantly improved the recovery of motor function, increased cerebral blood flow and ameliorated cerebral damage in a mouse model of focal cerebral cortical ischemia. Our results revealed that Lg treatment significantly reduced the levels of NLRP3, Caspase1, IL-1 $\beta$  and the pore-forming protein gasdermin D in microglial cells *in vitro*, suggesting that the neuroprotective effect of Lg may be achieved through the inhibition of pyroptosis. Furthermore, by using a specific inhibitor of NOD-like receptor protein 3 (NLRP3), we confirmed that the antipyroptotic mechanism of Lg may be mediated by NLRP3 *in vivo*. Our present study unveils a novel neuroprotective mechanism through which Lg alleviates ischemia by exerting NLRP3-dependent antipyroptotic effects.

**Keywords** Liraglutide (Lg) · Pyroptosis · NOD-like receptor protein 3 (NLRP3) · Cerebral ischemia

## Introduction

Ischemic stroke is one of the leading causes of disability and mortality worldwide and imposes severe social and economic burdens [1, 2]. Intravenous thrombolysis and endovascular intervention are only applied in a small number of patients due to strict indications for treatment, limited therapeutic availability and uncontrollable side effects [3, 4]. Therefore, new targeted therapies and exploration of their effects on ischemic stroke recovery are urgently needed.

Distinct from apoptosis and necrosis, pyroptosis is a recently discovered form of programmed cell death that is closely associated with the inflammatory response [5, 6]. Pyroptosis is activated by the cleavage of Caspase1,

which can be triggered by the NOD-like receptor protein 3 (NLRP3) inflammasome, and conversion of inactive IL-1 $\beta$  and IL-18 into their active forms by activated Caspase1. The process of pyroptosis is often accompanied by the release of a variety of proinflammatory factors [7, 8].

Liraglutide (Lg) is a novel long-acting analog of glucagon-like peptide 1 (GLP-1) that can stimulate glucose-dependent insulin secretion from pancreatic beta cells and inhibit the secretion of glucagon REF. It is widely used for the treatment of type 2 diabetes mellitus and rarely causes hypoglycemia REF. Lg is able to penetrate the blood–brain barrier in rodents, and GLP-1 receptor (GLP-1R) is expressed not only in the pancreas but also in the brain, suggesting that it may play an important role in the central nervous system [9, 10]. A study [11] demonstrated that Lg can dose-dependently limit the infarct size. Indeed, Lg has been shown to exert protective effects against cerebral ischemia reperfusion injury in mice [12, 13]. Moreover, a recent study demonstrated that Lg ameliorates nonalcoholic steatohepatitis by inhibiting the activation of the NLRP3 inflammasome and pyroptosis [14]. However, whether Lg also has a similar effect in cerebral ischemia has not yet been reported. Based on these findings, in the present study, we

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aimed to elucidate whether Lg has neuroprotective functions in a mouse model of focal cerebral cortical ischemia and to investigate the underlying mechanisms.

## Materials and Methods

### Animals and Stroke Model

Adult male C57BL/6 mice (3-month old, weighing 23–29 g) were purchased from Vital River Laboratory Animal Technology (Beijing, China). The mice were individually housed under temperature-controlled conditions (humidity:  $60 \pm 5\%$ ; temperature:  $22 \pm 3$  °C) with free access to diet and water under a 12 h light/12 h dark cycle. After 3 days of adaptation to the surrounding environment, the animals were subjected to the following procedures. The animal care and experiments protocols were approved by the Animal Care and Management Committee of Second Hospital of Hebei Medical University and performed in accordance with the ARRIVE Guidelines for the Care and Use of Laboratory Animals [15].

Male C57BL/6 mice underwent distal middle cerebral artery occlusion (dMCAO) as previously described [16, 17]. In brief, the mice were anesthetized with avertin (400 mg/kg, Sigma–Aldrich). The right common carotid was exposed and permanently ligated with silk surgical sutures. The right middle cerebral artery (MCA) was then revealed, and the distal branch of the MCA was perpetually coagulated with a cauterizer (Bovie, USA) without damaging the brain surface. Mice in the sham-operated group were subjected to the same operation described above without occlusion and/or coagulation. During dMCAO, the body temperature of the mice was maintained at  $37.5 \pm 0.5$  °C.

### Experimental Designs and Treatment

The detailed experimental protocols are shown in Fig. 1. The aim of this study was to assess the efficacy of Lg in an animal model of ischemic stroke. The mice were randomly divided into three groups: the sham group, dMCAO group, and dMCAO + Lg group. The dMCAO + Lg group received subcutaneous injection of Lg (246.7 µg/kg/day), which was dissolved in 0.9% saline, for 3 consecutive days before and after surgery [18, 19]. At the end of the experiment, the mice were sacrificed by rapid decapitation under deep anesthesia, and samples were collected for further analyses.

### Measurement of Body Weight and Blood Glucose Levels

Peripheral blood was collected before dMCAO and on days 1, 2 and 3 after dMCAO, and the body weight of the

mice was measured at the same times. The blood glucose level was measured with a glucometer (Roche Diagnostics, Mannheim, Germany) according to the manufacturer's instructions.

## Behavioral Testing

### Neurological Scores

The modified Neurological Severity Score (mNSS) was used to assess motor function, sensory function, reflexes, and balance on a scale of 0–18 (normal score: 0; maximal deficits: 18) as described previously [20, 21]. Higher scores indicated more severe neurological deficits.

### The Rotarod Test

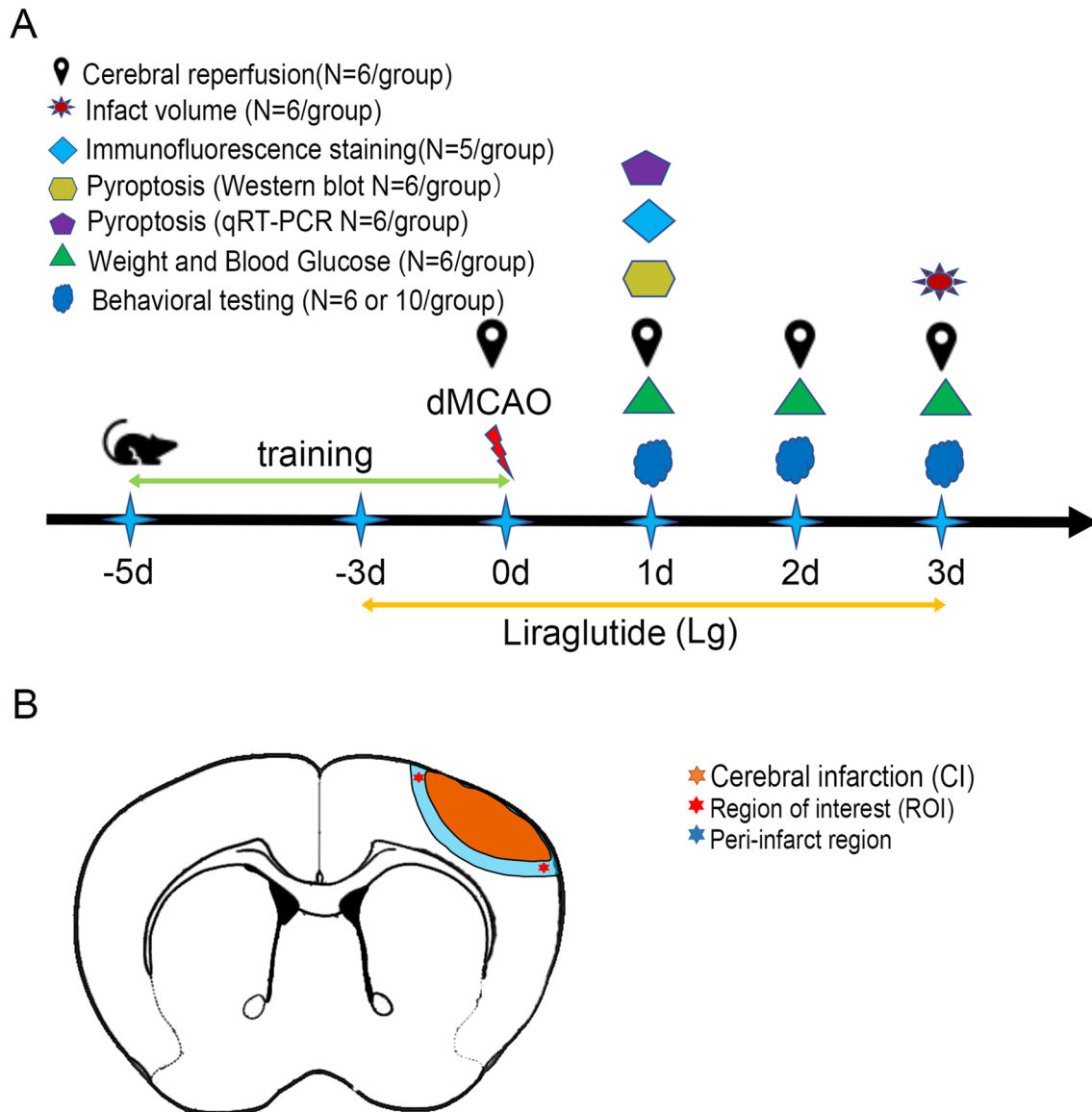
The rotarod test was used to assess the motor function of mice as described previously [22]. Before the test, all mice were subjected to training trials three times per for 5 days over a 15-min period. The test was then conducted for 3 days after surgery. During the test, mice were placed on a rotating Rota-Rod cylinder that accelerated from 4 to 40 rpm for no more than 300 s. The mean values were used for statistical analysis.

### Gait Analysis

The mice were analyzed using a TreadScan instrument (Columbus Instruments, Columbus, OH) according to the manufacturer's instructions [23]. The video treadmill system consisted of a treadmill belt and a mirror mounted underneath. A high-speed digital video camera was installed under the treadmill to record the movements of the four paws at 100 frames per second for 20 s. A background image was obtained before each test. Each mouse was trained 3 days prior to dMCAO, and the test was performed at a speed of 8 cm/s for 3 days after surgery. Six consecutive step cycles were selected for automatic gait analysis, and the values for each limb were analyzed with CleverSys TreadScan software (CleverSys, Inc., Reston, VA).

### Assessment of Brain Infarct Volume

The brain infarct volume was assessed on day 3 and day 7 after dMCAO by 2,3,5-triphenyltetrazolium chloride (TTC) staining. The brains of the mice ( $n = 6$ ) were dissected, and the brain tissues were sectioned into eight slices of 1 mm thickness, stained with 2% TTC solution at 37 °C for 15 min and then fixed with 4% paraformaldehyde (PFA). Normal brain tissue appeared red, while the infarct area appeared pale. The infarct volume was measured by ImageJ software. The infarct volume was calculated as  $\%HLV = \{[\text{total infarct}]$



**Fig. 1** Experimental outline and schematic diagram of brain section. **A** Experimental outline: liraglutide was administered intraperitoneally 3 days before surgery, once daily, and then until 3 days after stroke. Neurobehavioral tests were performed at days 1, 2, and 3 after stroke. Pyroptosis was evaluate at the indicated time points. The number of mice in each group for each test are shown in parentheses. **B**

Schematic diagram of brain section. Red star indicates the region of interest in the ipsilateral peri-infarct cortex, in which immunofluorescence images were collected. Blue strip (0.5 mm wide) indicates peri-infarct region, in which brain samples were harvested for qRT-PCR and western blot

volume—(volume of the intact ipsilateral hemisphere—volume of the intact contralateral hemisphere)]/contralateral hemisphere volume}.

#### Monitoring of Cerebral Blood Flow (CBF)

A real-time laser speckle blood flow imager (PeriCam PSI System, Perimed, Sweden) was used to monitor the change in cerebral blood flow at different times before and after dMCAO (n = 6). After successful intravenous anesthesia

with tribromoethanol, the skull was fully exposed, the periosteum was carefully separated and fixed on a stereotaxic device, and CBF was measured. PimSoft 1.3 (Perimed AB, Sweden) was used to calculate the mean perfusion level of the region of interest (ROI), including changes in CBF from the right cortical infarct area to both hemispheres. The experimental procedures were completed in a sterile environment, and the body temperature of the mice was maintained at  $37 \pm 0.2$  °C.

## Immunofluorescence Staining

Deeply anesthetized mice were intracardially perfused with cold phosphate-buffered saline (PBS), followed by 4% PFA. Frozen coronal brain sections were processed for immunohistochemical staining as previously described [24]. The sections (15  $\mu$ m) were permeabilized with 0.3% Triton X-100 for 15 min, blocked with 10% normal donkey serum for 1 h at 37 °C, and incubated with primary antibodies overnight at 4 °C. The primary antibodies included a rabbit anti-NLRP3 antibody (1:300, Bioworld Technology); goat anti-Iba-1 antibody (1:500, Abcam); rabbit anti-Caspase1 antibody (1:200, ABclonal); and rabbit anti-IL-1 $\beta$  antibody (1:100, Abcam). The next day, the samples were washed with PBS and incubated with secondary antibodies (Alexa Fluor 488- or 594-conjugated, Jackson ImmunoResearch, USA) at 37 °C for 2 h. Images were acquired with a Laser Scanning Confocal Microscope (Zeiss, LSM880, Germany). Three-dimensional (3D) images were processed using Imaris software (Bitplane, RRID:SCR\_007370). The number of positive cells in 5 different fields of the peri-infarct area in the cortex ( $n = 6$  per group) was determined and analyzed with ImageJ software.

## Quantitative Real-Time Polymerase Chain Reaction (PCR)

At 24 h after dMCAO, brain tissues were obtained from the peri-infarct region and the corresponding region in the sham group ( $n = 6$ ). Total RNA was extracted, and quantitative real-time PCR was performed as previously described [25]. The primer sequences are listed in Table 1.

## Western Blotting

As previously described [26], proteins were extracted from the peri-infarct region of the cortex ( $n = 6$ ) at 4 °C using radioimmunoprecipitation assay (RIPA) buffer (Solarbio) containing 1% protease inhibitor cocktail (Sigma Cat# P8340) and 1% phosphatase inhibitor (Applygen Cat# P1260). The protein concentration was determined using a BCA Protein Assay reagent kit (Novagen, Madison, WI, USA). Equal amounts (50  $\mu$ g) of protein samples were separated by 10% SDS-PAGE and transferred onto a polyvinylidene difluoride (PVDF) membrane (Roche, USA), which was blocked with

fast sugar-free blocking solution for 1 h. The membrane was then incubated with an anti-NLRP3 (1:1000, Bioworld Technology), anti-Pro Caspase1 (1:1000, Proteintech), anti-Cleaved Caspase1 P10 (1:1000, Proteintech), anti-Gsdmd (1:1000, Arigo), anti-Asc (1:1000, SAB), anti-Pro IL-1 $\beta$  (1:1000, Bioworld Technology), or anti-Cleaved IL-1 $\beta$  (1:5000, Abcam) primary antibody overnight at 4 °C. The next day, the membrane was washed three times with TBST and incubated with DyLight 800-conjugated goat anti-rabbit IgG (H&L) secondary antibody (1:10,000, Rockland) for 1 h at room temperature. Images were obtained with an Odyssey infrared scanner (LICOR Bioscience, USA). GAPDH (1:20,000, Bioworld Technology) was used as a loading control.

## Cell Culture and Treatment

Mouse microglial cells (BV2 cells, 1101MOU-PUMC00063) were purchased from the National Biomedical Laboratory Cell Resource Bank of China. The BV2 cells were cultured in high-glucose Dulbecco's modified Eagle's medium (DMEM) containing 4 mM L-glutamine, 4500 mg/L glucose (HyCloneTM; GE Healthcare Life Sciences, South Logan, UT, USA), 10% fetal bovine serum and a 1% penicillin mixture (Solarbio, China) at 37° in an incubator containing 5% CO<sub>2</sub>. The cells were used for experiments when the confluency reached 80–90%. To mimic ischemic stroke conditions, BV2 cells were subjected to oxygen–glucose deprivation (OGD) as described previously [27]. The cells in the OGD group were cultured with glucose-free medium (Gibco, USA) and kept in a hypoxic incubator chamber containing premixed gas (94% N<sub>2</sub>, 1% O<sub>2</sub> and 5% CO<sub>2</sub>) at 37 °C. Mcc950 (MedChemExpress, 20  $\mu$ M), a specific inhibitor of NLRP3, was applied for 30 min before other treatments. To confirm the effect of the drug, the cells were divided into the control group, OGD group, and OGD + Lg groups (10–1000  $\mu$ M Lg). In subsequent experiments, the cells were divided into the control group, OGD group, OGD + Lg group (200  $\mu$ M Lg), and OGD + Mcc950 group.

## Cell Viability Assay

A cell counting kit-8 (CCK-8, Dojindo, Japan) was used to determine the viability of BV2 cells subjected to OGD. BV2

**Table 1** Primers for RT-qPCR

| Primers           | Forward (5'–3')        | Reverse (5'–3')        |
|-------------------|------------------------|------------------------|
| NLRP <sub>3</sub> | CCAGCCAGAGTGGGAATGACA  | AGCGGGAGACAAATGGAGAT   |
| Caspase-1         | GGGACCCTCAAGTTTTGCC    | GACGTGTACGAGTGGTTGTATT |
| ASC               | AAGAGTCTGGAGCTGTGGCA   | CTGTGACCCTGGCAATGAGT   |
| IL-1 $\beta$      | AACTCAACTGTGAAATGCCACC | CATCAGGACAGCCCAGGTC    |
| Gsdmd             | CGAGTGGCCCAACTGCTTAT   | ATGGAACAAAGCGCAGCAAG   |

cells were seeded in 96-well plates at a density of  $2 \times 10^5$  cells/ml. After OGD, 10  $\mu$ l of CCK-8 reagent was added to each well of the 96-well plates followed by incubation at 37 °C for 2 h. The reaction was evaluated by measuring the absorbance at 450 nm. Five replicate wells were set up for each group, and the results shown are representative of 3 independent experiments.

### Enzyme-Linked Immunosorbent Assay (ELISA)

The supernatants of cultured cells were collected after OGD. IL-1 $\beta$  and IL-18 concentrations were measured with mouse IL-1 $\beta$  and IL-18 ELISA kits (Multi Sciences EK201B and EK218) according to the manufacturer's instructions. Three independent experiments were performed.

### Statistical Analyses

All data were analyzed with GraphPad Prism 8.0 software (GraphPad Software, San Diego, CA, USA). The data were first tested for normality, and Levene's test was performed to assess the uniformity of the variance. Quantitative data are expressed as the mean  $\pm$  S.D. If normally distributed, the data are expressed as the median and interquartile range. One-way analysis of variance (ANOVA) followed by Tukey's multiple comparison test was used for comparisons among multiple groups. Nonparametric analyses of mNSS were performed with the Kruskal–Wallis test. Student's *t* test was employed to compare the TTC-positive area between two groups.  $P < 0.05$  was considered statistically significant.

## Results

### Lg Reduces the Infarct Volume After dMCAO

The GLP-1R agonist Lg is a long-acting hypoglycemic drug that reduces blood sugar levels and body weight in diabetic patients over the long term. Since blood sugar levels can affect the prognosis of cerebral infarction [28], we first evaluated whether short-term application of Lg affects blood glucose levels. The results indicated that there was no significant difference in blood glucose levels or body weight between the Lg-treated and untreated dMCAO groups ( $p > 0.5$ ,  $7.73 \pm 0.47$  mmol/L versus  $7.42 \pm 0.45$  mmol/L on day 1; Fig. 2A and B), consistent with previous studies [29, 30]. TTC staining was used to measure the infarct volume in the different groups at day 3 and day 7 after dMCAO to analyze neurons. Compared with the untreated dMCAO group, the Lg-treated dMCAO group exhibited a significant reduction in the infarct volume ( $p = 0.0061$  on day 3; Supplementary Figs. 1A, B and 2 C, D). Together, these results suggest that Lg is safe, limits pathological progression after

dMCAO and may therefore constrain the infarct volume after dMCAO.

### Lg Improves Neurological Recovery

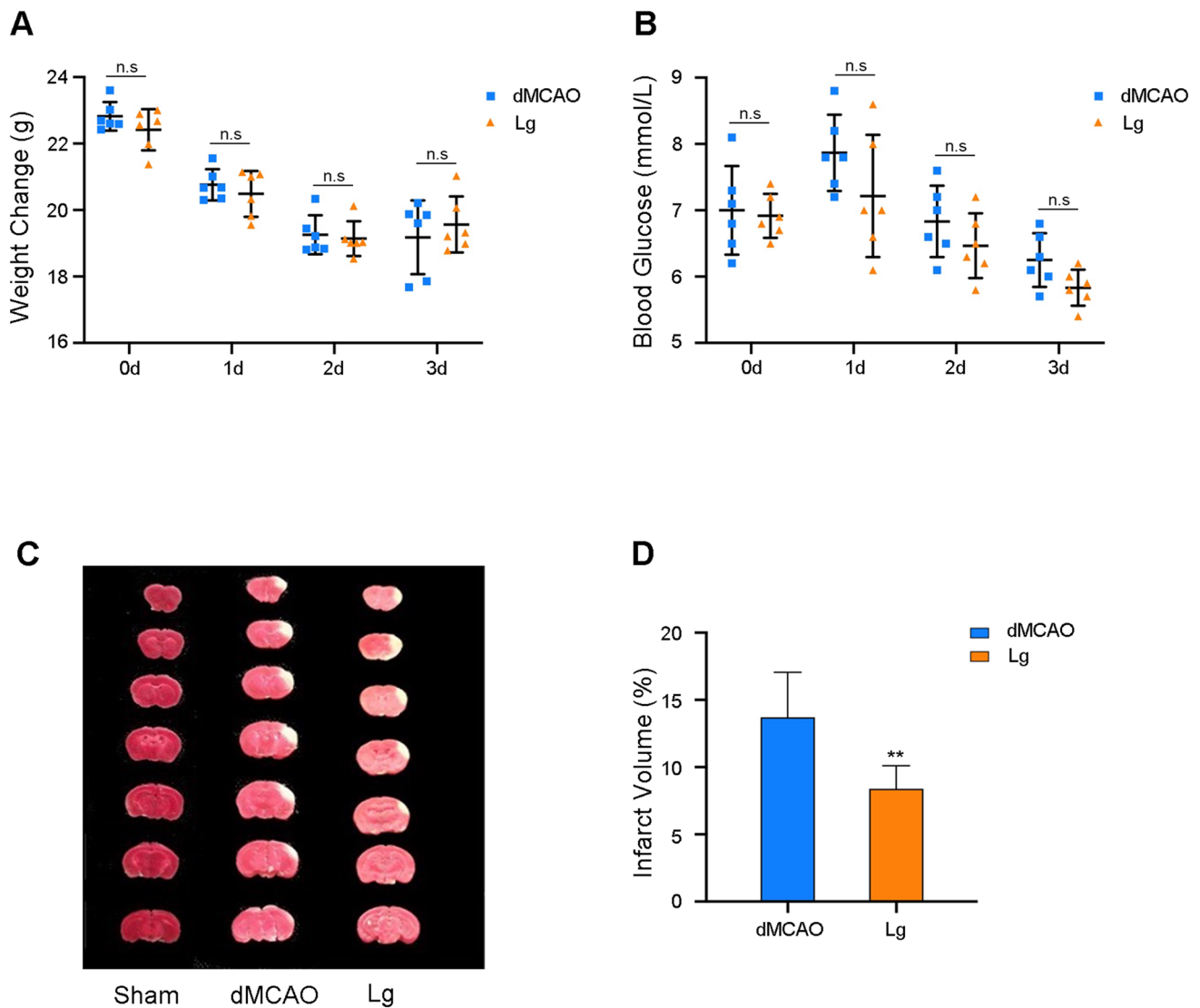
We then assessed mNSSs and conducted the rotarod test and gait analysis on consecutive days after dMCAO to evaluate neurological function recovery. Neurological function was dramatically impaired in both Lg-treated and untreated dMCAO animals compared to sham-operated animals (Fig. 3A). However, there was a significant improvement in the Lg-treated group ( $p < 0.05$ ,  $n = 10$ ), which displayed greater restoration of neurological function (Fig. 3A). Compared with no treatment, Lg significantly improved the performance of dMCAO animals in the rotarod test (Fig. 3B;  $p = 0.0128$ ,  $n = 10$ ). In addition, limb function was substantially restored in the Lg-treated mice (Fig. 3C–F). Compared to that of the untreated dMCAO animals, the instantaneous running speed of the mice in the Lg-treated dMCAO group increased continuously over 3 days, with the increase being particularly pronounced on day 3 ( $p = 0.0039$ ,  $n = 6$ ). The mice in the Lg-treated group had a shorter stride length (Lg-treated group:  $58.80 \pm 5.17$  mm versus untreated dMCAO group:  $67.26 \pm 4.54$  mm on day 3;  $p = 0.0130$ ,  $n = 6$ ), smaller average print area (Lg-treated group:  $17.02 \pm 1.87$  mm<sup>2</sup> versus control untreated group:  $20.08 \pm 1.88$  mm<sup>2</sup> at day 3;  $p = 0.0178$ ,  $n = 6$ ) and improved LF-Gait angles ( $p = 0.0497$ ,  $n = 6$ ) on day 3. All results reveal that Lg treatment significantly improves the motor function of C57BL/6 mice subjected to dMCAO.

### Lg Increases Cerebral Perfusion After Focal Cerebral Infarction

A laser speckle instrument was used to monitor the changes in CBF on the lesion side in dMCAO mice at different time points. On day 3 after the surgery, CBF on the lesion side was significantly increased in the Lg-treated group ( $p = 0.0191$ ), whereas there was no improvement in the untreated group (Fig. 4A, B), consistent with our previous findings [29, 31]. These results demonstrate that Lg may promote angiogenesis after focal cerebral ischemia in mice.

### Lg Inhibits Pyroptosis in the Peri-infarct Cortex After Stroke

To evaluate the potential relationship between Lg treatment and pyroptosis, we first determined the mRNA expression of pyroptosis-related genes on day 1 after surgery. The results revealed that the mRNA expression of NLRP3, IL-1 $\beta$ , Caspase1 and Gsdmd was upregulated in dMCAO mice compared with sham-operated mice ( $p = 0.0002$ ,  $0.0008$ ,  $0.0182$ , and  $0.0108$ , respectively; Fig. 5B) and that administration of

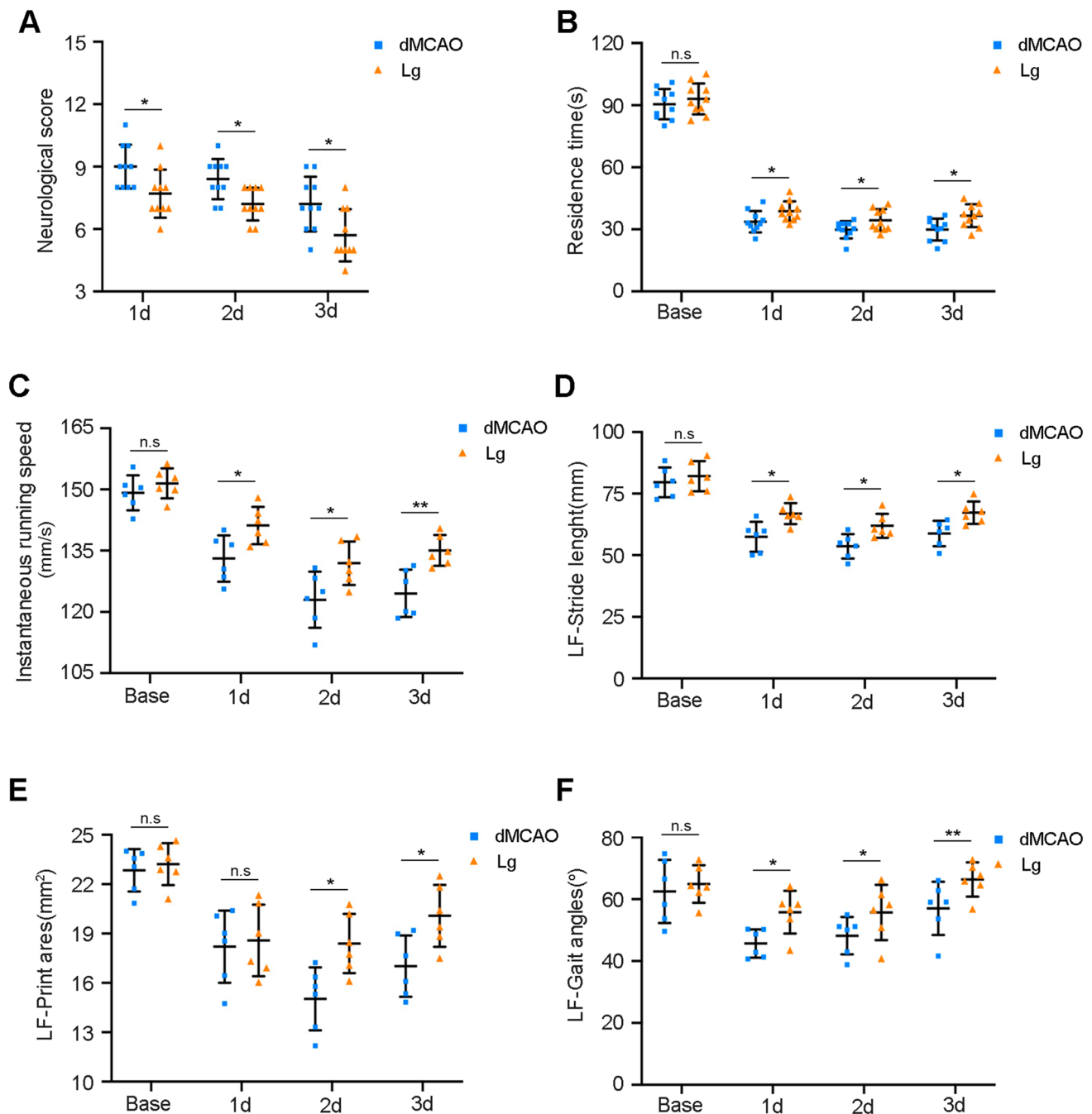


**Fig. 2** Liraglutide ameliorates infarct volume after dMCAO. Results for **A** animal body weight; **B** blood glucose level; **C** representative TTC-stained images in Lg-treated and control-treated dMCAO mice at day 3 after stroke; **D** quantification of the infarct volume. Data in

**A–C** (n=6) are expressed as mean ± SD. Graph bar in **A**, **B**, and **D** are based on unpaired two-tailed Student’s t-test. *n.s.* no statistical difference. \**p* < 0.05, \*\**p* < 0.01

Lg induced a downward trend in the mRNA levels of these molecules (*p* = 0.0019, 0.0006, 0.0284 and 0.0346, respectively; Fig. 5B). The changes in protein expression levels were consistent with the changes in gene expression. As shown in Fig. 5A, C and D, the protein levels of NLRP3, Pro IL-1β, Cleaved IL-1β, Caspase-1, Cleaved Caspase1 (p10) and Gsdmd were all reduced by Lg treatment (*p* = 0.0006, 0.0228, 0.0045, 0.0016, 0.0044, and 0.0346, respectively; indicated by the arrowheads). However, we did not observe a significant difference in the gene or protein expression of Asc following Lg treatment (Fig. 5A–D), suggesting that the effect of Lg in alleviating pyroptosis may not be mediated by alterations in Asc abundance after stroke. Lg also

significantly reduced the secretion of IL-1β and IL-18 by microglial cells subjected to OGD in vitro (Supplementary Fig. 2). In addition, immunohistochemical analysis of the brain tissues showed that the numbers of cells positive for NLRP3 (red), IL-1β (red), and Caspase1 (red) were markedly reduced in the Lg-treated dMCAO group compared to the untreated dMCAO group (*p* = 0.0110 for NLRP3; *p* = 0.0041 for IL-1β; *p* = 0.0414 for Caspase1; Fig. 5E–G). As shown in Fig. 5, staining for NeuN (green) demonstrated that Lg alleviated pyroptosis after cerebral ischemia. Taken together, these data suggest that Lg is capable of inhibiting pyroptosis in the peri-infarct cortex after stroke.



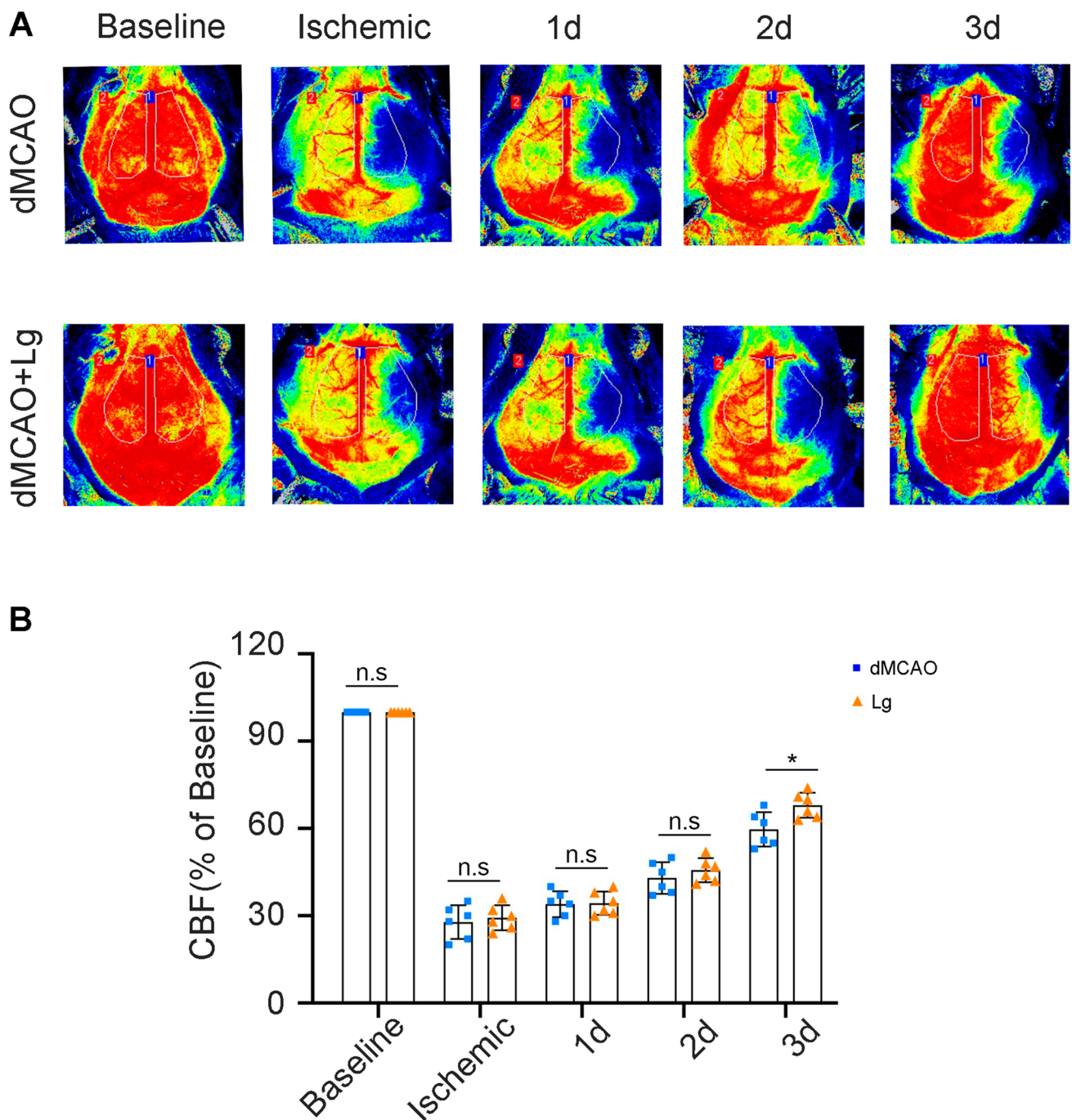
**Fig. 3** Liraglutide improves neurological recovery. Results of the **A** neurological deficits scores; **B** rotarod test-residence time; **C** instantaneous running speed test; **D** the stride length for the left limb test; **E** the LF-Print area test; **F** the LF-Gait angles test. Data of **A**, **B** ( $n=10$ )

are expressed as mean  $\pm$  SD, Data of **C–F** ( $n=6$ ) are expressed as mean  $\pm$  SD. Statistical significance was assessed by unpaired two-tailed Student's *t*-test. *n.s* no statistical difference. \* $p < 0.05$ , \*\* $p < 0.01$

### Lg Exerts an Antipyroptosis Effect by Inhibiting the NLRP3/Caspase1/IL-1 $\beta$ Pathway In Vitro

We further investigated the potential mechanism by which Lg prevents pyroptosis in microglial cells after OGD. We first subjected BV2 cells to OGD for various durations

(0–12 h) to determine the optimal duration of OGD. OGD treatment for 6 h led to approximately 50% cell death, so this time period was selected for the following experiments (Fig. 6A). The protein expression of NLRP3, Pro IL-1 $\beta$ , Cleaved IL-1 $\beta$ , Pro Caspase1, and Cleaved Caspase1 (p10) was upregulated in microglial cells exposed to OGD, and Lg



**Fig. 4** Liraglutide increases cerebral perfusion in mice with focal cerebral infarction. **A** representative images of Liraglutide treatment on the cerebral blood flow with 2-dimensional laser speckle imaging at indicated time points. **B** quantification of the ipsilateral CBF in

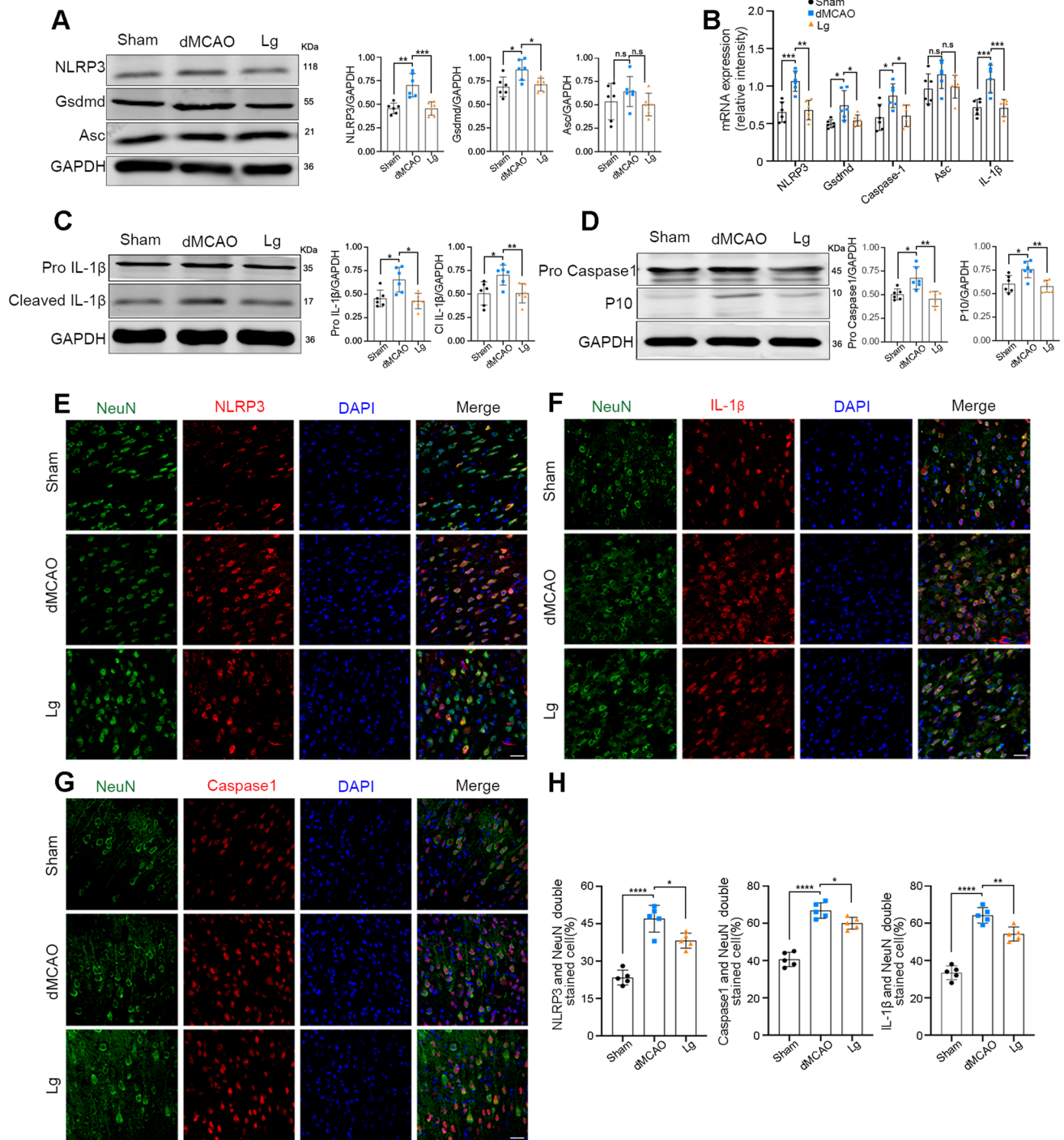
dMCAO mice in control and Lg treated groups. Data are expressed as mean ± SD (n=6); statistical significance was assessed by unpaired two-tailed Student's t-test. *n.s* no statistical difference. \**p*<0.05

treatment significantly reduced the expression levels of these proteins (\*\*\**p*<0.0001; Fig. 6C–G).

We employed Mcc950, a potent and specific small-molecule inhibitor of NLRP3, to further investigate the molecular mechanism underlying the effect of Lg. Compared with the OGD, treatment with Mcc950 decreased the

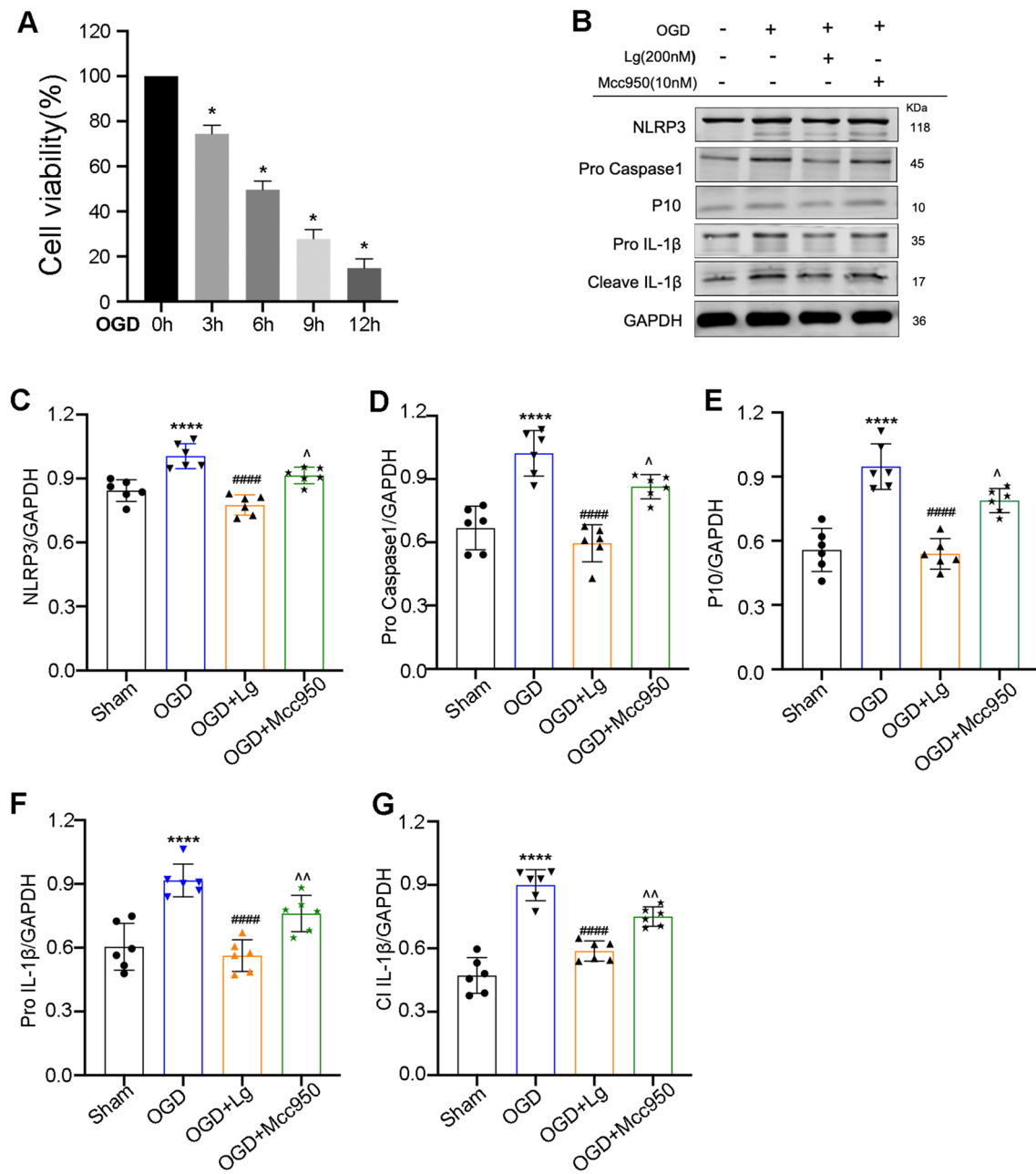
protein levels of NLRP3, Pro Caspase1, Cleaved Caspase1 (p10), IL-1β, and Cleaved IL-1β in BV2 cells, indicating that Mcc950 effectively suppressed the expression of the key molecules involved in pyroptosis (*p*=0.0186, 0.0307, 0.0142, 0.0035, and 0.0027, respectively; Fig. 6C–G).





**Fig. 5** Liraglutide inhibits pyroptosis in peri-infarct cortex after stroke. **A**, **C**, **D** Western blot and protein quantification analysis of the pyroptosis in peri-infarct cortex at day 1 in C57BL/6 mice after stroke; **B** mRNA expression of NLRP3, Gsdmd, Caspase-1, Asc, IL-1 $\beta$  in peri-infarct cortex at day 1 after stroke; **G** immunofluorescence labeling of NLRP3, ASC and IL-1 $\beta$  (red) and NeuN-positive (green) in Sham group, dMCAO control and dMCAO+Lg

treated mice at day 1 after dMCAO. (**Scale bar**, 20  $\mu$ m). **H** quantitative analysis of NLRP3, ASC and IL-1 $\beta$ -positive puncta. Data of **A–D** ( $n=6$ ) are expressed as mean  $\pm$  SD, Data of **E–G** ( $n=5$ ) are expressed as mean  $\pm$  SD. Statistical significance was assessed by One-way ANOVA with Tukey's post hoc test. *n.s* no statistical difference. \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$



**Fig. 6** Liraglutide mediates anti-pyroptosis functions through inhibiting the ARC/ NLRP3/Caspase-1/IL-1β pathway. **A** cell viability of BV2 cells at 0 h, 3 h, 6 h, 9 h, and 12 h after OGD. \* $p < 0.05$  (n=5). **B** protein levels of NLRP3, Caspase-1, cleaved-Caspase-1(p10), IL-1β, cleaved- IL-1β in Sham, OGD, OGD+Lg,

and OGD+Mcc950. **C–G** quantification of NLRP3, Pro Caspase-1, p10, Pro IL-1β, cleaved IL-1β gene expression in vitro. \*\*\*\* $p < 0.0001$  (OGD group vs. Sham group), #### $p < 0.0001$  (OGD+Lg group vs. OGD group), ^ $p < 0.05$  or ^^ $p < 0.01$  (OGD+Mcc950 group vs. OGD group)

### Discussion

In the present study, we employed both in vivo and in vitro models to identify a novel effect of Lg on pyroptosis after cerebral ischemia. Our data demonstrate that Lg treatment significantly reduced the brain infarct volume, improved motor function recovery and exerted anti-inflammatory

effects in a mouse model of focal cerebral cortical ischemia. This neuroprotective effect of Lg may be achieved by the inhibition of the NLRP3 inflammasome. To the best of our knowledge, this is the first study to provide proof of a potential anti-pyroptosis-mediated role for Lg in stroke.

Lg belongs to a family of human incretin GLP-1 analogs. It can cross the blood–brain barrier [32–34] and is widely

used in the treatment of diabetes, obesity [35], Alzheimer's disease, Parkinson's disease and multiple sclerosis [33, 36–39]. Lg binds to the GLP-1 receptor and stimulates the secretion of insulin to decrease blood glucose levels and rarely causes hypoglycemia [40]. Lg has a large number of functions, including antiapoptotic [41, 42], anti-inflammatory, antioxidative [9, 43], and antitumor [44] effects and the ability to promote vascular regeneration [45], dilate cerebral arterioles [46], and limit harmful increases in the levels of free radicals [47–49]. Considering the many targets of Lg, an increasing number of scholars are focusing on this analog in various cerebrovascular studies [48, 50]. It has been reported that Lg promotes brain repair through Sirt1-mediated improvement of mitochondrial function in stroke [51]. A recent study [52] discussed the potential efficacy of GLP-1 agonists in patients with acute ischemic stroke. Consistent with previous studies, our data confirm that Lg indeed reduces the cerebral infarct volume, promotes the recovery of nerve function in the brain and exerts neuroprotective effects (Figs. 2 and 3).

Pyroptosis, a special form of apoptosis, is a recently discovered mode of cell death associated with inflammation and mediated by inflammasome and Caspase1 activation [53]. A number of studies have explored the mechanisms of pyroptosis in different diseases, for example, the outcomes of ischemic stroke [54], Parkinson's disease, cerebral hemorrhage [55] and other systemic diseases [56, 57] can be better controlled by modulating pyroptosis. It has been recently shown that Lg ameliorates nonalcoholic steatohepatitis by inhibiting the NLRP3 inflammasome and pyroptosis activation via mitophagy. Selective NLRP3 inflammasome inhibitors can preserve cardiac function [58], and similarly, decreasing NLRP3-mediated inflammation protects the brain in mice with intracerebral hemorrhage [59]. However, the effect of Lg on pyroptosis in stroke remains unclear. The present study reveals that Lg treatment may downregulate the expression of pyrolysis-related proteins, especially NLRP3 (Fig. 4), suggesting that the neuroprotective effect of Lg is related to not only pyroptosis but also the NLRP3 protein. NLRP3 is known to play a pivotal role in the activation of Caspase1 and downstream cleavage of IL-1 $\beta$ , leading to pyroptosis [60, 61]. Our results demonstrate that Lg may inhibit the secretion of IL-1 $\beta$  and IL-18 in vitro (Supplementary Fig. 2). To further evaluate the underlying molecular mechanism, we used the administered NLRP3 inhibitor Mcc950 in vitro, and the results (Fig. 6) revealed that NLRP3 is the most plausible target of Lg in exerting anti-pyroptotic effects in cerebral ischemia.

The present study has several limitations. First, we focused only on the effect of Lg in adult male ischemic stroke model mice without other complications. This disregards the prominent role of diabetes mellitus in middle cerebral artery cortical infarction [62, 63], as well as the

potential effects in elderly patients and female patients. Further work is needed to address whether our findings related to Lg can be replicated in these settings. Second, all nerve cells, including neurons and microglia, can undergo pyroptosis. In this study, we only investigated the potential mechanism by which Lg inhibits pyroptosis of microglia; however, it is reasonable to assume that Lg has similar effects on pyroptosis in neurons. Further work will be conducted to assess the effect of Lg on neurons.

In summary, our study reveals that Lg has protective effects against pyroptosis in vitro as well as in vivo in the brain following stroke. The primary target of its antipyroptotic effect is the NLRP3 protein in the NLRP3/Caspase1/IL-1 $\beta$  pathway. The present study, together with our previous findings [29], suggests that Lg-induced neuronal protection is beneficial throughout the entire process of cerebral infarction. Therefore, Lg may be a promising drug for the treatment of ischemic stroke.

**Supplementary Information** The online version contains supplementary material available at <https://doi.org/10.1007/s11064-022-03574-4>.

**Funding** This work was generously supported by grants from the National Natural Science Foundation of China (Grant No. 81974184) and the Key Project of Medical Science Research in Hebei Province 2021 (Grant No. 20211706).

**Data Availability** Enquiries about data availability should be directed to the authors.

## Declarations

**Conflict of interest** The authors declare no competing interest.

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