

# Expression and Prognostic Significance of p53 in Glioma Patients: A Meta-analysis

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**Abstract** Glioma is a brain tumor deriving from the neoplastic glial cells or neuroglia. Due to its resistance to anticancer drugs and different disease progress of individuals, patients with high-grade glioma are difficult to completely cure, leading to a poor prognosis and low overall survival. Therefore, there is an urgent need to look for prognostic and diagnostic indicators that can predict glioma grades. P53 is one of the widely studied biomarkers in human glioma. The purpose of this study was to comprehensively evaluate the significance of p53 expression in glioma grades and overall survival. We searched commonly used electronic databases to retrieve related articles of p53 expression in glioma. Overall, a total of 21 studies including 1322 glioma patients were finally screened out. We observed that the frequency of p53 immuno-positivity was higher in high-grade patients than that in low-grade category (63.8 vs. 41.6 %), and our statistic analysis indicated that p53 expression was associated with pathological

grade of glioma (OR 2.93, 95 % CI 1.87–4.60,  $P < 0.00001$ ). This significant correction was also found in 1-, 3- and 5-year overall survival. However, no positive relationship was found between age, sex, tumor size and p53 expression in patients with glioma. In conclusion, our results suggested that p53 immunohistochemical expression might have an effective usefulness in predicting the prognosis in patients with glioma.

**Keywords** Glioma · p53 · Immunohistochemical · Expression · Meta-analysis

## Introduction

Glioma, originates from glial cells, is the most common type of primary brain tumor in adults [1, 2]. It accounts for 81 % of all malignant cerebral tumors, leading to significant mortality and morbidity with a poor survival outcome [3]. The incidence of glioma varies by gender, race, age at diagnosis and histologic type [4]. According to the World Health Organization (WHO) classification in 2007, glioma is divided into grade I, II, III and IV, among which low-grade gliomas (I and II) are well-differentiated with a better prognosis, while high-grade gliomas (III and IV) are undifferentiated with a worse prognosis [5]. Although major progresses have made in treatment, it remains the public concern especially in oncology and neurosurgery, with the overall survival (OS) rate decrease year after year [6]. Thus, it is necessary to explore effective biomarkers which would be useful in predicting the gliomas status thereby increasing the OS.

Several molecular markers have been identified to be beneficial to the varying prognoses of gliomas [7–9]. P53 gene, located on human chromosome 17p13, is a tumor

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suppressor, and has been detected as possible predictive and prognostic factor in gliomas [10]. It is a nuclear phosphoprotein that functions as a transcription factor, and can inhibit DNA replication [11], regulate apoptosis [12], slow proliferation [13], and control cell motility and invasion [14]. P53 expression was shown to be upregulated in patients with colorectal cancer [15], endometrial cancer [16], breast cancer [17], and head and neck squamous cell carcinoma [18]. Furthermore, the network of p53 target genes thus functions as an important regulator of cancer prevention and aging [19]. Understanding the role of p53 in grade and prognosis of gliomas, which can provide clinical insights into the efficacious therapeutic strategy is urgent crucial.

Recent studies confirmed that p53 played an important role in regulating glioma. However, the results remain inconclusive. Pollack et al. [20] found a significant relationship between overexpression of p53 and progression-free survival at five years ( $P < 0.001$ ). Mokhtari et al. [21] showed that p53 expression might be used in current classification of gliomas for clinical studies. While Newcomb et al. [22] demonstrated that altered expression of p53 gene did not influence the survival of patients with glioblastoma. Antonelli et al. [23] identified that TP53 mutations but not p53 expression might correlate with pediatric high-grade gliomas. Therefore, we conducted this meta-analysis to systematically review and evaluate the role of p53 expression in patients with glioma based on all published articles.

## Materials and Methods

### Search Strategy

We searched the commonly used electronic databases of Medline, Emabase, PubMed, CNKI and Wanfang to retrieve related articles published between January 2000 and 2015. The following MeSH: “glioma”, “p53 expression”, “prognosis”, and “survival” as well as their combinations were employed as the searching keywords. References of retrieved studies were searched manually. We only focused on studies that conducted in humans. When the same authors reported two or more articles on the same issue, only the most recent full-text was included.

### Inclusion Criteria

Eligible studies included must meet the following criteria: (1) patients were confirmed with the diagnostic criteria of glioma by the department of pathology, and were classified based on current WHO guidelines [5]; (2) p53 expression was evaluated by using immunohistochemistry (IHC)

methods or RT-PCR; (3) the main results focused on WHO grade and OS; and (4) the relevant data of each studies was available to extract.

### Data Extraction

Two experts independently estimated the data from each relevant studies, any disagreement was resolved by discussing with a third expert to reach a consensus on each item. The following information was extracted from each included studies: the name of first author, published year, mean age, sample size, cutoff point for protein positivity, WHO grades of glioma patients and their positive rate.

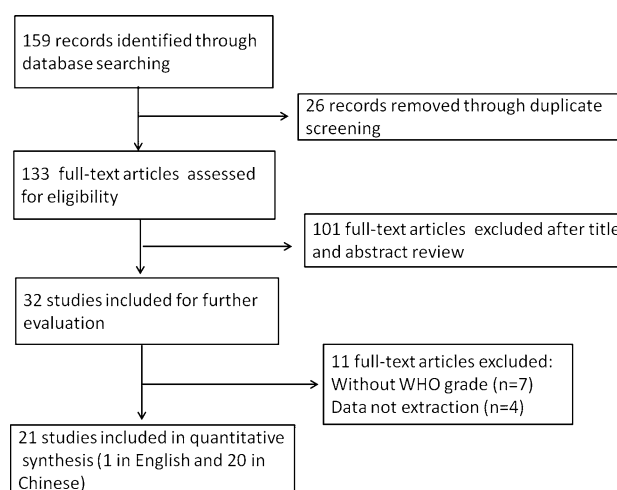
### Statistical Analysis

The RevMan5.2 program was employed to conduct the statistical analysis. The significance of p53 expression in glioma patients was estimated by risk ratios (RRs) or odds ratios (ORs) and its 95 % confidence intervals (CI). The Z-test was used to determine the statistical significance with a  $P$  value less than 0.05 considered significant. Between-study heterogeneity was assessed by the Q-test and the  $I^2$  test. The random-effect model was used when the effect were heterogeneous ( $P$ -value  $\leq 0.01$  for the Q-test and  $I^2 \geq 50$  % for the  $I^2$  test), while the fixed-effect model was used when it was homologous.

## Results

### Characteristics of Included Studies

We firstly identified 159 articles. After deleting the duplicate ones and applying the inclusion criteria, only 21



**Fig. 1** Selection process of literature search in this meta-analysis

articles were finally screened out, including 1322 glioma patients. The selection process was shown in Fig. 1. Of the 21 studies, one were written in English [24] and 20 in Chinese [25–44]; All of them were conducted in Chinese population. The sample size ranged from 38 to 152. P53 expression was evaluated by using IHC method in all articles. Positive expression of p53 protein was detected in 711 glioma patients (53.8 %, range from 33.3 to 68.9 %). The cutoff points for p53 expression selected in most studies was that 10 % or less positive cell percentage was scored as no staining (–); 10–25 % as weak intensity (+); 26–50 % as moderate intensity (++); 51 % or more as strong intensity (+++). The main characteristics of included studies were presented in Table 1.

**Association Between p53 Expression and WHO Grade of Glioma**

Patients with glioma were divided into two groups according to WHO grade: low-grade (I+II) group and high-grade (III+IV) group. There were 739 high-grade and 583 low-grade patients in all included studies, respectively. A significant heterogeneity was found between-studies, and the random-effect model was used. The frequency of p53

immunopositivity was shown to be higher in high-grade patients than that in low-grade group (63.8 vs. 41.6 %), and our statistical analysis indicated there was a significant difference between p53 expression and grades of glioma patients. Overall, our results demonstrated that p53 expression was associated with pathological grade of glioma (OR 2.93, 95 % CI 1.87–4.60,  $P < 0.00001$ ) as shown in Fig. 2.

We also examined the correlation of p53 expression in glioma and normal tissues. A total of 12 studies contained 815 glioma patients and 130 controls. This results showed that p53 expression was connected with glioma as well (OR 23.16, 95 % CI 10.51–51.03,  $P < 0.00001$ ) in the fixed-effect model as shown in Fig. 3.

**Correlation Between p53 Expression with Sex, Age and Tumor Size in Patients with Glioma**

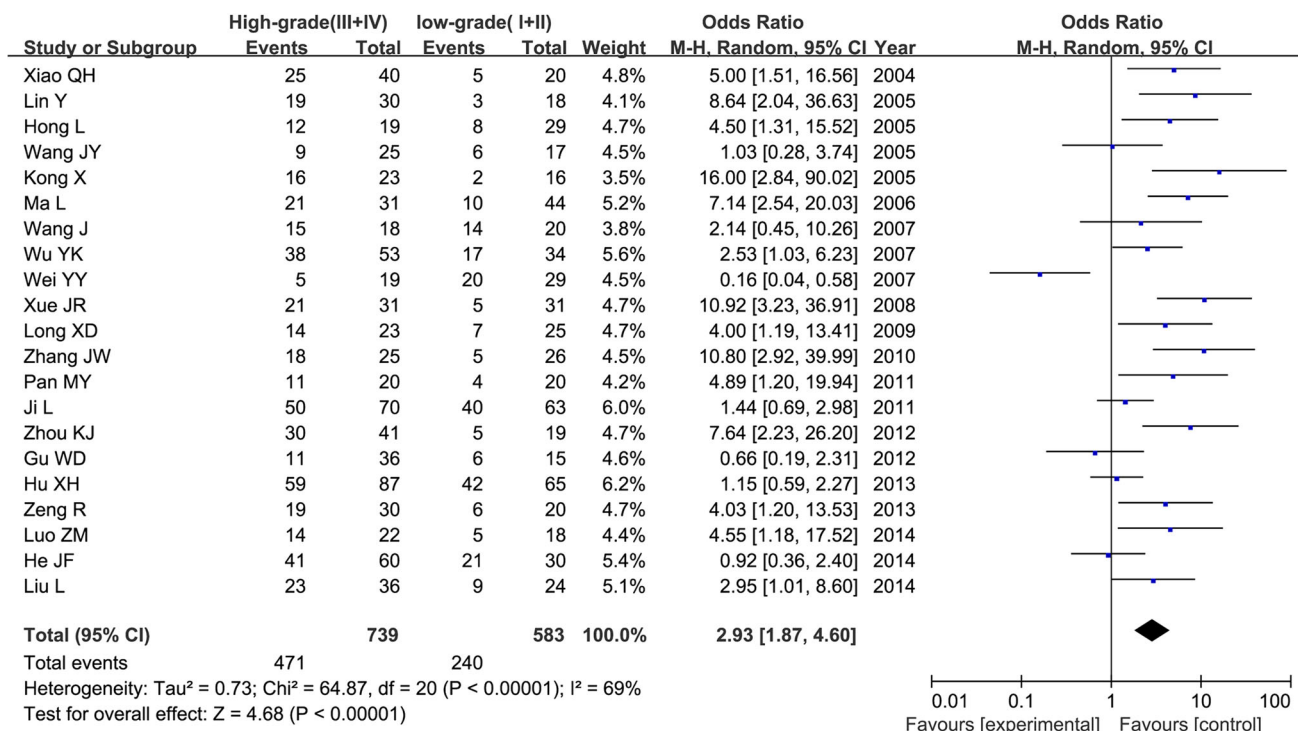
Three studies including 86 male patients and 65 female patients concerned the sex issue. Our result did not find a significant association between p53 expression and sex variable (OR 1.19, 95 % CI 0.62–2.29,  $P = 0.60$ ) in the fixed-effect model as shown in Fig. 4a.

Three studies focused on the age issue. For different age stages were presented, we divided ages into two

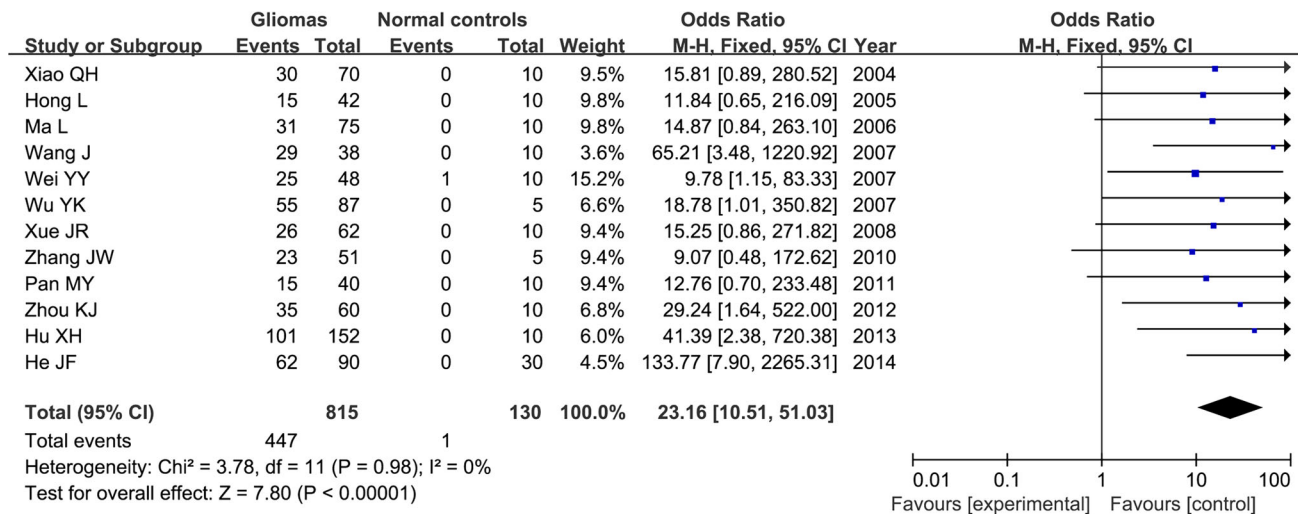
**Table 1** Main characteristics of included studies

First author	Year	Age Rang (mean)	Sample size M/F	Grade				Cutoff
				Low (I+II)		High (III+IV)		
				P	Total	P	Total	
Xiao QH	2004	10–68 (35)	42/18	5	20	25	40	5 %
Hong L	2005	NA	NA	6	17	9	25	10 %
Kong X	2005	6–70 (36.9)	31/17	8	29	12	19	25 %
Lin Y	2005	12–78 (37.8)	21/17	2	16	16	23	25 %
Wang JY	2005	5–64	25/23	3	18	19	30	10 %
Ma L	2006	18–69 (39.6)	NA	10	44	21	31	5 %
Wang J	2007	19–78 (48.7)	14/24	14	20	15	18	10 %
Wei YY	2007	6–70 (36.9)	31/17	20	29	5	19	5 %
Wu YK	2007	16–75	NA	17	34	38	53	25 %
Xue JR	2008	16–81 (39)	39/23	5	31	21	31	NA
Long XD	2009	24–56 (39)	29/19	7	25	14	23	5 %
Zhang JW	2010	17–79	31/20	5	26	18	25	10 %
Ji L	2011	7–80	83/50	40	63	50	70	5 %
Pan MY	2011	16–76	25/15	4	20	11	20	25 %
Gu WD	2012	17–70	28/23	6	15	11	36	10 %
Zhou KJ	2012	18–65	32/28	5	19	30	41	10 %
Hu XH	2013	21–79 (40.3)	85/67	42	65	59	87	25 %
Zeng R	2013	20–60 (41)	27/23	6	20	19	30	10 %
He JF	2014	NA	NA	21	30	41	60	Score = 1
Liu L	2014	39–75	29/31	9	24	23	36	10 %
Luo ZM	2014	44.5	26/14	5	18	14	22	10 %

M/F male/female, NA not applicable, P positivity number



**Fig. 2** Meta-analysis of the individual and pooled OR with 95 % CI about p53 expression in patients with high grade (III + IV) and low grade (I + II) glioma



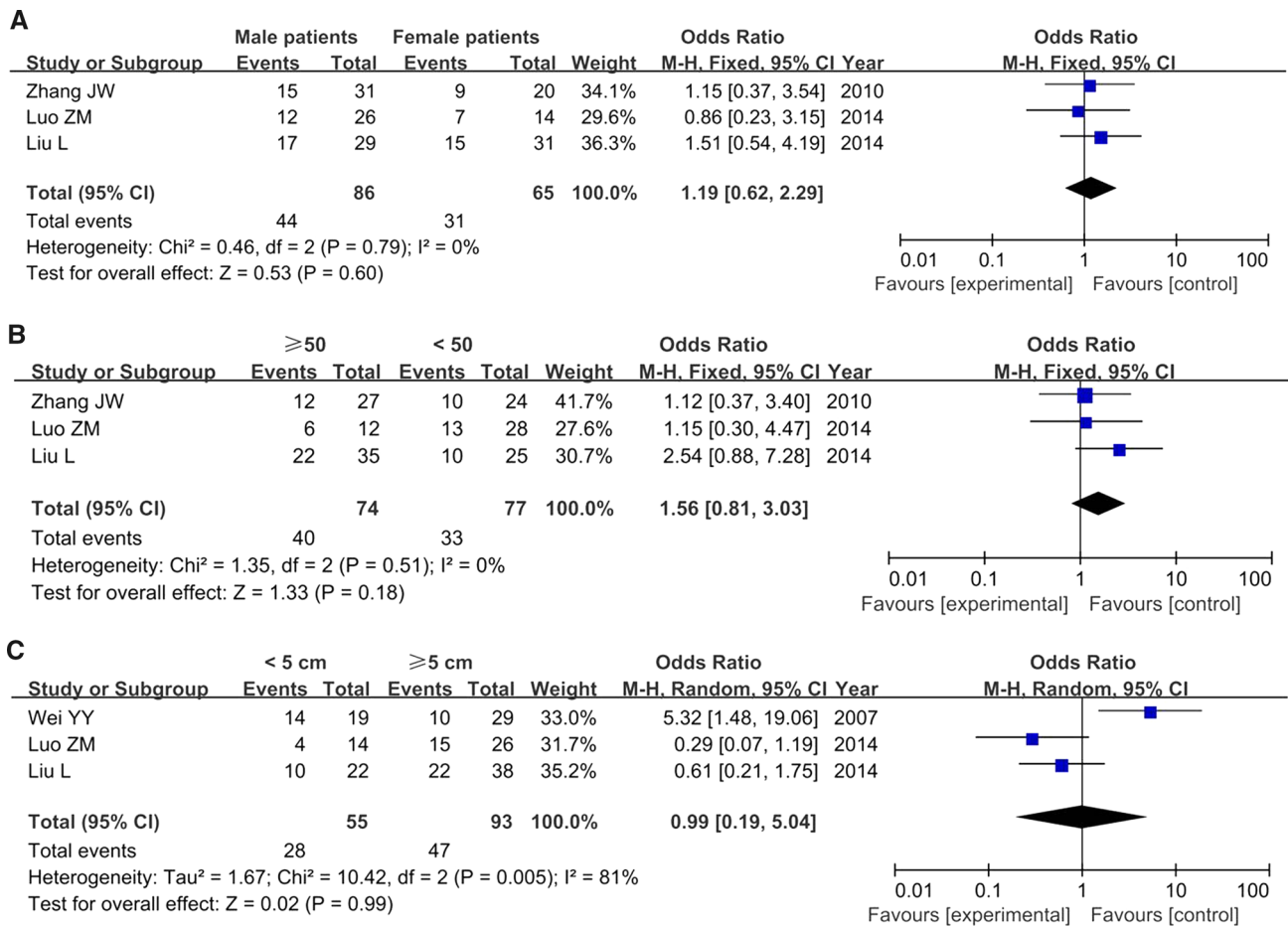
**Fig. 3** Cumulative meta-analysis of the association of p53 expression in gliomas patients and normal controls

comparable groups ( $\geq 50$  and  $< 50$  year-old). As shown in Fig. 4b, our result detected no difference between p53 expression and age difference (OR 1.56, 95 % CI 0.81–3.03,  $P = 0.18$ ).

Three articles concerned the tumor size, including 148 glioma patients. Our result showed no relationship between tumor size and p53 expression (OR 0.99, 95 % CI 0.19–5.04,  $P = 0.99$ ) in the random-effect model as shown in Fig. 4c.

**Correlation of p53 Expression with Overall Survival (OS)**

Four articles were obtained, including 310 glioma patients. Two articles concerned the 1-year OS, two in the 3-year OS, two in the 5-year OS. Our result showed that p53 expression was significantly associated with 1-year OS (RR 3.32, 95 % CI 1.46–7.53,  $P = 0.004$ ) in the fixed-effect



**Fig. 4** Forest plot of association between p53 expression and gender (a), age (b) and tumor size (c) in patients with glioma

model. This significant association was also found with 3-year OS (RR 2.10, 95 % CI 1.25–3.53, *P* = 0.005), and 5-year OS (RR 1.40, 95 % CI 1.13–1.74, *P* = 0.002). Figure 5 showed the relationship of p53 expression with OS in glioma patients.

One article concerned the survival times of patients with glioma. The data from the study conducted by Xiao et al. could not be extracted, but the result revealed a significant effect of p53 expression on the cumulative survival time (*P* < 0.01), indicating that p53 expression played a role on survival time.

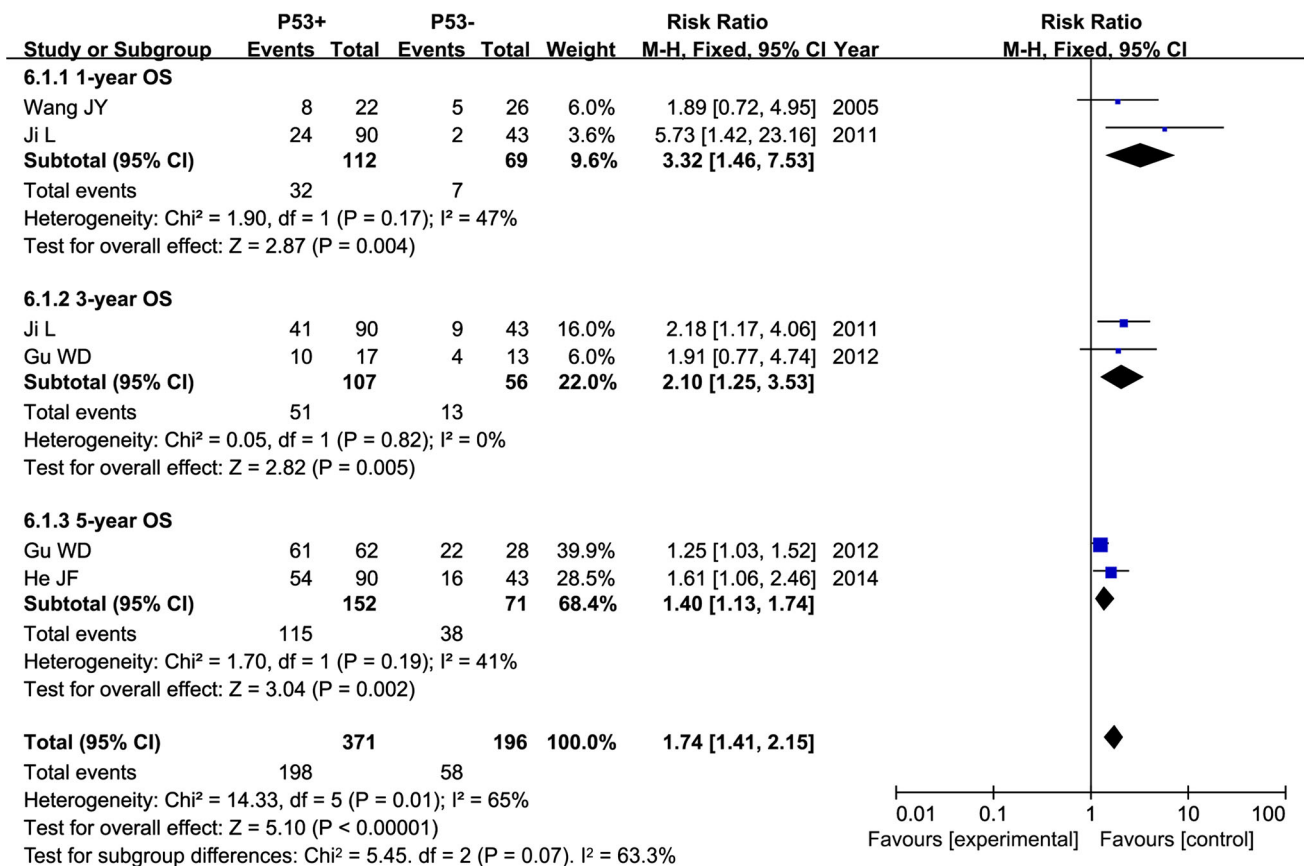
**Sensitivity Analysis and Publication Bias**

Each individual study was deleted one time to observe whether the single study would affect the pooled OR. Our result showed that the OR was not affected by omitting the included studies. The funnel plots were employed to reveal the publication bias, as shown in Fig. 6, no obvious asymmetry was presented, further indicating no publication bias in this study.

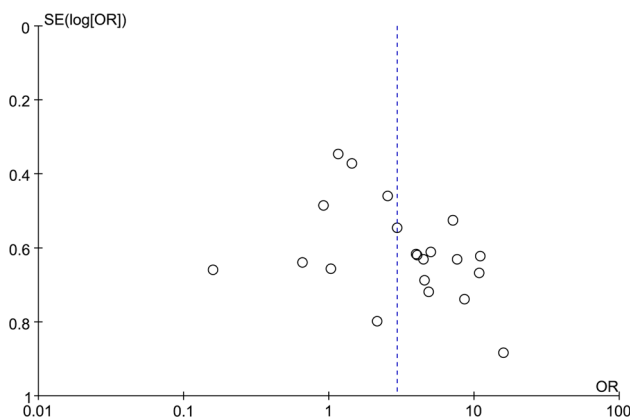
**Discussion**

In this meta-analysis, we identified 21 articles that investigated the effect of p53 expression in glioma prognosis and pathology. Overall, our results showed that p53 expression was associated with pathological grades of glioma. This significant association was also found in 1-, 3-, and 5-year OS. However, no correction was found between p53 expression and sex, age and tumor size. These results suggested that positive p53 expression could effectively predict patient with high-grade glioma (III+IV) and OS. Our results were not consistent with previous meta-analysis which did not find the significance of p53 expression as a prognostic marker in patients with astrocytomas (one type of the high-grade gliomas) [45]. This was the first meta-analysis that systematically evaluated the role of p53 expression in patients with glioma grades.

P53, the tumor suppressor gene, plays a vital role in control of the cell cycle and apoptosis [46]. It also regulates the transcription of multiple genes which involved in a complex carcinogenesis signaling pathway. The p53



**Fig. 5** Forest plot of association between p53 expression and overall survive (OS) in patients with glioma



**Fig. 6** Funnel plot for p53 expression in grades of glioma, revealing no obvious evidence of publication bias

protein is a promise cancer therapeutic target, and drug target for novel therapies in glioma [47]. Recent studies have showed that p53 expression was common in glioma, which involved in the pathogenesis, patient prognosis, and therapeutic targeting [48]. Glioma stem cells depended on signaling pathways to regulate survival and tumor radio resistance in a p53-dependent manner [49]. P53 expression appeared to be helpful in the setting of diffuse low-grade

glioma phenotype diagnosis [50], and were maximally noted in patients with poorer outcome in pediatric glioblastoma multiforme [51]. IHC staining with p53 might serve as an additional useful tool in determining the clinical course in combination with and as an adjunct to tumor grade [52], and studies have demonstrated a positive correlation between p53 expression with the grade of malignancy, according with the WHO classification [53].

P53 may play a role in glioma through interacting with other gene expression. Studies have identified that p53-induced miR-107 could suppresses proliferation of glioma cell [54]. Wild-type p53-induced phosphatase 1 was shown to be conferred poor prognosis of patients with glioma, which was related with pathological diagnosis and prognosis evaluation for malignant glioma [55]. Isocitrate dehydrogenase 1 mutation in diffuse glioma correlated significantly with p53 expression [56]. Activation of p53 might be a therapeutic option in patients with high-grade glioma which expressed both a high level of  $\alpha 5\beta 1$  integrin and functional p53 [57].

P53 may involve in glioma therapeutic strategy. P53 overexpression was found to be the only significant molecular prognostic factor for outcome in patients with glioblastoma [58]. P53 status may influence response to

temozolomide in differentiated cells in a glioblastoma [59]. The beneficial effect of combination treatment with temozolomide and CQ in glioma via differential autophagy-associated mechanisms, depending on p53 status [60]. Combining SGT-53 with temozolomide appears to limit development of temozolomide resistance, prolonging its anti-tumor effect and could be a more effective therapy for glioblastoma [61].

Recently, mutant p53 was proven to be associated with a broad range of cancers risk, and might be useful in developing new therapeutic approaches [62]. P53 variants might influence p53 gene status and protein expression, thus involving in glioma risk and relating with tumor pathology. This gene mutations were frequently found in all malignancy stages of glioma, and corrected with increased susceptibility to glioma [63]. The association between global statistical test of glioblastoma and p53 haplotypes was shown to be significant ( $P = 0.02$ ) [64]. Glioma tumor grade correlated with parkin depletion in mutant p53-linked tumors due to loss of p53 transcriptional activity [65]. Previous meta-analysis proved that the polymorphism of p53 codon 72 Arg/Pro might play a protective role in the development of glioblastoma [66]. P53 mutations seen in pediatric glioblastoma multiforme were associated with a poor prognosis [67].

P53 expression was also associated with prognosis in patients with other diseases. Yao et al. [68] demonstrated that p53 overexpression was an independent predictor of poorer OS and prognosis in patients with early stage esophageal squamous cell carcinoma. Gunia et al. [69] identified that the five-year cancer-specific survival of patients with penile cancer was higher in p53-negative than that in p53-positive, indicating that p53 expression predicted poor prognosis and was negatively associated with cancer specific survival.

Several limitations were presented in our study. Firstly, all of the included studies were conducted in Chinese population, patients in other ethnicities were also should be considered. Secondly, p53 status should be divided into p53 expression normal or p53 overexpression. Moreover, p53 mutation which would affect its expression should be included in the future researches. Thirdly, patients with glioma might be in different conditions (receiving different treatment or not). Fourthly, expression of other genes which may interact with p53 should be considered. Lastly, the cutoff point for p53 expression was different which might influence our results.

In conclusion, our results suggested that p53 expression was corrected with glioma grade and OS, not associated with age, sex and tumor size. These outcomes indicated that p53 might be a prognostic biomarker in patients with glioma. Further studies with large scale, more ethnicities, and other interacted genes should be included.

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#### Compliance with Ethical Standards

**Conflict of interest** We declare that we have no conflict of interest.

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