ORIGINAL PAPER



# **Brain Arachidonic Acid Incorporation and Turnover are not Altered in the Flinders Sensitive Line Rat Model of Human Depression**

Helene Blanchard<sup>1</sup> · Lisa Chang<sup>1</sup> · Amir H. Rezvani<sup>2</sup> · Stanley I. Rapoport<sup>1</sup> · Ameer Y. Taha<sup>3</sup>  $\bigcirc$ 

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Abstract Brain serotonergic signaling is coupled to arachidonic acid (AA)-releasing calcium-dependent phospholipase A<sub>2</sub>. Increased brain serotonin concentrations and disturbed serotonergic neurotransmission have been reported in the Flinders Sensitive Line (FSL) rat model of depression, suggesting that brain AA metabolism may be elevated. To test this hypothesis, <sup>14</sup>C-AA was intravenously infused to steady-state levels into control and FSL rats derived from the same Sprague-Dawley background strain, and labeled and unlabeled brain phospholipid and plasma fatty acid concentrations were measured to determine the rate of brain AA incorporation and turnover. Brain AA incorporation and turnover did not differ significantly between controls and FSL rats. Compared to controls, plasma unesterified docosahexaenoic acid was increased, and brain phosphatidylinositol AA and total lipid linoleic acid and n-3 and n-6 docosapentaenoic acid were significantly decreased in FSL rats. Several plasma esterified fatty acids differed significantly from controls. In summary, brain AA metabolism did not change in FSL rats

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- <sup>1</sup> Brain Physiology and Metabolism Section, Laboratory of Neuroscience, National Institute on Aging, National Institutes of Health, Bethesda, MD, USA
- <sup>2</sup> Department of Psychiatric and Behavioral Sciences, Duke University Medical Center, Durham, NC, USA
- <sup>3</sup> Department of Food Science and Technology, College of Agriculture and Environmental Sciences, University of California, RMI North, Room 3162, Davis, CA, USA

despite reported increased levels of serotonin concentrations, suggesting possible post-synaptic dampening of serotonergic neurotransmission involving AA.

**Keywords** Depression model · Arachidonic acid · Turnover · Metabolism · Flinders Sensitive Line rat · Fatty acids · Brain lipid concentrations · Kinetic

## Abbreviations

ADDIEVIALIOIIS				
5-HT	Serotonin			
5-HTT	5-HT transporter			
α-LNA	Alpha-linolenic acid			
AA	Arachidonic acid			
AA-CoA	Arachidonoyl-CoA			
AUC	Area under the curve			
ChoGpl	Choline glycerophospholipid			
cPLA <sub>2</sub>	Cytosolic phospholipase A <sub>2</sub>			
CSF	Cerebrospinal fluid			
DFP	Diisopropyl fluorophosphate			
DHA	Docosahexaenoic acid			
DOI	2,5-Dimethoxy-4-iodoamphetamine			
	hydrochloride			
GC	Gas Chromatography			
EtnGpl	Ethanolamine glycerophospholipid			
DPA	Docosapentaenoic acid			
EPA	Eicosapentaenoic acid			
FAME	Fatty Acid Methyl Ester			
FRL	Flinders Resistant Line			
FSL	Flinders Sensitive Line			
LA	Linoleic acid			
PtdIns	Phosphatidylinositol			
PdtSer	Phosphatidylserine			
SFA	Saturated fatty acids			
MUFA	Monounsaturated fatty acids			
PUFA	Polyunsaturated fatty acids			
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Ameer Y. Taha ataha@ucdavis.edu

SD	Sprague–Dawley
SSRI	Selective serotonin reuptake inhibitors
TLC	Thin Layer Chromatography

# Introduction

Reduced serotonergic neurotransmission is one of many neurochemical disturbances in major depression [1]. This is evidenced by studies showing reduced serotonin (5-HT) receptor binding sites in post-mortem hippocampus from anti-depressant-free depressed suicide victims, compared to non-depressed controls [2], as well as reductions in regional binding of serotonin to 5-HT 1A and 2A receptor subtypes [3, 4]. Serotonin binding to the 5-HT transporter (5-HTT) is increased in patients with major depression compared to healthy controls, reflecting reduced synaptic serotonin clearance [5]. Selective serotonin reuptake inhibitors (SSRIs), such as fluoxetine, are clinically effective in the treatment of depression, because they increase synaptic serotonin levels by targeting 5-HTT, thus blocking 5-HT reuptake from the synaptic cleft [6, 7].

Serotonergic transmission is coupled to group IV calciumdependent phospholipase A2 (cPLA2) [8], which selectively hydrolyzes omega-6 arachidonic acid (AA, 20:4n-6) from the sterospecifically numbered-2 (sn-2) position of membrane phospholipids [9]. Using quantitative autoradiography, radiolabeled <sup>14</sup>C-AA incorporation into rodent brain was reported to increase following 5-HT<sub>2A/2C</sub> receptor activation by the partial agonist, 2,5-Dimethoxy-4-iodoamphetamine hydrochloride (DOI) [10]. Chronic fluoxetine, which increases synaptic serotonin levels by targeting 5-HTT, increased brain AA incorporation and turnover, in association with increased  $cPLA_2$  activity [11–13]. The increase in AA incorporation following activation of serotonergic neurotransmission reflects post-synaptic coupling between AA-releasing cPLA<sub>2</sub> and 5-HT neuroreceptors [8, 14, 15].

The Flinders Sensitive Line (FSL) rat is a well-characterized genetic animal model of human depression obtained by selective breeding of Sprague Dawley (SD) rats for increased sensitivity to the anticholinesterase agent diisopropyl fluorophosphate (DFP) [16, 17]. This animal model shows face, construct and predictive validity, in that depressive-like symptoms and disturbances in serotonergic neurotransmission are reversed by SSRIs [18]. Behavioral characteristics of FSL rats include anhedonia, reduced locomotion and activity, sleep disorders and cognitive impairment, which are improved by chronic treatment with antidepressants such as desipramine, fluoxetine, imipramine or sertraline [17].

Serotonergic function is impacted in FSL rats. Compared to SD controls, FSL brains show reduced 5-HT synthesis [19], three to eightfold increased concentration of serotonin and its 5-hydroxyindoleacetic acid metabolite in the nucleus accumbens, prefrontal cortex, hippocampus and hypothalamus [20], reduced 5-HTT density [7], decreased  $5HT_{1A}$  receptors and increased  $5HT_{1B}$  receptors [21, 22]. Compared to a control strain less sensitive to DFP, the Flinders Resistant Line (FRL), FSL rats were reported to have reduced mRNA expression of  $5-HT_{2A}$  in perirhinal cortex, piriform cortex and medial anterodorsal amygdala nucleus, and increased  $5-HT_{2A}$  mRNA in hippocampal CA2 and CA3 regions [23]. The FSL rats also show reduced cholinergic [17, 24], noradrenergic [25] and dopaminergic [26] neurotransmission and increased glutamatergic transmission [27] compared to SD controls.

Brain AA composition is altered in FSL rats, suggesting a link between depression and brain lipid metabolism. Green et al. [28, 29] reported increased brain AA fractional concentrations (i.e. percent of total fatty acids) and AAcontaining phosphatidylcholine in hypothalamus, nucleus accumbens, prefrontal cortex or striatum of FSL rats compared to controls. Changes in brain AA concentrations could be linked to disturbed AA-metabolizing cPLA<sub>2</sub> and reduced serotonergic transmission in FSL rats.

In view of the coupling between serotonergic neurotransmission and AA-releasing cPLA<sub>2</sub> [8], and disturbed serotonergic neurotransmission associated with regional three to eightfold increases in brain serotonin concentrations in FSL rats [20], we hypothesized that brain AA turnover, a marker of AA signaling, would increase in the FSL model of depression. Changes in brain AA metabolism were expected also because of the reported changes in brain AA fractional concentrations in FSL rats [28, 29].

We used the in vivo kinetic method developed by Rapoport and colleagues [30, 31] to measure brain AA incorporation and turnover in FSL and non-littermate SD control rats. Radiolabeled <sup>14</sup>C-AA was infused intravenously for 5 min in unanaesthetized FSL and SD control rats, and brain and plasma unlabeled fatty acid and acyl-CoA concentrations, as well as labeled AA and arachidonoyl-CoA (AA-CoA) concentrations were measured to calculate turnover. We found no significant differences in brain AA incorporation or turnover between FSL and SD rats.

## **Materials and Methods**

## Animals

Experiments were conducted in accordance with the National Institutes of Health guidelines for animal care (Publication no. 86-23) and followed a protocol approved by the Animal Care and Use Committee of the *Eunice Kennedy Shriver* National Institute of Child Health and

Human Development. Adult FSL rats were obtained from Duke University (Durham, NC, USA). Male SD rats (Harlan Laboratories, Indianapolis, IN, USA) were used as controls. The FSL colony was established by selective breeding of SD rats, based on their sensitivity to the cholinergic agent DFP [17, 32]. FSL rats were obtained from a breeding colony established at Duke University by Dr. Amir H. Rezvani.

Initially, seven control and seven FSL male rats were obtained at 8 weeks of age. Two of the FSL rats turned out to be females because they gave birth when they arrived at the NIH vivarium. They and their pups were therefore euthanized. The remaining animals were sexed and confirmed to be males.

SD and FSL rats were housed (3-4 per cage) in an animal facility with regulated temperature, humidity and light cycle (12 h dark cycle) until they reached 16-17 weeks of age. They had free access to water and food. Rats were fed the 5001 diet (LabDiet, Richmond, IN, USA) which contained (as % total fatty acid): 33.5 % saturated fatty acids, 32.1 % monounsaturated fatty acids, 29.6 % linoleic acid (LA, 18:2n-6), 2.2 % α-linolenic acid (\alpha-LNA, 18:3n-3), 1.5 \% eicosapentaenoic acid (EPA, 20:5n-3) and 1.1 % docosahexaenoic acid (DHA, 22:6n-3), which was the diet used in the Duke University facility. The fatty acid composition of the diet was determined by gas-chromatography following extraction of total lipids from food pellets using chloroform:methanol (2:1, v:v) and transesterification with 1 % H<sub>2</sub>SO<sub>4</sub> in methanol as previously reported [33].

# Surgical Procedure and Tracer Infusion

Rats were anesthetized with isofluorane (10 %  $O_2$ ) and polyethylene catheters (PE50, Clay Adams, Becton–Dickinson, Sparks, MD, USA) filled with heparinized saline were inserted surgically into the right femoral vein and artery [31]. Animals recovered from anesthesia for approximately 4 h in a temperature-controlled recovery chamber maintained at 25 °C, while body temperature was maintained at 37 °C with a rectal probe and a feedback heating element (TACT-2DF Temperature controller; Physitemp Instruments, Clifton, NJ, USA).

Before infusion, heart rate and blood pressure were monitored using a CyberSense monitor (BPM01 CyQ 302, Nicholasville, KY, USA). Rats were infused intravenously for 5 min with 170  $\mu$ Ci/kg [1-<sup>14</sup>C]AA (50 mCi/mmol, >98 % pure; Moravek Biochemicals, Brea, CA, USA) dissolved in HEPES buffer (pH 7.4) containing 50 mg/kg fatty acid-free bovine serum albumin (BSA, Sigma) [34]. The tracer was infused at a rate of 0.223(1 + e<sup>-0.032t</sup>) ml/min (t = s) with a computer-controlled variable rate infusion pump (No. 22; Harvard Apparatus, South Natick, MA, USA), to achieve a steady-state plasma specific activity within 1 min [35]. The 5-min infusion paradigm was used because a previous study showed that more than 90 % of radiolabeled AA that enters the brain is esterified within 1 min into brain phospholipids [35]. Blood samples were collected at different time points (0, 15, 30, 45, 90, 180, 240, and 300 s) during infusion. Five minutes after infusion, the rats were anesthetized using sodium pentobarbital (50 mg/kg, i.v.) and subjected to head-focused microwave irradiation (5.5 kW, 4.8 s, Cober Electronics, Norwalk, CT, USA) to stop brain lipid metabolism [36, 37]. The brains were quickly excised, separated into two hemispheres, frozen on dry ice and stored at -80 °C until further analysis.

#### Lipid Extraction and Separation

Total lipids from plasma samples collected at 5 min infusion, and from one brain hemisphere, were extracted using the Folch procedure [38]. After addition of unesterified heptadecanoic acid (17:0) as an internal standard, lipid extracts from plasma were separated into neutral lipid classes by thin layer chromatography (TLC) on silica plates (Silica gel 60A TLC plates, Whatman, Clifton, NJ, USA) using heptane: diethylether: acetic acid (60:40:3, v:v) [39]. Phospholipid classes from brain lipid extracts were separated using chloroform:methanol:H2O:acetic acid (60:50:4:1, v:v) [40], and choline glycerophospholipids (ChoGpls), phosphatidylserine (PtdSer), ethanolamine glycerophospholipids (EtnGpls) and phosphatidylinositol (PtdIns) were identified by running standards in parallel with the samples. The lipid bands were visualized under ultraviolet light after spraying the plates with 0.03 % (w/v) 6-p-toluidine-2-naphthalene sulfonic acid (Acros, Fairlawn, NJ, USA) in 50 mM Tris buffer (pH 7.4). Each band was scraped, and the silica gel was used directly to quantify radioactivity by scintillation counting or to prepare fatty acid methyl esters (FAMEs) as described below.

### Quantification of Plasma and Brain Radioactivity

Radioactivity in plasma total lipid extracts collected over the course of the 5 min infusion and brain phospholipids and acyl-CoAs was determined using a liquid scintillation analyzer (2200CA, TRI-CARB<sup>®</sup>; Packard Instruments, Meriden, CT, USA).

# FAME Preparation and Analysis by Gas Chromatography

Scrapes collected from TLC were heated in 1 %  $H_2SO_4$  in methanol at 70 °C for 3 h to produce FAMEs, which were separated on a SP-2330 fused silica capillary column (30 m × 0.25 mm inner diameter, 0.25 µm film thickness)

(Supleco, Bellefonte, PA, USA), using gas chromatography (GC) equipped with a flame ionization detector (6890 N, Agilent Technologies, Palo Alto, CA, USA). The run temperature started at 80 °C, was ramped up at 10 °C/min to 150 °C, and 6 °C/min to 200 °C, held at 200 °C for 10 min and increased to 240 °C for a total run time of 38 min. Fatty acid concentrations (nmol/g brain or nmol/ml plasma) were calculated by comparison of the GC peak areas to the 17:0 internal standard area.

#### **Quantification of Acyl-CoA**

Acyl-CoAs were extracted from the remaining microwaved half-brains by the method of Deutsch et al. [41]. 10 nmol 17:0-CoA was added as a surrogate standard to a weighed half-brain before homogenization by sonication in 2 mL of 25 mM potassium phosphate. Proteins were precipitated with saturated ammonium sulphate and gentle shaking. Four mL acetonitrile were added and the sample was shaken for 10 min before centrifugation. The upper phase was collected and diluted with 10 mL of 25 mM potassium phosphate and passed three times though an activated oligonucleotide purification cartridge (ABI Masterpiece<sup>TM</sup>, OPC<sup>®</sup>, Applied Biosystems, Foster City, CA, USA). The cartridge was washed with 10 mL of 25 mM potassium phosphate. Acyl-CoAs were then eluted using 500 µL elution buffer containing 75 % isopropanol/25 % 1 mM glacial acetic acid (v:v). Samples were dried under N2 and reconstituted in 100 µL elution buffer for high performance liquid chromatography (HPLC) analysis. Extracted acyl-CoA were separated on a reverse phase HPLC column (Symmetry C-18, 5  $\mu$ m particle size, 250  $\times$  4.6 mm, Waters Millipore, Milford, MA, USA), using HPLC (Beckman, Fullerton, CA, USA) coupled with a UV/VIS detector (Model 168, System Gold, Beckman). HPLC conditions were set to a 1 ml/min gradient system composed of (A) 75 mM potassium phosphate and (B) acetonitrile. The gradient was set initially at 44 % B for 1 min, then 48 % over 25 min, and 70 % for 5 min. The gradient was maintained at 70 % for 9 min, decreased to 44 % over 4 min and was held at 44 % for 4 min. Peak identification was performed with UV set at 280 and 260 nm. Acyl-CoA species were identified by running authentic standards, and quantitated by integration of the HPLC peaks relative to the 17:0-CoA standard (UV detection at 260 nm). The arachidonoyl-CoA (AA-CoA) peak was collected to measure its radioactivity by scintillation counting.

#### Calculations

The Rapoport in vivo model used to quantify brain fatty acid kinetic parameters is described in detail elsewhere [30,

42]. Unidirectional incorporation coefficients,  $k_i^*$  (ml s<sup>-1</sup> g<sup>-1</sup>) of AA, representing incorporation from plasma into brain lipid *i*, were calculated as follows:

$$k_i^* = \frac{C_{br,i}^*(T)}{\int_0^T C_{pl}^* dt}$$
(1)

 $C_{br,i}^*(T)$  (nCi g<sup>-1</sup>) represents radioactivity of brain lipid *i* at the end of the infusion T = 5 min, t is time after starting infusion, and  $C_{pl}^*(\text{nCi ml}^{-1})$  is the plasma concentration of labeled unesterified AA during infusion. Integrals of plasma radioactivity were determined by trapezoidal integration. Since brain AA synthesis from its precursor LA (18:2n-6) is minimal [43], the rate of incorporation  $J_{in,i}$ (nmol s<sup>-1</sup> g<sup>-1</sup>) of plasma unesterified AA into brain lipid *i*, represents the rate of metabolic loss of AA by the brain, and is calculated as follows:

$$J_{in,i} = k_i^* C_{pl} \tag{2}$$

 $C_{pl}$ (nmol ml<sup>-1</sup>) is the concentration of unlabeled unesterified AA in plasma. The "dilution factor"  $\lambda$ , defined as the steady-state ratio during [1-<sup>14</sup>C]AA infusion of the specific activity of the brain arachidonoyl-CoA (AA-CoA) pool to the specific activity of plasma unesterified AA, was determined as follows:

$$\lambda = \frac{C_{br,acyl-CoA}^*/C_{br,acyl-CoA}}{C_{pl}^*/C_{pl}}$$
(3)

Net rates of incorporation of unlabeled unesterified AA from brain AA-CoA into brain lipid *i*,  $J_{FA,i}$  (nmol s<sup>-1</sup> g<sup>-1</sup>) equals:

$$J_{FA,i} = \frac{J_{in,i}}{\lambda} \tag{4}$$

The fractional turnover of AA within phospholipid *i*, due to deacylation and reacylation,  $F_{FA,i}$  (% h<sup>-1</sup>) is defined as:

$$F_{FA,i} = \frac{J_{FA,i}}{C_{br,i}} \tag{5}$$

## Data Handling and Statistical Analysis

One FSL rat died during the <sup>14</sup>C-AA infusion of unknown causes. Two control rats were not successfully infused to steady-state, as evidenced by the lack of radioactivity in the plasma of one rat, and another rat which showed delayed appearance of the tracer in its plasma (after 30 s) due to the presence of blood clots in the venous catheter line. These animals were therefore excluded from the study.

Results were expressed as mean  $\pm$  SD, for n = 5 controls and 4 FSL rats. Data were compared using Student *t* test (GraphPad Prism software, San Diego, CA, USA) and statistical significance was considered at *P* < 0.05.

Table 1 Physiological parameters

	Control $(n = 7)$	FSL $(n = 5)$
Age (weeks)	$16.0 \pm 0.0$	$17.0 \pm 2.0$
Body weight (g)	$373.6 \pm 32.9$	$445.0 \pm 30.5^{*}$
Mean Arterial blood pressure (mm Hg)	$137.3 \pm 6.2$	$141.9 \pm 10.7$
Heart rate (beats/min)	$466.5 \pm 16.4$	$423.7\pm65.7$
Body temperature (°C)	$37.7\pm0.6$	$37.8\pm0.8$

Values are mean  $\pm$  SD; \* P < 0.05 as determined by an unpaired *t* test comparison

## Results

#### **Physiological Parameters**

Body weight was significantly higher in FSL rats than control SD rats (Table 1). Mean arterial blood pressure, heart rate and body temperature did not differ significantly between the two groups (Table 1).

### **Plasma Kinetics**

Plasma radioactivity, measured over the 5 min <sup>14</sup>C AA infusion period, reached steady state for both groups after 45 s (Fig. 1). The total area under the curve (AUC) for plasma <sup>14</sup>C-AA concentration did not significantly differ between FSL and control rats (147,467  $\pm$  27,017 for 4 FSL rats and 177,188  $\pm$  18,840 for 5 controls, P = 0.092).

#### **Plasma Fatty Acid Concentrations**

As shown in Table 2, plasma unesterified fatty acid concentrations did not significantly differ between control and FSL rats, except for DHA concentration which was significantly higher in FSL rats compared to controls (+36 %, P < 0.05).

Supplementary Table 1 shows esterified plasma fatty acid concentrations. Total phospholipid and cholesteryl ester fatty acid concentrations were higher by 74 and 39 %, respectively, in FSL rats than controls (P < 0.05). Within plasma phospholipids, stearic acid (18:0), palmitoleic acid (18:1n-7), AA, n-6 DPA and DHA were significantly increased by 34–98 % in FSL compared to control rats. Cholesteryl ester  $\alpha$ -LNA was decreased by 45 % and AA was increased by 57 %.

## **Brain Fatty Acid Concentrations**

Brain total lipid LA, n-3 DPA and n-6 DPA concentrations were significantly decreased by 11–21 % in FSL rats. PtdIns AA concentration was significantly reduced by

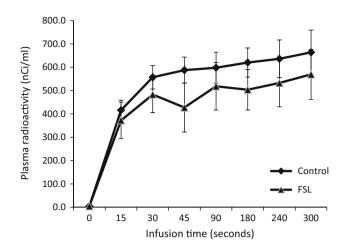


Fig. 1 Plasma radioactivity during the 5 min of  $[1-^{14}C]$  AA intravenous infusion

Table 2 Unesterified fatty acid concentrations in plasma

Fatty acid	Plasma unesterified fatty acids (nmol/mL)			
	Control $(n = 5)$	FSL $(n = 4)$		
	(nmol/ml plasma)			
16:0	$184.8 \pm 25.6$	$204.0 \pm 33.5$		
16:1 n-9	$18.3 \pm 3.4$	$27.1 \pm 14.2$		
18:0	$74.6\pm10.0$	$80.4 \pm 7.5$		
18:1n-9	$156.6 \pm 20.8$	$165.8 \pm 36.8$		
18:1n-7	$21.4 \pm 2.4$	$21.5\pm3.2$		
18:2n-6	$174.7 \pm 23.1$	$149.7 \pm 26.4$		
18:3n-3	$13.4 \pm 1.8$	$11.7 \pm 2.7$		
20:4n-6	$29.6\pm4.8$	$27.6\pm3.9$		
20:5n-3	$0.8\pm0.2$	$0.7\pm0.3$		
22:4n-6	$2.6 \pm 0.5$	$2.4 \pm 1.4$		
22:5n-6	$3.0 \pm 0.6$	$3.4 \pm 0.3$		
22:5n-3	$5.5 \pm 1.1$	$6.3 \pm 1.4$		
22:6n-3	$11.3 \pm 2.2$	$15.4 \pm 2.6*$		
Total	$696.6 \pm 88.5$	$715.9 \pm 113.9$		
SFA	$259.4 \pm 34.3$	$284.4\pm28.6$		
MUFA	$196.4 \pm 25.0$	$214.4 \pm 53.3$		
PUFA	$240.8 \pm 31.0$	$217.2 \pm 34.8$		
n-6 PUFA	$209.8 \pm 26.6$	$183.1\pm29.5$		
n-3 PUFA	$31.0 \pm 4.9$	$34.0 \pm 6.1$		

Values are mean  $\pm$  SD; \* P < 0.05 as determined by an unpaired *t* test comparison; *SFA* saturated fatty acids, *MUFA* monounsaturated fatty acids, *PUFA* polyunsaturated fatty acids

5.2 % in FSL rats compared to controls, as was total n-6 PUFA concentration (P < 0.05). There were no significant differences in fatty acid concentrations within brain ChoGpls, EtnGpls, PtdSer and unesterified fatty acids, between control and FSL rats (Table 3).

Fatty acid	Total lipids		Unesterified fatty acids		
	Control $(n = 5)$	FSL $(n = 4)$	Control $(n = 5)$	FSL $(n = 4)$	
	(nmol/g brain)		(nmol/g brain)		
16:0	$26,957.6 \pm 554.0$	$27,121.3 \pm 537.7$	$81.8 \pm 17.5$	$76.7 \pm 7.1$	
18:0	$30,899.5 \pm 674.7$	$31,521.3 \pm 894.7$	$80.8 \pm 15.9$	$78.1\pm6.6$	
18:1n-9	$27,584.3 \pm 957.1$	$29,722.7 \pm 2977.3$	$15.7 \pm 3.1$	$15.7\pm2.8$	
18:1n-7	$6153.8 \pm 108.0$	$6742.0 \pm 754.8$	$3.2 \pm 0.7$	$3.4\pm0.8$	
18:2n-6	$1208.1 \pm 67.1$	$1072.9 \pm 96.7*$	$4.5 \pm 1.5$	$3.7\pm0.8$	
18:3n-3	ND	ND	$0.6 \pm 0.2$	$0.4 \pm 0.1$	
20:4n-6	$14,685.9 \pm 325.6$	$14,943.0 \pm 1590.9$	$6.5 \pm 1.5$	$6.1 \pm 1.0$	
20:5n-3	$68.5 \pm 5.3$	$60.3 \pm 35.2$	ND	ND	
22:4n-6	$2231.2 \pm 735.3$	$2076.5 \pm 320.9$	$6.6 \pm 1.5$	$6.4 \pm 1.0$	
22:5n-6	$4762.9 \pm 129.2$	$4254.0 \pm 181.1 **$	$1.6 \pm 1.5$	$1.7 \pm 0.5$	
22:5n-3	$306.6 \pm 15.4$	$241.2 \pm 36.9^{**}$	$0.6 \pm 0.6$	$0.3 \pm 0.1$	
22:6n-3	$20,282.4 \pm 413.4$	$19,827.8 \pm 539.6$	$7.6 \pm 2.3$	$7.2 \pm 1.5$	
Total	$136,872.3 \pm 2328.0$	$139,381.6 \pm 4294.7$	$211.3 \pm 38.1$	$201.7 \pm 15.4$	
SFA	$57,857.0 \pm 1127.4$	$58,642.5 \pm 1424.6$	$162.7 \pm 33.3$	$154.8 \pm 13.4$	
MUFA	$33,738.1 \pm 1045.3$	$36,464.7 \pm 3731.2$	$18.9 \pm 3.8$	$19.1 \pm 3.6$	
PUFA	$45,277.1 \pm 1110.7$	$44,274.4 \pm 1175.0$	$29.7 \pm 7.2$	$27.8 \pm 3.8$	
n-6 PUFA	$22,888.1 \pm 1013.3$	$22,346.4 \pm 1275.5$	$19.2 \pm 4.6$	$18.0 \pm 2.5$	
n-3 PUFA	$22,389.0 \pm 363.5$	$21,927.9 \pm 516.4$	$10.5 \pm 2.9$	$9.8 \pm 1.5$	
Fatty acid	Choline Glycerophospholip	Choline Glycerophospholipids (ChoGpls)		Phosphatidylinositol (PtdIns)	
	Control $(n = 5)$	FSL $(n = 4)$	Control $(n = 5)$	FSL $(n = 4)$	
	(nmol/g brain)		(nmol/g brain)		
16:0	$20,935.7 \pm 616.8$	$21,322.8 \pm 882.1$	$517.0 \pm 25.4$	$558.6 \pm 96.8$	
18:0	$7170.7 \pm 191.7$	$7502.6 \pm 357.2$	$2158.8 \pm 37.8$	$2114.8 \pm 185.5$	
18:1n-9	$11,746.0 \pm 391.4$	$12,127.3 \pm 678.5$	$854.2 \pm 35.7$	875.5 ± 173.3	
18:1n-7	$3210.5 \pm 129.8$	$3352.9 \pm 283.8$	$211.1 \pm 12.1$	$226.0 \pm 51.0$	
18:2n-6	$466.9 \pm 23.6$	$432.8 \pm 25.7$	$43.5 \pm 2.3$	$38.3 \pm 5.6$	
18:3n-3	ND	ND	ND	ND	
20:4n-6	$2972.4 \pm 55.9$	$3136.1 \pm 719.1$	$2099.2 \pm 51.7$	1990.9 ± 54.3*	
20:5n-3	$11.7 \pm 1.6$	$11.6 \pm 3.9(n = 2)^{a}$	ND	ND	
22:4n-6	$8.9 \pm 2.3$	$10.9 \pm 8.8$	$7.9 \pm 2.8$	$10.4 \pm 2.8$	
22:5n-6	$353.6 \pm 79.8$	$329.7 \pm 17.7$	$78.5 \pm 8.3$	$77.7 \pm 15.7$	
22:5n-3	$49.0 \pm 4.3$	$44.2 \pm 3.4$	$5.3 \pm 1.1$	$6.1 \pm 1.0$	
22:6n-3	$2206.1 \pm 155.2$	$2126.6 \pm 76.2$	$212.9 \pm 22.4$	$251.9 \pm 44.9$	
Total	$49,306.5 \pm 1370.4$	$50,534.8 \pm 2052.7$	$6240.4 \pm 115.7$	$6187.9 \pm 604.1$	
SFA	$28,106.4 \pm 751.2$	$28,825.4 \pm 1172.6$	$2675.7 \pm 47.0$	$2673.4 \pm 275.0$	
MUFA	$14,956.5 \pm 461.2$	$15,480.3 \pm 925.5$	$1065.3 \pm 46.9$	$1101.5 \pm 224.1$	
			$2499.4 \pm 59.9$	$2413.0 \pm 120.5$	
	$6243.6 \pm 225.4$	$0229.1 \pm 009.0$			
PUFA n-6 PUFA	$6243.6 \pm 225.4$ $3801.8 \pm 114.5$	$6229.1 \pm 689.0$ $3909.5 \pm 714.2$	$2229.1 \pm 48.6$	$2117.3 \pm 71.5^{*}$	

Table 3 Fatty acid concentrations (nmol/g wet weight) in brain lipids

Table 3 continued

Fatty acid	Phosphatidylserine (Ptd	Phosphatidylserine (PtdSer)		Ethanolamine Glycerophospholipids (EtnGpls)	
	Control $(n = 5)$	FSL $(n = 4)$	Control $(n = 5)$	FSL $(n = 4)$	
	(nmol/g brain)		(nmol/g brain)		
16:0	$382.8 \pm 30.8$	$580.4 \pm 309.2$	$2531.2 \pm 313.7$	$2570.3 \pm 96.5$	
18:0	$7895.5 \pm 383.5$	$8768.8 \pm 839.1$	$8077.8 \pm 235.8$	$8569.1 \pm 406.0$	
18:1n-9	$3732.8 \pm 208.7$	$4293.1 \pm 679.1$	$8393.9 \pm 828.4$	$9844.2 \pm 1499.0$	
18:1n-7	$350.0 \pm 49.0$	$415.9 \pm 82.9$	$1756.0 \pm 692.8$	$1749.8 \pm 273.3$	
18:2n-6	$34.7 \pm 3.4$	$33.2 \pm 3.4$	$289.0 \pm 103.3$	$338.4 \pm 22.7$	
18:3n-3	ND	ND	ND	ND	
20:4n-6	$594.5 \pm 47.3$	$674.5 \pm 79.0$	$6395.6 \pm 293.1$	$6772.4 \pm 974.6$	
20:5n-3	ND	ND	$34.2 \pm 6.1$	$30.6\pm6.5$	
22:4n-6	$8.6 \pm 1.0$	$6.9 \pm 2.3$	$18.5 \pm 9.4$	$31.3 \pm 22.6$	
22:5n-6	$700.6 \pm 31.2$	$644.4 \pm 46.0$	$3030.7 \pm 133.1$	$2834.7 \pm 160.0$	
22:5n-3	$39.1 \pm 1.9$	$38.0 \pm 3.0$	$158.3 \pm 13.4$	$155.3 \pm 23.5$	
22:6n-3	$4526.2 \pm 299.5$	$4413.2 \pm 415.7$	$9976.2 \pm 228.0$	$10,055.9 \pm 269.1$	
Fotal	$18,364.2 \pm 822.0$	$19,963.6 \pm 1318.9$	$40,642.9 \pm 1902.3$	$42,941.0 \pm 2154.0$	
SFA	$8278.3 \pm 404.7$	9349.1 ± 985.9	$10,609.1 \pm 442.3$	$11,139.4 \pm 438.5$	
MUFA	$4082.8 \pm 178.4$	$4709.0 \pm 761.4$	$10,150.0 \pm 1517.4$	$11,593.9 \pm 1772.0$	
PUFA	$6003.1 \pm 371.5$	$5905.4 \pm 526.2$	$19,883.9 \pm 633.5$	$20,207.6 \pm 832.0$	
n-6 PUFA	$1338.4 \pm 74.7$	$1359.0 \pm 124.8$	9733.8 ± 494.1	$9976.7 \pm 876.6$	
n-3 PUFA	$4664.7 \pm 300.9$	$4546.4 \pm 411.0$	$10,150.1 \pm 238.9$	$10,230.9 \pm 290.8$	

Values are mean  $\pm$  SD; \* P < 0.05; \*\* P < 0.01 as determined by an unpaired t test comparison; SFA saturated fatty acids, MUFA monounsaturated fatty acids, PUFA polyunsaturated fatty acids

<sup>a</sup> EPA detected in two out of four samples. No statistical comparison was made due to the low sample size for ChoGpl EPA

	Acyl-CoA in brain (nmol/g brain) Control (n = 5)	FSL $(n = 4)$
	(nmol/ml plasma)	
14:0-CoA	$3.6 \pm 1.8$	$3.0\pm1.6$
16:0-CoA	$19.5\pm6.5$	$21.0\pm8.6$
18:0-CoA	$11.1 \pm 3.4$	$15.5\pm9.0$
18:1n-9-CoA	$25.1\pm8.1$	$30.6 \pm 12.6$
18:2n-6-CoA	$3.2 \pm 1.1$	$2.5\pm0.8$
DHA-CoA	$4.7 \pm 3.3$	$4.2\pm1.8$
AA-CoA	$3.1 \pm 1.1$	$3.7\pm1.5$
14C AA - CoA (nCi/g brain)	$1.5 \pm 0.4$	$1.4\pm0.6$
$\lambda^{a}$	$0.04\pm0.01$	$0.04\pm0.03$

Table 4 Brain acyl-CoA concentrations and  $\lambda$ 

Values are mean  $\pm$  SD

 $^a$   $\lambda$  (Eq. 3) is the steady-state ratio during  $^{14}\text{C-AA}$  infusion of specific activity of brain AA-CoA pool to specific activity of plasma unesterified AA

#### **Brain Acyl-CoA Concentrations**

There were no significant differences in 14:0, 16:0, 18:0, 18:1 n-9, 18:2 n-6, AA or DHA acyl-CoA concentrations between FSL rats and controls (Table 4). There was no

change in specific activity of <sup>14</sup>C-AA-CoA between the groups. The dilution factor  $\lambda$ , which measures the ratio of specific activity of brain <sup>14</sup>C-AA-CoA to that of plasma unesterified <sup>14</sup>C-AA, did not significantly differ.

## **Brain AA Kinetics**

The brain AA incorporation coefficient  $k^*$  (Eq. 1) did not differ significantly between FSL and control rats, in total phospholipids and individual phospholipid subclasses (Table 5). The incorporation rate of AA from plasma  $J_{in,I}$ was calculated from Eq. 2, and did not differ significantly between the groups.

There was no significant change in the rate of incorporation  $J_{FA}$  of brain unesterified AA from the AA-CoA pool into phospholipids (Eq. 5) or in brain AA turnover  $F_{FA}$ (Table 6).

# Discussion

This study showed no significant differences in brain AA incorporation or turnover in the FSL rat model of depression compared to SD controls. Plasma unesterified DHA,

**Table 5** IncorporationCoefficient  $(k_i^*)$  and Rate  $(J_{in,i})$ of AA from plasma into brainphospholipids

**Table 6** Net incorporation rateof brain AA-CoA into brainphospholipids  $(J_{FA})$  and AA

turnover  $(F_{FA})$ 

	$k^* (\text{ml/g/s} \times  10^{-5})$		$J_{in,I}$ (nmol/g/s × 10 <sup>-5</sup> )	
	Control $(n = 5)$	FSL $(n = 4)$	Control $(n = 5)$	FSL $(n = 4)$
Total phospholipid	$18.2 \pm 4.5$	$21.7 \pm 7.5$	$526.3 \pm 112.5$	$595.2 \pm 211.2$
ChoGpl	$7.9\pm0.8$	$8.6 \pm 1.0$	$230.9 \pm 19.0$	$237.1\pm41.9$
PtdSer	$1.0 \pm 0.1$	$1.1 \pm 0.3$	$29.5 \pm 5.4$	$31.2\pm9.2$
PtdIns	$7.9\pm0.8$	$9.0 \pm 1.7$	$230.3 \pm 24.9$	$252.8\pm76.2$
EtnGpl	$1.8\pm0.2$	$1.7 \pm 0.5$	$52.0\pm 6.5$	$46.1 \pm 13.0$

*ChoGpl* choline glycerophospholipids, *PtdSer* phosphatidylserine, *PtdIns* phosphatidylinositol, *EtnGpl* ethanolamine glycerophospholipids. Values are mean  $\pm$  SD

	$J_{FA} \text{ (nmol/g/s} \times 10^{-2}\text{)}$		$F_{FA}$ (% per hour)	
	Control $(n = 5)$	FSL $(n = 4)$	Control $(n = 5)$	FSL $(n = 4)$
Total phospholipid	$14.5 \pm 3.4$	$18.3 \pm 7.4$	$3.7 \pm 0.8$	$4.5\pm2.0$
ChoGpl	$6.2 \pm 1.5$	$7.8\pm3.4$	$7.5\pm1.9$	$9.4\pm5.2$
PtdSer	$0.8 \pm 0.2$	$1.0 \pm 0.3$	$4.8\pm1.2$	$5.2\pm2.0$
PtdIns	$6.1 \pm 1.4$	$8.1 \pm 3.3$	$10.5\pm2.6$	$14.7\pm5.9$
EtnGpl	$1.4 \pm 0.3$	$1.4 \pm 0.6$	$0.8\pm0.1$	$0.8\pm0.4$

*ChoGpl* choline glycerophospholipids, *PtdSer* phosphatidylserine, *PtdIns* phosphatidylinositol, *EtnGpl* ethanolamine glycerophospholipids. Values are mean  $\pm$  SD

cholesteryl ester AA, and phospholipid stearic acid, palmitoleic acid, AA, n-6 DPA and DHA concentrations were significantly increased in FSL compared to control rats, whereas plasma cholesteryl ester  $\alpha$ -LNA and brain PtdIns AA and total lipid LA, n-3 DPA and n-6 DPA concentrations were decreased in FSL rats. These concentration differences likely reflect peripheral and central changes in PUFA metabolism.

Despite the three to eightfold reported increase in regional brain serotonin concentrations in FSL rats [20], brain AA incorporation (k\*), incorporation rate ( $J_{in}$ ) and turnover ( $F_{FA}$ ) did not significantly differ relative to controls, suggesting post-synaptic down-regulation of serotonergic transmission involving AA. This could be related to altered 5-HT receptor subtype (1A and 1B) density as reported in FSL rats [21], or changes in 5-HT<sub>2A/2C</sub> receptor density, internalization [44] or affinity states [45], which remains to be confirmed in this model. 5-HT<sub>2A</sub> mRNA was reported to decrease or increase in various brain regions of FSL rats compared to FRL controls, although protein expression was not measured [23].

The absence of change in AA turnover may also be due to other neurotransmission systems coupled to AA. Dopamine release was reported to be reduced in nucleus accumbens of FSL rats following  $5HT_{2C}$  receptor activation [26], suggesting inverse coupling of 5-HT receptors to dopaminergic neurotransmission, which is also coupled to AA-releasing cPLA<sub>2</sub> [46, 47]. A similar lack of change in AA metabolism was reported in dopamine-transporter knockout mice, in which brain AA incorporation did not differ from wildtype controls despite a tenfold increase in extracellular dopamine concentrations relative to controls [48].

The reported elevations in brain serotonin concentrations in FSL rats were based on whole brain homogenates, and therefore do not necessarily reflect extracellular levels [20]. Dremencov et al. [26] reported no difference in extracellular serotonin concentration in nucleus accumbens between FSL and SD rats, although extracellular serotonin levels were not measured in other brain regions. Regional extracellular brain serotonin distribution and turnover in relation to post-synaptic AA signaling could be tested in future studies with micro-dialysis [26] and quantitative autoradiography [10–12].

Total lipid AA fractional concentrations in hypothalamus, nucleus accumbens, prefrontal cortex and striatum were reported to be elevated in FSL compared to control rats [29], as was phosphatidylcholine containing AA in striatum and hypothalamus [28]. We found reduced AA concentration (nmol/g wet weight) within PtdIns, but not in other phospholipid fractions. AA fractional concentrations, calculated by dividing brain total lipid AA by total fatty acid concentrations, also did not significantly change in our study (10.7  $\pm$  1.4 FSL vs. 10.7  $\pm$  0.1 SD). Differences in study outcomes could be related to the fact that we analyzed whole brain instead of regional AA distribution, or to differences in methodology, since Green et al. used electrospray ionization tandem mass spectra (ESI/MS/MS), whereas we used TLC/GC to determine fatty acid profiles. Regional changes in brain AA incorporation could be measured with quantitative autoradiography in future studies to assess whether brain AA metabolism changes in specific brain regions [48].

Body weight was significantly higher in FSL rats than controls, which is in contrast with previous studies that reported lower body weight in FSL rats than SD controls [17]. FSL and SD rats were fed the same diets at our animal facility for 2 months before starting the experiment. However, FSL rats were obtained from the Duke University colony, whereas SD rats were purchased from a vendor because control FSL littermates were not available. Because of these differences in rat source, the animals were exposed to a different diet from conception until they arrived at our facility. The SD rats were born and weaned to the 2018S Teklad diet, which has 6.2 g of fat containing 31 % LA and 3 %  $\alpha$ -LNA, and no EPA or DHA [49]. The FSL rats were maintained on the 5001 diet (LabDiet, Richmond, IN, USA) since birth, which has 6.4 g of fat, composed of 29.6 % LA, 2.2 % α-LNA, 1.5 % EPA and 1.1 % DHA. Differences in fatty acid intake prior to the arrival of the animals to our facility may have contributed to the difference in body weight.

The significant increase in plasma unesterified DHA and esterified stearic acid, palmitoleic acid, AA, n-6 DPA and DHA, and decrease in plasma cholesteryl ester  $\alpha$  – LNA and brain PtdIns AA and total lipid LA, n-3 DPA and n-6 DPA concentrations in FSL rats, could be a type I error associated with multiple comparisons and a low sample size. They may also be related to the differences in dietary fatty acid intake prior to the arrival of the rats at our facility, which are likely to have affected adipose tissue fatty acid composition and release, and liver synthesis-secretion rates.

Limitations of this work include the low sample size and the lack of measurement of various AA cascade enzymes (cPLA<sub>2</sub>, COX-2, among many others) and AA-derived metabolites such as PGE<sub>2</sub>. We did not quantify enzyme protein level or activity in brains collected from this study because the animals were subjected to high-energy microwave fixation, which denatures proteins and stops brain lipid metabolism [36, 37]. AA-derived mediators, which are typically measured in microwaved brain samples, were not quantified in this study because both halfbrains were used for either AA or AA-CoA measurements. It would be worthwhile to measure AA cascade enzymes and metabolites in better-powered studies, to better assess whether specific pathways within the AA cascade are altered in the FSL model of depression. Another limitation of this study is that we did not validate our kinetic method by pharmacologically stimulating brain AA metabolism. However, values for brain AA concentration, incorporation and turnover in control rats are consistent with a previous study which used the same rat strain, thus confirming the validity and reproducibility of our in vivo kinetic method [35].

Using quantitative autoradiography, Qu et al. [50] reported that acute administration of DOI to 5-HTT wild-type and knockout mice produced an AA signal in wildtype but not knockout mice, suggesting a downregulation of 5-HT<sub>2A/2C</sub> receptor mediated signaling via AA. In this regard, it would be worthwhile to test whether challenging FSL rats with DOI would elicit an AA response. In view of the reported reduction in 5-HTT density in FSL rats [7], it is likely that AA signaling would be dampened following DOI administration, similar to what had been reported in 5-HTT knockout mice [50].

In summary, brain AA incorporation and turnover did not significantly differ in the FSL model of depression compared to controls. The absence of differences may be related to post-synaptic dampening of serotonergic transmission in response to elevated brain serotonin levels [20], similar to what was reported in a dopamine reuptake transporter knockout model of depression [48]. Future studies should examine the involvement of AA signaling in FSL rats after receiving a challenge such as DOI. Whether brain AA metabolism is altered in clinical depression could be explored with positron-emitting tomography imaging using <sup>11</sup>C-AA, as had been done for Alzheimer's disease patients [51].

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