

Montelukast, a Cysteinyl Leukotriene Receptor-1 Antagonist Protects Against Hippocampal Injury Induced by Transient Global Cerebral Ischemia and Reperfusion in Rats

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Abstract Cysteinyl leukotrienes (CysLTs) are potent pro-inflammatory and immune modulating lipid mediators involved in inflammatory diseases and were boosted in human brain after acute phase of cerebral ischemia. The antagonism of CysLTs receptors may offer protection against ischemic damage. Therefore it seemed interesting to study the possible neuroprotective effect of Montelukast, a CysLTR1 antagonist in global cerebral ischemia/reperfusion (IR) injury in rats. Global cerebral ischemia–reperfusion was induced by bilateral carotid artery occlusion for 15 min followed by 60 min reperfusion period. Animals were randomly allocated into three groups (n = 30 per group): Sham operated, I/R control and rats treated with montelukast (0.5 mg/kg, po) daily for 7 days then I/R was induced 1 h after the last dose of montelukast. After reperfusion rats were killed by decapitation, brains were removed and both hippocampi separated and the following biochemical parameters were estimated; lactate dehydrogenase activity, oxidative stress markers (lipid peroxides, nitric oxide and reduced glutathione), inflammatory markers (myeloperoxidase, tumor necrosis factor- α , nuclear factor kappa-B, interleukin-6 and interleukin-10), apoptotic biomarkers (caspase 3 and cytochrome C), neurotransmitters (glutamate, gamma aminobutyric acid), CysLTs contents and CysLT1 receptor expression; as well as

total brain infarct size and histopathological examination of the hippocampus were assessed. Montelukast protected hippocampal tissue by reducing oxidative stress, inflammatory and apoptotic markers. Furthermore, it reduced glutamate and lactate dehydrogenase activity as well as infarct size elevated by I/R. These results were consistent with the histopathological findings. Montelukast showed a neuroprotective effects through antioxidant, anti-inflammatory and antiapoptotic mechanisms.

Keywords Montelukast · Ischemia/reperfusion · Oxidative stress · Apoptosis · Inflammation

Introduction

Leukotrienes are a group of inflammatory mediators produced in leukocytes from arachidonic acid by the enzyme 5-lipoxygenase [1, 2]. They were first discovered in leukocytes and hence the name leukotrienes, but have since been found in other immune cells. As a rebuttal to this point, it might be convincingly stated that the production of leukotrienes is usually accompanied by the production of histamine and prostaglandins, which act also as inflammatory mediators.

LTC₄, LTD₄, LTE₄ and LTF₄ are often called cysteinyl leukotrienes (CysLTs) due to the presence of the amino acid cysteine in their structure. Pharmacological studies demonstrated that cysteinyl leukotrienes activate at least two receptors, cysteinyl leukotriene receptor 1 (CysLTR1) and Cysteinyl leukotriene receptor 2 (CysLTR2) which are present on mast cells, eosinophil, and endothelial cells. Upon activation they can stimulate proinflammatory activities such as endothelial cell adherence and chemokine production by mast cells. Along similar lines, Samitas et al.

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[3] argues that the levels of CysLTs, have been increased in asthmatic patients and their level was correlated with disease severity. In addition to that, excess CysLTs can induce anaphylactic shock [4].

Reperfusion after a period of global cerebral ischemia results in accumulation, activation, and adherence of circulating leukocytes to the endothelium of blood vessels [5, 6]. There is an unambiguous relationship between the enhanced leukocyte aggregation and the accumulation of high amounts of CysLTs which in turn will stimulate toxic oxygen radicals and hydrolytic enzymes that contribute to the full manifestation of ischemia reperfusion injury [7, 8]. CysLTs, have been implicated in the process of leukocyte accumulation, adhesion to the microvascular endothelium, emigration from the blood stream at sites of inflammation [9, 10], degranulation, and release of lysosomal enzymes [11] as well as generation of oxygen radicals [12].

Research findings by Corser-Jensen et al. [13] points towards the increased production of CysLTs in the ischemic brains, and this increase was correlated with blood–brain barrier (BBB) dysfunction and brain damage. Therefore, accumulation of CysLTs in the brain may play a key role in cerebral ischemia.

These findings lend support to the claim that attenuating CysLTs may confer a plausible therapeutic strategy for cerebral ischemia. Previous studies on 5-lipoxygenase inhibitors have been reported to offer protective effects on cerebral ischemia [14]. In addition to that, pranlukast a selective CysLT1 receptor antagonist, protected mice and rats against focal and global cerebral ischemia [15]. In the present study, the issue under scrutiny is whether Montelukast, the prototype CysLT1 receptor antagonist has the same neuroprotective effect as pranlukast. Additionally, this experimental investigation was conducted to unveil the exact mechanism of its neuroprotective effect which needs further clarification.

The main theoretical premise behind the preference of montelukast over other leukotriene receptor antagonists returns to the fact that it has a lower dose in comparison to other leukotriene receptor antagonists and it is given once daily making it easier for the patients to adhere to the regimen. It was found that, montelukast 10 mg once daily has the same efficacy as pranlukast 225 mg twice daily and zafirlukast 40 mg twice daily in adults as cited in Keam et al. [16] work. Although Churg–Strauss syndrome has been noted in pranlukast recipient [16], no clinically significant differences in adverse event profiles between pranlukast, zafirlukast or montelukast were shown in comparisons. The consensus view seems to be that montelukast has a higher penetration to the BBB compared to other leukotriene receptor antagonists, as zafirlukast [17] and pranlukast [18] which were found to minimally cross the BBB.

However, far too little attention has been paid to the prophylactic effect of CysLTs receptor antagonists, as the previous studies mostly focused on the curative effect of CysLTs receptor antagonists. Furthermore, the oral activity of CysLTs receptor antagonists is still clouded by the fact that most of the previously mentioned reports administered CysLTs receptor antagonists intraperitoneally and acutely after induction of ischemia reperfusion. Hence, it is deemed of importance to study the prophylactic effect of montelukast on global cerebral ischemia reperfusion injury and to focus on oral administration since it is an orally active agent. To that end, this dissertation seeks to investigate the effects of montelukast administered orally for 7 days prior to the induction of ischemia reperfusion. Furthermore, to portray the mechanisms of neuroprotective effects elicited by montelukast, its effects on oxidative stress biomarkers, apoptotic factors, inflammatory mediators, neurotransmitters and infarct size were addressed.

Materials and Methods

Animals

Male Wistar rats weighing; 250–300 g were obtained from the National Scientific Research Centre (Giza, Egypt). Animals were housed for at least 1 week in the laboratory room prior to testing. They were kept under controlled environmental conditions; room temperature (24–27 °C), constant humidity (60 ± 10 %), with alternating 12 h light and dark cycles. Food (standard pellet diet) and water were allowed ad libitum. The Ethics Committee of Faculty of Pharmacy Cairo University approved this study. All animals' procedures were performed in accordance to the institutional Ethics Committee and in accordance with the recommendations for the proper care and use of laboratory animals. Unnecessary disturbance of animals was avoided. Animals were treated gently; squeezing, pressure and tough maneuver were avoided.

Experimental Design

Animals were randomly allocated into three groups (n = 30 rats per group). As follows;

Group I: Sham operated (SO).

Group II: Ischemia–reperfusion group (I/R).

Group III: Montelukast pretreatment; Rats were given montelukast (0.5 mg/kg, po) daily for 7 days [19], and then I/R was induced 1 h after the last dose of montelukast.

Each group was subdivided into two subsets. The first subset (n = 24 rats) was used for biochemical estimations,

while the second subset ($n = 6$ rats) served for measurement of infarction size and histopathological examination.

In all groups rats were anaesthetized with thiopental (50 mg/kg, i.p.) and midline ventral incision was made in the neck. Bilateral carotid artery occlusion using small artery clips was done to induce global cerebral ischemia for 15 min followed by 60 min reperfusion period except for the SO group in which the arteries were exposed for 75 min without occlusion. After reperfusion rats were killed by decapitation, brains were removed and both hippocampi separated and used for biochemical estimations.

Methods

Activity of Lactate Dehydrogenase (LDH) and Protein Content Assay in Rat Hippocampus

Evaluation of the activity of Lactate dehydrogenase in rat hippocampus was through Colorimetric Kinetic Determination using kit supplied by Biosystems (Biosystems, S.A. Costa Brava, 30. 08030 Barcelona, Spain) according to the method of Lorentz et al. [20], while the protein content of tissue supernatant was determined using the method of Lowry et al. [21].

Estimation of Hippocampal Oxidative Stress Biomarkers Contents

Lipid peroxides formation was investigated in hippocampal tissue homogenate by estimation of thiobarbituric acid reactive substances (TBARS) according to the method of Mihara and Uchiyama [22]. Furthermore, inspection of GSH content in rat hippocampus was performed according to the method of Beutler et al. [23]. Additionally, nitric oxide measurement in rat hippocampus was according to the method described by Miranda et al. [24].

Determination of Pro-inflammatory and Anti-inflammatory Mediators in Rat Hippocampus

Myeloperoxidase (MPO) enzyme, being a plentiful constituent of neutrophils, serves as a marker for tissue neutrophil content. Since MPO is located within the primary granules of neutrophils, extraction of MPO depends upon procedures to disrupt the granules which render MPO soluble in aqueous solution. This could be achieved by sonication in potassium phosphate buffer (50 mM, pH 6) containing 0.5 % hexadecyltrimethylammonium bromide (HTAB) [25], where HTAB is a detergent that releases MPO from the primary granules of the neutrophil [26].

On the other hand, the content of nuclear factor- κ B was assayed by enzyme-linked immunosorbent assay (ELISA) using kit supplied by EIAab (E1824r, EIAab

Science Co., Wuhan, China). Also, assessment of the content of tumor necrosis factor alpha was by ELISA using kit supplied by R&D Systems (Quantikine Rat TNF- α ELISA, Catalog #RTA00, R&D systems, Inc., Minneapolis, MN, USA).

Furthermore, rating the contents of interleukin-6 and interleukin-10 were made using kit supplied by R&D systems (Quantikine[®] ELISA, Rat IL-6 Immunoassay, Catalog Number R6000B, R&D systems, Inc., Minneapolis, MN, USA) and (Quantikine[®] ELISA, Rat IL-10 Immunoassay, Catalog Number R1000, R&D systems, Inc., Minneapolis, MN, USA), respectively.

Enzyme-linked Immunosorbent Assay (ELISA) of Apoptotic Biomarkers in Rat Hippocampus

The content of caspase-3 enzyme and the content of cytochrome-c were figured out by ELISA using kit supplied by R&D systems (Quantikine Active Caspase-3 ELISA, Catalog #KM300, R&D systems, Inc., Minneapolis, MN, USA) for caspase 3 content, and using kit supplied by EIAab (E0594r, EIAab Science Co., Wuhan, China) for cytochrome c content.

High Performance Liquid Chromatography (HPLC)

Hippocampus was homogenized in 70 % HPLC methanol (1/10 weight/volume) and was used for the estimation of glutamate and GABA using a fully automated high-pressure liquid chromatography system (HPLC; Perkin-Elmer, MA, USA). Brain amino acids were inspected by the phenylisothiocyanate derivatization technique described by Heinrikson and Meredith [27]. Hippocampal tissues were dried under vacuum following reconstitution with 2:2:1 mixture (v) of methanol:1 M sodium acetate trihydrate:triethylamine. The derivatization procedure using a 7:1:1:1 mixture (v) of methanol:triethylamine:double-distilled deionized water:phenylisothiocyanate, was performed for 20 min at room temperature then re-subjected to vacuum until dryness. Subsequently, derivatized amino acids were reconstituted with sample diluent consisting of 5:95 mixture (v) of acetonitrile:5 mM phosphate buffer (pH = 7.2). Samples were then sonicated and filtered (0.45 μ m; Millipore, USA). A Pico-Tag physiological free amino acid analysis C18 (300 mm \times 9 3.9 mm i.d) column from Waters (MA, USA) and a binary gradient of Eluents 1 and 2 (Waters) were used, the column temperature was at set 46 ± 1 °C. A constant flow rate of 1 ml/min was maintained throughout the experiment. 20 μ l of samples were injected and the absorbance of the derivatized amino acids was measured at 254 nm. Glutamate standard was prepared in double-distilled deionized water, while

GABA standard was prepared in polyethylene vials to prevent adhesion to glass.

Measurement of Extracellular Cysteinyl Leukotrienes and CysLT1 Receptor Expression

Assessment of the contents of CysLTs (LTC₄, LTD₄ and LTE₄) in hippocampal homogenate supernatants were by ELISA using kit supplied by Cayman Chemical Co. (Ann Arbor, MI, USA) and calculated as pg/mg protein. On the other hand, cysteinyl leukotriene receptor 1 expression was gauged using CYSLTR1 ELISA Kit (antibodies-online GmbH, Schloss-Rahe-Str., Germany) according to the manufacturer's instructions and the results were expressed as the ratios to β -actin which was evaluated by ELISA method using kit supplied by Cell Signaling Technology, Inc. (PathScan[®] Total β -Actin Sandwich ELISA Kit, Danvers, MA, USA).

Infarct Size Estimation

At the end of 60 min reperfusion period, animals ($n = 4$) were intracardially perfused with isotonic saline and sacrificed by spinal dislocation. Brains were then sliced into 2 mm coronal sections and incubated with 1 % triphenyl-tetrazolium chloride (TTC) at 37 °C in 0.2 M Tris buffer (pH 7.4) for 20 min. While viable cells stain bright red when TTC is converted to red formazone pigment by NAD and lactate dehydrogenase, infarcted cells lose the enzyme as well as cofactor and thus remain unstained or stain dull yellow. The brain slices were placed over glass plate and the infarcted areas were traced by a 100 squares in 1 cm² transparent plastic grid. In each brain slice, the average infarcted area of both sides as well as the non infarcted area was computed. Infarcted area was expressed as a percentage of total brain area [28, 29].

Histopathological Investigation

Histopathological examination was performed on the brains of 3–4 rats randomly selected from each group. Following transcardiac perfusion, brains were removed, placed in 10 % formalin/PBS and kept until they became hard enough to be sectioned. Each brain was embedded in paraffin blocks. Coronal sections of 5 μ m were obtained and stained with haematoxylin and eosin (H&E) for standard histological examination according to the method of Bancroft et al. [30]. In brief, deparaffinization of sections was performed using xylene, while hydration was carried out using descending grades of alcohol and finally water. The sections were stained with Haematoxylin for 10 min. and then counterstained with Eosin for 1 min., followed by rapid rinsing with distilled water to remove excess stain

then dehydration with ascending grades of alcohols. Finally, clearing with xylene and mounting in Canada balsam was performed. For quantification of the number of pycnotic neuronal cells, three random regions were examined at $\times 400$ magnification and the number of pycnotic neurons in three areas per section of hippocampal dentate gyrus (DG) region were identified and counted on the basis of the presence of pycnotic nuclei and shrunken cytoplasm. Then the number of the pycnotic neuronal cells was calculated as an average per rat.

Statistical Analysis

Values were expressed as mean \pm S.E.M. using a computer software program statistical package for the social sciences "SPSS" (Version 16.0.). One-way analysis of variance (ANOVA) followed by Tukey–Kramer multiple comparisons post hoc. test was used for comparing the means of the different groups. The criterion for statistical significance was set at the $P < 0.05$ level. Graphical representation was conducted using GraphPad Prism (Version 5).

Results

Lactate Dehydrogenase (LDH) Activity in Hippocampal Tissue After Montelukast (0.5 mg/kg, po) Administration

Figure 1 shows the summary statistics for LDH activity, were transient global cerebral I/R was accompanied with elevated hippocampal LDH activity to about 263 % of the SO group. Montelukast decreased LDH activity to about quarter the I/R group. However, no significant reduction in montelukast group was found compared with SO group.

Effect of Montelukast (0.5 mg/kg, po) on Oxidative Stress, Inflammatory and Apoptotic Biomarkers as Well as Neurotransmitters Contents in Hippocampal Tissue

As shown in Fig. 2, I/R resulted in a significant increase in hippocampal TBARs and NO_x contents to 209 and 199 % of the SO group, respectively, accompanied with a reduction in GSH content to 28 % compared to SO group. On average, montelukast were shown to have a potential antioxidant power through a reduction in TBARs (Fig. 2a) and NO_x contents (Fig. 2c) to about 57 and 26 % of that in I/R group, respectively. Furthermore, montelukast prevented the reduction in hippocampal reduced GSH content by attaining more than two folds the I/R group but the level was still lower than that of SO group (Fig. 2b).

There was a significant positive correlation between global cerebral I/R and neutrophil infiltration as observed by

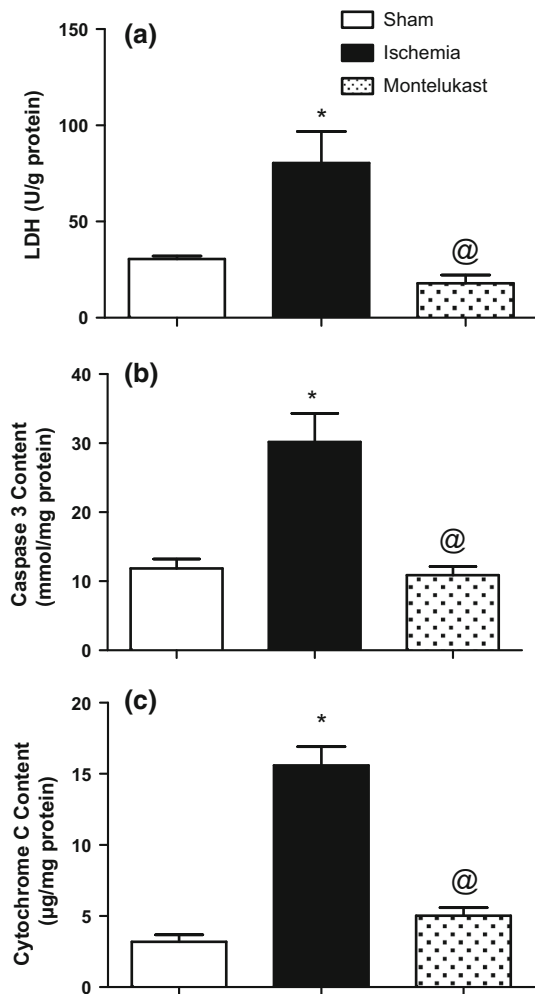


Fig. 1 Effect of Montelukast (0.5 mg/kg, po) on hippocampal **a** cytosolic lactate dehydrogenase (LDH) activity; and apoptotic markers **b** caspase-3 and **c** cytochrome-c (Cyt-c) contents in rats subjected to global cerebral ischemia reperfusion. Values were expressed as mean ± SEM of six rats. *Significantly different from Sham operated control at $P < 0.05$. @Significantly different from Ischemia reperfusion at $P < 0.05$. Statistical analysis was performed by ANOVA followed by Tukey’s post-hoc test

the elevation in hippocampal MPO activity in I/R group to about 1.5 times that in the SO group. This effect was offset by montelukast in which MPO activity decreased to about half the I/R group. Such positive correlation was found also between global cerebral I/R and inflammatory markers as I/R showed a significant increase in hippocampal NF-κB, TNF-α, IL-6 contents together with reduction in IL-10 content. The mean score for NF-κB reached 331 % of that in the SO group, meanwhile TNF-α and IL-6 were increased by fivefold and 1.5-fold respectively. On the other hand IL-10 content reached 29 % of the SO group.

Montelukast prevented the increase in MPO, NF-κB, TNF-α and IL-6 contents to be 50, 43, 32 and 61 % of that in I/R group, respectively. However, the ANOVA (one

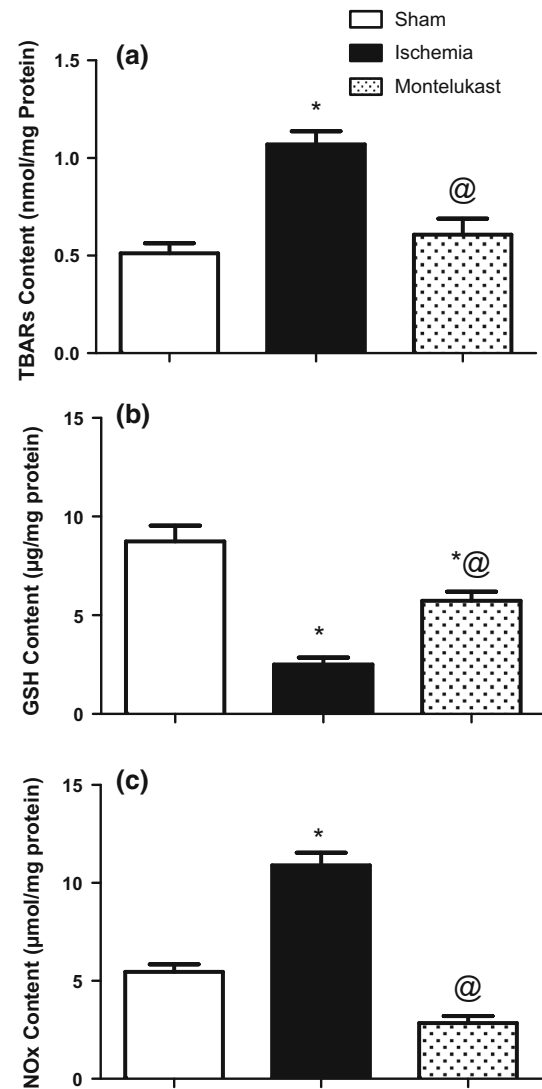


Fig. 2 Effect of Montelukast (0.5 mg/kg, po) on hippocampal oxidative stress biomarkers **a** thiobarbituric acid reactive substances (TBARs), **b** reduced glutathione (GSH) and **c** nitric oxide (NOx) contents in rats subjected to global cerebral ischemia reperfusion. Values were expressed as mean ± SEM of six rats. *Significantly different from Sham operated control at $P < 0.05$. @Significantly different from Ischemia reperfusion at $P < 0.05$. Statistical analysis was performed by ANOVA followed by Tukey’s post-hoc test

way) showed that the result of montelukast on the reduced IL-10 content was not statistically significant. These results were highlighted in Table 1.

From the data in Fig. 1, it is apparent that global cerebral I/R resulted in obvious increase in hippocampal caspase-3 content to 254 % of the SO group. Additionally, hippocampal Cyt-c content was elevated to about five folds following I/R compared to the SO group. Prior administration of montelukast significantly prevented the increase in both caspase-3 and cytochrome c contents by showing a reduction to about 36 and 32 % compared to I/R group (Fig. 1).

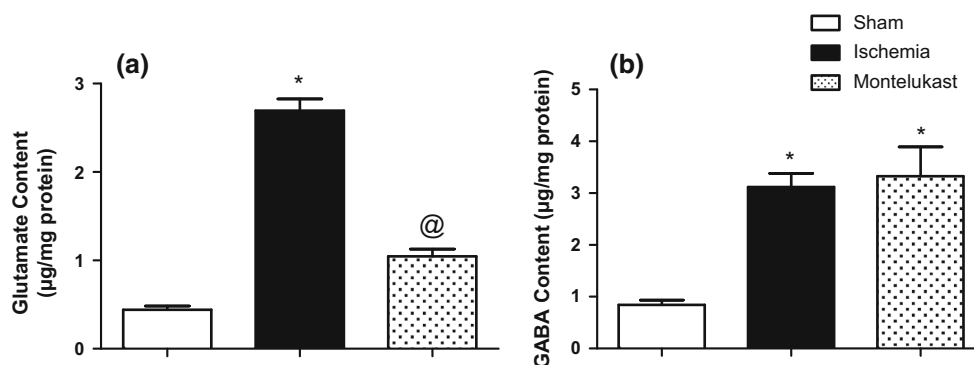
Table 1 Effect of montelukast (0.5 mg/kg, po) on hippocampal inflammatory biomarkers: myeloperoxidase (MPO) activity, nuclear factor kappa-B (NF- κ B), tumor necrosis factor-alpha (TNF- α),

interleukin-10 (IL-10) and interleukin-6 (IL-6) contents in rats subjected to global cerebral ischemia reperfusion

Groups	Parameter				
	MPO activity (mU/mg protein) Mean \pm SE	NF- κ B content (ng/mg protein) Mean \pm SE	TNF- α content (Pg/mg protein) Mean \pm SE	IL-10 content (Pg/mg protein) Mean \pm SE	IL-6 content (Pg/mg protein) Mean \pm SE
Sham operated control	26.83 \pm 4.24	0.11 \pm 0.01	3.02 \pm 0.39	16.71 \pm 2.34	27.11 \pm 1.74
Ischemia reperfusion	42.53* \pm 2.42	0.35* \pm 0.02	14.85* \pm 0.96	4.96* \pm 1.22	40.41* \pm 5.38
Montelukast (0.5 mg/kg, po)	20.5@ \pm 3.22	0.15@ \pm 0.03	4.78@ \pm 0.72	6.98* \pm 1.33	24.79@ \pm 1.28

Values were expressed as mean \pm SEM of six rats* Significantly different from Sham operated control at $P < 0.05$ @ Significantly different from Ischemia reperfusion at $P < 0.05$

Statistical analysis was performed by ANOVA followed by Tukey's Post-hoc test

**Fig. 3** Effect of Montelukast (0.5 mg/kg, po) on hippocampal neurotransmitters **a** glutamate and **b** gamma amino butyric acid (GABA) contents in rats subjected to global cerebral ischemia reperfusion. Values were expressed as mean \pm SEM of six rats.*Significantly different from Sham operated control at $P < 0.05$.@Significantly different from Ischemia reperfusion at $P < 0.05$.

Statistical analysis was performed by ANOVA followed by Tukey's post-hoc test

Global cerebral I/R showed a significant increase in both glutamate and GABA contents in the hippocampus. Glutamate content reached to about six folds that measured in the SO group while GABA content increased to 368 % of the SO group. Montelukast failed to change the GABA content (Fig. 3b), but could prevent the rise in glutamate content to reach 39 % of the I/R group (Fig. 3a).

Effect of Montelukast (0.5 mg/kg, po) on Cysteinyl Leukotrienes and CysLT1 Receptor Expression in Hippocampal tissue

Transient cerebral I/R resulted in a significant increase in cysteinyl leukotrienes contents (Fig. 4a) and cysteinyl leukotriene receptor 1 expression (Fig. 4b) to attain 194 and 130 % of the SO group, respectively. Treatment with montelukast attenuated the elevated CysLT1 receptor expression to attain less than half the I/R group, but failed

to show any significant change in the contents of cysteinyl leukotrienes contents in rat hippocampus.

Cerebral Infarct Size Following Montelukast (0.5 mg/kg, po) Administration

Global cerebral I/R resulted in a significant increase in infarct size to 230 % of the SO group. Montelukast prevented the elevated infarct size to reach 57 % of that in I/R group (Fig. 5).

Effect of Montelukast (0.5 mg/kg, po) on the Histopathology of Hippocampal Areas in Rats Subjected to I/R

As shown in Fig. 6, sections of the SO rat hippocampi showed normal histological structures, while sections of the I/R rat hippocampi presented the occurrence of

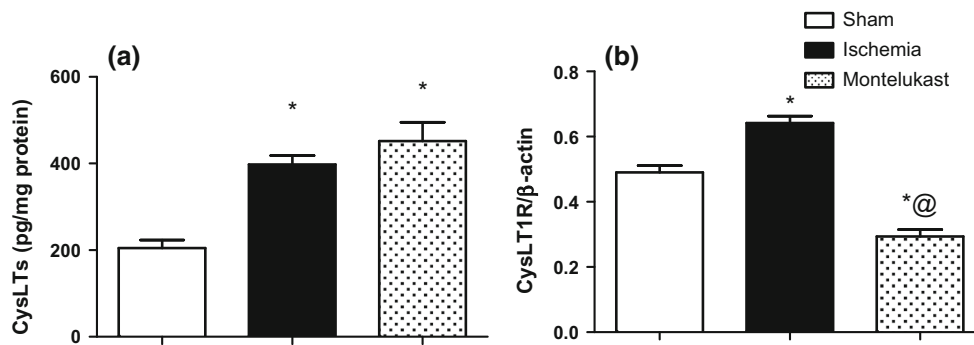


Fig. 4 Effect of Montelukast (0.5 mg/kg, po) on hippocampal **a** CysLTs contents and **b** CysLT1 receptor expression in rats subjected to global cerebral ischemia reperfusion. Values were expressed as mean ± SEM of six rats. *Significantly different from

Sham operated control at $P < 0.05$. @Significantly different from Ischemia reperfusion at $P < 0.05$. Statistical analysis was performed by ANOVA followed by Tukey’s post-hoc test

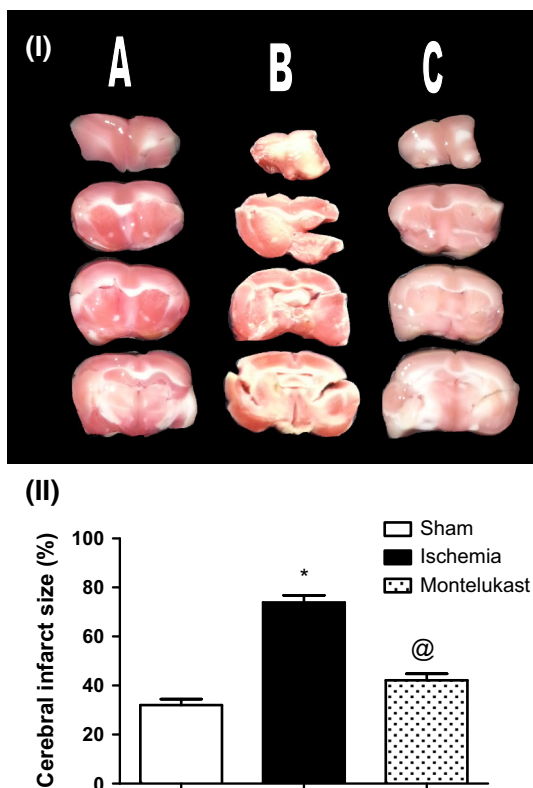


Fig. 5 Effect of Montelukast (0.5 mg/kg, po) on brain coronal sections. **I** coronal sections showing the infarct areas (in white) in (A) Sham operated control, (B) ischemia/reperfusion brain, (C) and Montelukast (0.5 mg/kg, po). **II** Summary of the quantitative analysis of infarct areas. Values were expressed as mean ± SEM of four rats. *Significantly different from Sham operated control at $P < 0.05$. @Significantly different from Ischemia reperfusion at $P < 0.05$. Statistical analysis was performed by ANOVA followed by Tukey’s post-hoc test

necrosis, atrophy and pyknosis of pyramidal cells of the hippocampus. Rats treated with montelukast (0.5 mg/kg, po) for 7 days before the induction of I/R, demonstrated a significant improvement in the I/R induced changes where

the hippocampal cellular structures were nearly preserved (Figs. 6, 7).

Discussion

Cerebral ischemia elicits an acute inflammatory response that is greatly augmented by reperfusion. Polymorphonuclear leukocytes (PMNs) are the first line defense that reaches the ischemic area [5]. They have a vital role in the tissue injury following ischemia and reperfusion as it has the capacity to produce oxygen-derived free radicals, proteases, leukotrienes and myeloperoxidase when activated by appropriate stimuli [31]. A significant part of the total cerebral injury after ischemia and reperfusion is attributable to these effects.

There is overwhelming evidence corroborating the notion that oxidative stress is a key step in the damage induced by I/R. For instance, it has been reported that exposure of rats to transient cerebral ischemia showed an elevation in lipid peroxidation, and a decline in the reduced glutathione content and superoxide dismutase (SOD) activity [32]. Further evidence supporting Vaibhav et al. [32] work, may lie in the findings of Akhtar et al. [33], who, demonstrated that median cerebral artery occlusion showed an elevation in the levels of TBARs with a reduction in the levels of glutathione and antioxidant enzymes as SOD and catalase. The results of the current work provide confirmatory evidence to the previously reported work, as exposure of rats to global cerebral ischemia reperfusion in our model showed a marked decrease in reduced GSH content and an elevation in lipid peroxidation and peroxynitrite as evidenced by the elevated contents of TBARs and NOx confirming the involvement of oxidative stress in the damage induced by I/R. NOx produced react rapidly with superoxide produced in excess during reperfusion to form peroxynitrite contributing to

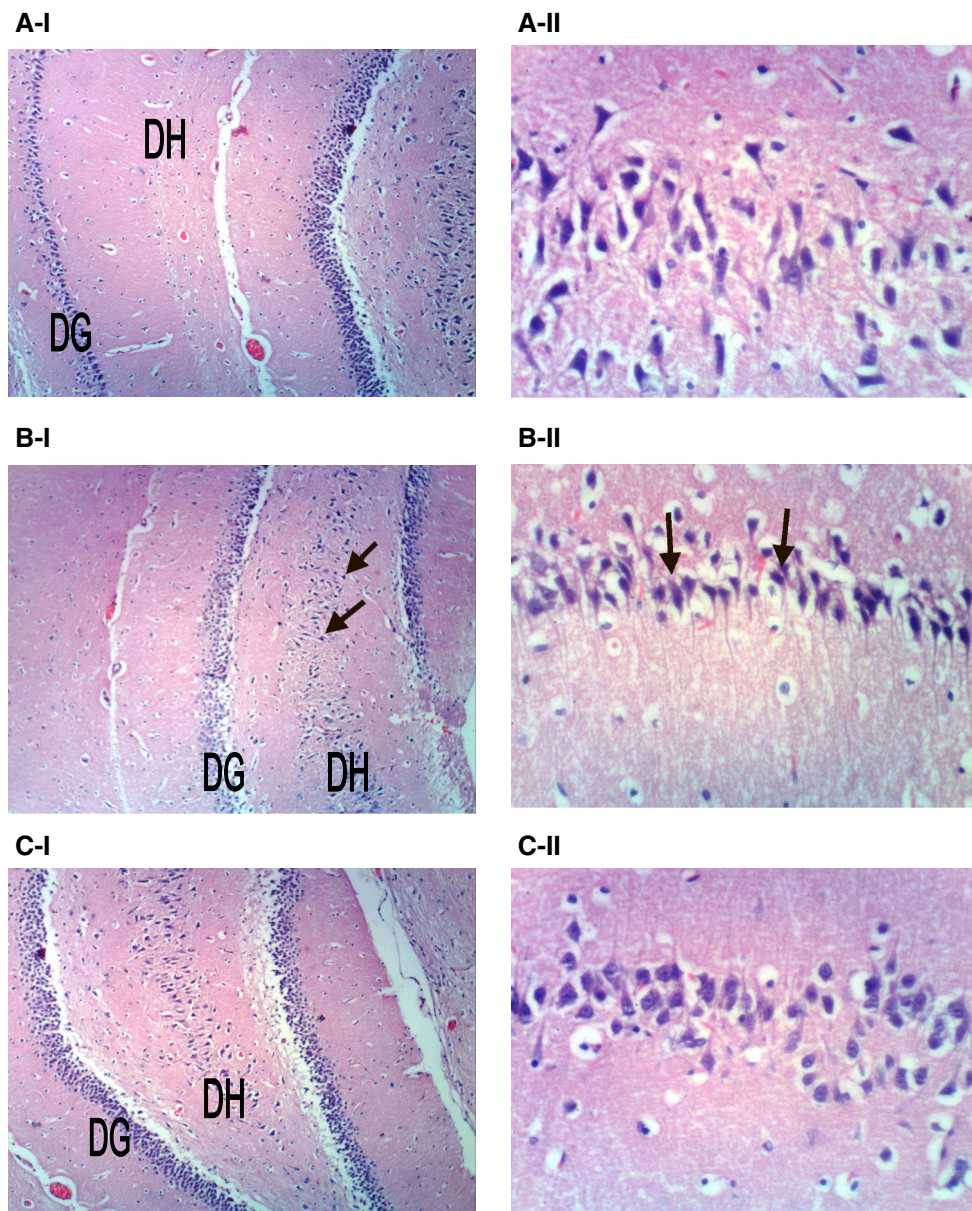


Fig. 6 Representative photomicrographs of the hilar region of the dentate gyrus sector of the hippocampal sections of **a** control animals showing normal architecture of hippocampus, **b** ischemia reperfusion (I/R) animals showing nuclear pyknosis (*arrow*), **c** rats treated with

Montelukast (0.5 mg/kg, po) for 7 days before induction of I/R showing preserved cellular structures. (*DH* dentate hilus, *DG* dentate gyrus). I = (H&E \times 100) and II = (H&E \times 400)

cell death as seen with vacuolations and pyknotic nuclei upon histopathological examination.

On logical grounds, there is compelling reason to affirm that the oxidative stress induced after exposure to ischemia reperfusion may be as a result of elevated 5-lipoxygenase activity [5-LO] and leukotrienes [LT] content in ischemic areas. It has been confirmed that arachidonic acid level was greater in brain regions subjected to I/R injury [34] and 5-LO expression as well as LT level were elevated in the ischemic brain [35], indicating an important role for LT in cerebral ischemia. The elevation in LT was accompanied

by the increase in TBARS content and the decrease in tissue GSH level, and SOD activity [36]. This finding corroborates the ideas of Hagar and Abd El Tawab [37], who suggested that induction of ischemia–reperfusion resulted in elevation of serum nitrite and nitrate, TNF- α , malondialdehyde (MDA) concentration and a reduction in reduced glutathione content. Administration of zafirlukast, a cysteinyl leukotriene receptor antagonist before ischemia–reperfusion improved the functions of ischemic organ and abolished the previous changes induced by I/R [37]. It is encouraging to compare these findings with that found by

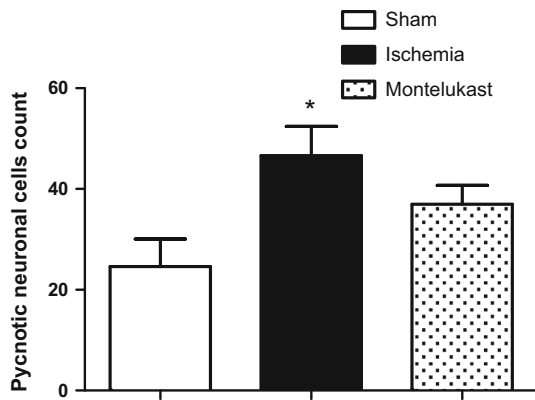


Fig. 7 Effect of montelukast (0.5 mg/kg, po) on hippocampal pycnotic neuronal cells count in rats subjected to global cerebral ischemia reperfusion. Values were expressed as mean \pm SEM of six rats. *Significantly different from Sham operated control at $P < 0.05$. Statistical analysis was performed by ANOVA followed by Tukey's post-hoc test

Daglar et al. [38], who found that tissue MDA levels and glutathione consumptions were decreased significantly in the groups treated with montelukast before and during the surgical operation compared with the I/R group. The results of the present investigation were in harmony with the previously reported work as treatment of rats with montelukast for 7 days before induction of I/R succeeded to diminish the elevated TBARs and NOx contents and elevated reduced GSH content in rats' hippocampi. The data gathered in the current study strongly suggests that montelukast has a potential antioxidant action that can be used to treat many other disorders in which oxidative stress is a hallmark process.

Many studies have propounded the view that inflammatory mediators are involved in the damage induced by focal and global cerebral ischemia reperfusion [39, 40].

In the present work the levels of inflammatory mediators MPO, NF- κ B, TNF- α and IL-6 were elevated, while the level of the anti-inflammatory cytokine IL-10 was markedly declined. The view that inflammatory process was induced after I/R is very much in line with the previously reported data.

Cysteinyl leukotrienes are considered one of the most important inflammatory mediators that are implicated in the pathogenesis of many inflammatory disorders such as asthma [41], rheumatoid arthritis [42], ischemia [43] and many other disorders.

TNF- α were known to stimulate the arachidonate cascade leading to the synthesis of LT in vivo [44]. Furthermore, LT enhance TNF- α induced cytokines production through enhancing NF- κ B activity [45]. Together these results provide important insights into the mutual enhancement relationship between leukotrienes and TNF- α . Also, leukotriene B4 enhances the production of IL-6

[46]. On the other hand, the absence of 5-LO derived leukotrienes results in increased IL-10 production with a concomitant decrease in the production of pro-inflammatory cytokines, including TNF- α and IL-12 [47].

Blockade of leukotriene receptor by montelukast in the present work could decrease MPO, NF- κ B, TNF- α and IL-6 levels but failed to induce IL-10. In harmony with our results, montelukast could normalize the TNF- α , NF- κ B levels and MPO activity elevated by methotrexate in renal tissues [48]. Furthermore, blockade of leukotriene receptor [49], or inhibition of leukotriene synthesis [50] significantly decreased serum TNF- α and IL-6 in rats subjected to hemorrhagic shock as compared to untreated rats. However, the findings of the current study do not support the previous research of Yuksel et al. [51] who demonstrated that montelukast significantly increased serum IL-10 level. This discrepancy may be due to the longer period of montelukast treatment in Yuksel et al. [51] work as compared to the 1 week treatment period in our work.

Many reports studied the role of neurotransmitters in the pathogenesis of ischemia reperfusion. For instance, occlusion of the median cerebral artery showed an increase in excitatory and inhibitory amino acids in the CSF relative to the sham-operated rats [52]. Furthermore, Transient fore-brain ischemia increased glutamate and GABA contents as well as NMDA receptor expression in rats' hippocampi [53]. There are similarities between the attitudes expressed by I/R in this study and those described by Wang et al. [52] and Cai et al. [53], as the present investigation showed that exposure of rats to median cerebral artery occlusion resulted in a significant rise in glutamate and GABA contents in rats' hippocampi.

It has been shown that NMDA injection upregulated the expression of CysLT1 receptor in neurons which indicates that the increased CysLT1 receptor is involved in NMDA induced excitotoxicity [54]. Also, the CysLT1 receptor was found to modulate brain cryoinjury induced by applying a liquid nitrogen-cooled metal probe to the surface of the skull for 30 s [55]. This link between CysLT1 receptor and brain damage was confirmed in our model as the expression of CysLT1 receptor was induced after the period of I/R which may be mediated through the activation of NMDA receptors by the increased glutamate level. Prophylactic use of montelukast before the induction of I/R succeeded to suppress the elevation of CysLT1 receptor which was in harmony with the results shown by Ding et al. [54] who demonstrated that NMDA-induced responses are inhibited by CysLT1 receptor antagonists.

Turning now to the experimental evidence on the effect of I/R on CysLTs contents, Ciceri et al. [56] showed that cysteinyl-leukotriene formation is associated with NMDA receptor activation, and that it represents a neurotoxic event. It has been postulated also that severe forebrain

ischemia in rats increased free arachidonic acid by approximately 8.5 times compared with the preischemic level which resulted also in accumulation of CysLTs in brain tissue after reperfusion [57]. This induction in CysLTs content was also seen in our model of I/R. However, debate continues about the effect of CysLT receptor antagonists on the content of CysLTs. In the present work montelukast reduced the elevated glutamate content and hence the NMDA receptor activity which was expected to reduce the production of CysLTs as shown with Ge et al. [58]. Additionally, montelukast reduced the concentration of leukotrienes in the respiratory tract of children with persistent asthma [59, 60]. Contrary to expectations of the latterly mentioned studies which suggest that montelukast can suppress CysLTs contents, it failed to change CysLTs in rats' hippocampi elevated by I/R. The results of the current investigation go straightforward with the study of Nakamori et al. [61] who demonstrated that pranlukast had no effect on the mucosal CysLT levels in the stomach after I/R treatment.

Apoptotic cell death is a genetically programmed mechanism(s) that allows the cell to commit suicide. The two major well-studied apoptotic processes are the extrinsic and intrinsic pathways [62, 63]. The extrinsic pathway is mediated by tumor necrosis factor receptors. Activation of these so called death receptors leads to the recruitment and activation of initiator caspases such as caspases 8 and 10. This leads to the activation of an effector caspase, typically caspase 3. The active caspase 3 is responsible for the cleavage of a number of so-called death substrates that lead to the well-known characteristic hallmarks of an apoptotic cell [64]. The intrinsic pathway is largely centered around and/or regulated by the mitochondria [65]. The most widely studied form of intrinsic apoptosis is initiated by the release of cytochrome c from the mitochondria that results in the formation of the apoptosome. The apoptosome then activates initiator caspase, mostly caspase 9, which leads to the activation of the executioner caspase 3. For the sake of discussion, I would like to argue that intrinsic pathway leads to similar type of apoptotic response as observed for the extrinsic pathway.

The available evidence seems to confirm the role of free radicals [66], inflammatory mediators [67] and glutamate excitotoxicity [68] in the induction of apoptosis. The shown induction in oxidative stress, inflammatory process and oxidative stress by the current model of ischemia reperfusion can finally end in an increase in cell death and apoptosis as evidenced by the elevation in caspase 3 and cytochrome c contents in rats' hippocampi. Moreover, we traced the infarct size and lactate dehydrogenase (LDH) activity and found that they were elevated following I/R which corroborated with histopathological findings that

confirmed the presence of necrosis, atrophy and pyknosis in the pyramidal cells of the hippocampus. The data yielded by this investigation provides convincing evidence that both intrinsic and extrinsic pathway were involved in the damage shown with I/R.

It has conclusively been shown that leukotrienes can regulate the viability and apoptosis of most cell cultures. It decreased the number of living cells and increased the number of necrotic cells [69]. Treatment with montelukast could reduce apoptosis in cardiomyocytes in vitro and in vivo [70]. In addition, according to Daglar et al. [38] blockade of leukotrienes receptors with montelukast or inhibition of leukotrienes synthesis can reduce apoptosis in liver and intestine of rats subjected to I/R. The above findings are consistent with the study by Lai et al. [71], who demonstrated that the blockade of leukotrienes receptors by repeated treatment with montelukast reduced TNF- α and caspase-3 activation in the hippocampus and cortex.

In accordance with the previously mentioned results, treatment of rats with montelukast before induction of I/R in the present investigation could normalize the elevated Cyt c, TNF- α and caspase 3 contents, LDH activities together with a significant decline in infarct size compared to untreated rats. These results were confirmed in rats treated with montelukast by amending the occurrence of pyknotic nuclei and valuations as shown in histopathological examination compared to I/R group. A closer look at these data indicates that prophylactic use of montelukast orally for 7 days was enough to suppress most of the damage induced by I/R.

In conclusion, our findings clearly indicate that blockade of leukotrienes receptors with montelukast impose a strong antioxidant, anti-inflammatory and antiapoptotic effects. Our results add a new evidence for the neuroprotective effects of leukotriene antagonists and highlight the need for further experimental and clinical studies that will define the clinical scope of therapy with montelukast as a sole agent or as an adjunctive therapy for patient suffering from stroke.

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