

Pretreatment by Evodiamine is Neuroprotective in Cerebral Ischemia: Up-Regulated pAkt, pGSK3 β , Down-Regulated NF- κ B Expression, and Ameliorated BBB Permeability

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Abstract Inflammatory damage plays an important role in cerebral ischemic pathogenesis and may represent a target for treatment. Evodiamine (Evo) has been proved to elicit a variety of biological effects through its anti-inflammatory property in the treatment of infectious disease, Alzheimer's disease and hypoxia-induced inflammatory response. Whether this protective effect applies to cerebral ischemic injury, we therefore investigated the potential neuroprotective role of Evo and the underlying mechanisms. Male Institute of Cancer Research (ICR) mice were subjected to permanent middle cerebral artery occlusion (pMCAO) and randomly divided into five groups: Sham (sham-operated + 1 % DMSO + 0.5 % tween80), pMCAO (pMCAO + 0.9 % saline), Vehicle (pMCAO + 1 % DMSO + 0.5 % tween80), Evo-L (Vehicle + Evo 50 mg/kg) and Evo-H (Vehicle + Evo 100 mg/kg) groups. Evo was administered intragastrically twice daily for 3 days, and once again 30 min before mouse brain ischemia was induced by pMCAO. Neurological deficit, brain water content and infarct size were measured at 24 h after stroke. The expression of pAkt, pGSK3 β , NF- κ B and

claudin-5 in ischemic cerebral cortex was analyzed by western blot and qRT-PCR. Compared with Vehicle group, Evo significantly ameliorated neurological deficit, brain water content and infarct size, upregulated the expression of pAkt, pGSK3 β and claudin-5, and downregulated the nuclear accumulation of NF- κ B ($P < 0.05$). Evo protected the brain from ischemic damage caused by pMCAO; this effect may be through upregulation of pAkt, pGSK3 β and claudin-5, and downregulation of NF- κ B expression.

Keywords Ischemic stroke · Neuroprotection · Evodiamine · Akt/GSK · NF- κ B · Claudin-5

Introduction

Ischemic stroke remains a major medical problem due to the lack of effective treatment. Previous studies have indicated that inflammatory response is an important pathological mechanism in the pathogenesis of brain injury secondary to ischemia [1–3]. The close relationship between inflammatory response and cerebral ischemia has generated our considerable interest in seeking anti-inflammatory therapies to combat ischemia-induced damage [2, 4–6].

Ample evidences have suggested that Protein kinase B (PKB, also known as Akt)/glycogen synthase kinase (GSK) signaling pathway plays a central role in physical and pathological conditions to differently regulate inflammatory factors as well as boost survival [7]. Akt, is a serine/threonine kinase and plays a critical role in the modulation of cell development, growth, and survival. Akt phosphorylation is neuroprotective against ischemic injury. Akt is phosphorylated by its upstream kinases such as phosphoinositide dependent kinase 1 (PDK-1), which phosphorylates Akt at

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Thr308 [8] and mammalian target of rapamycin complex 2 that phosphorylates Akt at Ser473 [9]. Thus Akt is fully activated and then phosphorylates a diverse number of protein substrates including the constitutively active serine-threonine kinase glycogen synthase kinase 3- β (GSK3 β) (Ser9), I κ B kinase (IKK), Nuclear factor-kappa B (NF- κ B) and so on. GSK3 β , which has been reported to be involved in ischemic brain injury [10, 11], is particularly abundant in the central nervous system and is neuron-specific. And its activity has recently been identified in a number of studies as crucial in the regulation of the inflammatory response [12].

NF- κ B is a family of transcription factors composed of five subunits, RelA/p65, c-Rel, RelB, p50 and p52 [13], and previous observation provides evidence that GSK3 β regulated the inflammatory response by differentially affecting the nuclear amounts of transcription factors NF- κ B subunit p65 [14]. Although NF- κ B is essential for neuron survival and its activation may protect neurons against oxidative-stresses or ischemia-induced neurodegeneration, NF- κ B activation can contribute to inflammatory reactions after brain injury and stroke [13, 15], which regulates the genes of a vast number of inflammatory mediators, such as IL-1, tumor necrosis factor- α (TNF- α), IL-6, inducible nitric oxide synthase (iNOS) and cyclooxygenase-2 (COX-2), all of which play a pivotal role in ischemic brain damage [16–18]. Previous studies have proved that NF- κ B is activated in cerebral ischemia and inhibition of NF- κ B reduces infarction volume and develops less ischemic damage in permanent ischemia especially [19–21].

Evodiamine (Evo) is an alkaloidal component extracted from the unripe fruit of *Evodiae-fructus* which is commonly used as an anti-inflammatory drug in traditional Chinese medicine. The structure of Evo is clear as shown in Fig. 1. With respect to the pharmacological actions of Evo, more attention has been paid to its beneficial effects involving anti-inflammatory [22, 23], immune modulation [24], anti-tumor [25–27] actions and retarding development of atherosclerosis [28, 29]. Furthermore, Evo exerts a protective effect on Alzheimer's disease [23] and ischemia/reperfusion damage in heart [30]. However, there is still a paucity of data about the exact role of Evo on the brain

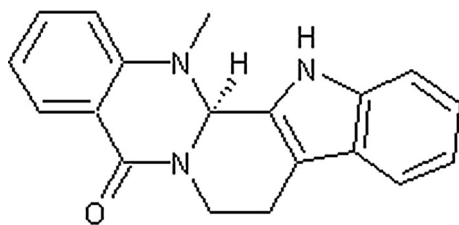


Fig. 1 The chemical structure of evodiamine

parenchymatous tissue in the acute phase of cerebral ischemia.

The aim of this study was to investigate whether Evo has neuroprotective effect on acute ischemic stroke, and the potential mechanisms for its neuroprotection in permanent middle cerebral artery occlusion (pMCAO) brain.

Materials and Methods

Experimental Animals

Male ICR mice (25–30 g, about 3 weeks, $n = 120$) were supplied by Vital River Laboratory Animal Technology Co. Ltd. The experimental protocol was approved by the institutional animal care and use committee and the local experimental ethics committee and conformed to internationally accept ethical standards. All mice were allowed to acclimatize to the new surrounding for at least 2 days ahead of any experimentation in a 12:12-h light/dark cycle.

Mouse Model of Permanent Focal Cerebral Ischemia

The procedure was performed as described previously [19, 31]. Briefly, animals were anesthetized with 10 % chloral hydrate (350 mg/kg) intraperitoneally. In anesthetized mice, body temperature was monitored and maintained at 36.5–37.5 °C. The right common carotid artery was exposed and isolated. The right middle cerebral artery (MCA) was occluded by inserting a monofilament nylon suture with a heat-rounded tip into the internal carotid artery, which was advanced further until it closed the origin of the MCA. Sham-operated control mice received the same surgical procedure without inserting a filament. During the experiments, MCA blood flow was monitored using a blood flow monitor (moor VMS-LDF, Moor Instruments Ltd., UK) with a fiber optic probe, adhered onto the skull surface of core area supplied by the MCA before and after clamping the MCA.

Groups and Drug Administration

Evo (Zelang Medical Technology Co. Ltd, Nanjing, China) with purity of more than 98 % was dissolved in dimethyl sulfoxide (DMSO) and tween-80 to prepare concentration of 5 mg/ml and 10 mg/ml. Evo was administered by gavage twice a day (once every 12 h) for 3 days before surgery and another dosage 30 min before operation. Sham operated group: mice received equal volume 0.9 % saline including 1 % DMSO and 0.5 % tween-80 (Sham); pMCAO group: mice received pMCAO and treated with equal volume 0.9 % saline (pMCAO); Vehicle group: mice received pMCAO and treated with equal volume 0.9 %

saline including 1 % DMSO and 0.5 % tween-80 (Vehicle); low dose group: mice received pMCAO and treated with Evo at dose of 50 mg/kg (Evo-L); high dose group: mice received pMCAO and treated with Evo at dose of 100 mg/kg (Evo-H).

Neurological Function Assessment

A neurological test was carried out by an examiner blinded to the experimental groups before the mice ($n = 16$ per group) were killed at 24 h after pMCAO, following a modified scoring system based on that developed from Longa et al. [32] and our previous study [33, 34], as follows: (0) no deficits; (1) difficulty in fully extending the contralateral forelimb; (2) unable to extend the contralateral forelimb; (3) mild circling to the contralateral side; (4) severe circling; and (5) falling to the contralateral side. The higher the neurological deficit score, the more severe impairment of motor motion injury.

Measurement of Brain Water Content

Brain water content was observed at 24 h after pMCAO using the standard wet-dry method. 6 mice in each group were anesthetized with 10 % chloral hydrate and killed by decapitation. The brains were quickly removed and placed on a frozen surface. After dissecting free 2 mm of frontal pole, a coronal brain slice (about 3 mm thick) was cut and the slice was divided into the ipsilateral and contralateral hemispheres. The two hemisphere slices packaged with preweighed tin foil were immediately weighed on an electronic balance to obtain the wet weight, dried for 8 h in an oven at 120 °C, and then reweighed to obtain the dry weight. Brain water content was calculated with the equation as follows: Brain water content (%) = (wet weight – dry weight)/wet weight \times 100 %.

Measurement of Infarct Volume

Infarct volume after pMCAO was determined by 2,3,5-triphenyltetrazolium chloride (TTC) at 24 h after pMCAO ($n = 6$ per group). Animals were reanesthetized and the brains were quickly collected. Then the brain tissue was sliced into five coronal section (1.5 mm thick each) and stained with 2 % solution of TTC at 37 °C for 15 min, followed by fixation with 4 % paraformaldehyde. The normal tissue was stained red, while the infarct area was stained a pale gray color. TTC-stained sections were photographed and the digital images were analyzed using image analysis software (Image-Pro Plus 5.1). The lesion volume was calculated by multiplying the area by the thickness of slices. To compensate for the effect of brain edema, the percentage hemisphere lesion volume (%HLV)

was calculated by the following formula [35]: %HLV = {[total infarct volume – (the volume of intact ipsilateral hemisphere – the volume of intact contralateral hemisphere)]/contralateral hemisphere volume} \times 100 %.

Western Blotting

The cytosolic and nuclear protein and total protein were extracted respectively from mouse ischemic and control cortex following the manufacturer's protocols (Applygen Technologies Inc., Beijing, China) at 24 h after pMCAO. About 30 mice were used for Western blot analysis ($n = 6$ per group). Protein concentration of the supernatant was determined using a BCA Protein Assay Reagent Kit (Novagen, Madison, WI, USA) with bovine serum albumin as the standard. An equivalent amount of 50 mg total protein samples, as well as 30 mg cytosolic or nuclear protein samples, was separated respectively, by sodium dodecyl sulfate-poly-acrylamide gels prior and transferred 2 h on to PVDF membranes (Millipore Corporation, USA). After blocking 1 h with 5 % non-fat dry milk in phosphate buffered saline (PBS), membranes were incubated overnight at 4 °C with rabbit polyclonal antibody anti-Akt (1:500, Cell Signaling Technology), anti-pAkt (Ser473) (1:500, Cell Signaling Technology), anti-GSK3 β (1:500, Bioworld Technology, Inc.), anti-pGSK3 β (Ser9) (1:500, Bioworld Technology, Inc.), claudin-5 (1:200, Santa Cruz Biotechnology), anti- β -actin (1:500, Santa Cruz Biotechnology); rabbit monoclonal antibody NF- κ B (p65) (1:500, Santa Cruz Biotechnology) and mouse monoclonal antibody anti- β -actin (1:200, Santa Cruz Biotechnology). The second day, membranes were washed with PBS containing 0.1 % Tween-20 (TPBS) (10 min \times 3) each time, and then incubated with fluorescent labeling second antibodies (IRDye[®] 800-conjugated goat anti-rabbit or anti-mouse IgG, 1:5,000 dilution, Rockland, Gilbertsville, PA) for 1 h at room temperature. Membranes were then again washed with TPBS (10 min \times 3) and the relative density of bands was analyzed on an Odyssey infrared scanner (LI-COR Bioscience, USA). The densitometric values were normalized with respect to the values of β -actin immunoreactivity to correct for any loading and transfer differences between samples. This procedure was repeated 3 times each sample.

Real-Time PCR

30 mice were used in this part ($n = 6$ per group). Total mRNA was extracted by using the Trizol reagent (Invitrogen, Carlsbad, CA, USA) and was reverse-transcribed into cDNA using Revert Aid first Strand cDNA Synthesis Kit (Fermentas International Inc, Burlington, Canada) for Quantitative PCR (ABI7500, USA) in the presence of a

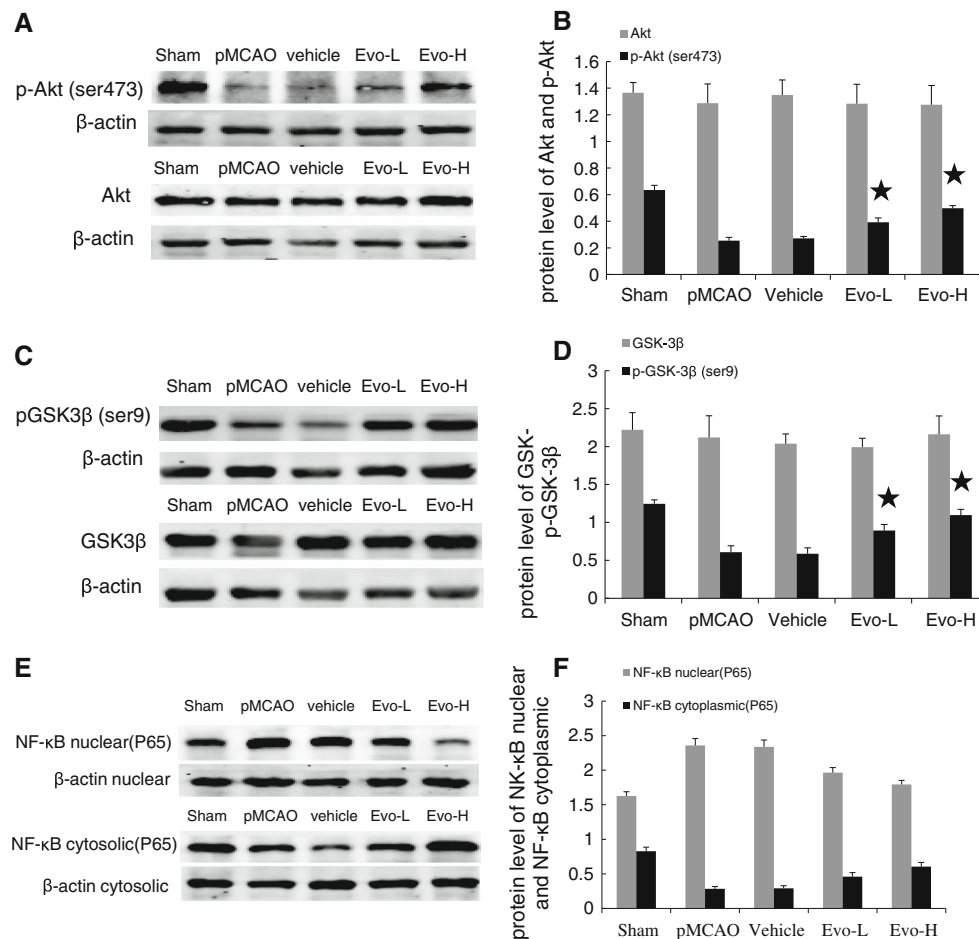


Fig. 3 Immunoblots (a, c and e) and quantitative analysis (b, d and f) of pGSK3β (Ser9), pAkt (Ser473) and nuclear and cytoplasm NF-κB (P65). The expression of pAkt (Ser473) and pGSK3β (Ser9) were increased in Evo-L group and Evo-H group ($*P < 0.05$) versus Vehicle group, but the expression of Akt and GSK3β were constant in control and experimental groups. The expression of nuclear NF-κB

(p65) was decreased in Evo-L group and Evo-H group ($*P < 0.05$) versus Vehicle group. On the contrary, the expression of cytoplasmic NF-κB (p65) was increased in Evo-L group and Evo-H group ($*P < 0.05$) versus Vehicle group. β-actin was used as an endogenous protein loading control. Data represent mean \pm SD. One-way ANOVA followed by LSD test

and Evo-H groups showed an intense decline in the percentage of brain water content (Vehicle group vs. Evo-L group: $84.25 \pm 0.57\%$ vs. $83.16 \pm 0.49\%$, $P < 0.05$; Vehicle group vs. Evo-H group: $84.25 \pm 0.57\%$ vs. $82.24 \pm 0.31\%$, $P < 0.05$) (Fig. 2b).

Evo Reduced the Infarct Volume

No infarction was observed in Sham group, while extensive lesion was developed in both striatum and lateral cortex in vehicle group. Compared with Vehicle group, the infarct size was significantly reduced both in Evo-H and Evo-L group (Vehicle group vs. Evo-H group: $43.90 \pm 2.61\%$ vs. $32.78 \pm 3.78\%$, $P < 0.05$; Vehicle group vs. Evo-L group: $43.90 \pm 2.61\%$ vs. $36.57 \pm 3.36\%$, $P < 0.05$) (Fig. 2c, d).

Evo Upregulated the Expression of pAkt, pGSK3β and Downregulated the Expression of NF-κB p65

The results showed that systemic administration of Evo to cerebral ischemic mouse significantly increased the expression of pAkt and pGSK3β at protein level ($P < 0.05$). While the expression of Akt and GSK3β at protein level was not significantly changed ($P > 0.05$) (Fig. 3a–d). In agreement with results of western blotting, Akt and GSK3β have the same expression at the mRNA level ($P > 0.05$) (Fig. 4a).

Western Blotting (Fig. 3e, f) suggested that the expression of NF-κB p65 nuclear was upregulated after ischemia, and was decreased in Evo-H and Evo-L groups at 24 h compared with Vehicle group ($P < 0.05$), while the NF-κB p65 cytosolic presented an opposite expression ($P < 0.05$). Meanwhile, qRT-PCR suggested that the total level of

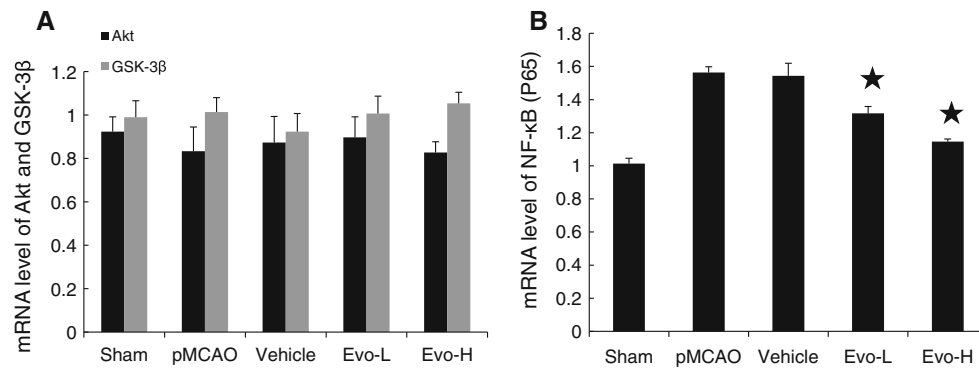


Fig. 4 qRT-PCR of Akt, GSK3 β and NF- κ B genes in the mice brain. The bar graph **a** showed the qRT-PCR of Evo induction (50 or 100 mg/kg, ig) Akt and GSK3 β mRNA. In agreement with the result of Western Blotting, the expression of Akt and GSK3 β were constant in control and experimental groups ($P > 0.05$). The bar graph

b showed the qRT-PCR of Evo induction (50 or 100 mg/kg, ig) NF- κ B (P65) mRNA. The expression of NF- κ B mRNA was reduced in Evo-L group and Evo-H group ($*P < 0.05$) vs. Vehicle group. β -actin was used as qRT-PCR control. Data are mean \pm SD. One-way ANOVA followed by LSD test

NF- κ B was upregulated after ischemia, and was decreased in Evo-H and Evo-L groups at 24 h compared with Vehicle group (Fig. 4b) ($P < 0.05$).

Evo Protected the Structure and Function of Blood–Brain Barrier (BBB)

To further explore the protective mechanism of Evo in cerebral ischemia, the expression of tight junction protein claudin-5 was examined by western blot and qRT-PCR at 24 h after pMCAO. Compared with Sham group, claudin-5 was significantly downregulated in pMCAO and Vehicle group. Low and high doses of Evo significantly upregulated the reduced expression of claudin-5 at both protein and mRNA levels (both $P < 0.05$) (Fig. 5a–c).

Discussion

The past decades have seen unprecedented advances in understanding of physiological processes in cerebral ischemia. To a large extent, it is due to the focus on pMCAO as a well-characterized and classical experimental model [36, 37]. Pro-inflammatory responses occur within minutes after the onset of cerebral ischemia and exacerbate the progression of brain damage [2, 38]. So the inhibition of inflammatory responses at the early stage of ischemia provides an attractive therapeutic strategy. In our study, pMCAO model is used to evaluate the expression of pAkt, pGSK-3 β , NF- κ B and claudin-5 in the acute focal cerebral ischemia and to explore the interrelation between Evo's neuroprotection effect and the role of the Akt/GSK pathway in mediating the anti-inflammatory effects in vivo.

Evo has been reported to elicit a variety of biological effects in treatment of inflammatory diseases, atherosclerosis, tumors and others. In mouse model of Alzheimer's disease, Evo improves cognitive abilities through its anti-inflammatory effects. Previous study has provided the evidence that Evo had a direct effect in the hypothalamus [39] and it can repress hypoxia-induced inflammatory response. Additionally, Evo exerts a protective effect on ischemia/reperfusion damage in heart [30]. These above observations raise the possibility that Evo may have protective effects on ischemic brain injury. Therefore, we tried to explore the neuroprotective properties of Evo at 24 h after ischemic stroke, and further investigated the potential mechanisms. Consistent with our hypothesis, Evo administration, both dosage of 50 and 100 mg/kg, could relieve neurological deficits, reduce brain edema, and decrease infarct size in a dose dependant manner, suggesting an effective protection of Evo in acute cerebral ischemia. In this study, we demonstrated that Evo induced rescue of Akt activity and consequently blocked GSK3 β dephosphorylation after cerebral ischemia. Furthermore, Evo administration hampered NF- κ B p65 shift from cytoplasm to nucleus. Thus, we speculated that activating Akt/GSK signal pathway may be an attractive candidate to explain protective effects of Evo in the acute stage of ischemic stroke.

The Akt/PKB signaling pathway is known as one of the most relevant pathways in regulating neuronal survival [40]. As a primary mediator of survival signals, Akt can phosphorylate and inactivate GSK3 β which is a transducer of pro-inflammatory signals [41] at its N-terminus (at Ser9). In addition, Akt also has a role in modulating intracellular glucose metabolism, and consequently enhancing energy production after ischemia. Thus, Akt is an excellent therapeutic target for preserving neuron viability in the acute

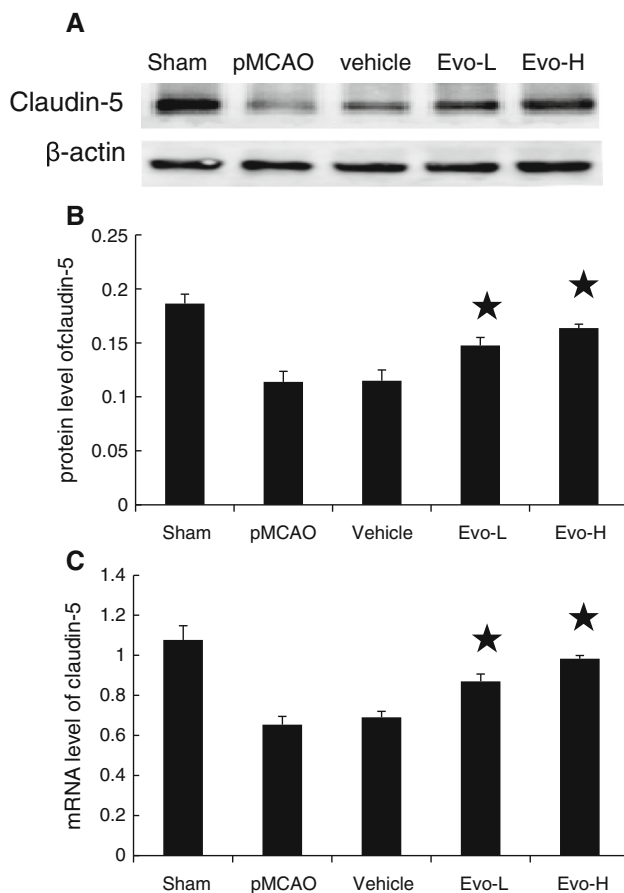


Fig. 5 Claudin-5 expression in mRNA and protein level. Western blotting photographs (a) and the respective quantity analysis bar chart (b) showed the Evo's effect on claudin-5 protein level. The bar graph (c) showed Evo induction (50 or 100 mg/kg, ig) of claudin-5 mRNA. The expression of claudin-5 was significantly promoted both in mRNA and protein level in Evo-L group and Evo-H group ($*P < 0.05$) versus Vehicle group. β -actin was used as an endogenous protein loading control. The results were expressed normalized to the β -actin endogenous control in qRT-PCR. Data are mean \pm SD. One-way ANOVA followed by LSD test

ischemic period. As recently shown, the inhibitory effect of Akt on inflammation is dependent on its downstream substrate GSK-3 β . GSK3 has emerged as a key regulatory switch in the modulation of inflammation [42]. Unlike most kinases, GSK3 is constitutively active in cells and can be inactivated by phosphorylation [43]. Under stimulation, GSK3 is phosphorylated at serine 21 for GSK3 α or serine 9 for GSK3 β , resulting in the inhibition of GSK3 kinase activity. Under conditions where Akt activity is decreased such as after ischemia, GSK-3 β can thus be activated. Functionally, active GSK-3 β can enhance the operation of various pro-inflammatory signaling molecules, including NF- κ B [42], IL-6, and MCP-1 [44]. In our study, Evo lowered the levels of active GSK-3 β after stroke, thereby decreasing the ability of GSK-3 β to augment the inflammatory response.

It is well known that NF- κ B is critical effector and regulator of inflammation response [15]. As a regulator of survival and death proteins, NF- κ B plays a pivotal role of neuron survival in the central nervous system [45]. For pMCAO it was demonstrated that the role of NF- κ B was detrimental [46], so inhibiting the activation of NF- κ B is protective and may develop smaller infarct in the acute stage of ischemia [49]. In the current study, accumulation of nuclear NF- κ B induced by ischemia was ameliorated after Evo administration, which indicated down-regulating NF- κ B may be an attractive candidate to explain protective role of Evo in the acute stage of ischemic stroke.

Ischemia sets into motion a train of events to disrupt the BBB [47, 50]. After cerebral ischemia, BBB's permeability was altered, peroxidase extravasation frequently involved arterioles, veins and venules surrounded by perivascular spaces [47] and considerable toxic materials enter into the brain, which results in tissue damage and vasogenic edema [48]. As a result, the regulation of BBB is one of the crucial points for the prevention of brain damage [51]. In the BBB, endothelial cells play the main barrier roles in excluding the toxic materials in order to maintain brain homeostasis [52]. Tight junctions (TJs) in endothelial cells are considered to determine vascular permeability. Claudin-5, expressed in large amounts especially in cerebral endothelial cells, is a major component of TJ strands [53], and the altered expression of claudin-5 can increase cerebral endothelial barrier permeability [54]. In our study, the expression of claudin-5 was decreased in the ischemic brain tissues whereas treatment of Evo increased the expression of claudin-5. It was suggested that Evo may play a role in ameliorating the permeability of BBB in cerebral ischemia; this effect may be through upregulating the expression of claudin-5.

In general, this study is the first time to give a scientific warrant to the therapeutic effect of Evo in the treatment of ischemic stroke. Although the approaches where Evo works may not be limited to one pathway, the results provided clear evidence that systemic administration of Evo could decrease neurological impairment and tissue injury under cerebral ischemic conditions and this effect may be through upregulating the expression of pAkt, pGSK3 β , downregulating the expression of NF- κ B, and ameliorating BBB permeability. This results provided some reasonable and basic research evidences for supporting a hypothesis that Evo may be a legitimate candidate for the treatment of cerebral ischemia and its therapeutical effect might be through upregulating Akt/GSK signaling pathway.

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