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# Genistein Inhibits A $\beta_{25-35}$ –Induced Neurotoxicity in PC12 Cells via PKC Signaling Pathway

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**Abstract** Protein kinase C (PKC) signaling pathway is recognized as an important molecular mechanism of Alzheimer's disease (AD) in the regulation of neuronal plasticity and survival. Genistein, the most active molecule of soy isoflavones, exerts neuroprotective roles in AD. However, the detailed mechanism has not been fully understood yet. The present study aimed to investigate whether the neuroprotective effects of genistein against amyloid  $\beta$  $(A\beta)$ -induced toxicity in cultured rat pheochromocytoma (PC12) cells is involved in PKC signaling pathway. PC12 cells were pretreated with genistein for 2 h following incubation with A $\beta_{25-35}$  for additional 24 h. Cell viability was assessed by MTT. Hoechst33342/PI staining was applied to determine the apoptotic cells. PKC activity, intracellular calcium level and caspase-3 activity were analyzed by assay kits. The results showed that pretreatment with genistein significantly increased cell viability and PKC activity, decreased the levels of intracellular calcium, attenuated Hoechst/PI staining and blocked caspase-3 activity in A $\beta_{25-35}$ -treated PC12 cells. Pretreatment of Myr, a general PKC inhibitor, significantly attenuated the neuroprotective effect of genistein against A $\beta_{25-35}$ treated PC12 cells. The present study indicates that PKC

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signaling pathway is involved in the neuroprotective action of genistein against  $A\beta_{25-35}$ -induced toxicity in PC12 cells.

**Keywords** Genistein  $\cdot A\beta_{25-35} \cdot PKC \cdot Caspase-3 \cdot Calcium \cdot PC12$  cells

# Abbreviations

AD	Alzheimer's disease
Aβ	Amyloid $\beta$ -peptide
PKC	Protein kinase C
PC12	Pheochromocytoma

# Introduction

Alzheimer's disease (AD) is the most common cause of dementia in the elderly. Substantial evidence indicates that A $\beta$  contributes significantly to the pathological cascades in AD by various mechanisms, such as by generating reactive oxygen species (ROS), elevating intracellular free  $Ca^{2+}$ , and other cytotoxic stimuli [1]. Apoptosis is increasingly recognized as an important mode of neuronal death in many different pathological settings including AD [2]. Accordingly, DNA fragmentation [3], expression of apoptosis-related genes [4] and activation of caspases [5] are associated with the neurodegenerative disorder [6]. A consistent neuropathological aspect is the formation of amyloid deposits [7]. The amyloid peptide in the plaque cores, called amyloid (A $\beta$ ), is a 39–43 amino acid sequence that is initially found within a longer protein, the amyloid- $\beta$ protein precursor (A $\beta$ PP) [8]. Deposition of amyloid  $\beta$ protein  $(A\beta)$  in the brain is one of major pathological features in AD [9]. It has also been found that the fragment 25–35 of A $\beta$  (A $\beta_{25-35}$ ) has the central functional domain of

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Fig. 1 Chemical structure of genistein

the whole molecule  $A\beta$  that is required for neurotoxic effect [10].

Protein kinase Cs (PKCs) are a family of Ser/Thr protein kinases that play important roles in many cellular processes including proliferation, tumor promotion, differentiation and apoptosis [11]. Many factors have been shown to influence the processing and metabolism of  $A\beta PP$ . It is reported that PKC signaling pathway regulates amyloid precursor protein release in Swiss 3T3 fibroblasts [12]. Several lines of evidence have demonstrated that PKC lead to neuronal apoptosis and elevated intracellular calcium levels in neurodegenerative disorders, such as AD [13]. Especially, human studies have shown that PKC is deficient in an area selective manner in AD [14]. In addition, PKC protects neural cells against apoptosis induced by  $A\beta$ through decreasing intracellular calcium levels and oxidative stress [2]. Therefore, it is well established that  $A\beta$ induces apoptosis through inhibiting the activation of PKC signaling pathway.

Genistein (4',5,7-trihydroxyisoflavone, Fig. 1), the most active component of soy isoflavones, showing an affinity to estrogen receptors (ERs) [15], possesses antioxidative [16] and antiapoptotic activities [17] in the prevention of central nervous system. Furthermore, there is growing interest in the beneficial effects of genistein on A $\beta$ -induced neurotoxicity [18]. Previous study showed that Genistein suppresses A $\beta_{25-35}$ -induced ROS overproduction in isolated rat brain synaptosomes [19]. However, whether genistein exerts its beneficial neuroprotective effects involved in PKC signaling pathway remains largely unknown.

In this study, we demonstrated the protective effect of genistein on cultured PC12 cells against  $A\beta_{25-35}$ -induced apoptosis and genistein inhibited the elevation of intracellular free Ca<sup>2+</sup> levels. Using specific PKC antagonist, we also demonstrated that genistein attenuates neurotoxicity induced by  $A\beta_{25-35}$  in PC12 cells via PKC signaling pathway.

#### **Materials and Methods**

#### Reagents

PC12 cells were kindly donated by Dr. Rikang Wang from School of Pharmaceutical University, Sun Yat-sen University, Guangzhou, China. DMEM medium, penicillin (100 U/mL), and streptomycin (100 mg/mL) were obtained from Gibco (Gaithersburg, Maryland, USA). Fetal bovine serum (FBS) was purchased from Hyclone (Logan, Utah, USA). 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl (MTT), Genistein,  $A\beta_{25-35}$  were purchased from Sigma (StLouis, Missouri, USA). Hoechst33342/propidium (PI) double staining and Caspase-3 assay fluorometric kit were obtained from Nanjing Kaiji Biotech Ltd. (Nanjing, China). BCA Protein Assay Kit was obtained from Pierce Biotechnology (Rockford, USA). Fluo-3/AM and paraformal-dehyde were purchased from Beijing Dingguo Biotech Ltd. (Beijing, China). The PepTag<sup>®</sup> Assay for Non-Radioactive Detection of Protein kinase C was from Promega (Madison, USA).

# Cell Culture

Pheochromocytoma (PC12) (ATCC, USA) were cultured in Dulbecco's moditi ed Eagle's medium (Gibco, USA) containing 10 % (v/v) fetal bovine serum, 2 mM glutamine, 0.2 % (w/v) sodium bicarbonate, penicillin (100 U/ mL), and streptomycin (100  $\mu$ g/mL). Cells were maintained at 37 °C in a humiditied 5 % CO<sub>2</sub> incubator and were subcultured at 50–80 % confluence using 0.05 % trypsin–0.02 % EDTA (Gibco).

For the experimental studies, PC12 cells were grown to confluence in the presence of 10 % FBS and then made quiescent by serum starvation in DMEM for 24 h. Cells were pre-treated by genistein at different dosages (0, 12.5, 25, 50, 100  $\mu$ mol/L) for 2 h, then treated by 20  $\mu$ mol/L A $\beta_{25-35}$  for 24 h.

#### MTT Assay

To determine cell viability, PC12 cells were seeded in 96-well plates at  $5 \times 10^4$  cells/mL and incubated in a 37 °C, 5 % CO<sub>2</sub> incubator. After treatment with genistein (Sigma-Aldrich) in serum-free DMEM for 24 h, the cells were incubated for an additional 3 h in the presence of 0.5 mg/mL MTT reagent. After careful removal of the MTT reagent and disruption of cells with 150 µL dimethyl sulphoxide (DMSO)/well, incubation at 37 °C for 10 min with horizontal shaking followed. The absorbance was measured at 570 nm using an automated microplate reader (BioTek, Winooski, VT, USA). Data are presented as the percentage of viability relative to vehicle-treated control.

# **PKC** Activity

PKC activity was determined using a non-radioactive method as previously described [20]. Briefly, after treatment, neurons were lysed in a modified PKC extraction buffer (25 mM Tris, 0.05 % Triton X-100, 10 mM  $\beta$ -

mercaptoethanol, protease and phosphatase inhibitors). After protein extraction and quantification, equal amounts of protein were used in each PKC reaction following the Pep-Tag<sup>®</sup> Assay for Non-Radioactive Detection of Protein Kinase C protocol (Promega, Madison, USA). Samples were then incubated with a positively-charged, fluorescent, PKC-specific peptide for 30 min and separated on agarose gels. The phosphorylated, negatively-charged peptide was separated from the non-phosphorylated, positively-charged peptide and visualized under UV light. Resulting bands were quantified by densitometry and normalized to controls.

# Apoptosis Analysis by Hoechst33342/PI Staining

PC12 cells were trypsinized, collected by centrifugation at 1,000 rpm for 5 min, and washed twice with PBS. The cells were fixed with 3.7 % paraformaldehyde at room temperature for 2 h, centrifuged, and washed with PBS, stained with 40 mL of Hoechst33342/PI at 1:1 ratio for 30 min at 37 °C. At the end of incubation, the cells were washed and resuspended in PBS for the observation of nuclear morphology under a fluorescence microscope (Nikon E800, Nikon, Tokyo, Japan). The percentage of apoptosis was calculated from the ratio of apoptotic cells to total cells.

# Measurement of Caspase-3 Activity

The activity of caspase-3 activity was determined using the caspase-3 activity kit. To evaluate the activity of caspase-3, cell lysates were prepared after their respective treatment with various designated treatments. Assays were performed on 96-well microtiter plates by incubating 10 mL protein of cell lysate per sample in 80 mL reaction buffer (0.1 % NP-40, 20 mM Tris–HCl, pH 7.5, 137 mM Nad, and 10 % glycerol) containing 10 mL caspase-3 substrate (Ac-DEVD-pNA) (2 mM). Lysates were incubated at 37 °C for 4 h. Samples were measured with an ELISA reader at an absorbance of 405 nm. The detailed analysis procedure was described in the manufacturer's protocol.

# Measurement of Intracellular Calcium Concentration

The intracellular calcium levels were determined by the method of Fluo-3/AM double wavelength fluorescence scanning as described previously with minor modification [21]. Briefly, at the end of the treatment, the supernatant were disposed and the cells ( $5 \times 10^5$  cells/mL) were collected and incubated with the complete medium containing 5  $\mu$ M Fluo-3/AM at 37 °C for 40 min. Subsequently, the cells were washed twice with Hank's solution and resuspended in Hank's solution containing 0.2 % bovine serum albumin. The intracellular calcium concentration was determined by alternating excitation wavelengths of between 340 and

380 nm with emission at 510 nm, using a fluorescence spectrophotometer (Shimadzu, RF-5301, Japan), and the data were analyzed with customized software provided by Shimadzu. The concentration of intracellular calcium was expressed as percentage of non-treated control.

# Statistical Analysis

Data were presented as mean  $\pm$  SD. Multiple group comparison test was performed by one-way analysis of variance (ANOVA) followed by the LSD test. Calculations were performed using the SPSS for Windows version 17.0 statistical package (SPSS, Chicago, IL). P < 0.05 was considered statistically significant. Each experiment was performed three times using three batches of cells with the same treatment.

## Results

# Effect of Genistein on A $\beta_{25-35}$ -Induced Cytotoxicity in PC12 Cells

To observe the protective roles of genistein in the neurotoxicity of PC12 cells induced by A $\beta_{25-35}$  and rule out the possibility of cytotoxicity of genistein, cells were pretreated with various concentrations (12.5-100 µM) of genistein for 2 h and subsequently treated with 20  $\mu M$  $A\beta_{25-35}$  for 24 h. As shown in Fig. 2,  $A\beta_{25-35}$  (20 µM) significantly decreased the cell viability compared with control group (56.41 % of control, P < 0.01). When 12.5-100 µM genistein was applied to PC12 cells in the presence of A $\beta_{25-35}$ , cells were observed to be increased viability compared with  $A\beta_{25-35}$  treatment alone. Pretreatment with genistein demonstrated a dose-dependent recovery in A $\beta_{25-35}$ -induced decreases of cell viability that showed maximal effects at 25  $\mu$ M (Fig. 2). However, the cell viability in the genistein treatment group at the concentrations of 50-100 µM were markedly decreased compared to 25 µM group, leading us to choose a lower dose  $(25 \mu M)$  for the in vitro experiments.

Genistein Protects PC12 Cells Against A $\beta_{25-35}$ -Induced Toxicity

The MTT assay (Fig. 3) showed that genistein pretreatment reversed the cell viability inhibited by  $A\beta_{25-35}$  in PC12 cells. However, the co-pretreatment with PKC inhibitor Myr (50  $\mu$ M) significantly decreased the cell viability compared with genistein pretreatment alone (P < 0.05). These data revealed that genistein protected PC12 cells against  $A\beta_{25-35}$ -induced toxicity via PKC signaling pathway.



**Fig. 2** Effect of genistein on the viability of PC12 cell treated by  $A\beta_{25-35}$ . **a** Cells were treated with genistein (0, 12.5, 25, 50 and 100  $\mu$ M) for 24 h. **b** Cells were pretreated with genistein (0, 12.5, 25, 50 and 100  $\mu$ M) for 2 h followed by exposure to 20  $\mu$ M  $A\beta_{25-35}$  for 24 h. Cell viability was evaluated by MTT assay. Values were expressed as the mean  $\pm$  SD (n = 6). \**P* < 0.01 versus control; "*P* < 0.05, "#*P* < 0.01 versus A $\beta_{25-35}$  group



**Fig. 3** Effect of Myr on the protective role of genistein in the cell viability of PC12 cells treated by  $A\beta_{25-35}$ . Cells were pretreated with genistein (25  $\mu$ M) for 2 h and Myr (50  $\mu$ M) for 3 h followed by exposure to 20  $\mu$ M  $A\beta_{25-35}$  for 24 h. Cell viability was evaluated by MTT assay. Values were expressed as the mean  $\pm$  SD (n = 6). \**P* < 0.01 versus control; #*P* < 0.01 versus  $A\beta_{25-35}$  group;  $\Delta P < 0.05$  versus genistein +  $A\beta_{25-35}$  group

Genistein Increases PKC Activity in  $A\beta_{25-35}$ -Treated PC12 Cells

Since it has been previously shown that the activation of PKC is closely associated with cell survival [22], we next investigated the effect of genistein on the activity of PKC. As shown in Fig. 4, the activity of PKC was decreased after exposure to  $A\beta_{25-35}$ . However, the pretreatment of genistein abolished the inhibitory effect of  $A\beta_{25-35}$  on the PKC activity. As expected, treatment of Myr significantly blocked the increased activity of PKC induced by genistein.

Genistein Decreases the Intracellular Calcium Levels in PC12 Cells Induced by  $A\beta_{25-35}$ 

As shown in Fig. 5, compared with control group, the intracellular calcium levels were significantly increased in PC12 cells treated with 20  $\mu$ M A $\beta_{25-35}$  for 24 h (P < 0.01). When cells were pretreated with genistein for 2 h, followed by treated with A $\beta_{25-35}$  for 24 h, the intracellular calcium levels were markedly decreased as comparison to the A $\beta_{25-35}$  group (P < 0.01). However, the intracellular calcium levels increased significantly in PC12 cells pretreated with combination of genistein and Myr compared with genistein pretreatment alone (P < 0.01). These data suggested that genistein inhibited intracellular calcium overload in PC12 cells induced by A $\beta_{25-35}$  through PKC signaling pathway.



**Fig. 4** Effect of genistein on PKC activity in  $A\beta_{25-35}$ -treated PC12 cells. Cells were pretreated with genistein (25 µM) for 2 h and Myr (50 µM) for 3 h followed by exposure to 20 µM  $A\beta_{25-35}$  for 24 h. Cell lysates were collected and equal amounts of proteins were incubated with a fluorescent PKC substrate as described in Sect. "Materials and Methods". At the end of the reaction, the mixture was separated on an agarose gel and the bands corresponding to the phosphorylated peptide were quantified and normalized to controls. Results were expressed as the mean  $\pm$  SD of three independent experiments. \**P* < 0.01 versus control; #*P* < 0.01 versus  $A\beta_{25-35}$  group



Fig. 5 Effect of genistein on intracellular calcium concentration in  $A\beta_{25-35}$ -treated PC12 cells. Cells were pretreated with genistein (25 µM) for 2 h and Myr (50 µM) for 3 h followed by exposure to 20 µM  $A\beta_{25-35}$  for 24 h. Results were expressed as the mean  $\pm$  SD of three independent experiments. \**P* < 0.01 versus control; \**P* < 0.01 versus  $A\beta_{25-35}$  group;  $\triangle P < 0.01$  versus genistein +  $A\beta_{25-35}$  group

# Genistein Inhibits Apoptosis of PC12 Cells Induced by $A\beta_{25-35}$

Next, we examined the effect of genistein on the apoptosis of PC12 cells induced by  $A\beta_{25-35}$ . Cellular apoptosis was assessed by measuring the extent of Hoechst33342/PI staining and caspase-3 activity. As shown in Fig. 6, treatment of PC12 cells  $A\beta_{25-35}$  for 24 h caused a significant augmentation in the amount of apoptotic cells compared with the control group (P < 0.01). When PC12 cells were pretreated with genistein for 2 h, followed by exposure to  $A\beta_{25-35}$  for 24 h, the extent of apoptotic cells was significantly decreased (P < 0.01) compared with  $A\beta_{25-35}$ treatment alone. However, the extent of apoptotic cells increased significantly in PC12 cells pretreated with combination of genistein and Myr compared with genistein pretreatment alone (P < 0.01).

Caspase-3 activity was examined because it is an important biomarker of apoptosis process. The effect of genistein on the caspase-3 activity induced by  $A\beta_{25-35}$  was shown in Fig. 7. Caspase-3 activity in the cells treated with  $A\beta_{25-35}$  (20 µM) for 24 h increased up to 221.7 % of the control level. Genistein caused a 42.8 % reduction of the increased caspase-3 activity induced by  $A\beta_{25-35}$ , whereas Myr significantly abolished the inhibitory effect of genistein on caspase-3 activity.

# Discussion

In the current study, the neuroprotective mechanism of action of genistein was characterized in PC12 cell apoptosis induced by  $A\beta_{25-35}$ . Our study demonstrated that

genistein exerted a protective effect against  $A\beta_{25-35}$ induced neurotoxicity in PC12 cells. The protective effect of genistein was through activation of PKC signaling pathway and inhibition of intracellular calcium influx and neuronal apoptosis.

Treatment of PC12 cells with  $A\beta$  induces overload of intracellular calcium influx, oxidative stress and cell apoptosis [23, 24]. Accordingly, the model of  $A\beta_{25-35}$ induced PC12 cell apoptosis was used to investigate the neuroprotective effect of genistein. In our study,  $A\beta_{25-35}$ treatment on PC12 cells induced neurotoxicity as indicated by enhanced cell apoptosis and death, increased intracellular calcium level and caspase-3 activity. These observations are consistent with the previous findings [24, 25]. Treatment with genistein significantly reversed these changes in PC12 cells, suggesting the protective effects of genistein against  $A\beta_{25-35}$ -induced neurotoxicity.

Several mechanisms may underlie the neuroprotection of genistein against A $\beta_{25-35}$ -induced neurotoxicity [1, 16]. For example, genistein has been shown to posses significant free-radical scavenging properties in PC12 cells [16], suggesting that genistein was an antioxidant against ROSinduced toxicity. PKC, a phospholipid- and calciumdependent kinase, is widely distributed throughout the brain. The PKC pathway has been described to function as a main neuronal survival pathway [26]. Accumulating evidences indicate a close link between PKC and AD [9, 27]. For example, chronic accumulation of A $\beta$  into the rat brain reduced activation of PKC [28]. Treatment of neuronal cultures with  $A\beta$  caused PKC isoforms downregulation [29]. In addition, bryostatin, a PKC activator, significantly reduced  $A\beta$  in the brains of APP transgenic mice and a more recently developed AD double-transgenic mouse [30]. In this study, genistein was shown to increased PKC activity and concentration-dependently protected against A $\beta_{25-35}$ -induced toxicity in cultured PC12 cells. To determine whether PKC could be involved in the neuroprotective effects of genistein, a specific inhibitor of PKC, Myr, was used in this study. The results showed that Myr markedly prevented the protective effects of genistein on the cell viability, PKC activity, intracellular calcium levels and caspase-3 activity, suggesting that the PKC pathway is an important pathway mediating the genistein neuroprotective effects.

The intracellular calcium concentration plays a critical role in the neuronal development. Recent researches have revealed that the neurotoxicity induced by  $A\beta_{25-35}$  is mediated by the overload of intracellular calcium in primary neurons such as hippocampal neurons and cortical neurons [31]. On the other hand, the increase in intracellular calcium levels has been considered as an important mediator of by  $A\beta$ -induced toxicity in PC12 cells [23].  $A\beta$ , which is a major contributor to the pathogenesis of AD,

**Fig. 6** Effect of genistein on  $A\beta_{25-35}$ -induced PC12 cell apoptosis using Hoechst33342/ propidium (PI) staining. **a** Untreated cells (Control group). **b** PC12 cells were treated with  $A\beta_{25-35}$  for 24 h ( $A\beta_{25-35}$ ). **c** PC12 cells were pretreated with genistein for 2 h and treated with  $A\beta_{25-35}$  for additional 24 h

(A $\beta_{25-35}$  + genistein). **d** PC12 cells were pretreated with genistein (25  $\mu$ M) for 2 h and Myr (50  $\mu$ M) for 3 h followed by exposure to A $\beta_{25-35}$  for additional 24 h

 $(A\beta_{25-35} + \text{genistein} + \text{Myr}).$ Original magnification ×100. **e** Percentage of apoptosis was calculated from the ratio of apoptotic cells to total cells. Results were expressed as the mean  $\pm$  SD of three independent experiments. \*P < 0.01 versus control; #P < 0.01 versus control; #P < 0.01 versus  $A\beta_{25-35}$ group;  $\triangle P < 0.05$  versus genistein +  $A\beta_{25-35}$  group



induces many kinds of neurotoxicity, such as the disruption of intracellular homeostasis of calcium, induction of oxidative stress, increased tau phosphorylation and caspase-3 activity [32]. Notably, elevation of the calcium level may act as a sensor in the apoptotic process. Therefore, the blockage of A $\beta$ -induced overload of intracellular calcium might provide neuroprotection against A $\beta$ -induced cell death in PC12 cells. In this study, treatment of PC12 cells with A $\beta_{25-35}$  significantly increased intracellular calcium levels, whereas pretreatment with genistein attenuated the intracellular calcium influx, suggesting the neuroprotective effect of genistein results from the inhibition of the overload of intracellular calcium. Caspases play an important role in the apoptotic process in two ways: the extrinsic pathway and the intrinsic pathway, and caspase-3 acts as an apoptotic executor [33]. The protein level of caspase-3 is increased in AD brain [34]. It has been reported that caspase-3 is activated by  $A\beta_{25-35}$ [35]. Additionally, caspase-3 is activated by both PKC [2] and the disruption of intracellular homeostasis of calcium [36]. Our data showed that genistein inhibited  $A\beta$ -triggered activation of caspase-3 through its regulatory function in the stabilization of intracellular calcium homeostasis and activation of PKC. Due to the importance that the reduction of  $A\beta$ -induced neurotoxicity has for the treatment of AD, our present results can rule out a new mechanism of action



**Fig. 7** Effect of genistein on the activity of caspase-3 in  $A\beta_{25-35}$ treated PC12 cells. Cells were pretreated with genistein (25 µM) for 2 h and Myr (50 µM) for 3 h followed by exposure to 20 µM  $A\beta_{25-35}$ for 24 h. Results were expressed as the mean ± SD of three independent experiments. \**P* < 0.01 versus control; \**P* < 0.01 versus  $A\beta_{25-35}$  group;  $\Delta P < 0.01$  versus genistein +  $A\beta_{25-35}$  group

of genistein via PKC. As described by Maines MD [37], biliverdin reductase (BVR) is one of the main modulator of PKC. Further study is needed to be investigated that genistein could represent a good modulator of PKC by preventing for example  $A\beta$ -induced BVR oxidation as observed in AD.

Taken together, the current study suggests that the PKC signaling pathway plays a pivotal role in the neuroprotective properties of genistein against  $A\beta_{25-35}$ -induced toxicity in PC12 cells. The relevance of our findings to in vivo clinical situations remains to be demonstrated. Further studies are needed to investigate the neuroprotective effects in vivo of genistein on  $A\beta_{25-35}$ -induced neurotoxicity in AD.

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Conflict of interest Nothing to report.

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