# ORIGINAL PAPER

# The Effects of Estradiol on Estrogen Receptor and Glutamate Transporter Expression in Organotypic Hippocampal Cultures Exposed to Oxygen–Glucose Deprivation

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Abstract The molecular basis of estrogen-mediated neuroprotection against brain ischemia remains unclear. In the present study, we investigated changes in expression of estrogen receptors (ERs)  $\alpha$  and  $\beta$  and excitatory amino acid transporters (EAAT) 1 and 2 in rat organotypic hippocampal slice cultures treated with estradiol and subsequently exposed to oxygen–glucose deprivation (OGD). Pretreatment with  $17\beta$ -estradiol (10 nM) for 7 days protected the CA1 area of hippocampus against OGD (60 min), reducing cellular injury by 46% compared to the vehicle control group. Levels of  $ER\alpha$  protein were significantly reduced by 20% after OGD in both vehicle- and estradiol-treated cultures, whereas  $ER\beta$  was significantly up-regulated by 25% in the estradiol-treated cultures. In contrast, EAAT1 and EAAT2 levels were unchanged in response to estradiol treatment in this model of OGD. These findings suggest that estrogen-induced neuroprotection against ischemia might involve regulation of  $ER\beta$  and, consequently, of the genes influenced by this receptor.

Keywords Ischemia  $\cdot$  17 $\beta$ -Estradiol  $\cdot$  Estrogen receptors · Organotypic culture · Glutamate transporters

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#### Introduction

Epidemiological [1] and basic science studies [2] underscore the powerful neuroprotective properties of estrogens. Estrogens play this protective role through several routes, including activation of nuclear estrogen receptors (ERs), increased expression of anti-apoptotic proteins, interaction with second messenger cascades, alterations in glutamatergic activation, maintenance of intracellular calcium homeostasis and antioxidant activity [2]. However, the pathways involved in estrogen-induced promotion of neuronal survival remain unclear. Abundant expression of ERs is observed throughout the central nervous system, and estrogens may exert many, though not all, of their neuroprotective effects by binding to two types of these intracellular receptors ( $ER\alpha$  and  $ER\beta$ ) and then inducing gene transcription [3, 4]. The relative contribution by either ER subtype to estrogen-induced neuroprotection is still unresolved.

Brain ischemia and several other disease states involve excitotoxic cell death, which is mediated by toxic levels of extracellular glutamate that excessively activate ionotropic glutamate receptors and initiate calcium and/or sodium influx [5]. The removal of glutamate from the extracellular space, permitting normal excitatory transmission and preventing cell death due to excitotoxicity, is accomplished mainly by means of glutamate transporters (also known as excitatory amino acid transporters or EAATs), particularly the glial subtypes, EAAT1 and EAAT2 [6]. Estrogens may exert neuroprotective effects by directly interacting with glutamate receptors [7, 8] and there is evidence of modulation of EAATs by estrogens, although both enhancement [9, 10] and inhibition [11] of Glu uptake have been reported.

We have recently reported that physiological levels of  $17\beta$ -estradiol (E2) protect against ischemic damage induced

by oxygen and glucose deprivation (OGD) in organotypic hippocampal slice cultures, and suggest that this effect could involve phosphatidylinositol 3-kinase signaling [12]. The goal of the present study was to investigate whether the neuroprotection afforded by estradiol involves changes in the abundance of glial glutamate transporters, EAAT1 and EAAT2, and estrogen receptors,  $ER\alpha$  and  $ER\beta$ .

# Experimental procedures

#### Materials

Acrylamide and bisacrylamide used in sodium dodecylsulfate-polyacrylamide gel electrophoresis (SDS-PAGE) were obtained from Sigma (St. Louis, MO, USA). Polyclonal antibodies raised against rabbit EAAT1 and EAAT2 were kindly provided by Dr. D. Pow, University of Newcastle, Australia; ERa was obtained from Santa Cruz Biotechnology (Catalog sc-542) and  $ER\beta$  was from Calbiochem (Catalog PC168-50UG). A monoclonal antibody raised against mouse  $\beta$ -actin was obtained from Sigma (Catalog A5316). Anti-mouse IgG and anti-rabbit IgG peroxidase-conjugated secondary antibodies and reagents to detect proteins by chemiluminescence were purchased from Amersham International. Millicell culture inserts were obtained from Millipore, culture medium and horse serum heat inactivated were obtained from Gibco. All animal use procedures were approved by local Animal Care Committee and were in accordance with the NIH Guide for Care and Use of Laboratory Animals.

# Hippocampal slice cultures

Organotypic hippocampal slice cultures were prepared as described previously [13, 14]. Transverse hippocampal slices (400  $\mu$ m) from 6- to 8-day-old male Wistar rat pups were cut using a McIIwain tissue chopper. Slices were transferred to Millicell culture inserts (6 slices per insert) in 6-well plates, and maintained at  $37^{\circ}$ C in an atmosphere of 5%  $CO<sub>2</sub>$  for 14 days (div) prior to use. Culture medium, consisting of 50% minimum essential medium (MEM), 25% Hanks balanced salt solution (HBSS), 25% heat-inactivated horse serum, glucose 36 mM, HEPES 25 mM, NaHCO<sub>3</sub> 4 mM, fungizone  $1\%$  and gentamicin 36 ll/100 ml (pH 7.3), was replaced every 3 days.

# In vitro model of ischemia

OGD was achieved by combining severe hypoxia with aglycemia, according to the method described by Strasser and Fisher [15], with some modifications [13]. On div 14, slices were washed twice with aglycemic HBSS containing CaCl2 1.26 mM, KCl 5.36 mM, NaCl 136.89 mM,  $KH_2PO_4$  0.44 mM, Na<sub>2</sub>HPO<sub>4</sub> 0.34 mM, MgCl<sub>2</sub> 0.49 mM, MgSO4 0.44 mM, HEPES 25 mM, fungizone 1% and gentamicin 36  $\mu$ 1/100 ml (pH 7.2), and incubated in this medium for 15 min to deplete glucose from intracellular stores and extracellular space. Medium was then replaced by the same medium, but previously bubbled with  $N_2$  for 30 min, and the plate immediately transferred to an anaerobic chamber at  $37^{\circ}$ C with N<sub>2</sub>-enriched atmosphere. Cultures were maintained in these conditions for 45 or 60 min (ischemic insult). Following OGD, the slices were washed twice with HBSS and returned to their original culture conditions (see above). Slices in the control groups were treated in parallel to slices in the OGD groups, and incubated for similar periods of time (45 or 60 min) but were washed with glucose fortified medium and exposed to warmed, humidified air with  $5\%$  CO<sub>2</sub>.

#### Estrogen treatment

In the estradiol group (E2),  $17\beta$ -estradiol (10 nM in 0.01%) dimethylsulfoxide – DMSO) was added to the culture medium on div 7 of culture and maintained throughout the experiment, while in the vehicle group DMSO 0.01% was added to the OGD medium and to the culture medium during the recovery period. On div 14, cultures were exposed to 60 min of OGD followed by a 24-h recovery, as described above [12].

#### Quantification of cellular death

Cellular damage was assessed by fluorescent image analysis of propidium iodide (PI) uptake. After a recovery period of 22 h, 7.5  $\mu$ M PI was added to cultures and incubated for 2 h. PI is excluded from healthy cells, but following loss of membrane integrity enters cells, binds to DNA and becomes highly fluorescent [16]. Cultures were observed with an inverted microscope (Nikon Eclipse TE 300) using a standard rhodamine filter set. Images were captured and then analyzed using Scion Image software (www.scioncorp.com). The area where PI fluorescence was detectable above background levels was determined using the ''density slice'' option of the software and compared to total CA1 area to obtain the percentage of damage [17].

#### Western blot analysis

After obtaining the fluorescent images, cultured slices were homogenized in lysis buffer (4% SDS, 2.1 mM EDTA, 50 mM Tris), aliquots were taken for protein determination and  $\beta$ -mercaptoethanol was added to a final concentration of  $5\%$  [18]. Samples containing 40 µg of protein were resolved by 10% sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE). Then, proteins were electrotransferred to nitrocellulose membranes using a semi-dry transfer apparatus (Bio-Rad Trans-Blot SD). After 2 h incubation at  $4^{\circ}$ C in blocking solution containing 5% skim milk powder and 0.1% Tween-20 in Tris-buffered saline (TBS; 50 mM Tris–HCl, 1.5% NaCl, pH 7.4), membranes were incubated overnight with the appropriate primary antibody diluted in the same blocking solution. Primary antibodies against the following proteins were used: EAAT1 and EAAT2 (both 1:50,000 dilution, rabbit polyclonal), ERa (1:200 dilution, rabbit polyclonal) and  $ER\beta$  (1:1,000 dilution, rabbit polyclonal). Subsequently, membranes were washed and incubated for 2 h with horseradish peroxidase-conjugated secondary antibodies recognizing antigens from the same host as the corresponding primary antibody (1:1,000 dilution in blocking solution). Immunoreactive bands were revealed by an enhanced chemiluminescence kit (ECL, Pharmacia), and detected using X-ray films. The same blots were re-probed with  $\beta$ -actin antibody (1:5,000 dilution) as an internal control. The immunoblot films were scanned and the digitized images analyzed with Optiquant software (Packard Instrument). For each experiment, test groups were compared to control groups not exposed to OGD, which were considered as 100%, thus assuring the same signal intensity for all groups.

## Statistical analysis

Data are presented as mean  $\pm$  SEM of the indicated number of experiments. PI data are expressed as % damage of CA1 region, and Western Blotting data are expressed as % control. One-way analysis of variance (ANOVA) was applied to the means to determine significant differences between experimental groups; Duncan's multiple range test performed post hoc comparisons.

# Results

## Estradiol treatment protected against 60 min OGD

Exposure to OGD for 60 min caused a marked increase in fluorescence in the hippocampal CA1 and CA2 areas, indicative of a high incorporation of PI, as shown in the photomicrograph in Fig. 1a (OGD DMSO group). Quantification of PI fluorescence showed that 60 min OGD resulted in damage to 69% of the CA1 region (Fig. 1b), whereas in the dentate gyrus (DG) area no consistent damage was observed (Fig. 1a). Pretreatment with 10 nM

 $17\beta$ -estradiol for 7 days prior to OGD exposure (OGD E2 group) significantly reduced cellular death in the vulnerable CA1 area by 46% (Fig. 1a, b) compared with vehicle control.

Changes in estrogen receptors,  $ER\alpha$  and  $ER\beta$ , in response to estradiol treatment and 60 min OGD

Exposure to OGD for 60 min caused a significant decrease  $(-20%)$  in the abundance of ER $\alpha$  protein in cultures treated with both vehicle (81  $\pm$  5% control, n = 10) and estradiol  $(79 \pm 5\%$  control,  $n = 12$ ) (Fig. 2a). Pretreatment with 10 nM 17 $\beta$ -estradiol for 7 days prior to OGD exposure significantly increased the immunocontent of  $ER\beta$  by 26%  $(126 \pm 10\%$  control,  $n = 6$ ) in OGD non-exposed control cultures (Fig. 2b). This increase was sustained even when cultures were exposed to 60 min OGD (122  $\pm$  10% control,  $n = 6$ ). In contrast, the levels of EAAT1 and EAAT2 in the cultures treated with vehicle or estradiol or OGD were unchanged (Fig. 3a, b).

#### **Discussion**

Although neuroprotection afforded by estradiol treatment has been extensively studied in a variety of in vivo and in vitro models, the specific mechanisms contributing to this protection remain unknown. In particular, the neuroprotective efficacy of estrogens has been well described in in vitro models of cellular death [12, 19, 20]. We have previously demonstrated the neuroprotective effect of  $17\beta$ estradiol in organotypic cultures exposed to OGD and suggest that the neuroprotective mechanisms could involve the recruitment of pathways involving Akt and GSK-3 $\beta$ that reduce apoptosis in this injury model [12]. In the present study, using the same experimental model, we have investigated whether neuroprotection by estradiol treatment involves alteration in the abundance of glial glutamate transporters, EAAT1 and EAAT2, and estrogen receptors, ER $\alpha$  and ER $\beta$ .

Our measurements of propidium iodide (PI) uptake are consistent with previous observations of neuroprotection by estradiol treatment in the in vitro model of ischemia [12, 17, 20, 21] used in the present study. The presence of physiological levels of  $17\beta$ -estradiol for 7 days prior to injury, exerted protective effects against 60 min of OGD consistent with our previous findings.

Many, though not all, of the neuroprotective effects of estrogen are mediated by the activation of estrogen receptors [22, 23]. These receptors, acting as ligand-activated transcription factors, bind to specific DNA sequences and regulate transcription [22]. The differential roles of estrogen



Fig. 1 Effect of 17 $\beta$ -estradiol on cellular damage induced by 60 min of OGD in organotypic hippocampal slice cultures. a Representative photomicrographs of cultures show PI fluorescence 24 h after OGD. b Quantitative analysis of CA1 damage in control and OGD slices treated with vehicle (DMSO) or  $17\beta$ -estradiol (E2). DMSO 0.01% was added during OGD and recovery periods while  $17\beta$ -estradiol (10 nM) was added 7 days prior to lesion induction and kept throughout the

experiment. The area where PI fluorescence was detectable above background levels was determined and compared with the total CA1 area to obtain the percentage of damage. Details on image analysis are given in Materials and methods. Data represent means  $\pm$  SEM,  $n = 15$ slices per treatment. \* Different from vehicle-treated (DMSO) and estradiol-treated (E2) control cultures; # Different from all other groups (one-way ANOVA followed by Duncan's test,  $P < 0.001$ )

receptors subtypes  $ER\alpha$  and  $ER\beta$  for neuroprotection remains unresolved. In the present study, we have observed that the abundance of  $ER\alpha$  protein was significantly decreased 24 h after OGD in vehicle-treated and estradioltreated organotypic cultures. A recent study has shown decreased nuclear  $ER\alpha$  expression in hippocampal neurons in Alzheimer patients, suggesting that this neurodegenerative condition may involve ERa-regulated transcription [24]. The present findings are in contrast to a previous report showing that  $ER\alpha$  mRNA in the cortical region is dramatically up-regulated with in vivo ischemia [25] and these differences may arise from the experimental models employed in these studies. In the present study, hippocampal slices were exposed to OGD for 45–60 min, followed by a 24 h period of reoxygenation. In contrast, the in vivo study by Dubal et al. utilized a permanent model of focal cerebral ischemia (24 h) without reperfusion, and observed increases in ERa mRNA in cortical tissue. While the MCAO injury model does affect the hippocampus, levels of  $ER\alpha$ were not measured in this region. Dubal and colleagues [25], in the same in vivo study, have also shown that injuryinduced down-regulation of  $ER\beta$  mRNA is prevented by estradiol treatment. Although in our in vitro model of OGD we did not observe a down-regulation of the levels of  $ER\beta$ protein, estradiol treatment induced a significant increase in the abundance of  $ER\beta$  compared to vehicle-treated cultures, which was sustained even after the lesion induction. Together, these data suggest that  $ER\beta$  abundance might be involved in the protective effects of estradiol observed in these models of cellular death.

Fig. 2 Representative Western blots of estrogen receptors **a** ER $\alpha$  and **b** ER $\beta$  in rat organotypic hippocampal slice cultures treated with vehicle (DMSO) or 10 nM 17 $\beta$ estradiol (E2), and exposed (OGD) or not (control) to 60 min of OGD. Equal amounts of protein samples were analyzed by polyacrylamide gel electrophoresis and immunoblotting with antibodies against ER $\alpha$  or ER $\beta$  and  $\beta$ -actin. The molecular weight of each protein (in kilodalton) is indicated on the left. Densitometric measurements were performed on individual immunoblots obtained from 6 to 12 slices per treatment for each antibody tested. The densitometric values obtained for all antibodies from all treatments were first normalized to their respective  $\beta$ -actin densitometric values and then expressed as percentage of their respective controls (100%). Data represent relative optical density and are expressed as the mean  $\pm$  SEM. In **a** \* different from vehicle-treated (DMSO;  $n = 6-10$ ) and estradiol-treated (E2;  $n = 6-12$ ) control cultures and in b \* different from vehicle-treated (DMSO) control and OGD cultures (one-way ANOVA followed by Duncan's test,  $P < 0.05$ )



The differential roles of estrogen receptor subtypes  $ER\alpha$ and  $ER\beta$  in neuroprotection remain unresolved. Recently, Carswell and colleagues [26], using selective estrogen receptor agonists, showed the involvement of  $ER\beta$  in neuroprotection in a mouse model of global cerebral ischemia. However, Dubal and colleagues [27], using  $ER\alpha$ and  $ER\beta$  knockout mice, found that  $ER\alpha$  was required for the protective effects of estradiol against brain injury. Fig. 3 Representative Western blots of glutamate transporters a EAAT1 and b EAAT2 in rat organotypic hippocampal slice cultures treated with vehicle (DMSO) or 10 nM 17 $\beta$ estradiol (E2), and exposed (OGD) or not (control) to 60 min of OGD. Equal amounts of protein samples were analyzed by polyacrylamide gel electrophoresis and immunoblotting with antibodies against EAAT1 or EAAT2 and  $\beta$ -actin. The molecular weight of each protein (in kilodalton) is indicated on the left. Densitometric measurements were performed on individual immunoblots obtained from 6 to 12 slices per treatment for each antibody tested. The densitometric values obtained for all antibodies from all treatments were first normalized to their respective  $\beta$ -actin densitometric values and then expressed as percentage of their respective controls (100%). Data represent relative optical density and are expressed as the mean  $\pm$  SEM different slices from vehicle-treated (DMSO;  $n = 6-10$ ) and estradiol-treated (E2;  $n = 6-12$ ) and exposed (OGD) or not (control) to 60 min of OGD



Nevertheless, other studies indicate that both estrogen receptor subtypes,  $ER\alpha$  and  $ER\beta$ , can contribute to estrogen-induced neuroprotection [28, 29].

Altered glutamate transport may contribute to the pathogenesis of many neurodegenerative conditions and altered expression or function of EAATs has been identified in various pathologies, including cerebral ischemia [6]. An increasing body of evidence suggests that regulation of glutamate transport may contribute to the development of ischemic tolerance [30, 31]. In the present study, we did not observe any significant changes in the levels of EAAT1 and EAAT2 proteins in response to pretreatment with estradiol or after OGD. Our results are in agreement with the findings of Sato et al. [11] that total expression of EAAT1 is not changed by estradiol treatment. We have recently found that in response to hypoxic preconditioning in the neonatal rat brain, although the immunocontent of EAAT1 and  $ER\beta$  remain unchanged, EAAT2 and  $ER\alpha$  are up-regulated in a similar manner in cortex, while EAAT2 is down-regulated in striatum [32]. However, the abundance of none of these proteins (EAAT1, EAAT2, ER $\alpha$  and ER $\beta$ ) showed any significant changes in the hippocampus following preconditioning in vivo [12] – findings in agreement with our present observations in this in vitro model. As organotypic cultures might respond similarly to in vivo ischemia, the mechanisms that result in tolerance and the response required for key proteins in particular brain regions could be also similar.

Although in the present studies we were unable to detect any alterations in the abundance of glial EAATs in cultures treated with estradiol, it would seem premature to discount possible modulation of their activity by estrogenic mechanisms. EAAT function is subject to complex modulation and kinase activation is a potent signal regulating the transport of glutamate either by increasing the activity, abundance or cell-surface expression of EAATs [6].  $17\beta$ -Estradiol has been reported to enhance Glu uptake in rat synaptosomes treated with amyloid  $\beta$  [9] and in astrocytes from Alzheimer's patients [10]. In contrast, estrogens were shown to inhibit Glu uptake in cultured astrocytes via  $ER\alpha$ [11]. Given that we have shown previously a linkage between neuroprotection induced by  $17\beta$ -estradiol and phosphatidylinositol 3-kinase [12], which regulates EAAT activity [6], further investigation is warranted into how neuroprotection by estrogen or preconditioning involves modulation of EAAT function.

In summary, the data reported here provide clear evidence that, in organotypic hippocampal slice cultures,  $ER\alpha$ is down-regulated by OGD while  $ER\beta$  is up-regulated by estradiol treatment, suggesting that in vitro, estrogen neuroprotection against ischemia might involve regulation of ER expression and, consequently, of the genes regulated by these receptors. Despite the fact that significant changes in EAAT1 and EAAT2 expression were not detected in this injury model, further work is needed to investigate whether estrogens modulate their function.

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