



Hypofractionated re-irradiation with bevacizumab for relapsed chemorefractory glioblastoma after prior high dose radiotherapy: a feasible option for patients with large-volume relapse

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Abstract

Purpose There remains no standard of care for patients with recurrent and chemorefractory glioblastoma. Re-irradiation (reRT) provides an additional management option. However, published series predominantly focus on small reRT volumes utilizing stereotactic hypofractionated regimens. Concerns regarding toxicity have limited utilisation of reRT for larger recurrences, however this may be mitigated with use of bevacizumab (BEV).

Methods and materials A prospective database of patients managed with the EORTC-NCIC (Stupp) protocol 60 Gy chemoradiotherapy protocol for glioblastoma between 2007 and 2021 was reviewed for those patients receiving reRT for chemorefractory relapse. Serial MRI and PET were used to establish true progression and exclude patients with pseudoprogression or radionecrosis from reRT. The primary endpoint was overall survival (OS) from date of reRT. Prognostic factors were also assessed.

Results 447 patients managed for glioblastoma under the Stupp protocol were identified, of which 372 had relapsed and were thus eligible for reRT. 71 patients underwent reRT. Median relapse-free survival from diagnosis for the reRT and overall cohorts were similar at 11.6 months (95%CI:9.4–14.2) and 11.8 months (95%CI:9.4–14.2) respectively. 60/71 (85%) reRT patients had received BEV prior to reRT and continued concurrent BEV during reRT. Of the 11 patients not managed with BEV during reRT, 10 required subsequent salvage BEV. ReRT patients were younger (median 53 vs. 59 years, $p < 0.001$), had better performance status (86% vs. 69% ECOG 0–1, $p = 0.002$) and more commonly had MGMT promoter-methylated tumours (54% vs. 40%, $p = 0.083$) compared to non-reRT patients. Median reRT PTV volume was 135cm³ (IQR: 69–207cm³). Median OS from reRT to death was 7.1 months (95%CI:6.3–7.9). Patients aged < 50, 50–70 and > 70 years had post-reRT median OS of 7.7, 6.4 and 6.0 months respectively ($p = 0.021$). Median post-reRT survival was longer for patients with ECOG performance status 0–1 compared to 2–3 (8.1 vs. 6.3 months, $p = 0.039$). PTV volume, site of relapse, MGMT promoter-methylation status and extent of initial surgical resection were not associated with post-reRT survival. ReRT was well-tolerated. Out of the 6 patients (8%) admitted to hospital after reRT, only one was for reRT toxicity. This was a CTCAE grade 3 radiation necrosis event in a patient managed without prior BEV.

Conclusion Patients with recurrent glioblastoma who have been previously treated with 60 Gy radiotherapy have a meaningful survival benefit from large volume re-irradiation which is well tolerated. ReRT should not be ignored as a salvage treatment option in patients with chemorefractory progressive disease.

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Introduction

Glioblastoma (GBM) is the most common malignant primary brain tumour in adults. However, there remains no standard of care for patients with a chemorefractory relapse of this disease following definitive treatment and multiple salvage systemic therapy regimens [1].

Glioblastoma typically has a poor outcome at relapse, with a median overall survival of 18 months and post-relapse median survival of 6 months [2]. The limited treatment options at relapse include surgical resection, second or third line systemic therapy, and best supportive care. More recently, Bevacizumab (BEV) has become a standard choice of therapy for recurrent GBM, especially following its approval by the United States Food and Drug Administration in 2009 [3]. BEV in combination with reRT has also been effective in minimizing concerns regarding the risk of CNS radionecrosis [4].

Reirradiation (reRT) is also an accepted treatment option at relapse of GBM, but current evidence is predominantly for small volume reRT (PTV 5–50cm³/median of 20–40cm³) delivered with stereotactic techniques. However, a frequent clinical presentation is of large volume relapses (PTV > 75cm³), of which there is little data to support reirradiation to this volume [5].

Studies have demonstrated the feasibility and safety of delivering large volume reRT concurrently with Bevacizumab in high grade gliomas [5]. There are legitimate concerns regarding the risk of radiation necrosis with escalated volume and doses of reRT [6]. Our earlier data for all high grade gliomas has shown that it is both feasible and safe with an improvement in clinical outcome when delivered in conjunction with Bevacizumab [5].

ReRT for relapsed GBM in particular is therefore emerging as a safe management option, but outcome data for this approach remains limited for patients with chemorefractory recurrent GBM following previous EORTC-NCIC (Stupp) protocol chemoradiotherapy to 60 Gy, who have had disease progression following multiple salvage systemic therapy regimens. These patients tend to have tumours of a larger volume, as reflected by the median PTV of 135cm³ in our study.

The aim of this retrospective study was to demonstrate the outcome of reRT in conjunction with BEV, and whether that treatment option can be of benefit to patients with large volume recurrent GBM that cannot be managed with further systemic therapy regimens, surgical resection, stereotactic radiosurgery or brief hypofractionation regimens.

Method

A retrospective analysis was performed from an established prospective patient database approved by the Institutional Ethics Review Board. 447 patients with glioblastoma who had previously received EORTC-NCIC 60 Gy radiotherapy between 2007 and 2021 were identified.

Patient selection

Patients included in the analysis included those with a diagnosis of GBM initially managed with EORTC-NCIC 60 Gy radiotherapy with concurrent temozolomide (TMZ). These patients had radiological or histopathological evidence of intracranial recurrence/disease progression. Stringent efforts were made to distinguish progressive disease from pseudoprogression and radionecrosis via use of sequential MRI, ¹⁸F-Fluoro-ethyl-tyrosine (FET) and ¹⁸F-Fluoro-deoxyglucose (FDG) PET scans and multidisciplinary review. Relapse was defined as local, marginal or distant based upon relationship to initial defined gross tumour volume (GTV or the surgical cavity and residual tumour). If more than 50% of the recurrent tumour was within the GTV it was defined as local relapse; if 50% of tumour was outside the GTV but within 20 mm of the GTV it was then defined as marginal; and 50% of tumour outside a 20 mm margin from the GTV was recorded as distant failure. Patients were chemorefractory with an Eastern Cooperative Oncology Group (ECOG) performance status of 0–3.

Chemorefractory disease

Chemorefractory disease was defined as radiological or symptomatic progression after a minimum of one course of salvage systemic cytotoxic chemotherapy (after having completed EORTC-NCIC definitive chemoradiotherapy with concurrent and adjuvant Temozolomide to 60 Gy at the time of initial diagnosis), thus correlating to the second or third episode of tumour progression. Most patients in this analysis also had disease progression on BEV.

67 (94%) patients were managed after progression on salvage chemotherapy, which was usually two sequential agents by time of referral for ReRT. Salvage regimens were re-introduction of temozolomide either as single agent or in combination with procarbazine; lomustine and BEV. No cytotoxic chemotherapy other than BEV was delivered concurrently with ReRT.

Concurrent BEV was delivered at doses between 5 and 10 mg/m² every 2 weeks, then subsequently maintained at 2–4 weekly intervals until cessation at clinical deterioration.

Reirradiation

Eligible patients required a history of previous EORTC-NCIC 60 Gy radiotherapy with concurrent temozolomide. ReRT was defined as the subsequent course of radiotherapy with overlap of the regions to at least a dose of 30 Gy in 2 Gy equivalent fractions. Post-Bevacizumab target volumes were defined by T2FLAIR+DWI MRI sequences and clarified by FET PET if target volume delineation was uncertain.

Non isotropic margins were used to delineate the CTV (GTV + 5 mm and + 20 mm along neural tracts).

IMRT or VMAT technique was used, and 35–40 Gy was delivered over 10–15 fractions. Cumulative dose tolerances included chiasm sum of less than 75 Gy, and brainstem sum of less than 85 Gy. Brain dose hotspots above 100 Gy were accepted. The summative plans were recalculated in the Varian Eclipse software using total doses.

Study endpoints

The primary endpoints for analysis included the median survival, and the 6-month overall survival (OS) rates following reRT. The relapse-free survival (RFS) post reRT and the median OS from date of diagnosis were also analysed.

Other endpoints included hospitalisation rates (during the reRT period), functional status pre-reRT, and site of subsequent relapse (local within the reRT PTV versus distant to reRT PTV).

Statistical analysis

The data were summarized/presented as mean, standard deviation (symmetric normal data), median, range (skewed data or ordinal data), proportions, and hazard ratios with a 95% confidence interval (CI). Kaplan-Meier survival analysis was used to summarize (median with 95% CI) and present (Kaplan-Meier survival curve) the overall and progression-free survival time distribution. Log-rank test was used to compare the survival time distribution across patient sub-groups to assess the factors associated with improved survival post-reRT.

The Cox-proportional hazards regression was used to estimate the hazard ratio (risk of death or progression) for patient sub-groups. The proportionality assumption in Cox regression was tested using the Schoenfeld residuals test.

Test of median age at diagnosis between ReRT and non-ReRT patients was performed using Mood's median test. The proportion of patients with ECOG score 0 or 1, the extent of resection equal to sub-total (50–90%), and patients with MGMT between ReRT and non-ReRT patients

were performed using Chi-square test or Fisher's exact test for small samples or expected frequencies.

All the statistical tests were performed at a 0.05 level of significance. All statistical analyses were performed in STATA V16.0.

Results

447 patients treated for glioblastoma between 2007 and 2021 were identified. The median follow-up time for all surviving patients was 37.7 months (95% CI: 24.1–53.4). The median overall survival time from diagnosis for the entire cohort was 18.0 months (95% CI: 17.0–19.2). There were 396 progression events: 237 local, 28 marginal, 95 distant, and 36 combined local and distant. The median progression-free survival time was 11.8 months (95% CI: 11.0–12.5).

A total of seventy-one patients with a chemo refractory, recurrent glioblastoma were managed with reRT, all of whom were previously treated with EORTC-NCIC (Stupp Protocol) 60 Gy radiotherapy. 301 patients with a GBM were eligible for but did not have reRT (non-reRT patients). The median overall survival from initial diagnosis for the reRT patient subgroup was 23.6 months (95% CI: 21.0–33.1). The median progression-free survival from initial diagnosis was 11.66 months (95% CI: 9.36 – 14.19).

Patient characteristics

The demographics of the full cohort and ReRT administration can be seen in Table 1. Patients were aged between 17 and 80 years with a median age of 58 years, 95% CI: 57–60. Median age at diagnosis was lower in the subgroup of patients who received reRT, compared with non-reRT patients (53 years compared with 59 years respectively, $p < 0.001$). At time of initial diagnosis, 71% ($n = 317$) of the whole cohort had an ECOG performance status of 0 or 1, while 86% ($n = 61$) of the reRT subgroup had an ECOG status of 0 or 1 ($p = 0.002$). The median Ki67 was 30%. With respect to MGMT status, 32% ($n = 142$) had no methylation and 28% ($n = 124$) had promoter methylation. The percentage of patients with wildtype IDH1 was 95% ($n = 424$). More than 50% of patients had a local recurrence ($n = 237$).

The PTV volume, MGMT promoter methylation status, site of initial relapse and extent of initial surgical resection were not significant predictors of whether a patient received reRT.

The reRT schedule was 40 Gy in 15 fractions and 35 Gy in 10 fractions in 32 (45%) and 28 (39%) patients respectively. Eight (11%) patients received other schedules (36, 30 or 25 Gy). The median PTV volume was 135 cc (range 1–360 cc). 60 of 71 (85%) reRT patients had previously

Table 1 Demographic and disease profile of subjects at initial diagnosis

Variable		Overall	ReRT eligible (<i>n</i> = 372)		p
		<i>N</i> = 447 (%)	ReRT (<i>n</i> = 71)	No ReRT (<i>n</i> = 301)	
Age group (years)	< 50	110 (25)	28 (40)	67 (22)	0.007
	50–70	284 (64)	40 (56)	200 (67)	
	> 70	53 (12)	3 (4)	34 (11)	
Median Age, 95% CI		58 (57–59)	53 (49–56)	59 (58–62)	< 0.001
ECOG	0	123 (28)	31 (44)	76 (26)	0.001
	1	194 (43)	30 (42)	132 (44)	
	2	95 (21)	8 (12)	67 (22)	
	3	34 (8)	1 (1)	26 (9)	
	4	1 (0.2)	1 (1)	0 (0.0)	
Extent of resection	Biopsy (< 50%)	60 (13)	--	--	0.976
	Subtotal (50–90%)	190 (43)	32 (45)	125 (42)	
	Complete (> 90%)	197 (44)	33 (47)	130 (43)	
Ki67 (%)	≤ 20	120 (27)	19 (27)	79 (26)	0.852
	21–49	179 (40)	31 (44)	117 (39)	
	≥ 50	105 (24)	16 (23)	73 (24)	
MGMT	No methylation	142 (32)	22 (31)	107 (36)	0.083
	Promoter methylated	124 (28)	26 (37)	72 (24)	
	Unknown	183 (40)			
IDH1	Wildtype	424 (95)	67 (94)	289 (96)	0.555
	Mutated	21 (5)	4 (6)	10 (3)	
	Wildtype by ISH	2 (0.5)	0 (0)	2 (1)	
Progression site	None	51 (11)	0 (0)	0 (0)	0.402
	Isolated Local	237 (53)	37 (52)	181 (60)	
	Marginal	28 (6)	7 (10)	21 (7)	
	Isolated Distant	95 (21)	22 (31)	71 (24)	
	Local and distant	36 (8)	5 (7)	28 (9)	

Values in the parenthesis are percentage to the respective column total

progressed on BEV and continued concurrent BEV during reRT. An additional 10/71 (14%) had salvage BEV after reRT.

Outcomes

Post-ReRT survival

Figure 1 represents the Kaplan-Meier curve for post-ReRT survival time. The median overall survival time post-ReRT was 7.1 months (95% CI: 6.3–7.9) and the 6-month post-reRT overall survival rate was 63.4% (45 of 71 patients).

Overall survival

The median overall survival from initial diagnosis for the ReRT patients (*n* = 71) was 23.1 months (95% CI: 20.8–32.1). The median overall survival time for patients who were eligible for but did not receive ReRT (*n* = 301) was 16.2 months (95% CI: 15.3–17.8, *p* = < 0.001).

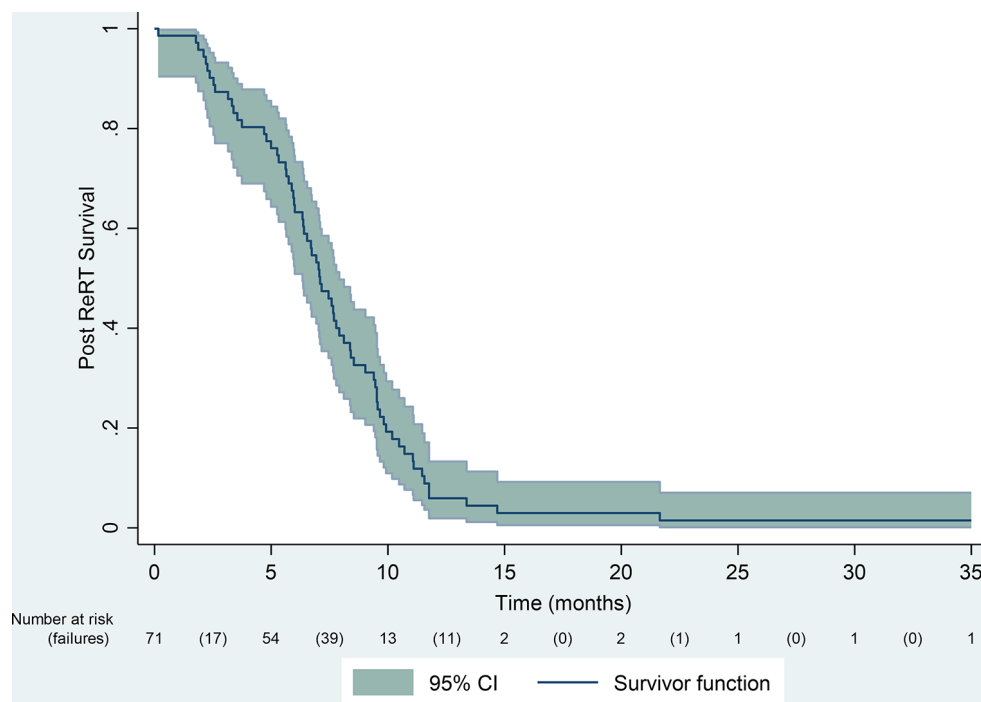
Prognostic factors

Table 2 presents the results of univariate analysis for predictors of overall survival time following reRT.

Predictors of improved overall survival following radiotherapy were younger age (*p* = 0.021), a period greater than 24 months from diagnosis to reRT (*p* = 0.045) and ECOG performance status of 0–1 (*p* = 0.039).

Patients aged < 50, 50–70 and > 70 years had post-reRT median overall survival of 7.7, 6.4 and 6.0 months respectively (*p* = 0.021). Patients older than 70 years who underwent reRT had poorer survival compared to patients aged 70 years or less (*p* < 0.001). Each additional year in age was associated with an average increase of 4% in the risk of death (HR = 1.04, 95% CI: 1.02–1.06).

The median survival time for patients with ECOG score 0 or 1 (median survival = 8.1 months, 95% CI: 7.0–9.5) was significantly higher (*p* = 0.039) than those with ECOG score 2 or 3 (median survival = 6.3 months, 95% CI: 5.0–7.1). Patients with ECOG score 2 or 3 had a higher risk of death post-reRT, compared to patients with ECOG 1 or 2 (HR = 1.66, 95% CI: 1.0–2.7, *p* = 0.046).

Fig. 1 Kaplan-Meier curve of post-ReRT overall survival time

The median survival time was significantly greater when reRT was undertaken 24 months or more following initial diagnosis (median survival = 8.5 months, 95% CI: 7.0–10.5, $p=0.045$) as compared with reRT performed less than 2 years from diagnosis (less than 12 months: median survival = 6.5 months, 95% CI: 2.6–9.0, and 12–24 months: median survival = 6.4, 95% CI: 4.8–7.7).

Factors not associated with post-reRT survival included PTV volume ($p=0.91$), ReRT regimen ($p=0.63$), anatomical location ($p=0.65$), pattern of local or distant recurrence ($p=0.87$) and MGMT promoter methylation status ($p=0.77$).

Safety

Of 6(8%) admissions to hospital within 30 days of reRT, only 1 was for reRT-related toxicity. This was a CTCAE grade 3 radiation necrosis event in a patient managed without prior BEV.

Discussion

In a cohort of patients with chemorefractory and predominantly bevacizumab-refractory recurrent large volume glioblastoma, our study achieved a median OS from time of reRT of 7.1 months. Historical data presented by Magnuson et al. in their analysis of 16 phase II trials in the setting of recurrent glioblastoma demonstrated a median overall survival of 3.8 months from time of bevacizumab failure, with

no further treatments [7]. A more recent appraisal of historical studies utilising conventional or hypo-fractionated reirradiation (24 to 36 Gy, with daily fractional size of 1.8 to 6 Gy) for recurrent glioblastoma with large tumour volume demonstrated a progression free survival of 5.4 months from time of reirradiation [8]. Previous data has also shown that chemorefractory and bevacizumab-refractory disease progression in recurrent GBM is associated with decline over 4–6 weeks [9]. Thus, the survival time of 7 months in this current study following addition of reRT in this broad subgroup of selected patients appears favourable, and this is the largest study to date on the role of reirradiation in this cohort of patients with large volume recurrent GBM with very limited treatment options.

The recent RTOG 1205 study comparing Bevacizumab delivered with re-irradiation (35 Gy in 10 fractions covering contrast enhancing disease) in a large cohort of 170 patients with relapsed GBM with Bevacizumab alone has demonstrated a significant benefit in median and 6-month progression free survival rates [10]. The median PTV in the RTOG 1205 study was 54cm³, which is again much smaller than this current study median of 135cm³, but was well tolerated. The overall survival rate following re-RT was similar in this current study, despite larger target volumes, which included coverage of non-enhancing disease.

Magnuson et al. have also demonstrated in a small group of 23 patients that large volume reirradiation (median PTV 424cm³) initiated for recurrent GBM that progressed on bevacizumab was well tolerated with minimal grade 3–4 toxicities, and demonstrated a median OS and 6 month OS

Table 2 Comparison of post-ReRT survival of prognostic factors for ReRT patients' subgroup

		Post ReRT overall survival			
		Median (95% CI)	P*	Hazard ratio (95% CI)	P~
Age (years)	< 50 (<i>n</i> =28)	7.7 (7.1–9.5)	0.021	0 ^a	0.016
	50–70 (<i>n</i> =40)	6.4 (5.3–8.4)		1.85 (1.12–3.06)	
	> 70 (<i>n</i> =3)	6.0		3.52 (2.01–6.16)	
Age (continuous)				1.04 (1.0–1.06)	<0.001
Time from diagnosis to ReRT	< 12 months (<i>n</i> =20)	6.5 (2.6–9.0)	0.045	0 ^a	0.728
	12–24 months (<i>n</i> =26)	6.4 (4.8–7.7)		1.1 (0.6–2.0)	
	≥ 24 months (<i>n</i> =25)	8.5 (7.0–10.5)		0.6 (0.3–1.0)	
ReRT regimen	40G (<i>n</i> =32)	7.1 (5.9–7.8)	0.630	0 ^a	0.642
	35 Gy (<i>n</i> =28)	7.5 (6.4–9.4)		0.88 (0.52–1.49)	
	35/10 (<i>n</i> =3)	2.5		1.71 (0.42–6.90)	
	Other (<i>n</i> =8)	5.7 (2.1–11.1)		1.27 (0.57–2.85)	
PTV volume (cc)	< 100 (24)	7.5 (5.8–9.0)	0.905	0 ^a	0.629
	100–200 (27)	7.7 (6.4–9.4)		0.89 (0.55–1.43)	
	≥ 200 (20)	5.3 (3.2–9.5)		0.99 (0.49–2.02)	
ECOG at ReRT	0,1 (<i>n</i> =37)	8.1 (7.0–9.5)	0.039	0 ^a	0.046
	2,3 (<i>n</i> =34)	6.3 (5.0–7.1)		1.66 (1.01–2.71)	
Anatomical location	Frontal (<i>n</i> =15)	7.7 (5.8–9.6)	0.652	0 ^a	0.426
	Parietal (<i>n</i> =21)	7.1 (5.3–8.4)		1.29 (0.69–2.39)	
	Temporal (<i>n</i> =21)	6.4 (5.0–8.5)		1.29 (0.63–2.65)	
	Occipital (<i>n</i> =12)	6.0 (1.9–9.5)		1.67 (0.76–3.68)	
	Thalamus (<i>n</i> =1)	--		--	
	Other (<i>n</i> =1)	--		--	
Pattern of recurrence	Local / marginal (<i>n</i> =44)	7.0 (6.0–7.9)	0.869	0 ^a	0.868
	Distant/local & distant (<i>n</i> =27)	7.6 (3.6–9.5)		0.96 (0.59–1.56)	
MGMT	No methylation (<i>n</i> =22)	7.1 (5.8–8.4)	0.771	0 ^a	0.770
	Promoter methylated (<i>n</i> =26)	6.9 (5.7–8.5)		1.09 (0.61–1.96)	

* Based on log-rank test

~ based on Cox regression model, 0^a: reference category used in the estimation of the hazard ratio for categorical variables

of 6.9 months and 65% respectively, using a pulsed-reduced dose rate technique [7]. While the technique is different and the cohort is smaller, these results undoubtedly support the use of large volume reirradiation in this clinical setting of recurrent GBM refractory to bevacizumab alone. Our study has also demonstrated that the reRT regimen and PTV volume were not associated with a detriment to survival in the patients receiving reRT.

The novel nature of this current study is that all patients were previously managed with high dose (60 Gy) RT, and had chemorefractory disease with large volume relapse. There has been limited data available regarding reirradiation of large volumes after prior high dose RT, as previous studies have primarily focused on treating patients with a smaller volume of disease (PTV < 40cm³) and often at initial relapse. The results of a current literature review of “large volume re-irradiation” of relapsed glioblastoma is outlined in Table 3 [5, 7, 10–15], and we note that studies with other high grade glioma pathologies have been included in this review. The authors have previously been able to demonstrate the safety of large volume reRT in patients who are

unsuitable for surgical resection and/or stereotactic radiosurgery with varying glioma pathologies when delivered in conjunction with bevacizumab [5].

Current prognostic scores that have been developed are largely directed at patients for consideration of small volume reirradiation for all recurrent gliomas, such as the Combs score, which utilises factors including the patient age (above or below 50), and time interval from initial radiotherapy (more or less than 12 months) [16]. This current study has provided further insight into factors that may have more specific application to large volume irradiation in recurrent GBM. Perhaps unsurprisingly, younger age, better performance status and longer time since commencement of initial therapy were all associated with more favourable outcomes in this group of patients.

This is a retrospective study with non-randomised data. Our toxicity data is limited. Notably patients selected for reRT tended to be younger and with better functional status. The study cohort was relatively small (71 patients) but is much larger than any other study that has investigated large-volume reirradiation in this context.

Table 3 Current literature for large volume re-irradiation of relapsed glioblastoma

Study	Cohort	Target Volume	ReRT Regimen	Outcomes
Tsien et al. 2022 [9]	86 recurrent GBM patients	Median PTV 54cm ³	35 Gy in 10 fractions, concurrent BEV	Median survival time 10.1 months Median PFS 7.1 months 6-month PFS rate 54.3% 5% grade 3 acute/treatment toxicities
Chan et al. 2020 [5]	51 patients with recurrent GBM	Median PTV 145.3cm ³ (including anaplastic gliomas)	35 Gy in 15 fractions, 40 Gy in 15 fractions, or 35 Gy in 10 fractions	Median OS 7.5 months in patients with recurrent GBM
Magnuson et al. 2014 [7]	23 patients with recurrent GBM	Median PTV 424cm ³	54 Gy in 27 fractions using pulsed-reduced dose rate radiotherapy	Median OS 6.9 months 6 month OS 65% No grade 3–4 toxicities
Fokas et al. 2009 [10]	53 patients	Median tumour size 35.01 ml (PTV not reported)	Median 30 Gy (20–60 Gy) in 3 Gy/fraction	Toxicity Grade 2 or less Median post-reRT survival 9 months
Dixit et al. 2021 [11]	36 patients with bevacizumab pre-exposed glioblastoma	Median tumour size 1595.1mm ³ (PTV not reported)	55 Gy to enhancing disease, 45 Gy to non-enhancing disease in 25 fractions with BEV + TMZ	Median OS 7.9 months for bevacizumab pre-exposed glioblastoma group
Maranzano et al. 2011 [12]	22 patients	SRS: Median 5.3 cm ³ (range, 0.6–14) fSRT: 44 cm ³ (range, 1.4–151)	SRS 17 Gy or fSRT 30 Gy	Median survival from re-irradiation 11 months
Arpa et al. 2020 [13]	24 patients	Median PTV 107cm ³ (range 9.8–395.0 cc)	Helical TomoTherapy with SIB Total dose 20 Gy to FLAIR PTV and 25 Gy to PTV boost (MRI enhancing disease) in 5 fractions	Median survival from re-RT 10.7 months No re-operation due to early/late toxicity
Adkison et al. 2011 [14]	86 patients with recurrent WHO Grade 4 GBM	Mean PTV 403.5cm ³ * (all recurrent glioma grades included)	Median dose 50 Gy in 1.8–2.0 Gy per fractions delivered in series of 0.2 Gy pulses at 3 min intervals	Median survival since retreatment 5.1 months for WHO Grade 4 tumours

The authors continue to consider the use of FET PET with MRI imaging in assisting with delineation of reRT target volumes. This is a significant consideration for future studies to allow improved tumour coverage in infiltrating non-enhancing disease. Future studies may collect further information regarding treatment toxicity, radiological response, performance status, quality of life, steroid use, and the role of Bevacizumab following re-irradiation. The impact of timing of reRT delivery (either earlier at the commencement of BEV or later at the time of BEV-refractory disease) on the median survival benefit of reRT is also for further investigation.

Conclusion

There is a meaningful median overall survival following large volume reirradiation for chemorefractory recurrent GBMs who have previously received radical chemoradiotherapy to 60 Gy and multiple salvage systemic therapy regimens, particularly in patients who are younger and of better performance status. In combination with bevacizumab, large volume reirradiation in this group of patients is feasible and well tolerated. This data supports large volume reRT as a viable approach when faced with a large volume,

chemorefractory GBM recurrence with limited alternative treatment options.

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Declarations

Ethical approval This study was performed utilising an established prospective patient database approved by the Institutional Ethics Review Board.

Competing interests The authors declare no competing interests.

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