

Re-irradiation strategies in combination with bevacizumab for recurrent malignant glioma

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Abstract The place of bevacizumab (BEV) in salvage re-irradiation (Re-RT) settings of malignant glioma is poorly defined. In the current study risk/benefit profiles of two BEV-based Re-RT protocols were analyzed and compared with that of salvage BEV plus irinotecan (BEV/IRI). According to interdisciplinary tumor board recommendations, patients were assigned to one of three BEV-based treatment protocols: (1) BEV/IRI, (2) Re-RT (36 Gy/18 fx) with concomitant BEV (Re-RT/BEV), and (3) Re-RT with concomitant/maintenance BEV (Re-RT/BEV→BEV). Prognostic factors were obtained from proportional hazards models. Adverse events were classified according to the NCI CTCAE, v4.0. 105 consecutive patients were enrolled from 08/2008 to 05/2014. Patients undergoing Re-RT experienced longer time intervals from initial diagnosis to BEV treatment (median: 22.0 months vs. 13.7 months,

$p=0.001$); those assigned to Re-RT/BEV→BEV rated better on the performance scale (median KPS_{REC} : 90 vs. 70, $p=0.013$). Post-recurrence survival after BEV-based treatment (PRS) was longest after Re-RT/BEV→BEV (median: 13.1 months vs. 8 months, $p=0.006$). PRS after Re-RT/BEV and BEV/IRI was similar. Multivariately, higher KPS_{REC} and Re-RT/BEV→BEV were associated with longer PRS. Treatment toxicity did not differ among groups. Re-RT/BEV→BEV is safe, feasible and effective and deserves further prospective evaluation.

Keywords Bevacizumab · Recurrent glioma · Re-irradiation · Radiotherapy · Glioblastoma

Introduction

Bevacizumab (BEV) has been reported to promote tumor regression [1–4], to reduce vasogenic edema due to normalization of abnormal tumor vessels [5] and to improve performance scores of malignant glioma patients [6, 7]. On the one side, it has been suspected that the improvement of both tumor perfusion and intra-tumoral oxygenation (as a consequence of vessel normalization) might also enhance the efficacy of other chemotherapeutic agents in selected patients [8, 9]. On the other side, it has also been pointed out that anti-angiogenic agents might aggravate tumor hypoxia followed by enhanced angiogenesis, cancer cell invasion, etc [10, 11]. While numerous BEV-based treatment protocols have been evaluated in malignant glioma patients [1–4, 8, 12–16], no conclusion could currently be drawn from these data as to the role of BEV in glioma treatment settings. For example, promising results have been reported from the BELOB-trial: patients with recurrent GBMs did significantly better in terms of survival (OS) and progression-free

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survival (PFS) after BEV plus lomustine as compared to BEV alone [8]. These results, however, could not be confirmed by the EORTC 26101 trial (median OS in both arms approximately 9 months).

In salvage re-irradiation (Re-RT) settings, BEV has been reported to act as a protective agent [17] and to enhance the efficacy of irradiation by overcoming hypoxia mediated mechanisms of radioresistance [5, 18]. For further clarification the RTOG 1205/NCT01730950 trial has been conducted comparing Re-RT/BEV with BEV alone. The patient accrual for that trial is still ongoing, the study is accruing well but results cannot be awaited in the near future. Thus, treatment decisions in favor of salvage Re-RT still have to rely on retrospective data [19–22]. Different treatment strategies are currently under discussion. Previously, a group of the present study population of patients with Re-RT/BEV was compared with Re-RT alone [19]. However, there was no comparison with patients solely treated by BEV alone or a combined systemic treatment. Moreover, it remained unclear whether concomitant Re-RT/BEV should be supplemented by maintenance BEV treatment. For further clarification, we here present risk/benefit profiles of two Re-RT treatment protocols using either concomitant BEV (Re-RT/BEV) or concomitant and maintenance BEV (Re-RT/BEV→BEV) in patients with multimodal pretreated malignant glioma recurrences; profiles were compared with that of salvage BEV plus irinotecan (BEV/IRI).

Materials and methods

Patient selection

After review by the ethics committee of the University of Munich (# 620-15), the tumor registries of the departments of Neurosurgery and Radiation Oncology were queried (from 04/2007 to 10/2014) for adult patients (aged 18–75 years) with the first to third relapse of supratentorial recurrent malignant glioma undergoing salvage Re-RT with concomitant (Re-RT/BEV) or concomitant and maintenance BEV (Re-RT/BEV→BEV) and for those treated with salvage BEV in combination with irinotecan (BEV/IRI) (Fig. 1). The first patient treated received BEV in 08/2008; the last one received BEV in 05/2014. Date of last follow-up was 10/2015.

Initial histological diagnosis after open tumor resection or molecular stereotactic biopsy was made according to the WHO classification 2007 [23]. *MGMT* promoter methylation status was determined using methylation-specific PCR (MSP) and bisulfite sequencing; for *IDH1/2* mutational status analysis pyrosequencing was used.

All patients had received conventionally fractionated RT (+/– temozolomide) with tumor doses in the range

of 60 Gy as part of their initial treatment. In methylated tumors, salvage Re-RT and/or BEV was only considered indicated in those patients who were no longer responsive to alkylating chemotherapeutic agents. Disease progression before the initiation of salvage treatment was documented by follow-up MRI and/or open tumor resection/stereotactic biopsy. All patients had signed informed consent for scientific evaluation of clinical data and tissue information.

Treatment regimens

For all study patients, treatment decisions were made by the interdisciplinary tumor board and assessment of the benefit and the risk of the respective salvage treatment were adjusted for the effects of patient- and treatment-related factors including their molecular genetic biomarker profiles.

Before the initiation of BEV therapy, adequate hematologic, hepatic/renal function and acceptable blood coagulation levels were required. Patients with a recent history of intracranial hemorrhage, arterial thromboembolism, clinically relevant cardiovascular disease, not well controlled hypertension, and/or unhealed wounds were excluded. The following salvage treatment strategies were initiated: (1) BEV in combination with irinotecan (BEV/IRI), (2) Re-RT with concomitant BEV alone (Re-RT/BEV) and (3) Re-RT with concomitant and maintenance BEV (Re-RT/BEV→BEV) (Fig. 1).

Re-RT was principally considered a possible treatment strategy in patients with a KPS score of at least 70 at tumor recurrence (KPS_{REC}) and a minimum time interval of 6 months between the date of projected Re-RT and the end of first radiation therapy procedure [24]. Patients undergoing salvage surgery with complete resection of their recurrence were not considered suitable for Re-RT. In case of multifocal disease, the indication for Re-RT was less frequently given and the primary systemic approach was preferred. The Re-RT protocol implied a total dose of 36 Gy in 18 fractions (2 Gy/fraction) employing 3D conformal radiotherapy or IMRT if adjacent critical structures were present. Gross tumor volume (GTV) included the contrast enhancing lesion of the gadopentetate dimeglumine enhanced (Gd+) T1 weighted MR imaging. Planning target volume (PTV) was defined as GTV plus 10 mm margin at maximum. To ensure reproducibility patients were immobilized with a thermoplastic mask system. Treatment planning was performed using Oncentra MasterPlan[®] (Nucletron BV, Veenendaal, the Netherlands). During Re-RT, patients received BEV 10 mg/kg per body weight intravenously on days 1 and 15 [25]. In the Re-RT/BEV→BEV group, BEV was continued every 2 weeks accordingly. It was intended to apply at least additional six cycles if no toxicity occurred. In the BEV/IRI group, irinotecan chemotherapy was

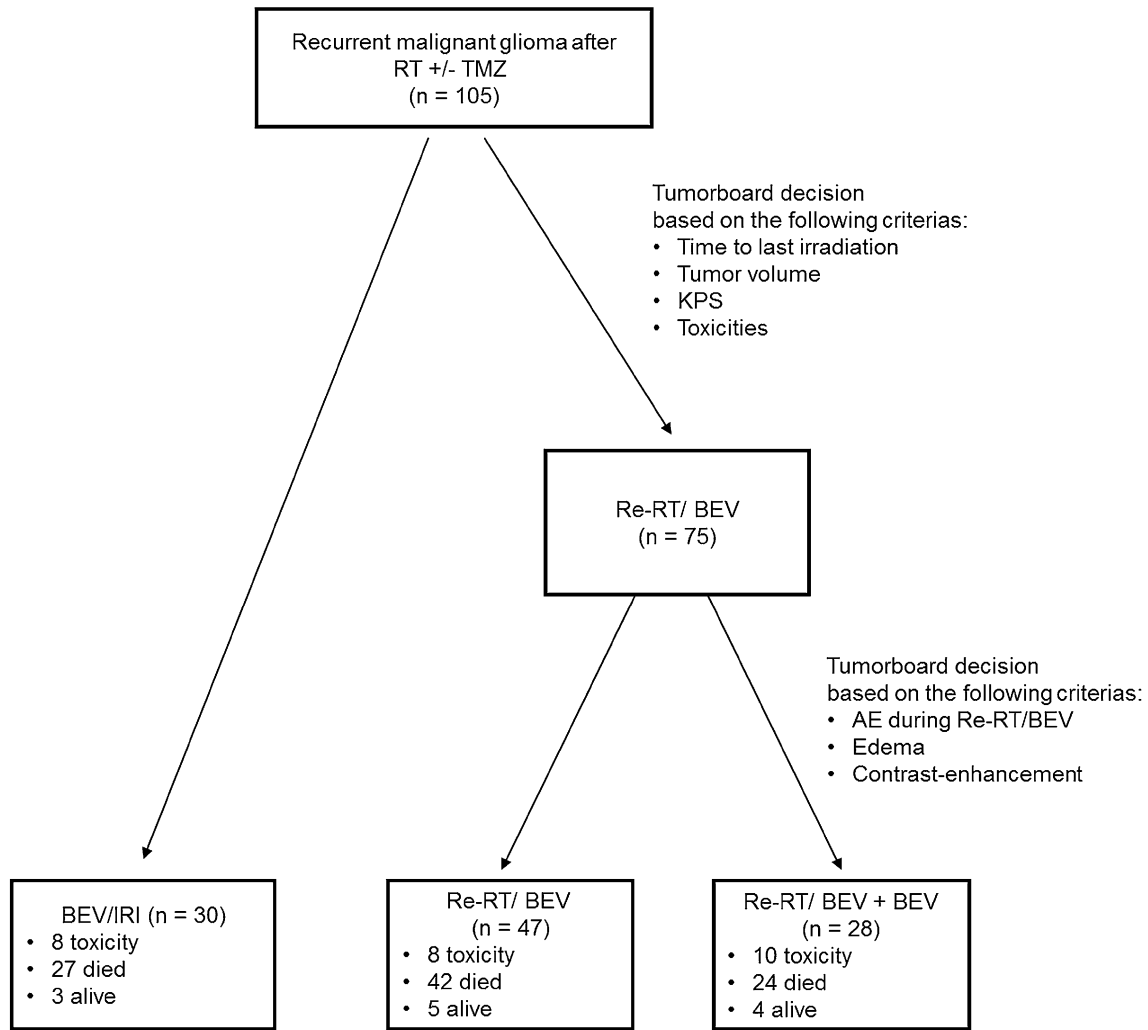


Fig. 1 Flow chart of the study

administered additionally in a dosage of 125 mg/m² every 2 weeks (up to 340 mg/m² depending on the use of EIADs).

Generally, it was intended to apply six BEV cycles either in combination with IRI or after Re-RT. Treatment was stopped earlier in case of tumor progression/unacceptable toxicity. Further treatment beyond that intended time point required a new tumor board decision. In case of a clinical response and in patients with excellent clinical score, BEV was continued (patients with >6 cycles, n=39, 37.1%).

Treatment schedule and follow-up

Baseline evaluation included MRI, complete physical and neurological examination, and blood tests. MRI control was performed every three months until the end of follow-up with assessment and independently done according to the MacDonald criteria [26, 27] (the RANO criteria were first introduced in 2010 and could not be used in this study).

Tumor progression had to be confirmed by clinical and/or neuroradiological follow-up. The standardized MRI (Magnetom Symphony, Siemens; or Signa HDxt, GE Healthcare) protocol comprised 3D T1-weighted sequences (slice thickness: 1 mm) before and after administration of gadopentetate dimeglumine (0.1 mmol per kilogram of body weight, Gd). Volumes of the recurrent tumors before initiation of BEV were determined using the smartbrush iPlan tool (BRAIN-LAB, Feldkirchen, Germany). Tumor volume calculations referred to measurements of solid enhancing tumor parts including also necrotic/pseudocystic areas (Gd+ volume). In case of suspected pseudoprogression, FET-PET and stereotactic re-biopsy were performed.

Toxicity evaluation

Hematology was performed weekly. Adverse events were defined according to the National Cancer Institute (NCI) Common Toxicity Criteria, version 4.0.

Statistics

Reference point of the study was the date of first BEV treatment. Primary study endpoints were death, treatment toxicity and post-recurrence tumor progression at 6 months. Post-recurrence survival (PRS) was defined as the time interval between the date of first BEV treatment and death. Additionally, post-recurrence progression-free survival at 6 months was analyzed (PR-PFS-6). Secondary endpoint was OS, which was calculated from the date of the initial diagnosis. Survival analyses were made with the Kaplan–Meier method; for comparative analyses the log-rank test was used. Prognostic factors were obtained from proportional hazards models. The distribution of epidemiological data in the respective groups was analyzed and compared using the Kruskal–Wallis/Mann–Whitney *U* tests (continuously scaled variables) and the χ^2 statistics/Fisher's exact test (categorical variables). A *p* value of ≤ 0.05 was considered significant. All calculations were performed using SPSS (version 23.0).

Results

105 patients with recurrent malignant glioma (anaplastic glioma; *n*=20, glioblastoma; *n*=85) were included. Patient characteristics are summarized in Table 1. Open tumor resection was initially performed in 72.9%, and molecular stereotactic biopsy in 27.1%. Information on *MGMT* promoter methylation status and *IDH1/2* mutational status was available for 97 and 96 patients, respectively. The median

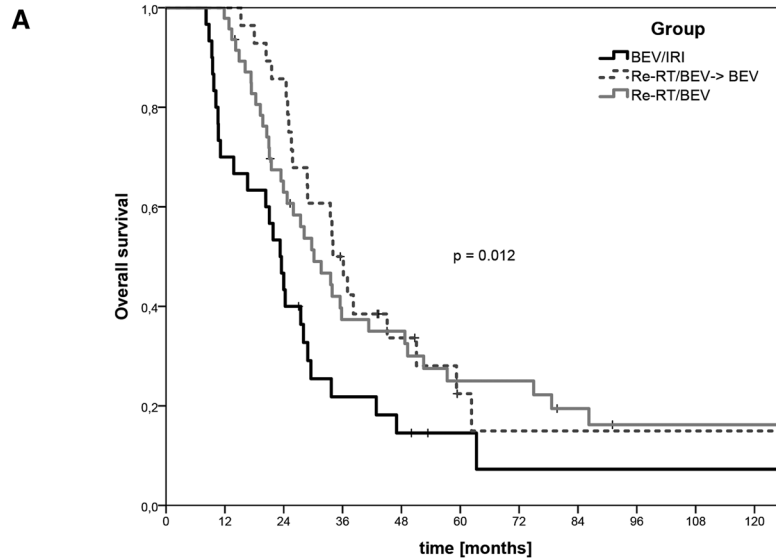
dose of primary RT was 60 Gy (range: 39–78 Gy) and that of the Re-RT treatment 36 Gy (range: 28–46 Gy). One patient underwent hypofractionated radiotherapy and five patients received conventional lower doses due to initial low-grade histology/tumor extent. One patient received a conventional (dose: 66 Gy) and one a particle boost treatment (dose: 78 Gy). Re-irradiation dose was adapted according to previous dose exposition and organ-at-risk constraints. The number of applied TMZ cycles before BEV treatment was lowest in the Re-RT/BEV group (median: 4 vs. 8, *p*=0.031). Tumor progression before initiation of the BEV-based treatment was verified in 43 patients by biopsy/resection and in 62 patients by follow-up MRI imaging including FET-PET.

The median time interval from initial RT to BEV-based treatment was similar in both Re-RT groups (Re-RT/BEV: 19.8 months vs. Re-RT/BEV→BEV: 17.7 months); it was shorter in the BEV/IRI group (12.4 months, *p*=0.002) as expected. Patients receiving Re-RT/BEV suffered more often from WHO grade III recurrences (*p*=0.043) (Table 1). Gd+ volumes were similar in the Re-RT/BEV→BEV and BEV/IRI groups (median Gd+ volume: 26.0 ml vs. 28.6 ml). Patients of the Re-RT/BEV group exhibited the largest tumor volumes, the difference, however, was not statistically significant (median: 37.8 ml, *p*=0.341). Treatment groups did not differ in terms of sex (*p*=0.638), age before initiation of BEV-based treatment (*p*=0.968), *MGMT* promoter methylation (*p*=0.294) and *IDH1/2* mutational status (*p*=0.574). The median number of relapses before BEV-based treatment was similar among treatment groups (see Table 1), the same was true for the

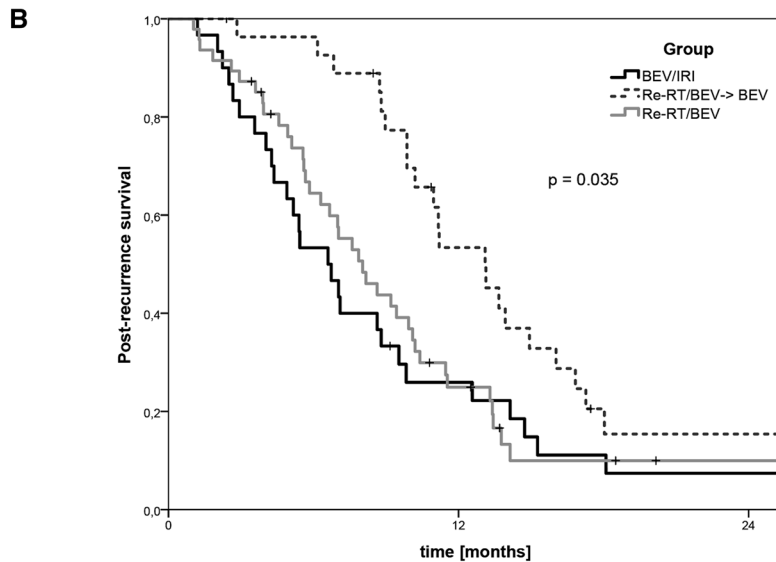
Table 1 Patient characteristics of all patients and groups BEV/IRI, Re-RT/BEV and Re-RT/BEV→BEV

Patient characteristics	All patients (<i>n</i> =105)	BEV/IRI (<i>n</i> =30)	Re-RT/BEV (<i>n</i> =47)	Re-RT/BEV→BEV (<i>n</i> =28)	<i>p</i> value
Sex (male/female)	66/39	18/12	32/15	16/12	Ns (<i>p</i> =0.638)
KPS _{REC} (median)	80	70	80	90	Ns (<i>p</i> =0.054)
Age at initial BEV therapy (median)	48.5	48.5	52	52	Ns (<i>p</i> =0.968)
WHO grade (III/IV)	20/85	3/27	14/33	3/25	0.043
Methylated <i>MGMT</i> promoter	51/97	14/28	20/43	17/25	Ns (<i>p</i> =0.294)
<i>IDH1</i> -mutation	19/96	6/28	10/43	3/25	Ns (<i>p</i> =0.574)
Initial surgery (biopsy/resection)	27/78	11/19	13/34	3/25	Ns (<i>p</i> =0.072)
Surgery before BEV start (biopsy/resection)	80/25	24/6	36/11	20/8	Ns (<i>p</i> =0.743)
BEV cycles (median)	4	8	2	8.5	<0.001
Previous TMZ cycles (median)	6	4	6	8	0.031
Interval from diagnosis to BEV start (median months)	16.5	12.4	20.5	20.3	0.002
Interval from RT to ReRT (median months)			19.2	17.7	Ns (<i>p</i> =0.636)
Number of relapses (1st, 2nd, 3rd, 4th)	52/37/12/4	14/13/3/0	24/15/5/3	14/9/4/1	Ns (<i>p</i> =0.796)
Median number of relapses before BEV start	1.5	2.0	1.0	1.5	Ns (<i>p</i> =0.889)
Gd+ volume (median, ml)	29.7	28.6	37.8	26.0	Ns (<i>p</i> =0.341)
PTV (median, ml)			136.6	105.8	0.127

Fig. 2 a, b OS and PRS for the groups BEV/IRI, Re-RT/BEV and Re-RT/BEV→BEV. Median OS was significantly shorter after BEV/IRI (23.3 months, $p=0.012$) and nearly identical among the Re-RT groups (Re-RT/BEV 30.2 months; Re-RT/BEV→BEV 34 months, $p=0.382$). Median PRS after Re-RT/BEV→BEV (13.1 months) was longer than after Re-RT/BEV (PRS 8.0 months, $p=0.006$). No difference was seen for Re-RT/BEV and BEV/IRI (6.6 months vs. 8.0 months, $p=0.752$)



Patients at risk [months]		6	12	18	24	30	36	42	48	54	60	66	72	78	84	120
BEV/IRI	30	30	21	19	14	7	6	6	4	4	4	2	2	2	2	2
Re-RT/BEV → BEV	28	28	28	27	24	17	13	10	8	7	6	6	6	5	4	3
Re-RT/BEV	47	47	46	38	28	22	16	15	14	11	9	9	9	7	5	4



Patients at risk [months]		6	12	18	24
BEV/IRI	30	16	7	3	2
Re-RT/BEV → BEV	28	26	13	4	3
Re-RT/BEV	47	28	10	5	4

distribution (one/two/three or four relapses); the patterns of applied modalities did not change over time. Patients of the Re-RT/BEV→BEV group had better performance scores than the BEV/IRI group (median KPS_{REC} : 90 vs. 70, $p=0.013$). The median frequency of BEV cycles was similar in the BEV/IRI group and Re-RT/BEV→BEV group

(8 cycles vs. 8.5 cycles). Similarly, median treatment time was longer for the BEV/IRI and Re-RT/BEV→BEV group compared to the Re-RT/BEV group (4.4/5.2 months vs. 1.1 months, $p=0.01$).

Median follow-up after BEV-based treatment was 25.6 months (95% CI 11.4–39.9 months). No significant

Table 2 Toxicities according to the National Cancer Institute (NCI) common toxicity criteria, version 4.0

Event	BEV/IRI (n=30)	Re-RT/BEV (n=47)	Re-RT/BEV → BEV (n=28)
Myelosuppression			
Grade 1–2	0	2 (4.3%)	1 (3.6%)
Grade ≥3	2 (6.7%)	1 (2.1%)	1 (3.6%)
Thrombosis			
Grade 1–2	1 (3.3%)	3 (6.4%)	2 (7.1%)
Grade ≥3	0	0	0
Nausea			
Grade 1–2	4 (13.3%)	1 (2.1%)	0
Grade ≥3	0	0	0
Infection			
Grade 1–2	1 (3.3%)	1 (2.1%)	0
Grade ≥3	1 (3.3%)	0	2
Gastrointestinal bleeding/epistaxis			
Grade 1–2	0	0	1 (3.6%)
Grade ≥3	1 (3.3%)	0	0
Disturbance of electrolytes			
Grade 1–2	1 (3.3%)	0	1 (3.6)
Grade ≥3	0	0	0
Exanthema			
Grade 1–2	0	1 (2.1%)	0
Grade ≥3	0	0	0
Hypertension			
Grade 1–2	1 (3.3%)	1 (2.1%)	2 (7.1%)
Grade ≥3	0	0	0
Anemia			
Grade 1–2	1 (3.3%)	0	0
Grade ≥3	0	0	0
Radiation necrosis			
Any grade	n. a	0	0

Adverse events grade 1–2 ($p=0.57$) and ≥ 3 ($p=0.68$) did not differ between the groups

differences were seen in the respective treatment groups. Overall, median OS and PRS were 28.9 months (95% CI 23.9–33.8 months) and 9.0 months (95% CI 7.6–10.4 months), respectively. Median OS was significantly shorter after BEV/IRI (BEV/IRI: 23.3 months, 95% CI 19.3–27.2, $p=0.012$) and nearly identical among the Re-RT groups (Re-RT/BEV: 30.2 months, 95% CI 22.5–37.9 months; Re-RT/BEV→BEV: 34 months, 95% CI 29.7–38.4 months, $p=0.382$, Fig. 2a).

Median PRS after Re-RT/BEV→BEV was longer than after Re-RT/BEV (13.1 months, 95% CI 10.4–16.1 months vs. 8.0 months, 95% CI 6.0–10.1 months, $p=0.006$). Those of the Re-RT/BEV and BEV/IRI group exhibited similar PRS rates (BEV/IRI: 6.6 months, 95% CI 4.4–8.8 months, $p=0.752$, Fig. 2b).

Grade 3/4 toxicities were seen in seven patients and grade 1/2 toxicities in 25 patients (Table 2). The frequency of adverse events was not influenced by the applied treatment

protocols (grade 1–2: $p=0.57$, grade 3–4: $p=0.68$). There was no radiation-induced symptomatic edema or radiation necrosis in patients with Re-RT/BEV.

Results of one-variable and multivariate prognostic models are summarized in Table 3. Multivariately, a mutated *IDH1* mutational status ($p=0.016$), WHO grade III ($p=0.002$) and Re-RT/BEV→BEV treatment group ($p=0.008$) gained favorable influence on length of OS. KPS_{REC} ($p=0.007$) and Re-RT/BEV→BEV treatment ($p=0.045$) retained prognostic impact on PRS.

Discussion

The place of Re-RT in combination with BEV for salvage treatment of malignant glioma is poorly defined. Here we show that toxicity profiles of Re-RT/BEV, Re-RT/

Table 3 Univariate and multivariate analysis for PRS and OS

Variable	PRS		OS	
	p value	Hazard ratio (95% CI)	p value	Hazard ratio (95% CI)
Univariate analysis (log-rank test, Cox regression)				
Gender	Ns (p=0.191)	1.334 (0.866–2.055)	Ns (p=0.501)	1.160 (0.753–1.785)
KPS _{REC}	<0.001	0.97 (0.96–0.99)	–	–
Age	Ns (p=0.333)	1.01 (0.99–1.03)	–	–
Methylated <i>MGMT</i> promoter	Ns (p=0.098)	0.695 (0.451–1.070)	<0.001	0.330 (0.205–0.529)
<i>IDH1</i> mutation	Ns (p=0.082)	0.622 (0.355–1.092)	<0.001	0.353 (0.197–0.633)
WHO grade	Ns (p=0.584)	0.925 (0.700–1.222)	<0.001	0.453 (0.318–0.643)
Gd + volume	Ns (p=0.755)	1.001 (0.995–1.007)	–	–
Treatment group	0.035 (log-rank)		0.012 (log-rank)	
BEV/IRI vs. Re-RT/BEV→BEV	0.028 (Cox)	0.533 (0.304–0.934)	0.006 (Cox)	0.446 (0.251–0.795)
BEV/IRI vs. Re-RT/BEV	0.958 (Cox)	0.987 (0.598–1.628)	0.022 (Cox)	0.558 (0.339–0.918)
Multivariate analysis (Cox regression)				
KPS _{REC}	0.007	0.978 (0.963–0.994)	–	–
Methylated <i>MGMT</i> promoter	Ns (p=0.494)	1.200 (0.712–2.023)	Ns (p=0.058)	0.282 (0.129–0.616)
<i>IDH1</i> mutation	0.065	0.522 (0.262–1.042)	0.016	0.543 (0.290–0.979)
WHO grade	Ns (p=0.819)	0.922 (0.458–1.854)	0.002	0.588 (0.356–0.973)
Treatment group				
BEV/IRI vs. Re-RT/BEV→BEV	0.045	0.544 (0.300–0.987)	0.008	0.432 (0.233–0.804)
BEV/IRI vs. Re-RT/BEV	Ns (p=0.511)	1.194 (0.704–2.024)	Ns (p=0.414)	0.800 (0.468–1.367)

BEV→BEV, and BEV/IRI are similar. We did not observe radiogenic complications such as symptomatic radiation induced edema indicating eventually protective effects of concomitant/maintenance BEV in Re-RT settings. On the basis of the respective toxicity profiles, we suppose that each of the three treatment strategies is applicable for selected patients with malignant glioma recurrences after proven inefficacy of previously applied standard treatment protocols.

The interdisciplinary tumor board selected distinct patient subpopulations for different treatment protocols. For example, a longer time interval (>6 months) after initial radiation predisposes patients for Re-RT protocols whereas those having shorter recurrence free survival after initial radiation were more likely to receive BEV/IRI. This in turn led to a decreased median OS time within the BEV/IRI group as a shorter time interval after initial radiation is per se a clear indicator of decreased OS. Moreover, patients undergoing Re-RT/BEV→BEV rated highest on the performance scale before treatment. Even though the study was not designed to analyze the efficacy of the applied treatment protocols, it was remarkable that Re-RT/BEV→BEV was associated with the longest PRS, independently of the relapse-free survival after initial treatment. An inherent OS superiority cannot be claimed over the BEV/IRI group as the above mentioned characteristics have to be regarded as a certain form of selection bias. Our major result is the influence on PRS on which our report was focused.

The acquired resistance to standard therapies for the tumors of this series is also underlined by loss of prognostic/predictive impact of otherwise powerful molecular biomarkers such as *MGMT* promoter methylation and *IDH1* mutational status [28]; whereas these markers gained powerful influence on OS indicating increased responsibility to alkylating agents and perhaps also radiation in earlier days, no such prognostic effect was seen on PRS.

It was remarkable that the Re-RT/BEV→BEV group contained a higher proportion of grade IV tumors and might have been expected to have inferior outcomes; however, comparable to the loss of the prognostic impact of biomarkers WHO grade did not have a prognostic impact on PRS and therefore this imbalance should not be overestimated.

The major difference in light of recent evidence on BEV in relapsed GBM is the fact that BEV was combined with Re-RT in this study.

The favorable prognostic impact of Re-RT/BEV→BEV was also confirmed in multivariate models after adjustment for the effects of potentially confounding factors. This is the first retrospective study indicating a potential advantage of concomitant and maintenance BEV application in the framework of Re-RT settings.

BEV/IRI and Re-RT/BEV were associated with similar PRS rates, the salvage treatment time in the Re-RT/BEV group, however, was significantly shorter. Thus, Re-RT/BEV might have the potential to reduce the treatment burden for a considerable number of patients and might be

regarded as a valuable treatment option particularly for those not suitable for long-term systemic treatment; this issue warrants further investigation, especially as a substantial part of eligible patients do not present with optimal performance scores.

Representative results could be obtained in the current study compared to previous trials [4, 13, 19–22, 29–33]. However, any comparative analyses should be done cautiously. Reports focusing on Re-RT settings for malignant glioma recurrences did usually not control their results for the effects of the applied selection criteria and other possible prognostic factors. Evaluation of outcome measurements is usually not performed within the framework of comparative adjusted analyses [19–22, 34]. Key variables such as performance scores at the time of tumor progression, volume of the recurrent tumor and the time interval between initial radiation and Re-RT have to be considered, when it comes to analyze the pros and cons of Re-RT settings.

Toxicity after Re-RT compares favorably to other studies dealing with Re-RT/BEV [19–21]. For example, no symptomatic radiation induced edema and/or problems with wound healing were observed. The latter might be explained by the fact that majority of patients received only minimally invasive biopsy procedures before BEV application. To which extent differences in GTVs and PTVs have contributed to the favorable toxicity profile, remains unknown. GTVs and PTVs in the Re-RT/BEV and Re-RT/BEV→BEV groups were comparable; only a few studies have reported on larger target volumes [21, 35].

Our study has the inherent limitations of a retrospective analysis. The relatively small sample size in the respective subgroups might also have contributed to these limitations. The potential superiority of maintenance BEV after Re-RT/BEV deserves further evaluation within the framework of prospective studies. So far, Re-RT strategies in combination with BEV can be offered as a feasible and safe treatment strategy for selected patients with malignant glioma recurrences. Results of this study might provide a basis against which other studies treating similar tumors might be compared.

Compliance with ethical standards

Conflict of interest The authors declare that conflicts of interest do not exist.

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