

# Human chorionic gonadotropin is expressed virtually in all intracranial germ cell tumors

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**Abstract** Human chorionic gonadotropin (hCG) production has been utilized as a diagnostic marker for germinoma with syncytiotrophoblastic giant cells (STGC) and choriocarcinoma. Elevated hCG in germinoma is considered to predict less favorable prognosis, and an intensive treatment strategy may accordingly be applied. However, there is some evidence that any germinoma may produce hCG to varying extent. We investigated mRNA expression of the hCG  $\beta$  subunit (hCG $\beta$ ) using real time quantitative

polymerase chain reaction in 94 germ cell tumors (GCTs). Most (93.3 %) GCTs showed higher expression levels compared with that of normal brain tissue ( $1.09 \times 10^0$ – $1.40 \times 10^5$  fold). The expression was the highest in GCTs which harbor choriocarcinoma or STGC components. The expression level of hCG $\beta$  in germinoma was highly variable ( $1.09 \times 10^0$ – $5.88 \times 10^4$  fold) in linear but not bimodal distribution. hCG concentrations in serum and CSF correlated with gene expression, especially when GCTs with single histological component were analyzed separately. The expression was not significantly associated with recurrence in pure germinoma. These results suggest that the serum/CSF hCG levels may need to be interpreted with caution as most GCTs appear to have the capacity of producing hCG irrespective of their histology. The clinical

On behalf of the Intracranial Germ Cell Tumor Genome Analysis Consortium (the iGCT Consortium).

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significance of ubiquitous hCG expression in GCTs needs further investigation.

**Keywords** Expression · Germ cell tumor · Germinoma · Human chorionic gonadotropin · Real-time polymerase chain reaction

## Introduction

Intracranial germ cell tumors (GCTs) develop mostly in the pediatric and young adult population with a strong male preponderance [1]. The current World Health Organization (WHO) classification recognizes five main histological subtypes of intracranial GCTs; germinoma, teratoma, choriocarcinoma, yolk sac tumor, and embryonal carcinoma [2]. The tumors often appear as a mixture of any combination of these components. Germinoma, which is the most common subtype, usually means pure germinoma but it also includes germinoma with syncytiotrophoblastic giant cells (STGC) as its subtype.

Human chorionic gonadotropin (hCG) is one of the most commonly tested tumor markers in the clinical settings along with alpha-fetoprotein (AFP). Elevation of the hCG level in serum and/or cerebrospinal fluid (CSF), or positive immunohistochemistry of the tumor tissue has been used to make a diagnosis of choriocarcinoma or germinoma with STGC. Some consider that most GCTs can be diagnosed solely based on laboratory tests of those tumor markers together with the clinical presentation and imaging examinations without histopathological analyses [3].

However, it has been known that a subgroup of germinoma without STGC also secrete hCG, and is therefore called hCG-producing germinoma. The prognostic significance of hCG in germinoma is controversial; some argue that the elevation of hCG has a negative impact on the outcome in germinoma [4, 5], while others reported the opposite [6, 7]. While patients with pure germinoma are categorized into the good prognosis group of the therapeutic classification proposed by a Japanese group [8, 9], those with hCG-producing germinoma are classified into the intermediate prognosis group and accordingly receive more intense chemo-radiotherapy than pure germinoma. In European clinical trials, they are treated as a poor prognosis tumor together with non-germinomatous GCTs (NGGCTs) if the concentration of hCG $\beta$  in the serum or CSF exceeds 50 IU/l ([https://www.skion.nl/workspace/uploads/2\\_siop\\_cns\\_gct\\_ii\\_final\\_version\\_2\\_15062011\\_unterschrift\\_hoppenheit.pdf](https://www.skion.nl/workspace/uploads/2_siop_cns_gct_ii_final_version_2_15062011_unterschrift_hoppenheit.pdf)).

However, an ultrasensitive enzyme immunoassay (EIA) method to measure the hCG titer in CSF developed by Katakami et al. revealed that almost all germinoma produced hCG $\beta$  [10, 11]. These data suggest that not only pure germinoma but also at least some NGGCTs in addition to choriocarcinomas may potentially produce hCG, which could be undetected by conventional laboratory tests.

In order to validate the significance of hCG as a tumor marker for GCTs and to find the possible association with prognosis, we investigated hCG production in intracranial GCT cells by quantitatively evaluating hCG $\beta$  mRNA expression using real time reverse polymerase chain reaction (PCR) in 94 GCTs. We here show that hCG $\beta$  mRNA is expressed virtually in all intracranial GCTs of any histological subtypes.

## Materials and methods

### Tumor materials

A total of 94 primary intracranial GCTs from 94 patients were included in this study. The samples were collected from the neurosurgical departments of 10 hospitals that participate in the Intracranial Germ Cell Tumor Genome Analysis Consortium of Japan (the iGCT Consortium). A non-neoplastic adult brain tissue sample (Clontech Laboratories, Mountain View, CA) and two adult testis samples (Cell Applications, San Diego, CA and Clontech Laboratories) were included as controls for the experiment. The investigation was approved by the ethical committee of the National Cancer Center, Tokyo, Japan and the respective local institutional review boards.

Among the 94 cases, 84 were primary and 10 recurrent lesions. Eighty-two patients were male and 12 female. The

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age at the diagnosis ranged from 2 months to 45 years (median 15 years, mean 17 years). Pure germinoma are typically infiltrated by T lymphocytes coexisting in the tumor, generating the characteristic “two-cell pattern” observed by histopathology [12]. Since the co-existing non-neoplastic cells in the tumor tissue may compromise the results of the expression analyses, only samples that were histologically shown to contain at least 10 % of tumor cells were included in the current study.

Clinical information including the serum and/or CSF concentration of total hCG and hCG $\beta$ , therapeutic records (operation, radiation, and chemotherapy) and events (recurrence and death) in the follow-up periods were available in all cases (Supplementary Table). Serum and CSF measurements of total hCG and hCG $\beta$  were performed by various methods including chemiluminescence immunoassay (CLIA), enzyme immunoassay (EIA), fluorescence EIA (FEIA), immunoradiometric assay (IRMA) and radioimmunoassay (RIA), depending on the institutions. CSF samples were obtained either before or during operation by ventricular or lumbar drainage. This information is presented in the supplementary table.

### Tumor histology

The histopathological diagnosis was reviewed and reclassified according to the WHO classification of tumors of the central nervous system by a single expert neuropathologist (YN) for all 94 tumors who was blind to the hCG expression results [2]. As a result, the 94 tumor samples consisted of the following histological diagnoses; 48 pure germinoma, 12 mature teratoma, 7 immature teratoma, 19 mixed germinoma, 1 mixed GCT without a germinoma component, 3 yolk sac tumors, 1 choriocarcinoma, 1 embryonal carcinoma, and 2 unspecified high grade GCTs.

### RNA extraction and cDNA synthesis

Total RNA was extracted from the frozen samples using a miRNeasy Mini Kit (Qiagen, Tokyo, Japan) according to the manufacturer’s recommendations. First-strand cDNA was synthesized from 500 ng total RNA with Superscript III (Invitrogen Life Technologies, Carlsbad, CA).

### Real-time PCR

The mRNA expression levels of hCG $\beta$  were determined in each sample by real-time quantitative PCR (qPCR) using LightCycler 480 SYBR Green I Master (Roche Diagnostics, Indianapolis, IN) and the SYBR Green I (483–533 nm)

detection format on a CFX96 (Bio-Rad Laboratories, Inc. Hercules, CA, USA) according to the manufacturer’s recommendations. The following primer pair was designed to amplify the specific sequence to the coding regions of the hCG $\beta$  gene shared by *CGB3*, 5, 7 and 8 but not *CGB1* or 2: forward primer 5'- TAGCACTCGACGACTGAGTCTC -3' (P0285) and reverse primer 5'- GACAACGACGACGACTCGTA -3' (P0286). The following thermal cycling conditions were employed; 5 min at 95 °C; 45 cycles of 10 s at 95 °C, 5 s at 58 °C, 15 s at 72 °C and 5 s at 82 °C. A standard curve was generated using a serial dilution of the subcloned PCR products of the target and the reference sequence as described [13]. Expression was measured relative to human adult brain RNA. The expression of hCG $\beta$  was compared with the expression of *H6PD*, which was used as the reference gene [14]. The primer pair 5'- GATCCTGCC TTTCCGAGAC -3' (P0114) and 5'- GACCTCCGTCA-GATGGTTC -3' (P0115) was used.

### Immunohistochemistry

Immunohistochemistry was performed for 40 cases in which formalin-fixed paraffin-embedded samples were available. Immunostaining with a primary antibody against hCG (1:500, Dako, Glostrup, Denmark) was carried out using an auto-immunostainer (Ventana Benchmark XT, Roche Tissue Diagnostics, Tokyo, Japan). Percentage and intensity of immunostaining was quantified under a light microscopy by a single neuropathologist (YN) who was blind to the mRNA expression data using “Allred score” which is commonly used for assessing the estrogen and progesterone receptor expression in breast cancer in clinic [15]. Briefly, the proportion of the positive staining tumor cells was scored as 0 = none; 1  $\leq$  1/100; 2 = 1/100 to < 1/10; 3 = 1/10 to < 1/3; 4 = 1/3–2/3; 5  $\geq$  2/3. The intensity was scored as 0 = none, 1 = weak; 2 = intermediate; 3 = strong. The proportion and intensity scores were added to calculate a total score that would range between 0–8, which is defined as “Allred score” [16].

### Statistical analysis

All statistical analyses were performed using a JMP version 10 software (SAS Institute, Cary, NC). The data were analyzed using Wilcoxon’s test for mRNA expression evaluated by binary logarithm and Pearson’s Chi square test for comparing two subsets. The association between mRNA expression and immunohistochemistry score was analyzed using an analysis of variance. A p-value below 0.05 was considered statistically significant.

## Results

### hCG $\beta$ expression across histological subtypes

hCG $\beta$  was expressed at variable levels across all the histological subtypes in all tumors but four, which include one pure germinoma, two mature teratoma and one germinoma mixed with immature teratoma and STGC. Most cases (84/90 cases, 93.3 %) showed higher levels of hCG $\beta$  expression than normal brain tissue (relative ratio to the brain tissue:  $1.09 \times 10^0 - 1.40 \times 10^5$ ). Many of them also showed higher expression than normal adult testis tissue (77/90 cases, 85.6 %). Figure 1 shows the expression levels in each histological subtype. Among them, a single case of choriocarcinoma showed by far the highest level of expression, followed by mixed germinoma which have components of immature teratoma, STGC and choriocarcinoma. Pure germinoma showed significantly higher expression compared with mature teratoma, immature teratoma or yolk sac tumors ( $p = 0.01, 0.02$  and  $0.02$ , respectively, Wilcoxon's test).

### hCG $\beta$ expression in germinoma

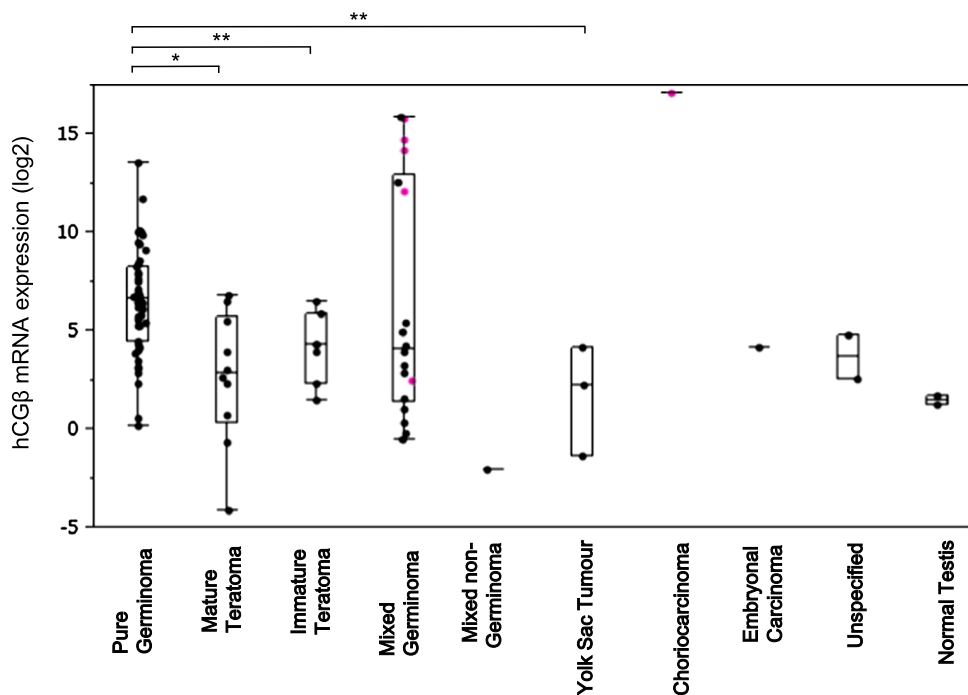
Among the 49 germinoma included in the study, there were two germinoma with STGC. Their hCG $\beta$  expression levels

were among the highest along with another case of pure germinoma (Figs. 1 and 2). The expression levels in other pure germinoma displayed a wide range of variation; the relative ratio to the brain ranged from  $1.09 \times 10^0$  to  $5.88 \times 10^4$ . The distribution of the expression levels was linear but not bimodal (Fig. 2).

### Correlation between the expression and the concentration of hCG in serum and CSF

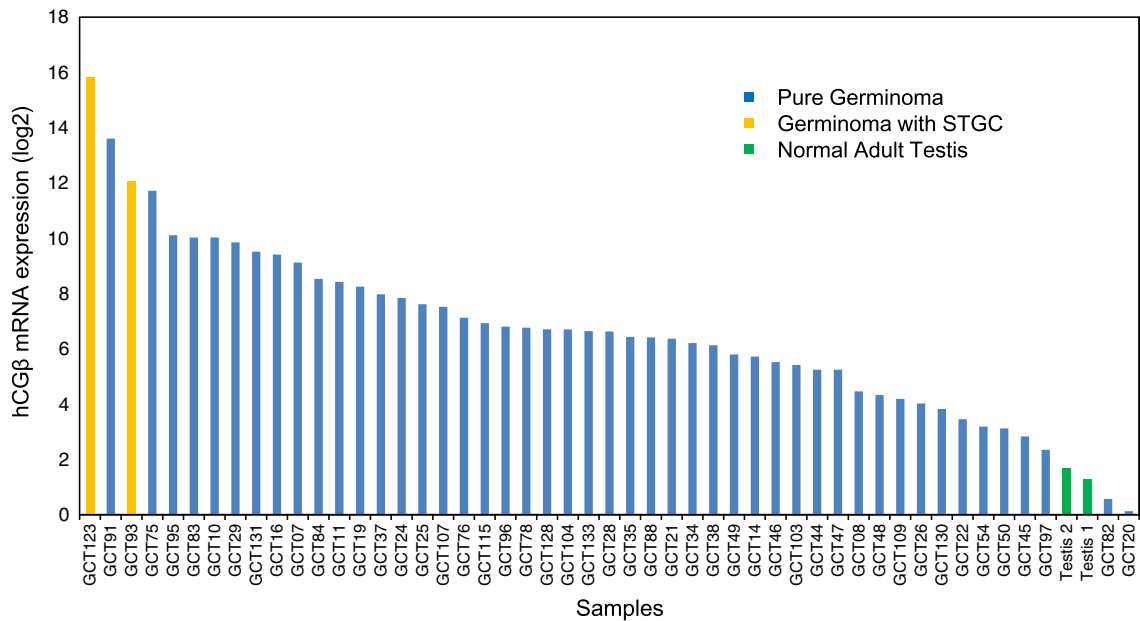
The hCG data was available for serum in 55 cases and for CSF in 25, in which the concentration of total hCG was measurable in 30 and 19 cases, respectively. We investigated the correlation between hCG $\beta$  expression and the concentrations in serum and CSF in these cases. Tumoral hCG $\beta$  mRNA expression showed a trend of positive correlation to the total hCG concentration in both serum and CSF. The R square values of the correlation between the logarithm of expression and serum/CSF concentration were 0.34 and 0.11 in linear correlation, respectively (Fig. 3).

Since many of the GCTs are heterogeneous and of mixed histological subtypes (mixed germinoma or mixed NGGCT) or teratoma which are composed of the three germ cell layers (endoderm, mesoderm, and ectoderm), the measured mRNA expression levels only reflect the small piece of the tumor tissue used for analysis but may not



**Fig. 1** The expression levels of hCG $\beta$  according to all histological subtypes are shown. The highest expression was scored by a choriocarcinoma (GCT66, Supplementary Table), followed by germinoma with mixed components. The hCG $\beta$  expression in mixed germinoma exhibited a variable and bimodal pattern; those harboring

STGC or a choriocarcinoma component (*Pink circles*) tended to demonstrate higher expression than those without. The expression levels of pure germinoma were significantly higher than that of mature and immature teratoma and yolk sac tumors ( $p = 0.01, 0.02, 0.02$ , respectively, Wilcoxon's test). (\* $p = 0.01$ , \*\* $p = 0.02$ )



**Fig. 2** The expression of hCGβ in germinoma (pure germinoma and germinoma with syncytiotrophoblastic giant cells (STGC)) and two normal adult testis samples are presented in an ascending order. All tumors showed higher expression compared with normal brain tissue

(>0), and most also showed higher expression than normal testis samples (48/50 cases, 96 %). Among them, two germinoma with STGC scored the first and third highest expression levels. The expression levels showed a linear but not a bimodal distribution

necessarily reflect all of the histological components of the entire tumor. We therefore performed a subset analysis on pure germinoma and NGGCTs with a single histological component, for which hCG concentrations in serum (21 cases, Fig. 3c) and CSF (11 cases, Fig. 3d) were available. The correlation between hCGβ mRNA expression and serum/CSF hCG concentration was stronger in this subset than the above analysis in which all histological subtypes were included, the R square values being 0.62 for serum and 0.40 for CSF in linear correlation. The separate analyses of the correlation between hCGβ mRNA expression and serum/CSF hCG concentration were performed, yielding a similar result to the above comparison (Supplementary Fig. 1).

**Correlation between the expression and immunohistochemistry**

The Allred score (the sum of the proportion and intensity scores) ranged from 0 to 8 in the 40 cases of various histologies of GCTs analyzed for immunohistochemistry. The highest score was recorded in 3 cases, which were 2 germinoma mixed with STGC and a germinoma with a choriocarcinoma component. As with the mRNA expression result, pure germinoma cases also showed various scores ranging from 0 to 5. A positive correlation, though only marginally significant, was found between the expression and immunohistochemistry score by linear

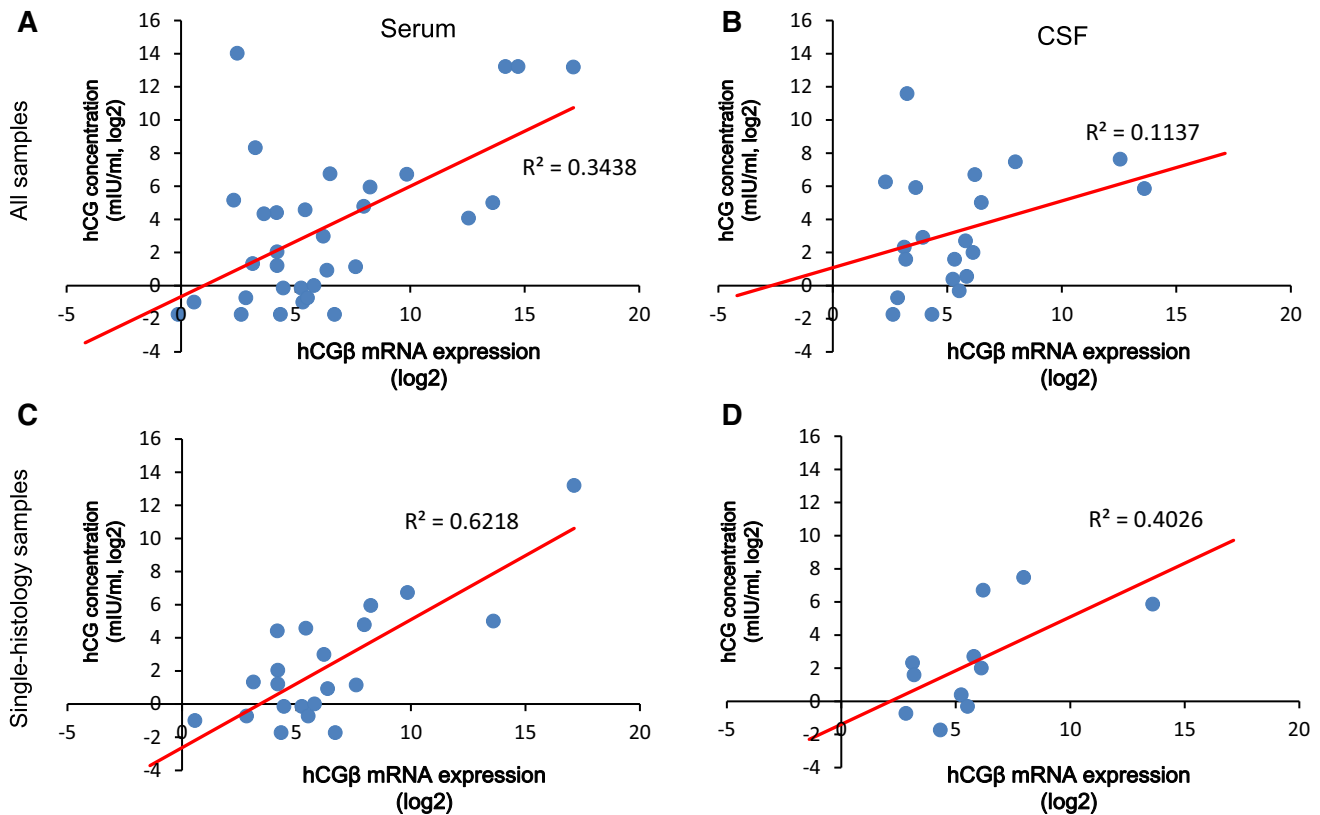
regression (p = 0.0502, analysis of variance). The scores are shown in the supplementary table and the correlation figure displayed in the supplementary Fig. 2.

**hCGβ expression according to the tumor location**

The hCGβ expression levels were then compared according to the site of the tumors in 41 primary pure germinoma cases. Since GCTs tend to occur in the midline structures including neurohypophyseal and pineal regions, the expression was compared between tumors in the midline structures and those in other areas including thalamus, basal ganglia, cerebral hemisphere, and posterior fossa. Tumors located at ventricles concomitant with midline regions were categorized as midline tumors. 32 cases were categorized in the midline tumor group and 9 cases in the non-midline tumor group. The tumors which developed in the midline structures showed lower expression than tumors in other locations (6.0 vs. 8.4 in log2 scale, p = 0.007, Wilcoxon’s test) (Fig. 4a).

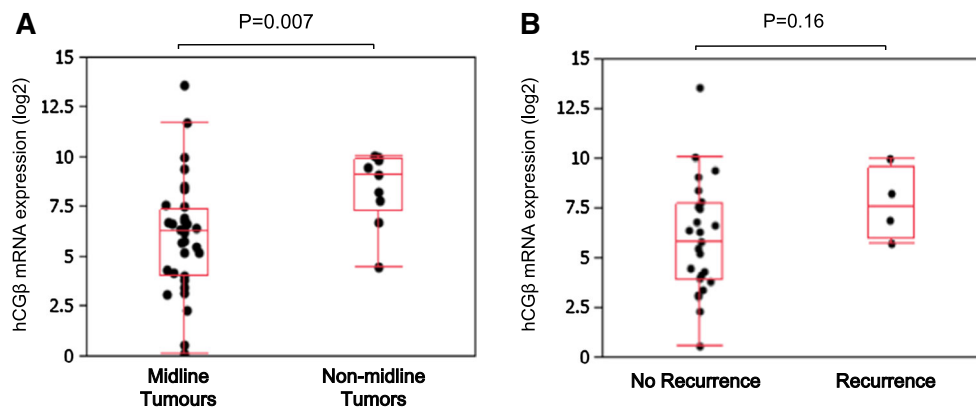
**hCGβ expression and prognosis**

We then investigated the impact of hCGβ expression on the prognosis of pure germinoma patients who were followed-up for more than 3 years after initiation of the treatment. Among the total of 32 cases, 6 cases recurred, in which one died. The clinical characteristics of the two groups with or



**Fig. 3** The correlation between the expression level of hCG $\beta$  and the concentration of total hCG in serum (a, c) and cerebrospinal fluid (CSF) (b, d) in all GCTs (a, b) and tumors of a single histological component (i.e. pure germinoma, yolk sac tumors, choriocarcinoma, and embryonal carcinoma) (c, d). Although an association between

expression and the concentration in serum was observed (a,  $R^2 = 0.34$ ), that of CSF was obscure (b,  $R^2 = 0.11$ ). The association was stronger when the tumors of a single histological component were analyzed separately (c: blood serum,  $R^2 = 0.62$ , d: CSF,  $R^2 = 0.40$ )



**Fig. 4** a The comparison of hCG $\beta$  expression levels between two groups of primary pure germinoma based on location. Tumors located outside the midline structures showed higher expression than those of the midline structures (neurohypophyseal and pineal regions) ( $p = 0.007$ ). b The hCG $\beta$  expression levels of the pure germinoma

cases which recurred ( $n = 4$ ) or did not recur ( $n = 25$ ) were compared. The recurrent cases showed a tendency for higher hCG expression than non-recurrent cases, although the difference was not significant ( $p = 0.12$ , Wilcoxon's test)

without recurrence are shown in Table 1. Age, sex, tumor locations, operations, and chemotherapy did not differ significantly between the two groups. However, local

irradiation, compared with extended local irradiation encompassing the tumor site and the third and fourth ventricles, was more frequently performed in recurrence cases

**Table 1** Patient characteristics of two groups of germinoma cases with or without recurrence

	With Recurrence (n = 6)	Without Recurrence (n = 26)	p value
Age (years)	23.5 ± 3.6	18.8 ± 3.5	0.24
Sex (M/F)	5/1	24/2	0.52
Tumour location	0.31		
Neurohypophyseal, pineal region	4	22	
Other region	2	4	
Operation (biopsy + partial/subtotal + total)	1/5	2/24	0.50
Radiation field (local/extensive)	2/4	1/25	0.03*
Chemotherapy (none/performed)	1/5	1/25	0.24
hCG mRNA expression (log2)	6.6 ± 2.6	6.2 ± 1.2	0.47

*M* male, *F* female, \* Significant value

(2/6) than no recurrence cases (1/26) ( $p = 0.03$ , Chi square test).

In order to exclude the effect of radiation field difference in analyzing the association of hCG $\beta$  expression and recurrence, we focused on 29 cases (including 4 that recurred) who received radiotherapy covering more than a local field. A significant difference in hCG $\beta$  expression was not observed between cases with or without recurrence (7.7 vs. 6.0 in log<sub>2</sub> scale,  $p = 0.16$ , Wilcoxon's test) (Fig. 4b).

## Discussion

Elevated serum and/or CSF levels of hCG have been used as a tumor marker for choriocarcinoma and germinoma with STGC amongst GCTs. The SIOP CNS GCT II clinical trials recommend that increased levels of hCG and/or AFP in serum and/or CSF are sufficient to make a diagnosis of NGGCT without histopathological confirmation by biopsy ([https://www.skion.nl/workspace/uploads/2\\_siop\\_cns\\_gct\\_ii\\_final\\_version\\_2\\_15062011\\_unterschrift\\_hoppenheit.pdf](https://www.skion.nl/workspace/uploads/2_siop_cns_gct_ii_final_version_2_15062011_unterschrift_hoppenheit.pdf)). The rationale behind this is the assumption that pure germinoma do not produce hCG. However, there is some evidence of hCG production in germinoma [10, 11, 17–19]. To address this controversy, we determined the levels of hCG $\beta$  mRNA in intracranial GCT tissues of various histological subtypes. GCTs have been hypothesized to originate from totipotent primordial germ cells (PGCs), which normally develop into gonadal organs [20]. Intracranial GCTs are considered to have originated from mis-migrated PGCs during development [3, 21]. As human PGCs are not available, we used normal adult human brain and testis samples as surrogate reference for expression analyses. The current study clearly showed that the great majority of GCTs expressed higher levels of hCG $\beta$  than normal brain tissue (93.3 %) and normal adult testis tissue (85.6 %). Thus, hCG $\beta$  expression is not limited to choriocarcinoma

and germinoma with STGC but observed across all histological subtypes.

In this study, hCG $\beta$  mRNA expression was detected in almost all pure germinoma at a higher level than normal adult brain and testis (Fig. 2). This indicates that germinoma cells have at least the potential of producing the hCG protein. Moreover, the hCG $\beta$  expression levels across all germinoma did not show a bimodal pattern, a finding that does not support the idea of subdividing germinoma into two groups according to hCG-producing capacity. This fact corroborates many previous studies reporting the existence of pure germinoma which secrete hCG in the serum and CSF. Katakami et al. developed an ultra-sensitive assay to detect hCG in serum or CSF at picogram level and found hCG elevation in the CSF in every case of pure germinoma [10, 11]. Ikura et al. investigated 6 autopsy cases of iGCT and reported that all four cases with germinoma but without choriocarcinoma components stained positive for hCG by IHC [18]. hCG production by pure germinoma was also suggested by a case presented by Tamaki et al., which showed an extreme elevation of hCG $\beta$  in the cyst fluid of a pure germinoma [19].

hCG $\beta$  expression was also detected in NGGCTs such as teratoma, yolk sac tumors and embryonal carcinoma, which are histopathologically devoid of these hCG-producing cells. Teratoma contain components originating from each of the three germ layers [20] and accordingly it is understandable that teratoma may contain hCG-producing cells within their entire tumor contents. With regard to embryonal carcinoma, although several reports have demonstrated hCG secretion [8] or hCG immunostaining [8, 22] in these tumors, whether hCG producing cells are present in embryonal carcinoma is currently unknown.

The ubiquitous expression of hCG in all types of GCTs may be explained partly by the tumor heterogeneity. In our series, 22 cases (22.9 %) were of mixed histologies, among which 9 cases were composed of 3 or more histological subtypes. This finding reflects the histological diversity of GCTs.

GCTs are also known to be chronologically heterogeneous. GCTs sometimes recur as a tumor of different histological subtype from the original, and this phenomenon suggests that the tumors may undergo a dynamic change in histology over time irrespective of the influence of radiation and chemotherapy [23, 24]. Seminoma, the gonadal counterpart of intracranial germinoma, is also known to change its morphology once it metastasizes [25]. In the light of such dynamism affecting the tumor identity, it comes as no surprise that every GCT would have a component of hCG-producing cells within its content. In seminoma, serum hCG level may reflect the STGC contents in the tumor [26]. Thus, the varying degrees of hCG $\beta$  expression might indicate the presence of those hCG-producing cells in iGCT as well. The hCG $\beta$  expression across NGGCT irrespective of histology might reflect the core nature of GCTs, although this hypothesis remains to be proven.

Pure germinoma consists of undifferentiated cells that resemble primordial germ cells, which are regarded as the cell of origin. NGGCT comprises tumors with embryonic lineage (embryonal carcinoma and teratoma) and extra-embryonic lineage (choriocarcinoma and yolk sac tumor) [21]. Whereas it is understandable that hCG expression is exceptionally high in choriocarcinoma considering that hCG is mostly produced at cytotrophoblast and syncytiotrophoblast at the embryonic stage, it is intriguing that some pure germinoma, which are the most undifferentiated subtype of GCTs, also express hCG $\beta$  as described above. Surani et al. recently investigated human PGC-like cell induced from embryonal stem cell by RNA sequencing [27]. According to their data available from a public database, the expression of hCG was almost none in those induced PGC-like cells. Considering the generally believed hypothesis that PGCs are the cell of origin of germinomas, their data suggest that a germinoma cell itself may not produce hCG but some germinoma tissues may contain histopathologically unidentified hCG-producing non-germinomatous cells. However, there still remains a possibility that germinoma cell has a potential to differentiate into the syncytiotrophoblastic lineage, producing hCG.

hCG $\beta$  expression has been considered as a marker for the presence of pluripotent stem/germ cells. However, hCG $\beta$  expression has been observed in many non-germ cell tumors in recent studies including colorectal and ovarian cancers, in which a strong association between hCG $\beta$  expression and poor prognosis has been reported [28, 29], suggesting that hCG $\beta$  may play an active role in these cancers.

It has been known that hCG comprises 4 isoforms, all of which have different biological functions; the regular and hyperglycosylated hCG (hCG-H) are respectively produced by villous syncytiotrophoblast cells and cytotrophoblast

cells in placenta, free  $\beta$  subunit by various non-trophoblastic tumors, and pituitary hCG by pituitary glands [30]. The regular hCG has hormonal functions including promotion of progesterone production by corpus luteum, angiogenesis, suppression of immune reactions, growth of fetal organs, etc. hCG-H has recently been shown to have autocrine but not hormonal property and promotes placental implantation in pregnancy, as well as growth and invasion of choriocarcinoma and other germ cell tumors. hCG $\beta$  also functions as an autocrine fashion, promoting growth, invasion, and metastases of cancer cells. The mechanism of the production of these separate isoforms is based on post-translational modifications such as glycosylation [31].

Although it thus seems probable that choriocarcinoma produces the regular hCG while STGC within germinoma produces hCG-H, an immunohistochemistry study on testicular GCTs denoted that hCG $\beta$  was positive in small number of seminomas and all types (hCG, hCG-H, hCG $\beta$ ) were positive in non-seminomatous GCTs [32]. Although the mRNA expression analysis in our study cannot distinguish the production of each subtype, our investigations into the subtypes of hCG produced by pure germinoma and other germ cell tumors may provide a clue to understand their significance in tumor biology. An independent study on hCG isoforms on blood or CSF specimens would be of interest.

While the expression of hCG $\beta$  was only loosely associated with the level of total hCG in serum and CSF when all GCTs were included, the correlation became stronger when the tumors with a single histology including pure germinoma, yolk sac tumors, and embryonal carcinoma were separately analyzed. This suggests that hCG $\beta$  expression at the RNA level may reflect the amount of protein secretion.

The great majority of GCTs develop in the midline of the body, e.g., mediastinum, testis and ovary [33], as well as intracranial GCTs [34]. Pure germinoma which occur outside the midline structures such as in the neurohypophyseal and pineal regions show higher expression of hCG $\beta$  compared with those arising in those structures. Our results somewhat corroborate the report by Ogino et al. who studied 103 pure germinoma cases and showed that tumors with high serum hCG concentrations were more frequently found in basal ganglia compared with tumors with normal concentrations, although the tumor size was not considered as a confounding factor [6]. The elevation in mRNA expression in pure germinoma outside the typical sites may also suggest a different pathogenesis depending on the tumor location.

The prognostic significance of hCG production by germinoma has been debated in the literature. In the current study, comparison of hCG $\beta$  expression between the cases



with or without recurrence, after excluding the 3 cases who received local radiotherapy, showed higher levels in cases with recurrence, although not significant ( $p = 0.16$ ).

The impact of the level of mRNA expression on the tendency for recurrence remains equivocal in the present study and consequently we cannot draw a firm conclusion as to whether it is appropriate to divide germinoma into good and intermediate prognosis groups based on hCG production capability [8]. Germinoma patients generally have a favorable prognosis when given appropriate radiotherapy with or without chemotherapy. Recurrence is relatively uncommon, hence the limited number of cases available for comparison studies. In order to evaluate the significance of hCG expression on the tumor prognosis, a larger number of cases followed up for longer periods would be required.

Our investigation has a number of limitations inherent to all studies on intracranial GCTs. GCTs can be histologically highly heterogeneous and GCT cells are intermingled with many other non-GCT components including lymphocytes, granulomatous tissue, etc. Such factors may interfere with the true expression pattern of the tumor cells in the analysis. Although a micro-dissection from a FFPE section could potentially improve the sampling accuracy, such procedure might not be suitable for mRNA expression analysis. Tumor specimen is often gained by means of biopsy and a small biopsy specimen may not always represent all of the components of the tissue. The source of the CSF samples was either ventricular or lumbar drainage depending on each case, which may act as a confounding factor in assessing the relationship with the mRNA expression. These restrictions limit the power of our study. Nevertheless, the current analysis employed 94 frozen samples covering all histological subtypes of these rare tumors, which makes it the largest as well as the most thorough among other similar studies.

In conclusion, we have demonstrated that hCG $\beta$  mRNA is expressed across all histological subtypes of GCTs, suggesting that GCTs are capable of producing hCG regardless of the histology. How the elevated mRNA expression in tumor tissue translates into the detection of serum/CSF hCG is currently unknown. The impact of hCG expression on the prognosis of germinoma needs further investigation in a larger cohort. The diagnostic value of the high levels of serum/CSF hCG in diagnosing choriocarcinomas remains the same. Nonetheless, our findings prompt a cautious interpretation of hCG data for preoperative diagnosis of intracranial GCTs. A comprehensive investigation combining all genetic/epigenetic/serological/histopathological data will hopefully lead to a better understanding of this enigmatic class of tumors.

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**Conflict of interest** The authors declare that we have no conflict of interest.

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