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The role of checkpoints in the treatment of GBM

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Abstract Targeted immunotherapy is founded on the principle that augmentation of effector T cell activity in the tumor microenvironment can translate to tumor regression. Targeted checkpoint inhibitors in the form of agonist or antagonist monoclonal antibodies have come to the fore as a promising strategy to activate systemic immunity and enhance T cell activity by blocking negative signals, enhancing positive signals, or altering the cytokine milieu. This review will examine several immune checkpoints and checkpoint modulators that play a role in cancer pathogenesis, with an emphasis on malignant gliomas.

Keywords PD-1 - CTLA-4 - Immune checkpoint - Glioblastoma multiforme

Introduction

Over the past two decades, checkpoint blockade has emerged as a powerful and promising means of treating human cancers [[1\]](#page-7-0). Under normal conditions, immune checkpoints provide stimulatory or inhibitory signals that lead to a stereotyped up- or down-regulation of the immune

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response (Fig. [1](#page-1-0)). Ideally, immune activity should increase in times of physiologic and immunologic stress, such as in infection or tumor infiltration. However, tumor cells have been shown to hijack this carefully orchestrated system by activating negative regulatory molecules on tumor-specific immune cells and thereby suppressing the antitumor in-flammatory response [\[1](#page-7-0)]. Glioblastoma multiforme (GBM), the most common primary malignancy of the central nervous system (CNS), has been shown to induce T cell anergy and lymphopenia, impair antibody synthesis, increase circulating levels of immunosuppressive cytokines (i.e. IL-10 and transforming growth factor beta $[TGF- β], upre$ gulate T cell inhibiting molecules (i.e. Fas ligand [FasL] and programmed death ligand-1 [PDL-1]), and recruit suppressive cells such as regulatory T cells (Tregs) and myeloid derived suppressor cells (MDSCs) [\[1–4\]](#page-7-0). In this manner, GBM are able to evade the host antitumor response at the levels of antigen recognition and immune activation.

Targeted checkpoint modulators in the form of agonist or antagonist monoclonal antibodies are now considered a promising strategy to activate systemic immunity, protect Tumor infiltrating lymphocytes (TILs) from the locally immunosuppressive effects of immunoinhibitory signals from both brain tumor and circulating monocytes, and enhance T cell activity by blocking negative signals or altering the cytokine milieu [[5\]](#page-7-0).

This paper includes a detailed discussion CNS tumors as a potential target for immunotherapy, and a review of two major checkpoint inhibitors, cytotoxic T lymphocyte antigen-4 (CTLA-4) and programmed death-1 (PD-1) that have reached clinical trials for the treatment of GBM. We will also review other checkpoints that are currently in varying stages of preclinical and clinical study and have potential to be significant additions to the antitumor armamentarium.

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Fig. 1 Summary of co-stimulatory or -inhibitory immune checkpoints receptors expressed on T cells (blue), regulatory T cells (aqua), dendritic cells (green), and natural killer cells (purple), and their associated ligands on tumor cells (red)

Brain tumor immunology

Immunogenicity and ''immune privilege''

Over the past decade, landmark successes in cancer immunotherapy have included the FDA approval of sipuleucel-T, the first active cellular cancer vaccine for castration-resistant prostate cancer [\[6](#page-7-0)], and ipilimumab, the first checkpoint inhibiting antibody therapy for melanoma [\[7](#page-7-0)]. Both cancer types are notable for having well-characterized antigens that are immunogenic and may play a biologic role in tumor progression [[8\]](#page-7-0). The inherent immunogenicity of each cancer lends itself to therapeutic immune modulation. Tumors of the CNS, however, are often overlooked as potential targets of immunotherapy, having earned the reputation of being poorly immunogenic cancers that reside in an immune-privileged location. Yet, brain tumors may express and/or respond to the same checkpoint molecules seen in peripheral or non-CNS tumors, including PD-1 and CTLA-4. Several preclinical studies have shown convincing anti-tumor effects of as checkpoint blockade in gliomas, as well as synergy with traditional therapeutics such as chemo- and radiotherapy [\[9–11](#page-7-0)]. These findings strongly suggest that GBMs may be more susceptible to immune processes than was once believed.

The traditional conception of the brain as an immune privileged organ also merits re-evaluation. Several preclinical studies have demonstrated the variable permeability of the blood–brain barrier (BBB) to immune cells, as seen in the settings of septic encephalopathy, experimental autoimmune encephalomyelitis (EAE), or tu-morigenesis [\[12–14](#page-7-0)]. In addition to the permeable BBB, lymphatic communications between the CNS and the periphery provides an important challenge to the concept of absolute immune privilege. Afferent lymphatic drainage may travel from the brain parenchyma, along the perivascular (Virchow-Robbins) spaces, through the cribriform plate, and out to the deep cervical lymph nodes [\[15](#page-7-0)]. This model is supported by T cell trafficking studies, one of which illustrated how immune cells injected into the entorhinal cortex migrated to the cervical lymph nodes by way of the cribriform plate [[16\]](#page-7-0). A subsequent study found that antigen presenting cells (APCs) could migrate from the brain to the cervical lymph nodes, and that the type and extent of inflammation in the brain correlated with the frequency of CNS antigens found in those draining nodes [\[17](#page-7-0)].

It is important to note that relative immune privilege is compartmentalized within the CNS. In contrast to brain parenchyma, innate and active immune reactivity in the ventricles, leptomeninges, and perivascular spaces is similar to that seen in the periphery [\[15](#page-7-0), [18,](#page-7-0) [19](#page-7-0)]. While immune cells may enter these compartments seemingly at random, there is evidence that only antigen-specific lymphocytes remain or cyclically re-enter the CNS; in contrast, non-specific lymphocytes exit within a couple days [\[20](#page-7-0)– [22\]](#page-8-0). Thus, in the setting of an inflamed brain, effector T cells are capable of entering the parenchyma to proliferate, home or migrate to the tumor, and initiate an active in-flammatory response [\[15](#page-7-0), [19\]](#page-7-0).

These findings combined suggest that the immune system may not only have considerable access to the CNS, but also play a significant role in host antitumor defense. Therefore, while only a few of the growing number of checkpoint inhibitors (namely, CTLA-4 and PD-1) have been studied in GBMs, there is reason to believe that these immune modulators can be effectively used to target tumors of the CNS. Currently ongoing checkpoint trials for GBM will provide better answers regarding feasibility and efficacy in the coming months.

Immune checkpoints

CTLA-4

Biological overview

Identified in 1987, CTLA-4 is generally conceived as the archetypal inhibitory checkpoint [\[23](#page-8-0)]. This transmembrane glycoprotein is homologous with the costimulatory CD28 molecule (best known for its participation in "signal 2" of T cell activation) and competes for the same ligands, B7-1 (CD80) and B7-2 (CD86). Whereas the CD28:B7 association leads to increased immune activation, CTLA-4 binds the ligand with nearly 20 times greater affinity and results in immune downregulation [\[24](#page-8-0)].

CTLA-4 is expressed constitutively or rapidly induced on naïve $CD4+$, $CD8+$ and plays a critical role in modulating the threshold for immune cell activation and lymphoproliferation [[25\]](#page-8-0). Constitutive expression may also be an absolute requirement for $FOXP3+$ regulatory T cell (Treg) development and activity [\[26](#page-8-0)]. CTLA-4 ligation has been shown to decrease $CD4+T$ cell production of proinflammatory cytokines (i.e. interleukin-2 [IL-2] and interferon-gamma $[IFNy]$, as well as increase production of anti-inflammatory transforming growth factor-beta $(TGF\beta)$ [\[27](#page-8-0)]. In this manner, CTLA-4 regulates and maintains tolerance to both self and foreign antigens. Knockout of the CTLA-4 gene results in uncontrolled T cell expansion and early death secondary to activation by self-antigens [[28\]](#page-8-0).

Clinical applications

First studied in a mouse model of B7-1 positive colon cancer, anti-CTLA-4 monoclonal antibodies have been shown to induce tumor regression and durable T cell memory against tumor re-challenge [\[29](#page-8-0)]. Similar findings have been noted in murine models of breast, prostate, ovarian, and bladder cancers [[30–33\]](#page-8-0).

In the context of brain tumors, CTLA-4's role in maintaining an immunosuppressive tumor microenvironment requires further elucidation. TIL analysis has shown that the ratio of immunosuppressive Tregs to effector T cells increases in the gliomas, and that CTLA-4 expression is increased on these Tregs [\[2](#page-7-0), [34](#page-8-0)]. In a subsequent study, treatment of murine glioma with anti-CTLA-4 antibody led to 80 $\%$ long-term survival and restored CD4+ effector activity [\[4](#page-7-0)]. Combinations of anti-CTLA-4 with anti-CD25 (IL-2 receptor, α chain) [\[35](#page-8-0)] or Gvax, a whole cell tumor vaccine [[36\]](#page-8-0) has also been employed to successfully increase survival in glioma-bearing mice.

Given the preclinical success of this therapeutic antibody, phase I and II clinical trials of two humanized anti-CTLA-4 antibodies—ipilumumab (BMS) and tremelimumab (Pfizer)—were initiated in 2000. Objective response rates of about 10 % were noted in melanoma patients given either antibody [\[37](#page-8-0), [38](#page-8-0)]. However, a phase III tremelilumab trial was discontinued after it failed to improve survival compared to standard of care chemotherapies [[39\]](#page-8-0).

In 2011, ipilimumab received FDA approval for unresectable and metastatic melanoma following a triple arm clinical trial that demonstrated a 3.5 month survival benefit in patients with metastatic melanoma (including brain metastases) who received ipilimumab (18 % survival) as compared to treatment with a melanoma-specific gp100 peptide vaccine, PMEL (5 % survival). Addition of PMEL to ipilimumab did not further increase survival [\[7](#page-7-0), [40,](#page-8-0) [41](#page-8-0)]. Subsequent phase I and II trials have further examined the use of anti-CTLA-4 antibody (as monotherapy or combination therapy) in pancreatic, prostate, and small cell lung cancers, and phase I-IV trials in melanoma, lymphoma, and non-small cell lung, prostate, cervical, pancreatic, and colorectal cancers are ongoing [[41,](#page-8-0) [42\]](#page-8-0) (See Table [1](#page-4-0) for summary of CTLA-4 clinical trials). The Radiation Therapy Oncology Group (RTOG 1125) recently received approval for a randomized, phase II and III clinical trial for the treatment of newly diagnosed GBM with ipilimumab plus temozolomide (current standard of care chemotherapy [\[43](#page-8-0)]. The results from this and similar studies will help determine the role of CTLA-4 blockade in brain tumor immunotherapy.

PD-1/PDL-1

Biological overview

PD-1 (CD279) is an inhibitory checkpoint that, like CTLA-4, acts as a negative regulator of the immune response. Whereas CTLA-4 inhibits naïve lymphocytes, PD-1 is mostly expressed on activated peripheral lymphocytes and protects host tissues from inflammatory processes. PD-1 is also a marker of mature T cell exhaustion in the setting of chronic inflammation or tumor growth [\[1](#page-7-0)]. Its ligands include PD ligand-1 (PDL-1, also known as B7-H1 or CD274) and PDL-2 (also known as B7-DC or CD273) [\[44](#page-8-0)]. PD-1 ligation and activation leads to suppressed IFN γ , IL-2, and tumor necrosis factor alpha (TNF α) synthesis, as well as increased IL-10 production. This altered cytokine milieu not only suppresses lymphocyte activity, but also induces anergy and apoptosis of antigen-specific lymphocytes [[44\]](#page-8-0). Furthermore, PD-1 expression on B cells, NK cells, and macrophages is associated with diminished immunoglobulin production, reduced cytotoxicity, and improper activation, respectively [[45–47\]](#page-8-0).

Preclinical studies have helped elucidate PD-1's role in induction and maintenance of immune tolerance. Knockout of the PD-1 gene results in loss of self-tolerance and development of local and systemic autoimmunity [\[44](#page-8-0)]. Conversely, PD-1 upregulation leads to significant immunosuppression, as seen in chronic infection or tumorigenesis. Though normally found on immune cells, PDL-1 is also expressed on the surface of several immunogenic tumors such as gliomas, melanomas, and various carcinomas [[48\]](#page-8-0). Binding of tumor PDL-1 by host immune cell PD-1 receptors results in inactivation and even death of antitumor TILs [\[49](#page-8-0)].

Anti-PD-1 and anti-PDL-1 antibodies have been successfully employed to block PD-1:PDL-1 ligation and protect TIL activity in preclinical studies of immunogenic tumors. PD-1 blockade has also been shown to increase levels of the immunostimulatory cytokine, IFN γ . Since IFN γ production is associated with TH1 lymphocyte activity and CD8+ activation, these findings suggest that PD-1 blockade may improve effector T cell activity [[50\]](#page-9-0). PD-1

and PDL-1 blockade may also result in restoration of CD8+ T cell function, down-regulated FOXP3 expression, and tumor regression in a variety of murine cancer models [\[49](#page-8-0)]. Specifically in an orthotopic GBM mouse model, combination PD-1 blockade and focal radiotherapy has been shown to significantly improve TIL infiltration and activity, immune memory, and long-term survival.

Clinical applications

At this time, numerous monoclonal anti-PD-1 and -PDL-1 antibodies are in the clinical testing stage. Commercially produced anti-PD-1 antibodies include Nivolumab (BMS), Lambrolizumab (Merck), AMP-224 (Amplimmune), and Pidilizumab (CureTech). Anti-PDL-1 antibodies include BMS-936559 (BMS), MEDI4736 (Medimmune), MPDL3280A (Genentech), and MSB0010718C (Merck). The anti-PDL-2 antibody rHigM12B7 (Mayo Foundation) is also available.

In 2013, two influential clinical reports on PD-1 blockade were published. In one, Hamid et al. presented the results of their phase I clinical trial of lambrolizumab monotherapy for melanoma (NCT01295827), which showed that all tested doses of humanized anti-PD1 antibody were safe and resulted in tumor regression with increased TIL presence [[51\]](#page-9-0). In another phase I trial (NCT01024231), Wolchok et al. found that combined Nivolumab (a humanized anti-PD1 antibody) and Ipilimumab (anti-CTLA-4) resulted in significant tumor regression in 53 % of study patients with advanced melanoma [[52\]](#page-9-0). Additional phase I, II, and III trials are currently underway to investigate the utility of anti-PD-1 antibodies in melanoma, lung, colorectal, blood, and other solid cancers [[41\]](#page-8-0) (Table [2\)](#page-5-0). A phase I/II trial (NCT01952769) has also begun recruiting participants to investigate the safety and efficacy of Pidilizumab (humanized anti-PD-1 antibody) in the setting of relapsed GBM and diffuse intrinsic pontine glioma (DIPG).

Additional checkpoints: negative regulators

LAG-3

Lymphocyte-activation gene 3 (LAG-3, CD223) is upregulated on the surface of activated T and NK cells and is a negative regulator of T cell expansion during inflammation [\[53](#page-9-0)]. LAG-3 also promotes Treg immunosuppressive functions [[54\]](#page-9-0) and may induce dendritic cell (DC) production of IL-12 and TNF [[55\]](#page-9-0). Though its precise mechanism is not yet fully understood, Tregs from LAG-3 knockout mice have been shown to have significantly decreased inhibitory activity; effector T cells from these

stereotactic radiosurgery, WBRT whole brain radiation therapy, CRC colorectal cancer

ClinicalTrials.gov registration no.	Phase	Antibody type	Cancer	No. of patients	Outcome
NCT01295827	Н	Lambrolizumab	Melanoma	135	RECIST 1.1
					RR: 38 % [32]
NCT01176461		Nivolumab	Melanoma	90	RECIST 1.1
					RR: 25% [30]
NCT00730639		Nivolumab	Advanced solid cancers	296	OR 18-36 % [5]
NCT00729664		Anti-PDL1	Advanced solid cancers	207	OR 6-17 % [65]

Table 2 Clinical study outcomes of anti-PD-1 or anti-PD-L1 antibody in solid tumors [\[81–85](#page-10-0)]

RECIST response evaluation criteria in solid tumors, OR objective response, as defined by partial or complete tumor regression, RR response rate, CRR cumulative response rate

knockout mice demonstrated increased lymphocyte proliferative capacity and immune memory [\[53](#page-9-0)]. In murine tumor models, blocking the checkpoint with anti-LAG-3 antibody has also been shown to diminish Treg inhibition, enhance antitumor $CD8+T$ cell expansion, and restrict tumorigenesis [[56\]](#page-9-0).

IMP321, a chimeric anti-LAG-3 antibody, has undergone phase I testing in combination with gemcitabine for the treatment of advanced pancreatic adenocarcinoma, the results of which suggest that while well tolerated, an efficacious dose was not reached during the course of the study [[57](#page-9-0)]. A phase I/II study of metastatic breast cancer patients treated with IMP321 and paclitaxel reported an increase in APC and NK activation, CD8+ memory cell proliferation, and overall tumor response [\[58\]](#page-9-0). A phase 1 study of BMS-986016 (anti-LAG-3) with or without nivolumab is currently underway [\[41](#page-8-0)].

TIM-3

Like PD-1, T cell immunoglobulin mucin-3 (TIM-3) is a widely expressed surface receptor and a marker of T cell exhaustion in states of chronic antigen exposure [\[59](#page-9-0), [60](#page-9-0)]. Once bound to its ligand, galectin-9, TIM-3 triggers aggregation and apoptosis of effector lymphocytes [[60\]](#page-9-0). T cells that co-express PD-1 and TIM-3 may represent a severely exhausted or impaired population of lymphocytes in the tumor microenvironment. Presence of $PD-1+/TIM-$ 3+ TILs has been associated with disease progression in a variety of murine cancers including melanoma, sarcoma, colon and breast cancers, and acute myelogenous leukemia [\[60](#page-9-0), [61](#page-9-0)], and combined treatment with PD-1 and TIM-3 blockade has been shown to prolong survival and cause tumor regression in several of these mouse models [\[59](#page-9-0), [61](#page-9-0)].

Though there are no ongoing clinical trials of anti-TIM-3 antibody at this time, promising preclinical results suggest a potential role for TIM-3 blockade in cancer immunotherapy.

KIR

Killer immunoglobulin-like receptors (KIRs) encompass a variety of proteins that bind MHCI to inhibit NK activity.

NK cells comprise approximately 15 % of peripheral lymphocytes and play an important role in innate immunity against viral infections and cancers. Because they do not have finely tuned antigen specificity as seen with B and T cells, NK cells rely on KIRs to prevent autoimmunity. By recognizing self-HLA molecules, activated KIRs may tolerize NK cells against self-antigens [[62\]](#page-9-0). Early studies suggested that NK cells play an important role in rejecting tumors that lack self MHCI molecules, a supposition that was borne out in adoptive transfer experiments of KIRligand mismatched NK cells, which led to increased antitumor cytotoxic activity [\[63](#page-9-0)]. Furthermore, anti-KIR antibodies have been used to prevent tolerance induction against tumor antigens in various leukemia models [[64,](#page-9-0) [65](#page-9-0)].

Two human anti-KIR antibodies, Lirilumab (IPH2102, BMS) and IPH2101 (Innate Pharma), are being currently tested in early clinical trials. At present, IPH2101 is undergoing phase I clinical testing for monotherapeutic use in patients with multiple myeloma or AML. Results from a phase I and II trial of Lirilumab (NCT01714739, NCT01750580) in combination with ipilimumab and nivolumab have demonstrated both safety and early efficacy [\[41](#page-8-0)].

Additional checkpoints: positive regulators

4-1BB

In contrast to the previously checkpoints, 4-1BB (also known as CD137) represents a costimulatory molecule that is expressed on activated effector T cells, NK cells, neutrophils, and DCs [[66\]](#page-9-0). Ostensibly, its role in T cell regulation is to enhance or salvage inadequate immune responses. Upon binding to the 4-1BB ligand (4-1BBL) on B cells, DCs, or macrophages, the 4-1BB receptor activates pro-survival signaling pathways and upregulates transcription of the anti-apoptotic BcL-x(L) and Bfl-1 genes. This translates to significant prolongation of $CD8 + T$ cell survival and raises the possibility of augmenting recognition and immune response to poorly immunogenic cancer cells [\[66](#page-9-0)]. Administering stimulatory anti-4-1BB antibodies has been shown to increase tumor-specific $CD8+$ T cell activity, which corresponds to tumor regression in preclinical animal studies of sarcoma, mastocytoma, breast, and colon cancers [\[66–68](#page-9-0)]. Similarly, in a pI trial of BMS-663513 (a humanized anti-4-1BB agonizing antibody), melanoma, renal, and ovarian cancers patients were found to have increased numbers of circulating effector T cells, as well as increased transcription of IFNyassociated genes [[69\]](#page-9-0).

GITR

Glucocorticoid-induced TNFR family related gene (GITR) is a positive regulator that is constitutively or inducibly expressed on $CD4+$, $CD8+$ and regulatory T cells. When bound to GITR ligand (GITRL), which is widely expressed on APCs as well as on endothelial and epithelial tissues, GITR initiates a signaling pathway that results in both Treg suppression and CD4+ T cell stimulation $[70]$ $[70]$. In the setting of an immunosuppressive tumor microenvironment, agonizing antibodies against the GITR receptor have been shown to decrease the number of tumor infiltrating Tregs, FOXP3 expression, Treg activity [\[71](#page-9-0)]. As demonstrated in B16 melanoma-bearing mice, these changes in TIL profile are associated with significant tumor regression [\[71](#page-9-0)]. Conversely, antagonizing antibodies have been shown to increase CD4+ T cell sensitivity to Treg suppression $[72]$ $[72]$.

TRX518 (Tolerx) is a ''first in class'' humanized agonist antibody that blocks GITR:GITRL interactions and results in enhanced stimulation of peripheral lymphocytes [\[73](#page-9-0)]. This non-depleting antibody is currently in phase I studies for the treatment of late stage melanoma and additional solid tumors (NCT01239134). A phase I study of combination therapy with DC vaccines and anti-CTLA-4 or anti-GITR in melanoma has been approved but is currently suspended, pending additional funding (NCT01239134).

Combination therapies

Combination checkpoints

Given the preclinical and clinical successes of anticheckpoint monotherapy, it has been hypothesized that two or more anti-checkpoint antibodies could achieve additive, if not synergistic, antitumor benefits. TILs can express multiple checkpoints in varying combinations, and expression of two or more checkpoints may denote a more severely exhausted or downregulated T cell phenotype [\[74](#page-9-0)]. Curran et al. demonstrated in a B16 melanoma model that simultaneous administration of anti-CTLA-4 and anti-

PD-1 antibodies after antitumor vaccination could significantly improve survival compared to vaccination plus a single checkpoint inhibitor, due to a more favorable immune profile [\[75](#page-9-0)]. Similar findings have been seen in animal studies of anti-PD-1 and -LAG-3 [\[76](#page-9-0)] or anti-PD-1 and -TIM-3 [[60\]](#page-9-0). In a recent phase I clinical trial, Wolchok et al. demonstrated that combination therapy with ipilimumab (anti-CTLA-4) and nivolumab (anti-PD1) was relatively safe and resulted in rapid, durable tumor regression and improved survival in patients with advanced melanoma [[52\]](#page-9-0).

Combination with chemotherapy or radiation

Additional studies have explored the efficacy of combining checkpoint therapy with more conventional treatment modalities such as chemotherapy and radiation. As mentioned in the above section on CTLA-4, RTOG 1125 has commenced a phase II/III trial of ipilimumab and temozolomide for the treatment of newly diagnosed GBM [\[43](#page-8-0)]. Numerous ongoing clinical trials have also begun integrating checkpoint blockade with traditional chemotherapy such as cisplatin, cyclophosphamide, and paclitaxel in a various solid and liquid cancers [[41\]](#page-8-0).

Though lymphocytes are exquisitely sensitive to the lethal effects of ionizing radiation, several studies have demonstrated that radiation may synergize with immunotherapy by exposing tumor-specific antigens and releasing activating cytokines from damaged cells and stroma [\[77](#page-9-0)]. Combination of ipilimumab and ionizing radiation is being studied in several phase I and II trials for patients with metastatic melanoma (including brain metastases), lymphoma, and various solid tumors [\[41](#page-8-0)].

Caveats for checkpoint blockade

As the search for immunotherapeutic targets broadens, it has become clear that there are a multitude of intrinsic checkpoints that, together, constitute a built-in safety mechanism against immune overstimulation. Whether or not they are constitutively or inducibly expressed, these checkpoints act in a coordinated fashion to maintain tolerance against self-antigens, and fine-tune or temper responses to foreign antigens. Loss of a functioning checkpoint, therefore, may correspond with lymphoproliferation and autoimmunity, as demonstrated by human and animal studies of CTLA-4 [[78,](#page-9-0) [79\]](#page-10-0) and PD-1 [[80\]](#page-10-0) deficiency.

Correspondingly, one of the greatest risks of checkpoint blockade is autoimmunity secondary to unrestrained immune activation. The most common adverse events reported in humans include colitis, hypophysitis, vitiligo,

pancreatitis and hepatitis. In one noteworthy ipilimumab trial [7], over 60 % of patients experienced immune related adverse events (irAEs); moreover, 10-15 % were reported to have had grade 3 or 4 severe irAEs. Topalian et al. also reported a 14 % grade 3 and 4 irAE rate in patients receiving anti-PD1 therapy (nivolumab), with pneumonitis being a unique toxicity seen in 1 % of patients (3 % for all grades) [5]. Wolchok et al. found that 54 % of patients receiving both nivolumib and ipililumab experienced grade 3 or 4 toxicities, which were generally reversible. Interestingly, this rate was similar to those seen in the monotherapy arm [\[52](#page-9-0)]. In light of these findings, it is critical that the therapeutic benefits are weighed against the significant toxicity risks, and that dosing and combination strategies are purposefully constructed to ensure that irAEs are minimized, anticipated, and well managed.

Summary

Checkpoint modulating agonist and antagonist antibodies are a powerful addition to the armamentarium of anticancer drugs. Since the discovery of the archetypal negative regulator, CTLA-4, several other checkpoints (i.e. PD-1, LAG-3, TIM-3, KIR, 4-1BB, and GITR) have emerged as promising targets for passive immunotherapies. Preclinical studies of anti-CTLA-4 and anti-PD-1 suggest a role for these antibodies in the treatment of GBMs, and have led to ongoing clinical trials for primary and recurrent brain tumors. Future applications may include synergistic combinations with other checkpoint inhibitors, anticancer vaccines, chemotherapy, or radiation. In the meantime, further clinical testing and development will allow for a more thorough understanding of the limits and therapeutic potential of checkpoint modulation.

Conflict of interest The authors declare that they have no conflict of interest.

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