

# The natural history of extracranial metastasis from glioblastoma multiforme

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Received: 31 August 2010 / Accepted: 2 April 2011 / Published online: 22 April 2011  
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**Abstract** Extracranial metastasis is a unique but rare manifestation of glioblastoma multiforme. It is thought to arise from glioblastoma cells disseminated into the blood stream. We undertook a comprehensive analysis of 88 cases of extracranial glioblastoma (5 were gliosarcomas) published between 1928 and 2009. Cases included in the analysis were primary or secondary glioblastomas that subsequently invaded organs outside the brain or spinal cord. The median age was 38 years and the median overall survival time was 10.5 months (range 0.0–60.0 months). The median time from symptom onset to diagnosis of primary glioblastoma was 2.5 months, from diagnosis to detection of extracranial metastasis was 8.5 months, and from metastasis to death was 1.5 months. From 1940 to 2009, there has been progressive lengthening of the interval from detection of extracranial metastasis to death, at a rate of 0.7 months per decade (95% confidence interval 0.5–1.0 month). Use of magnetic resonance imaging correlates with an increase in overall survival but not age,

gender, or site of primary glioblastoma. Patients treated with surgery + radiation + chemotherapy + cerebrospinal fluid shunting had the longest average survival interval from metastasis to death when compared to those treated with surgery alone, radiation alone, surgery + radiation, and surgery + radiation + chemotherapy. Lung metastasis is a prognostic factor of extremely poor outcomes. We conclude that patients with glioblastoma extracranial metastasis have poor prognosis, but there has been a progressive lengthening of survival in each successive decade from 1940 to 2000.

**Keywords** Extracranial metastasis · Glioblastoma · Meta-analysis

## Introduction

Extracranial metastases are reported to occur in 0.4–0.5% of all glioblastomas [1, 2]. The rarity of this phenomenon has been attributed to the extremely shortened survival of patients, and consequently there is not sufficient time for glioblastoma cells to establish metastasis in extracranial organs. Additionally, there are intrinsic biological obstacles that prevent tumor cells from infiltrating and surviving beyond the neural environment, such as (i) absence of a lymphatic system within the brain and spinal cord to allow systemic dissemination, (ii) dense dura around intracranial veins that prevents tumor cell penetration, and (iii) lack of a nurturing stroma in other organs to facilitate the survival and proliferation of glioblastoma cells. However, despite these obstacles, extracranial glioblastomas have been consistently seen and reported in the literature.

Davis [3] first reported in 1928 a patient with glioblastoma that had disseminated to lung, soft tissue of an arm,

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and chest wall. Since then, there have been more documented cases of glioblastoma depositing in organs outside the brain. With the advent of aggressive surgical resection, biopsy, and ventriculopleural shunting, extracranial metastases have been attributed commonly to tumor cells depositing into the blood stream or to surgical defects in the dura and skull. However, a review by Anzil [4] found that more than 10% of all cases occurred in the absence of prior surgical intervention. He also concluded that surgery, radiation, or long survival durations are not prerequisites for extraneural dissemination of glioblastomas, suggesting early hematogenous spread may be a mechanism.

The natural history of extracranial metastasis from glioblastoma is unknown. Identifying the clinical factors that promote extracranial metastasis may help to elucidate the mechanisms of tumor cell invasion within the brain. Furthermore, glioblastoma cells shed into the blood stream may, in the future, provide a means of non-invasive detection and monitoring of the biological status of intracranial glioblastomas. Therefore, we undertook this meta-analysis of published literature to define patient survival, characteristics of metastases, prognostic factors, and predictive factors from treatments.

## Materials and methods

Comprehensive electronic searches for extracranial glioblastoma case studies published in English were performed using Boston University Medical Center MEDLINE Plus/OVID. Publications in other languages were included, provided that an abstract written in English was available. Cases chosen included primary and secondary glioblastomas, as well as gliosarcomas, that subsequently invaded organs outside the brain or spinal cord. Cases with metastasis to meninges, skull, and spine were included, provided that distant metastasis outside the central nervous system (CNS) was also present. All non-glioblastoma and non-gliosarcoma histologies were excluded.

From the published reports, the following data were collected: (1) survival time, divided into four epochs: (i) symptom onset to diagnosis of primary glioblastoma, (ii) diagnosis to detection of extracranial metastasis, (iii) detection of extracranial metastasis to death, and (iv) overall survival (from diagnosis of primary glioblastoma to death), (2) year of publication, categorized into decades from 1940 to 2000; reports published prior to 1940 were included within the 1940 category; (3) age of patient, divided into 3 groups: <40, 40–60, and >60 years; (4) gender; (5) modern neuroimaging modality used, categorized as computed tomography (CT), magnetic resonance imaging (MRI), or none of the above; (6) site of glioblastoma, categorized into frontal, parietal, temporal, occipital,

cerebellum, brainstem and spinal cord locations; (7) site of metastasis, compiled into systemic vasculature, bone, liver, lung, lymph node, neck; and (8) treatment received, categorized as no therapy or a combination of tumor resection, radiation, chemotherapy, and/or cerebrospinal fluid (CSF) shunting.

Kaplan–Mier analysis was used to compare overall survival over time (specifically in decades) using the log-rank test. Wilcoxon rank sum test was used to compare the mean survival among the decades. Both Kaplan–Mier analysis and Wilcoxon rank sum test were also used to estimate the survival intervals from symptom onset to diagnosis of glioblastoma, from diagnosis to detection of extracranial metastasis, and from detection of extracranial metastasis to death. Because there were only a few censored observations, the inputs of survival time and survival intervals were used without identifying the censorship status. Linear regression was used to assess survival trends from predictive variables, such as treatment, and from prognostic variables, such as year of publication, age, gender, site of primary glioblastoma, and site of metastasis. Significance level was defined at  $P \leq 0.05$ .

## Results

Eighty-eight cases of extracranial metastasis from glioblastoma multiforme ( $n = 83$ ) and gliosarcoma ( $n = 5$ ), published between 1928 and 2009, were compiled, and patient characteristics were listed in Table 1. There were 65 men and 23 women. They had a median age of 38 years (range 6–64 years). The overall survival (from diagnosis to death) had a median of 10.5 months, ranging from 0 months, when glioblastoma multiforme diagnosis was made at autopsy, to 60.0 months. Excluding reports when duration of survival intervals was undisclosed, the median time from symptom onset to diagnosis of primary glioblastoma was 2.5 months (range 0.3–60.0 months), from diagnosis to detection of extracranial metastasis was 8.5 months (range 0.0–50.0 months), and from detection of extracranial metastasis to death was 1.5 months (range 0.0–14.0 months). The overall survival of 10.5 months (range 0.0–64.0 months) in this population is significantly shorter than those with typical intracranial glioblastomas [5, 6].

We analyzed whether or not advances in diagnosis and treatment would prolong the survival of patients with extracranial glioblastomas. Patients were grouped into decades from 1940 to 2000, and the median survival times were computed in each successive decade. The 1920 and 1930 decades were included in the 1940 decade due to only one patient reported in 1928 and another in 1935. There was a progressive lengthening of the duration from detection of

**Table 1** A list of published literature from 1928 to 2009 on extracranial metastases from glioblastoma multiforme

Author	Year	Age	Gender	Site of glioblastoma	CT/ MRI	Surgery	Radiation	Chemo- therapy	CSF shunt	Site of extracranial metastasis	S to D <sup>a</sup>	D to M <sup>a</sup>	M to D <sup>a</sup>	D to D <sup>a</sup>
Anzil [4]	1970	53	F	Frontal, parietal, temporal	-/-	-	+	-	-	Bone, liver, LMD	0.25	13	0	13
Brandt [20]	1950	52	M	Parietal, occipital	-/-	-	+	-	-	Kidney, lung	10	12	0	12
Brodskaja [21]	1960	24	M	Frontal, temporal	-/-	+	+	-	-	Lymph node	6	3	1	4
Cerame et al. [22]	1985	11	F	Parietal, temporal	+/-	+	+	-	-	Bone, lung, soft tissue	2	1	0	1
Davis [3]	1928	31	F	Parietal, temporal	-/-	+	+	-	-	Arm, chest wall, lung, surgical site	2.5	4	2	6
Dolman [23]	1974	35	F	Frontal	+/-	-	+	-	-	LMD, lymph node	1.5	0	1.5	1.5
Eade and Ulrich (Case 3) [24]	1971	11	F	Occipital	-/-	-	-	-	-	LMD, spinal cord	2	4	0	4
Ehrenreich and Devlin [25]	1958	44	M	Temporal, occipital	-/-	-	+	-	-	Lung	N/A	7	3	10
El-Gindi et al. (Case 1) [26]	1973	22	M	Occipital	-/-	+	+	-	-	Lymph node	0.75	7	N/A	Censored
El-Gindi et al. (Case 2) [26]	1973	35	M	Occipital	-/-	+	+	-	-	Lymph node, soft tissue, surgical site	0.25	12	N/A	Censored
Frappaz et al. [27]	1999	52	M	Temporal, occipital	+/-	+	-	-	-	Bone, lung	N/A	10	2	12
Friedman et al. [28]	1987	52	M	Frontal, parietal	+/-	+	+	-	-	Bone	12	31	1	32
Gamis et al. [29]	1990	11	F	Occipital, subcortical	+/+	-	+	+	+	Bone, spinal cord	6	0	5	7
Garret [30]	1958	55	F	Temporal	-/-	+	+	-	-	LMD, lymph node, soft tissue, surgical site	.75	9.5	0	9.5
Grampa and Baroldi [31]	1958	40	M	Parietal, occipital	-/-	+	+	-	-	Kidney	11	N/A	N/A	1
Gyepes and D'Angio (Case 8) [32]	1966	8	F	Occipital, subcortical, brainstem	-/-	+	+	-	-	Bone, breast, diaphragm, lung, lymph node, neck	11	24	9	35
Haddon et al. [33]	1989	31	M	Occipital	+/+	+	+	-	-	Bone	N/A	7	0.75	7.75
Houston et al. (Case 1) [34]	2000	19	M	Parietal	+/+	+	+	-	-	Bone, lymph node, mediastinum	1	10	7	17
Houston et al. (Case 2) [34]	2000	32	M	Temporal	+/+	+	+	+	-	Bone, liver, lung, surgical site	N/A	6	7	13
Houston et al. (Case 3) [34]	2000	36	F	Frontal	-/+	+	+	-	-	Lymph node, neck	N/A	17	9	26
Hulbanni and Goodman [35]	1976	63	M	Parietal, temporal, occipital	-/-	+	+	-	-	Bone, lung, lymph node, sys vasculature	0.75	0	1	1
Jahraus et al. [36]	2003	6	F	Frontal, parietal, subcortical, brainstem	+/+	-	+	+	-	Bone, LMD	0.25	6	1.25	7.25
Johnson and Guillan [37]	1974	46	M	Cortical hemisphere, subcortical, cerebellum	-/-	+	+	-	-	Liver, lung, lymph node, sys vasculature, surgical site	31	6	0	6
Kleinschmidt-Demasters (Case 1) [38]	1996	58	M	Frontal	-/+	+	+	-	-	Bone, dural sinus, LMD	N/A	23	3	26

Table 1 continued

Author	Year	Age	Gender	Site of glioblastoma	CT/MRI	Surgery	Radiation	Chemo-therapy	CSF shunt	Site of extracranial metastasis	S to D <sup>a</sup>	D to M <sup>a</sup>	M to D <sup>a</sup>	D to D <sup>a</sup>
Kleinschmidt-Demasters (Case 2) [38]	1996	60	M	Temporal	+/+	+	-	-	-	Bone, dural sinus	1	0.5	0.5	1
Kohlmeier [39]	1941	38	M	Parietal, occipital	-/-	+	-	-	-	Bone, lung, sys vasculature, surgical site	3	8	4	12
Komatsu et al. [40]	1972	18	F	Frontal, parietal, brainstem	-/-	+	+	+	-	Bone, LMD, lymph node, neck, spinal cord	N/A	7	2.5	9.5
Kraft et al. [41]	2008	58	M	Temporal	-/+	+	+	+	-	Parotid gland	N/A	15	1.5	16.5
Labitzke [42]	1962	21	M	Parietal, occipital	-/-	+	+	-	-	Lung, lymph node, neck, sys vasculature	1	15	6	21
Lamp et al. [43]	1990	32	M	Frontal, parietal	+/-	+	+	+	-	Bone, dural sinus, LMD, spinal cord	2	10	N/A	Censored
Ley et al. (Case 1) [44]	1961	28	M	Temporal	-/-	+	+	-	-	Bone	3.5	4.5	2.5	7
Ley et al. (Case 2) [44]	1961	22	M	Temporal, occipital	-/-	+	-	-	-	Dural sinus, LMD, lymph node, surgical site	2.5	32	1	33
Liwnicz and Rubinstein (Case 1) [45]	1979	26	M	Temporal	-/-	+	+	-	-	Bone, diaphragm, dural sinus, LMD, lung, lymph node, pericardium, sys vasculature	60	8	0	8
Miliaras et al. [46]	2009	63	M	Frontal, parietal	+/+	+	+	-	-	Soft tissue	N/A	7	3	10
Mittelbach (Case 6) [47]	1935	39	M	Parietal, occipital	-/-	+	-	-	-	LMD, lung, lymph node	8	6	0	6
Mujic et al. [48]	2006	39	M	Frontal, temporal	+/+	+	+	-	-	Bowel, lung, lymph node, pancreas, soft tissue	0.5	25	1	26
Myers et al. [49]	1990	11	F	Occipital	+/+	-	-	-	+	Bone	7	N/A	N/A	N/A
Newton et al. [50]	1992	13	M	Brainstem	+/+	-	+	+	+	Abdominal wall, LMD, spinal cord	N/A	N/A	N/A	9
Nigogosyan et al. (Case 1) [51]	1962	40	M	Hemisphere	-/-	+	-	-	-	Bone, diaphragm, lung, lymph node	5	5.57.5	1.5	9
Nigogosyan et al. (Case 2) [51]	1962	15	F	Parietal, occipital	-/-	+	+	-	-	LMD, lung, sys vasculature, surgical site	N/A	7	N/A	Censored
Nowotny et al. [52]	1951	33	F	Parietal, occipital	-/-	-	+	-	-	Bone, lymph node, neck, surgical site	2	17	0.5	17.5
Pang and Ashmead [53]	1982	7	F	Cerebellum	+/-	+	+	+	+	Bone, lymph node, soft tissue, surgical site	0.5	12	6.5	18.5
Rajagopalan et al. [54]	2005	60	M	Temporal	-/+	+	+	+	-	Bone	1	8	13	21
Saad et al. [55]	2007	13.5	M	Frontal, parietal, temporal	+/+	+	+	+	-	Bone, liver, LMD, lung, soft tissue	1.5	7.5	2.5	10

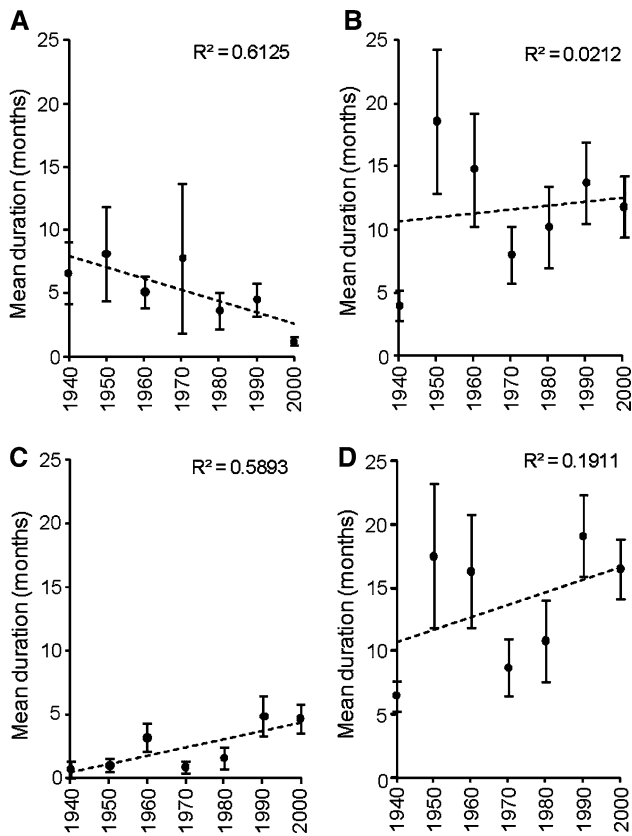
**Table 1** continued

Author	Year	Age	Gender	Site of glioblastoma	CT/MRI	Surgery	Radiation	Chemo-therapy	CSF shunt	Site of extracranial metastasis	S	D <sup>1</sup>	D to M <sup>1</sup>	M to D <sup>1</sup>	D to D <sup>1</sup>	Censored
Sadik et al. [56]	1984	48	M	Parietal, temporal	-/+	+	+	-	-	Bone	2	18	N/A	N/A	5	9
Siki [57]	1950	52	M	Frontal, parietal	-/-	+	-	-	-	Bone, dural sinus, lung, lymph node, soft tissue, surgical site	7	4	4	5	9	
Smith et al. (Case 1) [1]	1969	52	M	Frontal, parietal	-/-	+	?	-	-	Lung, lymph node	N/A	N/A	N/A	N/A	60	
Smith et al. (Case 2) [1]	1969	38	M	Hemisphere	-/-	+	+	-	-	Lymph node	N/A	N/A	N/A	N/A	9	
Smith et al. (Case 3) [1]	1969	24	M	Parietal	-/-	+	?	-	-	Lung	N/A	N/A	N/A	N/A	18	
Smith et al. (Case 4) [1]	1969	43	M	Temporal	-/-	+	+	-	-	Liver	N/A	N/A	N/A	N/A	6	
Smith et al. (Case 5) [1]	1969	45	M	Temporal	-/-	+	+	-	-	Liver	N/A	N/A	N/A	N/A	6	
Smith et al. (Case 6) [1]	1969	6	M	Temporal	-/-	+	?	-	-	Lung	N/A	N/A	N/A	N/A	7	
Smith et al. (Case 7) [1]	1969	58	M	Temporal	-/-	+	+	-	-	Liver	N/A	N/A	N/A	N/A	6	
Smith et al. (Case 8) [1]	1969	29	M	Temporal	-/-	+	+	-	-	Lung, lymph node	N/A	N/A	N/A	N/A	10	
Smith et al. (Case 9) [1]	1969	22	M	Parietal	-/-	+	?	-	-	Lung, lymph node	N/A	N/A	N/A	N/A	22	
Smith et al. (Case 10) [1]	1969	55	M	Temporal	-/-	+	?	-	-	Bone	N/A	N/A	N/A	N/A	13	
Smith et al. (Case 11) [1]	1969	54	M	Frontal	-/-	+	-	-	-	Lung	N/A	N/A	N/A	N/A	8	
Smith et al. (Case 12) [1]	1969	45	M	Occipital	-/-	+	+	-	-	Lymph node	N/A	N/A	N/A	N/A	21	
Smith et al. (Case 13) [1]	1969	36	M	Frontal	-/-	+	+	-	-	Bone	N/A	N/A	N/A	N/A	12	
Smith et al. (Case 14) [1]	1969	63	M	Temporal	-/-	+	-	-	-	Adrenal gland, lung	N/A	N/A	N/A	N/A	1	
Smith et al. (Case 15) [1]	1969	49	M	Temporal	-/-	+	+	-	-	Liver	N/A	N/A	N/A	N/A	8	
Smith et al. (Case 16) [1]	1969	49	M	Frontal	-/-	+	-	-	-	Bone, liver, lymph node	N/A	N/A	N/A	N/A	16	
Smith et al. (Case 17) [1]	1969	42	M	Temporal	-/-	+	+	-	-	Lung, lymph node	N/A	N/A	N/A	N/A	50	
Smith et al. (Case 18) [1]	1969	63	F	Frontal	-/-	+	-	-	-	Bone, lung	N/A	N/A	N/A	N/A	11	
Smith et al. (Case 19) [1]	1969	42	M	Parietal	-/-	+	+	-	-	Lymph node	N/A	N/A	N/A	N/A	8	
Smith et al. (Case 20) [1]	1969	38	M	Parietal	-/-	+	?	-	-	Lymph node	N/A	N/A	N/A	N/A	20	
Smith et al. (Case 21) [1]	1969	36	M	Temporal	-/-	+	+	-	-	Bone	N/A	N/A	N/A	N/A	1413	
Smith et al. (Case 22) [1]	1969	63	M	Temporal	-/-	+	?	-	-	Liver, lung	N/A	N/A	N/A	N/A	10	
Smith et al. (Case 23) [1]	1969	36	M	Temporal	-/-	+	+	-	-	Lymph node	N/A	N/A	N/A	N/A	14	
Taha et al. [58]	2005	33	M	Frontal	+/+	+	+	+	-	Lymph node, parotid gland	1	5.5	3	8.5		
Terheggen and Muller [59]	1977	12	M	Parietal, occipital	-/-	+	+	-	-	Bone, liver, LMD	1	4	3.5	7.5		
Thiry et al. [60]	1959	57	F	Parietal, temporal	+/-	+	-	-	-	Liver	36	7	0	7		
Trattmig et al. [61]	1990	29	M	Frontal	+/+	+	+	+	-	Bone, lymph node	1	18	14	32		
Utsuki et al. [62]	2005	42	M	Temporal	-/+	+	+	-	-	Bone, soft tissue	2	30	6	36		
Vural et al. (Case 1) [63]	1996	40	M	Temporal	+/-	+	+	+	-	Neck	3	35	11	46		

Table 1 continued

Author	Year	Age	Gender	Site of glioblastoma	CT/ MRI	Surgery	Radiation	Chemo- therapy	CSF shunt	Site of extracranial metastasis	S to D <sup>a</sup>	M to D <sup>a</sup>	D to M <sup>a</sup>	S to D <sup>a</sup>	M to D <sup>a</sup>	D to D <sup>a</sup>
Vural et al. (Case 2) [63]	1996	49	M	Hemisphere	+/-	+	+	+	-	Surgical site	N/A	3	15	18		
Waite et al. [64]	1999	40	M	Frontal	-/-	+	+	-	-	Parotid gland, soft tissue	13.5	25	2	26		
Wakamatsu et al. [65]	1971	22	M	Frontal, temporal, occipital, subcortical, brainstem, cerebellum	-/-	-	+	-	+	Diaphragm, heart, lung, spinal cord	N/A	N/A	0	9		
Wisioł et al. [66]	1962	31	M	Frontal, parietal	-/-	+	+	-	-	Bone, lung, sys vasculature, surgical site	9	8.5	0.5	9		
Wolf et al. [67]	1954	14	F	Parietal, temporal, occipital, subcortical, brainstem, cerebellum	-/-	+	+	-	+	Bone, lung, lymph node	4	8.5	0	8.5		
Yasuhara et al. [68]	2003	47	F	Temporal, occipital	-/-	+	+	+	-	Dural sinus, lung, spleen	N/A	4	2.5	6.5		
Yokoyama et al. [69]	1985	22	F	Parietal, occipital	+/-	+	+	-	-	Bone, liver, lung, lymph node, soft tissue	3	3	1	4		
Yung et al. (Case 1) [70]	1983	57	M	Temporal, occipital	+/-	+	+	+	-	Bone, LMD, lung, sys vasculature	2	12	0	12		
Yung et al. (Case 2) [70]	1983	24	F	Frontal	+/-	+	+	-	-	Bone	N/A	8	3	11		
Zeithofer and Kraus [71]	1952	40	F	Parietal, occipital	-/-	-	+	-	-	Lymph node, neck, soft tissue, spleen	50	0	2	2		

<sup>a</sup> S to D number of months from symptom onset to diagnosis; D to M number of months from diagnosis to the detection of extracranial metastasis; M to D number of months from extracranial metastasis to death; and D to D number of months from diagnosis of glioblastoma to death (or overall survival)



**Fig. 1** Decade of publication versus survival. Decade of glioblastoma incidence appears to be a predictive factor for detection of extracranial metastasis to death. Over the decades, trends of increasing duration were observed from symptom onset to diagnosis of primary glioblastoma and from detection of metastasis to death. No changes in duration were observed in the intervals from diagnosis of glioblastoma to detection of metastasis or from diagnosis of glioblastoma to death. **a** From symptom onset to diagnosis of primary glioblastoma,  $R^2 = 0.6125$ ,  $P = 0.1687$ . **b** From diagnosis of primary glioblastoma to detection of extracranial metastasis,  $R^2 = 0.0212$ ,  $P = 0.7531$ . **c** From detection of extracranial metastasis to death,  $R^2 = 0.5893$ ,  $P = 0.0019$ . **d** From diagnosis of primary glioblastoma to death,  $R^2 = 0.1911$ ,  $P = 0.5707$

extracranial metastasis to death at a rate of 0.7 months per decade from 1940 to 2000 (95% confidence interval [CI] 0.5–1.0 months,  $R^2 = 0.5893$ ,  $P = 0.0019$ , Fig. 1c and Table 2). However, this lengthening was primarily due to a trend of decreasing time interval between symptom onset to diagnosis of primary glioblastoma ( $R^2 = 0.6125$ ,  $P = 0.1687$ , Fig. 1a). There was neither a change in the time from diagnosis of primary glioblastoma to detection of extracranial metastasis ( $R^2 = 0.0212$ ,  $P = 0.7531$ , Fig. 1b) nor time of overall survival ( $R^2 = 0.1911$ ,  $P = 0.5707$ , Fig. 1d). These findings suggest that prolonged survival may be a result of lead time bias from early detection of the primary glioblastoma.

We next examined potential prognostic factors that may influence the survival of these patients. Because age is

**Table 2** Mean survival interval from metastasis to death

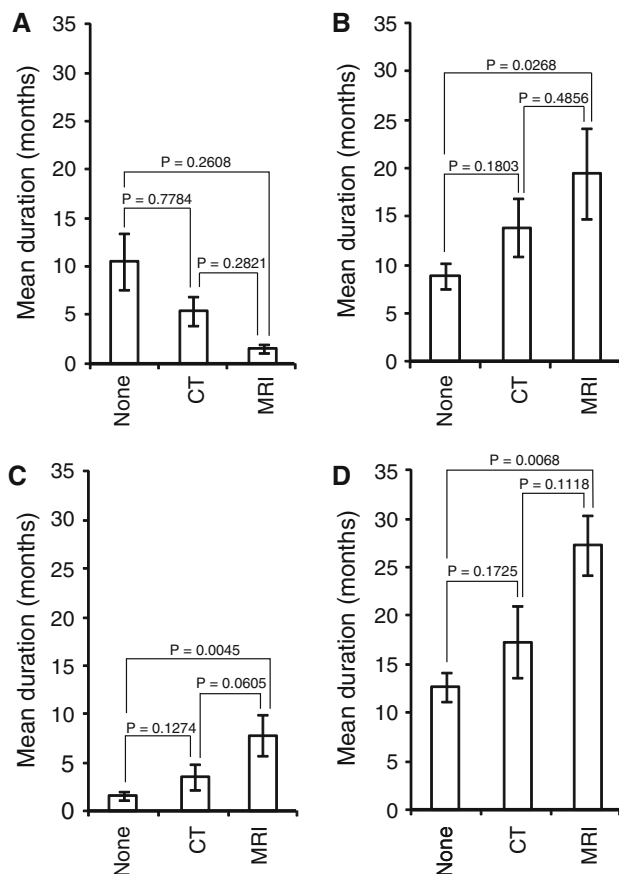
Decade	Mean survival interval from metastasis to death (in months)	95% CI (in months)
1940	1.0	0.0–2.0
1950	1.1	0.5–1.6
1960	3.2	2.1–4.3
1970	1.1	0.4–1.8
1980	1.6	0.7–2.4
1990	4.9	3.2–6.5
2000	4.7	3.7–6.0

In each successive decade from 1940 to 2000, there has been a trend of increasing survival interval from the time of detection of extracranial metastasis of glioblastomas to time of death. The median survival increased from 1.0 month (95% CI 0.0–2.0) in the decade of 1940 to 4.7 months (95% CI 3.7–6.0) in the decade of 2000 ( $P = 0.0037$ )

consistently a strong prognostic factor for glioblastoma [6, 7], we therefore analyzed the survival of our patients by categorizing them into three groups: Age less than 40 ( $n = 55$ ), between 40 and 60 ( $n = 28$ ), and 60 years ( $n = 5$ ). There was no significant difference in overall survival ( $P = 0.5834$ ) among these age groups, including the intervals from symptom onset to diagnosis of primary glioblastoma ( $P = 0.8352$ ), from diagnosis to detection of extracranial metastasis ( $P = 0.2483$ ), and from detection of metastasis to death ( $P = 0.8585$ ). Unfortunately, the case reports provided insufficient information on neurological performance and extent of surgical resection for their analysis as prognostic factors.

There may be a slightly higher incidence of primary brain tumors in men than women, particularly among younger patients at age 40 or below [8]. However, in our cohort, gender did not affect overall survival ( $P = 0.9354$ ), as well as the intervals from symptom onset to diagnosis of primary glioblastoma ( $P = 0.9007$ ), from diagnosis to detection of metastasis ( $P = 0.5032$ ), and from detection of metastasis to death ( $P = 0.1953$ ).

Because CT and MRI have enabled physicians earlier detection of intracranial diseases, we asked whether or not the use of CT or MRI would alter the natural history of extracranial glioblastomas. Compared to the group that did not have either CT or MRI for the detection of intracranial glioblastomas, the group that received MRI had a significant increase in overall survival (12.7 vs. 27.3 months,  $P = 0.0068$ , Fig. 2d), interval from diagnosis to detection of metastasis (8.9 vs. 19.5 months,  $P = 0.0268$ , Fig. 2b), and interval from detection of metastasis to death (1.6 vs. 7.8 months,  $P = 0.0045$ , Fig. 2c). In addition, there was also a trend toward a shortened interval from symptom onset to diagnosis (10.5 vs. 1.5 months,  $P = 0.2608$ , Fig. 2a). However, the group that received CT did not have



**Fig. 2** Modern neuroimaging modality (none, CT, or MRI) versus survival intervals. **a** From symptom onset to diagnosis: none versus CT,  $P = 0.7784$ ; none versus MRI,  $P = 0.2608$ ; and CT versus MRI,  $P = 0.2821$ . **b** From diagnosis to extracranial metastasis: none versus CT,  $P = 0.1803$ ; none versus MRI,  $P = 0.0268$ ; and CT versus MRI,  $P = 0.4856$ . **c** From extracranial metastasis to death: none versus CT,  $P = 0.1274$ ; none versus MRI,  $P = 0.0045$ ; and CT versus MRI,  $P = 0.0605$ . **d** From diagnosis to death: none versus CT,  $P = 0.1725$ ; none versus MRI,  $P = 0.0068$ ; and CT versus MRI,  $P = 0.1118$

as much benefit with respect to overall survival (12.7 vs. 17.3 months,  $P = 0.1725$ , Fig. 2d), interval from symptom onset to diagnosis (10.5 vs. 5.4 months,  $P = 0.7784$ , Fig. 2a), interval from diagnosis to detection of metastasis (8.9 vs. 13.9 months,  $P = 0.1803$ , Fig. 2b), and interval from detection of metastasis to death (1.6 vs. 3.5 months,  $P = 0.1274$ , Fig. 2c). Our data show that use of MRI correlates with prolonged patient survival and this finding may be a result of lead-time bias in the early detection of intracranial glioblastomas during the MRI era.

Neural stem cells have been shown to arise from the subventricular zone [9] and glioblastomas involving the subventricular zone are thought to have a more aggressiveness phenotype [10]. This stem-cell-like property may help glioblastomas to survive and proliferate in extracranial organs. Because the frontal lobe of the brain occupies a major part of the telencephalon, and the telencephalon

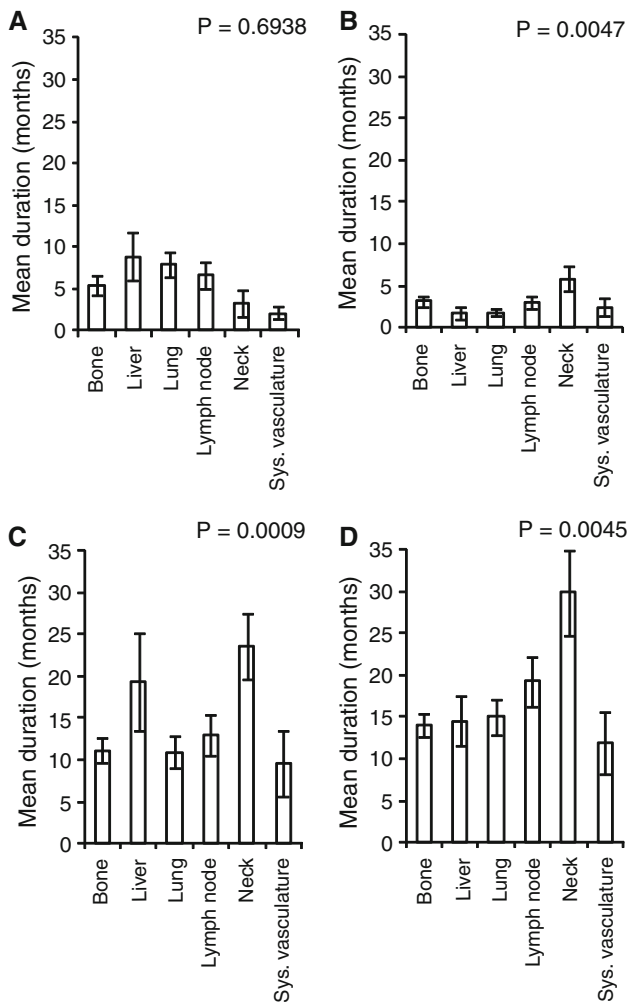
undergoes the most robust cellular expansion during human brain development [11], we hypothesized that these stem-cell-like glioblastomas may arise predominantly in the frontal and parietal lobes. Of the 88 cases, tumor growth was most frequently diagnosed in the temporal lobe ( $n = 40$ ) and least frequently in the cerebellum ( $n = 2$ ). Primary glioblastomas found in the cerebellum were excluded from the analysis due to nondisclosure of survival durations. We found no correlation between the site of primary glioblastoma and overall survival ( $P = 0.5760$ ), the interval from symptom onset to diagnosis of primary glioblastoma ( $P = 0.4860$ ), from diagnosis to detection of metastasis ( $P = 0.7976$ ), or from detection of metastasis to death ( $P = 0.6765$ ).

We also analyzed the prognostic significance of the extracranial organs where the glioblastoma had metastasized. Metastases were limited to tumor tissue displaying the same histological characteristics as the primary glioblastoma, and metastatic sites were recorded as locations where tumor growth was found at time of biopsy or autopsy. From the cases compiled, site of metastasis was found to be a prognostic factor for survival. There was statistical significance among the sites of extracranial metastases with respect to overall survival ( $P = 0.0045$ , Fig. 3d). Similar statistical significance was noted for the duration from diagnosis of primary glioblastoma to detection of extracranial metastasis ( $P = 0.0047$ , Fig. 3b) and from detection of metastasis to death ( $P = 0.0009$ , Fig. 3c). As expected, the site of metastasis did not correlate with the interval from symptom onset to diagnosis of primary glioblastoma ( $P = 0.6938$ , Fig. 3a).

Lung metastasis stood out as having the worst prognosis (Table 3), with a relative decrease in time interval from extracranial metastasis to death of  $-2.7$  months (95% CI  $-4.4$  to  $-1.0$  months,  $P = 0.0024$ ). Neck metastasis had a relative increase of 13.9 months (95% CI 5.9–21.9 months,  $P = 0.0009$ ) in time interval from diagnosis of primary glioblastoma to detection of extracranial metastasis, an increase of 2.8 months (95% CI 0.3–5.3 months,  $P = 0.0317$ ) from detection of extracranial metastasis to death, and an increase of 15.3 months (95% CI 6.0–24.6 months,  $P = 0.0014$ ) in overall survival (Table 3). For liver metastasis, there was an increase of 10.3 months (95% CI 2.6–18.0 months,  $P = 0.0104$ ) in time from diagnosis of primary glioblastoma to detection of extracranial metastasis (Table 3).

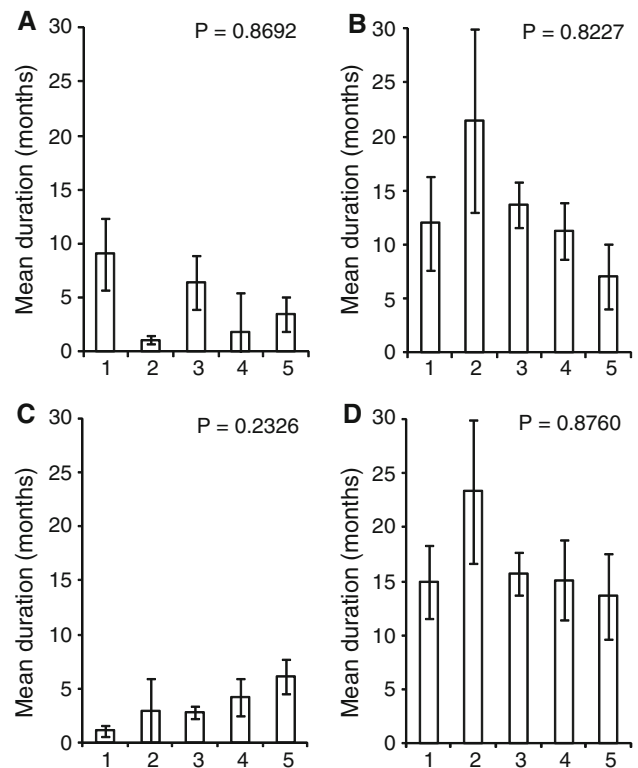
We also analyzed treatment effect on the survival of patients with extracranial glioblastoma. Of the 88 cases, 86 (98%) underwent at least one type of treatment, such as surgery, radiation, chemotherapy, and/or CSF shunting, with 61 cases (69%) receiving two or more modalities. For two cases, information regarding treatment was not provided. The type of treatment used did not significantly influence





**Fig. 3** Site of metastasis versus survival interval. **a** From symptom onset to diagnosis,  $P = 0.6938$ . **b** From diagnosis to extracranial metastasis,  $P = 0.0047$ . **c** From extracranial metastasis to death,  $P = 0.0009$ . **d** From diagnosis to death,  $P = 0.0045$

overall survival ( $P = 0.8760$ , Fig. 4d), the interval from symptom onset to diagnosis of primary glioblastoma ( $P = 0.8692$ , Fig. 4a), from diagnosis to detection of metastasis ( $P = 0.8227$ , Fig. 4b), or from detection of metastasis to death ( $P = 0.2326$ , Fig. 4c). However, there was a trend of increasing interval of survival from detection of metastasis to death with successive additions of treatment modalities. Treatment with surgery alone provided a survival interval from detection of metastasis to death of 1.1 months (95% CI 0.0–4.5 months), 3.0 months (95% CI 0.0–11.5 months) with radiation alone, 2.8 months (95% CI 2.5–8.1 months) with surgery + radiation, 4.2 months (95% CI 0.0–15.3 months) with surgery + radiation + chemotherapy, and 6.1 months (95% CI 0.0–12.4 months) with surgery + radiation + chemotherapy + CSF shunting ( $P = 0.2326$ ). The findings suggest a trend that aggressive treatment may have a favorable impact on survival.



**Fig. 4** Treatment combinations versus survival interval. Treatments include (1) surgery alone, (2) radiation alone, (3) surgery + radiation, (4) surgery + radiation + chemotherapy, and (5) surgery + radiation, chemotherapy + CSF shunting. **a** From symptom onset to diagnosis,  $P = 0.8692$ . **b** From diagnosis to extracranial metastasis,  $P = 0.8227$ . **c** From extracranial metastasis to death,  $P = 0.2326$ . **d** From diagnosis to death,  $P = 0.8760$

## Discussion

The rarity of extracranial metastasis of glioblastomas precludes prospective examination of its natural history, and meta-analysis of existing literature is the only means of a comprehensive analysis of this disorder. Although meta-analysis is often subjected to publication bias, this literature is unique because it is comprised primarily of clinicopathological descriptions of single cases or small case series. These case descriptions do not suffer from heterogeneity in data reported in treatment trials, in which inclusion and exclusion criteria may differ or drug pharmacodynamic and pharmacokinetic properties may influence patient selection. Therefore, we performed this meta-analysis to elucidate the survival and prognostic factors in patients with extracranial glioblastomas.

The overall survival of glioblastoma multiforme patients, in general, has improved marginally over the decades despite major advancements made in surgery, radiation, and chemotherapies. For example, temozolomide added to radiotherapy allowed nearly 10% of patients

**Table 3** Site of extracranial metastases with respect to survival intervals

Survival interval	Site of metastasis	$\Delta$ survival (in months)	Standard deviation	<i>P</i> value
Symptom onset to diagnosis (median = 2.5 months)	Bone	0.6	10.4	0.8352
	Liver	2.8	12.6	0.5318
	Lung	4.1	12.4	0.1664
	Lymph node	2.2	12.3	0.4419
	Neck	−2.1	3.9	0.6287
	Systemic vasculature	−4.4	1.0	0.3024
Diagnosis to extracranial metastasis (median = 8.5 months)	Bone	−1.7	8.7	0.5095
	Liver	10.3	16.4	0.0104
	Lung	−3.5	9.3	0.1953
	Lymph node	0.4	11.9	0.8863
	Neck	13.9	10.2	0.0009
	Systemic vasculature	−2.4	9.5	0.5846
Extracranial metastasis to death (median = 1.5 months)	Bone	1.4	3.7	0.0843
	Liver	0.4	2.3	0.7657
	Lung	−2.7	2.3	0.0024
	Lymph node	0.3	3.6	0.6844
	Neck	2.8	4.0	0.0317
	Systemic vasculature	0.5	2.5	0.6907
Diagnosis to death (median = 10.5 months)	Bone	−1.0	9.4	0.6975
	Liver	1.1	12.4	0.7423
	Lung	−0.4	12.9	0.8675
	Lymph node	4.8	15.2	0.0735
	Neck	15.3	13.7	0.0014
	Systemic vasculature	−3.8	10.3	0.3888

Patients with lung metastasis had the worst prognosis, with a relative decrease in time interval from extracranial metastasis to death of 2.7 months (95% CI 0.9–2.7 months,  $P = 0.0024$ ). However, those with neck metastasis are associated with an increase in time interval of 13.9 months (95% CI 14.1–33.0 months,  $P = 0.0009$ ) from diagnosis of primary glioblastoma to detection of extracranial metastasis and in overall survival of 15.3 months (95% CI 17.2–42.5 months,  $P = 0.001$ )

survive to 5 years after initial diagnosis, as compared to 1.9% of those treated with radiation alone [5]. Still, more than 70% of them die within 2 years of diagnosis [5]. It is increasingly clear that patient survival is heavily influenced by the intrinsic molecular genetics of the glioblastoma. Patients with  $O^6$ -methylguanine-DNA methyltransferase (*MGMT*) promoter methylation have a 2-year survival of 48.9% and 5-year survival of 13.8%, as compared to 14.8 and 8.3% respectively among those with unmethylated *MGMT* [12]. These data suggest that there is a small but incremental survival improvement, but the underlying molecular genetics of glioblastoma are the predominant determinants of outcome from treatment [12]. Similarly, our data showed that patients with extracranial glioblastoma metastases had a small but incremental survival improvement over time, at a rate of 0.7 months per decade since 1940. This improvement is probably a result of lead-time bias, as CT and MRI facilitate the early diagnosis of intracranial tumors. However, we cannot exclude a direct benefit from combined modality treatment that included

surgery, radiation, chemotherapy, and CSF shunting. At present, the molecular determinants that predispose these patients to have extracranial metastasis are unknown.

Our cohort is younger (median age 38 years) than the typical adult glioblastoma patients. Because younger patients tend to have secondary glioblastomas [13], there is a possibility that metastases to extracranial organ may arise from untreated lower grade gliomas before their malignant transformation into glioblastomas. Nevertheless, age was not a prognostic factor in our patients with extracranial metastases. This is probably due to the extremely shortened overall survival of 10.5 months in this population.

There is heterogeneity in patient survival depending on the site of metastasis, and a number of observations were made. First, patients with metastases to neck and liver have a better prognosis than those with lung metastasis. When compared to the average, patients with metastases to the liver and neck experienced an increase in the time from diagnosis of primary glioblastoma to detection of metastasis by 10.3 and 13.9 months, respectively. This increase

may be due to difficulty and delay in detecting tumor growth in the liver and neck. In contrast, metastasis to the lung resulted in a decrease of 2.7 months in the time interval from detection of extracranial metastasis to death. Lastly, neck metastasis had an increment of 15.3 months in overall survival, or interval from diagnosis of primary glioblastoma to death, as compared to the average. Taken together, our data suggest that it may be difficult to detect neck and liver metastases in a timely fashion. But once metastases are detected, patients with lung metastasis have the worst prognosis. Alternatively, it is possible that cellular and molecular heterogeneity may play a role here, and glioblastoma clones that migrated to the liver and neck may be less aggressive than the average, while clones that metastasized to the lung are more aggressive. This phenomenon of clonal heterogeneity within a primary tumor has been clearly demonstrated by Fidler and Kripke [14] using B16 melanoma cells, in which certain clones have a predilection for specific organs like lung or liver. Therefore, it would be worthwhile to analyze the molecular genetics of glioblastoma cells that give rise to specific metastases in various extracranial organs.

Extracranial metastasis may indicate the existence of circulating glioblastoma cells in the blood stream. Unlike systemic organs, the CNS does not have a lymphatic system to facilitate spread of primary glioma cells. Distant metastasis of glioblastomas can only occur spontaneously by hematogeneous dissemination. However, the rarity of these metastases may be due to a number of factors. First, glioblastoma cells may preferentially adhere to the neural stroma. But as the glioblastoma progresses, tumor cells may coopt existing cerebral vasculature [15], making them more likely to spread within the CNS and into the blood circulation. Second, circulating glioblastoma cells are probably present in low numbers as compared to the number of circulating monocytes. But the prolonged survival of young patients with glioblastoma may increase the probability of glioblastoma cells shedding into the blood stream, and therefore potentiate the development of distant metastases. Third, a metastatic niche must be established in distant organs in order for glioblastoma metastasis to occur. There is a high likelihood that significant stromal differences exist between the CNS and distant organs, such that extracranial glioblastoma metastases are difficult to develop. Lastly, there are reports of extracranial glioblastomas developed in recipients of kidney or liver transplanted from donors with glioblastomas [16–19]. The immunosuppressants used to prevent rejection of donor organs may further potentiate the development of these tumors in the recipient. More importantly, the development of extracranial glioblastomas indicates that systemic dissemination of the primary intracranial glioblastoma probably occurs early in the disease. Therefore, the fraction of

glioblastoma cells in the circulation may provide an opportunity for early detection and genetic analysis of the intracranial glioblastoma.

## Conclusions

Patients with glioblastoma extracranial metastasis have poor prognosis and those with lung metastasis have the worst survival. But there has been a progressive lengthening of survival in each successive decade from 1940 to 2000, at a rate of 0.7 months per decade.

**Acknowledgments** This research was supported in part by the “A Reason To Ride” research fund. We thank Marion Stein, M.D. and Pascal Zinn, M.D. for help in translating some of the published papers in foreign languages.

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