## **RESEARCH PAPER**



# Surface coating-modulated peroxidase-like activity of maghemite nanoparticles for a chromogenic analysis of cholesterol

Xueqin Wang • Fan Ouyang • Liuqing Cui • Tiandi Xiong • Xinglei Guan • Yuqi Guo • Shaofeng Duan

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Abstract Maghemite ( $\gamma$ -Fe<sub>2</sub>O<sub>3</sub>) nanoparticles (NPs) emerging as an artificial enzymes have demonstrated an excellent peroxidase-like activity and thus gained much attention in various biological and medical applications. But naked  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs are aqueously instable and prone to aggregation in biological solutions such as blood plasma. Surface coating for  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs is thus necessitated to achieve better stability and biocompatibility. In this work, three typical coating layers including poly(lactic-co-glycolic acid) (PLGA), carboxymethyl chitosan (CMCS), and human serum albumin (HSA)

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X. Wang · Y. Guo

Henan Provincial People's Hospital, School of Clinical Medicine, Henan University, Zhengzhou 450003 Henan, People's Republic of China

X. Wang · F. Ouyang · L. Cui · T. Xiong · X. Guan College of Bioengineering, Henan University of Technology, Zhengzhou 450001 Henan, People's Republic of China

Y. Guo (🖂)

International Joint Laboratory for Gynecological Oncology Nanomedicine, Zhengzhou 450003 Henan, People's Republic of China e-mail: yuqi-guo@163.com

S. Duan (🖂)

School of Pharmacy, Henan University, Kaifeng 475004 Henan, People's Republic of China e-mail: sduan@henu.edu.cn were utilized as modifiers to decorate  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs and fabricate compound NPs including  $NP_{PLGA}$ , NP<sub>CMCS</sub>, and NP<sub>HSA</sub>, respectively, and subsequently, the peroxidase-like activity of these NPs was evaluated with colorimetric analysis of cholesterol detection. The results showed that the surface coating barely affected peroxidase-like activity of NPs but could remarkably amend stability in the determined pH and temperature ranges. As evidenced with kinetic parameters, the enzymatic catalysis of NPs accorded well with Michaelis-Menten kinetics. Moreover, the catalytic assay demonstrated that the fabricated NPPLGA, NPCMCS, and NPHSA showed a capable catalytic activity using cholesterol as substrate, and especially, the NPPLGA showed a higher peroxidase-like activity compared with the NP<sub>CMCS</sub> and NP<sub>HSA</sub>. In conclusion, herein we obtained a coating layer-modulated peroxidase-like activity of  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs for a visualized analysis of cholesterol, which could be extended for cholesterol detection in biomedical analyses in the future.

Keywords Maghemite nanoparticles · Surface coating · Peroxidase-like activity · Cholesterol detection · Poly(lactic-co-glycolic acid) (PLGA) · Carboxymethyl chitosan (CMCS) · Human serum albumin (HSA)

## Introduction

Magnetic iron oxide nanoparticles (IONPs), mostly magnetite ( $Fe_3O_4$ ) and maghemite ( $\gamma$ -Fe<sub>2</sub>O<sub>3</sub>), have been widely used in biomedical applications including

magnetic targeting and gene/drug delivery (Mahmoudi et al. 2009; Alexiou et al. 2000; Kurczewska et al. 2018), tumor therapy (Chung et al. 2011; Zhu et al. 2017), magnetic resonance imaging (Soares et al. 2016; Hemalatha et al. 2018), cell labeling and tracking (Olsvik et al. 1994; Gupta and Curtis 2004; Deda et al. 2017), bio-isolation and analysis (Min et al. 2012; Pérez et al. 2015), and magnetic hyperthermia (Ebrahimisadr et al. 2018; Kalidasan et al. 2016). Recently, IONPs, found with an artificial peroxidase activity, have attracted enormous interest due to their roles in biomedical diagnostics and therapeutics (Liang et al. 2013; Yang et al. 2017; Cormode et al. 2017; Gao et al. 2017). However, Fe<sub>3</sub>O<sub>4</sub> NP ferrous ions may raise the toxic risk in biomedical applications (Chen et al. 2012), and thus, the oxidized  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs could be a superior candidate for a long-term bioassay.

Compared with naturally occurring peroxidase enzymes, IONPs are generally used as an artificial peroxidase with low cost and high chemical stability (Wang et al. 2017). IONPs possess an almost unchanged catalytic activity over a wide range of temperature and pH, and can be easily synthesized and purified (Lin et al. 2014). With these properties, IONPs have more applications, such as biosensing and detection (Hasanzadeh et al. 2013), immunoassays (Chen et al. 2018; Peterson et al. 2015), antibacterial agents (Situ and Samia 2014), and cancer diagnostics and therapy (Guimaraes et al. 2018; Zhu et al. 2017). However, the naked IONPs without surface coating or modification are erratic and can readily aggregate and precipitate in aqueous solutions and blood plasma, which seriously hinders their applications either as artificial enzymes in vitro or in vivo (Wang et al. 2018). To provide IONPs with such characteristics including better water-solubility, stability, low cytotoxicity, and excellent biocompatibility, extensive efforts were devoted to fabricate nanoparticles with coating layers, such as polymers (Ishihara et al. 2010), dendrimers (Boni et al. 2013), albumins (Chen et al. 2015; Kim et al. 2017), and polysaccharides (Bertholon et al. 2006; Wan et al. 2017).

Surface coating may have effects on peroxidase-like activity of Fe<sub>3</sub>O<sub>4</sub> NPs in biomedical applications (Liu and Yu 2011). For instance, the polyethylene glycol (PEG) coating of Fe<sub>3</sub>O<sub>4</sub> NPs resulted in a decrease in intrinsic peroxidase-like activity and led to a change in activity (Vallabani et al. 2017). However, compared with Fe<sub>3</sub>O<sub>4</sub> NPs, limited information is available about the coating effects on peroxidase-like activity of  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs as peroxidase mimics. In this work,  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs were coated with three typical molecules including poly(lactic-co-glycolic acid) (PLGA), carboxymethyl chitosan (CMCS), and human serum albumin (HSA) to fabricate complex  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs, i.e.,  $NP_{PLGA}$ ,  $NP_{CMCS}$ ,  $NP_{HSA}$ , and then, the peroxidase-like activity of these fabricated NPs was investigated using cholesterol as a substrate via a chromogenic reaction of 3,3',5,5'-tetramethylbenzidine (TMB) through reduction of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) to H<sub>2</sub>O. In general, in the present work, we attempted to develop a surface-modified  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NP with modulated catalytic activity more suitable for biomedical applications in the future.

#### **Experimental section**

### Materials

Superparamagnetic  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs utilized in this study were prepared from magnetite (Fe<sub>3</sub>O<sub>4</sub>) according to methods proposed elsewhere (Qu et al. 1999; Sun et al. 2004). HSA, PLGA ( $M_W$  = 7000–17,000), CMCS, 3,3',5,5'-tetramethylbenzidine (TMB), hydrogen peroxide(H<sub>2</sub>O<sub>2</sub>), sodium tripolyphosphate (TPP), and Triton X-100 were purchased from Sigma-Aldrich (St. Louis, MO, USA). Cholesterol, cholesterol oxidase (CHOx, 1KU) and cholesterol esterase (1KU) were purchased from Aladdin Industrial Corporation (Shanghai, China). Peroxidase (POD,  $\geq$  250 U/mg), glucose, glycerin, and phenol were obtained from Sinopharm Chemical Reagent Co., Ltd. (Shanghai, China). Other reagents and chemicals were purchased from local commercial suppliers and were of analytical reagent grade, unless otherwise stated. Deionized (DI) water (Milli-Q, Millipore, Bedford, MA) was used to prepare aqueous solutions.

Preparation of  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs and PLGA, CMCS, and HSA modification

In the present study, the magnetic  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs were firstly synthesized as superparamagnetic core nanocarriers through chemical co-precipitation method as previously described (Qu et al. 1999; Sun et al. 2004), and more information about synthesis of  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs are provided in the Supplementary Information (SI).

The solvent evaporation method was used to prepare the PLGA-modified magnetic nanoparticles ( $NP_{PLGA}$ ) as previously described elsewhere (Varshosaz and Soheili 2008; Zhao et al. 2013). In brief, 100 mg PLGA was dissolved in 2 mL dichloromethane and added with 30 mg  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs to obtain an organic dispersion, which was subsequently poured into 20 mL 3% polyvinyl alcohol (PVA) solution to form a stable emulsion by a constant sonication. The formed *NP*<sub>PLGA</sub> were firstly washed three times under magnetic field using DI water, then lyophilized, and stored at 4 °C until use.

The CMCS-modified magnetic nanoparticles  $(NP_{\rm CMCS})$  were synthesized through TPP cross-linking. Briefly, 50 mL of TPP (1 mg/mL) was mixed with  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> (10 mg/mL) and vigorously stirred for 30 min at 60 °C. The mixture was kept for 12 h at room temperature (RT) and washed three times with DI water to obtain TPP@ $\gamma$ -Fe<sub>2</sub>O<sub>3</sub>. Ten milliliters of CMCS solution (1 % w/v, dissolved in acetic acid) was added into the TPP@ $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> and allowed to react for 30 min in ultrasonic emulsifier. The prepared  $NP_{\rm CMCS}$  were washed three times with DI water and stored at 4 °C for further use.

The preparation of magnetic HSA-modified nanoparticles ( $NP_{HSA}$ ) was followed with previously reported protocol with minor modifications (Wang et al. 2009). More information was provided in the Supplementary information (SI).

Stability analysis of the prepared  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$ 

The stability of the prepared  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  in DI water was analyzed according to a previously described protocol (Wang et al. 2009). The composites including  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  (100 µg/mL) were ultrasonically dispersed in DI water at RT. Subsequently, the stability of various composites was detected by measuring the optical absorbance of the dispersions at predetermined time points at 480 nm by using a UV-Vis spectrophotometer.

Measurement of peroxidase-like activity of the composites

The peroxidase-like activity of the prepared  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  was investigated in 1.5-mL tubes with the concentration ranging from 5 to 200 µg/mL. Then, 25 ng POD was used as a positive control in 200 µL reaction buffer (0.2 M NaAc, pH 3.6) in the presence of 12.8 µL of H<sub>2</sub>O<sub>2</sub> (30%) for  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs,  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$ . Afterwards, 0.2 µL of 100 µM TMB was added as the substrate. Color reactions were

immediately observed. After incubation at 37 °C for 15 min in the dark, photographs were taken and the supernatant was measured by the UV-Vis spectrophotometer and the maximal absorbance of oxidized TMB (oxTMB) was recorded at 652 nm 6 h later; the reactions were stopped by adding 50  $\mu$ L of 0.5 M sulfuric acid (H<sub>2</sub>SO<sub>4</sub>).

To analyze the reaction kinetics, steady-state kinetics assays of  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  (50 µg/mL) toward TMB oxidation were carried out with varied concentrations of the substrate TMB or H<sub>2</sub>O<sub>2</sub> at 37 °C. The absorbance of the reaction solution was monitored in time-scan mode at 652 nm (Josephy et al. 1982). The kinetic parameters of the catalytic reaction were determined on the basis of the Lineweaver–Burk plots of the double reciprocal of the Michaelis–Menten equation:

$$\frac{1}{\nu} = \frac{K_{\rm m}}{V_{\rm m}} \left(\frac{1}{[S]} + \frac{1}{K_{\rm m}}\right)$$

where v is the initial velocity of the reaction,  $V_{\text{max}}$  is the maximal rate of reaction, [S] is the substrate concentration, and  $K_{\text{m}}$  is the Michaelis–Menten constant, which is equivalent to the substrate concentration at which the rate of conversion is half of  $V_{\text{max}}$  and denotes the affinity of the enzyme (Dong et al. 2012).  $V_{\text{max}}$  was calculated into molar change from UV absorbance on the basis of the equation of  $A = \varepsilon lc$  (where A is the absorbance,  $\varepsilon$  is the absorbance coefficient, l is the path length, and c is the molar concentration) with  $\varepsilon = 3.9 \times 10^4 \text{ M}^{-1} \text{ cm}^{-1}$  and l = 10 mm (Singh 2016).

In addition, 0.2 M NaAc (pH 3.0–5.5) was used to study the influence of reaction buffer pH on the relative activity of the prepared  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$ , and the varying incubation temperature (from 30 to 55 °C) was also examined to reveal the influence on the relative catalytic activity of the prepared nanoparticles under identical conditions.

Colorimetric analysis of cholesterol

Cholesterol detection was performed as follows: (i) 10  $\mu$ L of CHOx (100 UN/mL) was mixed with 100  $\mu$ L of cholesterol with different concentrations in Triton X-100 solution (0.3%) and added with 90  $\mu$ L PBS buffer (0.5 mM, pH 7.0), followed by incubation at 37 °C for 30 min. (ii) 1.96  $\mu$ L of 0.6 mM TMB; 100  $\mu$ L of  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub>, together with *NP*<sub>PLGA</sub>, *NP*<sub>CMCS</sub>, or *NP*<sub>HSA</sub> (250  $\mu$ g/mL); and 200  $\mu$ L of NaAc (0.2 M, pH 3.6) were



Scheme 1 Schematic illustration for catalysis detection of the peroxidase-like activity of  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  in the TMB-H<sub>2</sub>O<sub>2</sub> system.



Fig. 1 TEM images of  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs (**a**), NP<sub>CMCS</sub> (**b**), NP<sub>PLGA</sub> (**c**), and SEM image of NP<sub>HSA</sub> (**d**). The  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs, NP<sub>CMCS</sub>, NP<sub>PLGA</sub>, and NP<sub>HSA</sub> response to an external magnetic field in DI

water (e), and the magnetic-responsiveness numbered 1, 2, 3, and 4 was corresponding to  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs, *NP*<sub>CMCS</sub>, *NP*<sub>PLGA</sub>, and *NP*<sub>HSA</sub>, respectively



Fig. 2 XRD pattern of  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs (a). The FT-IR spectra of the  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs,  $NP_{PLGA}$  (b),  $NP_{CMCS}$  (c), and  $NP_{HSA}$  (d)

added into the above solution and then incubated at 37  $^{\circ}$ C for 10 min. (iii) The absorbance of the obtained solution was measured at 652 nm.

# Total cholesterol detection in fetal bovine serum

Ten microliters of the diluted serum was incubated with 50  $\mu$ L of cholesterol esterase (0.05 U/mL) for 15 min at 37 °C in the dark, and then, 40  $\mu$ L PBS buffer solution was added up to 100  $\mu$ L solution. The cholesterol detection was performed as mentioned above.

## Image acquisition and analysis

Bright-field images were acquired using an inverted microscope (Eclipse TE 2000-U) equipped with a

CCD camera (CV-S3200). Software Image-Pro Plus® 6.0 (Media Cyternetics) and SPSS 17.0 (SPSS Inc.) were used to perform image analysis and statistical data analysis, respectively. The quantitative data were presented as means  $\pm$  standard deviation (SD) for each experiment. All experiments were performed with three replicates, and the results presented were from representative experiments.

# **Results and discussion**

In the present work, we attempted to construct the layercoating nanoparticles, i.e.,  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$ , and evaluate whether the surface modification would modulate the catalytic activity of  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs.



**Fig. 3 a** Peroxidase-like activity analysis of surface-modified magnetic nanoparticles, including  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs,  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  catalyze oxidation of peroxidase substrates TMB in the presence of H<sub>2</sub>O<sub>2</sub> to produce blue-color reactions. Typical reactions are shown (a)  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> + TMB + H<sub>2</sub>O<sub>2</sub>, (b)  $NP_{PLGA}$  + TMB + H<sub>2</sub>O<sub>2</sub>, (c)  $NP_{CMCS}$  + TMB + H<sub>2</sub>O<sub>2</sub>, (d)  $NP_{HSA}$  + TMB + H<sub>2</sub>O<sub>2</sub>, (e) negative control (H<sub>2</sub>O<sub>2</sub> + TMB), (f) positive control (POD + TMB + H<sub>2</sub>O<sub>2</sub>), (a<sub>1</sub>–a<sub>6</sub>, b<sub>1</sub>–b<sub>6</sub>, c<sub>1</sub>–c<sub>6</sub>, d<sub>1</sub>–d<sub>6</sub>: 5, 10, 25, 50, 100, 200 µg/mL). **b** The peroxidase-like activity of  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs,  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  after 6 h (various

The detection mechanism is illustrated in Scheme 1 (Gao et al. 2017). With the catalysis activity of the prepared  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$ , TMB was oxidized by  $H_2O_2$  to form oxTMB showing an obvious blue color change in solutions. The absorbance of oxTMB at 652 nm was used to monitor the concentration of  $H_2O_2$  (Josephy et al. 1982). Cholesterol used as a model analyte was under detection, since  $H_2O_2$  is the oxidative product of cholesterol in the presence of ChOx; cholesterol can be indirectly detected.

The morphology and structure of  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs,  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  were characterized with the transmission electron microscope (TEM) and scanning electron microscope (SEM), Fourier-transform

reaction systems corresponding to **a**). **c**(a<sub>1</sub>–f) and **d**(a<sub>1</sub>'–f') stopped the reactions using H<sub>2</sub>SO<sub>4</sub> (0.5 M), corresponding to (**a**, a<sub>1</sub>-f) and (**b**, a<sub>1</sub>'–f'), respectively. **e** Typical absorption spectra of TMB–H<sub>2</sub>O<sub>2</sub>. Reaction solutions catalytically oxidized by  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs (a<sub>1</sub>-a<sub>6</sub>), *NP*<sub>PLGA</sub> (b<sub>1</sub>-b<sub>6</sub>), *NP*<sub>CMCS</sub> (c<sub>1</sub>-c<sub>6</sub>), *NP*<sub>HSA</sub> (d<sub>6</sub>), negative control (e), positive control (f) in the presence of 12.8 µL H<sub>2</sub>O<sub>2</sub> and 200 µg/mL various nanoparticles. **f** After 6 h reaction, UV-Vis spectrum of a'<sub>6</sub>, b'<sub>6</sub>, c'<sub>6</sub>, d'<sub>6</sub>, e', and f' correspond to a<sub>6</sub>, b<sub>6</sub>, c<sub>6</sub>, d<sub>6</sub>, e, and f

infrared spectrum (FT-IR), and X-ray diffractometer (XRD). As shown in Fig.1, the prepared  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs were morphologically uniform, and the diameter ranged from 10 to 15 nm (Fig. 1a), and the finalized *NP*<sub>CMCS</sub> and *NP*<sub>PLGA</sub> also displayed a mono-dispersed sphere with a uniform size of approximately 40–60 nm (Fig. 1b, c). Figure 1d shows the SEM image of the prepared *NP*<sub>HSA</sub>, which indicated that the *NP*<sub>HSA</sub> were uniform and round with an average diameter of 1 µm and well-distributed, even when dried. In addition, the analysis of the magnetic responsiveness of the prepared nanoparticles showed that the satisfactory magnetic-responsive properties were obtained in DI water with external magnetic fields (Fig. 1e).



**Fig. 4** Absorbance of TMB solution at different time points for different catalytic reactions: (a) negative control ( $H_2O_2 + TMB$ ), (b)  $NP_{HSA} + TMB + H_2O_2$ , (c)  $NP_{CMCS} + TMB + H_2O_2$ , (d)  $NP_{PLGA} + TMB + H_2O_2$ , (e)  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> + TMB + H<sub>2</sub>O<sub>2</sub>. (f) positive control (25 ng POD + TMB + H<sub>2</sub>O<sub>2</sub>). Reaction condition: 0.6 M H<sub>2</sub>O<sub>2</sub>, 100  $\mu$ M TMB, 50  $\mu$ g/mL  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs,  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  in 0.2 M NaAc buffer (pH 3.6), 37 °C

The X-ray powder diffraction (XRD) pattern of the prepared nanoparticles proved its crystalline nature, and their peaks matched well with standard  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> reflections. Although the product was brown, yet the  $\alpha$ -Fe<sub>2</sub>O<sub>3</sub> phase was not observed (Fig. 2a). Figure 2b–d show the FT-IR spectra of the  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs,  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$ ; the results confirmed that the  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs were successfully coated by PLGA, CMCS, and HSA, in which the characteristic adsorption band of Fe–O was



observed at 584 cm<sup>-1</sup>, 586 cm<sup>-1</sup>, and 616 cm<sup>-1</sup> respectively.

The stability of the prepared  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  was assayed with transmittance in DI water at different time points. As presented in Fig. S1, the data indicated that the  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  could be uniformly dispersed and remained relatively stable in DI water.

The peroxidase-like activity of prepared  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs,  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  was evaluated by the catalytic oxidation of TMB in the presence of  $H_2O_2$ . Magnetite nanoparticles could catalyze the oxidation of the typical peroxidase substrates such as TMB in the presence of H<sub>2</sub>O<sub>2</sub> to produce a blue color reaction with maximum absorbance at 652 nm. As shown in Fig. 3a, the prepared  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs, NP<sub>PLGA</sub>, NP<sub>CMCS</sub>, and  $NP_{\rm HSA}$  produced a blue color in the presence of  $H_2O_2$ and TMB, indicating that these nanoparticles have remarkable peroxidase-like activity and can catalyze the TMB oxidation. The enzymatic activity was further characterized by detecting the absorption peaks of oxTMB at 652 nm. The corresponding absorption spectra are shown in Fig. 3e, in which no absorption peak was recorded in negative control (TMB-H<sub>2</sub>O<sub>2</sub>) solution without a catalyst, while the other systems with different catalysts all had absorption peaks at 652 nm. Furthermore, the reaction time has certain effect on peroxidaselike activity. After 6 h, the blue color of the prepared  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs, NP<sub>PLGA</sub>, NP<sub>CMCS</sub>, and NP<sub>HSA</sub> have



mL  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> + 100  $\mu$ M TMB + 0.6 M H<sub>2</sub>O<sub>2</sub>. **c** 50  $\mu$ g/mL  $NP_{PLGA}$  + 100  $\mu$ M TMB + 0.6 M H<sub>2</sub>O<sub>2</sub>. **d** 50  $\mu$ g/mL  $NP_{CMCS}$  + 100  $\mu$ M TMB + 0.6 M H<sub>2</sub>O<sub>2</sub>. **e** 50  $\mu$ g/mL  $NP_{HSA}$  + 100  $\mu$ M TMB + 0.6 M H<sub>2</sub>O<sub>2</sub>



**Fig. 6** Steady-state kinetic assays of prepared nanoparticles and POD as catalysts for the oxidation of TMB by  $H_2O_2$ . The initial reaction velocity (*V*) was measured under standard conditions. Kinetic assays toward TMB. Plot of *V* against TMB concentration, in which  $H_2O_2$  concentration was fixed at 0.6 mM (**a**), and positive control POD (**b**). Kinetic assays toward  $H_2O_2$  (**c**). Plot of *V* against

H<sub>2</sub>O<sub>2</sub> concentration, in which TMB concentration was fixed at 0.8 mM, and positive control POD (**d**). Double-reciprocal plot generated from **a** and **b** (**e**). Double-reciprocal plot generated from **c** and **d** (**f**). (a)  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs, (b)  $NP_{PLGA}$ , (c)  $NP_{CMCS}$ , (d)  $NP_{HSA}$ , (e) POD, respectively

**Table 1** Comparison of the Michaelis–Menten  $(K_m)$  and maximum reaction velocity  $(V_{max})$ 

| Catalyst                         | Substrate                     | $K_{\rm m}({\rm mM})$ | $V_{\rm max}  (10^{-8} {\rm M s}^{-1})$ |
|----------------------------------|-------------------------------|-----------------------|-----------------------------------------|
| POD                              | TMB                           | 1.98                  | 40.68                                   |
|                                  | H <sub>2</sub> O <sub>2</sub> | 0.30                  | 113.70                                  |
| γ-Fe <sub>2</sub> O <sub>3</sub> | TMB                           | 1.24                  | 13.01                                   |
|                                  | H <sub>2</sub> O <sub>2</sub> | 21.54                 | 66.71                                   |
| NP <sub>PLGA</sub>               | TMB                           | 0.90                  | 6.61                                    |
|                                  | H <sub>2</sub> O <sub>2</sub> | 4.41                  | 10.93                                   |
| NP <sub>CMCS</sub>               | TMB                           | 3.63                  | 12.60                                   |
|                                  | H <sub>2</sub> O <sub>2</sub> | 0.66                  | 2.40                                    |
| $NP_{\rm HSA}$                   | TMB                           | 0.60                  | 2.26                                    |
|                                  | H <sub>2</sub> O <sub>2</sub> | 8.51                  | 7.57                                    |

deepened, while the color in the positive control POD has changed from dark blue to light blue (Fig. 3b). The corresponding absorption spectra are shown in Fig. 3f in which the absorbance of POD dropped rapidly even closer to that of the negative control. Like enzymatic peroxidase activity, this color reaction was quenched by adding  $H_2SO_4$  (Gao et al. 2007). As shown in Fig. 3 c and d, the reactions were stopped by adding 50 µL of 0.5 M  $H_2SO_4$ . All these results confirmed that the surface-modified  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  exhibited an intrinsic peroxidase-like activity.

Catalysis of natural enzymes or nanoenzymes was influenced by reaction time, temperature, and pH (Wei and Wang 2008). So the catalytic relative activity of the prepared  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  were



Fig. 7 Absorbance of the solutions with different substances for cholesterol detection. All measurements were performed in NaAc buffer solution (pH 3.6) containing 0.8 mM TMB at 37 °C. The concentration was 0.5 mM for cholesterol and 2 mM for the other interfering substances

investigated under varying reaction time (from 5 to 30 min), temperature (from 30 to 55 °C) and pH (from 3 to 5.5). The effects of reaction time on peroxidase-like activity of prepared  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  are shown in Fig. 4. The oxidation reaction was finished within 10–15 min, demonstrating a fast oxidation rate of TMB catalyzed by  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs,  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  in the presence of H<sub>2</sub>O<sub>2</sub>. The absorbance of the  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs–TMB–H<sub>2</sub>O<sub>2</sub> system at 652 nm is much higher as compared with that of the other reaction systems. Nanoparticle enzyme activity gradually increased and finally stabilized within 30 min.

As shown in Fig. 5a, the activity of  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs,  $NP_{\text{PLGA}}$ ,  $NP_{\text{CMCS}}$ , and  $NP_{\text{HSA}}$  was relatively stable and significantly higher than POD enzyme activity with temperature ranging from 40 to 55 °C, whereas the activity of POD dramatically decreased when the temperature exceeded 35 °C, implying that the catalytic activity of these surface-modified nanoparticles was less sensitive to temperature. In addition, the catalytic activity of  $NP_{\text{PLGA}}$ ,  $NP_{\text{CMCS}}$ , and  $NP_{\text{HSA}}$  could still retain a capable catalytic activity even at 55 °C, but the catalytic activity of  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs decreased when the temperature was beyond 50 °C.

As shown in Fig. 5b, the catalytic activity of  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs,  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$  was much higher between pH 3.0 and pH 3.5, which indicated that acidic buffer around with pH 3.5 might be an optimal condition to ensure a capable catalytic activity of these nanoparticles. Meanwhile, compared with natural enzyme POD, these fabricated nanoparticles also display a less sensitive response to pH change in a wider range.

To better understand the peroxidase-like catalytic activity of prepared  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs,  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$ , the steady-state kinetic parameters for catalyzing TMB oxidation was analyzed with varying concentrations of TMB and H<sub>2</sub>O<sub>2</sub> under the optimal condition. As illustrated in Fig. 6a–d, the initial catalytic velocity was followed with the typical Michaelis– Menten behaviors. Under the optimum conditions, a series of initial reaction rates were calculated and applied with the double reciprocal of the Michaelis –Menten equation (Fig. 6e, f) deduced from the Lineweaver–Burk plots (Dong et al. 2012).

The maximum initial velocity  $(V_{max})$  and the Michaelis–Menten constant  $(K_m)$  were calculated by using the Lineweaver–Burk plots of double reciprocal of the Michaelis–Menten equation (Table 1). The  $V_{max}$  value is a direct measure of the enzymatic catalytic



Fig. 8 a The standard curve for cholesterol detection and b the corresponding colored products  $NP_{PLGA}$  (a<sub>1</sub>-a<sub>6</sub>),  $NP_{CMCS}$  (b<sub>1</sub>-b<sub>6</sub>),  $NP_{HSA}$  (c<sub>1</sub>-c<sub>6</sub>)

activity.  $K_{\rm m}$  is identified as an indicator of enzyme affinity to substrates. A low  $K_{\rm m}$  represents a high affinity (Asati et al. 2009). The kinetic analysis showed that  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs ( $K_{\rm m} = 1.24$ ),  $NP_{\rm PLGA}$  ( $K_{\rm m} = 0.9$ ), and  $NP_{\rm HSA}$  ( $K_{\rm m} = 0.6$ ) demonstrated a higher affinity toward TMB than POD ( $K_{\rm m} = 1.98$ ) at acidic pH. However,  $NP_{\rm CMCS}$  ( $K_{\rm m} = 3.63$ ) showed a lower affinity toward TMB than POD ( $K_{\rm m} = 1.98$ ). In addition, the calculation also showed that  $K_{\rm m}$  value of  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs ( $K_{\rm m} = 21.54$ ),  $NP_{\rm PLGA}$  ( $K_{\rm m} = 4.41$ ),  $NP_{\rm CMCS}$  ( $K_{\rm m} = 0.66$ ), and  $NP_{\rm HSA}$  ( $K_{\rm m} = 8.51$ ) for H<sub>2</sub>O<sub>2</sub> was higher than POD ( $K_{\rm m} = 0.30$ ), suggesting that  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub>,  $NP_{\rm PLGA}$ ,  $NP_{\rm CMCS}$ , and  $NP_{\rm HSA}$ 



Fig. 9 Catalytic activity of prepared nanoparticles for cholesterol detection in fetal bovine serum. Inset: the colored products of (a)  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs, (b) *NP*<sub>PLGA</sub>, (c) *NP*<sub>CMCS</sub>, and (d) *NP*<sub>HSA</sub>

require a higher concentration of  $H_2O_2$  for depicting the same peroxidase activity as POD (Gao et al. 2007).

Cholesterol could be oxidized by ChOx to produce  $H_2O_2$  in the presence of oxygen (Shen and Liu 2007). The concentration of  $H_2O_2$  monitored is indirectly related to the concentration of cholesterol. Therefore, the color change from the converted TMB could be used to measure the concentration of cholesterol. As shown in Fig. 7, a visualized detection of cholesterol can be catalyzed by the assembly of ChOx and the prepared nanoparticles, which provided a simple protocol for the determination of cholesterol.

To calculate the limit of detection (LOD) based on the standard LOD = 3SD/S, where *SD* is the standard deviation of the blank, and *S* is the slope of the sample and calibration curve. Therefore, we could calculate the LOD of *NP*<sub>PLGA</sub>, *NP*<sub>CMCS</sub>, and *NP*<sub>HSA</sub> as 118 µM, 142 µM, and 96 µM, respectively. The possible interfering substances in blood samples were investigated, and as in Fig. 8, the results showed that the absorbance of these interfering substances was not evident when their concentrations are four times as high as that of cholesterol.

Furthermore, catalysis ability of these prepared nanoparticles was evaluated using cholesterol as a substrate in fetal bovine serum. As mentioned above, the total serum cholesterol generally included free cholesterol and cholesterol ester. Cholesterol esterase can effectively convert cholesterol ester to free cholesterol (Lu et al. 2015), and therefore, total cholesterol level was equivalent to free cholesterol level after the enzyme hydrolysis of cholesterol ester. The free cholesterol response signals were detected readily as this bio-sensing approach was applied to serum samples (Zhang et al. 2017). As shown in Fig. 9, a blue solution was obtained in the serum, and the catalysis data showed that  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs and the modified nanoparticles can detect cholesterol in serum, and comparatively, the peroxidase-like activity of  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs was largely retained after the modification of HSA, PLGA, and CMCS.

## Conclusions

In this work, we have synthesized the distinct layercoating nanoparticles including  $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$ , and their peroxidase-like activity was explored with TMB as a substrate. The naked  $\gamma$ -Fe<sub>2</sub>O<sub>3</sub> NPs exhibited a high intrinsic peroxidase-like activity, and the fabricated nanoparticles ( $NP_{PLGA}$ ,  $NP_{CMCS}$ , and  $NP_{HSA}$ ) were also followed with the classical Michaelis–Menten kinetics with much wider PH and temperature ranges, which could be effectively used for the visualized colorimetric cholesterol detection. In general, we believe these modified nanoparticles endowed with peroxidase-like activity may be widely used in various bioassays in the future.

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#### Compliance with ethical standards

**Conflict of interest** The authors declare that they have no conflicts of interest.

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