**RESEARCH PAPER** 



# Control of size and aspect ratio in hydroquinone-based synthesis of gold nanorods

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Abstract In this article, we describe how it is possible to tune the size and the aspect ratio of gold nanorods obtained using a highly efficient protocol based on the use of hydroquinone as a reducing agent by varying the amounts of CTAB and silver ions present in the "seed-growth" solution. Our approach not only allows us to prepare nanorods with a four times increased Au<sup>3+</sup> reduction yield, when compared with the commonly used protocol based on ascorbic acid, but also allows a remarkable reduction of 50-60 % of the amount of CTAB needed. In fact, according to our findings, the concentration of CTAB present in the seed-growth solution do not linearly influence the final aspect ratio of the obtained nanorods, and an optimal concentration range between 30 and 50 mM has been identified as the one that is able to generate particles with more elongated shapes.

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D. Mehn · I. Ojea-Jiménez Institute for Health and Consumer Protection (IHCP), European Commission Joint Research Centre, 21027 Ispra, VA, Italy On the optimized protocol, the effect of the concentration of  $Ag^+$  ions in the seed-growth solution and the stability of the obtained particles has also been investigated.

**Keywords** Au nanorods · Plasmonics · CTAB · Hydroquinone · Nanoparticles

## Introduction

Colloidal gold nanoparticles (AuNP) have attracted the attention of many scientists in the last 20 years due to their unique size- and shape-dependent optical and electronic properties combined with biological compatibility (Cobley et al. 2011). In addition, AuNP can be easily conjugated with biomolecules such as peptides, proteins, or nucleic acids that confer them in selectivity of action (Katz and Willner 2004). This fact strongly amplifies their potential and makes them

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a useful tool for a number of biomedical applications such as drug delivery (Han et al. 2007), light-triggered apoptosis (Pérez-Hernández et al. 2015), optoacustic imaging (Bao et al. 2013), and thermal and optical sensing of biomarkers (Howes et al. 2014; Polo et al. 2013).

Among the different nanostructures reported in the literature, anisotropic nanoparticles and particularly gold nanorods (AuNR) present several advantages in comparison with more conventional spherical nanoparticles. AuNR have two plasmon modes associated with the oscillation of electrons along the longitudinal and the transverse axes, respectively. Albeit the position of the band related to the transverse axis is basically in the same region of the most commonly prepared spherical nanoparticles (510-580 nm), the longitudinal band, which is more intense, can be tuned between 620 and 1200 nm, depending on the aspect ratio of AuNR (Chen et al. 2013). As this region matches the so called "biological window," where the absorption background in human tissues is negligible, this makes AuNR particularly suitable for in vivo applications among the realm of colloidal nanoparticles (Choi et al. 2011). In addition, AuNR are able to enhance optical signals, including Raman and luminescent signals, more efficiently than standard spherical nanoparticles (Saute et al. 2012; Partanen et al. 2015).

The most common protocol used for the preparation of AuNR is based on a two-step seed-mediated approach developed by Sau and Murphy (2004) involving a large amount of hexadecyl trimethylammonium bromide (CTAB) surfactant. In this method, a Au<sup>3+</sup>-CTAB complex is formed and reduced by means of ascorbic acid in the presence of Ag<sup>+</sup> ions combined with preformed Au<sup>0</sup> seeds. Despite the many studies conducted so far, several shortcomings remain unsolved. The most deleterious drawback is the difficulty to fully remove the surfactant during surface modification with other molecules of interest, including biomolecules, PEGs, linkers, etc. (Soliman et al. 2015; Kinnear et al. 2014). This is particularly detrimental when AuNR are intended for use in biomedicine, because CTAB proved to be highly cytotoxic (Alkilany et al. 2009). A further important issue concerns the shape and size of the obtained nanoparticles, which strongly depend on the presence of traces of iodide impurities in CTAB, which is used in a large quantity. Therefore, different results are obtained using CTAB from different suppliers and even with different batches from the same supplier (Rayavarapu et al. 2010). Eventually, CTAB is expensive, as it accounts for more than half of the total cost of reagents and the yield of gold reduction is relatively low (about 20 %) (Ratto et al. 2010).

For all these reasons, the development of synthetic protocols which are more efficient, precise, and less dependent on the use of CTAB (or, ideally, that do not use this reagent at all) and the preparation of anisotropic plasmonic nanoparticles which are able to absorb light in the near infra-red (e.g. nanoprisms or nanostars) remain of great interest and are the subject of intensive research (Morasso et al. 2014; Pelaz et al. 2012; Scarabelli et al. 2013).

## Materials and methods

#### Chemicals

All chemicals were purchased from Sigma-Aldrich (St. Louis, MO) and used as received. Water was deionized and ultra filtered using a MilliQ apparatus from Millipore Corporation (Billerica, MA) just before use.

## Synthesis of gold nanorods

#### Seeds solution

5 mL solution of 0.2 M CTAB was prepared using the ultrasonication at 40 °C, in order to allow a complete dissolution of the surfactant and was mixed with 5 mL of 0.5 mM HAuCl<sub>4</sub>. The temperature of the reaction was then kept constant at 27 °C, and 600  $\mu$ L of NaBH<sub>4</sub> (10 mM) dissolved in water at 4 °C was added to the mixture under vigorous stirring. The solution rapidly changed color from yellow to brownish because of the formation of small gold nanoparticles. The solution was stirred for further 20 min before use.

## Growth solution

Different amounts of CTAB (see Table 1) were dissolved together with 22 mg of hydroquinone (HQ) in 5 mL of water at 40 °C, using the ultrasonication to allow a complete dissolution of the surfactant. The mixture was then kept at 27 °C. Subsequently, 200  $\mu$ L of a 4 mM AgNO<sub>3</sub> solution

Table 1         Amount of CTAB	
used for the production of	
different batches of AuNR	

Concentration (mM)	Amounts (mg)	Concentration (mM)	Amounts (mg)
10	36.44	60	218.64
20	72.88	70	255.08
25	91.10	80	291.52
30	109.32	90	327.96
40	145.76	100	364.40
50	182.80		

and 5 mL of HAuCl<sub>4</sub> (1 mM) were added under vigorous stirring. Immediately after that, 12  $\mu$ L of seed solution was added to the growth solution. The final mixture changed color and the reaction were stirred up to 3 h to complete the reaction depending on the concentration of CTAB present. AuNR were then centrifuged at 10,000 rpm for 10 min, resuspended in water, and characterized by UV–Vis spectroscopy and TEM.

## **Results and discussion**

#### Hydroquinone base synthesis of AuNR

HQ is an aromatic molecule characterized by a weak reducing power, which has been proposed as an effective alternative to citrate and ascorbic acid for the preparation of AuNP of different sizes and shapes, especially in seed-mediated approaches (Perrault and Chan 2009; Mehn et al. 2013). Recently, Vigderman and Zubarev (2013) demonstrated that HQ can be successfully used for the preparation of AuNR characterized by high aspect ratio (a.r 6–8) with quantitative yield, suggesting that this synthetic route could become more effective than the one based on the use of ascorbic acid as a reducing agent.

In this work, we used HQ for the preparation of short AuNR (a.r. 2–4) and demonstrated the possibility to tailor the aspect ratio and the dimension of the obtained nanoparticles by varying the amounts of CTAB and  $Ag^+$  added to the seed-growth solution. Our optimized protocol was based on a two-step approach. First, similarly to what is done in the standard method, small spherical Au seeds of 2–3 nm were prepared by an initial reductive step using NaBH<sub>4</sub> (Fig. S1 in Supporting information).

In the second step, a "seed-growth" solution was prepared mixing different amounts of CTAB

(depending on the desired final size) with a fixed amount of HQ dissolving the powders by ultrasound assistance. Subsequently, a solution containing  $Au^{3+}$ and Ag<sup>+</sup>, necessary to induce the symmetry break of nascent nanoparticles once they reached a size of 5–6 nm (Walsh et al. 2015), was added under vigorous stirring. Finally, a small amount of seeds were added to the solution and, after a few minutes, the solution began to gain color because of the formation of AuNR. The reaction was then left under stirring until the position of the spectrophotometric longitudinal plasmon peak reached a maximal intensity. UV-Vis spectra exhibit the characteristic double peak of rodshaped nanoparticles corresponding to the two different dimensions of the AuNR and, similarly to what previously reported for long AuNR (Vigderman and Zubarev 2013), the amount of particles obtained, monitored by UV-Vis spectroscopy, was find to be about four times higher than the one achieved using ascorbic acid despite an identical concentration of  $Au^{3+}$  ions in the starting growth solution (Fig. 1).



**Fig. 1** UV–Vis spectra of Au NR obtained using the present method based on hydroquinone and 50 mM CTAB (*black*), and using the standard protocol based on ascorbic acid and 100 mM CTAB (*orange*). Both samples were diluted 5 times in water before the measurement. (Color figure online)

Influence of CTAB concentration on AuNR size and aspect ratio

In the first part of this study, we have investigated the possibility to decrease the amount of CTAB necessary to obtain AuNR taking advantage of the use of HQ as a reducing agent. In fact, it was previously reported that aromatic molecules derived from salicylic acid can influence the packing density of CTAB, and thus, they could be used to minimize the amount of surfactant needed for the preparation of AuNR (Ye et al. 2012).

HQ molecular structure is very simple and does not bear any carboxyl groups. As a consequence, HQ is not able to interact with the quaternary amine of CTAB, as proven by the fact that the viscosity of the suspension did not change in the presence of HQ (Fig S2 in Supporting information). However, the kinetics of the reaction, as well as the size and aspect ratio of the AuNR obtained were strongly dependent on the concentration of CTAB in the growth solution.

A shift of the longitudinal plasmonic peak towards higher  $\lambda$  values was observed in the CTAB lower range of concentrations (i.e., between 10 and 50 mM) corresponding to AuNR with higher aspect ratio (a/ r) (Fig. 2a). In particular, TEM images in Fig. 3a-c show that AuNR obtained under these conditions were characterized by a similar width of about 13-15 nm and a length that varied from 27 nm ( $a/r \approx 2$ ) using 10 mM CTAB (Fig. 3a) to 55 nm ( $a/r \approx 3$ ) obtained in the range between 30 and 50 mM CTAB concentration, where a rather constant aspect ratio was obtained (Fig. 3g) (histograms with aspect ratio and length of each sample can be found in Fig. S3 in Supporting information).

Surprisingly, once the concentration of CTAB was further increased, the position of the longitudinal plasmonic peak shifted back to lower wavelengths (Fig. 2b). The analysis of TEM images for these sets of samples shows that, within this range of concentration, the length of the obtained rods still seems to gradually increase to 80 and 90 nm when 80 and 100 mM CTAB were used, respectively (Fig. 3e, f). However, the rod width also changed and AuNR became much larger and, as a consequence, the aspect ratio decreased. This set of data suggests that there is an optimal concentration of CTAB (about 50 mM) that promotes the formation of anisotropic nanostructures. Both below and above this "ideal" concentration, AuNR were characterized by a similar lower aspect ratio even if it is due to different sizes.

In particular, at low CTAB concentrations, the nanoparticles were much smaller than the ones obtained with a high amount of CTAB, where a progressive increment of the width was observed. These differences in nanoparticle size also reflect kinetic factors as shown in Fig. 4. AuNR with similar a/r values, such as those obtained using 25 and 70 mM CTAB, required different reaction times to be synthesized. Indeed, while the former reaction was completed in about 20 min, the latter needed at least 1 h before reaching a colloidal stabilization.

## Influence of Ag<sup>+</sup> concentration on AuNR size and aspect ratio

We also studied the influence of the concentration of

silver ions on the formation of AuNR by means of HQ (Fig. 5) as the use of a different amount of  $Ag^+$  is the



Fig. 2 UV-Vis spectra of AuNR obtained using different concentrations of CTAB: a CTAB concentrations in the range 10-50 mM. b CTAB concentrations in the range 50-100 mM.



CTAB 100 mM

Spectra have been normalized in order to have the maximum of the longitudinal plasmonic band equal to 1



**Fig. 3** TEM images of AuNR obtained using CTAB at **a** 10 mM; **b** 20 mM; **c** 40 mM; **d** 60 mM; **e** 80 mM; **f** 100 mM; **g** position of the longitudinal plasmonic peak as a



**Fig. 4** Variation of the intensity of the longitudinal plasmonic peak during the synthesis of AuNR using different amounts of CTAB in solution

most common approach used to tailor the a/r of nanoparticles in the standard approach based on ascorbic acid. When a small amount of 4 mM AgNO<sub>3</sub> solution  $(100 \ \mu L)$  was used, the AuNR exhibited a longitudinal band at 660 nm that corresponds to an a/r of about 2 (Fig. 5c). Using a higher amount of silver ions, it was possible to produce longer AuNR and the plasmonic band was shifted to 740 nm ( $a/r \approx 3$ ) and 800 nm  $(a/r \approx 3.3)$  when 150 and 200 µL of 4 mM AgNO<sub>3</sub> solution, respectively, were added to the seed-growth solution. TEM images in Fig. 5a-c suggested that the main driving factor behind the difference in the aspect ratios was a variation in the width of the AuNR (from 16 to 25 nm). (Histograms with aspect ratio and length of each sample can be found in Fig. S5 in Supporting information.) This trend was very similar to the one observed in the synthesis with ascorbic acid and suggested a similar role of  $Ag^+$  ions in both protocols.

function of the concentration of CTAB added to the seed-growth solution (TEM images of the complete series of AuNR can be found in Fig. S4 in Supporting information)

#### Stability of AuNR

At last, we studied the stability of the obtained particles. Once that the AuNR have been centrifuged and resuspended in water, they can be stored at room temperature without any major sign of aggregation for several months and they appear just to slightly decrease their aspect ratio probably because of the Ostwald ripening (Fig. 6a) (Zou et al. 2010). Besides, we also tested the stability of the AuNR here obtained in more harsh conditions such as phosphate buffer saline (PBS), a buffer used in biological research, and fetal bovine serum (FBS), a common supplement used in many cell cultures. Similarly to what previously observed with the standard AuNR obtained by means of ascorbic acid (Huang et al. 2009), the UV-Vis spectra analysis (Fig. 6b, c) shows that the here prepared AuNR are stable for 48 h in FBS, while a progressive aggregation is observed in PBS.

On the contrary, if AuNR are centrifuged and resuspended in water more than three times, they quickly began to aggregate and the suspension becomes dark as the surface coating of CTAB is destabilized and is not able to keep the particles dispersed anymore.

#### Conclusions

To summarize, in the present article, we have developed and optimized a protocol for a high-yield preparation of AuNR based on the use of HQ as a





Fig. 5 *Top* TEM images of AuNR obtained using 50 mM CTAB and different amounts of 4 mM Ag<sup>+</sup> ions in the seed-growth solution. **a** 200  $\mu$ L; **b** 150  $\mu$ L; **c** 100  $\mu$ L; **d** UV–Vis

spectra of the AuNR. Spectra have been normalized in order to have the maximum of the longitudinal plasmonic band equal to one



**Fig. 6 a** UV–Vis spectra of AuNR immediately after being obtained (*black*) and after 6 months stored at room temperature (*red*). **b** UV–Vis spectra of AuNR in PBS immediately after being redispersed (*black*) and after 48 h (*red*). **c** UV–Vis spectra

reducing agent. The effect of the concentration of CTAB and  $Ag^+$  ions in the seed-growth solution was studied and we demonstrated how they can be used to control the size and the aspect ratio of the obtained nanoparticles. Moreover, we have defined an optimal concentration of CTAB (50 mM) that allowed us to achieve AuNR with the most elongated shape. Our work will help researchers to prepare AuNR in a straightforward and more efficient way compared to what is commonly achieved, and at the same time makes use of a lower amount of CTAB. Despite the fact that in the present protocol CTAB is still needed

of AuNR in FBS immediately after being redispersed (*black*) and after 48 h (*red*). Spectra have been normalized in order to have the maximum of the longitudinal plasmonic band equal to one. (Color figure online)

and that must be removed from the surface for bio-related applications, our approach allows a substantial improvement in terms of costs, which could result in more scalable synthetic protocols and an easier diffusion of the new medical applications of AuNR.

## **Supporting Information**

UV-Vis spectra of Au seeds. Viscosity of the growth solution in presence or without hydroquinone.

Histograms and the TEM images of the samples not shown in the text.

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