ORIGINAL ARTICLE



# Changes in Adhesion of *Candida tropicalis* Clinical Isolates Exhibiting Switch Phenotypes to Polystyrene and HeLa Cells

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#### Abstract

*Background Candida tropicalis* is an important human pathogen that can undergo multiple forms of phenotypic switching.

*Aim* We aimed to evaluate the effect of phenotypic switching on the adhesion ability of *C. tropicalis*. *Methods C. tropicalis* morphotypes included parental phenotypes (clinical isolates) and switch pheno-

types (crepe, revertant of crepe—CR, rough, revertant of rough—RR, irregular center and revertant of irregular center—ICR). Adhesion to polystyrene and HeLa cells was determined by crystal violet assay. The percentage of HeLa cells with adhered yeasts and the number of adhered yeasts per HeLa cell were determined by light microscopy. Filamentation among adhered cells was assessed by direct counting.

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*Results* On polystyrene, 60% of the switch strains showed difference (p < 0.05) on adhesion ability compared to their parental counterpart strains, and altered thickness of adhered cells layers. Filamentation was increased among adhered cells of the switched strains compared to parental strains. A positive correlation was observed between adhesion on polystyrene and filamentation for morphotypes of the system 49.07. The majority of the switched strains showed higher adhesion capability to HeLa cells in comparison to the adherence of the clinical strains. All revertant strains showed a higher number of yeast cells per HeLa cell compared to their variant counterparts (p < 0.05), with exception of the ICR.

*Conclusions* Our findings indicate that switching events in *C. tropicalis* affect adhesion and filamentation of adhered cells on polystyrene and HeLa cells. The rise of switch strains with increased adhesion ability may contribute to the success of infection associated with *C. tropicalis*.

**Keywords** Phenotypic switching · Adherence · Filamentous forms

## Introduction

*Candida tropicalis* has become one of the most common clinical species of this genus, especially in

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tropical regions [1–3]. In some settings, bloodstream infections due to *C. tropicalis* have been associated with higher mortality than infections with other *Candida* species [4, 5]. Further, *C. tropicalis* is well known for its resistance to fluconazole [6, 7] which may implicate persistent infections.

A number of virulence factors contributing toward the pathogenicity of C. tropicalis have been proposed, including phenotypic switching [8]. For Candida species, the event of phenotypic switching allows adaptation to environmental changes and consequently contributes to their success as pathogens to humans [9]. C. tropicalis is capable of switching between a number of phenotypes, including strains that switch between nonhyphal to hyphal colonies morphologies [10, 11]. Soll et al. [10] described a high-frequency switch in C. tropicalis during the course of infection in an immunocompromised host. Studies in vitro have demonstrated the occurrence of distinct isolate-specific switching repertoires in clinical isolates of C. tropicalis and the impact of switching on several putative virulence attributes, including biofilm formation, hemolytic activity and citotoxicity [11, 12]. Moreover, studies have shown that distinct switch states of C. tropicalis exhibited increased virulence and altered host-pathogen interactions [13, 14].

Adhesion is essential for Candida species to develop their pathogenic potential since it triggers the process that leads to colonization and infection [15–18]. C. tropicalis is highly adherent to epithelial and endothelial cells [19, 20]. In addition, this species is considered one of the most adherent Candida species, surpassing *C. albicans* in some studies [8]. For instance, C. tropicalis displayed the highest ability of adherence to human buccal epithelial cells among Candida species [21, 22]. In the clinical environment, adherence to abiotic surfaces is also an important factor, since it is the first step for the formation of biofilm on medical devices, which presents important clinical repercussions, including increased tolerance to antifungal therapy [19, 23]. C. tropicalis has been considered a prominent biofilm producer, compared to other pathogenic Candida species [24, 25]. A recent study suggests that C. tropicalis biofilm production is related to higher mortality in candidemia [26].

The present study was conducted to evaluate the effect of phenotypic switching on the adhesion capability of *C. tropicalis*. Thus, we assessed adhesion

on polystyrene and HeLa cells using *C. tropicalis* parental strains (clinical sources), and distinct switch states, including switch variants (strains that arose from phenotypic switching and exhibit altered colony morphology-structured dome) and switch revertants (strains that switched back from the variants to the original phenotype-smooth dome).

# **Materials and Methods**

#### Candida Tropicalis Strains

Morphotypes of phenotypic switching systems of three *C. tropicalis* clinical isolates (49.07, 100.10 and 335.07) were used. Morphotypes comprised clinical isolates (parental smooth phenotype), switch variants (crepe, rough and irregular center phenotypes) and the switch revertants of the crepe, rough and irregular center types [11, 13]. The strains were obtained as a stock culture stored in 15% glycerol at -80 °C, from the Fungal Genetics Laboratory, The University of Londrina-Brazil.

# Adhesion of C. Tropicalis Morphotypes to Polystyrene

*C. tropicalis* adhesion assay was performed as reported previously [27], with modifications. For each strain, 200 µl of standardized cell suspensions in RPMI 1640 medium (SIGMA-ALDRICH, St Louis, MO, USA), containing  $1 \times 10^7$  cells/ml, were placed into wells of 96-well polystyrene microtiter plates and incubated at 37 °C without agitation for 1 h. After, the medium was aspirated, and non-adherent cells were removed by washing thrice with sterile PBS buffer.

Yeast adhesion was quantified using the crystal violet (CV) staining method. Adhered cells were fixed with 200  $\mu$ l of methanol for 15 min and 200  $\mu$ l of CV (1% v/v) was added to each well and incubated for 5 min. The wells were washed with PBS buffer twice, and 200  $\mu$ l of acetic acid (33% v/v). The solution absorbance was read in triplicate in a microtiter plate reader (Bio-Tek EL 808) at 540 nm. The experiments were performed in triplicate and repeated three times.

Confocal microscopy was performed as reported previously [12], with modifications. Cells of *C. tropicalis* morphotypes were adhered to polystyrene (SPL, Life Sciences Co., Ltd, Korea) coupons (1 cm) placed in 24-well tissue plates. One milliliter of standardized cell suspensions  $(1 \times 10^7 \text{ cells/ml})$  was added to the wells, and the coupons were incubated at 37 °C without agitation for 1 h. Wells were gently washed with sterile PBS to remove non-adherent cells. Adhered cells were fixed with 10% paraformaldehyde (at room temperature in the dark for 10 min). After fixation, the samples were stained with calcofluor white M2R (10 µg/ml) (Sigma-Aldrich, USA) for 20 min. The representative images were obtained using a confocal microscope (SP8, Leica Microsystems, Mannheim, Germany), with the Las X software, at  $\lambda ex/\lambda em = 405/411-491$  nm.

For light microscopy, *C. tropicalis* strains  $(1 \times 10^7 \text{ cells/ml})$  were adhered to polystyrene (SPL, Life Sciences Co., Ltd, Korea) coupons (1 cm) in 24-well plates for 1 h as described above. A total of 1000 cells per sample were direct counted. Each filamentous form (hyphae and pseudohyphae) was counted as 1 multicell unit. The representative images were obtained using a confocal microscope (SP8, Leica Microsystems, Mannheim, Germany) with software Las X using a black and white filter. The fields were randomly chosen.

# Adhesion of C. Tropicalis Morphotypes to HeLa Cells

HeLa cells (ATCC, CCL2TM; Manassas, VA, USA), originating from human uterine cervix tumor, were acquired from the American Type Culture Collection. HeLa cells were maintained in Dulbecco's modified Eagle's medium (DMEM; GIBCO, USA) containing 10% fetal bovine serum and 1% penicillin/streptomycin (P/S; GIBCO, USA) (FBS; GIBCO, USA) at 37 °C in a 5% CO<sub>2</sub> incubator. After, cell concentration was adjusted to  $1 \times 10^6$  cells/ml with fresh DMEM without antimicrobial agents and added to each well of a 24-well plate, and incubated with 5% CO<sub>2</sub> at 37 °C until achieving 80% confluence.

Adhesion to HeLa cells was conducted as reported previously by Negri et al. [16], with modifications. Yeast cells were suspended in DMEM medium, and a standardized cell suspension  $(1 \times 10^7 \text{ cells/ml})$  was added to HeLa cells at a multiplicity of infection (MOI) of 10 and co-culture for 2 h at 37 °C, 5% CO<sub>2</sub>. After, wells were washed with PBS buffer to remove unattached yeast. Yeast cells were quantified using the crystal violet (CV) assay. Crystal violet (1 ml, 1%) was added to each well containing the epithelial cells with adherent yeasts for 5 min, and the wells were washed twice with PBS buffer. To remove color from the epithelial cells, 1 ml of ethanol:acetone (1:1) was added to the wells and removed immediately. Acetic acid (3 ml, 33%) was added to each well, and absorbance was read at 540 nm. The experiments were carried out in triplicate and repeated on three different occasions.

Imaging studies of C. tropicalis-infected (MOI 10) HeLa cells monolayers were performed by bright field microscopy, as previously described [28], with modifications. Briefly, HeLa cells  $(1 \times 10^6 \text{ cells/ml})$  were adhered to 13-mm round coverslips (Perfecta, Brazil) with polarity previously adjusted with acetic acid, and incubated (24 h at 37 °C, 5% CO<sub>2</sub>). After achieving 80% confluence, the epithelial cells were co-cultivated with *Candida* cells  $(1 \times 10^7 \text{ cells/ml})$  for 2 h at 37 °C and 5% CO<sub>2</sub>. After this period, the co-cultured cells were washed with PBS buffer and fixed with 4% of paraformaldehyde in PBS buffer for 30 min. After washing with PBS buffer, cells were stained with 1% methylene blue for 5 min, following washing with PBS buffer and analyzed by light microscopy (E100, Nikon-LED). The following parameters were analyzed: (1) Percentage of epithelial cells with adhered yeasts, (2) Mean of adhered yeasts per epithelial cell and (3) C. tropicalis adhered cell types (yeasts and filamentous forms). All tests were performed in triplicate and repeated thrice in independent assays. One hundred epithelial cells were accounted for three fields per coverslips.

#### Statistical analysis

For analysis of adhesion on polystyrene and HeLa cells, the t-paired test was used. Statistical significance was set at \*P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001 and \*\*\*\*P < 0.0001. The correlation of the data was verified through the calculation of the Pearson correlation coefficient. P < 0.05 was considered significant.

## Results

Phenotypic Switching has Effect on *C. Tropicalis* Adhesion to Polystyrene.

Analysis of adhesion of distinct switch states of *C*. *tropicalis* on plastic surface (polystyrene) is shown in

Fig. 1. Overall, six of the switched strains exhibited changed adhesion capability in comparison to their parental counterpart strains (clinical strains) (Fig. 1A).

For the switching system 49.07, all switched strains (variants and revertants—strains that switched back from the variant phenotypes to the parental phenotype) exhibited higher adhesion than that observed for the parental strain (P < 0.001) (Fig. 1A). Revertant of crepe (CR) and revertant of rough (RR) showed lower adhesion than their variant counterparts. Thus, the order of adherence to polystyrene observed from highest to lowest was crepe > revertant of crepe > parental and rough > revertant of rough > parental.

Confocal microscopy of layers of adhered cells of C. tropicalis morphotypes revealed varied thickness (in micrometers) (Fig. 1B). Layers of adhered cells of switch variants and revertants of the switching system 49.07 were thicker compared to the thinner layer of adhered cells of the parental strain (Fig. 1B, lines a-e). Images obtained from the Z projection of different sections of adhered cells of the crepe and rough variants showed a thickness up to 6.25 times greater compared to the parental strain, and the presence of filamentous forms (Fig. 1B, lines b-c). Layers of adhered cells of revertant of crepe (CR) and revertant of rough (RR) were also thicker compared to the parental strain (Fig. 1B, lines d,e). In addition, the adherence layer topology also varied among morphotypes. The crepe and rough variants, and the revertant of rough exhibited a more heterogeneous topology (Fig. 1B, lines b,c,e).

We next assessed the morphology of adhered cells using light microscopy (Fig. 2). Adhered cells of the parental strain consist almost entirely of budding yeast cells ("low filamentation ability score") (Fig. 2A,B). In contrast, morphologies of adhered cells of the switch variants (crepe and rough) consist of an increased number of filamentous forms (hyphae and pseudohyphae) ("high filamentation ability score") than the parental strain (P < 0.001). Differently, adhered cells of revertant strains (CR and RR) exhibited a lower number of filamentous forms than their variant counterparts, and a higher number of filamentous forms than the parental strain (P < 0.001) ("intermediate filamentation ability score") (Fig. 2A,B). The order of the percentage of filamentous forms among adhered cells on polystyrene, from highest to lowest, was crepe > revertant of crepe >

Fig. 1 Adhesion of *C. tropicalis* morphotypes to polystyrene.► A Adhesion of morphotypes of the switching systems 49.07 a, 100.10 b and 335.07 c determined by crystal violet assay. B Confocal microscopy analysis of adhered cells layers thickness. Representative side view of projection images of adhered cells on coverslips slides confocal microscopy (calcofluor-white-stained adhered cells). Switching systems 49.07a parental strain, b crepe variant, c rough variant, d revertant of crepe—CR, e revertant of rough-RR; 100.10-f parental strain, g crepe variant, h rough variant, i revertant of crepe-CR, j revertant of rough -RR; 335.07 k parental strain, (1) variant irregular center and (m) revertant of irregular center. The data are means of three independent experiments performed in triplicate. Standard deviation is represented by bars. Asterisks represent a significant difference (Test-t paired, \*P < 0.05; \*\*P < 0.01; \*\*\*p < 0.001; \*\*\*\*p < 0.0001)

parental and rough > revertant of rough > parental (Fig. 2A,B). A positive correlation ( $r^2$  0.874, p 0.005) was observed between adhesion ability and filamentation on polystyrene surface for strains of the switching system 49.07.

For the switching system 100.10, the crepe variant presented higher adhesion than its parental counterpart (P < 0.01). The remaining switched strains showed the same extent of adhesion on polystyrene than the parental strain (Fig. 1A). Moreover, both revertant (CR and RR) strains exhibited lower adhesion than their variant counterparts (Fig. 1A). As expected, the crepe variant exhibited an increased thickness of the adherence layer compared to the adherence layer of the parental strain (Fig. 1B, lines f,g).

For the switching system 335.07, comprising a smooth parental strain, an irregular center variant and its revertant (ICR), adhesion capability was reduced for the revertant strain in comparison to the parental strain, while no difference in adhesion was observed between the irregular center variant and the parental strain (Fig. 1A), in accordance to images analysis of adherence on polystyrene (Fig. 1B, lines k-m). Additionally, morphotypes of the switching systems 100.10 and 335.07 showed a heterogeneous topology (Fig. 1B, lines f-m). For these two switching systems, all switched strains (variants and revertants) exhibited a higher percentage of filamentous forms among adhered cells than their parental counterparts (Fig. 2A).





**Fig. 2** Filamentous growth among adhered cells of *C. tropicalis* morphotypes to polystyrene. A Percentage of filamentous forms (100% corresponds to  $1 \times 10^3$  cells). Switching systems 49.07: parental strain, crepe variant, rough variant, revertant of crepe—CR, and revertant of rough–RR; 100.10: parental strain, crepe variant, rough variant, revertant of crepe—CR, and revertant of crepe—CR, and revertant of rough–RR; 335.07 parental strain, variant irregular center, revertant of irregular center. The data are means of three independent experiments performed in triplicate. Standard deviation is represented by bars. Asterisks represent a significant

Switch States of *C. Tropicalis* Show Varied Adhesion on HeLa Cells

All morphotypes of C. tropicalis were able to infect HeLa cells monolayers. Seven out of ten (70%) switch strains showed different adhesion capability to HeLa cells than that observed for the clinical strains (parental strains). Among them, five switch strains exhibited higher adhesion than their parental counterparts (P < 0.05), including the morphotypes rough and RR (revertant of rough) of both switching systems 49.07 and 100.10 (Fig. 3A). For the former switching system, all switched strains exhibited higher adhesion to HeLa cells than the parental strain, with the exception of the crepe variant as illustrated in Fig. 4. Further, microscopic analysis revealed distinct patterns of yeast distribution on HeLa cells. Revertants occurred as aggregates of cells, while the parental strain showed a diffuse pattern of cell adhesion (Fig. 4). Differently, switch strains of the system 335.07 showed reduced ability to infect HeLa cells compared to the parental strain.

We next assessed the number of adhered cells of morphotypes per HeLa cell. As shown in Fig. 3B, the

difference (Test-*t* paired, \*P < 0.05; \*\*P < 0.01; \*\*\*p < 0.001). **B** Light micrography of adhered cells of the switching system 49.07. White arrows indicate filamentous growth. Photomicrographs (400x). Scale bars = 10 µm. The warm tones indicate the filamentation profile of the morphotypes: red (high filamentation), orange (intermediate filamentation) and yellow (low filamentation). The cool tones indicate the adhesion profile: dark blue (high adhesion), blue (intermediate adhesion) and light blue (low adhesion)

revertants RR and CR of the system 49.07 exhibited a higher number of yeast cells per HeLa cell than that observed for the parental strain, while three switch strains showed the same extent of yeasts cells per epithelial cell compared to that observed for their parental counterparts. Moreover, revertant strains (RR and CR) of both switching systems 49.07 and 100.10 showed a higher number of yeast cells per HeLa cell than their variant counterparts (p < 0.05) (Fig. 3B, Fig. 4).

Using light microscopy, we examined filamentation ability among adhered cells of *C. tropicalis* morphotypes (Fig. 3C). A comparison of the percentage of filamentous forms between switched strains and their parental counterparts revealed that the rough variant of both switching systems (49.07 and 100.10) and the variant irregular center of the system 335.07 showed greater filamentous growth than their parental strains (Fig. 3C). The filamentation ability of the rough variant of the system 49.07 is shown in Fig. 4. For the systems 49.07 and 100.10, the revertants of rough showed the same extent of filamentation as the parental strains; thus, the reversion restored the morphogenesis of the original clinical strain. There



Fig. 3 Adhesion of *C. tropicalis* morphotypes to HeLa cells. A Adhesion of morphotypes of the switching systems 49.07, 100.10 and 335.07 determined by crystal violet assay. B Mean of *C. tropicalis* cells adhered per HeLa cells. C Percentage of filamentous forms among adhered cells to HeLa cells.

was no correlation between the number of filamentous forms (filamentation ability) and the ability of the morphotypes to adhere to HeLa cells.

We also assessed the percentage of HeLa cells with adherent cells of *C. tropicalis* morphotypes. As shown in Fig. 3D, the percentage of infected HeLa cells was higher for four switch strains than their parental counterparts. There was no correlation between the percentage of HeLa cells with adhered yeasts and the average of yeasts per HeLa cell.

# Discussion

*C. tropicalis* has been associated with systemic infections, specifically in patients admitted to ICUs, and requiring prolonged catheterization [8]. For this



Switching systems	Morphotypes	% of HeLa cells with C. tropicalis
49.07	Parental	$67.8 \pm 15.3$
	Crepe	$97.7\pm3.1~{}^{*}$
	Rough	$\textbf{72.5} \pm \textbf{9.5}$
	CR	$98.0\pm2.7~{}^{\ast}$
	RR	$96.8\pm4.5~{}^{\ast}$
100.10	Parental	$96.6 \pm 1.5$
	Crepe	$89.2\pm5.0~{}^{\ast}$
	Rough	$93.6\pm3.0$
	CR	$\textbf{97.8} \pm \textbf{2.1}$
	RR	$99.8\pm0.20~{}^{\ast}$
335.07	Parental	$\textbf{97.3}\pm\textbf{0.6}$
	Irregular center	$\textbf{97.9} \pm \textbf{0.07}$
	ICR	$97.0\pm0.2$

**D** Percentage of HeLa cells with adhered *C. tropicalis* cells. The data are means of three independent experiments performed in triplicate. Standard deviation is represented by bars. Asterisks represent a significant difference (Test-*t* paired, \*P < 0.05; \*\*P < 0.01; \*\*\*p < 0.001; \*\*\*p < 0.0001)

species, virulence attributes such as high adhesion capacity and ability to form biofilm on biotic and abiotic surfaces are tightly associated with its pathogenicity [8, 16].

In the present study, we examined the effect of phenotypic switching on the adhesion capability of *C. tropicalis* isolated from clinical samples. Our results demonstrated that the majority of switch states of *C. tropicalis* exhibited altered ability to adhere to polystyrene and human epithelial cells (HeLa cells) compared to the parental strains (clinical isolates) (Fig. 1A, Fig. 3A). On polystyrene surface, switch states of the system 49.07 showed an interesting feature, e.g., high adhesion of switch variants and intermediate adhesion of revertant strains, in comparison to the low adhesion of the parental strain (Fig. 1A).



**Fig. 4** Representative photomicrographs of *C. tropicalis* cells adhered to HeLa cells. Morphotypes: parental strain, crepe variant, rough variant, revertant of crepe—CR, and revertant of rough–RR. White arrows indicate filamentous growth. Black arrows indicate aggregate of yeast cells. Photomicrographs (400x). Scale bars =  $10 \mu m$ . The warm tones indicate the

The rise of switch strains with increased adhesion may have an impact on the ability of these strains to form biofilm. Indeed, our group recently described that strains of the system 49.07 produced more biofilm than the parental strain, and that sessile cells of switched strains adhered better to polystyrene surface compared to sessile cells of the parental strain [12]. Moreover, in the present study, the effect on adhesion ability to polystyrene was switching-dependent as no statistical differences were observed between most of the switch strains of the other two switching systems, 100.10 and 335.07, and their parental strains.

Adhesion to human epithelial cells was increased for switch strains of systems 49.97 and 100.10. Revertant strains (CR and RR) of the former switching system showed higher adhesion to HeLa cells and a higher number of yeast adhered to HeLa cells than the parental strain (Fig. 3A,B). In addition, these revertants infected a higher number of HeLa cells than the parental strain. These data highlight that strains that switched back from the variant phenotypes to the original parental phenotype, e.g., strains that exhibit colony morphology that resembles the original phenotype of the parental (clinical strain), do not restore the adhesion ability of the parental strain. This result

filamentation profile of the morphotypes: red (high filamentation), orange (intermediate filamentation) and yellow (low filamentation). The cool tones indicate the adhesion profile: dark blue (high adhesion), blue (intermediate adhesion) and light blue (low adhesion)

corroborates our previous finding on other virulence attributes [13, 14] and suggests that switch states of *C. tropicalis* may be associated with distinct physiological status and virulence characteristics that are independent of their colony phenotype. Interestingly, the crepe phenotype of the system 49.07 exhibited increased infection to HeLa cells (Fig. 3D), corroborating its increased ability to infect and cause damage to FaDu cells as described previously [13]. Increased adherence of *C. tropicalis* to host cells may have clinical implications as adhesion comprises an essential initial step in the establishment of infection [29].

The changed ability of adhesion presented by switched strains suggests that switch states may exhibit altered cell wall properties. In our previous study, switch strains of the system 49.07 were differently recognized by the *G. mellonella* immune components, reinforcing the hypothesis of changes in *C. tropicalis* cell wall [14]. Adhesion of *Candida* cells is mediated through a large number of specific cell-wall proteins (adhesins), including the agglutinin-like sequence (Als) proteins [30]. In *C. tropicalis*, the *ALS*-like genes *ALS*1 and *ALS*2 were differently expressed on the surface of polystyrene compared to growth on epithelial cells.

Another important observation of the present study was that adhered cells of switch strains may exhibit higher levels of filamentous cells (hyphae and pseudohyphae) than adhered cells of the parental strain. When we evaluated the adhesion on polystyrene surface in relation to the filamentation capacity of the strains, we found that for the switching system 49.07, the filamentation ability of the strains was closely related to the adhesion capability. Crepe and rough variant strains with high filamentation ability showed high adhesion, compared to the parental strain with low filamentation ability and low adhesion, while revertant strains showed intermediate filamentation and adhesion ability (Fig. 1A, Fig. 2A,B). These results suggest that the differences in adhesion between parental strains and the four switch phenotypes (variants and revertants) reflect, at least in part, the amount of filamentous forms. According to Harun et al. [31], C. tropicalis expresses HWP1 (hyphal wall protein) gene that codifies for the adhesin-associated protein in the cell wall indicating the production of this adhesin in this species.

As shown in Fig. 3C, phenotypic switching also altered the filamentation ability of switch strains adhered to epithelial cells. Following adhesion on HeLa cells, four out of ten switch phenotypes showed an increased amount of filamentous forms than the parental strains. Some reports have suggested a correlation between C. tropicalis filamentation ability and the ability to invade and damage epithelial cells [19, 32, 33], though another recent study has not corroborated this trend [34]. Moreover, hyphal formation seems to play a vital role in the virulence of C. tropicalis [35]. A study of comparative analysis of the transcriptional profiles between the yeast and hyphal forms of C. tropicalis showed that 23 hyphae-related genes were up-regulated, including the ALS3 (agglutinin-like)-encoding gene [36]. Thus, the changes in adhesion and filamentation observed in the present study may be due to the differences in transcriptional programs in distinct switch states. The pleiotropic effects of phenotypic switching on adhesion ability and on morphogenesis suggest that switching events in C. tropicalis may favor its virulence and as a consequence may contribute to the success of infection associated with this species.

In conclusion, this study shows that the adhesion of *C. tropicalis* was significantly altered depending on its phenotypic state. Besides, filamentation ability was

positively correlated with adhesion on polystyrene. Phenotypic switching is associated with increased adhesion of *C. tropicalis* to HeLa cells, especially for revertant strains. Further studies on the molecular basis of these switching systems and their role in adhesion on biotic and abiotic surfaces will be important for the development of strategies for the control of *C. tropicalis* adhesion in the clinical environment.

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Author contributions CMS, LF-M and MCF conceived and designed the experiments. CMS, HFP, WAVJr. and THZ performed the experiments. CMS, MCF and LF-M analyzed the data. CMS and MCF drafted the manuscript. CMS, LF-M and MCF reviewed and edited the manuscript. All of the authors have read and approved the final manuscript.

#### **Compliance with Ethical Standards**

**Conflict of interest** The authors declare that there are no conflicts of interest. The authors alone are responsible for the content and the writing of the paper.

**Ethical approval** This article does not contain any studies with human participants or animal experiments.

**Consent for Publication** All authors agree to the submission of the manuscript in its actual format.

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