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Modeling compressive basic creep of concrete at early age

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Abstract

Basic creep plays an important role in assessing the risk of early-age cracking in massive structures. In recent decades, several models have been developed to characterize how the hydration process impacts the development of basic creep. This study investigates the basic creep of various concrete mixes across different ages at loading. The analysis focuses on the very early stages (less than 24 hours) and early stages (less than 28 days) of concrete development. It is shown that a logarithmic expression that contains two parameters describing the material can accurately model basic creep from a very early age. One parameter relates to the creep amplitude and depends solely on the composition of the concrete. The other relates to the kinetics of creep and depends on the age of the material at loading and the nature of the concrete mixture. The logarithmic expression corresponds to a rheological model consisting of a single dashpot wherein viscosity exhibits a linear evolution over time. The model offers the advantage of eliminating the need to store the entire stress history for computing the stress resulting from the restriction of the free deformation. This approach significantly reduces computation time. A power-law correlation is also observed between the material aging parameter and the degree of hydration. This relationship depends on the composition. At least two compressive creep tests performed at two different degrees of hydration are needed to calibrate the material parameters and consider the effect of aging on basic creep compliance.

Keywords Concrete · Creep · Early age · Rheological models

1 Introduction

To accurately assess the risk of early-age cracking in concrete, it is crucial to accurately model temperature changes, the progress of the hydration reaction (for instance, via the degree of hydration), and the development of mechanical properties such as Young's modulus,

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Fig. 1 Changes in stresses at an early age in the case of restrained boundary conditions (Delsaute and Staquet [2020a,b](#page-17-0))

Poisson's ratio, shrinkage, and creep (Benboudjema and Torrenti [2008;](#page-16-0) Benboudjema et al. [2019;](#page-16-0) Wyrzykowski et al. [2019](#page-19-0); Fairbairn and Azenha [2019;](#page-17-0) Azenha et al. [2021\)](#page-16-0). At an early age, the development of free deformation is subject to partial or complete restraint, resulting in the emergence of internal stresses. This restraint can manifest internally or externally. In the context of massive structures, internal restraint arises due to temperature gradients between the surface and the core of the concrete element. Specifically, post-setting temperature increases restrain thermal swelling in the core while inducing additional swelling at the surface. This leads to tensile stresses at the surface and compressive stresses in the core, defined by considering the viscoelastic behavior of concrete through the elastic modulus and creep compliance. Creep strains play a crucial role in mitigating the development of these stresses. Conversely, when a concrete element experiences external restraint (e.g., the connection between a new slab and existing beams), the heating phase generates compressive stresses followed by tensile stresses during the subsequent cooling period. In this scenario, creep strains continue to mitigate the stresses, but the occurrence of tensile stresses is expedited, happening earlier when the tensile strength is lower. This acceleration in tensile stress may potentially heighten the risk of cracking (refer to Fig. 1) (Delsaute and Staquet [2020a,b\)](#page-17-0). It appears that creep can have a dual role, both positive and negative, in predicting the risk of cracking at an early age. Therefore, it becomes imperative to incorporate creep considerations into the modeling process to comprehensively understand the concrete's behavior during this critical phase.

Typically, massive structures undergo significant temporal and spatial variations in temperature at an early age; drying creep is neglected in concrete because moisture diffusion is slow, and the modeling is essentially concerned with basic creep (Cervera et al. [1999;](#page-17-0) Lackner and Mang [2004;](#page-18-0) Gawin et al. [2006](#page-17-0); Benboudjema and Torrenti [2008;](#page-16-0) Hilaire et al. [2014;](#page-18-0) Klemczak and Knoppik-Wróbel [2015;](#page-18-0) Benboudjema et al. [2019;](#page-16-0) Lacarriere et al. [2020;](#page-18-0) Binder et al. [2023\)](#page-17-0) and (Ghasabeh and Göktepe [2023](#page-17-0)). In this paper, only compressive basic creep is considered. However, in a structure, as shown in Fig. 1, compressive and tensile stresses should be considered when assessing the risks of cracking. Consequently, this work assumes that tensile creep strains are the opposite of compressive creep strains for a given stress level. However, such a hypothesis is still debated (Briffaut et al. [2012](#page-17-0); Rossi et al. [2013;](#page-18-0) Ranaivomanana et al. [2013;](#page-18-0) Klausen et al. [2017](#page-18-0); Khan et al. [2017](#page-18-0); Dabarera et al. [2021\)](#page-17-0).

Numerous researchers have experimentally investigated basic creep at early ages (Gutsch [2000;](#page-17-0) Atrushi [2003;](#page-16-0) De Schutter [1999](#page-17-0); Østergaard et al. [2001](#page-18-0); Briffaut et al. [2012;](#page-17-0) Wyrzykowski et al. [2019\)](#page-19-0). In each case, analyzing basic creep compliance aging involves subjecting various samples to sustained loads over weeks or months at different ages. These investigations have led to the development of different models addressing the aging of creep compliance. These models vary in their mathematical expressions, such as hyperbolic, logarithmic, or power, and the variables employed, such as time, equivalent time, and degree of hydration. Based on the findings, several theories have emerged in the literature, aiming to elucidate the physical origins of basic creep (Hilaire et al. [2014](#page-18-0); Jiang et al. [2014](#page-18-0); Delsaute et al. [2017](#page-17-0); Wyrzykowski et al. [2019;](#page-19-0) Dabarera et al. [2021](#page-17-0); Su et al. [2023](#page-19-0); Binder et al. [2023\)](#page-17-0). As explained in (Delsaute et al. [2017\)](#page-17-0), the mechanisms presented in the literature can be divided into two categories: direct and indirect mechanisms. Direct mechanisms are related to the cement paste (water mobility, solidification, sliding of the C-S-H*...*) and can be divided into short- and long-term phenomena. Indirect mechanisms are related to microcracks formation in the cement paste or at the interface transition zone between the cement paste and the aggregate. Bazant et al. [\(1997](#page-16-0)) explained it with the microprestress theory. In this theory, it is postulated that the origin of the creep is the shear slip at overstressed creep sites. As a result of a progressive relaxation of microprestress at the creep sites and consecutive increase of their apparent viscosity, the creep rate observed under constant applied stress declines over time. Bazant has modeled this behavior by a non-asymptotic relation where a term is logarithmic.

Ulm et al. (1999) (1999) , using Le Roy's tests (Leroy et al. 2017), have shown that the rate of basic creep compliance J_{bc}^* - i.e., the basic compliance J_{bc} without the elastic part - has a linear evolution with time on a logarithmic scale. In this case, the basic creep compliance J_{bc}^{*} (*t*, *t*₀) could be expressed, whatever the age at loading *t*₀, using a logarithmic function of time after loading, $t - t_0$ (Eq. (1)):

$$
J_{bc}^{*}(t, t_{0}) = \frac{1}{C} \cdot \ln\left(1 + \frac{t - t_{0}}{\tau(t_{0})}\right)
$$
 (1)

This equation corresponds to the response of a dashpot with a viscosity that evolves lin-early with time (this is highlighted later in Eqs. ([3\)](#page-9-0) and ([4\)](#page-9-0)). Several experimental data show that the basic creep compliance $J_{bc}^{*}(t, t_0)$ could be expressed with this equation. This behavior has been observed at a macroscopic scale (see (Hanson [1953](#page-18-0); Larson and Jonasson [2003;](#page-18-0) Muller et al. [2013](#page-18-0); Leroy et al. [2017](#page-18-0)) or (Torrenti [2018\)](#page-19-0) and at a lower scale using micro-indentation (see (Vandamme and Ulm [2013;](#page-19-0) Zhang et al. [2014](#page-19-0); Frech-Baronet et al. [2017;](#page-17-0) Suwanmaneechot et al. [2020](#page-19-0)) or (Liu et al. [2022](#page-18-0))). It was introduced in the *fib* Model Code 2010 (Walraven and Bigaj-van Vliet [2013](#page-19-0)) and is now adopted for the next-generation Eurocode 2 (CEN [2023](#page-17-0)). Delsaute et al. also demonstrated that this equation can be successfully used at an early age for both conventional concrete (Delsaute et al. [2017](#page-17-0)) and one containing recycled concrete aggregates (Delsaute and Staquet [2019\)](#page-17-0).

However, in the initial stages of loading, additional phenomena may influence creep development, deviating from a logarithmic trend as reported in previous studies (Irfan-ul-Hassan et al. [2017](#page-18-0), [2016](#page-18-0); Delsaute et al. [2017\)](#page-17-0). As demonstrated in (Delsaute et al. [2017](#page-17-0)), the basic creep compliance can be delineated into three components: (1) an initial shortterm term characterized by a logarithmic expression, (2) a solidification term modeled using Kelvin-Voigt chains, and (3) a long-term described by a power expression. However, the model's complexity requires the knowledge of additional properties, such as the evolution of the elastic modulus since setting, making it challenging for implementation in finite element analysis. Additionally, creep strain begins developing from the onset of load application and should be considered from that moment, as discussed in (Mohammad et al. [2018](#page-18-0)). However, creep strains are typically set to zero for practical reasons upon reaching the target load. Consequently, the initial development of creep compliance or creep coefficient lacks well-defined experimental characterization. To address this issue, Bazant's team (Mohammad et al. [2018\)](#page-18-0) proposed a methodology that involves fitting the initial data to a power law, where the exponent is a function of the loading duration and varies mainly between 0.10 and 0.35. Irfan et al. (Irfan-ul-Hassan et al. [2017\)](#page-18-0) and later Ali et al. (Naqi et al. [2023\)](#page-18-0) demonstrated that it is possible to model short-duration loading (5 minutes) by incorporating creep strains occurring during loading using a power law. The exponent for this model varies between 0.2 and 0.3 for cement paste and between 0.1 and 0.3 for slag mortar, which agrees with the results obtained by (Mohammad et al. [2018](#page-18-0)). As the duration of tests extends, the logarithmic evolution aligns closely with the experimental results, as observed in (Mallick et al. [2019\)](#page-18-0). Therefore, this study focuses on excluding the very early period, which may account for some of the disparities between the test results and the model predictions during this early age.

In Eq. ([1](#page-2-0)), C [MPa] is a constant that depends on the concrete composition, and *τ* [days or hours] is a parameter that depends on the age at loading t_0 [days or hours]. In the case of incorporation of mineral additions, an additional term is needed to consider the influence of the mineral additions (Delsaute and Staquet [2020a,b\)](#page-17-0).

As in Eq. [\(1\)](#page-2-0), basic creep is described by a stress-linear rheological model consisting of one single dashpot; no creep recovery can be predicted. The authors choose to consider the easiest possible model that corresponds to the behavior of the material under loading and that can be easily implemented in calculation codes. A more advanced model is required for stress histories involving partial or full unloading. This model must be able to separate reversible and irreversible creep to correctly consider the phenomenon of recovery. In addition, if the stress level varies, the model must also be adapted to consider the consolidation stage reached during the previous loading, which can affect the behavior of concrete (Sellier et al. [2016\)](#page-19-0).

In the first part of this paper, the results of a novel creep campaign that was conducted on four different concretes with a moderate loading time (in the range of 5–10 days) are presented and modeled using the logarithmic function $(Eq. (1))$ $(Eq. (1))$ $(Eq. (1))$. The accuracy of the function is then analyzed for previously published creep tests with shorter loading times. In the second part of the paper, rheological modeling, which is frequently used because it is straightforward to implement in FE models, is compared to the experimental results to evaluate their robustness. Indeed, rheological models are very useful tools that allow to fit the results of experimental creep tests (Bažant and Prasannan [1989](#page-16-0); De Schutter [1999;](#page-17-0) Briffaut et al. [2012](#page-17-0)). These models could be embedded in finite element modeling where, at each time step, the differential equation of the model is solved without storing all the history of the deformations at each Gauss point, for example, as demonstrayed in (Torrenti et al. [2023](#page-19-0)).

2 Experimental basic creep at an early age

The constitutive relations at an early age that are used to consider the principal ways in which temperature affects the kinetics of reactions are usually based on changes in the degree of hydration of the cementitious materials. Consequently, only creep tests, where the degree of hydration (*ξ*) or the degree of heat development (*DoHd*) (De Schutter and Taerwe [1996](#page-17-0))

is known, are considered in the present study. The degree of hydration corresponds to the fraction of the cement that has reacted, while the *DoHd* corresponds to the ratio between the heat release at time t , $Q(t)$, that results from cement hydration and the maximum heat release from cement hydration Q_{max} for a given water-to-cement ratio as indicated in Eq. (2). Both parameters can be linked if the heat release at complete hydration Q_{tot} is known, as shown in Eq. (2) .

$$
DoHd(t) = \frac{Q(t)}{Q_{max}} = \xi(t) \cdot \frac{Q_{tot}}{Q_{max}}
$$
 (2)

Furthermore, this study exclusively focuses on compressive creep tests. Numerous investigations have highlighted that creep behavior differs between compression and tension (Rossi et al. [2014](#page-19-0)). Specifically, it has been observed that creep is generally more pronounced in compression during the early age, while the reverse is true for later loading ages (Benboudjema et al. [2012\)](#page-16-0). Rossi et al. ([2014\)](#page-19-0) attribute these differences to two mechanisms: (1) the coupling between microcracking induced by specimen loading and additional water transfer, leading to additional self-drying shrinkage, and (2) the self-healing process also induced by microcracking. Those mechanisms result in additional shrinkage, which will increase compressive creep strain and reduce tensile creep strain. While studies consider the aging of tensile creep function, knowledge in this area, especially at early ages, is scarce. Additionally, to the authors' knowledge, these studies lack information on the degree of hydration at the loading time and during the setting.

Moreover, only linear creep is considered. The possibility of coupling with damage (Bazant [1995](#page-16-0); Cervera et al. [1999](#page-17-0); Mazzotti and Savoia [2003;](#page-18-0) Benboudjema et al. [2005;](#page-16-0) Rossi et al. [2012;](#page-18-0) Saliba et al. [2012\)](#page-19-0) that could also exist at an early age (Briffaut et al. [2011;](#page-17-0) Switek-Rey et al. [2016](#page-19-0); Han et al. [2017;](#page-18-0) Torrenti [2018](#page-19-0)) is not considered here, meaning that only linear creep tests have been selected. After a brief presentation of these tests, the results are compared to a prediction using Eq. (1) (1) . Table [1](#page-5-0) presents all the concrete mixes that are tested with some properties.

2.1 Bourchy's tests (Bourchy [2018\)](#page-17-0)

During her PhD studies, Bourchy conducted a comprehensive examination of the early-age behavior of various concrete formulations (Bourchy [2018\)](#page-17-0). This paper focuses on four distinct concrete mix designs, which are detailed in Table [1](#page-5-0), denoted as concretes R1, G27, C3, and G7. These selections were made deliberately due to their diverse compositions and properties. R1 represents a conventional concrete previously used in Martin's study on Delayed Ettringite Formation (DEF) and composed of CEM I cement (Martin [2010](#page-18-0)). Notably, this formulation was designed to possess a high heat of hydration. The composition C3 also uses CEM I cement and differs from the R1 formulation by exhibiting a lower hydration heat. Both G27 and G7 compositions use the same CEM I cement as C3 but incorporate additional cementitious materials into their composition. Specifically, G27 incorporates a blended cement (consisting of 20% limestone) and maintains a silica fume-to-cement ratio of 12%. In contrast, G7 is produced using CEM I cement but incorporates a substantial 60% blast furnace slag content within the binder. These diverse concrete formulations were chosen to explore a wide spectrum of early-age behaviors, enabling a comprehensive analysis of their properties and performance in various conditions.

To evaluate these concrete formulations, the tests were performed in two steps. First, the evolution of Young's modulus is measured since setting using a specially designed device named BTJASPE. A cylindrical specimen with a diameter of 100 mm and a height of

	Bourchy				Delsaute		
	R1	G27	C ₃	G7	Vercors	_{OC}	Briffaut
Cement type	CEMI	CEM II/A -LL	CEM I	CEM II/A-LL	CEMI	CEMI 52.5 N	CEM II/A -LL
Cement quantity $(kg/m3)$	410.0	316.8	360.0	90.0	320.0	340	350
SCM type		SF		BFS			
SCM quantity (kg/m^3)		43,2		270.0	$\overline{}$	$\overline{}$	
Sand (kg/m^3)	863.8	866.7	865.4	859.1	830	739	772
Gravel (kg/m^3)	958.7	1059.4	1057.7	1050.0	995	1072	1100
Plasticizer $(kg/m3)$		3.60	2.16	1.86	2.4	-	1225
Water (kg/m^3)	188.6	150.3	160.2	160.4	170.9	184	201
E at 28 days (GPa)	39.0	44.0	41.8	41.6	35	40	33
f_c at 28 days (MPa)	44.1	76.8	55.4	42.4	41	40	38
Semi-adiabatic temperature rise $(^{\circ}C)$	35.8	18.9	18.7	7.7			
ξ at setting (/)	0.129	0.034	0.021	0.026	0.061	0.046	0.115

Table 1 Mixture proportions $\frac{kg}{m^3}$ and properties of the tested concretes

Fig. 2 Comparison of Bourchy's experimental results and those modeled by Eq. [\(1](#page-2-0)). The fitted parameters are shown in Table [2](#page-6-0)

200 mm was manufactured. The device safeguards the concrete samples from desiccation by employing a protective mold from casting until the end of the test (Boulay et al. [2013](#page-17-0)). Thermal regulation is incorporated in the mold and is set at 20° C. Displacements were measured by using 3 LVDT sensors. The tests were carried out in a climate-controlled room at a temperature of 20 °C. Repeated loadings were applied by the testing device, involving the imposition of a consistent displacement during each loading, followed by a full unloading. Second, this apparatus enables conducting t creep tests, exerting a sustained load equivalent to 20% of the compressive strength on each concrete for a minimum of four days. This testing procedure was initiated between 8 and 14 days after casting, as described by Delsaute et al. ([2016\)](#page-17-0). For the purposes of this study, only compressive creep results are presented. The autogenous strain has been monitored in parallel with the BTJADE device (Delsaute and Staquet [2017\)](#page-17-0) to define the creep strain.

Figure 2 compares the experimental results and Eq. [\(1\)](#page-2-0) (Model). Good agreement was obtained for all the concretes. The fitted parameters of Eq. ([1](#page-2-0)) are presented in Table [2](#page-6-0). The

R ₁ t_0 (hours) = 312 $\xi(t_0) = 0.74$		G ₂₇ t_0 (hours) = 194		C3 t_0 (hours) = 252		G7 t_0 (hours) = 343		
			$\xi(t_0) = 0.66$		$\xi(t_0) = 0.73$		$\xi(t_0) = 0.40$	
C(GPa) 120	τ (t ₀) (d) 0.50	C(GPa) 170	τ (t ₀) (d) 0.58	C(GPa) 100	$\tau(t_0)$ (d) 1.38	C(GPa) 220	$\tau(t_0)$ (d) 1.67	

Table 2 Parameters of Eq. ([1\)](#page-2-0) for Bourchy's concretes

degree of hydration was estimated using a semi-adiabatic test (Briffaut et al. [2012](#page-17-0)) and a maturity evolution based on the Arrhenius law.

2.2 Delsaute's tests: VeRCORs concrete (Delsaute et al. [2016](#page-17-0))

In the framework of nuclear safety and efforts to extend the service life of existing nuclear power plants in France, EDF (Electricité De France) has built a 1/3 scale experimental mockup of a reactor containment building. The project is called VeRCORs and includes the study of the early-age behavior of cement-based materials (Charpin et al. [2021](#page-17-0)).

For the creep test, a cylindrical specimen with a diameter of 97 mm and a height of 350 mm was manufactured as well as a dummy specimen with the same dimensions for each test. After casting, all the specimens were placed in a climate-controlled chamber at 20 \degree C and a relative humidity of 90%. The specimens were then de-molded, ground on both circular end faces, and enclosed in two self-adhesive aluminum sheets to seal them. Compressive creep tests were performed on a frame designed at Université libre de Bruxelles (Delsaute et al. [2016](#page-17-0)). A force cell was placed on the top of the sample. Displacements were measured with an extensometer consisting of two aluminum rings spaced 200 mm apart and three INVAR® rods onto which the three displacement sensors were fixed, 120° apart. The tests were carried out in a climate-controlled room at a temperature of 20 °C and relative humidity of 50%.

Compressive creep tests were carried out for different ages at loading: 19 h, 23 h, 43 h, and 69 h. The load was kept constant for 17 days, and the stress/strength ratio at the age at loading was 40%. For each age, tests were carried out on two specimens to ensure repeatability. The change in the specific creep is shown in Fig. [3](#page-7-0) for each age at loading and compared with a fitting of the parameters from Eq. (1) , assuming that the parameter C is independent of the loading age. Table [3](#page-8-0) gives the values of the fitted parameters. The parameters were fitted using a least square minimization of the difference between the experimental results. The degree of hydration was estimated by isothermal calorimetry at 20 $^{\circ}$ C. As seen from Fig. [3](#page-7-0), experimental and fitting curves agree in the long term; whereas, at a very early age, the difference between them is apparent in the very short term.

2.3 Delsaute tests: ordinary concrete (Delsaute et al. [2016\)](#page-17-0)

Delsaute et al. also studied the basic creep at an early age for Ordinary Concrete (with a compressive strength of 49 MPa at 28 days, as measured on a cube with a 100-mm side). The same methodology that has been presented in the previous section is used. Table [3](#page-8-0) sets out the fitted creep parameters for this concrete based on Eq. ([1\)](#page-2-0), and Fig. [4](#page-7-0) compares the experimental results and those modeled using Eq. [\(1](#page-2-0)). This shows good agreement, with a slight difference before 1 hour of loading.

2.4 Briffaut's tests (Briffaut et al. [2012\)](#page-17-0)

In the creep tests performed by Briffaut et al. [\(2012](#page-17-0)), the loading ages were between 24 h and 120 h. The loading level was less than 30% of the compressive strength at the loading age. The prismatic specimens measured $70 \times 70 \times 280$ mm³ and were placed in a temperaturecontrolled room at 20 °C and protected from drying with a double-thickness self-adhesive aluminum sheath (a control specimen was used to check that the sealing was sufficient for the duration of the tests) and loaded with a hydraulic loading frame. The strain measurements were performed on four generating lines to eliminate any bending effects due to a slight possible decentering of the loading. Each measuring channel consisted of two 6 mm steel marbles spaced 200 mm apart. The strain was calculated by measuring the relative displacement of the two marbles (performed with an LVDT). For each loading age, at least three specimens were tested. The details of the experiments and the mix design of the concrete are presented in (Briffaut et al. [2012\)](#page-17-0) and in Table [1.](#page-5-0) The compressive strength at 28 days is 38 MPa. The degree of hydration was measured by semi-adiabatic tests and confirmed by measurement of ignition loss at 550 °C Briffaut et al. [\(2012](#page-17-0)). Table [3](#page-8-0) presents the fitted creep parameters for Eq. [\(1\)](#page-2-0), and Fig. [5](#page-8-0) compares the experimental results and modeling. This shows good agreement between both, except during the first hours after loading.

Vercors's concrete					
C(GPa)	197				
t_0 (hours)	19	23	43	69	
$\tau(t_0)$ (days)	$9.23E - 5$	$5.04E - 3$	$5.69E - 2$	$1.55E - 1$	
$\xi(t_0)$	0.24	0.32	0.48	0.56	
OC					
C(GPa)	218				
t_0 (hours)	15	20	24	40	72
$\tau(t_0)$ (days)	$2.49E - 07$	$8.20E - 07$	$3.90E - 04$	$1.62E - 02$	$4.76E - 02$
$\xi(t_0)$	0.23	0.30	0.33	0.39	0.46
Briffaut's concrete					
C(GPa)	93				
t_0 (hours)	24	32	64	120	
$\tau(t_0)$ (days)	$1.82E - 02$	$3.02E - 02$	$1.01E - 01$	$1.58E - 01$	
$\xi(t_0)$	0.45	0.53	0.64	0.72	

Table 3 Fitted parameters of Eq. [\(1](#page-2-0)) for the Vercors, OC, and Briffaut concretes

Fig. 5 Comparison of Briffaut's experimental results and those modeled by Eq. [\(1](#page-2-0)). The fitted parameters are shown in Table 3

2.5 Conclusion

The experimental results from the early age creep tests performed by several authors with different experimental devices and concrete mix designs show that early age creep follows a logarithmic course except, in some cases, at a very early age during the first few hours after loading. Therefore, this type of behavior should be used to model concrete at an early age. Table 3 summarises all the results obtained for the Vercors, OC, and Briffaut compositions. The C parameter values vary significantly between the different compositions. According to the Model Code 2010, the value of C is linked to the compressive strength at 28 days. However, no correlation has been observed between C, f_c , or even E. In the next section, the practical implementation of this modeling is discussed.

3 Modeling

Equation ([1\)](#page-2-0) could, of course, be used in the framework of a finite element code assuming the superposition principle. Nevertheless, dealing with such an equation and the superposition principle requires storing the entire stress history, for example, at each Gauss point, leading to very long computation times (Hermerschmidt and Budelmann [2015\)](#page-18-0). This explains why rheological models like a series of Kelvin-Voigt elements are very often used to predict concrete creep (Bažant and Prasannan [1989](#page-16-0)) and (Hauggaard et al. [1999](#page-18-0)).

Here, based on the microprestress theory Bazant et al. [\(1997](#page-16-0)), it was proposed to use a unique dashpot instead of a series of Kelvin-Voigt elements. If the viscosity *η* of this dashpot changes linearly with time (Eq. (3)), the integration of the strain ε in a dashpot corresponds to Eq. (4):

$$
\eta = C \cdot (t + \tau - t_0) \tag{3}
$$

where *C* and τ are the parameters characterizing the evolution of the viscosity.

$$
\sigma = \eta \cdot \dot{\varepsilon} = C \cdot (t + \tau - t_0) \cdot \dot{\varepsilon} \Rightarrow d\varepsilon = \frac{\sigma \cdot dt}{C \cdot (\tau + t - t_0)} \Rightarrow \varepsilon = \frac{\sigma}{C} \cdot \ln\left(1 + \frac{t - t_0}{\tau}\right) \tag{4}
$$

where σ is the applied stress. The parameters *C* and τ of the dashpot can be fitted to the experimental results (as it was done in the first part of this paper because Eqs. [\(1\)](#page-2-0) and (4) are similar). To determine C, it is possible to perform a creep test on hardened concrete. Microindentation can also be used to estimate this parameter (Vandamme and Ulm [2013](#page-19-0); Frech-Baronet et al. [2020\)](#page-17-0). *τ* could also be estimated by creep tests. Finally, it is also possible to evaluate this parameter by using the equation proposed by the fib model code MC2010 (Torrenti et al. [2023](#page-19-0)), for example, which has the form:

$$
\tau(t_0) = \frac{1}{(0.035 + 30/t_0)^2}
$$
\n(5)

Where t_0 is expressed in days and varies depending on the type of cement. Figure 6 reveals that the equation fails to accurately estimate this parameter for all tested concretes during the early age. The parameter τ is consistently underestimated, except for the very early age. For comparison, results from previous studies by De Schutter (De Schutter [1999\)](#page-17-0) and Gutsch (Gutsch [2000](#page-17-0)) have been included. It is generally observed that the evolution of *τ* does not adhere to a single trend when considering results based on the loading age during the very early age. However, at later ages, the development of *τ* remains relatively stable across different concrete compositions.

Given the observations made from Fig. [6](#page-10-0) and aiming to enhance the prediction of τ , a new expression for τ in terms of loading age is proposed in Eq. (6).

$$
\tau(t_0) = \frac{0.052}{(0.078 + 1.39/t_0)^2}
$$
\n(6)

Where t_0 is expressed in days. Equation (6) is compared to experimental results and Eq. (5) in Fig. [6.](#page-10-0) As anticipated, Eq. (6) demonstrates an improved overall alignment with loading ages across ages at loading higher than 1 day. However, it is noteworthy that Eq. (5) more accurately replicates τ values at a very early age. To quantitatively assess the performance of Eqs. (5) and (6), errors derived from both equations are calculated and presented in Table [4](#page-10-0) for the compositions outlined in Sects. [2.2](#page-6-0) to [2.4](#page-7-0). The error is computed based on

Table 4 Performance evaluation of Eqs. [\(5](#page-9-0)) to ([7\)](#page-13-0): error analysis

the sum of the squares of the differences obtained. Illustratively, the outcomes of Eqs. ([5](#page-9-0)) and [\(6](#page-9-0)) are depicted in Fig. [7](#page-11-0). It becomes evident that neither of the equations can predict basic creep at very early and older ages.

As indicated in Sect. [2,](#page-3-0) the maturity of cement-based materials can also be expressed using the degree of hydration. Figure [8](#page-12-0) shows how the parameter τ varies according to the degree of hydration.

It is apparent that the relationship between both parameters differs for different concretes. It can be mainly observed that:

- $-$ A shift is observed in the development of τ between the different compositions.
- The relationship between *τ* and *ξ* follows a power trend.

One notable distinction among various shifts in τ concerning the degree of hydration lies in the initiation point of the curve, exhibiting considerable variability across compositions. This divergence is attributed to the fact that, for certain compositions, the material undergoes setting at a significantly lower degree of hydration compared to others. This underscores the importance of accounting for the degree of hydration at the time of setting ξ_0 when modeling *τ*. Figure [9](#page-12-0) presents the results for *τ* as a function of $\xi - \xi_0$, revealing a dispersion of outcomes, particularly during the very early age when the degree of hydration is low. No discernible trend is observed between the nature (e.g., type of cement, water-cement ratio, etc.) or performance characteristics (e.g., compressive strength) of the compositions and the relationship between τ and $\xi - \xi_0$. This fact is discussed at the end of the section.

The τ values at the time of setting exhibit notable variations among different compositions when attempting to extrapolate the obtained results. However, the τ value at the time

Fig. 7 Performance evaluation of Eqs. ([5\)](#page-9-0) and ([6\)](#page-9-0) on the OC (a), Vercors (b), and Briffaut (c) concrete compositions

of loading is directly linked to concrete viscosity through the parameter C (see Eq. (3)). Although the viscosity of concrete at the time of setting is unknown, it is considerably lower than the measured values in the studied concretes. Given the substantial fluctuations in τ at the time of setting, it becomes evident that, during and shortly after setting, the *τ* value is prone to significant underestimation or overestimation, depending on the situation. This can lead to a pronounced over- or under-estimation of the creep phenomenon in the initial hours post-setting. To address this, the model should incorporate a minimum value for τ at the time of setting. For fresh concrete, the plastic viscosity can vary between 20 and 800 Pa \cdot s (Chidiac and Mahmoodzadeh [2009](#page-17-0)). By comparison, water has a viscosity of 0.002 Pa \cdot s. Assuming a *τ* value of 2.49E−7 day and a C value of 218 GPa, the resulting viscosity at the loading time is estimated to be 4.69E9 Pa \cdot s. This value surpasses the viscosity of fresh concrete by more than 1E6 times. Conversely, in the opposite scenario, considering a plastic viscosity of 1000 Pa \cdot s and the same C value, the resulting τ is estimated to be 5.31E−14 day. This value could be considered as a lower bound of *τ* . However, for a more accurate estimation of τ at the setting time, additional data is needed. One method to estimate this value involves oscillatory shear during the fresh stage until setting (Banfill [1991](#page-16-0)). Consequently, it is reasonable to assume that this lower threshold value will have minimal impact on the subsequent development of τ . It is crucial to note that this study focuses on the material's behavior from the time of setting; thus, the data from this study cannot be applied before the material has been set. Considering these observations, a new relationship between τ and the

ξ_0	C [MPa]	Case A: all data			Case B: data from 2 tests		
		a	h	R^2	a	h	R^2
0.132	159.498	5.98	2.56	0.96	6.65	2.68	0.97
0.118	118,861	7.65	2.27	0.74	38.42	2.60	0.77
0.046	217,846	338,688.20	17.41	0.91	28,826.24	15.41	0.92
0.061	196,000	27.00	7.08	0.99	24.67	7.36	0.99
0.220	180,000	0.33	2.22	1.00	0.31	2.16	1.00
0.115	93.190	1.09	3.84	0.99	0.99	3.65	0.99
0.200	104,970	10.92	4.03	1.00	12.64	3.92	1.00
0.170	88.131	1.43	2.34	0.64	4.77	2.93	0.69

Table 5 Fitted parameters and resulting R^2 from Eq. (7)

degree of hydration is proposed in Eq. (7):

$$
\tau = \tau_0 + a \cdot (\xi - \xi_0)^b \text{ for } \xi > \xi_0 \tag{7}
$$

Where τ_0 corresponds to the value of τ at the final setting time and is expressed in the days, *a* and *b* are dimensionless material parameters and are presented in Table 5. In this case, for an accurate evaluation of early age creep, at least two creep tests for two different *ξ*⁰ are needed.

Equation (7) is compared to experimental results in Fig. [10](#page-14-0). For every age at loading, a good agreement is obtained between the experimental results and Eq. (7). To quantitatively assess the performance of Eq. (7), the error is calculated, as for Eqs. [\(5\)](#page-9-0) and ([6](#page-9-0)) previously, and is presented in Table [4](#page-10-0). The error is strongly reduced by using Eq. (7) and data from Table 5 (case A). While this model effectively captures the aging of the creep function, noticeable variations in the coefficients *a* and *b* are observed across different compositions. The parameter *a* ranges between 1.09 and 338,688, while the parameter *b* varies between 2.22 and 17.41. Despite the inherent differences in compositions due to binder nature and admixture presence, the expectation was for these variations to be smaller. Notably, the OC composition stands out from the rest. Excluding this data, the parameter *a* varies between 1.09 and 27.00, and the parameter *b* varies between 2.22 and 7.08, indicating significantly narrower ranges.

These substantial variations can be attributed to including data from multiple laboratories employing diverse technologies and test protocols at different times. Moreover, significant disparities arise in determining fundamental parameters such as the degree of hydration (measured by isothermal calorimetry, semi-adiabatic calorimetry, or adiabatic calorimetry) and the final setting time (determined through ultrasonic measurement or based on a mechanical percolation threshold linked to compressive or tensile strength or modulus of elasticity). The devices and the geometry of the samples used in those studies are also different. The impacts of these differences are challenging to quantify, underscoring the need to establish consistent protocols across laboratories for characterizing and modeling the aging of the creep function.

This also highlights the challenges posed by existing databases, including those proposed by Bazant's team (Hubler et al. [2015\)](#page-18-0), as previously indicated by (Rasoolinejad et al. [2018](#page-18-0)). While it may be impractical to establish a universal relationship between the degree of hydration and the parameter τ , which represents the aging factor of the creep function, this

Fig. 10 Performance evaluation of Eq. ([7\)](#page-13-0) on the OC (a), Vercors (b), and Briffaut (c) concrete compositions for cases A and B

work demonstrates that these two parameters are connected by a power law. Hence, it appears that such a simple law can be characterized with just 2 short-duration tests (*<* 1 month) conducted at sufficiently spaced degrees of hydration. To directly validate this assertion, parameters *a* and *b* in Eq. [\(7](#page-13-0)) are computed using the τ data acquired for the first and last loading ages across different datasets. The corresponding results are presented in Table [5](#page-13-0) (case B). Notably, it is observed that the values for coefficients *a* and *b* closely align with those obtained from the comprehensive dataset (case A). This close agreement is further illustrated in Fig. [10,](#page-14-0) demonstrating a high degree of concordance. Furthermore, through the assessment of the calculated error, it appears that the error increases by 21.3% when relying on 2 tests instead of 4 to 5 tests for determining the aging of τ as a function of the $\xi - \xi_0$.

Finally, it was observed that the proposed model is unable to accurately fit the initial hours of loading and tends to underestimate the creep function. This discrepancy is particularly noticeable when loading is conducted at a very early age. It appears that during the initial 3 hours of loading, the creep function follows a power law with the exponent *n* varying between 0.15 and 0.60. An average value of 0.33 is determined. Figure 11 illustrates all the obtained results. For more precise modeling of creep behavior from loading, this observed power-law behavior could be considered, as proposed in more complex models that account for multiple creep components (see, for example, Delsaute et al. [2017](#page-17-0)).

4 Conclusions

This study analyses the basic creep of various concrete mixes for several ages at loading, especially at a very early age $(t_0 < 24 \text{ h})$ and early age $(t_0 < 28 \text{ days})$. It is shown that:

- A logarithmic expression that contains two parameters that describe the material (C and *τ*) can accurately model basic creep from a very early age except for the first hours of loading. Parameter C relates to the creep amplitude and depends solely on the composition of the concrete. The other parameter τ relates to the kinetics of creep and depends on the age of the material at loading and the nature of the concrete mixture.
- The logarithmic expression corresponds to a rheological model consisting of a single dashpot for which viscosity changes linearly with time. This model has the advantage of removing the need to store the entire stress history to compute the stress generated by the restraint of free deformation, greatly reducing computation time.
- The material aging parameter τ varies according to a power law when plotted according to the degree of hydration. This relationship depends on the composition. At least two

Fig. 11 Power law exponent n*(t*0*)* against *ξ* − *ξ*0

compressive creep tests performed at two different degrees of hydration are needed to calibrate the material parameters and consider the effect of aging on basic creep compliance.

- Furthermore, introducing a new relationship (Eq. ([7](#page-13-0))) between creep and degree of hydration represents a significant advancement in modeling accuracy. This relationship, which reduces error and aligns more closely with experimental results, underscores the importance of accounting for the degree of hydration at the age of loading and the time at the setting. The proposal of material parameters (a and b) within Eq. [\(7\)](#page-13-0), while showing substantial variation across different compositions, emphasizes the challenges posed by diverse testing methodologies and the need for standardized protocols in concrete testing and modeling.
- The initial development of the basic creep compliance (*<* 3 hours of loading) follows a power trend with an average exponent of 0.33.

This study deals only with basic compressive creep for moderate stress levels and a curing temperature of 20 °C. Further studies are needed to assess cracking risks at an early age, for example, by investigating basic tensile creep and the influence of the curing temperature, stress level, drying, and creep recovery.

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Declarations

Competing interests The authors declare no competing interests.

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