

# **A nonlinear viscoelastic constitutive model taking into account of physical aging**

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**Abstract** Polymers exhibit viscoelastic behavior: their mechanical response depends on the loading time, or on the loading frequency. In addition, if a polymer structure has a long service life, the mechanical behavior can also depend on physical aging and chemical degradation. This paper describes a thermodynamically consistent constitutive law taking into account the viscoelastic phenomena and the physical aging. First, an original nonlinear viscoelastic law, depending on the physical aging time, is developed. Then, considering experimental values of dynamic modulus from the literature, the model parameters are identified, using a new method based on the discrete form of the spectrum of relaxation time. The obtained model is numerically implemented and compared to experimental results.

**Keywords** Constitutive law · Nonlinear viscoelasticity · Physical aging of polymer

# **1 Introduction**

Polymers exhibit viscoelastic behavior: their mechanical response depends on the loading time, or on the loading frequency (Findley et al. [1976\)](#page-9-0). In the time domain, the relaxation experiment allows the characterization of the viscoelastic behavior (Knauss et al. [2006](#page-10-0)), in the form of relaxation modulus  $E(t)$ , with *t* being the loading time. In the frequency domain, the Dynamical Mechanical Analysis (DMA) experiment permits one to identify the viscoelastic behavior (Knauss et al. [2006](#page-10-0)), in the form of the complex modulus  $E^*(\omega)$ , with  $\omega$  being the angular frequency. The complex modulus is composed of a real part, the storage modulus  $E'(\omega)$ , and an imaginary part, the loss modulus  $E''(\omega)$ . The experimental procedure, for both DMA and relaxation experiments, is well described in the literature (Brinson [2008;](#page-9-1) Jalocha et al. [2015b;](#page-9-2) Ozupek [1989](#page-10-1)). Classic evolutions of the relaxation modulus and the complex modulus, taken from (Jalocha et al.  $2015c$ ), are respectively presented in Fig. [1\(](#page-1-0)a) and Fig. [1](#page-1-0)(b). It is recalled in Eq. [\(1\)](#page-1-1) that the dynamic modulus of a material in

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<span id="page-1-2"></span><span id="page-1-0"></span>**Fig. 1** Schematic evolution of (a) relaxation modulus and (b) complex modulus, (Jalocha et al. [2015c](#page-9-3))



<span id="page-1-1"></span>

the frequency domain is equal to the Fourier transform of the relaxation modulus in the time domain, and vice versa (Markovitz and Hershel [1977\)](#page-10-2),

$$
E^*(\omega) = \mathcal{F}(E(t)).\tag{1}
$$

When a polymer structure has a long service life, another physical phenomenon appears: physical aging. Depending on the considered material and the application, the physical aging can affect the viscoelastic part of the material behavior. As an example, the effect of physical aging on the storage modulus of an amorphous polymer is presented in Fig. [2](#page-1-2), for a strain amplitude of 0*.*1% and for different elapsed times at 150*oC* (Haidar and Vidal [1996\)](#page-9-4).

Accurate modeling of the viscoelastic behavior of polymer materials makes it possible to guarantee their performance for the entire service life, their modeling at different scales has been an important feature in recent studies; see for example (Huber and Tsakmakis [2000;](#page-9-5) Christensen [1980;](#page-9-6) Swanson and Christensent [1983\)](#page-10-3). In the literature, two approaches are used to model the polymer behavior: a microscopic approach and a macroscopic one. Different models describe the polymer behavior based on homogenization theory (Xu et al. [2008;](#page-10-4) Lopez-Pamies [2010](#page-10-5); Goudarzi and Lopez-Pamies [2013;](#page-9-7) Avazmohammadi and Castaneda [2012;](#page-9-8) Lopez Jimenez [2014;](#page-10-6) Kaminski [2015](#page-10-7)), or on macroscopic observations for the

elastic part (Arruda and Boyce [1993;](#page-9-9) Diani et al. [2006;](#page-9-10) Lion [1997](#page-10-8); Ogden and Roxburgh [1999;](#page-10-9) Ghoreishy et al. [2014](#page-9-11)) and for the viscous part (Lion et al. [2009;](#page-10-10) Govindjee and Mi-halic [1998;](#page-9-12) LeTallec et al. [1993](#page-10-11); Wollscheid and Lion [2013](#page-10-12); Wollscheid [2014](#page-10-13); Zhang et al. [2011;](#page-10-14) Ozupek and Becker [1992;](#page-10-15) Simo [1987;](#page-10-16) Steinmann et al. [2012](#page-10-17)).

Different constitutive laws take into account the physical aging. They describe this effect on hyperelastic behavior (Guo et al. [2020\)](#page-9-13), or viscoelastic behavior (McKenna [1994;](#page-10-18) Brinson [1995](#page-9-14); Drozdov and Dorfmann [2003\)](#page-9-15). In the last case, the constitutive behavior are based on the integral form of the viscoelastic law. This study proposes an original nonlinear viscoelastic law based on internal variables, thermodynamically consistent and easy to identify, to model the viscoelastic properties and the nonlinear physical aging effect.

Motivated by a variety of work (Williams et al. [1955](#page-10-19); Zheng et al. [2003;](#page-10-20) Cerrada and McKenna [2000](#page-9-16); Bradshaw and Brinson [1997\)](#page-9-17), the dimensionless physical aging variable *ν* is defined by

<span id="page-2-1"></span>
$$
\nu = \frac{1}{t_a} \int_0^{t_e} \frac{dt}{a_T} \tag{2}
$$

where  $t_e$  is the physical aging time,  $t_a$  is a time constant equal to 1 sec,  $a<sub>T</sub>$  is the shift factor and takes into account the time temperature effect (Brinson [2008](#page-9-1); Williams et al. [1955\)](#page-10-19).

The next section develops a nonlinear constitutive viscoelastic model, including physical aging dependent model parameters. Then another section presents a simple method to identify these model parameters, from literature experimental results presented in Fig. [2](#page-1-2). To develop the complete expression of the complex modulus, a constant loss factor of 5% is used, as an example. To finish, the last section will discuss the numerical implementation and the model verification.

#### **2 Nonlinear viscoelastic constitutive model**

Considering a viscoelastic body occupying a domain  $\Omega$ , the initial position vector of a material point inside this domain is denoted by  $\underline{X}$  and the current coordinates by  $\underline{x}$ . The constitutive model is constructed under the small strain assumption, but can be extended to finite deformation viscoelasticity. According to this hypothesis, the small strain tensor is computed as  $\boldsymbol{\varepsilon} = \frac{1}{2} (\mathbf{Grad}(\underline{u}) + \mathbf{Grad}^T(\underline{u}))$  with  $\underline{u} = \underline{x} - \underline{X}$ .

The model obeys the thermodynamic framework, initially proposed in (Halphen and Nguyen [1975](#page-9-18); Holzapfel [2006\)](#page-9-19). It means the law respects the first and second principles of thermodynamic, constructed in terms of free energy *ψ* and dissipation potential *φ*.

In this work, a decoupled representation of the free energy *ψ* is considered. It includes an elastic part  $\psi^{\infty}$  and a viscoelastic part  $\psi^{i}$ , defined as:

$$
\psi(\varepsilon, \alpha^1, \dots, \alpha^m) = \psi^{\infty}(\varepsilon) + \sum_{i=1}^n \psi^i(\varepsilon, \alpha^i)
$$
\n(3)

where  $\alpha^{i}$  denote a series of internal variables.

According to (Coleman and Gurtin [1967\)](#page-9-20), the stress tensor  $\sigma$  is given by the following relation:

$$
\sigma = \frac{\partial \psi}{\partial \varepsilon} = \frac{\partial \psi^{\infty}}{\partial \varepsilon} + \sum_{i=1}^{n} \frac{\partial \psi^{i}}{\partial \varepsilon}.
$$
 (4)

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In order to ensure an isothermal process, the Clausius–Duhem inequality, expressed as

<span id="page-3-1"></span>
$$
0\leq \pmb{\sigma}:\dot{\pmb{\varepsilon}}-\dot{\psi}
$$

is satisfied if

<span id="page-3-7"></span><span id="page-3-0"></span>
$$
\frac{\partial \psi^i}{\partial \alpha^i} + \frac{\partial \phi^i}{\partial \dot{\alpha}^i} = 0
$$
 (5)

with  $\phi^i$  representing the dissipation potentials. A detailed discussion on this point for the case of viscoelasticity is explained in (LeTallec and Rahier [1994\)](#page-10-21).

Concerning the elastic part of the free energy, a quadratic expression is assumed, as for example in (Simo [1987](#page-10-16)):

<span id="page-3-4"></span>
$$
\psi^{\infty}(\boldsymbol{\varepsilon}) = \frac{1}{2} E^{\infty} \boldsymbol{\varepsilon} : \boldsymbol{\varepsilon}.
$$
 (6)

The same choice is made for the viscoelastic part, i.e.:

$$
\psi^{i}(\boldsymbol{\varepsilon}, \boldsymbol{\alpha}^{i}) = \frac{1}{2} E^{i}(\boldsymbol{\varepsilon} - \boldsymbol{\alpha}^{i}) : (\boldsymbol{\varepsilon} - \boldsymbol{\alpha}^{i}).
$$
\n(7)

In both cases,  $0 \le E^{\infty}$  and  $0 \le E^{i}$ .

Concerning the dissipation potentials, the internal variables  $\alpha^i$  represent viscous strains and are associated with fictitious stresses  $q^i$ , for each *i*. Following the reasoning in (Holzapfel  $2006$ ) and by analogy with Eq.  $(4)$  $(4)$ 

<span id="page-3-3"></span><span id="page-3-2"></span>
$$
\mathbf{q}^{\mathbf{i}} = -\frac{\partial \psi}{\partial \alpha^{\mathbf{i}}}.
$$
 (8)

Therefore, substitution into Eq. ([6\)](#page-3-0) leads to

$$
q^i = E^i(\varepsilon - \alpha^i) \qquad 1 \le i \le n. \tag{9}
$$

A quadratic expression is also assumed for the dissipation potentials

<span id="page-3-5"></span>
$$
\phi^i = \frac{1}{2} \eta_i \, \alpha^i : \alpha^i \quad 1 \le i \le n \tag{10}
$$

where  $\eta_i$  can be assimilated to viscosity parameter. The only restriction is that this  $\eta_i$  parameter must be a positive real number. But it can evolve during a mechanical process, as in (Amin et al. [2006;](#page-9-21) Jalocha et al. [2015a](#page-9-22)). The novelty proposed in this paper lies in the dependency of  $\eta_i$  on the physical aging variable:  $\eta_i = \eta_i(\nu)$ .

The combination of Eq.  $(4)$  and Eq.  $(6)$  $(6)$  leads to

<span id="page-3-6"></span>
$$
\sigma = E^{\infty} \varepsilon + \sum_{i=1}^{n} E^{i} (\varepsilon - \alpha^{i}).
$$
 (11)

Substituting into Eq.  $(5)$  $(5)$  and considering Eq.  $(10)$  $(10)$  $(10)$  and Eq.  $(9)$  leads to

$$
\eta_i(v)\dot{\alpha}^i - E^i(\varepsilon - \alpha^i) = 0.
$$
 (12)

Finally, considering  $q^{\infty} = E^{\infty} \varepsilon$ , the equations of the constitutive model are obtained by substituting the definition of the fictitious stress  $q<sup>i</sup>$ , given in Eq. [\(8\)](#page-3-4), into Eq. [\(11\)](#page-3-5) and Eq. [\(12\)](#page-3-6). We have

<span id="page-4-1"></span>
$$
\sigma = \boldsymbol{q}^{\infty} + \sum_{i=1}^{n} \boldsymbol{q}^{i},
$$
  
\n
$$
\eta_i(\nu) \dot{\boldsymbol{\varepsilon}} = \tau_i \dot{\boldsymbol{q}}^i + \boldsymbol{q}^i
$$
\n(13)

This constitutive model, thermodynamically coherent, is conventionally called the generalized Maxwell model, being described by a finite Prony series with *n* elements. It is schematically represented by rheological elements using springs and dampers ((Findley et al. [1976;](#page-9-0) Simo and Hughes [1998\)](#page-10-22)). The novelty proposed in this work lies the fact that the damper parameters  $\eta_i(v)$  now depend on the physical aging variable. It is thermodynamically and mathematically better to have viscosity parameters dependent on the physical aging variable. Indeed, if moduli depend on the physical aging variable, special care must be taken to the derivation in Eq.  $(4)$  and Eq.  $(7)$  $(7)$  $(7)$ , in the case where the physical aging variable is a function of the strain. Conversely, the viscosity parameters only appear in Eq.  $(10)$  $(10)$  $(10)$  and Eq. [\(12\)](#page-3-6).

#### **3 Parameter identification method**

#### **3.1 Proposed method**

This section presents an easy to use method to identify the physical aging parameters  $(\tau_i, \eta_i(\nu))$ . According to (Findley et al. [1976](#page-9-0); Jalocha et al. [2015a\)](#page-9-22), the model parameters  $(\tau_i, \eta_i)$  are the discrete form of the so called continuous spectrum of relaxation time  $H(\tau)$ . This spectrum can be nonlinear and dependent on other parameters, such as prestrain in (Jalocha et al. [2015a\)](#page-9-22), dynamic strain amplitude for the Payne effect (Jalocha [2020](#page-9-23)), or, in that case, physical aging variable. In the time domain, the spectrum can be related to the relaxation modulus  $E(t)$  (depending on the time t) by

<span id="page-4-0"></span>
$$
E(t) = E_{\infty} + \int_{-\infty}^{\infty} H(\tau) e^{-\frac{t}{\tau}} d\ln(\tau)
$$
 (14)

where  $E_{\infty}$  is the long time modulus. In the frequency domain, the spectrum is related to the dynamic modulus *E*<sup>∗</sup>*(ω)* by

$$
E^*(\omega) = E_{\infty} + \int_{-\infty}^{\infty} H(\tau) \frac{i\omega\tau}{1 + i\omega\tau} d\ln(\tau). \tag{15}
$$

It is not possible to directly identify the spectrum, from mechanical tests. But many studies propose a procedure to identify it from the moduli. In one hand, the work of Smith proposes to identify the spectrum from the dynamic modulus (Smith [1971](#page-10-23)). This procedure presents some singularities and is not easy to implement. In the other hand, the work of Baumgaertel (Baumgaertel and Winter [1992](#page-9-24)), more recently discussed in (Jalocha et al. [2015a](#page-9-22)), proposes to identify the spectrum from the relaxation modulus. This procedure, which will be used here, has the advantage to be easy to implement (direct identification of the parameters) and to exhibit low sensitivity to singularities. If experimental results are obtained in the time domain (i.e. relaxation modulus), the identification procedure can directly start. However, if experimental results are obtained in the frequency domain (i.e. dynamic modulus), they need to be converted into the time domain, using an analytical inverse Fourier transform or using the empirical relations proposed in (Park and Schapery [1999\)](#page-10-24) or, as used in this study, in (Schwarzl [1969](#page-10-25)):

$$
E(t) = E'(\omega) - 0.566E''(\omega/2) + 0.203E''(\omega).
$$
 (16)

The proposed method is explained here. Focusing on Eq. ([14](#page-4-0)), and applying the change of variable  $f(z) = \frac{H(\frac{1}{z})}{z}$  $\frac{z}{z}$ , it becomes

<span id="page-5-1"></span><span id="page-5-0"></span>
$$
E(t) - E_{\infty} = \int_0^{\infty} f(z) e^{-tz} dz.
$$
 (17)

One can remark the right member of Eq. ([17](#page-5-0)) defines a Laplace transform:

<span id="page-5-3"></span>
$$
E(t) - E_{\infty} = \mathcal{L}(f(z)).
$$
\n(18)

So, the analytical expression of the continuous spectrum can be obtained by fitting the relaxation modulus by an usual function, taking its inverse Laplace transform (Eq. ([18](#page-5-1))) and inversing the change of variable (Eq. [\(17\)](#page-5-0)). See (Smith [1971\)](#page-10-23) and (Widder [1946\)](#page-10-26) for a complete explanation of the operations performed.

The usual function retained here to fit the relaxation modulus is

<span id="page-5-2"></span>
$$
E(t) = E_{\infty} + \frac{E_g}{(1 + \frac{t}{t_0})^{\beta}}
$$
\n(19)

where  $E_g$ ,  $t_0$  and  $\beta$  are adjustable parameters. It leads to the following expression of the continuous spectrum:

<span id="page-5-4"></span>
$$
H(\tau) = \frac{E_g}{\Gamma(\beta)} \left(\frac{\tau}{t_0}\right)^{-\beta} e^{-\frac{t_0}{\tau}}
$$
 (20)

with  $\Gamma(\beta)$  the Gamma function of  $\beta$ .

The last step of the proposed method to identify the model parameters is to convert the obtained continuous spectrum Eq. ([20](#page-5-2)) into a discrete form. The retained procedure, discussed in (Jalocha et al. [2015c](#page-9-3)), starts by imposing a set of relaxation time  $(\tau_i)_i$ , equally placed on the logarithmic scale, see (Baumgaertel and Winter [1992](#page-9-24)), with  $1 \le i \le n$ . By identifying the continuous spectrum with the discrete one leads to the following expression of the viscosity parameters:

$$
\eta_i = \tau_i \ H(\tau_i) \ \ln(\sqrt{\frac{\tau_{i+1}}{\tau_{i-1}}}). \tag{21}
$$

Complete details of the computation can be accessed in (Baumgaertel and Winter [1992;](#page-9-24) Knauss et al. [2006](#page-10-0); Jalocha et al. [2015c](#page-9-3)). If the continuous spectrum of relaxation time exhibits a dependency on the physical aging variable  $H(\tau, \nu)$ , the viscosity parameters also depend on the physical aging variable. The purely elastic part of the constitutive model (Eq. [\(13\)](#page-4-1)) is given by  $E_{\infty}$  identified previously.

#### **3.2 Application on experimental results**

This subsection applies the method of a physical aging dependent model to the experimental complex modulus presented in Fig. [2](#page-1-2). The main different steps are:

<span id="page-6-0"></span>



- *Step 1:* Convert data into the time domain.
- *Step 2:* Identify the continuous spectrum *H*, depending on the relaxation time  $\tau$  and the physical aging variable *ν*.
- *Step 3:* Compute the discrete spectrum, from the continuous one, taking the form  $(\tau_i, \eta_i(\nu))_i$ .

For the considered data, the shift factor  $a_T$  is taken equal to 1, leading to  $\nu = 10$ ; 50; 100; 300; 1300; 3300; 9400.

#### **Step 1:**

Using the empirical formula taken from (Schwarzl [1969\)](#page-10-25), the complex moduli, functions of the angular frequency, are converted into the time domain. The equivalent relaxation moduli obtained are plotted in Fig. [3](#page-6-0).

**Step 2:** Each converted curve, depending on the physical aging variable, is fitted by Eq. ([19](#page-5-3)), as shown in Fig. [4\(](#page-7-0)a). The  $E_g$  and  $E_\infty$  moduli, and the turn-off time  $t_0$  seem to be independent on the physical aging variable, they are, respectively, equal to 4473 MPa, 11015 MPa and 5.01  $10^{-6}$  s. However, the slope  $\beta$  is physical aging variable dependent. The result of the identification of  $\beta$  as a function of the physical aging variable is plotted in Fig. [4\(](#page-7-0)b).

The evolution of  $\beta$  can be modeled by an equation taking the following form:

<span id="page-6-1"></span>
$$
\beta(v) = \frac{\beta^0}{(1 + \frac{v}{v_0})^a}
$$
\n(22)

with  $\beta^0 = 0.0856$ ,  $v_0 = 41.2$  and  $a = 0.161$ .

The continuous spectra of relaxation time, obtained by previous fits, are plotted in Fig. [5](#page-7-1). The complete evolution of the continuous spectrum, as a function of the relaxation time and of the physical aging variable is provided by the combination of Eq.  $(20)$ , the fits in Fig.  $4(a)$  $4(a)$ and Eq. [\(22\)](#page-6-1).



<span id="page-7-1"></span><span id="page-7-0"></span>**Fig. 4** Experimental results fit by Eq. ([19\)](#page-5-3) (a) and *β* evolution as a function of the physical aging variable (b)



 $\tau(s)$ **Step 3:** In this last step, the previous continuous spectrum of relaxation time  $H(\tau, \nu)$ 

is converted into a discrete form. The  $\tau$  axis is discretized by a set of value  $(\tau_i)_{i \leq n}$ , with  $n = 21$ ,  $\tau_1 = 10^{-5}$  and  $\tau_{21} = 10^{15}$ , equally spaced in the logarithm scale. The associated set of physical aging variable dependent viscosity is computed as follows:

$$
\eta_i(\nu) = \tau_i \ H(\tau_i, \nu)) \ln(\sqrt{\frac{\tau_{i+1}}{\tau_{i-1}}}) \tag{23}
$$

where  $H(\tau, \nu)$  is given by Eq. ([20](#page-5-2)) and Eq. [\(22\)](#page-6-1).

**Fig. 5** Continuous spectra of relaxation time, physical aging variable dependent, according to

the fits in Fig. [4](#page-7-0)

<span id="page-8-0"></span>

### **4 Numerical implementation and verification**

The complete model is numerically implemented into the finite element code ABAQUS/ STANDARD, using an UMAT subroutine, in order to perform temporal dynamical analysis. The material parameters useful for the subroutine are the set of relaxation time  $(\tau_i)$  and the nonlinear spectrum model parameters  $E_{\infty}$ ,  $E_{g}$ ,  $t_{0}$ ,  $\beta^{0}$ ,  $a$ ,  $v_{0}$ . In order to verify the model implementation, DMA tests are performed for different physical aging times. The angular frequency and the strain amplitude are fixed, respectively equal to 100 rad*/*s and 0*.*1%.

Numerically, for a given physical aging time value, subroutine computes the corresponding dimensionless value *ν*, using Eq. [\(2\)](#page-2-1). Then  $\beta$  is estimated by Eq. ([22](#page-6-1)). The viscosity parameters  $\eta_i$  are updated thanks to Eq. [\(21\)](#page-5-4) and Eq. ([20](#page-5-2)). During the DMA simulation, for a given strain increment the subroutine computes the corresponding stress increment using Eq. [\(13\)](#page-4-1).

Figure [6](#page-8-0) gives a comparison between the real part of the dynamic modulus experimentally obtained (Fig. [2\)](#page-1-2) and the FEM predictions. Good agreement is observed between both results. It enables one to check the model and its numerical implementation.

## **5 Conclusion**

This paper deals with an original nonlinear viscoelastic constitutive law, taking into account the physical aging of polymer. The constitutive model is developed, following the standard thermodynamic framework. It leads to a nonlinear viscoelastic model where viscosity parameters depend on the physical aging time. A method is proposed to identify the model parameters, starting from experimental results. This method first compute the continuous spectrum of relaxation time, then converts it into a discrete form. This spectrum depends on the relaxation time but also on the physical aging time. The set of identified parameters is used into the constitutive model. Comparisons between the model, numerically implemented, and the experimental results validate the complete process.

This study focuses on small strain. Future work could implement this approach in finite viscoelasticity, in order to take into account the hyper elastic part of polymer. In addition, in the same way, physical aging due to radiation, hydrometry, or any other physical causes could be represented by this model, introducing a dependence in the expression of *ν*.

<span id="page-9-21"></span><span id="page-9-9"></span><span id="page-9-8"></span>**Publisher's Note** Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

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