



# Employing novel biocompatible composite scaffolds with bioglass 58S and poly L-lactic acid for effective bone defect treatment

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## Abstract

**Background** Bioglass materials have gained significant attention in the field of tissue engineering due to their osteoinductive and biocompatible properties that promote bone cell differentiation. In this study, a novel composite scaffold was developed using a sol-gel technique to combine bioglass (BG) 58 S with a poly L-lactic acid (PLLA).

**Methods and results** The physicochemical properties, morphology, and osteoinductive potential of the scaffolds were investigated by X-ray diffraction analysis, scanning electron microscopy, and Fourier-transform infrared spectroscopy. The results showed that the SiO<sub>2</sub>-CaO-P<sub>2</sub>O<sub>5</sub> system was successfully synthesized by the sol-gel method. The PLLA scaffolds containing BG was found to be osteoinductive and promoted mineralization, as demonstrated by calcium deposition assay, upregulation of alkaline phosphatase enzyme activity, and Alizarin red staining data.

**Conclusions** These in vitro studies suggest that composite scaffolds incorporating hBMSCs are a promising substitute material to be implemented in bone tissue engineering. The PLLA/BG scaffolds promote osteogenesis and support the differentiation of bone cells, such as osteoblasts, due to their osteoinductive properties.

**Keywords** Bone marrow mesenchymal stem cells · Bioglass 58S · Osteogenic differentiation

## Introduction

Tissue engineering is an interdisciplinary field that emerged almost 30 years ago, mixing principles from life sciences and engineering to evolve new tissues using biologics on their own or with supported scaffolds [1, 2]. When faced with severe diseases or tissue/organ loss, conventional pharmaceutical treatments are often inadequate due to poor biocompatibility and insufficient functionality in artificial

organs. Moreover, organ shortages and the possibility of immune rejection during transplantation further exacerbate the situation [3]. Tissue engineering offers an alternative approach for repairing damaged areas of the body and regenerating tissues and organs without the typical problems associated with traditional treatments. The principles of tissue engineering include scaffolds, cells, and growth-stimulating signals.

Researchers value mesenchymal stem cells (MSCs) as a versatile alternative for repairing damaged tissues in tissue engineering. MSCs possess the desirable traits of multi-potency capacity, ease of harvesting and cultivation, and effectiveness in decreasing immune response [4, 5]. MSCs have been utilized for over one thousand clinical trials to address a variety of diseases, such as musculoskeletal defects, auto-immune diseases, and myocardial infarcts [6, 7]. Within the population of MSCs, bone marrow stromal cells (BMSCs) present considerable proliferative capacity, an affinity for attaching to plastic to produce fibroblastic-like colonies, and a capability to differentiate within numerous mesodermal lineages, including cartilage, muscle, bone, fat, and neural progenitors [8]. While MSCs could be much like cultured in vitro two-dimensional monolayers through

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conventional tissue culture techniques, these methodologies no longer offer a comprehensive and appropriate microenvironment for clinical trials [9].

Scaffolds have a vital role in tissue engineering by serving as an artificial extracellular matrix (ECM), which creates a structure for cells to differentiate, proliferate, adhere, and migrate into new tissues [10]. These scaffolds should be porous enough for cell culture, have interconnectivity, be biodegradable, biocompatible, and possess appropriate mechanical properties that mimic the native ECM [11]. The biomaterials of engineered tissues can interact with cells *via* physical and biological components of scaffolds to boost cell attachment and influence cell morphology. Scaffolds can also deliver growth factors to improve tissue regeneration and provide mechanical stability for damaged tissues [12]. Matching the mechanical characteristics of the scaffold with those of the ECM and surrounding cells is imperative, as it can significantly impact the behavior of seeded cells, their adhesion, and cell shape [13]. Multiple investigations have been carried out on the production of bone scaffolds using diverse technologies that affect osteoinduction and osteoconduction, using materials that can be either synthetic or natural, biodegradable or non-biodegradable [14].

While natural scaffolds can be advantageous due to their abundance in various living organisms, many reports have highlighted their immunogenicity, pathogenic impurities, and inferior mechanical properties [15]. Synthetic polymers, like PLLA, are biodegradable and have low immunogenic reactions. Additionally, they can be mass-produced and possess controlled degradation, nano or microstructure, and strength with excellent flexibility [16]. However, poor cell-material interactions of PLLA and limited osteoconduction have restricted its effectiveness in bone tissue regeneration [17].

The biological properties of PLLA nanofibers were improved by coating them with inorganic, synthetic, and biocompatible biomaterial, which helped enhance osteoblast differentiation and overcome their disadvantages [18]. The appealing properties of bioglass materials have led to their widespread use as a coating material in bone regeneration for biomedical purposes [19]. Through the release of ions, these inorganic substances can facilitate tissue therapy, bone development, osseointegration, and antibacterial action [20]. Many research studies have indicated the capacity for regeneration of bioactive glass material as an ideal material for use in scaffold materials and help osteoinductivity and biocompatibility as well as enhancement of bone differentiation of particular types of stem cells to promote new bone tissue formation [21, 22].

The initial variety of bioactive glass to be produced was the 45S5 bioactive glass *via* the melt-processing approach, which ultimately culminated in the discovery of the sol-gel

synthesis. The bioglass (BG) has been verified to depict enhanced antibacterial effectiveness, bioactivity, and biocompatibility in comparison with the 45S5 BG, owing to its greater porosity and surface area. This bioactive glass contains 59% SiO<sub>2</sub>, 36% CaO, and 5% P<sub>2</sub>O<sub>5</sub> (in mol%) [23, 24]. Despite their advantages, these materials still face specific limitations, particularly concerning their mechanical properties, low tensile strength, fatigue resistance, elastic modulus, and fast degradation rate [25]. Therefore, the composite scaffold containing BG may be an ideal alternative to overcome the limitations of both BG coating and polymer.

The choice of materials and the methods of production are equally significant. There are various techniques to make ceramic or BG-based scaffolds, each with limitations and advantages. The sol-gel approach is suitable for examining and managing biochemical reactions. This technique produces glasses with a large specific surface area and high porosity at a low temperature [26]. The bioglass materials created using this process exhibit exceptional bioactivity because of the residual hydroxyl ions, micropores, and high specific surface area [27]. Although some studies reported bioactive and degradable scaffolds of various BG and PLLA composite for bone tissue regeneration [28, 29], this study focuses on the novel application of bioglass 58S using the sol-gel method combined with PLLA, providing a unique approach to achieving optimal bioactive properties for bone defect treatment. Additionally, a sol-gel technique has shown fabulous promise for producing bioglass for commercial use.

We synthesized bioglass 58 S using the sol-gel procedure, followed by the PLLA/BG composite scaffold fabrication used as a framework for the osteogenic differentiation of hBMSCs. We expect that combining BG and PLLA may enhance the mechanical properties and increase the compatibility of cells with the bone scaffold. This improvement will be instrumental in making the bone scaffold beneficial for medical purposes.

## Materials and methods

### Preparation of glass powders

We utilized the sol-gel method to create BG 58 S powder [30]. Specifically, 21.5 ml of tetraethyl orthosilicate (TEOS Si (OCH<sub>2</sub>CH<sub>3</sub>)<sub>4</sub> 99%, Merck), 13.9 ml of distilled water, and 2.88 ml of nitric acid (HNO<sub>3</sub> 65%, Sigma-Aldrich) were mixed with ethanol at room temperature for one hour with continuous stirring. 15.72 ml calcium nitrate tetrahydrate (Ca (NO<sub>3</sub>)<sub>2</sub> 4H<sub>2</sub>O 98%, Sigma-Aldrich) and 1.13 ml triethyl phosphate ((CH<sub>3</sub>CH<sub>2</sub>O)<sub>3</sub> P 99%, Merck) were then added the solution. Each part should be stirred well for 30 min

to complete dissolution. Furthermore, we stirred the blend for an hour to ensure the completion of the hydrolysis process. We dropped 2 M ammonia solution prepared from a stock 25% (4 ml, Sigma Aldrich, Germany) to the mixture to reach the gel point, followed by continuous stirring to form a homogeneous gel. Subsequently, the gel was dried for 24 h at 70 °C and then calcined at 700 °C to facilitate the transformation of the gel into glassy particles, referred to as bioactive glass 58 S.

### Fabricating nanofibrous scaffolds using PLLA

The scaffold fabrication began by dissolving 0.43 g of PLLA (Sigma-Aldrich, U.S.A) in 6 ml of chloroform (Merck, Germany) with a concentration of 7% w/v. The blend was gently swirled on a magnetic stirrer at a speed of 100–250 rpm until everything dissolved completely. Once the solution became homogenous, we added 1 ml of dimethyl formaldehyde to the blend and stirred further. Finally, the mixture was loaded into a 10 ml plastic syringe fitted with a stainless steel needle with an outer diameter of eighteen gauges (equivalent to 1.270 mm). The scaffolds were fabricated with an electrospun solution. During the electrospinning process, we maintained a distance of 15 cm between the nozzle and the mobile collector, and the collector speed was set at 400 rpm while applying a voltage of 15 kV and feeding the solution at a rate of 0.4 ml per hour. To enhance hydrophilicity, cell adhesion, and surface modification of nanofibers, we utilized a low-frequency plasma generator operating at 40 kHz in a cylindrical quartz reactor (Diener Electronics, Germany) for plasma treatment. Subsequently, the nanofibers underwent exposure to pure oxygen gas plasma (Diener Electronics, Germany) at a pressure of 0.4 bars for four minutes to complete the process.

### Fabrication of PLLA/BG nanocomposite

We dispersed BG in 2 mg/ml ethanol to fabricate the nanocomposite. To avoid nanoparticle agglomeration, we sonicated the solution using an ultrasonic device (UP400S, Hielscher, Germany) at a frequency of 50 MHz for 10 min. Subsequently, PLLA was immersed in the BG suspension in ethanol on a shaker to allow nanoparticles to infiltrate the fiber's pores. The samples were dried at 37 °C for 24 h.

### Bioglass and scaffold characterization

#### SEM assessment

The structure of BG, PLLA, and PLLA/BG were analyzed employing SEM (Hitachi S-4500, Japan) to assess their morphology.

### XRD analysis

We performed XRD analysis on the test specimen surfaces to observe the formation of apatite in the glass conducted using a Cu-K $\alpha$  radiation emitter ( $\lambda = 1.5405 \text{ \AA}$ ) operating at 40 kV (INEL-Equinox-3000 instrument, France) (a range of  $2\theta$  values from 20° to 50°).

### FTIR spectroscopy evaluation

We employed FTIR spectroscopy (Nicolet Avatar 660 model, United States) to study the formation of the apatite phase on the surface of the samples. This technique allowed us to measure alterations in functional groups within 400–4000  $\text{cm}^{-1}$ , with a precision of 8  $\text{cm}^{-1}$ . After the disc's preparation, we measured the infrared spectra, which involved pressing a combination of finely powdered BG and KBr at a weight ratio of 1:100.

### In vitro studies

#### Human BMSCs culture

We purchased the hBMSCs from the cell bank of the Stem Cells Research Center (Tehran, Iran). Human BMSCs were cultured in each well at a density of  $10^4$  cells on a flask with 10% FBS (Gibco, Germany), 1% antibiotic, and 90% DMEM and antimicrobial kept within a humidified (37 °C, 5% CO $_2$ ) when cultures became 80% confluences, hBMSCs were detached by 0.5% trypsin EDTA solution (Gibco, Germany). Detached cells were cultured in another flask to reach 80 confluencies for further experiments.

#### Validation of cell viability

The human BMSCs were seeded in a 96-well plate at a density of  $10^4$  cells per well. The cells were incubated with a culture medium containing Pen/Strep and 10% FBS in DMEM (5% CO $_2$  at 37 °C for a day). The cytotoxicity of BG, PLLA, and PLLA/BG was measured using an MTT assay and AO/EB performed from day 1 to 3 according to our previous experiments [16, 27]. At days 1, 3, and 5 post-treatment, a 100  $\mu\text{l}$  aliquot of MTT solution comprising 10  $\mu\text{l}$  MTT (5 mg/ml stock solution) and 90  $\mu\text{l}$  DMEM was added to the wells, followed by incubation in 5% CO $_2$  at 37 °C. Following the incubation, the MTT solution was aspirated, and the supernatants were solubilized using 100  $\mu\text{l}$  of Dimethyl sulfoxide (DMSO) purchased from Merck, Germany. Subsequently, cell viability was assessed by determining the absorbance at a wavelength of 570 nm by a microplate reader (BioTek Instruments, USA).

AO/EB (100 µg/ml EB and 100 µg/ml AO, Sigma) staining was qualitatively employed to assess the cell viability of hBMSCs. We added the dual fluorescent staining solution to each well, and PBS was used to wash for two minutes. Following incubation with staining for 20 min, fluorescence microscopy (Nikon, Japan) was used to capture images for each well.

### Differentiation of osteogenic

The basal media was aspirated and replaced with an osteogenic medium consisting of DMEM supplemented with 50 mg/ml ascorbic acid 2-phosphate, 10% FBS, 10 nM dexamethasone, and 10mM P-glycerophosphate (Sigma Chemical Co.) to induce differentiation of hBMSCs towards osteogenic lineages (5% CO<sub>2</sub>; 37 °C for fourteen days).

### Staining of Alizarin red

We performed Alizarin red staining on days seven and fourteen after differentiation to assess the osteogenic differentiation. Following removing the medium, hBMSCs were washed with PBS for two minutes and fixed using 4% formaldehyde (Merck, Germany) for 20 min (4 °C). The cells were then washed with PBS to eliminate the formaldehyde and stained with a 1% blend of Alizarin red (Merck, Germany) at pH=7.2 and room temperature (five minutes). Subsequently, the stained bone cells were rinsed several times with distilled water to eliminate any unbound dye and imaged using light microscopy (Carl Zeiss-Axiovert, Germany).

### ALP activity and calcium content assays

We utilized an ALP kit assay (Parsazmun, Iran) on days seven and fourteen to measure the activity of ALP *via* osteogenic differentiation of hBMSCs. The plates were first washed with ice-cold PBS, following which 200 µl of radio-immune precipitation assay (RIPA) was employed to extract entire proteins from the cells. The supernatants were centrifuged (15,000 g; 4 °C; 15 min) before being incubated with an ALP assay kit upon the manufacturer's instructions. The amount of ALP in specimens was quantified at a wavelength

of 405 nm with a microplate reader (BioTekInstruments, USA).

We evaluated calcium deposition in whole specimens utilizing a calcium assay kit (Parsazmun, Tehran, Iran) following seven- and fourteen- days of osteogenic differentiation. Firstly, samples were rinsed slowly with PBS. Then, we performed calcium extraction to homogenize employing 0.6 mol/L hydrochloric acid (Merck), and the mixture was shaken (4 °C for 40 min). Next, we added a calcium reagent working solution to the samples. We evaluated the color intensity using light at a wavelength of 550 nm and measured the calcium content with a standard solution.

### RT-PCR

The expression of fundamental osteogenic markers, including osteocalcin, collagen type I (Col I), ALP, and Runx-2, was analyzed using RT-PCR assay on days seven and fourteen after osteogenic induction. Total cellular RNA was isolated from cells and cDNA synthesis was accomplished using a Revert Aid first-strand cDNA synthesis kit (Fermentas, Burlington, Canada). We employed the cDNA in forty cycles of PCR on a Rotor-gene Q real-time analyzer (Corbett, Australia). RT-PCR was conducted with Maxima TM SYBRGreen/ROX qPCR Master Mix (Fermentas) by melting curve analysis to validate PCR specificity. We assess specimens in duplicate and the average values used for quantification. Finally, we normalized target genes against HPRT and calibrated them to TCPS. Table 1 shows the primer sequences used.

### Statistical analysis

Outcomes were represented as standard deviation (SD) and mean. The distinctions among groupings were defined by one-way analysis of variance (ANOVA) using the SPSS 17 statistical package, and  $P < 0.05$  was considered statistically significant. We employed Excel (Microsoft Office) package 2010 for plots.

**Table 1** The primer sequences utilized in the RT-PCR analysis

Genes	Primer sequence (F, R, 5'→3')	Length of product (bp)
Runx-2	GCCTTCAAGGTGGTAGCCCCGTTACCCGCCATGACAGTA	76
HPRT	CCTGGCGTCGTGATTAGTGTGTCAGTCTGTCCATAATTAGTCC	125
Col I	TGGAGCAAGAGGCGAGAGCACCAGCATCACCCCTTAGC	121
Osteocalcin	GCAAAGGTGCAGCCTTTGTGGGCTCCCAGCCATTGATACAG	80
Osteonectin	TCTTCCCTGTACTGGCAGTTCAGCTCGGTGTGGGAGAGGTA	73
ALP	GCACCTGCCCTTACTAACTCAGACACCCATCCCATCTC	162

## Results

### SEM observation

Nano-structure PLLA was observed on the samples (Fig. 1a), and there was no willow fiber content. Figure 1b shows the nano-sized BG synthesized using the sol-gel technique. Because of their surface energy, large surface area-to-volume ratio, and nano-scale size, nanoparticles can enhance their interactions with the host tissue, leading to accelerated biocompatibility and solubility properties. Figure 1c and d illustrate the nano-fibers structure of the composite scaffold, which incorporates innovative bioactive glass nanoparticles at different magnifications. Figure 1e showed the cell attachment on fabricated scaffold. The images revealed that the bioactive glass particles have been effectively integrated with the fibers, forming a rough and porous structure that closely resembles the extracellular matrix (ECM). This unique structure enhanced the binding of nonspecific sites.

### FTIR and XRD analyses

Figure 2 presents the FTIR of PLLA, BG, and PLLA/BG. In Fig. 2a, the observed bands in the  $755\text{--}1749\text{ cm}^{-1}$  attributed to the presence of ester bonds between the oxygen and carbon atoms in a carbonyl group ( $\text{C}=\text{O}$ ), and bands in the region  $859\text{--}1984\text{ cm}^{-1}$  are duo to C-O stretching in carbonate groups. An absorbance band at  $1044\text{ cm}^{-1}$  is associated with the C- $\text{CH}_3$  bond and peaks at regions  $1127\text{ cm}^{-1}$  and  $1182\text{ cm}^{-1}$  are assigned to  $\text{CH}_3$  and  $\text{COC}+\text{CH}_3$ , respectively. Bands at  $1359\text{--}1451\text{ cm}^{-1}$  revealed  $\text{CH}_2$  asymmetric bending and the stretching mode of the CH group in  $\text{CH}_3$  was at  $2996\text{ cm}^{-1}$ . In Fig. 2b, a FTIR spectrum of BG exhibits peaks at  $471\text{ cm}^{-1}$  and  $803\text{ cm}^{-1}$  that relate to the stretching and bending vibration of Si-O bonds, respectively, and the broadband at  $1094\text{ cm}^{-1}$  is associated with Si-O-Si asymmetrical stretching. The bands at  $1649\text{ cm}^{-1}$  and  $3436\text{ cm}^{-1}$  in BG are due to the O-H bond stretching. In Fig. 2c, all the bands linked to BG and PLLA appeared in the FTIR of the composite scaffold mentioned in their graphs. These results indicate proper interaction between BG and PLLA and demonstrate the formation of an appropriate composite. The O-H present in PLLA can form hydrogen bonds with the surface SiOH groups of the BG, facilitating a stable but

weak interaction that helps in the initial adherence of BG to the PLLA fibers. This interaction can be observed in the FTIR spectra, where the broadening of the O-H peak in the composite suggests increased hydrogen bonding.

Figure 3a shows the XRD spectrum of bioactive glass nanoparticles, and BG exhibited an amorphous glass phase. The XRD spectrum of PLLA/BG is shown in Fig. 3b. The structure exhibited a completely amorphous and non-crystalline phase, with overlapping peaks corresponding to BG and PLLA. Notably, the peaks around  $10^\circ$  exhibited higher intensity, particularly in the range of  $31^\circ$ , which can be attributed to the presence of both BG and PLLA.

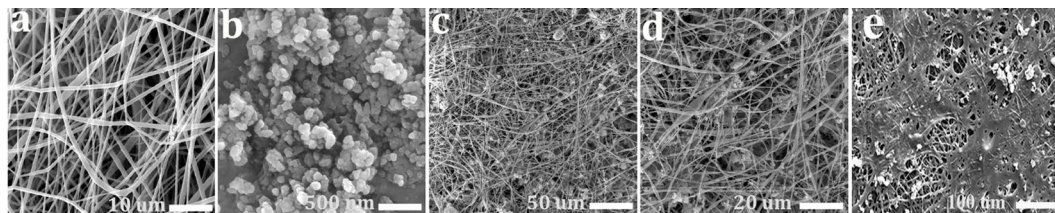
These XRD results are consistent with the FTIR findings confirming the PLLA/BG scaffold formation.

### In vitro biocompatibility

Figure 4 illustrates how BGs and PLLA affect the viability of the hBMSCs cell line by MTT assay. One day after treatment began, BG demonstrated a statistically significant difference compared to the control ( $*P < 0.05$ ). We observed no significant difference in the formazan formation among the control, PLLA, and PLLA/BG groups ( $*P > 0.05$ ). On 3rd day of treatment, BGs significantly increased in the growth of hBMSCs. Although the PLLA and PLLA/BG groups gave rise to hBMSCs proliferation, there are no statistically significant differences compared to a control group. Over five days, hBMSCs exhibited remarkable growth in the vicinity of PLLA/BG and BG groups, which showed the BGs' effectiveness on PLA composition on the hBMSCs proliferation.

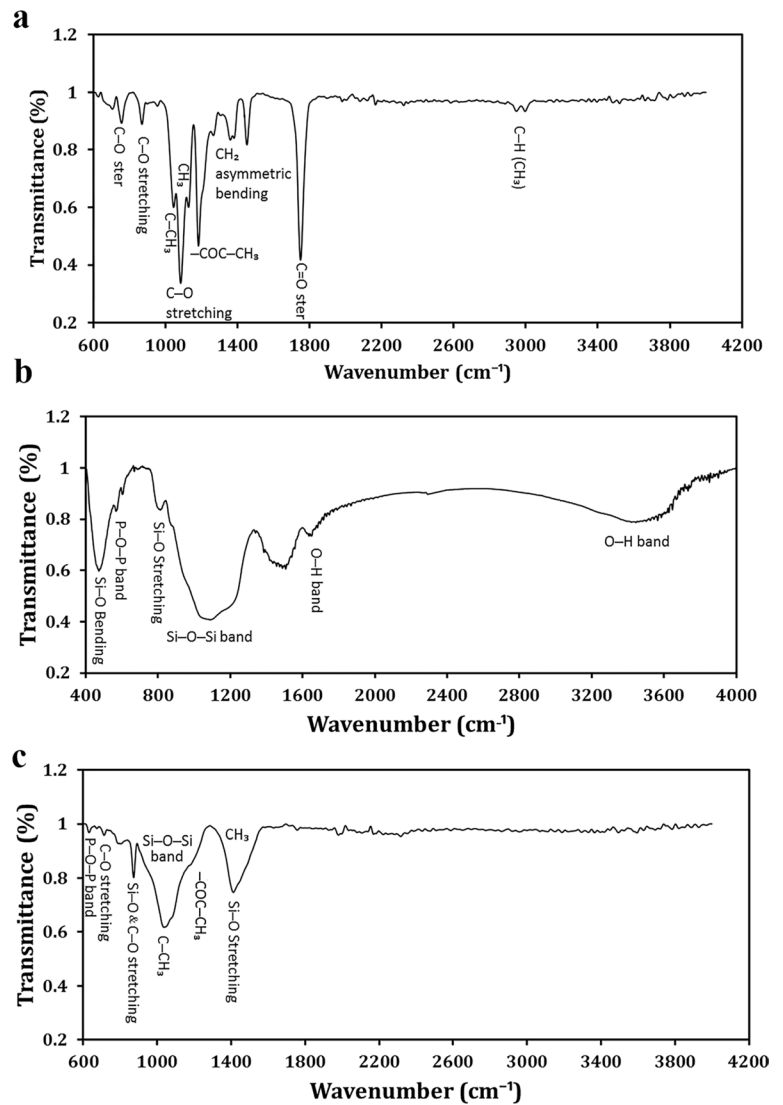
To study the hBMSCs viability in the existence of PLLA, BG, and PLLA/BG groups, we cultured cells for five days and then stained them with AO/EB (Fig. 5). The hBMSCs proliferation on the BG, PLLA, and PLLA/BG groups just recognized as usual in comparison with the control group. The groups did not have a cytotoxic effect on hBMSCs growth and did not decrease the cell viability and proliferation of the hBMSCs.

Therefore, no cytotoxic effect of groups was observed for hBMSC's growth, and none of them enhanced the apoptosis rate in the hBMSC's, as demonstrated by both MTT assay and AO/EB staining. The combination of these two methods provided a comprehensive assessment of cell viability and



**Fig. 1** SEM Images, (a) PLLA nanofibers, (b) BG, (c and d) PLLA/BG nanocomposite, and (e) PLLA/BG nanocomposite with cells

**Fig. 2** Spectra of FTIR of (a) PLLA, (b) BG, and (c) PLLA/BG nanocomposites



apoptosis, confirming that the scaffolds are biocompatible and safe for further application.

### ALP activity and mineralization measurement

We evaluated the activity of ALP in hBMSCs in the existence of BG, PLLA, and PLLA/BG after seven and fourteen-day osteogenic induction. On the 7th day, the hBMSCs treated with BG and PLLA/BG were observed to have higher ALP activity than in the control group (Fig. 6a). In addition, remarkably more ALP activity was seen in BG and PLLA/BG groups following a fourteen-day induction (Fig. 6a), which means that the BG and PLLA/BG enhanced the up-regulation of ALP the expression.

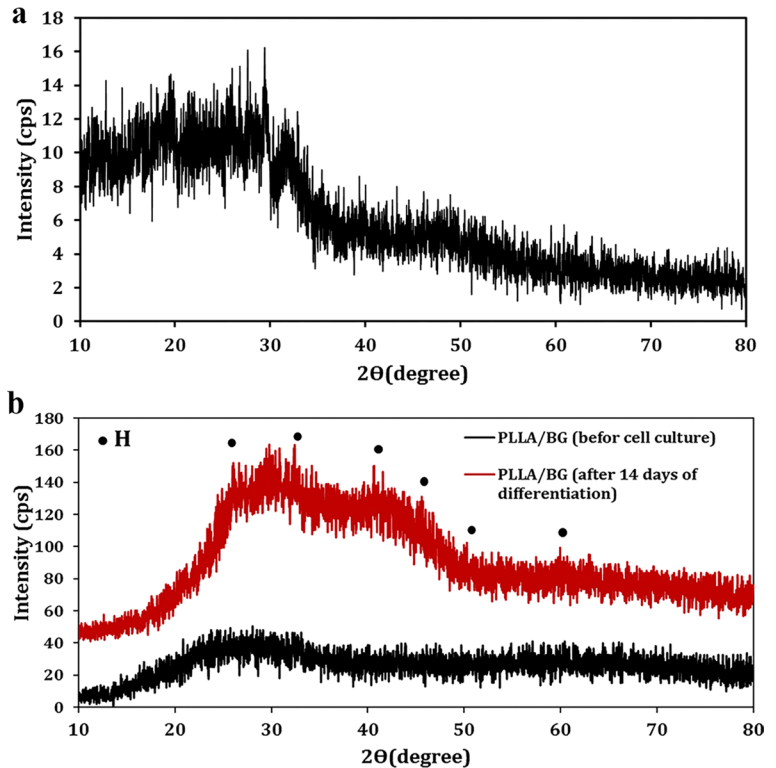
Calcium biomineralization occurs when osteoblast cells secrete minerals into the ECM in the final stage of osteogenic differentiation, serving as a marker of the successful completion of this process. Figure 6b displays the outcomes

acquired from quantifying calcium deposition, demonstrating that the PLLA/BG and BG groups had a higher calcium content than the control group on day seven. Moreover, the mineralization of hBMSCs treated with BG and PLLA/BG was more than nanocomposite lacking bioactive glass, as indicated by a statistically significant ( $P < 0.05$ ).

### Alizarin red staining

Figure 7 illustrates the measurement of hBMSCs mineralization *via* Alizarin red staining. Hence, the Alizarin red stain combines with calcium to form a chelate, an orange-red color is produced, and cells induced with osteogenesis exhibit nodule formation. It can be observed from Fig. 7 that hBMSCs treated with BG, PLLA, and PLLA/BG displayed varying degrees of matrix mineralization. In particular, cells treated with BG had higher calcium nodules following fourteen days of incubation vs. the group of control (Fig. 7b).

**Fig. 3** XRD patterns of (a) BG and (b) PLLA/BG nanocomposites



**Fig. 4** The hBMSCs optical density after 1, 3, and 5 days in the presence of control, BG, PLLA, PLLA/BG (\* $p < 0.05$ )

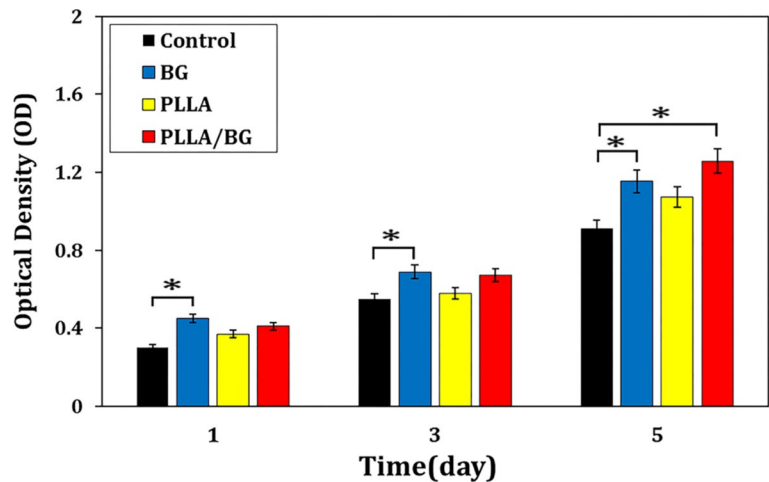
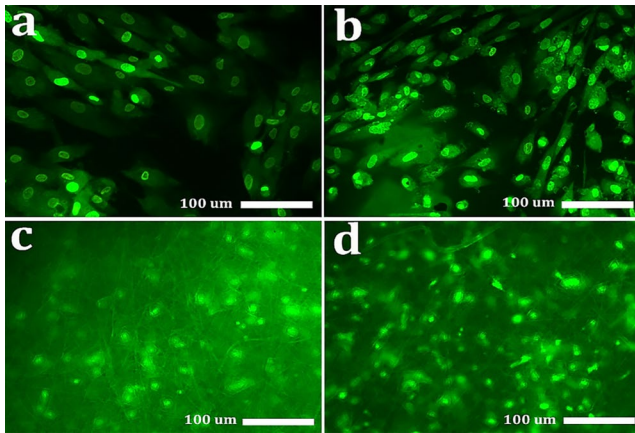


Figure 7c demonstrates that the hBMSCs treated with the PLLA scaffold experienced a minimal increase in nodule formation compared to the control and BG-treated hBMSCs. However, PLLA in the presence of BG led to nodule formation in treated cells (Fig. 7d). Based on the findings, a combination of BG and PLLA scaffold could boost the formation of bone-like nodules in hBMSCs following fourteen-day osteo-induction.

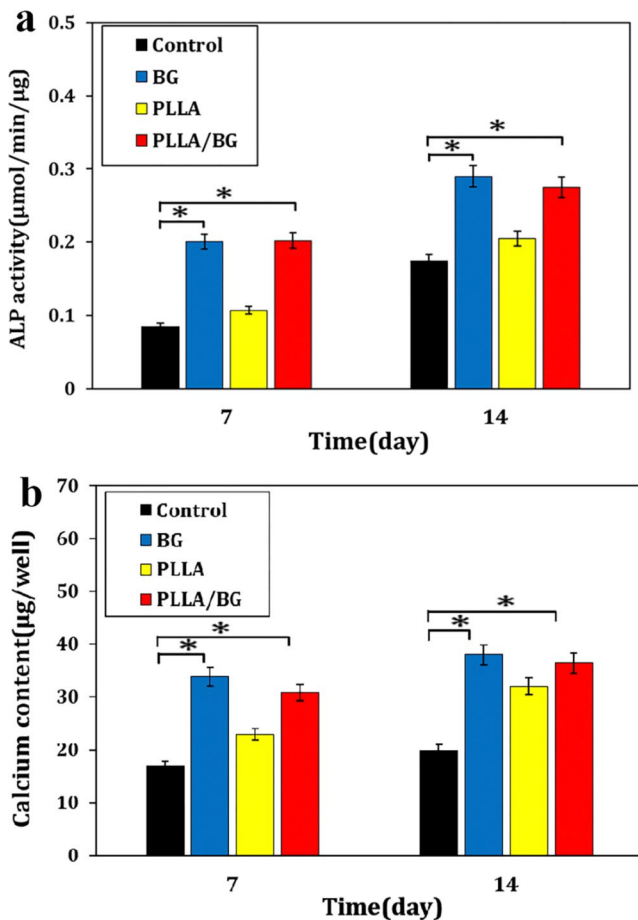
### RT-PCR

Figure 8 indicates the comparative expression of bone-related genes such as Col I, osteocalcin, osteonectin,

RUNX-2, and ALP. Across the board, the relative expression levels of osteocalcin, ALP, Col I, and osteonectin displayed an upward trend, increasing from day seven to fourteen. The nano-composite scaffolds exhibited the highest expression levels of these genes. On day seven (Fig. 8a), the ALP expression remarkably increased in hBMSCs treated with BG and PLLA/BG compared to those of the control ( $P < 0.05$ ). Although the expression level of the ALP gene in the PLLA group was higher than the control, Data did not show any statistically significant difference vs. the group of control. Fascinatingly, osteocalcin gene expression became upregulated in hBMSCs of BG and PLLA/BG groups more than those of the control. BG and PLLA/BG



**Fig. 5** The nuclear staining by acridine orange of hBMSCs cultured on (a) control, (b) BG, (c) PLLA, and (d) PLLA/BG on day five under a fluorescence microscope



**Fig. 6** (a) ALP activity and (b) calcium deposition of hBMSCs in the presence of control, BG, PLLA, and PLLA/BG after seven and fourteen days under differentiation medium ( $*p < 0.05$ )

groups increased Col I gene expression more than the control ( $P < 0.05$ ). The osteonectin gene expression level was significantly increased in hBMSCs near the PLLA/BG and BG groups compared to the control ( $P < 0.05$ ). Although

the RUNX-2 gene expression rose in entire groups *versus* control (Fig. 8a). On day fourteen, high differences were observed in ALP, osteocalcin, osteonectin, and Col I of hBMSCs treated with BG and PLLA/BG groups vs. control (Fig. 8b). On the other hand, the RUNX-2 gene expression level in all groups decreased compared to those on day seven.

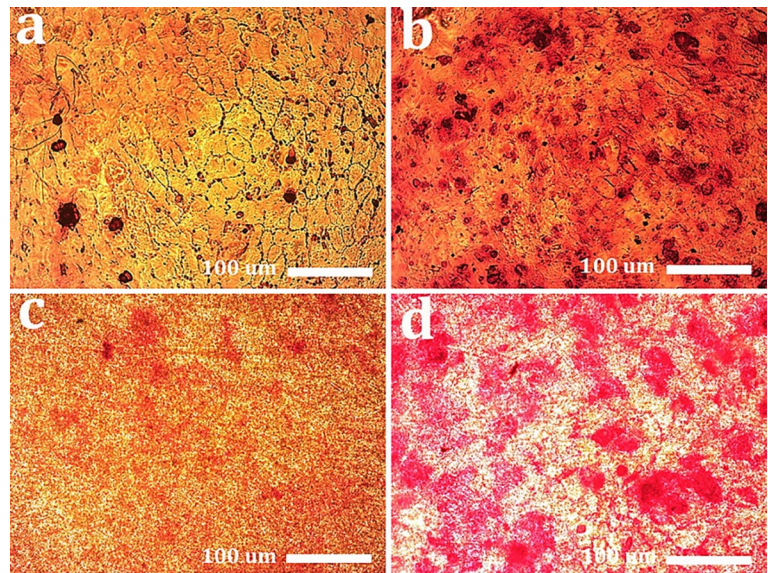
## Discussion

Since bone defects lead to dramatic costs worldwide, a growing concentration has focused on developing artificial biomaterials for tissue (bone) regeneration. The regeneration capacity of composite materials depends on interactions between cells and material [32]. Numerous studies revealed that some bioactive components positively impact regulating cellular function, such as attachment, migration, proliferation, and differentiation [33]. According to *in vivo* studies, bioglass-based compositions produce no cytotoxicity and inflammation [34]. Yang et al. demonstrated that composite scaffolds containing bioactive glass served hBMSCs adhesion, growth, and osteogenesis *in vivo* and *in vitro* [35]. According to different research, the biocompatibility of stainless steel and its ability to bond with bones can be improved by implementing a coating of bioactive glass on the substrate by the sol-gel technique [36]. Hence, this study employed biocompatible composite scaffolds incorporating bioactive glass to create a degradable porous three-dimensional structure that can support cell proliferation and growth while promoting differentiation into bone lineages for effective bone defect treatment.

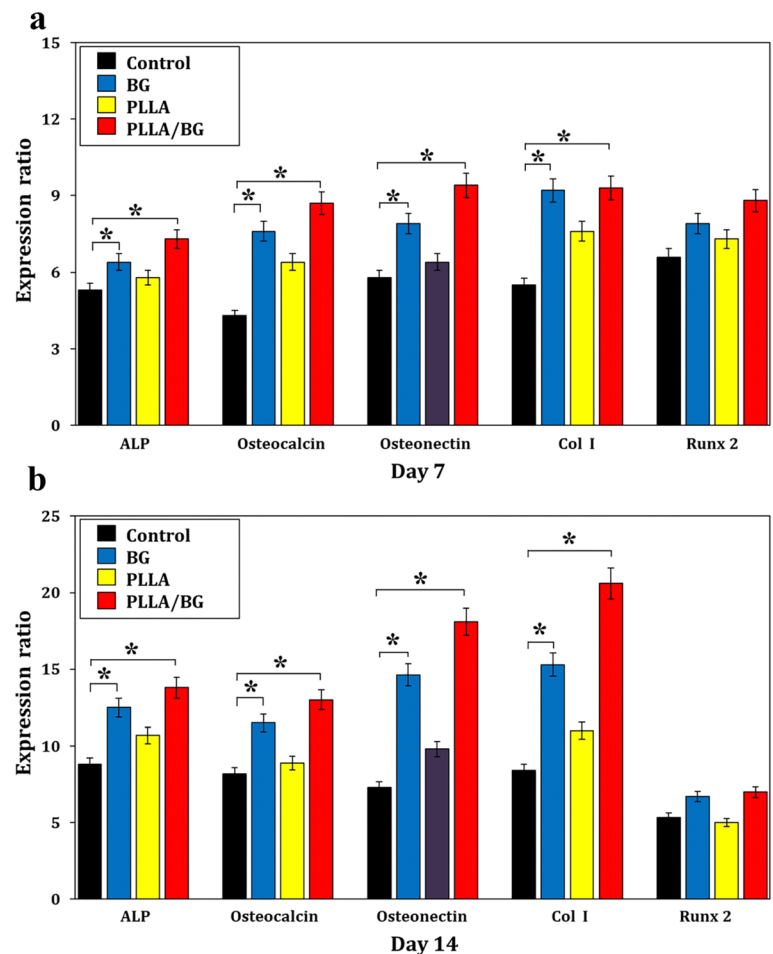
In the current study, with the sol-gel method, the  $\text{SiO}_2\text{-CaO-P}_2\text{O}_5$  system was successfully synthesized (according to SEM, XRD, and FTIR data). A sol-gel technique used in the production of bioactive glass offers a favorable substitute for the process of traditional melt-quenching. This technique is carried out at ambient temperatures, improving the purity and homogeneity of the glass, consequently resulting in a broader scope of compositional possibilities [37]. Moghanian et al. successfully synthesized bioactive glass containing various amounts of  $\text{Li}_2\text{O}$  with the technique of sol-gel [38]. Sol-gel-derived glasses represent a higher rate of hydroxyapatite formation vs. the melt-quenching method. Also, it is relatively more straightforward to achieve biodegradability and bioactivity in such glasses [39, 40]. The XRD chart demonstrated that the bioactive glass in its initial form possessed an amorphous structure, confirming the sol-gel method can create glasses of exceptional purity [36]. The absence of diffraction peaks for BG, and instead a broad band from  $15$  to  $35^\circ$  in  $2\theta$ , corresponds well with an amorphous BG structure [38, 41]. The FTIR analysis of the



**Fig. 7** Alizarin red staining of hBMSCs under the light microscope **(a)** control, **(b)** BG, **(c)** PLLA, and **(d)** PLLA/BG on day fourteen differentiation



**Fig. 8** The osteogenic markers expression level in hBMSCs in the existence of control, BG, PLLA, PLLA/BG after **(a)** seven and **(b)** fourteen days in the differentiation medium (\* $p < 0.05$ )



synthesized BG revealed characteristic bands in the spectra. Specifically, the bands observed at  $471\text{ cm}^{-1}$  were assigned to the bending mode of Si-O bonds, while the broadband observed at  $1094\text{ cm}^{-1}$  was attributed to the asymmetrical stretching of Si-O-Si bonds [42, 43]. In BG, the band

observed at  $1649\text{ cm}^{-1}$  is attributed to absorbed water and the O-H bonds stretching from silanol groups (Si-OH) [41]. A peak observed at around  $3436\text{ cm}^{-1}$  is linked with the existence of -OH groups [32]. Cell attachment could refer to  $\text{SiO}_2$  and  $\text{P}_2\text{O}_5$  in bioactive glasses for network-making

factors. In addition, Si-OH, generated with an exchange of  $\text{Ca}^{2+}$  with  $\text{H}_3\text{O}^+$ , could boost hBMSCs' adhesion and growth. Moreover, it has been reported that  $\text{Si}^{4+}$  and  $\text{Ca}^{2+}$  discharging from BG into the cell culture medium is crucial for promoting cell differentiation and proliferation, leading to gene overexpression [44]. These ions can interact with the COOH and -OH groups in PLLA, further stabilizing the composite structure and promoting bioactivity. The interactions between BG and PLLA can be attributed to Van der Waals forces and hydrogen bonds. The incorporation of BG enhances these interactions by providing additional sites for protein adsorption, thus supporting cellular activities. These interactions collectively contribute to the formation of a composite scaffold with improved bioactivity and suitability for bone tissue engineering.

Microstructure and surface attributes of a scaffold, including fiber size, pore distribution, surface roughness, overall porosity, and coated material shape, can significantly influence its biological properties [45]. PLLA is known as biocompatible and biodegradable implants, which provide a proper condition as ECM for the growth of various MSCs and generated bone-like tissue [16]. Noticeable surface roughness in PLLA scaffolds synthesized through the electrospinning process observed in our study. Electrospun nanofibrous matrices possess similar structures to the ECM, along with high porosity, extended surface area-to-volume ratio, and varying distribution of pore size, which could influence cellular behavior [46]. After the addition of BG, no tangible changes in the morphology of the nanofibers were seen in the microstructure. Bioactive materials need to be able to bind with the bone tissue by forming hydroxyapatite on their surface. The bioactivity of BGs is associated with their capacity to develop a hydroxyapatite layer on their surface, which leads them to a structure and composition similar to natural bone [47]. Previous studies have indicated that polymers supplemented with BG exhibit full surface coverage with apatite residues. This phenomenon contributes to their enhanced biocompatibility, differentiation, cell growth, and mechanical properties [48]. Radev's study demonstrated the formation of nanohydroxyapatite on the surface of a PU/85S after incubation in SBF. This composite material is beneficial in bone tissue engineering applications [49]. Additionally, bioactive glasses are particularly useful in counteracting the acidic environment that arises from the degradation of biopolymers, which is harmful to cells [48].

For the second part, the biocompatibility of BG, PLLA, and PLLA/BG was investigated in combination with hBMSCs. This step will provide valuable insights into the safety and suitability of the scaffolds for further research and application. A key aspect of this evaluation was to ensure that these scaffolds do not exhibit cytotoxic effects. The

MTT assay, widely used to measure cell viability by assessing mitochondrial activity, was complemented with AO/EB staining. This staining allows for the visualization of live and dead cells, differentiating between viable, apoptotic, and necrotic cells, thus providing a more comprehensive assessment of cell viability and apoptosis. Both the MTT assay and AO/EB staining consistently indicated that there were no cytotoxic effects of the BG, PLLA, and PLLA/BG scaffolds on hBMSCs' proliferation. The AO/EB staining confirmed the findings of the MTT assay by showing a high proportion of live cells and a negligible presence of dead cells across all scaffold groups. Shahrbabak et al. showed that BG had no cytotoxic impact on G292 osteoblastic proliferation after seven days of experiment [50]. Barrioni et al. discovered that the mitochondrial activity of hMSCs notably increased after a four-day exposure to the dissolution products of BG vs. the control [51]. The comprehensive assessment using both MTT and AO/EB staining demonstrated that BG, PLLA, and PLLA/BG scaffolds are biocompatible and do not exhibit cytotoxic or pro-apoptotic effects on hBMSCs. Cell growth was accelerated on the 5th day, specifically for the PLLA/BG group (\*\* $P < 0.01$ ), suggesting that the combination of PLLA/BG has a more significant impact on the proliferation of hBMSCs compared to BG or PLLA alone. We observed for the first time that coating the PLLA scaffold with BG makes a favorable surrounding for proliferation and osteoblastic differentiation in our research. Significantly, the cells remained viable for two weeks, even though the proliferative activity indicated that cells on the PLLA/BG samples exhibited superior growth compared to the other samples. This combined approach provides robust validation of the scaffolds' safety and suitability for further research and potential biomedical application.

The findings from the staining of Alizarin red indicated that hBMSCs cultured under osteogenic circumstances (in vitro) witnessed a shift in cell morphology, which produced ECM with calcium-rich deposits (more bone-like cells). Prior research has documented the ability of BGs to accelerate the proliferation, differentiation, and adherence of osteogenesis-related cells [52]. The data presented indicates that hBMSCs treated with BG formed osteo-like cells and showed positive Alizarin red, suggesting the presence of calcium-rich depositions. Moreover, these findings showed that BG, along with the PLLA scaffold, is osteo-inductive and promotes mineralization, as confirmed by the deposition of calcium assay and upregulation of ALP enzyme activity. Yao et al. found that rabbit MSCs showed increased ALP activity when cultured on GF/BG scaffolds compared to scaffolds without BG from day seven to day fourteen [53]. When ovarian follicular fluid MSCs were cultured on bioglass with osteogenic factors, they showed increased cell viability, ALP activity, calcium deposition,

and bone-specific protein production compared to those uncoated titanium [22].

These results were more supported by the RT-PCR findings, where BG-based scaffold significantly gave rise to Col I, ALP, osteocalcin, and osteonectin characteristic of more mature bone cells. ALP, RUNX-2, and osteocalcin were upregulated in the monolayer (human dental pulp stromal cells) cultured on 45S5 bioglass and in osteogenic conditions at fourteen days vs. groups of control in the basal medium [54]. The ALP gene is a premature indicator of the maturation process of the osteoblasts. It is initially detected in bone-like cells that tend to differentiate into osteoblasts [55]. Col I is expressed during the later stages of cell proliferation and has a function in both the mineralization and differentiation of osteoblasts [56]. Research showed that gene expression such as Col I, ALP, and Runx-2 stood higher for the MSCs treated with the scaffold containing BG than those treated with the scaffold without BG [53]. There was no significant variation in RUNX-2 expression among PLLA/BG and other groups and the control group on day seven. Still its expression level was higher in hBMSCs cultured in BG and PLLA/BG groups. Despite observing a similar trend on day fourteen, RUNX-2 expression decreased in cells cultured on all groups, especially PLLA scaffolds, during the second week. RUNX-2 acts in the initial orientation of MSC differentiation towards osteogenic lineages. Its expression represents the highest in the early stages of differentiation and subsequently decreases [57]. Under all culture conditions, osteocalcin and osteonectin gene expression boosted compared to control on days seven and fourteen, indicating hBMSCs differentiated into bone-like lineages. Osteonectin is a glycoprotein and is considered a binding factor of collagen chains or ions of calcium. It is crucial for the initiating biomineralization and the nucleation of hydroxyapatite crystals [58, 59]. Osteocalcin consists of three carboxyglutamic acids and is known as the most significant gene involved in osteogenic differentiation. It is expressed late in the osteogenic process of differentiation and contributes to the formation of bone by affecting the absorption of calcium [60]. These findings imply that the PLLA and BG scaffold's synergistic impact leads to osteogenic differentiation of hBMSCs.

Multiple studies have provided evidence supporting the wingless (Wnt) involvement signaling pathway in the differentiation of stem cells into osteoblasts [61]. In this pathway,  $\beta$ -catenin plays a crucial role as a signaling factor [62]. Additionally, the Akt signaling pathway activation has been linked to the inhibition of glycogen synthase kinase-3 (GSK3 $\beta$ ), leading to the translocation and accumulation of  $\beta$ -catenin, which has a significant role in the regeneration of bone [32]. Zhu et al. observed a rapid increase in the Akt/GSK3 $\beta$  signaling pathway upon treatment with

a BG-containing scaffold, and inhibition of this pathway resulted in the suppression of ALP activity [28]. These outcomes indicate that BG in the scaffold activates the Akt/GSK3 $\beta$  signaling pathway, thereby inducing hBMSCs osteogenic differentiation.

## Conclusion

In the current survey, the SiO<sub>2</sub>-CaO-P<sub>2</sub>O<sub>5</sub> bio-active glasses were successfully synthesized by the sol-gel method according to SEM, XRD, and FTIR. Moreover, considerable surface roughness was observed in the PLLA scaffolds synthesized by electrospun. Human BMSCs continued to increase after five days of cultivation on 58S5 bioglass combined with PLLA, as confirmed by MTT assay and AO/EB staining. The findings confirmed that BG, along with the PLLA scaffold, is osteoinductive and promotes mineralization, as demonstrated by the calcium deposition assay, upregulation of ALP enzyme activity, and the Alizarin red staining data. These results were more supported by the real-time PCR findings, where bioglass-based scaffold gave rise to ALP, osteocalcin, osteonectin, Col I, and RUNX-2, characteristic of more mature osteoblasts. The in vitro study showed that scaffolds based on 58S5 bioglass combined with PLLA are promising structures for osteogenic differentiation of hBMSCs. These composite scaffolds with hBMSCs provide magnificent alternative materials for bone tissue engineering applications. However, prior to in vivo study, more assessments such as mechanical properties of scaffolds are essential.

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**Author contributions** EM: Investigation, Data curation, Original draft preparation. SH: Methodology, Visualization, Formal Analysis, and Writing. MAM: Methodology, Visualization, Formal Analysis, and Writing. MG: Administration, Conceptualization, Supervision, Validation, Writing – Review & Editing.

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## Declarations

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