ORIGINAL ARTICLE

Cell density modulates chemoresistance in breast cancer cells through diferential expression of ABC transporters

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Abstract

Background Breast cancer patients undergoing chemotherapy encounter a signifcant challenge of chemoresistance because of drug efflux by ATP-binding cassette (ABC) transporters. Breast cancer cell density alters considerably throughout the early stages of primary and secondary tumor development. Although cell density in culture infuences kinetics, the efects of varying cell densities on the chemoresistance of breast cancer cells remains largely unexplored.

Methods and results We observed chemotherapeutics-induced diferential gene and protein expression of ABC transporters in luminal and basal breast cancer cells cultured at low and high seeding densities. Low-density cultures depicted a signifcant increase in the mRNA expression of ABC transporters—ABCG2, ABCG1, ABCC4, ABCA2, ABCA3, ABCC2, ABCC3, ABCC6, ABCC7, and ABCC9 as compared with high-density cultures. Next, cells at both low and high seeding densities when pre-treated with cyclosporine A (CsA), a pan-inhibitor of ABC transporters, resulted in increased sensitization to chemotherapeutics—doxorubicin and tamoxifen at markedly low IC50 concentrations suggesting the role of ABC transporters. Finally, markedly high doxorubicin-drug accumulation, signifcantly increased expression of N-cadherin, and a signifcant decrease in chemotherapeutics-induced in vitro tumorigenesis was observed in low-density seeded breast cancer cells when pre-treated with CsA suggesting ABC transporters inhibition-mediated increased efficacy of chemotherapeutics. **Conclusion** These fndings suggest that breast cancer cells grown at low seeding density imparts chemoresistance towards doxorubicin or tamoxifen by a diferential increase in the expression of ABC transporters. Thus, a combinatorial treatment strategy including ABC transporter inhibitors and chemotherapeutics can be a way forward for overcoming the breast cancer chemoresistance.

Keywords Breast cancer · Cell density · ABC transporters · Chemoresistance · Drug accumulation · Mammosphere formation

Introduction

Cancer is the second leading cause of mortality after heart disease, accounting for 21% of all fatalities in both men and women. In the United States alone, predictive mortality of 609,360 individuals from cancer in 2022, suggests approximately 1700 fatalities every day. Breast cancer is the most

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prevalent disease diagnosed in females and the main cause of cancer mortality worldwide, with 2.3 million new cases each year [[1\]](#page-8-0). Although interventions like surgery, chemotherapy, and radiotherapy can control the growth of breast cancer cells but are inefective against breast cancer stem cells (CSCs), a small fraction of cells that dwell within the tumor and migrate to distant organs forming secondary tumors and resulting in recurrence of cancer [[2,](#page-8-1) [3\]](#page-8-2).

Breast tumor density predicts patient responses to therapy for breast cancer cure and recurrence [[4\]](#page-8-3). In individuals treated with tamoxifen as adjuvant treatment, lower breast tumor density has been linked to a lower risk of recurrence [[5\]](#page-8-4). Thus, tumor density is an important factor in response to chemotherapy against breast cancer.

Cancer development can be divided into primary tumor growth and secondary metastasis. Chemotherapeutics fail to efectively eradicate dormant populations of disseminated tumor cells at the secondary tumor sites [\[6](#page-9-0)]. Chemoresistance in breast cancer is often due to the efflux of drugs from cells by ATP-binding cassettes (ABC) transporters that decrease intracellular drug concentration [[7–](#page-9-1)[9](#page-9-2)]. There are 49 known ABC genes in humans, which are divided into seven subfamilies (A–G) based on their amino acid sequence and their protein domains [\[10](#page-9-3)]. Elevated ABC transporter expression has been linked to invasive, aggressive, and chemoresistant tumors [\[11\]](#page-9-4). ABC transporter inhibitors in clinical settings have so far resulted in unsatisfactory therapeutic outcomes due to their drug-drug interactions, toxicity, and errors in clinical trial design [[12,](#page-9-5) [13](#page-9-6)]. There is currently no evidence of the role of cancer cell density in chemoresistance. This study attempted to identify the correlation between cell density and chemoresistance in breast cancer by evaluating the expression of selected ABC transporters based on their physiological relevance.

Materials and methods

Cell culture

MCF-7, MDA-MB-468, and *MDA-MB-231*, breast cancer cell lines were grown in Dulbecco's Minimum Essential Medium (DMEM) and RPMI-1640 and fortifed with 10% Fetal Bovine Serum (FBS) and 1% penicillin-streptomycin at 37 °C and 5% CO_2 [[14](#page-9-7)]. Cells were treated with chemotherapeutic drugs doxorubicin and tamoxifen (Sigma-Aldrich, Missouri, USA).

Gene expression study

To assess the efect of doxorubicin and tamoxifen on the expression of the selected 23 ABC transporters and cell adhesion molecules, we performed the qRT-PCR-based analysis in luminal breast cancer cells, *MCF-7* and basal Triple-negative breast cancer (TNBC) cells- *MDA-MB-468*, $MDA-MB-231$ at high $(1 \times 10^5 \text{ cells/well of } 6\text{-well plate})$ and low $(1 \times 10^3 \text{ cells/well of } 6$ -well plate) seeding density conditions in absence or presence of chemotherapeutic drugs at their experimentally-calculated IC50 values. Cells were subjected to synchronization of the cell cycle before treatment with doxorubicin and tamoxifen for 24 h. Total RNA was extracted, and cDNA was synthesized as described previously [[14](#page-9-7)]. The gene expression values of various genes (primer sequences, refer to Suppl Table, ST1) were normalized to Eukaryotic 18 S rRNA and represented as fold-change relative to the control of the high- and low-cell density group $[14, 15]$ $[14, 15]$ $[14, 15]$ $[14, 15]$.

Protein expression studies

MCF-7, MDA-MB-468, and *MDA-MB-231* cells were plated at high- and low-seeding density conditions, and cultured for 24 h, followed by treatment with chemotherapeutic agents for 48 h as described above. Cells were lysed for total protein extraction, SDS–PAGE was performed, and proteins were transferred onto PVDF membranes and probed with rabbit anti-ABCG2 (1:1000, #42,078, Cell Signaling Technology, USA); rabbit anti-ABCB1 (1:1000, #13,342, Cell Signaling Technology, USA); rabbit anti-ABCC1 (1:1000, #14,685, Cell Signaling Technology, USA); and/or rabbit anti-ABCC3 (1:1000, #39,909, Cell Signaling Technology, USA) antibodies. A rabbit anti-β-tubulin (1:1000, #2146, Cell Signaling Technology, USA) was used as a loading control. Following washes in TBST buffer, the membranes were incubated for 45 min at room temperature with HRP-conjugated secondary antibodies: anti-rabbit (1:5000, #7074, Cell Signaling Technology, USA). G: Box (Syngene, Maryland, USA) was used for visualization, as previously reported [[14,](#page-9-7) [15](#page-9-8)].

Efect of cyclosporine a on cytotoxicity of breast cancer cell lines

MTT assay- The cytotoxicity of doxorubicin (0.001–10 µM) or tamoxifen (0.1–100 µM) in *MCF-7*, *MDA-MB-468*, and *MDA-MB-231* for 24 h was evaluated using a 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide assay. The IC50 of the drugs was determined in breast cancer cells cultured at diferent cell seeding densities.

Following that, to assess the inhibition potential of cyclosporine A (pan-inhibitor of ABC transporter), breast cancer cells were cultured with varying (low density or high density) cell densities pre-conditioned with increasing concentrations of cyclosporine A (CsA) for 1 h before treatment with IC50 concentrations of doxorubicin or tamoxifen, followed by MTT assay as previously described [[16,](#page-9-9) [17\]](#page-9-10). Next, to evaluate the change in IC50 of doxorubicin- or tamoxifentreated breast cancer cell lines cultured with varying cell densities under pre-conditioning with CsA (5 µM for 1 h, Sigma-Aldrich, Missouri, USA), we performed an MTT assay as described previously [[14,](#page-9-7) [16](#page-9-9)]. The IC50 values of the drugs (µM) were calculated for each group using Graph-Pad Prism, Version 8 (San Diego, CA, USA).

Doxorubicin‑drug accumulation assay

Breast cancer cells were plated on poly-D-lysine-coated glass coverslip placed in a 6-well plate at high- and low-density seeding density conditions, cultured for 24 h, followed by treatment with doxorubicin $(1 \mu M)$ in the absence or presence of CsA $(5 \mu M)$ for 48 h. Cells were fixed with 4% paraformaldehyde for 15 min followed by phosphatebufered saline wash and mounted with DAPI containing mounting medium. Images were captured using Olympus FV10i confocal microscope (Olympus) with emission bands of doxorubicin evaluated at 568 nm. Images were processed using ImageJ (NIH, Bethesda, MD) [\[17](#page-9-10)].

Mammosphere forming efficiency

Cells at low and high density were seeded onto poly hydroxyethyl methacrylate (pHEMA), (Sigma-Aldrich, USA) coated 24-well plates containing mammosphere medium-171 enriched with mammary epithelial growth supplement (MEGS) and B-27 (Life technologies, Auckland, New Zealand) along with either alone or combination of CsA $(5 \mu M)$ and doxorubicin or tamoxifen at indicated concentrations. The suspension culture along with the treatment was incubated under 5% $CO₂$, at 37 °C in a humidifed atmosphere for 7 days. Images of the mammosphere were procured at $10 \times$ magnification of a microscope (Olympus IX71, Japan). The size of spheres was quantifed as described earlier [\[18,](#page-9-11) [19](#page-9-12)] using Image J software (NIH, Bethesda, USA).

Statistical analysis

Data are represented as the mean, standard error of the mean (SEM), or standard deviation (SD) of at least three independent studies. Photomicrographs depict typical experiments that have been repeated at least three times with comparable results. Statistical tests were carried out across groups and their corresponding controls, using one/ two-way ANOVA subsequently followed by Dunnett's or Tukey's multiple comparisons analysis, with p values ≤ 0.05 considered signifcant.

Results

Cell density diferentially regulates the expression of ABC transporters

The dose-response relationship of anti-cancer chemotherapeutic drugs often changes dramatically with tumor density and volume $[20-23]$ $[20-23]$ $[20-23]$. Therefore, to comprehend the effect of chemotherapeutics on the expression profle of ABC transporters in the tumor microenvironment, we exposed the breast cancer cell lines plated in varying (low and high) cell seeding densities to the chemotherapeutics against breast cancer, doxorubicin, and tamoxifen. The identifed IC50 concentrations of the drugs against these breast cancer cell lines seeded at regular seeding densities (Table ST2) were used to examine the expression profle of selected ABC transporters in *MCF-7* (Fig. [1](#page-3-0) A–D), *MDA-MB-468* (Fig. [2](#page-4-0) A–D), and *MDA-MB-231* (Fig. S1A–D).

The selected ABC transporters are based on their functionality such as drug efflux pumps (Fig. $1A$); other physiological roles e.g., ion channels, transporters of various bio-macromolecules (Fig. [1B](#page-3-0)); ions, salts, peptides (Fig. [1](#page-3-0)C); and a few whose functions are unknown (Fig. [1D](#page-3-0)). *MCF-7* at low seeding density depicted a significant increase in expression of ABCG2 (Fig. [1A](#page-3-0)) and ABCG4 (Fig. [1D](#page-3-0)) in presence of doxorubicin or tamoxifen. Doxorubicin (0.42 µM) signifcantly induced the expression of ABCC2 and ABCC9 (Fig. [1](#page-3-0)C) in *MCF-7* cells grown at low seeding density. Similarly, tamoxifen (12.16 µM) treatment to *MCF-7* cells grown at low seeding density led to signifcantly increased expression of ABCG1 (Fig. [1](#page-3-0)B) and ABCC5 (Fig. [1C](#page-3-0)). Interestingly, tamoxifen signifcantly increased the expression of ABCC11 (Fig. [1](#page-3-0)D) in *MCF-7* cells grown at high seeding densities.

MDA-MB-468 cells cultured at low seeding density depicted tamoxifen $(12.69 \mu M)$ -induced significantly high expression of ABCB1, ABCC1, and ABCC3 (Fig. [2](#page-4-0)A) whereas doxorubicin (0.073 µM)-induced significantly high expression of only ABCA3 (Fig. [2B](#page-4-0)). Similarly, tamoxifeninduced increased expression of ABCC7 (Fig. [2](#page-4-0)C), ABCC6, and ABCC12 (Fig. [2](#page-4-0)D) while doxorubicin-induced increased expression of ABCC6 (Fig. [2](#page-4-0)D) was observed in *MDA-MB-468* cells cultured at low seeding densities. However, *MDA-MB-231* cells cultured at low seeding density demonstrated a signifcant increase in expression of ABCA2 (Fig. S1A), and ABCC9 (Fig. S1C) in presence of doxorubicin $(0.082 \mu M)$ and ABCG1 (Fig. S1B), in presence of tamoxifen (16.93 μ M). A significant increase in the expression of ABCC12 was observed in *MDA-MB-231* cells seeded at high density upon treatment with doxorubicin or tamoxifen.

To further corroborate the infuence of seeding density on the ABC transporters, we evaluated the protein expression level of a few selected ABC transporters known for their role as drug efflux pumps, in breast cancer cell lines treated with chemotherapeutics. A diferential expression of these drug efflux-associated ABC transporters (ABCG2, ABCB1, ABCC1, and ABCC3) at protein levels were observed at diferent seeding density of the breast cancer cells suggesting that contact inhibition infuences the expression of these transporters as reported previously [[24\]](#page-9-15). Low seeding density demonstrated both doxorubicin as well as a tamoxifen-induced marked increase in levels of ABCC1 and ABCC3 in *MCF-7* (Fig. [3A](#page-5-0), B). Although the mRNA expression of ABCG2 was signifcantly high, it did not reciprocate at the protein levels which corroborated with the earlier findings suggesting polymorphic variations or nonsense mutations of ABCG2 that decrease membrane

Fig. 1 Drug-induced cell density-dependent diferential expression of ABC transporters in luminal breast cancer cells. Graphs depicting relative mRNA expression profle of ABC transporters in *MCF-7* cells cultured in low and high seeding densities in presence of chemotherapeutic drugs at their IC50 concentrations. **A** ABC transporters of A, B, C, and G—subfamilies with known function as a drug

protein expression in model cells, despite unchanged mRNA levels [[25\]](#page-9-16). *MDA-MB-468* cells cultured at low and high seeding densities showed a marked increase in expression levels of ABCG2 in the presence of doxorubicin whereas ABCC1 and ABCC3 in the presence of tamoxifen (Fig. [3](#page-5-0)C, D). Similarly, a high expression of ABCG2 and ABCC3 was observed in *MDA-MB-231* cells cultured at low seeding density whereas ABCC1 at high seeding density in the presence of doxorubicin (Fig. [3](#page-5-0)E, F).

Thus, breast cancer cells at low cell seeding density differentially express ABC transporters that can develop chemoresistance as compared with high seeding conditions. This led us to evaluate the relative efficacies of these drugs at varying cell seeding densities.

efflux pump, **B** ABC transporters of A, B, and G—subfamilies with known physiological roles, **C** ABC transporters of C—subfamily with known physiological roles, and **D** ABC transporters of B, C, and G—subfamilies with unknown functions. (Data are represented as mean \pm SEM of experiments repeated at least thrice. *p \leq 0.05 as compared with respective controls)

Cell density-dependent differential efficacy of chemotherapeutic drugs

Doxorubicin or tamoxifen at low seeding conditions depicted low IC50 values, 0.068 ± 0.001 or 0.18 ± 0.025 µM, respectively as compared with high seeding density conditions (IC50 values, ≥ 100 or 75.65 ± 7.31 µM) in *MCF-7* cells (Table ST3). Contrastingly, in *MDA-MB-468* cells and *MDA-MB-231*, a lower efficacy of doxorubicin was observed at low seeding conditions with high IC50 values, $3.4 \pm 0.7 \mu$ M and 0.18 ± 0.08 , respectively as compared with high seeding conditions (low IC50 values, 2.144 \pm 0.3 and 0.04 \pm 0.001 μ M) (Table ST3). Similarly, tamoxifen which has an ER-independent efect on TNBCs, *MDA-MB-468*, and *MDA-MB-231* as reported earlier $[18]$ $[18]$, also exhibited a lower efficacy against

Fig. 2 Drug-induced cell density-dependent diferential gene expression of ABC transporters in basal breast cancer cells. Graphs depicting relative mRNA expression profle of ABC transporters in *MDA-MB-468* cells cultured in low and high seeding densities in presence of chemotherapeutic drugs at their IC50 concentrations. **A** ABC transporters of A, B, C, and G—subfamilies with known function as

these cell types with higher IC50 values at low seeding conditions (*MDA-MB-468*: 49.88± 9.6 µM; *MDA-MB-231*: $15.52 \pm 0.0001 \mu M$) as compared with lower IC50 values at high seeding conditions ($MDA-MB-468$: 17.29 \pm 1.0 μ M; $MDA-MB-231$: $0.80 \pm 0.0001 \mu M$) (Table ST3). These findings support our plausible hypothesis that an increased expression of ABC transporters in TNBCs cultured at low seeding densities renders them comparatively more chemoresistant.

ABC transporters inhibition‑mediated modulation of cell density-dependent differential efficacy **of chemotherapeutic drugs**

To substantiate the role of ABC transporters in imparting chemoresistance, we utilized cyclosporine A (CsA), a

B

a drug efflux pump, **B** ABC transporters of A, B, and G—subfamilies with known physiological roles, **C** ABC transporters of C—subfamily with known physiological roles, and **D** ABC transporters of B, C, and G—subfamilies with unknown functions. (Data are represented as mean \pm SEM of experiments repeated at least thrice. *p \leq 0.05 as compared with respective controls)

pan-inhibitor of ABC transporters [[26](#page-9-17)] in the absence or presence of either doxorubicin or tamoxifen at their cell density-dependent IC50 concentrations. The results depicted a CsA-mediated dose-dependent inhibition of breast cancer cell growth. CsA at 5 µM concentration was optimum to induce 50% partial cell survival by the chemotherapeutics in all these cells (Fig. S2A–F). Next, we utilized CsA (5 µM) to evaluate its efect on breast cancer cell sensitization towards doxorubicin or tamoxifen. In *MCF-7* at low seeding density, we observed a marked increase in the efficacy of doxorubicin (68–fold decrease in IC50: 0.001 μ M) and tamoxifen (5.3–fold decrease in IC50: 0.034 μ M) in presence of CsA (Table ST3). Similarly, a higher than 1000–fold decrease in IC50 values of both doxorubicin and tamoxifen was observed in *MCF-7* cells at high cell seeding density

Fig. 3 Cell density-dependent drug-induced protein expression of the ABC transporters in breast cancer cells. Representative images of western blot analysis demonstrating the increase in expression of selected ABC transporters: ABCG2, ABCB1, ABCC1, and ABCC3 in the presence of doxorubicin as well as tamoxifen at low and high seeding conditions of **A** *MCF-7*, **C** *MDA-MB-468*, and **E** *MDA-MB-231*. Quantifcation of western blot images performed in breast cancer cells **B** *MCF-7*, **D** *MDA-MB-468*, and **F** *MDA-MB-231* with

the treatment of doxorubicin and tamoxifen as compared with their respective controls at low and high seeding density. Data represented are the results of three independent experiments. (N=3, *p ≤ 0.05) as compared with respective controls). *LDC* Low-density Control, *LDD* Low-density Doxorubicin-treated, *LDT* Low-density Tamoxifen-treated, *HDC* High-density Control, *HDD* High-density Doxorubicin-treated, *HDT* High-density Tamoxifen-treated

(Table ST3). In *MDA-MB-468* cells at both low and high seeding conditions, we observed CsA-induced marked increase in the efficacy of doxorubicin and tamoxifen with a several-fold decrease in their IC50 values (Table ST3). In *MDA-MB-231* cells seeded at low and high densities we observed an increased efficacy of doxorubicin by 69.23 and 23.53–fold decrease in IC50 values, respectively in presence of CsA. CsA-induced increased efficacy of Tamoxifen was also found in *MDA-MB-231* cells seeded at low (16.69–fold decrease in IC50) and high densities (13.33–fold decrease in IC50) (Table ST3). Thus, inhibition of ABC transporters sensitizes the breast cancer cells against chemotherapeutics.

Cell density potentiates the doxorubicin ‑ drug accumulation in breast cancer cells

Furthermore, the role of cell seeding density-induced drug efflux ABC transporters expression on the chemo-sensitization of these breast cancer cells was evaluated using a doxorubicin accumulation assay in absence or presence of CsA. As observed in our study, doxorubicin-induced increased expression of drug efflux pumps - ABC transporters at a low cell seeding density correlated with the decreased fuorescence intensity of doxorubicin in the low-density seeding conditions as compared with the high-density seeding conditions, both in luminal *MCF-7* (Fig. [4A](#page-6-0)), and TNBCs *MDA-MB-468* (Fig. [4](#page-6-0)B) and *MDA-MB-231* (Fig. [4C](#page-6-0)) cells suggesting a lower doxorubicin accumulation. Additionally, under both low and high-density cell seeding settings, pan inhibition of these drug efflux—ABC transporters using CsA markedly increased the accumulation of doxorubicin in these cells. (Fig. [4](#page-6-0) A–C). Thus, this data confrms the role of cell density-dependent ABC transporters in mediating chemoresistance.

Fig. 4 Cell density-dependent enhanced drug accumulation and expression of cell adhesion markers in breast cancer cells in presence of chemotherapeutics. Representative photomicrographs of **A** *MCF-7*, **B** *MDA-MB-468*, and **C** *MDA-MB-231* cells demonstrated an increase in the doxorubicin-drug accumulation that was potentiated in presence of cyclosporine A. Graphs depicting relative mRNA expression profle of cell adhesion markers such as E-cadherin and

Cell density‑dependent chemotherapeutics‑induced expression of cell adhesion genes

Cell adhesion plays a central role in cellular communication and therefore is instrumental in tumor development and progression. Therefore, we evaluated the mRNA expression levels of E-cadherin (E-cad) and N-cadherin (N-cad) in the breast cancer cells with varying cell density conditions in absence or presence of chemotherapeutics. N-cad expression was signifcantly increased in *MCF-7* (Fig. [4](#page-6-0)D) and *MDA-MB-468* (Fig. [4](#page-6-0)E) cells in presence of tamoxifen while doxorubicin-induced signifcant increase in *MDA-MB-468* (Fig. [4](#page-6-0)E) and *MDA-MB-231* (Fig. [4F](#page-6-0)) cells at low seeding density conditions. Our observation correlates with the earlier fndings which suggests that cells in confuent cultures are epithelial in nature with tight cell-cell junctions

N-cadherin in **D** *MCF-7*, **E** *MDA-MB-468*, and **F** *MDA-MB-231.* Low and high seeding conditions led to selectively upregulate the expression of N-Cad in presence of chemotherapeutic drugs at their IC50 concentrations. (Data are represented as mean \pm SEM of experiments repeated at least thrice. *p≤0.05 as compared with respective controls). *Doxo* Doxorubicin. *CsA* Cyclosporine A, *E-Cad* E cadherin, and *N-Cad* N cadherin

and expresses decreased levels of N-cad [[27](#page-9-18)]. Interestingly, literature also suggests that chemotherapeutics treatment to breast cancer cells induce expression of epithelial-tomesenchymal transition makers, like N-cad [[11\]](#page-9-4). Thus, the expression of N-cad drives the breast cancer tumorigenesis and disease progression.

Cell density‑dependent mammosphere forming efficiency of breast cancer cells

The aggressiveness of breast cancer cells is often assessed by their ability to form mammospheres *in-vitro* that correlate well with their *in-vivo* tumorigenic potential [[28](#page-9-19)]. Under low-density seeding conditions, both luminal, *MCF-7* (Fig. [5](#page-7-0)A–B) and TNBC, *MDA-MB-468* (Fig. [5](#page-7-0)C–D) and *MDA-MB-231* (Fig. [5](#page-7-0)E–F) cell lines depicted a higher

Fig. 5 ABC transporter inhibitor increases the sensitization towards chemotherapeutics in abrogating mammosphere forming efficiency of breast cancer cells. Representative photomicrographs and quantifcation of mammosphere in **A, B** *MCF-7* cells, **C, D** *MDA-MB-468*, and **E, F** *MDA-MB-231* demonstrated cyclosporine A-induced decrease in the percent of sphere-forming ability upon treatment with chemo-

percentage of sphere-forming efficiency as compared with high-density seeding conditions. However, doxorubicin, and/or tamoxifen signifcantly decreased the sphere-forming ability in breast cancer cells as compared to their vehicle control (Fig. [5](#page-7-0)A–F). Furthermore, CsA signifcantly reduced the chemotherapeutics-mediated sphere-forming efficiency in *MCF-7, MDA-MB-468*, and *MDA-MB-231* cells in the presence of tamoxifen and doxorubicin, respectively at low-density seeding conditions (Fig. [5A](#page-7-0)–F). Interestingly, both tamoxifen and doxorubicin in presence of CsA significantly decreased the larger $(>150 \,\mu m)$ sphereforming abilities in *MCF-7, MDA-MB-468*, and *MDA-MB-231* cells, respectively (Fig. [5A](#page-7-0)–F). This data suggests that inhibition of ABC transporters improves the efficacy of these chemotherapeutics against breast tumorigenesis.

therapeutic drugs (doxorubicin or tamoxifen, at their cell-type specifc IC50 concentrations). Statistical signifcance was determined from repeats of the experiment $(n=4)$, (Two-way ANOVA, $p < 0.05$) as compared to *vehicle control, #respective chemotherapeutic drugtreated group). *Doxo* Doxorubicin, *Tam* Tamoxifen, *CsA* Cyclosporine A, *SFE* Sphere forming efficiency

Discussion

Chemotherapy remains the standard treatment strategy for breast cancer patients. However, most breast cancer patients administered with conventional chemotherapeutic drugs such as doxorubicin or tamoxifen eventually develop resistance leading to metastasis and relapse [[29\]](#page-9-20). Breast cancer cell density varies dramatically throughout cancer progression thereby infuencing metastasis and chemoresistance [[30\]](#page-9-21). While breast cancer cells are critical for breast tumor density, there are other cellular and non-cellular components in the breast tissue that infuence the breast tumor progression. Tumorigenic extracellular matrix (ECM) alterations and stifness impact the anticancer drug responses. Therapies that alleviate the ECM stifness and breakdown, increases the drug penetration into tumor cells, and induction of cancer cell migration, invasion, and angiogenesis [[31](#page-9-22)]. Several intriguing ECM-targeting therapeutics such as fbroblast activation protein (FAP), a membrane-bound serine protease expressed in tumor stroma but not in normal tissue, are being evaluated at a pre-clinical level [\[32\]](#page-9-23). Similarly, cellular components like lymphocytes, neutrophils, mast cells, T-reg cells, cancer-associated fbroblasts, mesenchymal stem cells, pericytes, and adipocytes as well as over-expression of various non-cellular components such as growth factors (TGFβ, PDGF, IL-1, BMP, and CXCL-1); receptors (PDGFRβ, CXCR4, EGFR, integrins, and NOTCH); transcription factors (TWIST1 and ID1); and other factor's (PDK-1 and COX-2) also modulate tumor density [[33](#page-9-24)].

ABC transporters contribute signifcantly to the chemoresistance of breast cancer [[34\]](#page-9-25). High expression of ABC transporters, ABCG2, ABCCB1, and ABCC1 has been often linked to poor response to chemotherapeutics such as doxorubicin, mitoxantrone, and 5-fluorouracil along with a decrease in overall survival in breast cancer. Doxorubicin resistance has also been linked to the overexpression of ABCC3 along with ABCG2 in breast cancers [\[35](#page-9-26)]. In addition, ABCB1 overexpression led to increased CD44 gene expression in breast cancer cells [[36\]](#page-10-0). Also, ABCC3 expression and its functions as a drug resistance marker were reported to be signifcantly upregulated in non-small cell lung cancer [\[37](#page-10-1)]. ABCB1 inhibition led to an increased accumulation of doxorubicin in *MDA-MB-435 S* cells and induction of apoptosis [\[38](#page-10-2)]. Activation of Hippo signaling in pancreatic cancer cells cultured in high-density conditions led to increased mRNA expression of ABCG2, ABCA3, ABCCB4, and ABCC3, rendering them more chemoresistant [[39](#page-10-3)]. The involvement of other family members of these ABC transporters has not yet been explored critically. In this efort, our study demonstrated that luminal and TNBC cells grown at low seeding density led to a diferential increase in the mRNA expression of ABC transporters that may contribute to chemoresistance when treated with doxorubicin or tamoxifen. Gujral et al. also reported that diferences in drug sensitivity depended on the pancreatic cancer cell density [[39](#page-10-3)]. They demonstrated that pancreatic cancer cell lines grown in more crowded/dense circumstances (40–60% confuence) were substantially less susceptible to gemcitabine than cells cultured in less crowded/dense conditions (10–25% confuence). This shows the diferential sensitivity towards these drugs depending upon high and low cell seeding conditions. Although these fndings correlated well with our fndings in the luminal breast cancer cell line, *MCF-7*, aggressive TNBC cells cultured at low seeding conditions were less sensitive to doxorubicin or tamoxifen. Interestingly, we also observed a diferential expression profle of ABC transporters in these TNBC cells cultured at low seeding density. Corroborating these fndings, we conclude that the chemotherapeutics affect differently to breast cancer cells grown in low and high density rendering them chemoresistant. Cyclosporine A, a pan-inhibitor of ABC transporters has been reported to enhance the nuclear uptake of doxorubicin and this broad-spectrum activity may contribute to its clinical efficacy $[17, 26]$ $[17, 26]$ $[17, 26]$ $[17, 26]$. Similarly, our present study also showed an increased efficacy of chemotherapeutics in presence of CsA in both low and high-density conditions of breast cancer cells.

Overall, in breast cancer cells at low seeding density an increased expression of ABC transporters resulted in higher efflux of the drug or lesser drug accumulation that imparts chemoresistance along with increased expression of cell adhesion molecules. Pan inhibition of these ABC transporters results into an increased sensitization towards chemotherapeutics due to drug accumulation, and improved efficacy of these chemotherapeutics against breast tumorigenesis. In conclusion, our fndings have revealed that cell density can modulate the acquisition of chemoresistance in breast cancer cells through diferential expression of ABC transporters. Thus, a combinatorial treatment of potent ABC transporter inhibitor along with chemotherapeutics is the way forward to improve chemotherapy response and clinical outcomes in mitigating relapse of breast cancer.

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Declarations

Conflict of interest The authors declare that they have no confict of interest.

Ethical approval This article does not contain any studies with human participants or animals performed by any of the authors.

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