



# Targeting signaling pathways of VEGFR1 and VEGFR2 as a potential target in the treatment of breast cancer

Maryam Farzaneh Behelgard<sup>1</sup> · Saber Zahri<sup>1</sup> · Zahra Gholami Shahvir<sup>2</sup> · Farhad Mashayekhi<sup>2</sup> · Laleh Mirzanejad<sup>2</sup> · S. Mohsen Asghari<sup>2,3</sup>

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## Abstract

Tumor angiogenesis allows tumor cells to grow and migrate toward the bloodstream and initiate metastasis. The interactions of vascular endothelial growth factors (VEGF) A and B, as the important regulating factors for blood vessel growth, with VEGFR1 and VEGFR2 trigger angiogenesis process. Thus, preventing these interactions led to the effective blockade of VEGF/VEGFRs signaling pathways. In this study, the inhibitory effect of a 23-mer linear peptide (VGB4), which binds to both VEGFR1 and VEGFR2, on VEGF-stimulated Human Umbilical Vein Endothelial Cells (HUVECs) and highly metastatic human breast cancer cell MDA-MB-231 proliferation was examined using MTT assay. To assess the anti-migratory potential of VGB4, HUVECs and also MDA-MB-231 cells wound healing assay was carried out at 48 and 72 h. In addition, downstream signaling pathways of VEGF associated with cell migration and invasion were investigated by quantification of mRNA and protein expression using real-time quantitative PCR and western blot in 4T1 tumor tissues and MDA-MB-231 cells. The results revealed that VGB4 significantly impeded proliferation of HUVECs and MDA-MB-231 cells, in a dose- and time-dependent manner, and migration of HUVECs and MDA-MB-231 cells for a prolonged time. We also observed statistically significant reduction of the transcripts and protein levels of focal adhesion kinase (FAK), Paxillin, matrix metalloproteinase-2 (MMP-2), RAS-related C3 botulinum substrate 1 (Rac1), P21-activated kinase-2 (PAK-2) and Cofilin-1 in VGB4-treated 4T1 tumor tissues compared to controls. The protein levels of phospho-VEGFR1, phospho-VEGFR2, Vimentin,  $\beta$ -catenin and Snail were markedly decreased in both VGB4-treated MDA-MB-231 cells and VGB4-treated 4T1 tumor tissues compared to controls as evidenced by western blotting. These results, in addition to our previous studies, confirm that dual blockage of VEGFR1 and VEGFR2, due to the inactivation of diverse signaling mediators, effectively suppresses tumor growth and metastasis.

**Keywords** VEGF · VEGFR1 · VEGFR2 · Antagonist peptide · Breast cancer · Migration

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✉ S. Mohsen Asghari  
sm\_asghari@guilan.ac.ir

<sup>1</sup> Department of Biology, Faculty of Science, University of Mohaghegh Ardabili, Ardabil, Iran

<sup>2</sup> Department of Biology, Faculty of Science, University of Guilan, Rasht, Iran

<sup>3</sup> Institute of Biochemistry and Biophysics (IBB), University of Tehran, Tehran, Iran

## Introduction

Tumor angiogenesis is necessary for tumor growth and metastasis. Among angiogenesis modulating growth factors, vascular endothelial growth factor (VEGF) (also known as VEGF-A) has a dominant role by inducing endothelial cell proliferation, migration, invasion and capillary tube formation [1].

Cell migration as a hallmark of angiogenesis and metastasis is initiated by plasma membrane protrusions consisting of large lamellipodia, finger-like filopodia or both on the leading edge. These protrusions are driven by actin filaments polymerization followed by focal adhesion assembly, tractional forces generation, and tail retraction and detachment [2]. Growth factor receptors and integrins regulate the

VEGF stimulated endothelial cell migration [3]. In particular, VEGF induces tyrosine phosphorylation of focal adhesion associated proteins in focal adhesions [4], where link extracellular matrix to actin cytoskeleton [5]. FAK and Paxillin are prominent components localized in focal adhesions essential for actin filament assembly and cell motility [6].

FAK, a multi-domain non-receptor tyrosine kinase, acts as the key signaling molecule involved in cell proliferation, migration and survival [7]. Although FAK mostly participates in integrin-mediated signaling, several studies have shown its activation in response to stimulations of growth factors [7–9]. FAK activation triggers multiple downstream signaling pathways through the recruitment and phosphorylation of adaptor proteins such as paxillin in focal adhesion [10]. Paxillin, a multi-domain adaptor protein, plays a key role in several signaling pathways [11]. The structural characteristics of paxillin allow to act as a docking site and an important scaffolding component for the other signaling molecules involved in cell migration and adhesion [11]. PAKs, multi-domain non-receptor serine/threonine kinases, are recruited to focal adhesion through binding to adaptor proteins such as paxillin and localized immediately in downstream of small GTPases (Rac1/cdc42), and regulate the cellular activities, e.g. actin cytoskeleton remodeling, motility and invasion [12, 13]. Numerous investigations have shown the overexpression of the mammalian PAK family, including PAK-1 to -6, in human breast tumors [14–16]. LIM-kinases (LIMKs) and actin-binding kinases activated by PAKs, phosphorylate and inactivate cofilin. Inhibition of cofilin activation stabilizes F-actin filaments [17]. In particular, active Cofilin serves as depolymerizing and severing of F-actin. Therefore, local activation of Cofilin reduces efficiency of cell protrusion [18]. PAKs also upregulate the expression of MMPs [19], a family of Zn<sup>2+</sup>-dependent proteolytic enzymes which digest the extracellular matrix (ECM) components and break down basement membrane. The increase in the levels of circulating MMPs is associated with breast cancer invasion and metastasis [20, 21].

Snail is a zinc-finger containing transcription factor which is associated with breast tumor migration and invasion through the induction of Epithelial-Mesenchymal Transition (EMT) [22]. The key events in EMT cellular process are disorganization of E-cadherin- $\beta$ -catenin complex and de novo expression of mesenchymal marker, Vimentin [22, 23].

We have previously reported a VEGF-antagonistic peptide (denoted as VGB4) that its binding to both VEGFR1 and VEGFR2 led to the abrogation of VEGF-mediated signaling pathways, appreciable inhibition of tumor angiogenesis, growth, and metastasis [24]. The aim of current study is to investigate the effect of VGB4 on metastatic pathways in human breast cancer cell MDA-MB-231 and 4T1 tumor tissue. Our findings demonstrate the significant decrease of VEGFR1 and VEGFR2 phosphorylation resulting in

destabilization of focal adhesions and disruption of actin organization through downregulation of FAK-Paxillin-MMP-2 as well as Rac-PAK-Cofilin pathways, and downregulation of Vimentin, Snail and  $\beta$ -catenin (EMT markers) in VGB4-treated breast tumors. These results suggest that antimigratory and antiinvasive potential of VGB4 can be due to simultaneous blocking of VEGFR1 and VEGFR2.

## Material and methods

### Peptide and antibodies

The peptide was synthesized and purified by high-performance liquid chromatography (HPLC) at a purity of 90%, analyzed by matrix-assisted laser desorption/ionization time-of-flight mass spectrometry (MALDI-TOF), and approved by electrospray ionization mass spectrometry (ESI-MS) analysis (Shine Gene Biotechnologies, Inc., Shanghai, China). Anti-phospho-VEGFR1 (SAB4504006), anti total-FAK (SAB4502500), anti total-Cofilin (SAB2702206), anti phospho-PAK-2 (SAB4504634) and anti total-PAK-2 (SAB4502071) were from Sigma (St Louis, MO, USA); anti-GAPDH (sc-32233) was purchased from SANTA CRUZ BIOTECHNOLOGY, INC., Santa Cruz, California, USA; Goat Anti-Rabbit IgG H&L (HRP) (ab205718), Donkey Anti-Goat IgG H&L (HRP) (ab205723), anti-Rac1 (ab97732), anti-Vimentin (ab137321), anti- $\beta$ -catenin (ab2365), anti-Snail (ab53519), anti phospho-Cofilin (ab12866) and anti-phospho-VEGFR2 (ab194806) were purchased from Abcam, Cambridge, UK. Anti-phospho-FAK (# 44-624G) was from Invitrogen (Carlsbad, CA). Anti-phospho-Paxillin (#2541) and anti total-Paxillin (#2542) were purchased from Cell Signaling Technology. Rac activation assay kit was from Cell Biolabs, (San Diego, CA).

### Cell culture

HUVEC (NCBI code: C554) and MDA-MB-231 cell (NCBI code: C578) were purchased from the National Cell Bank, Pasteur Institute of Iran, cultured in Dulbecco's Modified Eagle's Medium (DMEM; Gibco, Life Technologies, USA), and supplemented with 10% fetal bovine serum (FBS; Sigma, St. Louis, Missouri, USA). The culture was incubated at 37 °C and 5% CO<sub>2</sub> until the confluency reached about 90%.

### MTT assay

$4 \times 10^4$  MDA-MB-231 cells and  $3 \times 10^3$  Human Umbilical Vein Endothelial Cells (HUVECs) were cultured in DMEM medium supplemented with 10% FBS into a 24-well plate. The medium was replaced with the media supplemented

with 2% FBS, 200 ng/ml VEGF-A (Sigma, St. Louis, Missouri, USA) and various concentrations (0.09, 0.18, 0.37, 0.55 and 0.74  $\mu$ M) of VGB4 or (0.74  $\mu$ M) of scr. After 24, 48 and 72 h incubation, 5 mg/ml of 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazoliumbromide (MTT) (Sigma, St. Louis, Missouri, USA) was added and the plates were incubated for 4 h at 37 °C. Then, dimethyl sulfoxide (DMSO) (100  $\mu$ l) was added to the plate to solubilize the purple formazan crystals. The absorbance was read at 570 nm by an ELISA plate reader.

### Wound healing migration assay

$3 \times 10^3$  HUVEC and  $3 \times 10^4$  MDA-MB-231 cells were seeded and grown in a 24-well culture plate. The confluent monolayer was wounded using a sterile 100  $\mu$ l pipette tip to generate a cell-free area. After washing with PBS, the medium was replaced with the medium containing 2% FBS and concentrations (0.37 and 0.74  $\mu$ M) of VGB4 or (0.74  $\mu$ M) of scr and 200 ng/ml VEGF-A. The rate of wound closure was monitored microscopically after 48 h and 72 h, given that the percentage of migration = 0 at 0 h. Images were taken using the camera connected to an inverted microscope (Olympus BX-50, Japan). The wound area was measured by Wimasis image analysis software (<https://www.wimasis.com/en/>).

### Animals

In our previous animal study [24], for assessment of the efficacy of VGB4 peptide in a 4T1 breast tumor model, we aseptically excised murine 4T1 mammary carcinoma tumors from BALB/c mice-bearing breast cancer and cut them into the small pieces, approximately 0.3 cm<sup>3</sup>. After subcutaneous transplantation of tumor pieces to the 4–6 week-old female BALB/c mice, when the tumor volume reached ~200 mm<sup>3</sup> on the 14th day, the intraperitoneal injection of VGB4 peptide was started for 2 weeks. Treatment groups daily received different doses of VGB4 or scr peptide and control group received equal volume of PBS. After a 2-week treatment, the tumor tissue sections removed from the BALB/c mice treated with 5 mg/kg and 10 mg/kg doses of VGB4, and 10 mg/kg dose of scr were kept in –70 °C and we, in the present study, used these frozen tumor tissue sections for Real-time quantitative polymerase chain reaction and western blot.

### Real-time quantitative PCR

Total RNA was isolated from tumor tissue samples using the TRIZOL reagent (Invitrogen, Carlsbad, CA) based on the manufacturer's instruction. The purity and concentration of RNA were determined using 1% agarose gel

electrophoresis and Nano Drop instrument (Thermo-ones, Wilmington, DE). Complimentary DNA (cDNA) synthesis was performed using Revert Aid First strand cDNA synthesis kit (ThermoFisher, Waltham, MA) based on the protocol manual. The primer sequences of FAK, Paxillin, PAK-2, Cofilin-1, MMP-2, Rac1 and Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) genes were designed by Oligo 7 primer analysis software (Table 1). In a thin walled PCR reaction tube, 6.5  $\mu$ l of SYBR green master mix (Bioron, GmbH) was added to 1  $\mu$ l cDNA sample, 0.5  $\mu$ l forward primer, 0.5  $\mu$ l reverse primer and 4.5  $\mu$ l sterile deionized water. RT-qPCR was performed on Roche *LightCycler® 96 Instrument* and the reaction condition was set at 94 °C for 5 min as an initial denaturation which followed by 30 cycles of denaturation at 94 °C for 30 s, annealing at 58 °C for 30 s and extension at 72 °C for 30 s; and a final extension at 72 °C for 5 min. At the end of the program, the melting curve was checked and the relative gene expression level was quantified using  $\Delta\Delta$ CT (delta-delta CT) method by which the calculated mRNA level was represented as fold change value ( $2^{-\Delta\Delta CT}$ ) in data analysis. GAPDH was also used as a suitable endogenous reference gene. All the primers used in RT-qPCR were synthesized by Pars Mehr Zist (Iran).

### Western blot

MDA-MB-231 cells or 4T1 tumor tissues from control and VGB4-treated groups were lysed with RIPA buffer supplemented with protease and phosphatase inhibitor cocktail (Sigma, St. Louis, Missouri, USA). The lysate was then centrifuged at 4 °C and the protein concentration was assessed by Lowry method. Equal volumes of total proteins were separated by 10% sodium dodecyl

**Table 1** Primer sequences used in RT-qPCR analysis

Gene	Strand	Primer sequence
FAK	Forward	5'-CCATGCCCTCGAAAAGCTATG-3'
	Reverse	5'-TGACGCATTGTTAAGGCTTCT-3'
Paxillin	Forward	5'-GGCATCCCAGAAAATAACACTCC-3'
	Reverse	5'-GCCCTGCATCTTGAAATCTGA-3'
PAK-2	Forward	5'-GTAACCGCTAACATCGTCACC-3'
	Reverse	5'-ACTGTCTCTTTACACCCTC-3'
Cofilin-1	Forward	5'-TTTAACGACACCCTACTCCG-3'
	Reverse	5'-TCCTGCTTCCATGAGTGGTC-3'
MMP-2	Forward	5'-AAGGATGGACTCCTGGCAGATGCC TTT-3'
	Reverse	5'-ACCTGTGGGCTTGTCACGTGGTGT-3'
Rac1	Forward	5'-ACGGAGCTGTTGGTAAAACCT-3'
	Reverse	5'-AGACGGTGGGGATGTACTCTC-3'
GAPDH	Forward	5'-CCCATCACCATCTTCCAGGAGC-3'
	Reverse	5'-CCAGTGAGCTTCCCGTTTCAGC-3'

sulfate–polyacrylamide gel electrophoresis and transferred to polyvinyl difluoride (PVDF) membranes (Sigma, St. Louis, Missouri, USA). After blocking with 5% non-fat milk, the membranes were incubated with the primary antibodies including anti-phospho-VEGFR1, anti-phospho-VEGFR2, anti-total-VEGFR1, anti-total-VEGFR2, anti-phospho-FAK, anti-total-FAK, anti-phospho-Paxillin, anti-total-Paxillin, anti-phospho-Cofilin, anti-total-Cofilin, anti-phospho-PAK2, anti-total-PAK2, anti-Vimentin, anti- $\beta$ -catenin, anti-Snail and anti-GAPDH at 4 °C overnight, followed by the incubation with secondary HRP-conjugated anti-rabbit or anti-goat antibodies at room temperature for 1 h. The bands were visualized using ECL reagent (Amersham, GE Healthcare Bio-Sciences Corp, Piscataway, NJ, USA). GAPDH was used as the internal control. The quantification of protein bands with reference to GAPDH control bands was performed using Image J software (NIH Image, National Institutes of Health; online at: <https://rsbweb.nih.gov/ij/>).

### Rac activation assay

Rac activation was assayed by using Cell Biolabs' Rac1 Activation Assay Kit. 4T1 tumor tissue lysates were prepared and then incubated with PAK–PBD Agarose beads for 1 h at 4 °C to pull down the active form of Rac (GTP-bound Rac1). The beads were washed three times with assay buffer, resuspended in SDS sample buffer, boiled and separated by 12% SDS–PAGE gel, and analysed for Rac1 by western blotting.

### Gelatin gel zymography

To determine the enzymatic activity of MMP-2, gelatin gel zymography was carried out as described [25] with some changes. 4T1 tumor tissues were homogenized with lysis buffer (50 mM Tris/HCl pH 7.5, 75 mM NaCl, 1% Triton X-100 and 1 mM PMSF). Supernatant was incubated with 50% (NH<sub>4</sub>)<sub>2</sub>SO<sub>4</sub> for 10 min. Pellets were resuspended in 220  $\mu$ l 50 mM Tris/HCl buffer (pH 7.5) and then incubated with 100  $\mu$ l Gelatine-Sepharose 4B beads (Amersham, GE healthcare, Pittsburgh, USA) at 4 °C for 2 h with gentle agitation. The collected beads were incubated with 200  $\mu$ l of elution buffer (50 mM Tris/HCl, 15 mM CaCl<sub>2</sub>, 1 M NaCl and 8% DMSO) for 1 h at 4 °C with shaking. The samples were separated on 10% SDS-PAGE gel. The gel was incubated in the fresh developing buffer (50 mM Tris/HCl, 10 mM CaCl<sub>2</sub>, 0.02% NaN<sub>3</sub>) for 42 h at 37 °C. Then the gel was stained with Coomassie blue R-250 for 30 min,

and destained in destaining solution (25% methanol and 5% acetic acid) to detect the clear bands.

### Statistical analysis

Statistical analyses were performed using GraphPad Prism7 software. Data normality was assessed with Kolmogorov–Smirnov test. The significant difference between groups was evaluated with Unpaired Student's t-test. Differences were considered statistically significant when  $P < 0.05$ .

## Results

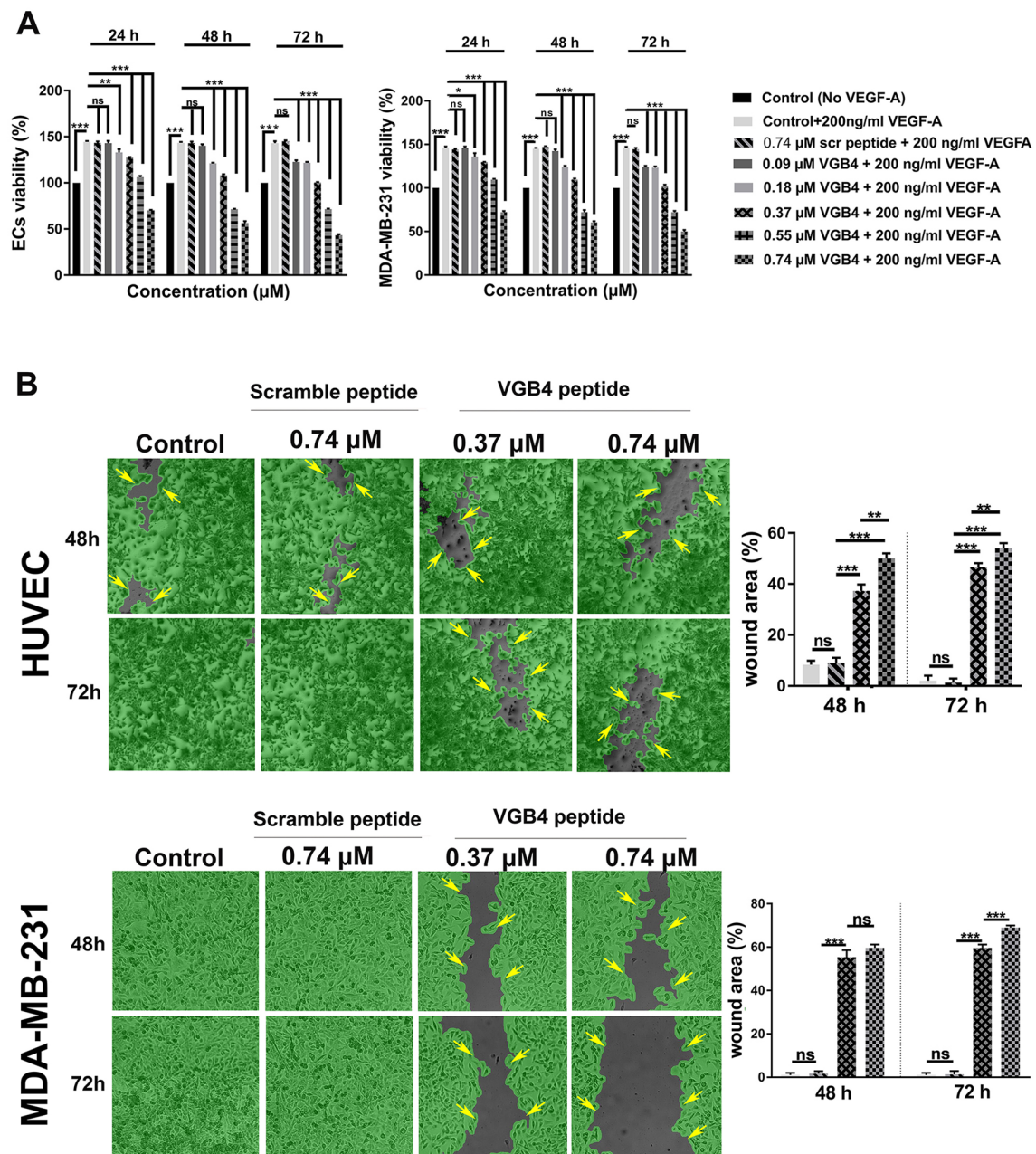
### Peptide design

A 23-mer linear peptide (referred to as VGB4) was designed based on VEGF-B and VEGF-A regions involved in ligation to VEGFR1 and VEGFR2 [24]. The sequence of the designed peptide was  $_2$ HN-KQLVIKPHGQILMIRYPSSQLEM-COOH.

### Dose- and time-dependent inhibition of VEGF-induced cell proliferation and migration

To determine the inhibitory effect of VGB4, we first assessed proliferation of HUVECs and MDA-MB-231 cells in the presence of 200 ng/ml VEGF-A using MTT assay. As shown in Fig. 1a, proliferation of VEGF-stimulated cells (positive control) was significantly increased at different time points (24, 48 and 72 h) compared to unstimulated cells (negative control) ( $P < 0.001$ ). As indicated in Fig. 1a, VGB4 created a dose- and time-dependent inhibition of VEGF-stimulated proliferation so that the maximal inhibition was observed at 0.74  $\mu$ M. The scrambled peptide (scr, 0.74  $\mu$ M), however, could not suppress VEGF-induced proliferation of cells. The half-maximal inhibitory concentrations (IC<sub>50</sub>) of VGB4 following incubation for 24, 48 and 72 h on HUVECs and MDA-MB-231 cells were at 0.74, 0.55 and 0.55  $\mu$ M, respectively ( $P < 0.001$ ). Based on a report by Lee et al. [26], Sorafenib, a known tyrosine kinase inhibitor (TKI), inhibited MDA-MB-231 cells proliferation with IC<sub>50</sub> value of 10.752  $\mu$ M. By comparison, VGB4 suppressed MDA-MB-231 cells proliferation with IC<sub>50</sub> values of ~0.5  $\mu$ M and 0.74  $\mu$ M, indicating that VGB4 is about ten times more potent than Sorafenib. Next, wound healing assay was conducted to further assess the effect of VGB4 on endothelial and MDA-MB-231 cells migration at later time points (48





**Fig. 1** The investigation of dose- and time- dependent anti-proliferative and anti-migratory properties of VGB4. **a** HUVECs and MDA-MB-231 cells were treated with various concentrations (0.09, 0.18, 0.37, 0.55 and 0.74  $\mu\text{M}$ ) of VGB4 for 24, 48 and 72 h in the presence of VEGF-A (200 ng/ml). **b** HUVECs and MDA-MB-231 cells were

mechanically wounded and treated with 0.37 and 0.74  $\mu\text{M}$  of VGB4, and 200 ng/ml VEGF-A for 48 h and 72 h. Image analysis was performed using Wimasis image analysis software. The grey areas in the images reveal the wound areas. Data were represented as mean  $\pm$  SD,  $n=3$ , \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$  compared to the control

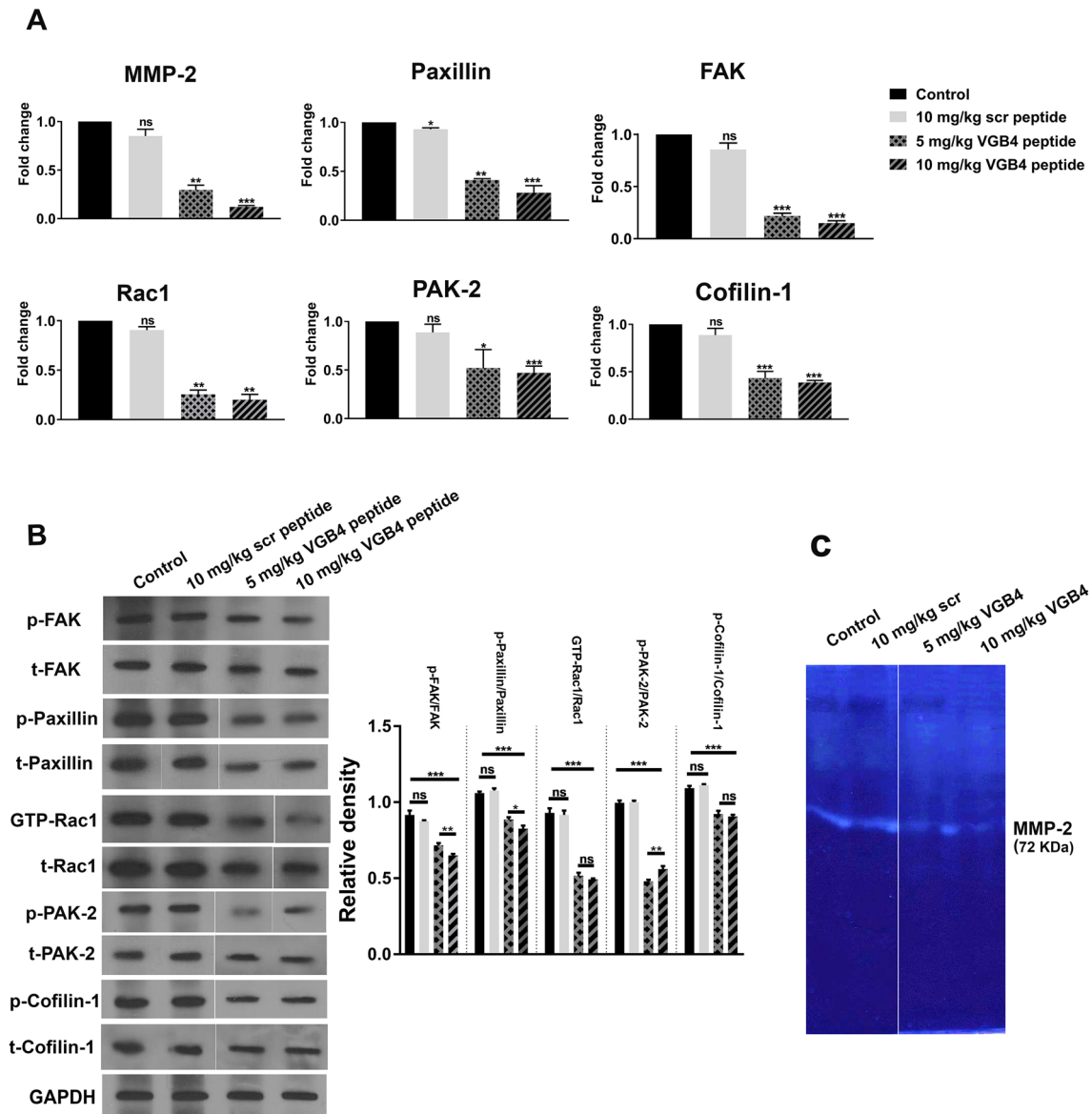
and 72 h). The rate of wound closure was measured after 48 h and 72 h, revealing that VGB4 (0.37 and 0.74  $\mu\text{M}$ ) significantly decreased the wound closure rates compared with control and scr-treated cells ( $P < 0.001$ ) (Fig. 1b). The percentage of wound area was measured by Wimasis Image Analysis (<https://www.wimasis.com/en/>).

### RT q-PCR analysis of FAK, Paxillin, MMP-2, Rac1, PAK-2 and Cofilin-1 mRNA expression levels in VGB4-treated 4T1 tumor tissues

The melting and amplification curves analyses of the mRNA expression from RT q-PCR were carried out (Supplementary Fig. S1). The obtained average melting temperature ( $T_m$ ) from melting curve analysis of FAK, Paxillin, MMP-2, Rac1,

PAK-2, Cofilin-1 and GAPDH genes are respectively as follows:  $85.3 \pm 0.2$ ,  $85.5$ ,  $85.1$ ,  $85$ ,  $88$ ,  $85 \pm 0.3$ , and  $89.8$  (in untreated tumors),  $85$ ,  $85.4$ ,  $85.1 \pm 0.4$ ,  $87.6$ ,  $84.2 \pm 0.3$ ,  $84.8$  and  $89.5$  (in 10 mg/kg scr-treated tumors),  $85$ ,  $85 \pm 0.2$ ,  $84.8$ ,  $84.4$ ,  $88$ ,  $85$  and  $89.6$  (in 5 mg/kg VGB4-treated tumors) and  $85.2$ ,  $85.1 \pm 0.3$ ,  $84.5$ ,  $85 \pm 0.2$ ,  $87.8 \pm 0.2$ ,  $84.5$  and  $90$  (in 10 mg/kg VGB4-treated tumors).  $T_m$  peaks of the RT q-PCR products were also calculated by plotting the negative derivative of fluorescence over temperature (Supplementary

Fig. S1). A single melting peak at a temperature along with the results of amplification curves analyses confirm specific amplification of the target genes (Supplementary Fig. S1). The results of primer efficiency calculation, with a mean  $E = 0.99 \pm 0.05$ , were obtained for all genes. Furthermore, relative changes in mRNA expression levels of FAK, Paxillin, MMP-2, Rac1, PAK-2 and Cofilin-1 genes were quantified using RT q-PCR in VGB4-treated 4T1 tumor tissues



**Fig. 2** RT q-PCR and western blot analysis of tissue mRNA and protein level of FAK, Paxillin, MMP-2, Rac1, PAK-2 and Cofilin-1 in 4T1 tumors. **a** The mRNA expression levels were determined in tumor tissue sections of untreated and VGB4 (5 mg/kg/day and 10 mg/kg/day)- or scr (10 mg/kg/day)- treated BALB/c mice. The relative mRNA expression levels were calculated using  $\Delta\Delta CT$  method and normalized against GAPDH mRNA. **b** The protein levels of

phospho-FAK, total-FAK, phospho-Paxillin, total-Paxillin, phospho-Cofilin, total-Cofilin, phospho-PAK-2, total-PAK-2 as well as GTP-Rac1 and total-Rac1 were assessed by western blot analysis. **c** Representation of gelatin zymography demonstrating down regulation of MMP-2 activity in VGB4-treated groups compared to controls. Data are expressed as the mean  $\pm$  S.D. of three experiments. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$  versus control groups

compared to untreated tumor tissues and scr-treated tumors (Fig. 2a).

### Tissue mRNA level of FAK

The qRT-PCR analysis revealed a significant difference in transcript level of FAK between VGB4-treated, untreated and scr-treated tumors ( $P < 0.001$ ). As shown in Fig. 2a, VGB4 markedly reduced the expression level of focal adhesion kinase by 78.3% and 85.1% at doses 5 mg/kg and 10 mg/kg compared to controls, respectively.

### Tissue mRNA level of Paxillin

The qRT-PCR analysis revealed a significant reduction in transcript level of Paxillin in VGB4-treated tumors compared to untreated and scr-treated tumors ( $P = 0.005$  for 5 mg/kg/day, and  $P < 0.001$  for 10 mg/kg/day). As shown in Fig. 2a, the mRNA level of Paxillin was decreased by 59% and 72% at doses 5 mg/kg and 10 mg/kg of VGB4 compared to controls, respectively. Paxillin mRNA levels were not statistically significantly different at doses 5 and 10 mg/kg/day of VGB4 ( $P = 0.131$ ).

### Tissue mRNA level of MMP-2

The qRT-PCR analysis revealed a dose-dependent reduction in transcript level of MMP-2 in VGB4-treated tumors compared to untreated and scr-treated tumors ( $P = 0.002$  for 5 mg/kg/day and  $P < 0.001$  for 10 mg/kg/day). As shown in Fig. 2a, the mRNA level of MMP-2 was decreased by 70.5% and 88.0% at doses 5 and 10 mg/kg/day of VGB4 compared to controls, respectively. The difference in the mRNA level of MMP-2 was found to be statistically significant between doses 5 and 10 mg/kg of VGB4 ( $P = 0.041$ ).

### Tissue mRNA level of Rac1

The RT q-PCR analysis revealed a significant reduction in transcript level of Rac1 in VGB4-treated tumors compared to untreated and scr-treated tumors ( $P = 0.002$ ). As shown in Fig. 2a, the mRNA level of Rac1 was decreased by 75% and 80% at doses 5 mg/kg/day and 10 mg/kg/day of VGB4 compared to controls, respectively.

### Tissue mRNA level of PAK-2

The qRT-PCR analysis revealed a reduction in transcript level of PAK-2 in VGB4-treated tumors compared to untreated and scr-treated tumors ( $P = 0.012$  for 5 mg/kg/day, and  $P < 0.001$  for 10 mg/kg/day). As shown in Fig. 2a, the mRNA level of PAK-2 was decreased by 48% and 53% at doses 5 and 10 mg/kg/day of VGB4 compared to controls,

respectively. PAK-2mRNA levels were not statistically significantly different at doses 5 and 10 mg/kg/day of VGB4 ( $P = 0.692$ ).

### Tissue mRNA level of Cofilin-1

The qRT-PCR analysis revealed a significant reduction in transcript level of cofilin-1 in VGB4-treated tumors compared to untreated and scr-treated tumors ( $P = 0.001$  for 5 mg/kg/day, and  $P < 0.001$  for 10 mg/kg/day). As shown in Fig. 2a, the mRNA level of cofilin-1 was decreased by 56.7% and 61.4% at doses 5 and 10 mg/kg/day of VGB4 compared to controls, respectively.

### The effect of VGB4 on FAK, Paxillin, Cofilin-1, PAK-2, Rac1, and MMP2 protein levels in 4T1 tumor tissues

Western blot analysis revealed a marked reduction in the expression levels of p-FAK, p-Paxillin, p-Cofilin-1, p-PAK-2, and GTP-Rac1 and total form of the proteins in VGB4-treated tumors relative to untreated and scr-treated tumors (Fig. 2b). The significant reduction in the ratio of phosphoproteins to total proteins in VGB4-treated tumors compared to control groups ( $P < 0.001$ ), reveals that VGB4 could inhibit the phosphorylation of these proteins. Furthermore, MMP-2 gelatin zymography revealed a marked reduced MMP-2 activity in VGB4-treated 4T1 tumors compared to untreated control groups (Fig. 2c).

### Analysis of VEGFR1, VEGFR2, $\beta$ -catenin, Vimentin and Snail protein expression levels in VGB4-treated MDA-MB-231 cells and VGB4-treated 4T1 tumor tissues

The VEGF/VEGFR-1/-2 axes promote invasion and metastasis by promotion of EMT process in breast cancer cells [27]. The correlation between expression of VEGFR-2 and EMT biomarkers has become apparent [28]. Given that VEGFR-2 serves as a mediator of EMT in breast tumors, blocking of VEGFR-2/PI3K/Akt/Snail and  $\beta$ -catenin signaling is important in breast cancer treatment [29]. Likewise, several studies have found that the high level of VEGF/VEGFR-1/-2/NRP-1 axis in metastatic MDA-MB-231 and 4T1 cells regulates survival and invasion through maintaining the mesenchymal phenotype (up-regulated the levels of Vimentin and snail expression) [30, 31]. Therefore, interfering with VEGF/VEGFRs interaction inhibits VEGFR1 and VEGFR2 phosphorylation followed by the inactivation of VEGFRs signaling-mediated EMT. VGB4 is able to bind to both VEGFRs and inactivates downstream pathways associated with VEGF [24]. In this respect, the effect of VGB4 on major signaling pathways involved in VEGF-induced

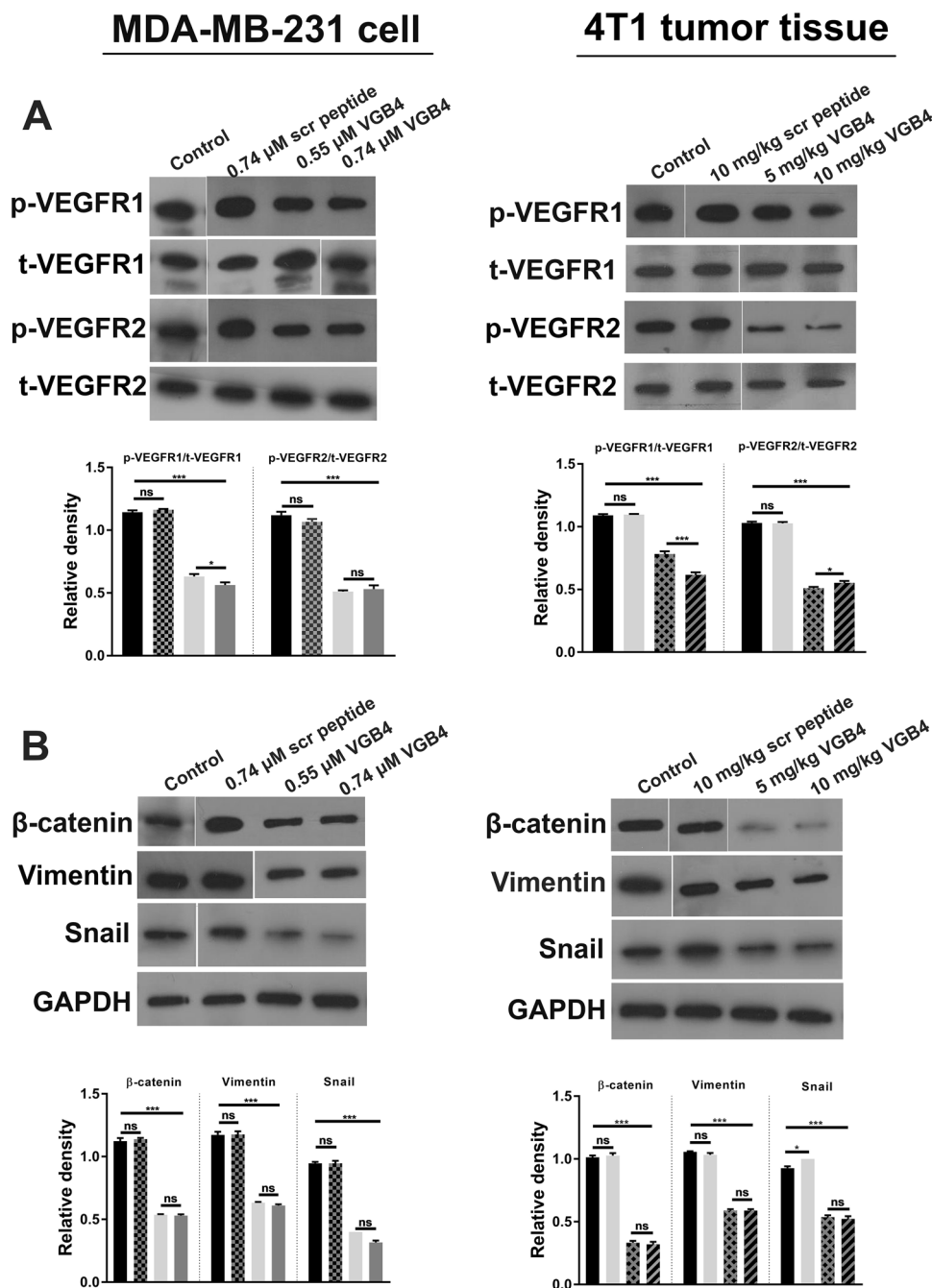
EMT was further assessed in MDA-MB-231 cells and 4T1 tumor tissues and the level of phosphorylated-VEGFR1 (Y1313), phosphorylated-VEGFR2 (Y1175), Vimentin,  $\beta$ -catenin and Snail were determined using western blot analysis. As shown in Fig. 3a, VGB4 potently decreased p-VEGFR1, t-VEGFR1, p-VEGFR2 and t-VEGFR2 levels in 4T1 tumor tissues and MDA-MB-231 cells compared to control groups ( $P < 0.001$ ). Furthermore, VGB4 significantly blocked Vimentin,  $\beta$ -catenin and Snail in 4T1 tumor tissues and MDA-MB-231 cells compared to controls ( $P < 0.001$ ) (Figs. 3b, 4). These results further confirm

the antagonizing property of VGB4 on VEGF-mediated cell invasion and metastasis.

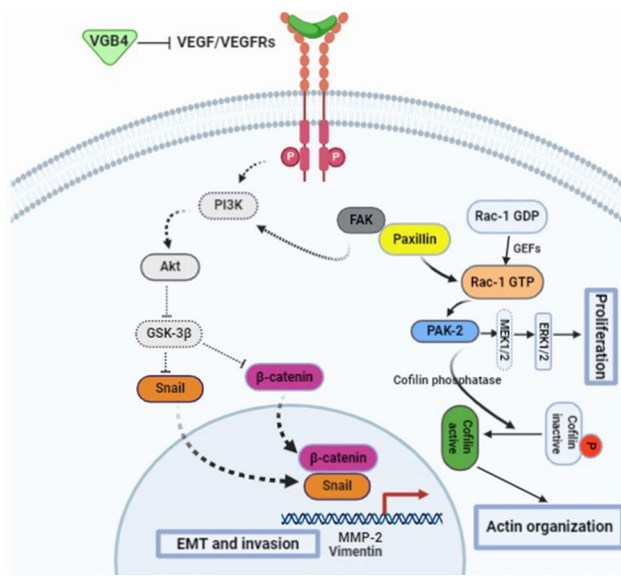
## Discussion

Simultaneous blockage of VEGFR1 and VEGFR2 inactivates broader signaling pathways of VEGF, thereby more effectively suppression of tumor growth and metastasis than blockade of VEGFR1 or VEGFR2 alone [32–35]. In particular, VEGFR2 is a pivotal regulator of angiogenesis.

**Fig. 3** The disruption of VEGF intracellular signaling pathway by VGB4. **a** MDA-MB-231 cells or 4T1 tumor tissues were treated with different concentrations of VGB4 or scr and then lysates were subjected to western blot to analyze the expression levels of phosphorylated and total forms of VEGFR1 and VEGFR2. **b** MDA-MB-231 cells or 4T1 tumor tissues treated with different concentrations of VGB4 or scr were subjected to western blot to analyze the expression levels of  $\beta$ -catenin, Vimentin and Snail. GAPDH was used as internal control to quantify the protein bands using image J gel analysis program. Full-length blots are presented in Supplementary Figs. S2 and S3. Data were represented as mean  $\pm$  SD,  $n = 3$ , \* $P < 0.05$ , \*\*\* $P < 0.001$  versus the control groups







**Fig. 4** Schematic representation of VEGF downstream signaling pathways related to migration and invasion. In this model, VGB4, interfering VEGF/VEGFRs interaction, inhibits proliferation, actin organization, and EMT process through inactivating RAC1-PAK2-Cofilin pathway and FAK-Paxillin-MMP2 pathway

VEGF/VEGFR2 axis promotes cells proliferation, often via canonical MAPK/ERK signaling, and cells migration, vascular permeability, and cells survival through FAK/PI3K/Akt signaling pathway [36], and VEGF/VEGFR1 axis induces proliferation, migration, and invasion of tumor cells through MAPK/ERK and PI3K/Akt/Rac1 signaling pathways [37]. EMT-inducing signaling pathways through VEGFR1 and VEGFR2 drives tumor progression, invasion, and metastasis with a gain of mesenchymal markers, such as Vimentin [38, 39]. We previously demonstrated that VGB4 could interfere with VEGF/VEGFRs interaction and their downstream signaling pathways [24]. In the current study, we investigated in more details the effect of VGB4 on signaling pathways of migration and invasion. VGB4 inhibited VEGF-induced HUVECs and MDA-MB-231 cells proliferation dose- and time- dependently. Likewise, VEGF-induced HUVECs and MDA-MB-231 cells migration strongly suppressed by VGB4 for a prolonged time (48 and 72 h). In addition, significant reduction of VEGFR1 and VEGFR2 phosphorylation inactivated FAK-Paxillin-MMP-2 as well as Rac-PAK-Cofilin pathways in VGB4-treated tumor tissues (Fig. 4). Meanwhile, a marked decrease in Vimentin, β-catenin and Snail levels (as EMT markers) was observed in VGB4-treated MDA-MB-231 cells and VGB4-treated 4T1 tumors.

In tumor tissues, organization of the adhesion complexes and actin cytoskeleton promotes cancer cell migration and invasion [40]. Many studies have shown that high

levels of FAK correlate with increased malignancy and invasiveness [41, 42], and loss of FAK reduces invasion degree of breast cancer cells [43]. The binding of VEGF to VEGFR2 triggers FAK activation, which is required for the recruitment of paxillin to FAK in focal adhesion site, leading to the cytoskeletal reorganization and cell migration [44, 45]. Rac1 and PAK-2 are also highly expressed in different tumors and contributes to the invasion of breast cancer cells, and activated through VEGFR2 and induces stress fiber formation and cancer cell migration [46, 47]. Likewise, the activity of cofilin pathway is known as an important determinant of tumor cell metastatic and invasive phenotype [48]. In tumor cells, VEGF-stimulated VEGFR2-Y1175 and VEGFR1-Y1333 phosphorylation create a binding site for phospholipase Cγ (PLCγ) [49, 50]. Activated PLCγ hydrolyses phosphatidylinositol 4,5-bisphosphate (PIP2) resulting in release of cofilin (which is in complex with PIP2) from the cell membrane, and cofilin phosphorylation by LIMK led to the cell protrusion and motility [48]. Our western blot analysis showed a strong reduction of phosphorylated VEGFR1 and VEGFR2 in VGB4-treated MDA-MB-231 cells and VGB4-treated 4T1 tumors. A statistically significant reduction in mRNA level of FAK, Paxillin, Rac1, PAK-2 and Cofilin-1 was also observed in VGB4-treated tumor tissue sections. These results indicate that VGB4 down-regulated the canonical pathways of VEGF-VEGFR1/2 signaling associated with cancer migration and metastasis. Furthermore, the noticeable decreased MMP-2, as well as Vimentin, β-catenin and Snail levels observed in current study is in accordance with increased E-cadherin expression, and reduced N-cadherin, NF-KB, and MMP-9 expression observed in our previous study. Taken together, the results of this study suggest potential application of VGB4 to effectively arrest tumor growth and metastasis through the blockade of VEGFR1 and VEGFR2 phosphorylation followed by inactivation of a wide range of signal transduction mediators.

## Compliance with ethical standards

**Conflict of interest** The authors declare that they have no conflict of interest.

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