



Effects of pH and sugar supplements on bacteriocin-like inhibitory substance production by *Pediococcus pentosaceus*

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Abstract

To improve bacteriocin-like inhibitory substance (BLIS) production by *Pediococcus pentosaceus* ATCC 43200, the influence of pH as well as the addition of sugars—either prebiotic (inulin) or not (sucrose)—on its metabolism were investigated. This strain was grown at pH 5.0 or 6.0 either in glucose-based MRS medium (control) or after addition of 0.5, 1.0 or 1.5% (w/w) sucrose and inulin (GSI-MRS) in the same percentages. In the control medium at pH 5.0, cell mass concentration after 48 h of fermentation ($X_{\max} = 2.26$ g/L), maximum specific growth rate ($\mu_{\max} = 0.180$ h⁻¹) and generation time ($T_g = 3.84$ h) were statistically coincident with those obtained in supplemented media. At pH 6.0 some variations occurred in these parameters between the control medium ($X_{\max} = 2.68$ g/L; $\mu_{\max} = 0.32$ h⁻¹; $T_g = 2.17$ h) and the above supplemented media ($X_{\max} = 1.90$, 2.52 and 1.86 g/L; $\mu_{\max} = 0.26$, 0.33 and 0.32 h⁻¹; $T_g = 2.62$, 2.06 and 2.11 h, respectively). Lactate production was remarkable at both pH values (13 and 16 g/L) and improved in all supplemented media, being 34 and 54% higher than in their respective control media, regardless of the concentration of these ingredients. Cell-free supernatant of the fermented control medium at pH 5.0 displayed an antimicrobial activity against *Enterococcus* 101 5.3% higher than that at pH 6.0 and even 20% higher than those of all supplemented media, regardless of the concentration of supplements. BLIS production was favored either at pH 5.0 or in the absence of any additional supplements, which were able, instead, to stimulate growth and lactate production by *P. pentosaceus*.

Keywords *Pediococcus pentosaceus* · Lactate · Bacteriocin-like inhibitory substance · Inulin · Sucrose

Introduction

Pediococcus pentosaceus is a Gram-positive bacterium [1] belonging to the group of lactic acid bacteria (LABs), which is the best-known major member of probiotic bacteria [2, 3]. Research and development with LABs has a great interest for applications in food preservation, agriculture, clinical use and environmental science [4] owing to their ability to produce food additives and flavoring compounds [2, 4].

LAB belong to a diverse group of Gram-positive, anaerobic-aerotolerant homofermentative bacteria and L-(+)-lactic acid producer [5, 6] and have been used for centuries for feed and food fermentation [6–9]. Food fermentation is an important strategy to increase the shelf life of raw food matrices and to influence quality and functionality of foods by improving the taste and flavor fermented foods [6, 9]. LAB has become an important branch of the food industry since they are able to cause rapid acidification of the raw material through the production of organic acids, mainly

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lactic acid [10]. For these reasons, *P. pentosaceus* has been widely used in fermentation of vegetables, meats, silage and in cheese production [11]. The ATCC 43200 strain of this species, previously denominated as *P. pentosaceus* FBB61, was isolated from fermented cucumber [12], and its inhibitory [13] and bactericidal [14] activity was classified as bacteriocin-like [15].

The main bacterial metabolites with potential for use as biopreservative are the antimicrobial peptides, which are described as bacteriocins and bacteriocin-like inhibitory substances (BLIS) [16]. Bacteriocins are defined as ribosomally-synthesized antimicrobial peptides with broad spectrum of action [17], especially against bacteria genetically closely related to the producer strain [18], while BLIS are defined as antimicrobial peptide that were not fully characterized with regard amino acid sequences and biochemical properties [6, 19]. BLIS act as antagonist substances, with bactericidal or bacteriostatic activity against Gram-positive and Gram-negative bacteria, being innocuous for the producer strain [4, 6, 20, 21].

The addition of nutrients to the culture medium, such as carbon sources (glucose, sucrose) and prebiotics (inulin), may improve bacteriocin [22] or BLIS activity. *P. pentosaceus* has the ability to ferment sucrose [23, 24] and partially even inulin [25], a Generally Regarded as Safe (GRAS) food additive [26, 27] that exerts a prebiotic stimulatory effect on the growth of probiotics [28] owing to the increased amount of fructose available from the glycolytic pathway [29]. Since such an antimicrobial activity is often related to the growth of the producing bacterium, inulin as an ingredient of symbiotic media (containing both probiotic and prebiotic) [30] is expected to simultaneously stimulate the probiotic growth and antimicrobial production [25] as bacteriocin or BLIS.

Important species of bacteria linked to the global incidence of foodborne infection are *Enterococcus* spp. and *Escherichia coli* spp. They are facultative anaerobic cocci, resilient by nature and able to survive a wide array of hostile conditions. They can persist in the environment for long periods [31, 32] and can cause spoilage of certain meats [32–34]. *E. coli* species, one of the major foodborne pathogens affecting people worldwide [35], is a group of Gram-negative bacteria, facultative anaerobic and rod-shaped bacteria, commonly found in the lower part of the intestine of warm-blooded animals [36], which account for approximately 69% of the cases of bacterial food-borne disease [37, 38]. Therefore, these both species of bacteria were selected for this study.

Based on the above considerations, this work deals with the influence of initial pH and the simultaneous additions of sucrose and inulin as supplements on the growth of *P. pentosaceus* ATCC 43200 in glucose-based De Man, Rogosa and Sharpe broth, sugar consumption, lactate production and bacteriocin activity.

Materials and methods

Bacteriocin-producing strain and growth conditions

Pediococcus pentosaceus ATCC 43200 used as bacteriocin producer was purchased from the American Type Culture Collection (ATCC, Manassas, VA, USA) and cultivated in De Man, Rogosa, and Sharpe (MRS) medium (Difco Laboratories, Detroit, USA), pH 6.5 ± 0.2 , for 16 h at 37 °C under 100 rpm agitation in orbital shaker, model TE-424 (Tecnal, Piracicaba, SP, Brazil).

Indicator strains and growth conditions

Enterococcus 101 (EN101), isolated from a sample of food, was provided by the Food Department of the School of Pharmaceutical Sciences of the University of São Paulo (São Paulo, SP, Brazil), while *E. coli* ATCC 25922 was purchased from ATCC. Both were used as indicator strains. To this purpose, 1.0 mL of each indicator strain suspension, previously cryopreserved at -70 °C in the presence of 20% (v/v) glycerol, was reactivated in 5.0 mL of Brain Heart Infusion (BHI) medium and in Tryptic Soy Broth (TSB) (Difco), respectively, for 16 h at 37 °C without agitation. To perform assays, optical density at 600 nm (OD_{600nm}) of the indicator strains cultures was adjusted to 0.6 with sterile deionized water, corresponding to 2.6×10^{10} CFU/mL for EN101 and 2×10^{10} CFU/mL for *E. coli*.

Culture media

The MRS medium, containing 20 g/L glucose (Difco Laboratories, Detroit, USA), was used as the control medium after having its pH adjusted to 5.0 or 6.0 with 1.0 N NaOH. The supplemented medium (GSI-MRS) was prepared adding to the MRS medium 0.5, 1.0 or 1.5% (w/w) sucrose (Inlab, São Paulo, SP, Brazil) and inulin (Orafti®, Oreye, Belgium) in the same proportion. Glucose-free media were prepared as the MRS medium (peptone 10 g/L, beef extract 10 g/L, yeast extract 5 g/L, polysorbate 80 1 g/L, ammonium citrate 2 g/L, sodium acetate 5 g/L, magnesium sulfate 0.1 g/L, manganese sulfate 0.05 g/L, dipotassium phosphate 2 g/L), but replacing glucose with sucrose (S-MRS) or inulin (I-MRS). All media were sterilized in autoclave, model SD-75 (Phoenix Luferto, Araraquara, SP, Brazil), at 121 °C for 15 min.

Inoculum preparation and fermentation

Pediococcus pentosaceus pre-inoculum was prepared with 1.0 mL of cryopreserved culture inoculated in 50 mL of MRS medium, pH 6.5 ± 0.2 , at 37 °C and under agitation

(100 rpm) for 16 h. After obtaining the pre-inoculum of 10^7 – 10^8 CFU/mL, 10.0 mL of this suspension were transferred to 250-mL Erlenmeyer flasks containing 100 mL of MRS medium at pH 5.0 or 6.0 (control) or of supplemented MRS media (0.5, 1.0 or 1.5%) at the same pH. Flasks were incubated in a rotatory shaker (100 rpm) at 30 °C for 48 h. To follow *P. pentosaceus* growth, samples were collected every 2 h during the first 12 h and then after 24 and 48 h of fermentation. All cultures were performed in triplicate.

Determination of BLIS activity

To determine the BLIS activity, culture samples collected after 4 h of fermentation were centrifuged at $4470\times g$ at 4 °C for 15 min. After adjustment of pH to 6.0 by addition of 1.0 N NaOH, cell-free supernatants (CFSs) were heated at 70 °C for 25 min to inactivate proteases and sterilized by filtration through membranes with 0.45 μm -pore diameter (Millipore, Bedford, MA, USA). The CFS antimicrobial activity was tested against EN101 and *E. coli* by the agar diffusion method and quantified according to Sidek et al. [39]. Briefly, one hundred μL of each indicator strain suspension ($\text{OD}_{600} = 0.6$) were added to 10 mL of 1.0% (w/w) melted agar-medium and poured into Petri dishes. After the agar solidified, 50 μL of CFS were placed onto wells made on the agarized medium using tips, and the plates were incubated at 37 °C for 18 h. The antimicrobial activity (*A*), taken as a measure of BLIS production, was calculated by the equation [39]:

$$A = \frac{\pi(d_H - d_W)^2 \times D}{4 \times V} \quad (1)$$

where d_H is the diameter of the clearance zone (mm), d_W the diameter of the well (6.5 mm), D the eventual dilution factor, V the sample volume (mL), and expressed in AU/mL.

Analytical procedures

During fermentations, *P. pentosaceus* cell mass concentration was determined by optical density measurements using a calibration curve ($R^2 = 0.997$) of $\text{OD}_{600\text{nm}}$ versus dry weight (DW) and expressed in $\text{g}_{\text{DW}}/\text{L}$, while the progressive acidification of media was followed by means of a pHmeter, model 400M1 (Quimis, Diadema, SP, Brazil). Glucose, sucrose and lactate concentrations were determined by a High-Performance Liquid Chromatograph, model LC-20A Prominence (Shimadzu, Kyoto, Japan), equipped with two LC-20AD pumps, a DGU-20A degasser unit, a SIL-20AHT self-injector, a CTO-20 AC column oven, a RI-210 refractive index detector (Shodex, Kawasaki, Kanagawa, Japan), and a HPX-87H column (300×7.8 mm) (Aminex, Bio-Rad, CA, USA). Analyses were performed in triplicate

at room temperature using 75:25% acetonitrile:ultrapure water as mobile phase (0.9 mL/min) and high purity glucose and sucrose (Sigma-Aldrich, St. Louis, MO, USA) standard solutions.

Statistical analysis

One-way analysis of variance (ANOVA) and Tukey's test from Statistica Software 13.3 (TIBICO Software Inc., Palo Alto, CA, USA) was used, considering variations statistically significant when the confidence level (*P*) was < 0.05 .

Results and discussion

Cell growth, yield of biomass and lactate production

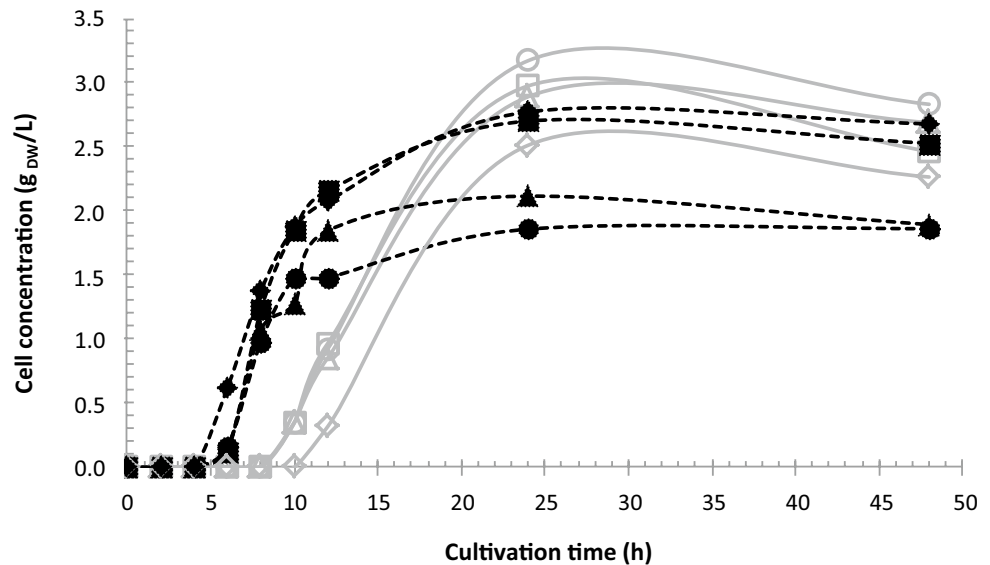
The growth of *P. pentosaceus* ATCC 43200 was followed during fermentations carried out at initial pH values of 5.0 and 6.0, which were previously selected as the best ones for this microorganism (results not shown). Under both conditions, the microorganism was able to grow either in glucose-based MRS medium without any supplement, selected as control, or in all media supplemented with sucrose and inulin (Fig. 1). However, whereas in the control medium at pH 6.0 it started to grow after 6 h, the lag phase was about 4 h longer at the lower pH.

Such an influence of initial medium pH on *P. pentosaceus* lag phase duration agrees with other findings reported in the literature. For instance, when this microorganism was cultivated in medium at pH 4.3, the lag phase was as long as 25 h [40]. Abbasiliasi et al. [41] also identified impaired survival of *Pediococcus acidilactici* Kp10 under acidic conditions, in that at pH 3.0 percent survival was $> 97\%$ up to 3 h incubation, but later it was completely suppressed.

The addition of sucrose and inulin in the MRS medium (GSI-MRS) at pH 5.0 reduced the lag phase duration by 2 h compared with the control (12 h), regardless of the concentration of these supplements. This result demonstrates not only the ability of these ingredients to speed up *P. pentosaceus* ATCC 43200 adaptation under such acidic conditions, but also the potential synbiotic effect of this probiotic in the simultaneous presence of a prebiotic (inulin) and more than one carbon source (glucose and sucrose). On the other hand, at pH 6.0 there was no difference in the lag phase duration between fermentations carried out in control medium or in supplemented media, thereby pointing out that this may be the optimum pH for the growth of this strain.

After 48 h of fermentation, cell mass concentration ($X_{\text{max}} = 2.26$ g/L dry weight) in the control medium at pH 5.0 was statistically coincident ($P > 0.05$) with those obtained in supplementing sucrose and inulin up to the three selected levels (0.5, 1.0 and 1.5%) ($X_{\text{max}} = 2.69, 2.46$ and 2.83 g/L dry

Fig. 1 Growth curves at pH 5.0 (solid line and empty grey symbols) and 6.0 (dotted lines and full black symbols) of *P. pentosaceus* ATCC 43200 in MRS medium selected as control (open grey diamond, filled diamond), in MRS media supplemented with (open grey triangle, filled triangle) 0.5%, (open grey square, filled square) 1.0%, and (open grey circle, filled circle) 1.5% sucrose and inulin. Average of runs carried out in triplicate ($n=3$)



weight, respectively). As a result, maximum specific growth rate ($\mu_{\max}=0.18 \text{ h}^{-1}$) and generation time ($T_g=3.84 \text{ h}$) in the control were equally statistically coincident ($P>0.05$) to those in supplemented media ($\mu_{\max}=0.18, 0.18$ and 0.19 h^{-1} ; $T_g=3.86, 3.76$ and 3.50 h , respectively), confirming that in the presence of glucose, i.e. the preferred carbon source for this microorganism, in its presence, sucrose and inulin addition, even at different levels, did not exert any effect. However, when the initial pH was 6.0, cell mass concentration after the same time was significantly higher in the control ($X_{\max}=2.68 \text{ g/L}$ dry weight) than in the same supplemented media ($X_{\max}=1.90, 2.52$ and 1.86 g/L dry weight, respectively) ($P<0.05$), even though no regular dependence of this parameter could be observed. On the other hand, important insights came from maximum specific growth rate ($\mu_{\max}=0.32, 0.26, 0.33$ and 0.32 h^{-1} respectively) and generation time ($T_g=2.17, 2.62, 2.06$ and 2.11 h , respectively), which were, on average, 68% higher and 40% shorter, respectively, compared with those observed under more acidic conditions, hence confirming pH 6.0 as the optimal value. Perez et al. [42] attributed to pH a similar importance on the growth of *P. acidilactici* NRRL B-5627 in whey, supplemented or not with glucose and yeast extract.

Disappointingly, glucose replacement by only sucrose (S-MRS) or only inulin (I-MRS) almost completely suppressed growth as well as lactate and BLIS productions by *P. pentosaceus*, regardless of the initial medium pH (results not shown), as also demonstrated by Azevedo et al. [43], indicating that these ingredients were not effectively uptaken as the only carbon source. Therefore, these media will not be taken into further account in this section.

The behavior of yield of lactate on consumed glucose ($Y_{P/S}$) versus time is illustrated in Fig. 2, either at pH 5.0 (panel A) or pH 6.0 (panel B). Irrespectively of the initial

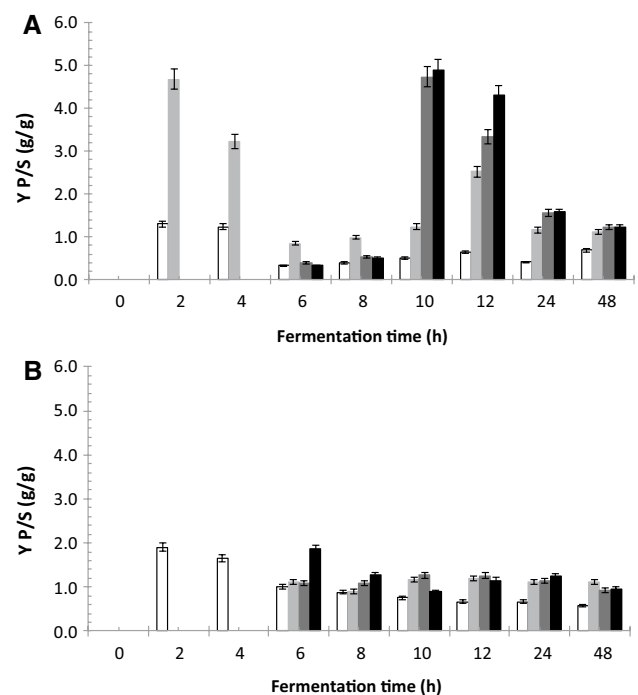


Fig. 2 Yields of lactate on consumed glucose in MRS medium selected as control (open square), in MRS media supplemented with (filled grey square) 0.5%, (filled dark grey square) 1.0%, and (filled square) 1.5% sucrose and inulin. pH: **A** 5.0; **B** 6.0. Average of runs carried out in triplicate ($n=3$)

pH, *P. pentosaceus* was able to start lactate production after 2 h of fermentation. However, whereas at pH 5.0 the addition of only 0.5% sucrose and inulin ensured high lactate production at the beginning of fermentation (2 h), much longer time (10 h) was required at higher levels (1.0 and 1.5%). On the other hand, when the initial pH was 6.0, lactate production

decreased significantly after 6 h in the control medium, whereas increased in all supplemented media (GSI-MRS). As expected by the complementarity between cell growth

and product formation, such a decrease (Fig. 2, panel B) was accompanied by a simultaneous remarkable increase in the yield of biomass on consumed glucose ($Y_{X/S}$) (Fig. 3, panel B). These results suggest that the *P. pentosaceus* strain used in the present work may have been capable of directly metabolizing the extra carbon source (sucrose) and some of the prebiotic ingredient (inulin) when present in an unfavorable environment like that existing in the medium at pH 5.0. Under such acidic conditions, the addition of supplements to MRS broth remarkably increased this parameter after 10 h (Fig. 3, panel A), whereas no growth improvement was observed at pH 6.0 (Fig. 3, panel B).

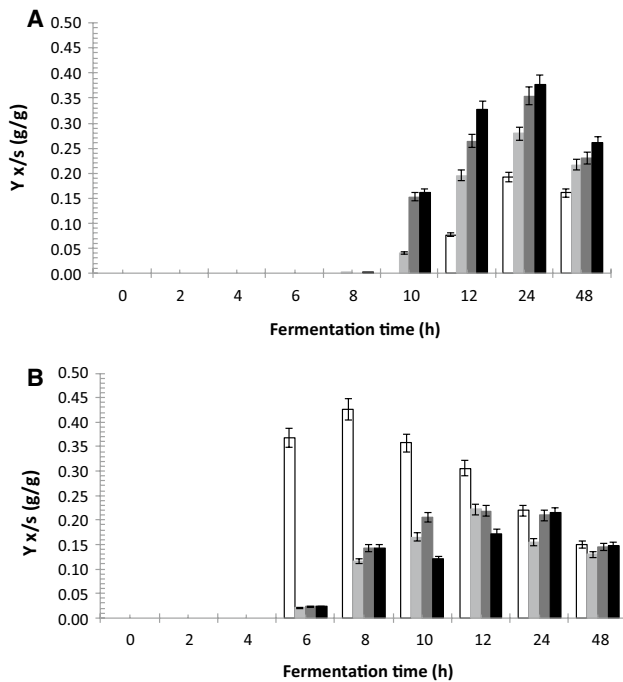


Fig. 3 Yields of biomass on consumed glucose in MRS medium selected as control (open square), in MRS media supplemented with (filled grey square) 0.5%, (filled dark grey square) 1.0%, and (filled light grey square) 1.5% sucrose and inulin. pH: **A** 5.0; **B** 6.0. Average of runs carried out in triplicate ($n=3$)

Acidification and lactate production

The acidification profiles in the control medium and in all supplemented (0.5, 1.0 and 1.5%) media (GSI-MRS) were statistically coincident ($P > 0.05$), showing gradual pH decreases from 5.0 to 3.5 (control) or 3.7 (GSI-MRS) and from 6.0 to 3.8 (control) or 3.9 (GSI-MRS) at the end of fermentations (Fig. 4). Such an acidification profile of *P. pentosaceus* is an interesting feature because it may contribute to decrease the colonic pH and then to prevent the proliferation of non-acid-tolerant bacteria, food-borne pathogens and spoilage organisms [44–46], forcing them to utilize the remaining energy to oust excess proton [45].

As shown in the same figure, lactate production was remarkable at both pH values (5.0 and 6.0) either in controls or in all GSI-MRS media. However, in these fortified media, lactate production after 48 h of fermentation was, at pH 5.0 (13.0 g/L) and 6.0 (16.0 g/L), 34 and 45% higher

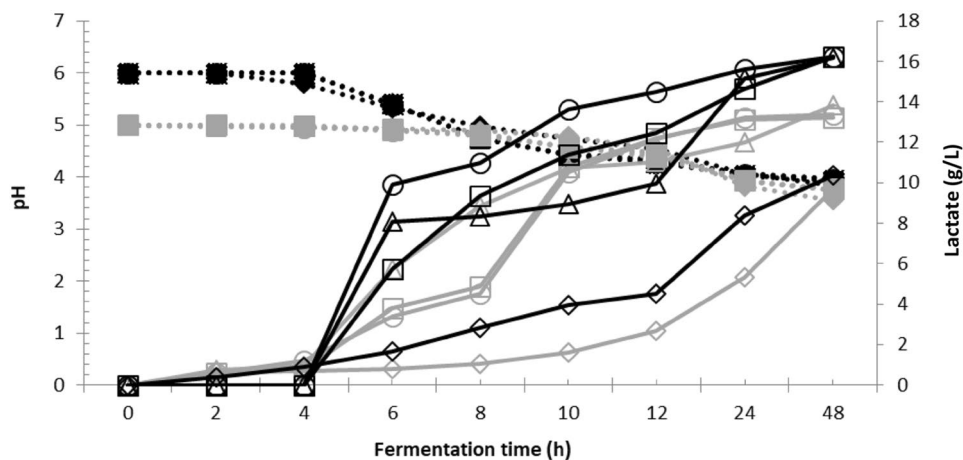


Fig. 4 Lactate production (solid lines) at pH 5.0 (empty grey symbols) and 6.0 (empty black symbols) by *P. pentosaceus* ATCC 43200 in MRS medium selected as control (open grey diamond, open diamond), in MRS media supplemented with (open grey triangle, open triangle) 0.5%, (open grey square, open square) 1.0%, and (open grey circle, open circle) 1.5% sucrose and inulin. Corresponding acidifica-

tion profiles (dotted lines) after 48 h at pH 5.0 (full grey symbols) and 6.0 (full black symbols), in MRS medium selected as control (filled grey diamond, filled diamond), in MRS media supplemented with (filled grey triangle, filled triangle) 0.5%, (filled grey square, filled square) 1.0%, and (filled grey circle, filled circle) 1.5% sucrose and inulin

than in their respective control media, which highlights the beneficial effect of sucrose and inulin also from lactate production viewpoint, regardless of the concentration of these ingredients.

Even though lactate production was certainly the main event responsible for acidification, it has been reported that prebiotics such as inulin are capable of reducing pH through an indirect mechanism due to the production of other products such as bacteriocins [46, 47] and/or other organic acids [48].

Glucose and sucrose consumption

After 48 h, the consumption of glucose, whose starting concentration was 20.0 g/L in all the fermentations, was always higher in control media, where it was the only sugar, compared with all GSI-MRS media. In control media, it was in fact as high as 70.3 and 89.9% at pH 5.0 and 6.0 ($P < 0.05$), respectively, while in GSI-MRS media it was, on average, only $56.6 \pm 4.6\%$ ($P > 0.05$) at pH 5.0 and no less than $82.1 \pm 7.9\%$ ($P > 0.05$) at pH 6.0 (results not shown). Such a 45.0% increase in glucose consumption by *P. pentosaceus* in supplemented media at pH 6.0 compared with pH 5.0 confirms the importance of using an optimal pH also for this response.

As regards sucrose consumption in fortified media, there was no significant difference among them, being about 1.0% as an average (results not shown).

BLIS activity of culture supernatants

The antimicrobial activity of cell free supernatants (CFSs) was assessed against EN101 and *E. coli* only after 4 h of fermentation, since a kinetic study on *P. pentosaceus* metabolism [43] revealed that this microorganism was able to release a bacteriocin at the highest concentration just in the late lag phase. Table 1 shows that the antimicrobial activity of EN101 inhibition halo (475.17 AU/mL) induced by the CFS from the control medium at pH 5.0 was 26% higher than that at pH 6.0 (377.15 AU/mL) and even 2.5-fold higher than those induced by CFSs from all supplemented media, regardless of the pH and the concentration of supplements.

On the other hand, CFS showed no antimicrobial activity against *E. coli* (results not shown), as also reported by Azevedo et al. [49].

Consistently with these results, Singh et al. [50] observed that the activity of *P. pentosaceus* IE-3 bacteriocin was the highest at pH 5.0 and suffered significant loss at pH 8.0, while Mathys et al. [51] observed loss of *P. pentosaceus* UVAI pediocin activity at pH ≥ 10 . In contrast to bacteriocins, Sidek et al. [39] reported stable and active BLIS, produced by *Pediococcus acidilactici* kp10, at a wide pH range (pH 2.0 to pH 7.0). BLIS production is influenced by initial culture pH, however its production at different pH range seems to be related to the bacteria species used. Abbasiliasi et al. [41] reported that optimum initial culture pH for maximum BLIS production by *Lactobacillus paracasei* LA107 was pH 8.5, while lower BLIS production was recorded at a pH equal or lower than 4.0, different from that observed most of the time for the *Pediococcus* species, whose optimum culture pH is ranging from pH 5.0 to 6.5. According to Mortvedt-Abildgaard et al. [52], in parallel with bacteriocins, the observation made by Abbasiliasi et al. [41] is not similar to the production of bacteriocin by other LAB, where the maximum production was detected in media with an initial culture pH ranging from 5.0 to 6.5, which was lower than the optimal pH for growth, depending on the microorganism. These results as a whole demonstrate that bacteriocin or BLIS production was favored either under suboptimal environmental conditions (pH lower than the optimum) or in the absence of any prebiotic able to stimulate growth.

The absence of any antimicrobial activity against *E. coli* is consistent with the higher resistance of the outer membrane of Gram-negative bacteria against the action of bacteriocins or BLIS in comparison to the Gram-positive ones, which are naturally more susceptible. However, contradictory results can be found in the literature concerning bacteriocin or BLIS activity against Gram-negative bacteria [53, 54].

Pranckutė et al. [55] demonstrated that the ability of *Lactobacillus* sp. and *Lactococcus* sp. to metabolize different carbon sources (e.g. sucrose, inulin) and produce bacteriocins was strain specific and, in agreement with the results of this work, glucose was always the preferred

Table 1 Antimicrobial activity of cell-free supernatants against *Enterococcus* sp. 101 (EN101), collected after 4 h from different media fermented by *Pediococcus pentosaceus* ATCC 43200

pH	Control	GSI-MRS (0.5%)	GSI-MRS (1.0%)	GSI-MRS (1.5%)
5.0	475.17 \pm 0.16 ^f	181.58 \pm 0.16 ^b	215.04 \pm 0.16 ^d	181.58 \pm 0.16 ^b
6.0	377.15 \pm 0.16 ^e	203.58 \pm 0.16 ^c	181.58 \pm 0.16 ^b	171.06 \pm 0.63 ^a

The results are expressed as AU/mL of the inhibition halo

GSI-MRS = MRS media supplemented with sucrose and inulin in different proportions. Mean values ($n = 3$) \pm standard deviations. Different letters in the same column or line mean statistically significant difference among the values of the same parameter, according to the test of Tukey ($P < 0.05$)

carbon source; however, it was consumed more quickly by *Lactococcus lactis* rather than by *Lactobacillus* sp.; on the other hand, *Lactococcus* sp. assimilated poorly inulin, while *Lactobacillus* sp. were completely ineffective in this respect.

These results suggest that the bacteriocin produced by *P. pentosaceus* ATCC 43200 could be a promising alternative as a biopreservative in food industry by the production of antimicrobial molecules such as bacteriocin or BLIS.

Conclusion

The metabolism of *P. pentosaceus* ATCC 43200, a promising BLIS producing strain, was investigated at two different initial values of medium pH as well as in the presence or the absence of sucrose and inulin as supplements of the glucose-based MRS medium. The addition of sucrose and inulin to MRS improved growth and production of lactate by *P. pentosaceus*, whereas it reduced bacteriocin production/activity. Even though this *Pediococcus* strain was able to grow either in the culture media with or without supplements, these showed a positive influence on the growth only when the initial pH of the medium was 5.0. Under these suboptimal conditions, *P. pentosaceus* growth was significantly delayed compared with the same medium at pH 6.0. The initial pH influenced not only the duration of the lag phase, but also the cell growth and the productions of lactate and bacteriocin. Lactate production was remarkable at both pH values either in controls or in all supplemented media. Its production (13–16 g/L) was 34–54% higher than those in their respective control media, which highlights a beneficial effect of sucrose and inulin on lactate production, regardless of the concentration of these ingredients. BLIS activity against *Enterococcus* 101 exerted by the cell free supernatant from the control medium at pH 5.0 (475.17 AU/mL) was larger than that at pH 6.0 and those of supernatants from all supplemented media. These results as a whole demonstrate that BLIS production by *P. pentosaceus* was favored either under suboptimal environmental conditions or in the absence of any prebiotic able to stimulate growth.

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Compliance with ethical standards

Conflicts of interest The authors declare that they have no conflict of interest.

Research involving human participants and/or animals This article does not contain any studies with human participants or animals performed by any of the authors.

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