



# Intranasal administration of endometrial mesenchymal stem cells as a suitable approach for Parkinson's disease therapy

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Received: 4 February 2019 / Accepted: 15 May 2019 / Published online: 23 May 2019  
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## Abstract

This study aimed to investigate the therapeutic effects of intranasal administration of human endometrium-derived stem cells (HEDSCs) in the mouse model of Parkinson's disease (PD). Thirty days after intrastriatal injection of 6-OHDA, HEDSCs were administrated intranasally in three doses ( $10^4$ ,  $5 \times 10^4$  and  $10^5$  cells  $\mu\text{l}^{-1}$ ). During 120 days after stem cell administration, behavioral tests were examined. Then the mice were sacrificed and the fresh sections of the substantia nigra pars compacta (SNpc) was used for detection of HEDSCs-GFP labeled by fluorescence microscopy method. In addition, immunohistochemistry was used to assay GFP, human neural Nestin, and tyrosine hydroxylase (TH) markers in the fixed brain tissue at the SNpc. Our data revealed that behavioral parameters were significantly improved after cell therapy. Fluorescence microscopy assay in fresh tissue and GFP analysis in fixed tissue were showed that the HEDSCs-GFP labeled migrated to SNpc. The data from immunohistochemistry revealed that the Nestin, a differential neuronal biomarker was expressed in SNpc. Also, TH as a dopaminergic neuron marker significantly increased after HEDSCs therapy in an optimized dose  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$ . Our results suggest that intranasal administration of HEDSCs improve the PD symptoms in the mouse model of PD dose-dependent manner as a noninvasive method.

**Keywords** Parkinson's disease · Dopaminergic neuron · Endometrial stem cells · Intranasal delivery · Cell therapy

## Introduction

Mesenchymal stem cells (MSCs) have presented their capability to induce synaptic formation, enhance endogenous neural development, multipotency and nonhematopoietic aspects [1, 2]. These cells can differentiate into the mesenchymal lineage such as cartilage, dopaminergic neurons, bone, adipose tissue, muscle, and tendon [3]. MSCs do not induce proliferative responses of lymphocytes that propose

they have a little immunogenicity and might pass the rejection of immune system [4–6]. Due to their self-renewal, differentiation, and immune-suppressive capacities, MSCs could be a potential candidate for cell therapy in several disorders such as neurological diseases [7, 8]. Some studies have emphasized the MSCs capacity to contribute in repairing of central nervous system (CNS) in experimental models of stroke, multiple sclerosis, amyotrophic lateral sclerosis (ALS), trauma, Alzheimer's disease (AD), and Parkinson's disease (PD) [9, 10]. Neurodegenerative diseases including PD cause debilitating state specified by progressive degeneration of particular neurons in the brains of patients. The Parkinson's Foundation estimates seven to ten million persons around the world are existing with PD [11]. Common clinical therapies are including the oral administration of some dopamine receptor agonists such as levodopa and deep stimulation of brain in the subthalamic nucleus. However, long-term levodopa therapy is correlated with several side effects and consecutive surgical and medical interventions lead to be stopped the disease progression. Otherwise, stem cell technology holds major promise in PD therapy [1].

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Human endometrium-derived stem cells (HEDSCs) are a type of MSCs which recently characterized and they represent a new cell source for neurological disorders [12, 13]. An active target of these stem cells is PD as a chronic, progressive, and neurodegenerative disease that debilitates both motor function and speech due to the insufficient production of dopamine by pigmented cells in the substantia nigra pars compacta (SNpc) [14–16]. HEDSCs are capable to differentiate into dopaminergic neuron-like cells in vitro which display axon-like and dendritic-like projections and they express neural cell markers such as tyrosine hydroxylase (TH) and human Nestin [1–17]. Preclinical examinations have shown that intravenous or intracerebral administration of MSCs could improve the efficient retrieval in PD. Administration of stem cells in a systemic is a non-invasive delivery way compared to surgical method. The adverse events of surgical transplantation is consisting the infection and tumorigenicity risks [18]. To improve homing efficacy and MSCs persistence in the CNS by means of a non-invasive process, we assumed that MSCs could be targeted to the CNS and inhibit local inflammation upon intranasal delivery of them. Therefore, intranasal delivery of HEDSCs could open a therapeutic strategy by saving dopaminergic neurons in PD. HEDSCs therapeutic strategy will be a more important issue with subject to current therapies have not been able to regenerate the lost cells [17–20]. Here we studied the therapeutic effects of intranasal administration of HEDSCs in the mouse unilateral 6-OHDA lesioned model of PD.

## Methods

### Animals and 6-OHDA mouse model

A total of 35 male mice (age: 2 months, weight: 25–30 g, species: NMRI) were provided from the Experimental Research Center of Kashan University of Medical Sciences (Kashan, Iran) and maintained in following conditions: temperature of 22–25 °C, humidity of 50–55%, and 12 h dark/light cycle. All experiments were performed according to the Guidelines for the Care and Use of Mammals in Neuroscience (2003).

Adult male mice were anesthetized by an intraperitoneal (i.p) injection of Ketamine (90–120 mg/Kg) through with Xylazine (10 mg/Kg). Animals were positioned on the stereotaxic frame using mouth-piece and ear bars specially designed for this species. A sterilized Hamilton syringe (type SGC, volume 5  $\mu$ l, gauge 26 s) containing 4  $\mu$ l 6-OHDA solution (Sigma–Aldrich, Chemie GmbH, H4381) vertically was aligned in the stereotaxic apparatus. The tip of the needle is then inserted into the opened hole and slowly lowered to reach the coordinates of the striatum (AP: +0.5;

L: – 2.0; DV: – 3.0 mm) and then injected with a flow rate of 0.5  $\mu$ l/min [21].

Based on the previous studies, this research was done to investigate the dose-dependent therapeutic effects of stem cells on PD mice model [22]. The animals were divided into five groups (containing seven mice for each) as follows: 1- control group containing healthy mice which intranasally received PBS, 2- 6-OHDA group containing PD mice which intranasally received PBS, 3- Treat 1 (T1) group containing PD mice which intranasally received HEDSCs in  $10^4$  cells  $\mu$ l<sup>-1</sup> dose, 4- Treat 2 (T2) group containing PD mice which intranasally received HEDSCs in  $1 \times 10^4$  cells  $\mu$ l<sup>-1</sup> dose, 5- Treat 3 (T3) group containing PD mice which intranasally received HEDSCs in  $10^5$  cells  $\mu$ l<sup>-1</sup> dose.

### Behavioral evaluation

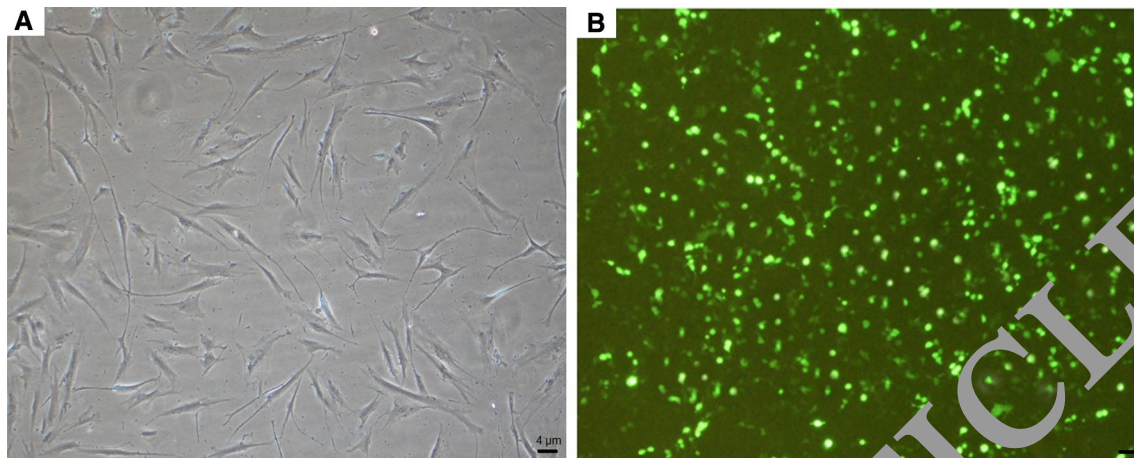
To evaluate the therapeutic effects of intranasal delivery of HEDSCs, neurobehavioral testing of all animals was performed by monitoring their general activity, rotarod test, akinesia and catalepsy as well as rotational behavior. The following behavioral tests were performed in separate groups of animals (Cell-treated groups vs. control group or 6-OHDA group).

**Rotational behavior** On days 30, 60, 90 and 120 after cell therapy, the rotational behavior was measured in a rotameter system. Animals received an i.p injection of apomorphine (0.5 mg/kg, Apomorphine hydrochloride hemihydrates, Sigma–Aldrich, St. Louis, MO, USA), and were placed in an opaque cylinder. After 5 min habituation, full-body contralateral rotations were recorded in a 10 min timeframe for 1 h. In the treatment groups, full-body rotations were measured and compared with the 6-OHDA group. The animals could be safely returned to their housing 60 min after the test [21, 23].

**Akinesia** To measure the Akinesia, we were recorded the latency of the animals to move all four limbs, and the test was terminated when the latency exceeded 180 s [24, 25].

**Catalepsy** Catalepsy defined as the inability of rodents to correct an externally imposed posture. In this item, we placed the mice on a flat horizontal surface with two hind limbs on a square wooden block with 3 cm high, and the latency to move of hind limbs from the block to the ground was measured in each second [25].

**Rotarod test** Motor function was analyzed using a rotarod apparatus. All animals were pretrained at four rpm on the rotarod apparatus to make them attain a stable performance and later at 10 rpm until falling on the grids beneath the rotating roller. This test was progressed for 10 min.



**Fig. 1** HEDSCs and HEDSCs-GFP labelled in cell culture medium. **A** HEDSCs cultured in media demonstrate typical stromal cell morphology which captured by a light microscope. **B** GFP transfection

was used for labelling of HEDSCs. The labeled cells were observed by a fluorescence microscope

### Endometrial sample collection

After obtaining informed consent form, human endometrial stem cells (HEDSCs) were collected from ten women undergoing surgery for benign gynaecological conditions. Normal endometrial stem cells were cultured in a routine fashion which produced an unfractionated stromal cell population. For this purpose, we minced endometrial tissue and then digested them in HBSS (Gibco, Invitrogen, Carlsbad, CA, USA) containing HEPES (25 mM), collagenase B (1 mg/ml, Roche Diagnostics, Indianapolis, IN, USA) and DNase I (0.1 mg/ml, Sigma-Aldrich, St. Louis, MO, USA) for 35–40 min in 37 °C. To remove glandular epithelial components, we were passed dispersed cell suspensions through a 70 µm sieve (BD Biosciences, Bedford, MA, USA). After resuspending the supernatant in Dulbecco's modified Eagle's medium (DMEM, Gibco, Invitrogen) and Ham's F12 with phenol red containing 1% anti-cytotics-antibiotics (ABAM, Gibco, Invitrogen) and 10% fetal bovine serum (FBS, Gibco, Invitrogen), cell solutions were filtered and centrifuged. Resuspended cells were then plated in plastic flasks and incubated at 37 °C and 5% CO<sub>2</sub>. Culture medium was changed every day and thereafter, cells were passaged using standard trypsinization methods. After passage two, cell cultures derived from human endometrial tissue were characterized using flow cytometry method. HEDSCs display strong positivity for MSCs markers such as CD146<sup>+</sup>/PDGFRβ<sup>+</sup> and SUSD2<sup>+</sup>. As shown in Fig. 1A, HEDSCs exhibited in vitro typical stromal cell morphology.

### GFP transfection of HEDSCs and stem cell administration

HEDSCs were GFP transfected by the Lipofectamine™ 2000 reagent (Invitrogen, CA, USA). For this aim,  $5 \times 10^6$  HEDSCs were plated in a 6-well plate to obtain a confluency of 80% after 24 h. Transfection efficiency was assessed using a helper-independent plasmid. Forty-eight hours after transfection, cells were treated with 150 µg/ml of hygromycin B (Roche, Indianapolis, IN) to allow the growth of stable clones for at least 14 days. Generated green fluorescent protein (GFP) cells could be purified by fluorescent-activated cell sorting for GFP, and recovered in culture after sorting. Cell labelling and GFP transfection was confirmed by visualization immediately prior to administration (Fig. 1B).

A low, middle, and high doses of stem cells ( $10^4$  cells µl<sup>-1</sup>,  $5 \times 10^4$  cells µl<sup>-1</sup>, and  $10^5$  cells µl<sup>-1</sup> HEDSCs dispersed in PBS) or vehicle were administered intranasally using a plastic catheter connected to a pipette (polyethylene tube; BD, Franklin Lakes, NJ) inserted for 2.5 mm in both nasal nostrils of mice during deep anesthesia. Prior stem cell or vehicle administration, all animals intranasally received 4 µl hyaluronidase (Sigma Aldrich- St Louis mouse; 100 U hyaluronidase dissolved in 24 mL of sterile PBS). Mice twice received 2 µL drops containing cell suspension or PBS (as vehicle) for each nostril. Postoperatively, to prevent immune rejection, all mice received daily Cyclosporine until the animals were sacrificed.

### Preparation of brain sections and in vitro immunostaining

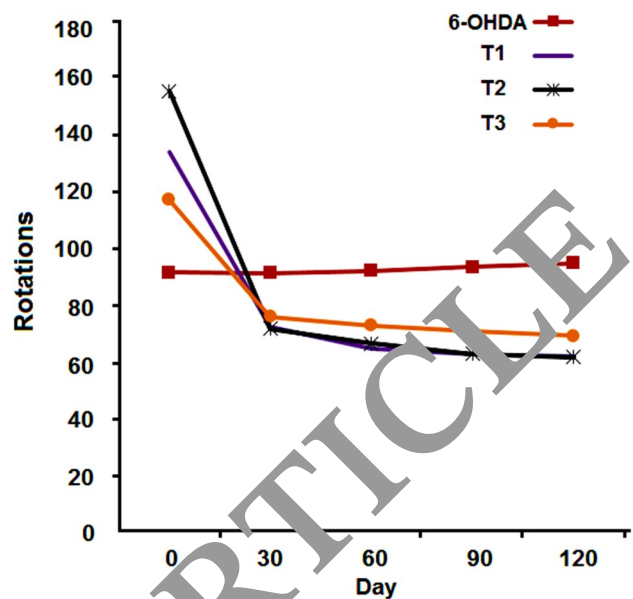
GFP transfected HEDSCs were visualized within the fresh sections of mouse brains. For this aim, after perfusion

through the left ventricle of heart with saline solution (50 ml, 0.9% NaCl), brain tissues were excised and frozen by immersion in gelatin 7.5% and sucrose 15% in PBS for cryosectioning by a cryostat microtome (Sakura, Tissue-tek cryo3 Flex microtome/cryostat). Brain coronal sections were placed on glass slides and visualized by using a fluorescence microscope (Nikon, Japan).

For immunohistochemical (IHC) analysis, all animals were perfused through with saline solution (50 ml, 0.9% NaCl) following 200 ml of cold fixative solution (4% paraformaldehyde in 0.1 M PBS, pH 7.4) under deep anesthesia. Animals were sacrificed 120 days after HEDSCs treatment. After perfusion, the brains were quickly post-fixed in the same fixative solution for 48 h at the room temperature. After tissue processing, brains were paraffin-embedded and coronal 5  $\mu\text{m}$  thick serial sections were obtained from SNpc and corpus striatum using a microtome (Diapath, Italy) and were placed on silane-coated slides. Then, sections were de-paraffinized with xylene and they rehydrated with 99, 96, 80, and 70% ethanol, respectively.

After washing in distilled water, sections were used for expression of GFP, Nestin, and TH markers in an IHC method. For this purpose, antigen retrieval was done in pre-heated citrate buffer (pH 6) for 22 min. After washing with distilled water and PBS, the endogenous peroxidase was blocked using 30% hydrogen peroxide for 6 min. Non-specific bindings were blocked by the protein block solution from an IHC kit (Biopharmax, PL5007, Link-Envision, Germany) for 6 min. Subsequently, the slides were incubated with the primary antibody overnight at 4 °C. Following antibodies were used in our study: 1- mouse monoclonal anti-TH antibody (dilution, 1:100; TH Antibody, F-11, sc-25269; Santa Cruz Biotechnology), 2- GFP antibody (dilution, 1:100; GFP Antibody, B-2, sc-9996; Santa Cruz Biotechnology), 3- anti-human Nestin (dilution, 1:100; Nestin monoclonal antibody, 10 C2; Thermo Fisher Scientific). After several washing with PBS and IHC buffer, the slides were incubated with the required conjugated secondary antibody for 30 min at room temperature according to manufacturer's protocol. All the sections were washed several times with PBS between each incubation, and precipitated dark brown was then revealed by addition of diaminobenzidine. Then, slides were counterstained with Meyer's hematoxylin (Sigma–Aldrich).

Number of TH-positive cells in all groups was counted in the SNpc region. In addition, striatal TH-fiber density was measured by using Image J software (version 1.33–1.34, National Institutes of Health, Bethesda, MD, USA; <http://imagej.nih.gov/ij/>). In order to bilaterally evaluate the striatal dopaminergic fiber innervation, the Image J software was used to measure mean optical



**Fig. 2** Evaluation of apomorphine-induced rotational behavior test after HEDSCs administration. The result showed intranasal delivery of HEDSCs significantly reduces rotational behavioral in days 30, 60, 90, and 120 after cell administration. The **a**, **b**, **c**, and **d** symbols represent 6-OHDA/PBS,  $10^4$ ,  $5 \times 10^4$ , and  $10^5$  cells  $\mu\text{l}^{-1}$ , respectively

density (OD). Notably, the data are expressed as percentage of the controls.

## Statistical analysis

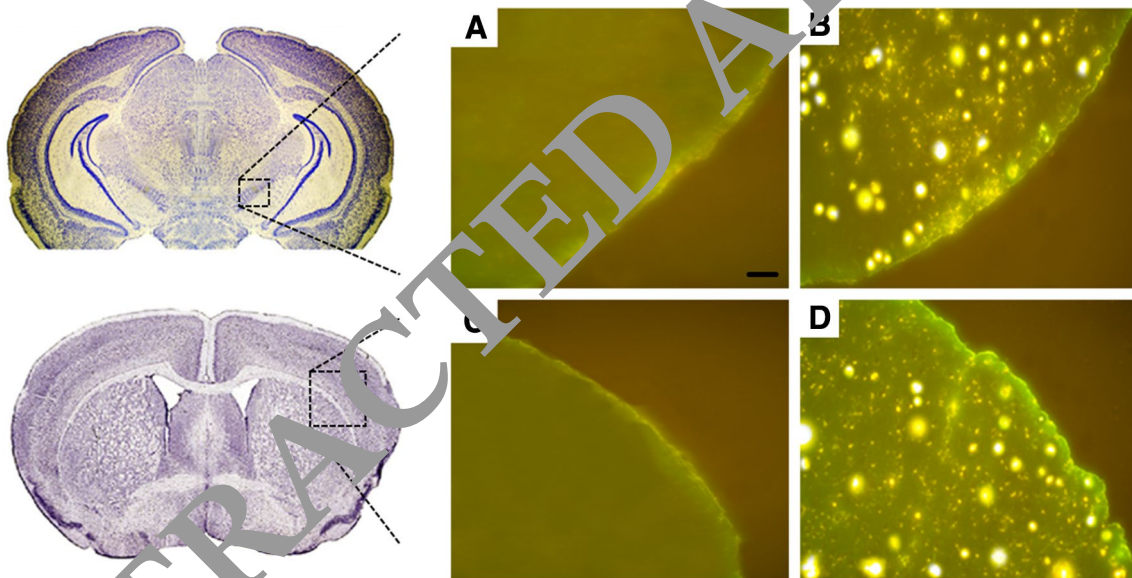
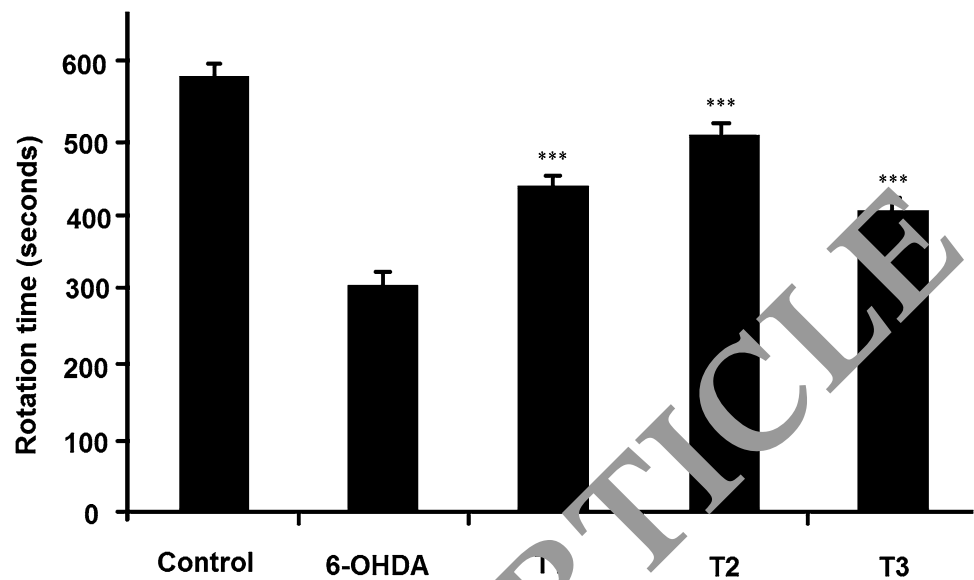
All results are expressed as mean  $\pm$  SEM and the data were analyzed using SPSS 19.0. software (SPSS, Inc., Chicago, IL, USA). Number of dopaminergic neurons, striatal OD, and behavioral test between all groups were analyzed by a one-way ANOVA test with Tukey post hoc. *P*-values less than 0.05 were considered statistically significant.

## Results

### Behavioral analysis

The rotational behavior test was performed to assess the recovery response before and after cell therapy. Our data revealed that intranasal administration of HEDSCs with  $10^4$  cells  $\mu\text{l}^{-1}$ ,  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$ , and  $10^5$  cells  $\mu\text{l}^{-1}$  doses into the striatum of 6-OHDA-injected mice could significantly improve the apomorphine-induced rotational behavior. Subgroup analysis revealed that the dose  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$  of HEDSCs could improve rotational behavior more effective rather than two other doses (Fig. 2). The 6-OHDA administration lead to akinesia in the PD mice at  $30 \pm 6$  s while the

**Fig. 3** Rotarod for assessment of PD mice model following HEDSCs administration. The PD animals recovered spontaneously after the HEDSCs administration, showing an improvement in motor function (T1: 104 cells  $\mu\text{l}^{-1}$ , T2:  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$ , and T3: 105 cells  $\mu\text{l}^{-1}$ ). This test checked the latency time on the rotarod for 10 min (\*\*\*) indicates  $p < 0.001$ )



**Fig. 4** HEDSCs labeled cells with GFP were in the mouse brains. **A** The SNpc area that received vehicle. **B** The SNpc area that received HEDSCs in concentration 104 cells  $\mu\text{l}^{-1}$ . **C** The corpus striatum that

received vehicle. **D** The corpus striatum that received HEDSCs in concentration 104 cells  $\mu\text{l}^{-1}$

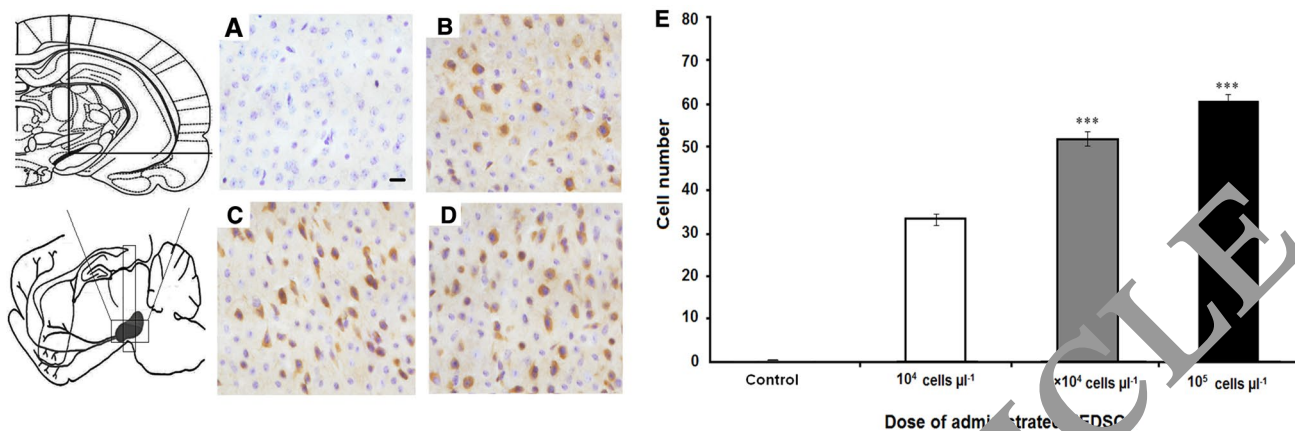
HEDSCs-treated group displayed a significant improved performance down to  $8 \pm 4$  s. Catalepsy was evident in the animals treated with 6-OHDA with a latency period of  $36 \pm 3$  s whereas the HEDSCs-treated groups displayed a significantly better performance in a latency period of  $11 \pm 5$  s.

To evaluate animals' motor behavior the rotarod test was performed four weeks after 6-OHDA injection (pre-treatment), as well as 30, 60, 90, and 120 days post cell therapy. The control group was showed higher performance ability than others. Initially, the 6-OHDA group had lower rotation time than the control group, and after the treatment with

HEDSCs, the treatment groups (T1: 104 cells  $\mu\text{l}^{-1}$ , T2:  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$ , and T3: 105 cells  $\mu\text{l}^{-1}$ ) showed a higher ability to stay on the rotarod compare to the pre-treatment stage. Thereby the treatment groups had a higher rotation time than 6-OHDA group (Fig. 3).

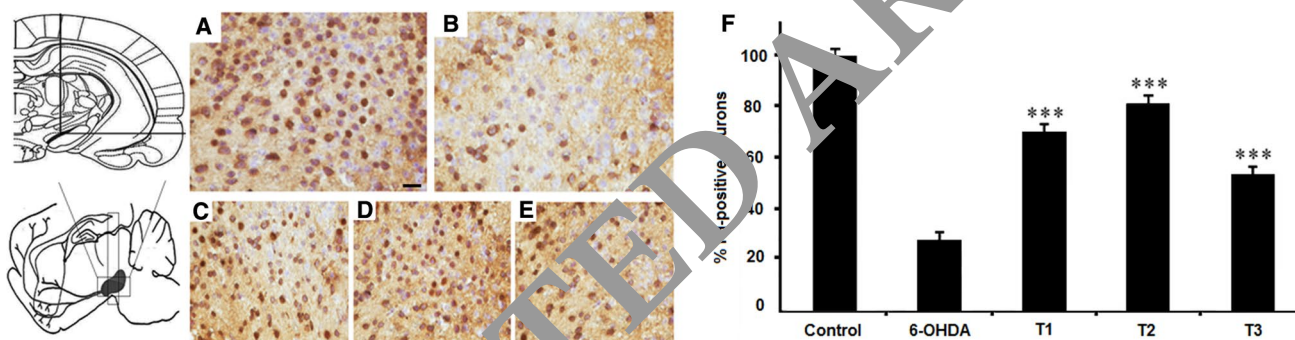
#### Detection of HEDSCs in mouse brains

Cytoplasmic GFP labelling was used to confirm the migration of HEDSCs to corpus striatum and SNpc area. Fresh brain sections of treated mice with GFP-labelled cells



**Fig. 5** IHC results for detection of HEDSCs in SNpc. **A** Control group, **B**  $10^4$  cells  $\mu\text{l}^{-1}$ , **C**  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$ , and **D**  $10^5$  cells  $\mu\text{l}^{-1}$ . **E** The number of HEDSCs was estimated significant in three following

analyses:  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$  vs.  $10^4$  cells  $\mu\text{l}^{-1}$ ,  $10^5$  cells  $\mu\text{l}^{-1}$  vs.  $10^4$  cells  $\mu\text{l}^{-1}$ , and  $10^5$  cells  $\mu\text{l}^{-1}$  vs.  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$  (\*\*\*) indicates  $p < 0.001$ )



**Fig. 6** TH-expressing neuron-like cells after HEDSCs treatment. **A** Control group. **B** 6-OHDA group. DA neuronal cell death in the SNpc was significantly increased after the injection of 6-OHDA. **C** Treatment with HEDSCs in concentration  $10^4$  cells  $\mu\text{l}^{-1}$ . **D** Treatment with HEDSCs in concentration  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$ . **E** Treatment

with HEDSCs in concentration  $10^5$  cells  $\mu\text{l}^{-1}$ . **F** DA neurons significantly recovered with the intranasal administration of HEDSCs in three doses (T1:  $10^4$  cells  $\mu\text{l}^{-1}$ , T2:  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$ , and T3:  $10^5$  cells  $\mu\text{l}^{-1}$ ). \*\*\* represents the  $p < 0.001$  which was deduced from T1, T2, and T3 vs. 6-OHDA group

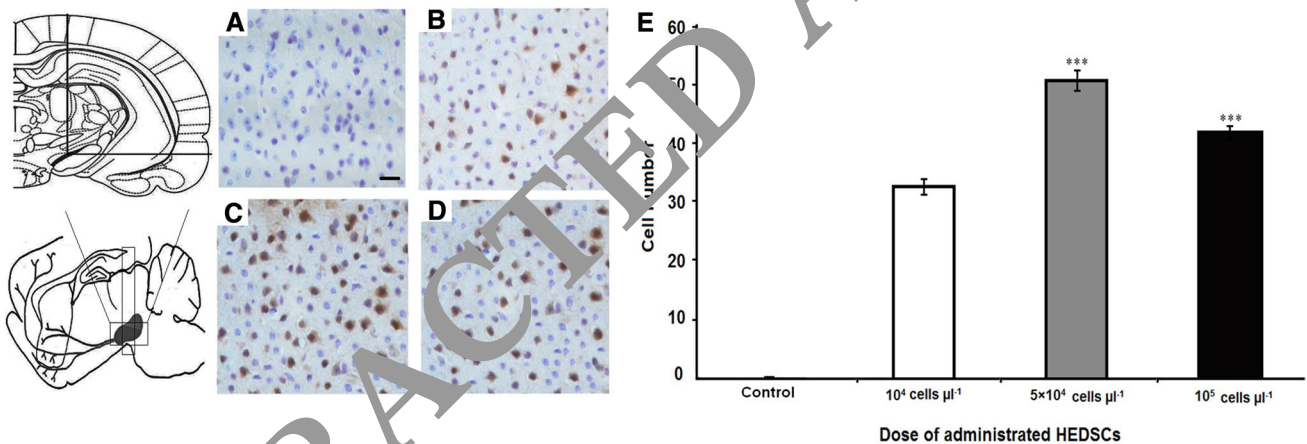
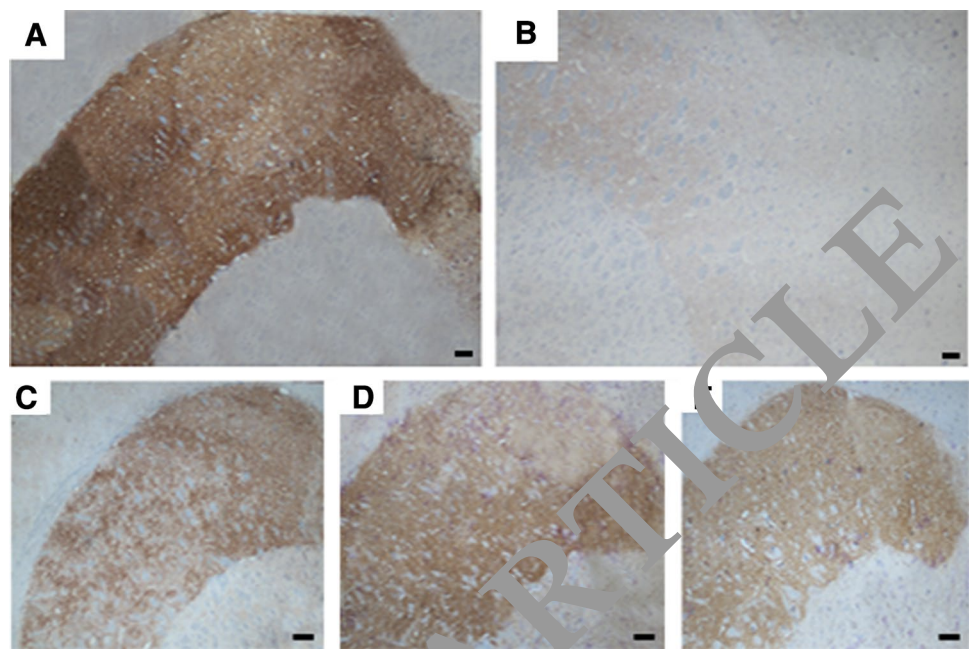
showed that HEDSCs were localized in various brain areas such as corpus striatum and SNpc areas (Fig. 4). Also, IHC evaluation of fixed brain sections from treated animals revealed successful intranasal delivery of HEDSCs to SNpc. IHC results for detection of HEDSCs in SNpc revealed that the migration of HEDSCs to the SNpc was significantly increased by elevated dose of HEDSCs intranasally administration (Fig. 5). In detail, the number of migrated HEDSCs was estimated significant in three following analyses:  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$  versus  $10^4$  cells  $\mu\text{l}^{-1}$ ,  $10^5$  cells  $\mu\text{l}^{-1}$  versus  $10^4$  cells  $\mu\text{l}^{-1}$ , and  $10^5$  cells  $\mu\text{l}^{-1}$  versus  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$  ( $p < 0.001$ ).

### Immunohistochemistry for neuronal markers assay

6-OHDA treatment resulted in a significant decrease in the number of SNpc dopaminergic neurons down to  $27.6 \pm 3.2\%$  rather than control group. Our data showed that the

TH-expressing neuron-like cells were significantly increased after HEDSCs treatment. Dopaminergic neurons were significantly recovered with the intranasal administration of HEDSCs compared with 6-OHDA group in three following doses:  $10^4$  cells  $\mu\text{l}^{-1}$ ,  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$ , and  $10^5$  cells  $\mu\text{l}^{-1}$  ( $p < 0.001$ ). Subgroup analysis recognized the administration of HEDSCs with dose  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$  as the optimized concentration (Fig. 6). Similarly, 6-OHDA led to reduced corpus striatum optical density (OD) to  $30.33 \pm 7.41\%$  compared with the control group. IHC results for TH assay revealed that treatment with HEDSCs in dose  $10^4$  cells  $\mu\text{l}^{-1}$  could increase the OD percentage to  $78.90 \pm 7.35$ . Also, treatment in dose  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$  increased the OD percentage to  $82.91 \pm 7.52$ . Moreover, treatment in dose  $10^5$  cells  $\mu\text{l}^{-1}$  elevated the OD percentage to  $73.60 \pm 7.22$ . The intranasal administration of HEDSCs could protect dopaminergic neurons by increased expression of TH in the corpus striatum (Fig. 7). The expression of human neural Nestin

**Fig. 7** IHC results for TH assay in corpus striatum tissue samples. **A** Control group (%OD: 100). **B** 6-OHDA group (%OD:  $30.33 \pm 7.41$ ). **C** Treatment with HEDSCs in concentration  $104 \text{ cells } \mu\text{l}^{-1}$  (%OD:  $78.90 \pm 7.35$ ). **D** Treatment with HEDSCs in concentration  $5 \times 104 \text{ cells } \mu\text{l}^{-1}$  (%OD:  $82.91 \pm 7.52$ ). **E** Treatment with HEDSCs in concentration  $105 \text{ cells } \mu\text{l}^{-1}$  (%OD:  $73.60 \pm 7.22$ ). The intranasal administration of HEDSCs could protect DA neurons by increased expression of TH in the corpus striatum



**Fig. 8** IHC results for cytoplasmic expression of human neural Nestin in the treated animals. **A** Control group that received vehicle. **B**  $10^4 \text{ cells } \mu\text{l}^{-1}$ . **C**  $5 \times 10^4 \text{ cells } \mu\text{l}^{-1}$ , and **D**  $10^5 \text{ cells } \mu\text{l}^{-1}$ . **E** The expression of human neural Nestin was significantly increased in  $5 \times 10^4 \text{ cells } \mu\text{l}^{-1}$  versus  $10^4 \text{ cells } \mu\text{l}^{-1}$  and  $10^5 \text{ cells } \mu\text{l}^{-1}$  versus  $10^4 \text{ cells } \mu\text{l}^{-1}$  whereas it was decreased in  $10^5 \text{ cells } \mu\text{l}^{-1}$  versus  $5 \times 10^4 \text{ cells } \mu\text{l}^{-1}$  ( $p < 0.001$ ; Fig. 8).

was also evaluated by IHC in SNpc after HEDSCs therapy. IHC results revealed that the expression of human neural Nestin was significantly increased in  $5 \times 10^4 \text{ cells } \mu\text{l}^{-1}$  versus  $10^4 \text{ cells } \mu\text{l}^{-1}$  and  $10^5 \text{ cells } \mu\text{l}^{-1}$  versus  $10^4 \text{ cells } \mu\text{l}^{-1}$  whereas it was decreased in  $10^5 \text{ cells } \mu\text{l}^{-1}$  versus  $5 \times 10^4 \text{ cells } \mu\text{l}^{-1}$  ( $p < 0.001$ ; Fig. 8).

## Discussion

In the present study, we investigated the therapeutic effects of intranasal administration of HEDSCs in the mouse model of PD. Delivery of HEDSCs to the unilaterally

$\times 104 \text{ cells } \mu\text{l}^{-1}$  vs.  $104 \text{ cells } \mu\text{l}^{-1}$  and  $105 \text{ cells } \mu\text{l}^{-1}$  vs.  $104 \text{ cells } \mu\text{l}^{-1}$  whereas it was decreased in  $105 \text{ cells } \mu\text{l}^{-1}$  vs.  $5 \times 104 \text{ cells } \mu\text{l}^{-1}$  (\*\*\*) indicates  $p < 0.001$ )

6-OHDA-lesioned brain was successfully approved. In the lesioned area, endometrial stem cells could survive and also according to the pathotropism features, they are capable to migrate to the lesioned region and spontaneously differentiate to the target cells. Pathotropism is a capacity of stem cells to exactly migrate to pathological regions such as an inflamed area [1, 26]. In this part of our study, we examined the intranasal administration of the endometrial stem cells for the first time and we found that the migration of HEDSCs to the lesioned site is dose-dependent. In the next step, we analyzed behavioral outcomes. Behavior examines are common tests to assess functional damages and retrieval in animal models and rotational behavior has

also been commonly employed as the measure of practical condition in hemiparkinsonian rodent models [27]. Our behavioral analysis revealed that the HEDSCs result in a significant improvement on behavioral parameters including rotational behavior, rotarod test, catalepsy, and akinesia. In addition, we observed the concentration  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$  as an optimized dose to improve motor performance in PD mice model. Given the importance of progression to make better PD therapies, we sought to approve whether or not endometrial stem cells in the adult SNpc produce new neurons as well as dopaminergic neurons. If HEDSCs do produce dopaminergic neurons in the microenvironment of the adult midbrain, information about their ontogenesis would be critical to detect signaling mechanisms of neurogenesis and dopaminergic neurogenesis here which may assist cell-replacement therapies for PD. To find molecular mechanisms of HEDSCs administration, we analyzed the expression of human neural Nestin and tyrosine hydroxylase as dopaminergic neuron markers after cell therapy. Our data revealed that the expression of Nestin was significantly higher in the concentration  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$  than  $10^4$  cells  $\mu\text{l}^{-1}$  and  $10^5$  cells  $\mu\text{l}^{-1}$  doses. Nestin is an intermediate cytoskeletal filament that is essential for remodeling of cells, principally in regenerating and developing tissues. In the nervous system of rodents, it expresses in the majority of mitotically active progenitors, but it down-regulates in non conditions such as differentiation and then it replaced by other intermediate filaments [28, 29]. Also, we found similar outcomes about tyrosine hydroxylase in dose  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$ . The protection of dopaminergic neurons in PD animal models following stem cell therapy may be inhibited by local micro-environmental alterations, induced by changed growth factors and cytokines levels, such as IL-10, whose transgenic expression was displayed to keep safe the levels of TH in the SNpc and in the striatum of 6-OHDA lesioned animals. Alternatively, HEDSCs could give rise to new neurons locally in SNpc. The protective effects of HEDSCs in  $5 \times 10^4$  cells  $\mu\text{l}^{-1}$  may be due to improve changes in local microenvironments [29, 30]. For the first time, Terashima et al. (2018) showed the neuroprotective effects of stem cell factor on micro-environmental neurons [29]. Stem cell factor can modulate the functions of microglia and stimulates the neuroprotective influences of microglia which may be used for neurological diseases therapy. Also, other study revealed that MSCs stimulates the immunosuppressive features in microglia, demonstrating an interesting source for the regulating of CNS chronic inflammation [29–31].

The major pathology of PD is the progressive degeneration of dopaminergic neurons in the SNpc in the midbrain which send axonal projections to the corpus striatum and are involved in the circuits that control motor functions [32]. Stem cell technologies introduce new way for the treatment neurodegenerative disease such as PD, AD, and multiple

sclerosis. However, there are difficulties in successfully administrating these stem cells. For example, after systemic administration, the brain-blood barrier impedes the entrance of stem cells into the Brain. Direct cell transplantation or injection may result in brain injury, and these strategies are less feasible. It has taken many years of intensive efforts to develop noninvasive effective methods to use stem cells for PD treatment [1]. Intranasal-delivered HEDSCs led to therapeutic effects on dopaminergic activity reflected by increases number of TH-positive neurons in the SNpc. Therefore, intranasal administration of HEDSCs may be a promising route for the treatment of PD in an optimal dose. Intranasal administration of HEDSCs results in their long-term survival and exhibition of dopaminergic features reflected by their expression of TH [33, 34]. In addition, intranasal stem cell administration in PD has been attempted in several animal models with promising results [35]. This delivery method is also known to be involved in the rapid introducing of stem cells to the brain [34, 36].

By the development of stem cell technology, many cells such as induced pluripotent stem cells (iPSCs), embryonic stem cells (ESCs), neural stem cells (NSCs), and MSCs have been employed for new neurons derivation and differentiation in neurological diseases. [1, 37]. Subsequent administration of ESCs, iPSCs and other stem cell had resulted in various degrees of success in PD treatment. However, ethical attention, difficulties in finding a continuous supply of some stem cells like ESCs, and the risk of tumor formation after cell therapy with ESCs or iPSCs can prevent their potential clinical application [17, 18, 38]. The endometrium presents a great source of stem cells with remarkable regeneration and differentiation capacity. Long term follows up of animals treat with endometrial stem cells demonstrate lack of tumorigenicity [38, 39]. In addition, these stem cells could be achieved in an abundant scale and could be easily isolated by a simple, safe, and painless procedure such as Pap smears without any ethical limitation [1]. However, in the present study, we did not perform multiple staining for marker evaluations which could be include as a limitation of our study. In addition, using some other specific marker such as dopamine transporter could be considered for further researches.

In conclusion, the present study identified the positive effects of intranasal administration of HEDSCs in a progressive mouse model of PD. Therefore, HEDSCs could be considered as a safe, easy, and cheap strategy for non-invasive treatment of PD.

**Acknowledgements** This work was supported by grants from the Vice Chancellor for Research and Technology, Kashan University of Medical Sciences, Kashan, Iran (Grant Numbers: 95144 and 9593).



## Compliance with ethical standards

**Conflict of interest** The authors declare that they have no conflict of interest.

**Ethical approval** All of the experimental procedures were approved by the Ethical Committee for Research at Kashan University of Medical Sciences (ID: IR.KAUMS.REC.1395.147).

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