

# Glutathione S-transferase P1 gene polymorphism and bladder cancer susceptibility: an updated analysis

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**Abstract** Studies investigating the association between glutathione S-transferase P1 (*GSTP1*) gene polymorphism and bladder cancer (BC) risk have reported conflicting results. In order to clarify the effect of *GSTP1* polymorphism on the BC susceptibility, we conducted an updated system review of published epidemiology studies to provide more precise evidence. We performed a systematic search of PubMed, EMBASE, and China National Knowledge Infrastructure (CNKI). 20 studies with 4,428 BC cases and 5,457 controls were identified. The combined analyses based on all studies showed that there was a significant difference in the genotype distribution in *GSTP1*(A313G) polymorphism between BC cases and controls not only in Asians (GG vs. AA + AG, OR = 1.59, 95 % CI = 1.01–2.51) but also in Caucasians (GG vs. AA + AG, OR = 1.51, 95 % CI = 1.11–2.06). Upon stratification for smoking status, we observed no statistically significant difference in genotype distribution of *GSTP1* in ever-smokers. Combination of the high-risk genotypes (*GSTM1* null + *GSTT1* null + *GSTP1* 313 A/G or G/G) demonstrated further increase in the BC risk (OR = 6.64, 95 %CI = 3.63–12.16). This meta-analysis suggests that *GSTP1* 313 G/G polymorphism is a strong predisposing risk factor for BC.

**Keywords** Glutathione S-transferase P1 · Gene polymorphism · Bladder cancer · Meta-analysis

## Introduction

Bladder cancer (BC) is one of the most common urological malignancies in the worldwide, with an increasing incidence and death rate nowadays [1, 2]. An estimated 386,300 new cases of BC occurred worldwide in 2008, with 150,200 deaths annually [1]. The highest BC incidence rates are found in Western Europe and North America. In European countries, there were an estimated 0.14 million new cases of BC and 0.05 million deaths from these health care problems in 2008 [3]. Therefore, early identification of persons at risk and early detection of BC are the most appropriate means of prevention, and hence contribute to the improvement of the BC patient's diagnosis and treatment.

In recent years, a large number of epidemiology studies have suggested that many genetic polymorphisms can affect the BC susceptibility [4–10]. And it is now commonly accepted that the cause of BC is a multi-factorial interaction of environmental triggers (e.g., exposure to certain chemicals, smoking, chronic urinary tract infections) and genetic susceptibility.

Glutathione S-transferases (GSTs) are members of a multi-gene family of isoenzymes expressed in almost all living organisms [11]. As the most important phase II metabolizing enzymes, GSTs catalyse the conjugation of potentially damaging chemical mutagens and protect against the products of oxidative stress [12, 13]. They are involved in the metabolism of many xenobiotics in mammals, including an array of environmental carcinogens and endogenously derived reactive oxygen species [12, 14]. Based on sequence similarities, human cytosolic GSTs superfamily have been grouped into at least 8 distinct classes, called GST  $\alpha$ ,  $\mu$ ,  $\kappa$ ,  $\pi$ ,  $\sigma$ ,  $\omega$ ,  $\theta$ , and  $\zeta$  [15]. Functional polymorphism has been identified in the Glutathione S-transferase P1 (*GSTP1*) gene coding for GST- $\pi$ . The *GSTP1* A313G polymorphism may result in an amino acid

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variation of isoleucine/valine at codon 105 in the protein (Ile105Val). *GSTP1* allelic variants may lead to increased organism highly susceptible to oxidative DNA damage and to the accumulation of DNA base adducts, which can allow tumor cells to acquire various other oncogenic genetic alterations in urinary bladder carcinogenesis.

Over the past few decades, a great number of studies were performed to clarify the true association between *GSTP1* A313G polymorphism and BC risk, especially among Caucasians. However, previous case–control studies investigating the association have reported conflicting results. In order to investigate the real effect of *GSTP1* polymorphism on the risk of developing BC, we conducted an updating meta-analysis from the available studies to better compare results between epidemiological studies.

## Materials and methods

### Literature search strategy

We did a systematic search in the following electronic databases: PubMed (1950 to August 2012), EMBASE (1950 to August 2012), and China National Knowledge Infrastructure (CNKI) (1979 to August 2012). The following key words were used: (“glutathione S-transferase” OR “GST” OR “*GSTP1*” OR “rs1695” OR “Ile105Val” OR “A313G”) AND (“bladder” OR “urinary” OR “urocyst” OR “urotheli\*”) AND (“adenocarcinoma\*” OR “carcinoma\*” OR “cancer\*” OR “tumour\*” OR “tumor\*” OR “neoplasm\*”). No language restriction was used. The reference lists of the selected papers were screened by hand for potentially relevant new articles.

Furthermore, if more than one paper was published with identical author using the same case series, we selected the research with more sample size [14].

### Inclusion and exclusion criteria

The criteria employed to select studies for this systematic review were as follows: (i) independent epidemiological studies (for humans only); (ii) a clear description of *GSTP1* polymorphism in BC cases and controls. The exclusion criteria were: (i) not an original paper (e.g., review or letter etc.); (ii) duplicate publications; (iii) no control.

### Data extraction

Two investigators (Ke Wu and Xianding Wang) independently extracted all the data from each study. Differences were resolved by a third investigator (Yiping Lu). The following data were extracted (please see Table 1): First

author’s name, Publication year, Country, Design of study (hospital or population based case–control study), Majority race of study population, Number of cases and controls with different *GSTP1* genotypes.

### Statistical analysis

Statistical analyses were conducted by use of STATA 11.0 (Stata-Corp LP, College Station, TX, USA) and Review Manager 5.1.6 (Cochrane Collaboration, Oxford, UK). A fixed- or random- effects model was used to calculate pooled effect estimates depending on statistical heterogeneity. The crude odds ratios (ORs) were pooled using the random-effects model (DerSimonian Laird method) when statistical heterogeneity was found ( $P < 0.05$ ).

Also, subgroup analyses were performed on the basis of race, design of study and smoking behavior, and so on. Publication bias was assessed by visual inspection of funnel plots, the Begg’s rank correlation method and the Egger’s weighted regression method [16, 17]. In this study,  $P < 0.05$  was considered statistically significant, and all statistical tests were two sided.

## Results

### Study characteristics

The literature search was updated on August 1st, 2012. The search terms resulted in 742 articles. At last, 20 studies (19 in English and 1 in Chinese) with 4,428 BC cases and 5,457 controls were identified (please see Table 1 and Fig. 1) [18–37].

### Overall analysis

The pooled results based on all studies showed a statistically significant link between *GSTP1* A313G polymorphism and BC risk (GG vs. AA +AG: OR = 1.50, 95 % CI = 1.13–2.00; AA vs. AG+GG: OR = 0.82, 95 % CI = 0.70–0.95) (Table 2, Fig. 2). Because the test for heterogeneity between eligible studies was significant ( $P < 0.001$ ,  $I^2 = 64.4$  %), the random-effects model was performed for the data analysis.

Furthermore, Begg’s rank correlation method and Egger’s weighted regression method were used to assess publication bias. Finally, we found that there was no evidence of publication bias in *GSTP1* A313G polymorphism studies ( $P_{\text{Begg}} = 0.09$ ,  $P_{\text{Egger}} = 0.15$ ) (Figs. 3, 4).

Ethnic origin (Asians and Caucasians) and control sources (hospital-based and population-based)

When stratifying by race, the combined ORs for *GSTP1* A313G polymorphism (GG vs. AA+AG) were 1.59 (95 % CI = 1.01–2.51,  $P = 0.04$ ) in the analysis among Asians, and

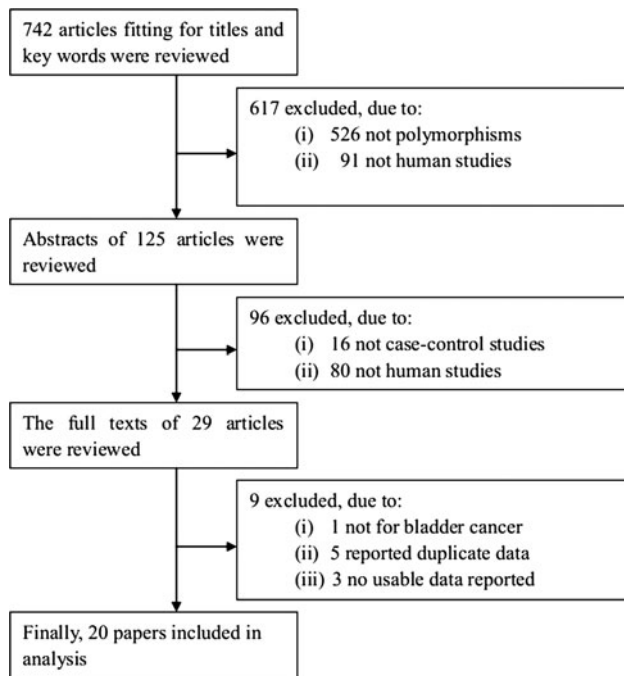
**Table 1** Characteristics of primary studies in the meta-analysis

First author	Years	Country	Design	Race	Total cases	Total Con.	AA genotype		AG genotype		GG genotype		Genotyping method	Ref.
							Cases	Con.	Cases	Con.	Cases	Con.		
Harries	1997	United Kingdom	PCC	Cau	71	155	25(35.2)	79(51.0)	32(45.1)	66(42.6)	14(19.7)	10(6.4)	PCR-RFLP	18
Peluso <sup>a</sup>	2000	Italy	HCC	Cau	123	54	50(40.7)	32(59.3)	–	–	–	–	PCR-RFLP	19
Steinhoff	2000	Germany	HCC	Cau	135	127	67(49.6)	70(55.1)	59(43.7)	46(36.2)	9(6.7)	11(8.7)	PCR-RFLP	20
Törtner	2001	Turkey	HCC	Cau	121	121	67(55.4)	83(68.6)	42(34.7)	33(27.3)	12(9.9)	5(4.1)	PCR-RFLP	21
Ma	2002	China	PCC	Asians	61	179	33(54.1)	110(61.5)	27(44.3)	59(32.9)	1(1.6)	10(5.6)	PCR-RFLP	22
Hung	2004	Italy	HCC	Cau	201	214	103(51.2)	112(52.3)	77(38.3)	78(36.5)	21(10.5)	24(11.2)	PCR-RFLP	23
Broberg	2005	Sweden	PCC	Cau	61	155	24(39.3)	71(45.8)	27(44.3)	69(44.5)	10(16.4)	15(9.7)	TaqMan	24
Cao	2005	United States	HCC	Cau	145	170	77(53.1)	93(54.7)	66(45.5)	66(38.8)	2(1.4)	11(6.5)	PCR-RFLP	25
García-Closas	2005	Spain	HCC	Cau	1141	1138	486(42.6)	488(42.9)	525(46.0)	531(46.6)	130(11.4)	119(10.5)	TaqMan	26
Saad	2005	Egypt	PCC	Cau	72	82	40(55.6)	44(53.6)	19(26.4)	32(39.0)	13(18.1)	6(7.3)	PCR-RFLP	27
Srivastava	2005	India	PCC	Cau	106	370	33(31.1)	191(51.6)	58(54.7)	166(44.9)	15(14.2)	13(3.5)	PCR-RFLP	28
Xing	2006	China	HCC	Asians	108	112	59(54.6)	69(61.6)	42(38.9)	39(34.8)	7(6.5)	4(3.6)	PCR-RFLP	29
Kopps	2008	Germany	HCC	Cau	143	196	66(46.2)	82(41.8)	56(39.2)	82(41.8)	21(14.7)	32(16.3)	PCR-RFLP	30
Yuan	2008	United States	PCC	Cau	657	684	301(45.8)	284(41.5)	274(41.7)	327(47.8)	82(12.5)	73(10.7)	PCR-RFLP	31
Altayli	2009	Turkey	HCC	Cau	135	128	75(55.6)	62(48.4)	46(34.1)	58(45.3)	14(10.4)	8(6.2)	PCR-RFLP	32
Fontana	2009	France	HCC	Cau	51	45	20(39.2)	28(62.2)	27(52.9)	13(28.9)	4(7.9)	4(8.9)	TaqMan	33
Grando <sup>b</sup>	2009	Brazil	PCC	Cau	100	100	73(73.0)	67(67.0)	–	–	–	–	PCR-RFLP	34
Safarinejad	2011	Iran	HCC	Cau	166	332	54(32.5)	172(51.8)	88(53.0)	152(45.8)	24(14.5)	8(2.4)	PCR-RFLP	35
Zhang	2011	China	HCC	Asians	200	200	83(41.5)	92(46.0)	72(36.0)	81(40.5)	45(22.5)	27(13.5)	PCR-RFLP	36
Lesseur	2012	United States	PCC	Cau	658	928	294(44.7)	411(44.3)	289(43.9)	414(44.6)	75(11.4)	103(11.1)	SNP Panel	37

Con., controls, DNR data not reported, HCC/PCC hospital/population based case-control study, PCR polymerase chain reaction, RFLP restriction fragment length polymorphism, Ref. references

<sup>a</sup> AG+GG genotypes: 73 cases and 22 controls

<sup>b</sup> AG+GG genotypes: 27 cases and 33 controls



**Fig. 1** Studies identification, inclusion, and exclusion

1.51 (95 % CI = 1.11–2.06,  $P = 0.01$ ) in the analysis among Caucasians. Stratifying this meta-analysis by control sources, we also found a significant difference between *GSTP1*

genotype and BC susceptibility in studies with population-based controls. In hospital-based studies, *GSTP1* A313G variants (AG or GG) showed a marked increase in BC risk with an OR of 1.26 (95 % CI = 1.03–1.53), compared to individuals carrying AA genotype, used as reference category.

#### Smoking status (ever-smokers and non-smokers)

Considering that smoking is a risk factor for BC, and that GST genes are involved in the metabolism of various carcinogens present in smoke [7], further analyses according to smoking status of subjects were performed. Only five studies provided the raw data on the relationship between smoking and BC risk. We found that smoking did not modify the association between the *GSTP1* polymorphism and BC risk (AA vs. GG: OR = 0.9, 95 % CI = 0.53–1.53,  $P = 0.69$ ) in ever-smokers (Table 3).

#### Combination of genotypes

Combination of the two high-risk genotypes (G allele of *GSTP1* genotype and *GSTM1* null or *GSTT1* null) revealed that the risk increased up to 2.64 times (95 % CI = 1.90–3.65;  $P < 0.0001$ ) for *GSTP1* and *GSTM1* and 2.39 times (95 % CI = 1.54–3.70,  $P < 0.0001$ ) for *GSTP1* and *GSTT1* genotype.

**Table 2** Meta-analyses of the association between *GSTP1* A313G polymorphism and the risk of bladder cancer

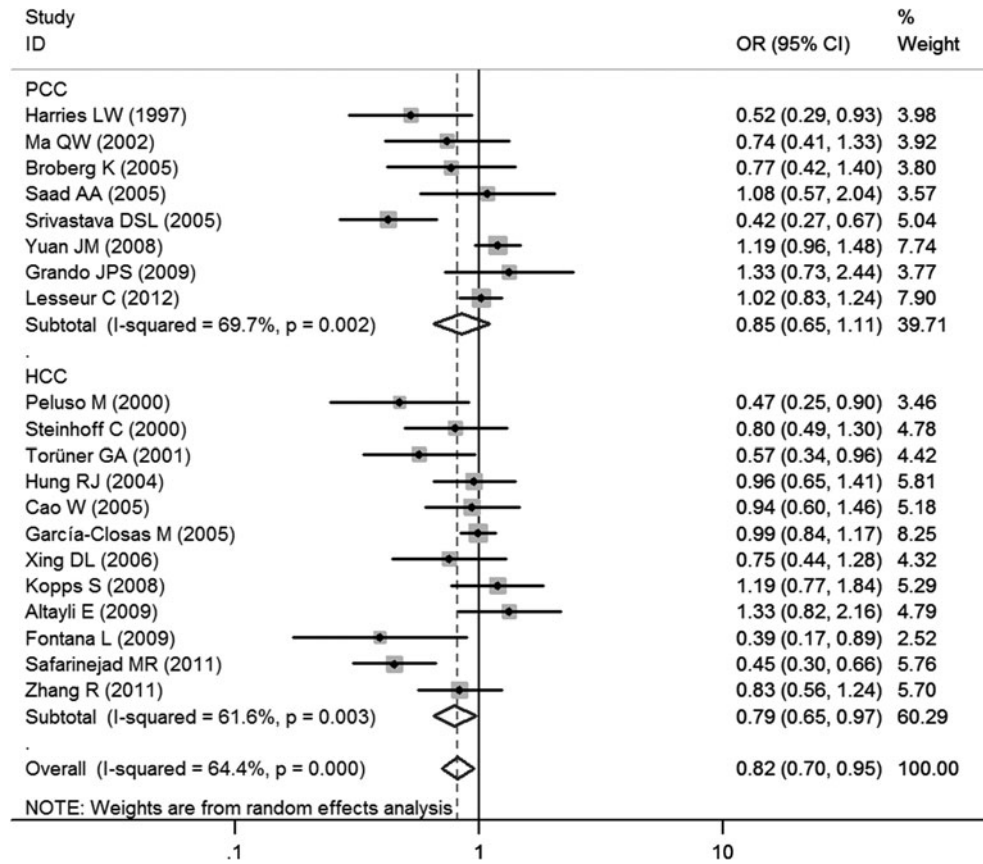
Meta-analysis models	Overall OR(95 % CI) $P$ value (model <sup>a</sup> )	HCC OR(95 % CI) $P$ value (model <sup>a</sup> )	PCC OR(95 % CI) $P$ value (model <sup>a</sup> )	Asians OR(95 % CI) $P$ value (model <sup>a</sup> )	Caucasians OR(95 % CI) $P$ value (model <sup>a</sup> )	Males OR(95 % CI) $P$ value (model <sup>a</sup> )	Females OR(95 % CI) $P$ value (model <sup>a</sup> )
AG vs. AA	1.14[0.98–1.33] 0.08 R	1.16[0.96–1.40] 0.11 R	1.12[0.85–1.48] 0.41 R	1.18[0.87–1.58] 0.28 R	1.14[0.96–1.35] 0.14 R	1.57 [1.21, 2.04] 0.0001 F*	NA
AA vs. GG	0.63[0.45–0.87] 0.005 R*	0.70[0.45–1.08] 0.11 R	0.53[0.30–0.93] 0.03 R*	0.62[0.38–0.99] 0.049 F*	0.62[0.43–0.89] 0.01 R*	0.50 [0.12, 2.12] 0.35 R	NA
GG vs. AG	1.41[1.08–1.85] 0.01 R*	1.25[0.85–1.84] 0.26 R	1.68[1.09–2.57] 0.02 R*	1.49[0.92–2.43] 0.11 F	1.42[1.05–1.90] 0.02 R*	1.17 [0.33, 4.14] 0.81 R	NA
GG vs. AA+AG	1.50[1.13–2.00] 0.005 R*	1.34[0.91–1.99] 0.14 R	1.78[1.10–2.87] 0.02 R*	1.59[1.01–2.51] 0.044 F*	1.51[1.11–2.06] 0.01 R*	1.55 [0.42, 5.72] 0.51 R	NA
AA vs. AG+GG	0.82[0.70–0.95] 0.01 R*	0.79[0.65–0.97] 0.02 R*	0.85[0.65–1.11] 0.22 R	0.79[0.60–1.04] 0.10 F	0.82[0.69–0.98] 0.03 R*	0.57 [0.35, 0.92] 0.02 R*	0.76 [0.46, 1.25] 0.28 F

*GSTP1* glutathione S-transferase P1, *CI* confidence intervals, *F* fixed effects model, *HCC/PCC* hospital/population based case-control studies, *NA* not applicable, *OR* odds ratios, *R* random effects model

\*  $P < 0.05$

<sup>a</sup> If the results of the studies were heterogeneous, the random effects model was used for meta-analysis; Otherwise, the fixed-effects model was used

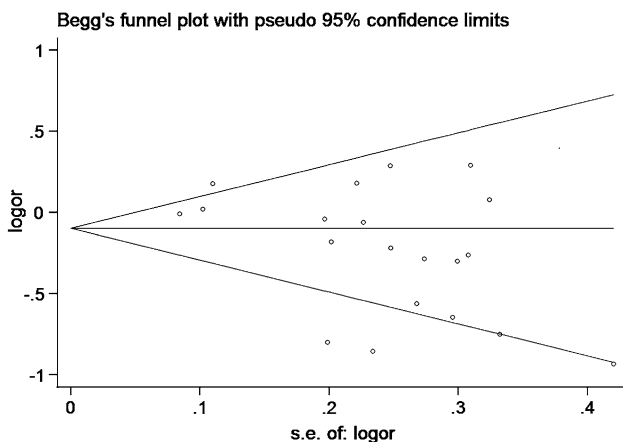
**Fig. 2** Overall meta-analysis for *GSPT1* A313G polymorphism (AA vs. AG+GG) and bladder cancer risk



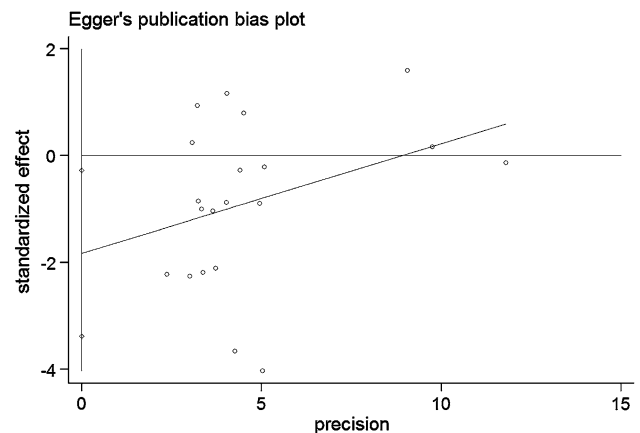
Four studies reported the combination genotypes of *GSTP1*, *GSTM1* and *GSTT1* in subjects. We found that individuals with risk genotypes (null genotypes of *GSTM1* and *GSTT1* and the 313 AG/GG of *GSTP1*) had considerably increased BC susceptibility (OR = 6.64, 95 % CI = 3.63–12.16,  $P < 0.00001$ ) compared with those who had non-risk genotypes (positive genotypes of *GSTM1* and *GSTT1* and 313 A/A genotype of *GSTP1*). All the results are presented in Tables 4, 5.

**Discussion**

Nowadays, the exact mechanisms of bladder tumorigenesis remain unknown. There is a growing realization that the development of BC is caused by a complex interaction of both genetic and environmental factors. Procarcinogens are mainly metabolized by various metabolizing enzymes in the human body. Interindividual variations in the genetic and cellular mechanisms of detoxification of carcinogenic



**Fig. 3** Begg's funnel plot of *GSPT1* A313G polymorphism and bladder cancer risk (AA vs. AG+GG,  $P = 0.09$ )



**Fig. 4** Egger's publication bias plot of *GSPT1* A313G polymorphism and bladder cancer risk (AA vs. AG+GG,  $P = 0.15$ )

**Table 3** Summary OR and 95 %CI of *GSTP1* A313G polymorphism and bladder cancer susceptibility

Subgroup analyses	AG vs. AA OR(95 % CI) <i>P</i> value (model <sup>a</sup> )	AA vs. GG OR(95 % CI) <i>P</i> value (model <sup>a</sup> )	GG vs. AG OR(95 % CI) <i>P</i> value (model <sup>a</sup> )	GG vs. AA+AG OR(95 % CI) <i>P</i> value (model <sup>a</sup> )	AA vs. AG+GG OR(95 % CI) <i>P</i> value (model <sup>a</sup> )
Ever-smokers	0.85 [0.62, 1.17] 0.31 F	0.90 [0.53, 1.53] 0.69 F	1.36 [0.79, 2.33] 0.26 F	1.10 [0.57, 2.10] 0.78 R	1.02 [0.77, 1.34] 0.90 F
Non-smokers	1.90 [0.73, 4.97] 0.19 R	0.27 [0.12, 0.59] 0.001 F*	1.81 [0.84, 3.90] 0.13 F	1.38 [0.85, 2.24] 0.20 F	0.49 [0.24, 0.97] 0.04 R*

*GSTP1*, glutathione S-transferase P1, *CI* confidence intervals, *F/R* fixed effects model/random effects model; *HCC/PCC* hospital/population based case–control studies, *NA* not applicable, *OR* odds ratios

\**P* < 0.05

<sup>a</sup> If the results of the studies were heterogeneous, the random effects model was used for meta-analysis; Otherwise, the fixed-effects model was used

**Table 4** Combination of double GST genotypes among bladder cancer patients and controls

Double GST genotypes	Odds ratio (OR)	95 % confidence intervals	<i>P</i> value	Statistical Method
<b>GSTP1 and GSTM1</b>				
P1(Ile/Ile) and M1(+/+)	1.0 (referent)			
P1(Ile/Ile) and M1(-/-)	1.30	0.92–1.84	0.13	Fixed
P1(Ile/Val) and M1(+/+)	1.04	0.50–2.16	0.92	NA
P1(Ile/Val) and M1(-/-)	2.53	1.21–5.32	0.01	NA
P1(Val/Val) and M1(+/+)	0.63	0.11–3.69	0.61	NA
P1(Val/Val) and M1(-/-)	1.27	0.40–4.01	0.69	NA
P1(Ile/Val or Val/Val) and M1(+/+)	1.81	1.35–2.43	<0.0001	Fixed
P1(Ile/Val or Val/Val) and M1(-/-)	2.64	1.90–3.65	<0.0001	Fixed
<b>GSTP1 and GSTT1</b>				
P1(Ile/Ile) and T1(+/+)	1.0 (referent)			
P1(Ile/Ile) and T1(-/-)	1.27	0.79–2.03	0.32	Fixed
P1(Ile/Val) and T1(+/+)	2.52	1.35–4.71	0.004	NA
P1(Ile/Val) and T1(-/-)	1.42	0.43–4.75	0.56	NA
P1(Val/Val) and T1(+/+)	0.56	0.19–1.60	0.28	NA
P1(Val/Val) and T1(-/-)	7.12	0.36–140.98	0.20	NA
P1(Ile/Val or Val/Val) and T1(+/+)	2.30	1.72–3.09	<0.00001	Fixed
P1(Ile/Val or Val/Val) and T1(-/-)	2.39	1.54–3.70	<0.0001	Fixed

*GST* glutathione S-transferase, *NA* not applicable

chemicals, such as sequence variations in genes coding for the GSTs family, might potentially confer different degrees of risk to BC [5].

Until recently, a number of studies on the polymorphisms of xenobiotic-metabolizing enzymes and BC risk have been reported, especially for *GSTP1* [7, 8, 35, 38]. In 1997, Harries et al. [18] firstly reported the association between the *GSTP1* A313G polymorphism and BC risk among individuals from the Edinburgh area. Following this first report, similar studies were conducted in different countries by other researchers. However, studies investigating the association have reported conflicting results.

Moreover, most of these studies were based on relatively small sample sizes.

As a powerful statistical method, meta-analysis can help to summarize the effect size results from numerous independent epidemiology studies and to provide more reliable outcomes. In 2007, there has been only one meta-analysis that suggested that, as compared with *GSTP1* Ile/Ile, the unadjusted summary OR for *GSTP1* Ile/Val and Val/Val was 1.44 (95 % CI = 1.17–1.77) [39]. However, some limitations were found in the statistical data in this prior meta-analysis: (i) in Kato et al. [40] study, the sample included 106 cases who were the patients with urothelial

**Table 5** Combination of triple GST genotypes among bladder cancer patients and controls

Triple GST genotypes	OR	95 % CI	P value	Statistical Method
P1(Ile/Ile) and M1 (+/+) and T1(+/+)	1.0(referent)			
P1(Ile/Ile) and M1 (+/+) and T1(-/-)	2.07	1.27–3.39	0.004	Fixed
P1(Ile/Ile) and M1 (-/-) and T1(+/+)	1.58	1.06–2.35	0.02	Fixed
P1(Ile/Ile) and M1 (-/-) and T1(-/-)	1.32	0.70–2.48	0.39	Fixed
P1(Ile/Val) and M1 (+/+) and T1(+/+)	0.88	0.40–1.97	0.76	NA
P1(Ile/Val) and M1 (+/+) and T1(-/-)	1.12	0.25–4.92	0.89	NA
P1(Ile/Val) and M1 (-/-) and T1(+/+)	2.17	0.98–4.77	0.06	NA
P1(Ile/Val) and M1 (-/-) and T1(-/-)	3.35	0.33–34.19	0.31	NA
P1(Val/Val) and M1 (+/+) and T1(+/+)	0.56	0.09–3.30	0.52	NA
P1(Val/Val) and M1 (+/+) and T1(-/-)	NA	NA	NA	NA
P1(Val/Val) and M1 (-/-) and T1(+/+)	0.64	0.17–2.43	0.51	NA
P1(Val/Val) and M1 (-/-) and T1(-/-)	7.79	0.38–157.97	0.18	NA
P1(Ile/Val or Val/Val) and M1 (+/+) and T1(+/+)	2.17	1.12–4.17	0.02	Random
P1(Ile/Val or Val/Val) and M1 (+/+) and T1(-/-)	1.01	0.49–2.10	0.97	Fixed
P1(Ile/Val or Val/Val) and M1 (-/-) and T1(+/+)	2.65	1.80–3.92	<0.00001	Fixed
P1(Ile/Val or Val/Val) and M1 (-/-) and T1(-/-)	6.64	3.63–12.16	<0.00001	Fixed

CI confidence intervals, GST, glutathione S-transferase, NA not applicable, OR Odds ratio

cancer (not just bladder cancer); (ii) more than one included study was performed by identical research team using the same case series [41–44]. The duplicated data of these studies should not be included in prior meta-analysis. On the other hand, another nine studies have investigated the association between *GSTP1* polymorphism and BC susceptibility over the last nearly 6 years. As a result, an updated meta-analysis is needed.

We found that significant associations between GG genotype of *GSTP1* and BC risk in all subjects (Asians and Caucasians), suggesting that carriers of homozygous variant in *GSTP1* lack enzyme activity. However, there was no association between *GSTP1* 313 GG genotype and BC susceptibility in hospital-based case–control study (HCC). As for HCC, selection bias may not be avoidable, and the subjects may not be representative of the general population [35]. The data on hospital controls could provide relatively lower risk estimates if the diseases of the controls were associated with the gene variant being studied [9]. Therefore, further studies based on population design are necessary. In addition, differences between study designs were also reported in prior studies concerning GSTs genotypes at cancer risk [12].

When stratified according to gender, we found that a significant association between G allele of *GSTP1* genotype (heterozygous or homozygous variant) and BC risk among male, but not female. The inconsistent findings may be due to the following two reasons: the genetic background of female is distinguished from that of male, and

risk of the same kind of disease is obviously different [45]; there is only one research team that published the original data (90 cases and 77 controls) about *GSTP1* AG+GG genotype and BC risk among female [43]. Because of the limited sample size and power, results from this stratified analysis should be considered with caution.

It has been known that smoking is one of the main independent risk factors for BC risk, accounting for half of the cases in male and nearly 35 % in female [46]. GSTs are involved in the metabolism of the multiple carcinogens contained in tobacco smoke, so subgroup analyses by smoking were performed. In our study, no statistically significant difference in genotype distribution of *GSTP1* in ever-smokers was found. The possible reason we thought is that the GSTs are a family of enzymes responsible for the detoxification of a wide range of chemical carcinogens, so even though only one gene of GST family linked a variant, the GSTs-activity is unlikely to have a significant down-effect on metabolic clearance. Moreover, other environmental factors such as diet, living habit and occupational exposure may affect this association.

Some studies also examined the combination effects of unfavorable GSTs. Our meta-analysis suggests that the *GSTP1* polymorphism and its combination with *GSTM1*, and *GSTT1* may be associated with BC risk. Therefore, gene–gene interactions might be primarily involved in the genetic susceptibility for BC, which could be explained by various substrates used by different GSTs inducing resulting in combined action [37, 47, 48]. We assume that

the subjects possessing Val allele of *GSTP1* and null allele of *GSTM1* and *GSTT1* have higher BC susceptibility mainly due to reduced detoxification of carcinogens [28].

There are some limitations in our study: First of all, relatively small sample size and significant heterogeneity were observed in some sub-analyses. Second, because of the lack of individual patient data, we could not perform an adjustment estimate. Third, because many environmental factors may affect the BC susceptibility, all our findings may be due to the context of the genetic background and interacting with multiple environmental factors. Finally, meta-analysis is just a statistical test that is subject to many methodological restrictions [8, 45, 49].

In conclusion, our study suggested that *GSTP1* polymorphism is associated with a high increase in the risk of BC. Also, the combination of three risk GSTs genotypes is strong predisposing risk factor for BC. No significant gene–smoking interaction association was found for the *GSTP1* variant in the risk of BC in ever-smokers. Because heterogeneity among the included studies was extreme, the results of this meta-analysis may be confirmed by additional well-designed, high-quality case control studies with larger populations.

**Conflict of interest** We declare that no conflict of interest exists for any of the authors.

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