#### **ORIGINAL ARTICLE**



# The Rho kinase inhibitor fasudil attenuates $A\beta_{1-42}$ -induced apoptosis via the ASK1/JNK signal pathway in primary cultures of hippocampal neurons

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Received: 1 July 2019 / Accepted: 27 August 2019 / Published online: 3 September 2019 © Springer Science+Business Media, LLC, part of Springer Nature 2019

#### Abstract

Alzheimer's disease (AD), a chronic, progressive, neurodegenerative disorder, is the most common type of dementia. Beta amyloid (A $\beta$ ) peptide aggregation and phosphorylated tau protein accumulation are considered as one of the causes for AD. Our previous studies have demonstrated the neuroprotective effect of the Rho kinase inhibitor fasudil, but the mechanism remains elucidated. In the present study, we examined the effects of fasudil on A $\beta_{1-42}$  aggregation and apoptosis and identified the intracellular signaling pathways involved in these actions in primary cultures of mouse hippocampal neurons. The results showed that fasudil increased neurite outgrowth (52.84%), decreased A $\beta$  burden (46.65%), Tau phosphorylation (96.84%), and ROCK-II expression. In addition, fasudil reversed A $\beta_{1-42}$ -induced decreased expression of Bcl-2 and increases in caspase-3, cleaved-PARP, phospho-JNK(Thr183/Tyr185), and phospho-ASK1(Ser966). Further, fasudil decreased mitochondrial membrane potential and intracellular calcium overload in the neurons treated with A $\beta_{1-42}$ . These results suggest that inhibition of Rho kinase by fasudil reverses A $\beta_{1-42}$ -induced neuronal apoptosis via the ASK1/JNK signal pathway, calcium ions, and mitochondrial membrane potential. Fasudil could be a drug of choice for treatment of Alzheimer's disease.

Keywords Fasudil  $\cdot$  Rho kinase  $\cdot A\beta_{1-42} \cdot Apoptosis \cdot JNK \cdot Neurons \cdot Alzheimer's disease$ 

#### Introduction

Alzheimer's disease (AD), a progressive neurodegenerative disorder, has become a serious health and social problem, in

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particular with the increasing aged population. More than 47 million people worldwide suffer from AD and this number will increase to 131 million by 2050 (Whitaker et al. 2014). AD is pathologically characterized by  $\beta$ -amyloid (A $\beta$ )

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peptide plaques and phosphorylated tau protein neurofibrillary tangles (Choi et al. 2018; J. Yu et al. 2018). The formation of senile plaques is the core pathogenic substance in the pathogenesis (Korkmaz et al. 2018). The nucleus of senile plaques is mainly composed of AB peptide deposition (a short peptide containing 39-43 amino residues), which is formed from the amyloid precursor protein (APP) (Skaper 2012; Zameer et al. 2018). Abnormal folding of A $\beta$  peptide generates the most neurotoxic Aß oligomers (Gotz et al. 2004; Sharma et al. 2016; Wang et al. 2016). A large number of in vitro studies have demonstrated that AB oligomers activate neuronal apoptosis (Dean et al. 2016; Lin et al. 2017; Morishima et al. 2001; J. Wang et al. 2018). Clinical symptoms of AD are progressive memory loss and cognitive dysfunction due to extensive damage of hippocampal and cortical neurons (Amoroso et al. 2018). The apoptosis of neurons caused by AB oligomers is characterized by typical apoptosis, including mitochondrial dysfunction (Van Giau et al. 2018), endoplasmic reticulum dysfunction (Dhivya Bharathi et al. 2018), synaptic damage (Jadhav et al. 2015), swelling of the membrane system, chromatin shrinkage (Zhao et al. 1997), and nuclear disintegration (Han et al. 2017).

There are several apoptosis signaling pathways, among which the caspases-3, 8, 9, 12 families are important regulatory molecules for apoptosis of major types of neurons (Jiang et al. 2018; Wei et al. 2018). The apoptosis signal-regulating kinase 1 (ASK1)/c-Jun N-terminal kinase (JNK) signal pathways, which are the upstream of caspases, are vital signaling of central nervous system apoptosis. They are involved in the whole process of neuron apoptosis caused by  $A\beta$  oligomers, leading to the occurrence of  $A\beta$  neurotoxicity in the brain of AD (Hashimoto et al. 2003; Kanamoto et al. 2000; Sheng et al. 2001; Song et al. 2014). JNK, also known as stress activated protein kinase (SAPK), exerts apoptotic regulation via the Bcl-2 protein family, including anti-apoptotic proteins (Bcl-2, Bclxl, and Bcl-w) and pro-apoptotic proteins (Bad, Bax, and Bak) (Zhou et al. 2015). ASK1 is located in the upstream of the JNK signal pathway, initiating the apoptosis process of endothelial cells (Amin et al. 2017; X. Guo et al. 2017; Kim et al. 2018; Mu et al. 2015;). In the pathogenesis of AD, neuronal apoptosis involves the imbalance of reactive oxygen species (ROS) and intracellular calcium overload, which directly causes the activation of ASK1 and initiates the cell apoptosis pathway (Qi and Shuai 2016). Anti-apoptotic members Bcl-2 and Bcl-xl are mainly located in the mitochondrial outer membrane (Ding et al. 2014), endoplasmic reticulum (Urresti et al. 2016) and nuclear membrane (Losonczi et al. 2000), which play a protective role in the cell substructure. Pro-apoptotic members such as Bax and Bad, which are opposite to anti-apoptotic members, have the effect on cell substructure damage (Obulesu and Lakshmi 2014; Salminen et al. 2013; Sharma et al. 2016; Szymanski et al. 2017).

Rho kinase (ROCK) is one of the main kinases involved in cellular activities. The complete ROCK signal pathway

includes the upstream active receptor Rho, the downstream ROCK and its substrate. The conversion of the active Rho GTP binding form to the inactive Rho GDP binding form serves as a molecular switch (Tan et al. 2018). It plays an important role in regulating cell growth, division, contraction, adhesion, migration, and secretion. ROCK plays an important role in repair of central nerve cell apoptosis (Chen et al. 2017a, b, c; Chong et al. 2017; Henderson et al. 2016; Lai and McLaurin 2018). Abnormal synaptic function and synaptic loss are also widely recognized as neuronal apoptosis mechanism in AD (Zolezzi et al. 2018).

Fasudil, a selective RhoA/ROCK inhibitor (Wang et al. 2017), has been demonstrated to enhance memory and improve pathogenesis of Alzheimer's patients (Koch et al. 2018). Several studies have shown that fasudil has multiple functions in the CNS, including activation of endogenous neural stem cells, promotion of neurotrophic factor release, inhibition of intracellular calcium release, dilation of cerebral vessels, protection of nerve cells, improvement of the nerve function, and promotion of axonal regeneration (Ding et al. 2009; Liu et al. 2015; Zhao et al. 2015). In the present study, we examined the effects of fasudil on  $A\beta_{1-42}$ -induced changes in expression of the proteins related to apoptosis and identified the intracellular signal pathway involved in apoptosis in primary cultures of mouse hippocampal neurons. It was demonstrated that fasudil promoted neuroprotection against apoptosis via ASK1/JNK signaling.

#### Materials and methods

All the experiments were performed in compliance with the guidelines and regulations of Administration Office of the International Council for Laboratory Animal Science. The experimental protocols were approved by the Animal Ethics Committee of Shanxi Datong University, Datong, China. Animals had ad libitum access to food and water.

#### Animals and primary neuronal cell cultures

C57BL/6 mice were purchased from Beijing HFK Bioscience CO., LTD, China. All animals were housed in pathogen-free animal housing facilities at the Institute of Brain Science, Shanxi Datong University and maintained at a 12/12-h light/dark cycle ( $25 \pm 2 \, ^{\circ}$ C, humidity  $50 \pm 5\%$ ). Adult male and female mice were housed for mating and vaginal plug was checked for female mice every day. Observation of plug was considered day 1 of the pregnancy, 18 days after which, the female mice were sacrificed by cervical dislocation. Hippocampal tissues of 18-day embryonic mice (E18) were isolated and digested for 10 min with 0.125% trypsin. A 200-mesh sieve was used to filter out connective tissues, centrifuged at 1500 rpm for 5 min. The primary neurons were cultured in neurobasal-A-medium supplemented with 2% B27 (Gibco), 100 U/ml penicillin, 100  $\mu$ g/ml streptomycin, and 1% L-glutamine (Gibco) at 37 °C, 5% CO<sub>2</sub>. All the process of cell separation was performed quickly on ice. Cells were identified according to cell morphology and immunofluorescence staining.

## Amyloid $\beta$ protein fragment 1–42 (A $\beta_{1-42}$ ) and fasudil treatment

 $A\beta_{1-42}$  (Sigma USA; A9810) was dissolved in PBS to prepare 100  $\mu$ M as stock solution, stored in -20 °C. The stock was diluted to 2  $\mu$ M as the working solution. Fasudil hydrochloride was purchased from Tianjin Chase Sun Pharmaceutical Co., Ltd. (China) and prepared as 15  $\mu$ g/ml solution (Chen et al. 2014; Guo et al. 2014). After 7-day cultures, mouse primary neurons were treated with A $\beta$  and fasudil for 48 h before harvesting cells for further processing.

## Immunofluorescence staining with confocal microscopy

Cells were grown on coverslips (10 mm) in 24-well plates. After A\beta-induced apoptosis, the cells were washed 3 times with PBS and fixed with 4% cold paraformaldehyde for 30 min at room temperature. The washed cells were permeabilized with 0.1% Triton X-100 for 15 min, rinsed again with PBS and blocked with 1% bovine serum albumin (BSA) for 30 min at room temperature. Cells were then incubated with anti-MAP2 (HM-2) (diluted at 1:500, Abcam, USA), anti-phospho-Tau (Ser396) (diluted at 1:200, Cell Signaling, USA), phospho-JNK (Thr183/ Tyr185) (diluted at 1:250, Cell Signaling, USA) with mouse monoclonal primary antibodies, anti-A $\beta_{1-42}$  (diluted at 1:500, Millipore, USA), anti-ROCK II (diluted at 1:500, Abcam, USA), anti-Bcl-2 (diluted at 1:200, Abcam, USA), anti-caspase-3 (diluted at 1:200, Abcam, USA), anti-phospho-ASK-1 (Ser966) (diluted at 1:300, Immuno Way, USA) rabbit monoclonal primary antibodies at 4 °C overnight. Cells were washed 3 times with PBS, incubated with FITC or Cy3-conjugated secondary antibodies (Invitrogen, USA) for 1 h at RT, and then thoroughly washed with PBS for 3 times. The modified coverslips were mounted onto glass slides and observed with confocal microscopy (Olympus FV1000, Japan).

#### Western blotting

The primary cultures of neuronal cells were rinsed twice with PBS, lysed in reaction buffer (120  $\mu$ l RIPA with 1 mM PMSF, KeyGEN, Nanjing, China, and 1  $\mu$ M PhosSTOP, Roche,

USA), and centrifuged at 12,000 rpm for 15 min. Protein concentration was determined using BCA protein assay (KeyGEN). The supernatants were mixed with  $5 \times SDS$  (sodium dodecyl sulfate) sample buffer with 50 mM dithiothreitol. Aliquots of 5 µg of protein extracts were separated on 15% SDS-polyacrylamide gels and transferred to nitrocellulose membranes. Membranes were block with 5% milk in Tris-buffered saline (TBS), then probed with rabbit antiphospho-JNK (Thr183/Tyr185) (diluted at 1:1000, Cell Signaling, USA), anti-caspase-3 (diluted at 1:1000, Abcam, USA), anti-PARP (diluted at 1:1000, Abcam, USA), anti-βactin (diluted at 1:7500, Abcam, USA). The secondary antibodies against primary antibodies were anti-rabbit primary antibodies, i.e. the goat anti-rabbit IgG-HRP (1:5000 dilution, Cell Signaling, USA) secondary antibodies, were used before detection of chemiluminescence. Western blotting results were analyzed using Image-Lab analysis software. All results were normalized by  $\beta$ -actin (Yu et al. 2017).

#### **TUNEL** analysis of cell apoptosis

TUNEL (terminal deoxynucleotidyl transferase dUTP nick end labeling) assay was performed using One Step TUNEL Apoptosis Kit (Beyotime, China). Neuronal cells were put onto poly-L-lysine-coated glass slides, fixed, permeabilized, and incubated with TUNEL reaction mixture at 37 °C for 1 h as described in the manufacturer's protocol. The cells were analyzed by fluorescence microscopy (Shen et al. 2011).

#### JC-1 analysis of mitochondrial membrane potential

Mitochondrial membrane potential detection kits (JC-1, Beyotime, China) were used to analyze mitochondrial membrane potential of neurons. Cells were rinsed with PBS before staining at 37 °C for 20 min using 1 ml JC-1 working solution. During the incubation period, 4 ml distilled water was added to each 1 ml JC-1 dyeing buffer (5x) to prepare an appropriate amount of JC-1 dyeing buffer (1x) before placing in an ice bath. After the incubation, supernatant was removed and washed twice with JC-1 dye buffer (1x). Laser confocal microscope was used for observation (Gao et al. 2011).

#### Fluo-3 analysis calcium imaging

Fluo-3 AM is one of the most commonly used fluorescent probes to detect the concentration of calcium ions in cells. After entering the cell, Fluo-3 AM is cleaved by the esterase to form Fluo-3, which binds to calcium ions and produces strong fluorescence. Cells were incubated with 5  $\mu$ M Fluo-3 AM at 37 °C in the dark for 1 h. After washing, cells were re-

incubated for 20–30 min to ensure a complete conversion of Fluo-3 AM to Fluo-3. Laser confocal microscopy was used for observation.

#### **Statistical analysis**

The SPSS software (International Business Machines Corporation, IBM, USA) was used for statistical analysis. All data were expressed as means  $\pm$  SEM. Differences among multiple groups were analyzed by one-way analysis of variance (ANOVA) while differences between two groups were analyzed using Dunnett tests. A value of *p* < 0.05 was considered statistically significant.

#### Results

## Promoting effect of fasudil on neurite outgrowth in $A\beta_{1-42}$ -treated primary neurons

Primary cultures of hippocampal neurons from E18 mice were established for morphometric analysis. The MAP2 marker was used to characterize neuronal cell types. Immunofluorescence staining with confocal microscopy revealed that MAP2 was expressed exclusively in hippocampal neurons. There were no significant changes between groups (Fig. 1A). Further, we explored the morphological analysis of neurons by measuring the neurites length ( $\mu$ m). Vehicletreated cells (control) showed normal neurite outgrowth. However, there was tendency of decreased neurite growth by A $\beta$ 1–42 alone (13.39%), which was not statistically significant. While combination with fasudil robustly increased neurite outgrowth compared to A $\beta$ 1–42 alone (52.84%) (Fig. 1B), suggesting the neuro-promoting effect.

## Fasudil attenuated Aβ burden and tau phosphorylation

Our results showed that control and fasudil alone did not cause any  $A\beta_{1-42}$  plaques. In contrast,  $A\beta_{1-42}$ -treated neurons displayed significant increases in A $\beta$  plaques (145.19%), which was reversed by fasudil (15 µg/ml) (46.65%), suggesting that fasudil reduced A $\beta$  burden (Fig. 2A).

Tau phosphorylation is the key factor that plays an important role in pathogenicity of AD (Ando et al. 2016). In the present study, expression of phospho-Tau (Ser396) in A $\beta_{1-}$ 4<sub>2</sub>-treated neurons was significantly increased as compared with control (3274.08%); this was reversed by fasudil (96.84%), as demonstrated by immunofluorescent intensity quantification, suggesting a protective effect of fasudil on NFT formation in AD (Fig. 2B).

#### Fasudil protected the neurite by inhibiting Aβ-induced apoptosis and increasing expression of Bcl-2

The mechanism by which neurite growth was increased by fasudil in  $A\beta_{1-42}$ -treated cells was dissected with the apoptotic pathways investigated. Neurite length loss due to apoptosis induced by  $A\beta_{1-42}$  was confirmed by TUNEL assay. The number of TUNEL-positive cells was significantly increased in  $A\beta_{1-42}$ -treated neurons as compared to control (57.59%), which was reversed by fasudil (49.15%), suggesting the anti-apoptotic effect (Fig. 3A). Anti-apoptotic factors such as Bcl-2 are mainly located in mitochondrial outer membranes, endoplasmic reticulum and nuclear membranes. Immunofluorescence staining was used to determine the role of Bcl-2 in the anti-apoptotic effect of fasudil. Bcl-2 expression was significantly decreased (34.38%) in the A $\beta_{1-42}$ -treated neurons and restored to the normal levels by fasudil (Fig. 3B), suggesting anti-apoptotic and neuroprotective properties of fasudil.

#### Fasudil protected the neurite by inhibiting Aβ-induced apoptosis and decreasing the expression of caspase-3 and cleaved-PARP

A $\beta_{1-42}$ -induced apoptosis through the caspase pathway was evaluated by determining the expression of caspase-3. Consistent with the TUNEL-positive cell data, fasudil alone did not alter caspase-3 positive cells, which, in contrast, was significantly increased by A $\beta_{1-42}$  (322.13%). This was reversed by fasudil (70.14%), suggesting the anti-apoptotic effect of fasudil via decreasing caspase-3 expression (Fig. 4A). Similarly, cleaved-PARP is another important indicator of apoptosis. Neuronal DNA damage is repaired by enzymatic activity of the poly(ADP-ribose) polymerase-1 (PARP-1) enzyme (Martire et al. 2016). Hence, in the current study, PARP-1 (Fig. 4B) expression levels were examined with western blotting. A $\beta_{1-42}$  significantly increased the expression of cleaved PARP (257.66%) (Fig. 4B). This was reversed by fasudil (57.36%).

#### Fasudil ameliorated mitochondrial stress and decreased intracellular calcium overload in Aβ1–42 exposed neurons

The above data showed  $A\beta_{1-42}$ -induced programmed cell death (TUNEL, caspase 3, PARP and Bcl-2), which may be due to mitochondrial stress. Thus, changes in mitochondrial function of primary neurons due to apoptosis induced by  $A\beta_{1-42}$  was investigated. Mitochondrial membrane potential was measured with JC-1 staining. When mitochondrial membrane potential is high, JC-1 accumulates in the matrix of





Fig. 1 MAP2 expression (A) and neurite length (B) in primary cultures of hippocampal neurons. In panel A, (a) DAPI-labelled nuclei of neurons treated with vehicle, fasudil,  $A\beta_{1-42}$  ( $A\beta$ ), or fasudil +  $A\beta$ , (b) neuronal marker MAP2 expression in the different treatment conditions, (c) merging of rows a and b. In panel B, (a) MAP2 in the different treatment conditions, (b) Neurite length measured with Imaris surface

tool, (c) merging of both a and b. Neurons cultured for 7 days were treated with vehicle or fasudil (15  $\mu$ g/ml) 2 h before incubation with A $\beta$  (2  $\mu$ M) for 48 h, followed by immunofluorescent staining with MAP2 and DAPI antibodies. Data shown are means  $\pm$  S.E.M; n = 3; \*\* p < 0.01 versus control; <sup>###</sup> p < 0.001 versus A $\beta$  alone. One-way ANOVA followed by post hoc Dunnett tests was used for statistical analysis

mitochondria by forming J-aggregates with red fluorescence for healthy cells. However, when mitochondrial membrane potential is low, JC-1 becomes monomer with green fluorescence for apoptotic cells. Our data showed decreased ratio of red to green signal in  $A\beta_{1-42}$ -treated neurons relative to the control (57.18%); this was attenuated by fasudil to a level that was not significant relative to control (Fig. 5A). Therefore,  $A\beta_{1-42}$  caused apoptosis possibly through



Fig. 2 Expression of A $\beta$  (A) and p-Tau (B) in primary cultures of hippocampal neurons. In panel A, (a) DAPI-labelled nuclei of neurons treated with vehicle, fasudil, A $\beta$ , or fasudil + A $\beta$ , (b) A $\beta$  expression in the different treatment conditions, (c) merging. In panel B, (a) DAPIlabelled nuclei of neurons in the different treatment conditions, (b) p-Tau (Ser396), (c) merging. Experimental procedures were the same as

Fig. 1, followed by immunofluorescent staining with DAPI,  $A\beta$  and p-Tau (Ser396) antibodies. Data shown are means  $\pm$  S.E.M; n = 3; \*\*\* p < 0.001 versus control; <sup>###</sup> p < 0.001 versus A $\beta$  alone. One-way ANOVA followed by post hoc Dunnett tests was used for statistical analysis

decreased mitochondrial membrane potential and fasudil may protect neuron against apoptosis through stabilization of mitochondrial membrane potential.

Our results showed elevation of cytosolic  $Ca^{2+}$ , an indicator of mitochondrial stress-induced apoptosis, in

 $A\beta_{1-42}$ -treated neurons (58.10%). This was reversed by fasudil (50.25%) (Fig. 5B), suggesting that fasudil may produce an anti-apoptotic effect through reduction of cytosolic Ca<sup>2+</sup> overload and mitochondrial stress and protect organelle functions in neurons.



В Control Aβ Fasudil Fasudil+Aß 8. ## DAPI Mean fluoresence intensity Bcl-2 FasuditAS 0 Fasudil control P% Merge 100 µm

Fig. 3 TUNEL-positive cells (A) and Bcl-2 (B) expression in primary cultures of hippocampal neurons. In panel A, (a) DAPI-labelled nuclei of neurons treated with vehicle, fasudil,  $A\beta$ , or fasudil +  $A\beta$ , (b) TUNEL-positive cells (Cyanine 3, Cy3) in the different treatment conditions. Red fluorescent probe (Cy3) labelled dUTP for breakage DNA fragments after apoptosis; (c) merging. In panel B, (a) DAPI-labelled nuclei of neurons in the different treatment conditions, (b) Bcl-2 on the different conditions,

(c) merging. Experimental procedures were the same as Fig. 1, followed by immunofluorescent staining with DAPI and Bcl-2 antibodies, and One Step TUNEL Apoptosis Assay. Data shown are means  $\pm$  S.E.M, \* p < 0.05, \*\* p < 0.01 versus control; <sup>##</sup> p < 0.01, <sup>###</sup> p < 0.001 versus A $\beta$  alone. One-way ANOVA followed by post hoc Dunnett tests was used for statistical analysis

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Fig. 4 Expression of caspase-3 (A) and cleaved PARP (B) in primary cultures of hippocampal neurons. In panel A, (a) DAPI-labelled nuclei of neurons treated with vehicle, fasudil, A $\beta$ , or fasudil + A $\beta$ , (b) caspase-3 expression in the different treatment conditions, (c) merging. In panel B, the top panel is the represent immunoblots of cleaved PARP detected by Western blotting; the bottom panel is the corresponding quantification.

Experimental procedures were the same as fig. 1, followed by immunofluorescent staining with DAPI and caspase-3 antibodies, and immunoblot analysis with cleaved PARP antibodies. Data shown are means  $\pm$ S.E.M, \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001 versus control; ### p < 0.001 versus A $\beta$  alone. One-way ANOVA followed by post hoc Dunnett tests was used for statistical analysis

#### Fasudil attenuated ROCK-II expression in neurons

ROCK II is involved in the mediation of CNS diseases (Wen et al. 2014). Using immunofluorescence, we showed that expression of ROCK-II in primary neurons was significantly increased by  $A\beta_{1-42}$  (26.14%) and decreased by fasudil (44.59%), both used alone (Fig. 6), as compared with the control;  $A\beta_{1-42}$ -induced increase in ROCK II was reversed by fasudil.



Fig. 5 Changes in JC-1 (A) and Fluo-3 (B) in primary cultures of hippocampal neurons. In panel A, (a) red fluorescent (JC-1 red) intensity in the different conditions; JC-1 formed J-aggregates with red fluorescence. (b) green fluorescent (JC-1 green) intensity in the different conditions; JC-1 becomes monomer with green fluorescence. In panel B, (a) DAPI-labelled nuclei of neurons in the different treatment conditions, (b) Fluo-3 expression in the different conditions; the fluorescence

Experimental procedures were the same as Fig. 1, followed by immunofluorescent JC-1 and Fluo-3 staining. Data shown are means  $\pm$  S.E.M, \*\* p < 0.01 versus control; ### p < 0.001 versus A $\beta$  alone. One-way ANOVA followed by post hoc Dunnett tests was used for statistical analysis

## Fasudil produced anti-apoptotic and neuroprotective effects through phospho-JNK(Thr183/Tyr185) and phospho-ASK-1(Ser966) pathways

 $A\beta_{1-42}$ -induced mitochondrial dysfunction (i.e. decreased JC-1 red/green ratio and increased fluo-3) are also responsible for JNK activation (Hu et al. 2016). ASK1, a member of the mitogen-activated protein kinase kinase (MAPK) family, is located in the upstream of JNK. We determined the role of phospho-JNK(Thr183/Tyr185) and phospho-ASK-1(Ser966) activation in apoptosis induced by  $A\beta_{1-42}$  and measured the intensity of immunofluorescence staining in primary neurons in the four groups. Our results showed that expression of both phospho-JNK(Thr183/Tyr185) (234.39%) and phospho-



Fig. 6 Expression of ROCK-II in primary cultures of hippocampal neurons. Left panel: (a) DAPI-labelled nuclei of neurons treated with vehicle, fasudil,  $A\beta$ , or fasudil +  $A\beta$ , (b) ROCK-II expression in the different conditions, (c) merging. Right panel: Quantification. Experimental procedures were the same as Fig. 1, followed by

immunofluorescent staining with ROCK-II antibodies. Data shown are means  $\pm$  S.E.M, \* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.001 versus control; ### p < 0.001 versus A $\beta$  alone. One-way ANOVA followed by post hoc Dunnett tests was used for statistical analysis

ASK-1(Ser966) (36.77%) was significantly increased by  $A\beta_1$ \_relative to the control (Fig. 7A, B), which were reversed by fasudil, suggesting that fasudil produced anti-apoptotic and neuroprotective effects by decreasing phospho-JNK(Thr183/ Tyr185) and phospho-ASK-1(Ser966).

#### Discussion

One of the key pathological hallmarks of AD is the deposition of extracellular A $\beta$  peptides in the hippocampus by triggering a series of processes called the amyloid cascade that eventually leads to dementia (Gotz et al. 2004; Kirkitadze and Kowalska 2005). The inhibition of A $\beta$  production is therefore considered as a vital strategy for improvement of early AD (Zhong et al. 2018). Tau phosphorylation at proline-rich region (upstream of the microtubule-binding domains) and Cterminal tail region inhibit the microtubule assembly activity, promote its self-aggregation, and disrupt microtubules, leading to formation of neurofibrillary tangles (NFT) and eventually to neurodegeneration (Eidenmuller et al. 2001). Here, we set up an in vitro model of AD using primary cultures of neuronal cells to examine the neuroprotective effects of fasudil, a selective RhoA/ROCK inhibitor, and investigate the intracellular mechanisms involved.

Recent studies have demonstrated that inhibition of ROCK increases axonal regeneration and decreases  $A\beta$  formation, suggesting that ROCK can be a potential target for treatment of AD (Liu et al. 2013). Consistent with this, our previous

studies have demonstrated fasudil reduces A $\beta$  deposition and ROCK-II expression in the brain of APP/PS1 Tg mice (Yu et al. 2017). In addition, we also have shown that fasudil in combination with BMSCs decreases the severity of AD-related symptoms through peripheral immune system responses (Yu et al. 2018). In the present study, fasudil reversed the tendency of A $\beta_{1-42}$  to reduce neurite outgrowth primary neurons, suggesting the promoting effect of fasudil. Fasudil treatment clears plaques by attenuating Tau phosphorylation and ROCK II expression in A $\beta_{1-42}$ -induced in vitro model of AD.

Fasudil also prevented  $A\beta_{1-42}$ -induced increases in mitochondrial apoptosis-related proteins, including JNK and caspase-3, suggesting that apoptosis of neuronal cells induced by  $A\beta_{1-42}$  is dependent on activation of these proteins as well as ROCK II. Therefore, inhibition of ROCK II and JNKdependent apoptosis gene expression may be an important approach to the blockade of neuron apoptosis in AD.

Caspases are aspartate-specific cysteine proteases, which play a critical role in apoptosis. Among the members of caspases, caspase-3 is the major contributor to apoptosis and has been identified in several models (Choudhary et al. 2015; Olivera Santa-Catalina et al. 2017). In apoptotic processes, activated caspase-3 increases cleaved PARP, which is considered as a marker of apoptosis (Lazebnik et al. 1994). During apoptotic responses, caspases-3 and 7 cleave PARP, leading to inhibition of its activity; up-regulation of PARP occurs in response to apoptotic processes following caspase activation (West et al. 2005).

Calcium is associated with the function of mitochondria (Szymanski et al. 2017), in which apoptosis resulted from





Fig. 7 Expression of p-JNK (A) and p-ASK1 (B) in primary cultures of hippocampal neurons. In panel A, (a) DAPI-labelled nuclei of neurons treated with vehicle, fasudil,  $A\beta$ , or fasudil +  $A\beta$ , (b) p-JNK expression in the different conditions, (c) merging. In panel B, (a) DAPI-labelled nuclei of neurons, (b) p-ASK1 expression in the different conditions, (c) merging. Experimental procedures were the same as Fig. 1, followed by

immunofluorescent staining with p-JNK (Thr183/Tyr185) and p-ASK1(Ser966) antibodies. Data shown are means  $\pm$  S.E.M, \*\* p < 0.01, \*\*\* p < 0.001 versus control; ## p < 0.01, ### p < 0.001 versus A $\beta$  alone. One-way ANOVA followed by post hoc Dunnett tests was used for statistical analysis

intracellular Ca<sup>2+</sup> overload (Chen et al. 2017a, b, c; Tian et al. 2018). Calcium is the second messenger of cells; however, excessive intracellular calcium ion concentrations cause cytotoxicity (Guo et al. 2013).  $A\beta_{1-42}$ -induced increases in calcium ion concentrations in neuronal cells was reversed by fasudil, which is also an aggregator of calcium ions. This

result suggests that fasudil may protect mitochondria from apoptosis by inhibiting calcium ions.

The Bcl-2 protein family is the main regulator of mitochondrial apoptosis factor release. Fasudil not only reversed  $A\beta_{1-}_{42}$ -induced increases in TUNEL-positive cells, but also blocked  $A\beta_{1-42}$ -induced decreases in expression of Bcl-2. These results suggest that fasudil produces anti-apoptotic effects via upregulation of Bcl-2.

ASK1 can be activated by a series of inflammatory factors, such as TNF, IL-1, reactive oxygen radicals, and the death receptor Fas, causing damage to the intracellular microtubule structure and gene transcription in the nucleus (Imarisio et al. 2017). In the pathogenesis of AD, neuronal apoptosis involves the imbalance of reactive oxygen species (ROS) and intracellular calcium overload, which directly leads to the activation of ASK1 and the initiation of apoptosis pathways (Guo et al. 2017).

#### Conclusions

Fasudil, a Rho kinase inhibitor, protects neurons through antiapoptosis by reducing ROCK II, JNK, ASK1, and calcium and protecting mitochondrial membrane potential in the cellular model of AD. The results suggest that fasudil can be a novel drug for treatment of AD, although the in vivo mechanisms still need to be clarified.

Author contributions YG, YY, QLF designed the study, carried out the primary neuron cell tests, immunoassays and western blotting. CGM, HTZ and YY conceived the study, participated in its design and coordination and helped draft the manuscript. NZ, GK participated in its design and revised the manuscript. HTZ revised and finalized the manuscript. JHZ and LHZ participated in the statistical analysis. LJS and JZY participated in figures revision, statistics and text revision. All authors read and approved the final manuscript.

Funding information This work was supported by research grants from the National Natural Science Foundation of China (No. 81272163 and 81,371,414 to C-GM), the Department of Science and Technology, Shanxi Province of China (201803D421073 to YY, 201803D31079 to NPZ, 201805D111009 to CGM, 201805D131005 to JZY), Datong Municipal Science and Technology Bureau (2,017,134 to YY, 2019152 to NPZ, 2019072 to YG, 2019198 to C-GM), PhD Initiation Grant of Datong University (2016-B-01 to YY, 2018-B-01 to YG), Key Discipline of Internal Medicine Grant of Datong University (100,201 to NPZ) and the Open Project of State Key Laboratory of Molecular Developmental Biology, Institute of Genetics and Developmental Biology, Chinese Academy of Sciences, Beijing, China (2018-MDB-KF-07 to YY).

#### **Compliance with ethical standards**

**Conflict of interest** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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