

# **The potential roles and mechanisms of non‑coding RNAs in cancer anoikis resistance**

**Tongguo Shi1  [·](http://orcid.org/0000-0002-5382-2775) Chuanqiang Zhang2 · Suhua Xia3**

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#### **Abstract**

Increasing evidence indicates that anoikis resistance is a critical process for metastasis of cancer cells, making it the attractive therapeutic target for cancer beneft. Anoikis resistance is widely regulated by various factors, such as signaling pathways, integrins switch, and non-coding RNAs (ncRNAs). ncRNAs composed of microRNAs (miRNAs), long non-coding RNAs (lncRNAs), and circular RNAs (circRNAs), are frequently dysregulated in a variety of human malignancies and are closely related to anoikis resistance of cancer cells. Based on the available literature, we reviewed the molecular basis underlying ncRNAs modulating cancer cells anoikis resistance, which may contribute to a better understanding of cancer metastasis and provide new benefcial therapeutic strategies against cancer.

**Keywords** Anoikis resistance · Non-coding RNA · microRNA · Long non-coding RNA · Circular RNA · Cancer

# **Introduction**

Anoikis resistance is a crucial cellular program that enables carcinoma cells to escape apoptosis in the absence of attachment to extracellular matrix (ECM) or upon cell adhesion to an inappropriate location  $[1-3]$  $[1-3]$ . The ability to resist apoptosis under the loss of ECM attachment endows cancer cells to detach from the primary tumor site, invade a distant site and establish a metastatic lesion [[3,](#page-6-1) [4](#page-6-2)]. Therefore, it has been believed that anoikis resistance is a critical process for tumor

Tongguo Shi and Chuanqiang Zhang have contributed equally to this work.

 $\boxtimes$  Tongguo Shi shitg@suda.edu.cn

 $\boxtimes$  Suhua Xia xiasuhua@suda.edu.cn

> Chuanqiang Zhang zcq027@163.com

- <sup>1</sup> Jiangsu Institute of Clinical Immunology, The First Afliated Hospital of Soochow University, 178 East Ganjiang Road, Suzhou, China
- <sup>2</sup> Department of General Surgery, The Affiliated Jiangsu Shengze Hospital of Nanjing Medical University, 1399 West Shichang Road, Suzhou, China
- Department of Oncology, The First Affiliated Hospital of Soochow University, 188 Shizi Road, Suzhou, China

cell metastasis [\[5](#page-6-3)], and overcoming anoikis resistance may have important therapeutic value for cancers [[3,](#page-6-1) [6\]](#page-6-4).

Previous studies have shown that cancer cells can achieve anoikis resistance through multiple factors or mechanisms including integrins switch, growth proteins, oxidative stress, autophagy, epithelial-mesenchymal transition (EMT), metabolism, and signaling pathway [[3,](#page-6-1) [5](#page-6-3), [7\]](#page-6-5). For instance, the interplay between integrin- $α2β1/-α5β1$  and EGFR enhanced anoikis resistance in colon cancer cells through activating downstream efectors ERK and AKT and suppressing Caspase-3 activation [\[8](#page-6-6)]. Upregulation of LC3B induced by oxidative stress attenuated anoikis resistance in contrast to regulating autophagy in ovarian cancer cells [\[9](#page-6-7)]. Moreover, CPT1A-mediated fatty acid oxidation activation led to colorectal cancer cells resisting anoikis and increase metastatic capacity  $[10]$  $[10]$ . These studies suggest that anoikis resistance in cancer cells is far more complicated than expected and warrants further investigation.

Non-coding RNAs (ncRNAs), such as microRNAs (miRNAs), long non-coding RNAs (lncRNAs), and circular RNAs (circRNAs), are a group of RNA transcripts that do not own the protein-coding ability but are involved in the regulation of physiological and pathological functions [[11–](#page-6-9)[13\]](#page-7-0). Ample evidence indicated that ncRNAs have been identifed as oncogenic drivers or tumor suppressors in various malignancies [[14](#page-7-1)]. Notably, multiple ncRNAs are associated with anoikis resistance in various cancers [\[1](#page-6-0)].

Considering the rapid development of the ncRNA feld, a more detailed understanding of the molecular mechanisms underlying ncRNAs modulating cancer cells anoikis resistance is urgently needed. In this review, we focused on the critical roles of ncRNAs in modulating anoikis resistance in cancers.

# **Discussion**

# **MiRNAs and anoikis resistance**

MiRNAs are a kind of ~22-nucleotide, evolutionarily conserved ncRNAs, which modulate target gene expression through binding to the 3'-untranslated region (3'-UTR) of target mRNA molecules at the posttranscriptional level [[15,](#page-7-2) [16\]](#page-7-3). Amounting evidence has shown that miRNA is involved in various processes, such as cell growth, metastasis, therapy resistance, and immune escape [[17](#page-7-4)[–19](#page-7-5)]. Interestingly, a variety of miRNAs can be oncogenic or tumor-suppressive and have repeatedly been implicated for their roles in regulating anoikis resistance [\[1](#page-6-0), [20\]](#page-7-6).

# **MiRNAs act as positive regulators of anoikis resistance**

A growing body of evidence shows that aberrant miRNAs enhanced anoikis resistance of cancer cells through the regulation of pathways, adhesion molecules, or apoptosisassociated proteins (Table [1](#page-1-0), Fig. [1\)](#page-2-0).

Emerging data have indicated that several signaling pathways are abnormally activated or inactivated in cancers, and are vital mediators and drivers in anoikis resistance [\[7](#page-6-5)]. The Hippo signaling, tumor-suppressive signaling, has been frequently identifed to be inactivated in multiple cancers, and the inactivation of Hippo signaling exerts a pleiotropic role in the progression and metastasis of cancers [\[21\]](#page-7-7). A previous study showed that miR-424-5p overexpression promoted, while miR-424-5p knockdown inhibited, anoikis resistance and lung metastasis of thyroid cancer cells in vitro and in vivo by inactivating the activity of Hippo signaling via directly targeting WWC1, SAV1, and LAST2[[21\]](#page-7-7). As a key node of the Hippo signaling pathway, Yes-associated protein 1 (YAP1) has been implicated to regulate anoikis. Yu et al. noted that miR-200a overexpression promoted whereas miR-200a inhibition suppressed anoikis resistance in breast cancer cells by the downregulation of YAP1, which resulted in decreased pro-apoptotic protein expression [\[22](#page-7-8)]. Recent research showed that enforced expression of miR-141 enhances cell proliferation, anchorage-independent capacity, anoikis resistance, tumor growth and peritoneal metastases of ovarian cancer cells through the regulation of KLF12/Sp1/survivin axis [[23](#page-7-9)]. What's more, MiR-G-10, a novel miRNA identifed in G-rich RNA sequence binding protein (GRSF1) complex, promote migration/invasion and anoikis resistance in vitro and lung metastasis in vivo, by upregulating PIK3R3 expression to activate the AKT/ NF-κB signal pathway and suppressing TIMP3/MMP9 pathway [[24](#page-7-10)]. Hida et al. used a public tumor endothelial cell microarray database and found that miR-145, increased in tumor endothelial cell, signifacntly elevated cell adhesion and anoikis resistance in human microvascular endothelial cells by enhancing the BCl-2 and Bcl-xL expresion via the ERK1/2 pathway [\[25](#page-7-11)].

Cell surface adhesion molecules have been implicated in the acquisition of anoikis resistance of cancer cells  $[26, 126]$  $[26, 126]$  $[26, 126]$ [27](#page-7-13)]. Penna et al. found that miR-214 was involved in the modulation of survival to anoikis in melanoma [[28\]](#page-7-14). Using a melanoma metastatic model, miR-214 was found to be highly expressed in metastatic (high) cells compared with parental (low) cells. Moreover, the introduction of miR-214 expression contributed to melanoma cell movement and survival to anoikis in vitro as well as extravasation from blood vessels and lung metastasis formation in vivo through targeting TFAP2C, which is a member of the AP-2 transcription factor family and involved in the activation or repression of



<span id="page-1-0"></span>

<span id="page-2-0"></span>



cell movement and adhesion molecules [\[28](#page-7-14)]. Additionally, miR-145 overexpression obviously enhanced cell invasion and anoikis resistance of esophageal adenocarcinoma cell lines (OE33, FLO-1, SK-GT-4) [\[29](#page-7-15)]. Moreover, upregulation of miR-145 induced resistance to anoikis and invasion potential in esophageal adenocarcinoma cells was associated with the downregulation of c-Myc, which led to the integrins subunits  $\alpha$ 5 and  $\beta$ 3 expression [\[30\]](#page-7-16).

Given that anoikis is a special form of apoptosis, the dysregulation of apoptosis-associated genes is observed to play a pivotal role in anoikis resistance of cancer cells [[31\]](#page-7-19). Dysregulated TGF-β signaling was demonstrated to drive latestage breast cancer metastasis. MiR-181a induced by TGF-β promoted epithelial-mesenchymal transition, migration, and invasion in breast cancer cells [\[32](#page-7-17)]. Mechanistically, miR-181a down-regulation signifcantly increased the expression of Bim, a proapoptotic protein molecule that sensitized metastatic cells to anoikis [[32](#page-7-17)]. Zhao et al. hypothesized that miR-21, one of the most commonly observed aberrant miRNAs in human cancers, could contribute to tumor metastasis by regulating anoikis in human esophageal adenocarcinoma. In fact, transfection of miR-21 mimics signifcantly enhanced the resistance to anoikis in esophageal adenocarcinoma cells by targeting PDCD4 and PTEN, which were involved in the regulation of many basic cellular functions including cell apoptosis [[33\]](#page-7-18).

# **MiRNAs act as negative regulators of anoikis resistance**

Next, we reviewed the efect of miRNAs, function as tumor suppressor gene, on anoikis resistance in cancers (Table [2,](#page-3-0) Fig. [1\)](#page-2-0).

Experimental evidence reported that tumor-suppressive miRNAs also can modulate anoikis resistance of cancer cells via triggering or inhibiting signaling pathways [\[1](#page-6-0), [20](#page-7-6)]. For example, the introduction of miR-525-5p, which acts as a tumor suppressor gene, dramatically hampered anchorage-independent growth and anoikis resistance of cervical cancer cells via blocking ubiquitin-conjugating enzyme E2C (UBE2C)/ZEB1/2 signal axis [[34](#page-7-20)]. In pancreatic cancer, miR-137 was decreased in pancreatic cancer cells (AsPC-1 and PANC-1 cell) after the induction of anoikis in time-dependent. Overexpression of miR-137 reduced the <span id="page-3-0"></span>**Table 2** MiRNAs inhibit anoikis resistance in cancers



resistance to anoikis in pancreatic cancer cells in vitro and in vivo by negatively modulating paxillin (PXN), which resulted in the activation of the AKT signaling pathways [[35](#page-7-21)]. MiR-133a-3p and miR-133b were frequently low expression in various types of cancers and were reported to be tumor suppressors [[36,](#page-7-22) [37\]](#page-7-23). In prostate cancer, upregulation of miR-133a-3p suppressed cancer stem cell-like phenotypes and attenuated anoikis resistance of prostate cancer cells by directly targeting multiple cytokine receptors, including EGFR, FGFR1, IGF1R, and MET, which further inhibited PI3K/AKT signaling [[38\]](#page-7-24). Also, in esophageal squamous cell carcinoma, miR-133b negatively modulated anoikis resistance and anchorage-independent growth through the regulation of EGFR-mediated ITGB4/FAK/ Grb2, AKT, and ERK signaling [\[39](#page-7-25)]. Zhang and collaborators verifed that decreased in gastric cancer specimens, miR-204 reduced cell invasion and anoikis resistance in gastric cancer cells via modulating the SIRT1-LKB1 pathway [[40\]](#page-7-26). Additionally, the miR-204 levels were significantly down-regulated in an anoikis pattern of epithelial ovarian cancer cells. Furthermore, restored expression of miR-204 enabled cells to acquire more sensitivity to anoikis through the inhibition of BDNF, contributing to the inactivation of the PI3K/AKT signaling pathway [\[41\]](#page-7-27). Besides, miR-296 was involved in the inhibitory effects of epigallocatechin gallate (EGCG), the most active and abundant polyphenol in green tea, on anoikis-resistant nasopharyngeal carcinoma cells through the downregulation of STAT3 activation [\[42](#page-8-0)]. MiR-200c, an important member of the miR-200 family that emerged as a potent regulator of epithelial to mesenchymal

transition, has been implicated in the resistance to anoikis in various cancers. Howe et al. identifed, using a microarray profling, several direct targets of miR-200c, including the genes encoding fbronectin 1 (FN1), moesin (MSN), neurotrophic tyrosine receptor kinase type 2 (NTRK2 or TrkB), leptin receptor (LEPR), and Rho GTPase activating protein 19 (ARHGAP19) [\[43\]](#page-8-1). Among these targets, TrkB was a tyrosine kinase receptor that contributed to the ability of miR-200c to suppress anoikis resistance [[43](#page-8-1)]. In ovarian cancer, restoration of miR-200c resulted in decreasing the resistance to anoikis and adherence to biologic substrates in ovarian cancer cells by targeting TrkB, a tyrosine kinase receptor [[44\]](#page-8-2). Moreover, miR-200c overexpression enhanced anoikis sensitivity through the regulation of an NF-κB upregulated TrkB/NTF3 autocrine signaling loop in triplenegative breast cancer [[45](#page-8-3)]. All these data indicated that miRNAs as tumor suppressor genes and regulate the cancerassociated signaling axis, leading to abnormal anoikis of tumor cells.

As transmembrane receptors, integrins are well known as adhesion molecules, which mediate cell-ECM interaction and exert important roles in regulating anoikis resistance [[46,](#page-8-4) [47\]](#page-8-5). The study by Sa et al. showed that overexpression of miR-124 attenuated the anoikis resistance in colorectal cancer cells by targeting integrin alpha 3 (ITGA3), a member of integrins [[48](#page-8-6)]. In addition, miR-363-3p was found to suppress anoikis resistance of papillary thyroid carcinoma cells (B-CPAP cells) by negatively modulating its target gene integrin alpha 6 (ITGA6)[\[49](#page-8-7)]. Moreover, decreased in hepatocellular carcinoma tissues, miR-424-5p suppressed anoikis resistance in anchorage-independent hepatocellular carcinoma cells by targeting ICAT/CTNNBIP1, a potent b-catenin inhibitor [\[50](#page-8-8)]. MiR-10a, inversely correlated with distant metastasis and invasion depth of colorectal cancer, decreased cell adhesion and anoikis resistance activities by targeting matrix metalloproteinase 14 (MMP14) and actin gamma 1 (ACTG1). Furthermore, MMP14 is an ECM remodeling protein; while ACTG1 is involved in muscle contraction, cell motility, cell adhesion, and cell shape maintenance [[51\]](#page-8-9).

Autophagy, an evolutionarily conserved process, has been reported to be involved in the modulation of anoikis resistance in hepatocellular carcinoma [\[52,](#page-8-14) [53](#page-8-15)]. MiR-30a, decreased in hepatocellular carcinoma and cell lines, was proved to inhibit Beclin 1 and Atg5-dependent autophagy, and further suppress autophagy-mediated anoikis resistance and metastasis in hepatocellular carcinoma cells [\[54](#page-8-10)].

Reactive oxygen species (ROS) is verifed to participate in the anoikis resistance [[55](#page-8-16), [56\]](#page-8-17). N-acetyltransferase 1 (NAT1), a xenobiotic-metabolizing enzyme, has been unraveled to inhibit anoikis by suppressing ROS. Moreover, NAT1-mediated inhibitory effects on anoikis resistance were abolished by miR-6744-5p in both luminal A and triple-negative breast cancer cell lines [\[57](#page-8-11)].

Other mechanisms including cell cycle protein engaged in anoikis resistance of cancer cells. Zhang et al. reported that the suppression of miR-26a contributed to the anoikis resistance acquisition of esophageal adenocarcinoma cells. Also, the authors found that Rb1 was the direct target of miR-26a, and revealed that the reduction of miR-26a expression leads to increased Rb1 protein level and thus inhibits the function of E2F1, by which it infuences the phenotypes of cell cycle and anoikis [[58\]](#page-8-12). Guo and collaborators showed that the levels of miR-1827 were decreased in non-small cell lung cancer tumor tissues and cells, and were associated with tumor grade and lymph node metastasis. The upregulation of miR-1827 suppressed anchorage-independent growth and anoikis resistance of lung adenocarcinoma A549 cells

through negatively regulating the expression of caveolin-1 (CAV-1)[[59](#page-8-13)], an important regulator in anoikis resistance of cancer cells [\[60](#page-8-18)].

#### **Impact of lncRNAs in anoikis resistance**

LncRNAs are a type of ncRNA with > 200 nucleotides in length, which had not the ability of protein-encoding [\[12](#page-7-28), [61,](#page-8-19) [62](#page-8-20)]. It has been shown that lncRNAs function as important tumor modulators and participate in cancer pathogenesis, such as cell growth, metastasis, stemness, and drug resistance [\[63](#page-8-21)[–65](#page-8-22)]. An increasing body of research has suggested that dysregulation of lncRNAs played crucial roles in the modulation of anoikis resistance in various cancers [\[1](#page-6-0)].

# **LncRNAs act as positive regulators of anoikis resistance**

Accumulating evidence documents that lncRNAs can also modulate anoikis resistance of cancer cells via regulating pathways, apoptosis-associated proteins, or other molecules (Table [3,](#page-4-0) Fig. [2](#page-5-0)).

The lncRNA HOTAIR, the HOX transcript antisense intergenic RNA, is upregulated and has been associated with poor prognosis, invasiveness, and aggressiveness of various cancer types [\[66](#page-8-23), [67\]](#page-8-24). Small interfering RNA (siRNA)-mediated knockdown of HOTAIR expression markedly reduced the abilities of anoikis resistance, migration, and invasion in the ovarian cancer cells under the suspension condition. Moreover, HOTAIR enhanced the anoikis resistance and spheroid forming ability of ovarian cancer cells by recruiting EZH2 and infuencing H3K27 methylation [\[68\]](#page-8-25). In hepatocellular carcinoma, HOTAIR was also reported to be able to promote the escape from anoikis through downregulating c-Met signaling [\[69](#page-8-26)]. In addition, HOTAIR silencing markedly decreased the anoikis resistance of gastric cancer cells [[70\]](#page-8-27). Zhang and collaborators showed that lncRNA ANRIL was positively correlated with glioma grade. Silencing



<span id="page-4-0"></span>**Table 3** The role of lncRNAs or circRNAs in regulating anoikis resistance in cancers

<span id="page-5-0"></span>**Fig. 2** Long non-coding RNAs (lncRNAs) and circular RNAs (circRNAs) regulate anoikis resistance in cancers via diferent mechanism. It is described in Table



lncRNA ANRIL obviously attenuated anoikis resistance and induced cell cycle arrest in G0/G1 phase, while regulating the activity of caspase-3/8/9 and the AKT signaling pathway in glioma cells. Moreover, overexpression of miR-203a could partially reverse these functions [\[71](#page-8-28)].

The study by Lu et al. indicated that lncRNA APOC1P1-3 was upregulated in malignant cell lines of breast cancer and was negatively associated with the survival rate of patients with breast cancer. Also, lncRNA APOC1P1-3 significantly enhanced the capacity of anoikis resistance of breast cancer cells by specifcally binding to miR-188-3p to block the inhibition of Bcl-2[\[72](#page-9-1)]. High lncRNA MALAT1 was shown to be associated with increased stage, recurrence, and reduced survival in ovarian cancer. The expression of lncRNA MALAT1 was markedly increased in multiple anoikis-resistant ovarian cancer cell lines. Moreover, lncRNA MALAT1 suppression resulted in decreased proliferation, invasion, anchorage-independent growth, and increased anoikis by regulating RBFOX2-mediated alternative splicing of the pro-apoptotic isoform of KIF1B [\[73](#page-9-2)]. These data suggest that lncRNA plays a key role in anoikis resistance by afecting the expression of apoptosis-associated proteins.

Interestingly, lncRNA VAL induced by AKT signaling was found to promote cell adhesion, invasion, and anoikis resistance in lung adenocarcinoma through directly binding to Vimentin and competitively abrogating Trim16-dependent Vimentin polyubiquitination and degradation [\[74\]](#page-9-3). LncRNA FOXD2-AS1, upregulated in thyroid carcinoma tissues and cells, promoted cancer stem cell-like phenotypes and enhanced the anoikis resistance in vitro by sponging miR-7-5p and up-regulating the expression of telomerase reverse transcriptase (TERT) [[75\]](#page-9-4). Lastly, LINC00958 was identifed to be signifcantly upregulated in bladder tumor samples compared with normal samples. In addition, LINC00958 knockdown signifcantly attenuated anoikis resistance of bladder cancer cells [\[76](#page-9-5)].

# **LncRNA acts as negative regulators of anoikis resistance**

As a crucial signaling pathway in cancers, inactivation of Hippo signaling is found to contributes to tumor progression and metastasis [\[77](#page-9-9), [78](#page-9-10)]. LncRNA-MAPK8IP1P2, decreased in the thyroid cancer tissues with lymphatic metastasis, inhibited anoikis resistance in vitro and lymphatic metastasis of thyroid cancer cells in vivo through the activation of Hippo signaling by sponging miR-146b-3p [[79](#page-9-6)].

# **The role of circRNAs in anoikis resistance**

CircRNAs are a kind of endogenous ncRNA that are single-stranded closed-loop RNA molecules lacking terminal 5' caps and 3' poly(A) tails [\[80,](#page-9-11) [81](#page-9-12)]. Emerging studies showed the key roles of circRNAs in regulating tumor progression [[82](#page-9-13)[–84](#page-9-14)], which also are involved in the regulation of anoikis resistance (Table [3,](#page-4-0) Fig. [2](#page-5-0)). CircSIPA1L1 was highly expressed in osteosarcoma tissue samples and cell lines. Knockdown circSIPA1L1 impaired the capacities of invasion, migration, proliferation, and survival of osteosarcoma cells by regulating the RAB9A signaling pathway via sponging miR-411-5p [[85\]](#page-9-7). Yin et al. found that the expression of circUBAP2 was higher in lung cancer tissue samples than that in normal tissue samples. Moreover, circUBAP2 silencing obviously reduced the anoikis resistance of lung cancer cells [\[86](#page-9-8)].

# **Conclusions**

Given that anoikis resistance is the hallmark of invasiveness, metastasis, therapy resistance, and relapse of cancer cells [[7\]](#page-6-5), anoikis resistance provides an attractive target for cancer therapeutic beneft. It has been reported that aberrant ncRNA expression is associated with anoikis resistance in several types of human cancers [\[1](#page-6-0)], suggesting that targeting ncRNA-based therapeutic strategies may obviously suppress anoikis resistance of tumor cells and further reduce the incidence of metastasis and recurrence. Anoikis resistance has been identifed to be modulated by several factors including signaling pathways, cell adhesion, growth/apoptosis protein, oxidative stress, stemness, autophagy, and metabolic reprogramming [[7\]](#page-6-5). Although ncRNAs exert the regulatory efects on anoikis resistance via multiple mechanisms, the role and mechanisms of ncRNA in the modulation of anoikis resistance remain to be resolved. For example, the Warburg efect, more specifcally, diminished glucose oxidation, promoted anoikis resistance and metastasis in cancers [[7,](#page-6-5) [87](#page-9-15)], but which and how ncRNA is involved in anoikis resistance by regulating the Warburg efect remains unclear. Hence, it is of great importance to in-depth investigate the role and mechanisms of ncRNA in anoikis resistance at the current stage. Based on our knowledge from the available literature, the role of miRNAs in anoikis resistance has been relatively demonstrated, but the effect of lncRNA and circRNA in the mechanism of anoikis resistance still largely stay in the early stage. For instance, only two circRNAs, circSIPA1L1 and circUBAP2, were verifed to participate in the regulation of anoikis resistance in osteosarcoma or lung cancer [\[85,](#page-9-7) [86](#page-9-8)]. Therefore, further investigation is warranted to determine how specifc lncRNA or circRNA infuence the role of anoikis resistance in cancers. Although some problems remain for the relationship between ncRNAs and anoikis resistance, verify the detailed function and mechanism of ncRNA on anoikis resistance, which may contribute to a better understanding of cancer metastasis and provide new insights into the treatment of this disease.

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**Data availability** No new data were created or analyzed in this study. Data sharing is not applicable to this article.

## **Declarations**

**Conflict of interest** The authors declare that they have no confict of interest.

**Ethical approval** Not applicable.

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