# *Chlamydia trachomatis* **plasmid‑encoded protein Pgp3 inhibits apoptosis via the PI3K‑AKT‑mediated MDM2‑p53 axis**

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## **Abstract**

*Chlamydia trachomatis*, the most common human pathogen that causes trachoma and sexually transmitted disease, has developed various strategies for inhibiting host cell apoptosis. Activation of the PI3K (phosphoinositide 3-kinase)/AKTmediated MDM2 (murine double minute 2)-p53 pathway plays a prominent role in the apoptosis resistance arising from *C. trachomatis* infection. However, the precise upstream mechanisms by which *C. trachomatis* activates this pathway have not been adequately investigated. Here, we reveal that the secreted *C. trachomatis* plasmid-encoded protein Pgp3 inhibits apoptosis in HeLa cells. This process requires the activation of the PI3K/AKT signaling pathway, thereby leading to phosphorylation and nuclear entry of MDM2, and p53 degradation. PI3 K inhibitor LY294002 and MDM2 inhibitor Nutlin-3a block Pgp3-induced inhibition of HeLa cell apoptosis, suggesting a critical role for the PI3K/AKT pathway and its effect on the MDM2-p53 axis in Pgp3 anti-apoptotic activity.

**Keywords** *Chlamydia trachomatis* · Pgp3 · Apoptosis · PI3K/AKT · MDM2 · p53

# **Introduction**

*Chlamydia trachomatis* is a common, obligate intracellular, gram-negative bacterial pathogen that causes various widespread diseases threatening human health [[1\]](#page-8-0). It is the predominant sexually transmitted bacterial pathogen and is also the causative agent of trachoma, which can lead to

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blindness [[2](#page-8-1)]. Most *C. trachomatis* infection is asymptomatic and can therefore easily lead to chronic, persistent sequelae, including pelvic inflammatory disease, infertility and ectopic pregnancy [\[3](#page-8-2)]. Moreover, there is a correlation between *C. trachomatis* and human papillomavirus infection and coinfection with both pathogens increasing the risk of cervical cancer [[4](#page-8-3)].

*Chlamydia trachomatis* has a unique life cycle that begins with the invasion of host cells by infectious elementary bodies (EBs). These EBs are engulfed in a membrane-bound vacuole and differentiate into non-infectious and propagative reticulate bodies (RBs), which then re-differentiate into EBs and initiate a new cycle following host cell lysis or exocytosis [\[1](#page-8-0)]. To successfully replicate in this way, and to develop a persistent infection in the host, chlamydia must modulate cell apoptosis to escape host immune clearance. Chlamydia has developed various strategies to inhibit both the intrinsic and extrinsic pathways of host cell apoptosis [\[5](#page-8-4)]. The intrinsic apoptosis pathway is governed by the Bcl-2 (B cell lymphoma 2) protein family, which consists of three subfamilies that differ in function and their complement of protein homology domains: the pro-survival proteins, which include Bcl-2, Mcl-1, A1, and Bcl-xL, have three to four BH (Bcl-2 homology) domains; the pro-apoptosis Bax family, which includes Bax and Bak, have three BH domains; and



the BH3-only proteins, which include Bid, Bik, and Puma, possess a single BH domain, as their name suggests [[6](#page-8-5)]. Among these proteins, Bax and Bak have a decisive effect on mitochondrial outer membrane permeability, resulting in the release of cytochrome *c*. which then forms a complex with apoptotic protease-activating factor (Apaf-1), leading to the formation of caspase 9-associated apoptosome, followed by activation of the downstream effector caspase 3, which is responsible for cleavage of intracellular proteins that eventually lead to apoptosis. The anti-apoptotic Bcl-2 proteins can antagonize Bax/Bak activation and thereby inhibit apoptosis [\[7](#page-8-6), [8\]](#page-8-7). Chlamydia promotes inhibition of pro-apoptotic proteins Bax and Bak and activation of anti-apoptotic Bcl-2, resulting in the blockage of mitochondrial cytochrome *c* release and inhibition of caspase activation, which ultimately lead to inhibition of apoptosis [\[5](#page-8-4), [9](#page-8-8)].

The tumor suppressor protein p53 is involved in the determination of cell cycle arrest and cell death, as well as the response to cellular stressors such as DNA damage. In its role as a transcription factor, p53 controls the expression of several apoptosis genes, including Bax, Puma, Apaf-1, and Bcl-2 [\[10](#page-8-9)]. A recent study found that infection with various chlamydia species activates the MDM2-p53 axis, leading to p53 degradation. Inhibition of this pathway impairs both the development of chlamydia and its anti-apoptotic effect [[11\]](#page-8-10). Siegl et al. [[12\]](#page-8-11) emphasized that p53 represses glucose-6-phosphate dehydrogenase, a key enzyme of the pentose phosphate pathway, which is necessary for chlamydial growth. They also found that the PI3K/AKT pathway plays a crucial role in activating the MDM2-p53 axis, but precisely how *C. trachomatis* regulates the PI3K/AKT pathway remains unclear.

Many *C. trachomatis* strains share a 7.5-kb cryptic plasmid that encodes eight open reading frames (ORFs), designated pORF1 to 8, and that significantly promotes chlamydial infection and pathogenicity [\[13](#page-8-12)]. Among these pORFs, pORF5, which is also known as Pgp3, is the only plasmid-encoded protein to be secreted from the bacterium and is therefore mainly distributed in the cytosol of chlamydia-infected cells [\[14\]](#page-8-13). More importantly, it has been demonstrated that Pgp3 is a major virulence factor and promotes chlamydial ascension and tubal inflammation [[15](#page-8-14)]. Recently, our research group found that Pgp3 can induce production of pro-inflammatory cytokines via the TLR2 (Toll-like receptor 2) signaling pathway and by NALP3 inflammasome activation, suggesting that Pgp3 can manipulate host signaling pathways [\[16](#page-8-15), [17](#page-8-16)].

Here, we investigated the role of Pgp3 in the regulation of apoptosis in host cells and found that it can block the intrinsic pathway. This is mediated by the activation of the PI3K/AKT signaling pathway, which is necessary for phosphorylation and nuclear entry of MDM2, and subsequent degradation of p53.

#### **Methods and materials**

## **Cell culture and stimulation**

HeLa 229 cells (ATCC) were maintained in DMEM medium (HyClone) containing 10% fetal bovine serum (Gibco) in an incubator at 37 °C, 5% CO<sub>2</sub>. Expression and purification of Pgp3 protein were performed as previously described [[16](#page-8-15)]. For the stimulation experiments, HeLa cells were grown in 6-well plates (Corning) at a density of  $1-5 \times 10^6$ /well or in 24-well plates (Corning) at a density of  $1-5 \times 10^5$ /well. The medium was then replaced by serum-free medium, followed by addition of Pgp3 at different concentrations for various time periods. For certain inhibitor incubation experiments, HeLa cells were pre-treated with a specific inhibitor or DMSO as control for 1 h before Pgp3 stimulation. The inhibitors used were LY294002 (#9901, Cell Signaling) and Nutlin-3a (N6287, Sigma).

#### **Western blotting**

HeLa cells were grown in 6-well plates at a density of  $1-5 \times 10^6$ /well. Each cell sample was washed three times in cold PBS. Proteins were extracted using RIPA lysis buffer (50 mM Tris pH 7.4, 150 mM NaCl, 1% sodium deoxycholate, 1% Triton X-1000, 1% SDS) supplemented with 1 mM protease inhibitor (phenylmethanesulfonyl fluoride; Beyotime) for 30 min on ice and protein concentration was measured by BCA protein assay (Beyotime). Protein samples were transferred onto PVDF membranes (Millipore) after separation by 12% SDS-PAGE gel electrophoresis and blocked in 5% non-fat milk diluted in TBS containing 0.1% Tween-20 for 2 h at room temperature. Membranes were incubated with diluted antibodies at 4 °C overnight. The following monoclonal antibodies were used: anti-Bax (#5023, Cell signaling), anti-Bcl-2 (#2870, Cell signaling), anti-p53 (#2527, Cell signaling), anti-Caspase 3(#9662, Cell signaling), anti-p-AKT (#4060, Cell signaling), anti-AKT (#4691, Cell signaling), anti-p-MDM2 (ab170880, Abcam), anti-MDM2 (ab178938, Abcam), and anti-GAPDH (Proteintech). Bound antibodies were revealed with HRP anti-rabbit secondary antibody and an ECL detection kit (Thermo).

## **Hoechst staining**

HeLa cells were seeded in 24-well plates at 80% confluence prior to stimulation with Pgp3 or treatment with TNF- $\alpha$ (Sigma). Each group was washed three times in cold PBS and fixed with 4% paraformaldehyde (Beyotime) for 30 min at 4 °C. After permeabilization with 0.1 Triton X-100 for 5 min, cells were stained with 10 μM nucleic acid dye Hoechst 33342 at 37 °C for 20 min and washed three times in PBS. Nuclear morphology was viewed under a fluorescence microscope (×200). Five fields were randomly selected, and total cell nuclei and apoptosis-positive cells were counted.

# **Indirect immunofluorescence**

Cells were grown on glass coverslips in 24-well plates at a density of  $2-5 \times 10^5$ /well. After experimental treatment, cells were washed three times with PBS and fixed with 4% paraformaldehyde for 30 min at 4 °C, permeabilized with 0.1 Triton X-100 for 5 min, then incubated with 2.5% BSA in PBS at 37 °C for 2 h. Cells were sequentially probed with diluted primary antibodies at 4 °C overnight, washed three times, and incubated with Cy-3 secondary antibody (Proteintech) and diluted nucleic acid dye DAPI (Sigma) mixture for 1 h at 37 °C. The cells were examined by fluorescence microscopy (200×).

#### **Flow cytometry**

Cell death was measured by flow cytometry using an annexin V-APC/7-AAD apoptosis kit (Multi Sciences). HeLa cells were grown according to manufacturer guidelines in 6-well plates at a density of  $1-3 \times 10^6$ /well. After experimental treatment, cell samples were washed twice with cold PBS and resuspended in  $1 \times$  Binding Buffer, followed by incubation with annexin V-APC and 7-AAD, while controls were incubated only with annexin V-APC or 7-AAD. After 15 min in the dark at room temperature,  $380 \mu$ l  $1 \times$  Binding Buffer was added to each group and cells were analyzed by flow cytometry (BD FACSCalibur).

#### **Statistical analysis**

Data are shown as the mean  $\pm$  standard deviation (SD) of three independent experiments. Statistically significant differences were assessed using the  $\chi^2$  test of the SPSS-13.0 software package.  $p < 0.05$  was considered statistically significant.

#### **Results**

#### **Pgp3 inhibits host cell apoptosis**

*Chlamydia trachomatis* has evolved many strategies to inhibit host cell apoptosis, including the inhibition of proapoptotic protein Bax and activation of anti-apoptotic protein Bcl-2, which results in cytochrome *c* release from the mitochondria and consequent activation of caspases [[18](#page-8-17)]. To ask whether chlamydial secretion protein Pgp3 interrupts

host cell apoptosis, we evaluated the expression of Bax and Bcl-2 after stimulation of HeLa cells with Pgp3 at different concentrations and for various time periods. As shown in Fig. [1a](#page-3-0), Pgp3 began to inhibit HeLa cell apoptosis at a concentration of 10 μg/ml, with the effect becoming very clear at 15 μg/ml. Therefore, a concentration of 15 μg/ml was used to stimulate HeLa cells for various time periods, and showed that Pgp3 conferred resistance to apoptosis from 8 h, with the greatest effect at 24 h. Caspase 3 is thought to be an essential effector of cell death, and its activation is inhibited by chlamydial intracellular infection [\[9](#page-8-8)]. We further evaluated the caspase 3 enzymatic activity by measuring the level of Cleaved Caspase-3, after stimulation of HeLa cells with Pgp3 at 15 μg/ml and for 24 h, the expression of Cleaved Caspase-3 was down-regulated (Fig. [1b](#page-3-0)). We used a Hoechst stain to examine the nuclear morphology of HeLa cells after 24 h Pgp3 treatment, with positive cells showing a strong blue fluorescence; this revealed karyopyknosis and nuclear fragmentation, where present. In the TNF- $\alpha$ -treated positive control group, the apoptosis rate was 16.55%, while the rate was 10.53% in the PBS-treated control group. In contrast, the apoptosis rate in the Pgp3-treated group was much lower, at 4.4% (Fig. [1](#page-3-0)c). Consistent with the above results, flow cytometry suggested that Pgp3 treatment led to minimal cell death, the percentage of early- and late-stage apoptosis was 3.859%, while the apoptosis rate of the TNF-α-treated positive control group was 31.2%, and the apoptosis rate of the mock group was 12.336% (Fig. [1d](#page-3-0)). The above results suggest that Pgp3 inhibits apoptosis in HeLa cells in a dose- and time-dependent manner.

## **Pgp3‑mediated anti‑apoptosis depends on activation of the PI3K‑AKT pathway**

The PI3K/AKT pathway has a significant role in the resistance to apoptosis of host cells infected with *C. trachomatis* [[14](#page-8-13)] and therefore we investigated whether Pgp3 activates this pathway. Significantly, Pgp3 increased the phosphorylation of AKT within 15–30 min post-stimulation, which then declined at 60 min, while the total AKT protein level was almost unchanged (Fig. [2a](#page-4-0)). To test whether AKT phosphorylation was PI3K-dependent, HeLa cells were pre-treated with selective PI3K inhibitor LY294002 (20 μM) to block PI3K kinase-dependent AKT phosphorylation. We found that phosphorylation of AKT was inhibited by this treatment (Fig. [2](#page-4-0)b), showing that Pgp3 does indeed activate the PI3K/AKT pathway. To further determine whether activation of the PI3K/AKT signaling pathway is involved in Pgp3-mediated resistance to apoptosis, the expression of Bax and Bcl-2 was tested after PI3K inhibition. Pre-treatment of HeLa cells with PI3K inhibitor LY294002 clearly led to an increase in Bax and a decrease in Bcl-2 levels (Fig. [2c](#page-4-0)). Flow



<span id="page-3-0"></span>**Fig. 1** Pgp3 inhibits apoptosis in HeLa cells. **a** Serum-starved HeLa cells were stimulated with Pgp3 at different concentrations for 24 h or at 15 μg/ml for different time periods. Bax and Bcl-2 expression were determined by Western blotting. GAPDH served as loading control. **b** Serum-starved HeLa cells were stimulated with Pgp3 at 15 μg/ml for 24 h. Cleaved Caspase-3 and Caspase 3 were determined by Western blotting. GAPDH served as loading control. **c** Serum-starved HeLa cells were stimulated with Pgp3 at 15 μg/ml for 24 h. PBS was added to the control group, and positive controls were treated with 50 μM TNF- $\alpha$  for 4 h. Apoptotic cells, with apoptotic body formation or nuclear fragmentation, were measured by Hoechst staining under flu-

orescence microscopy (×200). Five different fields were counted randomly, with the *bars* representing the apoptosis rate (apoptotic cells/ total cells) for each group. These data represent the results of three independent experiments. **d** Serum-starved HeLa cells were stimulated with Pgp3 at 15 μg/ml for 24 h. PBS was added to the control group, and positive controls were treated with 50 μM TNF- $α$  for 4 h. Annexin 7AAD/V-APC was used with flow cytometry to assess the apoptosis status of the cell cultures. The *upper*- and *lower*-*left* quadrants represent dead and live cells, respectively, while the *upper*- and *lower*-*right* quadrants represent late- and early-stage apoptotic cells, respectively. These data represent three independent experiments

cytometry revealed a significant increase in apoptotic cells in the LY294002 treatment group, in which the apoptosis rate was 11.59%, while that of the control group was 3.178% (Fig. [2d](#page-4-0)). Together, these results show that the PI3K/AKT pathway plays an important role in Pgp3 mediated anti-apoptosis in HeLa cells.



<span id="page-4-0"></span>**Fig. 2** Activation of PI3K-AKT pathway in Pgp3-mediated anti-apoptosis in HeLa cells. **a** Serum-starved HeLa cells were stimulated with 15 μg/ml Pgp3 for different time periods. Western blotting shows the time course of phosphorylation of AKT, as well as total AKT and GAPDH in cells. **b** Serum-starved HeLa cells were pre-treated with 20 μM LY294002 or DMSO for 1 h, followed by incubation with 15 μg/ml Pgp3 for 30 min. Western blotting shows phosphorylated AKT, total AKT, and GAPDH. **c** Serum-starved HeLa cells were pre-treated with 20 μM LY294002 or DMSO for 1 h, followed

by incubation with 15 μg/ml Pgp3 for 24 h. Western blotting shows the expression of Bax and Bcl-2. GAPDH served as loading control. **d** Serum-starved HeLa cells were pre-treated with 20 μM LY294002 or DMSO for 1 h and then stimulated with 15 μg/ml Pgp3 for 24 h. Annexin 7AAD/V-APC was used with flow cytometry to assess the apoptosis status of the cell cultures. The *upper*- and *lower*-*left* quadrants represent dead and live cells, respectively, while the *upper*- and *lower*-*right* quadrants represent late- and early-stage apoptotic cells, respectively. These data represent three independent experiments

# **Pgp3 induces phosphorylation and nuclear localization of MDM2 and decreases p53 expression**

Activation of the PI3K/AKT pathway promotes the phosphorylation and nuclear entry of MDM2, and thus results in degradation of p53 [\[19](#page-8-18)]. To further determine the downstream effectors of the PI3K/AKT-dependent pathway that regulate Pgp3-mediated anti-apoptosis, we used Western blotting to monitor MDM2 phosphorylation at Ser166, which is necessary for its entry into the nucleus [[19](#page-8-18)]. Following Pgp3 stimulation, phosphorylation of MDM2 increased from 15 to 30 min, and then decreased at 60 min (Fig. [3a](#page-5-0)). Indirect



<span id="page-5-0"></span>**Fig. 3** Pgp3 activates the MDM2-p53 axis. **a** Serum-starved HeLa cells were stimulated with 15 μg/ml Pgp3 for various times. Western blotting revealed phosphorylated and total MDM2, with GAPDH as loading control. **b** Serum-starved HeLa cells were pre-treated with 20 μM LY294002 or DMSO for 1 h and then stimulated with 15 μg/ ml Pgp3 for 30 min. Fluorescence microscopy was used to determine the localization of MDM2. **c** Serum-starved HeLa cells were stimu-

immunofluorescence was performed on serum-starved HeLa cells treated with Pgp3, in which DAPI was used to detect the cell nucleus, and the red fluorescent dye Cy3 was used to stain endogenous MDM2 (Fig. [3b](#page-5-0)). In contrast to the control group, MDM2 was located in the nucleus of HeLa cells in the presence of Pgp3, and this localization was blocked

lated with Pgp3 at various concentrations for 24 h or at 15 μg/ml for various time periods. Western blotting revealed the expression of p53, with GAPDH serving as loading control. **d** Serum-starved HeLa cells were pre-treated with 20 μM LY294002 or DMSO for 1 h and then stimulated with 15 μg/ml Pgp3 for 24 h. Expression of p53 was determined by Western blotting, with GAPDH serving as loading control. These data represent the results of three independent experiments

by LY294002. In the nucleus, MDM2 ubiquitinates and mediates nuclear export of p53, thus leading to its degradation [[20\]](#page-8-19). We used immunoblotting to show that p53 levels decreased in a dose- and time-dependent manner upon Pgp3 stimulation (Fig. [3](#page-5-0)c). To further determine whether both p-MDM2 and p53 were regulated in a PI3K/AKT-dependent fashion, we showed that pre-treatment of HeLa cells with LY294002 increased p53 expression (Fig. [3d](#page-5-0)). These results demonstrate that Pgp3 activates the PI3K/AKT-mediated MDM2-p53 axis.

## **Blocking the MDM2‑p53 axis interrupts Pgp3‑mediated apoptosis resistance**

Nutlin-3a is a specific inhibitor which stabilizes p53 by disrupting MDM2-p53 interaction [[21\]](#page-8-20). To examine the effects of MDM2-p53 axis on Pgp3-regulated p53 and apoptosis resistance, HeLa cells were pre-treated with 10 or 20 μM Nutlin-3a prior to stimulation with Pgp3. As shown in Fig. [4](#page-7-0)a, 20 μM Nutlin-3a was enough to reverse Pgp3 regulated p53. As expected, 20 μM Nutlin-3a was also sufficient to abolish Pgp3-mediated resistance to apoptosis in HeLa cells (Fig. [4b](#page-7-0)). Hoechst staining revealed a significant increase in apoptotic cells in the Nutlin-3a treatment group, in which the apoptosis rate was 12.77%, while that of the control group was 2.3% (Fig. [4c](#page-7-0)). Flow cytometry revealed a significant increase in apoptotic cells in the Nutlin-3a treatment group, in which the apoptosis rate was 12.05%, while that of the control group was 2.655% (Fig. [4d](#page-7-0)). In summary, these data suggest that the MDM2-p53 loop is involved in Pgp3-mediated anti-apoptotic activity.

## **Discussion**

Most *C. trachomatis* serovars carry a 7.5 kb cryptic plasmid, and plasmid-free variants have significantly attenuated pathogenicity in the mouse model, suggesting that this plasmid acts as a virulence factor [[22](#page-8-21)]. The roles of plasmid-encoded pORFs in chlamydial infection have been extensively explored. Thus, pORF1 (Pgp7) and pORF2 (Pgp8) are involved in plasmid replication; pORF3 (Pgp1) and pORF4 (Pgp2) are essential for plasmid maintenance; pORF6 (Pgp4) is a master regulator of many chlamydial genes; while pORF7 (Pgp5) and pORF8 (Pgp6) participate in the regulation of partitioning and copy number [[23,](#page-8-22) [24](#page-8-23)]. The protein featured in this work, pORF5, or Pgp3, is the only secreted plasmid-encoded protein and it is distributed throughout the cytosol of the infected host cell [\[14](#page-8-13)]. Pgp3 is a key virulence factor in *C. muridarum* (a model for studying *C. trachomatis* pathogenesis) and it promotes both chlamydial ascension and induction of tubal inflammation [\[25\]](#page-8-24). Pgp3 has also proved effective as a vaccine antigen in mice challenged with *C. trachomatis* [[26\]](#page-9-0). Therefore, understanding the precise molecular pathogenic mechanisms of Pgp3 will lead to new possibilities for the prevention and treatment of *C. trachomatis* infection.

Apoptosis, a form of programmed cell death that is necessary for cellular homoeostasis, is also a means of removing

microbial pathogens [[27](#page-9-1)]. Apoptosis can be induced via three pathways: the extrinsic pathway (the death receptor pathway), the intrinsic pathway (the mitochondrial pathway), and the granzyme B/perforin pathway [[28](#page-9-2)]. As an obligate intracellular human pathogen, chlamydia inhibits both the intrinsic and extrinsic apoptosis pathways, and thus promotes host cell survival and allows chronic infections to become established [\[5](#page-8-4)]. Mechanisms by which apoptosis can be inhibited include activation of the ERK mitogen-activated protein kinase [\[29](#page-9-3)], inhibition of mitochondrial cytochrome *c* release, and upregulation of IAPs (inhibitor of apoptosis proteins) [[30](#page-9-4)]. However, how chlamydia manipulates host signaling pathways at the molecular level is only partially understood. Zhong [[31\]](#page-9-5) has reviewed the evidence showing that *C. trachomatis* can secrete effectors into infected cells to manipulate host signaling pathways. For example, a secreted serine protease, CPAF (chlamydia proteasome/protease-like activity factor), is distributed in the host cytosol [[31\]](#page-9-5) and can degrade pro-apoptotic BH3-only proteins to inhibit apoptosis [\[32\]](#page-9-6). As a protein that is secreted from the chlamydial cell into the host cytosol, the distribution of Pgp3 is similar to that of CPAF. Intriguingly, purified Pgp3 can induce the production of pro-inflammatory cytokines by manipulating the pattern recognition receptor TLR2 (Toll-like receptor 2) and the NALP3 (Natch domain, leucine-rich repeat, and PYD-containing protein 3) inflammasome in macrophages [[16](#page-8-15), [17\]](#page-8-16). Together, these studies indicate that Pgp3 can regulate host signaling pathways, but whether Pgp3 regulates apoptosis in this way was unclear prior to the current investigation. Here we showed that Pgp3 downregulates proapoptotic protein Bax and upregulates anti-apoptotic protein Bcl-2 and thereby inhibits host cell apoptosis in a dose- and time-dependent manner. Both proteins are involved in controlling the release of cytochrome *c* from mitochondria [\[33](#page-9-7)]. Moreover, we also showed that Pgp3 inhibits the effector caspase 3 activation, and therefore our data indicate that Pgp3 inhibits apoptosis via the intrinsic pathway in HeLa cells.

The PI3K/AKT pathway is involved in multiple cellular processes, including anti-apoptosis, cell survival, and differentiation and the pathway is inextricably linked with migration, adhesion, and angiogenesis of cancer cells [[34\]](#page-9-8). Upon activation, PI3K produces phosphatidylinositol (3,4,5)-trisphosphate, which recruits AKT to the plasma membrane, where it is activated by phosphorylation at Ser473. AKT, also known as protein kinase B, has multiple downstream targets, resulting in phosphorylation of IKK kinase (a modulator of NF-κB) and mTOR (mammalian target of rapamycin), modulation of p21, p27, and MDM2 activity, suppression of Bad pro-apoptotic activity, and so on [[35,](#page-9-9) [36](#page-9-10)]. Chlamydia infection results in persistent activation of the PI3K/AKT pathway, which in turn promotes chlamydial replication [[37\]](#page-9-11). Targeted activation of the AKT pathway by *C.* 



<span id="page-7-0"></span>**Fig. 4** Involvement of the MDM2-p53 pathway in Pgp3-mediated apoptosis resistance. **a** Serum-starved HeLa cells were pre-treated with 10  $\mu$ M or 20  $\mu$ M Nutlin-3a or DMSO for 1 h and then stimulated with 15 μg/ml Pgp3 for 24 h. The levels of p53 were determined by Western blotting, with GAPDH as loading control. **b** Serum-starved HeLa cells were pre-treated with 10 or 20 μM Nutlin-3a or DMSO for 1 h and then stimulated with 15 μg/ml Pgp3 for 24 h. Levels of Bax, Bcl-2, Cleaved Caspase-3, and Caspase 3 were determined by Western blotting, with GAPDH as loading control. **c** Serum-starved HeLa cells were pre-treated with 10 and 20 μM Nutlin-3a or DMSO for 1 h and then stimulated with 15 μg/ml Pgp3 for 24 h. Apoptotic cells, with apoptotic body formation or nuclear fragmentation, were

counted by fluorescence microscopy (×200) after Hoechst staining. Five different fields were randomly counted, with the *bars* in the graph representing the apoptosis rate (apoptotic cells/total cells) of each group. **d** Serum-starved HeLa cells were pre-treated with 20 μM Nutlin-3a or DMSO for 1 h and then stimulated with 15 μg/ ml Pgp3 for 24 h. Annexin 7AAD/V-APC was used with flow cytometry to assess the apoptosis status of the cell cultures. The *upper*- and *lower*-*left* quadrants represent dead and live cells, respectively, while the *upper*- and *lower*-*right* quadrants represent late- and early-stage apoptotic cells, respectively. These data represent three independent experiments

*trachomatis* is an efficient strategy for stabilizing anti-apoptotic Mcl-1 and maintaining bad phosphorylation, thereby inhibiting host cell apoptosis [\[14](#page-8-13)]. Chlamydia induces AKT phosphorylation at Ser473, and activated p-AKT triggers MDM2 phosphorylation and nuclear entry, resulting in decreased levels of p53 [[19\]](#page-8-18). In line with these results, we found that Pgp3 also induces phosphorylation and translocation of MDM2, which leads to degradation of p53 in a dose- and time-dependent manner. Treatment with specific PI3K inhibitor LY294002 leads to inhibition of the PI3K/ AKT pathway and blockage of the downstream MDM2 p53 axis, ultimately reversing Pgp3-mediated resistance to apoptosis. Consistent with the above, the MDM2 inhibitor Nutlin-3a abrogated the effect of Pgp3 on p53 levels and restored apoptotic activity. These results show that the PI3K/ AKT-mediated MDM2-p53 pathway plays a pivotal role in Pgp3-induced apoptosis resistance.

In conclusion, this study demonstrates that *C. trachomatis* plasmid-encoded virulence factor Pgp3 has an inhibitory effect on the intrinsic pathway of apoptosis in HeLa cells, which is mediated by activation of the classical MDM2 p53 axis and is dependent on the PI3K/AKT signaling pathway. Additional research into the molecular mechanisms of Pgp3 function may provide further important insights into chlamydial pathogenicity and improve the diagnosis, treatment, and prevention of *C. trachomatis* infection.

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#### **Compliance with ethical standards**

**Conflict of interest** All authors declare that they have no conflict of interest.

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