

Antibacterial Activities of Peptide HF‑18 Against *Helicobacter pylori* **and its Virulence Protein CagA**

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Abstract

Helicobacter pylori (*H. pylori*) infection is prevalent all over the world, which may even cause gastric cancer. Unfortunately, current antibiotic therapy cannot completely eradicate drug-resistant *H. pylori*. HF-18 (GFFKKAWRKVKKAFRRVL-NH2), a novel cationic antimicrobial peptide, showed broad antimicrobial activities, low cytotoxicity toward mammalian cells and low drug tolerance during our previous research. In this paper, to investigate the antibacterial activities and possible mechanisms underlying HF-18 against drug-resistant *H. pylori*, cytotoxin associated protein (CagA)-carrying recombinant *E. coli* BL21 was constructed. Subsequently, Zeta potential detection, N-Phenyl-1-naphthylamine uptake, propidium iodide fuorescence uptake, transmission electron microscope, qRT-PCR and Western blot assays were performed. Consequently, we found that HF-18 had potent antibacterial efects on clarithromycin- and amoxicillin- resistant *H. pylori*. In terms of its mode of action, HF-18 could neutralize negative charges on the surface of *H. pylori*, penetrate into and disrupt the integrity of bacterial membranes, resulting in the death of drug-resistant *H. pylori* to reduce cells infection. In addition, HF-18 inhibited the transcription of adhesion gene *alpA*/*alpB* and the expression of virulence protein CagA under sub-inhibitory concentration, and ultimately decreased bacterial virulence. Therefore, HF-18 lays a foundation for the development and utilization of new antibiotics.

Graphical Abstract

Keywords Antimicrobial activity · Drug-resistant · HF-18 · *H. pylori* · CagA

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Abbreviations

Introduction

H. pylori is one of the most widespread pathogens that cause serious human diseases (Pellicano et al. [2016](#page-10-0))*.* It is reported that about half of the world's population carries *H. pylori* in the stomach (Rothenbacher and Brenner [2003](#page-10-1); Saadat et al. [2007](#page-10-2); Stein et al. [2002\)](#page-10-3). Infection induced by *H. pylori* may lead to gastritis, gastric ulcers, duodenal ulcers, and even gastric cancer (Bugaytsova et al. [2017](#page-9-0)). In addition, among the various toxins produced by *H. pylori*, CagA is one of the most pathogenic toxins which can induce infammatory and immune responses after stable adhesion of *H. pylori* in the stomach.

Triple therapy (omeprazole, clarithromycin and amoxicillin) is now widely used in the clinic to treat *H. pylori* infection; however, the development of drug resistance of *H. pylori* in clinical greatly reduces the eradication rate of *H. pylori* (Theuretzbacher et al. [2020](#page-11-0)). In the face of this dilemma, researchers have to look for alternative antibiotic resources to combat the emergence of drug-resistant pathogens (Annunziato [2019](#page-9-1); Hahn et al. [2016;](#page-10-4) Torres et al. [2019\)](#page-11-1). Current researches on antimicrobial peptide are very extensive (Yeaman and Yount [2003](#page-11-2)), including physicochemical properties, structural features, biological activity and molecular design and synthesis, etc., which are of remarkable achievements. Therefore, antimicrobial peptide is expected to be a novel class of antimicrobial drug (Thapa et al. [2020](#page-11-3)).

Our previous study has confrmed that peptide HF-18, 18 amino acids intercepted from hagfsh intestinal peptide HFIAP-1 and mutated 2 amino acids (His 12 and Gly 14 to Lys^{12} and Phe¹⁴) for increasing positive charges and hydrophobicity, had signifcant antibacterial efects on both Gramnegative bacteria (G⁻) and Gram-positive bacteria (G⁺) in vitro (MIC range of 4–32 μg/ml), including *S. aureus*, *S. pneumoniae*, *S. pyogenes*, *P. aeruginosa*, which are common aerobic pathogens in clinic, especially on clinical mupirocin- and norfoxacin- resistant *S. aureus* (MIC 4 μg/ml) (Jiang et al. [2020b](#page-10-5)). In vivo, HF-18 also displayed desirable anti-infection efects on mouse systemic infection model and local skin infection model induced by drug-resistant *S. aureus* (Ma et al. [2020;](#page-10-6) Otvos et al. [2018](#page-10-7); Ryu et al. [2014](#page-10-8)). In addition, HF-18 showed low hemolytic activity and cytotoxicity toward mammalian cells. Interestingly, this peptide had high stability even under acid condition (pH 2.2–8) (Jiang et al. [2020b](#page-10-5); Neshani et al. [2019](#page-10-9)). Therefore, we further studied its antibacterial activity against *H. pylori*, a common clinical microaerobic Gram-negative bacterium that colonizes the stomach (Lin et al. [2021\)](#page-10-10), to expand the antibacterial spectrum of HF-18. Surprisingly, results demonstrated that HF-18 eradicated *H. pylori,* including clarithromycinand amoxicillin- resistant *H. pylori* Sydney Strain-1 (SS1), and reduced bacterial virulence simultaneously.

In this paper, the antibacterial activities of HF-18 against clarithromycin- and amoxicillin- resistant *H. pylori* SS1 were determined in vitro. In addition, the efects of HF-18 on the genes associated with adhesion and virulence were investigated. Furthermore, we elucidated the potential mechanisms underlying the antibacterial activity and explored the efects of HF-18 at sub-inhibitory concentration on the virulence protein CagA.

Materials and Methods

Bacterial Strains and Cell Culture

H. pylori Sydney Strain-1 (SS1) was acquired from the National Centers for Disease Control. *H. pylori* 26695 and GES-1 cells were purchased from American Type Culture Collection (ATCC). Recombinant *E. coli* BL21 (DE3)-CagA strain was obtained by Nanjing Genewiz Biotechnology Co., Ltd.

Culture Conditions

H. pylori strains were cultured in Helicobacter Pylori Agar/ Broth Medium (Qingdao Hope Bio-Technology Co., Ltd., Qingdao, China) supplemented with 7% FBS and antimicrobial agents (10 mg/l vancomycin, 5 mg/l trimethoprim, 5 mg/l cefclidine, 5 mg/l amphotericin B) at 37 °C under microaerobic condition created by sealing the plates or test tubes in an anaerobic box using by an AneroPak environment generator (Mitsubishi Gas Chemical) for 48–72 h. *E. coli* BL21 (DE3)-CagA was cultured with kanamycin (50 μg/ml) in nutrient agar/broth media. IPTG (1 mM) was added to induce the expression of CagA for subsequent experiments. GES-1 cells were cultured in DMEM medium supplemented with 10% FBS at 37 °C in humidified atmosphere of 5% $CO₂$.

Peptides and Reagents

HF-18 [Purity: \geq 98.0% (HPLC); Peptide Content (N%): 78.5%] and FITC-HF-18 [Purity: \geq 98.0% (HPLC)] were synthesized using the solid-phase method (GL Biochem Co., Ltd., Shanghai, China). Mouse anti-His monoclonal antibody and BCA protein assay kit were purchased from Nanjing Yifeixue Biotechnology Co., Ltd.; CagA antibody was purchased from Santa Co., Ltd.

Induction of Clarithromycin‑ and Amoxicillin‑ Resistance in *H. pylori* **SS1**

The experiment for induction of resistance was performed as previously described (Kalenić et al. [1998;](#page-10-11) Tenney et al. [1983](#page-11-4)). In brief, 100 µl of bacterial solution $(1 \times 10^{10} \text{ CFU})$ ml) was inoculated into Helicobacter Pylori Agar Medium plates containing antibiotics of 1/2 MIC concentration at 37 °C under microaerobic condition for 72 h based on the most recently observed MICs. The MICs of serial passaging were determined by agar plate dilution method (Suthisamphat et al. [2020;](#page-10-12) Wiegand et al. [2008](#page-11-5); Yang et al. [2020](#page-11-6)). In brief, *H. pylori* were diluted to 1×10^9 CFU/ml and inoculated to Mueller–Hinton agar plates containing 5% sheep blood with diferent concentrations of antibiotics. Above steps were repeated until the drug-resistant *H. pylori* SS1 was successfully induced.

Antimicrobial Activity of HF‑18

Minimal Inhibitory Concentration (MIC)

MICs were determined by using a standard micro-broth serial dilution assay as previously described (Moosazadeh Moghaddam et al. [2018](#page-10-13)). In brief, 50 μl of bacterial suspensions $(1 \times 10^5 \text{ CFU/ml})$ were inoculated with isovolumic drugs at serial diluted concentrations ranging from 128 to 0.0625 μg/ml, and then cultured in the corresponding condition for 24 h. MICs, the lowest concentrations that inhibited the visible growth of *H. pylori* after incubation, were obtained by recording optical density at 600 nm (OD_{600}) using a microplate reader.

Minimum Bactericidal Concentration (MBC)

After MICs detection, 10 μl of mixture in which bacterial growth was visibly inhibited was cultured onto the Helicobacter Pylori Agar Medium supplemented with 7% FBS and placed at 37 °C under microaerobic condition for 72 h (Akhavan et al. [2019\)](#page-9-2). The minimum drug concentration without visible bacterial colonies was considered as MBC.

Killing Curves (KCs)

3 ml of bacterial suspensions $(2 \times 10^5 \text{ CFU/ml})$ in Helicobacter Pylori Broth Medium supplemented with 7% FBS were incubated with isovolumic drugs at fnal concentration of $4 \times$ MIC in the corresponding condition (Jiang et al. [2020a\)](#page-10-14). At 0, 1, 2, 4, 8 and 12 h, samples were obtained for counting CFU of bacteria and KCs were constructed by plotting log_{10} CFU/ml *vs* time.

Efects of Peptide HF‑18 on the Cell Membrane of Resistant *H. pylori* **SS1**

Zeta Potential Detection

Zeta potential test was used to detect the variation of potential on bacterial membrane (Ma et al. [2016;](#page-10-15) Narayana et al. [2015](#page-10-16)). Drug-resistant *H. pylori* SS1 at logarithmic growth phase were washed by centrifugation at 8000 rpm for 10 min for 3 times and resuspended with sterile normal saline. Bacterial suspensions $(1 \times 10^7 \text{ CFU/ml})$ were co-incubated with the diluted peptides at fnal concentrations of 0.25, 0.5, 1, 2, 4×MIC at 37 °C under microaerobic condition for 40 min. Then, potential changes could be measured by a ZetaPlus particle size analyser (Brookhaven Instruments Corporation, Holtsville, NY).

NPN Uptake

The alternation of bacterial membranes permeability caused by HF-18 was detected by N-Phenyl-1-naphthylamine (NPN) uptake assay (Helander and Mattila-Sandholm [2000](#page-10-17); Narayana et al. [2015](#page-10-16)). In brief, drug-resistant *H. pylori* SS1 at logarithmic growth phase were washed by centrifugation at 8000 rpm for 10 min with PBS for three times and subsequently resuspended with Hepes (5 mM). Bacterial suspensions $(1 \times 10^7 \text{ CFU/ml})$ were treated with serial diluted HF-18 at final concentrations of 0.25, 0.5, 1, 2, $4 \times$ MIC or 0.1% TritonX-100 at 37 °C under microaerobic condition for 8 h. NPN solution (10 μ M) was added to a final volume of 250 μl and the fuorescence intensity was quantifed at the excitation/emission of 350/420 nm.

PI Fluorescence Uptake

Propidium iodide (PI) fuorescence uptake assay was used to detect whether HF-18 could induce the rupture of bacterial inner membranes (Ma et al. [2016\)](#page-10-15). In brief, bacterial suspensions $(1 \times 10^7 \text{ CFU/ml})$ were co-incubated with HF-18 (final concentrations: 0.25, 0.5, 1, 2, $4 \times$ MIC) at 37 °C under microaerobic condition for 40 min. After centrifugation, cells were resuspended by PI solution (20 μg/ml) and detected by flow cytometry.

TEM

Transmission Electron Microscope (TEM) could be used to observe the integrity of bacterial membrane in the presence or absence of HF-18 intuitively (Pan et al. [2017](#page-10-18)). That is,

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drug-resistant *H. pylori* SS1 suspensions $(1 \times 10^7 \text{ CFU/ml})$ in Helicobacter Pylori Broth Medium supplemented with 7% FBS were mixed with HF-18 at a fnal concentration of 4×MIC at 37 °C under microaerobic condition for 40 min. After centrifugation at 8000 rpm for 10 min for 3 times, the pellets were fxed with osmium tetroxide and then subjected to the routine process of TEM as previously described to observe the morphological changes of HF-18-treated bacteria (de Leeuw et al. [2010\)](#page-9-3).

Anti‑adhesion and Anti‑infammatory Activities of Peptide HF‑18 In Vitro

Efects of FITC‑HF‑18 on the Adhesion of Drug‑Resistant *H. pylori* **SS1 to GES‑1 cells by Fluorescence Detection**

Drug-resistant *H. pylori* SS1 (1×10⁸ CFU/ml) was pretreated with HF-18 at final concentrations of 8, 4 and 2 μg/ml, respectively, in the corresponding condition for 1 h. After washing with PBS for 3 times, the precipitates were labeled with 1% FITC for 1 h in the dark (Jiang et al. [2020a\)](#page-10-14). The FITC-labeled bacteria at a fnal concentration of 1×10^7 CFU/ml were resuspended in DMEM medium containing 10% FBS and used to infect GES-1 cells with multiplicity of infection (MOI: 100:1) at 37 °C. After 1 h post-infection, the non-adherent bacteria were washed with PBS for three times and the infected cells were observed by fuorescence microscopy.

Efects of HF‑18 on the Supernatant of Drug‑Resistant *H. pylori* **SS1 Infected Cells and the Number of Adherent Bacteria**

Drug-resistant *H. pylori* SS1 at logarithmic growth phase were collected by centrifugation at 8000 rpm for 10 min and resuspended with DMEM medium supplemented with 10% FBS. After 1 h post addition of serial diluted HF-18 (final concentration: 64 , 16 and $4 \mu g/ml$), GES-1 cells were infected with drug-resistant *H. pylori* SS1 (MOI: 100:1) for 6 h at 37 °C in humidified atmosphere of 5% $CO₂$ (Jiang et al. [2020a](#page-10-14)). The cell supernatant was collected and cells were lysed, respectively. Then the numbers of bacteria were determined by CFU enumeration.

qRT‑PCR

Total RNA of drug-resistant *H. pylori* SS1 was extracted using bacteria RNA extraction Kit and cDNA was obtained with a HiScript Q RT SuperMix for qPCR kit. The qRT-PCR was performed according to a ChamQ SYBR qPCR Master Mix kit. The sequences of the forward and reverse primers were listed in Table [1](#page-3-0). The relative mRNA expression was

normalized to internal reference and determined using the comparative Cq method $(2^{-\Delta\Delta Cq})$.

Efects of HF‑18 on the Protein Virulence CagA

H. pylori SS1 and *E. coli* BL21 (DE3)-CagA suspensions at a final concentration of 1×10^7 CFU/ml were treated with serial diluted HF-18 (fnal concentrations: 8, 4 and 2 μg/ml or 2, 1 and 0.5 μg/ml) in Helicobacter Pylori Broth Medium supplemented with 7% FBS. After co-incubation for 8 h with *H. pylori* SS1 or 4 h with *E. coli* BL21 (DE3)-CagA, the washed bacteria were resuspended in 1 ml of PBS, broken using an ultrasonic cell crusher (model: SCIENT2-II D) followed by centrifugation at 12,000 rpm for 10 min and resuspension with PBS, subsequently mixed with $5 \times$ loading buffer, and boiled at 100 °C for 10 min (Jafari and Mahmoodi [2021](#page-10-19); Woo et al. [2020\)](#page-11-7). After quantifying protein concentration using a BCA protein assay kit (Nanjing Yifeixue Biotechnology Co., Ltd., Nanjing, China), the protein samples were separated by SDS-PAGE, transferred into polyvinylidene fuoride membrane, and incubated with mouse anti-His monoclonal antibody followed by incubation with appropriate horseradish peroxidaseconjugated secondary antibody (goat anti-mouse IgG), and ultimately visualized using ECL reagents.

Statistical Analysis

Data were analysed by SPSS 22.0 software and presented as the mean \pm SD. Comparison among groups was made by One-Way ANOVA Tukey Test of variance and Student t-test of unpaired data. P-value less than 0.05 was defned as signifcant diferences. The graphs were made by GraphPad Prism software.

Table 2 MICs and MBCs of

Results

Antibacterial Efects of HF‑18 on Clarithromycin‑ and Amoxicillin‑ Resistant *H. pylori* **SS1**

The inhibitory activity of HF-18 against bacterial growth was evaluated by measuring MICs, MBCs and KCs values. As shown in Table [2](#page-4-0), MICs of HF-18 against drug-resistant *H. pylori* SS1 and *H. pylori* 26695 were both 16 μg/ml, and MBCs were 32 μg/ml, respectively. Notably, the MIC and MBC of HF-18 against drug-resistant *H. pylori* were the same as positive control drug moxifoxacin, indicating that HF-18 had a potent antibacterial efect on *H. pylori*, especially for clinical drug-resistant *H. pylori*. In contrast, the MICs of amoxicillin and clarithromycin against drugresistant *H. pylori* SS1 were more than 128 μg/ml, which were significantly bigger than those against *H. pylori* 26695. This result was consistent with the consequence after induction, suggesting that the antibacterial mechanism underlying HF-18 may be diferent from that of traditional antibiotics*.*

The KCs of HF-18 $(4 \times$ MIC, 64 µg/ml), moxifloxacin $(4 \times$ MIC, 64 μg/ml), amoxicillin (64 μg/ml) and clarithromycin (64 μg/ml) against clarithromycin- and amoxicillinresistant *H. pylori* SS1 were performed using a standard inoculum of 1×10^5 CFU/ml. It can be seen (Fig. [1a](#page-5-0)) that HF-18 eliminated all *H. pylori* SS1 within 24 h, which was similar to that of moxifoxacin. Importantly, within 4–24 h, the bactericidal efect of peptide was signifcantly higher than that of moxifoxacin. Compared with the moxifoxacin, bacteria treated with HF-18 was decreased by nearly 2 log units during 8–12 h, indicating that this peptide was able to eliminate clarithromycin- and amoxicillin- resistant *H. pylori* SS1 rapidly. Consistently, inhibition zones

(Fig. [1b](#page-5-0)) of HF-18 $(0, 20, 40, 80 \mu g)$ also illustrated its antibacterial efects.

In addition, as growth curves shown (Fig. [1c](#page-5-0)), 2, 4 and 8 μg/ml of HF-18 were sub-inhibitory against drug-resistant *H. pylori* SS1 $(1 \times 10^7 \text{ CFU/ml})$, and there was no growth inhibition among groups after 8 h. On the other hand, ureases and catalases are important virulence factors of *H. pylori* (Follmer [2010;](#page-10-20) Loewen et al. [2004\)](#page-10-21), which can be determined by the changes of pH/color after decomposition of urea and bubble formation after incubating with 3% H₂O₂ (Fig. [1d](#page-5-0)). These results illustrated that HF-18 at sub-inhibitory concentration could reduce the activities of ureases and catalases without growth inhibitory efect.

Anti‑infammatory and Anti‑adhesion Activities of Peptide HF‑18 In Vitro

Results above showed that HF-18 had strong inhibitory effect on drug-resistant *H. pylori* SS1. Next, to further investigate the protection of HF-18 for GES-1 from drug-resistant *H. pylori* SS1 infection, the numbers of adherent colonies in the cell supernatant and intracellularly were counted after HF-18 treatment. Compared with the control group, HF-18 (64 μg/ml) could signifcantly reduce the number of bacteria in the cell culture supernatant (Fig. [2a](#page-6-0)) and intracellularly (Fig. [2](#page-6-0)b) by about 1.7 and 2.6 log units, respectively; however, moxifoxacin could only reduce the number of bacteria by about 1.4 and 1.5 log units, respectively. In contrast, clarithromycin and amoxicillin, to which *H. pylori* SS1 was resistant, had no signifcant antibacterial activity, manifesting that HF-18 could efectively scavenge the drug-resistant *H. pylori* SS1, thus reducing the number of bacteria in the supernatant and cells of GES-1.

In addition, bacterial infection can lead to the up-regulation of infammatory factors (Yoshida and Yoshikawa [2002](#page-11-8));

Fig. 1 Bactericidal effect of HF-18 on clarithromycin- and amoxicillin- resistant *H. pylori* SS1 in vitro. The time-kill curves of HF-18 against clarithromycin- and amoxicillin- resistant *H. pylori* SS1 (a). Image of the inhibition zones of HF-18 $(20, 40, 80 \mu g)$ against clarithromycin- and amoxicillin- resistant *H. pylori* SS1 (**b**). Growth

curves of clarithromycin- and amoxicillin- resistant *H. pylori* SS1 under sub-inhibitory concentration of HF-18 treatment (**c**). Changes of urease reaction and hydrogen peroxide test under sub-inhibitory concentration of HF-18 stimulation (**d**)

thus, the infuence of HF-18 on the transcription level of infammatory genes IL-8 in GES-1 cells was also detected. After infection by drug-resistant *H. pylori* SS1, the transcription of IL-8 mRNA in GES-1 cells was significantly up-regulated (Fig. [2c](#page-6-0)). Comparatively, HF-18 (64 μg/ml) treatment down-regulated the expression of IL-8 mRNA by 1.5 times while positive drug moxifoxacin (16 μg/ml) reduced IL-8 mRNA by 1.3 times. In contrast, clarithromycin and amoxicillin had no efects on the transcription level of IL-8. It indicated that HF-18 may regulate the stress of immune systems induced by drug-resistant *H. pylori* SS1.

On the other hand, adhesins are proteins attached to the bacterial surface, with which bacteria can adhere to cells before intrusion into cells. Thus, adhesin of *H. pylori* is considered as an important virulence factor of bacteria, which is involved in many processes in the early and chronic stages of infection (Kalali et al. [2014\)](#page-10-22). The efects of HF-18 on the adhesion of clarithromycin- and amoxicillin- resistant *H. pylori* SS1 to GES-1 cells were detected by counting of viable bacteria after co-incubation of cells with bacteria. Compared with the untreated group, HF-18 (4–8 μg/ml) reduced the adhesion of FITC-labeled *H. pylori* SS1 on the cells (Fig. [2](#page-6-0)d), refecting as the signifcantly weakened green fuorescence. It indicated that this peptide had potent activities of anti-adhesion against drug-resistant *H. pylori* SS1. In order to further clarify the mechanism underlying HF-18 exerting anti-adhesion efect on drug-resistant *H. pylori*, HF-18 under sub-inhibitory concentrations (2, 4 and 8 μg/ml) were co-incubated with drug-resistant *H. pylori* and the infuence of HF-18 on the transcription level of adhesion genes was explored. Consequently, HF-18 reduced the transcription of drug-resistant *H. pylori* SS1 adhesion gene (Fig. [2](#page-6-0)e, f) even under subinhibitory concentration. What's more, 8 μg/ml of peptide could down-regulate the mRNA transcription of adhesion genes *alpA* (Fig. [2e](#page-6-0)) and *alpB* (Fig. [2f](#page-6-0)) by 1.7 and 1.6 times respectively in a dose-dependent manner, indicating that this peptide not only killed bacteria quickly but also down-regulated the transcription of adhesion genes of drug-resistant *H. pylori* SS1.

Fig. 2 Anti-infammatory activities and anti-adhesion of HF-18 in vitro. Efects of HF-18 on the number of viable cells in the supernatant (**a**) and intracellularly (**b**) of GES-1 cells infected with clarithromycin- and amoxicillin- resistant *H. pylori* SS1. Efects of HF-18 on the mRNA transcription of infammatory gene IL-8 of cells infected with drug-resistant *H. pylori* SS1 (**c**). Efects of HF-18 under

sub-inhibitory concentrations on the adhesion of drug-resistant *H. pylori* SS1 towards GES-1 cells (**d**). Efects of HF-18 on the mRNA transcription of adhesion genes *alpA* (**e**) and *alpB* (**f**) of drug-resistant *H. pylori* SS1. Compared with the model group, ${}^{*}P < 0.05$, ${}^{*}P < 0.01$, ${}^{***}P < 0.001$. n=3

HF‑18 Destroyed the Membrane of Clarithromycin‑ and Amoxicillin‑ Resistant *H. pylori* **SS1**

To a certain extent, the bactericidal effects of antimicrobial peptides were positively correlated with the number of positive charges (Stone et al. [2019](#page-10-23)). Here, HF-18, carrying 8 positive charges, may interact with negatively charged bacterial membranes, thereby killing bacteria. Results from Zeta potential test (Fig. [3](#page-7-0)a) showed that the negative charges on the surface of drug-resistant *H. pylori* SS1 was − 24.7 ± 1.3 mV without peptide treatment. After incubating with HF-18 ($4 \times$ MIC), the negative charges were increased to -14.4 ± 0.5 mV, indicating that HF-18 could neutralize the negative charges on the surface of clarithromycin- and amoxicillin- resistant *H. pylori* SS1. More intuitively, TEM was used to observe cell morphology in order to determine the efect of HF-18 on the integrity of bacterial membrane. The surface of bacteria in control group was smooth, and the structure was complete and curved (Fig. [3b](#page-7-0)). In HF-18 $(4 \times$ MIC) -treated group, *H. pylori* SS1 showed severe leakage of cytoplasmic contents with obvious morphological changes, including cytoplasmic aggregation and nuclear pyknosis, leading to substantial destruction of bacterial membrane. These results suggested that HF-18 could destroy the integrity of bacterial membrane to kill bacteria directly.

The activity of HF-18 on the permeability of *H. pylori* SS1 cell membrane was detected by NPN fuorescence uptake assay. It can be seen (Fig. [3c](#page-7-0)) that after treatment with HF-18, the fuorescence uptake of NPN was increased continuously. Compared with the control group, the NPN uptake rate in high dose group $(4 \times$ MIC) was increased by 5.2 times, manifesting that the bactericidal concentration of HF-18 rapidly disintegrated bacterial membrane. Because water-soluble staining PI can combine with nucleic acid (Akhavan et al. [2019](#page-9-2); Riccardi and Nicoletti [2006](#page-10-24)), PI staining was used to further detect the permeability of HF-18 into bacterial cells. As can be seen (Fig. [3d](#page-7-0)), the positive staining rate of PI was as high as 95.8% after HF-18 treatment $(4 \times MC)$, manifesting that HF-18 penetrated and disrupted the bacterial membrane, making PI enter bacterial cells and bind to nucleic acid. These results indicated that HF-18 with positive charges may interact with bacterial membrane to neutralize the negative charges and lysate bacterial cells.

Fig. 3 Efects of HF-18 on the membrane permeation of clarithromycin- and amoxicillin- resistant *H. pylori* SS1. Neutralization of negative charge on the surface of *H. pylori* SS1 by diferent concentrations of HF-18 (**a**). TEM was used to detect the morphological changes of drug-resistant *H. pylori* SS1 (yellow arrow: heterogeneous cytoplasm; red arrow: the leakage of intracellular components; green arrow:

HF‑18 Down‑regulates the Transcription cagA mRNA and the Expression of CagA Protein

CagA is one of the main virulence factors of *H. pylori*, which is injected into cells through T4SS secretion system (Tohidpour [2016](#page-11-9)). After tyrosine phosphorylation in cells, CagA interacts with multiple host signal molecules by tyrosine phosphorylation dependent/independent ways, and mediates intracellular signal transduction to promote the malignant transformation of gastric epithelial cells (Takahashi-Kanemitsu et al. [2020\)](#page-10-25). In additon, at present, one of the reason why antimicrobial peptides are difficult to become clinical drugs is that it is difficult for antimicrobial peptides to reach bactericidal concentration under physiological conditions. Under this circumstances, the inhibitory efects on the transcription and expression of virulence proteins at subinhibitory concentration of peptides can lay a foundation for synergistic antimicrobial efects with other antibiotics in the future. Thus, the inhibition of CagA expression is beneficial to reduce the toxicity of *H. pylori*.

nuclear pyknosis) (**b**). NPN uptake assay for the permeability of *H. pylori* SS1 cell membrane after HF-18 treatment (**c**). Flow cytometry analysis of the destruction of bacterial membrane integrity under HF-18 stimulation (**d**). * P<0.05, **P<0.01, ***P<0.001. n=3 (Color figure online)

The recombinant *E. coli* BL21 (DE3)-CagA was constructed to explore the efects of HF-18 on CagA protein of *H. pylori* SS1. Firstly, as shown in Table [2](#page-4-0), HF-18 had potent antibacterial activity against *E. coli* BL21 (DE3)- CagA (MIC: 2 μg/ml). In addition, HF-18 eradicated all the recombinant bacteria within 8 h (Fig. [4a](#page-8-0)) without recovering growth after 12 h and its bactericidal efect was similar to that of polymyxin; however, moxifoxacin killed all the recombinant bacteria after 8 h and its bactericidal effect was far less than that of HF-18, indicating that HF-18 exerted desirable activity against *E. coli* BL21 (DE3)-CagA. Then, the growth curve (Fig. [4b](#page-8-0)) showed that HF-18 with 0.25, 0.5 and 1 μg/ml had no growth inhibition on *E. coli* BL21 (DE3)-CagA. Furthermore, SDS-PAGE analysis showed that the expression level of CagA was the highest under 1 mM IPTG induction for 4 h (Fig. [4](#page-8-0)c).

HF-18 at sub-inhibitory concentration could reduce the transcription of *cagA* mRNA and CagA protein of *H. pylori* SS1 and *E. coli* BL21 (DE3)-CagA. HF-18 at a concentration of 8 μg/ml could down-regulate *cagA* mRNA by 2.9 times (Fig. [4](#page-8-0)d) and CagA protein (Fig. [4](#page-8-0)e) in drug-resistant

Fig. 4 HF-18 decreased the transcription of *cagA* mRNA and the expression of CagA protein in clarithromycin- and amoxicillin- resistant *H. pylori* SS1 and *E. coli* BL21 (DE3)-CagA. The KCs of HF-18 against *E. coli* BL21 (DE3)-CagA (**a**). Growth curves of *E. coli* BL21 (DE3)-CagA under sub-inhibitory concentration of HF-18 treatment (**b**). The changes of CagA protein expression at diferent time points and concentrations after IPTG induction (**c**). The efects of HF-18 at

H. pylori SS1. Besides, HF-18 at the concentration of 1 μg/ ml could down-regulate *cagA* mRNA (Fig. [4f](#page-8-0)) by 1.7 times and CagA protein (Fig. [4](#page-8-0)g), indicating that this peptide could reduce *cagA* mRNA and CagA protein of *H. pylori* SS1 and *E. coli* BL21 (DE3)-CagA. Data above suggest that HF-18 not only destroys bacterial membrane but also downregulates virulence protein, which may provide new ideas for the treatment of *H. pylori* infection.

Discussion

H. pylori infection plays an important role in chronic gastritis, gastric ulcer and even gastric cancer. At present, the triple therapy is used in clinic. However, some side efects, such as abdominal pain, nausea, diarrhea, vomiting, etc., will also occur in the treatment, and the most serious problem is the emergence of a large number of drug-resistant strains, resulting in the gradual increase of treatment failure

sub-inhibitory concentration (**d**) on the transcription of *cagA* mRNA and (**e**) on the expression of CagA protein in clarithromycin- and amoxicillin- resistant *H. pylori* SS1. The effects of HF-18 at subinhibitory concentration (**f**) on the transcription of *cagA* mRNA and (**g**) on the expression of CagA protein in *E. coli* BL21 (DE3)-CagA. * $P<0.05$, $P<0.01$. n=3

cases (Crosio et al. [2019](#page-9-4); González et al. [2016](#page-10-26); Knutson et al. [2005](#page-10-27); Narayana et al. [2015](#page-10-16)). In such a dilemma, we urgently need to seek new treatments to improve or change the existing treatment.

Antibiotic based therapy has brought resistance of *H. pylori* in clinic. In this paper, to address problems of drugresistance, clarithromycin- and amoxicillin- resistant *H. pylori* SS1 was successfully constructed to explore the antimicrobial activities of peptide HF-18 against drug-resistant *H. pylori*. Results showed that HF-18 could effectively resist *H. pylori* SS1 with MIC of 16 μg/ml and MBC of 32 μg/ml. Moreover, for CagA high expressed *E. coli* BL21 (DE3)- CagA, HF-18 also displayed a desirable antibacterial activity with MIC and MBC of 2 μg/ml and 8 μg/ml, respectively. In addition, *E. coli* BL21 (DE3)-CagA could be completely killed within 8 h after co-incubation with HF-18. Here, Zeta potential, NPN uptake and PI staining assays were used to confrm that HF-18 could penetrate into the inner and outer membranes of drug-resistant *H. pylori* SS1. Thus, the reason

why HF-18 exerted a potently direct bactericidal efficiency against drug-resistant *H. pylori* was that HF-18 could penetrate into drug-resistant bacteria and consequently disrupted the integrity of bacterial membrane, resulting in the leakage of a large number of intracellular substances.

The main reason for the pathogenicity of *H. pylori* is that the adhesin secreted by *H. pylori* can tightly adhere to gastric epithelial cells. And a large amount of cytotoxins (CagA, VacA, SecA etc.) lead to persistent infammatory reaction, and even mutate into gastric cancer in severe cases (Amieva and Peek [2016;](#page-9-5) Hatakeyama [2014\)](#page-10-28). In this process, adhesion gene of *H. pylori*, virulence gene and infammatory gene are undoubtedly of importance. As HF-18 could permeate into bacterial membrane, subsequently, RT-qPCR showed that HF-18 (8 μg/ml) could signifcantly down-regulate the expression of adhesion gene *alpA*/*alpB* and virulence gene *cagA* at mRNA level. At the cellular level, the adhesion of drug-resistant *H. pylori* SS1 to GES-1 cells was obviously weakened after treatment with this peptide; at the protein level, HF-18 also reduced the expression level of CagA. In addition, to further clarify the efect of HF-18 on CagA, a cytotoxin associated protein, the recombinant *E. coli* BL21 (DE3)-CagA was constructed and we found that HF-18 at dosage of sub-inhibitory concentration could down-regulate the expression of CagA both at mRNA and protein levels without affecting the growth of bacteria, which verified the above results again: HF-18 could enter into bacterial cells through membrane permeation and played a key role in down-regulating the transcription level of virulence genes. While, virulence protein CagA is injected into cytoplasm of host cells through T4SS secretion system, which is another important virulence factor in *H. pylori*. More attention should be paid on T4SS secretion systems for further study using *H. pylori* pre-mouse Sydney strain 1 (PMSS1), rather than SS1 strains, which is defcient of T4SS secretion systems (Draper et al. [2017;](#page-10-29) Dyer et al. [2018](#page-10-30)).

In the process of tissue damage and infammation caused by drug-resistant *H. pylori* SS1 infection, infammatory cells can further release cytokines and produce a cascade amplifcation efect. The role of IL-8 is particularly important, which is a powerful factor of cell chemotaxis and activation. It can cause neutrophil chemotaxis and mucosal infammation induced by degranulation, and further lead to the occurrence and development of gastric diseases (Wiedemann et al. [2009](#page-11-10)). In this study, we constructed a cell model of GES-1 cells infected by *H. pylori* SS1, and found that HF-18 signifcantly down-regulated the expression of IL-8 at mRNA level. These results manifested that HF-18 reduced the transcription of adhesion gene, virulence gene of clarithromycin- and amoxicillin- resistant *H. pylori* SS1 after membrane permeation, and thus down-regulated infammatory gene of GES-1 cells. Undeniably, there are many diferences between the drug-resistant *H. pylori* induced by multi-step resistance selection in vitro and clinical drug-resistant *H. pylori* due to the diferent evolution ways, including phenotype and genotype. Therefore, the antibacterial efects of peptide should be further confrmed in *H. pylori*-infected patients with failed eradication in the future.

In conclusion, in this study, we further investigated the antibacterial efects of HF-18 on drug-resistant *H. pylori* SS1 and recombinant *E. coli* BL21 (DE3)-CagA and found that HF-18 could kill bacteria by neutralizing negative charges on the surface of bacteria, penetrating bacterial membrane and down- regulating the expression of adhesion genes *alpA/alpB* and virulence gene *cagA*. Moreover, HF-18 reduced transcription of IL-8, an important infammatory factor, induced by drug-resistant *H. pylori* SS1 in GES-1 cells. Therefore, it will lay a theoretical foundation for the treatment of drug-resistant *H. pylori*.

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Declarations

Conflict of interest The authors declare that there are no competing interests in this study.

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