



# X-ray responsiveness of sol–gel-derived glasses doped with rare-earth ions

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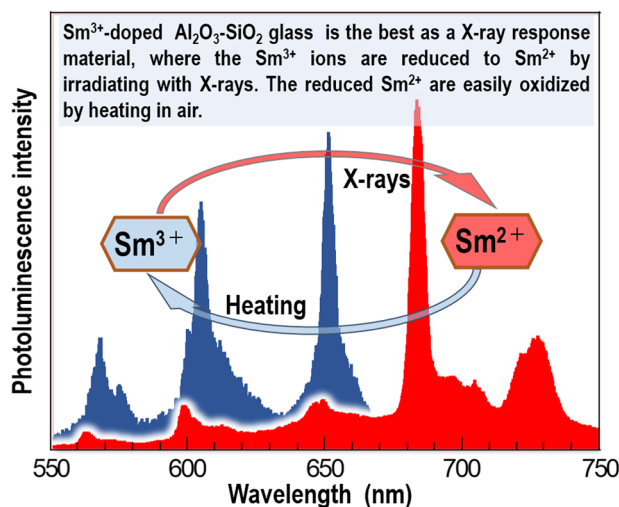
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## Abstract

Rare-earth doped glasses have garnered interest due to their potential applications in light-emitting devices. Although the sol–gel technique is useful in preparing them at moderately low temperatures, developing silicate glasses with excellent photoluminescence performance remains a formidable challenge due to their low solubility in the glass matrix and the difficulty in controlling valence states of rare-earth ions (RE). Here, we investigated whether these RE ions are reduced by heating in a hydrogen gas atmosphere or by irradiating with X-rays. We have succeeded in synthesizing  $\text{Sm}^{3+}$  and  $\text{Eu}^{3+}$  ion-doped  $\text{Al}_2\text{O}_3$ – $\text{SiO}_2$  glasses with exceptionally strong photoluminescence. When heated in hydrogen gas, the  $\text{Sm}^{3+}$  and  $\text{Eu}^{3+}$  ions were reduced to their divalent states. However, when irradiated with X-rays, only  $\text{Sm}^{3+}$  ions were reduced to  $\text{Sm}^{2+}$ ; no reduction occurred in the  $\text{Eu}^{3+}$  ions. This was because when irradiated with X-rays, the hole centers become trapped in the oxygen ions bound to the  $\text{Al}^{3+}$  ions, and the electrons released from the oxygen ions are consequently captured by the nearest  $\text{Sm}^{3+}$  ions, resulting in the formation of  $\text{Sm}^{2+}$ . In contrast, such a reduction does not occur in the  $\text{Eu}^{3+}$ -doped glasses. It was further found that the reduced  $\text{Sm}^{2+}$  ions are easily oxidized to  $\text{Sm}^{3+}$  ions by heating at 250 °C in air. Thus, the  $\text{Sm}^{3+}$ -doped  $\text{Al}_2\text{O}_3$ – $\text{SiO}_2$  glasses could be used for X-ray therapy and sensor applications due to their fast redox reactions.

## Graphical abstract

The  $\text{Sm}^{3+}$  ions doped in  $\text{Al}_2\text{O}_3$ – $\text{SiO}_2$  glasses are reduced by irradiating X-ray and the reduced  $\text{Sm}^{2+}$  ions are easily oxidized by heating in air. The fast redox reaction between  $\text{Sm}^{3+}$  and  $\text{Sm}^{2+}$  ions would be appropriate for X-ray therapy and sensor applications.



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**Keywords** Rare-earth · Photoluminescence · Sol–gel · Glass · X-rays · Redox reaction

## Highlights

- Glasses showing X-ray response were prepared to dope  $\text{Sm}^{3+}$  ions by the sol–gel method.
- $\text{Al}_2\text{O}_3$ – $\text{SiO}_2$  glasses were appropriate to dope rare-earth ions exhibiting highly intense photoluminescence, in which the doped- $\text{Sm}^{3+}$  ions were reduced to the  $\text{Sm}^{2+}$  by irradiating with X-rays.
- The reduction of  $\text{Sm}^{3+}$  ions proceeded by forming hole centers in oxygen ions bound to  $\text{Al}^{3+}$  ions and consequently capturing the emitted electrons in the  $\text{Sm}^{3+}$  ions.
- The reduced  $\text{Sm}^{2+}$  ions were easily oxidized to the  $\text{Sm}^{3+}$  ions by heating in air
- The fast redox reaction between  $\text{Sm}^{3+}$  and  $\text{Sm}^{2+}$  ions would be appropriate for X-ray therapy and sensor applications.

## 1 Introduction

The sol–gel technique has been effective in preparing high-purity and homogeneous glasses at temperatures lower than those required by the melt-quenching technique. An author (MN) employed the sol–gel technique and successfully prepared the first-of-its-kind glass that cannot be obtained from the conventional melting method, for example,  $\text{ZrO}_2$ – $\text{SiO}_2$  [1] or  $\text{P}_2\text{O}_5$ – $\text{SiO}_2$  [2] glasses with high mechanical toughness and fast proton conductivity, respectively. Recently, we prepared glasses doped with rare-earth (RE) ions that showed persistent spectrum hole-burning at room temperature [3] and strong photoluminescence (PL) [4]. These glasses have attracted considerable interest due to their possible applications in photonic fields, such as phosphors, optical amplifiers, lasers, and memories.

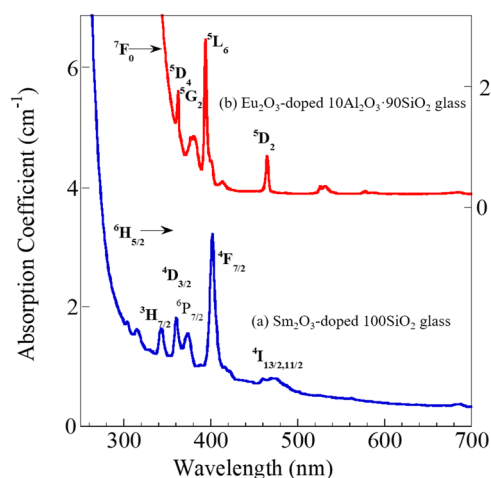
In melt-quenching glasses, RE ions with multiple valence states can usually be doped with only higher valence states. The  $\text{Eu}^{3+}$  and  $\text{Sm}^{3+}$  ions are particularly interesting among the RE ions because they can occupy the divalent states and exhibit completely different PL properties than their trivalent ions [5–7]. Controlling the valence states of the RE ions, if achievable, would offer numerous opportunities for glass applications. One technique for reducing the RE ions is melting the glasses together with the reductants [8–11]; however, it causes glass contamination due to residual reductant. The other technique is the secondary heat-treatment of glass in a reducing  $\text{H}_2$  gas atmosphere [12–14]. The reduction of the RE ions in glass occurs by the diffusion of  $\text{H}_2$  gas molecules in glass and their subsequent reaction with the RE ions. However, because of the low diffusion rate of  $\text{H}_2$  gas through glass, the reduction of silicate glasses is limited to near the surface [14]. We successfully prepared the  $\text{Eu}^{3+}$ -doped  $\text{Al}_2\text{O}_3$ -containing silicate glasses exhibiting fast  $\text{H}_2$  diffusion rate and discovered that the  $\text{Al}-\text{O}^-$  bonds promote the reaction between the  $\text{Eu}^{3+}$  ions and  $\text{H}_2$  molecules. Consequently, the  $\text{Eu}^{3+}$  ions located on the surface and in the center of the glass were reduced by heating in a short time [15–17].

Thus, the  $\text{Al}_2\text{O}_3$ -containing glasses were promising as a host for doping the RE ions. However, it is difficult to produce glasses containing a large amount of  $\text{Al}_2\text{O}_3$  using the conventional melting method because  $\text{Al}_2\text{O}_3$  raises the melting temperature of the glass. This is the reason for applying the sol–gel method to prepare glasses with high  $\text{Al}_2\text{O}_3$  content [18, 19].

More recently, sources such as X-rays and lasers have been reportedly used for controlling the valence states of RE ions [20–24]. The reduction of RE ions was dependent on glass compositions and energy of the beams, and high-energy beams often caused defects in the glass structure. Nevertheless, this method would be an effective technique because of enabling the reduction of the RE ions at the focusing point of beams. Herein, we studied the possibility of X-rays as a tool for reducing the  $\text{Sm}^{3+}$  and  $\text{Eu}^{3+}$  ions doped in the sol–gel-derived glasses. The glasses containing various oxides were prepared to dope the  $\text{Sm}^{3+}$  and  $\text{Eu}^{3+}$  ions by the sol–gel method and tested for whether the RE ions were reduced by irradiating with X-rays. Only the  $\text{Sm}^{3+}$  ions were reduced by irradiating with X-rays, and their reduction process was completely different from that of the glasses heated in an  $\text{H}_2$  gas atmosphere. We discussed the reduction mechanism of irradiating with X-rays and elucidated the role of  $\text{Al}^{3+}$  ions in reducing the RE ions. The reduced  $\text{Sm}^{2+}$  ions were reversibly oxidized to  $\text{Sm}^{3+}$  by heating in an air atmosphere or irradiating with an  $\text{Ar}^+$  laser. Thus, the  $\text{Sm}^{3+}$ -doped  $\text{Al}_2\text{O}_3$ – $\text{SiO}_2$  glasses would be appropriate for practical applications, such as X-ray therapy and dosimetry [25–30], because the  $\text{Sm}^{2+}$  and  $\text{Sm}^{3+}$  ions can be clearly distinguished by the difference in the PL color.

## 2 Experiments

$100\text{SiO}_2$ ,  $5\text{B}_2\text{O}_3$ · $95\text{SiO}_2$ ,  $10\text{Na}_2\text{O}$ · $90\text{SiO}_2$ , 10(or 20)  $\text{Al}_2\text{O}_3$ · $90$ (or  $80$ ) $\text{SiO}_2$ ,  $10\text{ZrO}_2$ · $90\text{SiO}_2$ , and  $10\text{TiO}_2$ · $90\text{SiO}_2$  in mol% glasses were prepared to dope 10 wt%  $\text{Sm}_2\text{O}_3$  and  $\text{Eu}_2\text{O}_3$  using the sol–gel method. The materials were



**Fig. 1** Optical absorption spectra of as-prepared (a)  $\text{Sm}_2\text{O}_3$ -doped  $100\text{SiO}_2$  glass and (b)  $\text{Eu}_2\text{O}_3$ -doped  $10\text{Al}_2\text{O}_3\cdot 90\text{SiO}_2$  glass. The symbols are transitions from the ground state of  $\text{Sm}^{3+}$  ( $^6\text{H}_{5/2}$ ) and  $\text{Eu}^{3+}$  ( $^7\text{F}_0$ ), respectively

commercially available and were used as received. Due to the varying hydrolysis rates of the metal alkoxides used in the sol-gel process, there was a risk of not achieving a homogeneous glass structure. To avoid the heterogeneous hydrolysis of metal alkoxides, we developed a multistep hydrolysis process.  $\text{Si}(\text{OC}_2\text{H}_5)_4$  was first hydrolyzed using a mixed solution of  $\text{C}_2\text{H}_5\text{OH}$  and  $\text{H}_2\text{O}$  (including 0.15 mol/L HCl) at room temperature for 1 h, followed by the addition of the complementary compounds  $\text{Al}(\text{OC}_4\text{H}_9)_3$ ,  $\text{Ti}(\text{OC}_3\text{H}_7)_4$ ,  $\text{Zr}(\text{OC}_4\text{H}_9)_4$ ,  $\text{B}(\text{OC}_2\text{H}_5)_3$ , or  $\text{CH}_3\text{COONa}$ . Alkoxides of RE atoms were commercially available but not used because of their insolubility in alcohol.  $\text{SmCl}_3\cdot 6\text{H}_2\text{O}$  or  $\text{EuCl}_3\cdot 6\text{H}_2\text{O}$  was dissolved in alcohol and then added to the solution while stirring. Finally, a mixed solution of  $\text{C}_2\text{H}_5\text{OH}$  and  $\text{H}_2\text{O}$  was added to hydrolyze the metal alkoxides further. The resultant transparent and homogeneous solutions were placed in a sealed container to form stiff gels with a thickness of about 1 mm. The dried gel plates were completely hydrolyzed by exposing them to water vapor in a sealed vessel at  $150^\circ\text{C}$  for 15 h. Using this process, homogeneous gels were prepared with no residual unhydrolyzed alkoxides. The obtained gels were heated in air at a rate of about  $50^\circ\text{C}/\text{h}$  to a predetermined temperature of  $600^\circ\text{C}$  for  $\text{B}_2\text{O}_3$ - and  $\text{Na}_2\text{O}-\text{SiO}_2$  glasses and  $800^\circ\text{C}-900^\circ\text{C}$  for  $\text{Al}_2\text{O}_3$ -,  $\text{TiO}_2$ -, and  $\text{ZrO}_2-\text{SiO}_2$  glasses, respectively. The obtained glasses were transparent with no crystalline precipitates.

X-ray irradiation was performed using the  $\text{Cu-K}\alpha$  line of a Rigaku, Rad-B with 40 kV and 20 mA (corresponding to  $\sim 150$  mGy/min) for various periods at room temperature. Heating of the glasses in  $\text{H}_2$  gas was performed at  $600^\circ\text{C}$  in a fused silica glass tube furnace with a flow rate of  $\sim 5$  ml/min of 100%  $\text{H}_2$ . The glasses' optical absorption and PL spectra were measured with Shimadzu UV-3600 Plus and

Horiba Jobin Yvon FL3-22 spectrometers.  $^{27}\text{Al}$  MAS solid-state nuclear magnetic resonance (NMR) data were collected using a JEOL ECX 800-MHz spectrometer equipped with an 18.79 T magnet at the National Institute for Materials Science. The electron spin resonance (ESR) measurement was performed using a Jasco, JES-FE ME3X spectrometer at room temperature. The g-values were calibrated using diphenyl-picryl-hydrazal.

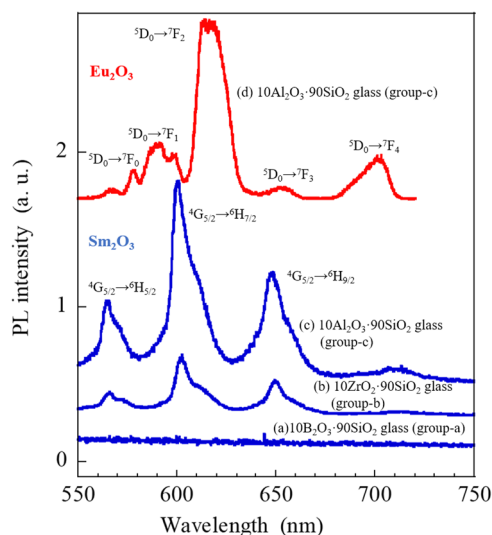
## 3 Results and discussion

### 3.1 Role of the glass compositions on the PL properties

Some borate and phosphate glasses have been used to dope RE ions with divalent states [8, 10, 31]; however, they are not suitable for practical applications because they lack chemical and mechanical durability. We chose silicate glasses as the host of RE ions because they have no such drawbacks. All the glasses prepared by heating in air had their optical absorption and PL spectra analyzed. Figure 1 shows the optical absorption spectra of  $\text{Sm}_2\text{O}_3$ -doped  $100\text{SiO}_2$  glass and  $\text{Eu}_2\text{O}_3$ -doped  $10\text{Al}_2\text{O}_3\cdot 90\text{SiO}_2$  glass; similar spectra were observed for glasses having other compositions. The absorption bands are all assigned to the f-f transitions of  $\text{Sm}^{3+}$  and  $\text{Eu}^{3+}$  ions, respectively, as shown in Fig. 1. Few  $\text{Eu}^{2+}$  ions are detected in as-prepared  $\text{Eu}_2\text{O}_3$ -doped glasses, which will be discussed later. The  $\text{Eu}^{2+}$  ions exhibit optical absorption in the ultraviolet region, but it may be hidden behind the large absorption bands of  $\text{Eu}^{3+}$  and host glass. However, in the  $\text{Sm}_2\text{O}_3$ -doped glasses, only the absorption bands are observed due to the  $\text{Sm}^{3+}$  ions, indicating that the Sm ions are incorporated only as a trivalent state.

Unlike the absorption spectra, the PL spectra varied greatly depending on the glass compositions, which were grouped into three types based on the PL intensities: group-a:  $\text{SiO}_2$  and  $\text{B}_2\text{O}_3-\text{SiO}_2$  glasses for no PL, group-b:  $\text{ZrO}_2$ -,  $\text{TiO}_2$ - and  $\text{Na}_2\text{O}-\text{SiO}_2$  glasses for weak PL, and group-c:  $\text{Al}_2\text{O}_3-\text{SiO}_2$  glass for highly intense PL. Among the glasses in the three groups, the PL spectra of  $10\text{B}_2\text{O}_3\cdot 90\text{SiO}_2$ ,  $10\text{ZrO}_2\cdot 90\text{SiO}_2$ , and  $10\text{Al}_2\text{O}_3\cdot 90\text{SiO}_2$  glasses doped with  $\text{Sm}_2\text{O}_3$  and that of  $10\text{Al}_2\text{O}_3\cdot 90\text{SiO}_2$  glass doped with  $\text{Eu}_2\text{O}_3$  are shown in Fig. 2. The PL bands at 565, 605, and 650 nm in the  $\text{Sm}_2\text{O}_3$ -doped glasses are assigned to  $^4\text{G}_{5/2} \rightarrow ^6\text{H}_J$  ( $J = 5/2, 7/2, 9/2$ ) transitions of  $\text{Sm}^{3+}$  ions and the bands at 580, 600, 620, 650, and 710 nm in the  $\text{Eu}_2\text{O}_3$ -doped glass to  $^5\text{D}_0 \rightarrow ^7\text{F}_J$  ( $J = 0, 1, 2, 3, 4$ ) transitions of  $\text{Eu}^{3+}$  ions, respectively.

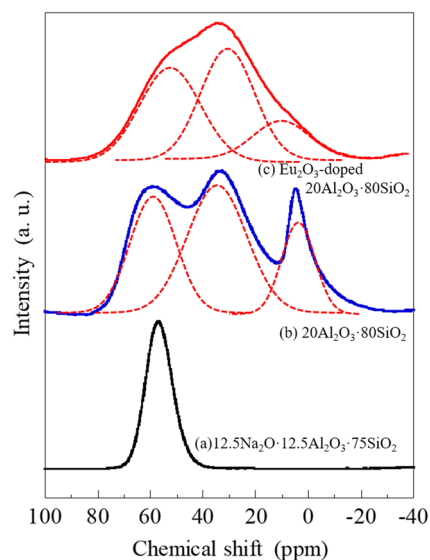
$\text{Si}^{4+}$  and  $\text{B}^{3+}$  ions form a highly rigid network structure connecting  $\text{SiO}_4$  and  $\text{BO}_3$  by bridging oxygen. When a large number of RE ions are introduced into a rigid network



**Fig. 2** PL spectra of  $\text{Sm}_2\text{O}_3$ -doped (a)  $10\text{B}_2\text{O}_3\cdot 90\text{SiO}_2$  glass (group-a), (b)  $10\text{ZrO}_2\cdot 90\text{SiO}_2$  glass (group-b), and (c)  $10\text{Al}_2\text{O}_3\cdot 90\text{SiO}_2$  glass (group-c), and  $\text{Eu}_2\text{O}_3$ -doped (d)  $10\text{Al}_2\text{O}_3\cdot 90\text{SiO}_2$  glass (group-c)

structure, a limited number of  $\text{SiO}_4$  and  $\text{BO}_3$  ions surround the RE ions. Consequently, the RE ions cannot be dispersed homogeneously in the matrix and instead cluster, resulting in the quenching of the PL intensity. However,  $\text{Na}^+$ ,  $\text{Ti}^{4+}$ ,  $\text{Zr}^{4+}$ , and  $\text{Al}^{3+}$  ions do not form the glass network structure by themselves but create nonbridging oxygen to open the network structure, where the RE ions are well dispersed to increase the PL intensities. Among these metal ions, the  $\text{Al}^{3+}$  ions play a completely different role in modulating PL intensity as the PL intensities increase by a factor of three or more compared with the glasses in group-b. It is reported that the  $\text{Al}^{3+}$  ions work to increase the solubility of the RE ions, resulting in intense PL [27].

Further,  $\text{Al}^{3+}$  ions form  $\text{AlO}_6$  octahedra and  $\text{AlO}_4$  tetrahedra in silicate glasses. The  $\text{AlO}_4$  tetrahedron creates a network structure by bridging oxygen atoms with the  $\text{SiO}_4$  tetrahedron, and the negative charge in  $\text{AlO}_4$  is compensated by the alkali ions such as  $\text{Li}^+$  and  $\text{Na}^+$  [32]. The tetrahedral  $\text{AlO}_4$  groups allow the RE ions to be homogeneously doped into the glass structure, contributing to the increase in the PL intensities. Thus, the  $\text{Al}^{3+}$  ions act to increase the PL intensities of the RE ions coexisting with alkali ions. In the present glasses, however, no alkali ion is added for compensating the negative charge in  $\text{AlO}_4$  tetrahedron, so that the role of  $\text{Al}^{3+}$  ions in the glass structure may be different from the glasses containing alkali ions. The effect of  $\text{Al}^{3+}$  ions was studied using  $^{27}\text{Al}$  MAS-NMR spectra; the results are shown in Fig. 3. In this figure, the MAS-NMR spectrum of  $12.5\text{Na}_2\text{O}\cdot 12.5\text{Al}_2\text{O}_3\cdot 75\text{SiO}_2$  glass, prepared using the melt-quenching process, is shown for reference, where only one  $^{27}\text{Al}$  signal is detected at around 60 ppm that is assigned to Al species in  $\text{AlO}_4$



**Fig. 3**  $^{27}\text{Al}$  MAS-NMR spectra of (a)  $12.5\text{Na}_2\text{O}\cdot 12.5\text{Al}_2\text{O}_3\cdot 75\text{SiO}_2$ , (b)  $20\text{Al}_2\text{O}_3\cdot 80\text{SiO}_2$ , and (c)  $\text{Eu}_2\text{O}_3$ -doped  $20\text{Al}_2\text{O}_3\cdot 80\text{SiO}_2$  glasses

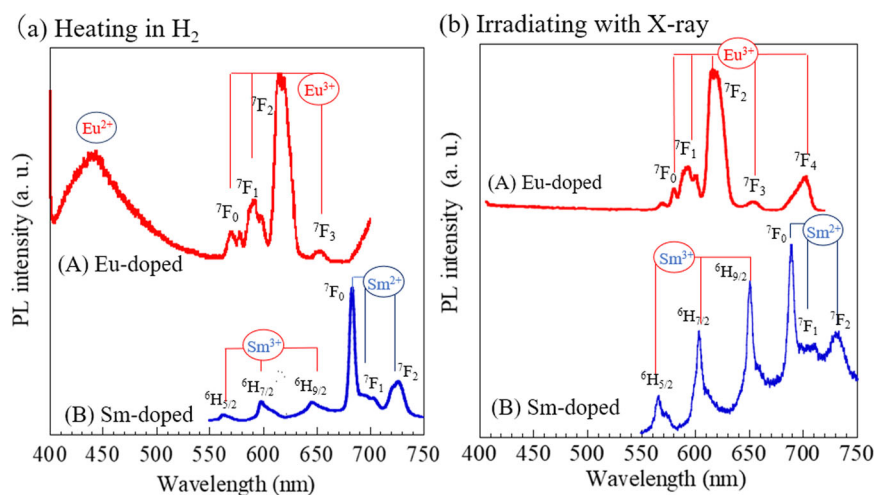
tetrahedra [33]. This result agrees with the structural model accepted for alkali-alumino-silicate glasses, i.e., all the  $\text{Al}^{3+}$  ions form  $\text{AlO}_4$  and all the oxygen atoms are bridging, accompanied by  $\text{Na}^+$  ions as charge compensators [32].

Conversely,  $\text{Al}_2\text{O}_3\text{--SiO}_2$  glasses prepared in this study exhibit two additional signals peaking at 35 and 5 ppm in addition to the 60 ppm signal. These NMR signals at 35 and 5 ppm are assigned to  $\text{AlO}_5$  and  $\text{AlO}_6$  units, respectively [34–36]. When doped with  $\text{Eu}^{3+}$  ions, the spectrum became broader, making signal identification more difficult. These broad spectra were decomposed into three components using Gaussian distribution curves; the figure shows the result. Comparing the area of decomposed bands, it is evident that the ratio of the  $\text{AlO}_5$  group increases by doping  $\text{Eu}^{3+}$  ions. Nevertheless, the effect of Al–O polyhedral on the glass structure and doping RE ions is still uncertain; further studies are required.

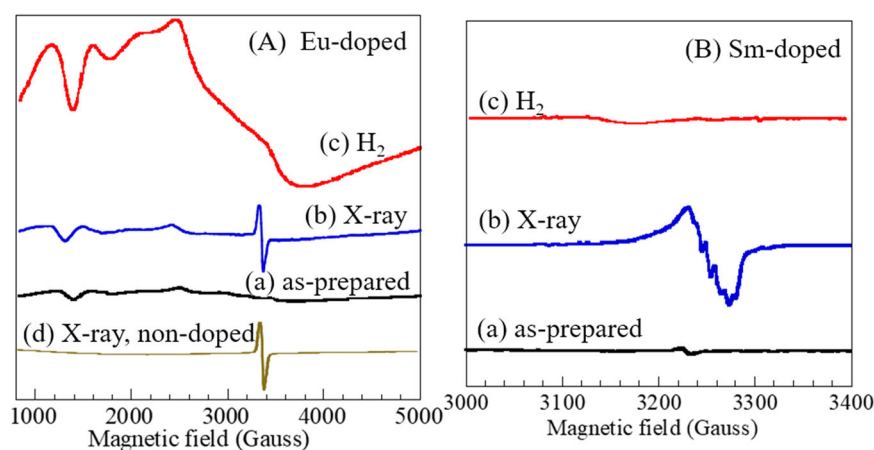
### 3.2 The reduction of RE ions by irradiating with X-rays

The prepared glasses were tested for whether the RE ions were reduced by heating in the  $\text{H}_2$  gas atmosphere or by X-ray irradiation. The reduction of the  $\text{Sm}^{3+}$  and  $\text{Eu}^{3+}$  ions was examined by measuring the PL spectra to show completely different spectra between trivalent and divalent states. No change was observed in the PL spectra of group-a and group-b glasses, with only group-c  $\text{Al}_2\text{O}_3\text{--SiO}_2$  glasses showing changes in their PL spectra when heated in  $\text{H}_2$  gas atmosphere or irradiated with X-rays. Figure 4 shows the PL spectra of  $20\text{Al}_2\text{O}_3\cdot 80\text{SiO}_2$  glasses doped with  $\text{Sm}^{3+}$  and  $\text{Eu}^{3+}$  ions (hereafter abbreviated as Sm: AS and Eu: AS glass) after heating in  $\text{H}_2$  gas and irradiating with X-rays.

**Fig. 4** PL spectra of Eu (A) or Sm (B)-doped  $20\text{Al}_2\text{O}_3\cdot 80\text{SiO}_2$  glasses after heating in  $\text{H}_2$  gas (a) or irradiating with X-rays (b)



**Fig. 5** ESR spectra of Eu (A) or Sm (B)-doped  $20\text{Al}_2\text{O}_3\cdot 80\text{SiO}_2$  glasses after heating in air (a), irradiating with X-rays (b), or heating in  $\text{H}_2$  gas (c). Spectrum (d) is for non-doped  $20\text{Al}_2\text{O}_3\cdot 80\text{SiO}_2$  glass after irradiating with X-rays



When heated in  $\text{H}_2$  gas atmosphere, both the Eu: AS and Sm: AS glasses exhibited the reduction of the  $\text{Eu}^{3+}$  and  $\text{Sm}^{3+}$  ions into  $\text{Eu}^{2+}$  and  $\text{Sm}^{2+}$ , respectively (see Fig. 4a). A broad PL band in the wavelength region of 400–550 nm appeared in the Eu: AS glass. This broad PL band can be assigned to the  $4f^65d \rightarrow 4f^7$  ( $^8\text{S}_{7/2}$ ) transition of  $\text{Eu}^{2+}$  ions. The other, Sm: AS glass, exhibited new PL bands ranging from 690 to 730 nm in addition to the FL bands due to the  $\text{Sm}^{3+}$  ions. These new PL bands are assigned to  $^5\text{D}_0 \rightarrow ^7\text{F}_j$  ( $J=0, 1, 2$ ) transitions of the  $\text{Sm}^{2+}$  ions. We previously studied the reduction of  $\text{Eu}^{3+}$  and  $\text{Sm}^{3+}$  ions under heating in  $\text{H}_2$  gas atmosphere and found that the reducing reaction was completely different between Eu: AS and Sm: AS glasses [37]. When the Eu: AS glass was heated in  $\text{H}_2$  gas, the diffusing  $\text{H}_2$  gas molecules reacted to form Al–OH bonds while reducing the  $\text{Eu}^{3+}$  ions to  $\text{Eu}^{2+}$ . The Al–O<sup>−</sup> bonds surrounding the  $\text{Eu}^{3+}$  ions were oxidized to form Al–OH bonds, in which the released electrons were captured by the  $\text{Eu}^{3+}$  ions forming  $\text{Eu}^{2+}$ . However,  $\text{Sm}^{3+}$  ions were reduced without forming the Al–OH bond.

The difference in the reduction between  $\text{Eu}^{3+}$  and  $\text{Sm}^{3+}$  ions was more prominent in the X-ray irradiation

experiment. Figure 4b shows the PL spectra of the Eu: AS and Sm: AS glasses after irradiating with an X-ray beam. X-ray irradiation allows only the  $\text{Sm}^{3+}$  ions to reduce and not the  $\text{Eu}^{3+}$  ions, even though they are doped in the same  $\text{Al}_2\text{O}_3\text{–SiO}_2$  glass. These findings strongly suggest that the reduction process between Sm: AS and Eu: AS glasses is completely different. The  $\text{Sm}^{2+}$  ion has the same electron configuration as the  $\text{Eu}^{3+}$  ion and shows the PL bands due to the  $^5\text{D}_0 \rightarrow ^7\text{F}_j$  transitions in the visible wavelength region. Among the  $^5\text{D}_0 \rightarrow ^7\text{F}_j$  transitions, the  $^5\text{D}_0 \rightarrow ^7\text{F}_0$  transition is a forced electric dipole transition and varies with chemical bonds in the vicinity of RE ions. Conversely, the  $^5\text{D}_0 \rightarrow ^7\text{F}_1$  transition is a magnetic dipole transition, which is unaffected by chemical bonding around the RE ions. Therefore, the intensity ratio of the  $^5\text{D}_0 \rightarrow ^7\text{F}_0$  transition (578 nm ( $\text{Eu}^{3+}$ ), 688 nm ( $\text{Sm}^{2+}$ )) to the  $^5\text{D}_0 \rightarrow ^7\text{F}_1$  transition (590 nm ( $\text{Eu}^{3+}$ ), 705 nm ( $\text{Sm}^{2+}$ )) can be used to explore the chemical bonding surrounding the RE ions [38]. As shown in Figs. 2 and 4, the  $\text{Sm}^{2+}$  ions in AS glass exhibited a much higher intensity ratio than the  $\text{Eu}^{3+}$  ions in AS glass. A large value for the intensity ratio indicates that the  $\text{Sm}^{3+}$  ions are more covalently bonded with the

surrounding oxygen. Therefore, the Al–O<sup>−</sup> bonds surrounding the Sm<sup>3+</sup> ions hardly form the Al–OH bonds.

The ESR spectra of Eu: AS glass treated under various conditions are shown in Fig. 5A. We observe that the as-prepared Eu: AS glass has a weak ESR signal between 1300 and 2500 Gauss, which can be attributed to the Eu<sup>2+</sup> ions (spectrum (a)), suggesting that a part of the Eu dopant has already been reduced in the glass prepared by heating in air. This small amount of Eu<sup>2+</sup> ions does not contribute to the PL spectrum, as shown in Fig. 2. After X-ray irradiation, a new ESR signal was observed at 3300 Gauss (spectrum (b)). This ESR signal at 3300 Gauss can be assigned to the Al-oxygen hole trap centers (AIOHC) [39]. The ESR signal caused by AIOHC defects was also detected in the AS glass doped without RE ions and irradiated with X-rays (spectrum (d)). These results indicate that the AIOHC is formed by irradiating with X-rays but is independent of the presence of RE ions. Further, the ESR intensity of Eu<sup>2+</sup> ions did not change after irradiating with X-rays, indicating that Eu<sup>3+</sup> ion is not reduced by irradiating with X-rays.

Figure 5B shows the ESR spectra of Sm: AS glass. Like the as-prepared glass, the Sm: AS glass heated in H<sub>2</sub> gas did not show any ESR signal (spectra (a) and (c), respectively). Sm<sup>2+</sup> ions do not contribute to the ESR signal because of their nonmagnetic property. However, the Eu: AS glass heated in H<sub>2</sub> gas exhibited greatly increased signals of the Eu<sup>2+</sup> ions and obscured another signal. Alternately, when irradiated with X-rays, the ESR signal of AIOHC was measured to be around 3250 Gauss.

Table 1 summarized the phenomena caused by irradiating with X-rays or heating in H<sub>2</sub> gas. Mackey and Nahum studied the X-ray irradiation of Eu<sup>3+</sup>-doped silicate glasses and concluded that the electrons released from the oxygen ions are transferred to the Eu<sup>3+</sup> ions, forming the activated [Eu<sup>3+</sup>]<sup>−</sup> state different from the Eu<sup>2+</sup> ions [40]. In a series of experiments, we noticed that the formation of AIOHC was related to the reduction of Sm<sup>3+</sup> ions, so we collected the PL and ESR data of glasses treated under various conditions. The results are shown in Fig. 6, where the intensities of the AIOHC signal and PL of Sm<sup>2+</sup> ions are plotted. The linear relation between these two values indicates that the reduction of Sm<sup>3+</sup> ions proceeds through the formation

of AIOHC, which differs greatly from the reduction in Eu: AS glasses.

The reduction of Sm<sup>3+</sup> ions by X-ray irradiation, however, was considered as follows: the hole centers were trapped in the oxygen ions bound to Al<sup>3+</sup> ions, and the electrons released from the oxygen ions were consequently captured by the adjacent Sm<sup>3+</sup> ions, resulting in the formation of the Sm<sup>2+</sup>. In contrast, such a reaction did not occur in the Eu: AS glass on irradiating with X-rays. The X-rays causes the defects (see Fig. 5B), but the Eu<sup>3+</sup> ions cannot capture the released electrons. The Eu<sup>3+</sup> ions are only reduced, accompanied by the formation of Al–OH bonds in the H<sub>2</sub> gas atmosphere.

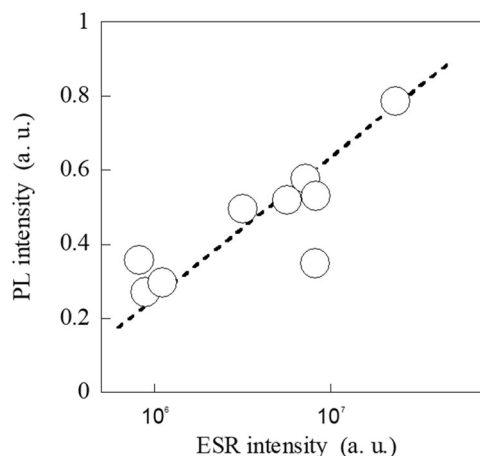
We further investigated the PL properties of Sm<sup>2+</sup> ions reduced using two different methods. Figure 7 shows the comparison between the PL spectra in the region of <sup>5</sup>D<sub>0</sub> → <sup>7</sup>F<sub>J</sub> transitions and the PL decay curves. The X-ray-irradiated glass had the PL bands at a lower energy side than the H<sub>2</sub>-heated glass. A shift to low energy indicates strong covalent bonding between Sm<sup>2+</sup> and O<sup>2−</sup> ions. The X-ray-irradiated glass had a shorter lifetime of emission than the H<sub>2</sub> gas-heated glass.

### 3.3 Sm<sup>2+</sup> ions reduced by irradiating with X-rays or heating in H<sub>2</sub> gas

The intended application determines whether X-rays or H<sub>2</sub> gas-treated glass is used. When heated in an H<sub>2</sub> gas atmosphere, the reduction proceeds from the surface to the inside, as measured by the diffusion rate of H<sub>2</sub> molecules in the glass structure. The Al<sub>2</sub>O<sub>3</sub>–SiO<sub>2</sub> glass was discovered to be effective at accelerating the diffusion rate of H<sub>2</sub> molecules. Nevertheless, it was necessary to heat for more than 10 h at 500 °C to reduce the 1 mm thick glass. In contrast, X-rays demonstrate excellent capacity to reduce the Sm<sup>3+</sup>

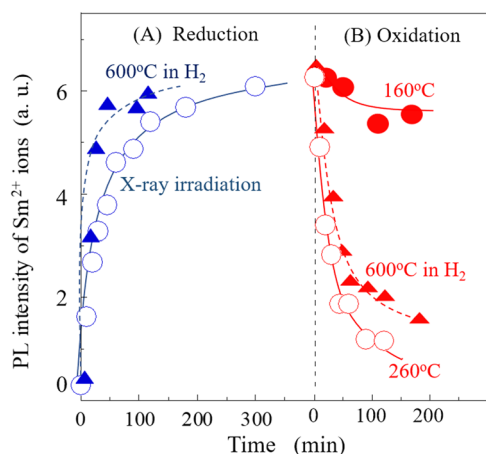
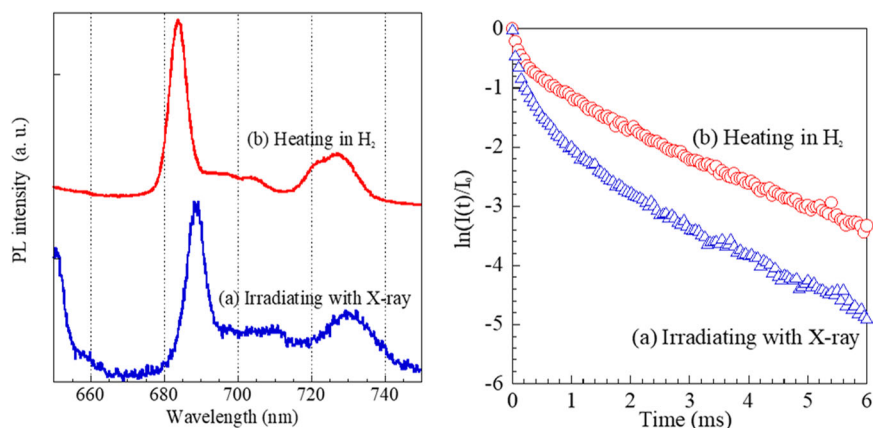
**Table 1** Presence (○) or absence (×) of chemical changes caused by irradiating with X-rays and heating in H<sub>2</sub> gas

		Reduction	OH	AIOHC
X-ray	Sm-doped	○	×	○
X-ray	Eu-doped	×	×	—
H <sub>2</sub> gas	Sm-doped	○	×	×
H <sub>2</sub> gas	Eu-doped	○	○	—



**Fig. 6** Relation between ESR intensity of hole center (AIOHC) and PL intensity of Sm<sup>2+</sup> ion (<sup>5</sup>D<sub>0</sub> → <sup>7</sup>F<sub>J</sub> transitions)

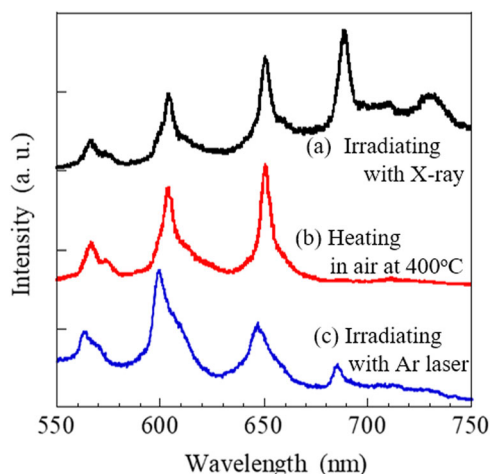
**Fig. 7** PL spectra and PL decay curves of Sm-doped  $20\text{Al}_2\text{O}_3\cdot 80\text{SiO}_2$  glasses after irradiating with X-rays (a) or heating in  $\text{H}_2$  gas (b)



**Fig. 8** **A** Dependence of PL intensities of  $\text{Sm}^{2+}$  ions on irradiating with X-rays (open circles) at room temperature or heating in  $\text{H}_2$  gas at  $600^\circ\text{C}$  (closed triangles). **B** Change of PL intensities of  $\text{Sm}^{2+}$  ions with heating in air at given temperatures. Open and closed circles are for glasses irradiated with X-rays and closed triangles are for glasses heated in  $\text{H}_2$  gas

ions in a limited area due to its ability to focus on a single point.

Figure 8A shows the relationship between the PL intensities of the  $\text{Sm}^{2+}$  ions and the X-ray irradiation time at room temperature. The  $\text{Sm}^{3+}$  ions are reduced quickly at room temperature, the rate of which is comparable with that for the glass heated at  $600^\circ\text{C}$  in an  $\text{H}_2$  gas atmosphere. We further noticed that the reduced  $\text{Sm}^{2+}$  ions are reversibly oxidized to  $\text{Sm}^{3+}$  ions by heating at moderately low temperatures in the air atmosphere. Those heated at  $160^\circ\text{C}$  and  $260^\circ\text{C}$  are shown in Fig. 8B. It is evident that the oxidation to  $\text{Sm}^{3+}$  occurs by heating at low temperatures such as  $160^\circ\text{C}$  and is completed within 100 min at  $260^\circ\text{C}$ . In this figure, the Sm: AS glass reduced in  $\text{H}_2$  gas is also compared, indicating that the oxidation is so slow that heating at  $600^\circ\text{C}$  or higher is needed for oxidizing to  $\text{Sm}^{3+}$ . Thus, X-ray irradiation has an advantage over the heat treatment in  $\text{H}_2$  gas because  $\text{Sm}^{3+}$  ions can be reduced at room



**Fig. 9** PL spectra of Sm-doped  $20\text{Al}_2\text{O}_3\cdot 80\text{SiO}_2$  glasses after irradiating with X-rays (a), followed by heating in air at  $400^\circ\text{C}$  (b) or irradiating with  $\text{Ar}^+$  laser (c)

temperature and back to their original state by heating at low temperatures in air. The oxidation of the  $\text{Sm}^{2+}$  ions also occurred by laser beam irradiation. Figure 9 shows the PL spectra after irradiating with X-rays (a), followed by heating in air at  $400^\circ\text{C}$  (b), or irradiating with  $\text{Ar}^+$  (488 nm wavelength) gas laser for 30 min at room temperature (c). The  $\text{Ar}^+$  laser can be used to change  $\text{Sm}^{2+}$  to  $\text{Sm}^{3+}$  ions.

## 4 Conclusion

X-ray irradiation was used to study the reduction of RE ions doped in sol-gel-derived glasses. Only the  $\text{Sm}^{3+}$  ions doped in  $\text{Al}_2\text{O}_3\text{-SiO}_2$  glasses were converted to  $\text{Sm}^{2+}$  by X-ray irradiation. We discovered that  $\text{Sm}^{3+}$  ion reduction occurs by creating hole centers in oxygen ions linked to  $\text{Al}^{3+}$  ions and then trapping the released electrons in the  $\text{Sm}^{3+}$  ions.  $\text{Sm}^{2+}$  ions reduced by X-ray irradiation were easily oxidized to  $\text{Sm}^{3+}$  ions by heating in air at  $250^\circ\text{C}$ . Consequently, the differing PL characteristics of  $\text{Sm}^{2+}$  and  $\text{Sm}^{3+}$

ions generated by X-ray irradiation can be used for radiophotoluminescent materials.

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**Author contributions** MN designed the study, collected all the data, and wrote the initial draft. VXQ critically reviewed the manuscript. HVT contributed to data collection of the fluorescence spectra and analyzed them. LXH contributed to data collection of the fluorescence spectra and discussed on data. The first draft of the manuscript was written by NM and all authors read and approved the final manuscript.

## Compliance with ethical standards

**Conflict of interest** The authors declare no competing interests.

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