



Naturally occurring radioactive materials (NORM) concentration and health risk assessment of aerosols dust in Nicosia, North Cyprus

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Abstract

This study was carried out to evaluate the distribution of naturally occurring radioactive materials (NORM) and radiological risk indexes in aerosol dust in Nicosia, Cyprus utilizing a high-resolution HPGe gamma-spectrometry. The activity concentrations of ²²⁶Ra, ²³²Th, and ⁴⁰K in the selected aerosol dust samples ranged from 25.9–52.4, 21.7–46.3, to 471–1302 Bq kg⁻¹, respectively. The average activity concentrations of ⁴⁰K were found to be above the Earth's crust average. The internal and external hazard indexes are well below the acceptable limit in most dust samples. All investigated samples met the exemption dose limit of 0.3 mSv y⁻¹.

Keywords Aerosols dust · Naturally occurring radioactive materials (NORM) · HPGe gamma-spectrometry · Radiological risk

Introduction

Soil, a significant reservoir for environmental contaminants, consists of various organic and mineral components. As a result, it naturally contains certain levels of radioactive elements, primarily influenced by the parent rock type from which the soil originated. The physicochemical properties of soils further play a crucial role in determining the behavior, concentration, and distribution of radioactive materials within them [1]. Upon inhalation and/or ingestion, these radionuclides emit gamma rays, beta particles, and alpha

particles, thereby irradiating the host organism [2]. The presence of natural radionuclides in dust depends on its amount in the origin soil. Also, the origin of dust is mainly related to atmospheric dust, agricultural activities, plant types of the area, soil characteristics, and environmental pollution.

The radiological risk associated is important from the point of view of radiation protection, and some research was reported recently [3–6]. Naturally occurring radioactive materials (NORM) such as ⁴⁰K and ²³⁸U, ²³²Th, and their decay products that are present in environmental materials such as soil [7, 8], rock [5, 9], water [10–12], and building materials [13–17], can be harmful to human health. Based on the geological formation of the soil, the distribution of radioactivity in soil depends on the type of rock from which it is derived, as well as the nature of its geological composition [18]. Soil not only acts as a source of continuous radiation exposure for humans, but also acts as a means of transporting radioactive materials in the form of dust into the respiratory system [19].

A number of factors influence the distribution of NORM in different geoenvironmental components (e.g., soil, sediment, water, dust), including weathering processes, local geology, and climate conditions [20]. The presence of NORM in sediments or soil is typically related to external radiation exposures if gaseous radon inhalation is not considered. Since exposure to NORM in water involves multiple pathways, these effects are negligible due to the low levels of

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NORM in natural water sources [21]. Unlike the water levels of NORM, the dust levels of NORM cannot be ignored. Additionally, radiation exposures through NORM in dust samples are not limited to external routes (ignoring radon inhalation). The radionuclides contained in dust can enter the lungs through inhalation.

This research was carried out to evaluate the concern of NORM in aerosol dust of the capital city, Nicosia, and assessed the radiological risk indexes in the study area. For this purpose, the NORM concentration, Radium equivalent activity index (Ra_{eq}), external hazard indices (H_{ex}), internal hazard indices (H_{in}), and gamma activity concentration index (I_γ) were calculated in the study area.

Methodology

Study site

Cyprus, latitude and longitude are $35^\circ 22' 11.368''$ N, $32^\circ 56' 17.808''$ E, and $35^\circ 40' 11.104''$ N, $34^\circ 34' 40.762''$ E, the third-largest island in the Mediterranean Sea. The North section of Cyprus is neighbor of Syria in the East and with Turkey in the North in the Mediterranean Sea. This island has 220 km of length and 90 km of breadth. Cyprus Island is 9251 km². The capital city of Cyprus, Nicosia, was selected as the study area. A copper mine is located 30 km away from the study area. An ancient Roman slag pile containing copper was found in the western coastal region of the state in 1914, and the company was founded in 1916. When the mining operation was abandoned in 1974, the tailing deposits were exposed to the environment [22].

Sample collection and preparation

A total of 26 urban dust samples (each weighing over 250 g) have been collected from different locations in the most densely populated district of North Nicosia in order to determine the amount of pollution (Fig. 1). The dustpan and brush used at each sample site were clean, and sampling was conducted with care so that small particles were not disrupted during the process. This study uses a similar method of sampling preparation to those documented in previous studies reported in the literature with the same results [22]. In order to facilitate sample handling, self-sealed polyethylene containers were used to transport samples to the laboratory. Following the drying process, the samples were mechanically sieved and mixed after drying at 80 °C for 48 h. Subsamples were weighed and stored in polyethylene flasks in a cold, dry area until analysis. Because these particles can remain suspended for extended periods of time, they were selected for the study. Another concern associated with fine particles is

the increased health risks compared to coarser particles [23]. A sieve of 100 mesh size was used to separate fine particles. The size of those fine particles is between a few microns to 100 microns. The samples were put inside a cylindrical container.

Measurement and analysis process

In the current study, the levels of NORM in dust samples were determined using the gamma-spectroscopy protocol reported in previous studies [7, 16, 22, 24–28]. Measurements were determined using a High Purity Germanium (HPGe) well detector with 80% efficiency related to the NaI detector, and the sample counting time was 80,000 s per sample. There were three radionuclides identified at the following energies: ²²⁶Ra (351.9 keV for ²¹⁴Pb, 609.2 keV for ²¹⁴Bi), ²³²Th (238.6 keV for ²¹²Pb, 583.1 keV for ²⁰⁸Tl, 911 keV for ²²⁸Ac) and 1460.83 keV for ⁴⁰K. The energy range of approximately 60–1500 keV was calibrated using four standard point sources containing ²⁴¹Am, ¹³³Ba, ¹³⁷Cs, and ⁶⁰Co. Based on IAEA reference materials RGU-1 (U-ore), RGTh-1 (Th-ore), and RGK-1 (K₂SO₄) packed in the same manner as the samples in the same geometry, the spectrometer was calibrated for efficiency over the photon energy range of 186–2700 keV. The quality assurance of measurements was assessed through the analysis of Standard Reference Material IAEA Soil-375 [29]. Data acquisition and analysis were carried out using the GENIE 2000 and Gamma Analysis Software V.3.3, respectively. The following equation was used to determine the minimum detectable activity (MDA) [30] for the detector at a 95% confidence level:

$$MDL \left(\frac{Bq}{kg} \right) = \frac{K_\alpha \cdot \sqrt{N_B}}{\eta(E) P_\gamma T_C M} \quad (1)$$

where P_γ is the probability of gamma emission, K_α is the statistical coverage factor equal to 1.645, N_B is the background count (cps), $\eta(E)$ is the photo-peak efficiency (dimensionless), T_C is the counting time(s), and M is the sample mass (kg). The Minimum Detectable Activity (MDA) for each of the radionuclides of interest was computed using Eq. (1), resulting in values of 0.50 Bq kg⁻¹ for ²²⁶Ra, 0.70 Bq kg⁻¹ for ²³²Th, and 2.2 Bq kg⁻¹ for ⁴⁰K.

Radiological health risks assessment

Radium equivalent activity index (Ra_{eq})

Naturally, NORM radiation concentrations in surrounding environmental components such as soil, sediments, or dust are not uniform. The "Radium equivalent activity (Ra_{eq})"

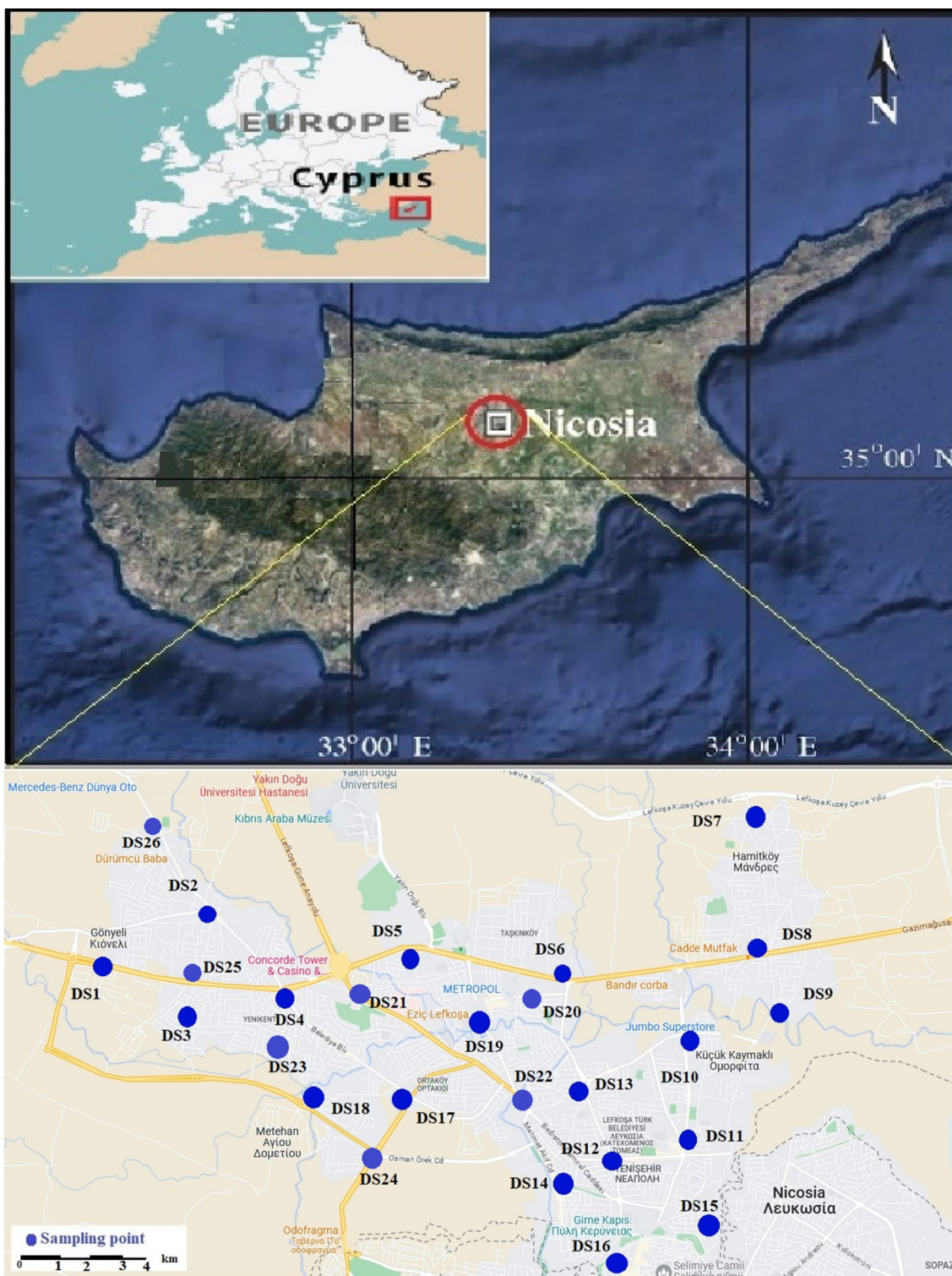


Fig. 1 Geographical location of 26 sampling points in the study area

index is used to remove radionuclide non-uniform activity. This may be calculated using the following Eq. (2):

$$Ra_{eq} = \left(\frac{A_{Ra}}{370} + \frac{A_{Th}}{259} + \frac{A_K}{4810} \right) \times 370 \tag{2}$$

where A_{Ra} , A_{Th} , and A_K indicate the radioactive concentrations of ^{226}Ra , ^{232}Th , and ^{40}K , respectively. The maximum allowed value of Ra_{eq} was set at 370 Bq kg^{-1} for prospective radiological safety assessment [31].

External & internal hazard indices (H_{ex} & H_{in})

The external hazard index (H_{ex}) can be calculated using Eq. (3) to quantify the externally exposed radiation (ionizing) doses to individual people from dusts. Furthermore, the internal hazard index (H_{in}) is used to measure the radiological dangers caused by radon and its products, which can be computed using Eq. (4) [32].

$$H_{ex} = \frac{A_{Ra}}{370} + \frac{A_{Th}}{259} + \frac{A_K}{4810} \leq 1 \quad (3)$$

$$H_{in} = \frac{A_{Ra}}{185} + \frac{A_{Th}}{259} + \frac{A_K}{4810} \leq 1 \quad (4)$$

where A_{Th} , A_{Ra} , and A_K represent the radioactivity abundances of radionuclides ^{232}Th , ^{226}Ra , and ^{40}K , respectively. According to UNSCEAR (2000), H_{ex} and H_{in} values should be less than unity in order to minimize the radiation hazard [18].

Gamma activity concentration index (I_γ)

Gamma activity concentration index (I_γ) can be used to evaluate the risk levels of natural radiation from dusts associated with gamma-emitters. Due to the excessive radiation emitted by surface materials, I was connected with the yearly dose criterion and used as a screening tool to identify substances that could harm human health. I_γ can be estimated by Eq. (5) [33, 34]

$$I_\gamma = \frac{A_{Ra}}{150} + \frac{A_{Th}}{100} + \frac{A_K}{1500} \quad (5)$$

where A_{Ra} , A_{Th} , and A_K are the activity concentrations of ^{226}Ra , ^{232}Th , and ^{40}K (Bq kg^{-1}), respectively. The dose criterion of 1 mSv y^{-1} is met for $I \leq 6$ [35].

Statistical analysis

Statistical analysis parameters (Min, Max, Mean, Kurtosis, Skewness) of the radioactivity concentration data were analyzed using Minitab (ver 19) software. Pearson's correlation and principal component analysis (PCA) were applied to investigate the sources of radioactivity concentration in the dust. Also, Cluster analyses were performed to show the similarity of radionuclides and correlation parameters.

Results and discussion

Radioactivity concentrations

The measured radioactivity concentrations of NORM in the Nicosia metropolis aerosol dust were presented in Table 1. The activity concentrations of ^{226}Ra , ^{232}Th , and ^{40}K ranged from 25.9 ± 3.1 to $52.4 \pm 5.3 \text{ Bq kg}^{-1}$, 21.7 ± 1.5 to $46.3 \pm 3.7 \text{ Bq kg}^{-1}$, 471 ± 7 to $1302 \pm 22 \text{ Bq kg}^{-1}$, respectively. This table also shows the average Earth crust values for the ^{226}Ra , ^{232}Th , and ^{40}K radionuclide concentrations.

The highest mean value was ^{40}K (787 Bq kg^{-1}), and the lowest mean value was ^{232}Th (31.8 Bq kg^{-1}). The mean concentrations of ^{226}Ra and ^{232}Th were slightly lower than and higher than the Earth's crust's average background value for soils, respectively. At the same time, the mean concentrations of ^{40}K exceeded the corresponding background values for soils in Earth's crust [36]. The mean concentrations of ^{226}Ra , ^{232}Th , and ^{40}K measured in dust samples in this study were compared with central Bangladesh dust [37], whereas ^{226}Ra (86.0 Bq kg^{-1}), ^{232}Th (43.4 Bq kg^{-1}) concentrations were higher than and ^{40}K (448 Bq kg^{-1}) concentration lower than the mean concentration of this study. The ^{226}Ra , ^{232}Th , and ^{40}K concentration in dust samples of near gold mining Nyanza, Kenya [38], was reported 27 Bq kg^{-1} , 60 Bq kg^{-1} , and 112 Bq kg^{-1} , respectively. Where ^{232}Th concentration was reported higher than the ^{226}Ra and ^{40}K concentration values were less than the results of this research.

Abbasi et al. [39] measured the concentration of ^{226}Ra , ^{232}Th , and ^{40}K in surface soil samples of the North Cyprus area. The measured concentrations were 83.7 Bq kg^{-1} for ^{226}Ra , 53.6 Bq kg^{-1} for ^{232}Th , and 593.9 Bq kg^{-1} for ^{40}K . The comparison shows that the concentrations of ^{226}Ra and ^{232}Th in surface soil samples are higher than those of ^{226}Ra and ^{232}Th in dust samples in the same area. On the other hand, the concentration of ^{40}K in surface soil samples is lower than ^{40}K concentration in dust samples in the same area. This comparison indicates that Cyprus's source of airborne particles and dust can be an external origin.

The activity concentrations of ^{226}Ra , ^{232}Th , and ^{40}K observed in this study were compared with the surface soil measurements conducted in different parts of the world (Table 2). As shown in Table 2, our average ^{226}Ra concentrations in dust samples were higher than those measured in China (Baoji) [40], Egypt [41], Greece (Agios Dimitrios) [42], but lower than those in China (Xitulve) [43], Malaysia (Kedah) [44], Turkey (Kangal) [45], Serbia [46], Nigeria [47], Portugal (Douro) [48], Spain (Velilla) [49], North Cyprus [39], and equal, Bangladesh (Rampal) [50]. Similarly, our average ^{232}Th activity concentration levels in dust samples were higher than those measured in Turkey (Kangal) [45], Egypt [41], but lower than those in China

Table 1 The measured radioactivity concentration of NORM (Bq kg⁻¹) and radiological health risks in aerosols dust collected from the study area

Sample	Radioactivity concentration (Bq kg ⁻¹)*				Radiological health risk		
	²²⁶ Ra	²³² Th	⁴⁰ K	Raeq	Hex	Hin	Iy
DS-1	26.2±2.7	23.5±2.1	615±9	107.0	0.3	0.4	0.8
DS-2	37.8±3.5	28.9±2.3	753±9	137.0	0.4	0.5	1.0
DS-3	38.0±3.8	31.3±2.8	1051±13	163.6	0.4	0.5	1.3
DS-4	48.5±4.2	43.5±3.5	1290±16	209.9	0.6	0.7	1.6
DS-5	31.3±2.6	26.0±2.7	1302±22	168.6	0.5	0.5	1.3
DS-6	35.1±3.0	29.2±3.0	894±12	145.5	0.4	0.5	1.1
DS-7	28.1±2.8	32.0±3.1	479±7	110.7	0.3	0.4	0.8
DS-8	33.4±3.2	30.1±3.0	815±14	139.1	0.4	0.5	1.1
DS-9	25.9±3.1	28.6±2.9	791±13	127.6	0.3	0.4	1.0
DS-10	27.0±2.2	30.4±2.1	521±7	110.5	0.3	0.4	0.8
DS-11	40.7±4.0	36.0±3.1	598±7	138.1	0.4	0.5	1.0
DS-12	28.5±2.1	31.5±2.2	819±13	136.5	0.4	0.4	1.1
DS-13	52.4±5.3	46.3±3.7	603±8	164.9	0.4	0.6	1.2
DS-14	49.3±5.1	44.9±3.5	921±11	184.3	0.5	0.6	1.4
DS-15	28.7±2.3	31.1±2.6	1013±13	151.0	0.4	0.5	1.2
DS-16	26.4±2.2	21.7±1.5	471±7	93.6	0.3	0.3	0.7
DS-17	44.1±3.5	35.5±2.9	539±8	136.3	0.4	0.5	1.0
DS-18	30.0±2.7	24.8±1.8	842±12	130.2	0.4	0.4	1.0
DS-19	32.6±2.8	30.0±2.7	636±8	124.3	0.3	0.4	0.9
DS-20	36.5±3.2	32.8±2.9	580±10	128.0	0.3	0.4	1.0
DS-21	32.7±3.0	25.6±1.5	720±7	124.6	0.3	0.4	1.0
DS-22	28±2.6	27.2±1.8	930±11	138.4	0.4	0.4	1.1
DS-23	38.2±3.5	34.5±3.1	1019±14	165.9	0.4	0.6	1.3
DS-24	33.9±3.1	31.8±2.8	961±12	153.2	0.4	0.5	1.2
DS-25	34.4±3.7	36.9±3.2	782±8	147.3	0.4	0.5	1.1
DS-26	38.1±3.9	31.5±3.1	517±5	122.8	0.3	0.4	0.9
Min–Max	25.9±3.1–52.4±5.3	21.7±1.5–46.3±3.7	471±7–1302±22	93.6–209.9	0.3–0.6	0.3–0.7	0.7–1.6
Mean	34.8	31.8	787	140.7	0.4	0.5	1.1
Kurtosis	–0.501	0.392	–0.109	–	–	–	–
Skewness	0.835	0.909	0.723	–	–	–	–
Earth's crust average value**	35	30	400	–	–	–	–

*Uncertainties are given within 1 standard deviation

**(UNSCEAR, 2000b)

(Baoji) [40], China (Xitulye) [43], Malaysia (Kedah) [44], Serbia [46], Greece (Agios Dimitrios) [42], Portugal (Douro) [48], Spain (Velilla) [49], North Cyprus [39], Bangladesh (Rampal) [50], Nigeria [47]. On the other hand, our average ⁴⁰K concentration levels in dust samples were lower than those measured in Portugal (Douro) [48], but higher than those in Turkey (Kangal) [45], Egypt [41], China (Baoji) [40], China (Xitulye) [43], Malaysia (Kedah) [44], Serbia [46], Greece (Agios Dimitrios)

[42], Spain (Velilla) [49], North Cyprus [39], Bangladesh (Rampal) [50], Nigeria [47].

The box plot of ²²⁶Ra, ²³²Th, and ⁴⁰K activity concentration with mean, individual, and 95th percentile values was presented in Fig. 2. In this Figure, the Earth's crust average values are shown as reference lines to the comparison of this research results.

Table 2 Comparison of the ^{226}Ra , ^{232}Th , and ^{40}K concentration results of this study and other studies from different countries with analogical symbol

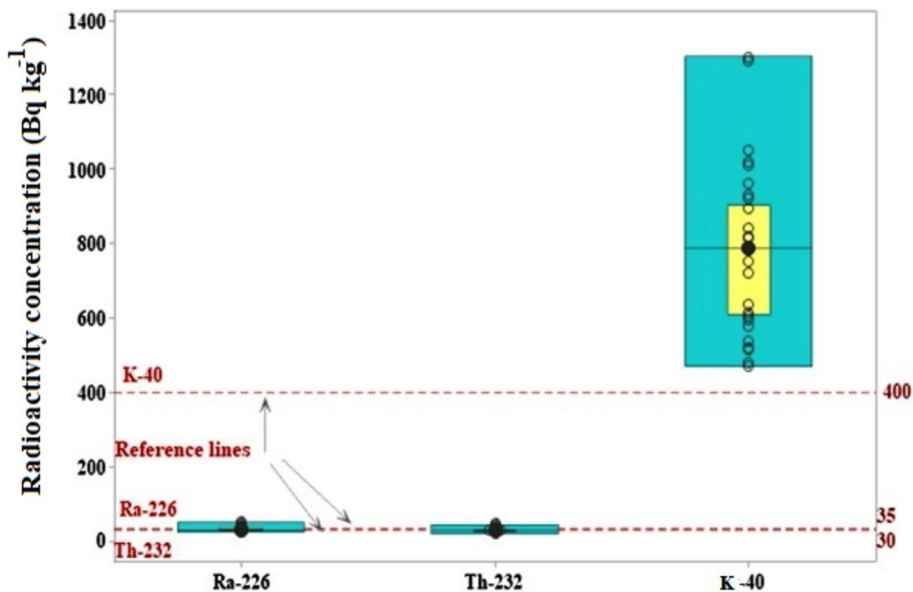
Sampling region	Activity concentration (Bq kg^{-1})						References
	^{226}Ra	Analogy	^{232}Th	Analogy	^{40}K	Analogy	
Xitulye, China	49.4	↑	63.5	↑	396	↓	(Zhang et al., 2017)
Baoji, China	32.1	↓	49.8	↑	721	↓	(Dai et al., 2007)
Kedah, Malaysia	102.1	↑	134	↑	326	↓	(Alzubaidi et al., 2016)
Kangal, Turkey	37.0	↑	17.0	↓	222	↓	(Gören et al., 2017)
Serbia	50.7	↑	48.6	↑	560	↓	(Ćujić et al., 2015)
Egypt	14.7	↓	17.1	↓	222	↓	(El-Mekawy et al., 2015)
Agios Dimitrios, Greece	26.8	↓	36.8	↑	493	↓	(Karamanis et al., 2009)
Nigeria	54.5	↑	91.1	↑	287	↓	(Arogunjo et al., 2009)
Douro, Portugal	53.1	↑	46.3	↑	845	↑	(Ribeiro et al., 2010)
Velilla, Spain	38.7	↑	42.9	↑	445	↓	(Charro et al., 2013)
Rampal, Bangladesh	34.8	=	48.9	↑	719	↓	(Khan et al., 2019)
North Cyprus	83.7	↑	53.6	↑	593.9	↓	(Abbasi et al., 2020a)

Risk assessment

The Ra_{eq} index, external hazard index (H_{ex}), internal hazard index (H_{in}), and gamma activity concentration index (I_{γ}) of all examined samples were presented in Table 1. The Ra_{eq} index, H_{ex} , H_{in} , and I_{γ} ranged from 93.6 to 209.9 with a mean of 141.0, 0.3–0.6 with a mean of 0.4, 0.3–0.7 with a mean of 0.5, 0.7–1.6 with a mean of 1.1, respectively. The maximum value of all four risk indexes was observed in the DS-4 sample. In the DS-4 sample, the

Ra_{eq} , H_{ex} , H_{in} , and I_{γ} index values were 1.49, 1.50, 1.40, and 1.45 times higher than the mean value of the risk indexes in the study area. The DS-4 sampling site is a high-traffic square, which typically refers to a busy urban intersection with a significant vehicular and pedestrian traffic flow. Environmental studies are particularly interested in such areas due to their potential to influence public health and environmental quality. It can be the effect of exhaust pollution and wear and tear of moving car parts. A more detailed analysis would be helpful at the

Fig. 2 Box-plot of ^{226}Ra , ^{232}Th , and ^{40}K activity concentration in the studied area aerosols dust samples (grey point, circle points, and yellow box mark are represents mean, individual values, and 95th percentile values, respectively). Reference lines of Earth's crust average value shown by dashed lines



DS-4 site to understand the high concentration of NORM at the DS-4 site.

The minimum value of all four risk indexes was calculated in the DS-16 sample, where this sampling point is a closed area. All the values of Ra_{eq} in the studied samples are found to be lower than the criterion limit of 370 Bq kg^{-1} [51]. The values of the indices (H_{ex} and H_{in}) should be < 1 . Table 1 shows that the mean values of H_{ex} (0.4) and H_{in} (0.5) are below the criterion value (< 1). The I_γ mean value was calculated under 2, while the dose criterion of 0.3 mSv y^{-1} is

met for $I_\gamma \leq 2$. This indicated that the annual effective dose due to aerosol dust in the study area was under 0.3 mSv y^{-1} . The hot plot of radiological health risk indexes (Ra_{eq} , H_{ex} , H_{in} , and I_γ) were presented in Fig. 3.

Statistical assessments

Pearson correlation coefficients were used for ^{226}Ra , ^{232}Th , and ^{40}K activity concentration to create relations in the aerosol dust samples and the resulting correlation matrix is

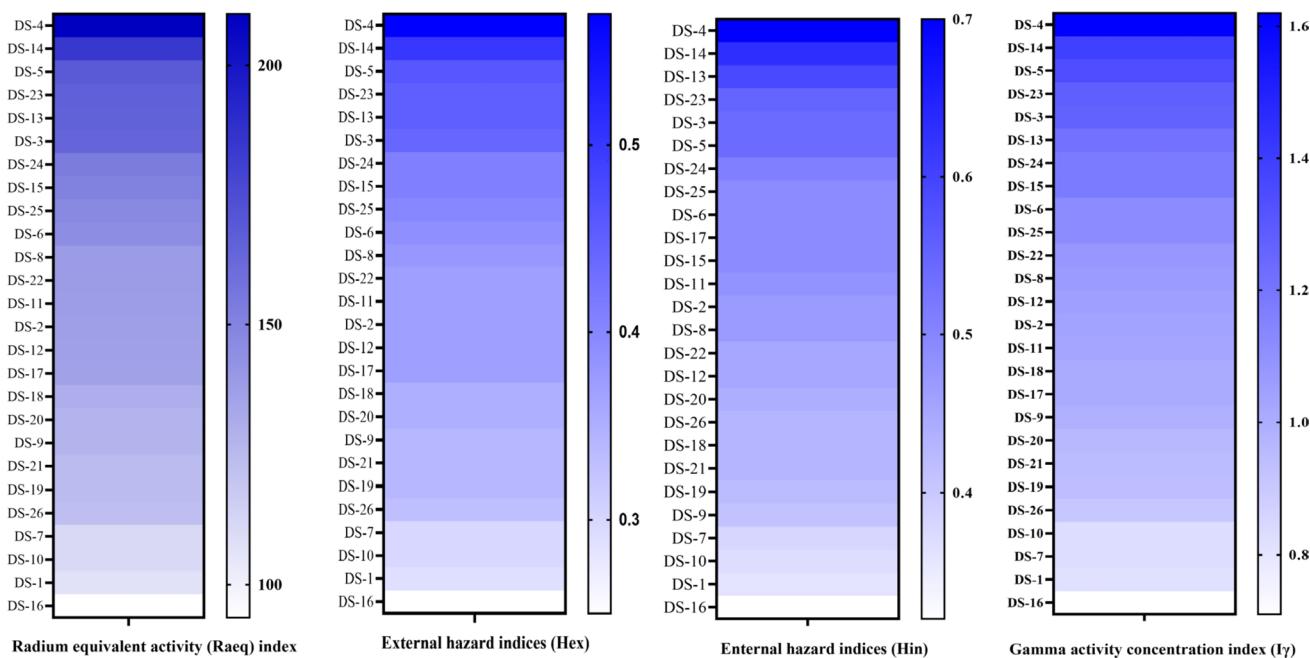


Fig. 3 Hot plot of radiological health risks indexes (Ra_{eq} , H_{ex} , H_{in} , and I_γ) in study area

Table 3 Pearson correlation coefficients between ^{226}Ra , ^{232}Th , and ^{40}K activity concentration values and radiological health risks indexes

	^{226}Ra	^{232}Th	^{40}K	Ra_{eq}	H_{ex}	H_{in}
^{226}Ra	1					
^{232}Th	0.854	1				
^{40}K	0.148	0.135	1			
Ra_{eq}	0.691	0.689	0.795	1		
H_{ex}	0.691	0.689	0.795	1.000	1	
H_{in}	0.806	0.769	0.687	0.985	0.985	1
I_{γ}	0.622	0.620	0.851	0.995	0.995	0.964

*Uncertainties are given within 1 standard deviation

** (UNSCEAR, 2000b)

shown in Table 3. There was a positive correlation among all parameters. Significant correlations ($p < 0.05$) were observed for the pairs ^{226}Ra and ^{232}Th ($r = 0.854$). The Ra and all radiological health risks indexes Ra_{eq} ($r = 0.691$), H_{ex} ($r = 0.691$), H_{in} ($r = 0.806$), and I_{γ} ($r = 0.622$) show significant correlations. The correlations between ^{40}K and other two radionuclides (^{226}Ra , ^{232}Th) activity concentrations show no significant correlations.

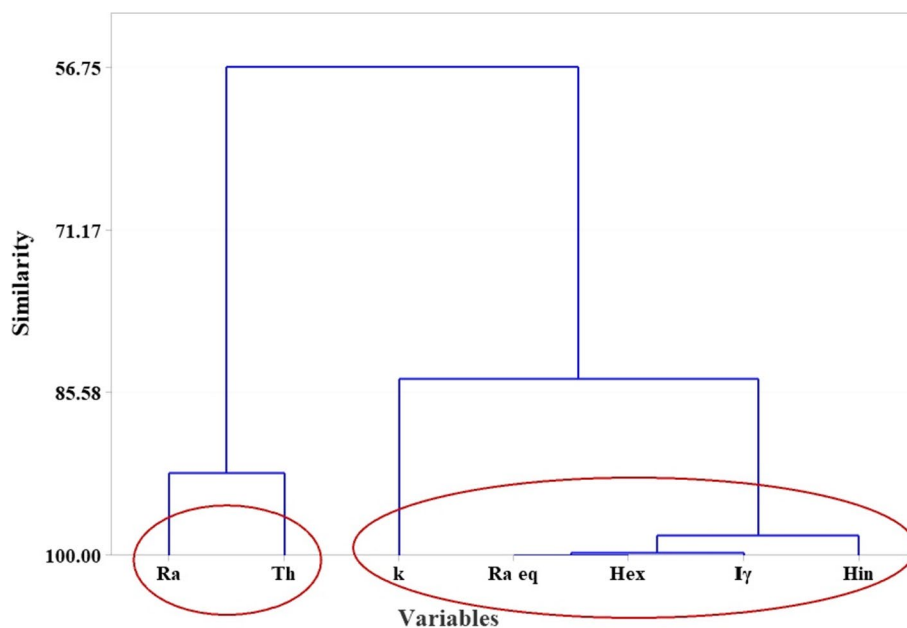
Cluster analysis was applied to the aerosol dust data to examine the classification of radionuclide groups and radiological health risk indexes to recognize relationships among them. The analysis results are presented as a dendrogram in Fig. 4. The vertical axis represents the similarity percentage of association between the variables, while the greater similarity shows the more significant association. The cluster analysis presents two distinct larger subgroups: the first contains ^{226}Ra and ^{232}Th radionuclides, and the second includes ^{40}K and radiological health risks indexes. The strongest

observed association (similarity > 82%) was between ^{40}K and radiological health risks indexes.

Conclusion

Twenty-six sampling sites were selected to investigate natural radioactive materials activity concentration in the aerosol dust of Nicosia. The concentration of ^{226}Ra , ^{232}Th , and ^{40}K in aerosol dust was measured. It was found that the average level of ^{226}Ra , ^{232}Th in the study area was lower than the Earth's crust average value, while the average value of ^{40}K radionuclide in aerosols dust was higher than the Earth's crust average value. The radiological health risks indexes were calculated in the study area. The calculated results of radium equivalent activities (Ra_{eq}) were lower than the limit of 370 Bq kg^{-1} set by NEA-OECD (Nuclear Energy Agency). The external hazard index (H_{ex}), internal hazard index (H_{in}), and gamma radiation hazard index (I_{γ}) were

Fig. 4 Cluster analysis of variables of ^{226}Ra , ^{232}Th , and ^{40}K concentration values with radiological health risks indexes



calculated in all samples. The internal and external hazard indexes were found well below the acceptable limit illustrated by UNSCEAR in all samples. Also, the gamma radiation hazard index (I_γ) was obtained at less than the met annual effective dose of 0.3 mSv y^{-1} . Hence, the radiological risk to human ratio in Nicosia City aerosol dust looks to be negligible.

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Declarations

Conflict of interest The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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