



# Gold nanoparticles for $^{99m}\text{Tc}$ -doxorubicin delivery: formulation, in vitro characterization, comparative studies in vivo stability and biodistribution

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## Abstract

The [ $^{99m}\text{Tc}$ ]Tc-Doxorubicin–Gold Nanoparticles ( $^{99m}\text{Tc}$ -Dox-AuNPs) was formulated as a nanoradiopharmaceutical by different loading procedures to enhance tumor targeting. The formula F1 that was prepared by direct loading of pre-prepared [ $^{99m}\text{Tc}$ ]Tc-Doxorubicin showed a reasonable in-vitro characterization values, high entrapment efficiency ( $92 \pm 0.72\%$ ), acceptable in vitro release data and convenient in-vitro serum stability up to 24 h. F1 presented high tumor uptake (54%ID/g) with high Target/ Non Target (T/NT) ( $\approx 77$ ) and Drug Target Efficiency percent (%DTE) above 100% at 0.5 h via intratumoral injection that prove the increasing of tumor targeting and in-vivo stability by direct loading for pre-prepared [ $^{99m}\text{Tc}$ ]Tc-Doxorubicin.

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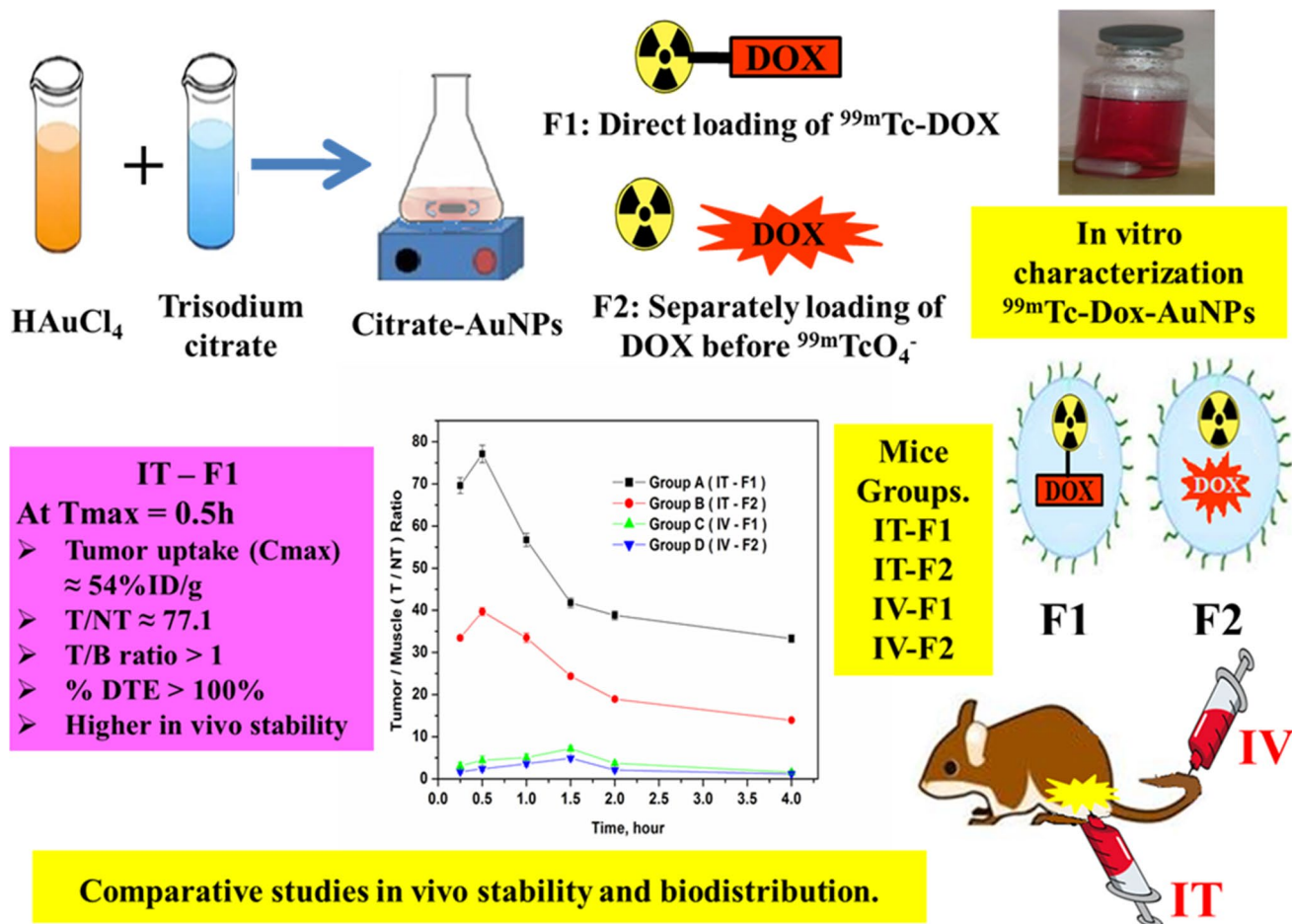
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## Graphic abstract



**Keywords** Gold nanoparticles · [<sup>99m</sup>Tc]Tc-Doxorubicin · Direct formulation method · Intra-tumoral (IT) · In vivo stability and tumor imaging

## Introduction

Nanotechnology, a revolutionary widely used technology, interlinks research in chemistry, physics, engineering, biology and medicine [1]. Development in nanotechnology was increased for medical purposes as drug delivery to target sites, diagnosis and therapeutic purposes for many diseases [2]. Therefore, the use of nanotechnology applications in many diseases, including cancer, aims at early detection and prevention of disease or at improving diagnosis, treatment and follow-up [3]. This technology enhances the use of gold nanoparticles (AuNPs) as a drug nanocarrier for targeted drug delivery to overcome the limits of conventional formulations [4]. AuNPs also named as a highly tunable material [5] and possess unique chemical and physical properties for carrying and delivering the pharmaceuticals. Gold nanoparticles highly multifunctional platforms have several advantages that are

greatly beneficial to the formation of drug delivery systems such as chemical static and biocompatibility of basic materials for AuNPs [6] and also its unique nanoscale dimension which provides a large and readily available space for loading target molecules or specific biomarkers to drug delivery systems [7]. Gold colloids are manufactured with a narrow size distribution using environmental-friendly Turkevich method one of the common chemical synthesis technique, to prepare dilute solutions of moderately stable spherical AuNPs, by reducing gold salt (HAuCl<sub>4</sub>) in aqueous media using citrate ions (reducing and stabilizing agent) at boiling temperature [8]. A ruby red color indicates formation of spherical AuNPs which varies according to their size [9] and is quantitatively explained by the reflection of electromagnetic waves from gold nanoparticles. Transmission electron microscopy, zetasizer and spectrophotometer are used in the characterization morphology, size, and shape of synthesized AuNPs [10]. Characterizations of

gold nano carriers with respect to morphological characteristics, particle size and zeta potential, are very critical to control their desired *in vitro* and *in vivo* behavior.

Cancer remains the most deadly disease to haunt mankind in the world today.

The inability to deliver a drug to cancer cells without causing any toxicity to healthy tissues is one of the main causes of the high mortality rate. Therefore a drug-targeting system must be developed to overcome the biological barriers associated with conventional chemotherapy and to selectively target the cancer cell. For instance, gold nanoparticles are concentrated in cancer cells either in a passive way (enhancing permeability and retention effect, EPR) or by active targeting, both of which enhance the concentration of chemotherapy in cancer cells while avoiding the harmful effect on normal cells, thus achieving optimal drug delivery. Doxorubicin (Fig. 1) is a widely used antineoplastic agent in cancer therapy but in clinical applications this anti-cancer drug is limited due to its high cardiotoxicity [11]. Binding doxorubicin with AuNPs could decrease cytotoxicity and at the same time increase the drug bioavailability in cancer cells. Drug interaction with gold nanoparticles can be achieved either by direct linkage between drug and AuNPs or by drug linkage with surface modified gold nanoparticles [12]. The *in vivo* administration of radiopharmaceutical (the main tool for molecular imaging in nuclear medicine) loaded AuNPs formulation provides an accurate tracking of the biological distribution [13]. The most popular used radioactive isotope in preparation of 85% of radiopharmaceuticals is technetium-99 m (gamma emitter) due to its characteristic properties like its relatively short half-life (6.02 h), convenient  $\gamma$ -ray energy (140 keV) suitable for imaging by gamma camera, low cost and good availability [14]. Pardeep Kumar et al. studies [15, 16] presented the characterization of [ $^{99m}\text{Tc}$ ] Tc-doxorubicin complex by using proton-nuclear magnetic resonance (1H-NMR) and chromatography techniques and the results illustrated that the Doxorubicin has carboxyl, amine, and amide groups that form coordinate bonds with

[ $^{99m}\text{Tc}$ ] and satisfy the octahedral geometry of [ $^{99m}\text{Tc}$ ] (III). Formulation of a successful nanoradiopharmaceutical is the most effective way to improve early prognosis of tumors. The formulation of gold nanoparticles with technetium-99 m and doxorubicin depend on the loading procedure that may effect on the biodistribution and *in vivo* stability. The study aimed to formulate gold nanoparticles as a delivery system of radiopharmaceuticals ( $^{99m}\text{Tc}$ -Dox) to be used in tumor diagnosis and *in vivo* evaluation of prepared formulations and different routes of to fully understand their pharmacokinetics and interaction in living biological systems.

## Materials and methods

### Materials

Commercially available reagents have been used and are not re-purified upon delivery. Double distilled water (kept away from any photochemical responses) is used in all steps related to solution preparation. Hydrogen tetrachloroaurate ( $\text{HAuCl}_4$ ), M.Wt = 393.83 g/mol) and Doxorubicin hydrochloride **D1515** ( $\text{C}_{27}\text{H}_{29}\text{NO}_{11}\cdot\text{HCl}$ , M.Wt = 579.98 g/mol) were purchased from Sigma-Aldrich Company (St. Louis, Mo), USA. Fetal Bovine serum (FBS) was purchased from Lonza, Bornem, Belgium. Spectra/ Por<sup>®</sup> semi-permeable membrane tubing (12,000–14,000 Mwt cutoff) was purchased from Spectrum Laboratories Inc. (Rancho Dominguez, CA). Other chemicals and solutions (of analytical grade) were purchased from Merck Co. Whatman paper No.1 sheets were purchased from Merck (Darmstadt, Germany). Sterile Millipore filters (Millipore Co., Bedford, MA, USA). A fresh solution of aquaregia ( $\text{HNO}_3/\text{HCl}$ ) (3:1 v/v) was used to clean all used glassware, followed by washing them completely with double distilled water and drying them before use. Technetium 99 m was obtained in the form of pertechnetate elute ( $[\text{}^{99m}\text{Tc}]\text{TcO}_4^-$ ) from the  $^{99}\text{Mo} / ^{99m}\text{Tc}$  generator that was manufactured in the Radioisotope Production Facility (RPF) of the Egyptian Atomic Energy Authority (EAEA).

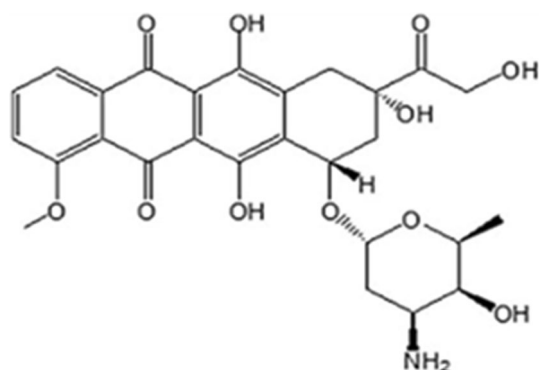


Fig. 1 Doxorubicin chemical structure

### Preparation of gold nanoparticles delivery system (citrate-reduced gold nanoparticles)

A delivery system of **citrate-reduced gold nanoparticles** (citrate-AuNPs) was prepared by reducing hydrogen tetrachloroaurate ( $\text{HAuCl}_4$ ) with trisodium citrate ( $\text{Na}_3\text{C}_6\text{H}_5\text{O}_7$ ) according to an environmental-friendly synthesis method (Turkevich method) with some modifications. This technique yields fairly uniform size colloids with diameter of 10–20 [8]. In a brief, 1 ml of 1% trisodium citrate (5 mg/ml) was added to a solution of 3 mM  $\text{HAuCl}_4$  in double

distilled water (1 mg/ml) at 100 °C with continuous simultaneous stirring using magnetic stirring at 500 rpm. The color of the solution mixture changed gradually from yellow to colorless, then to pale grey, turns pale purple and slowly turn into a ruby red color over 10 mi. Turning the solution into deep red color indicates gold nanoparticles formation in the optimum nano size, and here the heating was stopped [9, 17]. After separation of citrate-AuNPs by a centrifuge, the separated citrate-AuNPs were re-dispersed in deionized water for in vitro characterization studies. For further uses, this solution was kept at 4 °C.

## In vitro characterization of citrate-gold nanoparticles

### Identification of citrate-gold nanoparticles

The identification of gold nanoparticles delivery system was done depending on the gold nanoparticles' electrons interaction with light generates unique optical properties called surface plasmon resonance and the particular wavelength of light where this phenomenon occurs is strongly dependent on the gold nanoparticle size, shape, surface and agglomeration state [18, 19]. Therefore, UV/Vis spectroscopy is used to measure the wavelength of the maximum absorption ( $\lambda_{max}$ ) and to confirm the formation of gold nanoparticles that have a single absorption peak in the visible range between 510–550 nm.  $\lambda_{max}$  is re-measured again after 4 months of storage at room temperature and a possible change in  $\lambda_{max}$  is observed.

### Determination of particle size (PS), polydispersity index (PDI), and zeta potential (ZP)

The Zetasizer Nano ZS-90 instrument (Malvern Instruments, Worcestershire, UK) was utilized to determine the PS, PDI, and ZP of citrate-AuNPs. It examines the fluctuations in light scattering due to Brownian movement of particles [20]. Measurement was carried out by diluting 1 ml of citrate-AuNPs with 9 ml of distilled water (10X) to give an appropriate scattering intensity and placing it into a quartz cuvette at  $25 \pm 0.5$  °C, at 90° to the incident beam using a Zetasizer Nano ZS (Malvern Instruments Ltd., Worcestershire, UK). The ZP determines the nanoparticles movement in an electrical field [21].

### Morphologic examination

The Morphology and core size of the citrate-AuNPs were investigated using Transmission Electron Microscopy (TEM). One drop of citrate-AuNPs dispersion was settled on a copper grid and left for dry until thin film formation. The film was stained and examined by TEM (JEOL,

JEM-100CX, Tokyo, Japan) operated at an accelerating voltage of 200 kV and magnification power of  $\times 100,000$  [22].

## Preparation of radiolabeled Doxorubicin ( $^{99m}\text{Tc}$ Tc-Doxorubicin complex)

The [ $^{99m}\text{Tc}$ ]Tc-Doxorubicin complex ( $^{99m}\text{Tc}$ -Dox) was used in formulation of  $^{99m}\text{Tc}$ -Dox-AuNPs. The [ $^{99m}\text{Tc}$ ] Tc-Doxorubicin complex was prepared by direct labeling method using sodium dithionite as a reducing agent [23, 24]. The factors (Doxorubicin amount, sodium dithionite, pH and reaction time) affecting on the radiolabeling process were optimized to achieve the maximum radiochemical yields. The doxorubicin solution (2 mg/1 ml) containing different amount of doxorubicin (0.2–1 mg) were dispersed in 1 ml of phosphate buffer at different pH values (3–10) in 10 ml penicillin clean vials. The reducing agent sodium dithionite ( $\text{Na}_2\text{S}_2\text{O}_4$ ) solution (200 mg/ml) was added in amounts ranging from 10 to 50 mg followed by 100  $\mu\text{l}$  of freshly eluted technetium pertechnetate ( $^{99m}\text{Tc}$ ]TcO $_4^-$ , 400 MBq) eluted from  $^{99}\text{Mo}/^{99m}\text{Tc}$  generator was added to each vial. Then, the reaction time (5–60 min) was optimized to achieve the maximum radiochemical yield % (RCY) at ambient temperature [25, 26]. Ascending paper chromatography (PC) analysis was used to evaluate the radiochemical yield by using strips of Whatman No. 1 paper chromatography (13 cm in length and 0.5 cm in width) marked at a distance of 2 cm from the lower end and lined into Sect. 1 cm each up to 10 cm. In one strip an amount of 1–2  $\mu\text{l}$  of the reaction solution was seeded (using hypodermic syringe) and was left to develop in an ascending manner in a closed jar containing acetone from which the percent free [ $^{99m}\text{Tc}$ ]TcO $_4^-$  was determined, while the other strip was developed with a mixture of ethanol: water: ammonium hydroxide (2:5:1) from which the percent reduced hydrolyzed [ $^{99m}\text{Tc}$ ]Tc colloid was determined [24]. After complete development, both strips were dried and cut into fragments then the sections were assayed in a NaI(Tl)  $\gamma$ -ray scintillation counter. The percent of [ $^{99m}\text{Tc}$ ]Tc-Doxorubicin complex, free pertechnetate ( $^{99m}\text{Tc}$ ]TcO $_4^-$ ), and reduced hydrolyzed technetium (colloid) were determined using the following Eq. (1):

$$^{99m}\text{Tc} - \text{Doxorubicin complex\%} = 100 - (\text{Free}^{99m}\text{TcO}_4^- \% + \text{Colloid \%}) \quad (1)$$

## Formulation of $^{99m}\text{Tc}$ -Dox-AuNPs

The different formulations (F1 and F2) of  $^{99m}\text{Tc}$ -Dox-AuNPs were designed by different loading procedure. F1 was prepared by direct formulation method through

loading different volumes of [ $^{99m}\text{Tc}$ ]Tc-Doxorubicin complex [27] and F2 was prepared by loading different volume of doxorubicin then loading 100  $\mu\text{l}$  of freshly eluted technetium pertechnetate ( $[\text{^{99m}Tc}]\text{TcO}_4^-$ , 400 MBq) [28]. The loading volumes in F1 and F2 were added with magnetic stirring to a fixed volume (1 ml) of citrate-AuNPs to evaluate the maximum amount of doxorubicin that can be loaded on it without any change in color. After development of  $^{99m}\text{Tc}$ -Dox-AuNPs, the formulations (F1 and F2) were filtered to get rid of the colloid which was formed during the radiolabeling process through sterile millipore filter (0.2 mm) and the radiochemical yield was assessed using paper chromatography [29].

## In vitro evaluation of formulated $^{99m}\text{Tc}$ -Dox-AuNPs

### Determination of loading capacity and entrapment efficiency

The 0.1 ml of performed [ $^{99m}\text{Tc}$ ]Tc-Doxorubicin complex (1.5 mg/ml) was loaded in 1 ml of citrate-AuNPs for preparation F1 but F2 was prepared by separately loading 0.15 ml of doxorubicin solution (2 mg/ml) and 100  $\mu\text{l}$  [ $^{99m}\text{Tc}$ ]TcO $_4^-$  with 1 ml citrate-AuNPs. The dispersion was continuously magnetically stirred for 30 min. the formulations (F1 and F2) of  $^{99m}\text{Tc}$ -Dox-AuNPs were segregated by centrifugation. After separation of  $^{99m}\text{Tc}$ -Dox-AuNPs formulations (F1 and F2), the remaining doxorubicin ( $\text{DOX}_{\text{free}}$ ) was detected spectrophotometrically (Shimadzu UV 1700 spectrophotometer, Kyoto, Japan) at 480 nm for F1 and F2. The loading capacity and entrapment efficiency percent (EE %) of doxorubicin were determined according to the following Eqs. (2, 3) [27, 30]:

$$\text{Loading capacity of DOX (mg/mg)} = ([\text{DOX}_i] - [\text{DOX}_{\text{free}}]) / M_{\text{carrier}} \quad (2)$$

$$\begin{aligned} \text{Entrapment Efficiency of DOX (\%)} \\ = (([\text{DOX}_i] - [\text{DOX}_{\text{free}}]) / [\text{DOX}_i]) \times 100 \end{aligned} \quad (3)$$

where  $[\text{DOX}_i]$  and  $[\text{DOX}_{\text{free}}]$  are the initial DOX content and free DOX content in supernatant, respectively and  $M_{\text{carrier}}$  is the weight of citrate-AuNPs.

### In-vitro release study

The doxorubicin release from prepared formulations ( $^{99m}\text{Tc}$ -Dox-AuNPs) was evaluated using the membrane diffusion techniques [31], in triplicate, at  $37 \pm 0.5$  °C and 50 rpm shaker water bath. According to the EE %, the calculated volumes of  $^{99m}\text{Tc}$ -Dox-AuNPs containing same amount of the doxorubicin were placed in tubing with Spectra Por<sup>®</sup> semi-permeable membrane at both sides. The tube was immersed in 50 ml release medium of phosphate buffer solution (pH 5) [27]. Samples of 3 ml of the release medium were withdrawn at designed time

**Table 1** Biodistribution experimental design

A	Mice were injected intratumoral (IT) with 0.1 ml of F1 (IT-F1)
B	Mice were injected intratumoral (IT) with 0.1 ml of F2 (IT-F2)
C	Mice were injected intravenous (IV) with 0.1 ml of F1 (IV-F1)
D	Mice were injected intravenous (IV) with 0.1 ml of F2 (IV-F2)

intervals (0.25–8 h) and immediately replaced with freshly same volume of release medium [32]. The cumulative doxorubicin release percentage were calculated and plotted against time to determine the  $t_{50}$  and Q8h.

### In-vitro stability study in mice serum

In order to prove effectiveness of  $^{99m}\text{Tc}$ -Dox-AuNPs as a potential radiopharmaceutical and ensure that the radiolabeling process is stable in physiological conditions [33], we studied in-vitro stability of  $^{99m}\text{Tc}$ -Dox-AuNPs in mice serum by incubating 100  $\mu\text{l}$  of formulations (F1 and F2) separately, in 900  $\mu\text{l}$  mice serum at 37 °C up to 24 h and the radiochemical yields were assessed by ascending paper chromatographic method [34] at 0, 0.25, 0.5, 1.5, 2, 3 and 24 h post-incubation.

### Biodistribution studies

$^{99m}\text{Tc}$ -Dox-AuNPs biodistribution studies were carried out in compliance with the recommendations of the Animal Ethics Committee and with the guidelines of the Egyptian Atomic Energy Authority. The animal experiments complied with the National Institutes of Health guide for the care and use of laboratory animals (NIH Publications No. 8023, revised 1978). The protocol of the studies was approved by Research Ethics Committee for experimental and clinical studies, Faculty of Pharmacy, Cairo University, Egypt (REC-FOPC)—(Approval No. PI 1265).

### Solid tumor induction in mice

The biodistribution of  $^{99m}\text{Tc}$ -Dox-AuNPs formulation was studied in Swiss albino mice infected with solid tumors prepared by taking the parent tumor line (Ehrlich Ascites Carcinoma) from 7-day-old donor female Swiss albino mice and diluted with sterile physiological saline solution to ensure tumor formation to give  $12.5 \times 10^6$  cells/ml. Then, about 0.2 ml of this solution was injected intramuscularly in the right thigh of the Swiss albino mice weighing 20–30 g to produce solid tumor and the left leg being taken as control and the animals were maintained until the tumor progression appeared this takes about 10–15 days. It has been proven that the use of Ehrlich Ascites Carcinoma (EAC) as a solid

tumor model in chemotherapy research gives accurate and reliable results [35, 36].

### Biodistribution assay

Solid tumor bearing albino mice of body mass 20–30 gm were classified into four groups A, B, C and D (18 mice/group) as in Table 1. Three mice per each time point for each route of injection. 100  $\mu$ l of formulated  $^{99m}\text{Tc}$ -Dox-AuNPs F1 and F2 containing 185–1850 kBq was intratumorally injected in group A and B, respectively and intravenously injected in groups C and D, respectively. Mice housed in divided separated groups of three and provided with food and water [37]. At predetermined time intervals 15, 30, 60, 90, 120, 240 min post IV & IT injection the animals were weighed, anesthetized by chloroform and dissected. The desired organs and tumor were collected after dissection, weighed and washed with normal saline then transferred into counting vials [38]. Blood samples were obtained by puncture of the heart with hypodermic syringe and weighed in pre-weighed vials [39]. Uptake of radioactivity in each sample as well as the background was counted in a well-type  $\gamma$ -counter NaI(Tl). The  $^{99m}\text{Tc}$ -Dox-AuNPs uptake per gram of fluid, organ and tumor (% ID/g) were calculated as a fraction of injected dose from the following Eq. (4) [40]:

$$\% \text{ ID/g of fluid/organ} = \frac{\text{Radioactivity of tissue or fluid} \times 100}{\text{Total injected radioactivity} \times \text{Weight of tissue or fluid(g)}} \quad (4)$$

The % ID/g expressed the drug concentration in blood, organ and tumor. The maximum % ID/g of  $^{99m}\text{Tc}$ -Dox-AuNPs Cmax, (%/g) per gram of tumor and its corresponding time (Tmax, h) were determined directly from the bio-distribution data. Tumor targeting efficiency was based on

the Tumor/Blood (T/B) ratio [41, 42] and drug targeting efficiency percentage (% DTE) that determine the accumulation percent in tumor following intratumoral injection vs. intravenous injection as in the following Eq. (5) [43]

$$\% \text{ DTE} = \left( \frac{\text{Tumor}_{\text{IT}} / \text{Blood}_{\text{IT}}}{\text{Tumor}_{\text{IV}} / \text{Blood}_{\text{IV}}} \right) \times 100 \quad (5)$$

The delivery of [ $^{99m}\text{Tc}$ ]Tc-Doxorubicin to the tumor is associated to % DTE > 100% [43] and tumor/blood ratio > 1 [42].

### Statistical analysis

Statistical analysis was done for all obtained result by using SPSS<sup>®</sup> software version 20 (SPSS Inc., Chicago, USA). One-way analysis of variance (ANOVA) and least-significant difference (LSD) test were applied at level of significance difference  $p < 0.05$ .

## Result and discussion

### Preparation of gold nanoparticles delivery system (citrate-reduced gold nanoparticles)

A delivery system of **citrate-reduced gold nanoparticles** (citrate-AuNPs) was prepared through a modified Turkevich method. It was prepared by reduction of hydrogen tetrachloroaurate ( $\text{HAuCl}_4$ ) with trisodium citrate ( $\text{Na}_3\text{C}_6\text{H}_5\text{O}_7$ ) that acts as a reducing and stabilizing agent [8]. Citrate-AuNPs was successfully prepared by placing 1 ml of 3 mM  $\text{HAuCl}_4$  solution on heat magnet stirrer at 100 °C and 500 rpm. Immediately after boiling, 1 ml of 1%

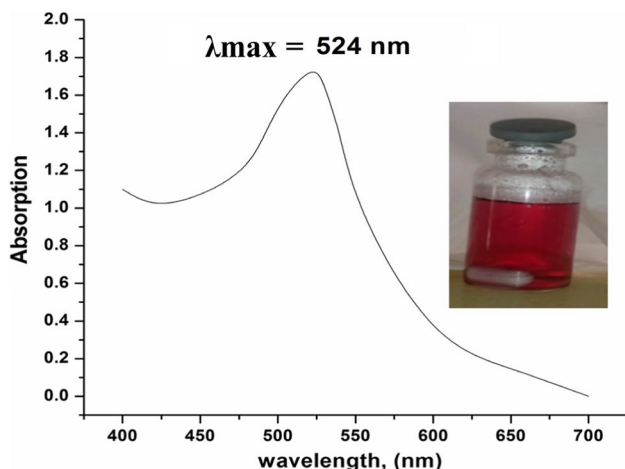


Fig. 2 UV-visible spectroscopy of Citrate-AuNPs

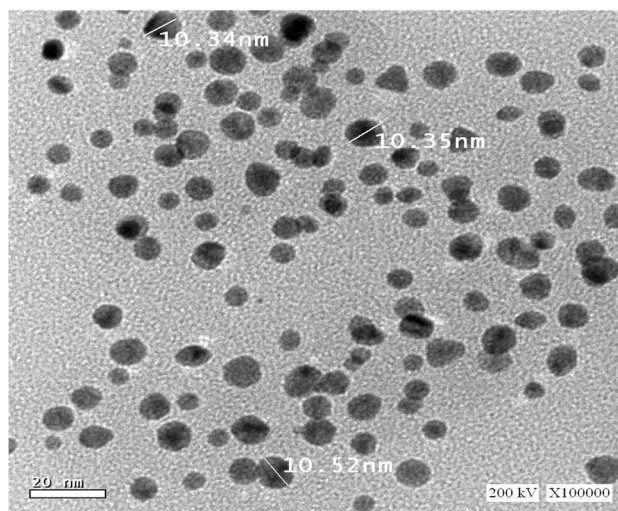


Fig. 3 TEM image of Citrate-AuNPs

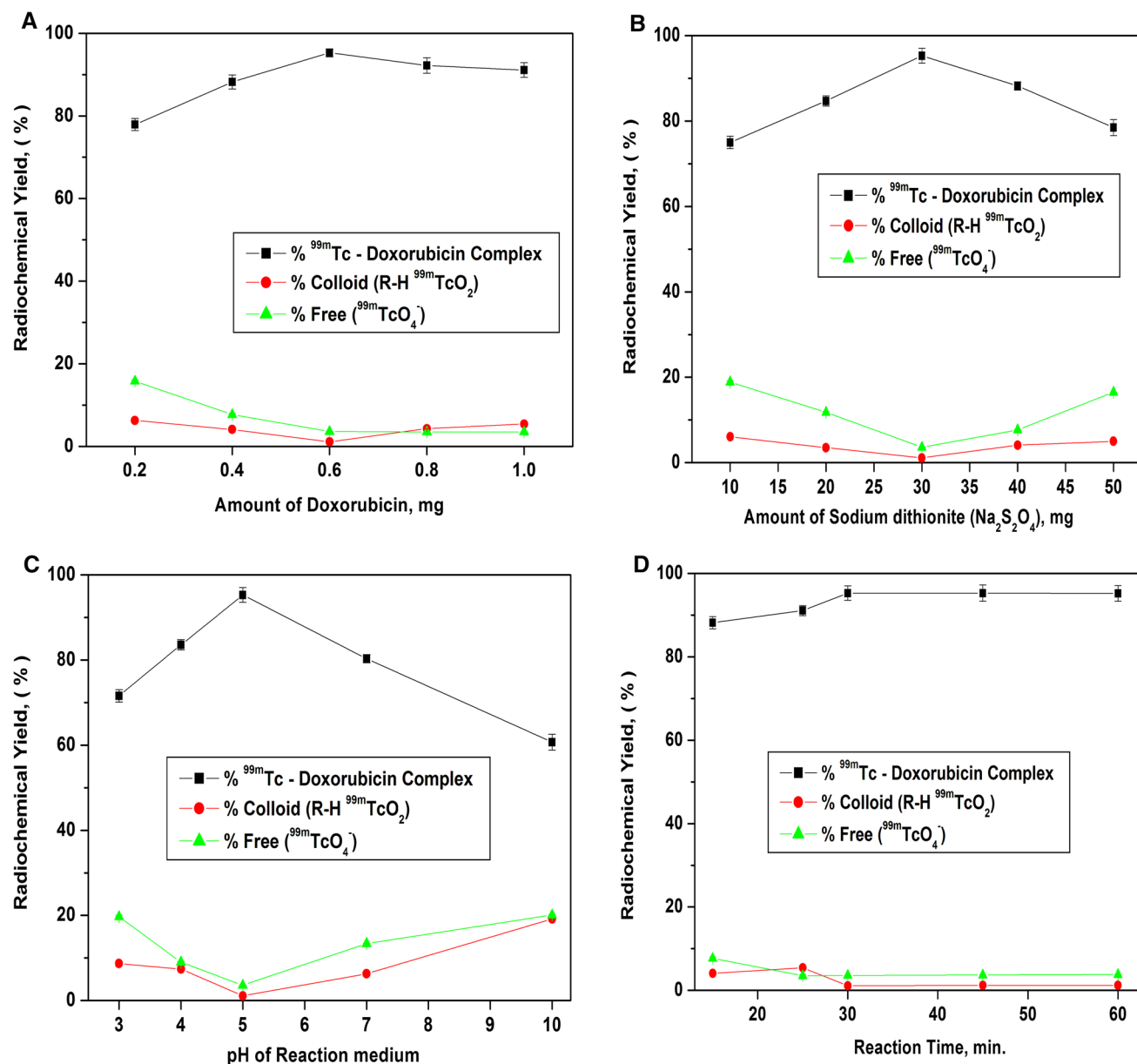
trisodium citrate was added with continuous stirring up to 10 min and appearance of a ruby red color.

## In vitro characterization of citrate-gold nanoparticles

### Identification of citrate-gold nanoparticles:

The delivery system of citrate-AuNPs was screened using UV–visible spectroscopy for determination the wavelength of maximum absorption ( $\lambda_{\max}$ ). The gold

nanoparticles have a special optical phenomenon based on gold nanoparticle particle size and shape as mentioned before. The Aryal et al., 2009 and Liu et al., 2018 [44, 45] were reported that the gold nanoparticles in spherical shape showed maximum absorption ( $\lambda_{\max}$ ) at 517–530, 540 and 575 nm for spherical size 10–22, 50 and 100 nm, respectively. Figure 2 showed the strong absorption peak for citrate-AuNPs at  $\lambda_{\max} = 524$  nm. The formulations of  $^{99m}\text{Tc}$ -Doxo-AuNPs (F1 and F2) were UV screened and detected the absorption peak of citrate-AuNPs at 524 nm and disappearance the characteristic peak of doxorubicin in water at 490 nm [46]. This might be as result of the



**Fig. 4** Variation of radiochemical yield % of  $^{99m}\text{Tc}$ -Dox complex as a function of (A) doxorubicin amount, (B) Reducing agent amount, (C) pH, (D) Reaction time

overlapping of citrate-AuNPs [47] and confirming that the particle size not change after loading procedure which will confirm by TEM. The stability of  $^{99m}\text{Tc}$ -Dox-AuNPs (F1 and F2) at room temperature were confirmed by storage for 4 months; there is no observed change in  $\lambda_{\text{max}}$ .

#### Determination of particle size (PS), polydispersity index (PDI), and zeta potential (ZP)

Characterizations of gold nanocarriers with respect to morphological characteristics, particle size and zeta potential, are very critical to control their desired in vitro and in vivo behavior. The hydrodynamic diameter of citrate-AuNPs was  $\approx 20.3$  nm. The PDI values were less than 0.5 that could be within the acceptable range [48]. The zeta potential of citrate-AuNPs was  $-17.6$  mV indicating considerable physical stability with no expected aggregation as a result of electrostatic repulsion between gold nanoparticles produced by the highly negative surface charges [49].

#### Morphologic examination

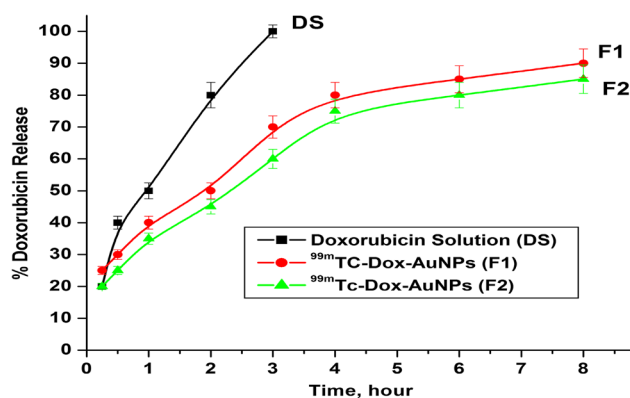
Photomicrograph of citrate-AuNPs was illustrated in Fig. 3. It showed that the developed citrate-AuNPs was formed small sized spherical gold nanoparticles varying in their core sizes with a mean of  $\approx 10.3$  nm comparable that obtained by Zetasizer.

#### Preparation of radiolabeled Doxorubicin ( $^{99m}\text{Tc}$ -Dox complex)

The [ $^{99m}\text{Tc}$ ]Tc-Doxorubicin complex was successfully prepared in maximum radiochemical yield ( $95 \pm 0.6\%$ ) by direct labeling technique as shown in Fig. 4 at pH 5 using 0.6 mg doxorubicin, 30 mg of sodium dithionite and 100  $\mu\text{l}$

**Table 2** The loading capacity and entrapment efficiency % (EE %) of doxorubicin (DOX) in citrate-AuNPs for different formulations

Formulation of $^{99m}\text{Tc}$ -Dox-AuNPs	Free DOX concentration (mg/ml)	Loading capacity (mg/mg)	Loading efficiency (%)
F1	0.008	0.092	92.3
F2	0.01	0.09	90.1

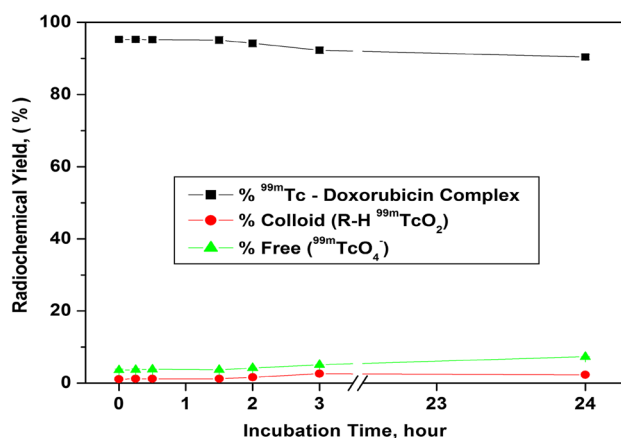


**Fig. 5** In vitro drug release profiles from Drug Solution (DS) and  $^{99m}\text{Tc}$ -Dox-AuNPs formulations (F1 and F2)

[ $^{99m}\text{Tc}$ ]TcO $_4^-$  for 30 min reaction time at ambient temperature 25 °C. The  $^{99m}\text{Tc}$ -Dox complex was stable up to 24 h.

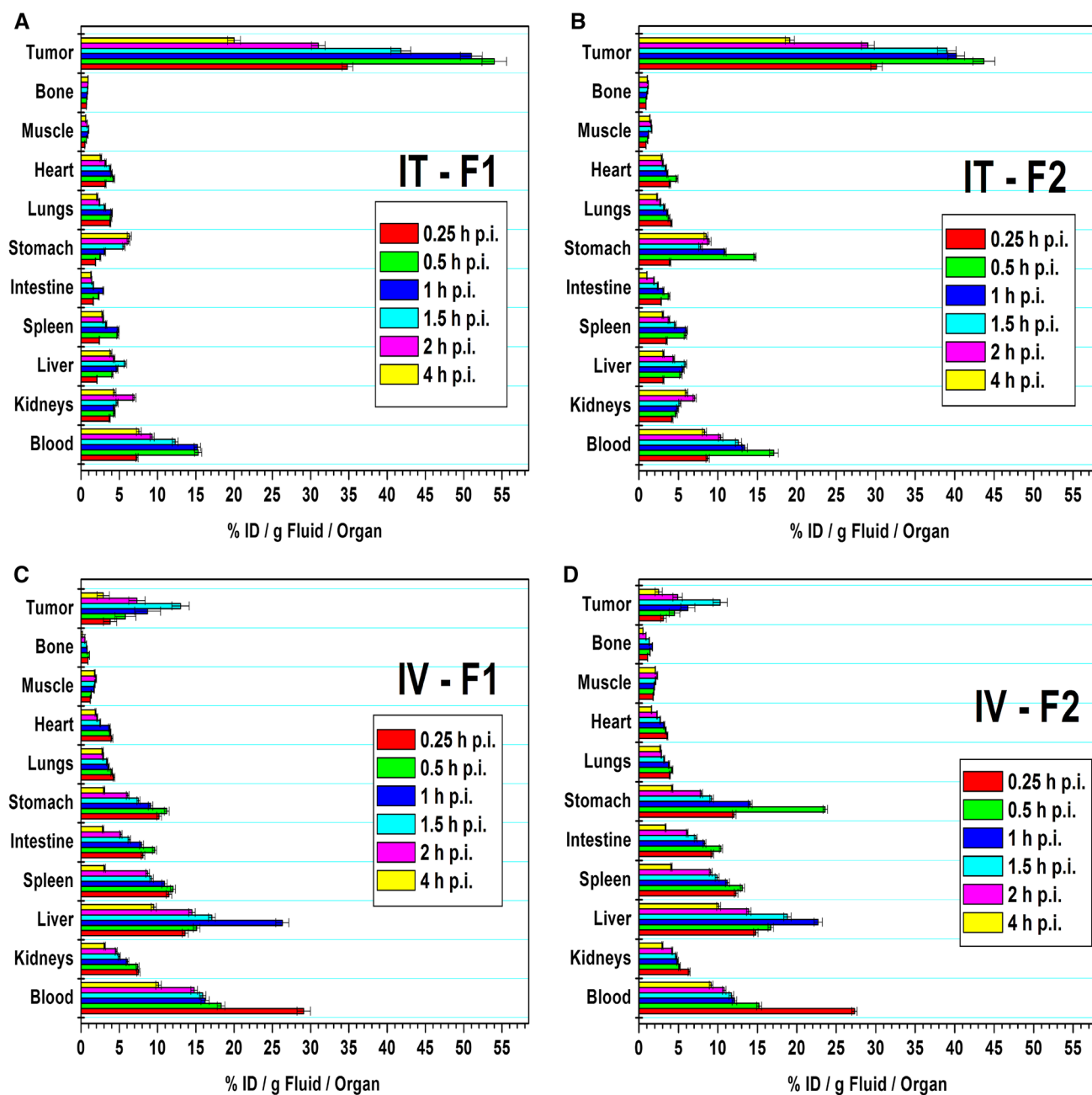
#### Formulation of $^{99m}\text{Tc}$ -Dox-AuNPs

The formulations of  $^{99m}\text{Tc}$ -Dox-AuNPs (F1 and F2) were differed in loading procedure. F1 was prepared by direct formulation method through loading of 0.1 ml prepared [ $^{99m}\text{Tc}$ ]Tc-Doxorubicin complex (1.5 mg/ml) with 1 ml citrate-AuNPs but F2 was prepared by separately loading 0.15 ml of doxorubicin solution (2 mg/ml) and 100  $\mu\text{l}$  [ $^{99m}\text{Tc}$ ]TcO $_4^-$  with 1 ml citrate-AuNPs. The loading process was done at room temperature and pH 5 with continuous magnet stirrer for 30 min without change in its color or compromising its stability. The obtained radiochemical yields after filtration through sterile millipore filter (0.2  $\mu\text{m}$ ) were  $\approx 99\%$ .



**Fig. 6** In vitro stability of  $^{99m}\text{Tc}$ -Dox-AuNPs formulations (F1 and F2) in mice serum





**Fig. 7** The comparative in vivo biodistribution of  $^{99m}\text{Tc}$ -Dox-AuNPs (F1 and F2) in solid tumor bearing mice following IT and IV injection where (A) is IT-F1, (B) is IT-F2, (C) is IV-F1 and (D) is IV-F2

## In vitro evaluation of formulated $^{99m}\text{Tc}$ -Dox-AuNPs

### Determination of loading capacity and entrapment efficiency

As shown in Table 2, the loading capacity for F1 and F2 were  $0.092 \pm 0.01$  and  $0.09 \pm 0.01$  mg/mg, respectively and the entrapment efficiency for F1 and F2 were  $92 \pm 0.7$  and  $90 \pm 0.3\%$ , respectively. All of these indicate a high ability

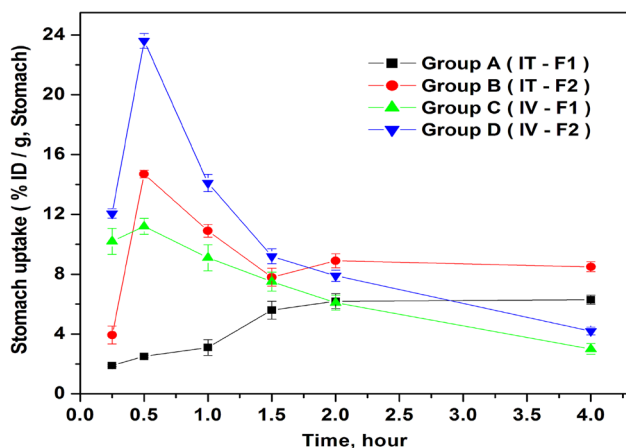
of citrate-AuNPs to incorporate free doxorubicin or even [ $^{99m}\text{Tc}$ ]Tc-Doxorubicin complex as a result of small size of citrate-AuNPs that permitting for the electrostatic interaction between protonated amino acid of doxorubicin with negatively charged carboxylate groups of citrate [50, 51]. The loading process of doxorubicin could be done by different mechanism (encapsulation, diffusion or surface charges) based on physical, non-covalent or covalent bonding [52, 53].

### In-vitro release study

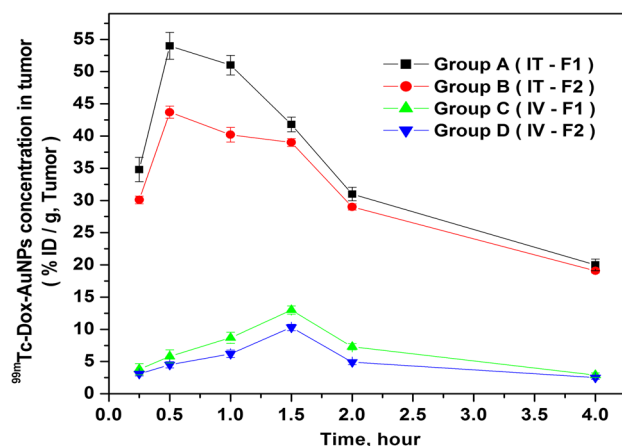
Monitoring doxorubicin release from  $^{99m}\text{Tc}$ -Dox-AuNPs formulations (F1 and F2) and drug solution (DS) was done in phosphate buffer solution (pH 5) to mimic the acidic tumor microenvironment. pH value of tumor exhibits lower acidity than pH of normal tissue which might lead to better tumor targeting and drug release for these formulations [54]. In vitro doxorubicin cumulative release profile is shown in Fig. 5. The doxorubicin release from drug solution was used as a control. It showed fast and complete release (100%) within 3 h, this indicates that the doxorubicin could freely diffuse through semi-permeable membrane [55]. The citrate-AuNPs displayed biphasic release; first, doxorubicin was released from the core shell after 15 min at 25 and 20% for F1 and F2, respectively. The time required to release 50% of doxorubicin ( $t_{50}$ ) from  $^{99m}\text{Tc}$ -Dox-AuNPs formulations (F1 and F2) was 2 and 2.5 h, respectively. Second, doxorubicin was slowly released from the core [56]; it was released at 90 and 85% for F1 and F2, respectively after 8 h (Q8h). The results investigate that the citrate-AuNPs could be the best delivery system for  $^{99m}\text{Tc}$ -Dox as it not only incorporate a reasonable amount of doxorubicin, but also sustained its release. The biphasic release of doxorubicin may be caused by acidic pH surrounding the tumor cells that reduces the electrostatic interaction between the protonated amino acid of doxorubicin with negatively charged carboxylate groups of citrate [57].

### In-vitro stability studies in mice serum

The in vitro stability of  $^{99m}\text{Tc}$ -Dox-AuNPs formulations (F1 and F2) in serum play important role in indicating the

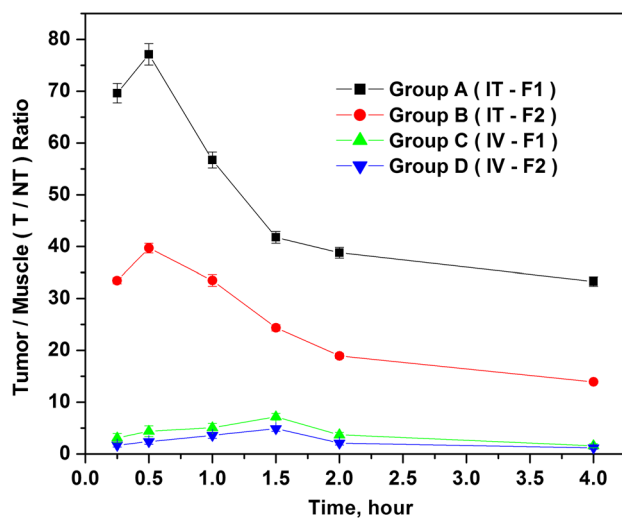


**Fig. 8** The comparative uptake of stomach for  $^{99m}\text{Tc}$ -Dox-AuNPs (F1 and F2) following IT and IV injection



**Fig. 9**  $^{99m}\text{Tc}$ -Dox-AuNPs concentration in tumor following IT and IV injection

in vivo stability and the potentiality of delivery system. The in vitro stability of F1 and F2 was assessed in mice serum by paper chromatography at predesigned time up to 24 h. As shown in Fig. 6; F1 showed convenient in-vitro stability in serum up to 24 h. The radiochemical yield of F1 slightly decreased by 4.9% at 24 h but remained significantly higher than radiochemical yield ( $83 \pm 0.9\%$ ) of F2 at 24 h. F2 showed gradient decrease in *in-vitro* stability and increase the free  $[\text{}^{99m}\text{Tc}]\text{TcO}_4^-$ , the radiochemical yield reached to  $89 \pm 0.4\%$  at 3 h with free  $[\text{}^{99m}\text{Tc}]\text{TcO}_4^-$  ( $11 \pm 0.2\%$ ). The radiochemical yield of F2 decreased in serum by 15% at 24 h. This decreasing in in-vitro stability in serum of F2 may effect on its biodistribution behavior and kinetic parameters.



**Fig. 10** Target to Non target (T/NT) ratios of  $^{99m}\text{Tc}$ -Dox-AuNPs formulations

**Table 3** % Drug Targeting Efficiency (% DTE) of  $^{99m}\text{Tc}$ -Dox-AuNPs formulations

Time (h)	F1			F2		
	T/B <sub>IT</sub>	T/B <sub>IV</sub>	% DTE	T/B <sub>IT</sub>	T/B <sub>IV</sub>	% DTE
0.25	4.8	0.13	3692	3.5	0.11	3181
0.5	3.5	0.32	1093	2.6	0.29	897
1	3.4	0.54	629	3	0.51	588
1.5	3.4	0.81	419	3.1	0.88	352
2	3.3	0.49	673	2.8	0.45	622
4	2.7	0.28	964	2.3	0.27	851

## Biodistribution studies

The in vivo biodistribution comparative studies represent a great helpful for determination of pharmacokinetics and in vivo stability for F1 and F2 following different route of injection. The biodistribution studies of  $^{99m}\text{Tc}$ -Dox-AuNPs were designed in four experimental groups; group A for IT-F1, group B for IT—F2, group C for IV—F1 and group D for IV—F2 as shown in Table 1. The percentage of  $^{99m}\text{Tc}$ -Dox-AuNPs concentration per organs, blood and tumor (% ID/g  $\pm$  SEM) were calculated at predesigned time profile (0.25–4 h) post injection for F1 and F2 via IT (A and B) and IV (C and D), respectively in tumor bearing Swiss albino mice. The comparative biodistribution results are presented in Fig. 7a–d and explained that; following intravenous injection, significantly higher liver accumulation was achieved at 1 h post injection for F1 and F2 (26  $\pm$  0.6 and 23  $\pm$  0.3% ID/g, respectively) that confirms the hepatobiliary pathway of doxorubicin [58]. Following intratumoral injection, it was observed the lower blood levels of  $^{99m}\text{Tc}$ -Dox-AuNPs at 0.25 h post injection for F1 and F2 (7  $\pm$  0.32 and 8  $\pm$  0.71% ID/g, respectively). These lower blood levels of  $^{99m}\text{Tc}$ -Dox-AuNPs following intratumoral injection are desirable to control systemic side effects of the doxorubicin as cardiac side effect following IV injection [11, 59].

In Fig. 8, it is worth to note the significantly higher stomach uptake at 0.5 h post IT and IV injection of F2 (14  $\pm$  0.86 and 23  $\pm$  0.81% ID/g, respectively) than F1 (2  $\pm$  0.53 and 11  $\pm$  0.3% ID/g, respectively). The high stomach uptake may be the result of escaping of free [ $^{99m}\text{Tc}$ ]TcO<sub>4</sub><sup>-</sup> from F2 formulation and this reflect the lower in vivo stability of F2 following IT and IV injection [60].

Following intratumoral injection, significantly lower  $^{99m}\text{Tc}$ -Dox-AuNPs (F1 and F2) concentrations were detected in blood, liver and stomach tissues at all-time points. On the other hand intratumoral injection resulted in significantly ( $p < 0.05$ ) faster time (T<sub>max</sub>, 0.5 h post IT injection vs. 1.5 h post IV injection for F1 and F2) to reach  $^{99m}\text{Tc}$ -Dox-AuNPs maximum tumor levels (C<sub>max</sub>, 54  $\pm$  0.21% ID/g for F1 and 43  $\pm$  0.1% ID/g for F2 at 0.5 h post IT injection vs. C<sub>max</sub>, 13  $\pm$  0.00% ID/g for F1 and 10  $\pm$  0.4% ID/g for F2 at 1.5 h

post IV injection) as shown in Fig. 9 Particularly at early time point 0.5 h, the greater tumor  $^{99m}\text{Tc}$ -Dox-AuNPs concentration was determined following intratumoral injection of F2. These results of tumor accumulation following intravenous injection may be based on active  $^{99m}\text{Tc}$ -Dox delivery by citrate-AuNPs as a result of interaction between doxorubicin and tumor receptor and passive  $^{99m}\text{Tc}$ -Dox delivery that could be related to permeability and retention of small sized of citrate-AuNPs but the tumor accumulation following intratumoral injection were based on localized  $^{99m}\text{Tc}$ -Dox delivery system [61, 62].

Comparing the calculated T/NT (%ID/g tumor to %ID/g muscle) ratio following intratumoral and intravenous injection were explained in Fig. 10, it can be observed that; the T/NT at 0.5 h post IT injection of F1 (77  $\pm$  0.4) are significantly higher ( $p < 0.05$ ) than F2 (43  $\pm$  0.84) and also the T/NT at 1.5 h post IV injection of F1 (7  $\pm$  0.29) are significantly higher ( $p < 0.05$ ) than F2 (5  $\pm$  0.1) this reflect the selectivity of F1 via intratumoral injection. This could be related to the extension of the interstitial gaps of tumors based on doxorubicin-induced apoptosis [63, 64].

The tumor targeting efficiency and tumor to blood ratios for  $^{99m}\text{Tc}$ -Dox-AuNPs formulations (F1 and F2) were detected at each time point after IT and IV injection as shown in Table 3. Intratumoral injection resulting in a high tumor/blood (T/B) ratio that decreased by time but remained above 1 at all-time points for F1 and F2 however, after IV injection the T/B ratios were below 1 at all-time points for F1 and F2 suggesting high blood rather than tumor. As shown in Table 3, the % drug targeting efficiency (%DTE) were calculated for IT injection of F1 and F2 above 100% at all-time points strongly support the tumor uptake of [ $^{99m}\text{Tc}$ ]Tc-Doxorubicin depending on localized delivery system citrate-AuNPs.

The biodistribution comparative study explained that:

F1 and F2 showed, high brain/blood ratios higher than 1 and % DTE a above 100% specifically at early time points (0.5 h) are evident of rapid and extensive accumulation of [ $^{99m}\text{Tc}$ ]Tc-Doxorubicin in tumor with lower blood uptake prove the potentiality and selectivity of the delivery system (citrate-AuNPs) post intratumoral injection.

F1 of  $^{99m}\text{Tc}$ -Dox-AuNPs was 1.24 fold post IT injection and 1.26 fold post IV injection than F2. F1 was 3 times more quickly tumor accumulation at maximum concentration post IT delivery in addition of higher stomach uptake of F2 and therefore the F1 was higher in vivo stability than F2. This prove the loading procedure in formulation may effect on biodistribution and in vivo stability of deliver system in vivo stability of F2.

Finally, the high potentiality and selectivity of  $^{99m}\text{Tc}$ -Dox-AuNPs that prepared by direct loading of [ $^{99m}\text{Tc}$ ] Tc-Doxorubicin complex confirm the successful of citrate-AuNPs as a delivery system and  $^{99m}\text{Tc}$ -Dox-AuNPs could be used as a imaging agent for solid tumor.

## Conclusion

The gold nanoparticles delivery system was synthesized by reduction with citrate ions then functionalized with [ $^{99m}\text{Tc}$ ] Tc-Doxorubicin. The in vivo stability and biodistribution profile of  $^{99m}\text{Tc}$ -Dox-AuNPs depending on loading procedure either through direct loading  $^{99m}\text{Tc}$ -Dox on AuNPs (F1) or separately loading doxorubicin followed by technithium-99 m (F2). It was found that F1 has higher loading capacity and higher entrapment efficiency than F2 with  $Q_{8h} = 90\%$  and  $t_{50} = 2$  h. The comparative biodistribution study explained that F1 has better in vivo stability and pharmacokinetics parameters as  $C_{max} \approx 54\% \text{ID/g}$ , lower  $T_{max}$  (0.5 h), % DTE  $> 100$  and higher T/B ratio  $> 1$  via intra-tumoral (IT) with higher Target/ Non Target ratio (T/NT) of  $\approx 77$ . So, the direct formulation method of  $^{99m}\text{Tc}$ -Dox-AuNPs using performed  $^{99m}\text{Tc}$ -Dox was a preferable method for preparation and  $^{99m}\text{Tc}$ -Dox-AuNPs that could be used as a radiopharmaceutical delivery via IT for tumor diagnosis.

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## Compliance with ethical standards

**Conflict of interest** The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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