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Preparation and Characterization of Curcumin Incorporated Soy Protein Isolate Biopolymeric Films

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Abstract

Curcumin at diferent contents (0.5% to 2.5% w/w of soy protein isolate (SPI)) were incorporated in SPI flms plasticized with glycerol. Before casting into flm, desired amount of curcumin was added in small amount (5 mL) of alkaline water and subjected to sonication followed by adding to neat SPI suspension. Curcumin incorporated SPI suspensions were further characterized in terms of molecular mass by using sodium dodecyl—sulfate polyacrylamide gel electrophoresis (SDS-PAGE). SDS-PAGE profle of curcumin loaded SPI flms shows less intense bands as compared to control flms, indicating the crosslinking between SPI and curcumin. The fabricated curcumin incorporated SPI flms were structurally and morphologically characterized by Fourier transform infrared (FTIR) and scanning electron microscope (SEM), respectively. Mechanical properties of curcumin incorporated SPI flms were determined and the results showed that tensile strength and elongation at break increased from 4.57 MPa to 7.03 MPa and 129% to 244% for 2% (w/w) curcumin incorporated SPI flms. Thermal behaviour, water uptake, total leachable material and transmittance studies of curcumin incorporated SPI flms were carried out. Antibacterial activity of curcumin incorporated SPI flms against *E. coli* and *L. monocytogenes* were also studied. The film doesn't show any zone of inhibition against both the bacteria, but it reduces the growth of bacteria and at 2.5% (w/w) content of curcumin, *E. coli* doesn't grow on the curcumin incorporated SPI films.

Keywords Soy protein isolate · Curcumin · Tensile properties · Water uptake

Introduction

Petroleum based plastic materials need more than hundreds of years to decompose because of their microbial resistance leading to white pollution around the globe. Among several types of plastic materials, single-use plastics are major threat to the environment due to rampant use ultimately leading to accumulation in our ecosystem [[1–](#page-8-0)[4](#page-8-1)]. Non-biodegradable nature of plastic materials and especially single-use plastic material have compelled the researcher all over the world to focus on cost efective alternative material obtained from renewable resources which is inherently biodegradable in

 \boxtimes Rakesh Kumar krrakesh72@gmail.com; rakeshkr@cusb.ac.in nature [[5](#page-8-2)]. Biopolymers such as starch, cellulose and its derivatives [[6\]](#page-8-3), pectin [[7\]](#page-8-4), chitosan [\[8](#page-8-5)], lipids [[9\]](#page-8-6), proteins [[10–](#page-8-7)[13](#page-8-8)] have emerged as suitable alternatives to synthetic plastic. Among all these biopolymers, soy protein isolate (SPI) falling in the category of protein based biopolymers has emerged as a potential material in term of packaging flms and sheets with better barrier properties to oxygen and its water vapor permeability as compared to packaging flms obtained from lipids and polysaccharides [\[14](#page-8-9)[–16](#page-8-10)]. Mediocre mechanical strength, high water sensitivity of SPI flms with almost no antibacterial properties restrict its acceptability as packaging flms and sheets [[16](#page-8-10)[–18\]](#page-8-11). Certain kind of additives such as organic acids [[19](#page-8-12)], phenolic acids [[20,](#page-8-13) [21](#page-8-14)], and polyphenols [[22](#page-8-15), [23\]](#page-8-16) have been used to enhance the mechanical as well as water barrier properties and also to impart antibacterial properties. Sivarooban et al., fabricated SPI flm with grape seed extract to enhance the mechanical properties of SPI flm [[22\]](#page-8-15). Similarly, Ciannamea et al., prepared red grape seed extract incorporated SPI flm to impart antioxidant properties in flm as well as to enhance the water resistance in flm due to protein–polyphenol interaction [[24](#page-8-17)].

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Curcumin (bis-α, β-unsaturated β-diketone) is a low molecular weight natural polyphenolic compound [[25\]](#page-8-18). It is widely known for its medicinal use in pharma industry for its anti-infammatory, anticancer, antitumor, antioxidant, antibacterial activities and wound healing properties [[25–](#page-8-18)[28](#page-8-19)]. Curcumin has been incorporated in several biopolymers such as polylactic acid (PLA) [[29\]](#page-8-20), collagen [[30](#page-8-21)], cellulose [\[31](#page-8-22)], gelatin [\[32](#page-8-23)], cellulose acetate [\[33](#page-8-24)] and hydrogel-silver nanoparticles [\[34\]](#page-8-25) for the preparation of composite membranes of antibacterial nature as well as wound dressing materials. Liu et al., has incorporated curcumin in chitosan (a hydrophobic natural polymer) to prepare blend flm that show increase in tensile strength from 6.62 MPa to 11.84 MPa and also the increase in zone of inhibition against *S. aureus* and *R. solani* [\[35](#page-8-26)]. Curcumin has been incorporated in SPI (hydrophilic natural polymer) to form SPI-curcumin complex at pH 2, 3 and pH 7 [\[36](#page-8-27)[–38\]](#page-8-28). At pH 2, cold-set mixed proteinpolysaccharide self-supported gels with high stability were obtained from 15% (w/v) SPI, 0.1% (w/v) xanthan gum and 5 mM of CaCl, $[36]$ $[36]$ $[36]$. Recently, the emulsifying properties and emulsion oxidative stability of SPI after complexation with curcumin at pH 3.0 and 7.0 have been investigated so as to encapsulate water-insoluble bioactive compounds in functional food [\[37,](#page-8-29) [38\]](#page-8-28). Limited studies have been done for curcumin incorporated biopolymeric flms [[30–](#page-8-21)[32](#page-8-23), [35,](#page-8-26) [39](#page-8-30)] and almost no study has been reported for curcumin incorporated SPI flms.

In this research paper, we have fabricated SPI flm with curcumin at pH 9 to 9.5 by taking the concept of formation of protein phenol conjugates by alkaline method and ultrasonic heat treatment to curcumin for improved interaction [[40](#page-9-0)[–42\]](#page-9-1). Prior to formation of SPI incorporated SPI flms, molecular mass profles and structural changes of curcumin incorporated SPI suspension were carried out by sodium dodecyl—sulfate polyacrylamide gel electrophoresis (SDS-PAGE) analysis and UV–Visible spectroscopy. The as-prepared flms were characterized morphologically and structurally by scanning electron microscope (SEM) and Fourier transform infrared (FTIR) spectroscopy respectively. Mechanical, thermal, water uptake, antibacterial, and transmittance studies of curcumin reinforced SPI biopolymeric flms were also carried out.

Materials and Methods

Materials

Soy protein isolate was procured from Zhenghou Ruikang Enterprise Co., Ltd. (Zhengzhou, China) having a purity of 90.27% (on dry basis). Curcumin and Luria Bertani (LB) powder was obtained from HiMedia. Glycerol as a plasticizer was acquired from Fisher Scientifc and sodium hydroxide pellets was purchased from Titan Biotech Ltd. *E. Coli /*BL 21strain was procured from Gbiosciences. *L. monocytogenes* (MTCC 839) was purchased from IMTECH Chandigarh, India.

Sample Preparation

Samples were prepared in flm form using solution casting method. SPI flm (7% w/v) was fabricated by preparing a SPI suspension. In the frst step, 1.05 g of glycerol (30% w/w of SPI) was added in 50 mL of water and the pH and temperature were maintained in the range of 9.5 to 10 with the help of 0.1 N NaOH and 60 °C, respectively. In the second step, 3.5 g of SPI (7% w/v) was gradually added to the plasticized water solution under stirring condition and the mixture was stirred for 1 h at 60 °C to get SPI suspension. The pH of resulting SPI suspension was again adjusted to 9.5–10 with the help of 0.1 N NaOH. After 1 h, the SPI suspension was kept in vacuum desiccator to remove air bubbles. Resulting suspension was then poured on silicon coated glass plate with a dimension of 15 cm \times 10 cm and placed at 60 °C for 24 h without disturbance. The resulting SPI flm fabricated on glass plate was maintained at 75% RH for 4–5 h so that of dried SPI film could be peeled off from the glass plate very easily.

The above mentioned protocol was also followed for preparation of curcumin incorporated SPI flm with slight modifcation. It has been reported that curcumin tend to agglomerate in water as it is hydrophobic and it only gets dissolved in water at high pH [[40,](#page-9-0) [42](#page-9-1)], so curcumin was dissolved initially in water at high pH. For this, 5 mL distilled water was taken in falcon and its pH was adjusted between 9.5 and10 with the help of 0.1 N NaOH. Then 0.35 g of curcumin (0.5% w/w of SPI) was added in 5 mL alkaline water and subjected to sonication. Afterward that 5 mL sonicated curcumin solution was added to neat 45 mL SPI suspension (obtained after 30 min stirring) to adjust the volume of 0.5% curcumin incorporated SPI suspension to 50 mL. The remaining 30 min stirring was done for 0.5% curcumin incorporated SPI suspension to complete total of 1 h stirring. Following same method as discussed in previous paragraph, 0.5% curcumin incorporated SPI flm, designated as S-0.5CU, was prepared and peeled off. Hence, the SPI flms prepared at all contents of curcumin were designated as S-0CU, S-0.5CU, S-1.0CU, S-1.5CU, S-2.0CU, S-2.5CU, here the numeric values denote the percentage of curcumin with respect to SPI.

Molecular Mass Profle by SDS‑PAGE

Protein profle of prepared suspension in presence of different contents of curcumin was done using SDS-PAGE electrophoresis. For this study, sample suspension of each concentration of curcumin incorporated SPI suspension as well as neat SPI suspension was prepared by following procedure. Sample was mixed in a sample bufer (1 M Tris–HCl (pH 6.8) containing 10% (w/v) SDS, glycerol, β-mercaptoethanol, and 1% (w/v) bromophenol blue). β-mercaptoethanol cleaves disulphide bonds present in SPI and together with SDS it ensures unfolding of SPI thus transforming the secondary structure of protein to primary structure. The prepared samples were heated at 95 °C for 15 min and centrifuged at 12,000 rpm for 5 min at 4 °C. 5 µL of each concentration of curcumin incorporated SPI and neat SPI suspension was loaded onto each respective well of the polyacrylamide gel made of 5% stacking gel and 12% separating gel. The electrophoresis was carried out in a Hoefer electrophoresis unit (model miniVE, Hoefer, Holliston, MA, USA) using a current of 20 mA followed by staining with Coomassie blue R-250 in 40% (v/v) methanol and 10% (v/v) acetic acid and destaining with 45% (v/v) methanol and 10% (v/v) acetic acid. Wide-range molecular weight protein markers (Biorad Precision plus protein dual colour marker) were used to estimate the molecular weight of the proteins in presence of diferent content of curcumin.

UV–Visible Spectroscopy

The binding of curcumin with SPI was quantified by UV–Visible spectrophotometer from Motras Scientifc. The absorbance of curcumin and SPI was measured by preparing stock solution of neat curcumin (4 µg/mL) and neat SPI i.e., S-0CU (980 µg/mL) at 426 nm [\[37](#page-8-29)]. Curcumin's absorbance was measured at a constant SPI concentration (980 µg/mL) in the presence of diferent curcumin concentration 0.5% (4.9 µg/mL), 1.0% (9.8 µg/mL) and 2.0% (19.6 µg/mL). In this case, free curcumin samples without SPI were used as control, and absorbance was similarly recorded. The full wavelength UV–Vis absorption spectra of neat curcumin and curcumin incorporated SPI suspension were also carried out to show the interaction between curcumin and SPI.

Antimicrobial Studies

Curcumin incorporated SPI flms were subjected to *E. coli* (Gram negative bacteria) and *L. monocytogenes* (Gram positive bacteria) for their antibacterial property if any. For this experiment, frstly the bacteria (both *E. coli* and *L. monocytogenes*) were revived overnight in 10 mL of LB broth in a shaker incubator at 37 °C. After that 10 μL of revived culture was taken (OD of 0.4 equivalent to 3.2×10^4 bacteria) and spreaded on plates, respectively for both the bacteria. Three plates for each concentration of S-0CU, S-0.5CU, S-1.0CU, S-1.5CU, S-2.0CU, S-2.5CU was prepared for both bacteria and the films $(1 \text{ cm} \times 1 \text{ cm})$ were placed on each plates. Afterward the plates were incubated in static

condition overnight at 37 °C to observe for bacterial growth after incubation.

Minimal inhibitory constant (MIC) of the bacteria was checked using Kirby-Bauer test. For this study, petri plates were spreaded with *E. coli* and *L. monocytogenes* and labelled for the diferent concentration of curcumin solution (87 mg curcumin in 50 mL water). Plates were punched to make wells at each labelled concentrations and the respective concentration of curcumin solution was added to the wells ranging from 10 to 60 μ L (at an interval of concentration of 10 μL), where 1 μL solution contains 1.74 μg of curcumin. Afterwards the plates were incubated in static condition overnight and observed.

Characterizations

FTIR – Neat and curcumin incorporated SPI sample flms were subjected to FTIR spectrophotometer from Perkin-Elmer, USA to record spectra. Sample flms were scanned from a wavelength of 4000 to 400 cm^{-1} with a resolution of 4 cm⁻¹ by infrared spectroscopy. 32 scans were taken at room temperature and the average of these scans was used to report the spectra.

Tensile strength – ASTM D 882 was followed to determine the tensile properties of sample flms. Young's modulus, tensile strength and elongation at break of neat and curcumin incorporated SPI flms were measured by Universal Tensile Testing machine (Zwick, Germany) at IIT Patna. Sample dimension was $8 \text{ cm} \times 1 \text{ cm}$ with a thickness of ~ 0.2 mm and cross head speed of 30 mm/min. Total of 5 tests were performed for every samples and the average value of fve tests was reported as the tensile properties of sample films.

Thermogravimetric analysis – Thermal stability of the sample was determined using thermogravimetric analysis (TGA) instrument, TA Instruments, SDTQ600 (New Castle, DE, USA). The sample $(10±2$ mg) was placed in an alumina pan and heated in the temperature range from room temperature to 700 °C under nitrogen atmosphere (at a gas flow rate of 100 mL/min) at a heating rate of 20 °C/min. The temperature at which maximum degradation takes place is denoted by T_{max} . Char yield is obtained from the weight (%) vs. temperature curve.

Transmittance – This experiment was carried out using UV-2550 spectrophotometer (Shimadzu, Japan). For this experiment, sample films having a dimension of $4 \text{ cm} \times 1 \text{ cm}$ was prepared and exposed to a wavelength ranging from 200 to 700 nm. The generated data was used as transmittance data.

SEM study – Cross-section morphology of neat and curcumin incorporated SPI flms were carried out by SEM (EVO-SEM 15/18 (Carl Zeiss Microscopy, Ltd)) at an accelerating voltage of 20 kV. The samples were coated with gold prior to subjecting it to morphology experiment.

Water uptake – ASTM D570-81 was followed for water uptake studies. Sample flms of neat and curcumin incorporated SPI films were prepared in a dimension of $1 \text{ cm} \times 1 \text{ cm}$ (in triplets) and preconditioned at 60 \degree C for 24 h in the incubator followed by 1 h of cooling in desiccator maintained at 0% RH by using silica gel. Afterwards initial weight (W_0) was taken, and flm strip was transferred in well labelled bottles flled with distilled water and left undisturbed for 24 h. After the designated period, strips was carefully taken out and kept on tissue paper to remove water from strips surface and the strips were weighed again (final weight W_1). The percentage water uptake of each strip was then calculated using below mentioned formula and the average water uptake percentage of all three strips of each concentration was reported as fnal water uptake value of the flm.

Water Uptake(
$$
\%
$$
) = $\frac{W_1 - W_0}{W_0} \times 100$

Total leachable material – Total leachable material was tested to fnd out any leaching of curcumin from SPI flm. For this study test tubes were taken, designated for each sample and weighed (M_0) . 1 cm × 1 cm of sample from each sample flms were cut in triplicates, preconditioned and placed in the designated test tubes. 1 mL of water was added in the tube and left for 24 h. Afterward the flm was taken out from the tube and the residual water of the test tube was dried followed by weighing (M_1) . Total leachable material was obtained using below mentioned formula.

Total leachable material (%) =
$$
\frac{M_1 - M_0}{M_0} \times 100
$$

Results and Discussion

Molecular Mass Profle by SDS‑PAGE

Figure [1](#page-3-0) depicts the molecular mass profle of neat and curcumin added SPI flms. SPI is an impure protein of different molecular masses which contains major components of 7S and 11S. A band at 22 KDa represents the basic subunit while a band at 35–39 KDa represents the acidic subunit of glycinin (11S). Three distinct bands were observed at 50–52 KDa, 79 KDa and 85–89 KDa that represented the β, α and α' subunits of beta-conglycinin (7S) fraction. From this gel image, it is evident that upon incorporation of curcumin, the intensity of the bands decreased as compared to the bands of neat SPI flms. This may indicate towards the protein–polyphenol crosslinking, as curcumin

Fig. 1 SDS–PAGE analysis for 3 μL of marker in lane 1, and 5 μL of neat and curcumin added samples in increasing concentration in respective lanes. Lane 2, lane 3, lane 4, lane 5, lane 6 and lane 7 represent S-0CU, S-0.5CU; S-1.0CU; S-1.5CU; S-2.0CU; and S-2.5CU, respectively. Numbers on left are the molecular masses of marker proteins in kDa

Table 1 Absorbance of neat curcumin and curcumin incorporated SPI suspension at 426 nm

Sample	Concentration of curcumin Absorbance $(\mu g / mL)$	
CU (Curcumin)		0.037
S-0.5CU	4.9	0.094
$S-1.0CU$	9.8	0.152
$S-2.0CU$	19.6	0.288

is rich in polyphenol. Insaward et al., also reported that incorporation of polyphenol induces the protein polyphenol crosslinking which results in decreased band intensity [[43](#page-9-2)].

UV–Visible Spectroscopy

Table [1](#page-3-1) and Fig. [2](#page-4-0) show the result of absorbance study of neat curcumin and curcumin with SPI at diferent concentrations. Upon addition of curcumin in SPI till S-2.0CU, the absorbance increases signifcantly from 0.037 to 0.028 and it is higher than that of neat curcumin at almost same concentration even for S-2.5CU. The increase in absorbance indicates towards the complexation of curcumin with SPI. Chen et al., in 2015 also suggested that SPI forms complexes with curcumin, through hydrophobic interactions resulting in improved solubility and stability of curcumin [[41](#page-9-3)]. It has been reported that the solubility of free curcumin in water is 11 μ g/mL [[37,](#page-8-29) [41](#page-9-3)] while in our study we have added upto 24.5 µg/mL which suggested towards the increased solubility of curcumin in SPI, however it is less than the highest load capacity of curcumin (at a protein concentration of 3.5%, w/v) $[41]$.

Fig. 2 Absorption spectra of the SPI and the SPI–curcumin suspension. The curcumin bound to SPI shows absorption maxima at 426 nm

Visual Inspection and Transmittance of Curcumin‑SPI flm

Figure [3](#page-4-1)a shows the visual appearance of as prepared curcumin loaded SPI flms. The photo clearly depicts that the colour of as-prepared flm changes after incorporation of curcumin. The neat flms without curcumin is pale yellow in appearance and the colour of curcumin incorporated flms changed from brown to brown red and fnally to intense dark brown with increasing content of curcumin SPI. Similar changes in colour were reported for SPI and other protein incorporated with cafeic acid, ferulic acid, gallic acid and catechin [\[43](#page-9-2), [44\]](#page-9-4). It was suggested that the colour of the protein flm changes due to phenolic-protein interaction and type and contents of phenolic compounds [\[42\]](#page-9-1).

Figure [3](#page-4-1)b shows the transmittance curves for curcumin incorporated SPI samples in the visible range from 200 to 800 nm. As the contents of curcumin increases, the transmittance decreases and also the barrier properties of the curcumin incorporated SPI flm to UV light are observed. The transmittance for S-0CU is reported as 97.83% and it decreases to 88.46% for S-2.0CU.

Mechanical Properties

Figure [4](#page-5-0) depicts the mechanical properties of curcumin loaded SPI flm. Data indicates that the tensile strength and elongation at break for curcumin incorporated SPI flms are higher than that of neat SPI flm. Similar trend was observed for curcumin incorporated chitosan blend flm [[35\]](#page-8-26). Tensile strength and elongation at break increases from 4.57 MPa to 7.03 MPa and 129% to 244% for S-2.0CU when compared to neat flm. While Young's modulus decreased from 43.30 MPa to 28.07 MPa for S-1.5CU but for S-2.0CU it remained almost same. A possible reason behind increased mechanical strength of curcumin incorporated SPI flms can be the presence of polyphenol in curcumin which facilitate protein-phenol interaction as reported by Sivarooban et al., for grape seed extract incorporated SPI flm [\[22](#page-8-15)].

Thermogravimetric Analysis

Figure [5](#page-5-1) shows the thermogravimetric analysis (TGA) and diferential thermogravimetry (DTG) curves of the curcumin incorporated SPI samples in the nitrogen environment. The char yield for curcumin incorporated SPI flms during the whole thermo-degradation period was higher than that for neat SPI except for S-2.0CU thus indicates improvement of thermo-stability of the curcumin incorporated SPI flms (Fig. [5](#page-5-1)a). In Fig. [5](#page-5-1)b, thermal decomposition of curcumin incorporated SPI flms is divided into three stages. The

Fig. 4 Mechanical properties of curcumin incorporated SPI flms

first stage (T_{max1}) is from room temperature to 125 °C and it is attributed to the evaporation of water from the samples. The weight loss in the second stage (T_{max2}) in the temperature range of 175–288 °C is mainly related to the evaporation of glycerol that has been added as a plasticizer as well as decomposition of substituent groups present in SPI-curcumin complex. The values of T_{max2} increased from 259 °C for S-0.5CU to 261 °C for S-2.5 CU thus indicating that the evaporation of plasticizer occurs at higher temperature at higher content of curcumin in SPI. Weight loss (T_{max3}) from at 308–525 °C is attributed to the degradation of protein backbone of SPI-curcumin complex. The values of T_{max3} also increased from 325 °C for S-0.5CU to 327 °C for S-2.5CU and that may be due to increasing amount of two benzene rings of curcumin at higher content of curcumin in SPI. The TGA and DTG results indicated that the addition of curcumin in SPI increased the thermal stability of curcumin incorporated SPI flms.

FTIR Studies

Figure [6a](#page-5-2) shows the FTIR spectra of curcumin loaded SPI flms. In neat SPI flm, amide A broad band can be observed between 3200 and 3300 cm−1 which is generated due to N–H stretching. The curcumin incorporated SPI flms shows a slight shift from 3284 to 3264 cm^{-1} indicating an interaction between SPI and curcumin. The peak at 1630 cm−1 indicates the amide I band of protein attributed to $C=O$ stretching. Amide II bands can be observed at 1539 cm−1 and that peak is generated due to interaction between -CN stretching and -NH bending of SPI [[19](#page-8-12)]. The peak at 1261 cm^{-1} also

represents the interaction between -CN stretching and -NH bending and is attributed to amide III band. In curcumin, there is presence of aromatic rings and ketonic groups and that is the reason it is difficult to detect any new peaks because both these functional groups are already present in SPI also.

Curcumin incorporated SPI samples were monitored at 1700–1475 cm^{-1} regions that can give some information regarding the changes in the secondary structure of SPI (Fig. [6b](#page-5-2)). In this range, two typical peaks at 1630 cm−1 and 1539 cm−1 are associated with amides I and II, respectively. The peaks at 1630 cm⁻¹ refer to β -sheet of SPI [[45,](#page-9-5) [46\]](#page-9-6). The changes in amide I bond are more signifcant as compared to amide II bands. Till 1.5% of curcumin in SPI there is increase in amide 1 band and at above that content till 2.5% curcumin there is decrease in amide 1 band as compared to neat SPI. It is well-known that the secondary structure of SPI is stabilized by hydrogen bonds between functional groups of amino acids, including $C=O$ and N–H. The rearrangement in the hydrogen-bonding network of the protein molecule cause changes in amide vibrational modes [\[47,](#page-9-7) [48](#page-9-8)]. The interactions of curcumin with amino acid residues of SPI can reorganize the hydrogen-bonding network and, fnally, the protein structure that is evident from the change in amide 1 band of curcumin incorporated SPI flm [\[49](#page-9-9)].

Water Uptake and Total Leachable Material

The magnitude of water uptake values does have efect on quality of the bioflms if it is used for packaging application. Water uptake values of SPI flm before and after adding curcumin are shown in Fig. [7](#page-6-0)a. Neat SPI flm showed water uptake of 171% which was similar to the several results cited in the literatures [[14](#page-8-9), [19\]](#page-8-12). Neat SPI flm is hydrophilic in nature and the values of water uptake increased further after addition of curcumin that shows more hydrophilic nature of curcumin incorporated SPI flm [[35\]](#page-8-26). Tapal and Tiku in 2012 suggested that SPI enhances the solubility of curcumin, due to hydrophobic interaction between curcumin and SPI, which may expose the hydrophilic group of SPI leading to higher water uptake [[37\]](#page-8-29).

It has been reported that curcumin gets incorporated in SPI and forms complexes [[41\]](#page-9-3). The formation of SPI-curcumin complex restricts the leaching of material and hence the leaching of curcumin incorporated SPI flms is less and that is around 0.25% for S-2.0CU that showed highest tensile strength (Fig. [7](#page-6-0)b) [\[41](#page-9-3)].

Morphological Studies

Figure [8](#page-7-0) shows the cross-sectional SEM images of neat and curcumin incorporated SPI flms. The SPI flm exhibits a relatively less coarse surface. In S-0.5CU the obvious change of cross sections can be observed in form of etched cross sectional morphology. The etched cross sectional morphology further progressed with the increase in the contents of curcumin. The original cross sectional structure of SPI is destroyed at high contents of curcumin in SPI matrix [[50\]](#page-9-10).

Antibacterial Properties

Figure [9](#page-7-1) indicates the action of neat and curcumin incorporated SPI flms against *E. coli* and *L. monocytogenes*. It has been reported that SPI does not exhibit antibacterial efficacy and similar result is found here [[14](#page-8-9)]. Neat SPI i.e., S-0CU is completely covered by both the tested bacteria after 24 h of incubation. The incorporation of curcumin reduces the growth of bacteria on curcumin incorporated SPI flm and clearly no visible growth of *E. coli* on S-2.5CU flm was observed. Reductions in growth of bacteria on SPI after incorporation of curcumin in SPI flms indicate the predominance of antibacterial efect of neat curcumin.

Minimum Inhibitory Concentration (MIC) Study

Figure [10](#page-7-2) depicts the spot assay test for MIC study. The contents of curcumin for spot assay was maintained almost similar to that have been used in preparation of curcumin incorporated SPI flms. However, zone of inhibition for both the bacteria upon exposure to curcumin were not observed despite of the antibacterial nature of curcumin. This may be due to the less concentration of curcumin in solution.

Fig. 7 Water uptake (**a**) and total leachable material (**b**) values of neat and curcumin incorporated SPI flms

Fig. 9 Antibacterial study of neat and curcumin incorporated SPI flms against *E. coli* and *L. monocytogenes*

Fig. 10 Spot assay of curcumin incorporated SPI flms against *E. coli* and *L. monocytogenes*

Conclusion

Curcumin incorporated SPI flms with improved properties were successfully fabricated. Crosslinking between curcumin and SPI was evident by decreased intensity of bands upon addition of curcumin in SPI as evident from SDS-PAGE profle. FTIR study shows the changes in amide I and amide II bands, in curcumin incorporated SPI flms that can be due to curcumin induced hydrogen bonds rearrangements in SPI matrix. Curcumin incorporation improved the thermal and mechanical properties of SPI flms as compared to neat flm. Tensile strength and elongation at break increase from 4.57 MPa to 7.03 MPa and 129% to 244% for S-2.0CU when compared to neat flm. This may be attributed to the presence of polyphenols in curcumin, which is known to interact with protein. Curcumin incorporation increased the water sensitivity of SPI flms that can be due to the fact that SPI induced improved solubility of curcumin through hydrophobic interactions. The incorporation of curcumin reduces the growth of *E. coli* and *L. monocytogenes* on curcumin incorporated SPI flm and *E. coli* doesn't grow on S-2.5CU flm indicating towards the proven antibacterial properties of curcumin.

Author Contributions Statements are not mandatory.

Data Availability Not applicable.

Code Availability Not applicable.

Declarations

Conflicts of interest The authors declare that they have no known competing fnancial interests or personal relationships that could have appeared to infuence the work cited in this paper.

Ethical Approval Not applicable.

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