**ORIGINAL PAPER**



# **Optimization and Characterization of Bioactive Biocomposite Film Based on Orange Peel Incorporated with Gum Arabic Reinforced**  by Cr<sub>2</sub>O<sub>3</sub> Nanoparticles

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## **Abstract**

In this paper, the effect of adding gum arabic at levels of  $0-5\%$ , and chromium oxide nanoparticles (Cr<sub>2</sub>O<sub>3</sub> NPs) at levels of  $0-3\%$ , were optimized on orange peel-based films by response surface methodology. The obtained results reveal a significant increase in water vapor permeability, weight loss, tensile strength, and Young's modulus of flm samples by increasing the percentage of both gum and nanoparticles ( $p < 0.05$ ). Moreover, the addition of gum arabic and  $Cr_2O_3$  NPs decreases the thickness, water-solubility, *L\**, *a\**, *b\** indexes while increasing the elongation to the breaking point. Furthermore, the moisture content of the flm samples was decreased by the addition of nanoparticles, however, the addition of gum arabic increased this parameter. The obtained results from the morphology of the samples indicated an increase in both roughness and cracks by increasing the percentage of nanoparticles as well as creating a smooth surface with the addition of gum arabic. Besides, the results of Fourier-transform infrared spectroscopy revealed no new peak in the prepared samples, as compared to the control sample. The results of X-ray difraction indicated that the addition of gum arabic and nanoparticles simultaneously caused the formation of new crystals and increasing the crystallinity of the flms. Based on Thermogravimetric analysis results, the thermal stability of flms containing the nanoparticles increased, as compared to the control sample. In the meantime, the addition of gum and nanoparticles increased the antimicrobial properties of the flm samples, as compared to the control. Overall, those films created by the orange peel including gum arabic and  $Cr_2O_3$  NPs could enhance the mechanical properties and water vapor permeability of the samples.

**Keywords** Biodegradable film  $\cdot$  Orange peel powder  $\cdot$  Acacia gum  $\cdot$  Cr<sub>2</sub>O<sub>3</sub> nanoparticles  $\cdot$  Central composite design

# **Introduction**

Plastic, well-known as one of the best human products, has now become a major challenge for both the environment and humans since it is an indestructible material with a shelf life of approximately 300 years. Here, it should be mentioned that the big volume of discarded plastics resultant from the

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packaging of food and hygiene products, now has created several problems, the most obvious of which is the irreparable damage to water, soil, air, and creatures [\[1](#page-12-0)].

By increasing the population as well as pressure on the restricted resources and the environment, the use of renewable resources to produce edible and biodegradable flms has become increasingly important, which can improve product quality or decrease the waste disposal problems [[2,](#page-12-1) [3](#page-12-2)]. Antimicrobial packaging as an active packaging type is one of the packages, which has recently been widely used to increase the shelf life of food [\[4](#page-12-3), [5\]](#page-12-4). Antimicrobial food packaging acts to inhibit or delay the growth of microorganisms possibly existing in the food package or the packaged food. Metal oxide nanoparticles are among the compounds used in the antimicrobial packaging, among which, special attention has been paid to the formation and properties of chromium  $(Cr_2O_3)$ , as an important heterogeneous coating

material, abrasion-resistant catalyst, solar energy storage, and high coloring.

Gums are one of the natural polymers that are recently utilized to synthase the packaging materials. Gums or hydrocolloids have been used since 5000 years ago [[6](#page-12-5), [7\]](#page-12-6). They are generally consumed in the food industry to change the texture, rheological properties and preserve the appearance of food as a result of their ability to stabilize emulsions and water storage [[8](#page-12-7)]. Gum Arabic is one of the types of hydrocolloids, which is the best type of gum because of its emulsifcation and encapsulation properties for use in oilin-water emulsion systems [[9](#page-12-8)]. Other advantages of gum arabic include its cost-efectiveness, high concentration, and widespread use of various products [[10](#page-12-9)].

Orange fruit is widely used around the world as fresh produce and juice. Its peel is often discarded as waste, which includes insoluble fbers (cellulose, hemicellulose and lignin), soluble fber (pectin), and various secondary compounds with antioxidant and antimicrobial properties (limonene, myrcene, α-farnesene, γ-terpinene, α-pinene, β-pinene, and α-terpinolene). There has been an increasing interest in the incorporation of biofller from low economic value by-products in biocomposites as natural additives to improve the functionality of biopolymer packaging materials. Orange peels are promising biofller candidates for biocomposites production. This biofller is widely available, cost-efective, and biodegradability, which can propose great opportunities to improve value-added and environmentally friendly structural composites from waste [[11–](#page-12-10)[13\]](#page-12-11).

In this paper, the orange peel powder was used as base component to prepare the packaging flm. For this purpose, the efect of gum arabic and chromium oxide nanoparticles  $(Cr<sub>2</sub>O<sub>3</sub> NPs)$  concentrations on phsical, barrier, and appearance properties of biodegradable flm based on orange peel was optimized. Then the mechanical, structural, thermal, and morphological properties of optimizd active flms were characterized.

# **Materials and Methods**

# **Materials**

The oranges (Valencia cultivar) were bought from the local market of Urmia, Iran. Gum Arabic,  $Cr_2O_3$  NPs, corn starch, glycerol, calcium nitrate, calcium sulfate, potassium sulfate, sodium hydroxide, sodium chloride, and methanol 99.8% were from Merck (Darmstadt, Germany). 2,2-diphenyl-1-picrylhydrazyl (DPPH) was made by Sigma-Aldrich (St. Louis, MO, USA). The Nutrient agar culture medium was bought from the Merck (Darmstadt, Germany). Moreover, the standard strains of *Staphylococcus aureus* PTCC 1431 and *Escherichia coli* PTCC 1763 were purchased from the Iran Industrial and Scientifc Research Organization, Tehran, Iran.

## **Preparing Orange Peel Powder (OPP)**

The orange peel was dried at room temperature after washing and ground. After sieving, the resulting powder was covered in a plastic bag and was stored in the refrigerator [[14](#page-12-12)].

#### **Film Preparation**

At frst, two grams of orange peel were dispersed in 100 mL of distilled water and then stirred for 20 h on a heated mixer at 30 °C at 250 RPM. Then, after 20 h, 40% glycerol (based on the dry weight of orange peel) was added and stirred again for 30 min. In the end, after fltration, the prepared solution was poured into 35 mL plates and then dried at room temperature [[14\]](#page-12-12).

## **Film Characteristics**

## **Thickness**

The flm thickness was measured using a digital micrometer at fve random points of each flm (around and center of each flm). Afterward, the average thickness of diferent points of each flm was utilized to calculate the mechanical properties and water vapor permeability [\[15](#page-12-13)].

#### **Weight Loss Percentage**

To measure the weight loss of the flms, small pieces of the flm were dried in an oven at 105 °C for 24 h. Then, the weight of the flms was recorded before and after drying in the oven. The amount of weight loss was then calculated as the percentage of initial weight loss as follows:

$$
Weight loss = \frac{(W_0 - W1)}{W_0}
$$
 (1)

where  $W_0$  means the initial dry weight,  $W_1$  represents the fnal dry weight [[16\]](#page-12-14).

## **Measuring the Moisture Content of the Films**

The films were cut into  $2 \times 2$  cm and then weighed carefully. Afterward, they were placed in aluminum dishes and dried in an oven at 105 °C for 24 h. The moisture content was calculated based on the diference between the initial and final weight of the samples  $[17]$ .

#### **Water Solubility**

To measure the water solubility of the flms, the flm samples were prepared in  $2 \times 2$  cm. They were placed in an oven at 110 °C for 6 h to obtain the initial dry weight. After weighing  $(W_1)$ , the samples were immersed in the sealed dishes containing 50 mL of distilled water. The dishes were stirred as cross-sectional at 25 °C for 18 h. Then, the flms were removed from the water and again placed in an oven at 110 °C for 6 h to achieve a constant weight. By re-weighing, the samples, the fnal dry weight  $(W<sub>2</sub>)$  was obtained. The percentage of water solubility was calculated as follows [[18](#page-12-16)]:

$$
\%WS = \frac{W_1 - W_2}{W_1} \times 100
$$
 (2)

where  $W_1$  is the initial dry weight and  $W_2$  denotes the final dry weight.

#### **Measuring Water Vapor Permeability (WVP)**

ASTM E96-05 method is employed to measure water vapor transfer (ASTM, 2005) using the special vials. There was a 5 mm diameter hole in the lid of these vials, in which a piece of flm was placed. Then, 3 g of calcium sulfate was placed in vials. A piece of flm was cut and then placed in the lid of the vial, and closed on the vial. The vials were weighed with all the contents and then placed in a desiccator containing a saturated solution of potassium sulfate. To ensure saturation, some precipitate of potassium sulfate was allowed to form on the bottom of the desiccator. Saturated potassium sulfate at 25 °C produces a relative humidity of 97%. Then, the weight of the vials was measured every 4 days for several hours.

The amount of water vapor transferred from the flms was determined by increasing the weight of the vials. The weight gain curve of the vials over time was plotted, and after calculating the linear regression, the slope of the resulting line was calculated. Dividing the slope of the line associated with each vial by the total surface area of the flm exposed to water vapor transfer, the water vapor transfer rate (WVTR) is obtained. The water vapor permeability (WVP) was then calculated as follows:

$$
WVP = \frac{WVTR}{P(R_1 - R_2)} . X
$$
 (3)

where X means the film thickness  $(m)$ , P denotes the pure water vapor pressure at 25 °C (3169 Pa),  $R_1$  refers to the relative moisture in the desiccator (97%), and  $R_2$  is the relative moisture inside the vial (0%). The test was implemented on each sample in three repetitions.

#### **Measuring Color Properties**

A Colorimeter Minolta (Model CR-410, Tokyo, Japan) was employed to specify the surface color of the flm samples. The results were exhibited in light–dark (*L\**), green–red (*a\**), and blue-yellow (*b\**) [[19\]](#page-12-17). Besides, the whiteness index (*WI*) and Chroma  $(C^*)$  were calculated using the following equations:

$$
WI = 100 - \sqrt{(100 - L^*)^2 + a^{*2} + b^{*2}}
$$
\n(4)

$$
Chroma = \sqrt{(a^*)^2 + (b^*)^2}
$$
 (5)

#### **Measuring Mechanical Properties**

The mechanical properties of the flm samples were specifed using the tensile tests by a Texture Analyzer (TA.XT plus texture analyser, Stable Micro systems, UK) based on the instructions of the ASTM D882-10 standard method. To implement the tensile test, the samples (with two replication for each sample) were conditioned in a desiccator including the magnesium nitrate saturated solution with relative moisture of  $50 \pm 5\%$ for 24 h. Then, they were cut into rectangular strips, and both longitudinal ends of each flm were placed between the two jaws of the device [\[20](#page-12-18)]. By initiating the test operation, the flm was pulled between the two jaws until it was torn, based on which the work process appeared as a stress–strain diagram. The tensile strength, elongation at the breaking point, and the modulus of elasticity properties of the flms were calculated as follows:

$$
Ultimate tensile strength = \frac{F_{max}}{A}
$$
 (6)

$$
Elongation at break = \frac{L_{max}}{L_0} \times 100
$$
 (7)

Young's modulus = 
$$
\frac{(F.L_0)}{(A.\Delta L)}
$$
 (8)

where A represents the film cross-sectional area  $(m^2)$ ,  $F_{max}$ denotes the maximum force at the breakpoint (N),  $L_{max}$ means the film elongation at the breakpoint  $(m)$ ,  $L_0$  is the initial length of film sample (m), F is the force (N) and  $\Delta L$ represents the changes in the length of the sample to the breaking point (m).

#### **Field Emission Scanning Electron Microscopy**

To evaluate the morphology, the surface of the flm samples was examined using a Field emission scanning electron

# **Fourier Transform Infrared Spectroscopy (FT‑IR) Test**

FT-IR (Spectrum two, Perkin Elmer, USA) was utilized in the range of 400–4000 cm<sup>-1</sup> with a resolution of 4 cm<sup>-1</sup> to survey the interactions in the flm matrix. First, the device was zeroed with KBr tablet as a control sample, and then the samples were prepared for FT-IR analysis by mixing 1 mg of completely dried samples via 150 mg of dry KBr powder. The thin tablets were prepared from each sample by compressing the mixture in a press device [[22\]](#page-12-20).

# **X‑Ray Difraction Test**

X-ray difraction pattern of the flm samples was employed to investigate the crystal structure of the prepared flms and determine the distribution of components in the polymer matrix using Siemens, model D5005, Baden-wurttemberg, Germany [\[23](#page-12-21)].

# **Thermogravimetric Analysis**

The dried flm samples were analyzed from 20 to 500 °C at a heating rate of 10 °C/min along with the pure nitrogen gas at a rate of 20 mm/min using Linseis model Sta Pt-1000, Germany [\[23](#page-12-21)].

## **Investigating Antimicrobial Properties of the Films**

To determine the antimicrobial properties of active flms, the method of penetration of antimicrobial compounds in agar medium (every 4 days) was utilized. In this method, the flms were cut into circular plates and then transferred to the nutrient agar culture medium, which was previously inoculated with  $10^5 - 10^6$  CFU/mL of *Escherichia coli* (*E. coli*) or *Staphylococcus aureus* (*S. aureus*) microorganisms. After that, petri dishes comprising the contaminated culture medium along with antimicrobial flms were kept in an incubator at 37 °C for 24 h. To obtain the degree of the microorganisms growth inhibition by the flm, the diameter of the growth inhibition zone formed around the flms was measured using a caliper [[24\]](#page-12-22).

# **Statistical Analysis**

In this paper, the effect of two numerical factors on the concentration of gum arabic (0%, 2.5%, and 5%) and  $Cr_2O_3$  NPs (0%, 1.5%, and 3%) are investigated using the response surface methodology in the form of a central composite design. In this design, 13 samples (including 4 factorial points, 4 axial points, and 5 central points are considered to estimate the mismatching and reproducibility). After implementing the experiments and data collection to test the signifcance of the factors and their interactions, the method of analysis of variance (ANOVA) and Fisher distribution was employed at the significance level of  $\alpha = 0.05$ . The software Designexpert (version 11, StatEase Inc., Minneapolis, MN, USA) was utilized to analyze the data and draw the graphs.

# **Results and Discussion**

## **Thickness**

The results indicated that by increasing the percentage of  $Cr_2O_3$  NPs, the film thickness decreased, whereas the addition of gum arabic had little efect on the flm sample thickness (Fig. [1](#page-3-0)). Overall, those flms via the highest levels of nanoparticles and gum had the highest thickness, which might be due to the increase in the solid materials [[25](#page-12-23)]. The reason for the thickness reduction behavior through increasing the nanoparticle percentage is also related to the increased density in the polymer film structure by the  $Cr_2O_3$ NPs. According to the results of several researchers, it can be concluded that the thickness of the flms changes based on the type of polymer and the added nanoparticles, and can cause the thickness to decrease, increase, or remain constant.

## **Weight Loss**

Figure [2](#page-4-0) illustrates the three-dimensional curve of the flm weight loss percentage. By increasing the gum content



<span id="page-3-0"></span>Fig. 1 The three-dimensional curve of the effect of nanoparticle-gum percentage on the thickness of flms

percentage, the flm weight loss percentage reduced while increasing the  $Cr_2O_3$  NPs, it was increased significantly (p < 0.05). It should be noted that those samples containing the highest levels of nanoparticles and no gum arabic had the highest weight loss. Moreover, the effect of the seconddegree percentage of gum and  $Cr_2O_3$  NPs on weight loss was also signifcant.

#### **Measuring the Moisture Content of the Films**

Figure [3](#page-4-1) depicts the three-dimensional curve of the effect of gum and  $Cr_2O_3$  NPs percentage on the amount of moisture. It should be mentioned that by increasing the percentage of gum, the moisture content of the flm increased, while by increasing the percentage of  $Cr_2O_3$  NPs, the moisture content of the film significantly decreased ( $p < 0.05$ ).

Besides, the moisture content of the flm increased by increasing the gum. This seems to be due to the increased compression of the flm matrix and the entrapment of more water in the flm matrix structure. On the other hand, high hydrophilicity of the gum cause more water absorption by the gum and thus increasing the moisture content of the flms [\[26](#page-12-24)]. Furthermore, the reduction in the moisture content with the addition of nanoparticles is likely due to the weak interaction of nanoparticles with the hydroxyl polymer group  $[25]$  $[25]$ . Our results in terms of the effect of adding nanoparticles on reducing the moisture content of flms are in accordance with the results of Li et al. [\[27](#page-12-25)] who added zinc oxide nanoparticles to chitosan, as well as Bahrami et al. [\[25\]](#page-12-23) adding the silver nanoparticles to the films based on hydroxypropyl methylcellulose and Tragacanth.



<span id="page-4-0"></span>Fig. 2 The three-dimensional curve of the effect of nanoparticle-gum percentage on the percentage of weight loss of flms





<span id="page-4-1"></span>Fig. 3 The three-dimensional curve of the effect of nanoparticle-gum percentage on the moisture content of the flms

#### **Water Solubility**

Figure [4](#page-4-2) exhibits the three-dimensional curve of the flm solubility as a function of two variables of the gum and  $Cr<sub>2</sub>O<sub>3</sub>$  NPs percentages. The obtained results revealed that by increasing the percentage of gum and  $Cr_2O_3$  NPs, the solubility of the flm decreased. Note that the second-degree effect of gum and the linear effect of  $Cr_2O_3$  NPs were also significant.

Here, it is worth noting that solubility is an essential feature in biodegradable flms because it can resist the flm



<span id="page-4-2"></span>**Fig. 4** A three-dimensional curve of the percentage of nanoparticlegum on the water solubility of flms

compared to water, especially in the environment containing moisture such as meat products, and determine the release speed of antioxidant and antimicrobial compounds when in contact with the material food. Adding the nanoparticles increases the electrostatic bonding between flm polymer, and thus decreasing the water solubility of the flm. Some similar results are provided by adding clay nanoparticles to the flm based on pectin [\[28\]](#page-12-26). Rezaei et al. [[29\]](#page-12-27) reported that the addition of zinc oxide nanoparticles reduced the water solubility of the flms. Our results in terms of the efect of gum on reducing water solubility were in accordance with the result of Sui et al. [[30\]](#page-12-28). They found reduced water solubility by increasing the amount of Tragacanth. Khoirunnisa et al. [\[31](#page-12-29)] expressed that the addition of zinc nanoxide led to a signifcant change in the solubility of the flms, which was consistent with our fndings in terms of the efect of nanoparticles on reducing the water solubility of flm.

They described this phenomenon attributed to the possible bonding between nanoparticles and flm matrix. Some studies revealed that the addition of nanoparticles causes hydrogen bonding between nanoparticles and polymer matrix. As such, the bonding of free molecules of water and hydrophilic biopolymer groups reduced, and subsequently, the flm solubility decreased [[32](#page-12-30)].

#### **Measurement of Water Vapor Permeability (WVP)**

Figure [5](#page-5-0) illustrates the three-dimensional curve of water vapor permeability (WVP) as a function of two variables of gum and  $Cr_2O_3$  NPs. The results of the statistical analysis confirmed that by increasing  $Cr_2O_3$  NPs, the amount of WVP increases signifcantly. Moreover, by increasing the gum surfaces, the amount of WVP of the samples decreased, and then slightly increased.

Furthermore, the second-degree effect of gum and  $Cr_2O_3$ NPs was significant on WVP ( $p < 0.05$ ). Note that increasing the WVP of the flms by adding nanoparticles, is due to porous structure and gaps caused by nanoparticles [\[33\]](#page-12-31). Similar results were obtained for flms comprising *Gracilaria vermiculophylla* extract and zinc oxide nanoparticles [[33\]](#page-12-31).

#### **Measuring Color Properties**

The color and appearance of the polymer used in food packaging is an essential and efective factor for choosing and accepting the product by the consumer. Most food packaging flms are transparent and colorless. Nevertheless, in some cases, the use of the inhibitor compounds of light, and generating the color in the matrix of the packaging material are necessary, due to the sensitivity of food to light, the loss of its nutritional compounds by optical oxidation, and color matching contents with packaging material to attract the consumer attention [[34\]](#page-12-32).



<span id="page-5-0"></span>**Fig. 5** A three-dimensional curve of the percentage of nanoparticlegum on the water vapor permeability of the flms



<span id="page-5-1"></span>**Fig. 6** A three-dimensional curve of the percentage of nanoparticlegum on the *L\** index of flms

Figure [6](#page-5-1) depicts the three-dimensional curve of film lightness (*L\**) as a function of two variables of gum and  $Cr_2O_3$  NPs percentages. The obtained results of the statistical analysis revealed that by increasing the gum percentage, the flm *L\** increased; however, by increasing the percentage of  $Cr_2O_3$  NPs, the amount of the film  $L^*$  decreases significantly.

Sui et al. [[30](#page-12-28)] indicated that the higher the ratio of gum to soy protein isolate, the brighter the color of the flm will be. This is in line with our results revealing the increased *L\** along with increasing the gum. As can be observed, by increasing nanoparticles, the transparency of the flms decreases, which was in accordance with the results of Jabraili et al. [[35](#page-12-33)]. They described that by increasing the number of nanofbers, the transparency of polylactic acid films decreased. Besides, the decrease in  $L^*$  with the addition of nanoparticles may be due to the matte appearance of  $Cr_2O_3$  NPs [[25\]](#page-12-23).

Figure [7](#page-6-0) exhibits the three-dimensional curve of the *a\** index of the flm as a function of two variables of gum and  $Cr_2O_3$  NPs. The results indicated that by increasing the gum percentage, the value of *a\** index increased, while by increasing the  $Cr_2O_3$  NPs, the  $a^*$  index content of the films decreased.

In terms of the effect of nanoparticles, it could be seen that by adding nanoparticles, the value of *a\** was reduced, which was consistent with the results of Oleyaei et al. [[26\]](#page-12-24).

Figure [8](#page-6-1) illustrates the three-dimensional curve of the *b\** index of the flm as a function of two variables of gum and  $Cr_2O_3$  NPs. The results of statistical analysis indicated that by increasing the percentage of gum, the amount of *b\** index of the flm increased, while by increasing the percentage of  $Cr_2O_3$  NPs, the  $b^*$  index of the film significantly decreased. Considering the efect of nanoparticles, it can be observed that by the addition of nanoparticles, the *b\** was decreased, which was in line with the results of Oleyaei et al. [[26\]](#page-12-24).

Figure [9](#page-6-2) depicts a three-dimensional whiteness index (*WI*) as a function of two variables of gum and  $Cr_2O_3$  NPs percentage. The obtained results confrmed that the *WI* rate increased by increasing the percentage of gum, whereas by increasing the  $Cr_2O_3$  NPs, the *WI* decreased.

Figure [10](#page-7-0) exhibits the three-dimensional curve of the film as a function of two variables of gum and  $Cr_2O_3$ NPs percentage. The statistical analysis revealed that by



<span id="page-6-1"></span>**Fig. 8** A three-dimensional curve of the percentage of nanoparticlegum on the parameter *b\** index flms

increasing the gum percentage, the amount of *C\** index in the flm increased, while by increasing the percentage of  $Cr_2O_3$  NPs, the film  $C^*$  significantly decreased (p < 0.05). The *C\** denotes a measure of a color diference of gray, which can be defned as color purity. The calculation of the amount of *C\** in the samples shows the highest amount of purity in the flm samples. The results in this regard were consistent with the results of He et al. [[36](#page-13-0)]. They provided that with the addition of oxide nanoparticles, the amount of *C\** decreased.



<span id="page-6-0"></span>**Fig. 7** A three-dimensional curve of the percentage of nanoparticlegum on the parameter *a\** index flms



<span id="page-6-2"></span>**Fig. 9** A three-dimensional curve for the efect of the percentage of nanoparticle-gum on the *WI* of flms



<span id="page-7-0"></span>**Fig. 10** The three-dimensional curve of the nanoparticle-gum percentage on *C\** index of flms

<span id="page-7-1"></span>**Table 1** The data on the mechanical properties of flms based on orange peel and gum arabic

Sample	% E	YM (MPa)	TS (MPa)
<b>OPP</b>	$21.62 \pm 0.88^a$	$34.07 + 1.21^{\circ}$	$7.34 + 0.10^c$
OPP/AG	$17.69 \pm 0.67^{\rm b}$	$60.41 \pm 4.36^a$	$10.63 \pm 0.39^{\text{a}}$
$OPP/Cr_2O_3$	$21.29 \pm 0.13^a$	$50.54 \pm 0.73^b$	$10.76 \pm 0.18^a$
OPP/Cr <sub>2</sub> O <sub>2</sub> /AG	$20.95 + 0.83^a$	$41.98 + 2.10^c$	$8.76 \pm 0.20^b$

Diferent letters in each column indicate signifcance at the level of p  $< 0.05$ 

## **Measuring Mechanical Properties**

Mechanical properties are considered the most important properties of materials used in food packaging. Among the important mechanical properties of biodegradable flms are the tensile strength and tensilability to the breaking point to determine their resistances in diferent processes, transportation, and warehousing.

Table [1](#page-7-1) lists the percentage of elongation, tensile strength, and elastic modulus of samples 6, 8, 12 against the control sample (sample 13). As can be observed, by adding the gum arabic and nanoparticles in samples 6 and 12, the tensile resistance parameter has a signifcant increase, as compared to the control sample. This can be associated with the creation of appropriate interactions between flm matrix and additive materials (such as gum arabic and  $Cr_2O_3$  NPs), where this parameter increased by forming new hydrogen bonding. Furthermore, the uniformity of nanoparticles in the flms increases the tensile strength, as compared to the control sample [\[37](#page-13-1)]. Moreover, the modulus of the elasticity reveals the same process and indicates the creation of interactions in the flm matrix. This is in line with the results of Xu et al. [\[11\]](#page-12-10) in terms of the addition of the ZnO-CMC combined nanoparticles to the pea starch flm. Besides, He et al. [\[36](#page-13-0)] proposed that two parameters of elasticity modulus and tensile strength were increased by adding the zinc nanoxide to the gelatin fsh.

In this matter, the addition of titanium oxide and silver nanoparticles to the Carboxymethyl cellulose flm increased both the tensile strength and modulus of elasticity [[37](#page-13-1)]. However, in sample 8 (i.e. the sample including the highest percentage of gum arabic and chromium oxide), it can be seen the decrease in these two parameters can be associated with the lack of adequate interactions with the film matrix and the formation of bonding between nanoparticles and gum. In other words, instead of the formation of abundant hydrogen bonding with flm matrix, nanoparticles and gum create abundant hydrogen bonding with each other, which fnally would result in reducing the tensile strength elasticity modulus. Meanwhile, there was no logical process for the percentage of elongation (% E).

## **Field Emission Scanning Electron Microscopy (FE‑SEM)**

The analysis of the flm's morphology provides information on the spatial layout of diferent components in the flm, which helps understand the mechanical properties and water vapor transfer mechanisms [\[38](#page-13-2)]. In this regard, the SEM images resulting from the sample surface of the flms are depicted in Fig. [11.](#page-8-0) The SEM images show the control flm based on the dense and uniform surface of orange peel (Fig. [11](#page-8-0)a). As can be observed from Fig. [11b](#page-8-0),  $Cr_2O_3$  NPs were uniformly distributed without agglomeration of particles at the surface of the flm sample. Besides, as compared to the control sample, adding nanoparticles to flms caused rough surfaces, more cracks, and a break at the surface of the flm samples.

Oun and Rhim [[39](#page-13-3)] reported the uniform distribution of zinc oxide nanoparticles in carrageenan flms. Based on Fig. [11c](#page-8-0), the addition of gum arabic to orange peel flms caused a uniform surface with no fracture. This condition may be resultant due to intra-molecular interaction between polymer matrix. In this regard, the results of coordination were achieved for those flms based on carrageenan gum, Xanthan Gum, and Gellan gum, which were prepared with diferent proportions [\[40\]](#page-13-4).

In the images related to flms containing 5% gum and 3% of  $Cr_2O_3$  NPs, surface with more and deeper cracks and fractures, and more non-uniformity can be seen, as compared to the control sample. Besides, they had a non-homogeneous surface than the control film (Fig. [11](#page-8-0)d). These results are probably due to the interaction between polymer, gum, and <span id="page-8-0"></span>**Fig. 11** The feld emission scanning electron microscopy images (**a**) OPP, (**b**) OPP/Cr<sub>2</sub>O<sub>3</sub>, (**c**) OPP/AG, and (**d**) OPP/  $Cr_2O_3/AG$ 



nanoparticles. Martins et al. [[41\]](#page-13-5) reported that flms based on the carrageenan and lacuste gum had a uniform and dense surface and the addition of clay nanoparticles increased the roughness of the samples. Moreover, the addition of  $TiO<sub>2</sub>$ nanoparticles to flms based on carrageenan gum, Xanthan Gum, and Gellan gum, caused the roughness of the sample [\[40\]](#page-13-4).

# **FT‑IR Test**

FT-IR analysis is a useful and practical method to study and identify the intra-molecular interactions of the flm samples. FT-IR spectra of the film samples are provided in Fig. [12.](#page-9-0) The peaks of the film are in the range of 600  $cm^{-1}$ to 4000 cm−1. The FT-IR spectra of the control flms were almost similar to other flm samples and there was no signifcant change in their functional groups. Meanwhile, there was no new peak in the flm samples, indicating no change in the pectin-based flm of the orange peel comprising gum arabic and nanoparticles. Overall, the position and severity of changed peaks are related to the interaction between nanoparticles and gum arabic with a polymer matrix. The peak index in 325 cm−1 reveals the tensile vibrations of O–H and  $CH<sub>2</sub>$ –OH groups, which is related to the presence of starch, glycerol, and water compounds. Besides, the peak at 2923  $cm^{-1}$  is related to the C–H alkankins and compounds in the polymer flm matrix [[42](#page-13-6)]. In this way, the absorbed bands of 2870–2960 cm−1 are attributed to the symmetric and asymmetric C=H groups  $[42, 43]$  $[42, 43]$  $[42, 43]$ . The peak in the range of 1605 cm−1 is related to the N–H Amide groups. Moreover, the absorption band in 1740  $cm^{-1}$  represents the presence of tensile bonding  $C=O$  in the Amide groups  $[44]$  $[44]$ . The peaks at  $1603-1605$  cm<sup>-1</sup> are due to carboxylic acid stretch bond. The absorption peak in the range of  $1410 \text{ cm}^{-1}$  is related to the vibrational group of O=H. Meanwhile, the absorption peak in the range of 1200 cm<sup>-1</sup> to 1350 cm<sup>-1</sup> represents the existence of the C–O tensile group in the Polysaccharide complex. The peak existing in the range of 1015 cm<sup>-1</sup> to 1950 cm−1 denotes C=O tensile and vibrating groups. Moreover, the peaks observed in the range of  $650 \text{ cm}^{-1}$  to 950 cm<sup>-1</sup> are related to the C=C and C–H bonding of the aromatic ring [\[45\]](#page-13-9). Overall, the addition of gum arabic and  $Cr_2O_3$  NPs did not create a new peak in the FT-IR spectra.

## **X‑Ray Difraction Test (XRD)**

The X-ray difraction pattern is utilized to investigate the crystalline behavior of biodegradable flms and their morphological properties [\[23](#page-12-21)]. The structure of compound flms containing gum and nanoparticles was compared with the control sample (RNU 13) using the XRD test, which is shown in Fig. [13](#page-9-1). The XRD spectrum of the flm indicated that the flms in *2θ* of 12.3, 15.8, and 24.5 have sharp peaks, indicating the existence of crystalline structures in these flms. Besides, those peaks with relatively broad heads in *2θ* of 8 and 12, indicate the existence of an amorphous structure or irregularity in the flm.

By adding gum arabic in sample 12, the peak of *2θ*  $= 12.3$  was removed while the peak height of  $2\theta = 15.8$ was decreased. Meanwhile, the head of peak  $2\theta = 8$  was also relatively wider. All these changes including reduced crystalline structure, the presence of crystals, and the <span id="page-9-0"></span>**Fig. 12** The FT-IR spectroscopy (RUN 13) OPP, (RUN 6) OPP/  $Cr_2O_3$ , (RUN12) OPP/AG and  $(RUN 8) OPP/Cr<sub>2</sub>O<sub>3</sub>/AG$ 



<span id="page-9-1"></span>**Fig. 13** The XRD curve (RUN 13) curve OPP, (Run 6) OPP/  $Cr_2O_3$ , (RUN12) OPP/AG, and (RUN 8) OPP/ $\text{Cr}_2\text{O}_3/\text{AG}$ 



increased amorphous structure in the flm structure are caused by gum arabic, as compared to the control sample. In the XRD spectrum of samples 6 with the highest percentage of nanoparticles and Arab gum, some new peaks in *2θ* of 33.7, 36.2, 41.6, 50.3, 58.9, 63.5, and 65 are created. All these sharp peaks indicate crystallization and the formation of new crystals in sample 6, as compared to sample 13 as a result of the crystallization of nanoparticles added to the flm structure.

In sample 8 with the highest percentage of gum and nanoparticles, in comparison with sample 13, a displacement was created in the peak from  $2\theta = 8$  to  $2\theta = 7$ , such that the height of this peak was increased, indicating an increase in the crystallization degree of this sample, as compared to sample 13. In comparison with sample 6, a shift was created in sample 8 from  $2\theta = 58.9$  to  $2\theta =$ 54.8, in which the height of the peak was increased. Furthermore, in *2θ* of 33.7, 36.2, and 41.6, the height of the peaks was increased, while at  $2\theta = 50.3$ , the height of the peak was decreased. Overall, the crystallization degree of sample 8 was more than other tested samples, indicating that the addition of gum arabic and nanoparticles simultaneously caused new crystals, fnally increasing the crystallization degree of the flm.

#### **Thermogravimetric Analysis (TGA)**

TGA analysis is employed to investigate the thermal stability of the flms. TGA and DTG thermal diagrams are provided in Fig. [14](#page-10-0). In all flm samples, the initial weight drop was observed at 70–120 °C because of the evaporation of mois-ture from the surface of the films [[38\]](#page-13-2). The next weight drop was observed at around 150–250 °C because of the thermal decomposition of polymer and glycerol evaporation used as a plasticizer [\[46\]](#page-13-10).

In this regard, similar results were proposed by Slavutsky et al. [[47\]](#page-13-11) for the flm based on Montmorillonite nanoparticles and BREA gum. The maximum decomposition temperature specifed from the temperature peak of the DTG curve is 213  $\degree$ C for the control and film samples containing 5% gum arabic, whereas it is  $225 \text{ °C}$  for film samples containing 3% of the chromium oxidized nanoparticles, gum, and nanoparticles. As can be observed, by adding the nanoparticles, the maximum decomposition temperature increases, as compared to the flm samples without the nanoparticles.



<span id="page-10-0"></span>**Fig. 14** The TGA curve of (**A**) OPP, (**B**) OPP/Cr<sub>2</sub>O<sub>3</sub>, (**C**) OPP/AG and (**D**) OPP/Cr<sub>2</sub>O<sub>3</sub>/AG

Furthermore, these results indicate that the thermal stability of orange peel film increases by adding the  $Cr_2O_3$  NPs. Such behavior is likely due to the increased bending in the path of gas emissions as well as the restriction of oxygen and gases emission from the pyrolysis [[47\]](#page-13-11). Oun and Rhim [[39\]](#page-13-3) proposed similar results reporting that the addition of zinc oxide nanoparticles to Carrageenans-based flms increased the stability of flms.

### **Investigating Antimicrobial Properties of Films**

The disk difusion method was employed to specify the antimicrobial properties of gum and  $Cr_2O_3$  NPs. In this technique, a piece of antimicrobial flm is placed in a solid culture medium containing the target microorganisms. After incubation at a specifc temperature, the bright halo around the flm represents the emission of the antimicrobial agent from the flm and thus inhibition of the target microorganisms' growth. The disk difusion method simulates packaging the food, indicating the performance of the flm in contact with the contaminated surfaces as well as the immigration of the antimicrobial agent from the flm to food [\[48](#page-13-12)].

The results of antimicrobial activity of gum and nanoparticles samples are illustrated in comparison with the control sample on the gram-positive bacteria of *S. aureus*



E. coli S. aureus

<span id="page-11-0"></span>**Fig. 15** The images of antimicrobial properties of flms (RUN 13) OPP, (RUN 6) OPP/  $Cr_2O_3$ , (RUN12) OPP/AG, and (RUN 8) OPP/  $Cr_2O_3/AG$ 

<span id="page-11-1"></span>



Diferent letters in each column indicate the signifcance at the level of p < 0.05

and gram-negative bacteria of *E. coli* in Fig. [15](#page-11-0). As can be observed, the control sample does not show the antimicrobial properties against both bacteria, and the halo is not observed around the flm disk. Based on the obtained image, with the addition of gum and nanoparticles, the growth halo was observed around the flms, indicating the release of antimicrobial agents. Nevertheless, as seen, the most halo was created in sample 8. However, there was no synergistic efect of gum and nanoparticles to destruct the tested microorganisms (Table [2\)](#page-11-1).

Moreover, as seen, adding gum alone did not have a specific antimicrobial effect on the gram-negative bacteria of *E. coli*, which can be due to the presence of liposaccharide walls around the Peptidoglycan wall of gram-negative bacteria resulting in more bacterial resistance against the antibacterial agents [[49](#page-13-13)]. The destruction of microorganisms due to the addition of nanoparticles can be associated with the leakage of intracellular materials by the holes generated on the cell wall. These holes are formed by oxidation of wall liposaccharides of cells owing to the nanoparticles-caused changes and diferences.

# **Conclusion**

In this paper, OPP was utilized as an available, abundant, and cheap substance, compared to gum arabic to prepare the biodegradable flms. Examining these flms indicated that they had mechanical properties, inhibition, and good water solubility. The results revealed that the flm solubility decreased by increasing the percentage of gum and  $Cr_2O_3$  NPs. Furthermore, by adding gum arabic and nanoparticles, the tensile strength parameter had a signifcant increase, as compared to the control sample, which could be associated with the creation of appropriate interactions between flm matrix and additive materials (such as gum arabic and  $Cr_2O_3$  NPs). Besides, the creation of new hydrogen bonding increased the parameter. Moreover, the transparency of the flms increased signifcantly by increasing the percentage of gum. The antimicrobial properties of the flms increased signifcantly by increasing the nanoparticle percentage. Furthermore, the results of X-ray difraction analysis confrmed a decreased crystalline structure and increased amorphous structure because of the addition of gum arabic.

**Author Contribution** SP and SG: Conceptualization, methodology. SG and SA: Data analysis, writing-original draft preparation. SG: investigation. PA: antimicrobial test. SP and SA: supervision. SA: software, validation. SG, SP and SA: writing-reviewing and editing.

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