

# The Shape Memory Properties of Biodegradable Chitosan/Poly(L-lactide) Composites

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**Abstract** The shape memory behavior of PLLA (poly (L-lactide)) and chitosan/PLLA composites was studied. PLLA and chitosan were compounded to fabricate novel materials which may have biodegradability and biocompatibility. Chitosan does not significantly affect the glass and melting transition temperature of the PLLA. Both the pure PLLA and chitosan/PLLA composites showed shape memory effect arising from the viscoelastic properties of PLLA comprised of semi crystalline structures. The shape recovery ratio of the chitosan/PLLA composites decreased significantly with increasing chitosan contents due to the incompatibility between PLLA and chitosan. Phase separation structures of the composites were observed by using atomic force microscopy. To obtain good shape memory effect, the chitosan content should be below 15 wt%.

**Keywords** Shape memory property · Poly(L-lactide) · Chitosan

## Introduction

Shape memory polymers are a group of ‘actively moving’ polymers which have at least dual shape capability. A permanent shape can be given to them by a processing step or a heat setting process. The polymers can rapidly change

their shapes in a predefined way from one to another under appropriate stimuli such as heat [1], electricity [2], pH value [3], ionic strength [4], light [5] and magnetic field [6]. Shape memory polymers can be used in smart textiles and apparels [7, 8], intelligent medical devices [9–14], heat shrinkable films for electronics packaging [15], and self-deployable sun sails in spacecrafts in the forms of solution, emulsion [16–18], film [19], fiber [8, 20–24], nanofiber [24–34], foam [35–38] or bulk [39].

The medical applications of shape memory polymers are of great interest to scientists and engineers due to their combination of biocompatibility with their wide range of tunable stiffness, tailorable transition temperatures, fast actuation, large deformation, large recovery, and elastic properties [40]. The medical applications of shape memory polymers presently reported include: laser or magnetic activated shape memory devices for the mechanical removal of blood clots [41–45]; aneurysm coils for the treatment of intracranial aneurysm in place of platinum coils [46]; biodegradable shape memory sutures for surgery [9, 47, 48]; shape memory foams for overweight patients to lose weight [37]; shape memory foams for drug delivery to treat disorders and diseases in the stomach or intestine [11, 49]; and shape memory polymer for orthodontic appliances [50–52]. The shape memory polymers with biodegradability would be beneficial for many applications because they do not require a second surgery to remove the materials if necessary because the polymer would gradually dissolve in the body due to the biodegradability of the materials.

PLLA is a biodegradable and biocompatible linear aliphatic biopolymer derived from 100% renewable resources such as corn and sugar beets. It can be readily degraded by hydrolysis under mild conditions to lactic acid, which is a common biodegradable organic acid naturally present even

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in the human body [53, 54]. PLLA has been widely used in biomedical applications, such as surgical sutures and implants [55], drug delivery systems [56, 57], three-dimensional porous scaffolds for tissue engineering applications [58, 59] and bone fixation [60, 61].

The shape memory effect of PLLA has been studied by several researchers [62–67]. It was found that the shape recovery of PLLA decreased and approached to steady with thermomechanical cyclic tensile testing number increasing. Zheng et al. [68] investigated the shape memory effect of poly(D,L-lactide)/hydroxyapatite composites which are also for potential biomedical applications. They assumed that the amorphous poly(D,L-lactide) polymer forms a reversible phase and the crystalline calcium phosphate forms a stationary phase, which were necessary for the composites to show good shape memory effect. They found that the hydroxyapatite particles improved the shape memory effect of poly(D,L-lactide).

Chitosan (poly(*N*-acetyl-D-glucosamine-co-D-glucosamine)) is a partially *N*-deacetylated derivative of chitin (poly(*N*-acetyl-D-glucosamine)), which is the second most abundant biopolymer in nature after cellulose. Chitosan is biocompatible, nontoxic, edible, and biodegradable. In addition, chitosan has antimicrobial activities against different groups of microorganisms [69–72]. It has been widely used for medicine, edible packaging or coating, food additives, cosmetic, water treatment and antifungal agents.

Many efforts have been made to compound polylactide and chitosan through chemical methods or physical methods to prepare materials with novel functions. Zhu et al. [73] covalently immobilized chitosan onto polylactide films using a photosensitive hetero-bifunctional crosslinking reagent, 4-azidobenzoic acid by irradiating with ultraviolet light. Chitosan molecules immobilized on the polylactide could be modified by heparin (Hp) solution to form a polyelectrolyte complex on the polylactide surface. The polylactide surface modified by chitosan/heparin complex could inhibit platelet adhesion and activation. Li et al. [74] prepared a series of chitosan/polylactide composites as a scaffold material because pure polylactide has obvious weaknesses of fast biodegradation, acidic degradation product, hydrophobicity, and acidic degradation product. It was showed that the composites were hydrophilic and had appropriate porosity and structure, which were favorable to cell growth. The degradation tests *in vitro* indicated that the degradation speeds of the materials were slower than that of polylactide, and the materials could keep adjacently litmusless, certain shape and mechanical properties. Suyatma and Sébastien et al. [75, 76] prepared biodegradable film blends of chitosan/polylactide by solution mixing and film casting. The films were intended to be used for antimicrobial food bio-packaging

with good water vapor barrier properties. They found the composite films had good water barrier properties and antifungal activity at suitable composites.

In this study, we prepared chitosan/PLLA composites by solution casting and studied the shape memory effect of the composites. The thermal properties, dynamic mechanical properties and phase separation of the composites were investigated to illustrate the influence of chitosan on the shape memory effect of PLLA. The biomaterial chitosan/PLLA with shape memory effect may be used for drug controlled release and biodegradable smart devices which can be implanted into bodies. In addition, the PLLA incorporated chitosan may have antibacterial properties, therefore the composites may be used for intelligent packaging with antibacterial effects.

## Experimental

### Material

Chitosan (Jinan Haidebei Marine Bioengineering Co., Ltd, China) was prepared from shrimp shells by acid and alkali treatments. The degree of deacetylation was about 85%. It was pulverized into powder, the size of which was below 150  $\mu\text{m}$ . The PLLA was synthesized by ring-opening polymerization of cyclic lactic monomers. Tin(II) 2-ethylhexanoate was used as catalyst. The viscosity average molecular weight of the PLLA was 49,000. The solvents for solution blending were acetic acid (Aldrich, USA) and chloroform (Aldrich, USA). The FT-IR spectrum of the PLLA is shown in Fig. 1. It is consistent with that reported in the literature [77]. The characteristic IR peak at around  $1761\text{ cm}^{-1}$  is due to the C=O stretching vibration. The peaks at about

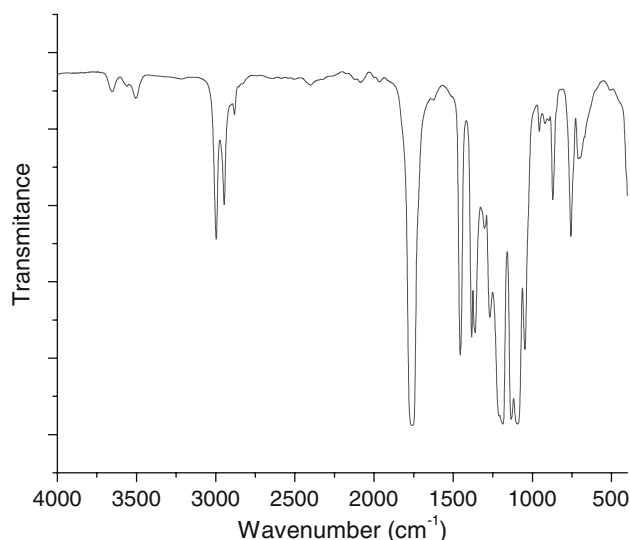
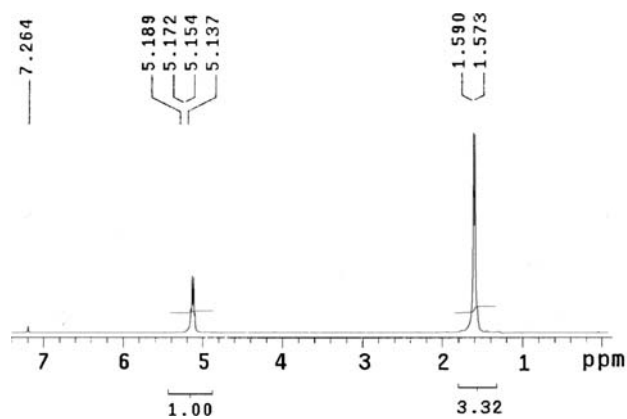


Fig. 1 FT-IR spectrum of the PLLA



**Fig. 2** NMR spectrum of the PLLA

1187  $\text{cm}^{-1}$  and 1093  $\text{cm}^{-1}$  are owing to the asymmetry stretching vibration and symmetry stretching vibration of C–O–C. The peaks at about 2997  $\text{cm}^{-1}$  and 2946  $\text{cm}^{-1}$  are attributed to the stretching vibration of  $-\text{CH}_3$ . The peak at 3506  $\text{cm}^{-1}$  corresponds to  $-\text{OH}$  stretching vibration. The  $^1\text{H}$ -NMR spectrum of the PLLA characterized with a Varian Unity INOVA Solid State (400 MHz) FT-NMR Spectrometer is shown in Fig. 2.  $\text{CDCl}_3$  was used as the solvent and tetramethylsilane was used for the internal reference. The resonances at 1.573 and 1.590 ppm are ascribed to the protons of methyl groups in the PLLA. The resonances at 5.137, 5.154, 5.172 and 5.189 ppm are ascribed to the protons of methine groups in PLLA.

### Sample Preparation

Chitosan and PLLA were first dissolved separately in acetic acid (1 wt%) and chloroform (1 wt%). After the chitosan and PLLA were completely dissolved, the two solutions were blended with vigorous mechanical stirring until a homogenous solution was prepared. Then films were made by casting the mixed solution into polytetrafluoroethylene coated plates. In order to make pinhole free films, the solution was first degassed at 50 Pa for 30 min. Then the solvent was evaporated at 60  $^{\circ}\text{C}$  for 12 h at atmospheric pressure and the residual solvent was removed at 60  $^{\circ}\text{C}$  for another 12 h in a vacuum oven. The thickness of the obtained films was about 0.10 mm. Wires of about 2 mm in diameter of the PLLA and the composites were prepared using a Haake minilab (Thermo Electron Corporation) at an extruding temperature of 160  $^{\circ}\text{C}$ .

### Characterization

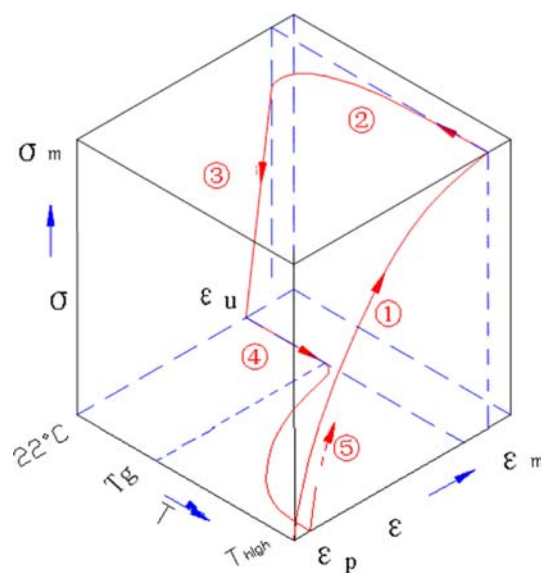
The thermal properties of the PLLA and its composites were determined using a DSC (Perkin–Elmer Diamond Differential Scanning Calorimeter) with nitrogen as purge gas. Indium and zinc were used for calibration. First, samples

were heated to 200  $^{\circ}\text{C}$  at a heating rate of 10  $^{\circ}\text{C}/\text{min}$  and maintained at 200  $^{\circ}\text{C}$  for 3 min to remove thermal history, and subsequently cooled to 22  $^{\circ}\text{C}$  at a cooling rate of 25  $^{\circ}\text{C}/\text{min}$ . Finally, samples were reheated at a 10  $^{\circ}\text{C}/\text{min}$  heating rate to 200  $^{\circ}\text{C}$ . The heat flow change with temperature was recorded.

The DMA (Dynamic Mechanical Analysis) test was carried out on a Perkin–Elmer Diamond Dynamic Mechanical Analyzer operated in the tensile mode. Samples of  $30 \times 5 \times 0.5 \text{ mm}^3$  in dimension were cut out from the cast films using a sharp knife for DMA testing. The heating rate was 2  $^{\circ}\text{C}/\text{min}$ , frequency 1 Hz, and oscillation amplitude 5.0  $\mu\text{m}$ . Tests were conducted over the temperature range from 0 to 200  $^{\circ}\text{C}$ . The gauge length between the clamps was 15 mm.

The shape memory effect was first roughly examined by field observation. First, the extruded straight wire was folded 180 $^{\circ}$  in 65  $^{\circ}\text{C}$  water. Second, the folded wire was taken out from the hot water and cooled to the ambient temperature to retain the deformed shape. After 2 min, the folded wire was put into 65  $^{\circ}\text{C}$  water again to observe the shape recovery.

The shape fixity and recovery ratio of the PLLA and the PLLA composites were determined by thermomechanical cyclic tensile testing using tensile tester (Instron 5566) equipped with a self-fabricated temperature-controllable chamber. Samples of  $40 \times 5 \times 0.5 \text{ mm}^3$  in dimension were cut out from cast films. The sample gauge length was 20 mm. The cyclic tensile testing path is shown in Fig. 3.  $\epsilon_m$  is the defined maximum deformation in the cyclic tensile testing.  $\epsilon_u$  is the strain after unloading at below the switch temperature, and  $\epsilon_p(N)$  is the residual strain after recovering in the Nth cycle. The thermomechanical cycle for measuring the shape



**Fig. 3** Schematic thermomechanical cyclic tensile testing path

memory properties is as follows: (1) The film was first stretched to  $\epsilon_m$  at 65 °C ( $T_{high}$ ) at a drawing speed of 10 mm/min [78]; (2) Subsequently, cool air was vented passively into the chamber to cool down the sample to 22 °C and the deformation was maintained for 2 min to fix the temporary elongation; (3) Then upper clamp was returned to the original position at a speed of 40 mm/min and the film shrank from  $\epsilon_m$  to  $\epsilon_u$  because of instant elastic recovery; (4) Finally, the film was heated to 65 °C to allow shape memory recovery with result film elongation returning to  $\epsilon_p$ ; (5) After finishing the above procedures, the second cycle began. The  $\epsilon_m$  was set as 50, 100 and 200% to investigate the influence of defined maximum deformation strain on the shape memory effect. The cycle was repeated for five times. The shape fixity ratio ( $R_f(N)$ ) and shape recovery ratio  $R_{r-tot}(N)$  after Nth cycle are calculated according to the following equations [23, 79–81]:

$$R_f(N) = \epsilon_u(N) / \epsilon_m \times 100 \%$$

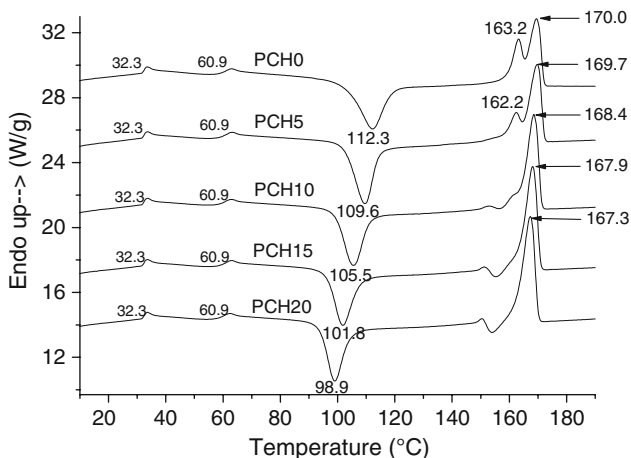
$$R_{r-tot}(N) = (\epsilon_m - \epsilon_p(N)) / \epsilon_m \times 100 \%$$

The micromorphology observation of the composites was conducted through a probe atomic force microscopy (AFM) (SPA-300HV, Seiko Instruments) in the tapping-mode. NANOSENSORS™ PPP-SEIHR AFM probes (Seiko Instruments/high force constant) were used. The silicon cantilever spring constants was 15 N/m, length 225 um and resonance frequency 130 kHz. Height and phase images were recorded simultaneously.

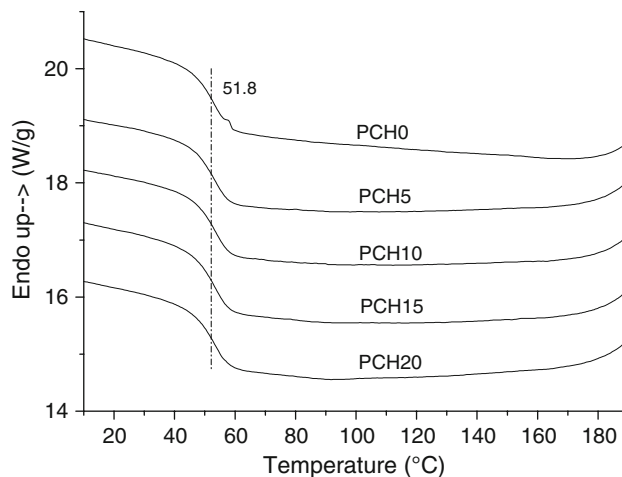
## Results and Discussion

### Thermal Properties

Figure 4 shows the DSC curves of PLLA and chitosan/PLLA composites at different chitosan contents. All the



**Fig. 4** DSC second heating curves of the composites at different chitosan contents



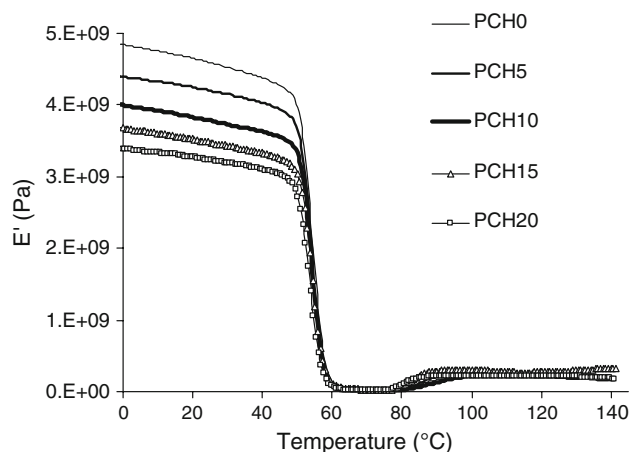
**Fig. 5** DSC cooling curves of the composites at different chitosan contents

samples exhibit a two indistinctive glass transition feature at about 32 and 61 °C [82, 83]. As shown in Fig. 5, the glass transitions show as a prominent one in the cooling scan at a cooling rate of 25 °C/min. No significant  $T_g$  change is observed both on the heating scan and cooling scan of chitosan/PLLA composites at different chitosan contents.

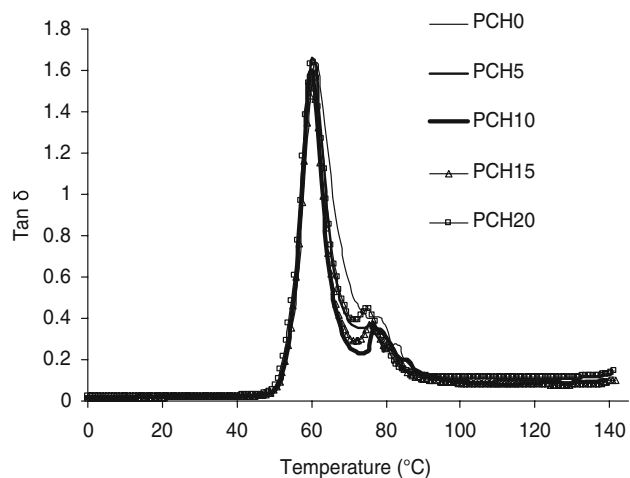
The thermal transition as shown in Fig. 4, at around 99–112 °C is attributed to the cold crystallization of PLLA. This crystallization exothermic peak appearing prior to the major melting endothermic peak in the heating scans is an additional crystallization. The cold crystallization transition temperature of the chitosan/PLLA decreases markedly with increasing chitosan contents. This may be because chitosan acts as a nucleating agent, promoting a faster crystallization of PLLA [84–87].

The thermal transition at the high temperature from 150 to 170 °C showing in Fig. 4 is due to the melting transition of PLLA [88]. The low-temperature melting endotherm of the double-peak transition may be attributed to the melting of the primary crystals formed during the first cooling, while the high temperature melting endotherm is owing to the melting of the re-crystallized crystals formed during the heating scan [89–91]. For the pure PLLA, the first melting transition temperature and the second melting transition temperature are 163 and 170 °C. With increasing chitosan content, both peak positions decrease slightly from the melting peak of the pure PLLA.

In conclusion, the DSC results suggest that the chitosan/PLLA composites have a two-phase structure: a crystalline phase which has a high temperature melting transition and a glassy state phase which has low temperature glass transitions. The chitosan has no significant influence on the glass transition of the PLLA. However, it decreases the



**Fig. 6** Log  $E'$ —temperature curves of the chitosan/PLLA



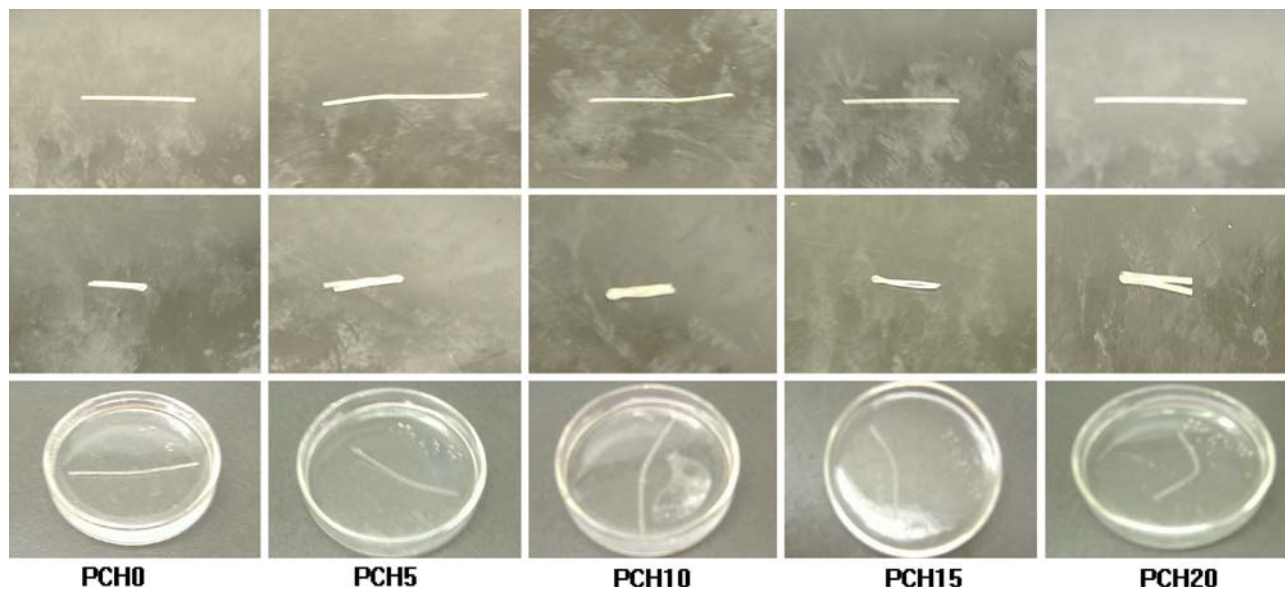
**Fig. 7** Tan ( $\delta$ )—temperature curves of the chitosan/PLLA

melting temperatures of the PLLA slightly with increasing chitosan contents.

#### Dynamic Mechanical Analyses

The elastic modulus ( $E'$ ) and loss tangent ( $\tan \delta$ ) of the PLLA with different chitosan contents are given in Figs. 6 and 7 respectively. The elastic modulus of all the samples displays a sharp decrease at about 60 °C and the loss tangent shows a peak at this temperature correspondingly, which indicates the glass transition of the PLLA. At a temperature of above 60 °C, all the samples show a plateau elastic modulus, suggesting a rubberlike structure of PLLA composed of both crystalline and amorphous phases. The slight increase of the elastic modulus at above 80 °C is attributed to the cold crystallization because, at this temperature, the PLLA chains obtain enough mobility to crystallize. This result is consistent with that obtained in the DSC section. The elastic modulus change trend of pure PLLA and chitosan/PLLA composites is very similar to that of a shape memory polyurethane consisting of hard and soft-segment phases [92]. The PLLA and its composites are like a shape memory rubber composing of both crystalline and amorphous phases. The large modulus decrease at the transition temperature is a prerequisite for the material to exhibit shape memory effect.

Figure 7 also indicates that the glass transition temperature of the chitosan/PLLA composites is not significantly affected by chitosan. However, the elastic modulus of chitosan/PLLA decreases markedly with increasing chitosan contents at the temperature below the glass transition temperature.



**Fig. 8** The shape memory effect of the chitosan/PLLA (from top to bottom: permanent shape, deformed shape, and recovered shape)

Investigation of Shape Memory Properties

Shape Memory Behavior by Field Observation

Figure 8 shows the field observation results of the shape memory effect of chitosan/PLLA composites with different chitosan contents. The sample wires were prepared by using a Haake minilab extruder at 160 °C. Upon cooling to the ambient temperature, the wires' permanent straight shape was cast. If the samples were put into 65 °C hot water, they became very soft. At this temperature, the samples were folded in the middle and cooled to ambient temperature in air. As can be seen from Fig. 8, the

deformed shapes are well fixed. After 2 min, the folded wires were put into 65 °C hot water to observe the shape recovery effect. As shown in Fig. 8, they recover their permanent straight shape quickly. However, with increasing chitosan contents, the deformed specimen cannot recover their permanent shapes completely. This suggests that the chitosan decreases the shape recovery degree of the PLLA.

Thermomechanical Cyclic Tensile Tests

*The Shape Memory Effect of PLLA* To obtain the detailed shape memory properties of pure PLLA and chitosan/PLLA composites, thermomechanical cyclic tensile tests were conducted. The pre-set maximum strain  $\epsilon_m$  in Fig. 3 was 50, 100 and 200%, respectively. The obtained cyclic tensile curves of pure PLLA are shown in Fig. 9, and the data of the fixity ratio, recovery ratio and stress at the maximum deformation strain are tabulated in Table 1.

In Fig. 9a and b, at 50 and 100% maximum deformation strain, good shape memory effect was observed. The significant difference between the first cycle and the remaining cycles is due to the reorganization of molecules involving molecule orientation, crystallization, or weak point broken during deformation. After one cycle, the stress–strain behaviors become very similar and stable.

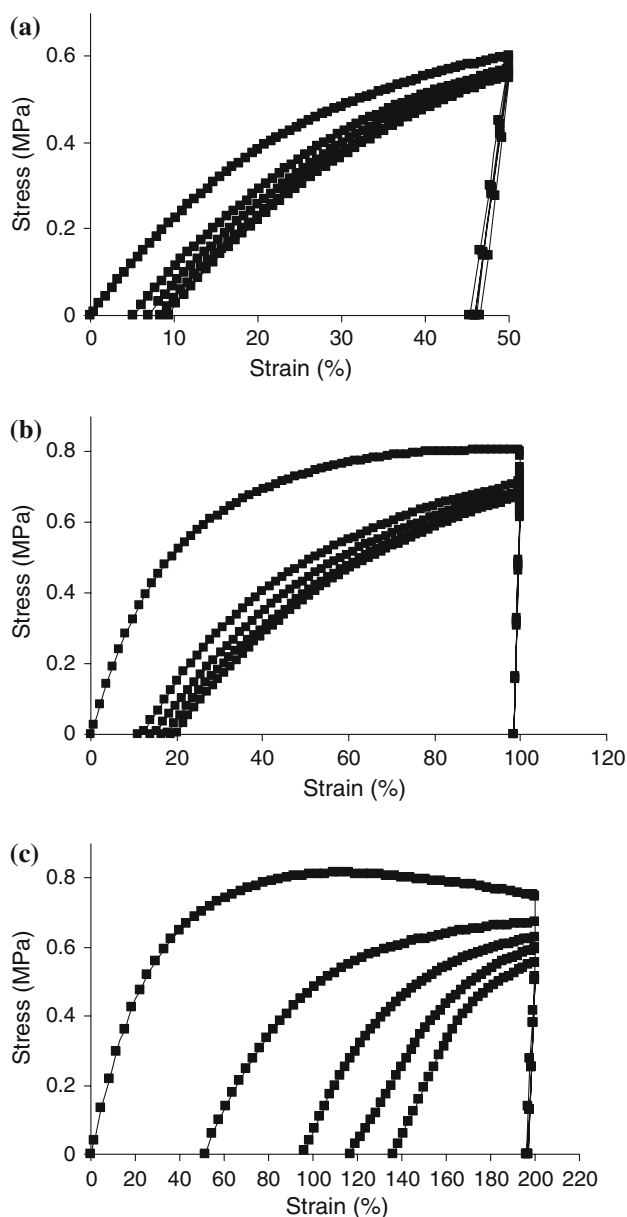
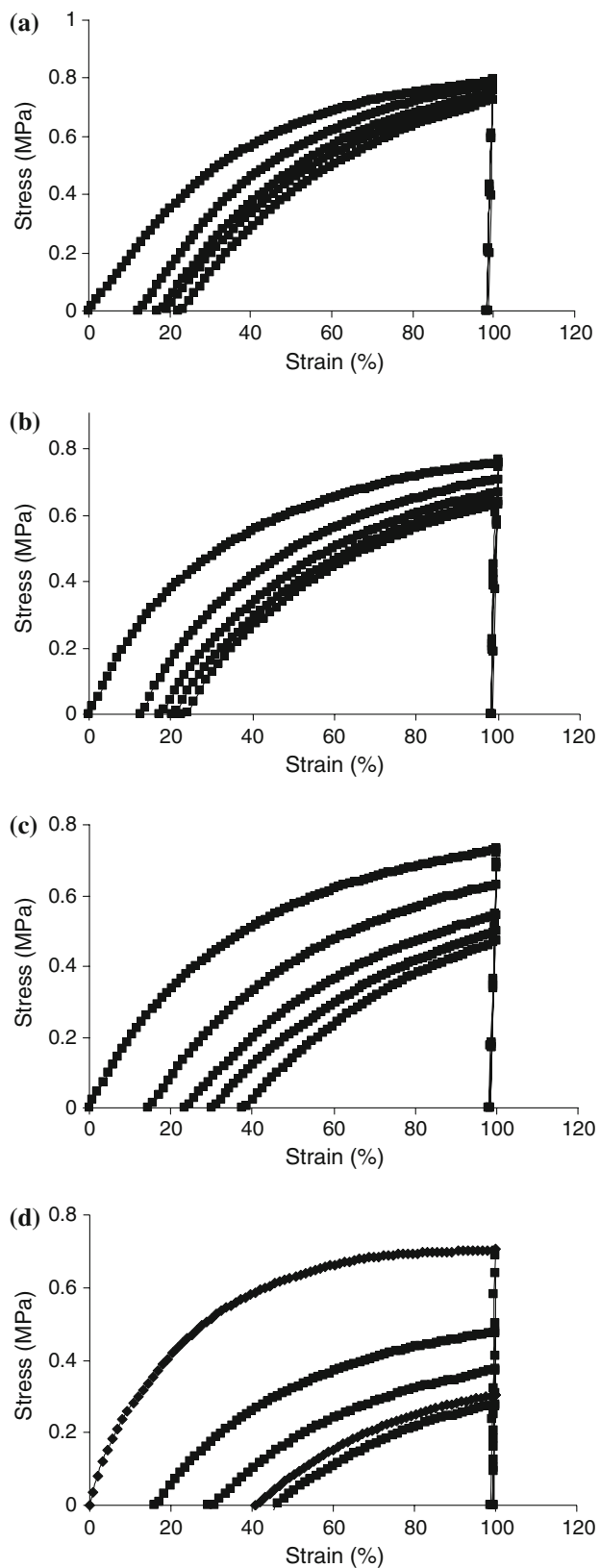


Fig. 9 The influence of deformation strain on the thermomechanical cyclic tensile curves of the PLLA. a 50%, b 100%, c 200%

Table 1 The shape memory properties of the PLLA at different deformation strain

Circle no.	$\epsilon_p(N)$ (%)	$\epsilon_u [R_f(N)]$ (%)	Stress at 100% max deformation strain (MPa)	Rr.tot(N) (%)
50% deformation strain				
1	0.0	90.8	0.588	100.00
2	10.4	91.8	0.554	89.60
3	14.0	91.8	0.545	86.00
4	16.0	92.1	0.532	84.00
5	18.7	92.8	0.582	81.30
100 deformation strain				
1	0.0	98.3	0.804	100.00
2	12.6	98.3	0.717	87.40
3	15.4	98.3	0.693	84.60
4	18.0	98.4	0.686	82.00
5	20.0	98.4	0.677	80.00
200 deformation strain				
1	0.0	98.0	0.750	100.00
2	25.5	98.3	0.670	74.50
3	48.0	98.5	0.630	52.00
4	58.5	98.6	0.595	41.50
5	68.0	98.7	0.555	32.00



**Fig. 10** The thermomechanical cyclic tensile testing curves of the chitosan/PLLA at different chitosan contents. **a** PCH5, **b** PCH10, **c** PCH15, **d** PCH20

However, in Fig. 9c, at 200% maximum deformation strain, the shape recovery ratios of the PLLA decrease significantly. In addition, the irrecoverable deformation increases severely with increasing testing cycles. This result indicates that the crystalline structure in PLLA which affords the shape recovery force may be substantially destroyed by the large deformation strain. As a result, PLLA, as a shape memory material, is not suitable for large deformation applications. Therefore, in the following studies of the shape memory effect of chitosan/PLLA composites, the maximum deformation strain was set as 100%.

*The Influence of Chitosan on the Shape Memory Effect of PLLA* The thermomechanical cyclic tensile curves of the chitosan/PLLA composites are shown in Fig. 10 and the corresponding shape fixity and recovery ratio are tabulated in Table 2. The chitosan has no obvious influence on the shape fixity ratio since the shape fixity ratios of pure PLLA and chitosan/PLLA composites are very high. However,

**Table 2** The shape memory properties of chitosan/PLLA composites with different chitosan contents

Circle no.	$\epsilon_p(N)$ (%)	$\epsilon_u [Rf(N)]$ (%)	Stress at max deformation strain (MPa)	Rr.tot(N) (%)
<b>PCH5</b>				
1	0.0	98.2	0.789	100.00
2	12.6	98.4	0.777	87.40
3	17.8	98.4	0.751	82.20
4	20.4	98.4	0.736	79.60
5	23.0	98.6	0.723	77.00
<b>PCH10</b>				
1	0.0	98.2	0.755	100.00
2	13.2	98.2	0.708	86.80
3	18.0	98.3	0.673	82.00
4	21.2	98.3	0.641	78.80
5	24.0	98.6	0.633	76.00
<b>PCH15</b>				
1	0.0	98.3	0.730	100.00
2	14.5	98.3	0.628	85.50
3	23.5	98.3	0.546	76.50
4	30.2	98.4	0.499	69.80
5	37.6	98.4	0.471	62.40
<b>PCH20</b>				
1	0.0	98.9	0.704	100.00
2	16.8	99.2	0.477	83.20
3	30.5	99.3	0.374	69.50
4	41.0	99.4	0.305	59.00
5	46.2	99.5	0.276	53.80

chitosan decreases the shape recovery ratio markedly especially at high chitosan contents. As can be seen from Fig. 10d, the chitosan/PLLA composite at 20 wt% chitosan content has no significant shape memory effect after several cycles.

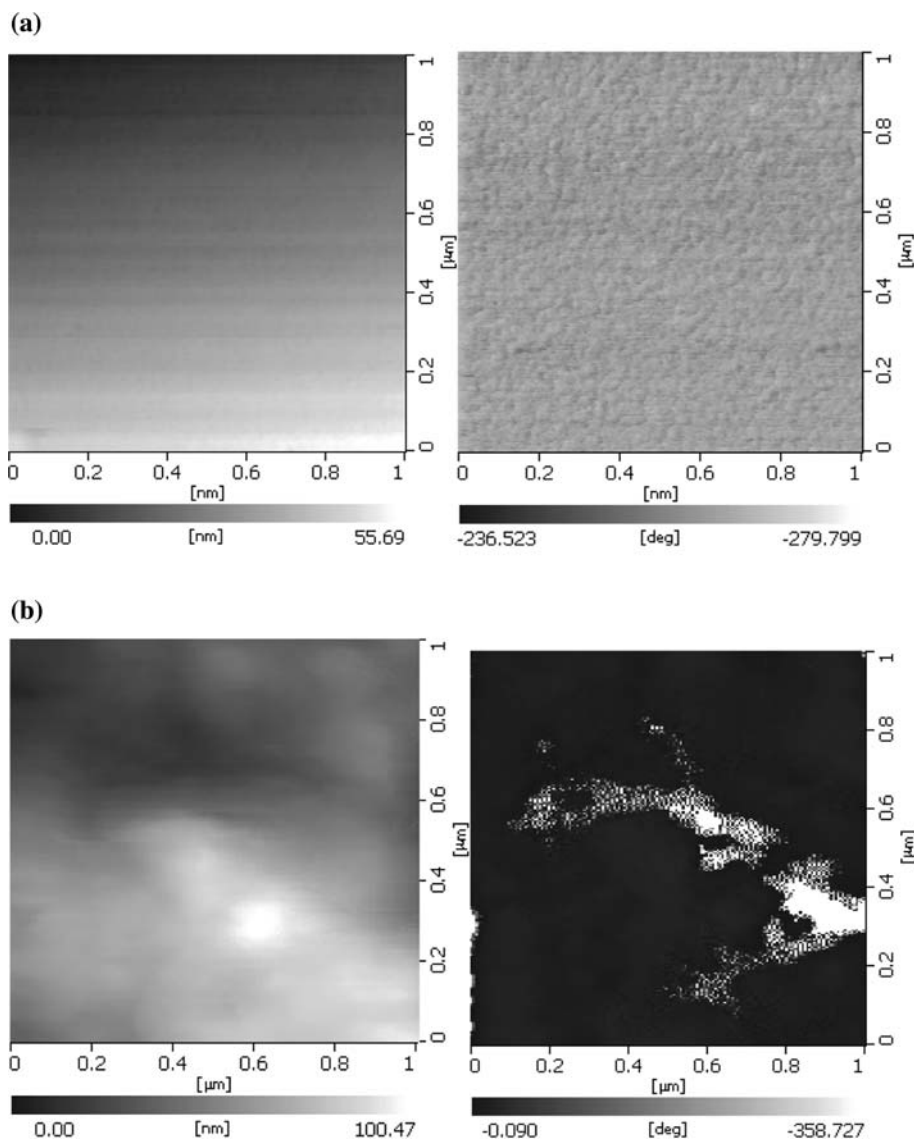
**Table 3** The Elastic modulus ratio of glassy state to rubbery state of chitosan/PLLA composites

Sample	Glass transition $T_g$ (°C)	Elastic modulus ratio <sup>a</sup>
PCH0	61.4	300
PCH5	60.2	175
PCH10	59.8	142
PCH15	60.2	105
PCH20	60.6	94

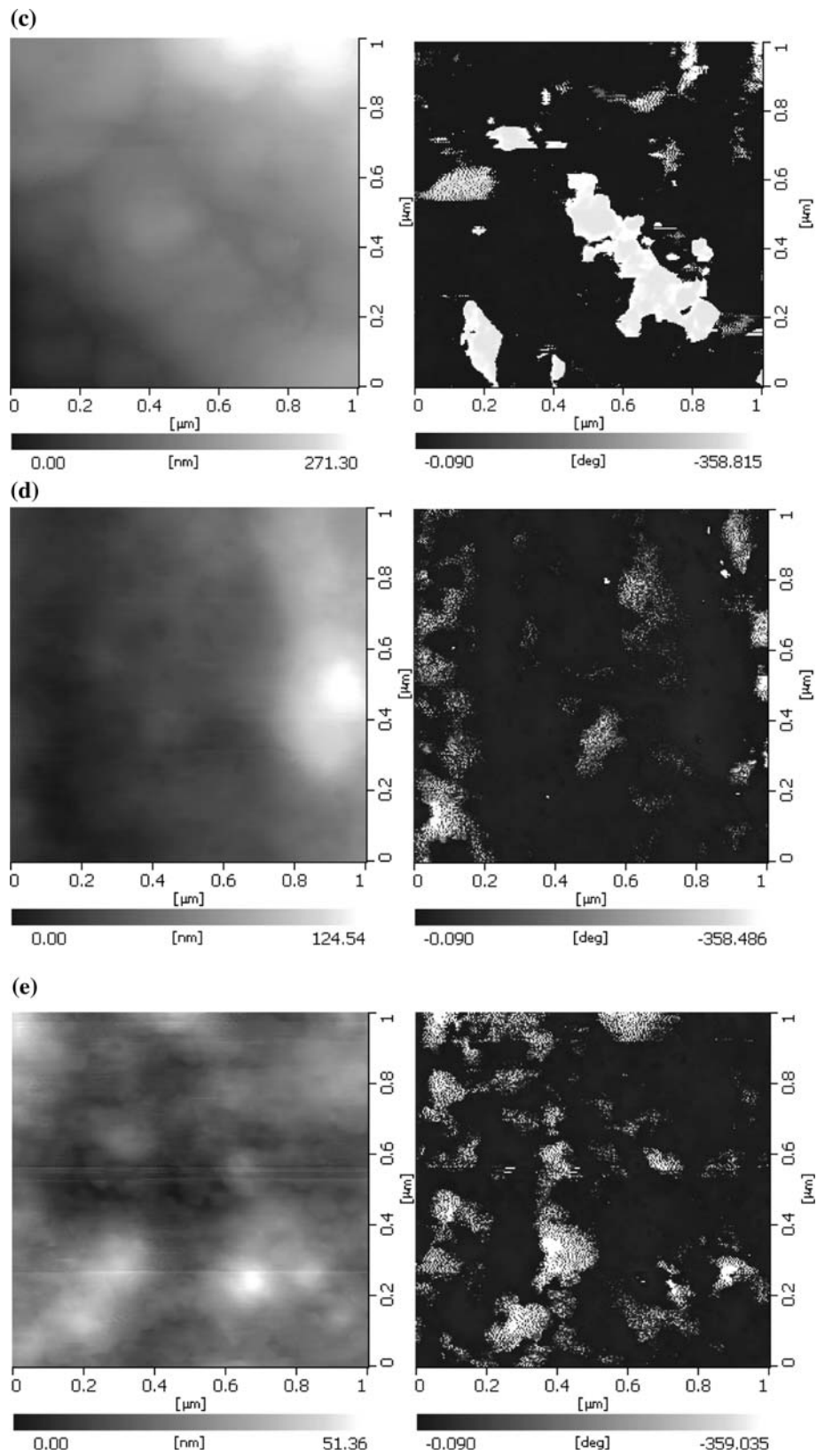
<sup>a</sup> Elastic modulus ratio was defined as  $E'_{T_g-10\text{ }^\circ\text{C}}/E'_{T_g+10\text{ }^\circ\text{C}}$

One reason for the chitosan/PLLA having decreased shape memory effect is the decreased elastic modulus at the temperature below the switch temperature (glass transition temperature). It has been widely accepted that the good shape memory effect of polymers requires a rapid thermal transition from glassy state to rubbery state within a narrow temperature band, and a high elastic modulus ratio of glassy state modulus and rubbery state modulus. The higher the modulus ratio, the better the shape memory behavior of shape memory polymer would be [93–95]. The typical elastic modulus of shape memory polyurethanes is about 800 MPa in their glassy state and 2 MPa in their rubbery state [95–97], which means that the elastic modulus ratio of polyurethane is 400. In some special shape memory polyurethanes, the modulus ratio of the glassy state to the rubbery state may exceed 500. The elastic modulus ratios of the PLLA and its composites obtained by

**Fig. 11** The AFM images of the chitosan/PLLA at different chitosan contents (*left*: height image; *right*: phase image). **a** PCH0, **b** PCH5, **c** PCH10, **d** PCH15, **e** PCH20





**Fig. 11** continued

DMA are tabulated in Table 3. For the pure PLLA in this study, as can be seen from Table 3, the elastic modulus ratio is 300, which is lower than that of shape memory polyurethanes reported in the literature [98–100]. Therefore, the PLLA does not have so prominent shape memory effect as that observed on most shape memory polyurethanes. Table 3 also indicates that with increasing chitosan content, the elastic modulus ratio decreases greatly. Consequently, the shape recovery ratio of the PLLA decreases obviously with increasing chitosan contents.

### Morphology Study

The AFM height and phase images of the pure PLLA and chitosan/PLLA composites are shown in Fig. 11. The phase images represent the variations of relative phase shifts (i.e. the phase angle of the interacting cantilever relative to the phase angle of the freely oscillating cantilever at the resonance frequency) and are thus able to distinguish phases by the materials properties.

As can be seen in Fig. 11, no phase separation structure is observed on the pure homopolymer PLLA as those in segmented polyurethane copolymers with phase separation structures [101–104]. According to the mechanism of the shape memory effect for segmented copolymers, the formation of a stable hard segment phase and high degree of phase separation between the hard segment phase and the reversible soft segment phase is necessary for shape memory polymers to show good shape memory effects [80, 105–107]. The shape memory effect of PLLA is because of the viscoelastic properties of PLLA comprising crystalline and glassy structures. The crystalline structure having a higher melting temperature is responsible for internal stress storing and releasing during the shape deformation and recovery process, while the glassy structure with a lower glass transition acting as a switch is in charge of shape fixity.

In AMF phase images in Fig. 11, obvious phase separation structures are observed in the chitosan/PLLA composites. The above results demonstrate that the phase separation does not contribute to the good shape memory effect of the PLLA. On the contrary, the phase separation deteriorates the shape memory effect of the PLLA. With increasing chitosan contents, the shape recovery ratio of the composites decreases obviously.

The DMA has demonstrated that the modulus of the chitosan/PLLA composites decreases with increasing chitosan content. The lack of miscibility between PLLA and chitosan may lead to the formation of pores [108, 109] due to the debonding of the chitosan and PLLA matrix upon the application of deformation during the cyclic tensile testing. In the cyclic shape memory process, when the composites is deformed and cooled to a temperature

below the glass transition temperature, due to the formation of pores because of the immiscibility of PLLA and chitosan, the internal stress cannot be stored efficiently in the composites. If the composites are reheated to above the glass transition temperature, the glassy state phase undergoes phase transition from a glassy state to a rubbery state. The composites modulus decrease and consequently the stored internal stress in the composites release. Because the composites, especially at high chitosan content, cannot effectively store internal stress, the shape recovery ratio decreases significantly.

### Conclusions

The shape memory effect of chitosan/PLLA composites was studied. The shape memory effect of the composites arises from the viscoelastic properties of the PLLA composed of the amorphous structure and crystalline structure. PLLA as a shape memory polymer cannot be subject to large deformation strains. The maximum deformation strain should be below 200%. PLLA and chitosan were compounded to make novel materials which may have biodegradability and biocompatibility. Chitosan does not significantly affect the glass and melting transition temperature of the PLLA. Phase separation structures of the composites were observed. The shape recovery ratio of the polymer decreases dramatically with increasing chitosan contents due to the immiscibility between chitosan and PLLA. To obtain good shape memory effect of the composites, the chitosan content should be below 15 wt%.

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