

Synthetic Adipose Tissue Models for Studying Mammary Gland Development and Breast Tissue Engineering

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Abstract The mammary gland is a dynamic organ that continually changes its architecture and function. Reciprocal interactions between epithelium and adipocyte-containing stroma exert profound effects on all stages of its development, even though the details of these events are not fully understood. To address this issue, enormous potential exists in the utilization of synthetic adipose tissue model systems to uncover the properties and functions of adipocytes in the mammary gland. The first part of this review focuses on mammary adipose tissue (or adipocyte)-related model systems developed in recent years and their utility in investigating adipose-epithelial interactions, mammary gland morphogenesis, development and tumorigenesis. The second part shifts to the field of adipose-based breast tissue engineering, focusing on how these synthetic adipose tissue models are being constructed in vitro or in vivo for regeneration of the mammary gland, and their potentials in adipose tissue engineering also are discussed.

Keywords Mammary epithelial cells · Stem cells · Breast cancer · 3D culture · Breast tissue engineering

Abbreviations

MEC	Mammary epithelial cells
MFP	Mammary fat pad
ECM	Extracellular matrix
2D	Two dimensional
3D	Three dimensional
IGF	Insulin-like growth factor
PGE-2	Prostaglandin E2

HGF	Hepatocyte growth factor
FGFs	Fibroblast growth factors
PR	Progesterone receptor
ER α/β	Estrogen receptor α/β
α ERKO mice	Estrogen receptor α -disrupted mice
E2	Estradiol
ESCs	Embryonic stem cells
iPSCs	Induced pluripotent stem cells
EBs	Embryoid bodies
hMSCs	Human mesenchymal stem cells
BMSCs	Bone marrow derived mesenchymal stem cells
ASCs	Adipose-derived stem cells
hASCs	Human adipose-derived stem cells
TDLUs	Terminal duct lobular units
<i>shRNA</i>	Short hairpin RNA
HA	Hyaluronic acid
HUVEC	Human umbilical vein endothelial cells
PLGA	Poly L-lactic acid
PLA	Poly-lactic acid
PEG	Polyethylene glycol
PET	Polyethylene terephthalate
PCL	Polycaprolactone

Introduction

The mammary gland of a reproductively active female is a dynamic organ that continually changes its architecture and function. Two cellular compartments constitute mammary gland tissue: the epithelium and the surrounding stroma, which are derived embryologically from ectoderm and mesoderm, respectively [1]. Mammary epithelial cells (MECs) represent the fundamental functional part of the

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mammary gland, while the stromal compartment, comprised of several stromal cells and abundant proteinaceous extracellular matrix (ECM), is crucial for proper patterning and function of the normal mammary gland [2]. Increasing evidence has shown that reciprocal interactions between the mammary epithelium and stromal cells are critical for normal development of the mammary gland, and are also required for tissue homeostasis, as aberrant epithelium-stroma communication can induce and promote tumorigenesis [3–6].

During the past two decades, *in vitro* and *in vivo* studies have been conducted to better understand the stromal-epithelial interactions, and many key molecular, structural, and mechanical cues important for maintaining the architecture and function of gland tissue have been identified [7–9]. However, most of these studies have focused on fibroblast-epithelial interactions, in which fibroblasts modulate epithelial cell growth and differentiation [10–12], and few have focused on the role of mammary adipocytes, despite the predominance of adipocytes in the mammary gland.

Adipocytes were originally considered a passive stromal cell type that stored excess energy in the form of lipid droplets, and only more recently has their dynamic role been recognized, revealing their participation in a broad range of physiological processes, such as apoptosis, inflammation, hormonal signaling and angiogenesis [13–15]. Thus, researchers have become interested in the adipocyte's roles in mammary gland morphogenesis and their influence on the normal or aberrant development of the mammary gland. To address these questions, researchers have developed several synthetic adipose tissue model systems to serve as tools for uncovering the properties and functions of adipocytes in the mammary gland. Here, the first part of this review focuses on mammary adipose tissue (or adipocyte)-related model systems developed in recent years and their utility in investigating adipose-epithelial interactions, mammary gland morphogenesis, development and tumorigenesis. The second part shifts to the field of adipose-based breast tissue engineering, focusing on how these synthetic adipose tissue models are being constructed *in vitro* or *in vivo* for regeneration of the mammary gland.

Development of the Mammary Gland

Quite a few elegant studies and comprehensive reviews were previously published to describe the development of the mammary gland [16–18]. Here, only a brief introduction is presented with an aim to provide a context for better understanding those synthetic adipose tissue models for studying or regenerating the mammary gland.

The mammary gland develops along the “milk line”, a linear thickening of epidermis between the anterior and posterior limb buds [16]. Only minimal ductal outgrowth of the mammary rudiment is found before puberty, while with the initiation of puberty, a further development occurs as characterized by a formation of the functional unit of the mammary gland, termed terminal duct lobular unit (TDLU). The final development of the mammary gland occurs during pregnancy and lactation, and entails ductal branching and lobuloalveolar structure development in responses to several hormones from the ovaries and pituitary gland [19–21]. The capability of mammary epithelium to grow, undergo ductal morphogenesis, form alveoli, and produce milk proteins is highly dependent on the stromal tissue environment. Specifically, epithelium structures penetrate into mammary adipose tissue in the gland, associating with an adipocyte-containing stroma throughout all stages of normal morphogenesis and development [16, 18, 19, 22]. Both human and mouse mammary tissues contain large areas of adipose stroma tissue; moreover, both species share several similarities with respect to their developmental events [17, 18]. Thus, by using mouse mammary gland model systems, investigators have collected many clues to address some of the challenging biological issues involved with human mammary glands, including epithelium differentiation and neoplastic transformation. These models, their strengths and limitations, will be discussed in the following section.

Mammary Adipose Tissue-Related Model Systems for Studying Mammary Gland Development and Tumorigenesis

Other than the epithelium contained in the mammary gland, two mesenchymal tissues, the fat tissue and fibroblastic connective tissue surrounding the epithelium, also play key functional roles in mammary gland development. Reciprocal interactions between these two compartments, the parenchymal (composed of epithelial cells) and mesenchymal compartments (including adipocytes and fibroblasts) have been shown to exert profound effect on all stages of gland morphogenesis, development and differentiation [18, 19, 23]. However, mechanisms behind their interactions are not fully understood, creating a need for better *in vitro* and *in vivo* models of parenchymal-mesenchymal interactions in physiological and pathophysiological conditions in the mammary gland. Here we focus on mammary fat pad-related tissue systems and adipocyte-based synthetic adipose tissue models that have been successfully employed to probe the cross-talk between adipocytes and mammary epithelial cells. We also discuss the benefits of these models and suggest their possible improvements.

Mammary Fat Pad (MFP)-Based Tissue Model Systems

The course of adipogenesis of the mammary gland and development of MFP during embryogenesis has been well described in previous publications [24–26], yet functions of the MFP have not been fully elucidated [17]. Several studies suggest that the MFP, a matrix of adipose and connective tissue, not only supports mammary epithelium growth physically [27], but also mediates hormone action [28] and synthesizes an array of growth regulator molecules, such as prostaglandin E2 (PGE2) [29], hepatocyte growth factor (HGF) [30], insulin-like growth factors (IGFs) [31], fibroblast growth factors (FGFs) [32] and integrin components [33, 34], that contribute to mammary gland morphogenesis and development. These factors dictate a central role of the MFP in any tissue-engineered mammary gland model.

The “Cleared Fat Pad” Model

Since a mouse’s rudimentary ducts begin to expand into the fat pad at day 16, but do not fully elongate until puberty (~day 24–30), rudimentary epithelium can be completely excised from a fat pad (typically the fourth MFP) when a mouse is 3 weeks old. This results in a “cleared” fat pad devoid of any epithelium that can be utilized as a site for transplantation [17]. This “cleared fat pad” model is useful for elucidating the endocrine, genetic and heterotypic interactions that drive mammary gland morphogenesis, development and carcinogenesis [35]. In one study, this model has been employed to elucidate an age-related effect on mammary duct elongation mediated by the epithelium-stroma interaction. It was shown that a young, proliferating mammary epithelium transplanted into the MFP could support mammary duct elongation; in contrast, a serially aged mouse mammary epithelium failed to develop due to its decreased capability in stimulating DNA synthesis of the stromal cells. Since DNA synthesis of stromal cells surrounding the end bud is essential for the mammary duct elongation, it is easy to understand the age-dependent effect produced by epithelial cells on the gland morphogenesis [36]. Aging also decreases supportive ability on the stromal side. It has been found that epithelium combined with stroma from fetal mouse MFP was able to undergo normal organogenesis, but when the same epithelia was combined with MFP tissue of 17- to 18-day fetal mice, or postnatal mice, this supportive capacity was decreased, or entirely lost, respectively [37].

The “cleared” mammary model is also essential at solving a long-time question: whether stromal or epithelial estrogen receptor- α (ER α) is responsible for mammary gland development. The question developed as a result of contrasting studies. On the one hand, by using MFP-based

tissue recombination techniques, researchers found that estrogen receptor- α (ER α) expression in MECs is necessary for ductal elongation in mammary gland [38–40]. A recent study by Mallepell et al. also demonstrated that mammary epithelium is the primary target for estradiol function, and paracrine signaling through the epithelial ER α is required for proliferation and morphogenesis in the mammary gland [41]. On the other hand, however, studies using a recombinant tissue comprised of MFP from neonatal *Balb/c* mice and the epithelium from ER α -disrupted (α ERKO) mice supported the fact that stromal ER α was necessary for ductal elongation during mammary gland development in neonatal mice [42]. To rectify these studies, “cleared” MFP tissue (from either 3-week-old female α ERKO mice or wild-type mice) engrafted with the MECs from adult α ERKO mice or from wild-type counterparts was also reconstructed. Ten weeks after implantation into the nude mice, whole mount analysis of the mammary gland showed that both stromal and epithelial ER α were vital for complete mammary gland development in adult mice. But when the mice were treated with high doses of estradiol and progesterone, stromal ER α was shown to be capable of generating full mammary gland growth. Furthermore, it was determined that ER α -deficient epithelial cells were able to proliferate and develop into a rudimentary mammary ductal structure in an ER α -negative stroma, suggesting that neither stromal nor epithelial ER α are required for mammary rudiments to form in the adult mouse [43]. Collectively, these studies suggest that neonatal and adult mammary tissues might use different tissue-specific roles of ER α in mammary response. The “cleared” MFP model was able to elucidate these juvenile/mature tissue differences and could act as a platform for studying the contributions of growth factors, hormones, and receptors in mammary gland development.

The “Humanized” MFP In Vivo Model

Much progress has been made in recapitulating mouse mammary epithelial morphogenesis and elucidating interactions between epithelium and stroma in mouse mammary gland. However, investigating hormone complex interactions and hormone effects on human mammary gland development and differentiation has been unsuccessful when using a “cleared” MFP model system introduced with human MECs. A number of laboratories have reported that neither human nor bovine mammary epithelium grow well in the mouse MFP, suggesting the need for a “humanized” mouse model [44, 45]. For instance, human MECs injected into the MFP of athymic nude mouse formed small, spherical structures with duct-like epithelial elements. These structures failed to generate extensive or expansive growth even with the treatment of several

hormones *in vivo* [46]. In contrast, co-transplantation of normal tissue from human mammary gland with human stroma has been shown to support human MEC long-term survival (up to 6 month) and enhance their hormone responsive capability [47]. These both stroma- and species-dependent outcomes might be in part due to the histological differences between the adipose-rich mouse MFP and that of the more fibrous human breast stroma [18].

Since human epithelial cells are unable to establish themselves in the mouse mammary stroma or participate in normal mammary ductal morphogenesis, a useful *in vivo* model might include the incorporation of human stroma into the MFP before the implantation of human MECs. This type of reconstruction of functionally normal human breast tissue in the mouse MFP was recently reported [48, 49]. In these studies, a novel chimeric mammary stroma was developed by co-injecting non-irradiated and irradiated human mammary fibroblasts into the mouse MFP, and then engrafting human MECs to form a resultant “humanized” MFP model. Expansive outgrowths and branches of epithelium ducts were generated by the engrafted human MECs isolated from human organoids from reduction mammoplasty tissues (including myoepithelial and luminal epithelial cells). Moreover, this reconstructed “humanized” MFP was capable of supporting fully functional differentiation of human MECs, as demonstrated by β -casein expression and milk production. Thus, a histologically normal and functional human mammary gland tissue could be constructed successfully in the orthotopic xenograft model by taking advantage of the “tissue recombinant” technique [48]. But it is worthwhile to point out that a mixture of irradiated and non-irradiated fibroblasts prove to be necessary for the humanized MFP reconstruction, as the irradiated fibroblasts facilitate engraftment and invasion of the co-injected nonirradiated cells. So far, this is the most encouraging experimental model that allows for the study of human epithelial morphogenesis and differentiation *in vivo*. Using this humanized model system, the investigators also revealed disparities in the behavior of ostensibly normal epithelial cells derived from different patients, suggesting its potential in elucidating the contributions of stromal compartment to mammary morphogenesis and transformation.

Adipocyte Culture-Based In Vitro Models

Despite the advances in the study of mammary biology facilitated by the “cleared” MFP and “humanized” MFP models, it should be noted that the “cleared” MFP comprises more than adipocytes and preadipocytes. Several other cell types such as fibroblasts, endothelial cells, and lymphocytes, as well as nerve cells et al. are also involved in this particular model system, any or all of which could

produce a direct and/or indirect influence on morphogenesis of the mammary gland [22–24]. This indicates that data collected with these complicated culture systems should be considered with caution. In addition, the complexity of the *in vivo* environment, including undefined growth factors, hormones, cells, immune reactions, and species-specificity, makes interpreting *in vivo* models more challenging. Thereafter, to explore heterotypic interactions between adipocytes and epithelial cells in a more controlled and reproducible manner, efforts have been focused on constructing more defined adipocyte-epithelium co-culture models *in vitro* under cell and tissue culture conditions.

Adipocyte Culture-Based Models for Studying Normal Mammary Gland Development

An original epithelial-adipocyte *in vitro* two dimensional (2D) co-culture system was reported in which MECs from a pregnant mouse were directly seeded on the top of the mouse preadipocyte cell line 3T3-L1 and demonstrated enhanced proliferative activity compared to the epithelial cells alone [50]. Other co-culture systems using similar 2D culture conditions were also described for studying the effects of adipocytes on epithelial cell growth, differentiation and function [3, 51]. However, these cell culture systems under 2D conditions recapitulate neither tissue architecture nor function of the mammary epithelium *in vivo*, and are inadequate to assess the role of adipose stroma in physiological development and tumorigenesis of the mammary gland [52, 53]. With the advent of tissue engineering technology, researchers now have the ability to create complex three-dimensional (3D) breast tissue-like cultures, bridging the gap between 2D cell culture and animal systems.

Co-culturing human MECs and adipocytes from the same patient in a 3D collagen gel was described in a paper by Huss et al., in which the MECs maintained a normal intercellular distribution and growth pattern *in vitro* when co-cultured in the 3D matrix [54]. This outcome is encouraging despite the fact that no detailed morphology or function of this system was described. Recently, a successful human 3D adipocyte-epithelium co-culture model was developed in which a non-malignant human epithelial cell line (MCF10A) was co-cultured with pre-differentiated human adipose-derived stem cells (hASCs) within a mixture of Matrigel and collagen on a 3D porous silk scaffold [55]. The results demonstrated that the presence of hASCs inhibited epithelial cell proliferation, and also induced alveolar and ductal morphogenesis. Most importantly, co-cultures with adipocytes in the 3D culture condition enhanced epithelial cell functional differentiation as evidenced by the proper polarity and increased functional gene (casein- α/β) expression levels. In contrast,

only alveolar structures with reversed polarity were observed in the epithelial monocultures (Fig. 1). In addition, by using this 3D co-culture model, ductal morphogenesis effect exhibited by the co-culture was shown to be correlated with HGF secretion from the predifferentiated hASCs, indicating a critical role of adipocytes in mammary epithelial morphogenesis and development. Thus, an *in vitro* co-culture model on 3D silk scaffolds with a physiologically relevant microenvironment for epithelial cells and stromal cells was developed. This model allows for investigations into tissue organization and epithelial morphogenesis in normal or diseased mammary gland development.

Adipocyte Culture-Based Models for Studying Mammary Gland Tumorigenesis

In addition to the roles adipocytes play in physiological processes discussed above, the roles they play in pathophysiological processes, such as carcinogenesis, are extensive [19, 56, 57]. As a second leading cause of cancer-related death for women in the United States [58, 59], breast cancer correlates with a complex set of interactions between mammary epithelial cells and their stroma [60]. In fact, epithelial cells undergo similar processes during carcinogenesis, and rely on many of the same soluble or insoluble signals, as they do during mammary gland morphogenesis and development, and adipocytes play supporting roles in both cases [56, 57]. To better understand the complex effects of mammary adipocytes during breast cancer initiation, progression and development, investigators have sought to develop synthetic model systems that could be employed to elucidate the interactions between breast cancer cells and adipocytes *in vitro* and *in vivo*.

Using a simple 2D co-culture system, the state of preadipocyte differentiation has been shown to affect the clonal growth of breast cancer cells under anchorage-independent conditions *in vitro* [61]. In this model, proliferating preadipocytes served as a feeder layer in a 2D co-culture system and stimulated breast cancer cell growth significantly. By contrast, after differentiation, the mature adipocyte feeder layer inhibited cancer cell growth, suggesting that adipocytes at different developmental stages produce different factors and exert different influences on breast cancer cell behavior. Consistent with this study, an indirect co-culture system (using Boyden chambers coated with Matrigel) showed that both murine and human ASCs promoted breast cancer cell growth and migration *in vitro* [62]. Models examining ASC homing to tumor sites also showed tumor-promoting effect of ASCs when they were co-injected into the MFP or when injected intravenously, indicating that not just local ASCs, but also distal ASCs play a role in tumor growth and metastasis [62].

The only synthetic 3D co-culture model system reported for the study of crosstalk between adipocytes and breast cancer cells utilized mature adipocytes and breast carcinoma cells in a 3D collagen gel [63]. However, the results in the 3D model contradicted that of the 2D culture system and reported that preadipocytes inhibited T47-D breast cancer cell growth while mature adipocytes promote cancer cell proliferation. To explain this discrepancy, the authors claimed that different cell sources (primary (pre) adipocytes vs. the 3T3-L1 cell line, and different breast cancer cell lines), distinct culture systems (3D vs. 2D), and growth assay methods might contribute to the discrepancy among these studies. However, it should be pointed out that more caution should be taken when interpreting the data collected from different culture models. To reach some consensus on clarifying the roles of adipocytes or preadipocytes during breast tumorigenesis and cancer progression, more 3D synthetic culture models that mimic the microenvironment *in vivo* are needed.

Adipocyte-related variables that affect tumor initiation and progression are numerous. Clinically, several investigations have found that high total body fat content is linked to increased risk of breast cancer [64]. This association might partly be explained by the tumor promotional role of adipocytes as described above. However, it appears contradictory to other clinical studies that have recognized a relationship between decreased mammary fat content and increased breast cancer. It has been shown that a decreased mammary fat percentage leads to an increased mammographic density, whereas the latter is highly correlated with high risk of breast cancer [65, 66]. Thus, the role of adipocytes in the background of increasing density in breast cancer risk is quite controversial. A cell culture model for further investigating the roles of adipocytes in breast tissues with different densities would give more insight into the relationships between mammary adipocytes and gland density and how they could influence tumorigenesis.

Adipose Tissue Model Systems for Regenerating Mammary Glands

In addition to providing a useful model system for studying the mammary gland, synthetic adipose tissue models also serve as the foundation for mammary gland regeneration. The need for breast tissue regeneration is driven clinically by the widespread impact of lumpectomies or mastectomies from trauma, cancer or other disease. Aesthetic or functional surgeries are often desired for the psychological well-being of patients with soft tissue defects, especially breast cancer resection [67–70]. Hence, the second part of this review shifts towards

With the development of stem cell biology in recent years, more investigators have focused on stem cell-based adipose tissue engineering for regenerating mammary gland tissue [72]. Stem cells are defined as those cells having the capability to perpetuate themselves through self-renewal and generate lineage-specified mature cells through differentiation. They can be isolated from a variety of sources including embryos, umbilical cord blood, and adult tissues [73–75]. Recent advances in stem cell research have also enabled the generation of induced pluripotent stem cells (iPSCs) from both fetal and adult mouse fibroblasts through reprogramming by transduction of defined transcription factors or by cell-cell fusion technology [76]. Due to their pluripotent nature and self-renewal capacity, stem cells are useful platforms for tissue regeneration and cell-based therapeutics.

Progress has been made in stem cell-related adipogenesis, which offers promise for adipose tissue engineering and mammary gland regeneration. For instance, directed differentiation of human embryonic stem cells (hESCs) into adipocytes was reported by plating embryoid bodies (EBs) in supplemental modified differentiation medium [77]. Adipocyte precursor cells with a characteristic morphology and proliferative activity could be generated from hESCs transduced with lentivirus carrying *Oct4* short hairpin RNA (*shRNA*) [78]. In comparison with the wild-type hESCs, these genetically-modified cells displayed a remarkably higher lineage-specific spontaneous differentiation capability towards adipocytes. After 2 weeks of spontaneous differentiation under feeder-free conditions, approximately 60–70% of the cells exhibited mature adipocyte morphology as well as the expression of multiple adipocyte-specific mRNAs as assessed by RT-PCR. Recently, adipogenic differentiation of four human iPSC lines was investigated. After 12 days of EB formation and an additional 10 days of differentiation on poly-L-ornithine and fibronectin-coated dishes with adipogenic differentiation “cocktails”, human iPSCs exhibited lipid accumulation and transcription of adipogenesis-related molecules (*C/EBP α* , *PPAR- γ 2*, leptin and *aP2*), thereby displaying an adipogenic potential comparable to hESCs [79]. This work further supports the fact that adipocytes with a mature phenotype and function could be generated from multipotential stem cells under specific induction conditions, and points to the possible utility of ESC-derived adipocytes for adipose tissue construction.

Besides the pluripotential stem cells, adult stem cells isolated from some tissues or organs have also shown promise as alternative cell sources for adipose tissue engineering. These adult stem cells can be easily harvested, purified, and are readily expanded in culture, offering not only a potentially-unlimited supply of cells, but also the ability to define and control cellular constituents [80].

Mesenchymal stem cells (MSCs), which can be isolated via minimally-invasive procedures from the bone marrow or other connective tissue in the body, are highly expandable in culture and can be readily induced to differentiate into adipose tissue-forming cells after exposure to a well-established adipogenesis supplement. Currently, bone marrow-derived MSCs (BMSCs) have been investigated extensively and well-characterized for clinical application [81]. By contrast, ASCs, another type of MSC, have only recently been isolated and characterized from adipose tissue of young donors [82–84]. Methods to culture human ASCs in serum-free, chemically defined medium have been established, and these hASCs retained their ability to undergo adipogenesis over 160 population doublings with stable expression of molecular markers and functional properties of human adipocytes [82]. This finding could prove significant when culturing cells for the formation of adipose tissues. ASCs show many advantages over BMSCs, such as minimally invasive harvesting procedure (aspiration and excision), more clinically-relevant numbers of extractable cells (adipose tissues represent an even more plentiful reservoir of adult stem cells [~2%] than bone marrow [0.002%] or other connective tissues), and more active proliferation than that for BMSCs [85, 86]. More importantly, the adipogenic capacity of ASCs is higher than the other differentiation lineages if only a suitable 3D scaffold is provided [87]. For these reasons, there is a great interest in ASC applications for adipose tissue engineering [88].

Preadipocytes, found in the stromal-vascular fraction of adipose tissue, are also able to differentiate into mature adipocytes [89]. Preadipocyte clonal lines from rodents (3T3-L1 cells) have been utilized to gain insight into the molecular mechanisms of adipogenesis and drug screening [90]. Human preadipocyte sources, however, are prone to having a decreased differentiation capacity with elevated passage number before their growth stops and replicative senescence is reached [91]. Although this limitation can be circumvented by genetic modification, these transduced cell lines fail to recapitulate the lipolytic responses specific to human adipocytes and secretion of specific adipocytokines upon differentiation. Furthermore, chromosomal abnormalities were also observed in some transduced cell lines, impeding their wide application in engineering of adipose tissue [92, 93]. No attempt has been described for separating preadipocytes from ASCs in the context of adipose tissue engineering.

Biomaterial Scaffolds

Numerous scaffolds for tissue-engineered adipose have been investigated. With respect to biomaterial scaffold-based de novo adipogenesis, ASCs or preadipocytes can be

cultured on suitable polymeric scaffolds with appropriate growth factors, and form 3D constructions for implantation into a patient's breast defect site [85, 94]. In addition to providing structural stability for developing adipose tissues, scaffolds with desirable biochemical and biophysical cues can direct ASCs or preadipocyte behavior and function. A desirable scaffold for synthetic adipose tissue construction should possess biocompatibility, degradability, and soft tissue-like mechanical properties with support for vascularization [94]. A number of biomaterials have been exploited for adipose tissue engineering *in vitro* and *in vivo*, and advantages and disadvantages of these systems have been reported [94, 95]. The focus of this section of this review is on recent applications of natural and synthetic polymers for adipose tissue construction, updating progress in the field of adipose tissue-related mammary gland regeneration.

Naturally-Derived Biomaterials

Natural biomaterials are found as components of the native ECM or those generated by biological systems. Their application in regenerative medicine is advantageous with respect to biocompatibility, and mechanical and biological properties, which match those that exist *in vivo*. As a major component of native ECM, collagen has been utilized extensively as a natural biomaterial, in gel, sponge, and microbead forms, to support the adipogenic differentiation of ASCs and precursor cells. Human preadipocyte-loaded collagen sponges with uniform 40 μm pore sizes and regular lamellar structures promoted well-vascularized adipose-like tissue formation after being implanted into immuno-deficient mice. However, significant graft weight loss was observed after 3 weeks *in vivo* [96]. By optimizing cell seeding density and controlled-release of growth factor supplements, hASC loaded-type I collagen scaffolds supported *de novo* adipogenesis up to 24 weeks. This was evidenced by the successful outcomes of larger functional adipose tissue formed after implantation [97]. To enhance the structural stability of collagen-based sponges, a highly porous collagen-hyaluronic acid (HA) scaffold was produced by a controlled freeze-drying technique and crosslinked with 1-ethyl-3-(3-dimethylaminopropyl)-carbodiimide hydrochloride. These scaffolds supported the proliferation and differentiation of 3T3-L1 preadipocytes, enhanced functional gene expression, and offered robust, freely-permeable 3D matrices that enhanced mammary adipose tissue development *in vitro* [98]. To form a complex tissue that more closely resembles the normal human breast, collagen gels have also been used as a 3D biological matrix upon which preadipocytes were co-cultured with human MECs isolated from the same patient. A pattern of ductal structures of human MECs within clusters of adipocytes was observed, which is much

more similar to the architecture of breast tissue. This result indicates the potential for breast tissue to be regenerated *in vitro* on a 3D collagen scaffold and later implanted for the regeneration of mammary gland [54].

Due to their soft, tissue-like mechanical properties, cross-linked gelatin-based scaffolds have been considered as candidates for adipose tissue engineering. Moreover, their biodegradation rate can be controlled by the extent of chemical cross-linking. Human MSCs were seeded on gelatin sponges and exposed to adipogenic differentiation medium *in vitro*; the resulting constructs showed accumulated lipid droplets and expanded with culture [87]. In combination with the collagen scaffolds, gelatin microspheres containing basic FGF enabled hASCs to induce maximum adipose tissue formation at the implanted site [99]. Recently, in combination with polyglycolic acid and polypropylene meshes, gelatin sponges seeded with hASCs have been shown to support completely differentiated, vascularized adipose tissue *in vivo*. More importantly, the constructs retained their predefined shape and dimensions for up to 6 months. This is the most sustainable adipose tissue construct reported, suggesting its potential in the field of mammary gland tissue engineering [100].

Silks are naturally occurring protein polymers produced by a wide variety of insects and spiders. As the core protein filament, silk fibroin is a versatile natural biomaterial that has been utilized in a range of tissue engineering studies [101–103]. Biocompatibility, slow degradability and remarkable mechanical properties, as well as controlled molecular structure and morphology through versatile processing and surface modifications, constitute the reasons for interest in this protein as a tissue engineering scaffold [104–106]. To meet different requirements for different applications, various silk formats have been developed, such as films, fibers, meshes, hydrogels, and porous sponge scaffolds. These materials support stem cell adhesion, proliferation, and differentiation *in vitro* and promote tissue repair *in vivo* [107–109]. Silk scaffolds with hMSCs or hASCs supported significant up-regulation of adipogenic gene expression and lipid accumulation following cultivation in adipogenic medium [110]. After 4 weeks of implantation in a rat muscle pouch defect model, silk scaffolds supported *in vivo* adipogenesis either alone or when seeded with hASCs or hMSCs. In contrast, collagen and poly-lactic acid (PLA)-based scaffolds rapidly degraded following implantation. These results suggested that macroporous silk scaffolds offer an important platform for cell-based adipose tissue engineering, and in particular, provide longer-term structural integrity to promote the maintenance of adipose tissue *in vivo*. Using similar silk scaffolds, an *in vitro* 3D model for human vascularized adipose tissue was generated by co-culturing hASCs and human umbilical vein endothelial cells (HUVECs) [111]. Moreover, a 3D culture surrogate of

complex human breast tissue that included a tri-culture system, composed of human MECs, predifferentiated hASCs and mammary fibroblasts in a Matrigel™/collagen mixture in porous silk scaffolds was also developed [112]. In this complex tri-culture system, the presence of stromal cells induced both alveolar and ductal morphogenesis and also enhanced casein- α and β expression when compared with co-cultures or monocultures. Hence, this experimental model provides an informative human breast tissue system with which to study normal breast morphogenesis and neoplastic transformation. It suggests that a combination of 3D porous silk scaffold and stem cells (especially hASCs) represent encouraging option for stem cell-based adipose tissue engineering (Fig. 1).

Synthetically Derived Biomaterials

Several synthetic biomaterials have also been utilized in bioengineering adipose tissue in vitro and for de novo adipogenesis in vivo [94, 113]. This is due to their tunable mechanical properties, chemical properties and degradability, as well as biocompatibility. Copolymer scaffolds of PLGA (poly-lactic-co-glycolic acid) seeded with rat preadipocytes has been shown to support adipogenesis after subcutaneous implantation for up to 2 months [114]. However, the volume of generated adipose tissue decreased in a long-term study (up to 12 month) [72]. Volume-stable adipose tissues were engineered in vivo using a mechanical support structure of dome-shaped poly (glycolic acid) fiber-based matrices with PLGA [115]. In this study, the PLGA scaffolds were placed into subcutaneous pockets of athymic mice and human preadipocytes suspended in a fibrin matrix were injected into the space under the support structures. Six weeks after implantation, the original implant displayed significant adipogenesis with stable volume when compared to the control group, suggesting the potential of PLGA scaffolds for augmentation of adipose tissue with volume conservation.

Other than PLGA-based scaffolds, photopolymerizable polyethylene glycol (PEG)-base hydrogels that conjugated with both degradation sites and cell adhesion ligands have also been shown to support preadipocyte proliferation and differentiation subsequent to polymer degradation in vivo [116]. Recently, to better understand the mechanisms of adipose tissue differentiation, especially the role of 3D microenvironment in de novo adipogenesis in vivo, in vitro culture systems that closely mimic the geometry of the native adipose tissue were developed. In these studies, mouse preadipocytes or ESCs were seeded onto the nonbiodegradable fibrous polyethylene terephthalate (PET) or electrospun polycaprolactone (PCL), and were induced into differentiation with an adipogenic cocktail medium [117, 118]. The results showed that compared

with the 2D culture system, these 3D matrices offer more advantages in promoting the lineage differentiation of those stem cell (preadipocyte or ESCs) into mature adipocytes, as demonstrated by their (differentiated cells) more developed morphology, enhanced functional activity, and increased gene and protein expression level. These further support the utility of synthetic biomaterial scaffolds in constructing adipose tissue model, suggesting their central role in regenerating more suitable microenvironment for adipogenesis.

Conclusions and Future Challenges

Utilization of synthetic adipose tissue models has been effective in studying mammary gland morphogenesis, development, and tumorigenesis, and for regenerating mammary gland tissue in vitro or in vivo. Given that the multiple cell types contribute to the overall complex character of mammary gland tissue, it is imperative to include several stromal cell types for investigating paracrine signaling or cell-cell contact mediated epithelial behavior. Hence, one of the major challenges ahead is to propel the design of synthetic adipose tissue model systems further and incorporate multiple cell types, such as epithelial cells, fibroblasts, endothelial cells, and macrophages into a single system [119]. This, along with incorporation of adequate matrix scaffolds, will allow us to generate more complex, realistic mammary gland tissue models. In addition, model systems should be developed that recapitulate the complex hormonal signaling unique to the mammary gland. Establishment of hormone responsive MEC and stromal cell lines will significantly broaden the utility of synthetic epithelial-adipose tissue models for the investigation of mammary development and tumorigenesis [119]. To address this challenge, interdisciplinary collaborations are needed. With the evolutions in cell and developmental biology, material science, biological microfabrication as well as nanobiotechnology, it is plausible to construct designer tissue models in which the chemistry, geometry, and mechanics can be controlled at every scale. These strategies will allow for an improved understanding of the dynamic interplay that exists between different cells of the mammary gland, under both normal and aberrant conditions, such as those encountered in breast cancer. These types of models will also contribute to adipose tissue engineering for regenerating mammary gland tissue.

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