Aggressive and Docile Colony Defence Patterns in *Apis mellifera*. A *Retreater–Releaser* Concept

**Gerald Kastberger · Ronald Thenius ·
Anton Stabentheiner · Randall Hepburn**

Abstract Colony defence in Apis mellifera involves a variety of traits ranging from 'aggressive' (e.g. entrance guarding, recruitment of flying guards) to 'docile' (e.g. retreating into the nest) expression. We tested 11 colonies of three subspecies (*capensis, scutellata, carnica*) regarding their defensiveness. Each colony was selected as reportedly 'aggressive', 'intermediate' or 'docile' and consisted of about 10,000 bees. We applied three stimulation regimes (mechanical disturbance, exposure to alarm pheromones, and the combination of both) and measured their behaviours by tracking the rates of outflying bees at the entrance sites of the test hives. We provided evidence that for mechanical disturbances the test colonies resolved into two response types, if the 'immediate' defence response, assessed in the first minute of stimulation, was taken as a function of foraging: 'releaser' colonies allocated flying guards, 'retreater' colonies reduced the outside-hive activities. This division was observed irrespective of the subspecies membership and maintained in even roughly changing environmental conditions. However, if pheromone and mechanical stimulation were combined, the variety of colony defensiveness restricted to two further types irrespective of the subspecies membership: six of nine colonies degraded their rate of flying defenders with increasing foraging level, three of the colonies extended their 'aggressiveness' by increasing the defender rate with the foraging level. Such 'super-aggressive' colonies obviously are able to allocate two separate recruitment pools for foragers and flying defenders.

Keywords Defence behaviour · aggressiveness · docility · flying defenders · soldier bees · retreating · *Apis mellifera*

G. Kastberger (✉) · R. Thenius · A. Stabentheiner
Department of Zoology, University of Graz, A 8010 Graz, Austria
e-mail: gerald.kastberger@uni-graz.at

R. Hepburn
Department of Zoology, Rhodes University, Grahamstown, South Africa

Introduction

An elaborate defence system in both open-nesting (Seeley et al. 1982; Kastberger et al. 2007) and cavity dwelling species (Ruttner 1988) of honeybees has evolved in tandem with the attractiveness of honeybee colonies and their nests as food resources for predators. In particular, the honeybees have to run a cunning trading-off regarding the two poles of work loads, foraging and defending, to efficiently collect and minister the pollen and honey resources and to safeguard the nest in order to minimize losses and expenses. The main goal of defence is therefore to make the nest site a zone of shelter for colony members as well as a zone of high risk for predators for which the entry fee has to be set as high as possible.

Nonetheless, there is considerable variation in the defence systems among and within honeybee species (Kerr 1967; Winston 1992; Boch and Rothenbuhler 1974; Winston 1987; Moritz et al. 1987; Moritz and Southwick 1992; Page et al. 1995; Seeley et al. 1982), even in colonies headed by related queens kept under the same conditions in the same apiary (Collins et al. 1980, 1984, 1988; Schneider and McNally 1992; Page et al. 1995; Stort 1974, 1975a, b; Villa 1988). Generally, variability in defensiveness in honeybees is caused by internal and external factors (Schua 1952; Woyke 1992; Collins 1981; Brandeburgo et al. 1982; Southwick and Moritz 1987; Collins and Rinderer 1985; Breed et al. 2004) and ranges from extreme 'docility' to extreme 'aggressiveness'.

'Docile' strategies in honeybees can be defined as being generally non-stinging and avoiding exposure to the predator. In this context, the workers of cavity-dwelling species, *Apis mellifera* and *A. cerana*, respond to some threats by reduction or even ceasing the outside-hive activities. Staying at the nest under threat has also the advantage of having a sufficiently big stock for collective defence. The phylogenetically older free-nesting Giant honeybees *A. dorsata* also exhibit 'docile' traits that effectively repel wasp predators (Kastberger et al. 2007) by colony members on the curtain surface, which stay at the nest and show synchronized abdominal shaking. In *A. mellifera*, 'docility' is reported to be associated with low ambient temperature, low ambient humidity (Schua 1952; Collins 1981; Drum and Rothenbuhler 1984), small colony size (Boch and Rothenbuhler 1974; Collins et al. 1982; Collins and Kubasek 1982), low honey store size and good nectar flows in the field (Winston 1987).

The 'aggressive' strategies of honeybees comprise guarding and soldier behaviour (Breed et al. 1990, 2004; Stabentheiner et al. 2002, 2007) in diverse facets. According to conventional terminology, guard bees patrol the entrance of the colony as well as the periphery of the nest in open colonies. The main purpose of guarding is to identify and remove foreign conspecific intruders (Breed et al. 1992). However, guard bees may also play a role in recruiting other bees to defend against larger intruders (Moore et al. 1987). Such non-guard defenders are mobilised and released particularly in masses to repel intruders in counter-attacking operations. The term "soldier bees" (Breed et al. 2004) is appropriate to designate bees that pursue or sting, although not necessarily in the sense of task specialisation. In particular, Giant honeybees (Kastberger and Sharma 2000), African bees (e.g. *A. mellifera scutellata*) and the Africanized bees (Collins et al. 1982; Villa 1988; Winston 1992) are notorious for ganging up a mass of stinging non-guard defenders within tens of seconds.

In this paper, we focused on the responsiveness of *A. mellifera* colonies to a specific predatory stimulus and investigated whether and how the same colony may utilize the whole spectrum between 'docility' and 'aggressiveness', ranging from full retreat into the nest to the release of flying, non-guard bee defenders. We used three methodological approaches: First, we simulated natural vertebrate perils applying three regimes of threatening stimuli: (a) shocking the colonies mechanically, (b) exposing them to alarm pheromones, and (c) combining mechanical and pheromonal stimulation. Second, we investigated the role of intrinsic and extrinsic factors on defensiveness and measured the foraging level, ambient temperature and time of day. Third, we selected wide genetic variety in A. *mellifera* and used test colonies of three African and European subspecies (*A. m. scutellata, A. m. capensis, A. m. carnica*) which had the similar colony size and which had been pre-selected by manual inspection as 'docile' and 'aggressive'.

Materials and Methods

Test Colonies

We conducted experiments with three colonies of *A.m. scutellata* ($scut_{A-C}$; $n=82$ experiments) and *A.m. capensis* (cap_{A-C}; $n=52$), and five *A.m. carnica* ($carn_{A-E}$; $n=68$). Each colony was selected as reportedly 'aggressive', 'intermediate' or 'docile' and consisted of about 10.000 bees. The colonies from Ixopo, Kwa-Zulu-Natal (South Africa) were morphometrically (Hepburn and Crewe 1991) of *scutellata* origin, those from Grahamstown (South Africa) of *capensis* origin, the *carnica* colonies were reared at the beekeepers school in Graz (Austria). The experiments with the African subspecies were carried out in late spring in Grahamstown, South Africa through 2 weeks under diverse weather conditions with ambient temperatures ranging from 12°C to 35°C, from windy to windless. Experiments with the European subspecies were conducted in Graz, Austria during 2 weeks in summer with constant warm weather.

Stimulation Regimes

We used three ways to disturb the colonies under test. (1) Under the m-regime (Fig. 1), mechanical shocks were delivered to the bees by dropping 200 g weights through a 50 cm tube mounted on the top of the hive to transmit the impulse directly onto a plate covering the top-bars of the frames at a rate of one per 2 s for 3 min. (2) Under the p-regime, the colonies were exposed to alarm pheromones on cotton buds doped with ten stings placed 10 cm in front of the hive, so that the bees had to fly to reach it. The use of ten stings compensated for the fact that individual honeybees provide different levels of sting pheromone. For each experiment, the sting preparation was made freshly from forager bees, and as the sting pheromones are extremely volatile, we checked the effectiveness of pheromonal stimulation by the smell of the cotton buds, which had at the end of the 3 min of exposition the same strong smell as at the start. Lastly (3), we combined mechanical shocks and alarm pheromones under the mp-regime.
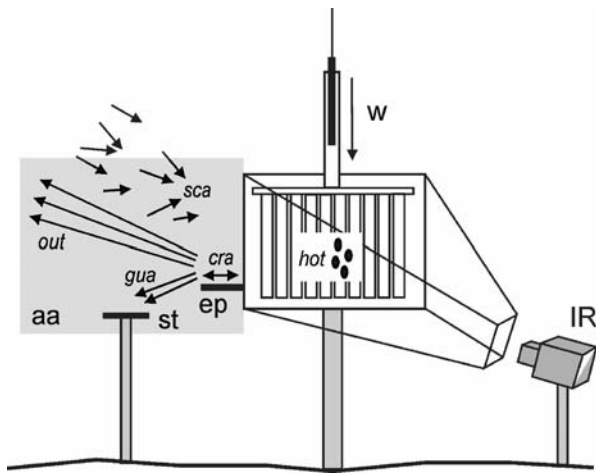
Fig. 1 Experimental setup with a ten-frame *Apis mellifera* hive. The experiments with the colonies of the three subspecies were conducted with this hive. *w*, tube for delivering mechanical shocks by falling weights; *st*, preparation of ten stings in front of the hive. Five classes of worker bees had been assessed: *sca*, bees scanning in front of the hive entrance heading to the hive entrance; *out*, bees departing from the hive entrance; *cra*, bees crawling around or staying motionless on the entrance plate; *gua*, guard bees which flew to the stinger preparation; *hot*, bees with heated thoraces on the nest surface of the nest inside the hive, recorded by infrared camera (*IR*). *Gray area* in front of the hive entrance gives the zone which was recorded by video.

Each experiment comprised three phases: (a) the pre-stimulation (preSTIM) phase in which foraging was measured for 3 min; (b) the stimulation (STIM) phase of 3 min; (c) the post-stimulation (postSTIM) phase of 10 min. The first 2 min of the STIM- and postSTIM-phases were subdivided into four 30 s intervals (STIM$_1$–STIM$_4$, and postSTIM$_1$–postSTIM$_4$ respectively). The phases STIM$_1$ and STIM$_4$ were used for the quantification of the 'immediate' response after the onset of the stimulus. Colonies were tested up to 10 days at different weather conditions and ambient temperatures at day times between 9 and 17 h. After each experiment, the colonies remained untouched for at least 1 h.

Behaviour Categories

Throughout the experiments we video-recorded the assessment zone in front of the hive entrance (Fig. 1) and observed four groups of bees with different locomotor behaviours represented by 'crawlers', 'entrance guards', 'scanners', and 'outflyers'. In Fig. 2, we exemplified this in detail for the p-, m- and mp-regimes in five selected experiments of two colonies (*scut$_{AC}$*) in which the rates of the activities of flight and ground traffic were counted in 30 s intervals. *Crawlers* represent ground traffic at the hive entrance. The largest sub-group of *crawlers* were classified as *entrance guards* (Moore et al. 1987; Breed et al. 2004; Stabentheiner et al. 2002), in particular those, which flew to the stinger preparation in front of the entrance hole under the p- and mp-regimes. *Scanners* were identified as bees facing the hive entrance in straight or hovering flight. *Outflyers* were identified as bees heading off the hive in straight flight and were counted continuously in 30 s intervals.
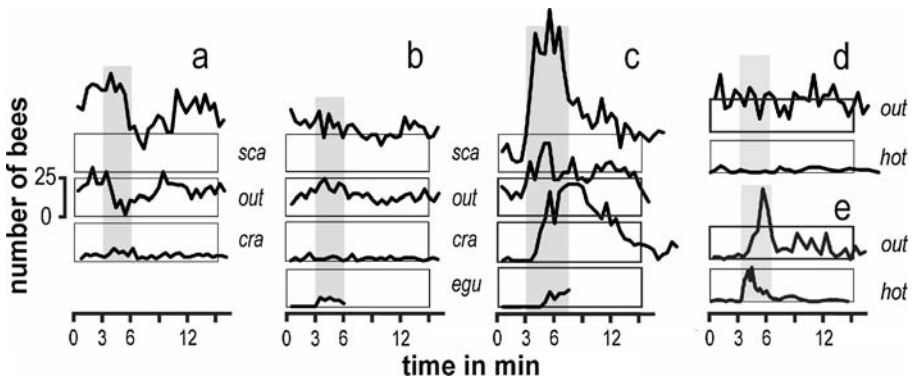
Fig. 2 Principles of ground and flight traffic and of nest arousal in *Apis mellifera* colonies, under experimental arousal by the m-, p- and mp-stimulation. Simultaneous counts of scanners (*sca*), outflyers (*out*), crawlers (*cra*), entrance guards (*egu*) and worker bees on the surface of the nest inside the hive with heated thoraces (*hot*), visualized by infrared imaging. Ordinates: number of flying bees per 30 s (regarding *sca* and *out*), respectively the number of worker bees at the time of observation (regarding *cra*, *egu* and *hot*); the *open squares* in the background scale the ordinates (0 and 25 counts) and the abscissae (0 and 15 min of experimental time); the *grey background areas* represent the stimulation phase (STIM-phase) between 3 and 6 min of experimental time. (**a**) colony *scut$_C$*, m-regime, start of experiment: 2000–10–21 at 12.56 h; (**b**) colony *scut$_C$*, p-regime, 2000–10–28 at 11.16 h; (**c**) colony *scut$_A$*, mp-regime, 2000–10–28 at 14.29 h; (**d**) colony *scut$_A$*, p-regime, 2000–10–28 at 11.16 h; (**e**) colony *scut$_A$*, mp-regime, 2000–10–24 at 11.27 h.

Additionally, we measured the arousal conditions of the test colonies, by imaging the temperature patterns on the surface of the nest inside the hive (Fig. 1). For that, we used a Thermacam SC2000 Infrared camera (FLIR, Inc), which was calibrated by a reference source of known temperature and emissivity (Stabentheiner and Schmaranzer 1987). The camera viewed directly onto the frames from the side without any barrier in between. Camera and beehive were covered by a black curtain that also closed the hive for the bees. Arousal of the nest by stimulation in the m-, p-, and mp-regime is quantified by the number of 'hot' bees which heated up their thoraces over 40°C. In this paper, we illustrate such arousal effects during the experiments only exemplified for the colonies *scut$_A$* (Fig. 2d,e) and *scut$_C$* (see chapter "Results").

Data Analysis

The outflyer rate (OUT) is the main parameter of this analysis; it provides an appropriate measure of two behavioural features of honeybee colonies, of their foraging level and their defensiveness. It was measured in 30 s intervals (i=1 to 32) in the 16 min of experiments. The outflyer rate under undisturbed conditions (which were given in the pre-stimulation phase) quantifies the foraging activity of the colony for the time of experiment. The mean outflyer rate in the pre-stimulation phase $m\mathrm{OUT}_{\mathrm{preSTIM}} = \sum \mathrm{OUT}\,[i]/6$; with $i\_=1$ to 6 as the number of 30 s-intervals) was used as a reference to assess the net outflyer rate ($_{\mathrm{net}}\mathrm{OUT}\,[i] = \mathrm{OUT}\,[i] - m\mathrm{OUT}_{\mathrm{preSTIM}}$), which is scaled in the paper by the number of bees per minute. The parameter net outflyer rate focuses on the responsiveness of the colony to the stimulation in the following aspects: Zero values of the net outflyer rate in the

STIM- and postSTIM phases display a non-responding, non-aroused state of the test colony. Changes of outflyer rate in context with stimulation refer to colony defensiveness. Positive values denote responses, which raise the outflyer rate over the initial foraging level. An increasing outflyer rate after the onset of stimulation signifies the release of flying defenders and is in this paper, therefore, termed as "releasing response". To the opposite, decreasing outflyer rates in context of stimulation signal down-regulation of outside-hive activities of the colony. This colony response may even reduce the outflyer activity below its initial foraging level, which causes negative values of the net outflyer rates. Such colony reaction with outflyer rates decreasing after the onset of stimulation is termed as "retreating response". The colony recovers to its normal foraging activity if the low outflyer rate after a stimulus-induced retreat has again increased.

Statistics

Parametric (*t* test) or nonparametric (Chi-square test, Wilcoxon Signed Rank Test) tests were used to compare. Gaussian and non-Gaussian distributed data sequences in order to trace differences in behaviors between two experimental states, such as before and after the onset of shimmering. Correlations were characterized by the regressions of the original data values of the respective behavioral classes, or facultatively (see below) of their arithmetic means. The regressions were fitted by optimizing their coefficients of determination (R^2) and tested for significance by Spearman rank order correlation test. Inter-group (e.g. between m-*releaser* and m-*retreater* colonies) and intra-group (e.g. among m-*releaser* and m-*retreater* colonies) differences of outflyer rates were tested using the One Way ANOVA (Sigmastat). This concerned the foraging rates in the preSTIM phase and the 'immediate' responses after the onset of stimulation in the $STIM_1$ and $STIM_2$ intervals.

Results

Identifying the Goals of Bees in Ground and Flight Traffic in Front of the Hive

Foragers Flight traffic under undisturbed conditions referred mainly to foragers— with the exception of the facultative midday display, when young bees perform their first orientation flights (colonies had not been tested during this midday display). Also under stimulation, flight traffic may predominantly regard foraging matters. This is exemplified in Fig. 2a, when the test colony $scut_C$ displayed 50 *scanner* bees per 30 s in front of the entrance hole at the start of m-stimulation. The *scanner* rate is likely to be overestimated because one and the same *scanner* bee may enter the assessment zone in front of the hive several times before it finally lands near the hive entrance. Nevertheless, the time course of the scanner rates lagged by 3 min behind that of the *outflyer* group (Fig. 2a). The test colony $scut_C$ was of the *retreater* type and decreased its *scanner* and *outflyer* rates during m-stimulation. *Scanners* and *outflyers* waxed and waned in a similar time course, but the *scanner* curve was delayed. Such a phase lag between *outflyers* and *scanners* of 3 min indicates that one and the same individuals had been scored twice in succession, first, when departing

from the hive as *outflyers*, and second, 3 min later on their return as *scanners*. This is unequivocal evidence that in a *retreater*-type colony *outflyers* and *scanners* are predominantly foragers.

Entrance guards The definition of *entrance guards* (Stabentheiner et al 2002, 2007; Breed et al, 2004) regards bees at the entrance site of bee nests which inspect the incoming traffic. In our paper it are the *crawlers* (*cra*) which represent this group. Undisturbed, the colony holds the number of the bees at the hive entrance constant. If the colony is stimulated externally under the p-regime, some of the *entrance guard* (*egu* in Fig. 2b) happened to fly to the sting preparation. The exposure to alarm pheromones alone did not provoke any change in the rate of *scanners* and *outflyers* (*sca, out* in Fig. 2b), and did not arouse the colony at the nest itself; the number of bees with heated-up thoraces (*hot* in Fig. 2d) remained low and constant. The pattern of the rate of *outflyers* and *scanners* in this example (Fig. 2b) fits to this observation of a non-arousal state, and the time-lagged pattern of their rates identifies them also as foragers.

Soldier bees Under massive arousal of the nest, as it is true for the mp-regime (Fig. 2c), all behaviour classes of worker bees in front of the hive increased in numbers. As the first reaction, the number of nest bees with heated thoraces increased (*hot* in Fig. 2e), which is an expression for recruitment of soldier bees, followed by the *outflyers* and *scanners* (*out, sca* in Fig. 2c) and by the *crawlers* (*cra* in Fig. 2c) and those part of the entrance guards (*egu* in Fig. 2c), which flew to the sting preparation. As an 'immediate' response to stimulation, *outflyer* and *scanner* rates peaked here not in a time-lagged way but synchronously (Fig. 2c). The selected example documents the release of highly 'aggressive' bees, which had pursued the experimenter when operating near the hive. Thus, such cohorts of *scanners*, *outflyers* and *crawlers* were clearly engaged in a defensive mission. They were of heterogeneous origin, and combined foragers, entrance guards as well as soldier bees (Breed et al 2004), which had been mobilised directly from the nest. All of them may have taken flight off to the harasser.

    The quota of foragers and soldier bees can be estimated by the count of the *outflyers* and of those bees inside the hive which have heated up their thoraces to more than 40°C. The forager part of the *outflyer* rate can be assessed under the undisturbed conditions, e.g. in the pre-stimulation (preSTIM) phase of the experiment, the contingent of soldier bees can be estimated by infrared monitoring of the nest interior, but it also represented by the increasing part of net outflyer rates. We gained corroborative evidence (compare Fig. 2d,e) that in *releaser*-type colonies the 'immediate' responses to m- or mp-stimulation originate from the internal mobilisation of the colony. Therefore it is plausible to propose that the mobilisation of soldier bees (cf. Breed et al. 1992) causes the increase of the net outflyer rate after the onset of m- or mp-stimulation. A strong support for this surmise is given by the fact that in the course of mp-stimulation the number of nest bees which heated up their thoraces strongly graded along a linear correlation (e.g. for $scut_C$; $r=0.908$; $P<0.01$; Linear regression test, Sigmastat; Kastberger and Stabentheiner, in preparation) with the number of *outflyers* (compare Fig. 2d,e) if the *outflyer* rate was assessed with a time lag of 100 s. We categorized these cohorts which caused

the stimulus-driven peaks in the *outflyer* curves more neutrally as 'flying defenders', in particular because it was not possible to specify in the bulks of bees, which definitively pursued the experimenter during mp-experiments, the proportion between *entrance guards* and freshly recruited *soldier bees*.

Colony Responsiveness to Mechanical and Pheromone Stimulation

The responses of the test colonies to mechanical stimuli ranged from the release of flying defenders to the retreat to the nest (Fig. 3, m-graphs). Some of the colonies (cap_A, $scut_{A-B}$, $carn_A$) were more 'aggressive' and mobilized flying guards within 15 s. Other colonies (cap_{B-C}, $scut_C$, $carn_{B-C}$) were more 'docile' and reduced their net outflyer activity during and after stimulation. Both strategies, 'aggressive' and 'docile', differed in strength and in a colony-specific way. For example, the colonies cap_{B-C} and $carn_B$ increased the outflyer rate after the onset of stimulation for a short time, other colonies, such as $scut_{A-B}$, or $carn_A$ increased it strongly. After the obvious release of flying guards most colonies decreased their net outflyer activity and retained their initial outflyer rate (e.g. in cap_A) or went even below their initial foraging rate (such as in $scut_C$, $carn_{B-C}$) showing retreatment.

The exposure to alarm pheromone alone hardly affected the outflyer rate and accounted for only slight retreats in the initial post-stimulation phase (Fig. 3, p-graphs). However, combining mechanical shock and alarm pheromone as it is done in the mp-regime evoked colony responses, that differed from those observed in the m-regime in three aspects (Fig. 3, mp-graphs): 'Aggressive' colonies (such as cap_A, $scut_{A-B}$, $carn_A$) responded with massive and instantaneous release of flying defenders. 'Docile' colonies (such as cap_C, $scut_C$, $carn_{B-C}$) released flying defenders during stimulation but reduced the flights in the post-stimulation phase. Only the test colony cap_B did not release flying defenders and retreated during mp-stimulation in an enhanced way.

Summarizing, the variety of defence types in honeybee colonies, if tested under multimodal conditions reaches from 'docile' to 'aggressive' even if different sub-species are considered. In the next chapters we typify in more details the test colonies, which had been preselected regarding their defensiveness by gross manual inspection in the routine of beekeepers. For that, we applied methods which should be manageable in the field to establish controlled arousal conditions and to assess behavioural criteria such as the net outflyer rate and the foraging rate which allow for a quantification of colony defensiveness.

Defence Typology Under the m-Regime

The responsiveness of colonies to stimuli was traced by the net outflyer rates after the onset of m-stimulation (regarding the stimulation phases $STIM_1$–$STIM_4$) and

Fig. 3 Reactivity patterns of the nine (of 11) test colonies of three *Apis mellifera* subspecies (*A.m. capensis*: cap_{A-C}; *A.m.scutellata*: $scut_{A-C}$; *A.m.carnica*: $carn_{A-C}$). The colonies were investigated under three stimulation regimes (*m*, *p*, *mp*). *Grey areas* mark the 3-min stimulation period (STIM-phase). Ordinate, the net outflyer rates (*lines with vertical bars*: means±SE) of the colonies under the respective stimulus regimes; *horizontal thin lines* across the fields mark the zero level, which is equivalent to the arithmetical means of the outflyer rates in the 3 min of the pre-stimulation (preSTIM) phase. After stimulation, the colonies had been observed for further 10 min in the post-stimulation (postSTIM) phase.
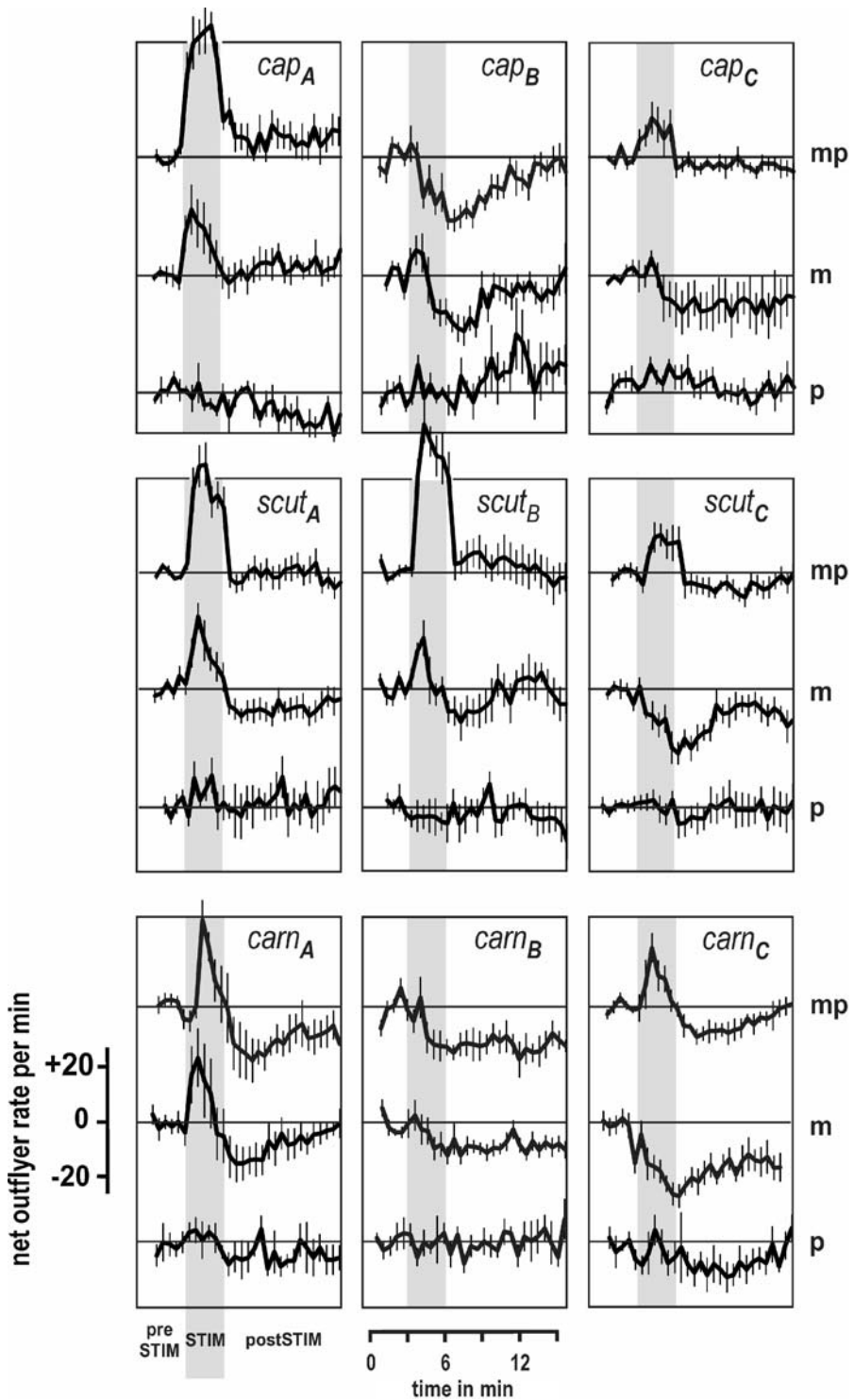
after the termination of m-stimulation (regarding the poststimulation phases postSTIM$_1$–postSTIM$_4$). We sorted the test colonies from colony 1 to colony 11 (for coding the colonies, see legend of Fig. 4) with respect of a decreasing strength of the 'immediate' defence response (Fig. 4a). Surprisingly, the colonies, resolved into two defence types (Fig. 4a), irrespective of the membership of the subspecies. The colonies 1–5 released, as the 'immediate' response, flying defenders and were, therefore termed 'm-*releaser*s'. The colonies 6–11 kept the outflyer rate at constant level or reduced it, which corresponded to the retreatment response. These colonies were termed 'm-*retreater*s'.

This dual categorization of the 11 test colonies by m-*releasers* and m-*retreaters* (Fig. 4a) becomes even more obvious if the 'immediate' defence responses of the colonies under m-stimulation were related to the momentary colony-specific foraging levels under undisturbed conditions, that were previous to stimulation. Colony defensiveness can then be quantified by the respective regression functions which are diversified significantly for the m-*releaser* and m-*retreater* groups (Fig. 4b). Additionally, the ANOVA tests (Fig. 4c) proved here significant inter-colony and inter-group differences among and between m-*releasers* and m-*retreaters*, regarding foraging levels under undisturbed conditions in the preSTIM phase and regarding the 'immediate' responses to m-stimulation (in terms of the net outflyer rates in the STIM$_1$ and STIM$_2$ phases).

Overall, the m-regime data demonstrated, that all 11 test colonies responded by increasing their net outflyer rates in the first phases of stimulation when the mean foraging levels of the colonies, measured over the experimental session, decreased (Fig. 4). This principle, that the foraging activity modulates colony defensiveness, is obviously fundamental for *Apis mellifera* colonies, it was also assessed in individual colonies ($P<0.01$; Spearman test; data not shown explicitly in graphs) under the m-regime when the environmental conditions have changed (e.g. regarding ambient temperature or the time of day).

Constancy of Defence Typology

The experiments have been performed with each of the test colonies on three sequential days at different day times and varying ambient temperatures (see "Materials and Methods"). The colonies were considerably influenced by environmental factors, and therefore, respective variation of the responses to normative stimuli had been expected. The question was whether honeybee colonies would alter their response type, in particular, whether they would shift under changing environmental conditions from the m-*releaser* to the m-*retreater* state or vice versa. To prove this, we measured the 'immediate' colony responses under the m-regime and catalogued the state of defensiveness of the test colonies throughout the experimental session.

Although the environmental conditions altered extraordinarily, regarding ambient temperature, in particular (see "Materials and Methods"), the response patterns of the 11 test colonies to m-stimulation varied only moderately (Fig. 5). Colonies 1–5 maintained their 'aggressive' character to release flying defenders ($P<0.05$; z-test), and the colonies 8–11 continued to retreat to the nest throughout the session ($P<0.05$; z-test); only the colonies 6 and 7 switched from *releasing* to *retreating* mode.
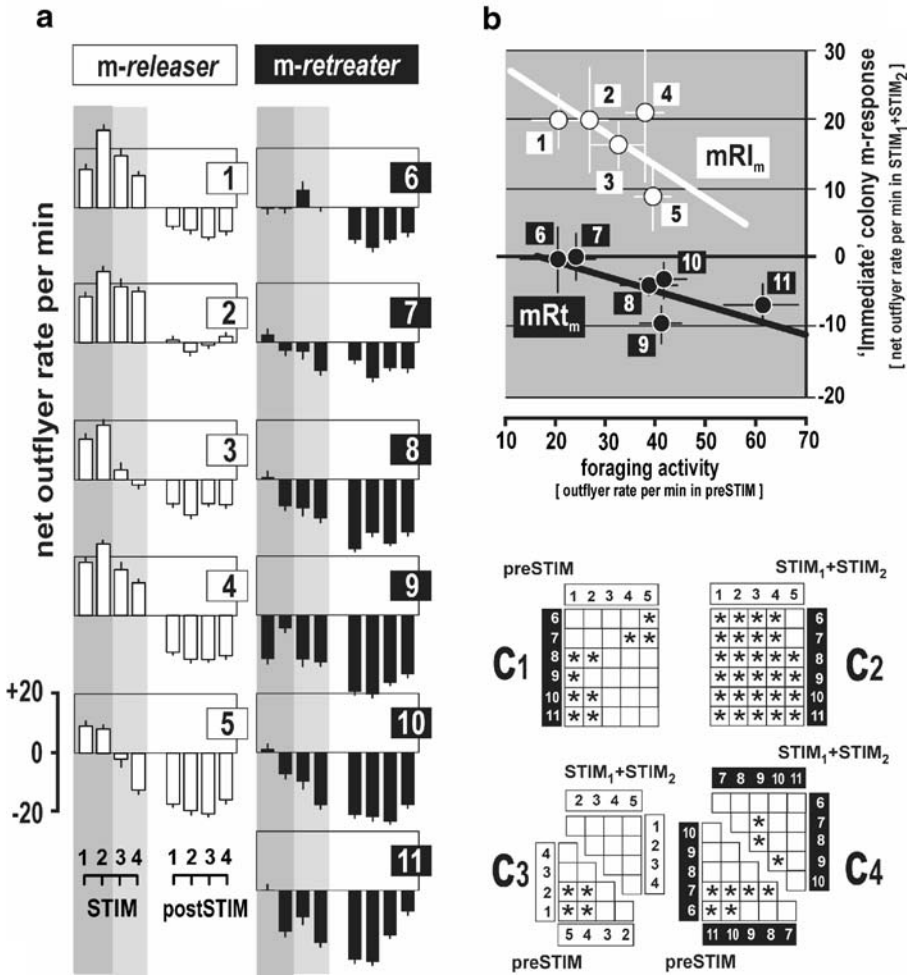
Fig. 4 Categorizing colony defence types in three subspecies of *Apis mellifera* under mechanical stimulation (m-regime). **a** The responses of the test colonies (*columns and vertical bars*, means±SE) assessed by the net outflyer rates in the four stimulation phases (STIM$_1$-STIM$_4$; marked by *grey background*) and in the four post-stimulation phases (postSTIM$_1$-postSTIM$_4$; on *white background*). The test colonies (codes: *1, scut$_A$; 2, cap$_A$; 3, scut$_B$; 4, carn$_A$; 5, cap$_B$; 6, cap$_C$; 7, carn$_C$; 8, carn$_D$; 9, carn$_B$; 10, scut$_C$; 11, carn$_E$*) were sorted regarding decreasing values of the "immediate" response (defined as the net outflyer rates in the STIM$_1$ and STIM$_2$ phases); the colonies 1–5 (*open symbols*) increased the outflyer rate after stimulation and are thus termed as 'm-*releaser*' colonies, whereas the colonies 6–11 (*closed symbols*) were neutral or decreased the outflyer rate after stimulation and were termed as 'm-*retreater*' colonies. **b** Plots of the behaviours of the colonies as coded under a (*circles and bars*; means±SE); ordinate, the 'immediate' responses ($y_m =_{net}$OUT$_{STIM1+STIM2}$ as the mean net outflyer rates in STIM$_1$+STIM$_2$) to mechanical stimulation; abscissa, the foraging activity ($x_m =$ OUT$_{preSTIM}$ as the outflyer rate in the pre-stimulation phase, which corresponds to the forager rate under undisturbed conditions); regression polynomials of the means of m-*releaser* (mRl$_m$) colonies, $y_m = 32.090 - 0.472 \times x_m$ (with $r=-0.415$; $N=5$ colonies; $P<0.01$, Spearman Test; based on 38 experiments) and of m-*retreater* (mRt$_m$) colonies: $y_m = 3.584 - 0.212 \times x_m$ (with $r=-0.474$; $n=6$ colonies; $P<0.01$; based on 40 experiments). **c** Plots summarizing the results of the ANOVA tests; stars give the significance levels ($P<0.05$) of intercolonial differences of outflyer rates: the differences between m-*releaser* (1–5) and m-*retreater* (6–11) colonies concerning the foraging rates in the preSTIM phase (c_1) and the 'immediate' m-responses (c_2), and the differences of the foraging rates (preSTIM) and 'immediate' responses (STIM$_1$ + STIM$_2$) among m-*releaser* colonies (c_3) and among m-*retreater* colonies (c_4).

Fig. 5 The aspect of constancy of the colony defense type in *Apis mellifera* under the m-regime. Codes of the 11 test colonies, see Fig. 4; colonies 1–5 are of the *releaser* type, colonies 6–11 are of the *retreater* type. Ordinate, the 'immediate' responses to m-stimulation; abscissa, number of experiments which were conducted at different times of day and ambient temperatures in the course of three consecutive days. *Signs in brackets* give the main ($P<0.05$, z-test) direction of 'immediate' responses, corresponding to *releaser*-type (*plus sign*), *retreater*-type (*minus sign*), or switching from *releaser* to *retreater*-type (*plus–minus sign*). The experimental conditions (regarding number of experiment, times of day and ambient temperature) obviously are irrelevant for the signs of the 'immediate' responses in subsequent experiments.
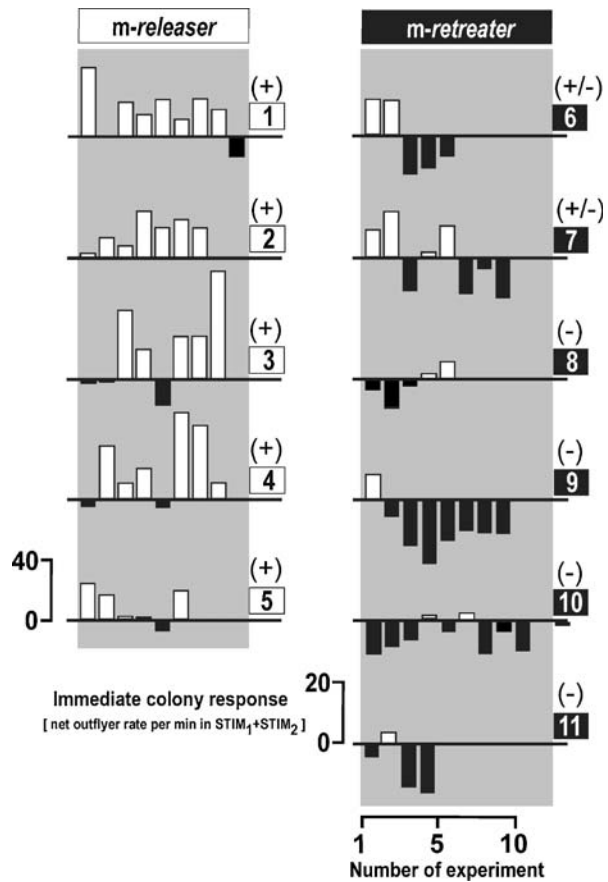
In a more general view, the test colonies maintained their response type under the m-regime at least for the sequence of three experimental days.

Defence Typology Under the mp-Regime

The survey in Fig. 3 illustrates that mere p-stimulation would not bring any colony respond to release flying defenders or by a retreatment activity (Figs. 2 and 3). It also demonstrates that the responsiveness to the stimuli was massively enhanced in strength, and the spectrum of defence typology became more diverse, if the m- and p-regimes were combined. The question was in which way this combined stimulation would modify that typology, which had previously been defined for the m-regime.

For that, we tested nine colonies (with the exception of the colonies $carn_{DE}$) under the mp-regime. The criterion for sorting the colonies 1–9 in Fig. 6a was the same as in Fig. 4a and referred to the decrease in strength of the 'immediate' responses in the m-regime. The mp-responses of the colonies in the $STIM_1$-$STIM_4$ and in the $postSTIM_1$-$postSTIM_4$ phases were displayed in Fig. 6a, and, similarly to Fig. 4b, their 'immediate' mp-responses were plotted in Fig. 6b against the foraging
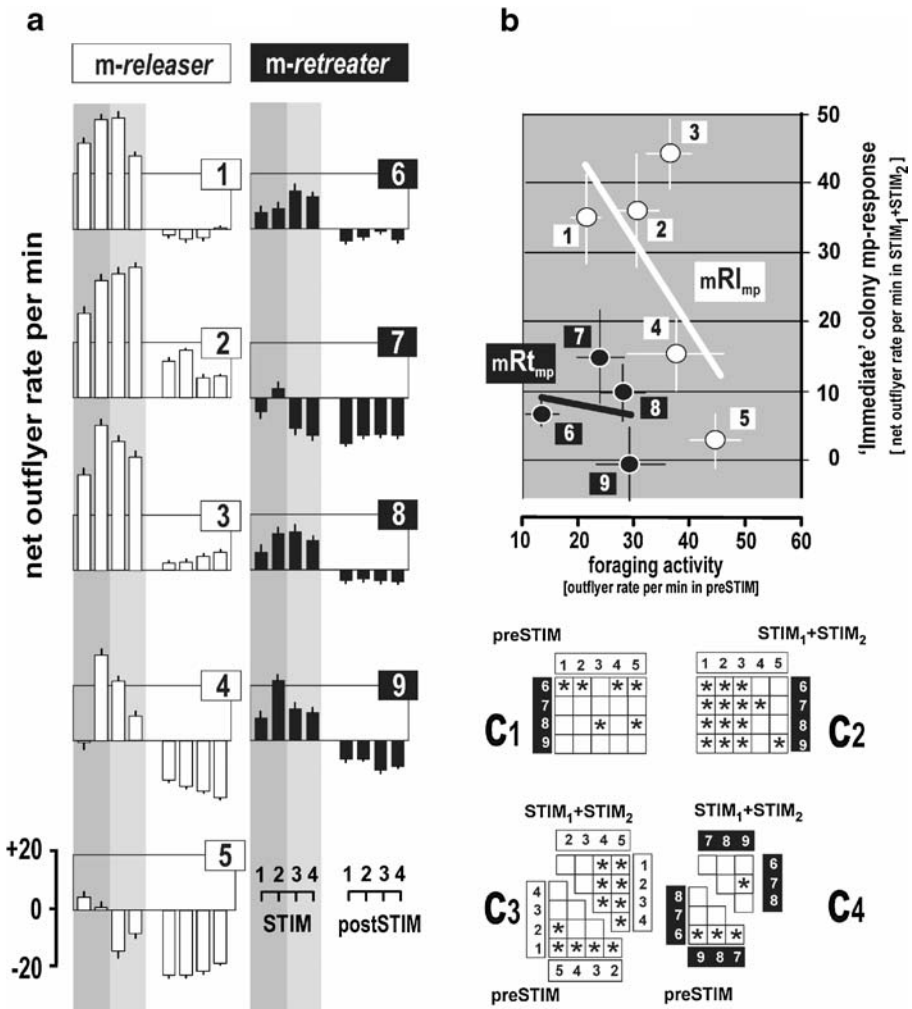
Fig. 6 Categorizing the colony defence types in *Apis mellifera* in experiments under combined stimulation (mp-regime) but using the same classification as under the m-regime (m-*releaser*, m-*retreater*). **a** The mp-responses (*columns and vertical bars*, means±SE) of the test colonies of the net outflyer rates during stimulation (STIM$_1$-STIM$_4$) and afterwards (postSTIM$_1$-postSTIM$_4$). The colonies *1–5* (*open symbols*, m-*releaser* type colonies) and the colonies *6–9* (*closed symbols*, m-*retreater* type colonies) were sorted regarding decreasing values of the 'immediate' m-responses (see Fig. 5); note, the colonies *10*, *11* were not investigated in the mp-regime (for coding *1–9*, see Figs. 4, 5). **b** Plots of the behaviours of individual colonies (*circles±bars*, means±SE): Ordinate, the 'immediate' mp-responses (mean net outflyer rates in STIM$_1$+STIM$_2$, $y_m =_{net}OUT_{STIM1+STIM2}$) to mp-stimulation; abscissa, the foraging activity (defined by the outflyer (= forager) rate in the prestimulation phase, $x_{mp}=OUT_{preSTIM}$); regression polynomials of the means of m-*releaser* type colonies tested in the mp-regime (line plot mRl$_{mp}$): $y_{mp} = 71.06–1.30×x_{mp}$ (with $r=−0,651$; $N=5$ colonies; $P=0,23$, Spearman Test, Sigmastat; based on 47 experiments) and of m-*retreater* type colonies tested in the mp-regime (line plot mRt$_{mp}$): $y_{mp}=11.627– 0.1656×x_{mp}$ (with $r=−0.180$; $N=4$ colonies; $P=0,82$; based on 28 experiments). **c** Plots summarizing the results of the ANOVA tests; *stars* give the significance levels ($P<0.05$) of intercolonial differences of outflyer rates: the differences between m-*releaser* (*1–5*) and m-*retreater* colonies (*6–9*) concerning (c_1) the foraging rates in the preSTIM phase and (c_2) the 'immediate' (STIM$_1$ + STIM$_2$) mp-responses, and the differences of the foraging rates (preSTIM) and 'immediate' mp-responses (STIM$_1$+STIM$_2$) among m-*releaser* type colonies (c_3) and m-*retreater* type colonies (c_4).

levels. Finally, the foraging status and the'immediate' mp-responses of the colonies have been tested (Fig. 6c; cf. Fig. 4c) for differences between and among the mp-*releaser* and mp-*retreater* groups.

The data distribution of Fig. 6b seems to be more complex than under the m-regime (Fig. 4b), and there are, at least, two ways to explain the findings. The first view accepts the same group criteria as under the m-regime (Figs. 4 and 5) and postulates that the colonies 1–5 had boosted their defensiveness under the mp-regime to release more flying defenders (Fig. 6c). Similarly to the m-regime, this defensiveness under mp-stimulation depends on the foraging level under undisturbed conditions with the consequence that, if a colony had a higher foraging activity, less numbers of flying defenders were released. The regression functions (mRl_{mp}, mRt_{mp} in Fig. 6b) symbolize this homology to the findings of the m-regime (Fig. 4b). The only weakness of this conception is that it cannot be statistically proved by the given data base.

The second view to explain the data distribution of Fig. 6b is, however, soundly proved by ANOVA tests (Fig. 6c). It categorizes the mp-data of the nine colonies in contrast to that of the m-regime into two groups. The colonies 1–3 differed in their 'immediate' mp-responses from all other test colonies by having massively released flying defenders and by not having retreated in the post-stimulation phase (Fig. 6a). In this concept, these three colonies are therefore termed as 'strong mp-*releaser*s'. The other six colonies, the former m-*releaser* colonies 4 and 5, and the former m-*retreater* colonies 6–9, released much lower quantities of flying defenders during mp-stimulation and retreated in the poststimulation phase (Fig. 6a); therefore they are here termed as 'weak mp-*releaser*s'.

Modulation of Defence Typology by Foraging Status

If analysed colony-wise, the data of the mp-regime allow proposing a third aspect of how the defensiveness of honeybee colonies can be instigated or calmed down. Fig. 7 exemplifies this approach for three selected colonies. First, the colony $scut_C$, which belonged to the category 'strong mp-*releaser*' (see Fig. 6b), not only released a large bunch of flying defenders during mp-stimulation, it also showed a positive correlation between the 'immediate' responses to mp-stimulation and foraging (Fig. 7a,b). With other words, colonies of such defence type would turn the more 'aggressive' the more their foraging traffic increased, and represent here the 'super-aggressive' position in the bulk of our test colonies. Such a principle of positive grading of foraging status and releasing defenders is found for the mp-regime, but not for the m-regime.

The colonies cap_B (Fig. 7c,d) and cap_C (Fig. 7e,f) are members of the category 'weak mp-*releaser*s'. Both colonies have in common that they showed a negative correlation between the release of flying defenders and the foraging activity. However, while colony cap_C released quite a lot of flying defenders under low foraging activity and reduced this release under high foraging level (Fig. 7b), colony cap_B decreased its net outflyer rate during mp-stimulation even below zero and turns under high foraging levels to a mp-*retreater* (Fig. 7c).

Summarizing, while mono-modal stimulation such as m-regimes allow typify colony defence in *Apis mellifera* into at least two categories, combined stimulation
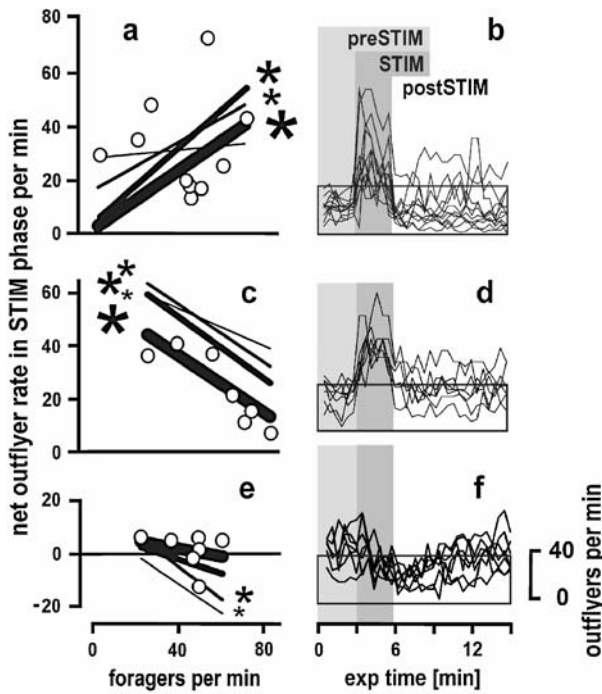
Fig. 7 Foraging state modulates the defence responses exemplified in three selected colonies under the mp-regime. **a, b** $scut_C$; **c, d** cap_C; **e, f** cap_B; *graphs on the left side*, the net outflyer rates during mp-stimulation plotted against the foraging activity (outflyer rates in the preSTIM phase); **a, c, d** regressions refer to responses in the four stimulation phases ($STIM_1$-$STIM_4$: from *thick to thin lines*), the *stars* mark significant correlations ($P<0.05$; Spearman test; $STIM_1$ to $STIM_4$: from *big to small stars*); the *open dots* exemplify the data distribution of single experiments and refer only to the $STIM_1$ phase; **b, d, f** superimposed outflyer curves of all experiments conducted with the given colonies; ordinate, outflyer rates per minute; abszissa, experimental time in minutes; the *grey areas* give prestimulation (preSTIM) and stimulation (STIM) phases, *white background* refers to poststimulation (postSTIM) phase.

as represented by the mp-regime would diversify defensiveness into a startling variety of colony-specific traits (see summarization in Fig. 8).

Discussion

The Retreater–Releaser Concept

The paradigms 'aggressiveness' and 'docility' are important for apiarists but are still too fuzzy to characterize appropriately the variety in the defensiveness of honeybee colonies. We selected 11 test colonies from three subspecies of *Apis mellifera* according to an initially subjective and vague assessment of their aggressiveness as *low*, *intermediate* and *high*. Under test in the m-regime, these colonies were roughly split into two classes, 'm-*releasers*' and 'm-*retreaters*'. Releaser colonies (Fig. 4a, colonies 1–5) produced flying defenders at a rate of up to more than 20 bees per minute after the onset of m-stimulation, and reduced the outside-hive activities
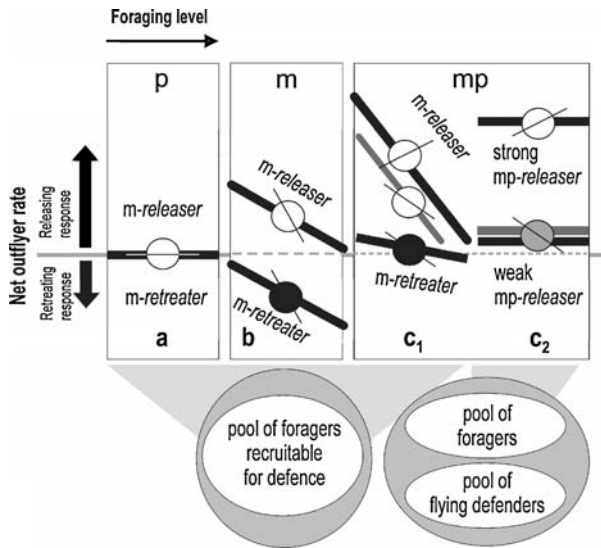
Fig. 8 Summarization of how colony defense of the Western honeybee (*Apis mellifera*) is affected by three regimes of stimulation (*m*-, *p*- and *mp*-) and foraging activity. In these sketches the 'immediate' defense response (ordinate), the net outflyer rates in the STIM$_1$ and STIM$_2$ phases, is plotted against the foraging level (abscissae), defined by the outflyer rate in the preSTIM phase. Correlations between net outflyer rates and foraging levels were symbolized twofold: first regarding the behaviours of individual colonies by the regression sketched by *thin cross lines* through the *circles*, and second regarding the data distribution of the colony defence types by the regression sketched by *thick black and grey cross lines*. Response values above zero level (*grey dashed horizontal line*) display the release of flying defenders, response values below zero display the retreat to the nest. **a** p-regime: the exposition to alarm pheromone did not affect the outflyer rate. **b** Under the m-regime, two defence types of colonies (m-*releaser*, m-*retreater*) were distinguished; with increasing foraging level both groups reduced the net outflyer rate, that means that m-*releaser* colonies reduced the release response, and m-*retreater* colonies intensified their retreat to the nest. **c** Under the mp-regime, the response curves which occurred under the m-regime generally shifted upwards, but the former m-*releaser* colonies are assumed to split into two subgroups: some colonies (weak mp-*releasers*) reduced the release of flying defenders rate under increasing foraging activity, others (strong mp-*releasers*) showed the opposite trend (*thin cross lines in circles* in **c**). As a consequence, it can be assumed that colonies may organize their worker bees in one (regarding **a**, **b**, **c$_1$**) or two (regarding **c$_2$**) pools of which foragers or as flying defenders can be recruited by separate or conjoined principles (see text in "Results" and "Discussion").

below the initial foraging level afterwards. *Retreater* colonies (Fig. 4a, colonies 6–11) reduced the net outflyer rate gradually by more than 20 outflyers per min below the foraging rate during stimulation and recovered slowly only minutes afterwards. The fact that the test colonies conformed to type throughout the experimental programme (that is: m-*releaser* colonies mostly remained 'aggressive', and m-*retreater* colonies remained 'docile') provides the main support for the surmise that the diversification of colonies into m-*releasers* and m-*retreaters* does reflect differences in genetic dispositions rather than being caused by environmental factors.

The Impact of Alarm Pheromones on Defensiveness

Isopentylacetate (IPA) is considered the most effective components of the honeybee alarm pheromone (Boch and Shearer 1966, 1967; Crewe and Hastings 1976; Crewe

1977; Whiffler et al. 1988). It is usually taken for field tests to assess the defensiveness of colonies. The most common method is the moving leather ball (Schua 1952; Maschwitz 1963, 1964; Boch and Shearer 1966, 1971; Blum 1969; Crewe 1977; Collins and Rothenbuhler 1978; Collins 1979; Collins et al. 1989), which is presented as a predator dummy in front of the hive and which the bees may attack and sting. Nevertheless, there are variations of this method (Collins and Kubasek 1982; Moritz et al. 1987, Southwick and Moritz 1987; Breed et al. 1990) in which IPA is sprayed into the opened hive, or is combined with mechanical shocks. Generally, the number of stings in the leather ball per unit time is routinely taken as a measure of the aggressiveness of the colony.

In our opinion, there are some weaknesses of the leather ball method that restrict a full explanation of the impact of alarm pheromone on defensiveness. This method joins alarm pheromones with mechanical or visual disturbances of undefined strength (e.g. Collins and Kubasek 1982); it offers experimental concentrations of IPA which are unnaturally high (Moritz et al. 1987, Southwick and Moritz 1987), and causes scent clouds of alarm pheromone which increase with the rising number of stings.

We applied a contrary test procedure by leaving the arrangement of the hive unchanged, and by the use of controlled stimulation under three (m-, p-, mp-) regimes and exposure of the colonies facultative to a definable and natural scent level of alarm pheromone. Thus, we contribute new findings of how alarm pheromones modulate colony defensiveness.

In our experiments, alarm pheromones presented in front of the hive without any mechanical disturbance (Fig. 3, p-graphs) had no visible effect on the undisturbed colony, at least not regarding the outflyer rate nor regarding the number of nest bees with heated thoraces (Fig. 2d,e). Both findings provide evidence that alarm pheromone scent per se is ineffective in alarming or alerting the Western honeybee colony. It brings entrance guards to the external pheromone source, but does not mobilize soldier bees in the nest. This makes sense, as the p-regime used in our investigation was highly experimental. The entrance guards benefit the colony if they value such an artificial stimulus as a non-alarming signal. Remarkably, this colony reaction was essentially the same in all *scutellata*, *capensis* and *carnica* test colonies and therefore, it is supposed to be characteristic to systematical levels of honeybee species and higher.

We also showed that most test colonies, which had been disturbed by the combined stimulation in the mp-regime, strongly enhanced their basic reactivity to purely mechanical stimuli and regarding the arousal state in the nest (Stabentheiner et al 1987, 2002, 2007). This finding confirms the idea that the initial exposure to alarm pheromones alone must have informed the colony without arousing it (to release soldier bees or to retreat to the nest). To arouse a colony that way, other kinds of stimuli have to be chosen or paired with alarm pheromone. This finding makes sense in the co-evolutionary context of predator-prey arms race: For honeybees, it seems that there was no need to evolve an alarm scent without addressing any target. To utilize the high-energy protein and sugar resources in a honeybee nest, a predator has to approach or even enter the nest. The colony should adaptively respond to predators, by repelling (Kastberger et al. 2007), heat-balling (Ono et al 1987, 1995; Ken et al. 2005) or eventually stinging it. Thus, scent-marked by alarm pheromones, a predator is easily targeted by newly recruited flying guards.

The Impact of Foraging on Defensiveness

There are ambiguous reports how foraging activity in honeybees does influence defensiveness. The main opinion is that colony defence is associated with the cohort of foragers, from which entrance guards and soldier bees (Breed et al 2004) can be quickly recruited as flying defenders. This 'foragers-are-recruited-for-defence' hypothesis is plausible due to the following findings: (a) Younger bees, less than 1 week old, produce little or no IPA; bees 2–3 weeks old show maximum amounts (Boch and Shearer 1966, 1967, 1971; Whiffler et al. 1988). (b) The alerting and defence of the colony is undertaken by bees who have just reached foraging age (Free 1961; Collins and Rothenbuhler 1978). (c) The period of guard duty is not confined to a definite stage in the life history, nor is it necessarily a full-time occupation (Collins et al. 1987). Guard bees have been observed foraging and robbing during off-duty periods and presumably, they perform various tasks within the hive (Crewe and Hastings 1976; Crewe 1977). (d) In African honeybees, defensiveness was found to correlate positively with the magnitude of the population at home, which is characteristically high around noon and early afternoon, when foraging intensity is at its daily low (Peterson 1985; Adjaloo 1991). (e) Separate analysis of foragers, entrance and flying defenders has brought even more arguments for supporting the 'foragers-are-recruited-for-defence' hypothesis. The age distribution of flying defenders and foragers overlaps broadly, some guards were proved to become foragers, although flying defenders had significantly less wear in the wings than foragers (Moore et al. 1987; Breed et al. 1990).

According to our findings, the test colonies threatened by mechanical shocks alone, split up into two defence types, m-*releasers* and m-*retreaters*; both types released fewer flying defenders and were more inclined to retreat to the nest when they foraged at a higher level. This observation matches well the 'foragers-are-recruited-for-defence' hypothesis and includes all test colonies of the three subspecies investigated. This finding let us propose that under only-mechanical stimulation (m-regime) these colonies utilize only one pool of worker bees to mobilize for either foraging or defence.

The novel aspect we found here is that the additional application of alarm pheromones in natural concentrations dramatically changes the basic response pattern for both defence types which we found for the m-regime (for a summarization of the findings, see Fig. 8). Three of the nine test colonies in our test sample ($scut_A$, $scut_B$, cap_A), all were African colonies, became particularly 'super-aggressive'. They not only released a, compared to the m-regime, increased number of flying defenders, they also increased their release of flying defenders with a rising foraging level. Therefore, we postulate that these colonies have two separate pools of worker bees, one for foraging and one for mobilising soldiers, and that the contingent of worker bees which are recruitable as soldier bees correlates in these colonies positively with the foraging state. 'Super-aggressivity' in this sense does hardly support the 'foragers-are-recruited-for-defence' hypothesis, it rather implies a colony-intrinsic division of the pools of worker bees with different work loads. Interestingly, the recruitment of foragers is likely to dominate also under these conditions the recruitment of flying defenders, but in the other way round. It violates the seemingly 'standard' concept of 'foragers-are-recruited-for-defence' of honeybee

colonies, that only a single pool of worker bees exists from which foragers and flying defenders can be recruited. This sort of trading-off relation seems to be the 'standard' situation which has been disclosed under the m-regime in all 11 test colonies and, in six from nine colonies, even under combined stimulation.

These findings of 'super-aggressivity' and the pairness of recruitment pools fit to the reports about the defensiveness of African bees (*jemenitica*: El-Sarrag 1991; *scutellata*: Schneider and McNally 1992; *adansonii*: Sawadogo 1993; Woyke 1992) and Africanised bees (Otis et al. 1981; Collins et al. 1982, 1989; Villa 1988; Winston 1992). As mentioned above, the age distribution of flying defenders and foragers in African bees overlaps but it is still different, which may indicate the existence of two pools (Moore et al. 1987; Breed et al. 1990). A second argument comes from the particular defensiveness of African honeybees and the Africanized hybrids under strong nectar flows (which maximised the foraging rate). The investigated colonies responded very quickly to alarm stimuli, released greater numbers of flying defenders, and counter-attacked marauders with greater intensity (Woyke 1992, Hepburn and Radloff 1998; Schneider and McNally 1992; Sawadogo 1993).

Our findings cannot support any conclusion about subspecies-specific defence typology in honeybees, because of the paucity of test colonies investigated. However, with the exception that we have not traced any sign for "super-aggressiveness" in the European test colonies, we found all other types of defence strategies in our test colonies of African and European honeybees, which is interesting insofar as our sample size of 11 test colonies of three subspecies was relatively small.

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