



^{19}F NMR relaxation studies of fluorosubstituted tryptophans

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Abstract

We present ^{19}F longitudinal and transverse relaxation studies for four differently fluorosubstituted L-tryptophans, which carry single F atoms in the indole ring, both in the context of the free amino acid and when located in the cyclophilin A protein. For the free 4F-, 5F-, 6F-, 7F-L-Trp, satisfactory agreement between experimentally measured and calculated relaxation rates was obtained, suggesting that the parameters used for calculating the rates for the indole frame are sufficiently accurate. We also measured and calculated relaxation rates for four differently ^{19}F -tryptophan labeled cyclophilin A proteins, transferring the parameters from the free amino acid to the protein-bound moiety. Our results suggest that ^{19}F relaxation data of the large and rigid indole ring in Trp are only moderately affected by protein motions and provide critical reference points for evaluating fluorine NMR relaxation in the future, especially in fluorotryptophan labeled proteins.

Keywords ^{19}F NMR · Longitudinal relaxation rate · Transverse relaxation rate · Fluorotryptophan · Cyclophilin A

Introduction

Relaxation rates are influenced by the physical properties of the molecule in its specific environment and can provide important information about these properties. The fluorine spins relax by dipole–dipole interactions (DD) with the proton spins that surround them and chemical shift anisotropy (CSA) (Gerig 2001). The dipolar interactions result in ^{19}F – ^1H and ^1H – ^{19}F nuclear Overhauser effects (NOEs) (Noggle and Schirmer 1971) that provide information about internuclear distances similar to ^1H – ^1H NOEs, which are vital structural parameters in biomolecular structure determinations. In principle, relaxation rate constants yield

quantitative estimates about molecular motions. However, in practice, application of ^{19}F to assess protein dynamics in solution is fraught with complications: (i) the relative orientations of ^{19}F – ^1H dipolar interactions with surrounding protons differ for the different sites of F incorporation; (ii) the orientations of dipolar interactions and CSA may not be colinear in the molecular frame (Mehring 1983; Peng 2001); and (iii) DD-CSA cross correlation may affect the observed rate (Goldman 1984; Kay et al. 1992). These confounding factors contribute to the limited number of applications of ^{19}F -relaxation to probe dynamics in biomolecules in solution (Peng 2001; Luck et al. 1996; Hull and Sykes 1976; Hoang and Prosser 2014; Shi et al. 2011), although ^{19}F NMR has been widely used to study folding and interactions of biomolecules (Dalvit and Piotta 2017; Mishra et al. 2014; Aramini et al. 2014; Matei et al. 2013; Sharaf and Gronenborn 2015).

In this article, we aim to reduce some of the above barriers by investigating a judiciously selected system, using a pragmatic approach: (1) we chose an amino acid that has a large, rigid molecular frame, the bulky Trp; (2) a single F atom was introduced next to a proximal proton at a fixed distance at four different sites in the indole ring. This reduces complexity in calculating the ^{19}F – ^1H DD contribution and permitted assessment of other parameters for extracting intra-amino acid relaxation rates; (3) we utilized the results from individual fluorosubstituted tryptophans, for which ^{19}F

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relaxation is predominantly influenced by intra-amino acid interactions. This allowed us to realistically evaluate the difference between the experimental and calculated relaxation rates for the Trp sidechain in a protein, assuming that no significant internal motion is present in the indole ring.

For our study, we selected singly fluorosubstituted tryptophans, namely, 4F-, 5F-, 6F-, 7F-L-Trp, both, the free amino acids and when incorporated into the human cyclophilin A (CypA) protein (Fig. 1) (Nigro et al. 2013; Howard et al. 2003). CypA possesses only one tryptophan at a position 121, close to its active site. We measured ^{19}F longitudinal and transverse relaxation rates (R_1 and R_2 , respectively) and assessed factors that affect relaxation rates for the amino acid systems. For the protein case, we experimentally determined ^{19}F R_1 and R_2 for four CypA protein samples, each with a differently fluorine substituted Trp. Calculations of relaxation rates were carried out using the basic parameters from the individual amino acid calculations and assuming overall isotropic tumbling of the protein molecule without internal motion. Our data for the protein ^{19}F relaxation show that (1) any apparent effect of DD-CSA cross correlation has to be small due to fast proton spin-flips (Kay et al. 1992), (2) intra-residue DD and CSA is dominating in all four ^{19}F -Trp labeled protein data sets, and (3) comparison of the experimental with the calculated rates shows good agreement, although 15–30% larger values for the calculated R_2 values are noted.

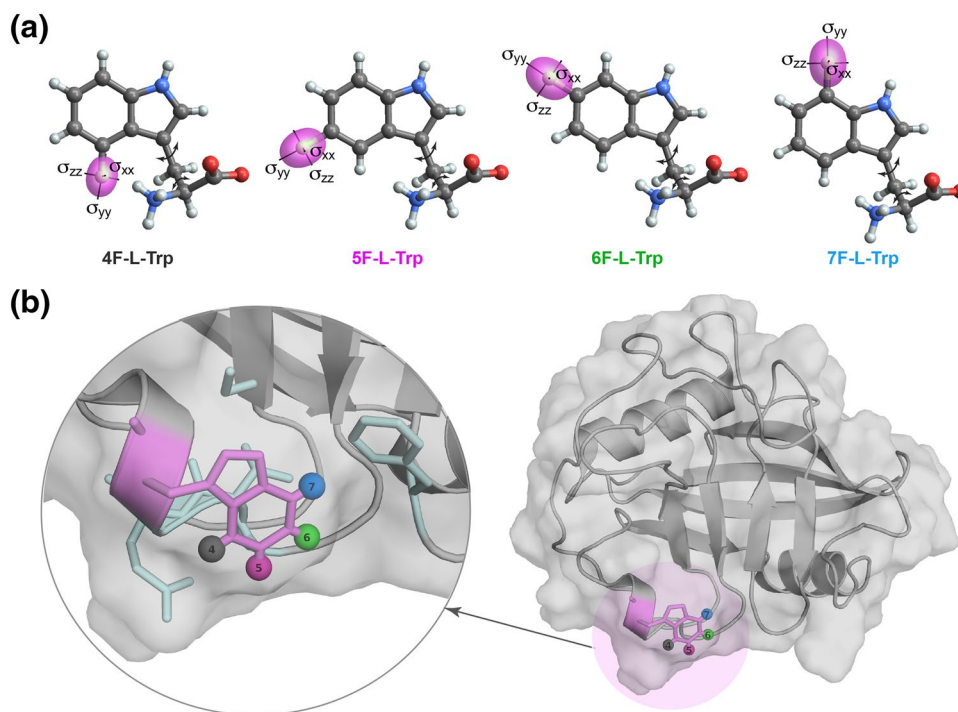
Most importantly, our results provide critical reference data for evaluating fluorine NMR relaxation in future studies, especially for fluorotryptophan labeled proteins.

Experimental

Sample preparation

^{19}F -Trp, ^{15}N CypA proteins (F-Trp-CypA) were expressed in *E. coli* Rosetta 2 (DE3), cultured in modified M9 medium, containing 4 g/L $\text{U-}^{12}\text{C}_6$ -glucose, 1 g/L $^{15}\text{NH}_4\text{Cl}$, and 20 mg/L 4, 5, or 7-fluoroindole as carbon, nitrogen, and fluorine sources (Sharaf and Gronenborn 2015; Crowley et al. 2012; Gakh et al. 2000). In the case of 6F-Trp ^{15}N -CypA expression, 100 mg/L 6-L-fluorotryptophan, along with 100 mg/L phenylalanine, 100 mg/L tyrosine, and 1 g/L glyphosate was used instead of fluoroindole to improve the percentage of fluorine labeling. Cultures were grown to 1.0–1.2 OD and induced with 0.5 mM IPTG for protein expression at 18 °C for 16 h. CypA was purified using the same protocol as reported previously (Liu et al. 2016; Lu et al. 2015). Cells were harvested by centrifugation at 4000×g for 25 min at 4 °C, resuspended in 25 mM sodium phosphate buffer (pH 7.0), and ruptured by microfluidization. Cell debris was removed by centrifugation at 27,000×g for 1 h at 4 °C. The pH of the supernatant was adjusted to 5.8 with acetic acid, and the conductivity was reduced to below 2.5 ms/cm with deionized water. Following another centrifugation at 27,000×g for 1 h at 4 °C, the final supernatant was loaded onto a cation exchange column (HiTrap SP HP, 5 mL) and eluted with a 0–1 M NaCl gradient in buffer containing 25 mM sodium phosphate (pH 5.8), 1 mM DTT, 0.02% NaN_3 . Concentrated protein fractions were further

Fig. 1 **a** Molecular structures of 4F-L-Trp, 5F-L-Trp, 6F-L-Trp, and 7F-L-Trp, illustrating the position of fluorine atom, the ellipsoidal chemical shielding surface for fluorine (magenta), and the principal axes of the CSA for each fluorinated tryptophan, displayed using TensorView (Young et al. 2019). Individual CSA values are provided in Table S1. **b** Schematic illustration of fluorotryptophan-labeled CypA [PDB 3K0N (Fraser et al. 2009)]. The fluorine atom is represented by gray (position 4), magenta (position 5), green (position 6), and blue (position 7) spheres. A detailed view of the local environment is shown in the expansion on the left. All sidechains within a 6 Å radius of any of the four fluorine atoms are shown in light cyan



purified using a size-exclusion column (HiLoad 26/600 Superdex 75), equilibrated in 25 mM sodium phosphate buffer (pH 6.5), 1 mM DTT, 0.02% NaN₃. Final samples contained ~100 μM protein in 25 mM sodium phosphate buffer, pH 6.5, 1 mM TCEP, 0.02% NaN₃, 7% D₂O.

4F-L-tryptophan and 7F-L-tryptophan were purchased from Advanced ChemBlocks Inc. 5F-L-tryptophan and 6F-L-tryptophan were purchased from Sigma-Aldrich. Samples of ~100 μM 4, 5, 6, or 7F-L-Trp in 25 mM sodium phosphate buffer, pH 6.5, 1 mM TCEP, 0.02% NaN₃, 7% D₂O were used for recording spectra.

NMR spectroscopy

NMR measurements were performed on a 14.1 T Bruker AVANCE spectrometer, equipped with a CP TXO F/C–H–D triple-resonance, z-axis gradient cryoprobe. The Larmor frequencies of ¹H and ¹⁹F are 600.1 and 564.6 MHz, respectively. The temperature in all NMR experiments was maintained at 298 K using the Bruker temperature controller. ¹H and ¹⁹F chemical shifts were referenced with respect to DSS (4,4-dimethyl-4-silapentane-1-sulfonic acid) and TFA (trifluoroacetic acid). ¹⁹F longitudinal relaxation rates, R₁, were measured using inversion-recovery (Vold 1972), with a recycle delay of 10 s for F-Trp samples and 6 s for F-Trp-CypA samples. Measurements were repeated twice to estimate the experimental error. ¹⁹F transverse relaxation rates, R₂, were measured using a CPMG pulse scheme with a half duration between the CPMG pulses of 20 ms for F-Trp samples and 0.5 ms for F-Trp-CypA samples (Carr and Purcell 1954; Meiboom and Gill 1958). All data were processed and analyzed with Topspin 3.1. Relaxation rates were obtained by fitting the experimental data points to single exponential functions.

Calculation of ¹⁹F relaxation rates

¹⁹F longitudinal relaxation rates (R₁) and transverse relaxation rates (R₂) were calculated based on the following Eqs. (1), (2), (3), and (4) (Gerig 2001; Ernst et al. 1988; Abragam 1961). Eqs. (1) and (2) describe the influence of DD on the longitudinal and transverse relaxation, whereas Eqs. (3) and (4) describe the influence of CSA on the longitudinal and transverse relaxation.

$$R_1 = \frac{1}{10} \cdot \frac{\gamma_F^2 \gamma_H^2 \hbar^2}{r_{FH}^6} \cdot \tau_c \cdot \left(\frac{3}{1 + \omega_F^2 \tau_c^2} + \frac{1}{1 + (\omega_F - \omega_H)^2 \tau_c^2} + \frac{6}{1 + (\omega_F + \omega_H)^2 \tau_c^2} \right) \quad (1)$$

$$R_2 = \frac{1}{20} \cdot \frac{\gamma_F^2 \gamma_H^2 \hbar^2}{r_{FH}^6} \cdot \tau_c \cdot \left(4 + \frac{3}{1 + \omega_F^2 \tau_c^2} + \frac{6}{1 + \omega_H^2 \tau_c^2} + \frac{1}{1 + (\omega_F - \omega_H)^2 \tau_c^2} + \frac{6}{1 + (\omega_F + \omega_H)^2 \tau_c^2} \right) \quad (2)$$

γ_F and γ_H , respectively, are the gyromagnetic ratios of fluorine and hydrogen, \hbar is the reduced Planck's constant, r_{FH} is the fluorine–proton distance, τ_c is the overall rotational correlation time, ω_F and ω_H are the resonance frequencies for fluorine and hydrogen, respectively.

$$R_1 = \frac{3}{10} \cdot \omega_F^2 \delta_\sigma^2 \tau_c \left(1 + \frac{\eta^2}{3} \right) \frac{1}{1 + \omega_F^2 \tau_c^2} \quad (3)$$

$$R_2 = \frac{1}{20} \cdot \omega_F^2 \delta_\sigma^2 \tau_c \left(1 + \frac{\eta^2}{3} \right) \left(4 + \frac{3}{1 + \omega_F^2 \tau_c^2} \right) \quad (4)$$

with δ_σ and η the reduced anisotropy and the asymmetry parameters of the ¹⁹F chemical shift tensor, as defined in Haeberlen (1976) convention given by Eqs. (5)–(8).

$$\delta_{iso} = \frac{1}{3} (\delta_{xx} + \delta_{yy} + \delta_{zz}) \quad (5)$$

$$|\delta_{zz} - \delta_{iso}| \geq |\delta_{xx} - \delta_{iso}| \geq |\delta_{yy} - \delta_{iso}| \quad (6)$$

$$\delta_\sigma = \delta_{zz} - \delta_{iso} \quad (7)$$

$$\eta = \frac{\delta_{yy} - \delta_{xx}}{\delta_\sigma} \quad (8)$$

Two sets of relaxation rate calculations were performed. In the first, only a single nearest proton was considered for DD. In the second, any proton within a 3 Å radius around the fluorine atom was taken into account (Table S2). For both cases, (i) single isotropic rotational correlation times (τ_c) were used, 8.2 ns and 55 ps for F-Trp-CypA (Ottiger et al. 1997) and F-Trp, respectively, and no internal motion was taken into account; (ii) ¹⁹F CSA values, previously determined by solid-state magic angle spinning (MAS) NMR for 4, 5, 6, or 7-fluorotryptophans were used in the calculations for both free F-Trp and F-Trp-CypA calculations (Fig. 1, Table S1) (Lu et al. 2018). All calculations were performed in MATLAB R2019a. In addition, time courses

of ^{19}F R_1 and R_2 magnetization decays were simulated using the Bloch–Redfield–Wangsness relaxation theory as implemented in the Spinach (Hogben et al. 2011) program, which accounts for all cross-relaxation and cross-correlations in multi-spin systems. In the time course simulations, the same τ_c and CSA values as listed above were used and all protons that are located within a 3 Å radius around the fluorine atom, were taken into account. Cross correlation terms were extracted using the Spinach (Hogben et al. 2011) program.

Results and discussion

^{19}F NMR R_1 and R_2 values of fluorotryptophans in solution were determined at a field strength of 14.1 T (Fig. 2a, c). Relaxation rates (Table 1) were obtained by fitting all peak intensities to single-exponential functions. As can be appreciated from the data presented, the location of the fluorine atom in the indole ring (Fig. 1) clearly influences the R_1

Fig. 2 Experimental ^{19}F longitudinal relaxation curves (R_1 ; **a**) and transverse relaxation curves (R_2 ; **c**) of 4-, 5-, 6-, or 7-fluorotryptophan and those simulated including all protons within a 3 Å radius around the F atom (**b, d**, respectively). Curves are color coded according to the different fluorine position: 4 (black), 5 (magenta), 6 (green), and 7 (blue). The entire simulated curves are shown in the insets

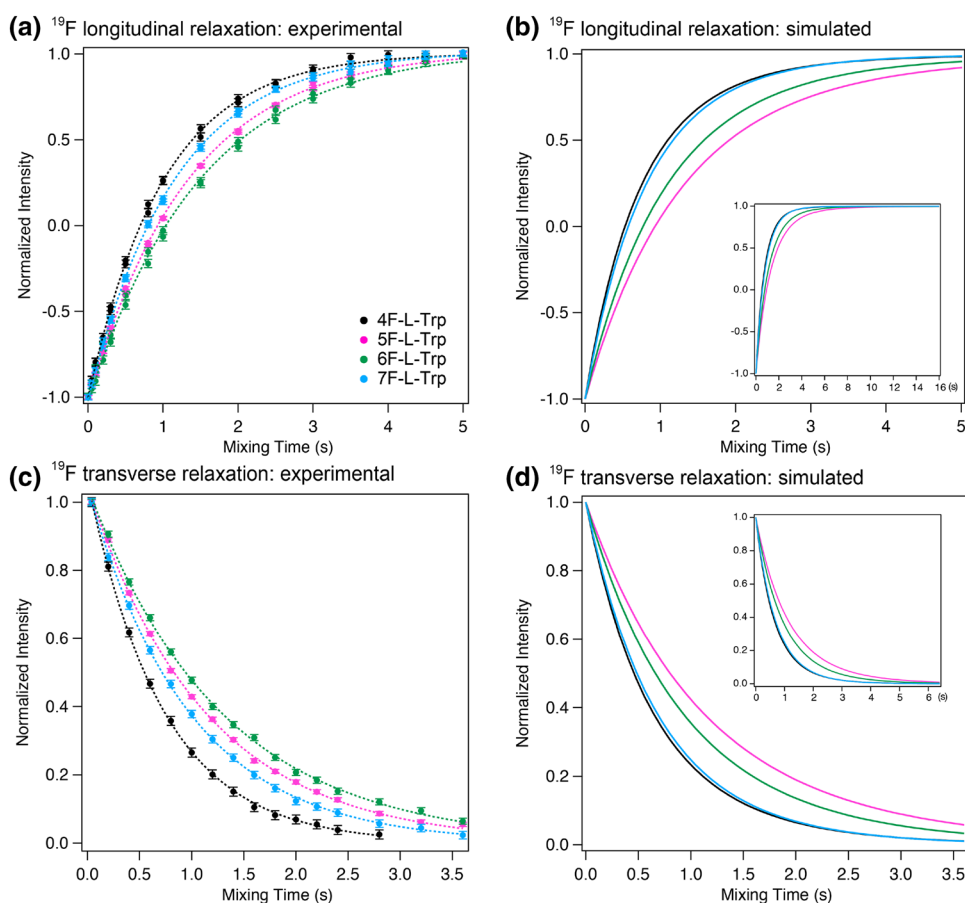


Table 1 Summary of experimental and calculated ^{19}F longitudinal relaxation rates (R_1) and transverse relaxation rates (R_2) for of 4, 5, 6, or 7-fluorotryptophan

	Experimental		Calculated ^a			
	R_1 (s^{-1})	R_2 (s^{-1})	Nearest proton ^b		All protons within 3 Å ^c	
	R_1 (s^{-1})	R_2 (s^{-1})	R_1 (s^{-1})	R_2 (s^{-1})	R_1 (s^{-1})	R_2 (s^{-1})
4F-L-Trp	0.99 ± 0.01	1.38 ± 0.01	1.20	1.40	1.36	1.57
5F-L-Trp	0.75 ± 0.01	0.89 ± 0.01	0.67	0.78	0.75	0.87
6F-L-Trp	0.67 ± 0.01	0.78 ± 0.01	0.82	0.97	0.90	1.05
7F-L-Trp	0.87 ± 0.01	1.03 ± 0.01	1.18	1.40	1.23	1.44

^a R_1 and R_2 values were calculated using Eqs. (1)–(4)

^bOnly a single closest proton to the fluorine atom was considered for calculating the dipole–dipole relaxation

^cAll protons within a 3 Å radius around the F atom were considered for calculating the dipole–dipole relaxation

and R_2 values. Comparing 4-, 5-, 6- and 7-F-L-Trp in the free amino acid, 4F-L-Trp possesses the largest R_1 value of 0.99 s^{-1} , followed by 7F-L-Trp with a R_1 value of 0.87 s^{-1} . The values for 5F-L-Trp and 6F-L-Trp are somewhat smaller at 0.75 and 0.67 s^{-1} . For small molecules, such as an amino acid, it is expected that only minor differences exist between R_1 and R_2 values (Fig. S1). This is borne out by our data. All R_2 values are slightly larger than their R_1 counterparts for the same molecule. The R_2 values for 4F-L-Trp and 7F-L-Trp are 1.38 and 1.03 s^{-1} , respectively, and 5F-L-Trp and 6F-L-Trp possess R_2 values of 0.89 and 0.78 s^{-1} .

We previously measured fluorine chemical shift tensors by solid-state NMR on several fluorinated tryptophans and found that all of the tensors are rhombic with asymmetry parameters ranging from 0.5 to 0.9 (Lu et al. 2018) (Fig. 1, Table S1). Therefore, we used our experimentally measured CSA values for 4, 5, 6, or 7F-tryptophan in the R_1 and R_2 calculations reported here. In the free amino acid, the closest proton(s) to the different fluorines on the indole ring of Trp are 2.6 \AA away, with the 5F-Trp and 6F-Trp positions flanked by two H atoms at this distance, while 4F-Trp and 7F-Trp have only one flanking H on the aromatic ring. 4F-Trp may have the NH_2 group close and in 7F-Trp the $\text{N}_\epsilon\text{H}$ is located at a distance of 2.9 \AA (Table S2). Gratifyingly, the experimental values for 5F-L-Trp and 6F-L-Trp are very similar, reflecting their close structural correspondence. Both have two H atoms as neighbors in an identical geometric arrangement. Not unexpectedly, the values calculated using the experimental CSA and the nearest proton DD are very similar (10% smaller) to those calculated including all protons within 3 \AA (Table 1). For 5F-L-Trp and 6F-L-Trp, the R_1 and R_2 values calculated with the CSA and a single nearest proton DD are smaller than those for 4F-L-Trp and 7F-L-Trp, reflecting the smaller CSAs. The simulated curves also exhibit similar features, i.e., rates for 5F-L-Trp and 6F-L-Trp were slower than R_1 and R_2 for 4F-L-Trp and 7F-L-Trp (Fig. 2b, d). Although differences between the experimental relaxation curves for 5F-L-Trp and 6F-L-Trp are still discernable, the difference is very small (0.1 s^{-1} ; Fig. 2a, b).

Somewhat less good agreement between experimental and calculated R_1 and R_2 values is noted for 4F-L-Trp and 7F-L-Trp; this is even more pronounced when all protons within a 3 \AA radius are included in the calculation (Table 1). This may be a result of flexibility around the χ_1 and χ_2 angles and/or the presence of close non-carbon bound protons, such as the $\text{N}_\epsilon\text{H}$ (close to the 7F position) and the NH_2 amino group (potentially close to the 4F position; Fig. 1).

Overall, however, the data obtained here for the free amino acids indicate that using the experimental CSA values in our analysis allowed us to adequately calculate ^{19}F relaxation at each site.

We next measured R_1 and R_2 values of fluorotryptophans incorporated into the CypA protein (Fig. 3a, c). For the Trp

sidechain in the 18.3 kDa CypA protein [$\tau_c = 8.2\text{ ns}$ (Ottinger et al. 1997)], 5F, 6F, and 7F-Trp-labeled CypA exhibit similar R_1 values of $\sim 1.2\text{ s}^{-1}$, respectively, whereas 4F-Trp-labeled CypA possesses a larger R_1 value of $\sim 2.0\text{ s}^{-1}$. With regard to transverse relaxation, we observe that the 4F- and 7F-L-Trp containing proteins exhibit similar experimental R_2 values of $\sim 110\text{ s}^{-1}$, and, likewise, the R_2 values of 5F- and 6F-L-Trp containing CypA are 65 and 63 s^{-1} , respectively (Table 2). This grouping into two similar sets is also apparent in the experimentally measured linewidths at half height for all the different F-L-Trp CypA variants: 5F-CypA and 6F-CypA exhibit $\Delta_{1/2}$ of $\sim 31\text{ Hz}$, while 4F-CypA and 7F-CypA exhibit broader lines with $\Delta_{1/2}$ of $\sim 40\text{ Hz}$. Most importantly, this grouping into two similar sets is consistent with the observation for the free Trp amino acid data (Table 1), suggesting that the intra-amino acid contributions to ^{19}F R_2 are essentially the same for the free amino acid and the amino acid sidechain in a protein.

Interestingly, while the experimental ^{19}F R_1 curves for all the four F-Trp-CypA proteins fit a single-exponential decay function, multi-exponential decays were observed in the simulations (Fig. 3b), where multi-spin models were used. The fast and slow decay components, captured by simulations, are caused by DD-CSA cross correlation, and can be significantly averaged by the fast proton spin-flip in the case of proteins (Kay et al. 1992), thus resulting in an approximately single-exponential decay. The experimental ^{19}F R_2 curves for all the four F-Trp-CypA also fit a single-exponential decay function. Since CSA is the dominant source in transverse relaxation, this suggests that the cross-term cannot be large and only contributes 10–25% to the total R_2 relaxation rate (Table S3), depending on the magnitude of the CSA and the relative orientation of the DD to CSA. Thus, an approximately single-exponential behavior is also observed in the simulated R_2 curves (Fig. 3d).

Although using a single-exponential model is an approximation for extracting R_2 values, good agreement between experimentally determined and calculated R_2 values is obtained when all protons within a 3 \AA radius around the F-atom are used in the calculation (Table 2). In the CypA protein [PDB 3K0N (Fraser et al. 2009)], like in the free amino acid, the 5F and 6F positions possess two H atoms 2.6 \AA away, while 4F and 7F, in addition to the flanking H on the aromatic ring, have other H atoms close by: 4F has the amide NH proton at a distance of 2.3 \AA , the H_β at a distance of 2.6 \AA and the Glu120 H_γ at 2.8 \AA , while 7F has the $\text{N}_\epsilon\text{H}$ at 2.9 \AA distance and the H_ϵ proton on the aromatic ring of a neighboring Phe60 sidechain at 2.6 \AA (Fig. 1, Table S2).

The calculation results for the proteins clearly show that the calculated values for R_1 are too small when only a single nearest proton is taken into account (the calculated values are 30–40% of the measured ones) while they get closer to the experimental values when the calculations consider all

Fig. 3 Experimental ^{19}F longitudinal relaxation curves (R_1 ; **a**) and transverse relaxation curves (R_2 ; **c**) of 4, 5, 6, or 7-fluorotryptophan CypA and those simulated including all protons within a 3 Å radius around the F atom (**b**, **d**, respectively). Curves are color coded according to the different fluorine position: 4 (black), 5 (magenta), 6 (green), and 7 (blue). The entire simulated curves are shown in the insets

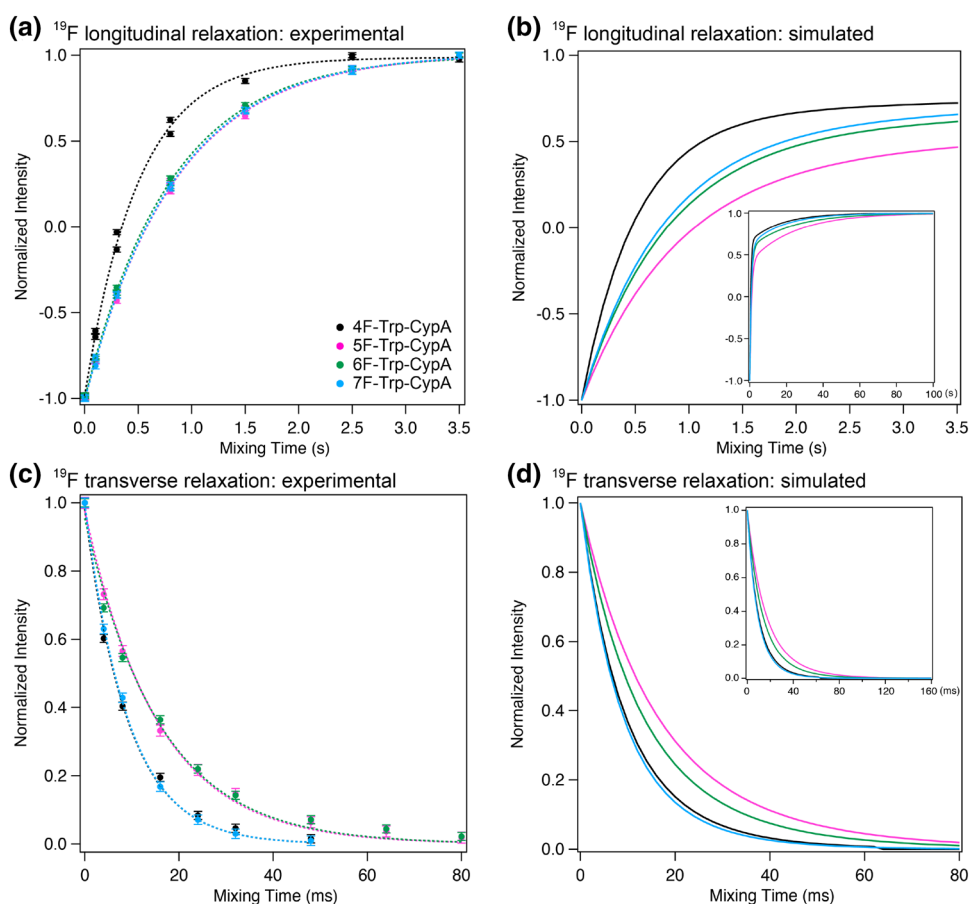


Table 2 Summary of experimental and calculated ^{19}F longitudinal relaxation rates (R_1) and transverse relaxation rates (R_2) for 4F, 5F-, 6F- and 7F-Trp CypA

	Experimental		Calculated ^a			
	R_1 (s^{-1})	R_2 (s^{-1})	Nearest proton ^b		All protons within 3 Å ^c	
	R_1 (s^{-1})	R_2 (s^{-1})	R_1 (s^{-1})	R_2 (s^{-1})	R_1 (s^{-1})	R_2 (s^{-1})
4F-Trp CypA	1.99 ± 0.05	109.1 ± 4.9	0.84	111.9	1.68	119.3
5F-Trp CypA	1.19 ± 0.02	64.8 ± 2.5	0.42	63.4	0.74	66.2
6F-Trp CypA	1.25 ± 0.01	63.0 ± 3.9	0.45	79.3	0.93	83.6
7F-Trp CypA	1.20 ± 0.01	109.6 ± 1.9	0.52	116.7	0.99	120.9

^a R_1 and R_2 values were calculated using Eqs. (1)–(4)

^bOnly a single closest proton to the fluorine atom was considered for calculating the dipole–dipole relaxation

^cAll protons within a 3 Å radius around the F atom were considered for calculating the dipole–dipole relaxation

protons within a 3 Å radius for the dipole–dipole contributions (60–90% of the experimental R_1 values; Table 1). Given that spin-flips affect the R_1 rate itself (Fig. 3b), the observed agreement clearly is remarkable. For example, R_1 for 4F-Trp CypA, is $\sim 2.0 \text{ s}^{-1}$, and clearly larger than R_1 values for the other F-Trp-CypAs, which are $\sim 1.0 \text{ s}^{-1}$ (Table 2). This feature is faithfully reproduced in the calculations.

In contrast to R_1 , the calculated R_2 values essentially reproduced the experimental values, irrespective of whether

a single close proton or all protons within a sphere of 3 Å radius around the F atom were considered (Table 2). This is noteworthy, since the calculations are clearly employing simple approximations, such as using the crystal structure of the non-F-Trp CypA protein and neglecting any potential internal motions. If a motionally active group were in proximity to the F atom, an effect on R_2 would be expected and this would not be correctly modelled using a static X-ray structure.

At this juncture it may be instructive to consider how similar or different the analysis of protein motions from NMR relaxation data has to be when different nuclei are involved. Amide relaxation in proteins is commonly analyzed using the model-free formalism, and this approach is traditionally employed to assess backbone or sidechain motions of proteins in solution (Kay et al. 1992; Lipari and Szabo 1982a, b; Mandel et al. 1995). However, such analyses cannot be simply transferred to ^{19}F -labeled proteins since CSA and DD may be affected by motions in different orientations and thus sensitive to anisotropic internal dynamics. Given the uncertainties in calculating R_1 and R_2 for a fluorine atom on a protein in an accurate manner, we decided to take a pragmatic approach and to experimentally measure fluorine R_1 and R_2 values for very similar molecular structures in the context of a small molecule and of the same amino acid in the macromolecular system (Figs. 2, 3).

Our choice of tryptophan was a deliberate one: the indole ring is a rigid scaffold and motions within the amino acid will be limited to those around χ_1 and χ_2 angles. Furthermore, whereas phenylalanine or tyrosine sidechains commonly undergo ring flipping or other rapid motions within proteins (Khan et al. 2006; Boeszoermenyi et al. 2019; Wagner et al. 1976, 1979), the much bigger tryptophan sidechain does not (Munro et al. 1979). Therefore, it is reasonable to assume that a fluorine atom on a fluorotryptophan indole ring, which is a rigid moiety, will rotate with the same rotational correlation time as the whole protein. This assumption is borne out by the data presented here: the protein ^{19}F R_1 and R_2 values can be very well recapitulated by simple calculations, assuming an approximate CSA and including protons within a sphere of 3 Å radius around the F atom and an overall single rotational correlation time for the protein, neglecting internal motions.

For the free amino acids, our simple calculations of R_1 and R_2 values also exhibited good agreement with the experimental values, even though it would be simplistic to assume that no motions around the χ_1 and χ_2 occur in solution. We reason that the good agreement between experimental and calculated values is a reflection of the fact that ^{19}F relaxation at 4F-, 5F-, 6F-, 7F- positions in Trp is mainly determined by the ^{19}F CSA and ^{19}F - ^1H dipolar interactions within the indole ring. This is supported by previous studies (Peng 2001). Using model CSA parameters of a fluoro-phenyl ring from Hiyama (Hiyama et al. 1986), a field strength of 11.7 T (500 MHz for ^1H), and an internuclear distance of r_{FH} of 2.6 Å, Peng showed that transverse relaxation of a fluorine in a six-membered aromatic ring is dominated by the CSA mechanism and that the high-frequency spectral densities $J^{\text{DD}}(\omega_{\text{H}})$, $J^{\text{DD}}(\omega_{\text{H}} \pm \omega_{\text{F}})$ of the ^{19}F - ^1H dipole-dipole interaction can be neglected over a wide range of correlation times τ_c (Peng 2001). More recently, Dalvit and Piotto (Dalvit and Piotto 2017) reported calculations of ^{19}F R_1 and R_2 values

for 5F-Trp at two field strengths, 9.4 T and 18.8 T (^{19}F Larmor frequencies of 376 MHz and 752 MHz). In their calculations they also used the two interacting spin approximation at a 2.6 Å distance, and a literature value for the CSA of $\Delta\sigma$ of 76.8 ppm with $\eta_{\text{CSA}} = 0$ (Durr et al. 2008).

Although we believe our data and analysis are an important first step, it still uses a qualitative approach, particularly for evaluating R_1 , which is affected by the proton-spin flip effect. It is hoped that more data sets on proteins will be accumulated in the future, which will enable a more systematic treatment, either using a ^{19}F relaxation database approach or more rigorous calculation strategies.

Conclusions

Here, we systematically investigated fluorine relaxation in fluorosubstituted tryptophan amino acids and in fluorotryptophan-labeled CypA proteins in solution. Distinct longitudinal and transverse relaxation rates were observed for fluorine atoms at different positions in the indole ring. Experimentally measured ^{19}F R_1 and R_2 values are generally in good agreement with calculated values. Overall, our results demonstrate that both dipole-dipole and CSA relaxation mechanisms play important parts in determining the ^{19}F R_1 and R_2 relaxation rates in fluorotryptophans as free amino acids, and that the parameters for calculating relaxation the free amino acid can be transferred to the protein-bound moiety. The data reported here are a critical benchmark for evaluating fluorine NMR relaxation of fluorotryptophan-labeled proteins in the future.

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Author contributions AMG conceived the project and AMG and TP guided the work. ML prepared the samples, performed NMR experiments and analyzed the experimental data. RI conducted further in-depth data analysis. All authors discussed the results and contributed to the manuscript preparation.

Compliance with ethical standards

Competing interest The authors declare no competing financial interests.

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