



Original Research

# Enhanced osteogenesis properties of titanium implant materials by highly uniform mesoporous thin films of hydroxyapatite and titania intermediate layer

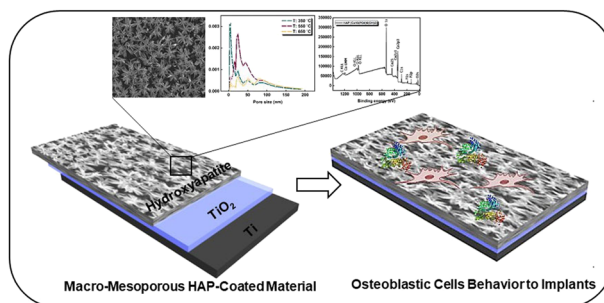
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## Abstract

Titanium (Ti) has been widely used for medical and dental applications; however, bare Ti cannot be properly connected to a living bone, and hence some modifications are needed for this purpose. The present study describes the synthesis of mesoporous hydroxyapatite thin films (MHF) on titanium implant materials for speeding up and shortening the processes of osteointegration. The uniform MHF was coated on a Ti substrate following the insertion of intermediate titania (TiO<sub>2</sub>) film via the sol-gel dip-coating method. The intermediate titania layer improved the bonding strength between the MHF and Ti substrate. MHFs were synthesized using a precursor solution containing phosphoric acid, calcium nitrate tetrahydrate, and a nonionic surfactant (C<sub>12</sub>E<sub>10</sub>) as the phosphate source, calcium source, and structure-directing agent, respectively. The effect of calcination temperature on phase composition, morphology, microstructure, roughness, and wettability of the MHFs was investigated using XRD, FE-SEM, COM, AFM, and contact angle measurement. The XRD results revealed the crystalline hydroxyapatite phase, which was improved with an increase in the calcination temperature. Moreover, the FE-SEM images showed the crack-free MHFs, uniform thickness of the layer, and mesoporous surface morphology. In addition, it was found that the roughness and wettability of the samples change upon the alteration of calcination temperature. The biological studies demonstrated that MHFs support the adhesion and proliferation of the mesenchymal stem cells (MSCs) and guide them toward osteogenic differentiation. Therefore, the MHFs prepared in this study may be useful in a wide range of applications, particularly in bone regeneration medicine.

## Graphical Abstract



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## 1 Introduction

Recently, mesoporous materials have attracted particular attention owing to their high surface area, tunable pore size, and large pore volume. These properties make mesoporous materials suitable for application in various areas such as biomaterials, catalysts, adsorbents, drug delivery systems. Therefore, synthesis of mesoporous materials has been an area of great scientific interest [1–7].

Mesoporous biomaterials are synthesized by means of surfactant-assisted methods or templating techniques [8–10]. Studies have demonstrated that the porosity of a biomaterial can promote the natural bone-forming ability and direct bonding to host bones [11, 12]. Among these materials, hydroxyapatite with the structural formula of  $\text{Ca}_{10}(\text{PO}_4)_6(\text{OH})_2$  has been proved as one of the most important bioceramics in medical and dental applications thanks to its high biocompatibility, ability to form a chemical bond with living bone tissues, suitable osteoconductivity, nontoxic properties, and a similar structure to the natural bone mineral [13–17]. According to the wide applications of hydroxyapatite, various morphologies have been reported [13, 18, 19]. Among various morphologies of hydroxyapatite, thin-film morphology has attracted more attention for applications in bone and tooth repair as it enhances the biocompatibility and accelerates the process of ossification [20, 21].

However, an important challenge with hydroxyapatite thin films is related to the low mechanical strength of these films as load-bearing implants. To overcome this problem, mesoporous hydroxyapatite films (MHFs) are often coated on metal material supports such as titanium (Ti), stainless steel, and Ti-based alloys that have good mechanical properties [22, 23]. These metal materials have been used as an implant in dental and orthopedic applications. Among them, Ti is biocompatible and besides, it does not release metallic ions, such as Fe, Ni, Al, and V; therefore, it is a better candidate for biomedical applications. However, despite its advantages, its ability to bond to the host cells upon implantation is weak. In order to improve the bone-bonding ability, its surface should be modified [21]. To do so, various methods have been used [24]. Many studies have demonstrated that hydroxyapatite-coated Ti implants have a higher bone-bonding ability and earlier osteoid formation than the Ti uncoated implant [25–27].

Therefore, mesoporous hydroxyapatite thin-film coating on Ti substrate simultaneously provides excellent biocompatibility of hydroxyapatite and load-bearing ability of Ti substrate. However, the main drawbacks of the hydroxyapatite coating such as the low bond strength and high residual stress lead to the separation of hydroxyapatite from the surface of the implant during long-term in vivo applications. This phenomenon causes inflammatory responses

in the physiological environment [14]. To address this issue, a wide range of substrate's surface treatments has been implemented [28, 29]. In this line, some researchers have used a transition layer such as metal oxides (e.g.,  $\text{TiO}_2$  and  $\text{ZrO}_2$ ) between substrate and hydroxyapatite coating, resulting in strength and stability enhancement of hydroxyapatite coating [30–32]. In addition, the intermediate layer on Ti substrate has been used to improve the corrosion resistance of Ti. Among metal oxides,  $\text{TiO}_2$  as an intermediate layer between hydroxyapatite coating and Ti substrate is more favorable owing to the high mechanical integrity of  $\text{TiO}_2$  with hydroxyapatite, chemical similarity to both HA and titanium, outstanding tribological properties, biocompatibility, and antibacterial properties [33–38]. Different methods are employed for the coating of Ti substrate with titania [39, 40]. Among them, the sol–gel technique is an ideal way to create thin films, owing to the phase homogeneity of the films, fine grain structure, low processing temperature, and effective production of the film on complex-shaped implants [26, 31, 41–43].

In this research, we report the synthesis of hydroxyapatite-titania double-layer coating on Ti substrate. The titania thin film between the hydroxyapatite coating and Ti substrate is designed to improve the bonding capability and adhesive properties of the hydroxyapatite on the surface of the Ti substrate. The MHF was developed via the sol–gel dip-coating method using a nonionic surfactant as a template. In order to investigate the mesoporous hydroxyapatite thin films (MHFs) microstructure, phase composition, morphology, roughness, and wettability, XRD, FE-SEM, confocal optical microscope (COM), AFM, and contact angle measurement were utilized. To investigate the biological behaviors of the fabricated samples, the protein adsorption on the surface of samples was evaluated. Osteogenesis induced by MHFs in the mesenchymal stem cells (MSCs) was characterized by a sequence of events, involving cell attachment and proliferation, and it was followed by the activity of alkaline phosphatase. It is expected that the prepared hydroxyapatite films on the surface of implant improve the bioactivity of metal implants for prospective applications.

## 2 Experimental details

### 2.1 Chemical materials

The calcium nitrate tetrahydrate ( $\text{Ca}(\text{NO}_3)_2 \cdot 4\text{H}_2\text{O}$ , Merck) and phosphoric acid ( $\text{H}_3\text{PO}_4$ , Merck, 85%) as calcium and phosphorous precursors, respectively, were utilized to prepare the sol solution. The nonionic surfactant decaethylene glycol monododecyl ether ( $\text{C}_{12}\text{H}_{25}(\text{OCH}_2\text{CH}_2)_{10}\text{OH}$ ,  $\text{C}_{12}\text{E}_{10}$ ) was purchased from Sigma-Aldrich Co. and used

without any purification. Titanium (IV) tetra-isopropoxide (TTIP, Sigma-Aldrich, 97%), hydrochloric acid (HCl, Merck, 37%), and absolute ethanol (Carlo Erba) were used for the preparation of TiO<sub>2</sub> solution.

## 2.2 Substrate preparation

A commercially pure titanium sheet with 2-mm thickness (grade 2) was used as a substrate for the intermediate layer and hydroxyapatite coating. The titanium sheet was cut into pieces with 10 × 20 mm dimensions. The substrates were sanded using sandpaper No. 120–1000 and polished using alumina solution. Then, the substrates were placed in a beaker containing acetone and cleaned under the ultrasonic condition for 30 min. Finally, the substrates were washed with ethanol solution three times and dried in an oven for 10 min.

## 2.3 Titania intermediate layer

For the preparation of TiO<sub>2</sub> sol solution, HCl (35 wt%) was added to titanium TTIP dropwise and stirred vigorously at room temperature for 5 min. Then, the specified amount of absolute ethanol was added to the solution. The final molar ratio of the chemical materials was as follows: TTIP:HCl:EtOH, 1.000:5.487:29.324. The final solution was aged under mild stirring at room temperature for 20 h to obtain a clear sol. The dip-coating method was used for titania coating on Ti substrate. While the substrate was pulled out with a speed of 1 cm min<sup>-1</sup> from the solution, the thin-film coating started to be deposited on it. The thickness of the coating was directly adjusted by pulling out speed. The coated substrates were then heat-treated in the furnace at 500 °C temperature for 2 h.

## 2.4 Synthesis of mesoporous hydroxyapatite-titania double-layer coating on Ti substrate (MHFs)

For the preparation of hydroxyapatite sol, C<sub>12</sub>E<sub>10</sub> was added to ultrapure deionized water (7.000 ml) in a vial and stirred for 30 min to get homogenized solution. The calcium nitrate was added and stirred for another 30 min. Then, the required amount of phosphoric acid was added to the final solution. After adjusting the pH by different amounts of aqueous ammonia at 0, 0.65, 2, 7, and 10, the final solution was aged under mild stirring at room temperature for 24 h. The final molar ratio of the precursor sol was as follows: C<sub>12</sub>E<sub>10</sub>:Ca(NO<sub>3</sub>)<sub>2</sub>·4H<sub>2</sub>O:H<sub>3</sub>PO<sub>4</sub>, 1.000:5.013:3.007. Dip-coating method with a speed of 1 cm min<sup>-1</sup> was applied to obtain uniform hydroxyapatite thin layer on TiO<sub>2</sub>-coated implants. The as-made thin films were calcined at three different temperatures 350, 500, and 650 °C for 2 h and named as MHF350, MHF500, and MHF650, respectively.

## 2.5 Characterization

The XRD patterns of the materials were recorded in the 2θ range from 10° to 70° by a continuous scanning mode (0.02°/min) on a Rigaku-SmartLab X-ray diffractometer with CuKα radiation (λ = 0.154 nm). The crystallite size was calculated by the Debye–Scherrer Eq. (1). The Debye–Scherrer equation is:

$$D = K \cdot \lambda / (\beta \cdot \cos\theta) \quad (1)$$

where *D* is the mean crystallite size, *K* is the shape factor of the crystallites (*k* = 0.9), λ is the wavelength of the incident X-ray (λ = 0.154 nm), β is the full width at half-maximum, and θ is the peak position. The functional groups of the films were studied by Fourier-transform infrared spectroscopy (FTIR). The FTIR spectrum was collected in the range 400–4000 cm<sup>-1</sup>. For the purpose of FTIR analysis, the films were scratched from the surface of the titanium substrate and the standard KBr pellet was made. To investigate the mesostructural parameters of thin films, nitrogen adsorption–desorption analysis was performed. For the purpose of nitrogen adsorption–desorption analysis, the films were scratched from the surface of the substrate and were degassed at 353 K for 24 h prior to the nitrogen adsorption measurements. The specific surface area was determined by the Bruauer–Emmett–Teller (BET) method. The pore volume and pore diameter were evaluated based on the Barrett–Joyner–Halenda (BJH) model. The surface morphology, cross-section, elemental distribution, and mapping of the films were evaluated with a field-emission scanning electron microscope (FE-SEM, TESCAN Mira 3-XMU). In order to investigate the surface topography and roughness of the films, atomic force microscopy (AFM, SOLVER NEXT, NT-MDT, Russia) was employed. The surface properties of the coating were studied by the COM. The chemical state of the components of the film was studied by X-ray photoelectron spectroscopy (XPS) technique. The XPS was performed at room temperature using a JPS-9010TR (JEOL) instrument with an MgKα X-ray source. All binding energies were calibrated by referencing to C1s (285.0 eV).

## 2.6 Protein adsorption

Bovine serum albumin (BSA) with molecular weight 66.5 kDa and an isoelectric point 4.7 was used for the protein adsorption study. For the assessment of protein adsorption on the surface of the MHF materials, they were immersed in the BSA solution (200 μg ml<sup>-1</sup>) at 37 °C. At different times (interval 2–72 h), the amount of protein loaded on the surface of fabricated materials was quantified by determining protein concentration reduction in the supernatant, which was analyzed by the Bradford method [44].

## 2.7 Cell proliferation assay

The human MSCs obtained from the Research Institute of Biotechnology (Mashhad, Iran) were cultured in DMEM (Dulbecco's modified Eagle's medium) supplemented with glucose ( $1000 \text{ mg l}^{-1}$ ), FBS (10%, v/v), streptomycin ( $100 \mu\text{g ml}^{-1}$ ), and penicillin ( $100 \text{ U ml}^{-1}$ ). The cells were incubated under 5%  $\text{CO}_2$  humidified atmosphere at  $37^\circ\text{C}$ . To evaluate cell proliferation, the cells were seeded in six-well tissue culture plates containing the fabricated materials (Ti substrate, MHF500, or MHF650) with a density of  $2 \times 10^5$  cells. After 7 days, the materials were transferred to another six-well tissue culture plates and trypsinized. Then, the cell number was determined using a hemocytometer and the abilities of the cells to exclude trypan blue.

## 2.8 Alkaline phosphatase activity

To evaluate the ALP activity, cells were seeded in six-well tissue culture plates containing the fabricated films with a density of  $1 \times 10^5$  cells at  $37^\circ\text{C}$ . After 7 days of incubation, the adhered cells were gently rinsed with PBS and trypsinized. Then, the cells were lysed with  $100 \mu\text{l}$  of Triton X-100 (1%). The cell lysate was centrifuged at 12000 rpm at  $4^\circ\text{C}$  for 10 min to obtain a supernatant. Then, ALP activity was measured according to the manufacturer's instructions (Pars azmun ALP assay kit). The total protein concentration was determined using the Bradford assay. The activity of ALP was expressed as Unit per mg of protein.

## 2.9 Preparation of cell sample for FE-SEM photography

Cells were seeded in six-well tissue culture plates containing the fabricated films with a density of  $1 \times 10^5$  cells at  $37^\circ\text{C}$ . After the indicated time, the adhered cells were gently rinsed with PBS and fixed with glutaraldehyde 2.5% for 60 min. Cells were washed with PBS three times, and then dehydrated with graded ethanol series. The samples were coated with gold and then photographed with a field emission-scanning electron microscope.

## 2.10 Statistical analysis

In biological experiments, data are expressed as mean  $\pm$  SD of three independent measurements and statistically analyzed using Student's *t* test. The experimental data were analyzed using ANOVA one-way analysis of variance and Tukey's post hoc test and *p* values  $\leq 0.05$  were considered significant.

## 3 Results

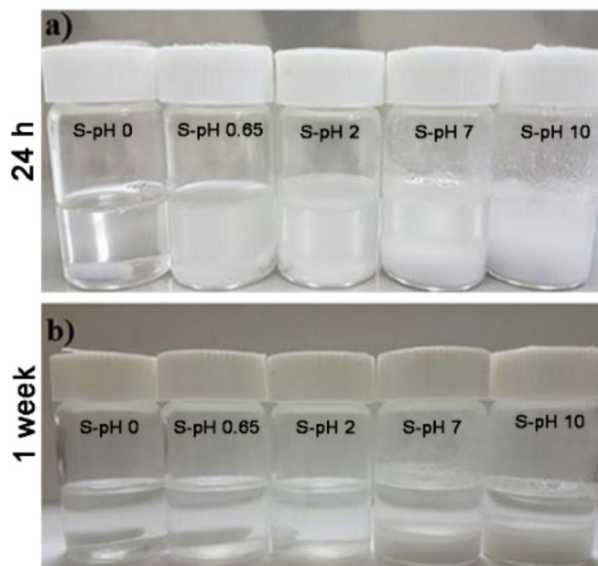
### 3.1 Sol stability

Sol stability is the critical factor for the provision of the uniform sol-gel coatings. To prepare a stable sol solution, the stability of the solutions was investigated at different pHs. For this purpose, the synthesis was performed with identical compositions at pH values of 0, 0.65, 2, 7, and 10, named S-pH 0, S-pH 0.65, S-pH 2, S-pH 7, and S-pH 10, respectively. Figure 1a shows the stability of the hydroxyapatite sol solution at different time points and pHs. According to the images, some precipitate and the semi-transparent solution appeared in S-pH 0.65, S-pH 2, S-pH 7, and S-pH 10 after 24 h of sol preparation. One week later, in S-pH 0.65, S-pH 2, S-pH 7, and S-pH 10 samples, the precipitation was completed (Fig. 1b). However, no precipitate was observed in the S-pH 0 solution and the solution remained completely transparent after a week. Therefore, the S-pH 0 solution was selected for the preparation of the hydroxyapatite coating on the surface of the substrate.

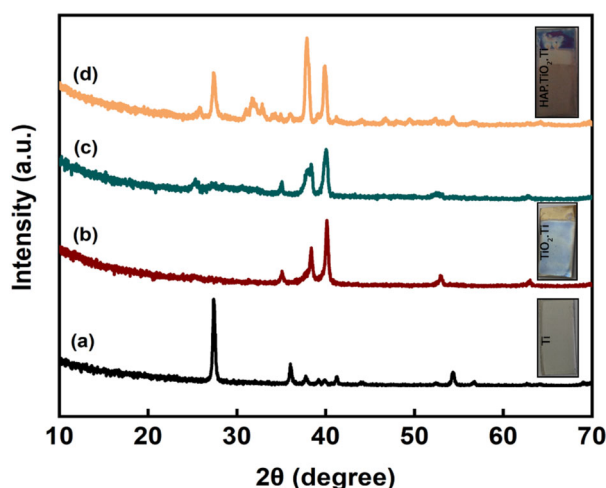
### 3.2 Phase characterization

In order to investigate the crystalline phase of the MHF and titania intermediate layer, XRD was used (Fig. 2).

The peaks located at  $2\theta = 27.44^\circ$ ,  $36.08^\circ$ ,  $39.18^\circ$ ,  $54.32^\circ$ , and  $62.74^\circ$  can be indexed as (110), (101), (200), (211), and (220) crystalline planes, respectively. These peaks are related to the hexagonal crystal lattice of the pure titanium phase with lattice constants of  $a = 4.593 \text{ \AA}$  and



**Fig. 1** Evaluation of the stability of the hydroxyapatite sol solution at different aging times and pHs. The sol stability after 24 h of aging (a) and after 1 week of aging (b)



**Fig. 2** XRD patterns of **a** Ti substrate, **b** TiO<sub>2</sub> intermediate layer, **c** MHF500, and **d** MHF650, (inset: digital photographs of titanium substrate, titania coating on titanium substrate, and hydroxyapatite-titania double-layer coating on titanium substrate)

$c = 2.959 \text{ \AA}$  according to the 00-021-1276 PDF card number (Fig. 2a). The titania intermediate layer on the titanium substrate shows several diffraction peaks (Fig. 2b), and the strong peaks at  $2\theta = 35.06^\circ$ ,  $38.40^\circ$ ,  $40.15^\circ$ ,  $53.01^\circ$ , and  $62.95^\circ$  are in agreement with the 00-005-0682 PDF card number, which corresponds to the rutile phase with lattice constants of  $a = 2.950 \text{ \AA}$  and  $c = 4.686 \text{ \AA}$ , which can be indexed as (100), (002), (101), (102), and (110) crystalline planes, respectively. The rutile formation may be related to the chemical composition of the precursors, pH, and calcination cycle [45]. In addition, the titanium substrate may be involved in the formation of the rutile phase in the titania intermediate layer [46]. The MHF500 and MHF650 samples have the three strongest peaks at  $2\theta = 25.9^\circ$ ,  $31.94^\circ$ , and  $32.24^\circ$ . The observed peaks are diffracted from the planes with the index of (002), (211), and (300), respectively, matched with 01-074-0566 JCPDS card number for the hydroxyapatite phase (Fig. 2c, d) [47]. Despite the increase in temperature, no chemical reaction occurred between the coatings and the substrate. The lattice constants of hydroxyapatite with hexagonal crystal structure were determined as  $a = 9.424 \text{ \AA}$  and  $c = 6.879 \text{ \AA}$ . The XRD peaks of the MHF350 sample showed little intensity, indicating lowest crystallinity of hydroxyapatite at  $350^\circ\text{C}$  calcination temperature (data not shown). To investigate the effect of calcination temperature on the crystallite size of the MHF materials, the size of crystallites was calculated by the Debye–Scherrer equation, using the (211) peak position. With respect to the calculated crystallite size value (Table 1), it was found that as calcination temperature increased, the size of the crystals augments from 16.97 to 28.07 nm. This increase reflects the grain growth and improvement of crystallinity of the coatings. According to the results, the

**Table 1** The crystallite size and FWHM were estimated from the XRD pattern

| Sample  | FWHM (nm) | Crystallite size (nm) |
|---------|-----------|-----------------------|
| MHAF350 | 0.4950    | 16.97                 |
| MHAF500 | 0.3188    | 26.54                 |
| MHAF650 | 0.3011    | 28.07                 |

calcined film at  $650^\circ\text{C}$  shows a higher crystallinity than the other coatings.

### 3.3 FTIR spectra

The formation and identification of the functional groups of mesoporous hydroxyapatite calcined at different temperatures were studied by FTIR (Fig. 3). In these spectra, the bands appearing in the approximate regions of 470, 563, and  $602 \text{ cm}^{-1}$  corresponded to the O–P–O bending vibrations in phosphate group.

The bands in regions of 960, 1033, and  $1088 \text{ cm}^{-1}$  were related to the stretching vibration of the phosphate group in the crystalline hydroxyapatite.

During the formation of hydroxyapatite, it is possible for other types of calcium phosphate phases to form; however, it depends on the synthesis conditions. In our experiment, for instance, the appearance of a small band at  $872 \text{ cm}^{-1}$  in the spectrum (b) and (c) was related to the carbonate group or a little amount of the  $\text{HPO}_4^{2-}$  group (symmetric bending vibration of the P–O bond), implying a structural defect in the hydroxyapatite crystalline structure. Such defects arise from the high concentrations of hydrogen ions during the reaction when they are not completely removed from the structure of calcium phosphate. Interestingly, as the degree of crystallinity increased, the amount of carbonate impurity reduced. In fact, the existence of carbonate groups in the crystalline structure of hydroxyapatite reduces the crystallinity.

In the spectra, two broad bands appearing at 3421 and  $1637 \text{ cm}^{-1}$  are related to the stretching vibration of the hydroxyl group of adsorbed water on the hydroxyapatite surface. The absorption bands in 2877 and  $2922 \text{ cm}^{-1}$  are related to the  $\text{CH}_2$  and CH groups, respectively, indicating the existence of a surfactant chain in the hydroxyapatite structure [48]. With increase in the calcination temperature, the intensity of these bands decreased, indicating an improvement in the decomposition of the surfactant.

### 3.4 Surface area and pore size distribution

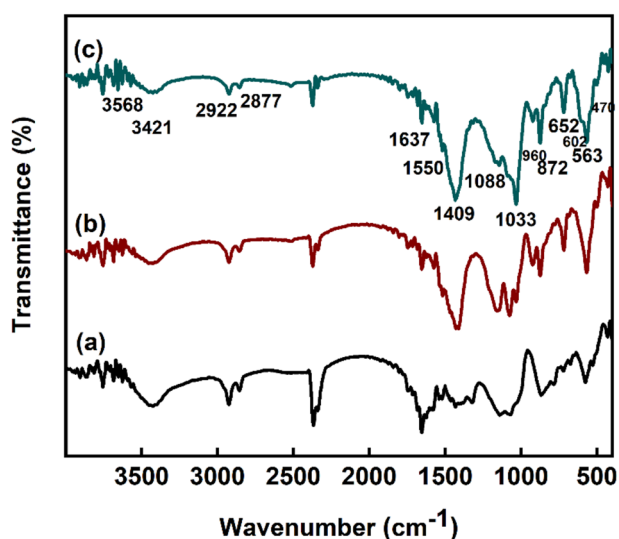
To investigate the mesostructural characteristics of the coatings, nitrogen adsorption–desorption measurements were performed on the samples (Fig. 4).

All the samples show type IV isotherms with a distinct hysteresis loop (Fig. 4a), indicating the presence of a

mesoporous structure; however, the mesopore size changed as a function of calcination temperature. As the calcination temperature increased, the beginning of the hysteresis loop occurred at a higher relative pressure (from 0.4 to 0.7  $P/P_0$ ). This shift is due to the enlargement of the mesopore diameter, which is confirmed by the pore size distribution curves.

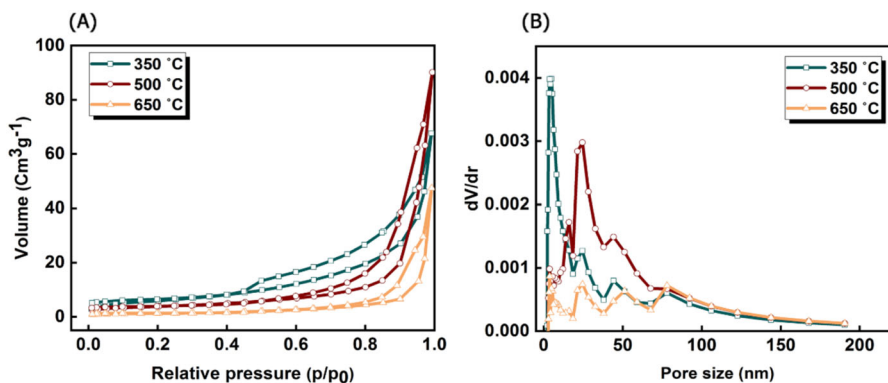
The pore size distribution of the fabricated samples was plotted according to the BJH method (Fig. 4b). It was evident that the pore diameter is dependent on the calcination temperature, ranging from 4 to 26 nm (Table 2).

Based on the BJH graphs, the heterogeneity in the pore size of MHF650 was detected, yet this did not occur in the MHF350 and MHF500 samples. Presumably, at a high calcination temperature (650 °C), pore wall is destroyed, leading to a wide range of pore sizes. In other words, pore size distribution could be manipulated by temperature. Furthermore, the surface area of the fabricated samples reduced as the temperature increased, which is likely due to the effect of heat treating on the pore network [49]. Following temperature enhancement, crystal grains became



**Fig. 3** The FTIR spectra of **a** MHF350, **b** MHF500, and **c** MHF650 samples

**Fig. 4**  $N_2$  adsorption–desorption isotherms (**a**) and pore size distribution curves (**b**) of MHF350, MHF500, and MHF650



larger, leading to the agglomeration of the particles. Subsequently, the agglomeration of hydroxyapatite leads to the disappearance of pores at high temperatures. However, in the MHF350 sample, owing to the low calcination temperature, the crystals were not fully grown and empty spaces between them were created. Therefore, a disordered porous pattern was made by these empty spaces.

### 3.5 Chemical state of components

The chemical state of the elements was studied by the XPS technique. The study of the XPS spectrum shows the main elements of hydroxyapatite, Ca, P, O, and small amounts of contamination such as C (Fig. 5a). The XPS spectra of C1s, O1s, Ca2p, and P2p of the MHF650 are shown in Fig. 5b–e, and the binding energy values are summarized in Table 3. The binding energies were determined by reference to the C1s component due to carbon bond only to carbon or hydrogen, set at 285 eV [50]. The binding energy values of Ca2p and P2p are close to those values of hydroxyapatite in the NIST (National Institute of Standard and Technology) standard reference database.

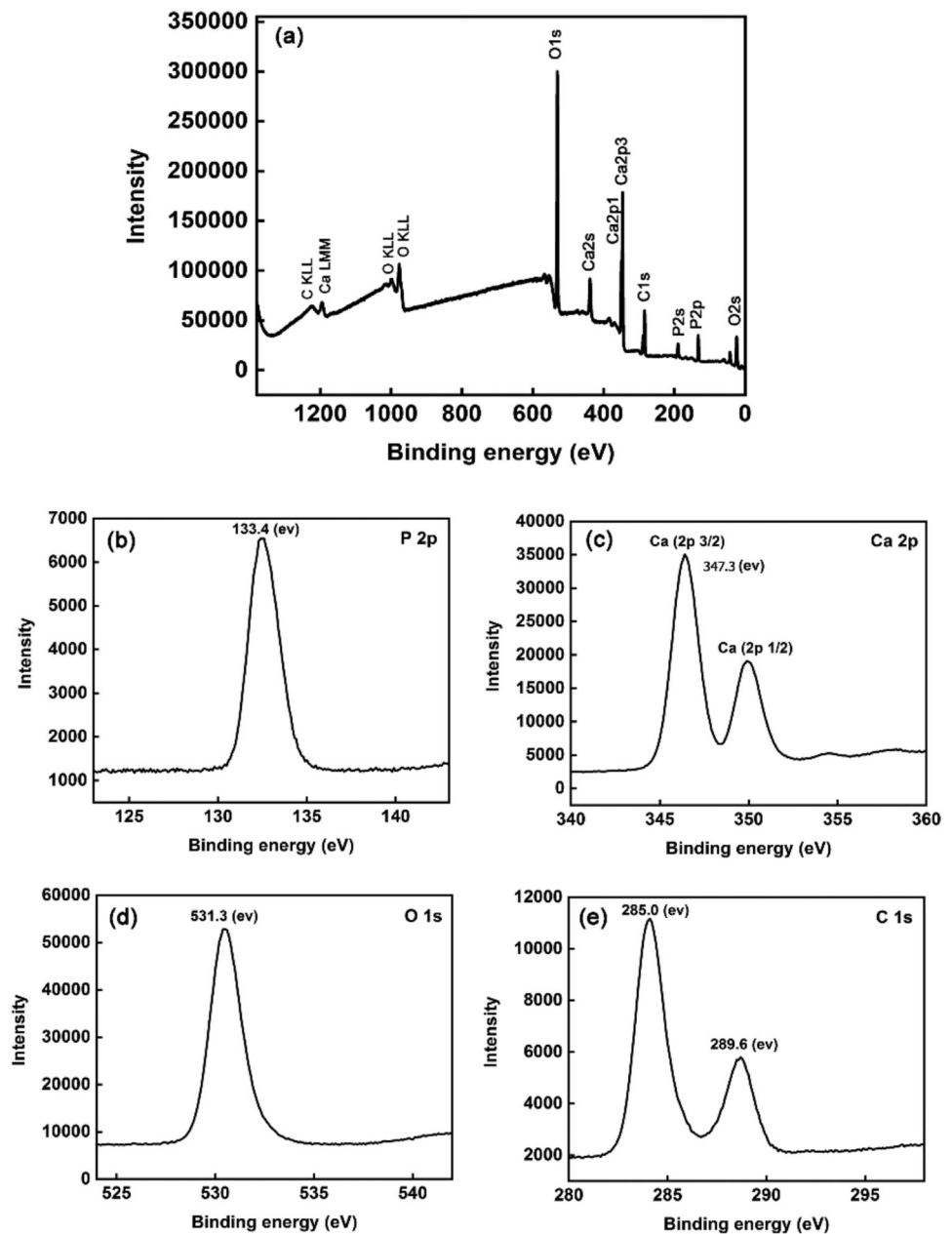
The peak appearing in Fig. 5c at the binding energy values of 347.3 eV is attributed to the bonding between calcium and phosphorus ions in hydroxyapatite structure. The peak located at 531.3 eV in O1s spectra is attributed to the  $PO_3^{-4}$  group of hydroxyapatite [53, 54]. The binding energy values of Ca2p and P2p are located at 347.3 and

**Table 2** Structural parameters of mesoporous hydroxyapatite thin films calcined at various temperatures

| Sample  | Pore volume ( $cm^3 g^{-1}$ ) | Pore diameter (nm) | Surface area ( $m^2 g^{-1}$ ) |
|---------|-------------------------------|--------------------|-------------------------------|
| MHAF350 | 0.1030                        | 4.76               | 26.277                        |
| MHAF500 | 0.1310                        | 24.49              | 15.038                        |
| MHAF650 | 6.8963                        | 26.33              | 5.0940                        |

The surface area, pore diameter, and pore volume of the samples obtained from nitrogen adsorption–desorption measurement

**Fig. 5** The XPS survey spectra of MHF650. **a** The XPS survey spectrum, **b–e** the high-resolution XPS spectra of P2p, Ca2p, O1s, and C1s, respectively



**Table 3** Binding energy (BE) of the main XPS peaks of MHF650 sample and reference values for hydroxyapatite [29, 51, 52]

| Measured BE values of MHF650 |       | Reference values [51, 52] |
|------------------------------|-------|---------------------------|
| Ca 2p <sub>1/2</sub>         | 350.8 | 350.6–350.8               |
| Ca 2p <sub>3/2</sub>         | 347.3 | 346.9–347.6               |
| P2p                          | 133.4 | 133.2–133.6               |
| O1s                          | 531.3 | 530–533                   |

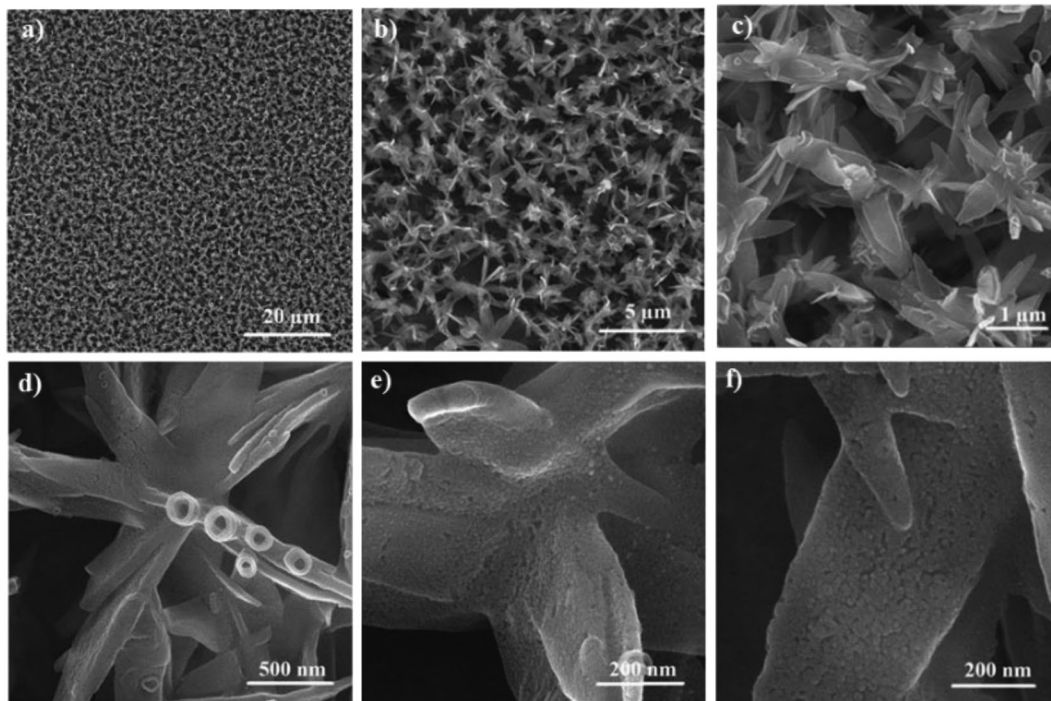
133.4 eV, respectively. Based on the XPS results, the chemical states of the components in the fabricated film are similar to those of ideal hydroxyapatite [55]. Moreover, the

peak at 289.6 eV in the C1s curve is attributed to the  $\text{CO}_3^{2-}$  group of  $\text{CaCO}_3$ . Calcium carbonate is formed usually due to the presence of  $\text{CO}_2$  and  $\text{H}_2\text{O}$  in the synthesis environment [29, 56].

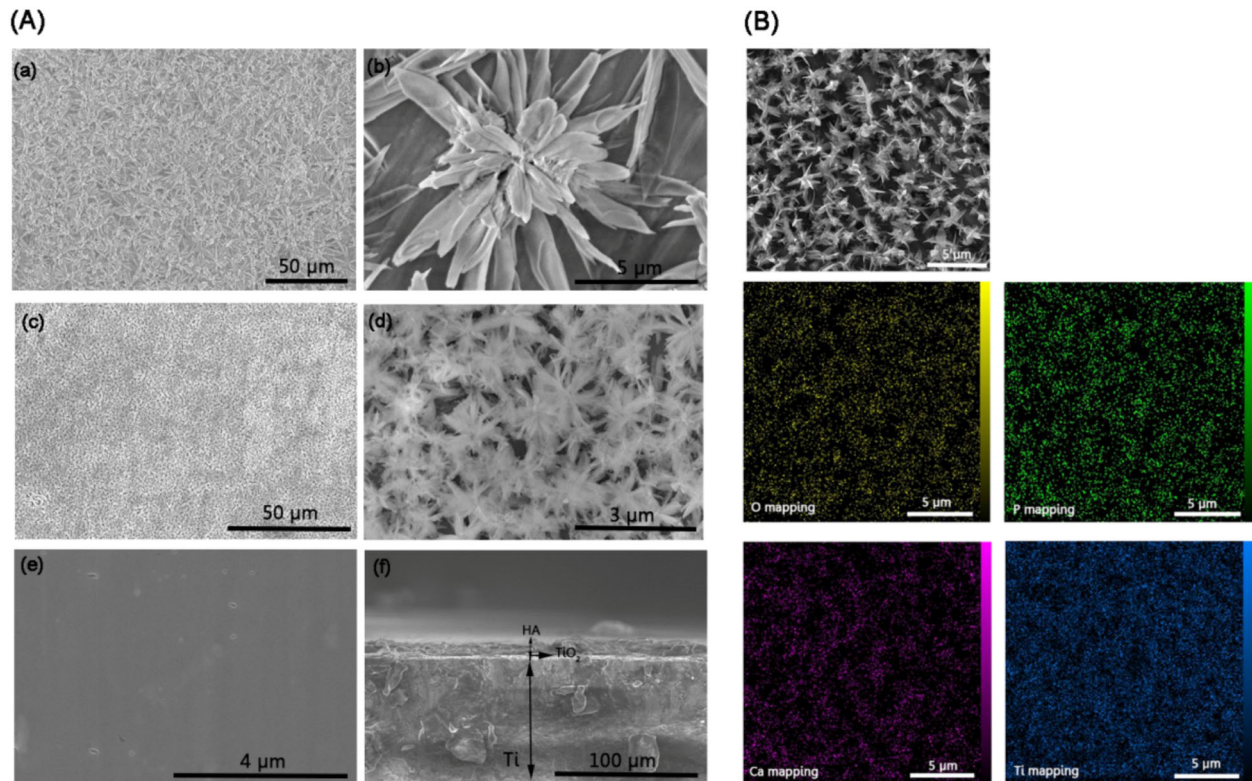
### 3.6 Microstructure investigation

The surface, pore morphology, and microstructure properties of hydroxyapatite thin films were investigated by FE-SEM (Figs. 6 and 7).

As it can be seen in the top-view FE-SEM images, the coating surface is relatively smooth, continuous, and crack-free (Figs. 6a–f, 7a(a–e)). The low-resolution view



**Fig. 6** FE-SEM images of MHF350 at low resolution (a, b, c) and high resolution (d, e, f)



**Fig. 7** FE-SEM images and elemental mapping of MHFs. **a** FE-SEM images of MHF500 (a, b), MHF650 (c, d), titania film (e), and cross-section image of the MHF/TiO<sub>2</sub> double-layer coating on the Ti

substrate (f). **b** Elemental mapping of mesoporous hydroxyapatite film (MHF650) for O, P, Ca, and Ti elements



of the FE-SEM images shows hydroxyapatite films with flower-shaped morphology in different lengths and diameters. The flower-shaped morphology has been uniformly spread out over the entire area. The connections among flower-shaped structures have formed microporosity. Also, the images show the distribution of pores throughout the surface of coating and the presence of internal connections among the micropores (Fig. 6e, f and SI 1). Such porosity network makes hydroxyapatite film appropriate for biomedical applications [57]. Based on the high-resolution images, nanopores cover the entire surface. The mesoporous structure of hydroxyapatite is in a wide range from 2 to 20 nm, which is compatible with the BET analysis.

In addition, the surface morphology of the titania film is shown in Fig. 7e. The image shows that the coating surface is perfectly uniform and highly dense without any cracks. The titania film acts as an intermediate layer that eliminates the lattice mismatch between the Ti substrate and hydroxyapatite film, and improves the connection between them. Also, the cross-section image of the MHF on the Ti substrate was taken by FE-SEM (Fig. 7a(f)). According to the figure, the hydroxyapatite thin film and titania layer with nanometer thickness were formed on the Ti substrate. Both coatings were densely compact. A thickness of about 0.875  $\mu\text{m}$  was measured for the smooth hydroxyapatite coating on the Ti substrate surface. The thickness value is significantly smaller than the other hydroxyapatite coatings created by sol-gel at a high pH value and plasma-spraying methods [58]. Further, the cross-section image reveals no interfacial debonding between the hydroxyapatite coating and the substrate.

The elemental distribution on the surface of the hydroxyapatite coating was determined by EDS and elemental mapping (Fig. 7b and SI 2). As shown in Fig. 7b, MAP analysis shows the presence of calcium, phosphorus, and titanium elements, which uniformly cover the entire surface with no aggregation in any part of the coating surface.

### 3.7 Surface properties

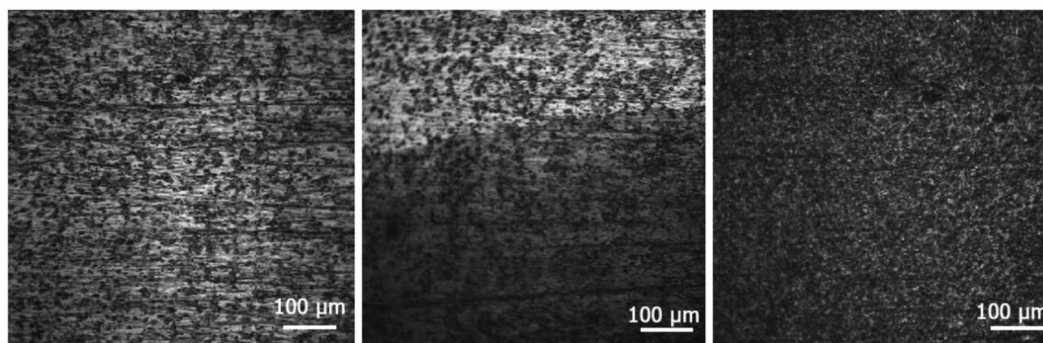
#### 3.7.1 Evaluation of macrocrack formation

The surface properties of the coating were studied by COM (Fig. 8). It can be seen on the image that the titania layer (Fig. 8b) and hydroxyapatite (Fig. 8c) are formed well on the Ti substrate using the sol-gel method. No macrocrack was observed on the surface of the coating, which indicates an improvement of the adhesion of the hydroxyapatite coating to the Ti substrate, owing to the presence of titania intermediate layer.

#### 3.7.2 Surface roughness and wettability

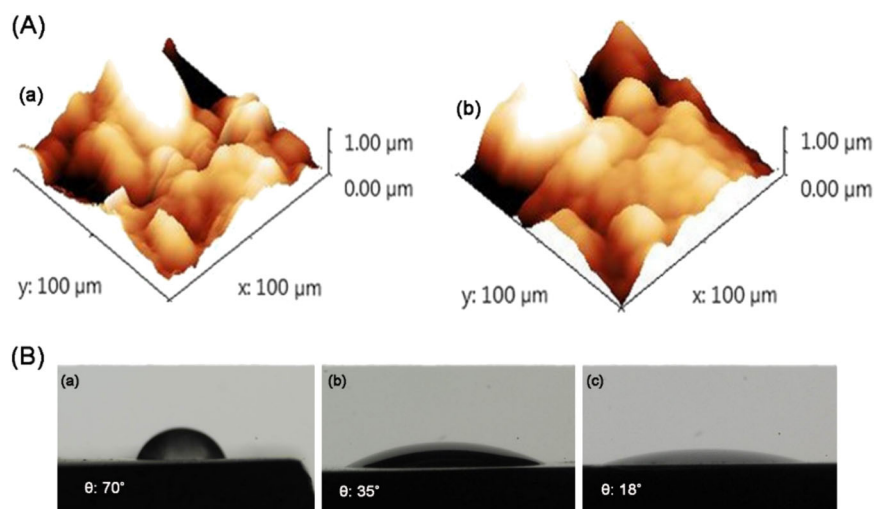
To investigate the surface topography and roughness of the hydroxyapatite thin film on the Ti substrate, AFM analysis was performed (Fig. 9a). The images illustrate that in micrometer scales, the surfaces have convexities and concavities. The maximum height of the surface is 202 and 209.7 nm for the MHF650 and MHF500 samples, respectively. The topography of the surface showed that the surface of the MHF500 sample is more uniform than that of the MHF650 sample. Using the WSxM software, the values of the surface specification were extracted and are shown in Table 4. According to the rough mean square value, the MHF650 sample has a rougher surface than the MHF500 sample. To determine the formation of the film, the difference between the mean height and roughness was calculated. Note that smaller values mean a better feature of the film formation. Based on this analysis, the MHF650 sample has a better film formation than the MHF500 sample on the Ti substrate. Therefore, it can be concluded from the results of the AFM that the roughness of surface increases following the augmentation of crystallinity.

To evaluate the surface wettability of MHFs, the contact angles of ultrapure deionized water on the coating surface were determined (Fig. 9b). According to the images, the contact angle reduces by an increase in the calcination



**Fig. 8** COM images of **a** titania film, **b**  $\text{TiO}_2$ -coated substrate, and **c** mesoporous hydroxyapatite film

**Fig. 9** **a** 3D AFM images of the (a) MHF650 and (b) MHF500 samples. **b** Water contact angle on (a) dense hydroxyapatite coating (without  $C_{12}E_{10}$ ), (b) mesoporous hydroxyapatite film calcined at 500 °C, and (c) mesoporous hydroxyapatite film calcined at 650 °C



**Table 4** Surface properties of MHF500 and MHF650 thin films

| Sample | Roughness (nm) | Average height (nm) | RMS (nm) | Maximum height (nm) |
|--------|----------------|---------------------|----------|---------------------|
| MHF500 | 29             | 137                 | 37       | 209.7               |
| MHF650 | 34.66          | 92                  | 41.8     | 202                 |

temperature (up to 17° in the MHF650). This reduction in contact angle is due to the increase in hydrophilicity of the coating. The mesoporosity of the surface of the coating allows the penetration of water into the pores and the reduction of the surface energy between the surface and liquid, leading to a decrease in contact angle. In addition, the improvement of hydrophilicity of the film could be related to the presence of a hydroxyl group on the surface [59–61]. Increasing the hydrophilicity improves the biocompatibility of the surface, making the coating suitable for cell growth.

### 3.8 Protein adsorption and cellular behavior of MSCs on MHFs

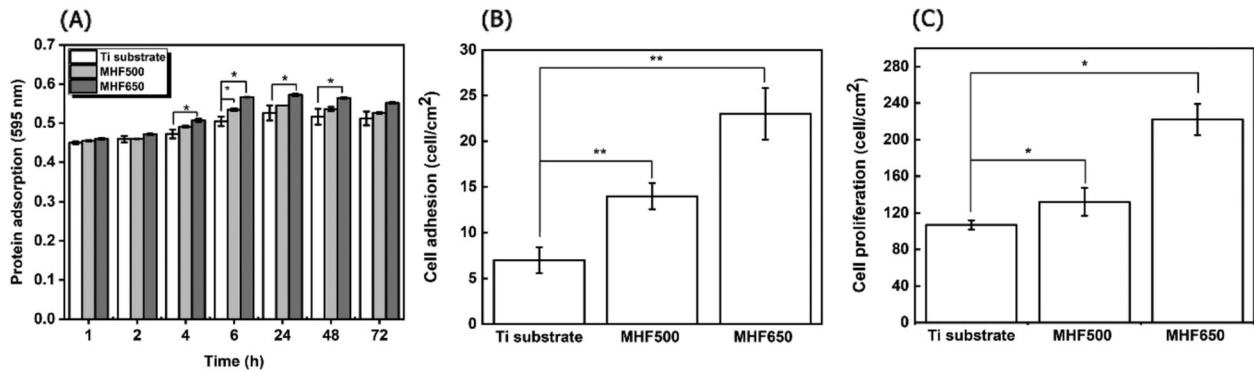
Protein adsorption on the surface of implants is the incipient biological step after implantation, acting as a signal for the migration of osteoblast cells and allowing implant osteointegration [62]. Therefore, the protein adsorption on the surface of the fabricated MHFs and Ti substrate was evaluated at different time intervals (2–72 h) at 37 °C. From the results presented in Fig. 10a, the protein adsorption increased on the surface of the implants in a time-dependent manner; however, a high level of protein adsorption was observed on the surface of the MHF materials in comparison to Ti substrate, which is likely related to the roughness topography of the sample [63].

To evaluate the adhesion of the MSCs onto the surface of the MHFs, the cells were seeded on the surface of the implants, and the number of the adhered cells were assessed

after 4 h. As shown in Fig. 10b, the number of the adhered cells on the surface of the MHFs was significantly higher than that on the surface of the bare Ti substrate. The number of MSCs per  $mm^2$  of MHF500 and MHF650 was  $14 \pm 1.4$  and  $23 \pm 2.8$  cell/ $cm^2$ , respectively, whereas this value decreased to  $7 \pm 1.4$  cell/ $cm^2$  for the bare substrate. The high tendency of the cells toward MHF650 may be attributed to the surface topography and wettability of the implant. It has previously been documented that a rough surface [64] with high hydrophilicity [65, 66] is more favorable for cell adhesion. As the proliferation of the progenitor cells is the first stage of osteogenesis, the proliferation of the adhered cells on the surface of the fabricated implants was evaluated after 7 days of incubation. As it is evident in Fig. 10c, a higher proliferation rate was observed in the MSCs cells incubated on the surface of MHF650 ( $222 \pm 17$  cell/ $cm^2$ ) than those grown on the surface of MHF500 ( $132 \pm 15$  cell/ $cm^2$ ) and the bare substrate ( $107 \pm 5$  cell/ $cm^2$ ). In fact, MHF650 with interconnected macro-mesopores facilitates water and nutrient delivery, providing an appropriate surface for cell proliferation [67].

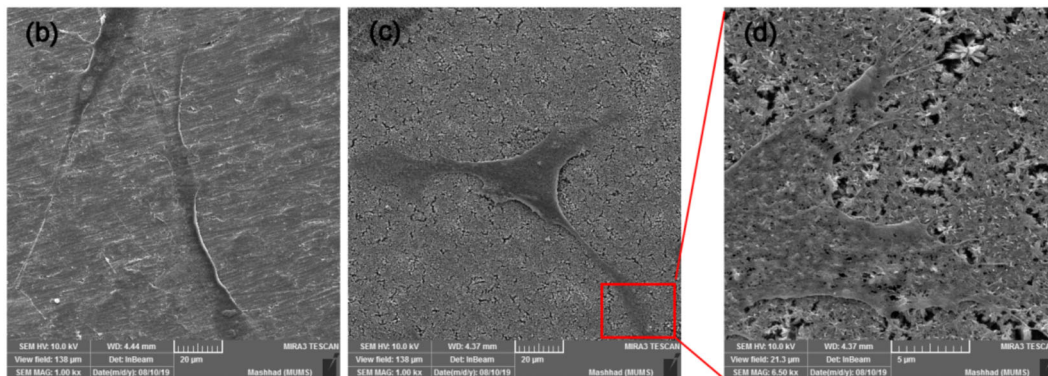
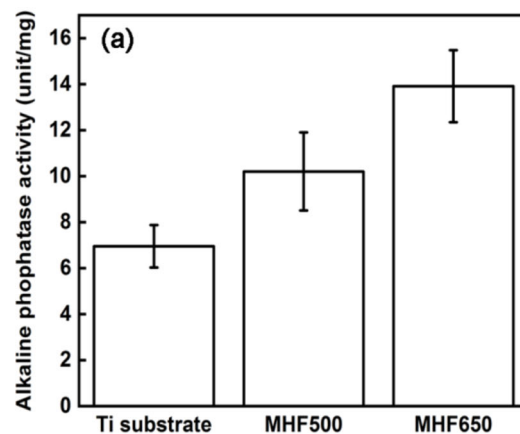
### 3.9 Assessment of ALP activity and morphological alteration

Regarding osteogenic differentiation, ALP activity is an essential indication of early stages of differentiation. It is considered as an important marker of osteogenesis [68]. Therefore, the osteogenic differentiation of the MSCs on the surface of the MHFs was monitored by the activity of ALP. As shown in Fig. 11a, a higher level of activity was observed in the MSCs grown on the surface of MHF650 ( $13.5 \pm 1.5$  unit/mg) than those cultured on the surface of MHF500 ( $10.2 \pm 1.5$  unit/mg) and the Ti bare substrate ( $6.9 \pm 0.9$  unit/mg), demonstrating the high capability of MHF650 in the induction of osteogenesis.



**Fig. 10** Cellular behavior of MSCs on MHFs. **a** Protein adsorption behavior of MHFs at different time points ( $*p < 0.05$ ). **b** Evaluation of cell adhesion and **c** proliferation of MSCs on the surface of MHFs after

4 h and 7 days of incubation, respectively ( $*p < 0.05$ ,  $**p < 0.01$ ). Each value represents the mean  $\pm$  SD ( $n = 3$ )



**Fig. 11** Evaluation of osteogenic differentiation in MSCs induced by MHFs. **a** Assessment of ALP activity in MSCs incubated on the surface of fabricated sample for 7 days. FE-SEM images of MSCs

morphology evaluation on the surface Ti substrate (**b**) and MHF650 (**c**). Filopodia extruded from the MSC cultured on MHF650 (**d**)

Figure 11b–d shows the morphology of the MSCs cultured on the surface of MHF650 and the Ti substrate after 3 days of incubation. On the surface of MHF650, the cells exhibited a typical polygonal morphology and spread out with filopodium and lamellipodium; however, the cells displayed a spindle morphology as they grew on the surface of the Ti substrate. The results indicated that double-layer coating on the surface of Ti substrate significantly promotes osteogenesis.

## 4 Discussion

Bone-interfacing implants made from titanium alloy are widely used for both medical and dental implants. Initial implant stabilization, acceptable porous geometry, and the rapid establishment of osseointegration are critical factors for uninhibited bone ingrowth on the surface of the implant. To enhance the osteoconductivity of metallic implants,

several studies have suggested the effectiveness of hydroxyapatite surface coating [26, 27, 30, 58, 69], as it is the main constituent of hard tissues in the human body. In this line, there are wide varieties of methods for the deposition of hydroxyapatite on Ti alloy implants, such as plasma-spraying [70], laser interference patterning [71], and electrophoretic deposition [72].

In the plasma-spraying method, which is most often used for calcium phosphate coating, a thick layer (30–50  $\mu\text{m}$ ) consisting of hydroxyapatite and other phases is formed [73]. Owing to the significant structural defects in the coating-substrate interface introduced during coating application, delamination and detachment occur in physiological environment, leading to the liberation of particles and consequently promoting inflammation [74, 75]. In our study, we used the sol–gel technique, which is an ideal way for the creation of thin films owing to the phase homogeneity of the films, fine grain structure, low processing temperature, and effective production of the film on complex-shaped implants [26, 31, 41, 42]. However, this method is also accompanied by some disadvantages such as insufficient coating coherence and poor adhesion of hydroxyapatite to the Ti substrate, leading to the separation of the hydroxyapatite coating from the surface of the implant. Hence, HAP.Ti implants are inappropriate for long-term service in the human body. To address these issues, an intermediate layer like titania or zirconia has been introduced between hydroxyapatite and Ti substrate. The fabricated HAP.TiO<sub>2</sub>.Ti implants are endowed with new physico-chemical and biological properties such as antibacterial activity. In this line, heat-treated Ti implants in the air or alkali-treated Ti implants were suggested for the formation of TiO<sub>2</sub> film on the surface of the Ti implant [76]. In the alkali-treated Ti implants, the TiO<sub>2</sub> intermediate layer is not monophasic, consisting of the sodium titanate (Na<sub>2</sub>Ti<sub>5</sub>O<sub>11</sub>) and titanium dioxide. Note that in this method, controlling porous structure network and pore size of the TiO<sub>2</sub> layer is difficult. Special porous network, pore size with sub-micron scale, and the negatively charged titanium surface are required for the apatite nucleation [77]. In our study, the synthesis of TiO<sub>2</sub> was carried out through a simple procedure, sol–gel wet chemical precipitation route, which provides uniform and crack-free surface for the adhesion of hydroxyapatite. FE-SEM micrographs showed that the titania layer has been relatively well-incorporated in Ti substrate and hydroxyapatite layer, and no obvious separation was observed between them, indicating the strong bonding between the coatings and titanium substrate (Fig. 7a(f)). Therefore, it can be concluded that an intermediate layer eliminates the lattice mismatch between the metal substrate and the ceramic coating and improves adhesion between them.

**Table 5** Summary of physico-chemical properties and biocompatibility of HAP-coated Ti alloy based on the coating method

| Sample                            | HAP coating Method                                    | Morphology of HAP nanocrystals | Porosity  | Biological evaluation   | Comment   | Reference  |
|-----------------------------------|---|--------------------------------|---|---|---|------------|
| HAP, TiO <sub>2</sub> , Ti        | Sol–gel   | Flower-like                    | Macro-mesoporous (based on SEM images and BET analysis) | Protein adsorption<br>Cell adhesion and proliferation assay<br>Evaluation of osteogenesis | Improved bioactivity (protein adsorption, cell adhesion and proliferation and osteogenesis) of Ti implant by tuning of precursor molar ratio, calcination temperature, and pH | This study |
| HAP, TiO <sub>2</sub> , Ti        | Sol–gel   | Amorphous HAP                  | ND  | Cell proliferation assay  | Improved cellular response  | [81]       |
| HAP, Ti<br>CaTiO <sub>3</sub> .Ti | Sol–gel   | Amorphous HAP                  | Porous surface (Based on SEM images)                    | –   | –   | [69]       |
| HAP.Ti                            | Plasma-spraying                                       | Amorphous HAP                  | ND  | SBF assay   | –   | [75]       |
| HAP, Ti                           | Inductively coupled radio frequency (RF) plasma spray | Amorphous HAP                  | ND  | Protein release assay<br>Bone formation assay<br>in vivo study                            | Enhanced in vivo osteogenesis of Ti implant   | [27]       |
| Ag, HAP, Ti                       | Sol–gel   | Amorphous HAP                  | ND  | Antimicrobial tests   | Improved antibacterial properties   | [26]       |
| Sr.HAP, Ti                        | Radio frequency (RF) magnetron co-sputtering          | Amorphous HAP                  | ND  | –   | –   | [58]       |

SBF simulated body fluid, ND not determined

In addition, the synthesis of the hydroxyapatite layer with special morphology (flower-like) and dual porosity system (meso-macro porous) using a nonionic diblock copolymer template provides a more favorable surface for cell adhesion and proliferation. Among different samples, MHF650 showed higher roughness and wettability; consequently, the cells showed a high tendency toward MHF650 than other MHFs. Note that it has previously been reported that an implant with a rough surface has a favorable effect on early and strong bonding to bone [78–80]. Moreover, the surface chemistry and wettability are critical parameters on protein and cell adhesion, as cells live in a chemistry-rich microenvironment. It has been documented that the improvement of hydrophilicity of the film could be related to the presence of hydroxyl and phosphate groups on the surface of the implant, regulating the conformation of the initial adsorbed protein and the subsequent behavior of the adhered cells [65, 66]. Such desirable chemistry was also detected on the surface of the fabricated MHF samples. To exhibit the outstanding points in our study, we summarized previous reports related to physico-chemical properties and biocompatibility of HAP-coated Ti substrate in Table 5.

## 5 Conclusion

In this study, the MHFs on the titanium substrate have been successfully prepared by the sol–gel dip-coating method. Owing to the weak adhesion of the hydroxyapatite coating to the metal substrate,  $\text{TiO}_2$  was used as an intermediate layer, eliminating the lattice mismatch between the Ti substrate and hydroxyapatite film. Physico-chemical analysis indicated the synthesis of macro-mesoporous hydroxyapatite, exploiting a nonionic surfactant,  $\text{C}_{12}\text{E}_{10}$ . The synthesis procedure was optimized in a highly acidic environment at different temperatures, leading to the formation of hydroxyapatite with flower-like morphology. Based on in vitro cellular assay, MHF650 showed better biocompatibility and osteogenic behavior in terms of cellular adhesion, proliferation, and differentiation than the other fabricated samples. This may be related to its favorable properties such as interconnected macro-mesoporous structure, rough topography, and wettability as compared with those of the other fabricated samples. According to these results, MHF650 has a great potential for repairing and regenerating bone tissues; however, more experiments are still required to establish the in vitro and in vivo efficacy of this biomaterial.

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## Compliance with ethical standards

**Conflict of interest** The authors declare that they have no conflict of interest.

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