



From biological waste to honeycomb-like porous carbon for high energy density supercapacitor

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ABSTRACT

We develop a facile and sustainable method for the synthesis of three-dimensional (3D) interconnected honeycomb-like porous carbon (HPC) derived from sunflowers stem. The optimized sample has large specific surface area with 3D interconnected honeycomb-like porous structure and high oxygen content. Due to their synergistic effect, the HPC-2 material shows a high specific capacitance of 349 F g^{-1} at 1 A g^{-1} , good rate capability (247 F g^{-1} at 50 A g^{-1}) and excellent cycling stability (retaining 98.6% after 10000 cycles) in 6 M KOH aqueous electrolyte. Moreover, the HPC-2//HPC-2/MnO₂ asymmetric supercapacitor shows a high energy density of 58.8 W h kg^{-1} and good electrochemical stability (83.1% of initial capacitance retention after 10000 cycles). Therefore, these unique properties enable the material to become a promising high-performance electrode material for supercapacitors.

Introduction

Among different energy storage equipments, supercapacitors have attracted tremendous attentions owing to their unique characteristics, such as rapid charge/discharge rates, ultrahigh power density and excellent electrochemical stabilization [1–4]. However, the supercapacitors usually suffer from low energy density (less than 10 W h kg^{-1}) compared with batteries, which limits their practical applications [5–7]. To meet the fast-growing energy needs for next generation supercapacitors, there is a critical need to improve the energy density without sacrificing large

power density. In accordance with the energy density formula, $E = 0.5 CV^2$, C is the gross capacity of the supercapacitor and V is the potential range. Hence, an increase in energy density can be achieved through increasing the specific capacity or/and potential range. Recently, an effective method to increase the energy density is to construct asymmetric supercapacitors. The combination of different voltage ranges of the positive/negative electrodes provides an optimized operation voltage in the asymmetric supercapacitors, resulting in greatly enhanced energy density, such as Ni(OH)₂/graphene//porous graphene [8], sandwiched graphene/porous carbon//LDH [9], MnO₂//Fe₂O₃ [10].

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Among different electrode materials, carbon materials have the advantages of large specific surface area, moderate cost, good chemical inertness and good electrical conductivity, which make them as common electrode materials for supercapacitor [11–14]. Activated carbon materials (ACs) have been used as the first candidate electrode material for commercial supercapacitor. However, activated carbon usually suffers from long diffusion distance and large internal resistance, which seriously affect the specific capacitance and rate performance of supercapacitor [7].

Recently, biomass-based carbon materials have attracted tremendous interest with an excellent performance as electrode material in supercapacitors and battery because of the massive source, renewable raw materials, moderate cost and unique porous structure of biomass precursors [15–20]. For example, Xu reported a facile way to synthesize three-dimensional (3D) flexible carbonaceous gels using watermelon as the carbon source followed incorporated Fe_3O_4 nanoparticles into the networks of the carbonaceous gels, and the obtained sample shows high specific capacitance and excellent electrochemical stabilization [21]. Lei synthesized nitrogen-doped porous carbon using potato waste residue as the carbon source, zinc chloride as the activating agent and melamine as nitrogen source. The obtained material shows high specific capacitance [22].

As one of the fastest growing oil crops in the world, the annual output of sunflower is about 25 million tons, resulting in a large amount of biological waste in urgent need of treatment. Hence, a facile and sustainable method was developed for the synthesis of three-dimensional (3D) interconnected honeycomb-like porous carbon (HPC) derived from sunflowers stem. The optimized sample has large specific surface area with 3D interconnected honeycomb-like porous structure and high oxygen content. Due to their synergistic effect, the HPC-2 material shows a high specific capacity of 349 F g^{-1} at 1 A g^{-1} , outstanding rate performance (247 F g^{-1} at 50 A g^{-1}) and excellent cycling stability (retaining 98.6% after 10000 cycles) in 6 M KOH aqueous electrolyte. Moreover, the HPC-2//HPC-2/ MnO_2 asymmetric device shows a high energy density of 58.8 W h kg^{-1} and good electrochemical stabilization (83.1% of initial capacity retention after 10000 cycles).

Experimental sections

Materials

Sunflower stems are produced in Heilongjiang province, China. KOH, KMnO_4 and hydrochloric acid were acquired from Tianjin Yongda Chemical Reagent Co., Ltd. All chemicals and reagents are of analytical grade and were used without any further treatment.

Synthesis of honeycomb-like porous carbon (HPC)

Sunflower stem powders can be well dispersed in distilled water to form a suspension under vigorous stirring. Two grams of sunflowers stem powders and different masses of KOH (1, 2, 3 g) were firstly mixed in 150 mL stilled water. After evaporation of the stilled water at $95 \text{ }^\circ\text{C}$ under vigorous agitation, the obtained mixture was carbonized under N_2 flow at $700 \text{ }^\circ\text{C}$ for 2 h. Then, the obtained material was washed with dilute HCl solution, distilled water and dried at in a vacuum oven. The obtained products were denoted by HPC- x , where x refers to the mass ratios of KOH.

Synthesis of HPC-2/ MnO_2 composite

Eighty milligrams of HPC-2 samples was dispersed into (1.08 mmol, 100 mL) potassium hypermanganate solution and stirred for 120 min. Then, the mixture was heated by a household microwave oven (Galanz, P70F20L-DG, 700 W) for 10 min. Finally, the product was filtered, washed several times with distilled water, and dried in a vacuum oven.

Characterization methods

The microstructures of the materials were checked by a scanning electron microscopy (Hitachi S-4800) and transmission electron microscopy. X-ray diffraction (XRD) patterns were recorded on a powder XRD system (TTR-III) equipped with Cu $K\alpha$ radiation ($\lambda = 0.15406 \text{ nm}$). X-ray photoelectron spectroscopy (XPS) was performed by a PHI5700ESCA spectrometer with Al $K\alpha$ radiation (1486.6 eV); Raman spectra were checked by a JY HR-800 Raman spectrometer (JobinYvon, France). N_2 adsorption/desorption tests were investigated by N_2 adsorption at 77 K on an

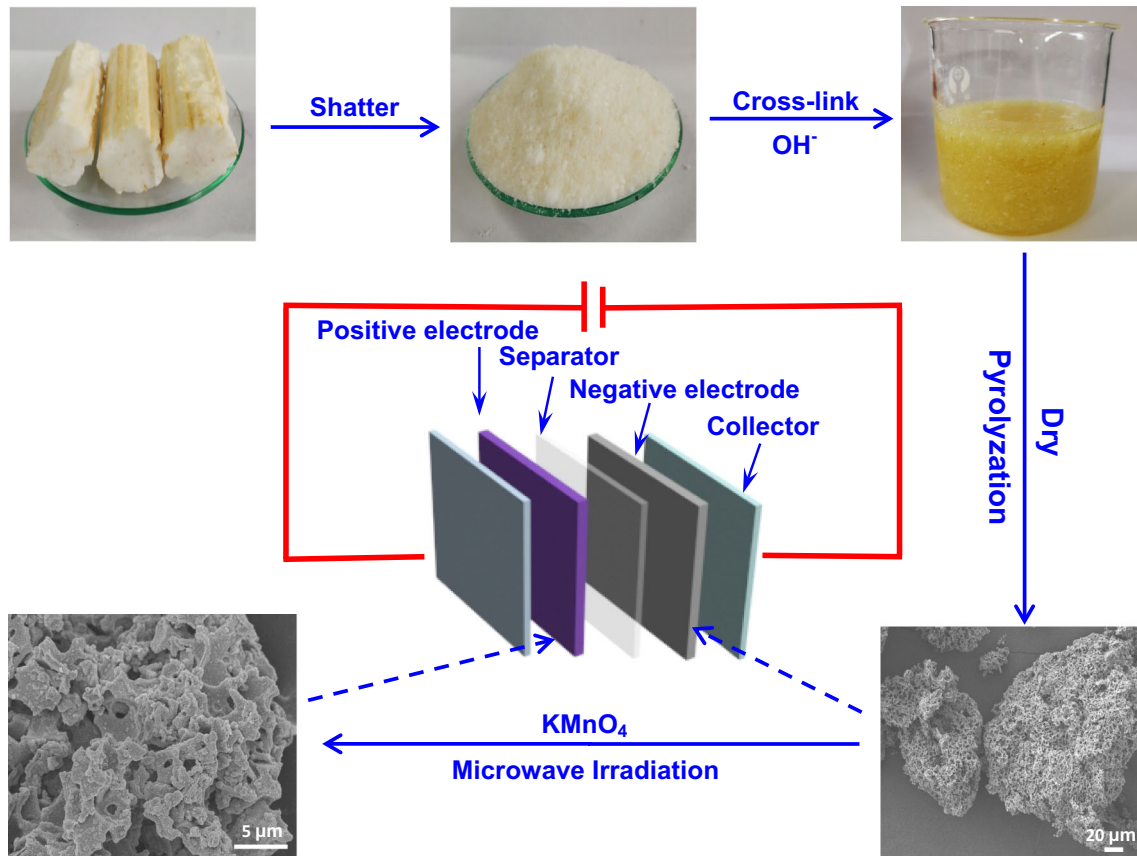


Figure 1 Schematic illustration of the preparation processes of the asymmetric supercapacitor.

ASAP 2020 (Micromeritics, USA). The specific surface area was calculated by the modified Brunauer–Emmett–Teller (BET) method, and the pore size distributions of the samples were obtained by density functional theory (DFT) model.

Electrochemical measurements

The electroactive materials, carbon black, tetrafluoroethylene were mixed in ethanol at 75:20:5 by mass ratio to obtain slurry. The slurry was pasted onto the Ni foam (1 cm × 1 cm) and dried in oven. Ni foam coated with electroactive materials was used as the working electrode; platinum foil and Hg/HgO electrode were used as the counter and reference electrodes, respectively. All the electrochemical tests were recorded by a CHI 660E electrochemical workstation at room temperature.

Asymmetric supercapacitor was assembled using a glassy fibrous as separator and tested with a two-electrode cell in 1.0 M Na₂SO₄ aqueous electrolyte. The loading mass ratio of positive electrode and

positive electrode was estimated by the following formula:

$$\frac{m_+}{m_-} = \frac{C_- \times V_-}{C_+ \times V_+} \tag{1}$$

which *C* is the specific capacity (F g⁻¹), *V* is the voltage range (V), and *m* is the mass of the electrode material (g). The specific capacity (*C*) was calculated by the following formula:

$$C = \frac{I\Delta t}{m\Delta V} \tag{2}$$

$$C = \frac{\int IdV}{vmV} \tag{3}$$

Which *I* is the current density, Δ*V* is the discharge time Δ*t*, *V* is potential, *v* is the potential scan rate, and *m* is the mass of the electroactive materials. The power density (*P*) of the supercapacitors was calculated using equation:

$$P = \frac{E}{t} \tag{4}$$

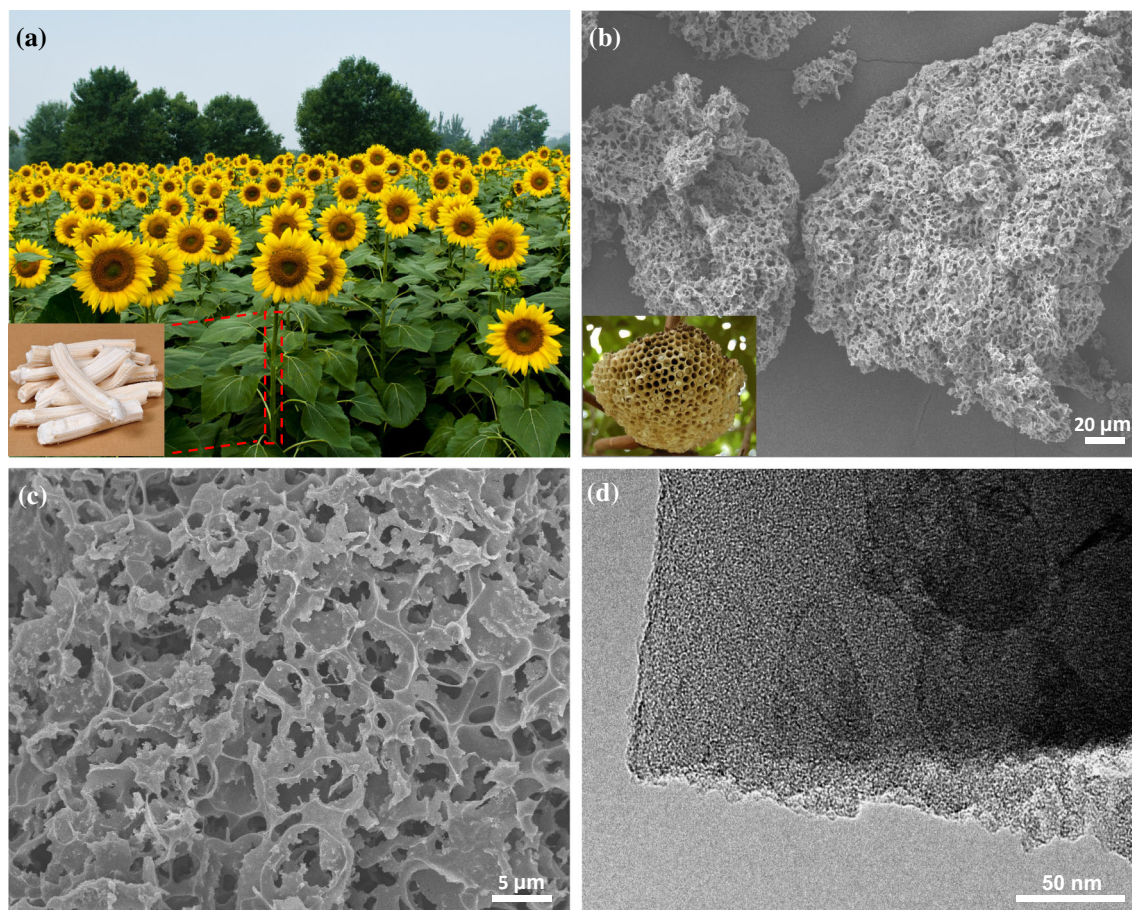


Figure 2 **a** The photograph of sunflowers. Inset of **(a)** is the photograph of sunflowers stem. **b** SEM image of HPC-2. Inset of **(b)** is the photograph of a honeycomb. **c** SEM image of HPC-2. **d** TEM image of HPC-2.

Which t is the discharge time (s) and E is energy density (W h kg^{-1}).

Results and discussion

Alkali catalysis can promote the pyrolytic decomposition of the sunflowers stem precursor, resulting in cross-linked foam structure by the interactions between the base and biopolymer in the precursor (Fig. 1). After pyrolysis, a 3D interconnected honeycomb porous structure is formed. Scanning electron microscopy (SEM) image of the HPC-2 sample (Fig. 2b) exhibits 3D honeycomb-like porous structure, which is in favor of the fast ion diffusion and electron transfer during charge–discharge process [13]. High-resolution SEM image of the HPC-2 sample (Fig. 2c) confirms its 3D highly interconnected porous framework with the pore sizes ranging from 1 to 3 μm . The corresponding element mapping images

demonstrate the uniform distribution of C (Fig. S1b) and O (Fig. S1c). In addition, transmission electron microscopy (TEM) image of the HPC-2 sample exhibits massive micropores on the surface of carbon wall (Fig. 2d), which is in favor of the energy storage for supercapacitors. Furthermore, the HPC-1 and HPC-3 samples have the similar 3D honeycomb-like porous structure with HPC-2. With increasing ratio of KOH to sunflower stem powders, the thickness of carbon wall for HPC becomes thinner until fragmentation.

The structure characteristics of the as-prepared materials were further investigated by XRD and Raman. All XRD patterns (Fig. 3a) exhibit two characteristic peaks at around 24° and 44° , corresponding to the (002) and (100) plane reflection of carbon material. Compared with HPC-1 and HPC-3, HPC-2 shows two more broader and weaker diffraction peaks, meaning that the HPC-2 samples have more defect and disordered structure [23]. From the Raman analysis results (Fig. 3b), two peaks located at around

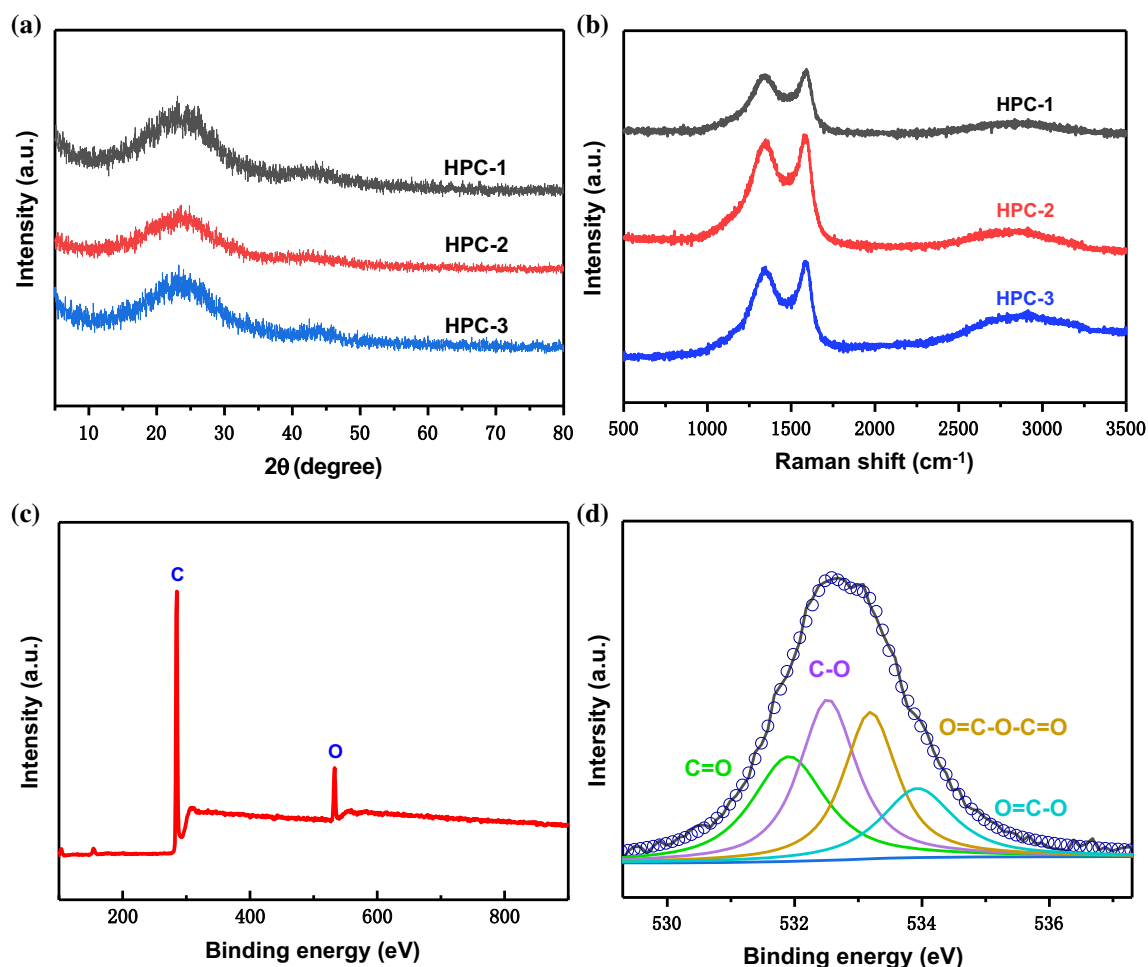


Figure 3 **a** XRD patterns of the HPC-1, HPC-2 and HPC-3 samples. **b** Raman spectra of the HPC-1, HPC-2 and HPC-3 samples. **c** XPS spectra survey of HPC-2 sample. **d** High-resolution O 1s spectra of the HPC-2 sample.

1340 cm^{-1} and 1590 cm^{-1} are attributed to the D peak (defects and disorder carbon) and G peak (graphitic carbon) of carbon material, respectively [24, 25]. The I_D/I_G ratio of HPC-2 was 0.96, higher than HPC-1 (0.93) and HPC-3 (0.94), further confirming that HPC-2 has more defects and disordered structure.

The surface chemical state of the HPC-2 material was determined by X-ray photoelectron spectroscopy (XPS). As shown in Fig. 3c, elemental analysis by XPS reveals that C and O contents are 90.54 at.% and 9.46 at.%, respectively. The high-resolution O1s spectra were further carried out to analyze their surface chemical states. As shown in Fig. 3d, The high-resolution O1s spectra for HPC-2 sample was deconvoluted into four peaks as follows: C=O (531.9 eV), C–O (532.5 eV), O=C–O–C=O (533.2 eV) and O=C–O (534.0 eV) [26]. It is worth noting that oxygen

functional groups can not only offer some pseudo-capacitance, but also improve surface hydrophilicity [25].

The porous textures of the as-obtained materials were analyzed by N_2 adsorption/desorption isotherms. All the samples show the combined features of type-I and-IV isotherms, suggesting the existence of micropores. The surface area of the HPC samples first increases with pyrolysis temperature, going from 1318 $\text{m}^2 \text{g}^{-1}$ for HPC-1 to 1657 $\text{m}^2 \text{g}^{-1}$ for HPC-2, and then decreases to 1490 $\text{m}^2 \text{g}^{-1}$ for HPC-3. The pore size distributions were calculated by density functional theory model. As shown in Fig. 4b, pore size distribution of all the samples has mainly concentrated between 0.5 and 2 nm, further confirming the existence of massive micropores.

Electrochemical measurements were first performed by cyclic voltammogram (CV) using a three-

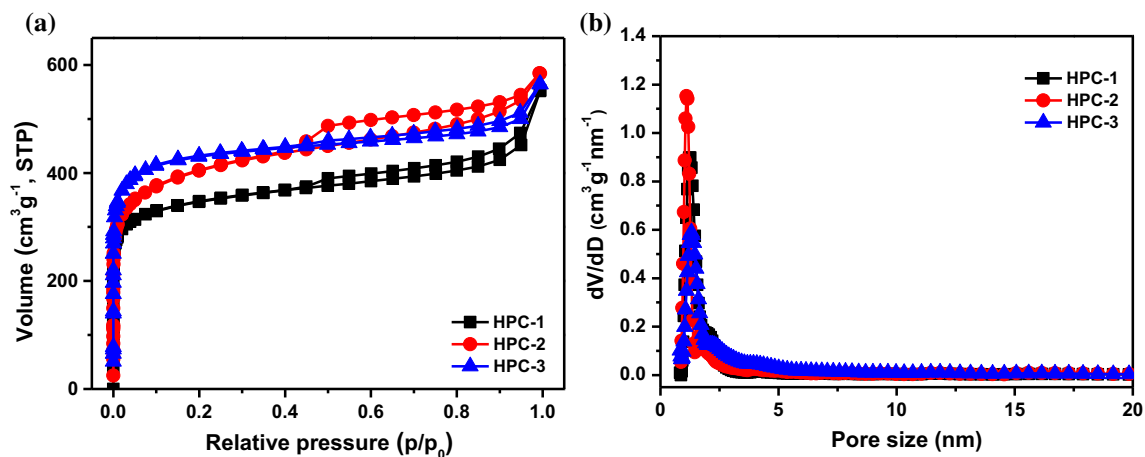


Figure 4 a Nitrogen adsorption–desorption isotherms of HPC-1, HPC-2 and HPC-3 samples. b Pore size distribution of HPC-1, HPC-2 and HPC-3 samples.

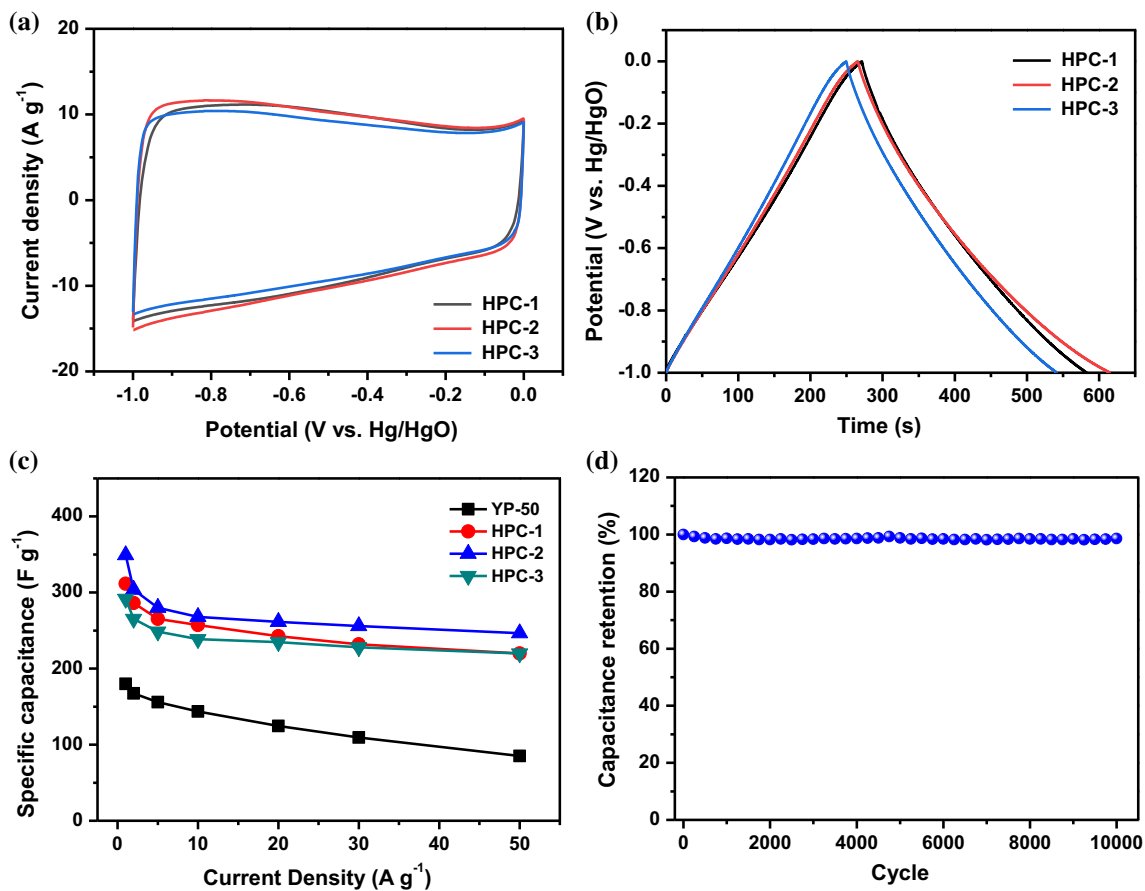


Figure 5 a CV curves of the HPC-1, HPC-2 and HPC-3 electrodes at a scan rate of 50 mV s^{-1} . b Galvanostatic charge/discharge curves of the HPC-1, HPC-2 and HPC-3 electrodes at a current densities of 1 A g^{-1} . c Specific capacitances of the YP-50,

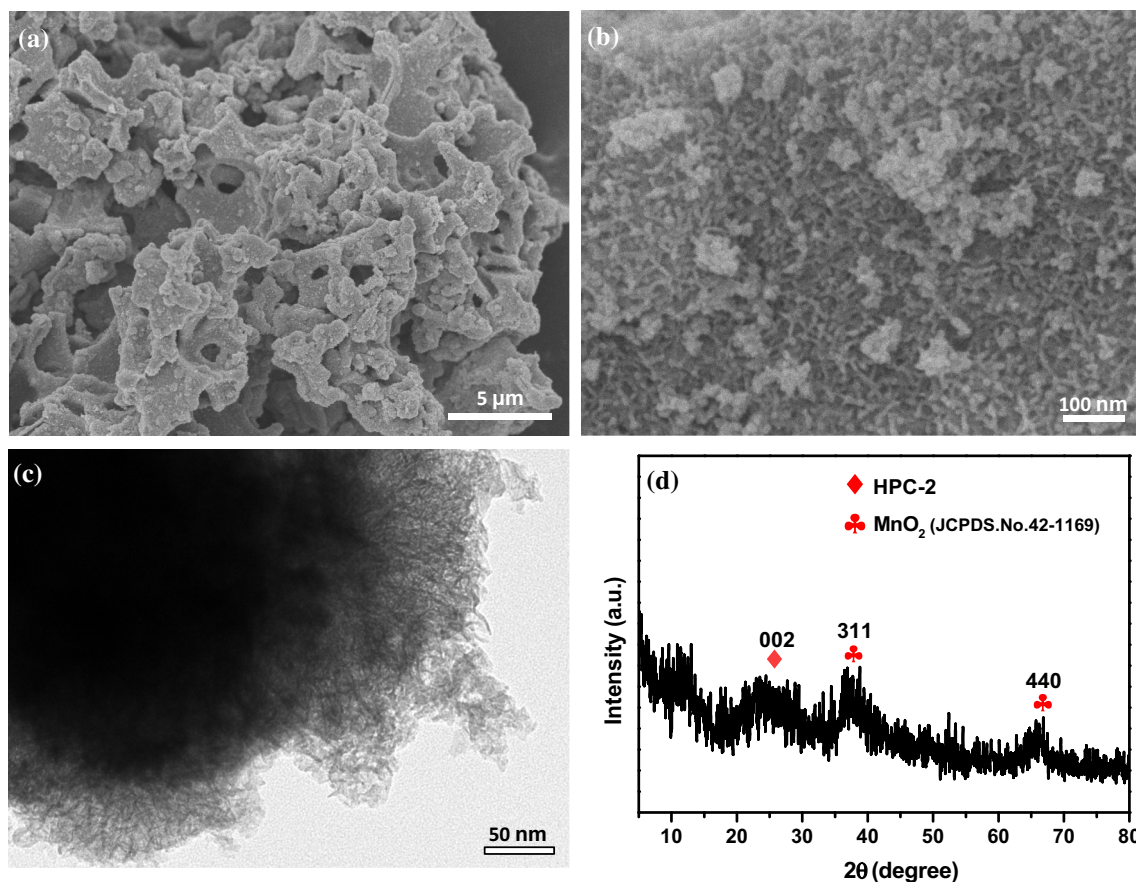
HPC-1, HPC-2 and HPC-3 electrodes at different current densities. d Cycling stability of the HPC-2 electrode at 200 mV s^{-1} for 10000 cycles.

electrode system in 6 M KOH solution to evaluate the supercapacitor performance of the HPC samples.

Figure 5a shows the CV profiles of the HPC materials at a scan rate of 50 mV s^{-1} . All the samples show

Table 1 Summary of electrochemical performance for biomass-based carbon electrode materials

Material	Activation method	Specific surface area ($\text{cm}^2 \text{g}^{-1}$)	C (F g^{-1})	Electrolyte	References
Auricularia	ZnCl ₂	1607	347 (1.0 A g^{-1})	6 M KOH	[7]
Sugar cane	CaCl ₂	945.76	323 (1.0 A g^{-1})	6 M KOH	[17]
Lignin	KOH	907	165 (0.05 A g^{-1})	1 M H ₂ SO ₄	[27]
Chicken eggshell	KOH	1575	297 (1.0 A g^{-1})	1 M KOH	[28]
Coconut shell	ZnCl ₂	1874	248 (0.5 A g^{-1})	6 M KOH	[29]
Rice husk	H ₃ PO ₄	1493	112 (1.0 A g^{-1})	1 M Na ₂ SO ₄	[30]
Algae	KOH	905.9	287.7 (0.2 A g^{-1})	6 M KOH	[31]
Ginkgo leaf	KOH	1538.7	345 (0.2 A g^{-1})	1 M KOH	[32]
Starch	Mg(NO ₃) ₂	2300	229 (1.0 A g^{-1})	6 M KOH	[33]
Tofu	ZnCl ₂	1539	315 (0.5 A g^{-1})	6 M KOH	[34]
Rice straw	KOH	1122	337 (1.0 A g^{-1})	6 M KOH	[35]
Water chestnut	KOH	3401	346 (0.5 A g^{-1})	6 M KOH	[36]
Rubber wood	H ₃ PO ₄	693	129 (1.0 mV s^{-1})	1 M H ₂ SO ₄	[37]
Alginate	KOH	1811	188 (1.0 A g^{-1})	6 M KOH	[38]
Puffed rice	KOH	3326	334 (0.5 A g^{-1})	6 M KOH	[39]
Popcorn	KOH	3301	348 (0.2 A g^{-1})	6 M KOH	[40]
HPC-2	KOH	1657	349 (1.0 A g^{-1})	6 M KOH	This work

**Figure 6** a SEM image of HPC-2/MnO₂. b High-resolution SEM images of HPC-2/MnO₂. c TEM image of HPC-2/MnO₂. d XRD patterns of the HPC-2/MnO₂ sample.

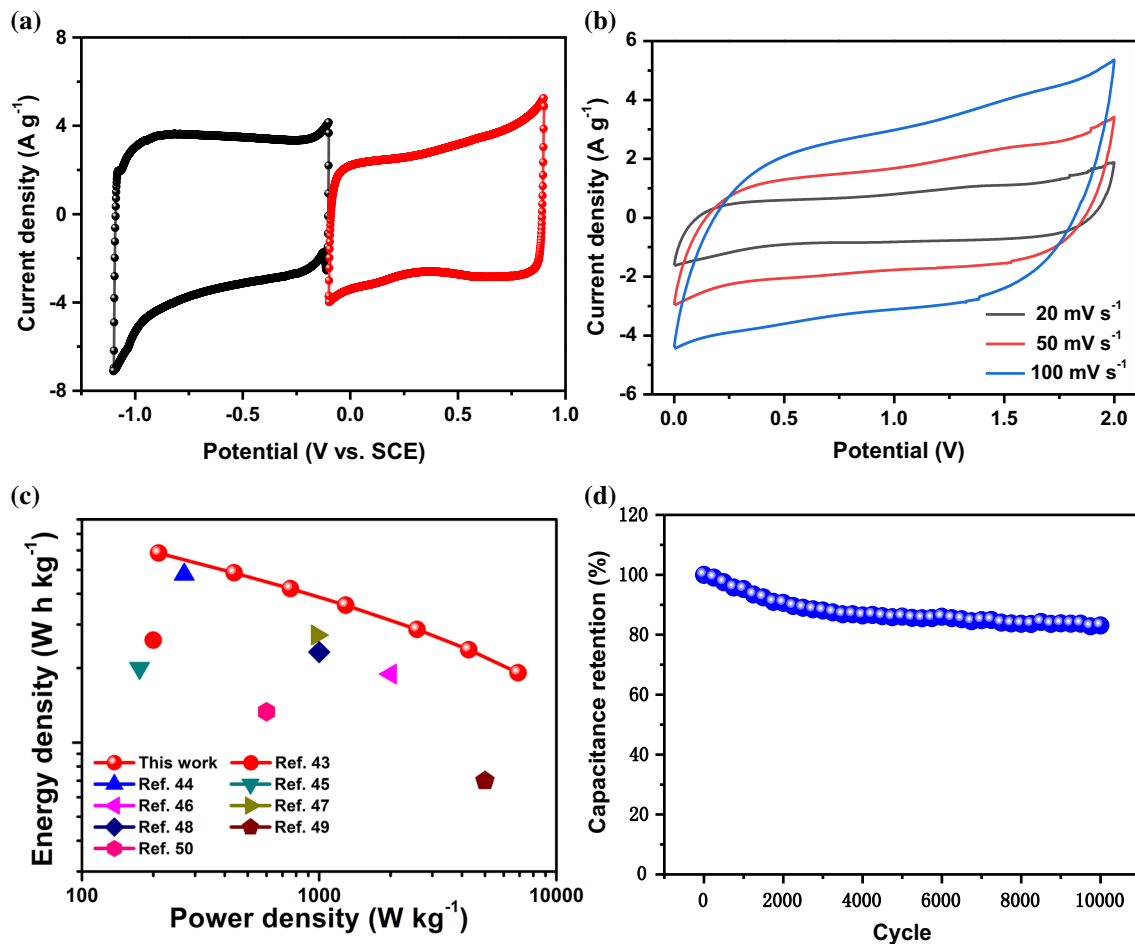


Figure 7 **a** CV curves of individual HPC-2 and HPC-2/MnO₂ composite electrodes in an aqueous solution Na₂SO₄ (1 mol L⁻¹) with the scan rate of 20 mV s⁻¹. **b** CV curves of assembled HPC-2//HPC-2/MnO₂ asymmetric supercapacitor with the scan rates from 20 to 100 mV s⁻¹. **c** Energy densities versus power densities

and performance comparison of our asymmetric supercapacitor versus previously reported MnO₂-based asymmetric supercapacitor. **d** Cycling stability test of HPC-2//HPC-2/MnO₂ asymmetric supercapacitor measured at a current density of 200 mV s⁻¹.

rectangular-like shape with slight bumps, suggesting their specific capacity comes from double-layer capacitive and pseudocapacitance due to the existence of oxygen functional groups [25]. The HPC-2 sample has a larger CV curve area than the HPC-1 and HPC-3 samples, indicating a higher capacitance for HPC-2. The electrochemical characteristics of the obtained samples were further tested by galvanostatic charge/discharge measurement. As shown in Fig. 5b, the galvanostatic charge/discharge curve of the HPC-2 electrode at a current density of 1 A g⁻¹ shows nearly linear and symmetric triangular shapes, indicating good capacitive property. Consistent with the CV results, the HPC-2 has a longer charge/discharge times than other materials. The specific capacity of HPC-2 from the discharge curve is

calculated to be 349 F g⁻¹ at a current density of 1 A g⁻¹, which is comparable to those of commercial activated carbon (YP-50), HPC-1, HPC-3 (Fig. 5c) and other reported biomass-based porous carbon materials (Table 1). Significantly, the HPC-2 electrode still shows a specific capacity of 247 F g⁻¹ at a current density of 50 A g⁻¹, showing good rate characteristic due to its 3D interconnected honeycomb-like porous structure ensuring effective accessibility of electrolyte ions at high charge/discharge rates. Furthermore, the electrochemical stabilization of the HPC-2 electrode was performed at 200 mV s⁻¹ for 10000 cycles. As shown in Fig. 5d, it can retain 98.6% of its initial capacity after 10000 cycles, showing outstanding electrochemical stabilization.

Recently, assembling asymmetric device is considered to be an effective way to improve the energy density of supercapacitor [9]. As a positive material, MnO_2 has attracted enormous attention because of its high theory capacity, wide voltage range and low cost [41]. Moreover, carbon materials can serve as sacrificial substrate to reduce potassium permanganate to form MnO_2 deposits, which can effectively improve the conductivity of MnO_2 [42]. SEM image of HPC-2/ MnO_2 (Fig. 6a) still shows the 3D interconnected honeycomb-like porous structure. From high-resolution SEM image (Fig. 6b), it can be observed that rod-like MnO_2 grows uniformly on the HPC-2 surface. A high-resolution TEM image further confirms that the rod-like MnO_2 are closely growing on the carbon substrate surface with the lengths of 100–200 nm (Fig. 6c). Additionally, as shown in Fig. 6d, XRD pattern confirms the existence of MnO_2 with the diffraction peaks relevant to (311) and (440) planes, which can be attributed to birnessite-type MnO_2 (JCPDS 42-1169). The electrochemical characteristics of HPC-2/ MnO_2 material were investigated in a three-electrode system in 1.0 M Na_2SO_4 aqueous electrolyte. The CV profiles of the HPC-2/ MnO_2 material at different scan rates from 50 to 200 mV s^{-1} are shown in Fig. S3a. CV profile still keeps a nearly rectangular shape even at 200 mV s^{-1} , suggesting good rate performance. Additionally, the HPC-2/ MnO_2 material shows a high specific capacity of 254 F g^{-1} at 2 mV s^{-1} (Fig. S3b), which is comparable with other carbon/ MnO_2 composites (Table S1). Even at 200 mV s^{-1} , it shows a specific capacity of 201 F g^{-1} , meaning good rate performance.

An asymmetric supercapacitor (ASC) was assembled using the HPC-2/ MnO_2 material as the positive electrode and the HPC-2 as the negative electrode in 1 M Na_2SO_4 aqueous electrolyte. CV tests were first utilized to estimate the electrochemical voltage window of individual electrode in a three-electrode system. The stable voltage windows are -0.1 to 0.9 V for the HPC-2/ MnO_2 electrode and -1.1 to -0.1 V for HPC-2 electrode in 1 M Na_2SO_4 solution (Fig. 7a). The stable working voltage range of the asymmetric supercapacitor could be extended up to 2.0 V, and no obvious distortion is observed even at a high scan rate of 100 mV s^{-1} (Fig. 7b). Benefitting from its high specific capacity and wide voltage window, the HPC-2//HPC-2/ MnO_2 asymmetrical supercapacitor delivers a maximum energy density of 58.8 Wh kg^{-1} at a power density of 210.7 W kg^{-1} , which is much

higher than the reported asymmetrical supercapacitors in aqueous electrolyte (Fig. 7c) [43–50]. Furthermore, the HPC-2//HPC-2/ MnO_2 asymmetrical supercapacitor can maintain 83.1% of the initial capacity after 10000 cycles at 200 mV s^{-1} (Fig. 7d), demonstrating good electrochemical stability.

Conclusion

In this work, we develop a facile and sustainable method to synthesize 3D interconnected honeycomb-like porous carbon (HPC) derived from sunflowers stem. The optimized sample has large specific surface area with 3D interconnected porous structure and high oxygen content. Due to their synergistic effect, the HPC-2 material shows high specific capacitance, excellent rate capability and excellent cycling stability in 6 M KOH aqueous electrolyte. Moreover, the assembled HPC-2//HPC-2/ MnO_2 asymmetric device shows a high energy density of 58.8 W h kg^{-1} and good electrochemical stabilization.

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Compliance with ethical standards

Conflict of interest All authors listed have declared that they have no conflict of interest.

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