

# β-Cyclodextrin-grafted TEMPO-oxidized cellulose nanofibers for sustained release of essential oil

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# ABSTRACT

The present investigation deals with the development and characterization of a new controlled release packaging system for food. Novel sustained system was developed by direct grafting of beta-cyclodextrin ( $\beta$ CD) on the carboxyl groups of TEMPO-oxidized cellulose nanofibers (TEMPO-CNF) in aqueous solution and without using any spacer. Carvacrol, an aromatic essential oil component, was then entrapped in the ensued CD-grafted TEMPO-CNF. Successful functionalization of TEMPO-CNF was confirmed by conductometric titration, Fourier Transform Infrared Spectroscopy, and gravimetric analyses. The  $\beta$ CD-grafted TEMPO-CNF films exhibited sustained release of carvacrol over 150 h before reaching the equilibrium in water. Antimicrobial activity of carvacrol against *Bacillus subtilis* was increased (or improved by 47 h) from 3 h when using TEMPO-CNF to around (or against) 50 h when using CD-grafted TEMPO-CNF. These promising results pave the way for the development of new biobased controlled release packaging materials with efficient antibacterial activity.

# Introduction

In contemporary society with increasing communication systems, worldwide logistics, industrialization, and changing consumer expectations generated concerns about food safety and preservation remain/ persist as key challenges for the coming years [1]. In spite of the abundant food cultivated worldwide, people die either due to lack of food or food borne illnesses caused by the unsafe food containing bacteria, parasite, or viruses. In order to satisfy the changing consumer needs, the concept of active packaging was introduced which is a more advanced and creative system than traditional counterpart.

Conventionally, the antimicrobial compounds are either mixed or coated over food formulation for preservation and increased shelf life. However, this traditional method has some limitations such as the degradation of the organoleptic properties of food or the inactivation of the antimicrobial effect/activity after a very short period of time, which finally results into loading excessive amount of preservatives/

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antimicrobial agent chemicals in the food formulation. Besides, when the antimicrobial compounds are directly introduced in bulk, they may be unable to target the food surface, where most of the spoilage and contamination occur [2]. To overcome these issues, the elaboration of "controlled release" packaging system has drawn attention as a new kind of active food-packaging system [3–5].

Various methods exist in the literature for slow or controlled release of active compounds, namely (i) multilayer coatings developed inside or outside the packaging matrix [6], (ii) microencapsulation of active compounds embedded in the polymer [7, 8], or (iii) direct incorporation of the active compound in the polymeric matrix [9–11].

In the last decade, the attention has been shifted from petroleum-based polymers to bio-based materials such as low density polyethylene [12], cellulose derivative [13], polylactic acid [14], or wheat gluten [15] due to their economic and environmental advantages [16].

Cellulose nanofibers (CNF), nano form of cellulose fibers, are of high interest as they provide additional advantages of high strength, high aspect ratio, flexibility, and high surface area [17–20].

Cellulose nanofibers can be produced from a large number of various cellulosic sources by performing successive, high shear, but highly energy-intensive mechanical treatments [18]. To reduce this high demand in energy some pretreatments have been proposed to be carried out prior to the mechanical disintegration of the cellulosic fibers. This also allowed the very recent but rapid industrialization of CNF since 2011. One energy-efficient pretreatment, in particular, has been deeply studied, namely the 2, 2, 6, 6-tetramethylpiperidine-1-oxyl (TEMPO)-mediated oxidation. It aims to selectively convert the primary hydroxyl groups on the microfibril surface to carboxylate groups in order to individualize the microfibrils by electrostatic repulsions and/or osmotic effect in water. After performing a gentle mechanical treatment, well-dispersed TEMPO-oxidized cellulose nanofibril aqueous dispersion can be obtained. Presence of carboxylic group on the surface of TEMPO-CNF allows the different chemical surface modifications [21, 22].

Cyclodextrins (CDs) are well known, naturally occurring trapping macromolecule, nontoxic, torusshaped cyclic oligosaccharides composed of  $\alpha$ -1,4linked glucopyranose units. [7, 23]. Due to the threedimensional truncated cone-shaped molecular structure, cyclodextrin forms inner hydrophobic cavity with outer hydrophilic wall [7]. CDs demonstrate excellent ability to entrap guest molecules such as drugs, food additives, or active compounds in order to form guest–host inclusion complexes (IC) by either hydrogen bonds, hydrophobic or van der Waals interactions. [24–27].

In spite of various applications in the medical, biomedical, and food-packaging fields [26], the use of CDs with nanocellulose for food packaging is rare. A number of cross-linking agents are utilized to graft βCD onto cellulose, such as epichlorohydrin, cyanuric chloride, N-methylolacrylamide, polycarboxylic acids (citric acid propionic acid and succinic acid) [28-31]. To our knowledge, only one study details such a combination [32]. Compared to our present work, this study focused on using enzymatically pretreated CNF, as paper coating, in combination with  $\beta$ CDs to gradually release an antibacterial compound, namely the carvacrol. No cross-linking agents were used to chemically link the  $\beta$ CDs to the nanocellulose. The nonporous CNF network proved to be sufficient to physically trap the IC formed between carvacrol and  $\beta$ CDs. This method, however, showed its limitations as the active IC were also released over time during the release assays.

That is why, in the present work, TEMPO-oxidized CNF were selected and investigated to promote their chemical interactions with  $\beta$ CDs. Carvacrol (2-methyl-5-(1-methylethyl)), an aromatic essential oil constituent, has also been studied as antibacterial compound. It is a monoterpenic phenol which is an active ingredient of Labiatae essential oil family that includes oreganum (60–70%) and thyme (45%) [33]. Carvacrol is a versatile molecule having diverse applications such as antitumor [34, 35], antiinflammatory [36], antimicrobial [37, 38], antimycotic [39], antioxidant [40], and insecticidal [41].

Carvacrol is allowed to be used as food additive in the USA [42] and Europe [43]. Nevertheless, its application in food is limited because of hydrophobic nature, insolubility in water, volatility, and odor. Therefore in this study,  $\beta$ CD is not only used to trap, control, and sustain the release of carvacrol but due to entrapment it reduces volatility and odor/smell.

Predominantly, enzymatically pretreated CNF with hydroxyl groups are chemically modified with CDs using a spacer such as polycarboxylic acid [27]. This investigation, for the first time, proposes the



Figure 1 Schematic illustration of functionalization of a cyclodextrin molecule on the surface of cellulose nanofiber via ester bond formation then entrapment of carvacrol molecule inside the grafted  $\beta$ CD.

direct functionalization of TEMPO-CNF bearing carboxylic group with  $\beta$ CD (Fig. 1). Carvacrol was incorporated in the grafted CDs by immersion, and release studies were carried out in an aqueous medium. The antimicrobial activity of the active films against *Bacillus subtilis* was finally studied as a function of time and of the washing cycles performed with a nutrient medium simulating food.

# Materials and methods

# Materials

Commercial grade Ultrapure TEMPO-CNF at 1% concentration were purchased from Betulium Oy, Finland and used as received. βCD (CAS No. 7585-39-9), methanol (CAS No. 67-56-1), and carvacrol (CAS No. 499-75-2) were supplied from Sigma-Aldrich, France. Hydrochloric acid (CAS No. 7647-01-0) was obtained from Chimie plus, France. Sodium bromide (CAS No. 7647-15-6), sodium hypochlorite (CAS No. 7681-52-9), sodium hydroxide (CAS No 1310-73-2), nutrient broth and petri plates were received from Roth, France. *Bacillus subtilis* and nutrient agar were purchased from Humeau, France. For all experiments, only deionized water was used.

# Grafting of TEMPO-CNF with βCD

## Grafting on TEMPO-CNF film surface

A solution of 18.5 g/L was prepared with  $\beta$ CD at pH 7 and room temperature. TEMPO-CNF film (~0.2 g dried, prepared by solvent casting in Teflon molds at 40 °C) was immersed in the prepared solution for ~10 s at 25 °C. After drying, the film was quenched in incubator with vacuum (Glass oven B580) at 70 °C for 24 h to covalently graft the CDs on the surface of TEMPO-CNF films. The cured film was submitted to soxhlet extraction with water for 12 h to ensure that nongrafted  $\beta$ CD was eliminated.

#### Grafting using TEMPO-CNF suspension

A mixture of 10% w/w of  $\beta$ CD with TEMPO-CNF suspension (1% w/w) was prepared. pH was then lowered to 5 by the addition of acetic acid. After magnetic stirring for 2 h, films were casted in Teflon molds and let dried at 40 °C. The films were afterwards quenched in incubator with vacuum (Glass oven B580) at 70 °C for 24 h to covalently graft the CDs on the surface of CNF films. The cured films were submitted to soxhlet extraction with water for 12 h.



# Carvacrol introduction and quantification

Carvacrol was incorporated by impregnation of the samples, neat TEMPO-CNF, and CD-grafted TEMPO-CNF, into a solution of carvacrol/ethanol in a ratio of 15/85 (w/w). Then all samples were stored in hermetic plastic bag to limit carvacrol evaporation after drying. The samples were impregnated for 10 min in the bath and dried at 30 °C for 20 min in a ventilated oven.

#### Sample characterizations

#### TEMPO-CNF morphology

Neat TEMPO-CNF and enzymatically pretreated CNF suspension were imaged using an atomic force microscope (AFM; Nanoscope III, Veeco, Canada). The suspensions were diluted and spread on mica plates at 0.01% concentration. The plates were dried overnight under room conditions in order to have adhesion between the plate and the film. Both CNF suspensions were characterized in tapping mode with a silicon cantilever (OTESPA, Bruker, USA) at different locations. Images were subjected to the firstorder polynomial flattening in order to reduce the effects of bowing and tilt. The diameter of CNF was determined by image analyses using the ImageJ<sup>®</sup> software, based on at least 50 measurements using a minimum of 4 different images with 2 different samples.

#### Conductometric titration

Conductometric titration was carried out to obtain the total amount of carboxyl groups in the neat and grafted TEMPO-CNF films as previously proposed [44]. After the grafting with CDs, carboxyl groups were converted to ester groups, which reduced the amount of the former moieties. Therefore, conductometric titration was conducted directly on the TEMPO-CNF films to determine the grafting efficiency. Films were first cut into small pieces in order to attain uniform distribution during titration. Then, 0.2 g of dry TEMPO-CNF film pieces were titrated with 0.01 M NaOH (aq) by adding approximately 0.1 mL in 30 s intervals. Total carboxylate content was calculated on the basis of NaOH volume as follows:

$$X = \frac{C_{\text{NaOH}} \times V_2}{m},\tag{1}$$

where *X* is the carboxylate content in the sample,  $C_{\text{NaOH}}$  the exact concentration of the sodium hydroxide solution in µmol/L,  $V_2$  the volume of the sodium hydroxide solution consumed in the 2nd intersection point for weak acids in liters, and *m* the oven dry weight of sample (g).

Finally, the percentage of the grafting was determined using the total carboxylate content on each sample:

Grafting efficiency(%) = 100  

$$\times \frac{X(\text{reference}) - X(\text{samples})}{X(\text{reference})},$$
(2)

where *X*(reference) is the carboxylate content of the neat TEMPO-CNF and *X*(sample) the total carboxylate content of the CDs-grafted TEMPO-CNF.

#### Fourier transform infrared spectroscopy (FTIR)

Infrared spectra were recorded for neat and modified CNF in Attenuated total reflectance mode, using a Perkin Elmer Spectrum 65. All spectra were recorded between 4000 and 600 cm<sup>-1</sup>, with a resolution of 4 cm<sup>-1</sup> and 16 scans. FTIR spectra shown in the figures are representative of the samples.

#### Gravimetric analyses

The quantitative determination of carvacrol adsorption in a saturated chamber can provide relative evidence of the quantity of  $\beta$ CD grafted on the CNF films. 0.2 g of reference TEMPO-CNF film and CDs-grafted TEMPO-CNF films were first dried in a saturated atmosphere and then placed in a desiccator with carvacrol recipient. Weight changes of each dried film were noted each day for 15 days.

#### Release study in aqueous medium

The release study was conducted on the samples containing carvacrol (section carvacrol introduction and quantification) in an aqueous medium. The test was carried out at 23 °C and under similar conditions at least twice for each sample. The samples of 0.2 g were immersed in 300 mL bath of deionized water



Figure 2 AFM images for the TEMPO-CNF (a) with the area  $3.3 \times 3.3 \,\mu\text{m}^2$  with the pictorial representation of transparent gel suspension at 1 wt% (b) and transparent films prepared by solvent casting (c).

that was continuously stirred using a magnetic stirring bar at ~200 rpm. At successive intervals (10, 20, 40, 60 min; 1, 2, 4, 6 h, and then, once per day), 3 mL of the solution was collected for UV analysis. The absorbance of the sampled medium was analyzed using a UV–Vis spectrophotometer SHIMADZU UV 1800 at a wavelength of 273 nm. The concentration of carvacrol released over time was determined by the following, previously established, calibration curve:

$$A = 10.2 \times C + 0.0062, \tag{3}$$

with  $R^2 = 0.9995$ 

where A as the absorbance of carvacrol in water at 273 nm and C as the carvacrol concentration in g/L.

#### Antimicrobial activity assessment

#### Qualitative evaluation of release

The antibacterial effect of the CNF films was first assessed using the AFNOR EN 1104 standard against *Bacillus subtilis* spores. It consisted of placing the samples to be tested onto preinoculated agar (with *B. subtilis*) then incubated for 3 days at 30 °C.

# Quantitative characterization of release

The bacterial activity of neat and CDs-grafted TEMPO-CNF impregnated with carvacrol was

investigated against Bacillus subtilis bacteria using the standard Dynamic Shake Flask Method. The bacterial preinoculum cultures were grown overnight at 37 °C in 20 mL of nutrient broth (made of 1 g/L beef extract; 5 g/L neutralized peptone; 2 g/L yeast extract; 5 g/L NaCl) subjected to horizontal shaking at 200 rpm. The samples were introduced into 10 ml of 1/500 nutrient broth suspension with initial number of bacteria of 10<sup>5</sup> CFU/ml and subjected to vigorous shaking. The bacterial concentration (CFU/ mL) of the microbial suspension was tested by plating serial dilutions on nutrient Agar to obtain the total viable count of bacteria (CFU-colony-forming units). Pristine nanofibers were used as a reference for antimicrobial agent and flasks containing only inoculum with the nutrient broth were used as a reference for bacterial growth. Before introducing into broth, dry sterilization at 60 °C was done with all the samples. The antibacterial activity, i.e., bacteria log reduction, of the samples was calculated as follows:

$$log reduction = log CFU T_{24} control sample - log CFU T_{24}$$
(4)

For investigating the impact of release of carvacrol on bacterial concentration with respect to time, sample aliquot from the inoculated flask was withdrawn at different time intervals i.e., after 3, 9, and 24 h.





Figure 3 Comprehensive scheme for the different strategies of  $\beta$ CD grafting on the surface of TEMPO-CNF.

#### Carvacrol release (food simulation)

In package, continuous washing of the active molecule took place by the liquid or moisture present in food formulation. Therefore, these conditions were simulated by studying the successive washing of the samples with the nutrient broth. The above procedure was slightly modified to determine the activity with respect to washing cycle. For this investigation, fresh inoculum with 1/500 nutrient broth was replaced after every 24 h in the sample tubes.

# **Result and discussion**

# Characterization of TEMPO-CNF suspension and films

TEMPO pretreatment selectively converts the C6 primary hydroxyl groups into carboxylate moieties which are used as the sites for the grafting. The image analysis showed that the diameter of TEMPO-oxidized CNF was  $14 \pm 7$  nm, which is relatively similar to those stated in previous studies [20, 21] (Fig. 2).

Because of the entanglement of nanofibrils, however, it was difficult to estimate the length of the nanofibrils. Visual examination of AFM pictures demonstrated high quality of both nanofibrils and optical microscopy (not shown) confirmed low amount of macroscopic fibers and agglomeration. TEMPO-CNF forms transparent gel at a consistency of 1% which indeed constructs completely transparent flexible film like PLA.

# Characterization of CDs-grafting on TEMPO-CNF

In spite of previous works on cellulose fiber grafting (example. Cusola et al. [45, 46]), there are very limited investigations available concerning the utilization of βCD and nanocellulose. CDs were either coated with nanocellulose on the paper surface [27] or grafted on the cellulosic substrate using citric acid before the coating with CNF [47]. When coating is employed (i.e., either mixture or physical absorption of  $\beta$ CD with CNF), encapsulated inclusion complex is released with  $\beta$ CD from the fibers and nanocellulose. In contrast, the grafting process allows multiple utilisations of the CDs-grafted CNF as release system of guest molecule. Thus, the grafting of CDs on CNF is a more interesting process when no CD release is expected and multiple uses are targeted. Unfortunately, the idea of using a crosslinker like citric acid favors nanocellulose degradation and creates artifacts with the addition of new function like nonreacting COOH functions. To our knowledge, no study has ever tried to avoid the use of any crosslinker in CD grafting as we proposed with TEMPO-CNF.

Figure 3 depicts the different strategies for the  $\beta$ CD on TEMPO-oxidized CNF. Thermal treatment was carried out at 70 °C during 24 h under vacuum, in

order to successfully remove all traces of water to predominate forward reaction for the formation of ester bonds (Fig. 1).

The effect of grafting on surface charge was followed by conductometric titrations, summarized in Table 1. TEMPO-CNF gel has a carboxyl content of 1313 µmol/g which decreased to 812 µmol/g when titration was carried on TEMPO-CNF film due to the less accessible carboxyl groups after formation of the film. The surface of TEMPO-CNF has anionic carboxylic groups which were replaced by ester bond after covalent bonding with the hydroxyl group of  $\beta$ CD (Fig. 1). Therefore after  $\beta$ CD grafting, the carboxyl content decreased to 556 and 406 µmol/g for TM\_CD\_f and TM\_CD\_s, respectively. Considering the carboxyl content, the grafting efficiency was found to be 31.5% for grafting on film and 50% for grafting on CNF suspension.

 Table 1 Carboxylate content and grafting efficiency determined

 by conductometric titration of neat and grafted cellulose nanofiber

 titrated with sodium hydroxide solution

Samples	Carboxylate content (µmol/g)	Grafting yield/efficiency (%)	Carvacrol quantity (mg/g)
TM gel	1313 ± 52	_	
TM film	$812 \pm 20$	_	$18.6 \pm 1.7$
TM_CD_f	$556\pm69$	31.5	$41.1\pm0.4$
TM_CD_s	$406\pm45$	50	$47.9 \pm 2.4$

Figure 4 shows the FTIR spectra of unmodified and modified cellulose nanofiber films. The spectrum of unmodified or neat cellulose nanofiber had a broadband in the wavenumber region  $3000-3700 \text{ cm}^{-1}$  assigned to the stretching vibrations of the internal hydrogen-bonded hydroxyl group and adsorbed water molecule. Cellulose also demonstrated characteristic groups at  $1250-1460 \text{ cm}^{-1}$  ( $\delta$ CH<sub>2</sub>),  $2850-2980 \text{ cm}^{-1}$  (vCH<sub>2</sub>), and  $1170-1050 \text{ cm}^{-1}$  (C–O–C for glycosidic bond, backbone of cellulose) [48].

TEMPO-mediated oxidation reaction forms a band at 1600 cm<sup>-1</sup> corresponding to the carboxylate ions present on nanofibrils. After  $\beta$ CD grafting, this band widened and lowered in intensity, which can be easily attributed to the change of carboxyl groups into the ester bonds formed between  $\beta$ CD and cellulose. Also a new band at 1735 cm<sup>-1</sup> in TM\_CD\_s has emerged that is assigned to the ester bond which indeed provides evidence for the grafting reaction.

Gravimetric method, an indirect method, was accomplished to prove the grafting with  $\beta$ CD. It was assumed that the presence of  $\beta$ CD will entrap volatile carvacrol molecule, present in the saturated atmosphere, and increase the overall weight of cellulose nanofiber films. The results obtained are shown in Fig. 5. After 8 days, the carvacrol adsorbed is 1.5, 2, and  $9 \pm 5\%$  for TM, TM\_CD\_f, and TM\_CD\_s, respectively.

As already shown by Lavoine, Desloges [5], carboxylic content, present in neat tempo cellulose



Figure 4 ATR-FTIR spectra of neat and CDs-grafted TEMPO-CNF films.



**Figure 5** Evolution of the weight of neat and CDsgrafted TEMPO-CNF after carvacrol absorption.



nanofibers, can also have interactions with carvacrol molecule which explains the mass increase with the TM films in the present study. The results, obtained by gravimetric method, provided evidence for the presence of  $\beta$ CD in grafted sample. Adsorption of higher quantity carvacrol in TM\_CD\_s indicated the higher amount of  $\beta$ CD and followed also the same trends in previous experiments.

Even if CDs have very similar chemical structure to the cellulose, it has been possible to prove the grafting of CD onto TEMPO-CNF by direct or indirect characterizations. These characterizations will help to investigate any influence on active molecule release and its consequent antimicrobial properties in a more explicit manner.

# Carvacrol release characterization

After grafting, each film was impregnated for 10 min in the carvacrol/ethanol solution. The samples were dried for 30 min at 70 °C. High temperature was used to evaporate all the carvacrol present in the nanofibrous structure of the cellulose nanofiber leaving the oil present inside the grafted  $\beta$ CD. According to the study of Chalier, Ben Arfa [49] dealing with the effect of drying on the quantity of carvacrol remaining into paper coating, a drying at 50 °C for 210 s induces only losses of about 25% of the carvacrol initially introduced.

Therefore, best parameters were selected for this investigation. However, the exact quantification of the carvacrol is still quite difficult since it is a highly volatile molecule. The approximate amount of carvacrol introduced by impregnation was determined by the difference in the weight of film before and after impregnation after drying. The total amount of the carvacrol quantity is summarized in Table 1.

It was found that the amount of the carvacrol is the highest for TM\_CD\_s followed by TM\_CD\_f with lowest quantity in TM film. These results were expected, since  $\beta$ CD grafted on suspension contained highest quantity of  $\beta$ CD.

It is important to notice that the sustained release of carvacrol from cyclodextrin is the cumulative effect of grafting on the surface of TEMPO-CNF fibers, physical adsorption on the CNF and physical entrapment into the nanofilm of CNF. After washing with the water, only grafted or very strongly entrapped CD is present in the film. The release of carvacrol was then studied in an aqueous medium under sink conditions to simulate strong and continuous release by concentration difference. Despite the low solubility of carvacrol in water, its release was possible to be carried out into deionized water as shown in the Fig. 6.

Considering the release profiles, carvacrol was released very quickly when no CDs were used and reached an approximate plateau after 2 h. The impact of  $\beta$ CDs was thus clearly noticeable in Fig. 6a: the release of carvacrol was slowed down since CDs-grafted TEMPO-CNF released the whole amount of carvacrol after around 140 h later than the neat cellulose nanofibrils. Due to the high volatility of carvacrol in aqueous solution, high standard deviations were obtained for this experiment.

When considering the beginning of the curve till starting 50 h, the influence of the grafting strategy was even more prevalent (Fig. 6b). The amount of



**Figure 6** Impact of  $\beta$ CD and CNF on the release kinetic of carvacrol in comparison with the neat and grafted CD films **a** plots the amount of carvacrol released as a function of time for 250 h; the graph (**b**) is a zoom of the graph (**a**) on the first 50 h.

carvacrol release as a function of time was slightly higher in the TM\_CD\_f in comparison with that observed for TM\_CD\_s. This observation is due to the presence of higher amount of  $\beta$ CD, as confirmed by previous characterizations. These results enhanced the positive effect of  $\beta$ CD-grafted TEMPO-CNF on the prolonged release of molecules as recently proved in literature [47]. It is also worth noticing that the total amount of carvacrol present inside the sample was apparently different which also influences the release.

#### Antibacterial tests

The antibacterial action of carvacrol was already analyzed in many studies [49–51]. Its hydrophobic nature as well as the presence of free hydroxyl group are the prime factors responsible for its antibacterial activity. Hydrophobicity of carvacrol molecule influences interaction with lipid bilayer of the cytoplasmic membrane by aligning itself between the fatty acid chains causing the expansion and destabilization, thus rendering the permeability and fluidity of cell membrane and thereby resulting in the leakage of cell content [51].

The presence of the free hydroxyl groups and delocalized electrons destabilize the ion gradients present across the cell membranes which is responsible for the various survival processes inside the cell. The reduced gradient changes the energy transduction due to decrease in Adenosine Triphosphate (ATP) which transports the chemical energy for the metabolism of cell. This eventually led to the cell death. [50].

The tests to investigate the zone of inhibition, formed by the carvacrol, have been performed (not shown). As carvacrol is extremely volatile, the three samples impregnated with carvacrol have almost similar and very large zone of inhibition. This technique was then not adapted to analyze the prolonged release as all the excess of carvacrol was first released regardless of the samples. That is why a strategy of successive release has been performed.

Before such, quantitative bacterial reduction was analyzed in dynamic medium as a function of time using different samples (i.e., first analyses at 3 h then after 9 h and last sample at 24 h) as the release of molecules happens faster than their release into a solid medium and the volatility is limited in liquid immersion. Therefore, dynamic shake flask was selected for quantitative analysis to be in worst condition.

In the first set of experiments, bacterial reduction was calculated with different periods of contact time. Only one inoculum was done for both set of experiments governing the growth of bacteria in limiting nutrient medium. In both the experiments, 1/500 nutrient broth for inoculation was used which only supports the viability of the bacteria and not their multiplication. This was confirmed by maintaining the bacterial population unchanged after 24 h (see Fig. 7 for sample inoculum only).

TEMPO-CNF showed the early inhibition of bacteria. After some initial period of inhibition, all carvacrol was used leading to the growth of *B. subtilis* till inoculum level. After 8 h, there is no more effect of carvacrol which has been totally released. Considering the  $\beta$ CD-grafted cellulose nanofiber films, the release of carvacrol was slow and complete killing of bacteria after 24 h was observed. Furthermore,



Figure 7 Bacterial log reduction against Bacillus subtilis in limited liquid growth medium with respect to the time period i.e., samples for pour plating were withdrawn after specific time period.



TM\_CD\_s showed more inhibition in the initial time period compared to the TM\_CD\_f, which also has higher quantity of initial carvacrol (Fig. 7).

Considering the grafted samples, gradual decrease of the bacterial population was found due to the presence sustained release of carvacrol. During the initial hours of contact (after 3 h), 0.5 log and 3 log reduction in the bacterial concentration was observed with TM\_CD\_f and TM\_CD\_s, respectively. Conversely to the neat TEMPO-CNF, grafted TEMPO-CNF demonstrated a complete killing effect after 24 h by virtue of the higher amount of the carvacrol present in the CD-grafted CNF.

Figure 8 Bacterial log reduction against Bacillus subtilis in limited liquid growth medium with respect to the Washing cycle i.e., fresh inoculum with liquid nutrient media was added after every 24 h. Bacterial log reduction was also analyzed by replacing the new inoculated media over 24 h (Fig. 8). This experiment provided the impact of the amount of carvacrol on the bacterial growth. This provides an insight into the original condition in the packaging system where continuous or intermittent washing by food formulation (depending on the food type) and replenishing of active molecule took place. This simulates a packaging with multiple uses or medical packaging several times in contact with the human touch. This is a more critical situation and the best way to confirm a prolonged activity of our solution.

#### **CFU** reduction = function(washing) -⊕-TM f → TM CD f → Inoculum only -O-TM CD s 9 8 7 6 Log CFU/ml 5 4 3 2 1 0 0 0,5 1 1,5 2 2,5 3 3,5 Washing cycles

Neat CNF with carvacrol did not exhibit any significant antimicrobial activity as the carvacrol was already used in the initial contact period. After 24 h, no activity was observed and consequently no antibacterial properties were measured after successive releases. Both CDs-grafted TEMPO-CNF films released sustained rate carvacrol thanks to the prolonged release; they were still antibacterial after 48 h and 2 washing cycles. Moreover, in spite of having the higher grafting efficiency and higher amount of carvacrol, TM\_CD\_s lost its activity before TM\_CD\_f. This result was not expected but it provides an evidence for the heterogeneity of grafting and also proves that the TM CD f has more CD at the surface and so more carvacrol release. After 3 washing (72 h), no more activity was observed.

Due to its hydrophobic and volatile nature, with high sensory level, carvacrol is usually difficult to be used in the food-packaging industry. In this study, however, we developed a new antibacterial packaging that is able to gradually release small amounts of carvacrol over a longer period of time.

More experiments are, however, still needed to evaluate the multiple utilizations of grafted TEMPO-CNF films and study its impact on the organoleptic properties of the food

# Conclusion

In spite of the efficient antimicrobial properties of carvacrol, its use in food application is still limited due to its volatility and pungent odor, which may alter the organoleptic properties of food strongly. Therefore, in the present study, a new sustained release packaging system was developed by grafting  $\beta$ CD on the surface of TEMPO-oxidized CNF without using any cross linkers.

 $\beta$ CD was directly grafted on CNF (suspension and film) with significant efficiency. Conductometric titration, FTIR, and gravimetric analysis confirmed the  $\beta$ CD grafting. As expected, CDs-grafted TEMPO-CNF released carvacrol gradually into water by increasing the time of release upto 150 h, whereas all carvacrol was released within 2 h with neat TEMPO-CNF.

Owning to the grafting, active samples/carvacrolloaded samples were antibacterial for 48 h and even after being washed twice (i.e., 2 bacterial growth media). These results are, thus, very promising within the perspective of a food-packaging application. A packaging material with a very low amount of carvacrol and a long antibacterial property is expected to maintain or improve the shelf life of food over a longer period of time.

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