REVIEW

# Electrospun fibers for tissue engineering, drug delivery, and wound dressing

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Abstract Electrospinning, a technique well known for fabricating nanoscale fibers, has recently been studied extensively due to its various advantages such as high surface-to-volume ratio, tunable porosity, and ease of surface functionalization. The resulting fibers are extremely useful for applications in the fields of tissue engineering, drug delivery, and wound dressing. Since electrospun fiber mimic extracellular matrix of tissue in terms of scale and morphology, its potential to be used as scaffold is continuously explored by researchers, especially in the field of vascular, nerve, bone, and tendon/ligament tissue engineering. Besides morphology, physical, and chemical properties, electrospun scaffolds are often evaluated through various cell studies. Researchers have adopted approaches such as surface modification and drug loading to enhance the property and function of scaffold. This review gives an overview of some current aspects of various applications of electrospun fibers, particularly in biomedical fields, how researchers have enhanced electrospun fibers with different methods and attempted to overcome the inherent limitation of electrospinning by using novel techniques.

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## Introduction

Electrospinning, a process utilizing electrostatic forces to fabricate fibers, has been known since 1897 when the principle was first reported by Rayleigh [\[1](#page-23-0)], who first reported the electric charge of a liquid droplet required to eject the droplet to form smaller droplets. The first developmental milestone in electrospinning was achieved when Formhals patented the process in 1934 [\[2](#page-23-0)]. In 1966, a patent (Patent Number: 3280229) was granted to Simon [\[3](#page-23-0)] for producing patterned nonwoven fabrics using electrostatic force. Another milestone was the charged jet forming process discovered by Taylor in 1969 [\[4](#page-23-0)]. Numerous research groups have published work on electrospinning in the period 1970–1996, either exploring potential application or studying the electrospinning process itself [\[5–9](#page-23-0)]. The setup of electrospinning and the electrospinning process have recently been well discussed [[10–13\]](#page-23-0). The three basic components of the electrospinning setup are high voltage DC power supply, syringe pump and grounded collector (Fig. [1\)](#page-1-0). The syringe pump is used to force the solution or melt through a needle attached to the syringe with a controlled flow rate. When the high voltage is applied to the solution or melt, it induces a charge in the solution, resulting in a repulsive interaction between like charges in the solution, which increases with the electric field induced by high voltage. A Taylor [\[4](#page-23-0)] cone is formed when electrical forces in solution are balanced by surface tension. When the electrical forces become greater than the surface tension of the solution, a charged fiber jet is ejected from the Taylor cone and accelerates towards a grounded collector.

Apart from the geometry of the collector, there are many other controllable parameters which affect the formation of fibers during the electrospinning process. These can be categorized into three types:

<span id="page-1-0"></span>

Fig. 1 Electrospinning setup

- a) Solution parameters include conductivity, surface tension, and viscosity of the solution [\[14](#page-23-0)].
- b) Process parameters include applied voltages [\[15](#page-23-0)], distance between tip to collector  $[16]$  $[16]$ , flow rate  $[17]$  $[17]$ , and electric field induced by the collector.
- c) Ambient parameters such as temperature [\[18](#page-23-0)] and humidity [\[19](#page-23-0)] are often overlooked but are nevertheless important.

Electrospinning is the most reliable method known to produce continuous nanoscale fibers. Compared to other techniques such as phase separation [\[20](#page-23-0)] and self assembly [\[21](#page-23-0)], electrospinning has the advantages of producing continuous fibers, simplicity of process and most importantly, versatility in spinning a wide range of materials such as polymer, ceramic as well as composites into fibers ranging from nanometer to micrometer in size [\[22–26](#page-23-0)]. Nanofibers produced utilizing this technique possesses the characteristics of large surface-volume ratio, tunable porosity and ease of surface functionalization. These characteristics make nanofibers suitable for many applications, either in energy-related applications such as fuel cells [\[27](#page-23-0)], dye-sensitized solar cells [\[28](#page-23-0)], lithium-ion batteries [\[29](#page-23-0)], and supercapacitors [[30\]](#page-23-0) or biomedical applications such as affinity membranes [[31\]](#page-23-0), controlled drug release [[32–34\]](#page-23-0) tissue engineering [[35–37\]](#page-23-0), biosensors [\[38](#page-23-0)], and wound dressing [[39\]](#page-23-0).

Over the last decade, electrospinning of polymers has been under intensive investigation because of the versatility of electrospinning a wide range of natural and synthetic polymers. Commonly used natural polymers for electrospinning include collagen [[40,](#page-23-0) [41\]](#page-23-0), gelatin [\[42](#page-23-0), [43](#page-23-0)], chitosan [\[44](#page-23-0), [45](#page-23-0)], silk fibroin [[40,](#page-23-0) [46\]](#page-23-0), and chitin [[47,](#page-23-0) [48](#page-23-0)], whereas synthetic polymers include polylactide [[49,](#page-23-0) [50](#page-23-0)], polygly-colide [[51,](#page-23-0) [52](#page-23-0)], and poly( $\varepsilon$ -caprolactone) (PCL) [[37,](#page-23-0) [42](#page-23-0)].

Electrospun copolymer fibers have also been explored because they enable the researchers to tailor the properties of the fibers by controlling the concentration of monomers. For instance, poly(methyl methacrylate) (PMMA), an engineering material with high mechanical strength has limited use because it decomposes at about  $250-300$  °C in air but by incorporating methacrylic acid in PMAA matrix, its degradation temperature has been increased by 80 $\degree$ C [\[53](#page-23-0)].

Electrospinning has made possible the fabrication of ceramic fibers, these fibers are of high interest due to their high surface area to volume ratio, which offers potential application in many areas. A large number of research studies are focusing on making and improving ceramic nanofibers for various applications. The most recent examples include ZnO fibers targeted for gas sensors [\[54](#page-23-0)], dye-sensitized solar cells [[55\]](#page-23-0), hydrogen storage [\[56](#page-23-0)], photocatalysts [\[57](#page-23-0)]; CuO fibers aimed for dye sensitized solar cell [\[58](#page-23-0)], dye degradation [[58](#page-23-0)], sensors [[59\]](#page-23-0);  $TiO<sub>2</sub>$ fibers particularly dedicated to photocatalyst  $[60, 61]$  $[60, 61]$  $[60, 61]$  $[60, 61]$ ; SnO<sub>2</sub> fibers for use in toluene sensors [[62\]](#page-23-0), hydrogen sensors [\[63](#page-23-0)], and  $H_2S$  sensors [\[64](#page-23-0)]. Bioactive glass composed mainly of silicate, calcium oxide, and phosphorus oxide with various relative compositions is one type of ceramic that is well known for its biocompatibility, bioactivity, and osteoconductivity. However, it was not studied until 2006, when the first fabrication of bioactive glass nanofibers was reported [\[65](#page-24-0)]. Electrospinning of polymer–ceramic composites has long been the interest of many researchers because of its advantage over one-component matrix. By combining the two materials, the resultant electrospun composites gain the physical and chemical properties of the two materials, which often complement each other. For example, ceramics such as hydroxyapatite (HAp) has been incorporated into collagen to form composite nanofibers with the aim of improving mechanical strength while preserving the native nature of the collagen targeted for bone tissue engineering [[66\]](#page-24-0). Bioactive glass has also been added to polymers such as PCL [[67\]](#page-24-0) and PLLA [[68\]](#page-24-0) to impart bioactivity to the synthetic polymer. Some other examples of polymer–ceramic composites nanofibers are chitosan/HAp [[69\]](#page-24-0), PLLA/HAp [[70\]](#page-24-0), PCL/HAp [\[71](#page-24-0)], and collagen/bioactive glass [[72\]](#page-24-0).

Only recent literature in electrospun nanofibers in the area of tissue engineering and wound dressing are discussed in detail here. Advances in vascular, nerve, bone, ligament, and tendon engineering are discussed in the section of tissue engineering. Recent approaches and focused aspect used in electrospinning community in recent years are explored, e.g., use of various types of surface modification of vessels in small diameter applications. Aspects such as fiber alignment, electrical stimulation, and growth factor incorporation are discussed in nerve engineering. The feasibility of various combinations of polymer and ceramics composites system and their cellular response in bone and tendon/ligament engineering is extensively studied. Multifunctional fibers have been developed in wound dressing to achieve higher rate of healing. The current limitations of the electrospinning in tissue engineering and wound dressing are also identified and the most recent attempts to address these issues by using some novel techniques are described.

# Biomedical application of electrospun nanofibers

### Tissue engineering

The aim of tissue engineering is to restore or regenerate injured tissue by using various combinations of biomaterials, cells, and bioactive agents [[73\]](#page-24-0). Isolated cells originating from a patient can be grown on a scaffold ex vivo followed by implantation at the injured site in the patient's body. Alternatively, scaffold can be directly delivered to the injured site of the patient to induce tissue formation in situ [[74\]](#page-24-0). Apart from serving as a temporary and artificial extracellular matrix (ECM) for growing cells which degrade over time (Fig. 2b), scaffolds can be used as a reservoir to deliver bioactive agents to promote regeneration of the injured tissues [[75\]](#page-24-0). Owing to the versatility of electrospinning such as spinning various materials and producing nanofibers with large-specific surface area that mimic natural ECM in terms of scale and structure, it has been used in the engineering of various tissues, for example, vasculature, nerve, bone, and tendon (Fig. 2a).

## Vascular tissue engineering

Only clinically approved synthetic replacement materials for coronary artery in cardiovascular disease are expanded polytetrafluoroethylene (ePTFE) and  $\text{Dacron}^{\circledR}$ , which have been successfully used for large diameter vascular grafts. However, due to the thrombus formation, occlusion, and intimal hyperplasia, fabrication of small diameter  $(< 6$  mm) vascular graft remains a great challenge for researchers. This issue has become the main focus of interest for many recent research studies on electrospun vascular grafts [\[60](#page-23-0), [76,](#page-24-0) [77\]](#page-24-0). Surface modification presents a potential approach to tackle this challenge. Researchers have enhanced endothelialization process by surface modification of electrospun nanofibers since endothelial cells (EC) exhibit antithrombotic properties [\[78](#page-24-0)]. EC capturing ligands have been used to achieve rapid endothelialization [\[79](#page-24-0)]. Use of a small-diameter nanofibrous vascular graft made of PCL [\[80](#page-24-0)] coated with an arginine-glycine-aspartic acid (RGD)-containing molecule named Nap-FFGRGD has been reported. This molecule of RGD and hydrophobic naphthalene groups can self assemble on the hydrophobic surface to form a RGD containing layer. PCL grafts and RGD–PCL grafts when implanted in rabbit carotid arteries for 2 and 4 weeks showed that the EC on the RGD–PCL were confluent and their alignment resembled the native vessel, whereas EC found on the PCL graft were randomly aligned. The endothelialization rates for RGD–PCL grafts  $(27.2 \pm 11.5 \text{ and } 51.1 \pm 6.4 \% \text{ at } 2 \text{ and } 4 \text{ weeks, respec-}$ tively) were much faster than that of the PCL grafts  $(1.8 \pm 1.1 \text{ and } 11.5 \pm 3.2 \% \text{ at } 2 \text{ and } 4 \text{ weeks},$ respectively).

A polypeptide named hirudin has been conjugated to the surface of small diameter poly(l-lactic acid) (PLLA) by

Fig. 2 a Biomedical application of electrospun fibers. b Concept of tissue engineering; (i) damaged bone, (ii) scaffold implanted into bone, *(iii)* new bone tissue formation on the scaffold,  $(iv)$ degradation of scaffold and complete regeneration of bone tissue



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using an intermediate linker of poly(ethylene glycol) (PEG) [\[81](#page-24-0)]. Hirudin possesses blood anticoagulant properties whereas PEG helps to reduce platelet aggregation as well as immobilize hirudin. When untreated PLLA grafts, PEG-modified PLLA grafts and hirudin–PEG-modified PLLA grafts were implanted into the common carotid artery of rats for 1 month, the results showed that both PEG and hirudin improved the patency rate of the vascular graft. The hirudin–PEG-modified grafts were studied in vivo for another 5 months and as a direct result of this study six out of the seven grafts were later patented. All of the patented grafts exhibited complete endothelial coverage after 1 and 6 months of implantation. EC were aligned in the blood flow direction and morphologically resembled the endothelial cells in native arteries.

Apart from polypeptides [\[82](#page-24-0), [83](#page-24-0)], proteins such as collagen [[84,](#page-24-0) [85](#page-24-0)], fibronectin [\[86](#page-24-0)], gelatin [\[87](#page-24-0)], and hydrophobin [[88\]](#page-24-0) have also been used to modify graft surface to promote the growth of endothelial cells. Seeding of human coronary artery endothelial cells (HCAECs) onto the PLLA–PCL (70:30) nanofibrous tubular scaffold showed that the HCAECs were sub-confluent in just after 1 day and had spread well on the scaffold in 7 days, confirming that the collagen-coated PLLA–PCL scaffold



Fig. 3 a, b Macroscopic view of P(LLA–CL) tubular scaffold. c SEM images of 3D structure  $(\times 50)$ . d Cross-section  $(\times 2,500)$ . e Outer surface ( $\times$ 5,000). f Inner surface ( $\times$ 5,000) [\[84\]](#page-24-0)

promotes fast and stable in vitro endothelialization [\[84](#page-24-0)]. Figure 3 shows the macroscopic and microscopic nanofibrous structure of the tubular scaffold.

Anticoagulants may help to prevent thrombus formation caused by platelet deposition, thus allowing endothelial cells to grow fully on the lumenal surface of vascular graft. In this context use of sulfated silk fibroin scaffolds to improve the antithrombogenicity of the vascular grafts was reported [\[89](#page-24-0)]. Incorporation of sulfate and sulfonate groups into polymers can render them anticoagulant activity. EC and smooth muscle cells (SMC) cultured on the sulfated silk scaffold demonstrated good attachment and growth within 24 h. Result of gene and protein expression of markers showed better cellular function of EC and SMC on sulfated silk fibroin scaffold than the simple silk fibroin scaffold. Polysaccharide such as heparin [\[90–93](#page-24-0)] has also been used as anticoagulant and tool to immobilize growth factor [\[94](#page-24-0)] in vascular engineering. Various types of molecules used in surface modification of fibers are listed in Table [1](#page-4-0).

Another approach to reduce thrombogenicity of a synthetic graft is by using a bioinspired phospholipid polymer, namely 2-methacryloyloxyethyl phosphorylcholine (MPC) or MPC-based copolymers. The use of 1.3-mm diameter conduit made from the fibrous blend of biodegradable poly(ester urethane)urea (PEUU) and poly(2-methacryloyloxyethyl phosphorylcholine-co-methacryloyloxyethyl butylurethane) (PMBU) in different weight fractions is known to exhibit better patency (67 %) than that of PEUU without PMBU (40 %), when planted in the rat abdominal aorta for 8 weeks [[95\]](#page-24-0). Implantation of the immobilized phospholipid copolymer (70 mol % MPC and 30 mol % methylacrylic acid) on PEUU scaffold in rat abdominal resulted in larger patency (92 %) than for the nonimmobilized grafts (40 %). Reduced platelet deposition (tenfold) was observed for the surface-modified graft. Also the lumen of the surface-modified graft showed confluent and aligned EC suggesting that the scaffolds with MPC-based copolymers possess favorable anti thrombogenicity properties.

Above-mentioned studies provide insight into the in vivo performance of synthetic vascular graft over short span of time (8 weeks—6 months). To evaluate the performance of synthetic grafts over longer period of time the in vivo performance of PCL micro-, nanofibrous vascular scaffold in rat abdominal aorta replacement model for 1.5, 3, 6, 12, and 18 months was examined [[96\]](#page-24-0). Although there was rapid and confluent endothelialization, intimal hyperplasia (growth of smooth muscle cells between endothelium and graft material) developed as early as 1.5 months after implantation and grew between 40 and 70  $\mu$ m. The cell growth occurred significantly over the first 6 month and stabilized between 6 and 18 months. Calcification of

Surface- modified/coated	Polymers	Remarks	References
Tripeptide	<b>PCL</b>	RGD layer promoted endothelialization; alignment of EC-resembled native vessels	[80]
Polypeptide	<b>PLLA</b>	The presence of hirudin, an anticoagulant improved patency rate; EC aligned in blood direction	$\lceil 81 \rceil$
Polypeptide	PU	Use of recombinant elastin-like polypeptide-4 (ELP4) mimicking native tropoelastin enhanced smooth muscle cell (SMC) adhesion and maintenance of cell numbers	[82]
Polypeptide	<b>PCL</b>	Recombinant human tropoelastin helped to reduce platelet attachment	$\lceil 83 \rceil$
Protein (collagen)	P(LLA- $CL$ )	Fast and stable in vitro endothelialization	[84]
Protein (collagen)	P(LLA- $CL$ )	Good spreading, viability and attachment of human coronary artery endothelial cells	[85]
Protein (fibronectin)	<b>PLLC</b>	Enhanced epithelium regeneration	[86]
Protein (gelatin)	PET	Improved spreading and proliferation of EC	$\sqrt{87}$
Protein (hydrophobin)	<b>PCL</b>	Anti-CD31 antibody immobilized on the HFBI-coated PCL scaffolds promoted the attachment and retention of endothelial cells	[88]
Sulfonate group	Silk	Anticoagulant-improved antithrombogenicity; good attachment and growth within 24 h for EC and smooth muscle cells (SMC)	[89]
Polysaccharide	Silk	Heparin imparted antithrombogenicity while showed minimal inflammation in vivo	[90]
Polysaccharide	Chitosan/ <b>PCL</b>	Heparin-promoted rapid induction of re-endotherlization	[91]
Polysaccharide	<b>PLLA</b>	Heparin was coated along with chitosan by electrostatic self-assembly techniques; better growth of endothelial vascular cells	$\lceil 92 \rceil$
Polysaccharide	<b>PTFE</b>	Heparin significantly reduced platelet adhesion and inhibited whole blood clotting kinetics	[93]
Polysaccharide	PCL/ gelatin	Heparin-mediated delivery of platelet-derived growth factor-BB (PDGF-BB)	[94]
Phospholipid	PEUU/ <b>PMBU</b>	Use of 2-methacryloyloxyethyl phosphorylcholine (MPC)-based polymers; larger patency and reduced platelet deposition observed	[95]

<span id="page-4-0"></span>Table 1 Surface modification in vascular tissue engineering

the graft, smooth muscle cells differentiated into chondrocytes at the interface between the graft and intimal hyperplasia. 54  $\pm$  1 % of the graft length and 8.7  $\pm$  5.5 % of the graft volume was also observed after 12 months. After 18 months,  $86 \pm 5$  % of the graft length and 14.4  $\pm$  1.9 % of the graft volume were calcified. Compact bone with viable osteocytes was also reported in some areas of the graft materials, moreover, although vascularization occurred rapidly upon implantation of the graft, progressive regression occurred over time (Fig. [4](#page-5-0)). Only a few capillaries remained in the graft wall after 18 months. This study demonstrated that the long-term in vivo behavior of the graft must be considered to determine the clinical suitability of the graft as some useful data and information could not be obtained through short-term implantation and in vitro test.

## Nerve tissue engineering

Another interesting application of electrospun fibers is in the field of nerve tissue engineering. Owing to the ability of stem cells to differentiate into various specific cells, stem cells have been used in in vitro study of scaffold in nerve

tissue engineering. Neuronal differentiation and neurite outgrowth and linkage to neighboring cells is observed when seeding and culturing the undifferentiated human embryonic stem cells on randomly distributed electrospun polyurethane nanofibrous scaffolds [\[97](#page-24-0)]. It is understood that highly aligned nanofibers are needed to prevent deviation of the axonal outgrowth on fibers from the natural axis of growth which may otherwise result in delaying axonal extension from one end to another in a scaffold [\[98](#page-24-0)]. The orientation of neurite grown in a PLLA scaffold was changed by crossing fiber (Fig. [5](#page-5-0)), thus suggesting that crossing fiber may have a detrimental effect on the directed axonal outgrowth [[98\]](#page-24-0). Substrate topography is also known to affect the morphology of the stem cell, thus affecting its growth, survival, and differentiation of gene expression. Adult neural stem cells on aligned PCL fibers exhibited better neuronal differentiation compared to those on random fibers [[99\]](#page-24-0). In another study the aligned poly(lactideco-glycolide) (PLGA) fibers were able to guide the Schwann cells along their length and showed a better rate of cell proliferation than their randomly oriented counterparts. Besides this, the longitudinally oriented scaffold exhibit better deformability, slower degradation rate,

<span id="page-5-0"></span>Fig. 4 Graphical representation of biological response of the vascular graft in vivo over time [[96](#page-24-0)]





Fig. 5 a PLLA-aligned crossing fiber. **b** Immunostaining showing effect of crossing fiber on direction of neurite growth [[98](#page-24-0)]

smaller pore size, and similar porosity to random fibers [\[39](#page-23-0)].

Scaffolds pre-seeded with cells play an important role in nerve tissue regeneration especially when defective gaps are longer than 30 mm. The cell sources can be olfactory ensheating cells, embryonic stem cells, Schwann cells, and mesenchymal stem cells (MSCs) [\[100](#page-24-0)]. MSCs have received special attention compared to other cell types because they are easily accessible. Researchers are still

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finding ways to enhance the neuronal differentiation of MSCs. They have found that the way of delivering induction factors and topographical cues of the matrix are essential in promoting the differentiation. MSCs seeded on the nerve growth factor (NGF) conjugated on the surface of the PCL nanofibrous mesh through the use of amineterminated poly(ethylene glycol) exhibited higher expression levels of neuronal differentiation markers such as nestin, tubulin  $\beta$ III, and map2 than the NGF-absorbed

mesh. Greater elongation of stem cells for aligned nanofibers than the random nanofibers with NGF is also known [\[101](#page-24-0)]. Sustained drug delivery of retinoic acid from the 3Daligned PCL nanofibers is recognized to promote better neural marker expression when compared with tissue culture polystyrene [\[102](#page-24-0)].

The type of incorporated drugs for nerve regeneration depends on the strategy used and the local environment of the site of injury. The formation of glial scars after spinal cord injuries always inhibited the regeneration of neurons. Since chondroitin sulfate proteoglycans (CSPGs) is a major component of glial scars, chondroitinase ABC (ChABC) which can digest CSPGs is often selected to treat spinal cord injuries. Electrospun collagen fibers have been used to deliver ChABC locally in a sustained manner for up to 32 days [[103\]](#page-24-0). This period matches well with the in vivo CSPGs expression kinetics, which peaks at 2–4 weeks after spinal cord injury. Besides CSPGs, astrocytes in the glial scar after nerve trauma are reported to be detrimental to the regeneration of nerve [[104\]](#page-24-0). Highly aligned electrospun fibers with different amounts (10, 20  $w/w\%$ ) of an antimetabolite 6-aminonicotinamide (6AN) have been shown to reduce the metabolic activity of astrocytes. Culturing of dorsal root ganglia (DRG) on the scaffolds showed no significant difference in neurite extension for control and 10 % 6AN fibers, however, the metabolic activity of astrocyte in 6AN fibers was significantly reduced [\[105](#page-24-0)]. In a different study, electrospun silk fibers were used for optic nerve regeneration, where functionalized aligned nanofibers with brain-derived neurotrophic factor (BDNF) and ciliary neutrophic factor (CNTF) were used [\[106](#page-24-0)]. Both factors are often secreted from the glial cells which are activated after optic nerve trauma. The results showed that silk/BDNF/CNTF>silk/CNTF>silk/BDNF>silk were better in terms of the ability to improve the rate of neurite extension.

One emerging area in neural tissue engineering is the use of electrical stimulation to promote neurite growth. In vitro electrical stimulation of the nerve stem cells seeded on PLLA/polyaniline (PANI) nanofibrous scaffolds with an electric field of 100 mV/mm for 60 min resulted in the increase in length of neurite outgrowth by 60 % compared to the one without electrical stimulation  $(24 \pm 4 \text{ vs }$  $15 \pm 3$  µm) [ $107$ ]. Study of synergistic effect of electrical stimulation and topographical cues on the neurite growth of DRG on PCL-pyrrole core-sheath nanofibers [[108\]](#page-24-0) showed that the aligned nanofibers after electrical stimulation exhibited greater maximum neurite length ( $2542 \pm 171$  vs  $1723 \pm 339$  µm) compared to their counterparts without electrical stimulation. Similarly, random nanofibers also exhibited greater maximum neurite length (1733  $\pm$  141 vs  $946 \pm 146$  µm). It was therefore, concluded that the electrical stimulation has a better effect on random nanofibers than the aligned one (83 vs 47 % increase). This was attributed to the growth limitation of neurites over a fixed period of time and a lower basis in the random fibers without stimulation [[108\]](#page-24-0). In another study a conductive PLGA nanofibers coated with polypyrrole were prepared and cultured with rat pheochromocytoma 12 (PC12) cells on the fibers. The results showed an increase in neurites length from 12.7 to 18.9  $\mu$ m for aligned fibers and 14.9 to  $21.1 \mu m$  for random fibers after electrical stimulation. It was also suggested that a lower electrical field may be more favorable for neurites growth [[109\]](#page-24-0). Both studies demonstrated that synergistic effect of electrical stimulation and topographical cues have impact on the neurites growth on nanofibers.

Conductive nature of a polymeric scaffold is a prerequisite for electrical stimulation, therefore, conductive polymers such as polypyrrole (PPy), PANI, poly(3,4-ethylenedioxythiophene) (PEDOT) or even carbon nanotubes (CNT) are often used. PPy and PANI are the most extensively studied conductive polymers [\[35](#page-23-0)], however, they are not conductive in their base form so they must be doped with acids such as camphor sulphonic acid (CSA) or hydrochloric acid (HCl) to be conductive. Due to the poor mechanical properties and low electrospinnability (low solution viscosity), PANI has been mixed with gelatin [\[110](#page-24-0)], poly(l-lactide-co-e-caprolactone) [\[111](#page-24-0)], and PMMA [\[112](#page-24-0)] to achieve desired properties. Similar to PANI, PPy has poor solubility in common solvents, making it difficult to be processed. Electrospinning of PPy can be achieved by using poly(ethylene oxide) (PEO) as carrier, PEO can be removed through ethanol extraction after the electrospinning but this can adversely affect the morphology of the fibers [\[113](#page-24-0)]. Instead of simple blending, in situ polymerization of pyrrole on the surface of electrospun PLLA fiber has been performed [[114\]](#page-24-0). Conductivity and porosity of the PLLA/PPy fiber can be optimized through the manipulation of polymerization time, temperature, and dispersion method. Vapor phase polymerization method can be used to deposit PPy on poly(styrene- $\beta$ -isobutylene- $\beta$ -styrene) fibers, which supports attachment and growth of P12 cells [\[115](#page-24-0)]. Besides conductive polymers, piezoelectric polymer such as polyvinylidene fluoride–trifluoroethylene (PVDF– TrFE) [[116,](#page-24-0) [117](#page-24-0)] has been explored in the field of nerve regeneration due to its electrical properties. A piezoelectric material is characterized by the generation of electricity in response to a mechanical stress. The presence of TrFE in the copolymer is important as steric hindrance forces PVDF in all-trans configuration, imparting its piezoelectric properties. Series of random and aligned PVDF–TrFE micro and nano-sized nanofibers, PVDF nanofibers, and PVDF-TrFE powders were prepared to study their piezoelectric properties. Piezoelectric crystal phase  $(\beta$  phase) was studied by using thermally stimulated depolarization

current (TSDC), XRD, and FTIR. The results showed that PVDF nanofibers exhibited no presence of piezoelectric  $\beta$ phase crystals whereas all PVDF–TrFE were found to have the  $\beta$  phase crystals and supported the attachment and growth of dorsal root ganglion (DRG) neurons [\[116](#page-24-0)]. Annealing nanofibers at 135  $\degree$ C for 96 h further enhanced their piezoelectric properties. List of polymers and their use in nerve tissue engineering are summarized in Table 2.

## Bone tissue engineering

Since ECM of bone is mainly made of collagen (organic component) and HAp (inorganic component), composite scaffolds for bone tissue engineering are subject of countless investigations. The most recent examples include HAp/PLLA  $[70]$  $[70]$ , beta-tricalcium phosphate  $(\beta$ -TCP)/ poly(e-caprolactone) (PCL) [\[118](#page-24-0)], HAp/PLLA/collagen [\[119](#page-24-0)], HAp/PLLA/poly-benzyl-L-glutamate (PLBG)/collagen  $[120]$  $[120]$ , and  $\beta$ -TCP/PCL/collagen  $[121]$  $[121]$ . Micro-sized HAp particles perform better than nano-sized HAp particles in terms of cell proliferation and differentiation of rat osteosarcoma cells on the composite scaffold [\[70](#page-24-0)]. Whereas the mechanical strength of  $\beta$ -TCP/PCL composite fibers is affected by the relative amount of  $\beta$ -TCP [\[118](#page-24-0)]. Incorporation of poly-benzyl-L-glutamate (PLBG), a polypeptide into the composite fibers is known to improve cell adhesion and differentiation, this increase is attributed to the osteoconductive properties of HAp and calciumbinding ability of PLBG. The addition of collagen can improve the water uptake of the composite fibers, which may help to prevent the loss of body fluid and nutrients in vivo [\[121](#page-24-0)]. Synergistic effects of collagen (providing extra cell recognition site) and HAp (chelating agent for mineralization) can stimulate better growth of human fetal osteoblasts and 57 % higher mineral deposition on PLLA/ collagen/HAp nanofibers than the PLLA/HAp nanofibers [\[119](#page-24-0)]. The pore size of the PLLA/collagen/HAp fibrous scaffold was not reported but it is expected that the excessively small pore size within the polymer matrix will prevent efficient cellular infiltration. Phipps and co-workers [[122\]](#page-24-0) constructed PCL/collagen/HAp nanofibrous scaffolds by using three methods: limited protease digestion, reduction of fiber packing density and inclusion of sacrificial fiber of PEO to increase the pore size of the scaffolds. They reported that the PEO sacrificial fibers were the most effective among the three methods to increase the pore size. Enhanced infiltration of MSCs into the scaffolds was observed with this method. It is clear that by modifying the sample preparation method with electrospinning, the properties of the scaffolds can be fine-tuned. This point was further strengthened when sol–gel processing method combined with electrospinning was used to produce gelatin–siloxane fibrous mats for potential use as scaffold in bone tissue engineering [[123\]](#page-24-0). Moreover, self-assembling peptides coupled with RGD and mixed with PEO followed by electrospinning can provide biochemical adhesion

Table 2 Electrospun polymer and some aspects in nerve tissue engineering

<b>Issues</b>	Polymers	Remarks	References
Alignment fiber architecture	<b>PLLA</b>	Crossing fiber inhibited axonal outgrowth of neurite	[98]
	<b>PCL</b>	Adult neural stem cells on aligned fiber showed better neuronal differentiation	[99]
	<b>PLGA</b>	Better growth rate of Schwann cells on aligned fiber.	$\left[39\right]$
Stem cell based regeneration	Polyurethane	Human embryonic stem cells	[97]
Differentiation of Mesenchymal stem cells	<b>PCL</b>	Fiber surface conjugated with nerve growth factor (NGF)	$\lceil 101 \rceil$
	<b>PCL</b>	Sustained release of retinoic acid	$\lceil 102 \rceil$
Glial scars	Collagen	Sustained release of chondroitinase ABC (ChABC)	$\lceil 103 \rceil$
Glial scars	<b>PLLA</b>	Anti-metabolic 6-aminonicotnamide (6AN) reduced the metabolic activity of astrocytes	$\lceil 105 \rceil$
Glial scars	Silk	Functionalized fiber with brain-derived neutrophic factor (BDNF) and ciliary neutrophic factor (CNTF)	$\lceil 106 \rceil$
Electrical stimulation	PLLA/PANI	Nerve stem cells	[107]
	PCL/pyyrole Core-sheath nanofibers, dorsal root ganglia (DRG) PLGA/ Rat pheochromocytoma 12 (PC12) cells pyyrole PEO-facilitated electrospinning Polypyrrole/ <b>PEO</b> PLLA/ In situ polymerization of polypyrrole polypyrrole PVDF-TrFE Dorsal root ganglion (DRG)		[108]
			[109]
Conductive polymer			$[113]$
			[114]
Piezoelectric polymer			[116]

signals which can interact with cell receptors and support better growth and differentiation of human osteoblast cells [\[36](#page-23-0)]. The above examples have shown that the functionality of a composite scaffold for bone tissue engineering can be affected by the size of particles incorporated, relative amount, porosity, processing method as well as the use of additional polymer.

Stem cell-based regeneration of defected bone tissue has aroused interest of many scientists due to its self-renewing ability to differentiate into a wide range of specialized cell lineages, including osteoblasts and chondrocytes, adipocytes, endothelial cells, fibroblasts, myocytes, and tenocytes [[124\]](#page-24-0). Adult stem cells such as human mesenchymal stem cells (hMSCs) [[125\]](#page-24-0), adipose-derived stem cells [\[120](#page-24-0)], and umbilical cord stem cells [\[126](#page-24-0)] have been targeted for use in bone tissue engineering. Among them, hMSCs are the most used source in bone tissue engineering as they can be readily derived from human bone marrow. Surface coating of bioactive molecules can provide biochemical cues to MSCs to grow on a polymer fibrous scaffold [\[127](#page-24-0), [128](#page-24-0)]. Electrospinning of poly(L-lactide) fibers followed by immersion in an aqueous solution of 3,4 dihydroxyphenethylamine (dopamine) to furnish polydopamine-coated PLLA (PD-PLLA) fibers can result in an increase in alkaline phosphatase (ALP) activity after 7 days of culturing of hMSCs when compared with pure PLLA fibers  $(1.74 \pm 0.14 \text{ vs } 0.97 \pm 0.07 \text{ nmol}$ /DNA/ 30 min). Besides this, the expression levels of runt-related transcription factor 2 (RUNX2), ALP, bone sialoprotein (BSP) gene, and angiogenic marker interleukin 8 (IL-8) can also be significantly enhanced by using PD-PLLA fibers [\[127](#page-24-0)]. All this data shows that the polydopamine can stimulate the initial osteogenic differentiation of hMSCs. The incorporation of drugs which can induce and support osteogenic differentiation of hMSCs into fibrous bone graft is an attractive approach [[129,](#page-24-0) [130](#page-24-0)], and it is even more promising when fibers electrospun by coaxial electrospinning exhibit controlled release of drugs, thus achieving optimal dosages over a desired period. Loading of poly(Llactide-co-caprolactone) (PLLACL) and PLLACL/collagen nanofibers with bone morphogenetic protein 2 (BMP2) and dexamethasone (DEX) by blending and coaxial electrospinning was used to study the osteogenic differentiation of hMSCs (ALP activity) and immunocytochemical staining for osteocalcin [\[131](#page-24-0)]. The researchers involved in the study reported that the osteogenic differentiation is affected by duration of exposure to BMP2 and DEX and their release profile, which in turn is related to the techniques applied for the fabrication of the scaffolds, i.e., blending or coelectrospinning and the distribution of drugs in fibers. Co-electrospun fibers were found to possess better controlled release profile for the two drugs than the blended fibers, hence more favorable for osteogenic differentiation. This was evident by the weaker osteocalcin expression shown by the blended fibers. Fiber alignment alone does not have a significant impact on the osteogenic differentiation of MSCs. The induction effects of fiber alignment in the presence of inductive adepogenic or osteogenic chemical factors are negligible, indicating that such effects can be ignored, especially inside the body, where the environment is changing dynamically due to the producing cells and deposited ECM [\[132](#page-24-0)]. However, a recent study reported that fiber alignment as well as diameter strongly influence the morphology of MSCs [\[133](#page-25-0)]. Indeed, differentiation of MSCs cells can be directed by physical factors such as patterned microstructure [[134,](#page-25-0) [135\]](#page-25-0), mechanical stimulation [\[136](#page-25-0)] or surface roughness [\[137](#page-25-0)], even without the use of any biological and chemical factors.

Incorporation of nano-sized HAp (nHAp) into polymeric fibers has been shown to enhance osteogenic differentiation and promote adhesion and proliferation of MSCs [[138,](#page-25-0) [139](#page-25-0)]. ALP activity, expression of genes associated with osteogenic differentiation such as ALP, bone sialoprotein, and osteocalcin on the PLGA/nHAp fibers were enhanced by the presence of nHAp [[140\]](#page-25-0). The ALP activity of cells on PCL fibers with different amount of nHAp  $(0-50 \text{ wt\%})$ exhibited order of: PCL/50 % nHAp>PCL/25 % nHAp $>$ PCL [\[141](#page-25-0)]. Elemental composition analyses (EDX) of calcium and phosphorus contents also showed the same pattern of order which led to the conclusion that higher concentration of nHAp resulted in enhanced MSCs differentiation into osteoblasts. nHAp also promoted mineralization of hMSCs, this was in agreement with the work of Lee and co-workers [\[140](#page-25-0)]. Both of the above examples involved blending nHAp directly with polymer prior to electrospinning which resulted in poor nHAp dispersion in polymer matrix, i.e., agglomeration of nHAp particles occurred on the fiber surface.  $\gamma$ -Glycioxypropyltrimethoxysilane (A-187), a coupling agent was used to pre-surface treat hydroxyapatite particle to enhance their dispersion in fibers [\[132](#page-24-0)]. TEM images (Fig. [6](#page-9-0)a) showed the agglomeration of HAp needle-like particles in nontreated HAp/ PCL fiber, whereas HAp treated with A-187 was well dispersed on the PCL fiber. Mechanical properties such as tensile strength and Young's modulus of the fibers were improved from 1.19 to 4.86 and 1.19 to 7.77 MPA, respectively; indicating that the dispersion of HAp affects mechanical performance of a composite fiber. In vitro activity of the fibers was assessed in 1.5 simulated body fluid (1.5SBF), where no apatite formation was observed for PCL fibers after 7 days. However, PCL fibers containing A187-treated HAp and nontreated HAp showed deposition of apatite along the fiber axes as early as after 3 days of immersion (Fig. [6b](#page-9-0)) thus confirming that

<span id="page-9-0"></span>

Fig. 6 a TEM images of PCL, HAp/PCL, and A187-HAp/PCL. b SEM images of fiber before and after immersion in 1.5SBF [\[132\]](#page-24-0)

polymeric fibers-containing HAp are promising candidate for guided bone regeneration.

Other than a method to investigate in vitro bioactivity, SBF serves as an excellent alternative to perform biomimetic mineralization of fibrous structures. However, SBF is sometimes considered to be too time-consuming as it can take up to several weeks to give reliable results during which polymeric structure may start to degrade. Therefore, a new rapid method was developed in which calcium phosphate is electrodeposited onto the polymeric fibers. Deposition of PLLA nanofibers on the surface of metallic templates before electrodeposition is performed to obtain a calcium phosphate coating within 1 h  $[142]$  $[142]$ . The authors studied the effect of parameters such as fiber diameter, solution temperature, deposition voltage and time on the chemical composition, topography, and deposition rate of the calcium phosphates. For instance, as shown in Fig. [7,](#page-10-0) at  $3 \text{ V}$  and  $60 \text{ °C}$ , sparse flower-like structures (b) having diameter of about 4  $\mu$ m appeared on the fiber surface after 15 min. It grew to about 8  $\mu$ m in diameter (c) after 30 min and a dense flake-like network was formed after 1 h (d). The ALP activity of pre-osteoblast MC3T3-E1 cells on PLLA fibers treated with electrodeposition was greater than that of the nontreated fibers, showing that calcium phosphate coating on the fibers promote osteoblastic differentiation of the cells. Since surface topography and roughness of calcium phosphates have an impact on proliferation and differentiation of human bone cells, this technique is considered promising and worthwhile to use.

Bioactive glass is another popular ceramic material used in bone-related biomedical applications. One added advantage of silica-based bioactive glass over HAp is its higher bone-bonding ability [\[143](#page-25-0)] and silicon, which has been proven to be integral for in vivo bone formation [\[144](#page-25-0)– [146\]](#page-25-0). The first kind of bioactive glass, called Bioglass<sup>®</sup> 45S5 was synthesized by Hench et al. [[147\]](#page-25-0) roughly 40 years ago. The Bioglass<sup>®</sup> consisted of 4 components— 45 % SiO<sub>2</sub>, 24.5 % CaO, 6 % P<sub>2</sub>O<sub>5</sub>, and 24.5 % Na<sub>2</sub>O [\[148](#page-25-0)]. Bioactive glass with other composition such as binary system—SiO<sub>2</sub>, CaO  $[149-151]$  and ternary system—SiO<sub>2</sub>, CaO,  $P_2O_5$  [[152\]](#page-25-0) are also widely studied due to their good bioactivity, osteoconductivity, and osteostimulative properties [\[153](#page-25-0)]. They have been used or have found potential application in bone-related biomedical application such as bone graft or filler  $[154, 155]$  $[154, 155]$  $[154, 155]$ , dental  $[156]$  $[156]$ , craniomaxillofacial applications [[157,](#page-25-0) [158](#page-25-0)], and implant coatings [[159,](#page-25-0) [160](#page-25-0)]. However, its fibrous form was not studied until 2006, when Kim et al. [[65\]](#page-24-0) first reported the fabrication of bioactive glass nanofibers, followed by other researchers [[161–165\]](#page-25-0).

Sol concentration is a dominant factor in controlling the diameter of the bioactive glass nanofibers, in general higher sol concentrations result in the formation of fibers with larger diameter [[65\]](#page-24-0). Although, the diameter decreases with reducing concentration but extensive beads formation often results at low sol concentrations. Fibers cannot be produced without polymer addition due to the lack of sufficient chain entanglement which is not possible by the Si–O network of bioactive glass sol. Addition of a pluronic surfactant, P123, can help to balance the electrostatic force and surface tension of solution and possibly reduce the diameter of the fibers [\[161](#page-25-0)]. Mesoporosity in bioactive glass can enhance the formation of carbonated hydroxyapatite (cHAp) compared to the conventional bioactive glass [[166\]](#page-25-0). Lu et al. [\[162](#page-25-0)] reported the formation of mesoporous microfibers but the pore size was uncontrollable. Therefore, efforts were made to synthesize controllable nanoporous, bioactive glass nanofibers by using a nonionic triblock copolymer– homopolymer, i.e., pluronic P123-polyethylene oxide (P123-PEO), as a co-template [\[164](#page-25-0)]. It was observed that the larger pore size resulted in smaller specific area and pore volume. Thermogravimetric (TGA) analysis revealed

<span id="page-10-0"></span>![](_page_10_Figure_2.jpeg)

Fig. 7 SEM micrographs of PLLA scaffolds; deposition voltage: 3 V, temperature: 60 °C, deposition time: a15, b 30, and c 60 min [[142\]](#page-25-0)

that the homogeneity of bioactive compositions in the fiber matrixes became better with decrease in the diameter of the pores. Bioactivity of the nanofibrous bioactive glass can be enhanced by fabricating bioactive glass nanotubes by using a coaxial electrospinning technique. The rate of biomineralization process in the nanotubes is greater than that of nanofiber because an apatite layer is formed on both outer and inner surfaces of the nanotubes while it can only occur on the surface of the nanofibers [[165\]](#page-25-0).

Adding nanofibrous bioactive glass of composition  $70SiO_2$ :25CaO·5P<sub>2</sub>O<sub>5</sub> into PCL membrane, the bioactivity of the fibers was enhanced as the apatite layer was rapidly formed on the surface when immersed in an SBF solution. Furthermore, osteoblastic cells attachment (MC3T3-E1) was higher on the nanocomposite membrane than the pure PCL membrane [[67\]](#page-24-0). These results confirmed that the bioactive glass fibers are osteogenic stimulant with potential use in bone regeneration field. Excellent biocompatibility of the nanofibrous bioactive glass was further confirmed when implantation of PCL, matrix incorporated nanofibrous bioactive glass scaffolds in Sprague–Dawley albino rats-exhibited good biocompatibility and boneforming ability [\[167](#page-25-0)]. In contrast to the above methods, [\[67](#page-24-0), [167\]](#page-25-0) where nanofibrous bioactive glass was mixed with PCL to form a film, a nanofibrous composite scaffold was prepared by first crushing the nanofibrous bioactive glass to form nanoparticulate matter, then mixed with polylactic acid followed by electrospinning [[68\]](#page-24-0). Formation of an apatite layer was reported after 3 days of immersion in SBF. Pre-osteoblastic cell culture also showed good cellular adhesion and proliferation on the bioglass fibrous scaffold. Tables [3](#page-11-0) and [4](#page-11-0) summarize how researchers have adopted different approaches to enhance MSCs differentiation and the combination of different polymers with bioceramics for use in bone tissue engineering.

# Tendon/ligament tissue engineering

Electrospinning has also found application in tendon/ligament tissue engineering. Tendons are fibrous connective tissues that connect muscles to bones whereas ligament connects bone to bone. Their ECMs primarily consist of collagen type I, but other materials have also shown potential for use in scaffolds. Use of Antheraea pernyi silk fibroin as a raw material to electrospin a tendon scaffold was reported. The scaffold was evaluated in vitro and in vivo by studying the growth of tenocytes on scaffolds and the recovery of tendon tissue in New Zealand white rabbits with a gap defect in their Achilles tendon. In vitro

Approaches to enhance differentiation of MSCs	Polymers	Findings	References
Surface coating	<b>PLLA</b>	PLLA coated with polydopamine showed higher ALP activity and expression level of bone-related gene	$\lceil 127 \rceil$
Surface coating	<b>PCL</b>	Significantly greater attachment and spreading of hMSCs were observed on nanofibers coated with peptide amphiphile containing cell adhesive ligand (RGDS)	$[128]$
Drug loading	<b>PCL</b>	Release of DEX induced an increased concentration of alkaline phosphatase and deposition of a mineralized matrix	$\lceil 129 \rceil$
Drug loading	PCL/gelatin	Stromal cell-derived factor-1 $\alpha$ (SDF-1 $\alpha$ ) significantly induced stimulated chemotactic migration of BMSCs in vitro and sixfold increase in the amount of bone formation compared to control	$\lceil 130 \rceil$
Drug loading	PLLACL	Co-electrospun fibers loaded with BMP2 and DEX showed higher osteoclacin expression than blended fibers	$\lceil 131 \rceil$
Fiber alignment	<b>PHBHHx</b>	Fiber alignment alone had no significant effect on osteogenic potential of MSCs	$[132]$
Fiber alignment	Silk Fibroin	Fiber alignment exhibited a strong influence on the morphology of MSCs; smaller diameter scaffolds are more favorable for the growth of MSCs	$[133]$
Patterned microstructure	PLLA-PCL	Significant up-regulation of several myogenic markers associated with for hMSCs cultured on the scaffold with narrow microchannels	[134]
Patterned microstructure	<b>PCL</b>	ALP concentration values increased progressively with time in the culture of BMSCs and progressive expression of specific osteoblastic glycoproteins; microtopography controlled the deposition of mineralized extracellular matrix along the pre-defined fiber direction	[135]
Fiber alignment/Mechanical PLGA stimulation		Scaffold alignment and optimized mechanical stimulation, are sufficient to drive MSC differentiation, without the need for additional chemical stimuli	$\lceil 136 \rceil$
Surface modification	PEOT/PBT	Significant upregulation of bone sialoprotein and osteonectin expression on oxygen plasma treated fibres compared to untreated fibres	$[137]$
Addition of HAp	<b>PCL</b>	Higher content of HAp resulted in higher ALP activity	[126]
Addition of HAp	Peptide amphiphile	Enhanced osteogenic differentiation of hMSCs by HAp nanoparticles-reinforced peptide amphiphile nanocomposite matrix	$\lceil 138 \rceil$
Addition of HAp	<b>PLLA</b>	Biphasic scaffold coated with HAp/PLLA exhibited significantly increased proliferation of MSCs	$\lceil 139 \rceil$
Addition of HAp	<b>PLGA</b>	Higher content of HAp resulted in greater differentiation of hMSCs	$\lceil 140 \rceil$

<span id="page-11-0"></span>Table 3 Some approaches to enhance MSCs differentiation and bioactive materials used in bone tissue engineering

# Table 4 Combination of different polymers with bioceramics

![](_page_11_Picture_290.jpeg)

results showed that tenocytes grew and proliferated on the scaffold whereas after 16 weeks of in vivo implantation, uniform, and well-oriented bundles of collagen fibers in the neo-tendon tissue were formed [[168\]](#page-25-0). Apart from tendon cells such as tenocytes, MSCs have also been extensively used to evaluate the biocompatibility of a scaffold used in

tendon/ligament tissue engineering. These cells have the ability to differentiate into tendon/ligament fibroblasts  $[169-172]$ . The incorporation of basic fibroblast growth factors have been incorporated and randomly distributed within PLGA nanofibers [\[173](#page-25-0)]. The alignment of fibers should also be considered when designing a tendon scaffold as the expression of tendon-specific genes were far higher in human tendon stem/progenitor cells growing on aligned nanofibers than in those on randomly oriented nanofibers in both normal and osteogenic media. Moreover, the aligned and randomly oriented nanofibers have different properties in terms of osteogenesis-inducing ability and the morphology of the resulting cells [[174\]](#page-25-0). The alignment of electrospun fibers has also been known to affect ECM production ability of human ligament fibroblast [\[175](#page-25-0)]. Some studies suggest that crimp-like microstructure within electrospun scaffolds provide a better geometric microenvironment for ECM production by fibroblasts [[176,](#page-25-0) [177](#page-25-0)]. Homogenous scaffolds may be good enough for tendon or ligament tissue regeneration, but not for interfaces such as tendon–muscle [[178\]](#page-25-0) or ligament–bone [\[179](#page-25-0)] because the two tissues have different requirements in terms of porosity, compliance, and mechanical properties. Therefore, coelectrospinning is used to fabricate scaffolds that serve the functions of two tissues or mimic the properties of the interface. Co-electrospinning of PCL/collagen and PLLA/ collagen fibers onto opposite sides of a mandrel to produce a dual scaffold is known. Regional variations in mechanical properties were observed in the scaffold and the strain profiles had similar trends to those of the native muscle– tendon junction [\[178](#page-25-0)]. Graded scaffolds with different tensile moduli [\[179](#page-25-0)] or mineral contents [[180\]](#page-25-0) along the length of the mesh can be fabricated by co-electrospinning for use in ligament–bone interface.

Recent development in tendon/ligament tissue engineering saw the use of hybrid scaffolds in which electrospun fibers are combined with knitted structure to create a scaffold [[181,](#page-25-0) [182\]](#page-25-0). Such scaffolds explored the mechanical properties of knitted structures and the topographical cues of electrospun fibers which fulfill the mechanical requirement for tendon/ligament graft as well as support cell adhesion, proliferation, and differentiation. The composite scaffold made from silk-knitted structure coated with poly(L-lactic-co-ε-caprolactone) (PLCL) microfibers had an elastic modulus of 150 MPa which is close to native tendon and ligament modulus of 50–100 MPa. Seeding efficacy of rat MSCs on the hybrid scaffold was also improved compared to that of the knitted structure not coated with microfiber. Immunostaining showed that collagen types I and III were present in tendon/ligament tissue after 1 week of cell culturing [[181\]](#page-25-0). In another study, degummed knitted silk microfibrous scaffold coated with PLGA nanofibers was loaded with fibroblast growth factor

(bFGF) (Fig. [8](#page-13-0)a, b). This growth factor promoted tenogenic differentiation of stem cells into tendon/ligament fibroblasts [[182](#page-25-0)]. bFGF can be incorporated into fibers by coaxial electrospinning and blending, both showing sustained release from fiber, but increased collagen production and better fibroblast differentiation [\[183](#page-25-0)], activation of tyrosine phosphorylation signaling within seeded BMSCs [\[173](#page-25-0)] were shown in blended PLGA fibers. Rabbit BMSCs proliferated well on PLGA nanofiber as well as on the knitted silk microfibers. Cell viability was higher in bFGFloaded PLGA/silk than PLGA/silk scaffold throughout cell culturing period of 21 days. Expression levels of type I and III collagens were also higher for bFGF-loaded PLGA/silk scaffold in day 14. The failure load of the BMSC-seeded scaffold after 3 weeks possessed failure load of  $83 \pm 3.5$  N which is close to that of native rabbit ligaments (88–132 N). The nanofibers/knitted microfibrous scaffold preserved the mechanical properties and at the same time promoted stem cells adhesion, proliferation, and tenogenic differentiation, suggesting great potential use in regeneration of tendon/ligament tissue. List of different polymers used in tendon/ligament tissue engineering is presented in Table [5](#page-13-0).

One of the major limitations of electrospun fibers is the small pore size which limits cellular infiltration, inhibit exchange of nutrient and waste with surrounding environment as well as prevent vascularization [[184,](#page-25-0) [185](#page-25-0)]. This inherent characteristics greatly limits the potential use of electrospun fibers in tissue engineering as the growing cells should infiltrate into the fibrous structure and produce ECM to take over the structural role of fibers which will degrade over time. Conventional electrospun fibers have pore size of only a few or even  $\leq 1$  µm in diameter, but pore sizes of  $>300$  µm has been recommended to facilitate cell growth and vascularization in bone [[186\]](#page-25-0) while human dermal fibroblast was reported to prefer pore size of  $6-20 \mu m$ [\[185](#page-25-0)]. In most cases, cells are reported to adhere and grow well only on the 2D surface. There have been many efforts to increase the pore size of electrospun fibers; this includes addition of salt [\[187](#page-25-0)], cryogenic electrospinning [\[188](#page-25-0)], reducing fiber packing/density [\[189](#page-25-0)], inclusion of sacrificial fibers [[190\]](#page-25-0), photopatterning [\[191](#page-25-0)], or ultraviolet radiation treatment [\[192](#page-25-0)]. The inclusion of sacrificial fibers is found to be the best method to enhance cellular infiltration among limited protease digestion and reduction of fiber packing [\[122](#page-24-0)]. Besides this, pore size and porosity can be changed by manipulation with the flow rate during electrospinning process [[193\]](#page-25-0) or using various patterned collector [[194\]](#page-25-0). Recently, femto second laser ablation was used to tackle this problem [\[195](#page-25-0)]. Various combinations of structured holes with diameters 50, 100, and 200  $\mu$ m at the spacing of 50 and 200 µm between adjacent holes was successfully fabricated by manipulating laser energy and

<span id="page-13-0"></span>Fig. 8 a TEM image. b SEM image, black arrow indicates the presence of protein. c SEM image of (eF) PLGA nanofibers and  $(\mu F)$  microfibrous-knitted silk scaffold. d Hybrid scaffold seeded with BMSCs. e hybrid scaffold rolled up into cylindrical tendon/ligament analogues after 7 days culture of BMSCs [\[182\]](#page-25-0)

![](_page_13_Picture_3.jpeg)

Table 5 Electrospun polymer used in tendon/ligament tissue engineering

![](_page_13_Picture_236.jpeg)

pulse number. hMSC adhesion and proliferation was not significantly affected by the laser ablation although their morphology varied depending on the diameter of the holes. More importantly, by using rat subcutaneous cell infiltration model, significant endothelial cell as well as M2 macrophages infiltration was observed for ablated scaffolds as cells were able to migrate through the ablated holes and infiltrate between layers of electrospun fibers into the scaffold. However, the mechanical strength was deteriorated with decreased spacing and increased hole size. Most

attempts to enhance cellular infiltration are by increasing pore size, but this unavoidably compromises the mechanical properties of the scaffolds. Alternatively, biochemical cues imparted to electrospun fibers were thought to be the solution to promote cellular infiltration into scaffold [\[196](#page-25-0)]. Recently, Li and co-workers [\[197](#page-25-0)] reported the use of hyaluronan to overcome this limitation. Hyaluronan (HA) is a highly hydrated polyanionic polysaccharide which is involved in many in vivo cellular processes and regulation of intracellular signal transduction. PCL/SF/HA fibers fabricated by emulsion electrospinning have been subjected to in vitro and in vivo tests to examine the extent of cell migration into the scaffold. The in vitro results have shown that cells can infiltrate as deep as  $20-40 \mu m$  from the upper surface of HA-based scaffold. The in vivo rat subcutaneous cell infiltration model also showed penetration of cellular strands into the scaffold, while most cells were located on the surface of neat PCL scaffold. Interestingly, increased Young's modulus and elongation at break was observed with increasing HA content. This phenomenon was explained by the interaction of HA with silk fibroin  $(SF)$  that induced more  $\beta$ -sheet structure. This is a promising biochemical approach to solve the inherent limitation posed by dense electrospun fibers without compromising the mechanical strength of scaffold.

Another limitation of electrospinning is the scaffold thickness. During the electrospinning process, there is an electrostatic interaction between positive charged needle and negative-charged collector. Positive charge carried by polymer jet is discharged once fibers are deposited on the grounded collector. As spinning continues, fibers formed on the collector gradually become thicker, which may act as an insulator and prevent discharge and thus resulting in buildup of positive charge. The charge buildup causes the deposited fibers to repel the coming fibers. This influences the thickening of electrospun scaffold, in many reports, electrospun mats tend to be thin and are commonly several hundred micrometers thick [\[198](#page-25-0), [199](#page-25-0)], which makes them nonideal for tissue engineering applications. In one recent report, self-assembled three dimensional (3D) spongiform nanofibers stacks were fabricated by conventional electrospinning through controlling experimental conditions [\[200](#page-25-0)]. It was found that the fibers on the top of 3D stack carried negative charge which may attract the positively charged jets during electrospinning, thus making stacking possible. Furthermore, by placing an insulating Lucite plate on the collector, a 2D thin film instead of a 3D stack is formed. It is believed that the Lucite plate blocks the discharge of fibers and as a result, electrostatic attractions are often weak and therefore the coming fibers with positive charge are repelled, which results in the formation of 2D film. Recent efforts to increase the scaffold thickness can be categorized into two types: modification of electrospinning setup and post-processing of electrospun fibers. The first involves the modification of collector to fabricate loose [[201,](#page-25-0) [202\]](#page-25-0) or patterned [[203\]](#page-26-0) 3D structure as well as putting electrostatic lens around needle tips to focus spinning jet onto the collector to increase thickness of scaffold [[204\]](#page-26-0). Specifically, a water bath containing ethanol instead of an aluminum foil collector was used in wet-electrospinning to obtain a fluffy, 3D structure [\[202](#page-25-0)]. Electrospun fibers fabricated by such method have a thickness of  $2-3$  mm compared to only 40  $\mu$ m from conventional electrospinning under same processing conditions. Furthermore, fiber diameters were similar for both types of fibers but porosity was significantly higher for wetelectrospun fiber. However, such loose and fluffy structures have poor mechanical strength which is another obstacle to overcome. In the post-processing of electrospun fibers, techniques such as heat-sintering [[205\]](#page-26-0), yarn assembly [\[206](#page-26-0)], and multilayered-stacking [\[207](#page-26-0), [208](#page-26-0)] have been used. In an effort to increase thickness, thermally induced phase separation (TIPS) and electrospinning were combined to develop a 3D, multilayered composite scaffold [\[208](#page-26-0)]. Individual PCL electrospun disks were stacked into a cylindrical holder filled with PLGA solution dissolved in DMSO. It was then quenched in liquid nitrogen and DMSO was leached out. In this approach, thickness of scaffold can be increased unlimitedly by only increasing the number of stacked electrospun disks. PLGA served as effective "glue" for adhesion between individual disks. This composite scaffold exhibited similar compression strength and significantly higher tensile strength as compared to a conventional PCL scaffolds made by using TIPS. However, the pore size of the scaffold was around  $5-10 \mu m$  which limits the cell infiltration. This problem may be tackled by combining this multi-layering stacking approach with some abovementioned methods to increase pore size to fabricate a 3D scaffold suitable for 3D cellular growth.

The use of harmful, volatile organic solvent in electrospinning can lead to environmental and safety problems while the toxic solvent may still remain in the electrospun fiber if proper post process treatments are not carried out [\[209](#page-26-0)]. For examples, 1,1,1,3,3,3-hexafluoro-2-propanol (HFIP), a volatile and corrosive solvent, which is often used in electospinning may cause severe burn and even blindness if not properly removed from the electrospun fibers. Despite their toxic and harmful nature, they are widely and commonly used in electrospinning of PLGA [\[210](#page-26-0), [211\]](#page-26-0), collagen [\[212](#page-26-0), [213](#page-26-0)], silk fibroin [\[214](#page-26-0), [215\]](#page-26-0), etc. Therefore, there is a need to find replacement of such type of solvent, or even better, solvent less method to fabricate electrospun fiber. Water/alcohol/salt system [[216\]](#page-26-0), acetic acid [[217\]](#page-26-0), ethanol [[218\]](#page-26-0), ethanol/phosphate-buffered saline [[219\]](#page-26-0) have been reported for successful electrospinning of collagen [[216–218\]](#page-26-0) and gelatin [[219\]](#page-26-0). Melt electrospinning looks promising as it does not require the use of organic solvents, but its potential is limited by the high temperature processing and possible thermal degradation [\[220](#page-26-0)]. In an innovative approach, thiol-ene photopolymerization was combined with electrospinning to obtain fiber in situ in which neither solvent nor heating is required [\[221](#page-26-0)]. Pentaerythritol tetrakis (3-mercaptopropionate) (PETT), a tetrafunctional thiol was mixed with dipentaerythritol pentaacrylate (DPPA), an ene, along with a photoinitiator prior to electrospinning. During electrospinning, in situ polymerization of monomers occurs when triggered by exposure to UV light to furnish micro-sized fibers free of bead defects. Fibers electrospun by this thiolene photopolymerization present a greener approach to making fibers, e.g., no solvent, no residual, and no heat input as well as higher production rate of fiber  $\sim 10$  g/h compared to solution electrospinning  $\sim 0.5-2.0$  g/h. In another study a monomer, acrylated-epoxidized soybean oil (AESO) was used in photopolymerization to produce fibers in situ [\[222](#page-26-0)]. This study further confirmed the feasibility of using thiol-ene chemistry in making fibers. However, this novel technique, in situ photopolymerization requires careful manipulation of parameters, for instance, photocuring time, molar ratio of thiol-ene groups, position of UV light source, and viscosity. Furthermore, choice of monomer is limited and the fibers formed may not be biocompatible which makes it unsuitable for biomedical application.

## Drug delivery

The goal of designing a drug delivery system is to enable the release of drug at a controlled rate over a desired period [\[223](#page-26-0)]. Electrospinning has also found application in the field of drug delivery due to its ability to fabricate nanofibers that can act as a drug carrier because of their good functional characteristics such as high surface area, which is associated with better dissolution rate, ease of incorporation of drug, and limited time for drug recrystallisation resulting from faster solvent evaporation [\[224](#page-26-0)]. Besides this, various biomolecules have been successfully incorporated into electrospun nanofibers for controlled release, e.g., gene [\[225](#page-26-0)], proteins [[47,](#page-23-0) [226,](#page-26-0) [227\]](#page-26-0), and enzymes [\[32](#page-23-0)]. In terms of processing setup, there are two approaches in incorporating biomolecules in fibers: blend electrospinning and coaxial electrospinning [[228\]](#page-26-0). In blend electrospinning, the polymer and biomolecules are mixed prior to electrospinning whereas in coaxial electrospinning, both polymer and biomolecules are coaxially and simultaneously electrospun to produce fibers with a core–shell structure. Saraf and co-workers [[225\]](#page-26-0) constructed fiber mesh scaffolds by coaxial electrospinning and encapsulated plasmid DNA within the core and a nonviral gene delivery vector within the sheath of the fibers. The release of the gene delivery vector was studied over 60 days during which the vector release was controlled by changing the parameters such as the concentration of the plasmid DNA. In addition, transfection efficiency of the plasmid DNA was varied by changing the concentration and molecular weight of the core polymer. The release profile and transfection properties could be fine-tuned by changing the processing parameters. In another study, PCL-based nanofibrous scaffold was incorporated with bovine serum albumin (BSA). The loaded protein was distributed homogeneously within the core of the fibers and better sustained release profiles were exhibited by scaffolds made from coaxial electrospinning. PEG helped to preserve up to 75 % of the initial biological activity of the protein in the coaxial electrospun scaffolds [\[226](#page-26-0)]. Coaxial electrospinning is more favorable in the fabrication of scaffolds for use in drug delivery as the release of growth factors is better controlled for core–shell nanofibers than that of the blended nanofibers. The burst release of 43.8–48.5 % loaded proteins observed within the first 6 h for the blended nanofibers was reduced to 17.4–18.9 % in coaxial electrospun nanofibers followed by stable and sustained release [\[47](#page-23-0)]. Cross-linking may help to prevent burst release of drug from nanofibers. Crosslinked PLGA/gelatin nanofibers showed depressed burst release of the drug fenbufen at the initial release stage [[227\]](#page-26-0). Cross-linking of PVA nanofibers also resulted in better enzyme release profile, due to the water resistant property of the cross-linked PVA fibers, thereby making it an effective diffusive barrier for regulating the enzyme release in reaction medium [[32\]](#page-23-0).

Many drug delivery systems are specifically designed for targeted application such as oral-drug delivery, colontargeted drug delivery, fast-dissolving drug delivery, sequential chemotherapy, and even the prevention of HIV transmission. A linear delivery system of nifedipine was designed using a simple fabrication method for oral drug delivery. The tablet capped with thinner sheets exhibited a burst release at an early stage whereas the tablet capped with thicker sheets controlled the drug release at the late stage (Fig. [9](#page-16-0)a). The correct combination of two different tablets (Fig. [9c](#page-16-0)) was expected to give a linear drug release profile. Combination of two tablets capped with PLGA nanofibrous membrane of thickness  $50$  and  $75 \mu m$ , respectively, showed a linear drug release profile  $(R^2 > 0.983)$  independent of pH with 100 % of drug released within 24 h (Fig. [9](#page-16-0)b), which is desirable for oral drug delivery [[229\]](#page-26-0). Diclofenac sodium, a nonsteroidal antiinflammatory drug, was incorporated into Eudragit<sup>®</sup> L 100-55, a pharmaceutical excipient that has been used in colon-targeted drug delivery and electrospun into nanofibers. The drug release profile of the electrospun nanofibers was dependent on pH and the nanofibers exhibited better

<span id="page-16-0"></span>sustained drug release profile than that of a physical mix-ture of diclofenac sodium and Eudragit<sup>®</sup> L 100-55 [\[230](#page-26-0)]. Electrospun Polyvinylpyrrolidone (PVP) nanofibers have great potential in improving the dissolution of poorly water soluble drugs due to the high solubility of PVP, high specific surface area of the nanofibers and good drug dispersal in the nanofibers [[231\]](#page-26-0).

Combination therapy such as sequential chemotherapy requires sustained release of multiple drugs so that the release order, timing and dose must be controlled. A tetralayered PLCL nanofibers mesh was designed to examine the efficiency of the multilayered system in sustained release of two different drugs independently. The four layers of the mesh were (i) chromazurol B-loaded mesh, (ii) barrier mesh, (iii)  $5,10,15,20$ -tetraphenyl-21H,23Hporphinetetrasulfonic acid disulfuric acid-loaded mesh, and (iv) basement mesh. The PLCL nanofiber diameter affected the speed of drug release while the mesh thickness influenced the duration of sustained release. The desired release profile of the dual drug could be achieved by fine-tuning the process parameters that affect the morphological

features of the tetra-layered nanofibers, thus finding use in sequential therapy system [[232\]](#page-26-0).

Cellulose acetate phthalate (CAP) fibers were incorporated with antiviral drugs to prevent man-to-woman HIV transmission. The prevention was made possible as the electrospun CAP fibers are not soluble in healthy vaginal fluid, which has a pH of below 4.5, but are soluble in small amounts of human semen having pH between 7.4 and 8.4. CAP fibers are nontoxic to vaginal epithelial cells at concentration below 2 mg/ml and did not impede the proliferation of the vaginal microbial flora. Moreover, CAP fibers without antiHIV drugs also inhibited the HIV infection of CD4+ TZMbl cells in vitro. However, further in vivo studies are needed to explore the potential of CAP fibers in preventing HIV transmission during sexual intercourse [\[233](#page-26-0)]. Table [6](#page-17-0) contains a list of polymers and techniques used to load drug molecules into fiber for biomedical applications.

Although electrospun fibers serve as excellent drug carriers, there are still some limitations or issues that need to be addressed. Initial burst release of drug from fibers has

![](_page_16_Figure_7.jpeg)

Fig. 9 a Release profile of nifedipine from capped tablets of different thickness at pH 6.8. b Release profile of nifedipine from a combination of two capped tablets, 50 and 75CPT). c Macroscopic

image of 25 CPT \*(NCPT noncapped tablet, 25CPT capped tablet with nanofiber of thickness  $25 \mu m$  [\[229\]](#page-26-0)

Polymers	Technique used	Molecules loaded/application	References
Poly(ethylenimine)	Coaxial electrospinning	Plasmid DNA	[225]
PLLACL/collagen	Coaxial/blend electrospinning	Protein (bone morphogenetic protein 2 and dexamethasone)	$\lceil 131 \rceil$
<b>PCL</b>	Coaxial/blend electrospinning	Protein (bovine serum albumin)	$\lceil 226 \rceil$
PLGA/gelatin	Blend electrospinning	Protein (Fenbufen)	[227]
<b>PVA</b>	Coaxial electrospinning	Enzyme (lactate dehydrogenase)	$\left\lceil 32\right\rceil$
<b>PLGA</b>	Tablet capped with electrospun fiber	Oral drug delivery	$[229]$
		Colon-targeted drug delivery	$\lceil 230 \rceil$
<b>PVP</b>	Blend electrospinning	Fast dissolving drug delivery	[231]
<b>PLCL</b>	Sequential electrospinning	Tetralayered nanofibers in controlling release of multiple drugs	[232]
CAP	Blend electrospinning	Prevention of HIV transmission	[233]
<b>PLGA</b>	Blend electrospinning	Local anesthetic, bupivacaine	[234]
<b>PCL</b>	Blend electrospinning	Air-controlled drug delivery by using super hydrophobic polymer dopant	$\lceil 235 \rceil$
<b>PCL</b>	Blend electrospinning	Air-controlled drug delivery to release anticancer drugs	[236]
<b>PLLA</b>	Dual spinneret electrospinning	Dual drug delivery	$\lceil 237 \rceil$
PAM14	Blend electrospinning	Multicomponent, bioerodible polymeric delivery system	$[238]$
<b>PVA</b>	Blend electrospinning	Dye-loaded PLGA nanoparticles encapsulated into nanofibers	$\lceil 239 \rceil$
<b>PLLA</b>	Blend electrospinning	Dual drugs-loaded chitosan microspheres encapsulated into nanofibers	$[240]$
<b>PLLA</b>	Emulsion electrospinning	Entrapped Ca-alginate as reservoirs for drugs in fibers	[241]
<b>PVA</b>	Blend electrospinning	Antibacterial microemulsion containing eugenol/PVA composite	[242]
<b>PLLACL</b>	Emulsion electrospinning	Dual release of rhodamine B and bovine serum albumin (BSA)	[243]
PEG-PLA	Emulsion electrospinning	Dual release of paclitaxel (PTX) and doxorubicin hydrochloride (DOX),	$\lceil 244 \rceil$
<b>PDLLA</b>	Emulsion electrospinning	Delivery of BSA	$\lceil 245 \rceil$
<b>PLGA</b>	Dripping or Blend Electrospinning	DNA-loaded chitosan nanoparticles-coated outside or within fibers	$[246]$
<b>PCL</b>	Coaxial or blend electrospinning	Enzyme-loaded liposome embedded in fibers	[247]

<span id="page-17-0"></span>Table 6 Electrospinning techniques used in drug delivery system

long been one of the main problems encountered by the researchers especially when the drug loading is higher, probably due to the aggregation of drug molecules near the surface of fibers [[234\]](#page-26-0). This always happens when the drugs are directly encapsulated into or mixed with polymer solution prior to electrospinning. Recently, it was suggested that the use of superhydrophobic polymeric agent may help to slow the burst release at early stage and prolong the sustained release of drug [[235\]](#page-26-0). PCL electrospun meshes containing 0–50 wt% poly(glycerol monostearateco-e-caprolactone) (PGC-C18), which acts as hydrophobic dopant was fabricated followed by loading it with a model bioactive agent, SN-38 (7-ethyl-10-hydroxycampthothecin). The entrapment of air layer within the electrospun meshes prevented the penetration of water into the meshes and retarded the hydrolysis of polymer and thus the release of drug. The authors were able to demonstrate that the rate of water penetration and displacement of entrapped air were related to the apparent contact angle of the meshes, e.g., its extent of hydrophobicity. PCL electrospun meshes doped with 10 wt% PGC-C18 showed near to linear sustained release over 70 days whereas pure PCL electrospun meshes showed relative fast drug release for the first 10 days and reached maximum cumulative release of about 70 % after 20 days. As expected, PCL meshes doped with even higher content of the hydrophobic dopant (30 and 50 wt%) exhibited only  $\sim$  10 % release over 9 weeks. In their expanded work, a more medium-soluble drug, Campthothecin-11 (CPT-11) was incorporated into PCL electrospun meshes [[236\]](#page-26-0). Without PGC-C18, the meshes released CPT-11 very quickly and reached 60 % over a few days whereas 10 wt% of PGC C18-reduced dramatically the CPT-11 release to a similar cumulative release only after about 40 days. The delay of drug release by the hydrophobic meshes is through the reduced drug diffusion and increased stability of the entrapped air layer. Furthermore, the mesh location and drug release was monitored by ultrasound, which also confirmed that the trapped air was responsible for the slow sustained drug release. However, the drug distribution within the PCL fibers was not homogenous, which is the common problem in direct encapsulation of drug into fibers. For example, higher drug concentration was seen at the center of fibers for 1 wt% SN-38 whereas higher drug concentration was seen partitioned to the surface for 0.1 wt% SN-38 [[236\]](#page-26-0).

Apart from nonhomogeneity of drug distribution within fibers, the direct encapsulation of drug affects adversely the mechanical property, e.g., the tensile strength of electrospun PLGA suture was found to decrease with increasing drug content [[234\]](#page-26-0). Besides this, some applications require the use of multiple drugs, but the presence of two drugs in the same polymer matrix has been shown to interfere with the release kinetics of at least one of the drugs [[237\]](#page-26-0) and caused heterogeneous distribution of the other drug [\[238](#page-26-0)]. Therefore, investigation on the use of particle/polymer electrospun composite in drug delivery is fast becoming popular [\[239](#page-26-0), [240](#page-26-0)]. The composite can be prepared through emulsion electrospinning [\[241,](#page-26-0) [242](#page-26-0)] and separate preparation of nanoparticle or microsphere [\[235](#page-26-0), [236,](#page-26-0) [239](#page-26-0), [240](#page-26-0)]. Researchers have now shifted their interest from loading single drug to dual drugs, especially one hydrophobic and another one hydrophilic [[243,](#page-26-0) [244\]](#page-26-0). Yohe et al. [[235\]](#page-26-0) loaded mesoporous silica nanoparticles (MSNs) with hydrophobic drug rhodamine B (RHB) before electrospinning them together with PLGA containing another hydrophilic drug, fluorescein (FLU). The advantages of such kind of composite are: (1) the MSNs spheres are distributed homogeneously within the composite fibers; (2) no interaction of drugs (RHB  $&$  FLU); (3) no initial burst effect of drug (RHB) loaded in MSN; these problems are frequently encountered when the drugs are directly incorporated into the fibers. However, due to higher hydrophilicity and direct encapsulation, most of the FLU released rapidly after 324 h. For this reason, in another reported work the authors loaded both drugs, RHB and FLU separately into MSNs spheres [\[236](#page-26-0)]. The results were encouraging, FLU showed a prolonged release: the cumulative release percentage depended on the weight ratio of the two drugs as well as the initial concentration of PLGA. These studies have successfully demonstrated that such composite system can promote sustained and independent release of dual drugs.

Another challenge faced by researchers in the field of drug delivery is to ensure the bioactivity or functional efficiency of drugs are not affected adversely during the fabrication process or due to the delivery design. Ultrasonication during polymer preparation and high voltage during electrospinning process could alter protein structure to some extent [[245\]](#page-26-0); DNA loaded into chitosan particles within or attached outside fiber have relatively high transfection efficiency compared to the naked one [\[246](#page-26-0)]. In a recently published study, researchers proposed the combined use of liposome and fibers as drug delivery system [\[247](#page-26-0)]. Core/shell nanofibers containing intact liposomes were successfully fabricated by using coaxial electrospinning. To investigate the protective effect of liposomes on bioactivity, in this case enzymatic activity of drug, a protein, horseradish peroxidase (HRP) was used. Four types of designs were shown: B-HRP, B-LIP, K-HRP, K-LIP. The first two were fabricated by blend-electrospinning in which B-HRP refers to HRP blend with PVA and B-LIP refers to HRP loaded into liposome. K-HRP and K-LIP were also similar with the first two, except they were made by using coaxial-electrospinning. PVA was used as both core and shell polymer. The enzymatic activity tests showed that both co-electrospun fibers, with (K-LIP), or without (K-HRP) liposomes exhibited significantly higher enzymatic activity than the blend electrospun fibers. This again confirmed the inferiority of direct encapsulation of drug molecules into fibers in terms of retention of drug's bioactivity, with many other disadvantages mentioned above. More importantly, the results also showed that K-LIP has much higher enzymatic activity than K-HRP, demonstrating that liposome has the ability to preserve the enzymatic activity of the protein, HRP. This opens a new perspective for researcher to consider the use of liposome in future drug delivery research.

# Wound dressing

The ultimate purpose of a wound dressing is to achieve the fastest rate of healing and the best aesthetic repair of the wound [[248\]](#page-26-0). Fibers fabricated by electrospinning are excellent candidate for wound dressing because they can absorb wound exudates more efficiently, prevent drying up of the wound, protect the wound from bacterial infection, allow gas permeation and have good conformability [\[248](#page-26-0)]. Furthermore, various polymeric materials [[249,](#page-26-0) [250\]](#page-26-0) can be used for dressing manufacturing and easy incorporation of bioactive molecule/agent to provide extra functions such as antiinflammatory activity [\[251](#page-26-0)] and promote tissue growth [\[252](#page-26-0)]. These excellent characteristics are due to the high surface area to volume ratio, porosity, electrospinnability from hydrophilic polymer and drug-loading capacity of the fibers. A list of different polymers, solvents, and approaches taken to enhance the functionality of skin graft is presented in Table [7](#page-19-0).

In vitro studies indicated that PLGA/collagen nanofibers can be used as accelerators for wound healing in the early stage [[249](#page-26-0)]. The combination of PCL and gelatin was explored where the composite was electrospun directly onto a commercially available polyurethane dressing (Tegaderm<sup>TM</sup>, 3M Medical) [\[250](#page-26-0)]. Calendula officinalis, a wound-healing and antiinflammatory agent was mixed with hyperbranched polyglycerol and electrospun into nanofibers. The morphology and mechanical properties of the nanofibers such as tensile modulus and elongation-to-break value were influenced by the concentration of C. officinalis. In vivo histocompatibility test on female rats showed good

Polymers	Solvents	Remarks	References
PLGA/collagen	<b>HFIP</b> (hexafluoroisopropanol)	Effective wound-healing accelerators in early stage wound healing	[249]
PCL/gelatin	TFE (2,2,2- trifluoroethanol)	Nanofibers scaffold electrospun on a polyurethane dressing	$[250]$
Polyglycerol	Methanol/DMF	Nanofibers-contained Calendula officinalis as wound healing and antiinflammatory agent	[251]
Silk	Aqueous solution with 5wt % PEO	Silk fibers-contained epidermal growth factor (EGF) for skin regeneration	$[252]$
Cellulose, cellulose/ chitosan, cellulose/ <b>PMMA</b>	DMSO, DMF	Cell lytic enzyme, lysostaphin (Lst) was immobilized on cellulose-based fibers	[253]
N-Carboxyethylchitosan/ PEO	Formic acid	Hybrid nanofibrous yarn incorporated with silver nanoparticles to give antibacterial activity	$[256]$
SiO <sub>2</sub>		Reusable wound covered with antibacterial silver nanoparticles	$\lceil 36 \rceil$
Soldium alginate/PVA	Distilled water	Fibers incorporated with nano-ZnO exhibited antibacterial activity	$[258]$
<b>PLGA</b>	<b>DCM</b>	Study of interaction of antibacterial PLGA with biochemical wound environment	[259, 260]
PU	<b>DMF/THF</b>	Dextran/polyurethane (PU) carrying ciprofloxacin HCl (CipHCl) drug	[261]
PU	<b>DMF/THF</b>	Cellulose acetate/PU containing polyhexamethylene biguanide as antimicrobial agent	$[262]$
<b>PLGA</b>	DMF/chloroform	Hybrid and core/shell chitosan/PLGA made by coelectrospinning and coaxial electrospinning	[264]
<b>PVA</b>	DI water	Chitosan coated PVA for wound dressing	$[265]$
PVA, PCL, etc.	Water, DMF, chloroform, etc.	Comparison of various polymers on in vivo wound healing performance	[266]
<b>PCL</b>	Chloroform/methanol	Four types of plants extract incorporated separately into fiber	$[267]$
<b>EVOH</b>	Propan-2-ol	Poly(ethylene-co-vinyl alcohol) (EVOH) nanofibers encapsulated with Ag nanoparticles	$[268]$
Polyurethane	<b>DMF</b>	Polyurethane nanofibers encapsulated with Ag nanopaticles	$[269]$
Silk fibroin	Formic acid	Silk fibroin nanofibers encapsulated with $TiO2$ nanoparticles	$[270]$
PDLA/PLLA	Chloroform	Polylactide stereocomplex-based fiber with antibacterial and hemostatic properties without using particle and bioactive agents	[274]
Cellulose acetate	Acetone, DMAc	Antioxidant cellulose acetate fiber mats containing asiaticoside or curcumin	$[279]$
PCL/gelatin	THF/DMF, acetic acid	Application of needleless electrospinning in wound healing	$[286]$

<span id="page-19-0"></span>Table 7 Different approaches in wound dressing

integration between the nanofibers and the host tissue, with collagenous connective tissue regeneration and re-epithelialization on the 2nd day after surgery [\[251](#page-26-0)]. Besides an antiinflammatory agent, nanofibers have been functionalized with lytic enzyme as well as epidermal growth factors (EGFs). A novel antimicrobial therapy was developed to combat ''super bacteria'' that are resistant to any antibiotics [\[253](#page-26-0)]. Inspired by the behavior of bacteria that use cell lytic enzymes to eliminate other bacteria, the researchers immobilized lysostaphin (LSt), a cell lytic enzyme, onto cellulose-based nanofibers. Cellulose, cellulose–chitosan, and cellulose PMMA were functionalized with lysostaphin through oxidation, cross-linking and hydrolysis, respectively. Both oxidized and hydrolyzed cellulose-based nanofibers showed complete neutralization of activity of Staphylococcus aureus in antimicrobial assay. By using a keratinocyte-based in vitro test, (Fig. [10a](#page-20-0)), it was found that the oxidized cellulose fibers embedded with lysostaphin completely damaged the S. aureus cells, which demonstrates that the oxidized cellulose nanofibers functionalized with cell lytic enzyme have potential to combat super bugs such as methicillin-resistant S. aureus. Either in free solution or in contact with cellulose-based nanofibers, the presence of lysostaphin killed all S. aureus cells (Fig. [10b](#page-20-0), c). In additionally, such type of nanofibers matsrevealed minimal cytotoxicity toward keratinocytes (HaCaT cell lines), indicating their biocompatibility. Furthermore, EGF was incorporated into a silk nanofibrous mat to investigate its possible use to accelerate the reepithelialization during the wound healing process [\[252](#page-26-0)].

<span id="page-20-0"></span>The observed initial burst release of EGF is considered favorable because it helps to rapidly activate the keratinocytes. An in vitro 3D model of human skin was used to investigate the efficiency of the nanofibers in wound closure. The nanofibrous silk mat containing EGF greatly accelerated the wound closure compared to the nanofibrous silk mat without EGF.

Silver nanoparticles are well known for their antibacterial activity against a wide range of pathogenic microorganisms and as a result have found application in wound-healing [\[254](#page-26-0), [255](#page-26-0)]. Various ways have been reported to incorporate silver nanoparticles into polymic fibers. In one study, silver nitrate was dissolved with the polymer-spinning solution, which also acted as a reducing agent, followed by electrospinning. The TEM results indicated that the presence of silver nitrate in the spinning solution influenced the morphology of the fibers. Electrospun carboxyethylchitosan/ PEO fibers containing 0.02 M silver nitrate exhibited a smooth surface and cylindrical shape whereas fibers containing 0.04 M of silver nitrate showed extremely fine dendrite-like structures. The formation of dendrite-like structures was attributed to ionic imbalance caused by the low molecular weight of silver nitrate salt on the surface of the charged polymer jet during the electrospinning process [[256\]](#page-26-0). However, the loading of silver nanoparticles directly into nanofibers may negatively influence the antibacterial performance because antibacterial activity of silver nanoparticles is the result of direct contact of silver with bacteria. Therefore, in another study, silver nanoparticles were grafted onto  $SiO<sub>2</sub>$  nanofibers after the electrospinning process by dispersing the silica in aqueous silver nitrate solution of different concentration followed by heating for different times. It was reported that the density of silver nanoparticles on the surface of fibers can be controlled by the concentration of silver nitrate solution, incubation temperature and time. The nanoparticle size was slightly increased with increasing concentration but significantly reduced by increasing incubation temperature [\[257](#page-26-0)]. Apart from silver nanoparticles, the incorporation of zinc oxide nanoparticles into sodium/alginate composite nanofibers also exhibited antibacterial activity. However, higher

cytotoxicity with higher ZnO concentration revealed a need to identify an optimal concentration that minimizes the toxicity while maximizing the antibacterial activity [\[258](#page-26-0)].

An aspect in wound healing which is not fully explored is the dynamic interactions of nanofibrous mats with the environment of the wound. The participation of PLGA electrospun ultrafine fibers in a dynamic interaction with three bacterial strains was studied. The formation of a

![](_page_20_Figure_7.jpeg)

Fig. 10 a Skin model composed of keratinocytes, S. aureus suspension and cellulose nanofibrous mats functionalized with LSt. b % Viability of S. aureus cells in free solution. c % Viability of S. aureus cells on cellulose-based nanofibers [[253](#page-26-0)]

dense biofilm of bacterial colonization was evident when the PLGA fibers were exposed to wound bacteria for 24 h, suggesting that the PLGA fiber acted as a good template for bacterial growth. Interestingly, the presence of bacterial stacks enhanced the drug release, which damaged the fibers and decreased the pH. The faster drug release eliminated the planktonic bacteria and suppressed the biofilm [\[259](#page-26-0)]. The potential response of the fusidic acid (FA)-loaded ultrafibers to control microbial bioburden was further studied to understand the mechanism of this phenomenon. The results revealed a significant increase in initial drug release even at low bioburden level  $(10^3 \text{ CFU/ml})$ , which could be due to the hydrolysis induced by bacterial enzymes resulting in degradation and erosion of the FAloaded PLGA ultrafine fibers, thus resulting in faster FA release [[260\]](#page-26-0).

Synthetic hydrophobic polymers such as polyurethane (PU) [[261,](#page-26-0) [262\]](#page-26-0), PLA [\[263](#page-26-0)], PCL [\[250](#page-26-0)], and PLGA [[264\]](#page-26-0) are ideal candidates in wound dressing due to their good mechanical properties. However, their hydrophobic nature renders them low affinity toward water, which fails to preserve aqueous and moist environment required by wound healing process. Therefore, natural hydrophilic polymer such as dextran [\[261](#page-26-0)], chitosan [\[263](#page-26-0), [265](#page-26-0)], cellulose acetate [\[262](#page-26-0)], gelatin [[250\]](#page-26-0), and collagen [\[249](#page-26-0)] are always used to blend with those hydrophobic polymers for use in wound dressing because hydrophilicity is essential to accelerate wound healing [[266\]](#page-26-0). In vitro and in vivo evaluation of these composite electrospun fibers has confirmed their potential in the field of wound dressing. Nevertheless, the mechanical aspect of wound dressing candidates has always been overlooked. For practical use, the elastic modulus (or Young's modulus), which indicates the hardness, must be high enough so that dressing will not break easily during the healing process but the mechanical properties of the dressing will change after interacting with aqueous environment surrounding the wound. For example, the Young's modulus of the core/shell PLGA/chitosan membrane decreased dramatically from  $178.7 \pm 50.4$  MPa in dry state to only 2.42  $\pm$  0.54 MPa in the wet state [\[264](#page-26-0)]. It falls far outside the range of the tensile modulus of human skin which is between 15 and 150 MPa [\[267](#page-26-0)]. Further, a study done by Liu et al. [[266\]](#page-26-0) showed that conventional cotton gauze-possessed tensile strength of 11.1 MPa which is significantly higher than polymer such as PVA (3.67 MPa), PAN (1.22 MPa), PCL (4.11 MPa), PAN–PU (6.64 MPa), and so forth. The incorporation of hydrophilic polymer would even lower their tensile strength. However, it should be noted that since wound dressing is seldomly under a high tensile strength at the wound site and is not likely to be used in high load-bearing locations, the maximum tensile strength should not be as important as the elastic modulus  $[267]$  $[267]$ . Therefore, it is imperative that researchers report the tensile modulus of wound dressing before use as well as that in the wet state during in vivo healing process, especially when hydrophilic polymers are used.

Another concern has been the safety issue of nanoparticles such as silver [[268,](#page-26-0) [269](#page-27-0)] and titania [\[270](#page-27-0)] in wound dressing when used for their antibacterial properties. Specifically, silver nanoparticles at only  $5-50 \mu g/ml$  have been shown to exhibit toxicity towards rat liver cells. Decreased mitochondrial function, increased reactive oxygen species (ROS) and reduced glutathione (GSH) levels were observed in the liver cells [\[271](#page-27-0)]. It is believed that due to small size nanoparticles can be easily adsorbed into biological tissues through inhalation, injection, and taken up by body organs and tissues. They may interact with cell mitochondria, thus induce major structural damage and cause DNA mutation [[272\]](#page-27-0). Nevertheless, there is evidence that the reduction from micro- to nano-size does not necessarily translate to toxicity [[273](#page-27-0)]. This debatable topic is still ongoing in the toxicology research community. Therefore, it would be better to take another approach which can fulfill the antibacterial requirement in wound dressing. Without adding any antibacterial agent, an antibacterial novel fibrous mesh was electrospun from the solution of poly(D- or L-)lactide and diblock copolymers consisting of poly( $L$ - or  $D$ -)lactide and poly( $N$ , $N$ -dimethylamino-2-ethyl methacrylate) blocks. The antibacterial as well as hemostatic properties were imparted by the tertiary amino groups from the  $poly(N, N$ -dimethylamino-2-ethyl methacrylate) blocks [\[274](#page-27-0)]. Plant extracts have long history of being used in the treatment of burn and wound healing, especially in India and China [\[275](#page-27-0)]. Extract from plants such as Ixora coccinea [\[276](#page-27-0)], Dendrophthoe falcate [\[277](#page-27-0)], Bridelia ferruginea [\[278](#page-27-0)] and many more have shown good antibacterial as well as wound healing properties. The fact that they have been used in traditional medicine for so long have proved that these plant extracts are more or less safe to humans and they are being continuously studied by natural product researchers using in vitro or in vivo test until now. Recently, Jin et al.  $[267]$  $[267]$  have successfully electrospun four different plant extracts, namely Indigofera aspalathoides, Azadirachta indica, Memecylon edule and Myristica andamanica along with PCL. Interestingly, the incorporation of these plant extracts increased the hydrophilicity of PCL, otherwise it is generally not suitable to be used as wound dressing material due to its inherent high hydrophobicity. In vitro test indicated that the fibers electrospun with Memecylon edule showed the greatest potential to be used in skin graft. Similarly, in an earlier study asiaticoside and curcumin from plant extract were electrospun along with fibers [[279\]](#page-27-0). The as-loaded herbal substances were stable up to 4 months of storage, either at room temperature or 40 °C. Furthermore, the antioxidant

activity of curcumin was retained after loading into fibers. In short, it is obvious that plant extracts can be combined with electrospinning technique to impart fibers with desirable properties in wound dressing without serious safety issue.

From a practical point of view, electrospun wound dressing is difficult to be produced on an industrial scale due to the low flow rate (1–5 ml/h) used in the fabrication process. The effort of solving this limitation was not significant until 2004 when Yarin and Zussman [[280\]](#page-27-0) introduced the use of needleless electrospinning. The needleless electrospinning differs from the original electrospinning technique in which many Taylor cones can be formed and multiple electrified jets are stretched into fibers simultaneously to dramatically increase the production rate. One added advantage is that since no needle is used, this new technique has avoided the problem of clogging. Since then, more preliminary studies have been devoted to modify and improve the needleless electrospinning unit, mostly on the geometry of spinneret [[281–285\]](#page-27-0). Recently, gelatin and PCL nanofibers were prepared using needleless electrospinning [[286\]](#page-27-0). In vitro results using human dermal fibroblasts, kerationcytes and mesenchymal stem cells showed that both nanofibers-promoted cell attachment and growth whereas in vivo results in rat showed improvement of wound closure was observed for gelatin but not for PCL. In fact, such results were expected because unlike gelatin, PCL is hydrophobic and not suitable to be used alone as wound dressing. Nevertheless, this study demonstrated the feasibility of using needleless electrospinning in the area of wound dressing. Needleless electrospinning, which is still in its infancy, warrants further investigation from biomedical engineering community.

### Concluding remarks and future perspectives

Electrospinning, an ''old'' technique that has been used to fabricate fibers, did not gain popularity until researchers gained a sufficient understanding of its processing parameters in order to exploit its full potential in various applications. The main advantages of electrospinning are the ability to produce continuous nanoscale fibers, high surface area-to-volume ratio, functionalizability of surface of fibers, simplicity of the electrospinning process and the possibility of industrial mass production. The properties of electrospun nanofibers can be easily modified by controlling the electrospinning process, for example, the use of rotating collector results in aligned fibers, which is favorable for tissue engineering applications. Past research has shown that a wide range of polymers, either natural or synthetic, can be electrospun into nanofibers. Ceramics such as bioactive glass have received increasing research

attention because of their good biocompatibility, either electrospun into nanofibers or incorporated with a polymer to produce a composite. Electrospinning has attracted many uses in biomedical application such as tissue engineering, drug delivery, and wound dressing. Optimization of electrospinning process parameters has been emphasized in most publications to cater for the needs of biomedical applications such as aligned fibers for use in nerve engineering. The possibility of incorporating bioactive agents or functional nanoparticles broadens the use of electrospinning in wound dressing applications. Some researchers have attempted to solve issues such as limited infiltration of cells resulting from small pore size, the initial burst release in drug delivery system by designing new electrospinning processes such as co-axial electrospinning, sequential electrospinning, and combining electrospinning with other techniques. This is essentially important, because most research in electrospinning looks promising but without solving critical and basic inherent limitations such as too small pore-size, scaffold too thin due to dense fibers, it cannot be brought into clinical level. It is hoped that more efforts in future will address these issues.

Although electrospinning has been boasted as a technique of choice to fabricate scaffold for tissue engineering, the 3D structures made so far are either fluffy, in a loosened packing or multilayered packing that offers too small pore size, which inhibits cellular infiltration and scaffolds suffer from inferior mechanical properties. It is very difficult to solve this inherent limitation of electrospinning by manipulation of process parameters, however, the solution to the problem may lie in the combined use of electrospinning with other technique such as rapid prototyping. Rapid prototyping is a well known versatile 3D-strucutre making technique which uses computer-aided design (CAD) data. The shortcoming of rapid prototyping is that this technique creates pores which are too large for cell seeding and it cannot create nanoscale features that mimic ECM which are essentially the strengths of electrospinning. These complementary techniques may help researchers to fabricate a true 3D structure that fulfills the cellular and mechanical requirements of biomedical scaffold in tissue engineering.

Despite the versatility of electrospinning in spinning a variety of materials to be used in biomedical applications, the main issue will be to bring the promising research into industrial level. Given its low production rate, there is still a long way to take this technique to production level. Although, technique such as needleless electrospinning technique has been developed recently to tackle this widely recognized issue but it is still in its infancy. Moreover, process variables to control fiber morphology, functionality and applicability in applications in the new technique are yet to be studied. To summarize, the technique of <span id="page-23-0"></span>Acknowledgements The authors acknowledge the financial support from MyPhD Scholarship (880330235485) from the Ministry of Higher Education, Malaysia.

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